



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND
RACE**

**CUMBERLAND COUNTY
2023 MIYHS MIDDLE SCHOOL REPORT**

Table of Contents

Understanding the Data.....	3
Overall Demographics	4
Section 1: Height and Weight	6
Section 2: Demographics	11
Section 3: Unintentional Injury	17
Section 4: Violence	20
Section 5: Bullying.....	24
Section 6: Suicide & Depression.....	27
Section 7: Tobacco.....	36
Section 8: Alcohol.....	65
Section 9: Marijuana	81
Section 10: Other Drugs.....	91
Section 11: Sexual Behaviors.....	102
Section 12: Nutrition	105
Section 13: Physical Activity.....	116
Section 14: Asthma	126
Section 15: Diabetes.....	131
Section 16: HPV	132
Section 17: Sun Protection	133
Section 18: Disability.....	134
Section 19: Health Care Access	141
Section 20: Assets	144
Section 21: Gambling.....	154

UNDERSTANDING THE DATA

Reporting Thresholds and Student Confidentiality

Detailed reports have been run on the following levels for individual geographic units receiving weighted data, as survey design, response rates, and confidentiality protections allow:

- **Grade 5-6: State and Public Health District (PHD)**
- **Middle School: State, PHD, and County**
- **High School: State, PHD, and County**

To protect student confidentiality, responses based on fewer than 6 individuals will not be shown.

How to Read this Report

For the Grade 5-6 detailed reports, all questions included on the 2023 MIYHS survey instrument are presented in the State and PHD detailed reports. For middle school (MS) and high school (HS), all questions that appeared on one or more of the four versions of the 2023 MIYHS survey instruments are presented in the State detailed reports, and questions on two or more versions of the MIYHS survey instruments are presented in the PHD and county detailed reports.

Each estimate is the weighted percentage of students who answered in the way specified in the question title; for instance, in 2023, 20.5% of Maine's high school students said they had consumed alcohol at least once in the 30 days prior to taking the MIYHS. The percentages are weighted to adjust for non-response and to make the estimates more representative of all Maine students, not just those who took the survey.

Because the weighted percentage is an estimate, there is some error involved. This is reflected in the Confidence Interval, which is bounded by the Lower Confidence Limit (LCL) and the Upper Confidence Limit (UCL). Confidence intervals quantify the degree of uncertainty in rate or prevalence estimates that result from sampling or random variability. Like the margin of error presented in political polls, the confidence interval presents a range of values within which the true underlying rate or prevalence is likely to lie. The 95% confidence interval is most commonly used and is presented in this report.

Percentages with very wide 95% confidence intervals (spanning more than 20 percentage points) have been flagged because they should be interpreted with caution. The true percentage may be as high or low as the 95% confidence limits.

Comparing Data: Is a Difference Statistically Significant?

Statistically significant differences are differences between values that are more than what would have been expected by chance. Statistical significance is determined by comparing confidence intervals. If the confidence interval around one percentage does not overlap with the confidence interval around another percentage, then the estimates are considered significantly different.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Demographics

	%	CI	N	n
Total	21.2%		5,493	3,801
----Sex----				
Female	47.6%	(45.6% - 49.6%)	2,615	1,798
Male	51.1%	(49.0% - 53.1%)	2,804	1,951
Missing	1.3%	(0.9% - 1.8%)	74	52
----Grade----				
Grade 7	48.1%	(46.0% - 50.1%)	2,641	1,840
Grade 8	51.2%	(49.1% - 53.4%)	2,815	1,933
Missing	0.7%	(0.2% - 1.2%)	37	28
----Age----				
12 or younger	28.5%	(26.1% - 31.0%)	1,568	1,095
13	50.4%	(48.4% - 52.4%)	2,768	1,915
14 or older	20.7%	(18.6% - 22.7%)	1,135	777
Missing	0.4%	(0.1% - 0.7%)	22	14

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Demographics

	%	CI	N	n
----Hispanic Ethnicity----				
Hispanic	5.1%	(4.1% - 6.1%)	278	203
Non-Hispanic	90.7%	(89.2% - 92.3%)	4,983	3,446
Missing	4.2%	(2.9% - 5.6%)	232	152
----Race----				
American Indian or Alaskan Native	1.0%	(0.6% - 1.4%)	57	39
Asian	3.2%	(2.3% - 4.1%)	176	131
Black or African American	7.4%	(2.9% - 11.9%)	407	302
Native Hawaiian or Other Pacific Islander	0.5%	(0.3% - 0.7%)	27	18
White	80.5%	(75.0% - 86.1%)	4,423	3,023
Multiple Races	4.8%	(3.9% - 5.6%)	261	191
Missing	2.6%	(1.8% - 3.4%)	142	97
----Language Spoken at Home----				
Arabic	1.7%	(0.2% - 3.3%)	94	71
Chinese	0.5%	(0.1% - 0.8%)	26	20
English	88.5%	(83.7% - 93.4%)	4,863	3,341
French	1.1%	(0.6% - 1.6%)	60	44
Portuguese	1.4%	(0.5% - 2.3%)	77	56
Somali	1.0%	(0.0% - 2.1%)	58	44
Spanish	1.2%	(0.8% - 1.6%)	67	49
Other Language	3.9%	(2.6% - 5.3%)	215	153
Missing	0.6%	(0.4% - 0.8%)	32	23

Section 1

Height and Weight

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --
SELF-REPORTED HEIGHT/WEIGHT (mnowt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.4%	(11.8%-16.9%)	639	14.5%	(11.4%-17.5%)	294	14.3%	(11.8%-16.9%)	345
----Age----									
12 or younger	17.8%	(13.3%-22.2%)	216	16.7%	(10.4%-22.9%)	95	18.7%	(13.5%-24.0%)	121
13	14.0%	(11.4%-16.6%)	311	15.8%	(12.5%-19.0%)	157	12.5%	(9.8%-15.3%)	154
14 or older	11.2%	(7.4%-14.9%)	111	9.0%	(3.8%-14.2%)	41	13.0%	(9.1%-16.9%)	70
----Grade----									
Grade 7	16.2%	(12.5%-19.9%)	331	16.2%	(11.6%-20.8%)	147	16.2%	(12.0%-20.5%)	184
Grade 8	12.9%	(10.3%-15.5%)	307	13.1%	(9.5%-16.8%)	146	12.7%	(10.4%-15.0%)	161
----Hispanic Ethnicity----									
Hispanic	8.5%	(2.8%-14.2%)	16	6.7%	(0.0%-14.3%)	6	10.1%	(1.1%-19.1%)	10
Non-Hispanic	14.7%	(11.9%-17.5%)	608	14.8%	(11.5%-18.0%)	280	14.6%	(11.7%-17.5%)	328
----Race----									
American Indian or Alaskan Native	19.0%	(7.0%-31.1%)~	9	*	*	*	*	*	*
Asian	18.0%	(6.0%-30.0%)~	23	*	*	*	*	*	*
Black or African American	23.2%	(13.1%-33.4%)~	59	37.9%	(20.3%-55.6%)~	36	14.4%	(4.2%-24.7%)~	23
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.5%	(11.0%-16.0%)	500	12.5%	(9.6%-15.3%)	213	14.4%	(11.7%-17.1%)	287
Multiple Races	18.5%	(9.4%-27.6%)	41	16.5%	(1.8%-31.2%)~	17	20.1%	(10.6%-29.6%)	25

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.3%	(8.2%-12.5%)	459	7.6%	(4.7%-10.5%)	154	12.7%	(10.6%-14.8%)	305
----Age----									
12 or younger	10.6%	(7.8%-13.4%)	129	5.3%	(2.1%-8.5%)	30	15.4%	(11.2%-19.5%)	99
13	10.6%	(7.6%-13.6%)	235	9.6%	(4.6%-14.6%)	96	11.4%	(8.3%-14.5%)	140
14 or older	9.5%	(6.7%-12.3%)	95	6.1%	(1.9%-10.4%)	28	12.4%	(9.3%-15.4%)	66
----Grade----									
Grade 7	11.1%	(9.1%-13.1%)	227	7.1%	(4.4%-9.7%)	64	14.3%	(11.2%-17.4%)	162
Grade 8	9.8%	(6.4%-13.1%)	233	8.1%	(3.3%-12.9%)	90	11.3%	(8.0%-14.5%)	143
----Hispanic Ethnicity----									
Hispanic	9.6%	(4.1%-15.1%)	18	*	*	*	*	*	*
Non-Hispanic	10.4%	(8.3%-12.5%)	430	7.6%	(4.6%-10.5%)	143	12.8%	(10.5%-15.0%)	287
----Race----									
American Indian or Alaskan Native	18.3%	(0.0%-40.6%)~	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	13.9%	(6.8%-21.0%)	35	10.6%	(2.7%-18.5%)	10	15.9%	(3.9%-27.8%)~	25
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.2%	(8.1%-12.4%)	378	7.6%	(4.7%-10.5%)	130	12.5%	(9.9%-15.0%)	249
Multiple Races	10.2%	(6.4%-14.1%)	23	8.4%	(1.3%-15.4%)	9	11.8%	(6.0%-17.5%)	14

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Percentage of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) --
SELF-REPORTED HEIGHT/WEIGHT (mnowtob)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.7%	(21.1%-28.3%)	1,098	22.1%	(17.6%-26.5%)	448	27.0%	(23.6%-30.4%)	650
----Age----									
12 or younger	28.4%	(23.2%-33.6%)	345	21.9%	(16.1%-27.8%)	126	34.1%	(27.4%-40.8%)	220
13	24.6%	(20.9%-28.3%)	546	25.4%	(19.3%-31.4%)	253	23.9%	(19.9%-28.0%)	294
14 or older	20.6%	(15.2%-26.1%)	206	15.1%	(7.2%-23.0%)	70	25.4%	(20.4%-30.4%)	136
----Grade----									
Grade 7	27.3%	(22.9%-31.7%)	558	23.3%	(19.2%-27.3%)	211	30.5%	(24.8%-36.3%)	346
Grade 8	22.7%	(18.0%-27.4%)	540	21.2%	(13.8%-28.7%)	237	24.0%	(20.7%-27.2%)	303
----Hispanic Ethnicity----									
Hispanic	18.1%	(10.8%-25.4%)	34	12.8%	(4.0%-21.6%)	11	22.9%	(10.6%-35.3%)~	22
Non-Hispanic	25.1%	(21.3%-28.8%)	1,038	22.4%	(17.9%-26.9%)	423	27.3%	(23.6%-31.1%)	615
----Race----									
American Indian or Alaskan Native	37.3%	(6.4%-68.2%)~	17	40.7%	(2.9%-78.4%)~	10	33.7%	(0.0%-68.4%)~	8
Asian	21.7%	(9.8%-33.6%)~	28	30.8%	(11.0%-50.6%)~	18	13.9%	(0.7%-27.1%)~	10
Black or African American	37.1%	(24.2%-50.0%)~	95	48.5%	(33.0%-64.0%)~	46	30.3%	(17.9%-42.7%)~	48
Native Hawaiian or Other Pacific Islander	57.4%	(11.3%-100.0%)~	8	*	*	*	*	*	*
White	23.7%	(20.1%-27.4%)	878	20.1%	(15.8%-24.3%)	343	26.9%	(22.9%-30.9%)	536
Multiple Races	28.7%	(18.7%-38.7%)~	64	24.9%	(12.5%-37.2%)~	25	31.9%	(19.5%-44.3%)~	39

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Percentage of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) --
SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	71.3%	(67.9%-74.7%)	3,167	74.7%	(70.2%-79.3%)	1,518	68.5%	(65.4%-71.5%)	1,650
---Age---									
12 or younger	66.7%	(61.1%-72.3%)	812	73.5%	(67.2%-79.8%)	421	60.7%	(54.6%-66.9%)	391
13	71.7%	(68.3%-75.2%)	1,596	71.3%	(65.0%-77.7%)	710	72.1%	(68.3%-75.9%)	885
14 or older	76.0%	(70.7%-81.3%)	759	83.6%	(75.7%-91.5%)	386	69.4%	(64.8%-74.1%)	373
---Grade---									
Grade 7	67.9%	(63.5%-72.3%)	1,387	72.2%	(68.1%-76.2%)	656	64.4%	(58.7%-70.2%)	731
Grade 8	74.1%	(69.9%-78.3%)	1,763	76.7%	(69.7%-83.6%)	854	71.8%	(69.1%-74.5%)	909
---Hispanic Ethnicity---									
Hispanic	77.7%	(70.2%-85.1%)	144	84.2%	(73.9%-94.4%)~	75	71.7%	(59.0%-84.4%)~	70
Non-Hispanic	71.3%	(67.7%-74.8%)	2,952	74.6%	(70.1%-79.2%)	1,412	68.5%	(65.0%-71.9%)	1,540
---Race---									
American Indian or Alaskan Native	62.7%	(31.8%-93.6%)~	29	59.3%	(21.6%-97.1%)~	14	66.3%	(31.6%-100.0%)~	15
Asian	71.2%	(58.4%-84.0%)~	91	69.2%	(49.4%-89.0%)~	41	72.9%	(60.8%-85.0%)~	50
Black or African American	60.4%	(49.0%-71.8%)~	154	48.7%	(34.0%-63.4%)~	47	67.3%	(56.5%-78.2%)~	108
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	72.3%	(69.0%-75.6%)	2,676	76.8%	(72.6%-80.9%)	1,310	68.5%	(65.1%-71.9%)	1,365
Multiple Races	67.5%	(56.3%-78.7%)~	151	72.5%	(59.3%-85.7%)~	74	63.4%	(49.5%-77.2%)~	78

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 2

Demographics

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
What language is spoken most often at home? (Select only one response.) (mn8c)
Percentage of students who answered something other than 'English'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.9%	(6.2%-15.7%)	598	11.6%	(6.2%-17.1%)	303	10.3%	(5.9%-14.6%)	287
----Age----									
12 or younger	10.8%	(5.4%-16.1%)	169	11.9%	(5.5%-18.3%)	92	9.5%	(4.4%-14.5%)	73
13	11.2%	(6.2%-16.1%)	308	11.9%	(6.0%-17.8%)	157	10.5%	(6.0%-15.0%)	148
14 or older	10.7%	(5.7%-15.6%)	120	10.6%	(4.7%-16.5%)	54	10.6%	(5.8%-15.5%)	65
----Grade----									
Grade 7	11.4%	(6.0%-16.8%)	300	12.6%	(6.4%-18.7%)	155	10.3%	(5.4%-15.2%)	140
Grade 8	10.3%	(5.9%-14.7%)	289	10.7%	(5.3%-16.1%)	145	9.9%	(5.9%-14.0%)	140
----Hispanic Ethnicity----									
Hispanic	31.2%	(26.0%-36.4%)	85	31.9%	(24.3%-39.5%)	44	30.1%	(22.1%-38.2%)	39
Non-Hispanic	9.9%	(5.0%-14.9%)	493	10.4%	(4.9%-16.0%)	246	9.4%	(4.8%-13.9%)	239
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	63.1%	(53.3%-73.0%)	110	65.7%	(53.0%-78.5%)~	55	60.1%	(50.3%-69.9%)	54
Black or African American	61.7%	(48.6%-74.9%)~	250	68.5%	(58.9%-78.1%)	133	55.7%	(37.3%-74.2%)~	112
Native Hawaiian or Other Pacific Islander	25.3%	(2.5%-48.2%)~	7	*	*	*	*	*	*
White	3.4%	(2.5%-4.2%)	148	3.6%	(2.5%-4.7%)	75	3.1%	(1.9%-4.2%)	70
Multiple Races	10.7%	(7.2%-14.2%)	28	7.5%	(4.0%-11.1%)	9	13.7%	(8.6%-18.8%)	18

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Which of the following best describes you? (mn213_3)

Percentage of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.0%	(20.3%-23.7%)	1,172	33.7%	(30.7%-36.6%)	857	9.6%	(8.3%-10.9%)	260
----Age----									
12 or younger	20.9%	(17.9%-23.8%)	315	29.7%	(24.3%-35.0%)	223	9.8%	(7.2%-12.4%)	72
13	21.5%	(19.6%-23.4%)	581	33.4%	(30.3%-36.6%)	432	9.0%	(7.5%-10.5%)	124
14 or older	24.5%	(21.8%-27.1%)	271	39.9%	(33.6%-46.2%)	198	10.6%	(8.4%-12.9%)	64
----Grade----									
Grade 7	21.4%	(19.5%-23.3%)	544	32.3%	(28.6%-36.0%)	386	9.8%	(7.9%-11.7%)	128
Grade 8	22.3%	(19.7%-24.8%)	615	34.6%	(30.4%-38.7%)	463	9.3%	(7.4%-11.2%)	130
----Hispanic Ethnicity----									
Hispanic	30.1%	(25.5%-34.7%)	81	45.7%	(35.0%-56.4%)~	63	11.7%	(7.8%-15.7%)	15
Non-Hispanic	21.6%	(19.9%-23.2%)	1,050	33.2%	(30.6%-35.9%)	773	9.3%	(7.9%-10.8%)	232
----Race----									
American Indian or Alaskan Native	32.9%	(18.0%-47.9%)~	18	*	*	*	*	*	*
Asian	15.7%	(10.1%-21.3%)	27	*	*	*	*	*	*
Black or African American	12.3%	(6.7%-17.9%)	48	17.7%	(10.0%-25.4%)	33	4.7%	(0.9%-8.5%)	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.5%	(20.4%-24.6%)	972	34.3%	(30.8%-37.7%)	703	10.2%	(8.6%-11.7%)	225
Multiple Races	29.4%	(23.0%-35.9%)	74	46.3%	(39.0%-53.6%)	55	13.8%	(7.2%-20.4%)	18

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? (mn214)

Percentage of students who answered 'Yes, I am transgender'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.3%	(2.7%-3.9%)	179	4.1%	(3.2%-5.1%)	107	1.7%	(1.0%-2.4%)	48
----Age----									
12 or younger	3.0%	(1.8%-4.1%)	46	3.3%	(1.0%-5.5%)	25	1.8%	(0.6%-3.1%)	14
13	3.2%	(2.2%-4.2%)	87	3.9%	(2.6%-5.3%)	51	1.7%	(0.7%-2.6%)	23
14 or older	4.0%	(2.9%-5.1%)	45	6.0%	(3.6%-8.4%)	30	1.7%	(0.8%-2.7%)	10
----Grade----									
Grade 7	3.0%	(2.1%-3.9%)	77	3.4%	(1.8%-5.1%)	42	1.8%	(0.6%-3.0%)	24
Grade 8	3.6%	(2.8%-4.3%)	99	4.6%	(3.4%-5.9%)	62	1.7%	(0.9%-2.4%)	24
----Hispanic Ethnicity----									
Hispanic	3.6%	(1.0%-6.2%)	10	*	*	*	*	*	*
Non-Hispanic	3.3%	(2.7%-4.0%)	164	4.3%	(3.2%-5.3%)	100	1.7%	(1.0%-2.5%)	44
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.0%	(0.5%-3.5%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.5%	(2.9%-4.1%)	154	4.5%	(3.4%-5.7%)	94	1.7%	(1.0%-2.3%)	38
Multiple Races	2.7%	(0.1%-5.4%)	7	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes, I am transgender' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Percentage of students who identified as LGBTQ+ (mnlgbtq)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.4%	(20.8%-23.9%)	1,214	33.7%	(30.8%-36.6%)	876	10.2%	(9.0%-11.3%)	281
----Age----									
12 or younger	21.4%	(18.6%-24.1%)	330	30.1%	(24.7%-35.6%)	231	10.3%	(7.5%-13.2%)	78
13	22.0%	(20.2%-23.7%)	602	33.4%	(30.3%-36.6%)	440	9.8%	(8.6%-11.0%)	138
14 or older	24.6%	(22.0%-27.2%)	276	39.7%	(33.5%-45.9%)	201	10.8%	(8.6%-12.9%)	65
----Grade----									
Grade 7	22.0%	(20.0%-24.0%)	573	32.5%	(28.9%-36.0%)	399	10.7%	(8.5%-12.8%)	143
Grade 8	22.5%	(20.0%-25.0%)	628	34.6%	(30.4%-38.8%)	469	9.7%	(8.0%-11.3%)	136
----Hispanic Ethnicity----									
Hispanic	30.7%	(25.9%-35.5%)	84	45.8%	(35.0%-56.6%)~	65	12.7%	(8.3%-17.2%)	16
Non-Hispanic	22.0%	(20.5%-23.5%)	1,086	33.4%	(30.7%-36.1%)	788	9.9%	(8.7%-11.2%)	250
----Race----									
American Indian or Alaskan Native	34.7%	(18.5%-51.0%)~	20	*	*	*	*	*	*
Asian	18.7%	(13.7%-23.7%)	32	*	*	*	*	*	*
Black or African American	13.9%	(8.2%-19.5%)	54	19.9%	(11.8%-27.9%)	37	5.8%	(1.9%-9.8%)	11
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.7%	(20.7%-24.7%)	995	34.1%	(30.7%-37.6%)	713	10.6%	(9.2%-12.1%)	239
Multiple Races	29.6%	(22.9%-36.2%)	75	45.3%	(38.2%-52.3%)	55	14.5%	(8.0%-21.0%)	19

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who identified as LGBTQ+ (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, where did you usually sleep? (mn187a_2)

Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.7%	(1.2%-2.2%)	93	1.4%	(0.8%-2.0%)	36	2.1%	(1.4%-2.8%)	58
----Age----									
12 or younger	1.3%	(0.8%-1.8%)	20	1.4%	(0.7%-2.2%)	11	1.2%	(0.5%-1.9%)	9
13	1.5%	(1.0%-1.9%)	40	0.7%	(0.1%-1.2%)	9	2.3%	(1.5%-3.0%)	32
14 or older	2.7%	(1.3%-4.1%)	30	3.1%	(0.7%-5.6%)	16	2.4%	(0.9%-3.8%)	15
----Grade----									
Grade 7	1.5%	(1.0%-1.9%)	39	1.1%	(0.7%-1.6%)	14	1.8%	(0.9%-2.8%)	25
Grade 8	1.6%	(0.9%-2.3%)	46	1.4%	(0.5%-2.3%)	19	1.9%	(0.9%-2.8%)	26
----Hispanic Ethnicity----									
Hispanic	5.5%	(0.5%-10.6%)	15	*	*	*	*	*	*
Non-Hispanic	1.4%	(1.0%-1.9%)	72	1.3%	(0.7%-1.9%)	30	1.6%	(0.9%-2.4%)	41
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	4.9%	(0.0%-10.6%)	9	*	*	*	*	*	*
Black or African American	5.3%	(1.7%-8.9%)	21	6.0%	(1.0%-11.0%)	11	4.9%	(1.2%-8.6%)	10
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.0%	(0.6%-1.4%)	45	0.7%	(0.3%-1.2%)	16	1.3%	(0.6%-2.0%)	29
Multiple Races	2.9%	(0.4%-5.4%)	8	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 3
Unintentional Injury

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.6%	(21.2%-26.0%)	1,278	28.4%	(26.0%-30.8%)	731	19.2%	(15.4%-23.0%)	530
----Age----									
12 or younger	17.5%	(13.4%-21.6%)	269	22.3%	(15.5%-29.0%)	168	13.1%	(9.3%-16.9%)	98
13	25.6%	(22.4%-28.8%)	691	29.4%	(25.1%-33.7%)	368	22.1%	(17.1%-27.1%)	312
14 or older	26.9%	(20.9%-32.9%)	312	34.6%	(25.8%-43.5%)	195	19.6%	(14.9%-24.3%)	116
----Grade----									
Grade 7	20.0%	(18.0%-22.0%)	516	22.0%	(17.9%-26.1%)	265	18.2%	(14.9%-21.6%)	244
Grade 8	27.0%	(22.8%-31.2%)	751	34.1%	(29.8%-38.4%)	460	20.2%	(14.9%-25.5%)	285
----Hispanic Ethnicity----									
Hispanic	23.5%	(13.5%-33.5%)	59	19.4%	(9.0%-29.7%)~	27	29.4%	(15.0%-43.8%)~	32
Non-Hispanic	23.8%	(21.2%-26.3%)	1,181	28.9%	(26.2%-31.6%)	681	19.1%	(15.2%-23.0%)	488
----Race----									
American Indian or Alaskan Native	19.7%	(2.7%-36.7%)~	11	*	*	*	*	*	*
Asian	16.3%	(9.6%-22.9%)	27	25.9%	(14.7%-37.1%)~	20	8.3%	(0.0%-17.9%)	7
Black or African American	16.9%	(9.7%-24.1%)	65	18.3%	(5.9%-30.6%)~	32	15.0%	(6.9%-23.1%)	31
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	24.4%	(21.9%-27.0%)	1,073	29.1%	(26.7%-31.4%)	608	20.3%	(16.1%-24.5%)	456
Multiple Races	29.9%	(17.2%-42.6%)~	83	34.9%	(19.8%-50.0%)~	46	24.3%	(6.7%-41.8%)~	34

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been using marijuana (also called pot, weed, or cannabis)? (mn200a)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.3%	(11.1%-17.5%)	774	16.2%	(12.1%-20.3%)	417	12.1%	(8.5%-15.7%)	334
----Age----									
12 or younger	11.4%	(8.5%-14.4%)	177	13.9%	(10.1%-17.8%)	105	8.3%	(5.4%-11.3%)	63
13	14.9%	(11.0%-18.7%)	401	15.7%	(10.7%-20.7%)	198	13.6%	(8.9%-18.4%)	191
14 or older	16.6%	(11.4%-21.7%)	192	20.4%	(12.7%-28.1%)	115	13.0%	(8.2%-17.7%)	77
----Grade----									
Grade 7	13.2%	(10.0%-16.5%)	343	13.6%	(9.6%-17.6%)	165	12.3%	(8.5%-16.0%)	165
Grade 8	15.4%	(11.2%-19.6%)	428	18.5%	(12.5%-24.4%)	249	12.1%	(7.7%-16.5%)	170
----Hispanic Ethnicity----									
Hispanic	17.9%	(8.6%-27.3%)	44	15.4%	(5.0%-25.8%)~	21	21.4%	(7.8%-35.0%)~	24
Non-Hispanic	14.4%	(11.2%-17.6%)	718	16.3%	(12.0%-20.7%)	386	12.1%	(8.5%-15.7%)	309
----Race----									
American Indian or Alaskan Native	39.0%	(14.6%-63.5%)~	21	*	*	*	*	*	*
Asian	7.8%	(1.3%-14.4%)	13	7.7%	(0.0%-16.0%)	6	8.2%	(0.0%-17.4%)	7
Black or African American	13.8%	(8.8%-18.9%)	54	14.7%	(4.6%-24.7%)~	26	12.4%	(5.6%-19.1%)	26
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.9%	(10.5%-17.4%)	613	15.7%	(11.1%-20.2%)	328	11.9%	(8.0%-15.8%)	268
Multiple Races	19.6%	(11.4%-27.8%)	55	20.4%	(9.8%-30.9%)~	28	17.4%	(7.0%-27.8%)~	24

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 4

Violence

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Have you ever carried a weapon such as a gun, knife, or club on school property? (mn151)

Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.5%	(2.9%-4.0%)	190	2.2%	(1.5%-2.9%)	58	4.6%	(3.7%-5.5%)	129
----Age----									
12 or younger	2.9%	(2.0%-3.9%)	46	2.9%	(1.7%-4.1%)	22	3.0%	(1.2%-4.9%)	24
13	3.4%	(2.8%-3.9%)	93	1.4%	(0.6%-2.2%)	18	5.2%	(4.1%-6.3%)	73
14 or older	4.2%	(2.7%-5.7%)	48	3.2%	(1.3%-5.1%)	16	5.1%	(3.4%-6.9%)	31
----Grade----									
Grade 7	3.6%	(2.6%-4.5%)	93	2.2%	(1.1%-3.3%)	27	4.7%	(2.9%-6.5%)	64
Grade 8	3.3%	(2.5%-4.2%)	94	2.2%	(1.3%-3.0%)	30	4.5%	(3.3%-5.8%)	64
----Hispanic Ethnicity----									
Hispanic	6.6%	(2.9%-10.3%)	18	5.3%	(1.1%-9.6%)	7	8.1%	(2.9%-13.3%)	11
Non-Hispanic	3.4%	(2.7%-4.0%)	167	2.0%	(1.3%-2.8%)	48	4.5%	(3.5%-5.6%)	116
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	5.1%	(1.9%-8.3%)	21	3.0%	(0.0%-6.2%)	6	7.4%	(2.4%-12.4%)	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.2%	(2.5%-3.8%)	139	2.0%	(1.3%-2.8%)	42	4.1%	(3.1%-5.1%)	93
Multiple Races	7.2%	(4.4%-10.0%)	18	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Do you agree or disagree with the following statement? I feel safe at my school. (mn21)
Percentage of students who answered 'Strongly agree' or 'Agree'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	81.5%	(77.3%-85.7%)	4,423	77.9%	(71.8%-84.1%)	2,018	85.1%	(81.9%-88.3%)	2,361
----Age----									
12 or younger	82.3%	(77.3%-87.3%)	1,280	78.2%	(70.8%-85.7%)	599	86.9%	(83.3%-90.5%)	666
13	80.2%	(76.2%-84.3%)	2,193	77.0%	(70.9%-83.1%)	1,007	83.5%	(80.0%-86.9%)	1,166
14 or older	83.3%	(78.4%-88.2%)	935	79.4%	(71.9%-86.9%)	401	86.6%	(82.5%-90.6%)	528
----Grade----									
Grade 7	80.9%	(76.0%-85.8%)	2,110	77.6%	(69.9%-85.3%)	948	84.2%	(80.6%-87.8%)	1,139
Grade 8	82.2%	(78.2%-86.1%)	2,292	78.4%	(72.5%-84.3%)	1,061	86.0%	(82.6%-89.3%)	1,214
----Hispanic Ethnicity----									
Hispanic	71.3%	(63.5%-79.1%)	195	67.2%	(54.9%-79.5%)~	96	75.5%	(66.7%-84.4%)	98
Non-Hispanic	81.9%	(77.8%-86.1%)	4,044	78.7%	(72.7%-84.7%)	1,849	85.3%	(82.1%-88.6%)	2,163
----Race----									
American Indian or Alaskan Native	86.0%	(74.5%-97.6%)~	49	*	*	*	*	*	*
Asian	73.3%	(62.0%-84.5%)~	127	73.2%	(59.7%-86.7%)~	60	73.0%	(57.0%-89.0%)~	65
Black or African American	67.8%	(63.8%-71.8%)	268	59.1%	(53.1%-65.1%)	111	75.6%	(71.1%-80.2%)	152
Native Hawaiian or Other Pacific Islander	69.9%	(52.1%-87.6%)~	19	*	*	*	*	*	*
White	83.3%	(79.6%-87.0%)	3,658	80.5%	(74.8%-86.2%)	1,677	86.3%	(83.3%-89.3%)	1,951
Multiple Races	75.1%	(66.7%-83.6%)	191	66.4%	(53.3%-79.5%)~	81	84.1%	(76.1%-92.2%)	110

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.8%	(11.9%-15.8%)	747	18.8%	(15.5%-22.1%)	482	8.9%	(7.1%-10.7%)	247
----Age----									
12 or younger	11.6%	(9.0%-14.2%)	177	14.7%	(10.9%-18.5%)	111	8.6%	(6.2%-11.1%)	66
13	15.2%	(12.0%-18.4%)	421	20.7%	(16.0%-25.5%)	280	9.5%	(6.6%-12.3%)	131
14 or older	13.4%	(10.0%-16.8%)	147	19.4%	(12.9%-25.9%)	88	8.1%	(5.3%-10.9%)	50
----Grade----									
Grade 7	13.2%	(11.1%-15.3%)	341	16.1%	(12.0%-20.2%)	193	10.4%	(7.9%-12.9%)	141
Grade 8	14.4%	(11.9%-16.9%)	401	20.9%	(17.2%-24.6%)	284	7.5%	(5.1%-10.0%)	106
----Hispanic Ethnicity----									
Hispanic	14.4%	(10.0%-18.8%)	42	24.4%	(17.6%-31.3%)	33	6.0%	(0.0%-12.0%)	9
Non-Hispanic	14.0%	(12.0%-16.0%)	682	18.7%	(15.2%-22.2%)	434	9.3%	(7.6%-11.1%)	233
----Race----									
American Indian or Alaskan Native	42.2%	(14.5%-69.9%)~	25	53.7%	(12.5%-94.8%)~	17	29.3%	(0.0%-59.8%)~	8
Asian	11.9%	(4.2%-19.6%)	22	17.8%	(6.2%-29.3%)~	16	6.2%	(0.0%-14.0%)	6
Black or African American	13.4%	(10.5%-16.3%)	54	16.0%	(10.6%-21.4%)	33	9.9%	(4.7%-15.0%)	19
Native Hawaiian or Other Pacific Islander	42.3%	(13.2%-71.3%)~	17	64.4%	(23.7%-100.0%)~	11	26.7%	(0.0%-63.5%)~	6
White	13.1%	(11.2%-15.0%)	570	17.8%	(14.1%-21.4%)	364	8.5%	(6.3%-10.7%)	192
Multiple Races	19.6%	(11.4%-27.8%)	44	28.4%	(19.7%-37.2%)	30	11.6%	(1.3%-22.0%)~	14

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 5 Bullying

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Have you ever been bullied on school property? (mn22)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	42.2%	(38.8%-45.6%)	2,293	47.6%	(42.6%-52.6%)	1,227	36.7%	(33.2%-40.1%)	1,023
----Age----									
12 or younger	43.5%	(38.9%-48.2%)	668	44.9%	(37.5%-52.3%)	338	41.8%	(35.8%-47.8%)	319
13	42.5%	(38.9%-46.1%)	1,169	50.0%	(45.0%-55.1%)	655	35.1%	(31.2%-39.0%)	494
14 or older	39.9%	(35.0%-44.7%)	449	46.3%	(39.0%-53.5%)	234	34.2%	(28.8%-39.7%)	210
----Grade----									
Grade 7	43.1%	(39.7%-46.6%)	1,122	45.8%	(40.4%-51.1%)	553	40.4%	(35.4%-45.4%)	547
Grade 8	41.3%	(37.0%-45.7%)	1,157	49.2%	(42.6%-55.9%)	666	33.3%	(29.7%-36.9%)	472
----Hispanic Ethnicity----									
Hispanic	46.4%	(39.2%-53.7%)	128	54.7%	(43.6%-65.8%)~	78	37.2%	(26.1%-48.2%)~	48
Non-Hispanic	42.0%	(38.6%-45.4%)	2,074	47.4%	(42.3%-52.5%)	1,109	36.6%	(33.1%-40.1%)	932
----Race----									
American Indian or Alaskan Native	58.2%	(42.5%-74.0%)~	32	75.5%	(57.2%-93.8%)~	22	39.3%	(8.2%-70.3%)~	10
Asian	34.8%	(25.6%-44.0%)	61	36.2%	(25.5%-46.9%)~	30	34.1%	(20.1%-48.0%)~	31
Black or African American	36.9%	(32.6%-41.2%)	148	43.3%	(34.8%-51.8%)	84	30.0%	(23.5%-36.6%)	60
Native Hawaiian or Other Pacific Islander	55.8%	(31.7%-80.0%)~	15	*	*	*	*	*	*
White	42.7%	(38.9%-46.4%)	1,867	47.6%	(41.9%-53.4%)	982	37.6%	(34.1%-41.1%)	851
Multiple Races	48.5%	(43.2%-53.8%)	125	59.7%	(51.0%-68.4%)	73	38.2%	(29.5%-46.9%)	51

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (mn152b)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.3%	(27.4%-33.2%)	1,650	38.2%	(34.3%-42.1%)	992	22.6%	(19.6%-25.7%)	629
----Age----									
12 or younger	30.7%	(27.6%-33.8%)	476	35.7%	(30.8%-40.7%)	273	25.3%	(22.1%-28.5%)	193
13	30.1%	(27.0%-33.1%)	827	39.2%	(34.7%-43.7%)	516	21.2%	(17.4%-25.0%)	298
14 or older	30.6%	(25.7%-35.5%)	344	40.0%	(33.1%-46.9%)	203	22.5%	(16.9%-28.0%)	137
----Grade----									
Grade 7	30.0%	(26.6%-33.5%)	786	35.3%	(30.6%-40.1%)	433	25.0%	(21.2%-28.7%)	338
Grade 8	30.4%	(27.2%-33.6%)	851	40.6%	(36.5%-44.7%)	551	20.4%	(17.1%-23.7%)	288
----Hispanic Ethnicity----									
Hispanic	33.3%	(26.2%-40.5%)	92	41.9%	(33.3%-50.5%)	60	23.4%	(13.6%-33.2%)	30
Non-Hispanic	30.2%	(27.3%-33.1%)	1,495	37.9%	(33.9%-41.9%)	893	22.7%	(19.7%-25.7%)	576
----Race----									
American Indian or Alaskan Native	43.9%	(24.2%-63.5%)~	25	*	*	*	*	*	*
Asian	33.9%	(25.9%-42.0%)	60	40.0%	(28.9%-51.1%)~	34	27.3%	(14.6%-40.1%)~	25
Black or African American	24.1%	(19.5%-28.7%)	97	31.3%	(22.2%-40.4%)	61	17.4%	(10.1%-24.8%)	35
Native Hawaiian or Other Pacific Islander	40.4%	(16.1%-64.7%)~	11	*	*	*	*	*	*
White	30.3%	(27.4%-33.2%)	1,328	37.7%	(33.7%-41.7%)	785	22.9%	(19.8%-26.1%)	518
Multiple Races	36.2%	(29.4%-43.0%)	94	47.5%	(38.4%-56.5%)	58	25.7%	(19.2%-32.2%)	35

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 6

Suicide & Depression

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.8%	(25.9%-31.7%)	1,559	39.7%	(35.6%-43.8%)	1,023	17.8%	(15.1%-20.6%)	494
----Age----									
12 or younger	26.0%	(22.6%-29.3%)	399	34.3%	(28.9%-39.7%)	259	17.1%	(14.3%-20.0%)	131
13	29.7%	(25.8%-33.5%)	812	40.8%	(35.4%-46.2%)	534	18.2%	(14.7%-21.7%)	255
14 or older	30.6%	(25.8%-35.5%)	344	45.2%	(38.9%-51.4%)	228	17.9%	(12.9%-22.9%)	109
----Grade----									
Grade 7	27.1%	(24.4%-29.7%)	702	34.4%	(29.5%-39.4%)	416	19.7%	(16.6%-22.9%)	267
Grade 8	30.5%	(26.5%-34.5%)	850	44.5%	(39.6%-49.4%)	602	16.1%	(12.3%-19.9%)	227
----Hispanic Ethnicity----									
Hispanic	41.4%	(33.0%-49.7%)	111	50.9%	(38.3%-63.5%)~	72	29.4%	(20.7%-38.0%)	37
Non-Hispanic	28.6%	(25.8%-31.3%)	1,406	39.5%	(35.3%-43.7%)	925	17.6%	(14.8%-20.4%)	445
----Race----									
American Indian or Alaskan Native	34.1%	(21.6%-46.6%)~	19	43.8%	(20.4%-67.2%)~	13	24.0%	(6.9%-41.2%)~	7
Asian	31.5%	(22.3%-40.7%)	54	41.9%	(26.1%-57.8%)~	35	20.6%	(8.3%-32.9%)~	18
Black or African American	32.5%	(28.0%-37.0%)	130	46.4%	(36.5%-56.3%)	89	18.6%	(13.0%-24.1%)	37
Native Hawaiian or Other Pacific Islander	31.1%	(9.3%-52.9%)~	8	*	*	*	*	*	*
White	27.8%	(25.0%-30.6%)	1,216	38.4%	(34.3%-42.6%)	794	17.3%	(14.2%-20.3%)	390
Multiple Races	35.0%	(27.8%-42.2%)	90	47.3%	(36.9%-57.7%)~	58	23.2%	(13.6%-32.9%)	31

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215)
Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	43.7%	(39.5%-48.0%)	1,418	40.8%	(36.0%-45.7%)	775	47.9%	(41.8%-54.0%)	620
----Age----									
12 or younger	48.6%	(41.1%-56.1%)	449	44.7%	(38.7%-50.8%)	240	55.3%	(42.8%-67.9%)~	209
13	41.6%	(35.4%-47.7%)	702	38.1%	(31.1%-45.0%)	393	46.8%	(39.5%-54.1%)	295
14 or older	42.5%	(34.0%-51.1%)	263	43.9%	(34.7%-53.1%)	142	40.5%	(28.2%-52.9%)~	115
----Grade----									
Grade 7	47.4%	(42.6%-52.1%)	730	44.7%	(39.9%-49.4%)	376	51.6%	(42.7%-60.4%)	347
Grade 8	40.2%	(32.9%-47.4%)	679	37.6%	(30.0%-45.2%)	396	43.7%	(34.4%-53.1%)	270
----Hispanic Ethnicity----									
Hispanic	45.9%	(35.7%-56.0%)~	96	44.6%	(30.5%-58.6%)~	56	45.8%	(21.7%-69.9%)~	37
Non-Hispanic	43.3%	(38.6%-48.1%)	1,266	41.0%	(35.5%-46.4%)	702	46.9%	(40.9%-52.9%)	544
----Race----									
American Indian or Alaskan Native	25.9%	(2.4%-49.5%)~	11	*	*	*	*	*	*
Asian	31.3%	(18.1%-44.5%)~	39	30.9%	(15.7%-46.2%)~	20	31.7%	(9.4%-54.0%)~	20
Black or African American	38.1%	(31.9%-44.2%)	93	33.3%	(25.6%-40.9%)	51	46.0%	(34.4%-57.6%)~	39
Native Hawaiian or Other Pacific Islander	30.9%	(0.0%-66.5%)~	8	*	*	*	*	*	*
White	45.3%	(40.7%-49.9%)	1,171	42.8%	(37.2%-48.3%)	650	48.8%	(42.4%-55.3%)	502
Multiple Races	41.0%	(28.1%-53.9%)~	59	33.8%	(22.5%-45.1%)~	30	52.6%	(23.7%-81.4%)~	29

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215_2)

Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from a teacher or other school staff member

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.4%	(1.5%-3.3%)	78	2.6%	(1.1%-4.1%)	49	1.8%	(0.2%-3.3%)	23
----Age----									
12 or younger	2.9%	(0.7%-5.0%)	27	2.6%	(0.7%-4.4%)	14	3.4%	(0.0%-8.3%)	13
13	2.0%	(0.8%-3.2%)	34	2.0%	(0.1%-3.8%)	20	1.3%	(0.0%-2.6%)	8
14 or older	2.8%	(0.8%-4.8%)	17	*	*	*	*	*	*
----Grade----									
Grade 7	2.7%	(1.2%-4.2%)	42	2.8%	(0.7%-4.9%)	23	2.3%	(0.0%-5.2%)	15
Grade 8	2.1%	(1.1%-3.2%)	36	2.5%	(1.1%-3.9%)	26	1.2%	(0.0%-2.5%)	8
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.4%	(1.4%-3.4%)	69	2.4%	(0.8%-4.0%)	41	2.0%	(0.3%-3.7%)	23
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	6.7%	(0.0%-14.4%)	8	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.2%	(1.0%-3.4%)	57	2.0%	(0.1%-3.9%)	31	2.0%	(0.1%-4.0%)	21
Multiple Races	5.2%	(0.0%-12.5%)	7	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from a teacher or other school staff member (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (m215)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. I did feel sad or hopeless but did not seek help	32.3%	(28.6%-35.9%)	1,045	30.9%	(25.7%-36.0%)	586	33.7%	(28.8%-38.5%)	435
C. Parent or other adult relative	32.4%	(28.8%-36.1%)	1,052	28.0%	(23.7%-32.2%)	531	39.8%	(35.2%-44.4%)	515
D. Teacher or other school staff member	2.4%	(1.5%-3.3%)	78	2.6%	(1.1%-4.1%)	49	1.8%	(0.2%-3.3%)	23
E. Other adult	1.4%	(0.8%-1.9%)	44	0.9%	(0.2%-1.6%)	17	2.0%	(1.0%-3.1%)	26
F. Friend or another young person	20.3%	(17.3%-23.4%)	659	25.7%	(21.6%-29.8%)	488	13.0%	(9.0%-17.0%)	168
G. Hotline, counselor, or other mental health professional	7.5%	(5.6%-9.5%)	244	9.4%	(6.9%-11.9%)	178	4.3%	(1.8%-6.8%)	55
H. Some other person	3.7%	(2.1%-5.2%)	119	2.6%	(1.0%-4.2%)	49	5.4%	(2.6%-8.2%)	70

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn209)
Percentage of students who answered 'Most of the time' or 'Always'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.0%	(19.3%-24.8%)	1,179	30.9%	(26.1%-35.8%)	793	13.3%	(11.2%-15.3%)	362
----Age----									
12 or younger	19.8%	(15.3%-24.4%)	300	25.7%	(18.9%-32.5%)	193	13.4%	(8.3%-18.4%)	100
13	22.3%	(18.2%-26.4%)	613	31.8%	(25.0%-38.6%)	429	12.6%	(9.4%-15.8%)	173
14 or older	24.6%	(21.4%-27.8%)	263	37.6%	(30.6%-44.6%)	168	14.7%	(9.8%-19.7%)	89
----Grade----									
Grade 7	20.3%	(16.4%-24.2%)	518	26.5%	(21.1%-31.9%)	318	14.1%	(10.2%-17.9%)	187
Grade 8	23.6%	(20.8%-26.4%)	652	34.5%	(28.9%-40.0%)	467	12.6%	(10.2%-15.0%)	175
----Hispanic Ethnicity----									
Hispanic	27.7%	(19.9%-35.4%)	82	40.5%	(28.2%-52.8%)~	58	13.6%	(4.8%-22.3%)	20
Non-Hispanic	22.2%	(19.1%-25.2%)	1,066	31.2%	(25.9%-36.5%)	718	13.4%	(11.2%-15.6%)	331
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	19.2%	(7.8%-30.5%)~	33	19.1%	(3.2%-35.0%)~	16	19.2%	(3.6%-34.8%)~	17
Black or African American	19.9%	(12.6%-27.2%)	79	25.3%	(13.5%-37.0%)~	52	14.8%	(5.5%-24.1%)	27
Native Hawaiian or Other Pacific Islander	30.6%	(7.6%-53.6%)~	11	*	*	*	*	*	*
White	22.7%	(19.4%-25.9%)	980	32.3%	(26.3%-38.4%)	662	13.3%	(10.7%-16.0%)	298
Multiple Races	19.5%	(11.4%-27.6%)	44	30.4%	(19.1%-41.7%)~	33	9.4%	(1.4%-17.4%)	11

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Have you ever seriously thought about killing yourself? (mn25)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.6%	(17.0%-22.1%)	1,049	26.2%	(22.4%-30.0%)	666	12.6%	(10.7%-14.6%)	349
----Age----									
12 or younger	16.3%	(13.4%-19.2%)	248	20.4%	(15.5%-25.4%)	151	11.9%	(8.8%-15.1%)	91
13	20.2%	(17.1%-23.3%)	547	27.7%	(23.2%-32.3%)	357	12.1%	(9.8%-14.5%)	169
14 or older	22.0%	(17.9%-26.2%)	247	30.6%	(22.9%-38.3%)	154	14.6%	(11.2%-18.0%)	89
----Grade----									
Grade 7	17.8%	(15.3%-20.4%)	456	21.5%	(17.4%-25.6%)	255	13.7%	(10.9%-16.5%)	184
Grade 8	21.2%	(17.2%-25.2%)	588	30.4%	(24.4%-36.4%)	407	11.7%	(9.4%-14.1%)	165
----Hispanic Ethnicity----									
Hispanic	32.7%	(27.1%-38.3%)	86	40.2%	(29.9%-50.6%)~	54	24.3%	(18.5%-30.1%)	31
Non-Hispanic	19.1%	(16.5%-21.7%)	935	25.8%	(22.0%-29.6%)	596	12.3%	(10.2%-14.3%)	309
----Race----									
American Indian or Alaskan Native	46.2%	(29.7%-62.7%)~	26	*	*	*	*	*	*
Asian	16.8%	(10.5%-23.1%)	29	26.4%	(13.4%-39.4%)~	21	8.7%	(2.3%-15.0%)	8
Black or African American	23.5%	(20.8%-26.2%)	94	30.0%	(24.2%-35.8%)	58	16.2%	(9.4%-22.9%)	32
Native Hawaiian or Other Pacific Islander	26.2%	(7.8%-44.5%)~	7	*	*	*	*	*	*
White	18.6%	(16.0%-21.2%)	805	24.5%	(20.8%-28.2%)	500	12.3%	(10.2%-14.5%)	277
Multiple Races	24.1%	(16.1%-32.1%)	61	35.2%	(26.0%-44.4%)	42	13.3%	(4.9%-21.7%)	17

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Have you ever tried to kill yourself? (mn27)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.1%	(4.6%-7.6%)	329	9.3%	(6.8%-11.8%)	237	3.0%	(1.7%-4.3%)	84
----Age----									
12 or younger	5.6%	(3.1%-8.0%)	84	9.0%	(4.8%-13.2%)	66	2.3%	(0.0%-4.6%)	17
13	5.8%	(4.4%-7.3%)	161	8.4%	(6.0%-10.8%)	113	3.3%	(1.9%-4.7%)	45
14 or older	7.7%	(5.0%-10.4%)	85	12.8%	(7.3%-18.2%)	58	3.4%	(1.1%-5.7%)	21
----Grade----									
Grade 7	5.2%	(3.4%-6.9%)	133	7.9%	(4.7%-11.1%)	94	2.9%	(1.2%-4.6%)	39
Grade 8	6.8%	(5.2%-8.4%)	191	10.1%	(7.8%-12.4%)	138	3.2%	(1.5%-4.9%)	45
----Hispanic Ethnicity----									
Hispanic	15.3%	(9.3%-21.2%)	44	25.7%	(15.0%-36.4%)~	36	5.9%	(0.9%-11.0%)	9
Non-Hispanic	5.7%	(4.2%-7.1%)	275	8.3%	(5.7%-11.0%)	192	3.0%	(1.7%-4.4%)	75
----Race----									
American Indian or Alaskan Native	20.0%	(0.3%-39.6%)~	11	*	*	*	*	*	*
Asian	6.4%	(0.0%-13.6%)	12	*	*	*	*	*	*
Black or African American	9.8%	(6.6%-13.1%)	41	15.7%	(9.9%-21.5%)	32	4.3%	(0.3%-8.3%)	8
Native Hawaiian or Other Pacific Islander	14.3%	(0.0%-33.3%)~	6	*	*	*	*	*	*
White	5.1%	(3.7%-6.5%)	220	7.3%	(5.1%-9.5%)	149	2.8%	(1.5%-4.2%)	64
Multiple Races	11.2%	(4.0%-18.4%)	25	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (mn28)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.5%	(18.0%-23.1%)	1,111	29.0%	(24.7%-33.3%)	742	12.3%	(10.1%-14.6%)	345
----Age----									
12 or younger	17.9%	(14.2%-21.5%)	272	23.2%	(16.9%-29.6%)	172	12.2%	(8.3%-16.0%)	94
13	21.6%	(18.7%-24.6%)	597	31.1%	(26.2%-36.0%)	417	12.0%	(9.3%-14.7%)	168
14 or older	21.6%	(17.8%-25.5%)	239	32.7%	(25.9%-39.5%)	150	13.2%	(8.5%-17.9%)	83
----Grade----									
Grade 7	18.6%	(15.7%-21.4%)	479	24.4%	(19.7%-29.1%)	291	12.8%	(9.6%-16.1%)	175
Grade 8	22.4%	(19.0%-25.7%)	627	32.8%	(27.4%-38.3%)	446	12.0%	(9.0%-14.9%)	170
----Hispanic Ethnicity----									
Hispanic	36.3%	(29.0%-43.6%)	110	51.7%	(40.6%-62.7%)~	74	22.9%	(13.4%-32.3%)	35
Non-Hispanic	20.1%	(17.7%-22.4%)	974	28.2%	(24.1%-32.3%)	646	12.1%	(9.8%-14.4%)	303
----Race----									
American Indian or Alaskan Native	29.9%	(9.3%-50.4%)~	17	*	*	*	*	*	*
Asian	22.9%	(6.6%-39.3%)~	42	16.8%	(0.0%-34.1%)~	15	28.7%	(7.8%-49.6%)~	27
Black or African American	15.9%	(7.8%-24.0%)	65	19.8%	(10.9%-28.6%)	40	11.3%	(1.2%-21.5%)~	22
Native Hawaiian or Other Pacific Islander	21.3%	(0.2%-42.4%)~	9	*	*	*	*	*	*
White	20.5%	(17.3%-23.6%)	888	29.9%	(24.4%-35.4%)	606	11.6%	(9.1%-14.1%)	264
Multiple Races	21.7%	(11.6%-31.8%)~	50	33.0%	(21.9%-44.2%)~	36	11.6%	(0.0%-23.6%)~	14

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 7 Tobacco

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 30 days, on how many days did you smoke cigarettes? (mn29)
Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.5%	(1.1%-2.0%)	84	1.4%	(0.6%-2.2%)	36	1.7%	(1.1%-2.3%)	48
----Age----									
12 or younger	0.8%	(0.3%-1.4%)	13	*	*	*	*	*	*
13	1.7%	(1.0%-2.5%)	47	1.8%	(0.4%-3.3%)	24	1.6%	(1.0%-2.3%)	23
14 or older	2.0%	(0.8%-3.2%)	23	1.8%	(0.3%-3.3%)	9	2.2%	(0.8%-3.7%)	14
----Grade----									
Grade 7	0.9%	(0.5%-1.4%)	24	*	*	*	*	*	*
Grade 8	1.9%	(1.1%-2.7%)	53	2.0%	(0.5%-3.5%)	27	1.8%	(0.9%-2.6%)	25
----Hispanic Ethnicity----									
Hispanic	3.3%	(0.0%-7.2%)	9	*	*	*	*	*	*
Non-Hispanic	1.5%	(1.1%-1.9%)	74	1.3%	(0.5%-2.2%)	32	1.7%	(1.1%-2.2%)	42
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	3.6%	(0.0%-8.0%)	6	*	*	*	*	*	*
Black or African American	1.8%	(0.0%-3.9%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.3%	(0.8%-1.8%)	59	1.3%	(0.3%-2.3%)	27	1.4%	(0.6%-2.2%)	32
Multiple Races	2.9%	(1.0%-4.9%)	8	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How old were you when you smoked a whole cigarette for the first time? (mn32)

Among students who have smoked a whole cigarette, the percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.6%	(27.3%-61.9%)~	62	37.0%	(15.6%-58.3%)~	26	54.9%	(31.1%-78.7%)~	36
----Age----									
12 or younger	*	*	*	*	*	*	*	*	*
13	38.5%	(21.7%-55.4%)~	34	25.5%	(0.6%-50.4%)~	12	59.1%	(34.6%-83.5%)~	21
14 or older	65.2%	(41.2%-89.3%)~	24	60.6%	(16.3%-100.0%)~	9	68.6%	(32.1%-100.0%)~	15
----Grade----									
Grade 7	47.4%	(13.1%-81.8%)~	20	55.5%	(5.4%-100.0%)~	10	41.5%	(7.9%-75.2%)~	10
Grade 8	43.3%	(27.4%-59.3%)~	42	30.6%	(8.9%-52.2%)~	16	63.1%	(34.1%-92.2%)~	26
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	42.1%	(23.8%-60.5%)~	52	37.4%	(15.2%-59.6%)~	23	49.4%	(23.9%-74.9%)~	29
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	69.9%	(41.9%-98.0%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	38.8%	(21.6%-55.9%)~	36	34.5%	(10.0%-59.1%)~	14	44.6%	(19.3%-70.0%)~	22
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
How old were you when you smoked a whole cigarette for the first time? (mn32_2)
Percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.1%	(0.5%-1.8%)	62	1.0%	(0.3%-1.7%)	26	1.3%	(0.5%-2.1%)	36
----Age----									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.2%	(0.6%-1.8%)	34	1.0%	(0.1%-1.8%)	12	1.5%	(0.6%-2.4%)	21
14 or older	2.1%	(0.1%-4.0%)	24	1.7%	(0.0%-4.3%)	9	2.4%	(0.0%-5.2%)	15
----Grade----									
Grade 7	0.8%	(0.1%-1.5%)	20	0.8%	(0.0%-1.8%)	10	0.8%	(0.1%-1.5%)	10
Grade 8	1.5%	(0.5%-2.5%)	42	1.2%	(0.0%-2.4%)	16	1.8%	(0.5%-3.1%)	26
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.0%	(0.4%-1.7%)	52	1.0%	(0.2%-1.7%)	23	1.1%	(0.3%-1.9%)	29
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	3.6%	(0.0%-7.4%)	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.8%	(0.4%-1.3%)	36	0.7%	(0.2%-1.2%)	14	1.0%	(0.2%-1.7%)	22
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.6%	(8.2%-11.0%)	515	8.5%	(6.4%-10.6%)	216	10.6%	(8.6%-12.6%)	290
----Age----									
12 or younger	8.5%	(7.1%-9.8%)	129	8.7%	(5.6%-11.7%)	64	7.9%	(5.4%-10.4%)	60
13	9.4%	(7.2%-11.7%)	250	8.6%	(5.3%-12.0%)	107	10.1%	(7.0%-13.3%)	140
14 or older	11.4%	(8.2%-14.7%)	131	7.8%	(4.1%-11.4%)	43	14.9%	(9.6%-20.2%)	88
----Grade----									
Grade 7	9.4%	(7.6%-11.2%)	238	9.4%	(6.3%-12.6%)	111	9.4%	(7.7%-11.2%)	125
Grade 8	9.6%	(7.7%-11.5%)	264	7.4%	(5.7%-9.2%)	99	11.5%	(8.3%-14.8%)	162
----Hispanic Ethnicity----									
Hispanic	16.7%	(11.0%-22.4%)	41	15.2%	(6.3%-24.2%)	20	18.9%	(10.8%-27.0%)	20
Non-Hispanic	9.1%	(7.4%-10.9%)	450	8.0%	(5.8%-10.3%)	187	10.0%	(7.7%-12.4%)	255
----Race----									
American Indian or Alaskan Native	27.9%	(6.2%-49.7%)~	15	*	*	*	*	*	*
Asian	13.5%	(3.5%-23.6%)~	21	11.3%	(0.0%-31.7%)~	8	15.9%	(7.9%-24.0%)	13
Black or African American	14.1%	(5.5%-22.8%)	53	13.9%	(1.6%-26.2%)~	24	14.7%	(5.9%-23.5%)	29
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.5%	(7.3%-9.6%)	368	7.0%	(5.4%-8.7%)	145	9.7%	(7.9%-11.6%)	218
Multiple Races	15.2%	(8.0%-22.4%)	43	15.3%	(4.2%-26.4%)~	21	13.5%	(3.8%-23.3%)	18

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)
Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.7%	(21.9%-27.4%)	1,308	24.0%	(19.8%-28.2%)	606	25.1%	(21.8%-28.5%)	679
----Age----									
12 or younger	17.4%	(14.7%-20.1%)	260	17.4%	(13.0%-21.8%)	126	17.8%	(14.1%-21.4%)	131
13	27.8%	(24.0%-31.6%)	733	27.8%	(22.2%-33.5%)	345	27.4%	(22.8%-32.0%)	373
14 or older	26.7%	(20.9%-32.5%)	308	24.2%	(15.0%-33.3%)	135	29.1%	(23.0%-35.1%)	172
----Grade----									
Grade 7	20.9%	(18.5%-23.2%)	523	20.9%	(17.3%-24.6%)	244	21.0%	(17.5%-24.5%)	274
Grade 8	27.9%	(23.7%-32.1%)	767	26.7%	(20.1%-33.4%)	359	28.7%	(23.8%-33.6%)	396
----Hispanic Ethnicity----									
Hispanic	33.4%	(23.8%-42.9%)	81	24.1%	(12.8%-35.4%)~	33	46.2%	(33.9%-58.5%)~	48
Non-Hispanic	24.1%	(21.5%-26.7%)	1,180	23.9%	(19.6%-28.2%)	556	24.1%	(20.9%-27.3%)	606
----Race----									
American Indian or Alaskan Native	35.4%	(16.0%-54.8%)~	19	34.0%	(11.0%-57.1%)~	9	36.9%	(10.9%-63.0%)~	9
Asian	22.0%	(13.4%-30.6%)	36	21.7%	(3.5%-40.0%)~	17	23.0%	(11.7%-34.3%)~	20
Black or African American	25.6%	(17.7%-33.5%)	95	23.4%	(9.9%-36.9%)~	40	28.2%	(20.8%-35.6%)	55
Native Hawaiian or Other Pacific Islander	49.7%	(12.0%-87.4%)~	8	*	*	*	*	*	*
White	23.1%	(20.1%-26.1%)	999	22.4%	(17.7%-27.0%)	460	23.7%	(19.8%-27.5%)	522
Multiple Races	42.2%	(33.4%-51.0%)	119	42.9%	(33.1%-52.6%)	59	38.8%	(26.6%-51.1%)~	54

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Do you think that you will try a cigarette soon? (mn47)

Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.8%	(20.4%-25.3%)	1,244	20.8%	(18.1%-23.6%)	540	24.7%	(21.2%-28.1%)	684
----Age----									
12 or younger	18.7%	(16.0%-21.3%)	293	17.8%	(13.0%-22.6%)	137	18.9%	(15.0%-22.8%)	146
13	23.5%	(20.9%-26.1%)	632	21.0%	(17.3%-24.7%)	264	25.7%	(22.0%-29.4%)	358
14 or older	27.2%	(21.4%-33.1%)	317	24.8%	(17.6%-32.0%)	140	29.5%	(22.2%-36.8%)	178
----Grade----									
Grade 7	19.6%	(16.8%-22.4%)	513	16.9%	(13.3%-20.5%)	207	21.7%	(17.9%-25.6%)	292
Grade 8	26.0%	(23.2%-28.8%)	723	24.6%	(21.5%-27.6%)	330	27.4%	(22.9%-31.8%)	387
----Hispanic Ethnicity----									
Hispanic	23.7%	(15.0%-32.4%)	60	21.1%	(10.4%-31.8%)~	29	27.3%	(12.9%-41.8%)~	31
Non-Hispanic	22.6%	(20.0%-25.3%)	1,131	20.7%	(17.6%-23.8%)	491	24.2%	(20.4%-28.0%)	620
----Race----									
American Indian or Alaskan Native	21.0%	(7.3%-34.6%)~	11	*	*	*	*	*	*
Asian	33.6%	(19.2%-47.9%)~	55	25.5%	(3.7%-47.3%)~	20	38.8%	(23.1%-54.4%)~	33
Black or African American	18.6%	(13.7%-23.5%)	72	9.4%	(5.2%-13.6%)	17	27.2%	(19.6%-34.8%)	55
Native Hawaiian or Other Pacific Islander	50.3%	(12.6%-88.0%)~	8	*	*	*	*	*	*
White	22.8%	(20.0%-25.5%)	1,006	21.3%	(18.2%-24.3%)	448	24.1%	(19.9%-28.3%)	544
Multiple Races	24.7%	(16.2%-33.2%)	70	24.6%	(11.4%-37.8%)~	33	23.7%	(14.5%-33.0%)	34

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Do you think you will smoke a cigarette at any time during the next year? (mn48)
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.6%	(15.7%-19.5%)	958	17.6%	(15.0%-20.2%)	456	17.7%	(14.7%-20.7%)	490
----Age----									
12 or younger	11.4%	(9.0%-13.7%)	179	12.3%	(7.5%-17.2%)	95	10.1%	(6.1%-14.2%)	78
13	19.9%	(17.5%-22.3%)	535	19.8%	(16.7%-22.9%)	249	20.1%	(16.5%-23.6%)	280
14 or older	20.8%	(14.4%-27.3%)	242	20.0%	(10.7%-29.2%)	112	21.6%	(14.9%-28.4%)	130
----Grade----									
Grade 7	13.6%	(11.7%-15.6%)	357	12.9%	(9.2%-16.6%)	158	14.4%	(11.3%-17.5%)	193
Grade 8	21.3%	(17.7%-24.9%)	594	21.9%	(17.3%-26.5%)	295	20.7%	(16.1%-25.3%)	292
----Hispanic Ethnicity----									
Hispanic	20.7%	(12.6%-28.8%)	52	12.7%	(3.3%-22.0%)	17	30.9%	(17.6%-44.3%)~	35
Non-Hispanic	17.6%	(15.6%-19.6%)	881	18.0%	(15.1%-20.9%)	428	17.3%	(14.2%-20.3%)	441
----Race----									
American Indian or Alaskan Native	21.5%	(0.0%-49.9%)~	12	*	*	*	*	*	*
Asian	21.3%	(9.8%-32.7%)~	35	20.3%	(2.0%-38.5%)~	16	22.9%	(8.5%-37.3%)~	19
Black or African American	13.1%	(9.7%-16.5%)	51	8.4%	(4.2%-12.6%)	15	17.5%	(12.6%-22.5%)	36
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.6%	(15.2%-20.1%)	778	18.0%	(15.2%-20.8%)	380	17.3%	(13.5%-21.2%)	390
Multiple Races	18.9%	(12.1%-25.8%)	53	18.7%	(8.9%-28.5%)	26	17.8%	(10.2%-25.4%)	25

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Do you think you will smoke a cigarette at any time during the next year? (mn48_2)
Percentage of students who answered 'I definitely will not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	82.4%	(80.5%-84.3%)	4,486	82.4%	(79.8%-85.0%)	2,139	82.3%	(79.3%-85.3%)	2,276
---Age---									
12 or younger	88.6%	(86.3%-91.0%)	1,396	87.7%	(82.8%-92.5%)	677	89.9%	(85.8%-93.9%)	692
13	80.1%	(77.7%-82.5%)	2,153	80.2%	(77.1%-83.3%)	1,007	79.9%	(76.4%-83.5%)	1,115
14 or older	79.2%	(72.7%-85.6%)	919	80.0%	(70.8%-89.3%)	450	78.4%	(71.6%-85.1%)	469
---Grade---									
Grade 7	86.4%	(84.4%-88.3%)	2,258	87.1%	(83.4%-90.8%)	1,069	85.6%	(82.5%-88.7%)	1,151
Grade 8	78.7%	(75.1%-82.3%)	2,192	78.1%	(73.5%-82.7%)	1,052	79.3%	(74.7%-83.9%)	1,120
---Hispanic Ethnicity---									
Hispanic	79.3%	(71.2%-87.4%)	200	87.3%	(78.0%-96.7%)	119	69.1%	(55.7%-82.4%)~	78
Non-Hispanic	82.4%	(80.4%-84.4%)	4,116	82.0%	(79.1%-84.9%)	1,949	82.7%	(79.7%-85.8%)	2,117
---Race---									
American Indian or Alaskan Native	78.5%	(50.1%-100.0%)~	43	*	*	*	*	*	*
Asian	78.7%	(67.3%-90.2%)~	128	79.7%	(61.5%-98.0%)~	61	77.1%	(62.7%-91.5%)~	64
Black or African American	86.9%	(83.5%-90.3%)	337	91.6%	(87.4%-95.8%)	164	82.5%	(77.5%-87.4%)	168
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	82.4%	(79.9%-84.8%)	3,639	82.0%	(79.2%-84.8%)	1,728	82.7%	(78.8%-86.5%)	1,864
Multiple Races	81.1%	(74.2%-87.9%)	229	81.3%	(71.5%-91.1%)	111	82.2%	(74.6%-89.8%)	114

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
If one of your closest friends offered you a cigarette, would you smoke it? (mn51a)
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.4%	(24.0%-28.9%)	1,440	26.2%	(23.4%-29.0%)	680	26.5%	(23.0%-30.0%)	736
----Age----									
12 or younger	19.8%	(16.6%-23.0%)	311	18.1%	(13.0%-23.2%)	140	20.5%	(15.8%-25.3%)	157
13	28.4%	(25.8%-31.1%)	767	30.5%	(27.3%-33.7%)	383	26.7%	(22.3%-31.1%)	376
14 or older	30.6%	(25.5%-35.6%)	357	27.7%	(20.1%-35.2%)	157	33.3%	(27.5%-39.1%)	201
----Grade----									
Grade 7	22.8%	(19.5%-26.0%)	595	20.8%	(16.6%-25.0%)	256	23.9%	(18.6%-29.2%)	320
Grade 8	29.8%	(26.5%-33.1%)	833	31.0%	(27.0%-35.1%)	418	28.8%	(24.9%-32.6%)	409
----Hispanic Ethnicity----									
Hispanic	26.9%	(16.4%-37.4%)~	68	18.7%	(6.6%-30.9%)~	26	37.5%	(18.7%-56.4%)~	42
Non-Hispanic	26.6%	(24.1%-29.2%)	1,334	27.0%	(24.1%-30.0%)	643	26.1%	(22.6%-29.5%)	669
----Race----									
American Indian or Alaskan Native	31.3%	(7.4%-55.1%)~	17	*	*	*	*	*	*
Asian	34.1%	(21.3%-46.9%)~	56	35.3%	(13.7%-57.0%)~	27	30.9%	(18.0%-43.8%)~	26
Black or African American	18.7%	(11.5%-25.9%)	73	9.9%	(0.2%-19.6%)	18	25.6%	(17.5%-33.7%)	53
Native Hawaiian or Other Pacific Islander	47.7%	(0.8%-94.7%)~	8	*	*	*	*	*	*
White	26.7%	(24.2%-29.2%)	1,180	27.0%	(24.3%-29.7%)	571	26.4%	(22.9%-29.8%)	595
Multiple Races	26.9%	(19.1%-34.7%)	76	26.2%	(14.7%-37.8%)~	35	26.5%	(16.7%-36.3%)	38

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.7%	(9.9%-13.5%)	621	12.0%	(9.5%-14.6%)	305	11.4%	(9.8%-13.1%)	308
----Age----									
12 or younger	8.4%	(6.1%-10.8%)	126	7.8%	(4.5%-11.1%)	57	9.0%	(5.7%-12.3%)	66
13	12.6%	(10.0%-15.1%)	333	13.8%	(10.0%-17.5%)	172	11.4%	(8.5%-14.3%)	155
14 or older	13.8%	(9.9%-17.8%)	157	13.4%	(8.5%-18.3%)	73	14.2%	(8.5%-19.9%)	84
----Grade----									
Grade 7	8.9%	(7.0%-10.8%)	224	8.5%	(5.1%-12.0%)	101	9.1%	(6.6%-11.6%)	118
Grade 8	14.1%	(11.2%-17.1%)	388	14.9%	(10.8%-18.9%)	198	13.4%	(10.3%-16.5%)	186
----Hispanic Ethnicity----									
Hispanic	18.4%	(10.4%-26.3%)	44	17.5%	(3.5%-31.4%)~	24	20.0%	(7.6%-32.4%)~	20
Non-Hispanic	11.6%	(9.8%-13.4%)	568	11.9%	(9.3%-14.6%)	278	11.2%	(9.4%-13.0%)	282
----Race----									
American Indian or Alaskan Native	20.4%	(5.8%-35.0%)~	11	*	*	*	*	*	*
Asian	18.5%	(6.3%-30.6%)~	30	16.0%	(0.0%-33.7%)~	12	21.2%	(6.5%-35.8%)~	18
Black or African American	18.8%	(12.9%-24.7%)	71	19.1%	(10.2%-28.0%)	33	19.1%	(12.9%-25.3%)	38
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.5%	(8.6%-12.4%)	451	11.0%	(8.4%-13.6%)	226	10.0%	(8.2%-11.8%)	220
Multiple Races	15.4%	(9.1%-21.6%)	43	15.3%	(6.3%-24.3%)	21	13.9%	(7.4%-20.3%)	19

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.0%	(7.4%-12.6%)	546	11.4%	(7.5%-15.4%)	296	8.5%	(6.6%-10.4%)	236
----Age----									
12 or younger	9.7%	(5.9%-13.5%)	151	11.8%	(6.7%-16.9%)	89	7.7%	(3.5%-11.9%)	59
13	11.5%	(8.3%-14.6%)	310	12.4%	(8.2%-16.5%)	156	10.1%	(7.0%-13.1%)	142
14 or older	7.2%	(3.2%-11.2%)	84	9.1%	(2.2%-15.9%)	51	5.5%	(2.3%-8.7%)	33
----Grade----									
Grade 7	9.8%	(7.1%-12.5%)	255	10.5%	(6.6%-14.5%)	127	9.3%	(7.1%-11.5%)	125
Grade 8	10.3%	(6.6%-14.1%)	288	12.2%	(7.0%-17.5%)	166	7.8%	(4.8%-10.8%)	110
----Hispanic Ethnicity----									
Hispanic	12.2%	(3.6%-20.9%)	30	15.5%	(0.7%-30.2%)~	21	8.5%	(0.0%-17.1%)	9
Non-Hispanic	9.8%	(7.2%-12.4%)	493	10.8%	(7.0%-14.6%)	257	8.6%	(6.5%-10.6%)	221
----Race----									
American Indian or Alaskan Native	21.3%	(4.1%-38.6%)~	11	*	*	*	*	*	*
Asian	10.9%	(5.7%-16.1%)	18	12.0%	(0.1%-23.8%)~	9	7.3%	(0.0%-14.9%)	6
Black or African American	11.8%	(6.4%-17.3%)	46	9.7%	(3.4%-16.1%)	17	14.0%	(7.2%-20.8%)	29
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.3%	(6.8%-11.8%)	412	10.7%	(6.4%-15.0%)	225	7.9%	(6.0%-9.8%)	178
Multiple Races	13.9%	(5.8%-22.1%)	40	14.4%	(4.0%-24.9%)~	20	11.9%	(4.9%-18.9%)	17

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.7%	(12.4%-17.0%)	797	16.2%	(12.8%-19.6%)	418	13.2%	(11.3%-15.1%)	365
----Age----									
12 or younger	15.1%	(11.2%-19.0%)	233	16.8%	(11.2%-22.5%)	126	13.3%	(9.2%-17.5%)	102
13	15.6%	(13.4%-17.7%)	418	16.9%	(12.9%-21.0%)	213	14.1%	(11.7%-16.5%)	196
14 or older	12.1%	(7.8%-16.5%)	142	13.5%	(7.2%-19.9%)	77	10.8%	(6.0%-15.6%)	65
----Grade----									
Grade 7	14.8%	(11.9%-17.7%)	383	15.2%	(11.6%-18.7%)	183	14.6%	(11.2%-18.0%)	195
Grade 8	14.6%	(10.8%-18.4%)	409	17.1%	(11.7%-22.5%)	232	11.9%	(8.8%-15.0%)	168
----Hispanic Ethnicity----									
Hispanic	20.0%	(10.9%-29.1%)	49	20.8%	(10.5%-31.1%)~	28	19.4%	(4.4%-34.3%)~	21
Non-Hispanic	14.3%	(11.9%-16.6%)	711	15.6%	(12.2%-18.9%)	370	12.9%	(10.7%-15.1%)	329
----Race----									
American Indian or Alaskan Native	22.7%	(7.4%-38.1%)~	12	*	*	*	*	*	*
Asian	25.2%	(14.2%-36.2%)~	40	23.5%	(8.2%-38.9%)~	17	24.3%	(6.9%-41.7%)~	20
Black or African American	11.6%	(4.9%-18.4%)	45	14.4%	(5.4%-23.5%)	25	9.5%	(1.5%-17.5%)	19
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.9%	(11.5%-16.2%)	612	15.5%	(12.1%-19.0%)	327	12.4%	(10.2%-14.5%)	279
Multiple Races	20.3%	(12.7%-27.9%)	57	16.9%	(6.7%-27.1%)~	23	22.3%	(13.5%-31.1%)	31

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Have you ever used an electronic vapor product? (mn173)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.1%	(5.6%-8.7%)	384	8.9%	(6.6%-11.2%)	230	5.5%	(4.0%-7.0%)	152
----Age----									
12 or younger	5.0%	(3.6%-6.5%)	77	5.8%	(3.7%-7.9%)	44	4.4%	(2.1%-6.7%)	33
13	7.6%	(6.0%-9.3%)	208	10.0%	(7.4%-12.5%)	129	5.5%	(3.3%-7.6%)	76
14 or older	8.6%	(5.5%-11.7%)	97	11.1%	(6.3%-15.9%)	56	6.7%	(4.1%-9.3%)	40
----Grade----									
Grade 7	5.2%	(3.9%-6.6%)	136	5.2%	(3.3%-7.1%)	63	5.3%	(3.7%-6.9%)	71
Grade 8	8.7%	(6.4%-10.9%)	241	12.0%	(8.8%-15.2%)	162	5.6%	(3.5%-7.6%)	78
----Hispanic Ethnicity----									
Hispanic	12.4%	(7.5%-17.3%)	33	12.9%	(5.9%-19.9%)	18	12.1%	(4.7%-19.5%)	15
Non-Hispanic	7.0%	(5.5%-8.6%)	346	8.9%	(6.5%-11.3%)	209	5.3%	(3.9%-6.7%)	134
----Race----									
American Indian or Alaskan Native	25.1%	(12.1%-38.0%)~	14	*	*	*	*	*	*
Asian	7.6%	(2.1%-13.1%)	13	8.5%	(0.0%-19.2%)	7	6.9%	(0.2%-13.6%)	6
Black or African American	10.2%	(6.3%-14.1%)	40	10.3%	(6.2%-14.4%)	20	10.6%	(3.7%-17.5%)	21
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.4%	(4.8%-7.9%)	278	8.3%	(6.0%-10.6%)	172	4.6%	(3.2%-6.0%)	103
Multiple Races	10.8%	(4.5%-17.0%)	28	9.8%	(4.0%-15.6%)	12	11.9%	(2.8%-21.0%)	16

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 30 days, on how many days did you use an electronic vapor product? (mn174)
Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.4%	(2.5%-4.4%)	186	4.6%	(2.8%-6.3%)	118	2.5%	(1.6%-3.3%)	68
----Age----									
12 or younger	2.4%	(1.4%-3.5%)	38	2.7%	(1.4%-4.0%)	20	2.3%	(0.8%-3.8%)	17
13	3.7%	(2.5%-4.9%)	102	5.2%	(3.0%-7.5%)	68	2.4%	(1.3%-3.5%)	33
14 or older	4.0%	(2.1%-5.8%)	44	5.7%	(2.1%-9.3%)	29	2.5%	(1.2%-3.9%)	15
----Grade----									
Grade 7	2.3%	(1.5%-3.2%)	61	2.3%	(0.9%-3.6%)	27	2.5%	(1.2%-3.8%)	33
Grade 8	4.2%	(2.7%-5.7%)	118	6.3%	(3.7%-9.0%)	86	2.3%	(1.4%-3.2%)	32
----Hispanic Ethnicity----									
Hispanic	6.4%	(3.3%-9.6%)	17	5.0%	(0.2%-9.8%)	7	8.2%	(2.6%-13.8%)	10
Non-Hispanic	3.4%	(2.4%-4.3%)	166	4.6%	(2.8%-6.4%)	108	2.3%	(1.5%-3.1%)	58
----Race----									
American Indian or Alaskan Native	20.1%	(7.0%-33.1%)~	11	*	*	*	*	*	*
Asian	4.6%	(0.5%-8.6%)	8	*	*	*	*	*	*
Black or African American	4.6%	(1.9%-7.3%)	18	6.1%	(1.0%-11.2%)	12	3.5%	(0.5%-6.5%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.9%	(2.0%-3.8%)	127	4.0%	(2.3%-5.6%)	82	2.0%	(1.0%-2.9%)	45
Multiple Races	5.1%	(1.6%-8.6%)	13	5.4%	(0.9%-10.0%)	7	4.8%	(0.8%-8.8%)	6

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a)
Among those who have used an electronic vapor product, the percentage of students who answered 'Nicotine'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	39.6%	(29.2%-49.9%)~	139	42.3%	(28.1%-56.6%)~	97	35.4%	(19.2%-51.6%)~	42
----Age----									
12 or younger	37.6%	(16.9%-58.4%)~	31	28.5%	(0.0%-57.4%)~	13	49.5%	(15.8%-83.2%)~	18
13	38.3%	(22.0%-54.7%)~	68	43.1%	(23.5%-62.6%)~	55	28.0%	(5.4%-50.7%)~	13
14 or older	44.0%	(28.2%-59.7%)~	39	52.9%	(37.8%-68.0%)~	28	30.7%	(9.7%-51.7%)~	11
----Grade----									
Grade 7	34.4%	(16.7%-52.0%)~	40	33.3%	(7.3%-59.2%)~	23	38.3%	(13.5%-63.2%)~	18
Grade 8	43.1%	(31.5%-54.7%)~	95	46.0%	(30.4%-61.7%)~	71	36.4%	(21.8%-51.0%)~	24
----Hispanic Ethnicity----									
Hispanic	29.0%	(1.1%-57.0%)~	10	*	*	*	*	*	*
Non-Hispanic	41.5%	(29.1%-53.9%)~	128	44.2%	(28.5%-59.8%)~	89	37.6%	(19.2%-56.0%)~	39
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	21.4%	(0.0%-49.2%)~	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	42.2%	(29.5%-54.9%)~	106	43.7%	(28.2%-59.3%)~	73	40.7%	(19.9%-61.5%)~	34
Multiple Races	26.1%	(3.7%-48.4%)~	8	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those who have used an electronic vapor product, the number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a_2)
Among those that have used an electronic vapor product, the percentage of students who answered 'Marijuana, THC, or hash oil'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.2%	(17.9%-38.5%)~	99	24.8%	(10.3%-39.3%)~	57	35.4%	(22.9%-48.0%)~	42
----Age----									
12 or younger	27.5%	(16.4%-38.5%)~	23	29.1%	(15.1%-43.0%)~	14	25.4%	(4.5%-46.3%)~	9
13	23.9%	(5.0%-42.9%)~	43	23.0%	(0.0%-47.7%)~	29	28.2%	(6.1%-50.2%)~	13
14 or older	37.5%	(22.4%-52.6%)~	33	25.5%	(10.8%-40.2%)~	13	55.3%	(30.7%-79.9%)~	20
----Grade----									
Grade 7	21.5%	(9.5%-33.4%)~	25	16.3%	(4.9%-27.7%)~	11	30.4%	(10.3%-50.5%)~	14
Grade 8	29.4%	(15.3%-43.5%)~	65	27.7%	(7.3%-48.0%)~	43	33.4%	(16.9%-49.9%)~	22
----Hispanic Ethnicity----									
Hispanic	47.6%	(16.0%-79.2%)~	17	*	*	*	*	*	*
Non-Hispanic	25.6%	(13.7%-37.5%)~	79	24.1%	(7.6%-40.7%)~	49	29.2%	(13.4%-45.0%)~	30
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	36.2%	(0.0%-89.0%)~	6	*	*	*	*	*	*
Black or African American	20.2%	(0.0%-47.0%)~	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.3%	(15.1%-43.5%)~	74	29.3%	(9.9%-48.8%)~	49	30.4%	(13.0%-47.9%)~	25
Multiple Races	36.7%	(12.9%-60.5%)~	11	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those that have used an electronic vapor product, the number of students who answered 'Marijuana, THC, or hash oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

The last time you used an electronic vapor product, what was in the vapor you inhaled? (m182a)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. Nicotine	39.6%	(29.2%-49.9%)	139	42.3%	(28.1%-56.6%)	97	35.4%	(19.2%-51.6%)	42
C. Marijuana, THC, or hash oil	28.2%	(17.9%-38.5%)	99	24.8%	(10.3%-39.3%)	57	35.4%	(22.9%-48.0%)	42
D. Just flavoring	14.4%	(9.2%-19.6%)	50	15.0%	(7.2%-22.8%)	34	10.8%	(2.5%-19.1%)	13
E. Not sure	17.8%	(11.2%-24.5%)	63	17.9%	(8.4%-27.3%)	41	18.3%	(6.4%-30.3%)	22

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How much do you think people risk harming themselves (physically or in other ways) if they use electronic vapor products every day? (mn202)
Percentage of students who answered 'No risk' or 'Slight risk'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.7%	(11.6%-17.8%)	783	14.6%	(10.7%-18.5%)	370	14.8%	(12.0%-17.5%)	405
----Age----									
12 or younger	15.8%	(12.3%-19.3%)	235	15.9%	(11.6%-20.2%)	117	15.6%	(10.4%-20.7%)	115
13	14.2%	(10.6%-17.8%)	388	14.7%	(9.2%-20.3%)	195	13.7%	(10.4%-17.1%)	189
14 or older	14.7%	(9.9%-19.5%)	160	12.8%	(5.1%-20.5%)	58	16.1%	(10.8%-21.4%)	100
----Grade----									
Grade 7	16.6%	(12.5%-20.8%)	419	17.3%	(11.0%-23.5%)	202	15.9%	(11.9%-20.0%)	211
Grade 8	12.6%	(9.7%-15.4%)	350	12.0%	(8.6%-15.4%)	162	13.1%	(10.3%-16.0%)	185
----Hispanic Ethnicity----									
Hispanic	25.9%	(18.3%-33.5%)	75	31.4%	(19.3%-43.5%)~	43	21.4%	(11.8%-30.9%)	32
Non-Hispanic	13.8%	(10.7%-16.9%)	663	13.1%	(9.1%-17.1%)	299	14.5%	(11.8%-17.3%)	362
----Race----									
American Indian or Alaskan Native	18.8%	(2.4%-35.3%)~	11	17.7%	(0.0%-41.5%)~	6	20.0%	(0.0%-43.4%)~	6
Asian	19.0%	(9.9%-28.1%)	34	16.2%	(5.2%-27.2%)~	14	21.6%	(7.1%-36.1%)~	20
Black or African American	28.8%	(21.8%-35.7%)	112	30.5%	(21.6%-39.4%)	59	27.9%	(19.6%-36.1%)	52
Native Hawaiian or Other Pacific Islander	60.6%	(23.2%-97.9%)~	22	*	*	*	*	*	*
White	12.6%	(9.9%-15.3%)	542	11.7%	(8.2%-15.1%)	236	13.4%	(10.9%-15.8%)	298
Multiple Races	15.8%	(5.7%-25.9%)~	35	20.4%	(7.9%-32.8%)~	21	11.7%	(0.1%-23.4%)~	14

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How wrong do you think it is for someone your age to use electronic vapor products? (mn203)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.5%	(9.8%-13.2%)	625	13.0%	(9.7%-16.3%)	338	10.1%	(7.6%-12.6%)	280
----Age----									
12 or younger	7.8%	(5.7%-10.0%)	121	8.4%	(4.5%-12.4%)	65	7.4%	(4.0%-10.8%)	56
13	11.4%	(9.2%-13.6%)	318	14.4%	(10.8%-18.1%)	197	8.6%	(5.7%-11.4%)	119
14 or older	17.0%	(13.0%-20.9%)	186	16.8%	(9.9%-23.8%)	76	16.8%	(10.9%-22.7%)	105
----Grade----									
Grade 7	8.3%	(6.2%-10.4%)	217	8.9%	(5.4%-12.5%)	110	7.9%	(5.1%-10.7%)	107
Grade 8	14.1%	(11.5%-16.6%)	394	16.3%	(12.1%-20.6%)	222	11.6%	(7.8%-15.4%)	164
----Hispanic Ethnicity----									
Hispanic	15.1%	(6.9%-23.3%)	45	18.6%	(8.3%-28.9%)~	27	12.0%	(0.9%-23.1%)~	18
Non-Hispanic	11.2%	(9.6%-12.8%)	547	12.6%	(9.5%-15.7%)	294	9.9%	(7.6%-12.2%)	249
----Race----									
American Indian or Alaskan Native	37.4%	(16.4%-58.5%)~	22	44.1%	(9.3%-78.9%)~	14	29.9%	(3.3%-56.6%)~	8
Asian	13.9%	(3.6%-24.2%)~	25	15.5%	(3.7%-27.4%)~	13	12.4%	(0.0%-27.4%)~	12
Black or African American	15.0%	(9.7%-20.3%)	62	16.7%	(8.4%-24.9%)	35	14.2%	(4.2%-24.1%)	28
Native Hawaiian or Other Pacific Islander	19.8%	(0.1%-39.5%)~	8	*	*	*	*	*	*
White	10.2%	(8.9%-11.6%)	446	11.3%	(8.4%-14.1%)	232	9.2%	(6.8%-11.6%)	206
Multiple Races	18.3%	(9.0%-27.6%)	42	20.3%	(7.7%-32.8%)~	22	16.5%	(7.2%-25.9%)	20

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

If you wanted to get electronic vapor products, how easy would it be for you to get some? (mn204a)

Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.4%	(22.2%-30.5%)	1,371	26.5%	(21.6%-31.5%)	665	26.0%	(20.5%-31.5%)	688
----Age----									
12 or younger	19.3%	(14.5%-24.1%)	282	18.6%	(12.2%-25.0%)	138	20.3%	(13.6%-27.0%)	144
13	27.2%	(22.8%-31.6%)	726	28.0%	(22.1%-34.0%)	368	25.7%	(19.8%-31.6%)	343
14 or older	34.1%	(28.5%-39.6%)	361	35.7%	(27.9%-43.4%)	157	33.3%	(25.3%-41.2%)	202
----Grade----									
Grade 7	20.7%	(16.1%-25.3%)	506	17.8%	(12.8%-22.9%)	208	22.7%	(16.6%-28.8%)	285
Grade 8	31.1%	(26.4%-35.9%)	851	33.9%	(27.6%-40.2%)	452	28.6%	(22.4%-34.7%)	394
----Hispanic Ethnicity----									
Hispanic	37.3%	(26.2%-48.5%)~	104	29.4%	(17.3%-41.6%)~	42	44.2%	(27.3%-61.1%)~	59
Non-Hispanic	25.8%	(21.7%-29.9%)	1,218	26.5%	(21.3%-31.6%)	599	25.0%	(19.3%-30.6%)	604
----Race----									
American Indian or Alaskan Native	47.9%	(25.0%-70.8%)~	28	54.5%	(24.6%-84.3%)~	17	40.6%	(11.9%-69.3%)~	11
Asian	34.9%	(21.1%-48.8%)~	56	21.1%	(5.4%-36.7%)~	16	47.4%	(30.2%-64.6%)~	40
Black or African American	29.9%	(23.3%-36.5%)	112	30.8%	(20.8%-40.8%)	57	28.6%	(19.8%-37.4%)	52
Native Hawaiian or Other Pacific Islander	21.2%	(0.0%-44.3%)~	8	*	*	*	*	*	*
White	25.6%	(20.9%-30.3%)	1,080	26.5%	(20.7%-32.2%)	533	24.5%	(18.6%-30.5%)	532
Multiple Races	25.0%	(12.8%-37.2%)~	56	13.3%	(2.5%-24.2%)~	14	36.1%	(21.1%-51.1%)~	41

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) (mn181c)

Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.7%	(1.1%-2.2%)	90	1.6%	(0.6%-2.7%)	42	1.7%	(1.1%-2.4%)	48
----Age----									
12 or younger	1.0%	(0.3%-1.7%)	15	0.7%	(0.0%-1.8%)	6	1.2%	(0.0%-2.5%)	9
13	1.5%	(0.7%-2.3%)	42	2.1%	(0.5%-3.7%)	28	1.0%	(0.3%-1.7%)	14
14 or older	3.1%	(1.3%-4.8%)	33	1.8%	(0.0%-3.9%)	8	4.0%	(1.7%-6.4%)	25
----Grade----									
Grade 7	0.7%	(0.2%-1.1%)	18	0.7%	(0.0%-1.4%)	8	0.7%	(0.0%-1.4%)	10
Grade 8	2.1%	(1.0%-3.2%)	58	2.1%	(0.5%-3.7%)	29	2.1%	(0.7%-3.5%)	30
----Hispanic Ethnicity----									
Hispanic	3.8%	(0.0%-7.9%)	12	*	*	*	*	*	*
Non-Hispanic	1.6%	(0.9%-2.2%)	76	1.6%	(0.5%-2.6%)	37	1.6%	(0.8%-2.3%)	39
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	4.7%	(0.0%-11.5%)	9	*	*	*	*	*	*
Black or African American	2.7%	(0.2%-5.3%)	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.1%	(0.5%-1.8%)	49	1.3%	(0.1%-2.4%)	26	1.0%	(0.3%-1.7%)	23
Multiple Races	6.1%	(0.0%-12.9%)	14	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild), or Backwoods? (mn30a)

Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.6%	(1.1%-2.1%)	87	1.3%	(0.3%-2.3%)	34	1.9%	(1.2%-2.7%)	53
----Age----									
12 or younger	1.1%	(0.4%-1.9%)	18	*	*	*	*	*	*
13	1.4%	(0.5%-2.2%)	39	1.7%	(0.1%-3.3%)	23	1.1%	(0.3%-2.0%)	16
14 or older	2.8%	(0.8%-4.9%)	31	1.8%	(0.0%-4.5%)	8	3.6%	(1.1%-6.2%)	23
----Grade----									
Grade 7	0.7%	(0.1%-1.3%)	18	*	*	*	*	*	*
Grade 8	2.0%	(1.1%-2.9%)	55	1.9%	(0.3%-3.4%)	26	2.1%	(0.9%-3.3%)	30
----Hispanic Ethnicity----									
Hispanic	3.8%	(0.0%-7.9%)	12	*	*	*	*	*	*
Non-Hispanic	1.5%	(0.9%-2.2%)	76	1.3%	(0.3%-2.4%)	31	1.8%	(0.9%-2.6%)	45
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	4.6%	(0.0%-11.4%)	9	*	*	*	*	*	*
Black or African American	2.1%	(0.0%-4.6%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.5%-1.8%)	51	1.0%	(0.0%-2.0%)	20	1.4%	(0.4%-2.3%)	31
Multiple Races	6.0%	(0.1%-12.0%)	14	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users)
(mntobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.0%	(31.0%-37.0%)	1,843	32.1%	(28.6%-35.7%)	830	35.8%	(31.8%-39.8%)	986
----Age----									
12 or younger	27.4%	(23.6%-31.3%)	430	25.8%	(19.9%-31.7%)	198	28.4%	(23.7%-33.2%)	218
13	35.3%	(32.0%-38.5%)	942	34.5%	(30.2%-38.8%)	430	36.1%	(30.9%-41.3%)	500
14 or older	40.2%	(34.1%-46.3%)	467	35.8%	(28.0%-43.6%)	201	44.3%	(37.6%-51.1%)	265
----Grade----									
Grade 7	29.7%	(26.4%-33.1%)	774	27.2%	(22.6%-31.7%)	333	31.4%	(26.6%-36.1%)	420
Grade 8	38.2%	(34.4%-41.9%)	1,057	36.7%	(32.0%-41.5%)	492	39.8%	(34.9%-44.7%)	560
----Hispanic Ethnicity----									
Hispanic	32.5%	(23.1%-41.9%)	82	26.0%	(16.0%-36.1%)~	36	41.0%	(22.4%-59.5%)~	46
Non-Hispanic	34.2%	(30.8%-37.5%)	1,697	32.8%	(29.0%-36.5%)	775	35.3%	(30.9%-39.7%)	898
----Race----									
American Indian or Alaskan Native	40.7%	(14.1%-67.3%)~	22	45.8%	(1.4%-90.2%)~	12	35.6%	(4.3%-66.9%)~	10
Asian	43.0%	(29.8%-56.3%)~	70	39.6%	(19.3%-60.0%)~	30	44.3%	(27.7%-61.0%)~	37
Black or African American	24.2%	(19.2%-29.2%)	94	17.6%	(11.3%-23.9%)	31	29.5%	(22.2%-36.8%)	60
Native Hawaiian or Other Pacific Islander	63.8%	(20.0%-100.0%)~	10	*	*	*	*	*	*
White	34.7%	(31.3%-38.1%)	1,526	32.9%	(29.3%-36.5%)	690	36.5%	(31.8%-41.2%)	819
Multiple Races	30.1%	(21.3%-38.9%)	84	32.6%	(18.3%-46.8%)~	44	26.8%	(16.2%-37.4%)~	37

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.7%	(29.5%-35.8%)	1,706	30.5%	(27.0%-34.0%)	761	34.6%	(30.4%-38.8%)	917
----Age----									
12 or younger	27.1%	(23.4%-30.9%)	415	25.5%	(19.7%-31.2%)	192	28.1%	(23.3%-32.9%)	210
13	33.5%	(30.3%-36.8%)	860	32.2%	(27.9%-36.5%)	386	34.7%	(29.3%-40.1%)	463
14 or older	38.5%	(32.1%-44.9%)	428	33.8%	(26.6%-41.1%)	183	42.8%	(35.2%-50.5%)	245
----Grade----									
Grade 7	28.8%	(25.5%-32.1%)	727	26.2%	(22.0%-30.5%)	313	30.3%	(25.4%-35.3%)	392
Grade 8	36.5%	(32.6%-40.3%)	969	34.5%	(29.5%-39.5%)	442	38.5%	(33.4%-43.6%)	520
----Hispanic Ethnicity----									
Hispanic	30.7%	(22.0%-39.4%)	73	24.6%	(14.6%-34.5%)	33	39.6%	(22.3%-56.9%)~	40
Non-Hispanic	32.8%	(29.3%-36.2%)	1,574	31.1%	(27.3%-35.0%)	714	34.0%	(29.4%-38.6%)	835
----Race----									
American Indian or Alaskan Native	32.5%	(9.1%-55.9%)~	16	28.4%	(0.0%-64.3%)~	6	35.6%	(4.3%-66.9%)~	10
Asian	40.9%	(27.3%-54.4%)~	64	39.6%	(19.3%-60.0%)~	30	40.0%	(22.8%-57.2%)~	31
Black or African American	21.1%	(15.7%-26.5%)	77	13.6%	(7.5%-19.6%)	22	26.8%	(19.5%-34.1%)	53
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.7%	(30.1%-37.2%)	1,437	31.6%	(28.2%-35.0%)	647	35.6%	(30.7%-40.5%)	773
Multiple Races	27.5%	(19.6%-35.5%)	72	30.4%	(17.2%-43.6%)~	38	23.7%	(13.0%-34.3%)~	30

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.4%	(1.5%-3.3%)	130	2.1%	(0.5%-3.7%)	55	2.7%	(1.6%-3.8%)	75
----Age----									
12 or younger	1.5%	(0.6%-2.5%)	24	0.7%	(0.0%-1.8%)	6	2.3%	(0.7%-3.9%)	18
13	2.0%	(0.5%-3.6%)	56	2.4%	(0.0%-5.2%)	32	1.7%	(0.6%-2.9%)	24
14 or older	4.6%	(2.3%-6.9%)	50	3.7%	(0.7%-6.8%)	17	5.4%	(2.3%-8.5%)	33
----Grade----									
Grade 7	1.0%	(0.4%-1.6%)	27	*	*	*	*	*	*
Grade 8	3.2%	(1.6%-4.8%)	89	3.4%	(0.6%-6.2%)	47	3.0%	(1.3%-4.8%)	42
----Hispanic Ethnicity----									
Hispanic	4.7%	(0.0%-9.6%)	14	*	*	*	*	*	*
Non-Hispanic	2.4%	(1.3%-3.4%)	116	2.2%	(0.5%-4.0%)	52	2.5%	(1.4%-3.7%)	63
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	4.7%	(0.0%-11.5%)	9	*	*	*	*	*	*
Black or African American	2.1%	(0.0%-4.7%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.2%	(1.1%-3.2%)	94	2.1%	(0.1%-4.2%)	44	2.2%	(1.0%-3.4%)	50
Multiple Races	6.1%	(0.0%-13.1%)	14	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.2%	(3.1%-5.4%)	226	5.3%	(2.9%-7.6%)	135	3.3%	(2.2%-4.5%)	92
----Age----									
12 or younger	3.6%	(1.9%-5.3%)	55	3.3%	(0.7%-5.9%)	25	4.0%	(1.4%-6.6%)	30
13	3.8%	(2.0%-5.6%)	105	5.5%	(2.4%-8.6%)	73	2.3%	(0.6%-3.9%)	31
14 or older	6.2%	(2.9%-9.5%)	67	8.0%	(1.9%-14.1%)	36	5.0%	(2.0%-7.9%)	30
----Grade----									
Grade 7	2.7%	(1.5%-3.9%)	70	2.6%	(0.7%-4.5%)	31	2.9%	(1.3%-4.5%)	38
Grade 8	5.2%	(3.1%-7.4%)	145	7.3%	(3.5%-11.0%)	98	3.4%	(1.7%-5.1%)	47
----Hispanic Ethnicity----									
Hispanic	7.7%	(2.9%-12.4%)	23	7.5%	(0.0%-15.8%)	11	8.0%	(0.0%-16.1%)	12
Non-Hispanic	4.2%	(3.0%-5.5%)	204	5.4%	(3.0%-7.7%)	124	3.2%	(2.0%-4.5%)	80
----Race----									
American Indian or Alaskan Native	20.2%	(0.0%-41.1%)~	11	*	*	*	*	*	*
Asian	6.5%	(0.0%-14.3%)	11	*	*	*	*	*	*
Black or African American	3.5%	(0.3%-6.6%)	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	13.7%	(0.0%-30.3%)~	6	*	*	*	*	*	*
White	3.8%	(2.7%-4.8%)	163	4.6%	(2.4%-6.8%)	94	3.1%	(1.8%-4.5%)	69
Multiple Races	7.3%	(1.4%-13.3%)	16	7.6%	(0.3%-14.8%)	8	7.1%	(0.0%-15.3%)	8

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb_3)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.3%	(2.2%-4.4%)	173	3.9%	(1.9%-5.8%)	98	2.8%	(1.7%-3.8%)	74
----Age----									
12 or younger	2.3%	(1.0%-3.7%)	35	1.8%	(0.4%-3.3%)	14	2.8%	(0.9%-4.7%)	21
13	3.2%	(1.5%-4.9%)	85	4.5%	(1.4%-7.7%)	59	1.9%	(0.7%-3.2%)	26
14 or older	5.0%	(2.4%-7.6%)	53	5.6%	(1.6%-9.7%)	25	4.7%	(1.9%-7.4%)	27
----Grade----									
Grade 7	1.6%	(0.7%-2.5%)	41	1.5%	(0.4%-2.5%)	17	1.8%	(0.7%-3.0%)	24
Grade 8	4.4%	(2.4%-6.4%)	120	5.7%	(2.3%-9.1%)	75	3.3%	(1.7%-4.9%)	45
----Hispanic Ethnicity----									
Hispanic	5.1%	(1.3%-8.9%)	14	*	*	*	*	*	*
Non-Hispanic	3.3%	(2.1%-4.5%)	159	4.1%	(2.0%-6.2%)	93	2.7%	(1.6%-3.9%)	66
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	6.7%	(0.0%-14.8%)	11	*	*	*	*	*	*
Black or African American	3.0%	(0.0%-6.2%)	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.0%	(1.9%-4.1%)	126	3.7%	(1.6%-5.8%)	74	2.4%	(1.2%-3.6%)	52
Multiple Races	4.8%	(0.0%-10.3%)	10	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How wrong do your parents or guardians feel it would be for you to use any tobacco products? (mn212a)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.5%	(2.5%-4.5%)	188	3.5%	(1.9%-5.1%)	90	3.4%	(2.6%-4.3%)	95
----Age----									
12 or younger	2.6%	(1.3%-3.8%)	40	2.1%	(0.3%-3.9%)	16	3.1%	(1.1%-5.2%)	24
13	3.8%	(2.5%-5.1%)	101	4.2%	(1.4%-7.0%)	53	3.2%	(2.0%-4.5%)	45
14 or older	3.7%	(1.9%-5.5%)	43	3.5%	(0.2%-6.8%)	20	3.9%	(1.6%-6.1%)	23
----Grade----									
Grade 7	2.9%	(1.9%-3.8%)	74	2.7%	(0.9%-4.5%)	32	3.1%	(1.9%-4.4%)	42
Grade 8	3.9%	(2.2%-5.6%)	110	4.1%	(1.5%-6.6%)	55	3.6%	(1.9%-5.4%)	52
----Hispanic Ethnicity----									
Hispanic	6.0%	(0.6%-11.4%)	15	6.6%	(0.0%-15.4%)	9	5.4%	(0.0%-11.3%)	6
Non-Hispanic	3.3%	(2.4%-4.2%)	166	3.3%	(1.9%-4.7%)	79	3.3%	(2.4%-4.2%)	84
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	7.6%	(0.0%-16.0%)	12	8.2%	(0.0%-21.0%)~	6	7.3%	(0.0%-14.9%)	6
Black or African American	2.6%	(0.2%-5.0%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.3%	(2.3%-4.3%)	148	3.6%	(1.9%-5.2%)	75	3.2%	(2.3%-4.1%)	72
Multiple Races	3.8%	(0.0%-8.1%)	11	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 8

Alcohol

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Have you ever had a drink of alcohol, other than a few sips? (mn59a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.5%	(12.1%-15.0%)	696	13.3%	(11.5%-15.1%)	332	13.7%	(11.6%-15.9%)	357
----Age----									
12 or younger	9.2%	(6.7%-11.6%)	134	8.0%	(5.4%-10.6%)	59	10.6%	(6.8%-14.5%)	76
13	14.1%	(12.4%-15.7%)	364	15.2%	(12.6%-17.7%)	191	12.8%	(10.8%-14.8%)	167
14 or older	18.3%	(14.6%-22.1%)	198	16.7%	(11.3%-22.1%)	83	19.7%	(14.0%-25.5%)	114
----Grade----									
Grade 7	10.7%	(9.1%-12.4%)	264	9.7%	(8.0%-11.3%)	113	11.9%	(9.0%-14.7%)	149
Grade 8	15.9%	(13.3%-18.6%)	424	16.4%	(13.4%-19.4%)	215	15.3%	(12.4%-18.3%)	204
----Hispanic Ethnicity----									
Hispanic	22.3%	(15.9%-28.6%)	56	22.6%	(14.6%-30.7%)	30	22.1%	(11.7%-32.5%)~	26
Non-Hispanic	13.3%	(11.8%-14.8%)	624	12.9%	(11.1%-14.7%)	293	13.6%	(11.5%-15.7%)	324
----Race----									
American Indian or Alaskan Native	18.3%	(4.4%-32.2%)~	9	*	*	*	*	*	*
Asian	11.4%	(5.8%-16.9%)	19	7.3%	(0.0%-14.9%)	6	15.6%	(6.9%-24.3%)	13
Black or African American	13.7%	(8.5%-19.0%)	52	14.1%	(6.6%-21.6%)	27	13.0%	(6.2%-19.7%)	23
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.3%	(11.6%-15.1%)	556	13.0%	(11.0%-15.1%)	261	13.7%	(11.1%-16.2%)	292
Multiple Races	17.1%	(10.1%-24.1%)	40	15.7%	(9.1%-22.3%)	18	17.5%	(5.2%-29.8%)~	20

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How old were you when you had your first drink of alcohol other than a few sips? (mn60)

Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	41.3%	(35.1%-47.6%)	287	40.8%	(31.6%-50.0%)	134	41.4%	(35.2%-47.6%)	148
----Age----									
12 or younger	53.8%	(42.9%-64.8%)~	71	58.9%	(41.5%-76.4%)~	35	49.7%	(36.7%-62.8%)~	36
13	41.9%	(34.5%-49.3%)	153	40.9%	(32.5%-49.2%)	78	42.7%	(30.4%-55.1%)~	72
14 or older	32.0%	(21.0%-42.9%)~	63	27.5%	(10.9%-44.2%)~	22	34.3%	(21.9%-46.7%)~	40
----Grade----									
Grade 7	50.0%	(42.5%-57.5%)	131	54.8%	(41.5%-68.1%)~	62	45.8%	(35.3%-56.3%)~	68
Grade 8	35.4%	(27.4%-43.5%)	150	32.7%	(22.6%-42.8%)~	69	37.8%	(27.0%-48.6%)~	78
----Hispanic Ethnicity----									
Hispanic	50.1%	(32.9%-67.2%)~	27	55.7%	(35.7%-75.8%)~	16	43.5%	(21.0%-66.0%)~	11
Non-Hispanic	40.4%	(34.3%-46.5%)	252	38.9%	(29.8%-48.0%)	113	41.3%	(34.9%-47.6%)	134
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	57.0%	(29.8%-84.1%)~	11	*	*	*	*	*	*
Black or African American	57.1%	(38.1%-76.1%)~	30	68.7%	(41.5%-95.9%)~	19	40.9%	(21.4%-60.4%)~	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	39.6%	(33.6%-45.5%)	219	38.4%	(28.9%-47.9%)	99	40.7%	(33.2%-48.1%)	118
Multiple Races	34.3%	(17.3%-51.2%)~	14	30.1%	(6.3%-53.9%)~	6	33.3%	(16.7%-49.9%)~	7

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
How old were you when you had your first drink of alcohol other than a few sips? (mn60_2)
Percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.7%	(4.4%-7.0%)	287	5.5%	(3.7%-7.4%)	134	5.9%	(4.6%-7.1%)	148
----Age----									
12 or younger	5.0%	(3.5%-6.6%)	71	4.9%	(2.3%-7.5%)	35	5.4%	(3.4%-7.4%)	36
13	6.0%	(4.5%-7.5%)	153	6.3%	(4.6%-8.1%)	78	5.7%	(3.7%-7.6%)	72
14 or older	6.0%	(3.6%-8.4%)	63	4.6%	(1.4%-7.9%)	22	7.0%	(4.1%-9.9%)	40
----Grade----									
Grade 7	5.6%	(4.4%-6.7%)	131	5.5%	(3.7%-7.3%)	62	5.6%	(4.0%-7.3%)	68
Grade 8	5.7%	(3.8%-7.6%)	150	5.4%	(3.1%-7.7%)	69	5.9%	(3.8%-8.1%)	78
----Hispanic Ethnicity----									
Hispanic	10.9%	(5.8%-16.0%)	27	12.3%	(5.4%-19.2%)	16	9.4%	(3.1%-15.8%)	11
Non-Hispanic	5.5%	(4.3%-6.8%)	252	5.1%	(3.4%-6.8%)	113	5.8%	(4.5%-7.1%)	134
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	6.7%	(1.9%-11.6%)	11	*	*	*	*	*	*
Black or African American	8.3%	(3.9%-12.7%)	30	10.4%	(3.6%-17.2%)	19	5.6%	(1.7%-9.5%)	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.4%	(4.2%-6.6%)	219	5.1%	(3.2%-6.9%)	99	5.7%	(4.3%-7.1%)	118
Multiple Races	6.1%	(2.0%-10.3%)	14	4.8%	(0.6%-8.9%)	6	6.3%	(0.4%-12.2%)	7

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)
Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.1%	(3.3%-5.0%)	220	4.5%	(3.3%-5.7%)	115	3.8%	(2.8%-4.8%)	104
----Age----									
12 or younger	1.9%	(1.1%-2.7%)	29	2.2%	(0.9%-3.4%)	17	1.7%	(0.8%-2.7%)	13
13	4.2%	(3.2%-5.2%)	112	4.8%	(3.5%-6.0%)	62	3.6%	(2.3%-4.8%)	49
14 or older	7.2%	(4.7%-9.7%)	79	7.4%	(3.9%-10.9%)	37	7.1%	(4.1%-10.1%)	42
----Grade----									
Grade 7	2.4%	(1.5%-3.3%)	61	2.4%	(1.4%-3.5%)	29	2.4%	(1.3%-3.5%)	31
Grade 8	5.5%	(3.8%-7.2%)	151	6.1%	(4.1%-8.1%)	81	4.9%	(3.1%-6.8%)	68
----Hispanic Ethnicity----									
Hispanic	5.4%	(1.3%-9.6%)	14	4.9%	(0.5%-9.3%)	7	6.2%	(0.5%-11.9%)	8
Non-Hispanic	4.2%	(3.2%-5.1%)	201	4.5%	(3.3%-5.8%)	105	3.8%	(2.8%-4.8%)	95
----Race----									
American Indian or Alaskan Native	11.0%	(0.0%-23.3%)~	6	*	*	*	*	*	*
Asian	3.8%	(0.0%-7.8%)	6	*	*	*	*	*	*
Black or African American	3.2%	(1.2%-5.3%)	12	3.1%	(0.1%-6.0%)	6	3.5%	(0.0%-7.0%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.1%	(3.1%-5.1%)	176	4.5%	(2.9%-6.0%)	92	3.8%	(2.6%-5.0%)	84
Multiple Races	6.0%	(2.3%-9.7%)	15	4.8%	(0.1%-9.5%)	6	6.1%	(0.7%-11.6%)	8

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.4%	(1.0%-1.7%)	75	1.5%	(0.9%-2.1%)	38	1.3%	(1.0%-1.7%)	36
----Age----									
12 or younger	1.1%	(0.6%-1.6%)	17	1.5%	(0.6%-2.3%)	11	0.7%	(0.1%-1.4%)	6
13	1.3%	(0.9%-1.7%)	36	1.5%	(0.9%-2.2%)	20	1.1%	(0.6%-1.6%)	16
14 or older	1.9%	(1.0%-2.9%)	22	1.4%	(0.0%-2.8%)	7	2.5%	(1.3%-3.6%)	15
----Grade----									
Grade 7	0.9%	(0.5%-1.3%)	24	1.1%	(0.4%-1.8%)	14	0.7%	(0.3%-1.2%)	10
Grade 8	1.5%	(1.0%-2.0%)	42	1.5%	(0.8%-2.2%)	20	1.6%	(0.8%-2.3%)	22
----Hispanic Ethnicity----									
Hispanic	4.5%	(0.5%-8.4%)	12	*	*	*	*	*	*
Non-Hispanic	1.2%	(1.0%-1.5%)	61	1.4%	(0.8%-2.0%)	33	1.1%	(0.8%-1.5%)	28
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.8%	(0.2%-3.4%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.8%-1.5%)	52	1.4%	(0.7%-2.0%)	28	1.0%	(0.6%-1.5%)	23
Multiple Races	2.5%	(0.0%-5.0%)	6	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a_2)
Among students that reported alcohol use during the past 30 days in m61, the percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.4%	(1.0%-1.7%)	73	1.5%	(0.9%-2.1%)	38	1.3%	(0.9%-1.6%)	35
----Age----									
12 or younger	1.1%	(0.6%-1.6%)	17	1.5%	(0.6%-2.4%)	11	0.8%	(0.1%-1.4%)	6
13	1.3%	(0.9%-1.8%)	36	1.6%	(0.9%-2.2%)	20	1.1%	(0.6%-1.7%)	16
14 or older	1.8%	(0.9%-2.8%)	20	1.4%	(0.0%-2.8%)	7	2.3%	(1.1%-3.4%)	13
----Grade----									
Grade 7	0.9%	(0.5%-1.4%)	24	1.2%	(0.4%-1.9%)	14	0.8%	(0.3%-1.2%)	10
Grade 8	1.5%	(1.0%-2.0%)	41	1.5%	(0.8%-2.2%)	20	1.5%	(0.8%-2.2%)	20
----Hispanic Ethnicity----									
Hispanic	4.6%	(0.5%-8.7%)	12	*	*	*	*	*	*
Non-Hispanic	1.2%	(0.9%-1.5%)	60	1.4%	(0.8%-2.0%)	33	1.1%	(0.8%-1.4%)	27
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.9%	(0.2%-3.5%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.8%-1.5%)	50	1.4%	(0.8%-2.0%)	28	1.0%	(0.6%-1.4%)	22
Multiple Races	2.6%	(0.0%-5.2%)	6	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students that reported alcohol use during the past 30 days in m61, the number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, how did you usually get the alcohol you drank? (mn63b)

Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.3%	(13.3%-39.2%)~	47	32.6%	(11.1%-54.1%)~	30	20.1%	(2.4%-37.8%)~	17
----Age----									
12 or younger	48.7%	(0.0%-100.0%)~	6	*	*	*	*	*	*
13	23.4%	(9.2%-37.6%)~	26	15.3%	(0.2%-30.4%)~	9	35.4%	(7.0%-63.9%)~	17
14 or older	27.2%	(3.4%-51.0%)~	15	*	*	*	*	*	*
----Grade----									
Grade 7	21.1%	(0.0%-45.5%)~	8	*	*	*	*	*	*
Grade 8	28.4%	(14.4%-42.4%)~	39	29.9%	(8.1%-51.8%)~	22	28.0%	(4.0%-52.0%)~	17
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	27.3%	(14.7%-40.0%)~	47	33.6%	(12.2%-55.0%)~	30	21.2%	(2.9%-39.5%)~	17
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.7%	(14.6%-44.7%)~	44	37.8%	(11.5%-64.2%)~	27	21.9%	(3.1%-40.8%)~	17
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 30 days, how did you usually get the alcohol you drank? (m63b)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1.7%	(0.0%-5.0%)	3	*	*	*	*	*	*
C. I bought it at a restaurant, bar, or club	2.9%	(0.0%-6.5%)	5	*	*	*	*	*	*
D. I bought it at a public event such as a concert or sporting event	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
E. I gave someone else money to buy it for me	3.1%	(0.0%-7.5%)	6	*	*	*	*	*	*
F. Someone gave it to me	26.3%	(13.3%-39.2%)	47	32.6%	(11.1%-54.1%)	30	20.1%	(2.4%-37.8%)	17
G. I took it from a store or family member	37.5%	(22.6%-52.5%)	67	35.2%	(14.0%-56.5%)	33	37.7%	(20.0%-55.4%)	31
H. I got it some other way	28.5%	(19.0%-38.1%)	51	29.1%	(12.6%-45.6%)	27	29.0%	(9.8%-48.1%)	24

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)
Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.5%	(41.8%-47.3%)	2,351	48.6%	(44.6%-52.7%)	1,227	40.5%	(37.8%-43.3%)	1,093
----Age----									
12 or younger	35.4%	(31.0%-39.8%)	525	38.0%	(32.6%-43.5%)	277	32.6%	(27.7%-37.4%)	239
13	46.2%	(43.1%-49.3%)	1,237	51.3%	(46.6%-56.1%)	659	41.2%	(38.4%-43.9%)	560
14 or older	52.9%	(48.0%-57.7%)	584	57.8%	(50.0%-65.6%)	288	48.9%	(44.4%-53.5%)	293
----Grade----									
Grade 7	36.1%	(32.4%-39.8%)	900	37.4%	(32.5%-42.3%)	436	34.4%	(30.2%-38.7%)	445
Grade 8	52.1%	(48.6%-55.5%)	1,435	58.3%	(52.6%-64.0%)	782	46.1%	(43.7%-48.5%)	642
----Hispanic Ethnicity----									
Hispanic	48.8%	(42.3%-55.3%)	128	49.6%	(42.9%-56.4%)	69	49.1%	(37.4%-60.7%)~	60
Non-Hispanic	44.8%	(42.1%-47.5%)	2,168	49.3%	(45.3%-53.4%)	1,137	40.4%	(37.6%-43.2%)	1,003
----Race----									
American Indian or Alaskan Native	22.3%	(7.9%-36.6%)~	12	*	*	*	*	*	*
Asian	40.3%	(29.5%-51.1%)~	65	36.9%	(25.0%-48.9%)~	29	42.5%	(28.3%-56.6%)~	35
Black or African American	34.5%	(27.3%-41.6%)	129	38.9%	(29.8%-48.0%)	69	30.0%	(24.1%-36.0%)	57
Native Hawaiian or Other Pacific Islander	25.9%	(4.6%-47.3%)~	7	*	*	*	*	*	*
White	46.1%	(43.0%-49.2%)	1,983	50.9%	(46.2%-55.7%)	1,041	41.6%	(38.7%-44.5%)	919
Multiple Races	44.5%	(38.6%-50.4%)	112	45.1%	(36.4%-53.8%)	56	43.9%	(35.6%-52.1%)	55

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*If you drank some alcohol without your parents' or guardians' permission, would you be caught by your parents or guardians? (mn66a)
Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.7%	(23.1%-28.3%)	1,365	25.7%	(22.2%-29.2%)	651	25.8%	(23.6%-28.0%)	699
----Age----									
12 or younger	17.9%	(14.3%-21.6%)	268	16.1%	(9.0%-23.2%)	117	20.4%	(14.3%-26.4%)	151
13	26.1%	(23.1%-29.0%)	695	27.5%	(22.0%-33.0%)	345	24.7%	(22.0%-27.3%)	341
14 or older	34.7%	(28.6%-40.8%)	392	34.0%	(25.9%-42.1%)	186	35.3%	(28.3%-42.3%)	205
----Grade----									
Grade 7	19.7%	(16.9%-22.5%)	498	17.1%	(12.9%-21.3%)	202	22.2%	(18.0%-26.4%)	290
Grade 8	31.0%	(26.9%-35.2%)	851	33.2%	(27.3%-39.1%)	443	29.0%	(24.9%-33.0%)	402
----Hispanic Ethnicity----									
Hispanic	19.6%	(11.7%-27.4%)	49	13.1%	(5.2%-21.1%)	18	28.0%	(12.9%-43.0%)~	31
Non-Hispanic	26.2%	(23.4%-28.9%)	1,281	26.7%	(23.0%-30.4%)	622	25.8%	(23.2%-28.3%)	646
----Race----									
American Indian or Alaskan Native	32.3%	(8.8%-55.8%)~	17	39.4%	(0.0%-79.9%)~	10	25.9%	(6.8%-45.1%)~	7
Asian	21.9%	(11.0%-32.7%)~	35	23.2%	(10.9%-35.6%)~	17	21.3%	(7.2%-35.5%)~	18
Black or African American	30.7%	(19.4%-42.0%)~	113	31.4%	(19.2%-43.7%)~	53	30.9%	(17.6%-44.2%)~	60
Native Hawaiian or Other Pacific Islander	49.7%	(12.0%-87.4%)~	8	*	*	*	*	*	*
White	24.6%	(22.3%-27.0%)	1,067	24.3%	(21.1%-27.5%)	503	25.0%	(22.7%-27.2%)	552
Multiple Races	36.1%	(28.8%-43.5%)	100	38.4%	(20.7%-56.0%)~	52	33.1%	(23.9%-42.4%)	45

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day?
(mn67b)*

Percentage of students who answered 'No risk' or 'Slight risk'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.2%	(30.0%-34.4%)	1,722	30.3%	(27.2%-33.4%)	771	34.5%	(31.7%-37.2%)	937
----Age----									
12 or younger	32.5%	(29.1%-35.9%)	495	31.6%	(26.1%-37.1%)	233	34.3%	(27.6%-41.0%)	260
13	32.3%	(29.7%-34.9%)	857	30.0%	(25.2%-34.8%)	373	34.5%	(30.8%-38.3%)	475
14 or older	31.6%	(26.9%-36.3%)	362	28.9%	(22.2%-35.5%)	162	34.2%	(28.3%-40.2%)	200
----Grade----									
Grade 7	33.2%	(30.9%-35.5%)	843	31.3%	(28.1%-34.6%)	370	35.3%	(31.7%-39.0%)	465
Grade 8	31.5%	(28.5%-34.4%)	867	29.6%	(25.3%-33.8%)	397	33.4%	(29.2%-37.5%)	463
----Hispanic Ethnicity----									
Hispanic	31.5%	(22.8%-40.3%)	78	23.6%	(11.5%-35.7%)~	32	42.3%	(29.5%-55.1%)~	45
Non-Hispanic	32.6%	(30.2%-35.0%)	1,602	30.6%	(27.2%-34.0%)	714	34.7%	(31.9%-37.6%)	876
----Race----									
American Indian or Alaskan Native	28.5%	(7.9%-49.0%)~	16	*	*	*	*	*	*
Asian	26.2%	(12.5%-39.9%)~	43	28.2%	(6.1%-50.4%)~	22	25.2%	(8.0%-42.5%)~	22
Black or African American	18.5%	(6.7%-30.3%)~	67	21.2%	(2.7%-39.6%)~	35	16.7%	(6.5%-27.0%)~	32
Native Hawaiian or Other Pacific Islander	36.2%	(0.0%-80.0%)~	6	*	*	*	*	*	*
White	33.5%	(31.0%-36.0%)	1,461	31.4%	(28.0%-34.8%)	653	35.8%	(32.9%-38.7%)	797
Multiple Races	32.4%	(24.7%-40.1%)	91	26.2%	(12.0%-40.4%)~	35	37.6%	(24.7%-50.4%)~	52

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)

Percentage of students who answered 'No risk' or 'Slight risk'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.1%	(10.2%-14.0%)	644	10.3%	(7.4%-13.1%)	261	14.0%	(12.2%-15.7%)	377
----Age----									
12 or younger	12.9%	(10.2%-15.6%)	195	11.7%	(8.1%-15.3%)	86	14.2%	(11.0%-17.3%)	107
13	11.8%	(9.3%-14.2%)	313	11.0%	(6.5%-15.5%)	137	12.6%	(10.8%-14.3%)	173
14 or older	12.1%	(9.5%-14.8%)	137	7.0%	(4.3%-9.8%)	39	17.1%	(13.2%-21.0%)	98
----Grade----									
Grade 7	12.6%	(10.2%-14.9%)	317	11.9%	(8.7%-15.1%)	140	13.3%	(10.5%-16.1%)	174
Grade 8	11.6%	(9.9%-13.3%)	318	8.8%	(6.0%-11.6%)	118	14.3%	(12.4%-16.2%)	197
----Hispanic Ethnicity----									
Hispanic	19.7%	(10.9%-28.5%)	49	16.8%	(5.8%-27.9%)~	23	23.7%	(10.0%-37.4%)~	26
Non-Hispanic	11.8%	(9.7%-13.9%)	576	10.0%	(6.9%-13.1%)	232	13.5%	(11.7%-15.3%)	338
----Race----									
American Indian or Alaskan Native	21.0%	(1.4%-40.7%)~	11	*	*	*	*	*	*
Asian	14.5%	(3.5%-25.4%)~	23	11.4%	(2.3%-20.4%)	9	17.8%	(1.5%-34.1%)~	15
Black or African American	9.7%	(2.2%-17.3%)	35	10.5%	(0.1%-20.8%)~	17	9.4%	(2.7%-16.0%)	18
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.4%	(11.0%-13.8%)	536	10.3%	(7.7%-12.9%)	213	14.5%	(13.1%-15.9%)	320
Multiple Races	6.5%	(2.4%-10.6%)	18	6.7%	(0.3%-13.1%)	9	4.3%	(0.0%-8.7%)	6

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
If a kid drank some alcohol in your community, would they be caught by the police? (mn69b)
Percentage of students who answered 'Probably not' or 'Definitely not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	55.0%	(51.8%-58.2%)	2,929	55.5%	(51.0%-60.0%)	1,405	54.8%	(51.7%-57.9%)	1,490
----Age----									
12 or younger	46.7%	(42.7%-50.7%)	707	44.7%	(38.6%-50.8%)	330	49.2%	(44.1%-54.3%)	367
13	57.6%	(52.5%-62.8%)	1,533	59.1%	(52.9%-65.3%)	730	56.1%	(50.5%-61.7%)	780
14 or older	60.5%	(53.8%-67.2%)	686	62.4%	(53.0%-71.9%)	346	58.6%	(51.5%-65.7%)	341
----Grade----									
Grade 7	48.7%	(45.1%-52.2%)	1,238	47.9%	(42.9%-52.9%)	567	49.7%	(46.0%-53.3%)	654
Grade 8	61.2%	(56.3%-66.0%)	1,675	62.5%	(56.1%-68.8%)	830	59.6%	(54.7%-64.5%)	826
----Hispanic Ethnicity----									
Hispanic	54.8%	(45.5%-64.1%)	136	54.4%	(40.4%-68.5%)~	74	56.4%	(39.1%-73.7%)~	62
Non-Hispanic	55.9%	(52.3%-59.5%)	2,743	56.6%	(51.4%-61.7%)	1,315	55.2%	(52.1%-58.3%)	1,394
----Race----									
American Indian or Alaskan Native	68.6%	(52.2%-85.0%)~	36	76.4%	(56.9%-95.9%)~	21	60.1%	(33.6%-86.5%)~	15
Asian	48.7%	(39.4%-58.1%)	80	49.1%	(30.2%-67.9%)~	38	49.9%	(31.5%-68.4%)~	43
Black or African American	54.3%	(48.6%-59.9%)	199	49.0%	(39.8%-58.3%)	82	57.5%	(51.9%-63.0%)	112
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	55.1%	(51.3%-58.8%)	2,388	55.8%	(51.0%-60.7%)	1,153	54.5%	(50.6%-58.4%)	1,209
Multiple Races	63.2%	(49.7%-76.6%)~	176	63.2%	(49.4%-77.0%)~	86	62.3%	(45.7%-78.9%)~	86

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)
Percentage of students who answered 'Strongly approve' or 'Approve'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.3%	(0.8%-1.8%)	71	1.2%	(0.4%-2.0%)	30	1.5%	(0.8%-2.2%)	40
----Age----									
12 or younger	0.7%	(0.0%-1.3%)	10	*	*	*	*	*	*
13	1.5%	(0.8%-2.3%)	41	1.1%	(0.0%-2.2%)	14	1.9%	(0.9%-3.0%)	27
14 or older	1.5%	(0.3%-2.7%)	18	*	*	*	*	*	*
----Grade----									
Grade 7	1.0%	(0.3%-1.7%)	25	0.8%	(0.1%-1.5%)	9	1.2%	(0.3%-2.1%)	16
Grade 8	1.6%	(0.7%-2.5%)	43	1.6%	(0.3%-2.8%)	21	1.6%	(0.5%-2.7%)	22
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.4%	(0.8%-1.9%)	69	1.3%	(0.5%-2.2%)	30	1.5%	(0.7%-2.3%)	38
----Race----									
American Indian or Alaskan Native	11.5%	(0.0%-25.2%)~	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.3%	(0.7%-2.0%)	58	1.3%	(0.3%-2.3%)	27	1.4%	(0.5%-2.3%)	31
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How wrong do your parents or guardians feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165a)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.7%	(3.2%-4.3%)	201	3.5%	(2.6%-4.5%)	91	4.0%	(3.1%-4.9%)	110
----Age----									
12 or younger	2.9%	(1.9%-4.0%)	44	2.6%	(0.8%-4.3%)	19	3.4%	(1.8%-4.9%)	25
13	3.5%	(2.7%-4.4%)	96	3.4%	(2.2%-4.6%)	44	3.7%	(2.5%-4.9%)	51
14 or older	5.5%	(3.8%-7.2%)	61	5.4%	(2.8%-8.1%)	27	5.6%	(3.7%-7.4%)	33
----Grade----									
Grade 7	2.9%	(2.2%-3.5%)	74	2.3%	(1.3%-3.2%)	28	3.5%	(2.4%-4.5%)	46
Grade 8	4.3%	(3.2%-5.3%)	118	4.4%	(3.0%-5.7%)	59	4.2%	(2.7%-5.8%)	59
----Hispanic Ethnicity----									
Hispanic	5.8%	(1.9%-9.7%)	16	6.5%	(2.3%-10.7%)	9	5.1%	(0.4%-9.9%)	7
Non-Hispanic	3.6%	(3.0%-4.2%)	177	3.3%	(2.2%-4.5%)	77	4.0%	(3.1%-4.8%)	99
----Race----									
American Indian or Alaskan Native	10.3%	(0.5%-20.1%)	6	*	*	*	*	*	*
Asian	7.3%	(2.2%-12.3%)	12	*	*	*	*	*	*
Black or African American	5.6%	(3.9%-7.3%)	22	5.4%	(2.2%-8.6%)	10	6.0%	(3.8%-8.3%)	12
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.3%	(2.7%-3.9%)	143	3.1%	(2.1%-4.2%)	65	3.5%	(2.7%-4.4%)	78
Multiple Races	3.7%	(0.4%-6.9%)	9	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 9 Marijuana

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Have you ever used marijuana? (mn74)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(3.6%-6.0%)	259	5.5%	(3.8%-7.2%)	143	4.2%	(2.9%-5.5%)	115
----Age----									
12 or younger	2.5%	(1.7%-3.2%)	38	2.7%	(1.3%-4.1%)	21	2.3%	(1.3%-3.3%)	17
13	4.9%	(3.4%-6.3%)	133	5.8%	(3.8%-7.8%)	76	4.0%	(2.5%-5.6%)	56
14 or older	8.0%	(5.3%-10.6%)	88	9.3%	(5.7%-12.9%)	47	6.9%	(3.8%-10.1%)	41
----Grade----									
Grade 7	2.8%	(1.8%-3.8%)	73	2.8%	(1.7%-4.0%)	34	2.9%	(1.7%-4.1%)	39
Grade 8	6.4%	(4.4%-8.4%)	177	7.6%	(4.7%-10.5%)	103	5.2%	(3.2%-7.3%)	73
----Hispanic Ethnicity----									
Hispanic	9.0%	(4.9%-13.0%)	24	7.2%	(2.4%-12.0%)	10	11.1%	(3.6%-18.6%)	14
Non-Hispanic	4.7%	(3.5%-5.9%)	231	5.5%	(3.8%-7.3%)	130	4.0%	(2.8%-5.1%)	99
----Race----									
American Indian or Alaskan Native	17.3%	(4.2%-30.4%)~	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	7.2%	(3.9%-10.5%)	28	6.8%	(2.7%-10.9%)	13	7.8%	(3.6%-12.0%)	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.3%	(3.0%-5.5%)	187	5.0%	(3.2%-6.8%)	104	3.6%	(2.5%-4.8%)	81
Multiple Races	6.9%	(2.7%-11.2%)	17	6.7%	(2.4%-11.0%)	8	7.2%	(0.8%-13.7%)	9

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How old were you when you tried marijuana for the first time? (mn75)

Among students who have tried marijuana, the percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.9%	(18.0%-27.9%)	58	19.2%	(12.6%-25.9%)	27	27.9%	(20.5%-35.3%)	31
----Age----									
12 or younger	31.3%	(15.0%-47.7%)~	11	*	*	*	*	*	*
13	29.3%	(18.9%-39.6%)~	38	23.8%	(12.3%-35.2%)~	18	37.2%	(22.8%-51.6%)~	21
14 or older	9.7%	(3.2%-16.3%)	8	*	*	*	*	*	*
----Grade----									
Grade 7	21.5%	(12.8%-30.2%)	15	19.5%	(8.0%-31.0%)~	7	23.4%	(9.4%-37.4%)~	8
Grade 8	21.4%	(14.5%-28.2%)	37	15.9%	(9.2%-22.6%)	16	29.4%	(20.3%-38.4%)	21
----Hispanic Ethnicity----									
Hispanic	30.1%	(3.1%-57.2%)~	7	*	*	*	*	*	*
Non-Hispanic	22.0%	(15.7%-28.4%)	50	18.8%	(11.1%-26.4%)	24	26.7%	(18.3%-35.1%)	25
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	33.9%	(12.0%-55.8%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.5%	(12.6%-24.4%)	33	15.2%	(6.4%-24.0%)	16	23.2%	(13.9%-32.5%)	18
Multiple Races	37.1%	(9.9%-64.3%)~	6	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
How old were you when you tried marijuana for the first time? (mn75_2)
Percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.1%	(0.8%-1.4%)	58	1.0%	(0.6%-1.5%)	27	1.1%	(0.8%-1.5%)	31
----Age----									
12 or younger	0.7%	(0.2%-1.2%)	11	*	*	*	*	*	*
13	1.4%	(1.0%-1.8%)	38	1.3%	(0.8%-1.9%)	18	1.5%	(0.9%-2.2%)	21
14 or older	0.8%	(0.2%-1.3%)	8	*	*	*	*	*	*
----Grade----									
Grade 7	0.6%	(0.3%-0.9%)	15	0.5%	(0.1%-1.0%)	7	0.6%	(0.2%-1.0%)	8
Grade 8	1.3%	(0.8%-1.9%)	37	1.2%	(0.6%-1.8%)	16	1.5%	(0.8%-2.2%)	21
----Hispanic Ethnicity----									
Hispanic	2.6%	(0.0%-5.5%)	7	*	*	*	*	*	*
Non-Hispanic	1.0%	(0.7%-1.3%)	50	1.0%	(0.6%-1.5%)	24	1.0%	(0.6%-1.4%)	25
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.4%	(0.0%-4.9%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.8%	(0.5%-1.1%)	33	0.8%	(0.3%-1.2%)	16	0.8%	(0.4%-1.2%)	18
Multiple Races	2.6%	(0.3%-4.8%)	6	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 30 days, how many times did you use marijuana? (mn76)
Percentage of students who answered at least 1 time

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.9%	(2.1%-3.7%)	157	3.4%	(2.0%-4.8%)	87	2.5%	(1.6%-3.4%)	69
----Age----									
12 or younger	1.5%	(1.0%-2.1%)	24	1.8%	(0.7%-2.8%)	14	1.4%	(0.6%-2.1%)	10
13	3.2%	(2.2%-4.2%)	86	3.8%	(2.3%-5.3%)	49	2.6%	(1.6%-3.5%)	35
14 or older	4.3%	(2.5%-6.1%)	47	4.9%	(1.7%-8.0%)	24	3.9%	(1.8%-5.9%)	23
----Grade----									
Grade 7	1.8%	(1.0%-2.5%)	46	1.7%	(0.7%-2.7%)	20	1.9%	(1.0%-2.8%)	25
Grade 8	3.7%	(2.4%-5.0%)	103	4.6%	(2.5%-6.6%)	61	2.9%	(1.7%-4.1%)	40
----Hispanic Ethnicity----									
Hispanic	4.3%	(0.7%-8.0%)	12	*	*	*	*	*	*
Non-Hispanic	2.9%	(2.1%-3.7%)	141	3.5%	(2.1%-4.9%)	82	2.3%	(1.6%-3.1%)	59
----Race----									
American Indian or Alaskan Native	10.8%	(0.1%-21.5%)~	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	3.5%	(1.7%-5.4%)	14	3.8%	(0.5%-7.1%)	7	3.3%	(0.4%-6.3%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.6%	(1.9%-3.4%)	114	3.1%	(1.8%-4.3%)	63	2.2%	(1.4%-3.1%)	50
Multiple Races	5.1%	(1.7%-8.5%)	13	5.5%	(1.5%-9.6%)	7	4.8%	(0.5%-9.2%)	6

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)
Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.0%	(14.6%-19.4%)	896	18.3%	(14.6%-22.0%)	462	15.5%	(13.7%-17.3%)	418
----Age----									
12 or younger	13.5%	(10.7%-16.4%)	200	14.3%	(10.6%-18.0%)	104	12.4%	(8.6%-16.1%)	90
13	16.7%	(13.6%-19.8%)	446	18.2%	(14.3%-22.1%)	234	15.2%	(12.0%-18.4%)	206
14 or older	22.3%	(18.3%-26.4%)	247	24.8%	(16.2%-33.3%)	123	20.1%	(17.5%-22.8%)	121
----Grade----									
Grade 7	13.3%	(10.8%-15.7%)	330	13.9%	(10.7%-17.2%)	163	12.2%	(9.9%-14.5%)	157
Grade 8	20.2%	(16.4%-23.9%)	555	21.9%	(16.2%-27.7%)	294	18.4%	(15.7%-21.1%)	255
----Hispanic Ethnicity----									
Hispanic	26.8%	(20.7%-32.9%)	71	23.2%	(15.0%-31.5%)	33	31.5%	(21.5%-41.4%)	39
Non-Hispanic	16.7%	(14.2%-19.2%)	805	18.3%	(14.5%-22.1%)	420	14.9%	(13.2%-16.7%)	369
----Race----									
American Indian or Alaskan Native	34.9%	(20.3%-49.5%)~	18	44.3%	(9.9%-78.7%)~	12	25.0%	(5.5%-44.5%)~	6
Asian	14.3%	(7.2%-21.4%)	23	9.1%	(3.2%-15.1%)	7	19.0%	(7.4%-30.6%)~	16
Black or African American	16.7%	(12.8%-20.6%)	62	18.2%	(10.7%-25.6%)	33	16.0%	(11.4%-20.6%)	30
Native Hawaiian or Other Pacific Islander	30.4%	(12.5%-48.2%)~	8	*	*	*	*	*	*
White	16.6%	(14.2%-19.0%)	712	18.2%	(14.3%-22.0%)	371	14.8%	(13.1%-16.5%)	327
Multiple Races	20.2%	(10.5%-29.9%)	51	19.8%	(8.5%-31.2%)~	24	21.1%	(10.2%-32.0%)~	27

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How wrong do your parents or guardians feel it would be for you to use marijuana? (mn193a)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.6%	(4.4%-6.7%)	298	6.1%	(3.9%-8.3%)	156	5.1%	(4.2%-5.9%)	138
----Age----									
12 or younger	4.6%	(3.1%-6.0%)	69	4.4%	(1.5%-7.4%)	33	4.6%	(3.0%-6.3%)	34
13	5.4%	(4.4%-6.3%)	145	6.5%	(4.3%-8.7%)	85	4.3%	(3.4%-5.2%)	60
14 or older	7.4%	(4.6%-10.3%)	83	7.4%	(3.5%-11.4%)	37	7.3%	(4.7%-9.9%)	44
----Grade----									
Grade 7	4.5%	(3.3%-5.8%)	115	4.3%	(2.4%-6.3%)	52	4.7%	(3.2%-6.2%)	62
Grade 8	6.4%	(4.7%-8.1%)	177	7.4%	(4.6%-10.2%)	100	5.3%	(4.0%-6.6%)	75
----Hispanic Ethnicity----									
Hispanic	8.1%	(4.5%-11.6%)	22	7.1%	(0.8%-13.3%)	10	9.3%	(5.1%-13.5%)	12
Non-Hispanic	5.5%	(4.2%-6.7%)	267	6.1%	(3.8%-8.3%)	141	4.9%	(3.9%-5.8%)	122
----Race----									
American Indian or Alaskan Native	12.9%	(5.7%-20.1%)	7	*	*	*	*	*	*
Asian	4.7%	(0.1%-9.3%)	8	*	*	*	*	*	*
Black or African American	6.4%	(3.7%-9.1%)	25	6.8%	(1.2%-12.5%)	13	6.3%	(0.8%-11.7%)	12
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.2%	(3.9%-6.4%)	224	5.6%	(3.4%-7.7%)	115	4.8%	(3.6%-5.9%)	106
Multiple Races	9.5%	(5.8%-13.1%)	24	11.1%	(5.0%-17.2%)	13	8.2%	(2.9%-13.6%)	11

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	31.3%	(28.3%-34.2%)	1,654	28.4%	(24.2%-32.6%)	715	33.6%	(30.7%-36.5%)	910
----Age----									
12 or younger	27.6%	(23.4%-31.9%)	409	26.0%	(20.5%-31.4%)	189	28.5%	(23.8%-33.2%)	209
13	31.6%	(28.7%-34.5%)	847	29.2%	(24.2%-34.2%)	374	33.7%	(30.5%-36.9%)	462
14 or older	35.5%	(31.5%-39.4%)	392	30.0%	(24.0%-35.9%)	149	39.9%	(36.1%-43.8%)	240
----Grade----									
Grade 7	29.0%	(25.5%-32.6%)	725	27.0%	(22.1%-31.9%)	314	30.3%	(26.6%-34.0%)	394
Grade 8	33.0%	(29.6%-36.5%)	909	29.3%	(24.7%-33.9%)	393	36.5%	(33.1%-39.9%)	508
----Hispanic Ethnicity----									
Hispanic	38.0%	(30.0%-46.0%)	101	38.2%	(26.2%-50.3%)~	52	37.4%	(26.5%-48.2%)~	47
Non-Hispanic	31.1%	(28.3%-33.9%)	1,501	27.8%	(23.9%-31.7%)	636	33.9%	(31.2%-36.6%)	843
----Race----									
American Indian or Alaskan Native	54.1%	(39.3%-69.0%)~	30	53.5%	(26.9%-80.1%)~	16	54.8%	(34.0%-75.6%)~	15
Asian	26.9%	(18.6%-35.2%)	45	25.4%	(10.7%-40.1%)~	20	28.5%	(18.3%-38.7%)~	25
Black or African American	26.9%	(22.0%-31.7%)	101	27.5%	(21.6%-33.5%)	49	24.8%	(17.5%-32.2%)	47
Native Hawaiian or Other Pacific Islander	49.5%	(24.0%-75.0%)~	13	*	*	*	*	*	*
White	31.4%	(28.5%-34.3%)	1,347	27.6%	(23.7%-31.6%)	563	34.6%	(31.8%-37.4%)	764
Multiple Races	35.2%	(26.2%-44.3%)	88	32.9%	(22.4%-43.5%)~	39	35.8%	(21.2%-50.4%)~	46

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
How wrong do your friends feel it would be for you to use marijuana? (mn195)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.1%	(12.6%-17.5%)	798	14.8%	(11.1%-18.4%)	373	15.3%	(12.5%-18.2%)	414
----Age----									
12 or younger	9.3%	(6.3%-12.3%)	141	7.9%	(3.5%-12.2%)	58	10.8%	(7.2%-14.4%)	80
13	15.9%	(12.7%-19.1%)	420	17.4%	(12.7%-22.1%)	215	14.5%	(11.6%-17.5%)	200
14 or older	20.7%	(15.8%-25.7%)	234	18.3%	(12.2%-24.3%)	99	23.0%	(14.7%-31.3%)	135
----Grade----									
Grade 7	10.8%	(7.4%-14.3%)	274	9.6%	(5.0%-14.2%)	114	12.0%	(8.7%-15.2%)	155
Grade 8	18.8%	(15.5%-22.2%)	515	19.3%	(14.6%-24.1%)	256	18.5%	(13.4%-23.6%)	256
----Hispanic Ethnicity----									
Hispanic	14.1%	(5.2%-23.0%)	33	12.9%	(0.0%-26.2%)~	17	15.9%	(3.4%-28.4%)~	16
Non-Hispanic	15.4%	(12.9%-17.8%)	753	15.2%	(11.6%-18.8%)	353	15.6%	(12.7%-18.4%)	393
----Race----									
American Indian or Alaskan Native	20.4%	(3.3%-37.5%)~	11	*	*	*	*	*	*
Asian	12.7%	(3.2%-22.2%)	21	15.9%	(0.4%-31.4%)~	12	10.4%	(0.0%-21.0%)~	9
Black or African American	12.0%	(7.8%-16.3%)	44	10.7%	(2.3%-19.1%)	18	13.5%	(7.8%-19.2%)	26
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.9%	(12.3%-17.4%)	642	13.9%	(10.6%-17.2%)	287	15.7%	(12.7%-18.8%)	347
Multiple Races	18.9%	(10.3%-27.6%)	53	23.3%	(6.9%-39.7%)~	31	13.1%	(6.6%-19.7%)	18

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Do you think using marijuana would negatively impact your goals or future? (mn205)
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	96.9%	(96.3%-97.6%)	5,163	97.6%	(96.7%-98.5%)	2,484	96.5%	(95.6%-97.4%)	2,609
----Age----									
12 or younger	98.1%	(97.0%-99.1%)	1,505	98.6%	(97.4%-99.9%)	738	97.4%	(95.6%-99.2%)	734
13	96.1%	(95.3%-96.9%)	2,532	96.6%	(94.9%-98.2%)	1,194	95.8%	(94.2%-97.4%)	1,307
14 or older	97.6%	(96.5%-98.7%)	1,113	98.3%	(96.4%-100.0%)	548	96.9%	(94.5%-99.4%)	565
----Grade----									
Grade 7	98.0%	(97.0%-98.9%)	2,501	98.4%	(97.4%-99.5%)	1,173	97.5%	(95.9%-99.0%)	1,284
Grade 8	96.2%	(95.5%-96.8%)	2,621	97.0%	(95.5%-98.6%)	1,295	95.5%	(94.2%-96.8%)	1,309
----Hispanic Ethnicity----									
Hispanic	93.6%	(89.1%-98.2%)	224	95.5%	(90.4%-100.0%)	128	91.1%	(81.9%-100.0%)	94
Non-Hispanic	97.1%	(96.5%-97.7%)	4,773	97.7%	(96.6%-98.8%)	2,284	96.6%	(95.8%-97.4%)	2,432
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	96.1%	(93.5%-98.8%)	353	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	97.1%	(96.4%-97.7%)	4,217	97.3%	(96.2%-98.5%)	2,026	96.9%	(95.9%-97.8%)	2,141
Multiple Races	95.3%	(91.3%-99.3%)	258	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 10
Other Drugs

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.9%	(6.6%-9.1%)	422	8.6%	(7.0%-10.2%)	221	7.1%	(5.7%-8.6%)	195
---Age---									
12 or younger	6.7%	(4.3%-9.0%)	101	7.6%	(4.9%-10.3%)	57	5.9%	(3.3%-8.5%)	44
13	7.7%	(6.4%-9.0%)	209	7.8%	(5.9%-9.8%)	102	7.5%	(5.8%-9.2%)	103
14 or older	9.8%	(7.0%-12.5%)	109	12.0%	(7.9%-16.2%)	61	7.7%	(4.8%-10.6%)	46
---Grade---									
Grade 7	7.6%	(5.6%-9.6%)	196	8.2%	(5.4%-11.0%)	99	7.1%	(5.0%-9.2%)	94
Grade 8	7.9%	(6.6%-9.1%)	217	8.6%	(7.0%-10.3%)	117	7.0%	(5.2%-8.8%)	98
---Hispanic Ethnicity---									
Hispanic	15.4%	(10.4%-20.3%)	41	18.7%	(12.3%-25.2%)	26	12.1%	(4.7%-19.5%)	15
Non-Hispanic	7.5%	(6.2%-8.9%)	368	7.9%	(6.3%-9.6%)	186	7.1%	(5.5%-8.7%)	177
---Race---									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	11.1%	(3.6%-18.7%)	19	10.2%	(2.0%-18.3%)	8	12.1%	(1.2%-23.0%)~	11
Black or African American	10.8%	(7.0%-14.5%)	42	13.3%	(8.9%-17.6%)	25	7.9%	(4.0%-11.9%)	15
Native Hawaiian or Other Pacific Islander	26.4%	(7.9%-44.9%)~	7	*	*	*	*	*	*
White	7.0%	(5.7%-8.2%)	303	7.5%	(6.2%-8.9%)	156	6.4%	(4.6%-8.2%)	143
Multiple Races	13.2%	(7.7%-18.7%)	34	11.4%	(4.6%-18.3%)	14	15.2%	(9.0%-21.4%)	20

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 30 days, how many times did you take a prescription drug (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) without a doctor's prescription? (mn88b)

Percentage of students who answered at least 1 time

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(4.0%-5.6%)	259	5.1%	(4.2%-5.9%)	131	4.6%	(3.5%-5.6%)	125
----Age----									
12 or younger	4.6%	(3.7%-5.6%)	71	5.4%	(3.7%-7.2%)	41	3.9%	(2.7%-5.2%)	30
13	4.6%	(3.2%-6.0%)	125	4.4%	(2.6%-6.3%)	58	4.6%	(3.2%-6.1%)	64
14 or older	5.6%	(4.1%-7.1%)	62	6.3%	(4.0%-8.5%)	31	5.0%	(3.0%-7.1%)	30
----Grade----									
Grade 7	4.9%	(3.8%-6.0%)	126	5.0%	(3.7%-6.3%)	61	4.8%	(3.2%-6.5%)	64
Grade 8	4.4%	(3.3%-5.5%)	122	4.7%	(3.4%-6.1%)	64	4.0%	(2.7%-5.4%)	57
----Hispanic Ethnicity----									
Hispanic	9.9%	(5.0%-14.8%)	27	11.8%	(5.5%-18.0%)	17	8.1%	(0.3%-15.9%)	10
Non-Hispanic	4.7%	(3.8%-5.5%)	229	4.8%	(3.8%-5.7%)	111	4.6%	(3.5%-5.7%)	115
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	6.5%	(0.3%-12.8%)	11	*	*	*	*	*	*
Black or African American	5.3%	(2.9%-7.7%)	21	5.3%	(2.3%-8.4%)	10	5.5%	(2.1%-8.9%)	11
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.6%	(3.7%-5.5%)	200	5.0%	(4.0%-6.0%)	104	4.1%	(2.9%-5.3%)	93
Multiple Races	7.9%	(3.4%-12.4%)	20	7.6%	(0.6%-14.6%)	9	8.4%	(2.4%-14.3%)	10

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*How wrong do your parents or guardians feel it would be for you to take prescription drugs not prescribed to you? (mn176a)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.3%	(3.2%-5.5%)	229	4.9%	(3.3%-6.4%)	123	3.7%	(2.5%-4.9%)	100
----Age----									
12 or younger	3.8%	(2.1%-5.5%)	57	4.0%	(1.4%-6.7%)	30	3.7%	(2.3%-5.2%)	28
13	3.9%	(2.1%-5.7%)	104	4.7%	(2.2%-7.2%)	58	3.1%	(1.4%-4.8%)	42
14 or older	5.5%	(3.5%-7.6%)	63	6.4%	(2.8%-10.0%)	35	4.7%	(1.7%-7.7%)	28
----Grade----									
Grade 7	3.9%	(2.9%-5.0%)	99	4.2%	(2.5%-5.9%)	50	3.6%	(2.2%-4.9%)	46
Grade 8	4.5%	(3.0%-6.0%)	123	5.3%	(3.1%-7.5%)	70	3.8%	(2.2%-5.5%)	53
----Hispanic Ethnicity----									
Hispanic	7.6%	(1.8%-13.4%)	18	6.8%	(0.0%-14.9%)	9	8.7%	(0.0%-18.1%)	9
Non-Hispanic	4.1%	(3.0%-5.2%)	199	4.5%	(3.1%-6.0%)	106	3.6%	(2.3%-4.8%)	90
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	9.2%	(0.0%-20.7%)~	14	*	*	*	*	*	*
Black or African American	4.6%	(2.1%-7.0%)	16	5.6%	(1.2%-10.0%)	9	3.8%	(0.7%-6.9%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.1%	(2.9%-5.2%)	176	4.7%	(3.2%-6.2%)	98	3.4%	(2.0%-4.8%)	76
Multiple Races	6.1%	(2.3%-9.9%)	16	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.0%	(8.5%-11.5%)	525	10.3%	(8.5%-12.1%)	257	9.9%	(8.0%-11.9%)	266
----Age----									
12 or younger	9.3%	(5.6%-13.0%)	138	10.3%	(5.0%-15.6%)	75	8.7%	(5.6%-11.8%)	64
13	10.0%	(7.9%-12.1%)	262	10.3%	(7.7%-12.8%)	126	9.9%	(6.6%-13.1%)	133
14 or older	10.9%	(7.3%-14.5%)	123	10.3%	(6.5%-14.0%)	56	11.4%	(6.5%-16.3%)	66
----Grade----									
Grade 7	9.1%	(6.7%-11.5%)	228	9.0%	(5.9%-12.0%)	105	9.4%	(6.7%-12.1%)	121
Grade 8	10.7%	(8.5%-13.0%)	291	11.3%	(8.6%-14.0%)	149	10.4%	(7.2%-13.6%)	143
----Hispanic Ethnicity----									
Hispanic	12.1%	(3.3%-20.8%)	28	7.0%	(0.0%-19.3%)	9	18.9%	(3.5%-34.2%)~	19
Non-Hispanic	9.9%	(8.4%-11.3%)	478	10.3%	(8.6%-11.9%)	236	9.6%	(7.6%-11.6%)	239
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	12.9%	(0.5%-25.2%)~	20	12.3%	(0.0%-27.7%)~	9	13.8%	(0.0%-29.8%)~	11
Black or African American	10.4%	(4.7%-16.1%)	38	14.0%	(3.9%-24.2%)~	23	7.6%	(1.0%-14.3%)	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.6%	(8.0%-11.2%)	411	9.9%	(7.4%-12.3%)	203	9.4%	(7.4%-11.4%)	206
Multiple Races	14.6%	(10.5%-18.6%)	38	13.4%	(5.6%-21.3%)	17	16.4%	(9.3%-23.4%)	22

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

If you wanted to get prescription drugs (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) that were not prescribed to you, how easy would it be to get some? (mn184a)

Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.8%	(15.0%-18.5%)	880	18.6%	(16.4%-20.7%)	463	15.1%	(12.8%-17.3%)	405
---Age---									
12 or younger	16.0%	(12.8%-19.2%)	237	18.1%	(12.5%-23.7%)	130	14.6%	(11.1%-18.2%)	107
13	15.9%	(14.2%-17.7%)	418	16.6%	(13.3%-19.9%)	204	15.1%	(11.9%-18.3%)	205
14 or older	19.5%	(15.3%-23.6%)	219	23.5%	(19.3%-27.7%)	127	15.7%	(9.4%-22.1%)	92
---Grade---									
Grade 7	15.9%	(13.4%-18.5%)	398	16.4%	(12.4%-20.3%)	190	15.9%	(12.8%-19.0%)	205
Grade 8	17.5%	(15.3%-19.8%)	475	20.5%	(18.7%-22.4%)	270	14.5%	(11.1%-17.9%)	199
---Hispanic Ethnicity---									
Hispanic	17.6%	(10.0%-25.2%)	43	8.7%	(2.5%-15.0%)	12	29.6%	(14.4%-44.8%)~	31
Non-Hispanic	16.7%	(14.9%-18.4%)	810	19.3%	(16.8%-21.8%)	443	14.4%	(12.3%-16.6%)	361
---Race---									
American Indian or Alaskan Native	20.2%	(4.8%-35.7%)~	10	*	*	*	*	*	*
Asian	21.1%	(9.6%-32.6%)~	33	26.7%	(5.7%-47.7%)~	19	16.9%	(4.5%-29.3%)~	14
Black or African American	13.6%	(7.2%-20.0%)	49	13.9%	(7.2%-20.6%)	23	12.1%	(4.2%-20.0%)	23
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.1%	(14.2%-18.1%)	692	18.3%	(15.7%-21.0%)	373	14.5%	(12.1%-16.9%)	320
Multiple Races	27.0%	(19.6%-34.5%)	74	26.9%	(10.5%-43.3%)~	37	23.5%	(13.8%-33.2%)	31

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them? (mn95)
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.6%	(9.0%-12.1%)	558	9.9%	(8.1%-11.7%)	250	11.3%	(9.2%-13.5%)	305
---Age---									
12 or younger	12.0%	(9.3%-14.6%)	179	13.2%	(8.6%-17.8%)	96	11.3%	(8.2%-14.3%)	83
13	10.7%	(8.8%-12.6%)	280	10.0%	(7.1%-12.9%)	124	11.3%	(9.2%-13.4%)	154
14 or older	8.3%	(5.4%-11.3%)	95	5.6%	(2.5%-8.7%)	31	10.9%	(6.1%-15.8%)	64
---Grade---									
Grade 7	12.3%	(10.4%-14.2%)	307	12.8%	(9.4%-16.2%)	150	12.0%	(9.3%-14.7%)	155
Grade 8	9.0%	(6.7%-11.3%)	246	7.3%	(5.6%-9.1%)	97	10.7%	(7.2%-14.3%)	149
---Hispanic Ethnicity---									
Hispanic	13.9%	(7.7%-20.0%)	34	11.3%	(5.1%-17.6%)	15	17.3%	(8.4%-26.3%)	19
Non-Hispanic	10.3%	(8.8%-11.8%)	500	9.6%	(7.8%-11.5%)	222	11.1%	(8.9%-13.4%)	278
---Race---									
American Indian or Alaskan Native	15.8%	(0.2%-31.3%)~	8	*	*	*	*	*	*
Asian	12.5%	(6.3%-18.6%)	20	11.3%	(0.0%-23.0%)~	8	14.0%	(1.3%-26.6%)~	11
Black or African American	11.9%	(3.3%-20.4%)	43	12.0%	(0.0%-24.8%)~	20	12.1%	(4.5%-19.7%)	23
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.2%	(8.6%-11.9%)	441	9.7%	(7.6%-11.8%)	200	10.9%	(8.8%-13.1%)	241
Multiple Races	11.5%	(4.2%-18.8%)	31	10.7%	(1.0%-20.5%)	14	12.9%	(1.8%-23.9%)~	17

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	66.2%	(63.2%-69.2%)	3,559	66.0%	(62.5%-69.5%)	1,700	66.5%	(62.4%-70.5%)	1,809
----Age----									
12 or younger	59.1%	(54.8%-63.3%)	912	56.3%	(50.2%-62.4%)	427	61.5%	(55.3%-67.6%)	463
13	68.6%	(64.6%-72.6%)	1,835	69.5%	(65.8%-73.2%)	874	68.3%	(62.4%-74.2%)	944
14 or older	69.9%	(64.6%-75.2%)	797	70.8%	(63.4%-78.3%)	395	68.9%	(63.4%-74.4%)	402
----Grade----									
Grade 7	60.9%	(56.7%-65.1%)	1,570	59.5%	(53.9%-65.1%)	721	62.2%	(56.6%-67.8%)	821
Grade 8	71.0%	(67.8%-74.2%)	1,954	71.7%	(68.2%-75.2%)	963	70.6%	(66.2%-75.1%)	979
----Hispanic Ethnicity----									
Hispanic	58.5%	(51.1%-65.9%)	144	54.1%	(42.7%-65.5%)~	74	65.5%	(51.0%-80.0%)~	70
Non-Hispanic	67.4%	(64.2%-70.5%)	3,331	67.6%	(63.9%-71.3%)	1,597	67.1%	(63.0%-71.3%)	1,694
----Race----									
American Indian or Alaskan Native	47.8%	(31.8%-63.7%)~	25	45.5%	(15.1%-75.8%)~	12	50.3%	(24.9%-75.7%)~	13
Asian	55.5%	(40.2%-70.9%)~	90	60.8%	(43.7%-77.8%)~	45	52.8%	(34.8%-70.8%)~	45
Black or African American	54.9%	(47.8%-62.0%)	202	48.2%	(38.9%-57.5%)	82	61.2%	(47.0%-75.3%)~	118
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	67.9%	(65.1%-70.6%)	2,976	68.0%	(64.5%-71.5%)	1,429	67.7%	(63.8%-71.6%)	1,509
Multiple Races	74.0%	(66.5%-81.6%)	208	77.5%	(66.7%-88.3%)~	108	71.5%	(59.0%-84.1%)~	96

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 12 months, how many times have you been drunk or high at school? (mn96a)
Percentage of students who answered at least 1 time

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.3%	(2.4%-4.2%)	178	3.0%	(1.5%-4.5%)	77	3.6%	(2.2%-4.9%)	98
----Age----									
12 or younger	2.1%	(0.6%-3.6%)	33	1.8%	(0.0%-3.8%)	13	2.6%	(0.8%-4.3%)	20
13	3.7%	(2.6%-4.8%)	99	3.6%	(2.0%-5.2%)	46	3.6%	(1.8%-5.4%)	50
14 or older	3.9%	(1.6%-6.1%)	44	3.2%	(0.1%-6.3%)	18	4.4%	(1.4%-7.5%)	26
----Grade----									
Grade 7	2.2%	(1.2%-3.2%)	58	1.6%	(0.2%-2.9%)	19	2.9%	(1.7%-4.2%)	39
Grade 8	4.2%	(2.6%-5.8%)	117	4.1%	(1.7%-6.5%)	55	4.2%	(1.8%-6.6%)	59
----Hispanic Ethnicity----									
Hispanic	5.8%	(0.8%-10.8%)	14	*	*	*	*	*	*
Non-Hispanic	3.2%	(2.3%-4.0%)	158	2.9%	(1.4%-4.4%)	69	3.4%	(2.2%-4.5%)	86
----Race----									
American Indian or Alaskan Native	12.7%	(0.0%-36.8%)~	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	3.5%	(1.6%-5.5%)	13	3.7%	(0.0%-7.9%)	6	3.5%	(0.9%-6.1%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.9%	(2.1%-3.6%)	127	2.5%	(1.4%-3.6%)	53	3.3%	(2.1%-4.6%)	74
Multiple Races	7.5%	(2.8%-12.2%)	21	4.0%	(0.0%-9.5%)	6	9.1%	(2.3%-15.9%)	12

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Has anyone offered, sold, or given you alcohol or drugs on school property? (mn218)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.3%	(4.9%-7.7%)	341	6.7%	(4.7%-8.8%)	174	5.9%	(4.5%-7.4%)	163
----Age----									
12 or younger	4.3%	(2.6%-6.0%)	67	3.3%	(1.1%-5.5%)	25	5.5%	(3.6%-7.4%)	42
13	6.7%	(5.2%-8.1%)	182	7.6%	(5.3%-9.9%)	100	5.8%	(4.0%-7.6%)	81
14 or older	8.0%	(5.3%-10.7%)	90	9.6%	(4.9%-14.2%)	48	6.6%	(3.1%-10.0%)	40
----Grade----									
Grade 7	4.5%	(3.0%-6.0%)	116	3.2%	(1.5%-4.8%)	39	5.8%	(4.0%-7.6%)	77
Grade 8	7.8%	(6.0%-9.7%)	219	9.7%	(6.7%-12.6%)	131	6.0%	(4.0%-8.0%)	85
----Hispanic Ethnicity----									
Hispanic	12.5%	(7.8%-17.2%)	34	12.0%	(6.1%-17.9%)	17	13.4%	(5.5%-21.2%)	17
Non-Hispanic	6.1%	(4.8%-7.4%)	299	6.5%	(4.4%-8.6%)	153	5.7%	(4.4%-7.0%)	143
----Race----									
American Indian or Alaskan Native	10.0%	(0.0%-21.4%)~	6	*	*	*	*	*	*
Asian	5.4%	(1.2%-9.6%)	9	*	*	*	*	*	*
Black or African American	8.7%	(4.4%-13.1%)	34	7.8%	(1.4%-14.2%)	15	9.9%	(4.8%-15.1%)	20
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.9%	(4.5%-7.4%)	260	6.6%	(4.3%-9.0%)	138	5.4%	(3.9%-6.8%)	120
Multiple Races	8.5%	(3.7%-13.4%)	22	5.7%	(0.0%-12.1%)	7	10.3%	(4.8%-15.8%)	13

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	93.5%	(92.1%-94.9%)	4,964	93.4%	(91.5%-95.3%)	2,376	93.7%	(92.2%-95.2%)	2,543
----Age----									
12 or younger	94.6%	(92.6%-96.7%)	1,403	91.5%	(87.8%-95.2%)	669	97.6%	(96.0%-99.3%)	725
13	94.2%	(92.4%-95.9%)	2,577	94.6%	(92.0%-97.2%)	1,271	93.8%	(91.4%-96.2%)	1,282
14 or older	90.5%	(87.3%-93.7%)	970	92.6%	(88.6%-96.7%)	420	88.7%	(83.6%-93.8%)	536
----Grade----									
Grade 7	94.9%	(93.3%-96.4%)	2,398	93.8%	(90.8%-96.8%)	1,111	96.0%	(94.5%-97.4%)	1,265
Grade 8	92.4%	(90.3%-94.6%)	2,550	93.2%	(91.0%-95.5%)	1,259	91.5%	(88.5%-94.5%)	1,267
----Hispanic Ethnicity----									
Hispanic	88.7%	(82.5%-95.0%)	263	90.5%	(83.8%-97.2%)	131	86.8%	(78.0%-95.5%)	130
Non-Hispanic	93.8%	(92.5%-95.0%)	4,486	93.4%	(91.5%-95.3%)	2,133	94.3%	(92.8%-95.8%)	2,315
----Race----									
American Indian or Alaskan Native	89.3%	(74.1%-100.0%)~	48	*	*	*	*	*	*
Asian	89.3%	(80.7%-97.8%)	160	88.0%	(77.9%-98.1%)~	78	90.4%	(76.3%-100.0%)~	82
Black or African American	88.3%	(81.0%-95.7%)	343	87.9%	(77.9%-97.9%)	173	88.2%	(79.4%-97.1%)	161
Native Hawaiian or Other Pacific Islander	76.8%	(45.3%-100.0%)~	28	*	*	*	*	*	*
White	94.4%	(93.0%-95.7%)	4,054	94.4%	(92.6%-96.1%)	1,916	94.6%	(92.9%-96.2%)	2,103
Multiple Races	94.1%	(88.5%-99.7%)	207	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 11

Sexual Behaviors

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Have you ever had sexual intercourse? (mn100)

Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.3%	(4.4%-6.2%)	283	4.3%	(3.1%-5.5%)	110	6.3%	(5.0%-7.5%)	169
----Age----									
12 or younger	2.6%	(1.6%-3.6%)	39	1.2%	(0.3%-2.0%)	9	4.1%	(2.1%-6.1%)	30
13	6.0%	(4.6%-7.4%)	162	5.4%	(3.8%-7.0%)	70	6.5%	(4.6%-8.3%)	89
14 or older	7.3%	(6.0%-8.6%)	80	6.2%	(3.4%-9.0%)	31	8.0%	(5.9%-10.1%)	48
----Grade----									
Grade 7	3.6%	(2.8%-4.5%)	92	1.9%	(1.1%-2.7%)	23	5.3%	(3.6%-7.0%)	69
Grade 8	6.6%	(5.2%-7.9%)	181	6.1%	(4.1%-8.1%)	81	6.9%	(5.5%-8.3%)	95
----Hispanic Ethnicity----									
Hispanic	9.6%	(3.7%-15.5%)	25	4.1%	(1.0%-7.2%)	6	16.2%	(5.6%-26.8%)~	19
Non-Hispanic	5.2%	(4.4%-6.1%)	253	4.4%	(3.1%-5.8%)	103	6.0%	(4.8%-7.2%)	148
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	7.0%	(1.8%-12.1%)	12	*	*	*	*	*	*
Black or African American	6.2%	(3.8%-8.5%)	23	4.0%	(1.3%-6.7%)	7	8.4%	(4.6%-12.3%)	16
Native Hawaiian or Other Pacific Islander	28.5%	(8.8%-48.2%)~	7	*	*	*	*	*	*
White	4.9%	(3.9%-5.9%)	210	4.2%	(2.9%-5.6%)	87	5.5%	(4.0%-6.9%)	120
Multiple Races	9.4%	(5.3%-13.6%)	24	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

The last time you had sexual intercourse, did you or your partner use a condom? (mn101)
Among students who have had sexual intercourse, the percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	51.1%	(44.5%-57.7%)	135	50.8%	(35.7%-65.8%)~	54	52.2%	(39.4%-65.0%)~	81
----Age----									
12 or younger	55.4%	(36.3%-74.6%)~	26	*	*	*	*	*	*
13	47.6%	(32.4%-62.7%)~	55	31.4%	(2.8%-60.0%)~	16	60.6%	(39.7%-81.6%)~	39
14 or older	53.2%	(33.6%-72.7%)~	54	63.3%	(36.2%-90.3%)~	29	47.1%	(20.2%-73.9%)~	25
----Grade----									
Grade 7	55.4%	(41.5%-69.4%)~	45	*	*	*	*	*	*
Grade 8	49.3%	(37.8%-60.8%)~	82	47.8%	(29.9%-65.7%)~	42	52.7%	(28.3%-77.1%)~	40
----Hispanic Ethnicity----									
Hispanic	47.2%	(0.0%-97.5%)~	13	*	*	*	*	*	*
Non-Hispanic	51.6%	(44.2%-59.0%)	119	46.8%	(31.9%-61.7%)~	46	55.1%	(38.6%-71.6%)~	73
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	39.5%	(0.0%-90.4%)~	6	*	*	*	*	*	*
Black or African American	56.4%	(23.5%-89.3%)~	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	54.3%	(47.9%-60.7%)	113	51.2%	(33.7%-68.6%)~	43	57.6%	(41.6%-73.6%)~	70
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 12

Nutrition

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116)
Percentage of students who ate fruit two or more times per day during the past seven days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	38.6%	(35.0%-42.2%)	2,085	38.1%	(34.0%-42.1%)	982	39.2%	(35.3%-43.2%)	1,080
----Age----									
12 or younger	38.1%	(33.6%-42.6%)	589	38.1%	(31.8%-44.4%)	291	37.5%	(31.7%-43.4%)	285
13	40.2%	(36.2%-44.1%)	1,094	39.5%	(34.7%-44.2%)	514	41.3%	(36.9%-45.7%)	574
14 or older	34.9%	(29.7%-40.2%)	388	33.5%	(27.1%-39.8%)	168	36.5%	(29.6%-43.5%)	220
----Grade----									
Grade 7	40.0%	(36.1%-43.9%)	1,038	40.3%	(34.2%-46.4%)	491	39.8%	(35.8%-43.8%)	533
Grade 8	37.3%	(33.0%-41.5%)	1,033	36.2%	(31.3%-41.1%)	487	38.7%	(33.7%-43.7%)	543
----Hispanic Ethnicity----									
Hispanic	40.8%	(31.5%-50.1%)	112	39.7%	(24.7%-54.6%)~	56	41.9%	(30.3%-53.5%)~	54
Non-Hispanic	38.6%	(35.0%-42.2%)	1,893	38.1%	(33.8%-42.4%)	892	39.1%	(35.2%-42.9%)	983
----Race----									
American Indian or Alaskan Native	26.1%	(9.2%-43.0%)~	14	27.6%	(0.0%-55.4%)~	8	24.5%	(5.4%-43.6%)~	7
Asian	43.5%	(34.5%-52.4%)	74	39.8%	(27.9%-51.7%)~	33	47.6%	(31.2%-64.1%)~	41
Black or African American	31.7%	(27.4%-35.9%)	124	33.7%	(27.0%-40.5%)	64	30.2%	(25.8%-34.6%)	59
Native Hawaiian or Other Pacific Islander	51.1%	(25.7%-76.5%)~	14	*	*	*	*	*	*
White	39.2%	(35.5%-42.9%)	1,710	38.3%	(34.1%-42.6%)	794	40.0%	(36.0%-44.1%)	899
Multiple Races	36.1%	(30.2%-42.0%)	92	41.1%	(29.5%-52.6%)~	51	32.2%	(25.8%-38.6%)	42

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116_2)
Percentage of students who ate fruit less than 1 time per day during the past seven days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	49.5%	(45.3%-53.6%)	2,671	50.3%	(45.3%-55.3%)	1,297	48.8%	(44.6%-53.0%)	1,343
---Age---									
12 or younger	49.3%	(44.7%-53.9%)	763	49.8%	(43.0%-56.6%)	381	49.1%	(43.8%-54.5%)	374
13	47.9%	(43.5%-52.3%)	1,303	48.4%	(42.9%-53.9%)	631	47.3%	(42.6%-51.9%)	657
14 or older	54.2%	(48.2%-60.2%)	601	56.7%	(50.0%-63.5%)	284	52.0%	(44.0%-60.0%)	313
---Grade---									
Grade 7	48.4%	(44.0%-52.7%)	1,254	47.9%	(41.3%-54.4%)	583	48.8%	(44.4%-53.2%)	654
Grade 8	50.6%	(45.7%-55.5%)	1,402	52.3%	(46.6%-58.0%)	704	48.9%	(43.6%-54.3%)	686
---Hispanic Ethnicity---									
Hispanic	52.2%	(42.3%-62.1%)	143	55.3%	(39.5%-71.1%)~	78	48.8%	(39.1%-58.6%)	63
Non-Hispanic	49.4%	(45.2%-53.6%)	2,424	50.0%	(44.7%-55.2%)	1,169	48.9%	(44.6%-53.3%)	1,231
---Race---									
American Indian or Alaskan Native	69.2%	(54.0%-84.5%)~	38	72.4%	(44.6%-100.0%)~	20	65.9%	(47.9%-83.9%)~	17
Asian	51.3%	(39.7%-62.8%)~	87	53.6%	(38.9%-68.3%)~	44	48.3%	(30.6%-65.9%)~	42
Black or African American	54.7%	(49.5%-59.9%)	214	57.6%	(47.8%-67.3%)	109	53.2%	(47.7%-58.7%)	104
Native Hawaiian or Other Pacific Islander	44.7%	(18.4%-71.0%)~	12	*	*	*	*	*	*
White	48.5%	(44.1%-52.9%)	2,117	48.8%	(43.6%-54.1%)	1,011	48.2%	(43.8%-52.5%)	1,081
Multiple Races	52.6%	(44.1%-61.2%)	135	52.4%	(39.2%-65.5%)~	65	54.1%	(45.4%-62.8%)	70

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	42.9%	(39.6%-46.1%)	2,289	41.5%	(37.8%-45.2%)	1,059	44.2%	(40.8%-47.7%)	1,206
----Age----									
12 or younger	42.0%	(37.2%-46.7%)	640	40.8%	(34.6%-46.9%)	307	42.7%	(36.4%-49.0%)	321
13	44.7%	(41.2%-48.2%)	1,206	43.0%	(38.5%-47.5%)	555	46.8%	(43.2%-50.5%)	645
14 or older	39.1%	(34.6%-43.7%)	429	37.9%	(31.7%-44.2%)	188	40.1%	(34.0%-46.2%)	238
----Grade----									
Grade 7	43.8%	(39.7%-47.9%)	1,121	42.6%	(36.6%-48.6%)	510	45.0%	(41.1%-48.9%)	597
Grade 8	41.9%	(38.0%-45.7%)	1,150	40.5%	(35.8%-45.1%)	541	43.5%	(39.3%-47.8%)	603
----Hispanic Ethnicity----									
Hispanic	46.7%	(37.9%-55.5%)	127	44.0%	(30.4%-57.6%)~	62	49.7%	(38.2%-61.2%)~	64
Non-Hispanic	42.7%	(39.3%-46.0%)	2,073	41.4%	(37.4%-45.3%)	958	44.0%	(40.6%-47.4%)	1,096
----Race----									
American Indian or Alaskan Native	32.9%	(18.4%-47.4%)~	17	36.2%	(8.8%-63.6%)~	9	29.8%	(13.4%-46.2%)~	8
Asian	46.1%	(36.4%-55.9%)	77	45.3%	(31.0%-59.6%)~	37	47.7%	(31.3%-64.1%)~	40
Black or African American	42.1%	(36.6%-47.6%)	160	41.4%	(33.3%-49.6%)	76	42.9%	(36.7%-49.0%)	82
Native Hawaiian or Other Pacific Islander	60.3%	(37.1%-83.5%)~	16	*	*	*	*	*	*
White	42.8%	(39.3%-46.4%)	1,856	41.2%	(37.2%-45.2%)	848	44.5%	(40.8%-48.2%)	992
Multiple Races	40.7%	(33.2%-48.3%)	102	45.0%	(31.7%-58.4%)~	55	37.5%	(30.6%-44.4%)	47

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	29.6%	(26.4%-32.9%)	1,582	31.0%	(27.3%-34.7%)	789	28.4%	(24.8%-31.9%)	773
----Age----									
12 or younger	27.6%	(24.4%-30.8%)	421	30.2%	(25.5%-34.9%)	227	24.8%	(21.1%-28.4%)	186
13	28.9%	(25.2%-32.6%)	780	29.5%	(25.3%-33.7%)	381	28.3%	(24.3%-32.3%)	390
14 or older	34.7%	(29.4%-40.1%)	381	36.6%	(30.5%-42.6%)	182	33.1%	(25.6%-40.7%)	197
----Grade----									
Grade 7	28.0%	(24.9%-31.1%)	717	29.0%	(24.7%-33.2%)	346	27.0%	(24.1%-30.0%)	359
Grade 8	31.2%	(27.1%-35.4%)	858	32.7%	(27.9%-37.4%)	437	29.7%	(24.7%-34.8%)	412
----Hispanic Ethnicity----									
Hispanic	31.1%	(24.3%-37.9%)	84	32.7%	(22.0%-43.3%)~	46	28.9%	(21.4%-36.4%)	37
Non-Hispanic	29.3%	(25.9%-32.7%)	1,424	30.5%	(26.7%-34.4%)	706	28.1%	(24.3%-31.9%)	700
----Race----									
American Indian or Alaskan Native	49.1%	(35.1%-63.1%)~	25	57.6%	(33.1%-82.2%)~	14	41.1%	(19.7%-62.4%)~	11
Asian	30.8%	(19.6%-41.9%)~	52	34.9%	(15.7%-54.1%)~	29	27.2%	(11.8%-42.5%)~	23
Black or African American	29.5%	(24.2%-34.8%)	112	34.5%	(28.5%-40.4%)	63	25.8%	(19.2%-32.4%)	49
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.4%	(26.0%-32.8%)	1,273	29.8%	(26.1%-33.5%)	613	28.7%	(24.8%-32.6%)	640
Multiple Races	31.4%	(22.9%-39.9%)	79	32.2%	(18.8%-45.6%)~	39	31.4%	(23.4%-39.3%)	39

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.6%	(16.3%-21.0%)	1,005	18.3%	(15.3%-21.4%)	476	18.8%	(15.8%-21.8%)	515
----Age----									
12 or younger	19.4%	(16.1%-22.8%)	300	19.5%	(15.4%-23.6%)	150	19.2%	(14.5%-23.8%)	145
13	18.7%	(15.9%-21.5%)	510	18.2%	(14.5%-21.9%)	238	19.2%	(16.1%-22.3%)	266
14 or older	16.9%	(13.5%-20.3%)	187	16.2%	(11.1%-21.3%)	82	17.4%	(12.3%-22.5%)	104
----Grade----									
Grade 7	21.2%	(18.0%-24.3%)	549	21.6%	(17.6%-25.5%)	264	20.6%	(16.9%-24.4%)	275
Grade 8	16.1%	(13.6%-18.6%)	446	15.4%	(11.8%-18.9%)	208	16.9%	(13.7%-20.0%)	236
----Hispanic Ethnicity----									
Hispanic	28.6%	(21.5%-35.7%)	78	29.1%	(17.8%-40.4%)~	41	28.6%	(20.5%-36.8%)	37
Non-Hispanic	18.0%	(15.6%-20.3%)	882	17.7%	(14.5%-20.8%)	416	18.1%	(15.1%-21.1%)	453
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	33.8%	(24.6%-43.0%)	57	34.3%	(22.1%-46.6%)~	28	33.8%	(16.0%-51.7%)~	28
Black or African American	15.3%	(11.4%-19.3%)	60	12.8%	(7.3%-18.2%)	25	17.6%	(12.4%-22.9%)	34
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.4%	(15.9%-20.9%)	804	18.4%	(14.9%-21.8%)	382	18.3%	(14.9%-21.7%)	410
Multiple Races	17.8%	(13.3%-22.3%)	45	20.1%	(11.9%-28.3%)	25	15.8%	(9.4%-22.2%)	20

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	43.8%	(38.9%-48.6%)	2,364	43.9%	(38.0%-49.7%)	1,137	43.7%	(39.0%-48.5%)	1,199
----Age----									
12 or younger	43.6%	(37.6%-49.6%)	674	43.5%	(35.9%-51.1%)	334	44.4%	(38.5%-50.3%)	335
13	42.1%	(36.9%-47.3%)	1,148	41.9%	(35.1%-48.7%)	549	41.9%	(37.2%-46.6%)	581
14 or older	48.4%	(43.0%-53.8%)	537	50.0%	(43.3%-56.8%)	252	46.9%	(39.5%-54.3%)	280
----Grade----									
Grade 7	42.6%	(37.4%-47.9%)	1,106	41.5%	(34.5%-48.5%)	508	43.9%	(38.9%-48.9%)	585
Grade 8	44.9%	(39.8%-50.0%)	1,246	45.9%	(40.4%-51.5%)	622	43.6%	(38.2%-49.0%)	609
----Hispanic Ethnicity----									
Hispanic	44.0%	(33.9%-54.1%)~	120	46.4%	(31.7%-61.1%)~	66	41.2%	(30.9%-51.5%)~	53
Non-Hispanic	43.8%	(38.9%-48.7%)	2,149	43.5%	(37.4%-49.5%)	1,023	44.1%	(39.2%-49.0%)	1,104
----Race----									
American Indian or Alaskan Native	59.7%	(44.3%-75.1%)~	33	68.3%	(44.1%-92.5%)~	20	50.2%	(32.5%-68.0%)~	13
Asian	42.5%	(27.9%-57.1%)~	71	43.6%	(28.3%-58.9%)~	36	40.5%	(21.0%-60.1%)~	34
Black or African American	62.0%	(57.1%-67.0%)	243	70.4%	(63.7%-77.2%)	135	53.8%	(43.6%-64.1%)~	104
Native Hawaiian or Other Pacific Islander	70.0%	(48.4%-91.7%)~	19	*	*	*	*	*	*
White	41.9%	(37.1%-46.7%)	1,829	41.2%	(35.5%-46.9%)	856	42.7%	(37.7%-47.6%)	957
Multiple Races	40.9%	(32.8%-49.1%)	104	39.0%	(28.4%-49.5%)~	48	42.2%	(32.7%-51.6%)	54

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.2%	(22.0%-26.4%)	1,288	23.3%	(20.5%-26.1%)	595	24.9%	(22.4%-27.4%)	676
----Age----									
12 or younger	24.1%	(20.9%-27.3%)	368	22.6%	(18.8%-26.5%)	170	25.2%	(20.1%-30.4%)	189
13	24.6%	(21.7%-27.5%)	662	23.9%	(19.7%-28.2%)	309	25.3%	(22.7%-27.9%)	348
14 or older	22.8%	(19.8%-25.7%)	249	22.2%	(17.2%-27.1%)	110	23.5%	(19.5%-27.5%)	139
----Grade----									
Grade 7	25.7%	(22.9%-28.4%)	656	25.4%	(21.8%-29.0%)	304	25.7%	(22.5%-28.8%)	340
Grade 8	22.7%	(20.1%-25.4%)	623	21.4%	(18.0%-24.9%)	287	24.1%	(21.2%-27.0%)	334
----Hispanic Ethnicity----									
Hispanic	36.0%	(27.0%-45.0%)	98	33.7%	(20.0%-47.4%)~	47	38.3%	(27.7%-48.9%)~	49
Non-Hispanic	23.5%	(21.2%-25.8%)	1,140	22.8%	(20.0%-25.6%)	528	24.1%	(21.5%-26.6%)	598
----Race----									
American Indian or Alaskan Native	13.4%	(2.2%-24.5%)~	7	*	*	*	*	*	*
Asian	35.9%	(25.8%-46.1%)~	60	34.4%	(22.9%-46.0%)~	28	38.0%	(21.0%-55.1%)~	31
Black or African American	26.1%	(21.9%-30.4%)	99	25.5%	(18.4%-32.6%)	47	27.0%	(22.7%-31.3%)	51
Native Hawaiian or Other Pacific Islander	25.2%	(7.0%-43.4%)~	7	*	*	*	*	*	*
White	23.6%	(21.2%-26.0%)	1,023	22.5%	(19.3%-25.7%)	462	24.6%	(22.0%-27.2%)	547
Multiple Races	22.1%	(17.2%-27.0%)	55	29.4%	(17.1%-41.8%)~	36	15.2%	(6.4%-23.9%)	19

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Percentage of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.7%	(17.3%-22.1%)	1,060	19.4%	(16.4%-22.4%)	500	20.0%	(17.1%-22.9%)	548
----Age----									
12 or younger	20.6%	(17.4%-23.9%)	318	20.6%	(16.5%-24.7%)	158	20.4%	(15.6%-25.2%)	154
13	20.0%	(16.9%-23.0%)	542	19.0%	(15.1%-23.0%)	248	21.1%	(18.1%-24.1%)	292
14 or older	17.3%	(14.2%-20.5%)	191	17.7%	(12.6%-22.7%)	89	17.3%	(13.2%-21.3%)	103
----Grade----									
Grade 7	22.0%	(19.3%-24.8%)	569	22.2%	(18.6%-25.8%)	270	21.8%	(18.4%-25.3%)	290
Grade 8	17.5%	(14.7%-20.3%)	485	16.9%	(13.6%-20.3%)	228	18.3%	(15.0%-21.6%)	256
----Hispanic Ethnicity----									
Hispanic	28.7%	(22.1%-35.3%)	78	27.3%	(17.7%-36.9%)	39	29.8%	(19.4%-40.2%)~	39
Non-Hispanic	19.3%	(16.7%-21.8%)	942	19.0%	(15.8%-22.2%)	444	19.5%	(16.7%-22.4%)	488
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	31.9%	(22.7%-41.2%)	53	29.3%	(19.3%-39.3%)	24	35.1%	(18.7%-51.5%)~	29
Black or African American	16.5%	(12.2%-20.8%)	64	16.9%	(8.7%-25.0%)	32	16.8%	(12.5%-21.0%)	32
Native Hawaiian or Other Pacific Islander	21.0%	(3.2%-38.8%)~	6	*	*	*	*	*	*
White	19.6%	(17.0%-22.1%)	853	19.1%	(15.9%-22.3%)	395	20.0%	(16.8%-23.2%)	448
Multiple Races	18.8%	(14.8%-22.9%)	48	23.3%	(13.3%-33.4%)~	29	14.7%	(6.4%-22.9%)	19

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)

Percentage of students who answered at least one time per day in the past week

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.8%	(16.2%-21.5%)	1,012	17.9%	(14.9%-20.8%)	461	19.7%	(17.1%-22.4%)	540
----Age----									
12 or younger	17.1%	(13.6%-20.6%)	262	16.0%	(12.1%-19.9%)	121	18.5%	(14.4%-22.7%)	139
13	19.6%	(16.5%-22.7%)	533	18.5%	(15.2%-21.8%)	242	20.4%	(16.9%-24.0%)	282
14 or older	19.4%	(16.2%-22.6%)	214	19.1%	(15.8%-22.4%)	96	19.6%	(15.4%-23.8%)	117
----Grade----									
Grade 7	18.5%	(15.4%-21.5%)	475	16.4%	(13.0%-19.7%)	198	20.5%	(17.2%-23.7%)	271
Grade 8	19.0%	(15.9%-22.0%)	526	18.9%	(15.7%-22.0%)	255	19.0%	(15.6%-22.4%)	265
----Hispanic Ethnicity----									
Hispanic	25.3%	(19.8%-30.8%)	68	21.6%	(12.7%-30.4%)	30	28.6%	(20.6%-36.6%)	37
Non-Hispanic	18.3%	(15.6%-21.0%)	894	17.4%	(14.4%-20.5%)	409	19.1%	(16.2%-22.0%)	477
----Race----									
American Indian or Alaskan Native	20.0%	(9.3%-30.7%)~	11	*	*	*	*	*	*
Asian	20.3%	(12.0%-28.6%)	34	18.8%	(7.3%-30.2%)~	16	20.5%	(8.1%-32.9%)~	17
Black or African American	25.2%	(21.2%-29.2%)	97	26.4%	(20.2%-32.6%)	49	23.5%	(18.2%-28.9%)	45
Native Hawaiian or Other Pacific Islander	36.7%	(13.0%-60.3%)~	9	*	*	*	*	*	*
White	17.5%	(15.2%-19.9%)	763	16.0%	(13.5%-18.6%)	332	19.0%	(16.3%-21.6%)	424
Multiple Races	25.5%	(17.3%-33.6%)	64	28.7%	(16.1%-41.3%)~	35	22.6%	(13.7%-31.6%)	29

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least one time per day in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a_2)

Percentage of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.2%	(18.3%-22.2%)	1,087	22.2%	(19.2%-25.2%)	573	18.2%	(16.3%-20.1%)	498
----Age----									
12 or younger	23.5%	(20.8%-26.3%)	360	27.0%	(22.6%-31.3%)	204	20.0%	(16.4%-23.6%)	150
13	18.9%	(16.4%-21.3%)	513	20.9%	(17.4%-24.5%)	274	16.9%	(14.4%-19.4%)	233
14 or older	19.1%	(16.0%-22.1%)	211	18.7%	(15.1%-22.3%)	94	19.0%	(14.7%-23.3%)	113
----Grade----									
Grade 7	21.8%	(19.0%-24.6%)	560	24.7%	(20.4%-29.0%)	299	18.9%	(16.1%-21.8%)	251
Grade 8	18.8%	(17.0%-20.6%)	521	20.0%	(16.6%-23.4%)	271	17.6%	(15.9%-19.4%)	246
----Hispanic Ethnicity----									
Hispanic	20.4%	(15.6%-25.2%)	55	20.7%	(12.2%-29.3%)	29	20.5%	(14.8%-26.3%)	26
Non-Hispanic	20.0%	(18.0%-22.1%)	980	22.2%	(19.0%-25.5%)	521	17.9%	(15.9%-19.9%)	447
----Race----									
American Indian or Alaskan Native	18.0%	(0.0%-36.5%)~	10	*	*	*	*	*	*
Asian	20.6%	(15.2%-26.0%)	35	20.0%	(10.9%-29.1%)	17	21.6%	(11.6%-31.5%)	18
Black or African American	18.1%	(14.9%-21.3%)	70	21.5%	(15.8%-27.1%)	40	14.7%	(11.6%-17.7%)	28
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.5%	(18.3%-22.7%)	892	22.4%	(19.2%-25.7%)	466	18.5%	(16.3%-20.8%)	414
Multiple Races	20.0%	(14.8%-25.3%)	51	20.6%	(13.6%-27.7%)	25	19.7%	(10.9%-28.5%)	25

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 13

Physical Activity

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)

Percentage of students who answered at least 5 days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.4%	(49.0%-55.7%)	2,822	44.0%	(39.7%-48.2%)	1,137	60.5%	(57.3%-63.7%)	1,656
----Age----									
12 or younger	48.6%	(45.4%-51.9%)	751	40.5%	(35.9%-45.1%)	309	57.1%	(53.0%-61.2%)	434
13	54.0%	(49.7%-58.3%)	1,468	46.1%	(41.8%-50.5%)	605	61.5%	(57.0%-66.1%)	847
14 or older	54.0%	(48.9%-59.0%)	598	44.0%	(37.8%-50.3%)	221	62.7%	(56.7%-68.7%)	376
----Grade----									
Grade 7	51.0%	(47.5%-54.6%)	1,321	42.9%	(38.0%-47.7%)	523	58.8%	(54.9%-62.8%)	784
Grade 8	53.6%	(49.9%-57.2%)	1,483	45.0%	(40.3%-49.7%)	609	62.1%	(58.6%-65.7%)	865
----Hispanic Ethnicity----									
Hispanic	54.1%	(46.1%-62.1%)	146	47.1%	(36.3%-57.9%)~	65	61.9%	(53.3%-70.4%)	79
Non-Hispanic	52.2%	(48.8%-55.6%)	2,562	43.8%	(39.3%-48.3%)	1,030	60.2%	(56.9%-63.5%)	1,508
----Race----									
American Indian or Alaskan Native	42.8%	(21.3%-64.2%)~	23	41.7%	(11.3%-72.0%)~	12	44.0%	(18.7%-69.3%)~	12
Asian	44.4%	(37.1%-51.7%)	75	28.0%	(18.7%-37.2%)	23	59.2%	(47.3%-71.1%)~	51
Black or African American	37.5%	(29.6%-45.4%)	146	24.0%	(17.3%-30.7%)	46	51.5%	(42.5%-60.5%)	99
Native Hawaiian or Other Pacific Islander	45.8%	(21.2%-70.5%)~	12	*	*	*	*	*	*
White	54.3%	(50.9%-57.7%)	2,370	46.9%	(42.9%-50.9%)	974	61.5%	(57.8%-65.3%)	1,378
Multiple Races	53.2%	(45.1%-61.2%)	133	43.5%	(33.7%-53.4%)	54	62.1%	(53.2%-70.9%)	78

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mnpa7day)

Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.5%	(25.9%-31.0%)	1,533	19.4%	(16.8%-21.9%)	501	37.4%	(34.6%-40.1%)	1,023
----Age----									
12 or younger	27.0%	(24.0%-30.0%)	416	19.5%	(15.9%-23.1%)	149	34.9%	(30.8%-39.0%)	265
13	29.2%	(25.7%-32.7%)	794	20.7%	(17.8%-23.6%)	271	37.5%	(33.1%-41.8%)	516
14 or older	29.1%	(25.7%-32.6%)	323	16.1%	(13.4%-18.9%)	81	40.4%	(35.6%-45.1%)	242
----Grade----									
Grade 7	28.6%	(25.1%-32.2%)	741	20.8%	(17.0%-24.6%)	254	36.3%	(32.2%-40.3%)	483
Grade 8	28.3%	(25.6%-31.0%)	784	18.1%	(15.4%-20.7%)	244	38.4%	(35.0%-41.8%)	535
----Hispanic Ethnicity----									
Hispanic	33.1%	(25.4%-40.7%)	89	24.6%	(15.1%-34.1%)	34	41.9%	(35.7%-48.2%)	54
Non-Hispanic	27.9%	(25.2%-30.6%)	1,371	18.9%	(16.4%-21.4%)	444	36.7%	(33.6%-39.7%)	918
----Race----									
American Indian or Alaskan Native	29.9%	(10.2%-49.7%)~	16	30.5%	(0.0%-62.3%)~	8	29.3%	(9.2%-49.4%)~	8
Asian	20.6%	(15.0%-26.2%)	35	8.8%	(3.9%-13.7%)	7	32.2%	(20.7%-43.6%)~	27
Black or African American	24.3%	(18.9%-29.7%)	95	16.1%	(12.3%-19.9%)	31	33.3%	(23.0%-43.6%)~	64
Native Hawaiian or Other Pacific Islander	25.2%	(3.6%-46.8%)~	7	*	*	*	*	*	*
White	29.1%	(25.8%-32.4%)	1,269	20.0%	(17.1%-22.8%)	415	37.8%	(34.0%-41.6%)	847
Multiple Races	30.6%	(24.0%-37.2%)	77	19.6%	(11.1%-28.2%)	24	40.6%	(29.9%-51.3%)~	51

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206)

Percentage of students who answered 3 or more hours

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	67.7%	(63.7%-71.8%)	3,649	70.4%	(65.7%-75.0%)	1,809	65.2%	(61.1%-69.3%)	1,800
----Age----									
12 or younger	62.3%	(55.1%-69.4%)	957	66.1%	(57.9%-74.4%)	499	58.6%	(51.8%-65.4%)	451
13	68.8%	(65.1%-72.5%)	1,897	71.4%	(67.6%-75.2%)	963	66.3%	(61.5%-71.2%)	917
14 or older	73.1%	(68.0%-78.1%)	783	75.5%	(69.4%-81.5%)	340	70.8%	(63.7%-77.9%)	432
----Grade----									
Grade 7	61.6%	(55.6%-67.6%)	1,599	64.6%	(57.7%-71.6%)	785	58.6%	(52.3%-65.0%)	792
Grade 8	73.4%	(69.4%-77.4%)	2,033	75.6%	(71.5%-79.7%)	1,021	71.2%	(65.8%-76.7%)	996
----Hispanic Ethnicity----									
Hispanic	67.7%	(57.6%-77.8%)~	201	80.1%	(68.2%-92.0%)~	115	55.1%	(42.3%-67.9%)~	82
Non-Hispanic	68.7%	(64.4%-73.0%)	3,330	70.6%	(66.2%-75.0%)	1,632	66.8%	(61.8%-71.8%)	1,663
----Race----									
American Indian or Alaskan Native	50.1%	(21.8%-78.4%)~	28	39.6%	(1.3%-78.0%)~	11	60.7%	(24.8%-96.6%)~	17
Asian	73.5%	(59.6%-87.3%)~	128	72.5%	(50.4%-94.5%)~	60	74.4%	(62.8%-85.9%)~	68
Black or African American	71.0%	(66.1%-76.0%)	279	71.0%	(63.6%-78.3%)	144	70.1%	(65.3%-74.9%)	129
Native Hawaiian or Other Pacific Islander	48.8%	(14.4%-83.2%)~	20	*	*	*	*	*	*
White	67.7%	(63.1%-72.2%)	2,945	70.6%	(65.7%-75.5%)	1,450	65.1%	(60.0%-70.1%)	1,470
Multiple Races	73.4%	(62.7%-84.1%)~	168	84.8%	(74.3%-95.4%)~	92	63.1%	(49.5%-76.7%)~	76

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 3 or more hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206_2)
Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.3%	(28.2%-36.3%)	1,738	29.6%	(25.0%-34.3%)	762	34.8%	(30.7%-38.9%)	962
----Age----									
12 or younger	37.7%	(30.6%-44.9%)	580	33.9%	(25.6%-42.1%)	256	41.4%	(34.6%-48.2%)	318
13	31.2%	(27.5%-34.9%)	860	28.6%	(24.8%-32.4%)	386	33.7%	(28.8%-38.5%)	465
14 or older	26.9%	(21.9%-32.0%)	289	24.5%	(18.5%-30.6%)	111	29.2%	(22.1%-36.3%)	178
----Grade----									
Grade 7	38.4%	(32.4%-44.4%)	998	35.4%	(28.4%-42.3%)	430	41.4%	(35.0%-47.7%)	559
Grade 8	26.6%	(22.6%-30.6%)	737	24.4%	(20.3%-28.5%)	329	28.8%	(23.3%-34.2%)	403
----Hispanic Ethnicity----									
Hispanic	32.3%	(22.2%-42.4%)~	96	19.9%	(8.0%-31.8%)~	29	44.9%	(32.1%-57.7%)~	67
Non-Hispanic	31.3%	(27.0%-35.6%)	1,516	29.4%	(25.0%-33.8%)	678	33.2%	(28.2%-38.2%)	826
----Race----									
American Indian or Alaskan Native	49.9%	(21.6%-78.2%)~	28	60.4%	(22.0%-98.7%)~	17	39.3%	(3.4%-75.2%)~	11
Asian	26.5%	(12.7%-40.4%)~	46	27.5%	(5.5%-49.6%)~	23	25.6%	(14.1%-37.2%)~	23
Black or African American	29.0%	(24.0%-33.9%)	114	29.0%	(21.7%-36.4%)	59	29.9%	(25.1%-34.7%)	55
Native Hawaiian or Other Pacific Islander	51.2%	(16.8%-85.6%)~	21	*	*	*	*	*	*
White	32.3%	(27.8%-36.9%)	1,408	29.4%	(24.5%-34.3%)	604	34.9%	(29.9%-40.0%)	789
Multiple Races	26.6%	(15.9%-37.3%)~	61	15.2%	(4.6%-25.7%)~	16	36.9%	(23.3%-50.5%)~	45

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)
Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	68.9%	(57.2%-80.7%)~	3,656	67.6%	(55.0%-80.2%)~	1,718	70.4%	(59.2%-81.6%)~	1,909
----Age----									
12 or younger	70.9%	(57.7%-84.1%)~	1,056	70.3%	(55.5%-85.2%)~	520	71.6%	(59.6%-83.6%)~	530
13	67.1%	(54.6%-79.5%)~	1,831	66.0%	(52.8%-79.3%)~	884	68.3%	(56.2%-80.5%)~	935
14 or older	70.6%	(57.9%-83.3%)~	751	67.4%	(51.9%-83.0%)~	302	73.6%	(61.1%-86.1%)~	443
----Grade----									
Grade 7	70.3%	(58.2%-82.3%)~	1,774	71.2%	(58.5%-83.8%)~	842	69.6%	(57.4%-81.8%)~	917
Grade 8	67.7%	(54.5%-80.9%)~	1,868	64.4%	(48.8%-79.9%)~	870	71.3%	(59.9%-82.7%)~	986
----Hispanic Ethnicity----									
Hispanic	67.4%	(54.7%-80.1%)~	199	73.4%	(58.0%-88.9%)~	103	63.2%	(44.4%-81.9%)~	96
Non-Hispanic	68.5%	(56.6%-80.4%)~	3,273	66.7%	(53.6%-79.8%)~	1,526	70.5%	(59.5%-81.4%)~	1,726
----Race----									
American Indian or Alaskan Native	65.9%	(36.2%-95.5%)~	37	52.1%	(4.0%-100.0%)~	15	80.0%	(53.5%-100.0%)~	22
Asian	73.6%	(62.2%-84.9%)~	127	64.9%	(45.0%-84.8%)~	57	82.5%	(70.3%-94.8%)~	70
Black or African American	59.6%	(49.0%-70.3%)~	237	59.8%	(51.1%-68.6%)	123	57.5%	(40.4%-74.6%)~	106
Native Hawaiian or Other Pacific Islander	63.6%	(26.2%-100.0%)~	26	*	*	*	*	*	*
White	70.0%	(57.9%-82.1%)~	2,988	68.5%	(55.3%-81.6%)~	1,383	71.8%	(60.0%-83.5%)~	1,588
Multiple Races	64.7%	(48.8%-80.5%)~	146	63.4%	(43.4%-83.4%)~	69	65.8%	(48.6%-83.1%)~	77

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mndlype)
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.0%	(2.8%-13.1%)	424	6.8%	(1.5%-12.0%)	172	9.2%	(3.6%-14.8%)	249
----Age----									
12 or younger	6.2%	(0.7%-11.6%)	92	4.9%	(0.9%-8.9%)	36	7.4%	(0.0%-14.9%)	55
13	8.1%	(2.9%-13.4%)	222	7.8%	(1.9%-13.7%)	104	8.6%	(3.4%-13.8%)	118
14 or older	10.1%	(2.0%-18.2%)	107	7.0%	(0.0%-15.5%)	31	12.6%	(2.8%-22.3%)	76
----Grade----									
Grade 7	7.7%	(1.7%-13.6%)	194	6.9%	(1.8%-11.9%)	81	8.3%	(0.8%-15.8%)	110
Grade 8	8.0%	(2.2%-13.8%)	221	6.3%	(0.4%-12.3%)	85	9.8%	(3.4%-16.2%)	135
----Hispanic Ethnicity----									
Hispanic	11.4%	(2.6%-20.2%)	34	12.0%	(2.5%-21.4%)	17	11.1%	(0.0%-22.7%)~	17
Non-Hispanic	7.7%	(2.7%-12.7%)	367	6.4%	(1.2%-11.6%)	146	9.0%	(3.5%-14.5%)	220
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	14.1%	(0.2%-28.0%)~	24	15.4%	(3.8%-26.9%)~	14	12.8%	(0.0%-31.8%)~	11
Black or African American	8.8%	(2.3%-15.3%)	35	11.8%	(0.3%-23.4%)~	24	5.9%	(2.2%-9.5%)	11
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.3%	(2.1%-12.6%)	312	6.3%	(0.7%-11.8%)	126	8.4%	(2.8%-14.0%)	186
Multiple Races	12.0%	(4.0%-19.9%)	27	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who attended physical education (PE) classes daily in an average week when they were in school (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)
(mn180a)*

Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	33.0%	(24.6%-41.5%)	1,770	34.6%	(25.4%-43.9%)	887	31.1%	(23.2%-39.1%)	853
----Age----									
12 or younger	37.2%	(25.8%-48.7%)~	567	42.8%	(30.3%-55.3%)~	322	31.1%	(20.1%-42.1%)~	237
13	32.0%	(23.5%-40.5%)	880	31.8%	(21.3%-42.2%)~	429	31.9%	(24.2%-39.6%)	439
14 or older	29.7%	(19.0%-40.5%)~	317	30.5%	(17.2%-43.8%)~	136	29.4%	(18.5%-40.3%)~	177
----Grade----									
Grade 7	35.6%	(25.4%-45.7%)~	916	38.2%	(26.9%-49.6%)~	462	32.5%	(22.7%-42.4%)	436
Grade 8	30.7%	(20.9%-40.6%)	849	31.5%	(20.4%-42.7%)~	426	29.8%	(20.8%-38.8%)	414
----Hispanic Ethnicity----									
Hispanic	36.6%	(26.0%-47.1%)~	108	34.5%	(21.3%-47.7%)~	50	37.3%	(24.2%-50.4%)~	56
Non-Hispanic	32.7%	(24.3%-41.1%)	1,581	34.2%	(24.7%-43.6%)	792	30.9%	(23.1%-38.8%)	764
----Race----									
American Indian or Alaskan Native	28.8%	(9.9%-47.6%)~	17	*	*	*	*	*	*
Asian	31.5%	(17.1%-46.0%)~	57	31.5%	(15.4%-47.5%)~	29	31.6%	(9.4%-53.9%)~	29
Black or African American	38.3%	(17.1%-59.4%)~	151	39.5%	(14.5%-64.5%)~	80	35.4%	(11.2%-59.6%)~	65
Native Hawaiian or Other Pacific Islander	31.1%	(7.8%-54.4%)~	12	*	*	*	*	*	*
White	32.2%	(24.1%-40.3%)	1,395	34.1%	(25.3%-42.9%)	697	30.2%	(22.1%-38.4%)	679
Multiple Races	41.0%	(27.1%-54.9%)~	94	48.5%	(27.7%-69.3%)~	53	34.3%	(21.3%-47.3%)~	41

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)
Percentage of students who answered at least one team

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	73.6%	(69.6%-77.6%)	3,973	73.2%	(67.9%-78.5%)	1,884	74.6%	(70.1%-79.1%)	2,063
----Age----									
12 or younger	73.9%	(68.5%-79.2%)	1,137	75.8%	(67.7%-84.0%)	579	73.0%	(66.2%-79.9%)	557
13	73.4%	(69.6%-77.2%)	2,027	71.7%	(66.3%-77.1%)	967	75.8%	(71.3%-80.2%)	1,051
14 or older	73.4%	(66.3%-80.5%)	791	72.4%	(63.9%-81.0%)	322	73.8%	(65.5%-82.1%)	455
----Grade----									
Grade 7	74.1%	(69.3%-78.8%)	1,927	74.1%	(66.2%-81.9%)	904	74.9%	(69.0%-80.9%)	1,013
Grade 8	73.3%	(68.4%-78.2%)	2,035	72.3%	(66.9%-77.8%)	974	74.6%	(69.3%-79.9%)	1,047
----Hispanic Ethnicity----									
Hispanic	65.7%	(57.8%-73.5%)	193	64.2%	(48.5%-80.0%)~	89	68.4%	(56.3%-80.4%)~	104
Non-Hispanic	73.9%	(69.6%-78.1%)	3,584	73.4%	(68.0%-78.9%)	1,700	74.8%	(70.5%-79.1%)	1,863
----Race----									
American Indian or Alaskan Native	70.7%	(49.6%-91.9%)~	40	79.4%	(55.8%-100.0%)~	23	61.8%	(33.8%-89.9%)~	17
Asian	61.2%	(45.8%-76.6%)~	108	60.9%	(45.9%-75.8%)~	54	61.5%	(39.2%-83.7%)~	54
Black or African American	63.3%	(55.3%-71.3%)	256	55.3%	(46.6%-64.0%)	113	70.3%	(55.3%-85.3%)~	134
Native Hawaiian or Other Pacific Islander	71.3%	(33.9%-100.0%)~	29	*	*	*	*	*	*
White	75.8%	(72.0%-79.5%)	3,291	76.1%	(71.3%-80.9%)	1,559	76.2%	(71.7%-80.7%)	1,716
Multiple Races	70.1%	(60.7%-79.4%)	163	67.7%	(55.9%-79.6%)~	74	72.1%	(61.1%-83.1%)~	89

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*In an average week when you are in school, on how many days do you walk, ride your bike, or roll to school when weather allows you to do so? (mn220)
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	31.6%	(24.4%-38.9%)	1,699	27.9%	(20.8%-34.9%)	714	35.1%	(27.1%-43.1%)	965
----Age----									
12 or younger	32.3%	(24.3%-40.2%)	493	32.8%	(24.5%-41.1%)	248	31.9%	(22.1%-41.7%)	243
13	31.0%	(23.5%-38.5%)	853	27.7%	(19.8%-35.6%)	372	34.2%	(26.0%-42.4%)	472
14 or older	32.4%	(25.0%-39.7%)	346	19.8%	(10.5%-29.1%)	89	41.2%	(34.3%-48.2%)	250
----Grade----									
Grade 7	32.6%	(24.9%-40.2%)	838	32.3%	(24.9%-39.7%)	389	32.8%	(23.9%-41.7%)	440
Grade 8	30.8%	(23.6%-38.1%)	856	23.7%	(16.1%-31.2%)	320	37.6%	(30.1%-45.1%)	525
----Hispanic Ethnicity----									
Hispanic	37.3%	(28.9%-45.7%)	110	33.1%	(18.4%-47.7%)~	47	42.0%	(29.8%-54.1%)~	64
Non-Hispanic	31.4%	(23.8%-39.0%)	1,516	26.8%	(19.4%-34.2%)	617	35.7%	(27.3%-44.0%)	885
----Race----									
American Indian or Alaskan Native	33.7%	(11.5%-55.9%)~	19	*	*	*	*	*	*
Asian	34.3%	(21.4%-47.1%)~	60	27.2%	(3.5%-50.9%)~	24	41.4%	(26.8%-55.9%)~	36
Black or African American	41.6%	(32.1%-51.0%)	166	44.4%	(33.1%-55.7%)~	89	39.2%	(26.7%-51.7%)~	74
Native Hawaiian or Other Pacific Islander	43.3%	(12.8%-73.7%)~	17	*	*	*	*	*	*
White	30.8%	(23.4%-38.3%)	1,336	26.8%	(19.8%-33.8%)	549	34.4%	(26.0%-42.7%)	770
Multiple Races	35.8%	(25.1%-46.6%)~	81	31.7%	(20.6%-42.8%)~	34	39.5%	(25.0%-54.0%)~	48

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 14

Asthma

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Has a doctor or nurse ever told you that you have asthma? (mn129)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.3%	(14.6%-17.9%)	876	15.9%	(13.1%-18.7%)	410	16.3%	(13.6%-19.1%)	445
---Age---									
12 or younger	15.6%	(12.8%-18.4%)	241	12.2%	(9.2%-15.2%)	94	18.0%	(13.6%-22.5%)	134
13	17.6%	(15.0%-20.2%)	471	17.1%	(12.2%-21.9%)	214	18.1%	(14.5%-21.8%)	251
14 or older	13.9%	(9.9%-17.9%)	160	18.0%	(12.7%-23.4%)	100	10.1%	(4.7%-15.4%)	60
---Grade---									
Grade 7	16.0%	(13.4%-18.5%)	411	13.0%	(9.9%-16.0%)	158	18.1%	(14.8%-21.3%)	237
Grade 8	16.7%	(14.0%-19.4%)	462	18.8%	(14.6%-22.9%)	252	14.8%	(11.0%-18.7%)	208
---Hispanic Ethnicity---									
Hispanic	17.6%	(8.6%-26.6%)	43	13.6%	(5.2%-22.0%)	19	21.0%	(7.2%-34.8%)~	22
Non-Hispanic	16.3%	(14.6%-17.9%)	804	16.3%	(13.3%-19.3%)	386	16.0%	(13.2%-18.9%)	405
---Race---									
American Indian or Alaskan Native	38.4%	(19.4%-57.5%)~	20	*	*	*	*	*	*
Asian	7.0%	(0.0%-14.2%)	11	*	*	*	*	*	*
Black or African American	16.1%	(9.7%-22.5%)	60	20.3%	(9.1%-31.4%)~	35	12.8%	(4.2%-21.4%)	25
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.9%	(14.0%-17.8%)	697	14.7%	(11.2%-18.2%)	308	16.5%	(13.6%-19.5%)	369
Multiple Races	24.7%	(15.9%-33.4%)	69	27.5%	(16.7%-38.4%)~	38	22.3%	(8.9%-35.7%)~	31

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Has a doctor or nurse ever told you that you have asthma? (mnltasth)
Percentage of students with lifetime asthma (Excludes "Not sure" responses from m129)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.6%	(15.7%-19.6%)	876	17.0%	(14.0%-20.1%)	410	17.8%	(14.6%-20.9%)	445
----Age----									
12 or younger	17.3%	(14.1%-20.4%)	241	13.5%	(10.1%-16.9%)	94	19.9%	(14.8%-25.0%)	134
13	18.8%	(16.0%-21.7%)	471	18.1%	(13.0%-23.3%)	214	19.4%	(15.4%-23.4%)	251
14 or older	15.0%	(10.8%-19.3%)	160	19.0%	(13.4%-24.6%)	100	11.2%	(5.5%-16.9%)	60
----Grade----									
Grade 7	17.4%	(14.5%-20.4%)	411	14.2%	(10.7%-17.8%)	158	19.6%	(15.8%-23.4%)	237
Grade 8	17.9%	(15.0%-20.8%)	462	19.6%	(15.4%-23.8%)	252	16.2%	(11.9%-20.4%)	208
----Hispanic Ethnicity----									
Hispanic	19.4%	(9.8%-29.1%)	43	14.5%	(5.7%-23.3%)	19	24.2%	(9.0%-39.3%)~	22
Non-Hispanic	17.5%	(15.6%-19.4%)	804	17.5%	(14.2%-20.7%)	386	17.4%	(14.2%-20.6%)	405
----Race----									
American Indian or Alaskan Native	40.2%	(20.7%-59.6%)~	20	*	*	*	*	*	*
Asian	8.3%	(0.2%-16.5%)	11	*	*	*	*	*	*
Black or African American	17.8%	(9.8%-25.9%)	60	22.1%	(9.1%-35.2%)~	35	14.2%	(4.5%-24.0%)	25
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.1%	(15.0%-19.2%)	697	15.7%	(12.0%-19.4%)	308	17.9%	(14.6%-21.2%)	369
Multiple Races	26.2%	(16.4%-36.0%)	69	29.0%	(17.6%-40.4%)~	38	23.4%	(9.3%-37.5%)~	31

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with lifetime asthma (Excludes "Not sure" responses from m129) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Do you still have asthma? (mn130_2)

Among students who reported to have asthma in m129, the percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.9%	(47.9%-57.9%)	463	57.7%	(48.8%-66.7%)	237	47.3%	(38.9%-55.7%)	210
----Age----									
12 or younger	57.8%	(48.7%-66.8%)	139	59.5%	(41.0%-77.9%)~	56	56.4%	(45.7%-67.2%)~	76
13	49.0%	(41.9%-56.0%)	230	57.1%	(44.6%-69.7%)~	122	40.8%	(32.8%-48.9%)	102
14 or older	56.9%	(41.9%-71.8%)~	91	58.6%	(45.3%-71.8%)~	59	54.0%	(22.1%-85.9%)~	32
----Grade----									
Grade 7	54.5%	(46.9%-62.0%)	224	58.5%	(46.2%-70.9%)~	93	49.7%	(38.8%-60.7%)~	118
Grade 8	51.8%	(43.9%-59.7%)	239	57.2%	(46.0%-68.5%)~	144	44.5%	(29.7%-59.2%)~	92
----Hispanic Ethnicity----									
Hispanic	57.6%	(37.1%-78.1%)~	25	65.8%	(22.8%-100.0%)~	12	46.0%	(18.7%-73.3%)~	10
Non-Hispanic	51.9%	(46.7%-57.2%)	418	56.7%	(48.3%-65.1%)	219	47.1%	(38.2%-55.9%)	190
----Race----									
American Indian or Alaskan Native	42.1%	(0.0%-85.5%)~	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	41.1%	(26.3%-55.9%)~	25	47.9%	(16.6%-79.3%)~	17	31.4%	(6.4%-56.5%)~	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	51.9%	(45.8%-58.1%)	362	59.7%	(50.6%-68.8%)	184	44.4%	(36.0%-52.9%)	164
Multiple Races	72.5%	(52.6%-92.4%)~	50	68.9%	(38.6%-99.2%)~	27	77.0%	(52.1%-100.0%)~	24

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported to have asthma in m129, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

October 23, 2023

Page 129

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Percentage of students with current asthma (Excludes "Not sure" responses from m129 and m130) (mncrasth)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.4%	(8.1%-10.7%)	463	10.0%	(7.7%-12.3%)	237	8.5%	(6.1%-10.9%)	210
----Age----									
12 or younger	10.0%	(7.4%-12.6%)	139	8.1%	(5.2%-10.9%)	56	11.2%	(7.6%-14.7%)	76
13	9.4%	(7.4%-11.5%)	230	10.6%	(6.1%-15.1%)	122	8.1%	(5.9%-10.3%)	102
14 or older	8.6%	(5.0%-12.1%)	91	11.3%	(8.3%-14.2%)	59	5.9%	(0.3%-11.6%)	32
----Grade----									
Grade 7	9.5%	(7.0%-12.0%)	224	8.3%	(5.1%-11.6%)	93	9.8%	(6.6%-13.0%)	118
Grade 8	9.5%	(7.5%-11.5%)	239	11.6%	(8.3%-14.9%)	144	7.3%	(3.7%-10.8%)	92
----Hispanic Ethnicity----									
Hispanic	11.6%	(2.8%-20.3%)	25	10.0%	(1.5%-18.5%)	12	11.2%	(0.0%-24.1%)~	10
Non-Hispanic	9.2%	(8.0%-10.4%)	418	10.1%	(7.7%-12.4%)	219	8.2%	(5.7%-10.8%)	190
----Race----									
American Indian or Alaskan Native	20.8%	(1.1%-40.5%)~	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	7.5%	(2.5%-12.5%)	25	10.8%	(2.3%-19.4%)	17	4.6%	(0.0%-10.1%)	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.0%	(7.7%-10.2%)	362	9.5%	(7.5%-11.4%)	184	8.0%	(5.7%-10.4%)	164
Multiple Races	19.6%	(9.1%-30.1%)~	50	20.8%	(7.7%-33.9%)~	27	18.3%	(3.2%-33.4%)~	24

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with current asthma (Excludes "Not sure" responses from m129 and m130) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 15
Diabetes

No questions qualify for reporting in this section.

Section 16
HPV

No questions qualify for reporting in this section.

Section 17
Sun Protection

No questions qualify for reporting in this section.

**Section 18
Disability**

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.8%	(8.8%-10.8%)	526	10.3%	(8.8%-11.8%)	264	9.5%	(7.6%-11.3%)	258
----Age----									
12 or younger	8.3%	(6.0%-10.7%)	126	8.4%	(5.9%-10.8%)	63	8.4%	(4.9%-11.9%)	63
13	9.4%	(8.3%-10.5%)	258	10.8%	(8.4%-13.1%)	146	8.2%	(5.5%-10.9%)	112
14 or older	13.2%	(10.1%-16.3%)	142	12.3%	(5.7%-19.0%)	55	13.6%	(9.9%-17.3%)	84
----Grade----									
Grade 7	8.3%	(6.2%-10.4%)	212	8.2%	(5.9%-10.5%)	100	8.5%	(5.6%-11.5%)	112
Grade 8	11.0%	(8.9%-13.1%)	305	11.8%	(8.4%-15.2%)	159	10.2%	(8.3%-12.2%)	143
----Hispanic Ethnicity----									
Hispanic	18.5%	(11.7%-25.2%)	55	19.4%	(9.0%-29.8%)~	28	18.0%	(5.7%-30.2%)~	27
Non-Hispanic	9.3%	(8.2%-10.3%)	447	9.6%	(7.6%-11.5%)	221	9.1%	(7.3%-10.9%)	223
----Race----									
American Indian or Alaskan Native	16.6%	(0.0%-34.5%)~	9	*	*	*	*	*	*
Asian	14.8%	(3.7%-25.9%)~	26	13.3%	(0.4%-26.2%)~	12	16.2%	(1.1%-31.3%)~	15
Black or African American	4.2%	(0.0%-8.4%)	17	4.0%	(0.0%-8.6%)	8	4.5%	(0.0%-11.3%)	8
Native Hawaiian or Other Pacific Islander	15.0%	(0.0%-33.1%)~	6	*	*	*	*	*	*
White	9.7%	(8.4%-11.0%)	419	10.1%	(8.0%-12.2%)	207	9.4%	(7.2%-11.6%)	209
Multiple Races	14.5%	(9.4%-19.6%)	33	12.2%	(4.9%-19.4%)	13	16.6%	(9.3%-24.0%)	20

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a_2)
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.1%	(10.8%-13.5%)	526	13.3%	(11.2%-15.3%)	264	11.2%	(8.9%-13.5%)	258
----Age----									
12 or younger	10.3%	(7.4%-13.3%)	126	10.7%	(7.8%-13.7%)	63	10.0%	(5.6%-14.4%)	63
13	11.6%	(10.2%-13.0%)	258	13.9%	(11.1%-16.8%)	146	9.6%	(6.4%-12.8%)	112
14 or older	16.3%	(12.2%-20.4%)	142	16.0%	(6.9%-25.1%)	55	16.2%	(11.5%-20.8%)	84
----Grade----									
Grade 7	10.3%	(7.7%-12.9%)	212	10.6%	(7.7%-13.5%)	100	10.1%	(6.5%-13.8%)	112
Grade 8	13.6%	(11.0%-16.2%)	305	15.2%	(11.1%-19.3%)	159	12.0%	(9.5%-14.5%)	143
----Hispanic Ethnicity----									
Hispanic	23.3%	(15.7%-30.9%)	55	25.2%	(12.5%-37.9%)~	28	22.2%	(8.6%-35.8%)~	27
Non-Hispanic	11.5%	(10.1%-12.8%)	447	12.3%	(9.9%-14.7%)	221	10.7%	(8.5%-12.9%)	223
----Race----									
American Indian or Alaskan Native	19.5%	(0.0%-40.0%)~	9	*	*	*	*	*	*
Asian	17.9%	(5.0%-30.8%)~	26	14.7%	(0.4%-29.1%)~	12	21.6%	(3.1%-40.1%)~	15
Black or African American	5.0%	(0.0%-10.1%)	17	5.3%	(0.0%-11.4%)	8	4.8%	(0.0%-12.0%)	8
Native Hawaiian or Other Pacific Islander	21.8%	(0.7%-42.9%)~	6	*	*	*	*	*	*
White	12.1%	(10.5%-13.7%)	419	13.2%	(10.6%-15.9%)	207	11.1%	(8.6%-13.7%)	209
Multiple Races	17.0%	(11.3%-22.7%)	33	14.5%	(6.5%-22.5%)	13	19.1%	(10.6%-27.6%)	20

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.7%	(15.0%-18.3%)	884	18.7%	(15.2%-22.2%)	476	14.2%	(12.1%-16.4%)	385
----Age----									
12 or younger	16.3%	(12.7%-19.9%)	243	17.1%	(11.3%-22.9%)	126	15.9%	(11.8%-19.9%)	117
13	16.7%	(14.6%-18.8%)	456	18.4%	(14.8%-22.0%)	248	13.9%	(10.4%-17.3%)	188
14 or older	16.4%	(13.6%-19.2%)	175	20.8%	(15.4%-26.1%)	92	13.1%	(8.2%-18.0%)	80
----Grade----									
Grade 7	17.2%	(14.1%-20.3%)	435	18.4%	(13.1%-23.7%)	220	15.4%	(12.3%-18.6%)	202
Grade 8	16.3%	(14.2%-18.4%)	449	19.0%	(16.0%-22.1%)	256	13.2%	(9.8%-16.6%)	183
----Hispanic Ethnicity----									
Hispanic	32.5%	(24.5%-40.5%)	96	38.7%	(27.7%-49.8%)~	55	25.2%	(13.9%-36.6%)~	38
Non-Hispanic	15.9%	(14.2%-17.7%)	761	17.6%	(14.1%-21.1%)	403	13.9%	(11.7%-16.1%)	338
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	11.6%	(2.0%-21.2%)	20	13.7%	(0.3%-27.0%)~	11	9.8%	(0.0%-24.0%)~	9
Black or African American	14.9%	(6.3%-23.5%)	58	15.5%	(2.7%-28.2%)~	30	13.4%	(4.2%-22.5%)	24
Native Hawaiian or Other Pacific Islander	43.3%	(10.9%-75.6%)~	17	33.2%	(0.0%-72.5%)~	6	50.3%	(2.7%-98.0%)~	12
White	16.7%	(14.8%-18.6%)	714	18.3%	(14.5%-22.1%)	372	14.6%	(11.6%-17.5%)	322
Multiple Races	17.2%	(11.3%-23.1%)	39	27.9%	(16.2%-39.6%)~	30	7.4%	(0.0%-17.5%)	9

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a_2)
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.8%	(18.7%-23.0%)	884	25.0%	(20.4%-29.6%)	476	16.7%	(14.1%-19.3%)	385
----Age----									
12 or younger	20.6%	(16.2%-25.1%)	243	21.8%	(14.6%-29.1%)	126	19.6%	(15.0%-24.2%)	117
13	20.7%	(18.1%-23.3%)	456	24.8%	(20.1%-29.6%)	248	15.9%	(12.0%-19.8%)	188
14 or older	20.7%	(16.8%-24.6%)	175	29.3%	(21.0%-37.5%)	92	15.2%	(9.3%-21.1%)	80
----Grade----									
Grade 7	21.4%	(17.6%-25.2%)	435	24.0%	(17.2%-30.8%)	220	18.5%	(14.8%-22.2%)	202
Grade 8	20.4%	(17.4%-23.4%)	449	26.1%	(21.9%-30.3%)	256	15.2%	(10.8%-19.6%)	183
----Hispanic Ethnicity----									
Hispanic	38.9%	(30.2%-47.7%)	96	49.7%	(40.0%-59.5%)	55	28.5%	(14.9%-42.1%)~	38
Non-Hispanic	20.0%	(17.9%-22.1%)	761	23.6%	(18.9%-28.3%)	403	16.4%	(13.8%-18.9%)	338
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	14.7%	(3.4%-26.0%)~	20	15.8%	(1.4%-30.2%)~	11	13.5%	(0.0%-32.6%)~	9
Black or African American	17.7%	(7.9%-27.6%)	58	20.0%	(5.5%-34.6%)~	30	14.8%	(5.0%-24.5%)	24
Native Hawaiian or Other Pacific Islander	47.1%	(13.6%-80.5%)~	17	33.2%	(0.0%-72.5%)~	6	58.4%	(9.9%-100.0%)~	12
White	20.9%	(18.5%-23.3%)	714	24.9%	(19.5%-30.3%)	372	17.0%	(13.6%-20.5%)	322
Multiple Races	21.7%	(14.2%-29.2%)	39	34.1%	(21.8%-46.4%)~	30	9.6%	(0.0%-23.2%)~	9

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
Percentage of students who have a disability (mndisab_b)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.5%	(20.8%-24.2%)	1,189	24.0%	(21.4%-26.7%)	611	20.5%	(17.9%-23.1%)	552
----Age----									
12 or younger	20.8%	(16.5%-25.2%)	310	21.1%	(15.2%-27.1%)	157	20.8%	(15.4%-26.3%)	153
13	22.4%	(20.3%-24.5%)	608	24.3%	(21.2%-27.4%)	326	19.4%	(15.8%-23.0%)	262
14 or older	24.5%	(21.0%-28.0%)	261	26.7%	(19.9%-33.5%)	119	22.4%	(16.6%-28.2%)	137
----Grade----									
Grade 7	22.0%	(18.4%-25.5%)	554	22.5%	(17.0%-27.9%)	269	21.0%	(16.6%-25.4%)	273
Grade 8	22.9%	(20.5%-25.2%)	626	25.2%	(22.6%-27.8%)	337	20.0%	(16.3%-23.6%)	276
----Hispanic Ethnicity----									
Hispanic	40.1%	(32.1%-48.1%)	119	44.0%	(35.0%-52.9%)	63	35.1%	(19.9%-50.3%)~	53
Non-Hispanic	21.6%	(19.8%-23.3%)	1,025	22.7%	(19.8%-25.5%)	517	20.0%	(17.3%-22.7%)	485
----Race----									
American Indian or Alaskan Native	26.4%	(5.5%-47.3%)~	15	31.5%	(0.0%-65.0%)~	9	21.2%	(0.0%-48.8%)~	6
Asian	16.9%	(5.3%-28.4%)~	29	17.6%	(2.5%-32.7%)~	15	16.2%	(1.1%-31.3%)~	15
Black or African American	17.7%	(9.1%-26.4%)	69	17.9%	(6.2%-29.6%)~	36	16.6%	(6.2%-27.1%)~	30
Native Hawaiian or Other Pacific Islander	54.4%	(26.6%-82.3%)~	20	49.6%	(7.7%-91.5%)~	8	58.4%	(9.9%-100.0%)~	12
White	22.5%	(20.3%-24.6%)	958	23.6%	(20.6%-26.7%)	479	20.7%	(17.1%-24.4%)	456
Multiple Races	25.7%	(17.8%-33.7%)	58	32.3%	(19.2%-45.5%)~	35	19.6%	(10.8%-28.4%)	23

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Percentage of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (mndisab_b_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.2%	(22.3%-26.2%)	1,189	26.8%	(23.8%-29.8%)	611	21.4%	(18.6%-24.2%)	552
----Age----									
12 or younger	22.5%	(18.0%-27.0%)	310	23.1%	(16.9%-29.4%)	157	22.1%	(16.7%-27.4%)	153
13	24.1%	(21.8%-26.4%)	608	27.1%	(23.6%-30.7%)	326	20.2%	(16.4%-24.0%)	262
14 or older	26.4%	(22.5%-30.4%)	261	30.7%	(22.2%-39.2%)	119	23.3%	(17.1%-29.4%)	137
----Grade----									
Grade 7	23.4%	(19.7%-27.2%)	554	24.4%	(18.6%-30.2%)	269	21.9%	(17.4%-26.5%)	273
Grade 8	24.9%	(22.0%-27.7%)	626	28.8%	(25.8%-31.8%)	337	20.8%	(16.8%-24.9%)	276
----Hispanic Ethnicity----									
Hispanic	43.4%	(34.8%-51.9%)	119	47.6%	(38.9%-56.3%)	63	38.0%	(21.4%-54.6%)~	53
Non-Hispanic	23.3%	(21.4%-25.2%)	1,025	25.4%	(22.2%-28.6%)	517	20.9%	(18.0%-23.8%)	485
----Race----									
American Indian or Alaskan Native	27.8%	(6.5%-49.0%)~	15	35.0%	(0.0%-70.9%)~	9	21.2%	(0.0%-48.8%)~	6
Asian	19.1%	(6.6%-31.5%)~	29	18.2%	(3.2%-33.2%)~	15	20.0%	(2.1%-38.0%)~	15
Black or African American	19.1%	(9.7%-28.5%)	69	21.3%	(8.1%-34.5%)~	36	16.4%	(6.1%-26.7%)~	30
Native Hawaiian or Other Pacific Islander	54.4%	(26.6%-82.3%)~	20	49.6%	(7.7%-91.5%)~	8	58.4%	(9.9%-100.0%)~	12
White	24.2%	(22.0%-26.4%)	958	26.4%	(22.8%-30.0%)	479	21.6%	(18.0%-25.3%)	456
Multiple Races	27.7%	(19.0%-36.3%)	58	35.3%	(22.7%-47.9%)~	35	20.8%	(9.7%-31.9%)~	23

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 19
Health Care Access

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b)
Percentage of students who answered 'During the past 12 months'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	80.4%	(76.4%-84.4%)	4,327	80.2%	(74.7%-85.7%)	2,067	80.8%	(77.0%-84.5%)	2,214
---Age---									
12 or younger	78.2%	(73.4%-83.1%)	1,199	78.4%	(71.1%-85.6%)	599	78.2%	(73.0%-83.4%)	592
13	81.7%	(77.8%-85.5%)	2,252	81.3%	(76.8%-85.8%)	1,108	82.3%	(77.1%-87.5%)	1,126
14 or older	80.0%	(71.8%-88.3%)	858	79.2%	(68.2%-90.2%)~	348	80.5%	(72.6%-88.5%)	496
---Grade---									
Grade 7	77.6%	(73.2%-81.9%)	2,009	77.4%	(71.2%-83.5%)	948	78.2%	(73.4%-83.0%)	1,043
Grade 8	83.4%	(78.5%-88.3%)	2,309	83.1%	(77.5%-88.6%)	1,120	83.5%	(77.7%-89.3%)	1,165
---Hispanic Ethnicity---									
Hispanic	70.6%	(60.2%-81.1%)~	212	70.4%	(56.6%-84.2%)~	101	72.3%	(60.1%-84.4%)~	110
Non-Hispanic	81.1%	(77.1%-85.2%)	3,920	81.2%	(75.9%-86.5%)	1,881	81.1%	(77.3%-84.9%)	2,002
---Race---									
American Indian or Alaskan Native	81.1%	(65.8%-96.4%)~	48	*	*	*	*	*	*
Asian	68.6%	(59.3%-78.0%)	121	78.1%	(64.5%-91.6%)~	67	59.7%	(41.8%-77.6%)~	54
Black or African American	62.7%	(55.6%-69.9%)	253	52.5%	(44.9%-60.0%)	107	72.0%	(62.1%-82.0%)	137
Native Hawaiian or Other Pacific Islander	83.8%	(62.6%-100.0%)~	29	*	*	*	*	*	*
White	83.1%	(79.1%-87.1%)	3,604	84.2%	(79.1%-89.3%)	1,730	82.3%	(77.9%-86.6%)	1,843
Multiple Races	76.7%	(64.7%-88.7%)~	174	74.5%	(61.6%-87.5%)~	81	78.7%	(62.4%-94.9%)~	93

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b_2)
Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	87.4%	(84.3%-90.4%)	4,327	88.3%	(83.8%-92.9%)	2,067	86.4%	(83.6%-89.2%)	2,214
----Age----									
12 or younger	88.4%	(84.4%-92.3%)	1,199	91.4%	(86.8%-95.9%)	599	85.4%	(79.8%-91.0%)	592
13	87.3%	(84.3%-90.4%)	2,252	87.4%	(82.6%-92.3%)	1,108	87.3%	(83.5%-91.0%)	1,126
14 or older	85.9%	(79.2%-92.5%)	858	85.8%	(77.5%-94.2%)	348	85.5%	(78.6%-92.5%)	496
----Grade----									
Grade 7	86.4%	(82.8%-90.1%)	2,009	88.2%	(83.1%-93.3%)	948	84.9%	(80.7%-89.2%)	1,043
Grade 8	88.4%	(84.8%-92.1%)	2,309	88.7%	(84.0%-93.3%)	1,120	88.0%	(83.8%-92.2%)	1,165
----Hispanic Ethnicity----									
Hispanic	81.1%	(73.6%-88.5%)	212	86.5%	(74.9%-98.2%)~	101	76.6%	(64.2%-88.9%)~	110
Non-Hispanic	87.3%	(84.0%-90.6%)	3,920	88.0%	(83.2%-92.7%)	1,881	86.6%	(83.6%-89.6%)	2,002
----Race----									
American Indian or Alaskan Native	85.2%	(69.7%-100.0%)~	48	*	*	*	*	*	*
Asian	78.5%	(68.5%-88.6%)~	121	*	*	*	*	*	*
Black or African American	72.8%	(66.2%-79.3%)	253	64.8%	(56.3%-73.4%)	107	79.0%	(72.5%-85.4%)	137
Native Hawaiian or Other Pacific Islander	83.8%	(62.6%-100.0%)~	29	*	*	*	*	*	*
White	89.2%	(86.1%-92.3%)	3,604	90.9%	(86.4%-95.3%)	1,730	87.7%	(84.3%-91.0%)	1,843
Multiple Races	82.9%	(72.0%-93.7%)~	174	80.9%	(68.4%-93.5%)~	81	84.6%	(72.1%-97.1%)~	93

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 20 Assets

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
On an average school night, how many hours of sleep do you get? (mn178)
Percentage of student who answered at least 8 hours

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	53.9%	(49.6%-58.2%)	2,907	48.0%	(42.7%-53.4%)	1,240	59.5%	(54.0%-65.0%)	1,640
---Age---									
12 or younger	61.9%	(55.6%-68.2%)	945	57.1%	(49.3%-65.0%)	434	67.2%	(59.3%-75.1%)	509
13	51.6%	(46.2%-56.9%)	1,427	43.9%	(36.8%-51.0%)	599	59.2%	(52.7%-65.7%)	815
14 or older	48.0%	(42.7%-53.2%)	519	44.4%	(36.2%-52.6%)	199	50.8%	(44.2%-57.3%)	316
---Grade---									
Grade 7	59.6%	(54.0%-65.1%)	1,541	54.9%	(47.2%-62.5%)	668	64.1%	(56.8%-71.4%)	859
Grade 8	48.8%	(44.0%-53.7%)	1,360	42.2%	(38.0%-46.5%)	573	55.5%	(49.1%-61.8%)	779
---Hispanic Ethnicity---									
Hispanic	41.6%	(35.7%-47.6%)	124	23.8%	(10.9%-36.6%)~	34	59.0%	(49.1%-69.0%)	90
Non-Hispanic	54.0%	(49.6%-58.3%)	2,616	48.8%	(43.4%-54.2%)	1,134	59.1%	(53.4%-64.7%)	1,465
---Race---									
American Indian or Alaskan Native	61.0%	(38.1%-84.0%)~	36	52.8%	(15.9%-89.6%)~	16	70.4%	(39.7%-100.0%)~	20
Asian	49.3%	(33.7%-64.8%)~	88	47.8%	(25.8%-69.7%)~	42	50.7%	(33.1%-68.3%)~	46
Black or African American	50.2%	(41.7%-58.7%)	200	45.3%	(35.6%-55.0%)	92	54.8%	(45.0%-64.5%)	103
Native Hawaiian or Other Pacific Islander	32.6%	(5.4%-59.8%)~	12	*	*	*	*	*	*
White	55.3%	(50.6%-60.0%)	2,402	49.2%	(42.9%-55.5%)	1,011	61.1%	(54.9%-67.3%)	1,373
Multiple Races	45.7%	(31.8%-59.6%)~	105	38.8%	(19.7%-57.9%)~	42	51.9%	(36.0%-67.7%)~	63

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of student who answered at least 8 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
During the past 12 months, how would you describe your grades in school? (mn171)
Percentage of students who answered 'Mostly A's' or 'Mostly B's'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	78.7%	(72.3%-85.1%)	4,242	80.0%	(72.7%-87.3%)	2,072	77.6%	(71.5%-83.6%)	2,126
----Age----									
12 or younger	79.4%	(71.6%-87.3%)	1,206	79.5%	(69.0%-90.0%)~	603	79.4%	(72.5%-86.4%)	595
13	78.4%	(71.1%-85.6%)	2,163	78.6%	(70.2%-87.0%)	1,071	78.3%	(71.0%-85.6%)	1,073
14 or older	78.4%	(72.0%-84.7%)	855	85.3%	(78.8%-91.7%)	386	73.7%	(64.9%-82.4%)	458
----Grade----									
Grade 7	80.2%	(73.1%-87.4%)	2,067	79.7%	(69.8%-89.6%)	973	80.5%	(74.4%-86.6%)	1,066
Grade 8	77.5%	(70.7%-84.2%)	2,164	80.6%	(73.8%-87.4%)	1,097	75.0%	(66.7%-83.2%)	1,053
----Hispanic Ethnicity----									
Hispanic	73.4%	(65.1%-81.7%)	222	70.2%	(60.2%-80.2%)~	103	75.8%	(64.6%-87.1%)~	116
Non-Hispanic	79.3%	(72.8%-85.8%)	3,841	81.1%	(73.7%-88.5%)	1,887	77.9%	(71.7%-84.1%)	1,924
----Race----									
American Indian or Alaskan Native	76.1%	(58.9%-93.4%)~	45	*	*	*	*	*	*
Asian	72.1%	(60.4%-83.9%)~	129	75.2%	(58.1%-92.2%)~	67	69.2%	(48.2%-90.3%)~	63
Black or African American	65.9%	(59.0%-72.8%)	268	61.8%	(52.8%-70.8%)	127	68.7%	(61.4%-75.9%)	133
Native Hawaiian or Other Pacific Islander	38.9%	(9.6%-68.2%)~	14	34.0%	(0.0%-73.9%)~	6	42.9%	(0.0%-92.2%)~	9
White	80.7%	(74.5%-87.0%)	3,495	82.8%	(75.9%-89.6%)	1,700	78.9%	(72.4%-85.5%)	1,762
Multiple Races	77.8%	(66.8%-88.9%)~	176	79.9%	(65.5%-94.2%)~	87	75.9%	(60.6%-91.3%)~	90

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Mostly A's' or 'Mostly B's' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)
Percentage of students who answered at least 1 hour

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.0%	(48.2%-55.8%)	2,795	56.3%	(52.8%-59.9%)	1,451	47.7%	(42.5%-52.8%)	1,297
----Age----									
12 or younger	54.3%	(46.1%-62.4%)	838	56.9%	(46.8%-67.0%)~	434	50.9%	(41.4%-60.4%)	381
13	50.4%	(46.6%-54.3%)	1,349	55.9%	(51.8%-59.9%)	699	45.2%	(39.1%-51.2%)	627
14 or older	52.6%	(47.8%-57.4%)	596	56.3%	(48.4%-64.2%)	312	49.1%	(43.2%-54.9%)	284
----Grade----									
Grade 7	53.3%	(47.1%-59.5%)	1,375	56.7%	(49.7%-63.6%)	691	49.6%	(42.8%-56.5%)	656
Grade 8	50.7%	(48.2%-53.1%)	1,392	55.8%	(52.3%-59.4%)	745	45.7%	(41.4%-50.0%)	634
----Hispanic Ethnicity----									
Hispanic	49.4%	(36.9%-61.8%)~	122	50.1%	(34.6%-65.6%)~	69	47.3%	(32.2%-62.4%)~	51
Non-Hispanic	52.1%	(48.3%-55.8%)	2,577	57.0%	(53.1%-61.0%)	1,344	47.2%	(41.9%-52.5%)	1,196
----Race----									
American Indian or Alaskan Native	41.3%	(18.5%-64.1%)~	22	*	*	*	*	*	*
Asian	49.1%	(31.4%-66.9%)~	77	49.6%	(27.1%-72.2%)~	37	50.3%	(27.1%-73.5%)~	41
Black or African American	49.3%	(40.6%-58.0%)	185	50.1%	(38.9%-61.2%)~	87	48.7%	(36.9%-60.6%)~	96
Native Hawaiian or Other Pacific Islander	36.8%	(0.0%-80.9%)~	6	*	*	*	*	*	*
White	51.9%	(47.9%-55.8%)	2,267	56.1%	(52.0%-60.1%)	1,173	47.6%	(42.1%-53.1%)	1,058
Multiple Races	58.7%	(48.5%-68.8%)~	166	64.8%	(52.9%-76.8%)~	91	51.6%	(36.2%-66.9%)~	72

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)
Percentage of students who answered 'Strongly agree' or 'Agree'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	68.7%	(64.9%-72.6%)	3,698	69.5%	(64.7%-74.3%)	1,792	68.2%	(64.4%-71.9%)	1,864
----Age----									
12 or younger	69.6%	(64.1%-75.1%)	1,070	69.8%	(63.2%-76.4%)	532	69.8%	(64.5%-75.0%)	526
13	66.9%	(62.5%-71.2%)	1,820	67.4%	(61.3%-73.5%)	882	66.7%	(62.7%-70.8%)	922
14 or older	71.8%	(68.4%-75.1%)	792	74.4%	(69.3%-79.6%)	371	69.4%	(63.6%-75.2%)	414
----Grade----									
Grade 7	69.1%	(64.5%-73.7%)	1,784	69.6%	(63.4%-75.8%)	848	69.0%	(64.6%-73.5%)	916
Grade 8	68.4%	(64.6%-72.3%)	1,890	69.4%	(64.5%-74.2%)	933	67.6%	(63.3%-71.9%)	942
----Hispanic Ethnicity----									
Hispanic	62.5%	(52.1%-72.9%)~	170	61.8%	(50.4%-73.1%)~	87	63.7%	(51.1%-76.3%)~	81
Non-Hispanic	68.7%	(64.8%-72.5%)	3,357	69.5%	(64.7%-74.3%)	1,626	68.3%	(64.4%-72.1%)	1,705
----Race----									
American Indian or Alaskan Native	58.0%	(38.9%-77.1%)~	31	49.3%	(18.3%-80.4%)~	14	67.5%	(50.3%-84.6%)~	17
Asian	63.4%	(49.3%-77.5%)~	106	61.9%	(45.1%-78.7%)~	49	65.9%	(51.9%-79.9%)~	56
Black or African American	60.6%	(51.0%-70.2%)	235	59.2%	(48.1%-70.4%)~	112	61.9%	(50.8%-73.1%)~	119
Native Hawaiian or Other Pacific Islander	37.9%	(15.9%-59.8%)~	10	*	*	*	*	*	*
White	70.3%	(67.0%-73.6%)	3,062	71.4%	(67.0%-75.8%)	1,479	69.4%	(66.2%-72.6%)	1,554
Multiple Races	64.2%	(56.2%-72.1%)	163	63.9%	(54.1%-73.7%)	79	65.1%	(54.6%-75.7%)~	84

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

How often does one of your parents or guardians talk with you about what you are doing in school? (mn144a)
Percentage of students who answered 'About every day' or 'About once or twice a week'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	84.6%	(82.2%-87.0%)	4,542	83.5%	(79.9%-87.2%)	2,155	85.8%	(83.9%-87.8%)	2,336
---Age---									
12 or younger	85.1%	(81.3%-88.9%)	1,312	82.9%	(78.0%-87.9%)	637	87.1%	(83.8%-90.4%)	654
13	83.7%	(81.3%-86.2%)	2,269	82.7%	(78.3%-87.1%)	1,078	85.1%	(82.9%-87.3%)	1,172
14 or older	85.8%	(83.0%-88.5%)	943	86.3%	(83.2%-89.3%)	430	85.9%	(83.0%-88.8%)	509
---Grade---									
Grade 7	84.3%	(81.5%-87.2%)	2,181	82.6%	(78.1%-87.1%)	1,009	86.0%	(83.8%-88.1%)	1,142
Grade 8	85.0%	(82.6%-87.3%)	2,338	84.6%	(81.2%-88.1%)	1,137	85.8%	(83.5%-88.1%)	1,186
---Hispanic Ethnicity---									
Hispanic	79.6%	(72.7%-86.6%)	217	80.8%	(71.7%-89.9%)	114	77.9%	(68.8%-87.0%)	100
Non-Hispanic	85.0%	(82.8%-87.3%)	4,154	83.8%	(80.2%-87.4%)	1,964	86.4%	(84.4%-88.3%)	2,150
---Race---									
American Indian or Alaskan Native	70.2%	(51.3%-89.2%)~	38	66.2%	(47.4%-84.9%)~	19	74.9%	(45.7%-100.0%)~	19
Asian	76.2%	(69.5%-82.8%)	125	75.4%	(65.7%-85.0%)	59	78.2%	(69.1%-87.2%)	66
Black or African American	73.5%	(67.8%-79.2%)	283	70.0%	(61.0%-79.1%)	131	76.7%	(71.0%-82.3%)	146
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	86.3%	(84.2%-88.5%)	3,759	85.4%	(81.9%-88.9%)	1,773	87.4%	(85.3%-89.4%)	1,948
Multiple Races	84.8%	(80.3%-89.3%)	214	88.5%	(82.2%-94.7%)	109	82.3%	(77.2%-87.4%)	104

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'About every day' or 'About once or twice a week' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)
How often does your family give you love and support? (mn188)
Percentage of students who answered 'Most of the time' or 'Always'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	87.5%	(85.5%-89.5%)	4,703	84.5%	(81.6%-87.3%)	2,176	90.7%	(88.9%-92.5%)	2,479
----Age----									
12 or younger	89.9%	(87.6%-92.2%)	1,377	84.4%	(80.8%-88.0%)	641	95.6%	(93.6%-97.6%)	718
13	86.2%	(83.6%-88.9%)	2,347	83.9%	(79.3%-88.5%)	1,099	89.0%	(86.8%-91.2%)	1,231
14 or older	87.4%	(84.4%-90.4%)	964	86.1%	(82.2%-89.9%)	428	88.8%	(85.0%-92.6%)	530
----Grade----									
Grade 7	88.3%	(86.0%-90.5%)	2,273	84.2%	(81.2%-87.2%)	1,023	92.2%	(89.5%-94.8%)	1,223
Grade 8	86.8%	(84.1%-89.6%)	2,401	84.8%	(80.8%-88.8%)	1,142	89.3%	(86.7%-91.8%)	1,244
----Hispanic Ethnicity----									
Hispanic	76.8%	(70.9%-82.6%)	207	70.1%	(62.1%-78.2%)	99	83.9%	(77.3%-90.4%)	107
Non-Hispanic	88.1%	(86.1%-90.0%)	4,303	85.5%	(82.5%-88.4%)	1,996	90.9%	(89.0%-92.7%)	2,271
----Race----									
American Indian or Alaskan Native	81.7%	(70.6%-92.8%)~	44	*	*	*	*	*	*
Asian	82.0%	(73.8%-90.1%)	136	76.9%	(64.3%-89.5%)~	61	86.5%	(78.4%-94.5%)	74
Black or African American	75.6%	(70.9%-80.3%)	294	73.7%	(65.7%-81.7%)	138	78.0%	(73.9%-82.0%)	151
Native Hawaiian or Other Pacific Islander	71.0%	(46.5%-95.5%)~	19	*	*	*	*	*	*
White	89.5%	(87.9%-91.1%)	3,888	86.6%	(84.0%-89.1%)	1,793	92.6%	(90.9%-94.3%)	2,063
Multiple Races	79.4%	(73.5%-85.3%)	203	76.1%	(66.6%-85.6%)	94	83.3%	(77.3%-89.4%)	109

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)
Percentage of students who answered at least 5 days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	80.0%	(77.0%-83.0%)	4,289	77.5%	(73.3%-81.8%)	1,990	82.7%	(79.6%-85.8%)	2,262
----Age----									
12 or younger	82.9%	(79.5%-86.3%)	1,256	82.6%	(77.0%-88.2%)	621	83.3%	(78.9%-87.7%)	626
13	80.1%	(76.6%-83.5%)	2,202	76.5%	(71.4%-81.6%)	1,034	84.2%	(80.9%-87.4%)	1,153
14 or older	75.4%	(69.5%-81.3%)	810	71.5%	(62.2%-80.8%)	320	78.6%	(71.5%-85.7%)	482
----Grade----									
Grade 7	82.8%	(79.8%-85.9%)	2,128	81.1%	(76.3%-85.9%)	981	85.0%	(81.4%-88.5%)	1,128
Grade 8	77.7%	(73.5%-82.0%)	2,152	74.8%	(69.8%-79.8%)	1,009	80.8%	(75.9%-85.6%)	1,128
----Hispanic Ethnicity----									
Hispanic	72.7%	(65.2%-80.2%)	216	72.2%	(57.5%-86.9%)~	106	72.6%	(62.8%-82.4%)	107
Non-Hispanic	80.3%	(77.0%-83.6%)	3,864	77.7%	(72.7%-82.7%)	1,787	83.1%	(79.9%-86.3%)	2,048
----Race----									
American Indian or Alaskan Native	84.5%	(67.4%-100.0%)~	45	*	*	*	*	*	*
Asian	71.4%	(60.4%-82.4%)~	126	74.7%	(63.2%-86.1%)~	66	68.2%	(50.4%-85.9%)~	60
Black or African American	67.1%	(60.4%-73.9%)	260	65.8%	(58.4%-73.2%)	130	69.1%	(59.4%-78.7%)	127
Native Hawaiian or Other Pacific Islander	57.0%	(24.6%-89.3%)~	23	*	*	*	*	*	*
White	81.7%	(78.9%-84.6%)	3,530	78.3%	(73.1%-83.6%)	1,600	85.2%	(82.0%-88.3%)	1,902
Multiple Races	80.5%	(72.1%-89.0%)	187	85.0%	(71.4%-98.6%)~	92	76.6%	(68.2%-85.0%)	95

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b_2)
Percentage of students who answered 0 days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.9%	(3.5%-6.2%)	261	5.9%	(4.0%-7.8%)	151	3.8%	(2.3%-5.4%)	104
----Age----									
12 or younger	3.9%	(1.7%-6.2%)	59	4.0%	(1.4%-6.5%)	30	3.5%	(1.0%-6.1%)	27
13	4.6%	(3.0%-6.2%)	127	5.9%	(3.2%-8.7%)	80	3.2%	(1.5%-4.9%)	44
14 or older	7.0%	(4.5%-9.5%)	75	9.2%	(4.5%-13.9%)	41	5.5%	(2.4%-8.7%)	34
----Grade----									
Grade 7	3.8%	(2.0%-5.6%)	98	4.2%	(2.2%-6.2%)	51	3.1%	(1.5%-4.7%)	41
Grade 8	5.4%	(3.6%-7.2%)	150	6.8%	(3.8%-9.9%)	92	4.1%	(1.9%-6.4%)	57
----Hispanic Ethnicity----									
Hispanic	11.7%	(4.3%-19.1%)	35	11.7%	(1.9%-21.5%)	17	12.0%	(1.5%-22.4%)~	18
Non-Hispanic	4.4%	(3.1%-5.7%)	212	5.2%	(3.1%-7.3%)	120	3.5%	(2.1%-4.9%)	87
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	8.1%	(0.0%-16.9%)	14	9.5%	(0.0%-20.8%)~	8	6.7%	(0.0%-20.1%)~	6
Black or African American	11.5%	(4.8%-18.3%)	45	12.0%	(4.5%-19.5%)	24	11.4%	(1.6%-21.2%)	21
Native Hawaiian or Other Pacific Islander	14.4%	(0.0%-33.6%)~	6	*	*	*	*	*	*
White	3.8%	(2.4%-5.1%)	163	4.8%	(2.6%-7.1%)	99	2.7%	(1.4%-4.0%)	61
Multiple Races	4.8%	(0.0%-10.3%)	11	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 0 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)

Do you agree or disagree that in your community you feel like you matter to people? (mn148)
Percentage of students who answered 'Strongly agree' or 'Agree'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	58.4%	(54.3%-62.5%)	3,121	53.0%	(47.8%-58.1%)	1,360	64.1%	(60.4%-67.8%)	1,739
----Age----									
12 or younger	60.8%	(54.8%-66.8%)	927	57.6%	(49.7%-65.5%)	435	64.0%	(58.7%-69.4%)	480
13	56.8%	(51.9%-61.8%)	1,538	50.8%	(44.5%-57.1%)	665	63.5%	(58.9%-68.1%)	869
14 or older	59.0%	(55.5%-62.5%)	646	51.4%	(43.9%-58.9%)	254	65.8%	(61.7%-69.8%)	390
----Grade----									
Grade 7	59.0%	(54.2%-63.8%)	1,517	56.0%	(49.9%-62.1%)	679	62.4%	(57.9%-66.9%)	825
Grade 8	57.8%	(53.2%-62.3%)	1,585	50.4%	(44.1%-56.7%)	675	65.7%	(61.8%-69.6%)	906
----Hispanic Ethnicity----									
Hispanic	43.7%	(34.4%-53.0%)	118	39.8%	(30.1%-49.6%)	56	47.9%	(35.2%-60.6%)~	61
Non-Hispanic	59.2%	(55.1%-63.3%)	2,878	53.9%	(48.5%-59.3%)	1,256	64.9%	(61.3%-68.5%)	1,610
----Race----									
American Indian or Alaskan Native	48.9%	(35.1%-62.8%)~	26	37.9%	(13.7%-62.1%)~	10	60.4%	(32.7%-88.2%)~	16
Asian	50.0%	(39.0%-61.0%)~	83	44.1%	(25.8%-62.4%)~	36	56.5%	(45.4%-67.6%)~	47
Black or African American	52.5%	(45.7%-59.3%)	201	42.0%	(31.3%-52.6%)~	78	63.2%	(54.6%-71.7%)	120
Native Hawaiian or Other Pacific Islander	39.5%	(11.0%-67.9%)~	11	*	*	*	*	*	*
White	59.9%	(56.2%-63.6%)	2,595	55.1%	(50.4%-59.8%)	1,138	65.1%	(61.4%-68.8%)	1,443
Multiple Races	52.2%	(42.6%-61.7%)	133	45.2%	(32.7%-57.8%)~	56	59.3%	(50.5%-68.2%)	78

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Section 21 Gambling

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland County (weighted)**

Have you ever gambled on a sports team, gambled when playing cards or a dice game, played one of your state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game? (mn223)

Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.7%	(25.8%-31.6%)	1,541	19.6%	(17.4%-21.9%)	503	37.0%	(32.6%-41.4%)	1,018
----Age----									
12 or younger	28.2%	(22.9%-33.6%)	432	19.4%	(15.8%-23.0%)	146	37.0%	(27.8%-46.2%)	283
13	26.3%	(22.6%-29.9%)	721	17.3%	(13.5%-21.1%)	233	34.9%	(30.1%-39.7%)	479
14 or older	35.7%	(29.0%-42.4%)	385	27.5%	(16.8%-38.1%)~	123	41.8%	(34.9%-48.7%)	256
----Grade----									
Grade 7	28.4%	(24.4%-32.4%)	731	18.7%	(15.0%-22.4%)	226	37.0%	(31.2%-42.7%)	496
Grade 8	28.6%	(24.7%-32.5%)	793	20.1%	(15.2%-25.1%)	271	36.7%	(32.2%-41.2%)	513
----Hispanic Ethnicity----									
Hispanic	37.4%	(28.3%-46.4%)	112	31.8%	(23.1%-40.6%)	46	43.4%	(30.9%-55.8%)~	66
Non-Hispanic	28.6%	(25.6%-31.6%)	1,385	19.1%	(16.4%-21.8%)	441	37.3%	(32.5%-42.1%)	926
----Race----									
American Indian or Alaskan Native	19.0%	(1.5%-36.6%)~	11	*	*	*	*	*	*
Asian	32.0%	(21.0%-43.1%)~	56	22.3%	(9.7%-34.9%)~	19	41.2%	(22.4%-60.0%)~	37
Black or African American	22.6%	(14.1%-31.1%)	89	20.4%	(13.7%-27.2%)	41	26.0%	(9.8%-42.2%)~	48
Native Hawaiian or Other Pacific Islander	53.7%	(18.2%-89.2%)~	20	*	*	*	*	*	*
White	29.0%	(26.0%-31.9%)	1,256	19.4%	(16.3%-22.4%)	396	37.5%	(33.0%-42.0%)	843
Multiple Races	29.7%	(17.4%-41.9%)~	68	15.9%	(6.7%-25.1%)	17	42.0%	(25.5%-58.6%)~	51

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.