



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, RACE,  
AND PUBLIC HEALTH DISTRICT**

**MAINE  
2023 MIYHS GRADE 5 - 6 REPORT**

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# UNDERSTANDING THE DATA

## Reporting Thresholds and Student Confidentiality

Detailed reports have been run on the following levels for individual geographic units receiving weighted data, as survey design, response rates, and confidentiality protections allow:

- **Grade 5-6: State and Public Health District (PHD)**
- **Middle School: State, PHD, and County**
- **High School: State, PHD, and County**

**To protect student confidentiality, responses based on fewer than 6 individuals will not be shown.**

## How to Read this Report

For the Grade 5-6 detailed reports, all questions included on the 2023 MIYHS survey instrument are presented in the State and PHD detailed reports. For middle school (MS) and high school (HS), all questions that appeared on one or more of the four versions of the 2023 MIYHS survey instruments are presented in the State detailed reports, and questions on two or more versions of the MIYHS survey instruments are presented in the PHD and county detailed reports.

Each estimate is the weighted percentage of students who answered in the way specified in the question title; for instance, in 2023, 20.5% of Maine's high school students said they had consumed alcohol at least once in the 30 days prior to taking the MIYHS. The percentages are weighted to adjust for non-response and to make the estimates more representative of all Maine students, not just those who took the survey.

Because the weighted percentage is an estimate, there is some error involved. This is reflected in the Confidence Interval, which is bounded by the Lower Confidence Limit (LCL) and the Upper Confidence Limit (UCL). Confidence intervals quantify the degree of uncertainty in rate or prevalence estimates that result from sampling or random variability. Like the margin of error presented in political polls, the confidence interval presents a range of values within which the true underlying rate or prevalence is likely to lie. The 95% confidence interval is most commonly used and is presented in this report.

Percentages with very wide 95% confidence intervals (spanning more than 20 percentage points) have been flagged because they should be interpreted with caution. The true percentage may be as high or low as the 95% confidence limits.

## Comparing Data: Is a Difference Statistically Significant?

Statistically significant differences are differences between values that are more than what would have been expected by chance. Statistical significance is determined by comparing confidence intervals. If the confidence interval around one percentage does not overlap with the confidence interval around another percentage, then the estimates are considered significantly different.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	<b>%</b>	<b>CI</b>	<b>N</b>	<b>n</b>
Total	100.0%		24,623	7,778
<b>----Sex----</b>				
Female	47.8%	( 46.4% - 49.2% )	11,773	3,750
Male	49.8%	( 48.5% - 51.0% )	12,252	3,853
Missing	2.4%	( 1.9% - 3.0% )	598	175
<b>----Grade----</b>				
Grade 5	49.3%	( 41.0% - 57.5% )	12,132	2,597
Grade 6	50.1%	( 41.8% - 58.4% )	12,336	5,133
Missing	0.6%	( 0.3% - 0.9% )	155	48
<b>----Age----</b>				
10 or Younger	27.6%	( 22.8% - 32.3% )	6,792	1,437
11	49.2%	( 47.6% - 50.9% )	12,120	3,994
12 or Older	22.7%	( 18.9% - 26.4% )	5,581	2,296
Missing	0.5%	( 0.4% - 0.7% )	131	51

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	%	CI	N	n
<b>----Hispanic Ethnicity----</b>				
Hispanic	2.9%	( 2.5% - 3.3% )	719	324
Non-Hispanic	80.4%	( 78.1% - 82.8% )	19,807	6,256
Missing	16.6%	( 14.2% - 19.0% )	4,098	1,198
<b>----Race----</b>				
American Indian or Alaskan Native	1.7%	( 1.3% - 2.0% )	406	182
Asian	1.2%	( 0.8% - 1.5% )	284	143
Black or African American	3.9%	( 2.0% - 5.9% )	972	387
Native Hawaiian or Other Pacific Islander	0.3%	( 0.2% - 0.5% )	85	36
White	84.4%	( 82.0% - 86.8% )	20,778	6,255
Multiple Races	3.6%	( 3.1% - 4.2% )	898	411
Missing	4.9%	( 4.1% - 5.6% )	1,200	364
<b>----Language Spoken at Home----</b>				
Arabic	0.7%	( 0.1% - 1.3% )	170	57
Chinese	0.1%	( 0.0% - 0.2% )	31	15
English	95.1%	( 93.1% - 97.1% )	23,285	7,257
French	0.5%	( 0.3% - 0.7% )	121	50
Portuguese	0.5%	( 0.1% - 0.9% )	119	53
Somali	0.6%	( 0.0% - 1.6% )	145	42
Spanish	0.6%	( 0.4% - 0.8% )	156	67
Other Language	1.9%	( 1.3% - 2.4% )	455	190

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	%	CI	N	n
<b>----Public Health District----</b>				
Aroostook PHD	1.7%	( 1.2% - 2.3% )	428	225
Central Maine PHD	8.6%	( 4.5% - 12.8% )	2,125	663
Cumberland PHD	22.4%	( 12.6% - 32.2% )	5,514	1,902
Downeast PHD	3.5%	( 1.6% - 5.5% )	872	415
Mid-Coast PHD	9.2%	( 5.8% - 12.5% )	2,261	929
Penquis PHD	13.5%	( 6.8% - 20.1% )	3,312	877
Western Maine PHD	18.4%	( 12.1% - 24.7% )	4,533	1,219
York PHD	22.7%	( 13.5% - 31.8% )	5,579	1,548
<b>----County----</b>				
Androscoggin County	5.6%	( 0.0% - 11.9% )	1,381	318
Aroostook County	1.7%	( 1.2% - 2.3% )	428	225
Cumberland County	22.4%	( 12.6% - 32.2% )	5,514	1,902
Franklin County	6.0%	( 0.8% - 11.3% )	1,485	385
Hancock County	2.1%	( 0.0% - 4.1% )	506	238
Kennebec County	4.4%	( 1.1% - 7.8% )	1,090	360
Knox County	1.3%	( 0.0% - 3.6% )	332	168
Lincoln County	1.3%	( 0.0% - 3.2% )	329	116
Oxford County	6.8%	( 1.0% - 12.5% )	1,666	516
Penobscot County	11.4%	( 4.6% - 18.2% )	2,803	764
Piscataquis County	2.1%	( 0.0% - 5.5% )	509	113
Sagadahoc County	4.0%	( 1.3% - 6.7% )	984	430
Somerset County	4.2%	( 0.0% - 8.6% )	1,036	303
Waldo County	2.5%	( 0.0% - 5.2% )	616	215
Washington County	1.5%	( 0.5% - 2.5% )	366	177
York County	22.7%	( 13.5% - 31.8% )	5,579	1,548

# **Section 1**

## **Demographics**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*What language is spoken most often at home? (Select only one response) (en6c)*

*Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.9%	(2.9%-6.9%)	1,196	5.2%	(2.8%-7.7%)	617	4.4%	(2.7%-6.2%)	541
<b>----Age----</b>									
10 or younger	4.6%	(1.7%-7.4%)	309	4.6%	(1.4%-7.7%)	155	4.5%	(1.7%-7.3%)	140
11	4.6%	(2.7%-6.5%)	551	5.1%	(2.7%-7.4%)	294	4.1%	(2.4%-5.8%)	249
12 or older	5.8%	(3.3%-8.4%)	323	6.5%	(2.4%-10.7%)	165	4.9%	(3.4%-6.4%)	143
<b>----Grade----</b>									
Grade 5	4.3%	(2.0%-6.6%)	518	4.5%	(1.9%-7.2%)	260	4.0%	(1.8%-6.1%)	237
Grade 6	5.4%	(2.9%-8.0%)	668	5.9%	(2.6%-9.2%)	351	5.0%	(3.0%-7.0%)	304
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.5%	(12.9%-24.2%)	130	16.4%	(10.9%-21.9%)	54	19.6%	(10.7%-28.4%)	71
Non-Hispanic	4.6%	(2.6%-6.6%)	912	5.1%	(2.6%-7.6%)	493	4.1%	(2.4%-5.7%)	395
<b>----Race----</b>									
American Indian or Alaskan Native	7.7%	(2.1%-13.4%)	31	8.6%	(0.0%-18.2%)	12	6.2%	(0.9%-11.5%)	16
Asian	46.5%	(37.5%-55.4%)	127	57.6%	(43.3%-71.8%)~	85	30.4%	(15.7%-45.2%)~	36
Black or African American	39.2%	(24.5%-53.9%)~	377	43.3%	(30.7%-55.8%)~	211	34.5%	(17.2%-51.9%)~	160
Native Hawaiian or Other Pacific Islander	15.9%	(3.1%-28.7%)~	13	22.5%	(0.0%-55.2%)~	6	13.7%	(2.6%-24.8%)~	8
White	2.1%	(1.6%-2.6%)	433	1.9%	(1.4%-2.3%)	184	2.3%	(1.6%-3.0%)	241
Multiple Races	6.7%	(4.3%-9.1%)	60	7.7%	(4.3%-11.2%)	34	4.8%	(1.9%-7.7%)	20

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*What language is spoken most often at home? (Select only one response) (en6c)  
Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	4.0%	(2.3%-5.8%)	51	3.4%	(0.0%-8.1%)	21	4.9%	(0.0%-10.2%)	30
Central Maine PHD	2.2%	(0.7%-3.7%)	68	1.5%	(0.5%-2.5%)	22	2.9%	(0.2%-5.6%)	45
Cumberland PHD	8.6%	(2.4%-14.7%)	449	9.6%	(2.4%-16.9%)	245	7.8%	(2.2%-13.3%)	204
Downeast PHD	2.5%	(1.2%-3.9%)	37	1.6%	(0.0%-3.4%)	11	2.9%	(0.6%-5.3%)	22
Mid-Coast PHD	1.3%	(0.6%-2.1%)	34	1.2%	(0.1%-2.3%)	15	1.5%	(0.4%-2.6%)	19
Penquis PHD	2.8%	(1.2%-4.3%)	83	3.3%	(1.4%-5.2%)	49	2.1%	(0.5%-3.8%)	31
Western Maine PHD	4.8%	(0.0%-10.3%)	194	4.8%	(0.0%-10.8%)	93	4.4%	(0.0%-9.3%)	88
York PHD	5.3%	(1.4%-9.3%)	201	5.7%	(0.0%-11.5%)	101	4.7%	(1.9%-7.5%)	90

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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## **Section 2**

### **Unintentional Injury**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How often do you wear a seat belt when riding in a car? (en7a\_2)*

*Percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	78.1%	(76.3%-79.9%)	19,168	81.6%	(79.6%-83.6%)	9,578	74.9%	(72.8%-77.0%)	9,154
<b>---Age---</b>									
10 or younger	81.7%	(78.7%-84.7%)	5,531	86.3%	(83.3%-89.2%)	2,920	77.0%	(73.3%-80.7%)	2,432
11	78.3%	(76.3%-80.3%)	9,456	81.2%	(79.2%-83.2%)	4,693	75.7%	(72.9%-78.5%)	4,598
12 or older	73.6%	(71.0%-76.1%)	4,095	76.2%	(72.6%-79.9%)	1,923	71.2%	(68.4%-74.0%)	2,098
<b>---Grade---</b>									
Grade 5	79.4%	(77.0%-81.8%)	9,598	83.9%	(81.4%-86.3%)	4,803	75.3%	(72.2%-78.3%)	4,515
Grade 6	77.1%	(74.8%-79.4%)	9,490	79.6%	(77.1%-82.2%)	4,747	74.7%	(72.2%-77.2%)	4,603
<b>---Hispanic Ethnicity---</b>									
Hispanic	69.8%	(62.4%-77.1%)	494	73.6%	(65.1%-82.2%)	243	65.9%	(57.1%-74.8%)	243
Non-Hispanic	77.7%	(75.7%-79.6%)	15,358	81.2%	(79.2%-83.2%)	7,831	74.2%	(71.7%-76.7%)	7,241
<b>---Race---</b>									
American Indian or Alaskan Native	73.9%	(67.6%-80.2%)	299	74.6%	(62.8%-86.3%)~	107	72.9%	(64.9%-80.9%)	186
Asian	69.1%	(60.5%-77.7%)	196	76.8%	(67.1%-86.5%)	114	58.9%	(42.2%-75.6%)~	76
Black or African American	63.1%	(55.5%-70.7%)	608	72.0%	(66.8%-77.1%)	350	54.4%	(39.1%-69.8%)~	253
Native Hawaiian or Other Pacific Islander	83.4%	(71.3%-95.4%)~	71	*	*	*	*	*	*
White	79.3%	(77.4%-81.1%)	16,433	82.8%	(80.8%-84.7%)	8,185	75.9%	(73.7%-78.0%)	7,919
Multiple Races	74.1%	(68.5%-79.8%)	659	74.9%	(67.7%-82.1%)	324	75.1%	(69.0%-81.3%)	324

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How often do you wear a seat belt when riding in a car? (en7a\_2)*

*Percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	69.0%	(59.6%-78.4%)	859	76.6%	(65.1%-88.0%)~	472	61.8%	(54.8%-68.8%)	369
Central Maine PHD	78.3%	(74.0%-82.6%)	2,410	80.8%	(75.8%-85.9%)	1,186	75.8%	(69.7%-81.9%)	1,181
Cumberland PHD	82.9%	(80.2%-85.7%)	4,391	85.4%	(81.6%-89.2%)	2,168	80.9%	(78.7%-83.2%)	2,143
Downeast PHD	69.1%	(63.7%-74.6%)	1,007	73.2%	(67.1%-79.3%)	502	65.5%	(57.7%-73.4%)	483
Mid-Coast PHD	80.3%	(74.9%-85.6%)	2,072	82.7%	(76.9%-88.5%)	1,034	78.6%	(73.0%-84.3%)	989
Penquis PHD	71.3%	(65.4%-77.2%)	2,161	74.9%	(68.4%-81.5%)	1,118	67.9%	(62.5%-73.4%)	1,002
Western Maine PHD	74.4%	(70.8%-77.9%)	3,025	79.9%	(75.3%-84.5%)	1,551	69.3%	(64.0%-74.6%)	1,402
York PHD	80.5%	(78.3%-82.7%)	3,040	84.0%	(82.8%-85.3%)	1,490	77.4%	(73.8%-80.9%)	1,485

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you ride a bicycle, how often do you wear a helmet? (en9a)*

*Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.0%	(26.3%-33.7%)	6,381	26.7%	(22.7%-30.7%)	2,741	33.2%	(29.4%-37.0%)	3,501
<b>----Age----</b>									
10 or younger	27.7%	(22.7%-32.7%)	1,601	22.9%	(17.9%-28.0%)	670	32.2%	(26.1%-38.3%)	866
11	27.8%	(24.3%-31.2%)	2,943	25.4%	(21.3%-29.6%)	1,300	30.5%	(26.8%-34.2%)	1,613
12 or older	37.6%	(32.8%-42.4%)	1,808	34.9%	(29.8%-40.0%)	764	39.8%	(34.6%-45.0%)	1,008
<b>----Grade----</b>									
Grade 5	28.1%	(23.7%-32.4%)	2,904	24.3%	(19.5%-29.0%)	1,206	31.7%	(26.9%-36.4%)	1,609
Grade 6	31.5%	(27.3%-35.7%)	3,407	28.7%	(24.4%-33.0%)	1,510	34.5%	(29.8%-39.2%)	1,863
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.6%	(38.2%-54.9%)	272	43.0%	(33.0%-53.1%)~	110	47.6%	(36.0%-59.2%)~	149
Non-Hispanic	29.4%	(25.5%-33.3%)	5,041	26.1%	(22.1%-30.1%)	2,203	32.9%	(28.6%-37.2%)	2,763
<b>----Race----</b>									
American Indian or Alaskan Native	50.2%	(41.3%-59.2%)	178	49.4%	(34.0%-64.8%)~	63	50.7%	(41.5%-60.0%)	111
Asian	38.4%	(26.5%-50.4%)~	85	35.7%	(16.4%-55.0%)~	39	43.3%	(29.9%-56.6%)~	46
Black or African American	49.3%	(41.3%-57.3%)	376	41.1%	(33.6%-48.6%)	149	56.2%	(41.6%-70.8%)~	220
Native Hawaiian or Other Pacific Islander	45.7%	(24.0%-67.5%)~	32	*	*	*	*	*	*
White	28.3%	(24.6%-32.0%)	5,123	25.4%	(21.4%-29.4%)	2,217	31.3%	(27.5%-35.1%)	2,830
Multiple Races	36.0%	(29.0%-43.1%)	288	31.7%	(22.8%-40.6%)	124	37.0%	(27.9%-46.1%)	142

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When you ride a bicycle, how often do you wear a helmet? (en9a)*

*Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	30.3%	(18.1%-42.6%)~	345	34.3%	(19.9%-48.7%)~	192	26.9%	(15.8%-37.9%)~	147
Central Maine PHD	33.7%	(26.5%-40.8%)	875	28.6%	(19.0%-38.3%)	354	38.8%	(32.4%-45.2%)	510
Cumberland PHD	15.7%	(6.5%-24.8%)	750	14.3%	(3.1%-25.4%)~	324	17.5%	(9.5%-25.4%)	423
Downeast PHD	37.2%	(29.2%-45.2%)	467	31.7%	(21.7%-41.7%)~	188	41.1%	(31.7%-50.4%)	260
Mid-Coast PHD	22.4%	(15.0%-29.8%)	508	19.3%	(12.4%-26.1%)	212	25.9%	(16.9%-35.0%)	289
Penquis PHD	44.6%	(37.9%-51.4%)	1,183	38.7%	(30.1%-47.3%)	524	51.1%	(45.2%-56.9%)	636
Western Maine PHD	41.9%	(36.6%-47.2%)	1,437	35.5%	(30.3%-40.8%)	585	48.0%	(41.1%-54.9%)	814
York PHD	27.8%	(23.9%-31.7%)	898	26.3%	(21.3%-31.2%)	397	29.2%	(25.0%-33.4%)	481

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you ride a bicycle, how often do you wear a helmet? (en9a\_2)*

*Among students who ride a bicycle, the percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.9%	(27.3%-34.5%)	6,583	34.1%	(29.6%-38.6%)	3,502	27.8%	(24.7%-30.9%)	2,931
<b>----Age----</b>									
10 or younger	35.2%	(29.7%-40.8%)	2,037	40.2%	(33.4%-47.0%)	1,174	30.1%	(24.1%-36.1%)	811
11	31.0%	(27.1%-35.0%)	3,289	33.8%	(28.7%-38.9%)	1,730	28.1%	(24.8%-31.4%)	1,484
12 or older	25.3%	(22.2%-28.4%)	1,216	26.2%	(22.1%-30.4%)	574	24.8%	(21.2%-28.3%)	627
<b>----Grade----</b>									
Grade 5	33.7%	(28.7%-38.6%)	3,480	38.3%	(32.3%-44.4%)	1,903	29.2%	(24.6%-33.9%)	1,486
Grade 6	28.5%	(24.8%-32.1%)	3,077	30.3%	(25.5%-35.1%)	1,595	26.4%	(23.2%-29.6%)	1,425
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.9%	(7.6%-16.2%)	69	14.9%	(6.3%-23.5%)	38	9.4%	(5.0%-13.9%)	30
Non-Hispanic	31.2%	(27.1%-35.3%)	5,342	33.9%	(29.1%-38.7%)	2,862	28.3%	(24.6%-32.0%)	2,377
<b>----Race----</b>									
American Indian or Alaskan Native	22.5%	(14.2%-30.8%)	80	15.0%	(6.0%-24.0%)	19	25.8%	(14.5%-37.2%)~	56
Asian	17.4%	(8.8%-26.0%)	38	15.6%	(3.7%-27.6%)~	17	15.0%	(4.4%-25.5%)~	16
Black or African American	15.5%	(10.1%-21.0%)	119	15.4%	(8.8%-22.1%)	56	16.1%	(9.4%-22.8%)	63
Native Hawaiian or Other Pacific Islander	13.0%	(1.2%-24.7%)~	9	*	*	*	*	*	*
White	32.2%	(28.4%-36.0%)	5,822	35.8%	(31.0%-40.6%)	3,124	28.5%	(25.2%-31.7%)	2,573
Multiple Races	27.0%	(20.0%-34.0%)	216	27.2%	(17.9%-36.5%)	106	28.5%	(20.4%-36.6%)	110

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who ride a bicycle, the number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you ride a bicycle, how often do you wear a helmet? (en9a\_2)*

*Among students who ride a bicycle, the percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	31.4%	(21.4%-41.4%)	357	30.4%	(17.9%-43.0%)~	170	30.9%	(22.9%-39.0%)	169
Central Maine PHD	27.3%	(21.8%-32.8%)	710	32.3%	(25.2%-39.4%)	399	22.9%	(18.1%-27.7%)	301
Cumberland PHD	43.5%	(32.6%-54.3%)~	2,083	46.9%	(34.2%-59.6%)~	1,067	40.9%	(32.0%-49.8%)	989
Downeast PHD	25.0%	(20.0%-30.1%)	314	27.0%	(21.3%-32.7%)	161	23.0%	(15.5%-30.6%)	146
Mid-Coast PHD	36.3%	(26.0%-46.7%)~	824	40.5%	(28.3%-52.7%)~	446	32.3%	(21.6%-43.1%)~	360
Penquis PHD	22.2%	(15.4%-29.0%)	588	24.6%	(15.3%-33.9%)	333	19.4%	(12.6%-26.1%)	241
Western Maine PHD	18.7%	(16.4%-21.1%)	642	21.9%	(17.4%-26.4%)	360	15.3%	(12.8%-17.9%)	260
York PHD	31.9%	(26.4%-37.3%)	1,028	34.6%	(27.5%-41.7%)	523	29.3%	(25.5%-33.1%)	484

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Among students who ride a bicycle, the number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 3**

### **Bullying**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever been bullied on school property? (en51)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	45.8%	(44.1%-47.5%)	11,054	50.6%	(48.0%-53.1%)	5,829	40.9%	(39.0%-42.8%)	4,940
<b>---Age---</b>									
10 or younger	46.2%	(43.1%-49.4%)	3,053	49.6%	(45.0%-54.2%)	1,624	42.3%	(37.6%-47.0%)	1,321
11	44.8%	(42.6%-47.0%)	5,337	49.3%	(45.9%-52.8%)	2,823	40.3%	(37.9%-42.7%)	2,410
12 or older	47.4%	(44.7%-50.1%)	2,611	54.9%	(51.0%-58.8%)	1,362	40.7%	(37.0%-44.4%)	1,188
<b>---Grade---</b>									
Grade 5	45.8%	(43.3%-48.3%)	5,432	50.1%	(46.1%-54.0%)	2,807	41.6%	(38.9%-44.4%)	2,460
Grade 6	45.7%	(43.6%-47.8%)	5,550	51.0%	(47.9%-54.0%)	2,990	40.3%	(37.9%-42.7%)	2,455
<b>---Hispanic Ethnicity---</b>									
Hispanic	55.1%	(48.3%-62.0%)	395	60.3%	(48.9%-71.7%)~	198	49.6%	(39.3%-59.9%)~	184
Non-Hispanic	45.8%	(44.2%-47.4%)	8,950	50.9%	(48.5%-53.4%)	4,841	40.4%	(38.4%-42.4%)	3,916
<b>---Race---</b>									
American Indian or Alaskan Native	53.6%	(45.4%-61.7%)	218	58.2%	(45.0%-71.4%)~	83	51.1%	(41.1%-61.1%)	130
Asian	38.8%	(30.5%-47.0%)	107	37.3%	(26.5%-48.1%)~	53	37.8%	(24.8%-50.7%)~	49
Black or African American	40.4%	(35.3%-45.4%)	391	39.4%	(33.3%-45.5%)	192	40.1%	(32.5%-47.8%)	188
Native Hawaiian or Other Pacific Islander	41.5%	(21.5%-61.4%)~	35	29.8%	(1.2%-58.4%)~	8	43.7%	(19.2%-68.3%)~	24
White	45.5%	(43.6%-47.4%)	9,303	50.9%	(47.9%-53.9%)	4,953	40.2%	(38.1%-42.3%)	4,151
Multiple Races	56.2%	(51.1%-61.3%)	496	59.0%	(51.3%-66.7%)	251	52.1%	(43.7%-60.5%)	223

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever been bullied on school property? (en51)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	48.6%	(41.6%-55.7%)	606	57.4%	(50.6%-64.2%)	354	38.1%	(28.7%-47.4%)	232
Central Maine PHD	48.8%	(44.7%-52.8%)	1,492	51.7%	(45.2%-58.2%)	745	46.1%	(40.3%-51.8%)	721
Cumberland PHD	39.7%	(37.7%-41.7%)	2,047	42.5%	(40.2%-44.8%)	1,050	36.7%	(33.5%-39.9%)	950
Downeast PHD	50.6%	(43.4%-57.8%)	724	55.1%	(47.1%-63.2%)	369	47.2%	(38.6%-55.8%)	344
Mid-Coast PHD	39.9%	(33.2%-46.5%)	999	46.1%	(38.4%-53.8%)	549	34.5%	(27.5%-41.5%)	428
Penquis PHD	51.0%	(46.6%-55.5%)	1,547	57.8%	(52.8%-62.9%)	863	44.8%	(39.0%-50.5%)	658
Western Maine PHD	47.9%	(44.0%-51.9%)	1,920	49.9%	(44.5%-55.4%)	959	45.5%	(40.3%-50.7%)	906
York PHD	47.6%	(44.6%-50.7%)	1,775	55.7%	(50.3%-61.1%)	972	39.9%	(36.7%-43.1%)	755

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (en74)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.0%	(27.8%-32.1%)	7,264	33.5%	(31.0%-36.0%)	3,881	26.6%	(23.5%-29.6%)	3,212
<b>----Age----</b>									
10 or younger	29.4%	(26.0%-32.8%)	1,959	30.8%	(26.8%-34.8%)	1,019	28.2%	(23.5%-32.9%)	884
11	29.3%	(26.5%-32.0%)	3,494	32.4%	(29.1%-35.7%)	1,853	26.3%	(22.4%-30.2%)	1,579
12 or older	31.9%	(29.0%-34.7%)	1,755	39.5%	(35.5%-43.5%)	985	25.2%	(21.5%-29.0%)	735
<b>----Grade----</b>									
Grade 5	29.2%	(25.9%-32.6%)	3,480	30.4%	(26.5%-34.2%)	1,710	28.3%	(23.6%-32.9%)	1,677
Grade 6	30.7%	(28.5%-33.0%)	3,745	36.6%	(34.0%-39.1%)	2,159	25.0%	(21.9%-28.0%)	1,524
<b>----Hispanic Ethnicity----</b>									
Hispanic	37.9%	(31.1%-44.7%)	270	42.4%	(33.2%-51.6%)	140	32.1%	(22.2%-41.9%)	117
Non-Hispanic	30.3%	(28.1%-32.4%)	5,953	33.8%	(31.1%-36.5%)	3,240	26.8%	(23.9%-29.8%)	2,607
<b>----Race----</b>									
American Indian or Alaskan Native	33.6%	(26.4%-40.7%)	133	39.8%	(26.8%-52.8%)~	55	28.6%	(20.1%-37.1%)	72
Asian	29.1%	(19.7%-38.4%)	80	26.7%	(12.7%-40.8%)~	38	32.8%	(19.3%-46.2%)~	43
Black or African American	31.0%	(27.2%-34.7%)	295	27.3%	(22.0%-32.5%)	131	34.3%	(28.5%-40.2%)	158
Native Hawaiian or Other Pacific Islander	50.4%	(30.9%-69.8%)~	41	51.1%	(16.6%-85.6%)~	13	52.8%	(27.6%-78.1%)~	28
White	29.5%	(27.3%-31.8%)	6,057	33.8%	(31.3%-36.3%)	3,303	25.6%	(22.3%-28.9%)	2,648
Multiple Races	39.7%	(31.8%-47.6%)	353	43.1%	(32.7%-53.5%)~	186	32.9%	(23.6%-42.3%)	141

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (en74)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	28.8%	(18.1%-39.4%)~	359	30.9%	(18.5%-43.4%)~	189	25.3%	(14.4%-36.2%)~	156
Central Maine PHD	30.9%	(27.4%-34.4%)	943	36.4%	(29.4%-43.3%)	525	26.3%	(21.7%-31.0%)	410
Cumberland PHD	24.3%	(16.3%-32.2%)	1,273	27.2%	(21.6%-32.8%)	683	21.6%	(9.2%-34.0%)~	569
Downeast PHD	34.2%	(27.5%-40.8%)	484	44.5%	(35.2%-53.7%)	297	25.5%	(19.2%-31.8%)	183
Mid-Coast PHD	25.9%	(21.1%-30.7%)	654	31.4%	(26.2%-36.6%)	385	21.1%	(15.4%-26.8%)	259
Penquis PHD	34.7%	(27.8%-41.7%)	1,047	36.6%	(29.6%-43.6%)	544	33.1%	(24.7%-41.5%)	484
Western Maine PHD	32.2%	(26.8%-37.7%)	1,296	35.1%	(28.5%-41.7%)	673	29.4%	(22.9%-35.8%)	589
York PHD	30.8%	(28.8%-32.8%)	1,148	34.8%	(31.6%-38.0%)	606	26.6%	(21.3%-31.8%)	504

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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## **Section 4**

### **Violence**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you agree or disagree with the following statement? "I feel safe at my school." (en12)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	86.9%	(85.2%-88.5%)	21,078	86.3%	(84.3%-88.3%)	10,012	87.6%	(86.0%-89.2%)	10,609
<b>----Age----</b>									
10 or younger	89.6%	(87.0%-92.2%)	5,960	89.1%	(86.1%-92.2%)	2,962	90.0%	(86.8%-93.2%)	2,808
11	86.5%	(84.6%-88.5%)	10,372	86.3%	(84.0%-88.6%)	4,951	87.2%	(85.0%-89.4%)	5,264
12 or older	84.4%	(81.9%-86.9%)	4,648	82.5%	(78.7%-86.2%)	2,053	86.2%	(83.7%-88.6%)	2,511
<b>----Grade----</b>									
Grade 5	88.6%	(85.9%-91.3%)	10,576	89.0%	(85.8%-92.1%)	5,041	88.4%	(85.9%-90.9%)	5,244
Grade 6	85.2%	(83.2%-87.3%)	10,392	83.9%	(81.3%-86.5%)	4,942	86.8%	(84.7%-89.0%)	5,308
<b>----Hispanic Ethnicity----</b>									
Hispanic	79.2%	(72.8%-85.5%)	553	73.5%	(63.9%-83.1%)	242	83.8%	(75.5%-92.0%)	301
Non-Hispanic	87.0%	(85.4%-88.6%)	17,061	86.6%	(84.5%-88.6%)	8,271	87.7%	(86.0%-89.4%)	8,490
<b>----Race----</b>									
American Indian or Alaskan Native	84.0%	(77.0%-90.9%)	335	80.7%	(70.5%-91.0%)~	114	85.6%	(77.6%-93.6%)	213
Asian	85.9%	(79.5%-92.4%)	240	84.6%	(72.6%-96.6%)~	125	86.9%	(77.4%-96.4%)	110
Black or African American	84.3%	(78.6%-89.9%)	800	85.6%	(76.4%-94.7%)	404	82.6%	(77.5%-87.7%)	385
Native Hawaiian or Other Pacific Islander	72.5%	(52.5%-92.5%)~	61	71.6%	(42.1%-100.0%)~	18	71.4%	(43.7%-99.2%)~	40
White	87.5%	(86.0%-89.0%)	17,969	86.8%	(84.9%-88.6%)	8,500	88.3%	(86.8%-89.8%)	9,142
Multiple Races	83.1%	(76.6%-89.6%)	734	81.9%	(74.2%-89.5%)	357	86.4%	(80.4%-92.5%)	368

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree with the following statement? "I feel safe at my school." (en12)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	86.9%	(83.3%-90.4%)	1,081	85.7%	(79.4%-92.0%)	524	88.6%	(84.2%-93.0%)	539
Central Maine PHD	88.1%	(85.9%-90.2%)	2,689	88.9%	(85.8%-92.0%)	1,299	86.9%	(82.8%-91.0%)	1,338
Cumberland PHD	88.9%	(85.7%-92.2%)	4,657	88.9%	(84.3%-93.5%)	2,229	89.2%	(87.2%-91.1%)	2,354
Downeast PHD	84.3%	(78.7%-89.8%)	1,213	83.2%	(76.9%-89.5%)	568	86.7%	(80.9%-92.5%)	628
Mid-Coast PHD	92.0%	(88.8%-95.1%)	2,346	91.9%	(88.0%-95.9%)	1,129	92.4%	(89.1%-95.6%)	1,155
Penquis PHD	82.0%	(77.6%-86.4%)	2,467	80.9%	(76.8%-84.9%)	1,200	83.6%	(77.5%-89.6%)	1,218
Western Maine PHD	85.3%	(82.9%-87.7%)	3,414	83.9%	(80.5%-87.2%)	1,606	86.7%	(83.8%-89.6%)	1,723
York PHD	86.9%	(82.8%-91.0%)	3,241	86.2%	(81.3%-91.0%)	1,503	87.8%	(84.4%-91.3%)	1,676

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

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*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



## **Section 5 Tobacco**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever smoked a cigarette, even one or two puffs? (en13a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.0%	(1.5%-2.5%)	483	1.8%	(1.1%-2.6%)	215	2.1%	(1.4%-2.8%)	252
<b>----Age----</b>									
10 or younger	0.8%	(0.3%-1.3%)	51	0.5%	(0.0%-0.9%)	15	1.1%	(0.3%-1.9%)	34
11	1.6%	(1.0%-2.1%)	187	1.6%	(0.8%-2.3%)	92	1.4%	(0.7%-2.2%)	87
12 or older	4.4%	(3.2%-5.7%)	245	4.3%	(2.1%-6.5%)	108	4.5%	(2.9%-6.1%)	131
<b>----Grade----</b>									
Grade 5	1.2%	(0.7%-1.7%)	144	1.0%	(0.4%-1.7%)	59	1.4%	(0.7%-2.1%)	83
Grade 6	2.8%	(2.0%-3.5%)	337	2.6%	(1.4%-3.8%)	156	2.7%	(1.8%-3.7%)	168
<b>----Hispanic Ethnicity----</b>									
Hispanic	5.7%	(2.1%-9.2%)	40	8.6%	(2.4%-14.9%)	28	3.2%	(0.6%-5.7%)	11
Non-Hispanic	2.0%	(1.4%-2.6%)	393	1.9%	(1.1%-2.6%)	178	2.1%	(1.3%-2.9%)	204
<b>----Race----</b>									
American Indian or Alaskan Native	3.3%	(0.9%-5.7%)	13	4.7%	(0.0%-9.6%)	7	2.2%	(0.0%-4.9%)	6
Asian	3.5%	(0.0%-7.0%)	10	*	*	*	*	*	*
Black or African American	1.9%	(0.3%-3.5%)	18	1.2%	(0.1%-2.2%)	6	2.7%	(0.0%-5.6%)	12
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.9%	(1.4%-2.5%)	396	1.7%	(0.9%-2.4%)	166	2.1%	(1.4%-2.8%)	221
Multiple Races	3.7%	(1.8%-5.5%)	33	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever smoked a cigarette, even one or two puffs? (en13a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	4.4%	(2.6%-6.1%)	55	4.6%	(1.3%-7.8%)	28	4.4%	(1.6%-7.1%)	27
Central Maine PHD	1.4%	(0.0%-2.7%)	43	0.7%	(0.0%-1.8%)	10	2.1%	(0.0%-4.1%)	32
Cumberland PHD	0.9%	(0.5%-1.4%)	49	0.5%	(0.0%-1.2%)	13	1.2%	(0.5%-1.9%)	32
Downeast PHD	1.5%	(0.3%-2.8%)	22	1.4%	(0.2%-2.6%)	10	1.3%	(0.0%-2.6%)	9
Mid-Coast PHD	2.0%	(0.9%-3.0%)	51	2.4%	(0.5%-4.3%)	30	1.4%	(0.3%-2.5%)	17
Penquis PHD	3.1%	(1.1%-5.2%)	95	3.1%	(0.0%-6.3%)	46	3.4%	(0.8%-5.9%)	49
Western Maine PHD	4.2%	(2.5%-5.9%)	169	3.8%	(1.4%-6.2%)	73	4.8%	(2.1%-7.5%)	96
York PHD	1.0%	(0.6%-1.5%)	39	1.1%	(0.1%-2.1%)	20	0.8%	(0.0%-1.6%)	15

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, on how many days did you smoke cigarettes? (en14)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	0.5%	(0.3%-0.7%)	121	0.5%	(0.2%-0.7%)	56	0.5%	(0.2%-0.8%)	61
<b>----Age----</b>									
10 or younger	*	*	*	*	*	*	*	*	*
11	0.3%	(0.1%-0.6%)	40	0.4%	(0.0%-0.8%)	21	0.3%	(0.0%-0.6%)	18
12 or older	1.4%	(0.9%-2.0%)	79	1.4%	(0.4%-2.3%)	34	1.4%	(0.5%-2.3%)	41
<b>----Grade----</b>									
Grade 5	0.3%	(0.0%-0.5%)	32	0.3%	(0.0%-0.7%)	16	0.3%	(0.0%-0.7%)	15
Grade 6	0.7%	(0.5%-1.0%)	89	0.7%	(0.3%-1.1%)	39	0.8%	(0.3%-1.2%)	46
<b>----Hispanic Ethnicity----</b>									
Hispanic	1.6%	(0.1%-3.2%)	12	*	*	*	*	*	*
Non-Hispanic	0.5%	(0.3%-0.7%)	97	0.5%	(0.2%-0.8%)	49	0.5%	(0.1%-0.8%)	44
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	0.7%	(0.0%-1.5%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.5%	(0.3%-0.7%)	99	0.5%	(0.2%-0.8%)	48	0.5%	(0.2%-0.8%)	50
Multiple Races	1.0%	(0.0%-2.1%)	9	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, on how many days did you smoke cigarettes? (en14)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	0.5%	(0.0%-1.4%)	6	*	*	*	*	*	*
Central Maine PHD	0.2%	(0.0%-0.5%)	6	*	*	*	*	*	*
Cumberland PHD	0.2%	(0.0%-0.4%)	9	*	*	*	*	*	*
Downeast PHD	*	*	*	*	*	*	*	*	*
Mid-Coast PHD	0.3%	(0.0%-0.6%)	7	*	*	*	*	*	*
Penquis PHD	1.6%	(0.4%-2.7%)	46	1.4%	(0.2%-2.7%)	21	1.7%	(0.0%-3.9%)	25
Western Maine PHD	0.7%	(0.2%-1.2%)	29	0.9%	(0.3%-1.6%)	18	0.5%	(0.0%-1.2%)	11
York PHD	0.3%	(0.1%-0.5%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you think you will try a cigarette soon? (en15)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.3%	(12.2%-14.3%)	3,233	11.9%	(10.2%-13.6%)	1,394	14.4%	(13.1%-15.6%)	1,747
<b>----Age----</b>									
10 or younger	9.0%	(7.5%-10.5%)	604	6.7%	(4.6%-8.8%)	225	11.3%	(9.3%-13.3%)	357
11	13.3%	(12.0%-14.6%)	1,600	12.2%	(10.1%-14.4%)	708	14.2%	(12.3%-16.0%)	851
12 or older	17.9%	(15.9%-19.8%)	991	17.6%	(15.3%-19.9%)	442	17.8%	(15.3%-20.3%)	521
<b>----Grade----</b>									
Grade 5	11.2%	(10.0%-12.5%)	1,347	8.7%	(6.9%-10.5%)	496	13.5%	(11.5%-15.5%)	805
Grade 6	15.2%	(13.8%-16.6%)	1,864	15.0%	(12.9%-17.1%)	893	15.1%	(13.6%-16.6%)	925
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.6%	(13.4%-23.8%)	133	21.9%	(13.8%-29.9%)	72	16.6%	(9.4%-23.7%)	61
Non-Hispanic	13.7%	(12.5%-14.8%)	2,689	12.1%	(10.2%-14.0%)	1,164	15.0%	(13.5%-16.5%)	1,454
<b>----Race----</b>									
American Indian or Alaskan Native	14.6%	(8.6%-20.7%)	58	22.6%	(9.1%-36.0%)~	30	9.9%	(4.9%-15.0%)	25
Asian	18.3%	(8.0%-28.7%)~	51	19.8%	(4.6%-35.0%)~	29	17.5%	(8.1%-26.9%)	23
Black or African American	17.0%	(12.0%-21.9%)	164	11.4%	(4.2%-18.7%)	56	22.8%	(17.5%-28.1%)	106
Native Hawaiian or Other Pacific Islander	30.4%	(11.1%-49.7%)~	26	*	*	*	*	*	*
White	12.9%	(11.7%-14.0%)	2,657	11.4%	(9.7%-13.1%)	1,125	14.2%	(12.9%-15.5%)	1,469
Multiple Races	19.3%	(14.3%-24.3%)	170	20.4%	(12.9%-27.8%)	88	18.0%	(10.8%-25.3%)	76

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will try a cigarette soon? (en15)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	12.7%	(8.4%-17.1%)	160	14.2%	(6.1%-22.2%)	87	11.9%	(8.7%-15.1%)	73
Central Maine PHD	13.1%	(10.2%-16.0%)	405	12.7%	(9.4%-15.9%)	186	13.4%	(9.4%-17.3%)	210
Cumberland PHD	12.2%	(10.0%-14.4%)	642	11.0%	(6.9%-15.0%)	278	12.9%	(10.6%-15.3%)	341
Downeast PHD	13.9%	(8.8%-19.0%)	200	12.5%	(7.2%-17.7%)	85	15.7%	(9.8%-21.7%)	115
Mid-Coast PHD	10.1%	(6.9%-13.3%)	258	7.9%	(5.4%-10.4%)	97	12.5%	(7.8%-17.2%)	156
Penquis PHD	15.2%	(12.9%-17.5%)	459	14.4%	(10.8%-18.0%)	215	16.3%	(11.9%-20.8%)	240
Western Maine PHD	16.0%	(14.4%-17.5%)	646	13.0%	(9.5%-16.4%)	251	18.6%	(16.4%-20.9%)	374
York PHD	13.1%	(10.2%-15.9%)	490	13.2%	(8.3%-18.0%)	232	12.7%	(10.3%-15.1%)	242

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you think you will smoke a cigarette at anytime during the next year? (en16)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.7%	(7.0%-8.5%)	1,886	7.1%	(6.0%-8.3%)	836	7.9%	(7.0%-8.8%)	958
<b>----Age----</b>									
10 or younger	5.3%	(4.0%-6.7%)	360	3.9%	(2.1%-5.8%)	132	6.9%	(4.9%-8.8%)	216
11	7.1%	(6.2%-7.9%)	851	7.1%	(5.8%-8.5%)	414	6.5%	(5.5%-7.5%)	391
12 or older	12.0%	(10.5%-13.6%)	667	11.6%	(9.1%-14.0%)	290	11.8%	(9.8%-13.7%)	346
<b>----Grade----</b>									
Grade 5	6.0%	(5.1%-6.8%)	718	4.7%	(3.6%-5.9%)	271	6.6%	(5.4%-7.9%)	395
Grade 6	9.4%	(8.4%-10.4%)	1,148	9.4%	(7.8%-10.9%)	557	9.0%	(7.7%-10.2%)	550
<b>----Hispanic Ethnicity----</b>									
Hispanic	12.7%	(8.3%-17.1%)	91	17.0%	(8.8%-25.1%)	56	7.8%	(3.1%-12.5%)	29
Non-Hispanic	7.9%	(7.1%-8.8%)	1,563	7.3%	(6.0%-8.6%)	702	8.3%	(7.3%-9.3%)	804
<b>----Race----</b>									
American Indian or Alaskan Native	8.1%	(4.6%-11.7%)	33	15.6%	(7.6%-23.6%)	22	3.3%	(0.5%-6.1%)	8
Asian	12.3%	(5.1%-19.4%)	34	8.9%	(0.0%-18.7%)	13	16.5%	(6.3%-26.8%)~	21
Black or African American	7.6%	(3.6%-11.6%)	72	6.0%	(1.3%-10.8%)	29	9.0%	(3.9%-14.1%)	42
Native Hawaiian or Other Pacific Islander	11.4%	(1.4%-21.4%)~	10	*	*	*	*	*	*
White	7.6%	(6.9%-8.4%)	1,580	7.2%	(6.1%-8.3%)	710	7.8%	(6.9%-8.8%)	814
Multiple Races	10.5%	(6.7%-14.3%)	93	7.7%	(2.6%-12.8%)	33	9.2%	(3.4%-14.9%)	39

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you think you will smoke a cigarette at anytime during the next year? (en16)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	6.2%	(4.0%-8.4%)	78	5.9%	(2.4%-9.3%)	36	6.8%	(3.4%-10.3%)	42
Central Maine PHD	8.5%	(7.1%-9.9%)	263	7.7%	(3.9%-11.5%)	112	9.6%	(6.6%-12.6%)	151
Cumberland PHD	6.1%	(4.5%-7.6%)	320	5.7%	(3.6%-7.9%)	146	6.1%	(4.6%-7.5%)	160
Downeast PHD	8.1%	(5.1%-11.1%)	117	5.0%	(2.0%-7.9%)	34	10.8%	(6.6%-15.0%)	80
Mid-Coast PHD	7.1%	(4.3%-10.0%)	182	6.4%	(3.4%-9.5%)	80	7.7%	(4.3%-11.2%)	96
Penquis PHD	8.4%	(5.8%-11.0%)	254	8.8%	(4.5%-13.1%)	130	7.8%	(5.7%-10.0%)	115
Western Maine PHD	9.7%	(7.8%-11.7%)	393	8.5%	(5.5%-11.5%)	164	10.4%	(7.8%-13.0%)	208
York PHD	7.6%	(6.2%-8.9%)	285	7.5%	(5.4%-9.7%)	134	7.1%	(6.1%-8.1%)	134

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you think you will smoke a cigarette at anytime during the next year? (en16\_2)*

*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	92.3%	(91.5%-93.0%)	22,557	92.9%	(91.7%-94.0%)	10,868	92.1%	(91.2%-93.0%)	11,190
<b>----Age----</b>									
10 or younger	94.7%	(93.3%-96.0%)	6,373	96.1%	(94.2%-97.9%)	3,225	93.1%	(91.2%-95.1%)	2,934
11	92.9%	(92.1%-93.8%)	11,178	92.9%	(91.5%-94.2%)	5,376	93.5%	(92.5%-94.5%)	5,631
12 or older	88.0%	(86.4%-89.5%)	4,884	88.4%	(86.0%-90.9%)	2,215	88.2%	(86.3%-90.2%)	2,589
<b>----Grade----</b>									
Grade 5	94.0%	(93.2%-94.9%)	11,322	95.3%	(94.1%-96.4%)	5,450	93.4%	(92.1%-94.6%)	5,557
Grade 6	90.6%	(89.6%-91.6%)	11,106	90.6%	(89.1%-92.2%)	5,384	91.0%	(89.8%-92.3%)	5,575
<b>----Hispanic Ethnicity----</b>									
Hispanic	87.3%	(82.9%-91.7%)	625	83.0%	(74.9%-91.2%)	273	92.2%	(87.5%-96.9%)	342
Non-Hispanic	92.1%	(91.2%-92.9%)	18,117	92.7%	(91.4%-94.0%)	8,912	91.7%	(90.7%-92.7%)	8,891
<b>----Race----</b>									
American Indian or Alaskan Native	91.9%	(88.3%-95.4%)	370	84.4%	(76.4%-92.4%)	119	96.7%	(93.9%-99.5%)	245
Asian	87.7%	(80.6%-94.9%)	245	91.1%	(81.3%-100.0%)	131	83.5%	(73.2%-93.7%)~	109
Black or African American	92.4%	(88.4%-96.4%)	879	94.0%	(89.2%-98.7%)	446	91.0%	(85.9%-96.1%)	423
Native Hawaiian or Other Pacific Islander	88.6%	(78.6%-98.6%)~	75	*	*	*	*	*	*
White	92.4%	(91.6%-93.1%)	19,083	92.8%	(91.7%-93.9%)	9,175	92.2%	(91.2%-93.1%)	9,559
Multiple Races	89.5%	(85.7%-93.3%)	798	92.3%	(87.2%-97.4%)	400	90.8%	(85.1%-96.6%)	388

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (en16\_2)*

*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	93.8%	(91.6%-96.0%)	1,181	94.1%	(90.7%-97.6%)	581	93.2%	(89.7%-96.6%)	575
Central Maine PHD	91.5%	(90.1%-92.9%)	2,818	92.3%	(88.5%-96.1%)	1,343	90.4%	(87.4%-93.4%)	1,423
Cumberland PHD	93.9%	(92.4%-95.5%)	4,963	94.3%	(92.1%-96.4%)	2,392	93.9%	(92.5%-95.4%)	2,477
Downeast PHD	91.9%	(88.9%-94.9%)	1,332	95.0%	(92.1%-98.0%)	645	89.2%	(85.0%-93.4%)	658
Mid-Coast PHD	92.9%	(90.0%-95.7%)	2,372	93.6%	(90.5%-96.6%)	1,156	92.3%	(88.8%-95.7%)	1,150
Penquis PHD	91.6%	(89.0%-94.2%)	2,762	91.2%	(86.9%-95.5%)	1,355	92.2%	(90.0%-94.3%)	1,348
Western Maine PHD	90.3%	(88.3%-92.2%)	3,654	91.5%	(88.5%-94.5%)	1,776	89.6%	(87.0%-92.2%)	1,797
York PHD	92.4%	(91.1%-93.8%)	3,477	92.5%	(90.3%-94.6%)	1,640	92.9%	(91.9%-93.9%)	1,764

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If one of your best friends offered you a cigarette, would you smoke it? (en17)  
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.8%	(12.5%-15.0%)	3,377	13.7%	(11.8%-15.6%)	1,607	13.6%	(12.4%-14.9%)	1,659
<b>----Age----</b>									
10 or younger	10.0%	(7.8%-12.3%)	679	9.4%	(5.5%-13.3%)	318	10.2%	(7.6%-12.7%)	321
11	13.0%	(11.6%-14.4%)	1,566	13.2%	(11.1%-15.3%)	766	12.6%	(11.1%-14.0%)	757
12 or older	19.8%	(17.5%-22.1%)	1,101	20.3%	(16.9%-23.7%)	508	19.3%	(16.6%-22.0%)	567
<b>----Grade----</b>									
Grade 5	10.8%	(9.3%-12.2%)	1,299	10.1%	(7.4%-12.8%)	581	10.8%	(9.1%-12.6%)	646
Grade 6	16.8%	(15.2%-18.4%)	2,063	17.1%	(14.8%-19.5%)	1,019	16.4%	(14.7%-18.0%)	1,004
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.0%	(13.3%-24.7%)	136	27.9%	(19.7%-36.1%)	92	11.7%	(5.4%-17.9%)	43
Non-Hispanic	14.1%	(12.8%-15.5%)	2,787	13.8%	(11.7%-15.9%)	1,328	14.1%	(12.7%-15.6%)	1,376
<b>----Race----</b>									
American Indian or Alaskan Native	9.5%	(5.7%-13.2%)	38	11.0%	(4.5%-17.4%)	16	8.0%	(3.2%-12.8%)	20
Asian	12.7%	(7.3%-18.0%)	36	12.3%	(4.5%-20.1%)	18	13.6%	(5.0%-22.2%)	18
Black or African American	14.5%	(8.9%-20.1%)	140	11.7%	(4.3%-19.2%)	57	17.4%	(11.2%-23.6%)	81
Native Hawaiian or Other Pacific Islander	22.9%	(3.3%-42.6%)~	19	*	*	*	*	*	*
White	13.7%	(12.4%-15.0%)	2,837	13.7%	(11.8%-15.7%)	1,358	13.6%	(12.2%-14.9%)	1,409
Multiple Races	19.4%	(14.6%-24.2%)	174	20.8%	(14.7%-26.9%)	91	16.4%	(11.0%-21.8%)	71

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*If one of your best friends offered you a cigarette, would you smoke it? (en17)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	12.4%	(10.9%-13.8%)	153	14.3%	(9.2%-19.4%)	87	10.9%	(6.0%-15.9%)	66
Central Maine PHD	13.6%	(10.3%-16.9%)	416	14.4%	(9.7%-19.1%)	209	13.3%	(7.7%-18.9%)	207
Cumberland PHD	12.5%	(10.0%-15.0%)	661	13.0%	(8.5%-17.4%)	329	11.9%	(9.7%-14.1%)	315
Downeast PHD	15.2%	(10.8%-19.6%)	221	13.7%	(8.0%-19.3%)	93	16.8%	(10.7%-22.8%)	123
Mid-Coast PHD	12.4%	(8.6%-16.3%)	317	12.9%	(7.7%-18.1%)	160	11.4%	(7.1%-15.7%)	141
Penquis PHD	16.0%	(11.5%-20.5%)	485	16.7%	(10.5%-22.8%)	250	14.8%	(10.3%-19.4%)	217
Western Maine PHD	15.8%	(11.1%-20.4%)	639	16.6%	(10.1%-23.2%)	324	14.6%	(10.7%-18.6%)	294
York PHD	13.6%	(11.6%-15.7%)	517	11.9%	(7.8%-15.9%)	211	14.9%	(13.5%-16.2%)	286

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.7%	(19.2%-22.1%)	5,005	19.3%	(17.0%-21.7%)	2,248	21.6%	(20.2%-23.0%)	2,606
<b>----Age----</b>									
10 or younger	16.0%	(13.0%-18.9%)	1,063	14.0%	(9.3%-18.8%)	466	17.6%	(14.7%-20.6%)	551
11	20.2%	(18.7%-21.7%)	2,410	18.9%	(16.3%-21.6%)	1,090	20.9%	(18.9%-22.9%)	1,247
12 or older	27.0%	(24.4%-29.5%)	1,485	26.9%	(23.6%-30.3%)	670	26.9%	(24.1%-29.8%)	786
<b>----Grade----</b>									
Grade 5	17.7%	(16.1%-19.3%)	2,103	15.1%	(11.8%-18.3%)	853	19.5%	(17.5%-21.5%)	1,151
Grade 6	23.6%	(21.8%-25.5%)	2,873	23.4%	(20.6%-26.2%)	1,385	23.6%	(21.8%-25.5%)	1,436
<b>----Hispanic Ethnicity----</b>									
Hispanic	28.4%	(21.7%-35.1%)	201	36.9%	(28.1%-45.7%)	121	20.0%	(12.3%-27.8%)	73
Non-Hispanic	21.0%	(19.5%-22.6%)	4,115	19.2%	(16.6%-21.8%)	1,832	22.6%	(20.9%-24.2%)	2,180
<b>----Race----</b>									
American Indian or Alaskan Native	17.8%	(11.2%-24.3%)	70	26.7%	(12.9%-40.4%)~	36	12.6%	(6.9%-18.4%)	32
Asian	26.1%	(17.0%-35.2%)	73	23.9%	(9.2%-38.7%)~	34	29.5%	(14.4%-44.6%)~	38
Black or African American	21.4%	(15.4%-27.4%)	202	14.5%	(6.0%-23.0%)	68	28.6%	(23.0%-34.2%)	132
Native Hawaiian or Other Pacific Islander	31.6%	(12.2%-50.9%)~	27	23.9%	(0.0%-48.4%)~	6	31.4%	(4.7%-58.2%)~	18
White	20.5%	(19.1%-22.0%)	4,213	19.3%	(16.9%-21.7%)	1,899	21.4%	(19.9%-23.0%)	2,210
Multiple Races	26.9%	(20.6%-33.2%)	235	25.1%	(17.4%-32.9%)	108	26.1%	(18.6%-33.6%)	109

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	20.1%	(15.4%-24.8%)	248	20.9%	(13.3%-28.5%)	127	20.1%	(15.5%-24.7%)	121
Central Maine PHD	21.0%	(17.7%-24.2%)	641	20.2%	(15.1%-25.3%)	292	21.8%	(16.1%-27.6%)	340
Cumberland PHD	19.6%	(16.2%-23.0%)	1,027	18.2%	(12.1%-24.4%)	461	20.5%	(18.6%-22.3%)	538
Downeast PHD	21.0%	(15.3%-26.6%)	299	19.9%	(13.2%-26.7%)	133	22.2%	(15.6%-28.8%)	162
Mid-Coast PHD	18.5%	(13.9%-23.1%)	468	18.0%	(12.4%-23.5%)	221	18.7%	(13.2%-24.2%)	230
Penquis PHD	22.3%	(18.4%-26.2%)	668	22.4%	(16.8%-28.0%)	331	21.9%	(16.1%-27.7%)	319
Western Maine PHD	23.6%	(19.6%-27.5%)	945	20.9%	(13.9%-27.9%)	403	26.0%	(23.1%-28.8%)	516
York PHD	20.3%	(16.7%-23.9%)	757	19.3%	(12.7%-26.0%)	340	20.6%	(18.3%-22.9%)	390

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus\_2a)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.4%	(18.1%-20.7%)	4,587	17.9%	(15.7%-20.2%)	2,041	20.5%	(19.1%-21.9%)	2,405
<b>----Age----</b>									
10 or younger	15.3%	(12.2%-18.3%)	1,003	13.7%	(8.9%-18.4%)	452	16.4%	(13.2%-19.7%)	504
11	19.3%	(17.9%-20.7%)	2,254	17.7%	(15.0%-20.4%)	997	20.4%	(18.2%-22.5%)	1,189
12 or older	24.5%	(22.0%-27.0%)	1,284	24.0%	(21.0%-26.9%)	569	24.9%	(22.0%-27.8%)	691
<b>----Grade----</b>									
Grade 5	16.9%	(15.4%-18.5%)	1,980	14.2%	(11.0%-17.5%)	796	18.8%	(16.7%-20.8%)	1,086
Grade 6	21.9%	(20.2%-23.6%)	2,580	21.5%	(18.9%-24.2%)	1,235	22.2%	(20.3%-24.0%)	1,302
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.2%	(17.7%-30.8%)	159	31.0%	(22.9%-39.1%)	93	17.4%	(9.8%-25.0%)	60
Non-Hispanic	19.8%	(18.3%-21.3%)	3,779	17.8%	(15.2%-20.3%)	1,661	21.5%	(19.8%-23.2%)	2,019
<b>----Race----</b>									
American Indian or Alaskan Native	13.6%	(8.2%-19.0%)	51	20.5%	(8.6%-32.4%)~	25	9.4%	(4.4%-14.4%)	23
Asian	22.8%	(14.3%-31.4%)	60	21.4%	(6.3%-36.4%)~	30	25.6%	(10.4%-40.8%)~	30
Black or African American	20.4%	(14.3%-26.5%)	185	13.9%	(5.1%-22.6%)	64	27.5%	(21.6%-33.4%)	119
Native Hawaiian or Other Pacific Islander	30.9%	(11.3%-50.4%)~	26	23.9%	(0.0%-48.4%)~	6	30.4%	(3.1%-57.6%)~	17
White	19.4%	(18.0%-20.8%)	3,886	18.0%	(15.8%-20.3%)	1,738	20.4%	(18.9%-21.9%)	2,049
Multiple Races	24.6%	(18.7%-30.5%)	206	21.5%	(14.9%-28.1%)	87	24.7%	(17.4%-32.1%)	101

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus\_2a)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	18.7%	(14.1%-23.3%)	219	18.1%	(11.6%-24.7%)	105	20.1%	(14.2%-25.9%)	114
Central Maine PHD	20.0%	(16.3%-23.8%)	602	19.5%	(14.1%-24.8%)	280	20.7%	(14.4%-26.9%)	314
Cumberland PHD	18.8%	(15.4%-22.2%)	974	17.7%	(11.6%-23.8%)	445	19.5%	(17.6%-21.3%)	504
Downeast PHD	20.1%	(14.5%-25.7%)	280	19.4%	(13.0%-25.7%)	127	21.0%	(14.3%-27.6%)	149
Mid-Coast PHD	16.8%	(12.5%-21.1%)	414	15.9%	(10.7%-21.2%)	191	17.3%	(12.0%-22.5%)	206
Penquis PHD	20.2%	(17.3%-23.0%)	584	20.1%	(16.5%-23.8%)	288	19.8%	(15.2%-24.4%)	278
Western Maine PHD	21.5%	(18.0%-25.0%)	820	18.2%	(11.3%-25.2%)	336	24.4%	(21.4%-27.3%)	457
York PHD	19.7%	(16.3%-23.0%)	719	18.4%	(12.0%-24.8%)	319	20.3%	(17.8%-22.8%)	377

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever used an electronic vapor product? (en75)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.6%	(2.9%-4.3%)	862	3.7%	(2.6%-4.7%)	423	3.5%	(2.6%-4.3%)	413
<b>----Age----</b>									
10 or younger	1.7%	(0.9%-2.6%)	115	1.5%	(0.4%-2.7%)	50	1.8%	(0.7%-2.8%)	54
11	3.1%	(2.4%-3.8%)	370	3.2%	(2.1%-4.4%)	185	2.9%	(1.9%-3.9%)	175
12 or older	6.8%	(4.9%-8.7%)	375	7.5%	(4.8%-10.2%)	188	6.4%	(4.3%-8.4%)	184
<b>----Grade----</b>									
Grade 5	2.5%	(1.8%-3.1%)	293	2.5%	(1.3%-3.8%)	143	2.2%	(1.3%-3.2%)	131
Grade 6	4.7%	(3.5%-5.8%)	567	4.7%	(3.3%-6.2%)	281	4.6%	(3.3%-5.9%)	280
<b>----Hispanic Ethnicity----</b>									
Hispanic	9.8%	(6.0%-13.5%)	67	13.0%	(6.7%-19.4%)	42	6.7%	(2.9%-10.5%)	24
Non-Hispanic	3.6%	(2.9%-4.4%)	710	3.4%	(2.4%-4.5%)	329	3.7%	(2.7%-4.7%)	358
<b>----Race----</b>									
American Indian or Alaskan Native	5.0%	(2.1%-8.0%)	20	5.5%	(0.1%-10.9%)	8	4.6%	(0.7%-8.4%)	11
Asian	2.5%	(0.0%-6.4%)	7	*	*	*	*	*	*
Black or African American	6.4%	(4.3%-8.5%)	61	5.4%	(1.1%-9.7%)	26	7.6%	(3.9%-11.4%)	35
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.4%	(2.7%-4.1%)	692	3.4%	(2.3%-4.4%)	330	3.3%	(2.5%-4.2%)	340
Multiple Races	4.8%	(2.5%-7.1%)	43	5.8%	(1.9%-9.6%)	25	3.9%	(1.0%-6.7%)	16

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever used an electronic vapor product? (en75)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	4.8%	(0.5%-9.2%)	59	6.8%	(1.7%-11.8%)	41	3.1%	(0.0%-6.7%)	18
Central Maine PHD	2.9%	(1.8%-4.0%)	89	2.1%	(0.5%-3.8%)	31	3.7%	(1.9%-5.6%)	57
Cumberland PHD	1.4%	(0.1%-2.8%)	76	1.0%	(0.0%-2.3%)	26	1.9%	(0.2%-3.6%)	50
Downeast PHD	3.4%	(1.6%-5.1%)	48	0.8%	(0.0%-2.1%)	6	5.5%	(2.4%-8.6%)	40
Mid-Coast PHD	2.8%	(1.5%-4.2%)	71	3.3%	(1.5%-5.1%)	41	2.2%	(0.5%-3.9%)	27
Penquis PHD	6.0%	(3.2%-8.8%)	177	6.5%	(2.2%-10.9%)	96	5.7%	(3.8%-7.5%)	81
Western Maine PHD	6.2%	(4.8%-7.6%)	247	6.5%	(3.8%-9.2%)	124	5.7%	(2.9%-8.4%)	112
York PHD	3.0%	(2.0%-4.0%)	111	3.4%	(2.0%-4.7%)	59	2.5%	(1.0%-4.0%)	48

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past 30 days, have you used an electronic vapor product? (en76)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	0.9%	(0.6%-1.2%)	208	0.9%	(0.4%-1.3%)	103	0.9%	(0.5%-1.2%)	103
<b>----Age----</b>									
10 or younger	0.4%	(0.1%-0.8%)	28	0.3%	(0.0%-0.7%)	9	0.6%	(0.0%-1.3%)	19
11	0.6%	(0.3%-0.8%)	67	0.5%	(0.1%-0.8%)	26	0.7%	(0.3%-1.1%)	42
12 or older	2.0%	(1.0%-3.0%)	110	2.7%	(1.0%-4.5%)	68	1.4%	(0.6%-2.3%)	42
<b>----Grade----</b>									
Grade 5	0.4%	(0.2%-0.7%)	51	0.3%	(0.0%-0.6%)	15	0.6%	(0.1%-1.0%)	33
Grade 6	1.3%	(0.8%-1.8%)	157	1.5%	(0.7%-2.3%)	87	1.1%	(0.6%-1.7%)	69
<b>----Hispanic Ethnicity----</b>									
Hispanic	4.8%	(1.7%-7.8%)	33	6.9%	(1.1%-12.8%)	22	3.0%	(0.1%-5.9%)	10
Non-Hispanic	0.8%	(0.5%-1.2%)	164	0.8%	(0.4%-1.3%)	80	0.9%	(0.4%-1.3%)	81
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.3%	(0.6%-2.1%)	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.9%	(0.5%-1.2%)	179	0.9%	(0.4%-1.4%)	90	0.9%	(0.4%-1.3%)	87
Multiple Races	1.4%	(0.1%-2.7%)	13	1.4%	(0.0%-3.3%)	6	1.6%	(0.0%-3.4%)	7

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, have you used an electronic vapor product? (en76)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.8%	(0.0%-5.3%)	22	1.8%	(0.0%-5.0%)	11	1.9%	(0.0%-5.9%)	11
Central Maine PHD	0.3%	(0.0%-0.7%)	9	*	*	*	*	*	*
Cumberland PHD	0.5%	(0.0%-1.1%)	28	*	*	*	*	*	*
Downeast PHD	0.5%	(0.0%-1.1%)	7	*	*	*	*	*	*
Mid-Coast PHD	0.8%	(0.1%-1.4%)	20	0.5%	(0.0%-1.1%)	7	1.1%	(0.0%-2.2%)	13
Penquis PHD	1.8%	(0.4%-3.3%)	54	2.8%	(0.4%-5.1%)	40	1.0%	(0.0%-2.0%)	14
Western Maine PHD	1.7%	(0.7%-2.7%)	66	2.0%	(0.6%-3.4%)	38	1.4%	(0.0%-2.7%)	27
York PHD	0.5%	(0.0%-1.0%)	19	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you think you will try an electronic vapor product soon? (en78)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.6%	(11.3%-13.9%)	3,056	12.7%	(10.6%-14.7%)	1,472	12.5%	(11.1%-13.8%)	1,501
<b>----Age----</b>									
10 or younger	9.8%	(7.8%-11.8%)	647	9.5%	(6.4%-12.6%)	313	10.0%	(6.9%-13.2%)	310
11	11.5%	(10.2%-12.9%)	1,382	11.6%	(9.6%-13.6%)	670	11.4%	(9.7%-13.2%)	685
12 or older	17.9%	(15.3%-20.6%)	992	19.0%	(15.1%-22.8%)	473	16.8%	(14.2%-19.3%)	491
<b>----Grade----</b>									
Grade 5	11.1%	(9.5%-12.6%)	1,312	10.8%	(8.4%-13.2%)	611	11.3%	(9.3%-13.2%)	660
Grade 6	14.1%	(12.3%-15.9%)	1,722	14.5%	(11.9%-17.1%)	858	13.6%	(11.8%-15.3%)	829
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.8%	(17.5%-30.1%)	167	28.0%	(17.5%-38.5%)~	91	19.6%	(11.3%-27.9%)	71
Non-Hispanic	12.8%	(11.3%-14.3%)	2,515	12.3%	(10.1%-14.5%)	1,179	13.1%	(11.6%-14.7%)	1,274
<b>----Race----</b>									
American Indian or Alaskan Native	12.9%	(7.9%-18.0%)	51	13.8%	(6.2%-21.4%)	19	11.6%	(5.2%-17.9%)	29
Asian	16.6%	(10.8%-22.4%)	47	15.1%	(5.1%-25.0%)	22	19.1%	(7.3%-30.9%)~	25
Black or African American	15.7%	(10.3%-21.0%)	151	10.8%	(6.4%-15.2%)	53	20.8%	(13.2%-28.4%)	96
Native Hawaiian or Other Pacific Islander	26.8%	(7.7%-45.9%)~	23	*	*	*	*	*	*
White	12.1%	(10.7%-13.4%)	2,474	12.5%	(10.5%-14.5%)	1,226	11.7%	(10.3%-13.1%)	1,205
Multiple Races	17.4%	(13.3%-21.5%)	155	17.4%	(9.7%-25.1%)	75	16.2%	(10.3%-22.1%)	70

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will try an electronic vapor product soon? (en78)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	11.3%	(5.5%-17.1%)	140	12.0%	(4.2%-19.9%)	74	11.0%	(5.6%-16.3%)	66
Central Maine PHD	13.4%	(10.2%-16.5%)	409	15.0%	(11.8%-18.3%)	218	12.3%	(8.6%-16.0%)	191
Cumberland PHD	10.3%	(6.6%-14.0%)	541	9.1%	(3.4%-14.8%)	229	11.5%	(9.0%-14.1%)	303
Downeast PHD	12.5%	(9.0%-16.0%)	179	9.5%	(5.7%-13.2%)	64	15.5%	(11.2%-19.8%)	112
Mid-Coast PHD	11.9%	(7.6%-16.3%)	303	11.4%	(6.2%-16.5%)	141	11.9%	(5.5%-18.3%)	146
Penquis PHD	14.2%	(10.1%-18.3%)	420	15.3%	(9.5%-21.2%)	224	12.6%	(8.8%-16.5%)	182
Western Maine PHD	15.0%	(12.1%-17.9%)	600	15.8%	(10.8%-20.7%)	303	14.4%	(11.4%-17.3%)	285
York PHD	12.9%	(10.5%-15.3%)	482	13.0%	(8.4%-17.7%)	229	12.5%	(9.9%-15.0%)	236

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## **Section 6**

### **Alcohol**



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever had a drink of alcohol, other than a few sips? (en18a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.1%	(7.3%-9.0%)	1,971	6.1%	(4.9%-7.3%)	707	10.0%	(8.8%-11.1%)	1,206
<b>----Age----</b>									
10 or younger	5.9%	(4.4%-7.5%)	397	3.2%	(1.8%-4.6%)	106	9.1%	(6.8%-11.4%)	286
11	7.8%	(6.9%-8.8%)	934	6.4%	(4.9%-8.0%)	366	8.9%	(7.7%-10.2%)	535
12 or older	11.4%	(9.7%-13.0%)	624	9.3%	(6.9%-11.7%)	231	13.1%	(11.0%-15.2%)	380
<b>----Grade----</b>									
Grade 5	7.1%	(5.9%-8.3%)	848	5.1%	(3.7%-6.4%)	285	9.0%	(7.2%-10.8%)	533
Grade 6	9.1%	(8.0%-10.1%)	1,101	7.1%	(5.6%-8.7%)	420	10.8%	(9.3%-12.3%)	656
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.3%	(10.4%-22.3%)	113	17.4%	(9.6%-25.2%)	54	15.9%	(6.6%-25.3%)	59
Non-Hispanic	8.1%	(7.3%-8.9%)	1,582	6.0%	(4.9%-7.1%)	572	10.1%	(9.1%-11.2%)	977
<b>----Race----</b>									
American Indian or Alaskan Native	7.8%	(3.8%-11.8%)	31	6.2%	(0.9%-11.5%)	9	7.9%	(2.7%-13.2%)	20
Asian	10.7%	(5.3%-16.0%)	29	3.9%	(0.0%-8.1%)	6	18.9%	(7.6%-30.1%)~	24
Black or African American	11.0%	(7.2%-14.7%)	105	8.7%	(3.2%-14.3%)	42	13.5%	(10.0%-17.1%)	63
Native Hawaiian or Other Pacific Islander	16.2%	(3.0%-29.4%)~	14	23.3%	(0.0%-50.1%)~	6	13.8%	(0.0%-30.3%)~	8
White	7.8%	(6.9%-8.7%)	1,604	5.9%	(4.6%-7.1%)	571	9.7%	(8.4%-10.9%)	998
Multiple Races	12.4%	(8.4%-16.4%)	108	11.5%	(6.3%-16.7%)	49	12.1%	(7.7%-16.5%)	51

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever had a drink of alcohol, other than a few sips? (en18a)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	8.9%	(3.7%-14.1%)	112	10.0%	(2.0%-18.0%)	62	8.2%	(0.5%-15.9%)	50
Central Maine PHD	6.1%	(4.0%-8.1%)	184	4.5%	(2.3%-6.7%)	64	7.5%	(4.7%-10.4%)	118
Cumberland PHD	7.5%	(6.6%-8.5%)	395	3.6%	(2.5%-4.6%)	90	11.3%	(10.0%-12.6%)	295
Downeast PHD	6.3%	(4.5%-8.1%)	90	5.4%	(3.2%-7.6%)	36	7.5%	(4.7%-10.3%)	54
Mid-Coast PHD	6.2%	(3.7%-8.7%)	158	4.4%	(2.9%-5.9%)	54	8.1%	(3.5%-12.7%)	99
Penquis PHD	10.6%	(7.1%-14.2%)	315	10.1%	(4.6%-15.6%)	147	11.2%	(8.6%-13.7%)	162
Western Maine PHD	10.6%	(8.8%-12.4%)	425	9.0%	(6.7%-11.3%)	174	12.4%	(9.7%-15.1%)	248
York PHD	7.4%	(5.9%-8.9%)	278	5.7%	(3.9%-7.5%)	100	8.4%	(5.5%-11.3%)	160

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

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*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.2%	(1.9%-2.6%)	539	2.1%	(1.6%-2.6%)	242	2.3%	(1.8%-2.8%)	282
<b>----Age----</b>									
10 or younger	1.7%	(1.0%-2.4%)	114	1.5%	(0.5%-2.4%)	49	1.9%	(0.9%-2.9%)	59
11	1.7%	(1.2%-2.2%)	201	1.7%	(0.9%-2.4%)	96	1.7%	(1.1%-2.4%)	104
12 or older	4.0%	(2.9%-5.0%)	220	3.8%	(2.2%-5.4%)	96	4.0%	(2.7%-5.3%)	117
<b>----Grade----</b>									
Grade 5	1.9%	(1.3%-2.4%)	222	1.7%	(1.0%-2.5%)	99	1.9%	(1.1%-2.8%)	115
Grade 6	2.6%	(2.1%-3.0%)	313	2.3%	(1.6%-3.1%)	139	2.7%	(2.1%-3.3%)	166
<b>----Hispanic Ethnicity----</b>									
Hispanic	6.9%	(3.6%-10.1%)	48	7.9%	(2.3%-13.5%)	26	6.1%	(2.0%-10.2%)	22
Non-Hispanic	2.2%	(1.8%-2.6%)	435	1.9%	(1.4%-2.5%)	187	2.5%	(1.9%-3.0%)	237
<b>----Race----</b>									
American Indian or Alaskan Native	1.9%	(0.1%-3.6%)	7	*	*	*	*	*	*
Asian	5.2%	(1.1%-9.3%)	15	4.8%	(0.0%-11.2%)	7	5.9%	(0.0%-11.9%)	8
Black or African American	2.1%	(0.9%-3.4%)	20	2.1%	(0.0%-4.2%)	10	2.3%	(0.0%-4.8%)	10
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.1%	(1.7%-2.5%)	432	2.0%	(1.5%-2.6%)	201	2.2%	(1.7%-2.7%)	228
Multiple Races	4.2%	(2.4%-5.9%)	37	3.3%	(1.0%-5.6%)	14	5.1%	(2.1%-8.1%)	22

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	2.0%	(0.2%-3.8%)	25	2.5%	(0.0%-5.7%)	16	1.5%	(0.0%-3.6%)	9
Central Maine PHD	1.6%	(0.2%-3.1%)	50	2.1%	(0.0%-4.1%)	30	1.3%	(0.2%-2.3%)	20
Cumberland PHD	2.0%	(1.3%-2.7%)	106	1.0%	(0.4%-1.7%)	25	3.1%	(1.9%-4.2%)	81
Downeast PHD	1.2%	(0.3%-2.0%)	17	*	*	*	*	*	*
Mid-Coast PHD	2.7%	(1.4%-4.1%)	70	3.1%	(1.3%-4.9%)	38	2.5%	(0.4%-4.6%)	31
Penquis PHD	2.8%	(1.4%-4.2%)	84	3.4%	(1.6%-5.3%)	51	2.3%	(1.0%-3.6%)	33
Western Maine PHD	2.6%	(1.8%-3.5%)	107	2.2%	(0.8%-3.5%)	42	3.2%	(2.1%-4.3%)	64
York PHD	1.8%	(1.5%-2.1%)	68	1.8%	(1.1%-2.4%)	31	1.6%	(0.8%-2.3%)	30

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*If you wanted to get some alcohol, how easy would it be for you to get some? (en20)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.6%	(14.4%-16.8%)	3,549	16.2%	(15.0%-17.5%)	1,761	14.6%	(12.9%-16.3%)	1,675
<b>----Age----</b>									
10 or younger	12.1%	(9.7%-14.5%)	737	11.6%	(9.2%-14.0%)	345	11.9%	(8.9%-14.9%)	352
11	15.6%	(14.2%-16.9%)	1,761	17.6%	(15.7%-19.6%)	959	13.4%	(11.7%-15.1%)	759
12 or older	19.3%	(17.4%-21.3%)	1,018	18.7%	(15.7%-21.7%)	441	19.6%	(16.7%-22.5%)	553
<b>----Grade----</b>									
Grade 5	12.8%	(10.9%-14.8%)	1,418	12.6%	(10.4%-14.8%)	656	12.6%	(10.0%-15.1%)	699
Grade 6	18.1%	(16.9%-19.4%)	2,107	19.5%	(17.9%-21.2%)	1,096	16.5%	(14.6%-18.3%)	962
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.3%	(12.3%-24.4%)	119	20.1%	(12.0%-28.1%)	60	16.8%	(10.4%-23.3%)	57
Non-Hispanic	15.7%	(14.3%-17.0%)	2,938	16.6%	(15.2%-18.1%)	1,515	14.4%	(12.6%-16.2%)	1,340
<b>----Race----</b>									
American Indian or Alaskan Native	16.1%	(10.1%-22.1%)	59	12.6%	(5.2%-19.9%)	16	17.1%	(8.0%-26.2%)	41
Asian	11.5%	(5.9%-17.0%)	30	8.8%	(4.2%-13.3%)	12	14.9%	(4.8%-24.9%)~	18
Black or African American	13.9%	(8.3%-19.4%)	122	10.2%	(5.0%-15.3%)	44	17.9%	(9.9%-25.8%)	78
Native Hawaiian or Other Pacific Islander	16.3%	(4.3%-28.3%)~	12	*	*	*	*	*	*
White	15.6%	(14.3%-16.8%)	3,034	16.6%	(15.3%-17.9%)	1,534	14.4%	(12.6%-16.1%)	1,415
Multiple Races	18.3%	(13.5%-23.1%)	159	22.0%	(15.4%-28.5%)	93	12.9%	(7.8%-18.0%)	54

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If you wanted to get some alcohol, how easy would it be for you to get some? (en20)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	15.4%	(8.0%-22.8%)	191	16.3%	(7.9%-24.6%)	99	12.0%	(5.4%-18.6%)	73
Central Maine PHD	15.2%	(13.0%-17.4%)	438	15.7%	(13.0%-18.4%)	212	15.1%	(11.8%-18.5%)	226
Cumberland PHD	15.2%	(12.8%-17.7%)	754	14.2%	(11.1%-17.4%)	340	15.9%	(11.9%-19.9%)	396
Downeast PHD	16.9%	(13.3%-20.6%)	227	16.3%	(11.7%-20.9%)	103	17.8%	(13.1%-22.5%)	121
Mid-Coast PHD	15.7%	(12.4%-19.0%)	378	17.0%	(11.7%-22.4%)	200	14.3%	(10.9%-17.8%)	167
Penquis PHD	18.2%	(15.0%-21.4%)	523	19.4%	(16.9%-21.8%)	273	16.8%	(10.8%-22.8%)	237
Western Maine PHD	15.8%	(11.9%-19.7%)	600	17.7%	(13.3%-22.1%)	321	13.2%	(9.3%-17.0%)	250
York PHD	14.2%	(11.9%-16.5%)	486	14.4%	(12.4%-16.3%)	226	13.4%	(9.2%-17.5%)	240

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How wrong do your parents or guardians feel it would be for you to drink alcohol regularly? (en21a)*

*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(4.2%-5.4%)	1,130	4.0%	(3.2%-4.7%)	448	5.4%	(4.6%-6.3%)	646
<b>----Age----</b>									
10 or younger	5.2%	(3.8%-6.6%)	334	3.9%	(2.2%-5.7%)	126	6.6%	(4.5%-8.7%)	202
11	4.4%	(3.6%-5.2%)	512	3.6%	(2.7%-4.4%)	200	5.0%	(3.8%-6.2%)	294
12 or older	5.1%	(4.0%-6.2%)	277	4.8%	(2.8%-6.8%)	116	5.2%	(3.9%-6.5%)	151
<b>----Grade----</b>									
Grade 5	5.0%	(3.9%-6.0%)	575	4.1%	(2.8%-5.4%)	221	5.8%	(4.4%-7.3%)	338
Grade 6	4.6%	(3.9%-5.4%)	553	3.9%	(2.9%-4.9%)	226	5.1%	(4.2%-6.1%)	308
<b>----Hispanic Ethnicity----</b>									
Hispanic	7.2%	(4.2%-10.3%)	49	9.1%	(4.5%-13.6%)	28	5.9%	(2.2%-9.6%)	21
Non-Hispanic	4.7%	(4.0%-5.4%)	908	3.8%	(2.9%-4.7%)	357	5.5%	(4.5%-6.6%)	528
<b>----Race----</b>									
American Indian or Alaskan Native	5.3%	(2.0%-8.6%)	21	10.5%	(1.4%-19.6%)	14	2.6%	(0.0%-5.4%)	7
Asian	3.8%	(1.1%-6.5%)	10	*	*	*	*	*	*
Black or African American	6.2%	(3.0%-9.3%)	57	5.8%	(0.6%-11.0%)	27	6.7%	(2.3%-11.0%)	30
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.7%	(4.0%-5.3%)	936	3.7%	(2.9%-4.5%)	354	5.5%	(4.5%-6.5%)	559
Multiple Races	4.7%	(1.9%-7.5%)	42	3.9%	(0.9%-6.9%)	17	5.5%	(1.0%-10.1%)	24

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How wrong do your parents or guardians feel it would be for you to drink alcohol regularly? (en21a)*

*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	3.8%	(1.1%-6.6%)	47	2.7%	(0.0%-6.0%)	16	4.2%	(1.0%-7.4%)	25
Central Maine PHD	4.0%	(2.5%-5.4%)	118	2.1%	(0.1%-4.2%)	30	5.8%	(3.7%-8.0%)	88
Cumberland PHD	3.9%	(2.9%-4.8%)	197	4.0%	(2.9%-5.0%)	97	3.8%	(2.5%-5.1%)	97
Downeast PHD	3.0%	(1.4%-4.7%)	42	2.8%	(0.4%-5.1%)	17	3.4%	(1.0%-5.8%)	24
Mid-Coast PHD	3.4%	(1.8%-4.9%)	83	3.9%	(1.5%-6.3%)	46	2.8%	(1.1%-4.5%)	34
Penquis PHD	6.7%	(5.7%-7.6%)	199	5.0%	(3.5%-6.5%)	73	8.0%	(6.3%-9.7%)	116
Western Maine PHD	6.0%	(4.6%-7.4%)	238	5.3%	(2.8%-7.8%)	99	6.8%	(4.6%-9.0%)	135
York PHD	4.9%	(3.5%-6.3%)	179	4.0%	(2.1%-5.9%)	67	5.5%	(3.0%-7.9%)	103

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



## **Section 7 Marijuana**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever used marijuana? (en53)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.6%	(1.1%-2.2%)	385	1.7%	(0.9%-2.4%)	191	1.5%	(1.0%-2.1%)	182
<b>----Age----</b>									
10 or younger	0.5%	(0.1%-0.9%)	33	0.7%	(0.0%-1.4%)	23	0.3%	(0.0%-0.6%)	8
11	1.1%	(0.6%-1.5%)	125	1.2%	(0.5%-1.8%)	66	0.9%	(0.5%-1.4%)	55
12 or older	4.1%	(2.7%-5.6%)	224	4.2%	(2.3%-6.1%)	102	4.1%	(2.6%-5.7%)	119
<b>----Grade----</b>									
Grade 5	0.6%	(0.2%-0.9%)	69	0.7%	(0.1%-1.3%)	38	0.4%	(0.2%-0.7%)	26
Grade 6	2.6%	(1.7%-3.6%)	316	2.6%	(1.4%-3.9%)	153	2.6%	(1.7%-3.5%)	157
<b>----Hispanic Ethnicity----</b>									
Hispanic	4.2%	(1.8%-6.7%)	29	6.5%	(2.2%-10.9%)	21	2.3%	(0.4%-4.2%)	8
Non-Hispanic	1.6%	(1.0%-2.2%)	311	1.6%	(0.8%-2.3%)	149	1.6%	(0.9%-2.2%)	151
<b>----Race----</b>									
American Indian or Alaskan Native	3.3%	(0.8%-5.9%)	13	*	*	*	*	*	*
Asian	2.9%	(0.0%-6.5%)	8	*	*	*	*	*	*
Black or African American	1.6%	(0.3%-2.9%)	15	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.5%	(0.9%-2.1%)	299	1.5%	(0.8%-2.3%)	147	1.4%	(0.8%-2.0%)	144
Multiple Races	3.7%	(2.2%-5.2%)	32	4.3%	(1.7%-6.8%)	18	3.1%	(0.7%-5.6%)	13

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever used marijuana? (en53)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	2.6%	(0.0%-5.5%)	33	2.6%	(0.0%-5.9%)	16	2.8%	(0.1%-5.4%)	17
Central Maine PHD	1.3%	(0.7%-1.9%)	38	0.8%	(0.0%-1.6%)	12	1.8%	(0.6%-2.9%)	27
Cumberland PHD	0.6%	(0.2%-0.9%)	29	*	*	*	*	*	*
Downeast PHD	2.3%	(1.1%-3.4%)	32	2.0%	(0.3%-3.8%)	14	2.1%	(0.0%-4.9%)	15
Mid-Coast PHD	1.4%	(0.6%-2.2%)	34	1.4%	(0.2%-2.6%)	16	1.1%	(0.4%-1.9%)	14
Penquis PHD	3.2%	(1.8%-4.6%)	94	3.7%	(1.1%-6.2%)	54	2.8%	(1.5%-4.0%)	40
Western Maine PHD	3.2%	(0.2%-6.1%)	126	3.5%	(0.0%-7.0%)	67	2.7%	(0.0%-5.5%)	54
York PHD	0.9%	(0.2%-1.7%)	35	1.2%	(0.3%-2.2%)	21	0.7%	(0.0%-1.5%)	13

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*During the past 30 days, how many times did you use marijuana? (en79)*  
*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	0.7%	(0.4%-1.0%)	168	0.8%	(0.4%-1.2%)	92	0.6%	(0.3%-0.9%)	72
<b>----Age----</b>									
10 or younger	0.1%	(0.0%-0.2%)	6	*	*	*	*	*	*
11	0.5%	(0.2%-0.9%)	61	0.5%	(0.1%-0.9%)	30	0.5%	(0.1%-0.9%)	30
12 or older	1.8%	(0.9%-2.7%)	98	2.4%	(1.1%-3.6%)	59	1.4%	(0.5%-2.2%)	40
<b>----Grade----</b>									
Grade 5	0.2%	(0.0%-0.4%)	26	0.3%	(0.0%-0.6%)	14	0.2%	(0.0%-0.3%)	9
Grade 6	1.2%	(0.6%-1.8%)	142	1.3%	(0.6%-2.1%)	78	1.0%	(0.5%-1.6%)	64
<b>----Hispanic Ethnicity----</b>									
Hispanic	2.8%	(0.9%-4.6%)	19	*	*	*	*	*	*
Non-Hispanic	0.6%	(0.3%-1.0%)	126	0.7%	(0.3%-1.1%)	69	0.6%	(0.2%-0.9%)	54
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	2.8%	(0.0%-6.3%)	8	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.6%	(0.3%-1.0%)	127	0.7%	(0.3%-1.1%)	66	0.6%	(0.2%-1.0%)	58
Multiple Races	1.4%	(0.2%-2.6%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, how many times did you use marijuana? (en79)*

*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.3%	(0.0%-2.8%)	16	1.8%	(0.0%-3.7%)	11	0.9%	(0.0%-2.3%)	6
Central Maine PHD	0.7%	(0.2%-1.1%)	21	0.8%	(0.0%-1.7%)	11	0.6%	(0.0%-1.4%)	9
Cumberland PHD	0.2%	(0.0%-0.4%)	10	*	*	*	*	*	*
Downeast PHD	0.5%	(0.0%-1.3%)	7	*	*	*	*	*	*
Mid-Coast PHD	0.6%	(0.1%-1.1%)	16	*	*	*	*	*	*
Penquis PHD	1.4%	(0.7%-2.2%)	42	1.3%	(0.4%-2.2%)	19	1.6%	(0.3%-2.8%)	23
Western Maine PHD	1.6%	(0.0%-3.5%)	63	2.0%	(0.0%-4.3%)	38	1.2%	(0.0%-3.0%)	23
York PHD	0.3%	(0.0%-0.7%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*If you wanted to get some marijuana, how easy would it be for you to get some? (en80)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.0%	(6.9%-9.0%)	1,782	8.6%	(7.1%-10.1%)	914	7.3%	(6.0%-8.6%)	826
<b>----Age----</b>									
10 or younger	6.9%	(5.1%-8.7%)	405	8.7%	(5.5%-11.9%)	250	5.1%	(3.2%-7.0%)	144
11	6.9%	(5.9%-8.0%)	776	7.3%	(5.6%-8.9%)	390	6.8%	(5.1%-8.4%)	380
12 or older	11.1%	(9.2%-13.0%)	582	11.4%	(8.6%-14.2%)	267	10.4%	(8.3%-12.6%)	293
<b>----Grade----</b>									
Grade 5	6.6%	(5.2%-8.0%)	704	7.8%	(5.6%-10.0%)	393	5.4%	(3.6%-7.2%)	293
Grade 6	9.2%	(8.0%-10.5%)	1,067	9.4%	(7.5%-11.3%)	520	9.0%	(7.6%-10.4%)	523
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.0%	(6.8%-15.2%)	72	15.4%	(8.4%-22.4%)	45	7.8%	(2.7%-12.9%)	27
Non-Hispanic	8.3%	(7.2%-9.4%)	1,539	8.8%	(7.2%-10.3%)	792	7.7%	(6.3%-9.1%)	713
<b>----Race----</b>									
American Indian or Alaskan Native	11.7%	(5.1%-18.3%)	44	14.2%	(3.2%-25.2%)~	17	9.9%	(3.4%-16.5%)	24
Asian	7.1%	(2.2%-12.0%)	18	5.8%	(1.2%-10.4%)	7	8.5%	(0.0%-17.0%)	11
Black or African American	7.4%	(3.5%-11.2%)	64	7.0%	(2.4%-11.5%)	30	7.9%	(3.4%-12.4%)	35
Native Hawaiian or Other Pacific Islander	15.4%	(2.6%-28.3%)~	11	*	*	*	*	*	*
White	7.8%	(6.8%-8.8%)	1,491	8.5%	(7.0%-10.0%)	777	7.1%	(5.8%-8.4%)	685
Multiple Races	11.8%	(8.3%-15.3%)	102	14.1%	(7.4%-20.9%)	59	9.7%	(5.5%-13.8%)	40

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If you wanted to get some marijuana, how easy would it be for you to get some? (en80)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	7.0%	(1.8%-12.1%)	82	5.2%	(0.5%-9.9%)	30	7.9%	(2.3%-13.5%)	45
Central Maine PHD	8.1%	(6.3%-9.9%)	230	7.2%	(5.2%-9.3%)	97	8.9%	(6.2%-11.6%)	132
Cumberland PHD	6.5%	(2.6%-10.4%)	317	6.5%	(2.3%-10.8%)	154	6.4%	(2.3%-10.5%)	157
Downeast PHD	11.0%	(7.6%-14.3%)	144	9.9%	(4.7%-15.0%)	61	12.4%	(7.2%-17.7%)	83
Mid-Coast PHD	7.0%	(4.1%-9.9%)	165	8.3%	(5.1%-11.6%)	94	5.9%	(2.4%-9.4%)	69
Penquis PHD	9.7%	(6.9%-12.4%)	271	11.2%	(7.7%-14.8%)	155	8.4%	(4.2%-12.5%)	116
Western Maine PHD	11.2%	(7.6%-14.8%)	425	13.1%	(7.6%-18.6%)	240	9.4%	(6.2%-12.5%)	177
York PHD	6.3%	(5.5%-7.1%)	212	7.0%	(4.4%-9.5%)	107	5.3%	(3.2%-7.4%)	93

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 8**

### **Other Drugs**



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.6%	(4.8%-6.5%)	1,358	5.4%	(4.3%-6.6%)	624	5.8%	(4.7%-6.8%)	692
<b>----Age----</b>									
10 or younger	5.8%	(4.1%-7.6%)	384	5.1%	(3.0%-7.2%)	167	6.8%	(4.2%-9.4%)	209
11	5.4%	(4.3%-6.5%)	644	5.3%	(4.0%-6.6%)	300	5.4%	(3.7%-7.0%)	321
12 or older	5.9%	(4.5%-7.4%)	326	6.3%	(4.0%-8.7%)	155	5.5%	(3.8%-7.2%)	160
<b>----Grade----</b>									
Grade 5	6.2%	(4.8%-7.5%)	725	5.6%	(4.0%-7.2%)	313	6.6%	(5.1%-8.2%)	387
Grade 6	5.1%	(4.2%-6.1%)	623	5.2%	(3.8%-6.6%)	305	4.9%	(3.8%-6.1%)	301
<b>----Hispanic Ethnicity----</b>									
Hispanic	9.5%	(5.5%-13.5%)	67	9.3%	(3.5%-15.2%)	29	10.0%	(4.9%-15.1%)	37
Non-Hispanic	5.6%	(4.6%-6.5%)	1,086	5.5%	(4.3%-6.7%)	528	5.4%	(4.4%-6.5%)	526
<b>----Race----</b>									
American Indian or Alaskan Native	3.0%	(0.6%-5.3%)	12	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	6.2%	(1.6%-10.9%)	58	6.5%	(0.0%-13.1%)	30	5.5%	(0.0%-11.0%)	25
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.7%	(4.8%-6.7%)	1,174	5.6%	(4.5%-6.7%)	544	5.9%	(4.8%-7.0%)	605
Multiple Races	7.2%	(4.4%-10.0%)	64	6.3%	(2.2%-10.5%)	27	8.3%	(3.8%-12.8%)	36

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	5.1%	(1.2%-9.0%)	64	5.7%	(0.7%-10.8%)	35	4.7%	(0.1%-9.4%)	29
Central Maine PHD	4.8%	(3.0%-6.6%)	148	4.4%	(1.2%-7.6%)	64	4.8%	(2.3%-7.2%)	74
Cumberland PHD	4.8%	(3.1%-6.4%)	247	3.8%	(1.6%-6.0%)	94	5.6%	(3.9%-7.3%)	146
Downeast PHD	7.2%	(4.3%-10.0%)	102	8.4%	(3.9%-12.9%)	55	5.9%	(3.2%-8.5%)	43
Mid-Coast PHD	4.5%	(3.0%-6.0%)	113	5.3%	(3.1%-7.5%)	64	3.9%	(1.8%-6.1%)	48
Penquis PHD	6.0%	(3.8%-8.2%)	179	6.4%	(3.3%-9.6%)	94	5.8%	(3.7%-8.0%)	85
Western Maine PHD	6.8%	(4.4%-9.1%)	272	7.6%	(4.3%-10.8%)	145	6.0%	(3.9%-8.1%)	120
York PHD	6.1%	(4.2%-8.0%)	225	4.5%	(2.7%-6.4%)	78	7.1%	(4.0%-10.3%)	135

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you agree or disagree with the following statement? "My family has clear rules about alcohol and drug use." (en24)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	93.1%	(92.2%-94.0%)	21,284	94.0%	(92.9%-95.1%)	10,247	92.4%	(91.2%-93.7%)	10,602
<b>----Age----</b>									
10 or younger	93.2%	(91.3%-95.0%)	5,776	94.2%	(91.9%-96.5%)	2,941	92.1%	(89.7%-94.6%)	2,672
11	93.7%	(92.6%-94.8%)	10,502	94.9%	(93.7%-96.0%)	5,072	92.6%	(90.9%-94.3%)	5,243
12 or older	91.9%	(90.1%-93.8%)	4,909	91.8%	(89.3%-94.2%)	2,185	92.4%	(90.3%-94.5%)	2,655
<b>----Grade----</b>									
Grade 5	93.0%	(91.7%-94.4%)	10,253	94.1%	(92.6%-95.7%)	4,947	92.0%	(90.1%-93.8%)	5,030
Grade 6	93.3%	(92.1%-94.5%)	10,928	93.8%	(92.5%-95.2%)	5,265	93.0%	(91.4%-94.6%)	5,523
<b>----Hispanic Ethnicity----</b>									
Hispanic	91.7%	(87.7%-95.6%)	621	90.7%	(84.6%-96.8%)	275	92.2%	(86.5%-98.0%)	335
Non-Hispanic	93.4%	(92.5%-94.3%)	17,565	94.3%	(93.2%-95.5%)	8,608	92.5%	(91.3%-93.8%)	8,659
<b>----Race----</b>									
American Indian or Alaskan Native	88.1%	(81.8%-94.3%)	341	91.3%	(81.7%-100.0%)	121	87.0%	(78.9%-95.0%)	215
Asian	89.3%	(82.2%-96.5%)	243	91.5%	(84.4%-98.6%)	128	90.7%	(82.1%-99.4%)	115
Black or African American	89.9%	(87.5%-92.3%)	797	92.4%	(87.2%-97.5%)	409	87.3%	(82.5%-92.0%)	382
Native Hawaiian or Other Pacific Islander	87.8%	(76.9%-98.7%)~	67	*	*	*	*	*	*
White	93.6%	(92.8%-94.5%)	18,255	94.4%	(93.3%-95.5%)	8,774	93.0%	(91.8%-94.1%)	9,160
Multiple Races	89.7%	(86.2%-93.2%)	770	90.2%	(84.0%-96.3%)	375	88.8%	(83.4%-94.3%)	371

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you agree or disagree with the following statement? "My family has clear rules about alcohol and drug use." (en24)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	93.3%	(90.3%-96.2%)	1,113	94.2%	(91.4%-97.0%)	550	92.0%	(87.1%-96.9%)	539
Central Maine PHD	91.2%	(89.5%-92.9%)	2,610	93.3%	(89.2%-97.4%)	1,255	89.3%	(85.9%-92.7%)	1,312
Cumberland PHD	95.3%	(93.3%-97.3%)	4,797	95.1%	(91.4%-98.8%)	2,293	95.5%	(92.8%-98.2%)	2,411
Downeast PHD	92.5%	(90.1%-94.9%)	1,184	94.2%	(90.0%-98.5%)	559	90.7%	(85.0%-96.4%)	602
Mid-Coast PHD	94.8%	(93.3%-96.4%)	2,235	95.7%	(93.8%-97.6%)	1,111	94.1%	(91.4%-96.9%)	1,079
Penquis PHD	90.8%	(88.9%-92.8%)	2,618	91.0%	(88.4%-93.7%)	1,302	91.4%	(88.3%-94.5%)	1,266
Western Maine PHD	91.5%	(89.7%-93.4%)	3,492	93.8%	(91.2%-96.4%)	1,707	89.5%	(87.4%-91.6%)	1,709
York PHD	94.4%	(92.5%-96.3%)	3,277	94.5%	(92.2%-96.9%)	1,518	94.5%	(92.5%-96.5%)	1,699

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 9**

### **Nutrition**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you eat fruit? (Do not count fruit juice) (en64)

Percentage of students who ate fruit 2 or more times yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	54.9%	(52.4%-57.4%)	13,266	56.4%	(52.9%-59.8%)	6,518	53.9%	(51.4%-56.4%)	6,480
<b>----Age----</b>									
10 or younger	54.8%	(50.8%-58.8%)	3,626	57.1%	(52.2%-62.0%)	1,894	53.1%	(48.2%-57.9%)	1,634
11	55.8%	(53.0%-58.6%)	6,655	56.8%	(52.5%-61.0%)	3,238	55.0%	(51.9%-58.1%)	3,302
12 or older	53.4%	(50.1%-56.6%)	2,927	54.8%	(50.6%-59.1%)	1,364	52.4%	(48.3%-56.5%)	1,520
<b>----Grade----</b>									
Grade 5	55.8%	(52.7%-58.9%)	6,602	57.5%	(52.8%-62.1%)	3,224	54.3%	(50.9%-57.8%)	3,188
Grade 6	54.2%	(51.4%-57.0%)	6,599	55.2%	(51.4%-59.0%)	3,257	53.6%	(50.6%-56.5%)	3,266
<b>----Hispanic Ethnicity----</b>									
Hispanic	55.4%	(47.3%-63.4%)	388	52.4%	(43.1%-61.8%)	169	58.8%	(48.0%-69.6%)~	216
Non-Hispanic	54.9%	(52.1%-57.7%)	10,715	56.1%	(52.3%-59.8%)	5,350	53.8%	(51.1%-56.5%)	5,179
<b>----Race----</b>									
American Indian or Alaskan Native	52.4%	(42.7%-62.1%)	211	62.4%	(51.4%-73.4%)~	88	47.3%	(34.6%-59.9%)~	120
Asian	46.6%	(38.1%-55.1%)	132	53.4%	(38.5%-68.3%)~	80	40.6%	(25.0%-56.3%)~	53
Black or African American	51.2%	(45.3%-57.0%)	487	49.5%	(39.2%-59.7%)~	239	52.0%	(40.5%-63.5%)~	237
Native Hawaiian or Other Pacific Islander	68.5%	(47.4%-89.6%)~	55	40.2%	(9.2%-71.1%)~	10	86.9%	(70.9%-100.0%)~	44
White	55.1%	(52.4%-57.7%)	11,271	56.3%	(52.7%-59.9%)	5,503	54.1%	(51.5%-56.7%)	5,575
Multiple Races	56.6%	(50.7%-62.6%)	495	63.0%	(54.6%-71.3%)	270	51.8%	(42.6%-61.0%)	218

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit 2 or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you eat fruit? (Do not count fruit juice) (en64)*

*Percentage of students who at fruit 2 or more times yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	51.1%	(46.5%-55.7%)	626	52.4%	(47.6%-57.2%)	315	49.3%	(44.2%-54.5%)	293
Central Maine PHD	46.8%	(41.9%-51.8%)	1,440	45.6%	(40.1%-51.1%)	667	47.5%	(37.9%-57.1%)	742
Cumberland PHD	61.8%	(51.0%-72.6%)~	3,234	62.8%	(50.4%-75.3%)~	1,579	61.5%	(52.1%-70.8%)	1,610
Downeast PHD	52.1%	(48.3%-55.8%)	736	54.5%	(45.1%-63.8%)	367	49.5%	(42.8%-56.3%)	354
Mid-Coast PHD	60.9%	(57.2%-64.5%)	1,541	64.2%	(58.0%-70.4%)	783	57.5%	(51.7%-63.3%)	712
Penquis PHD	47.0%	(43.5%-50.5%)	1,401	47.7%	(41.5%-53.9%)	699	46.5%	(44.2%-48.7%)	671
Western Maine PHD	52.0%	(47.4%-56.7%)	2,087	53.5%	(46.1%-60.9%)	1,025	50.7%	(44.2%-57.1%)	1,009
York PHD	55.4%	(52.1%-58.8%)	2,057	58.6%	(54.6%-62.6%)	1,020	53.7%	(48.7%-58.7%)	1,011

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who at fruit 2 or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you eat fruit? (Do not count fruit juice) (en64\_2)

Percentage of students who ate less than 1 fruit yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.2%	(20.0%-24.5%)	5,369	19.8%	(17.1%-22.6%)	2,293	24.1%	(21.6%-26.5%)	2,893
<b>----Age----</b>									
10 or younger	21.8%	(18.0%-25.7%)	1,443	18.0%	(13.1%-22.8%)	596	25.0%	(20.6%-29.3%)	769
11	21.3%	(19.1%-23.6%)	2,547	19.3%	(16.4%-22.2%)	1,102	23.1%	(20.2%-26.1%)	1,389
12 or older	24.3%	(21.2%-27.4%)	1,333	23.0%	(20.0%-25.9%)	571	25.1%	(20.7%-29.4%)	728
<b>----Grade----</b>									
Grade 5	21.8%	(19.1%-24.5%)	2,577	18.6%	(14.6%-22.6%)	1,042	24.3%	(21.5%-27.2%)	1,428
Grade 6	22.5%	(20.0%-24.9%)	2,736	21.0%	(18.3%-23.7%)	1,240	23.7%	(20.8%-26.5%)	1,443
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.8%	(16.1%-31.6%)	167	25.8%	(17.3%-34.3%)	83	20.6%	(11.8%-29.4%)	76
Non-Hispanic	22.3%	(19.8%-24.8%)	4,364	19.9%	(17.1%-22.8%)	1,901	24.3%	(21.5%-27.0%)	2,335
<b>----Race----</b>									
American Indian or Alaskan Native	17.5%	(12.0%-22.9%)	70	9.8%	(2.8%-16.8%)	14	21.2%	(12.5%-29.9%)	54
Asian	24.6%	(16.1%-33.0%)	70	17.1%	(7.2%-26.9%)	25	30.0%	(18.3%-41.7%)~	39
Black or African American	28.0%	(21.4%-34.5%)	266	30.1%	(17.8%-42.4%)~	146	26.1%	(18.1%-34.0%)	119
Native Hawaiian or Other Pacific Islander	9.0%	(0.0%-18.4%)	7	*	*	*	*	*	*
White	22.1%	(19.7%-24.5%)	4,531	19.7%	(16.7%-22.7%)	1,925	24.0%	(21.4%-26.6%)	2,472
Multiple Races	19.0%	(13.8%-24.1%)	166	14.3%	(7.4%-21.2%)	61	23.0%	(14.3%-31.7%)	97

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate less than 1 fruit yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you eat fruit? (Do not count fruit juice) (en64\_2)*

*Percentage of students who ate less than 1 fruit yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	24.5%	(17.4%-31.6%)	300	22.5%	(18.1%-26.9%)	135	27.8%	(17.2%-38.5%)~	165
Central Maine PHD	24.6%	(19.1%-30.2%)	758	25.9%	(17.2%-34.6%)	378	23.8%	(18.4%-29.3%)	372
Cumberland PHD	16.7%	(7.0%-26.3%)	872	16.0%	(3.9%-28.1%)~	403	17.3%	(9.3%-25.3%)	453
Downeast PHD	25.0%	(19.2%-30.7%)	353	24.8%	(17.1%-32.6%)	167	25.1%	(18.3%-31.8%)	179
Mid-Coast PHD	18.5%	(14.5%-22.5%)	468	18.6%	(12.4%-24.7%)	227	18.7%	(15.1%-22.2%)	231
Penquis PHD	27.7%	(23.9%-31.5%)	825	24.2%	(20.1%-28.3%)	355	30.9%	(25.3%-36.6%)	447
Western Maine PHD	25.3%	(21.7%-28.8%)	1,013	20.6%	(16.1%-25.1%)	395	29.2%	(23.0%-35.3%)	581
York PHD	22.4%	(19.7%-25.0%)	830	19.0%	(15.7%-22.3%)	330	24.2%	(20.5%-27.9%)	455

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

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*N = Number of students who ate less than 1 fruit yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	69.3%	(67.1%-71.4%)	16,456	70.4%	(67.6%-73.2%)	8,011	68.7%	(66.3%-71.1%)	8,121
<b>----Age----</b>									
10 or younger	70.1%	(66.8%-73.3%)	4,528	71.8%	(67.1%-76.4%)	2,324	69.0%	(64.8%-73.2%)	2,081
11	69.6%	(67.1%-72.1%)	8,172	70.7%	(67.2%-74.1%)	3,983	68.9%	(65.8%-71.9%)	4,061
12 or older	67.9%	(64.9%-70.9%)	3,682	68.4%	(64.6%-72.1%)	1,677	68.0%	(64.1%-71.8%)	1,953
<b>----Grade----</b>									
Grade 5	70.0%	(67.2%-72.8%)	8,107	71.8%	(67.4%-76.2%)	3,942	68.7%	(65.7%-71.8%)	3,945
Grade 6	68.7%	(66.3%-71.2%)	8,267	69.1%	(66.3%-72.0%)	4,033	68.9%	(66.2%-71.5%)	4,144
<b>----Hispanic Ethnicity----</b>									
Hispanic	70.7%	(64.2%-77.2%)	493	66.3%	(56.6%-76.1%)	212	75.9%	(68.7%-83.1%)	279
Non-Hispanic	69.1%	(66.7%-71.5%)	13,318	70.3%	(67.2%-73.3%)	6,624	68.3%	(65.8%-70.8%)	6,483
<b>----Race----</b>									
American Indian or Alaskan Native	74.2%	(66.1%-82.3%)	294	80.5%	(70.0%-91.0%)~	111	71.0%	(60.8%-81.1%)~	177
Asian	67.5%	(61.1%-73.9%)	187	66.2%	(52.2%-80.1%)~	94	71.8%	(60.2%-83.4%)~	93
Black or African American	74.8%	(67.6%-82.0%)	707	72.0%	(60.3%-83.7%)~	346	77.5%	(72.0%-83.1%)	350
Native Hawaiian or Other Pacific Islander	79.3%	(60.7%-97.8%)~	63	*	*	*	*	*	*
White	68.7%	(66.4%-70.9%)	13,834	69.9%	(67.0%-72.7%)	6,735	67.9%	(65.3%-70.4%)	6,874
Multiple Races	75.2%	(70.1%-80.4%)	651	77.0%	(69.0%-85.1%)	327	76.2%	(68.2%-84.1%)	317

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	67.8%	(64.0%-71.7%)	822	66.1%	(62.6%-69.6%)	397	68.8%	(59.8%-77.8%)	399
Central Maine PHD	61.7%	(55.7%-67.7%)	1,851	60.2%	(55.3%-65.0%)	851	62.8%	(53.0%-72.5%)	964
Cumberland PHD	74.8%	(67.1%-82.4%)	3,877	73.3%	(63.0%-83.5%)~	1,827	76.3%	(70.5%-82.1%)	1,977
Downeast PHD	66.9%	(62.0%-71.9%)	933	68.0%	(61.2%-74.8%)	451	65.8%	(59.7%-71.9%)	466
Mid-Coast PHD	73.8%	(71.7%-75.9%)	1,822	77.9%	(73.1%-82.8%)	938	69.1%	(64.2%-74.1%)	829
Penquis PHD	63.6%	(59.9%-67.3%)	1,868	65.0%	(59.9%-70.1%)	936	63.1%	(58.2%-68.0%)	902
Western Maine PHD	67.9%	(62.9%-73.0%)	2,692	69.6%	(62.0%-77.1%)	1,325	66.8%	(62.8%-70.9%)	1,309
York PHD	70.1%	(67.0%-73.2%)	2,540	72.3%	(68.4%-76.2%)	1,230	68.9%	(62.7%-75.1%)	1,271

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.3%	(12.0%-14.7%)	3,168	11.8%	(9.8%-13.7%)	1,338	14.6%	(12.9%-16.3%)	1,725
<b>----Age----</b>									
10 or younger	12.9%	(10.5%-15.3%)	832	11.0%	(7.6%-14.4%)	357	14.5%	(11.3%-17.6%)	436
11	12.9%	(11.4%-14.5%)	1,521	11.0%	(8.7%-13.2%)	618	14.6%	(12.6%-16.7%)	862
12 or older	14.8%	(12.6%-16.9%)	800	14.4%	(12.0%-16.8%)	354	14.7%	(11.6%-17.7%)	422
<b>----Grade----</b>									
Grade 5	13.0%	(11.3%-14.8%)	1,508	11.0%	(7.8%-14.2%)	602	14.7%	(12.5%-17.0%)	846
Grade 6	13.5%	(12.1%-15.0%)	1,627	12.4%	(10.7%-14.1%)	725	14.4%	(12.5%-16.3%)	868
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.4%	(9.8%-23.1%)	114	19.6%	(10.8%-28.4%)	63	12.0%	(6.2%-17.8%)	44
Non-Hispanic	13.2%	(11.8%-14.7%)	2,548	11.8%	(9.8%-13.8%)	1,114	14.4%	(12.7%-16.0%)	1,363
<b>----Race----</b>									
American Indian or Alaskan Native	9.0%	(4.1%-13.9%)	36	5.4%	(0.0%-10.9%)	7	10.6%	(3.2%-18.0%)	27
Asian	15.1%	(7.5%-22.6%)	42	13.3%	(1.1%-25.5%)~	19	13.5%	(5.6%-21.4%)	18
Black or African American	8.5%	(6.1%-11.0%)	81	9.8%	(5.5%-14.1%)	47	7.1%	(4.2%-10.0%)	32
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.7%	(12.2%-15.2%)	2,768	12.0%	(9.9%-14.1%)	1,158	15.2%	(13.3%-17.0%)	1,535
Multiple Races	10.0%	(6.4%-13.7%)	87	9.5%	(4.3%-14.6%)	40	9.4%	(3.3%-15.4%)	39

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	13.9%	(9.7%-18.1%)	168	14.8%	(10.8%-18.8%)	89	13.7%	(6.4%-20.9%)	79
Central Maine PHD	16.2%	(12.1%-20.3%)	487	15.5%	(9.5%-21.5%)	219	17.3%	(11.8%-22.8%)	265
Cumberland PHD	9.9%	(4.7%-15.0%)	511	9.9%	(0.8%-19.1%)	248	9.7%	(6.7%-12.8%)	252
Downeast PHD	14.2%	(9.5%-18.8%)	197	13.7%	(8.3%-19.0%)	91	15.1%	(9.2%-20.9%)	107
Mid-Coast PHD	11.0%	(8.3%-13.8%)	273	10.9%	(6.6%-15.1%)	131	11.5%	(9.1%-14.0%)	138
Penquis PHD	17.2%	(14.6%-19.8%)	506	14.0%	(8.9%-19.1%)	202	20.5%	(16.6%-24.4%)	293
Western Maine PHD	15.0%	(12.3%-17.7%)	594	13.4%	(10.0%-16.8%)	255	16.0%	(11.8%-20.3%)	314
York PHD	12.7%	(10.6%-14.7%)	459	10.3%	(8.5%-12.1%)	176	14.1%	(11.2%-17.1%)	261

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)

Percentage of students who ate vegetables less than 1 time yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.2%	(20.0%-24.3%)	5,359	19.3%	(17.1%-21.5%)	2,239	24.6%	(22.1%-27.1%)	2,951
<b>----Age----</b>									
10 or younger	22.9%	(19.3%-26.6%)	1,510	18.1%	(14.8%-21.5%)	599	27.5%	(22.0%-33.0%)	846
11	21.5%	(19.2%-23.8%)	2,566	19.4%	(16.7%-22.1%)	1,113	23.3%	(20.4%-26.2%)	1,392
12 or older	22.7%	(19.9%-25.4%)	1,247	20.5%	(17.1%-23.9%)	511	24.3%	(20.8%-27.8%)	706
<b>----Grade----</b>									
Grade 5	22.9%	(20.2%-25.5%)	2,699	19.1%	(16.4%-21.8%)	1,076	26.0%	(22.4%-29.6%)	1,518
Grade 6	21.5%	(18.9%-24.0%)	2,621	19.6%	(16.9%-22.3%)	1,159	23.2%	(20.3%-26.2%)	1,418
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.6%	(20.0%-29.3%)	175	24.5%	(16.8%-32.2%)	80	25.0%	(16.9%-33.1%)	93
Non-Hispanic	21.9%	(19.5%-24.2%)	4,275	19.9%	(17.4%-22.4%)	1,900	23.6%	(21.0%-26.2%)	2,269
<b>----Race----</b>									
American Indian or Alaskan Native	20.7%	(13.5%-27.9%)	84	17.9%	(6.8%-29.0%)~	26	23.0%	(14.1%-31.9%)	58
Asian	21.9%	(13.9%-29.9%)	61	16.2%	(4.4%-28.0%)~	23	24.9%	(12.9%-36.9%)~	32
Black or African American	28.0%	(19.4%-36.6%)	265	24.0%	(17.4%-30.6%)	115	31.2%	(19.5%-42.9%)~	143
Native Hawaiian or Other Pacific Islander	10.3%	(0.7%-19.9%)	8	*	*	*	*	*	*
White	21.7%	(19.4%-23.9%)	4,434	19.0%	(16.4%-21.5%)	1,859	24.2%	(21.7%-26.6%)	2,481
Multiple Races	25.6%	(20.2%-31.0%)	225	24.0%	(15.8%-32.2%)	103	26.6%	(20.0%-33.2%)	113

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)

Percentage of students who ate vegetables less than 1 time yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	19.5%	(13.7%-25.4%)	243	15.3%	(9.6%-20.9%)	92	24.8%	(16.5%-33.0%)	150
Central Maine PHD	24.5%	(22.1%-27.0%)	752	22.4%	(19.0%-25.9%)	327	26.3%	(20.6%-32.1%)	410
Cumberland PHD	16.6%	(10.0%-23.3%)	870	15.4%	(8.0%-22.8%)	390	17.0%	(11.3%-22.7%)	443
Downeast PHD	23.4%	(19.9%-27.0%)	333	18.2%	(13.1%-23.3%)	123	29.5%	(20.3%-38.6%)	210
Mid-Coast PHD	20.8%	(16.9%-24.8%)	526	20.6%	(15.4%-25.8%)	254	20.7%	(15.9%-25.5%)	254
Penquis PHD	26.1%	(23.3%-29.0%)	779	22.2%	(19.0%-25.4%)	327	30.1%	(26.2%-34.0%)	433
Western Maine PHD	24.9%	(21.0%-28.8%)	1,002	22.1%	(17.4%-26.8%)	427	27.3%	(23.3%-31.4%)	544
York PHD	21.4%	(17.9%-25.0%)	793	16.9%	(12.8%-20.9%)	293	24.9%	(19.9%-29.8%)	469

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enveg\_2)

Percentage of students who ate vegetables three or more times yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.5%	(26.3%-30.7%)	6,883	30.2%	(27.4%-33.0%)	3,497	26.8%	(24.7%-29.0%)	3,222
<b>----Age----</b>									
10 or younger	29.9%	(25.7%-34.2%)	1,973	34.1%	(29.2%-38.9%)	1,126	25.4%	(20.4%-30.4%)	780
11	27.9%	(25.7%-30.2%)	3,333	28.9%	(25.7%-32.1%)	1,659	26.9%	(24.6%-29.3%)	1,610
12 or older	28.0%	(25.6%-30.4%)	1,538	27.8%	(24.8%-30.9%)	694	28.3%	(25.3%-31.4%)	823
<b>----Grade----</b>									
Grade 5	28.7%	(25.3%-32.2%)	3,394	30.9%	(26.7%-35.2%)	1,741	26.3%	(22.7%-29.9%)	1,533
Grade 6	28.4%	(26.3%-30.5%)	3,467	29.5%	(26.9%-32.1%)	1,745	27.5%	(25.0%-30.0%)	1,679
<b>----Hispanic Ethnicity----</b>									
Hispanic	32.9%	(24.7%-41.0%)	233	34.6%	(25.9%-43.3%)	113	31.9%	(21.7%-42.0%)~	119
Non-Hispanic	28.7%	(26.2%-31.2%)	5,604	30.2%	(27.1%-33.2%)	2,883	27.2%	(24.6%-29.8%)	2,614
<b>----Race----</b>									
American Indian or Alaskan Native	29.2%	(22.0%-36.5%)	118	32.7%	(15.6%-49.9%)~	47	26.0%	(17.9%-34.1%)	66
Asian	29.7%	(22.7%-36.8%)	82	31.9%	(19.9%-43.9%)~	45	28.6%	(18.3%-38.8%)~	37
Black or African American	25.2%	(18.8%-31.5%)	239	28.4%	(22.2%-34.5%)	136	21.5%	(12.7%-30.3%)	98
Native Hawaiian or Other Pacific Islander	35.0%	(14.8%-55.2%)~	29	*	*	*	*	*	*
White	28.5%	(26.2%-30.8%)	5,823	30.0%	(27.1%-32.9%)	2,944	26.8%	(24.4%-29.2%)	2,753
Multiple Races	29.5%	(24.4%-34.7%)	260	29.9%	(20.5%-39.3%)	129	29.4%	(22.9%-35.8%)	125

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enveg\_2)*

*Percentage of students who ate vegetables three or more times yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	22.9%	(17.4%-28.4%)	285	20.9%	(13.9%-27.9%)	126	23.7%	(18.9%-28.5%)	144
Central Maine PHD	25.7%	(23.6%-27.8%)	788	26.9%	(22.8%-30.9%)	391	24.2%	(20.0%-28.5%)	377
Cumberland PHD	33.6%	(22.6%-44.6%)~	1,759	36.5%	(23.3%-49.7%)~	921	31.3%	(21.9%-40.6%)	815
Downeast PHD	27.0%	(21.3%-32.8%)	384	28.6%	(23.9%-33.3%)	193	26.8%	(17.2%-36.4%)	191
Mid-Coast PHD	31.6%	(28.0%-35.3%)	798	31.9%	(25.4%-38.4%)	393	32.4%	(29.0%-35.8%)	398
Penquis PHD	24.9%	(21.5%-28.4%)	743	26.4%	(22.0%-30.8%)	390	21.9%	(18.2%-25.6%)	315
Western Maine PHD	26.8%	(24.2%-29.4%)	1,077	29.8%	(26.1%-33.5%)	574	23.8%	(20.3%-27.3%)	474
York PHD	29.2%	(25.4%-32.9%)	1,080	30.4%	(26.8%-34.0%)	528	28.0%	(22.7%-33.3%)	528

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day yesterday (enfrvg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	46.8%	(44.2%-49.3%)	11,037	48.0%	(44.6%-51.4%)	5,437	45.8%	(43.2%-48.3%)	5,371
<b>----Age----</b>									
10 or younger	47.5%	(42.9%-52.2%)	3,039	49.6%	(44.6%-54.7%)	1,589	45.4%	(39.1%-51.8%)	1,358
11	45.9%	(42.8%-48.9%)	5,361	47.0%	(42.7%-51.3%)	2,644	44.8%	(41.7%-47.8%)	2,621
12 or older	47.8%	(45.3%-50.3%)	2,579	48.3%	(44.1%-52.5%)	1,179	47.9%	(44.8%-51.0%)	1,368
<b>----Grade----</b>									
Grade 5	46.8%	(42.7%-50.9%)	5,369	48.3%	(43.4%-53.1%)	2,635	45.3%	(40.6%-49.9%)	2,573
Grade 6	46.8%	(44.8%-48.8%)	5,610	47.7%	(44.9%-50.5%)	2,776	46.2%	(43.9%-48.5%)	2,770
<b>----Hispanic Ethnicity----</b>									
Hispanic	51.6%	(43.5%-59.7%)	359	52.4%	(43.4%-61.4%)	167	51.8%	(39.6%-63.9%)~	190
Non-Hispanic	47.0%	(44.3%-49.7%)	9,009	48.0%	(44.5%-51.6%)	4,510	46.1%	(43.6%-48.6%)	4,350
<b>----Race----</b>									
American Indian or Alaskan Native	48.1%	(38.8%-57.4%)	189	50.8%	(32.7%-68.9%)~	70	46.0%	(34.4%-57.5%)~	114
Asian	41.4%	(33.3%-49.4%)	114	40.5%	(28.1%-52.9%)~	57	44.1%	(33.1%-55.0%)~	57
Black or African American	51.5%	(44.8%-58.3%)	481	54.2%	(47.6%-60.8%)	257	49.1%	(35.6%-62.5%)~	219
Native Hawaiian or Other Pacific Islander	57.0%	(32.4%-81.6%)~	45	33.2%	(3.5%-62.9%)~	9	72.6%	(43.9%-100.0%)~	36
White	46.4%	(43.7%-49.2%)	9,299	47.2%	(43.7%-50.8%)	4,535	45.6%	(43.0%-48.3%)	4,594
Multiple Races	53.7%	(47.4%-60.0%)	465	60.2%	(50.7%-69.7%)	256	48.2%	(39.9%-56.4%)	200

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day yesterday (enfrvg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	45.2%	(41.7%-48.6%)	543	44.8%	(42.6%-47.0%)	266	43.5%	(38.3%-48.8%)	251
Central Maine PHD	39.7%	(36.0%-43.4%)	1,183	41.2%	(38.3%-44.1%)	579	37.9%	(31.3%-44.4%)	576
Cumberland PHD	53.4%	(39.9%-66.8%)~	2,751	54.7%	(39.8%-69.7%)~	1,363	51.7%	(38.4%-65.0%)~	1,328
Downeast PHD	44.0%	(38.9%-49.2%)	610	45.8%	(37.3%-54.4%)	304	43.1%	(36.5%-49.8%)	302
Mid-Coast PHD	50.8%	(47.1%-54.6%)	1,247	50.6%	(45.7%-55.4%)	609	51.1%	(45.5%-56.8%)	608
Penquis PHD	40.5%	(35.6%-45.4%)	1,181	39.5%	(33.4%-45.6%)	566	40.6%	(35.9%-45.3%)	575
Western Maine PHD	45.1%	(42.4%-47.9%)	1,782	46.9%	(42.7%-51.2%)	892	43.9%	(39.8%-48.1%)	856
York PHD	49.1%	(45.8%-52.4%)	1,766	51.2%	(47.0%-55.4%)	863	47.9%	(42.7%-53.1%)	881

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students who ate fruit and/or vegetables five or more times per day yesterday (enfrvg\_3)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.6%	(31.7%-37.5%)	8,294	36.6%	(32.7%-40.5%)	4,214	32.8%	(30.4%-35.2%)	3,911
<b>----Age----</b>									
10 or younger	35.3%	(30.3%-40.2%)	2,302	39.0%	(33.2%-44.7%)	1,277	31.4%	(25.9%-36.8%)	955
11	34.7%	(31.4%-37.9%)	4,113	36.1%	(31.4%-40.8%)	2,057	33.4%	(30.4%-36.4%)	1,989
12 or older	33.6%	(30.5%-36.7%)	1,835	34.8%	(30.5%-39.0%)	861	33.0%	(29.7%-36.3%)	953
<b>----Grade----</b>									
Grade 5	35.3%	(31.0%-39.6%)	4,132	37.6%	(32.2%-43.1%)	2,096	32.9%	(28.8%-37.1%)	1,910
Grade 6	34.0%	(31.6%-36.5%)	4,127	35.7%	(32.1%-39.2%)	2,099	32.8%	(30.3%-35.2%)	1,987
<b>----Hispanic Ethnicity----</b>									
Hispanic	35.8%	(28.5%-43.0%)	250	35.4%	(27.3%-43.5%)	114	36.4%	(26.6%-46.2%)	134
Non-Hispanic	34.7%	(31.4%-37.9%)	6,740	36.9%	(32.7%-41.1%)	3,512	32.6%	(29.8%-35.4%)	3,117
<b>----Race----</b>									
American Indian or Alaskan Native	37.6%	(27.6%-47.6%)	151	45.3%	(26.7%-64.0%)~	64	32.3%	(20.7%-43.9%)~	81
Asian	25.4%	(18.4%-32.3%)	70	29.7%	(19.2%-40.3%)~	42	21.7%	(12.1%-31.3%)	28
Black or African American	30.0%	(23.3%-36.6%)	281	29.6%	(24.2%-35.0%)	141	30.2%	(17.9%-42.4%)~	135
Native Hawaiian or Other Pacific Islander	44.8%	(23.8%-65.8%)~	36	26.2%	(0.0%-54.5%)~	7	56.8%	(31.3%-82.3%)~	29
White	34.8%	(31.6%-37.9%)	7,068	36.7%	(32.7%-40.8%)	3,575	32.9%	(30.2%-35.7%)	3,366
Multiple Races	37.6%	(31.3%-43.8%)	328	43.4%	(32.4%-54.4%)~	186	32.3%	(26.0%-38.5%)	136

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who ate fruit and/or vegetables five or more times per day yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who ate fruit and/or vegetables five or more times per day yesterday (enfrvg\_3)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	26.9%	(23.5%-30.3%)	327	28.8%	(25.7%-31.8%)	171	25.2%	(19.0%-31.5%)	149
Central Maine PHD	29.7%	(25.9%-33.6%)	906	32.7%	(28.9%-36.5%)	475	26.4%	(21.2%-31.7%)	409
Cumberland PHD	42.1%	(27.6%-56.6%)~	2,192	44.9%	(26.8%-63.0%)~	1,127	39.8%	(28.4%-51.2%)~	1,033
Downeast PHD	30.5%	(27.2%-33.8%)	429	32.2%	(28.6%-35.8%)	217	30.0%	(23.8%-36.3%)	212
Mid-Coast PHD	39.9%	(36.5%-43.4%)	1,001	41.5%	(36.4%-46.7%)	507	39.3%	(35.9%-42.8%)	480
Penquis PHD	27.1%	(23.8%-30.4%)	802	27.5%	(22.4%-32.5%)	401	25.6%	(22.6%-28.7%)	367
Western Maine PHD	32.4%	(30.0%-34.9%)	1,294	34.3%	(30.5%-38.1%)	656	30.6%	(26.1%-35.1%)	606
York PHD	35.5%	(32.7%-38.4%)	1,305	38.7%	(35.0%-42.3%)	665	33.1%	(29.8%-36.5%)	619

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who ate fruit and/or vegetables five or more times per day yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.)

(en66)

Percentage of students who answered at least one time yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	63.3%	(61.3%-65.2%)	15,275	61.9%	(59.4%-64.4%)	7,155	64.8%	(62.8%-66.9%)	7,798
<b>----Age----</b>									
10 or younger	60.5%	(57.2%-63.7%)	3,998	58.7%	(54.6%-62.8%)	1,941	63.1%	(58.5%-67.7%)	1,953
11	63.2%	(60.8%-65.6%)	7,525	62.2%	(59.1%-65.3%)	3,561	63.9%	(61.4%-66.4%)	3,813
12 or older	66.9%	(64.8%-69.0%)	3,681	65.3%	(61.5%-69.1%)	1,617	68.5%	(64.9%-72.1%)	2,007
<b>----Grade----</b>									
Grade 5	61.2%	(58.4%-64.1%)	7,226	59.5%	(56.4%-62.7%)	3,350	63.1%	(59.6%-66.6%)	3,677
Grade 6	65.4%	(63.1%-67.8%)	7,985	64.3%	(61.2%-67.4%)	3,787	66.5%	(63.7%-69.3%)	4,078
<b>----Hispanic Ethnicity----</b>									
Hispanic	69.9%	(63.5%-76.2%)	488	68.5%	(58.6%-78.4%)	216	70.6%	(62.2%-79.0%)	263
Non-Hispanic	63.2%	(61.0%-65.4%)	12,333	61.8%	(59.0%-64.5%)	5,894	64.8%	(62.4%-67.1%)	6,226
<b>----Race----</b>									
American Indian or Alaskan Native	66.8%	(58.5%-75.0%)	271	70.5%	(60.6%-80.4%)	101	63.6%	(52.7%-74.4%)~	162
Asian	55.1%	(44.8%-65.3%)~	153	56.6%	(46.5%-66.7%)~	80	55.6%	(38.1%-73.2%)~	72
Black or African American	67.3%	(61.2%-73.4%)	641	66.1%	(55.8%-76.5%)~	319	68.0%	(58.5%-77.5%)	311
Native Hawaiian or Other Pacific Islander	72.4%	(53.3%-91.5%)~	61	77.7%	(54.1%-100.0%)~	20	68.4%	(41.1%-95.7%)~	38
White	63.2%	(61.3%-65.2%)	12,941	61.7%	(59.1%-64.3%)	6,039	64.9%	(62.5%-67.3%)	6,678
Multiple Races	68.6%	(58.9%-78.4%)	605	62.4%	(47.1%-77.8%)~	270	73.7%	(62.8%-84.7%)~	313

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least one time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.)  
(en66)

Percentage of students who answered at least one time yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	69.3%	(60.7%-77.9%)	868	67.6%	(55.8%-79.5%)~	413	70.8%	(63.3%-78.3%)	437
Central Maine PHD	62.0%	(57.4%-66.5%)	1,876	61.8%	(54.3%-69.2%)	886	61.5%	(57.9%-65.1%)	948
Cumberland PHD	55.8%	(53.9%-57.7%)	2,912	54.8%	(48.7%-60.9%)	1,374	57.6%	(54.1%-61.1%)	1,502
Downeast PHD	70.4%	(66.1%-74.7%)	1,001	66.5%	(58.6%-74.3%)	453	74.6%	(66.6%-82.5%)	529
Mid-Coast PHD	60.8%	(54.0%-67.7%)	1,543	62.4%	(54.2%-70.6%)	774	60.1%	(53.9%-66.3%)	739
Penquis PHD	68.8%	(63.7%-73.9%)	2,044	66.8%	(59.0%-74.7%)	976	70.1%	(64.8%-75.4%)	1,011
Western Maine PHD	67.3%	(63.4%-71.2%)	2,707	67.2%	(60.1%-74.2%)	1,295	67.0%	(63.7%-70.3%)	1,337
York PHD	64.4%	(59.9%-68.9%)	2,391	62.1%	(58.6%-65.5%)	1,078	67.5%	(62.7%-72.4%)	1,280

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least one time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.)  
(e66)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
A. 0 times, I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages yesterday	36.7%	(34.8%-38.7%)	8,874	38.1%	(35.6%-40.6%)	4,404	35.2%	(33.1%-37.2%)	4,231
B. 1 time	33.9%	(31.9%-35.9%)	8,189	35.6%	(33.4%-37.9%)	4,119	32.4%	(30.1%-34.8%)	3,899
C. 2 times	16.4%	(14.8%-18.0%)	3,955	15.7%	(13.5%-17.8%)	1,812	17.2%	(15.3%-19.1%)	2,065
D. 3 times	6.5%	(5.6%-7.3%)	1,563	5.6%	(4.7%-6.5%)	648	7.2%	(6.3%-8.2%)	871
E. 4 or more times	6.5%	(5.6%-7.4%)	1,568	5.0%	(4.0%-5.9%)	575	8.0%	(6.7%-9.3%)	962

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.)

(en66\_2)

Percentage of students who answered 0 times

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	36.7%	(34.8%-38.7%)	8,874	38.1%	(35.6%-40.6%)	4,404	35.2%	(33.1%-37.2%)	4,231
<b>----Age----</b>									
10 or younger	39.5%	(36.3%-42.8%)	2,615	41.3%	(37.2%-45.4%)	1,365	36.9%	(32.3%-41.5%)	1,140
11	36.8%	(34.4%-39.2%)	4,379	37.8%	(34.7%-40.9%)	2,163	36.1%	(33.6%-38.6%)	2,150
12 or older	33.1%	(31.0%-35.2%)	1,820	34.7%	(30.9%-38.5%)	859	31.5%	(27.9%-35.1%)	923
<b>----Grade----</b>									
Grade 5	38.8%	(35.9%-41.6%)	4,577	40.5%	(37.3%-43.6%)	2,277	36.9%	(33.4%-40.4%)	2,150
Grade 6	34.6%	(32.2%-36.9%)	4,217	35.7%	(32.6%-38.8%)	2,103	33.5%	(30.7%-36.3%)	2,053
<b>----Hispanic Ethnicity----</b>									
Hispanic	30.1%	(23.8%-36.5%)	211	31.5%	(21.6%-41.4%)	99	29.4%	(21.0%-37.8%)	110
Non-Hispanic	36.8%	(34.6%-39.0%)	7,188	38.2%	(35.5%-41.0%)	3,649	35.2%	(32.9%-37.6%)	3,387
<b>----Race----</b>									
American Indian or Alaskan Native	33.2%	(25.0%-41.5%)	135	29.5%	(19.6%-39.4%)	42	36.4%	(25.6%-47.3%)~	93
Asian	44.9%	(34.7%-55.2%)~	125	43.4%	(33.3%-53.5%)~	62	44.4%	(26.8%-61.9%)~	58
Black or African American	32.7%	(26.6%-38.8%)	312	33.9%	(23.5%-44.2%)~	163	32.0%	(22.5%-41.5%)	147
Native Hawaiian or Other Pacific Islander	27.6%	(8.5%-46.7%)~	23	22.3%	(0.0%-45.9%)~	6	31.6%	(4.3%-58.9%)~	17
White	36.8%	(34.8%-38.7%)	7,520	38.3%	(35.7%-40.9%)	3,745	35.1%	(32.7%-37.5%)	3,611
Multiple Races	31.4%	(21.6%-41.1%)	276	37.6%	(22.2%-52.9%)~	162	26.3%	(15.3%-37.2%)~	111

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 0 times (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.)*

*(en66\_2)*

*Percentage of students who answered 0 times*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	30.7%	(22.1%-39.3%)	385	32.4%	(20.5%-44.2%)~	198	29.2%	(21.7%-36.7%)	180
Central Maine PHD	38.0%	(33.5%-42.6%)	1,152	38.2%	(30.8%-45.7%)	548	38.5%	(34.9%-42.1%)	593
Cumberland PHD	44.2%	(42.3%-46.1%)	2,307	45.2%	(39.1%-51.3%)	1,132	42.4%	(38.9%-45.9%)	1,105
Downeast PHD	29.6%	(25.3%-33.9%)	421	33.5%	(25.7%-41.4%)	229	25.4%	(17.5%-33.4%)	181
Mid-Coast PHD	39.2%	(32.3%-46.0%)	993	37.6%	(29.4%-45.8%)	467	39.9%	(33.7%-46.1%)	490
Penquis PHD	31.2%	(26.1%-36.3%)	926	33.2%	(25.3%-41.0%)	484	29.9%	(24.6%-35.2%)	431
Western Maine PHD	32.7%	(28.8%-36.6%)	1,317	32.8%	(25.8%-39.9%)	633	33.0%	(29.7%-36.3%)	658
York PHD	35.6%	(31.1%-40.1%)	1,322	37.9%	(34.5%-41.4%)	658	32.5%	(27.6%-37.3%)	615

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

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*N = Number of students who answered 0 times (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians ? (en67a)*

*Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	82.9%	(81.2%-84.5%)	19,956	82.5%	(80.7%-84.3%)	9,496	83.6%	(81.5%-85.8%)	10,057
<b>----Age----</b>									
10 or younger	84.6%	(81.9%-87.4%)	5,567	85.1%	(81.4%-88.8%)	2,801	84.1%	(80.4%-87.8%)	2,601
11	82.9%	(81.0%-84.8%)	9,849	82.4%	(80.6%-84.2%)	4,686	83.7%	(80.8%-86.6%)	4,997
12 or older	80.8%	(78.7%-83.0%)	4,442	79.1%	(75.8%-82.3%)	1,958	83.1%	(80.5%-85.7%)	2,427
<b>----Grade----</b>									
Grade 5	82.7%	(80.4%-85.0%)	9,750	83.1%	(80.5%-85.7%)	4,655	82.6%	(79.3%-85.9%)	4,836
Grade 6	83.1%	(81.4%-84.9%)	10,099	81.8%	(79.6%-84.1%)	4,795	84.8%	(82.9%-86.7%)	5,180
<b>----Hispanic Ethnicity----</b>									
Hispanic	81.9%	(76.6%-87.1%)	563	74.7%	(65.3%-84.2%)	240	88.3%	(81.8%-94.9%)	314
Non-Hispanic	82.3%	(80.7%-84.0%)	16,036	81.8%	(80.1%-83.6%)	7,778	83.1%	(80.9%-85.3%)	8,000
<b>----Race----</b>									
American Indian or Alaskan Native	78.7%	(71.6%-85.7%)	311	75.7%	(63.9%-87.5%)~	100	81.4%	(72.9%-89.9%)	207
Asian	76.6%	(68.4%-84.8%)	205	74.0%	(64.3%-83.6%)	101	78.4%	(65.7%-91.1%)~	99
Black or African American	76.6%	(71.4%-81.8%)	702	76.0%	(67.7%-84.3%)	359	76.8%	(68.7%-84.9%)	336
Native Hawaiian or Other Pacific Islander	75.2%	(57.1%-93.2%)~	64	*	*	*	*	*	*
White	83.8%	(82.2%-85.4%)	17,132	83.2%	(81.5%-85.0%)	8,112	84.4%	(82.3%-86.5%)	8,709
Multiple Races	76.8%	(72.1%-81.6%)	670	75.6%	(68.6%-82.6%)	324	81.2%	(74.7%-87.8%)	339

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians ? (en67a)*  
*Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	84.0%	(77.4%-90.6%)	1,041	84.1%	(76.1%-92.0%)	511	83.3%	(75.4%-91.2%)	505
Central Maine PHD	83.2%	(80.6%-85.8%)	2,556	83.0%	(78.4%-87.7%)	1,210	82.8%	(79.7%-85.9%)	1,296
Cumberland PHD	85.4%	(81.0%-89.8%)	4,473	81.4%	(75.9%-86.8%)	2,044	90.1%	(86.1%-94.1%)	2,360
Downeast PHD	81.6%	(77.8%-85.3%)	1,143	85.0%	(79.0%-91.1%)	564	78.1%	(72.3%-84.0%)	556
Mid-Coast PHD	84.8%	(81.5%-88.1%)	2,121	84.7%	(81.1%-88.2%)	1,027	85.3%	(81.9%-88.7%)	1,042
Penquis PHD	80.2%	(77.6%-82.7%)	2,377	80.1%	(74.6%-85.7%)	1,168	81.1%	(77.9%-84.2%)	1,167
Western Maine PHD	79.9%	(75.6%-84.1%)	3,199	79.3%	(74.7%-83.9%)	1,520	80.7%	(74.0%-87.4%)	1,613
York PHD	83.3%	(79.3%-87.3%)	3,083	84.1%	(80.6%-87.5%)	1,453	83.4%	(78.6%-88.2%)	1,576

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians ? (en67a\_2)*

*Percentage of students who answered 0 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.1%	(4.4%-5.8%)	1,221	4.9%	(4.2%-5.6%)	566	4.9%	(3.8%-6.0%)	588
<b>----Age----</b>									
10 or younger	4.2%	(2.9%-5.4%)	273	4.2%	(2.8%-5.6%)	138	4.1%	(2.3%-5.9%)	127
11	5.0%	(4.1%-5.9%)	594	4.9%	(4.0%-5.8%)	278	4.9%	(3.4%-6.3%)	290
12 or older	6.1%	(5.0%-7.1%)	333	6.1%	(4.3%-7.8%)	150	5.7%	(4.5%-6.9%)	166
<b>----Grade----</b>									
Grade 5	5.4%	(4.1%-6.6%)	632	5.1%	(3.9%-6.3%)	284	5.2%	(3.2%-7.2%)	305
Grade 6	4.8%	(4.1%-5.4%)	579	4.8%	(3.9%-5.7%)	279	4.6%	(3.8%-5.4%)	282
<b>----Hispanic Ethnicity----</b>									
Hispanic	6.8%	(3.6%-10.1%)	47	9.9%	(3.6%-16.1%)	32	3.8%	(0.6%-7.0%)	14
Non-Hispanic	5.1%	(4.3%-5.9%)	989	5.0%	(4.2%-5.9%)	480	4.9%	(3.6%-6.1%)	468
<b>----Race----</b>									
American Indian or Alaskan Native	6.0%	(1.7%-10.3%)	24	4.4%	(0.1%-8.7%)	6	6.1%	(0.2%-12.0%)	16
Asian	5.0%	(0.7%-9.4%)	13	*	*	*	*	*	*
Black or African American	9.7%	(7.3%-12.1%)	89	9.5%	(5.6%-13.4%)	45	10.1%	(4.0%-16.2%)	44
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.6%	(3.8%-5.4%)	943	4.5%	(3.7%-5.4%)	441	4.6%	(3.6%-5.6%)	476
Multiple Races	7.1%	(4.2%-10.0%)	62	6.5%	(2.5%-10.5%)	28	6.5%	(3.4%-9.6%)	27

*\*Estimate suppressed due to small cell sizes.*

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*N = Number of students who answered 0 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians ? (en67a\_2)*

*Percentage of students who answered 0 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	6.3%	(2.3%-10.4%)	78	8.1%	(4.5%-11.7%)	49	4.9%	(0.0%-10.9%)	29
Central Maine PHD	5.5%	(3.6%-7.4%)	169	5.4%	(3.0%-7.8%)	79	5.8%	(3.7%-7.8%)	90
Cumberland PHD	3.6%	(2.1%-5.2%)	190	4.2%	(2.4%-6.0%)	105	2.3%	(0.6%-4.0%)	60
Downeast PHD	6.8%	(3.7%-9.8%)	95	6.3%	(2.9%-9.6%)	42	6.9%	(2.8%-11.0%)	49
Mid-Coast PHD	4.9%	(3.3%-6.5%)	122	4.8%	(2.3%-7.3%)	58	4.6%	(3.1%-6.1%)	56
Penquis PHD	5.8%	(3.9%-7.7%)	173	6.8%	(3.2%-10.4%)	99	4.6%	(2.8%-6.5%)	67
Western Maine PHD	5.9%	(3.9%-7.9%)	237	5.5%	(4.2%-6.8%)	105	6.2%	(2.5%-9.9%)	124
York PHD	4.7%	(3.2%-6.1%)	173	3.8%	(2.3%-5.3%)	66	4.7%	(2.8%-6.7%)	90

*\*Estimate suppressed due to small cell sizes.*

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## **Section 10**

### **Physical Activity**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How many days each week do you exercise, dance or play sports for at least an hour? (en68)*

*Percentage of students who answered at least 7 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.1%	(20.8%-23.4%)	5,328	19.3%	(17.7%-20.9%)	2,223	25.0%	(22.8%-27.2%)	3,005
<b>----Age----</b>									
10 or younger	22.2%	(19.5%-24.9%)	1,469	19.7%	(16.2%-23.1%)	645	25.0%	(20.4%-29.6%)	782
11	21.6%	(20.1%-23.0%)	2,561	18.8%	(16.5%-21.1%)	1,072	24.3%	(21.7%-26.8%)	1,448
12 or older	22.9%	(20.9%-24.9%)	1,259	19.8%	(16.7%-22.8%)	492	26.1%	(23.1%-29.2%)	759
<b>----Grade----</b>									
Grade 5	22.5%	(20.5%-24.4%)	2,662	19.9%	(17.4%-22.4%)	1,116	24.9%	(21.4%-28.5%)	1,468
Grade 6	21.7%	(20.3%-23.1%)	2,636	18.7%	(16.9%-20.6%)	1,102	24.9%	(22.9%-26.9%)	1,515
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.4%	(17.1%-29.7%)	164	20.8%	(12.4%-29.1%)	67	24.9%	(16.5%-33.4%)	91
Non-Hispanic	21.8%	(20.4%-23.3%)	4,263	18.6%	(16.6%-20.5%)	1,770	25.2%	(22.8%-27.5%)	2,420
<b>----Race----</b>									
American Indian or Alaskan Native	27.1%	(19.9%-34.3%)	107	22.0%	(11.6%-32.4%)~	31	29.7%	(21.4%-38.0%)	74
Asian	14.1%	(8.4%-19.7%)	38	14.5%	(5.6%-23.4%)	20	14.1%	(3.8%-24.4%)~	18
Black or African American	21.9%	(17.0%-26.8%)	208	22.1%	(15.9%-28.3%)	106	22.3%	(14.9%-29.7%)	102
Native Hawaiian or Other Pacific Islander	40.4%	(17.9%-63.0%)~	34	42.5%	(8.3%-76.7%)~	11	41.7%	(12.8%-70.6%)~	23
White	21.9%	(20.4%-23.3%)	4,470	18.5%	(16.7%-20.2%)	1,801	25.2%	(22.8%-27.5%)	2,591
Multiple Races	23.2%	(18.1%-28.3%)	204	23.8%	(15.5%-32.1%)	102	22.8%	(16.5%-29.0%)	96

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 7 days. (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How many days each week do you exercise, dance or play sports for at least an hour? (en68)*

*Percentage of students who answered at least 7 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	28.2%	(19.3%-37.1%)	351	25.7%	(11.9%-39.5%)~	157	28.2%	(23.9%-32.6%)	171
Central Maine PHD	18.8%	(13.6%-24.0%)	574	16.6%	(10.9%-22.2%)	239	21.0%	(14.4%-27.6%)	327
Cumberland PHD	23.0%	(19.2%-26.7%)	1,194	18.7%	(13.5%-23.8%)	469	27.7%	(24.2%-31.1%)	720
Downeast PHD	23.3%	(18.8%-27.9%)	328	21.3%	(13.3%-29.4%)	141	26.1%	(22.7%-29.4%)	187
Mid-Coast PHD	21.8%	(18.6%-25.0%)	551	22.6%	(18.4%-26.8%)	276	21.3%	(16.4%-26.3%)	264
Penquis PHD	22.1%	(19.5%-24.7%)	653	20.2%	(17.0%-23.5%)	295	24.4%	(19.8%-29.1%)	350
Western Maine PHD	24.3%	(21.3%-27.3%)	975	19.3%	(14.8%-23.8%)	370	28.6%	(24.0%-33.2%)	572
York PHD	21.3%	(18.9%-23.7%)	790	18.5%	(14.7%-22.3%)	320	24.3%	(18.4%-30.2%)	460

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## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How many days each week do you exercise, dance or play sports for at least an hour? (en68\_2)*

*Percentage of students who answered at least 5 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	42.5%	(40.2%-44.9%)	10,265	39.9%	(37.1%-42.6%)	4,599	45.5%	(42.4%-48.5%)	5,473
<b>----Age----</b>									
10 or younger	41.4%	(37.2%-45.6%)	2,744	39.7%	(35.1%-44.4%)	1,304	43.8%	(37.8%-49.8%)	1,367
11	42.8%	(40.4%-45.3%)	5,091	39.8%	(36.3%-43.3%)	2,274	45.9%	(43.0%-48.7%)	2,734
12 or older	43.1%	(40.2%-45.9%)	2,367	40.4%	(36.8%-44.0%)	1,006	46.3%	(42.1%-50.6%)	1,345
<b>----Grade----</b>									
Grade 5	41.2%	(38.3%-44.2%)	4,883	38.3%	(34.7%-41.8%)	2,146	44.3%	(40.0%-48.5%)	2,605
Grade 6	43.8%	(41.3%-46.3%)	5,315	41.4%	(37.7%-45.0%)	2,433	46.6%	(43.7%-49.6%)	2,837
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.2%	(34.4%-50.1%)	296	38.0%	(27.7%-48.3%)~	122	46.0%	(36.8%-55.2%)	168
Non-Hispanic	42.7%	(40.2%-45.3%)	8,340	39.6%	(36.6%-42.6%)	3,777	46.1%	(42.8%-49.4%)	4,430
<b>----Race----</b>									
American Indian or Alaskan Native	46.2%	(38.5%-54.0%)	183	35.3%	(23.9%-46.8%)~	49	52.6%	(43.9%-61.4%)	131
Asian	25.0%	(17.8%-32.1%)	68	26.5%	(15.6%-37.4%)~	36	24.4%	(13.8%-35.0%)~	31
Black or African American	38.6%	(34.0%-43.3%)	366	36.7%	(30.5%-42.8%)	176	41.7%	(33.0%-50.5%)	191
Native Hawaiian or Other Pacific Islander	57.7%	(37.0%-78.4%)~	49	49.0%	(15.2%-82.9%)~	13	64.8%	(40.2%-89.5%)~	36
White	42.9%	(40.4%-45.4%)	8,773	39.7%	(36.8%-42.7%)	3,873	46.1%	(42.7%-49.4%)	4,743
Multiple Races	45.0%	(37.1%-52.9%)	395	48.4%	(39.3%-57.4%)	207	43.4%	(32.8%-53.9%)~	183

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How many days each week do you exercise, dance or play sports for at least an hour? (en68\_2)*

*Percentage of students who answered at least 5 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	48.7%	(45.2%-52.2%)	606	50.1%	(46.7%-53.6%)	306	45.8%	(42.0%-49.6%)	277
Central Maine PHD	37.0%	(30.2%-43.8%)	1,129	33.9%	(26.2%-41.7%)	489	39.7%	(33.0%-46.3%)	618
Cumberland PHD	46.2%	(37.2%-55.2%)	2,403	42.6%	(32.1%-53.0%)~	1,069	49.9%	(40.9%-58.9%)	1,299
Downeast PHD	44.2%	(40.0%-48.4%)	622	41.8%	(36.0%-47.6%)	277	47.4%	(42.0%-52.7%)	340
Mid-Coast PHD	47.7%	(43.3%-52.0%)	1,205	47.6%	(40.9%-54.2%)	582	47.3%	(40.8%-53.9%)	585
Penquis PHD	42.4%	(39.9%-45.0%)	1,255	41.3%	(37.8%-44.8%)	602	44.9%	(41.3%-48.5%)	643
Western Maine PHD	41.2%	(37.0%-45.5%)	1,656	37.1%	(31.6%-42.5%)	711	45.0%	(39.0%-51.0%)	899
York PHD	40.5%	(37.1%-43.9%)	1,504	36.5%	(30.9%-42.2%)	633	44.9%	(37.9%-52.0%)	852

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*How many days each week do you exercise, dance or play sports for at least an hour? (en68\_3)*

*Percentage of students who answered 0 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.5%	(8.1%-10.9%)	2,293	9.1%	(7.4%-10.7%)	1,045	9.7%	(8.1%-11.4%)	1,173
<b>----Age----</b>									
10 or younger	8.8%	(6.6%-10.9%)	582	7.2%	(5.2%-9.2%)	236	10.4%	(7.0%-13.7%)	324
11	9.1%	(7.4%-10.9%)	1,086	9.5%	(7.2%-11.8%)	543	8.7%	(6.7%-10.8%)	521
12 or older	11.3%	(9.2%-13.3%)	620	10.7%	(7.8%-13.5%)	265	11.3%	(9.0%-13.6%)	328
<b>----Grade----</b>									
Grade 5	9.1%	(7.3%-11.0%)	1,079	8.5%	(6.4%-10.7%)	479	9.6%	(7.3%-12.0%)	566
Grade 6	9.8%	(8.3%-11.3%)	1,193	9.6%	(7.5%-11.7%)	565	9.7%	(8.2%-11.2%)	592
<b>----Hispanic Ethnicity----</b>									
Hispanic	10.7%	(6.7%-14.6%)	75	12.9%	(5.0%-20.8%)	42	9.1%	(4.5%-13.8%)	33
Non-Hispanic	9.4%	(7.9%-10.8%)	1,829	9.3%	(7.6%-11.0%)	882	9.4%	(7.7%-11.1%)	902
<b>----Race----</b>									
American Indian or Alaskan Native	12.5%	(6.5%-18.5%)	49	17.9%	(7.0%-28.8%)~	25	9.8%	(3.9%-15.7%)	25
Asian	19.6%	(11.0%-28.1%)	53	20.7%	(11.4%-30.0%)	28	15.0%	(5.8%-24.2%)	19
Black or African American	10.6%	(7.8%-13.5%)	101	11.9%	(7.7%-16.1%)	57	9.2%	(4.7%-13.7%)	42
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.4%	(7.8%-10.9%)	1,915	8.8%	(7.0%-10.6%)	859	9.9%	(8.0%-11.7%)	1,016
Multiple Races	5.9%	(3.5%-8.3%)	52	7.1%	(3.0%-11.3%)	31	4.5%	(1.3%-7.7%)	19

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 0 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How many days each week do you exercise, dance or play sports for at least an hour? (en68\_3)*

*Percentage of students who answered 0 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	6.4%	(2.6%-10.2%)	80	3.4%	(0.5%-6.4%)	21	9.8%	(2.9%-16.6%)	59
Central Maine PHD	11.3%	(6.9%-15.7%)	344	12.5%	(6.9%-18.1%)	180	9.4%	(4.9%-13.9%)	146
Cumberland PHD	7.5%	(3.3%-11.6%)	388	9.2%	(4.0%-14.4%)	231	5.8%	(2.2%-9.4%)	151
Downeast PHD	9.6%	(6.6%-12.6%)	135	8.2%	(5.7%-10.7%)	54	10.8%	(5.7%-15.9%)	78
Mid-Coast PHD	6.9%	(5.5%-8.3%)	174	4.5%	(2.4%-6.6%)	55	8.1%	(5.0%-11.2%)	100
Penquis PHD	10.3%	(8.9%-11.7%)	305	9.3%	(5.7%-12.8%)	135	11.5%	(8.5%-14.5%)	165
Western Maine PHD	10.8%	(8.7%-13.0%)	435	10.6%	(7.8%-13.4%)	203	11.2%	(7.9%-14.4%)	223
York PHD	10.1%	(6.9%-13.2%)	374	8.9%	(6.2%-11.6%)	154	10.9%	(6.8%-15.0%)	207

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*N = Number of students who answered 0 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (en77)*

*Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	56.1%	(52.8%-59.3%)	13,335	54.6%	(50.9%-58.4%)	6,197	57.3%	(53.9%-60.8%)	6,832
<b>----Age----</b>									
10 or younger	51.8%	(47.0%-56.5%)	3,380	49.5%	(44.5%-54.5%)	1,608	54.0%	(48.3%-59.7%)	1,665
11	56.3%	(52.5%-60.2%)	6,592	55.4%	(50.6%-60.1%)	3,097	57.0%	(53.0%-61.0%)	3,372
12 or older	60.5%	(57.9%-63.1%)	3,284	59.7%	(56.0%-63.3%)	1,462	61.4%	(57.8%-64.9%)	1,770
<b>----Grade----</b>									
Grade 5	53.1%	(48.8%-57.4%)	6,185	51.6%	(46.7%-56.5%)	2,833	54.3%	(49.5%-59.1%)	3,156
Grade 6	58.8%	(56.0%-61.6%)	7,056	57.5%	(53.9%-61.1%)	3,333	60.1%	(57.3%-63.0%)	3,631
<b>----Hispanic Ethnicity----</b>									
Hispanic	51.9%	(45.3%-58.6%)	359	49.6%	(40.4%-58.8%)	157	53.1%	(43.3%-62.9%)	195
Non-Hispanic	56.9%	(53.1%-60.7%)	10,994	55.8%	(51.6%-60.1%)	5,256	58.0%	(53.9%-62.0%)	5,542
<b>----Race----</b>									
American Indian or Alaskan Native	43.4%	(32.7%-54.2%)~	169	52.0%	(41.0%-63.0%)~	73	39.2%	(23.5%-54.9%)~	94
Asian	60.3%	(49.9%-70.7%)~	166	63.5%	(48.5%-78.5%)~	90	59.4%	(46.9%-71.8%)~	76
Black or African American	62.7%	(57.7%-67.6%)	584	58.9%	(47.6%-70.1%)~	278	65.6%	(60.1%-71.2%)	293
Native Hawaiian or Other Pacific Islander	35.8%	(19.4%-52.2%)~	28	32.9%	(3.4%-62.3%)~	8	39.2%	(16.7%-61.7%)~	20
White	56.1%	(52.7%-59.6%)	11,329	54.6%	(50.9%-58.4%)	5,243	57.4%	(53.6%-61.1%)	5,863
Multiple Races	61.8%	(55.3%-68.4%)	549	56.4%	(48.2%-64.6%)	244	65.1%	(57.7%-72.6%)	281

\*Estimate suppressed due to small cell sizes.

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## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (en77)*

*Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	56.4%	(49.2%-63.6%)	701	51.9%	(45.0%-58.9%)	313	58.7%	(47.3%-70.2%)~	358
Central Maine PHD	56.4%	(54.2%-58.5%)	1,705	55.4%	(50.3%-60.6%)	798	57.0%	(52.5%-61.4%)	874
Cumberland PHD	47.4%	(35.9%-58.9%)~	2,419	46.4%	(34.0%-58.8%)~	1,139	48.1%	(37.0%-59.1%)~	1,232
Downeast PHD	59.1%	(53.7%-64.5%)	808	63.7%	(54.0%-73.3%)	407	55.8%	(49.7%-61.8%)	394
Mid-Coast PHD	52.9%	(47.5%-58.2%)	1,294	50.2%	(42.8%-57.5%)	595	54.8%	(49.6%-60.0%)	659
Penquis PHD	57.6%	(51.8%-63.5%)	1,677	61.1%	(55.3%-67.0%)	877	55.0%	(46.2%-63.8%)	778
Western Maine PHD	58.7%	(54.4%-62.9%)	2,327	51.6%	(48.0%-55.2%)	979	65.6%	(59.9%-71.3%)	1,301
York PHD	61.4%	(56.7%-66.1%)	2,270	61.5%	(55.7%-67.3%)	1,058	60.8%	(55.7%-65.9%)	1,151

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (en77\_2)*

*Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	43.9%	(40.7%-47.2%)	10,450	45.4%	(41.6%-49.1%)	5,144	42.7%	(39.2%-46.1%)	5,087
<b>----Age----</b>									
10 or younger	48.2%	(43.5%-53.0%)	3,149	50.5%	(45.5%-55.5%)	1,640	46.0%	(40.3%-51.7%)	1,415
11	43.7%	(39.8%-47.5%)	5,111	44.6%	(39.9%-49.4%)	2,495	43.0%	(39.0%-47.0%)	2,544
12 or older	39.5%	(36.9%-42.1%)	2,143	40.3%	(36.7%-44.0%)	989	38.6%	(35.1%-42.2%)	1,115
<b>----Grade----</b>									
Grade 5	46.9%	(42.6%-51.2%)	5,458	48.4%	(43.5%-53.3%)	2,660	45.7%	(40.9%-50.5%)	2,661
Grade 6	41.2%	(38.4%-44.0%)	4,941	42.5%	(38.9%-46.1%)	2,465	39.9%	(37.0%-42.7%)	2,406
<b>----Hispanic Ethnicity----</b>									
Hispanic	48.1%	(41.4%-54.7%)	332	50.4%	(41.2%-59.6%)	159	46.9%	(37.1%-56.7%)	172
Non-Hispanic	43.1%	(39.3%-46.9%)	8,322	44.2%	(39.9%-48.4%)	4,156	42.0%	(38.0%-46.1%)	4,014
<b>----Race----</b>									
American Indian or Alaskan Native	56.6%	(45.8%-67.3%)~	220	48.0%	(37.0%-59.0%)~	67	60.8%	(45.1%-76.5%)~	146
Asian	39.7%	(29.3%-50.1%)~	109	36.5%	(21.5%-51.5%)~	52	40.6%	(28.2%-53.1%)~	52
Black or African American	37.3%	(32.4%-42.3%)	348	41.1%	(29.9%-52.4%)~	195	34.4%	(28.8%-39.9%)	153
Native Hawaiian or Other Pacific Islander	64.2%	(47.8%-80.6%)~	51	67.1%	(37.7%-96.6%)~	16	60.8%	(38.3%-83.3%)~	32
White	43.9%	(40.4%-47.3%)	8,851	45.4%	(41.6%-49.1%)	4,353	42.6%	(38.9%-46.4%)	4,353
Multiple Races	38.2%	(31.6%-44.7%)	339	43.6%	(35.4%-51.8%)	189	34.9%	(27.4%-42.3%)	150

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (en77\_2)*

*Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	43.6%	(36.4%-50.8%)	541	48.1%	(41.1%-55.0%)	290	41.3%	(29.8%-52.7%)~	252
Central Maine PHD	43.6%	(41.5%-45.8%)	1,320	44.6%	(39.4%-49.7%)	642	43.0%	(38.6%-47.5%)	660
Cumberland PHD	52.6%	(41.1%-64.1%)~	2,684	53.6%	(41.2%-66.0%)~	1,316	51.9%	(40.9%-63.0%)~	1,331
Downeast PHD	40.9%	(35.5%-46.3%)	560	36.3%	(26.7%-46.0%)	232	44.2%	(38.2%-50.3%)	313
Mid-Coast PHD	47.1%	(41.8%-52.5%)	1,154	49.8%	(42.5%-57.2%)	591	45.2%	(40.0%-50.4%)	544
Penquis PHD	42.4%	(36.5%-48.2%)	1,234	38.9%	(33.0%-44.7%)	558	45.0%	(36.2%-53.8%)	637
Western Maine PHD	41.3%	(37.1%-45.6%)	1,639	48.4%	(44.8%-52.0%)	919	34.4%	(28.7%-40.1%)	681
York PHD	38.6%	(33.9%-43.3%)	1,428	38.5%	(32.7%-44.3%)	661	39.2%	(34.1%-44.3%)	743

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## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	46.3%	(43.4%-49.3%)	11,066	50.5%	(46.9%-54.0%)	5,767	42.4%	(39.7%-45.2%)	5,060
<b>----Age----</b>									
10 or younger	44.6%	(39.6%-49.5%)	2,908	47.2%	(41.4%-53.0%)	1,542	43.0%	(37.7%-48.2%)	1,315
11	46.8%	(43.4%-50.2%)	5,516	51.9%	(48.1%-55.8%)	2,938	41.4%	(38.0%-44.9%)	2,454
12 or older	47.4%	(43.5%-51.4%)	2,588	51.5%	(46.8%-56.3%)	1,263	43.8%	(39.6%-48.0%)	1,271
<b>----Grade----</b>									
Grade 5	43.8%	(39.9%-47.7%)	5,119	47.6%	(42.4%-52.8%)	2,644	40.6%	(36.9%-44.3%)	2,355
Grade 6	48.9%	(45.7%-52.2%)	5,903	53.5%	(50.0%-56.9%)	3,111	44.2%	(40.9%-47.5%)	2,677
<b>----Hispanic Ethnicity----</b>									
Hispanic	47.6%	(39.7%-55.4%)	331	54.2%	(42.5%-65.9%)~	175	40.6%	(29.6%-51.7%)~	147
Non-Hispanic	46.2%	(42.9%-49.4%)	8,948	50.4%	(46.7%-54.1%)	4,767	41.9%	(38.5%-45.3%)	4,009
<b>----Race----</b>									
American Indian or Alaskan Native	42.2%	(31.2%-53.2%)~	164	48.6%	(35.4%-61.8%)~	68	37.5%	(24.0%-51.1%)~	91
Asian	37.4%	(26.7%-48.1%)~	101	41.2%	(24.9%-57.6%)~	56	34.9%	(23.1%-46.7%)~	45
Black or African American	42.8%	(33.5%-52.0%)	404	39.4%	(24.8%-54.1%)~	188	46.6%	(38.7%-54.5%)	213
Native Hawaiian or Other Pacific Islander	44.4%	(25.6%-63.2%)~	36	31.8%	(0.1%-63.5%)~	8	47.4%	(22.7%-72.1%)~	25
White	46.3%	(43.3%-49.4%)	9,401	51.0%	(47.7%-54.3%)	4,946	42.0%	(38.6%-45.3%)	4,289
Multiple Races	54.7%	(47.0%-62.4%)	474	54.9%	(44.6%-65.2%)~	233	52.7%	(43.2%-62.2%)	220

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	49.2%	(38.4%-59.9%)~	598	57.5%	(48.6%-66.4%)	334	41.2%	(26.4%-56.1%)~	252
Central Maine PHD	32.9%	(25.4%-40.3%)	984	34.4%	(25.5%-43.4%)	494	31.2%	(24.2%-38.3%)	478
Cumberland PHD	53.9%	(43.5%-64.3%)~	2,789	57.0%	(44.9%-69.1%)~	1,423	50.3%	(41.3%-59.3%)	1,292
Downeast PHD	48.6%	(42.2%-55.0%)	674	50.8%	(43.6%-58.0%)	337	46.8%	(38.2%-55.4%)	326
Mid-Coast PHD	45.9%	(36.6%-55.2%)	1,138	50.3%	(41.0%-59.5%)	602	42.0%	(32.1%-52.0%)	512
Penquis PHD	46.2%	(39.9%-52.4%)	1,360	55.1%	(47.4%-62.9%)	792	37.5%	(29.6%-45.3%)	540
Western Maine PHD	41.3%	(34.6%-48.0%)	1,641	44.3%	(35.7%-52.9%)	844	38.6%	(32.5%-44.7%)	763
York PHD	46.2%	(41.1%-51.2%)	1,699	49.6%	(41.9%-57.3%)	852	43.4%	(40.7%-46.2%)	816

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## **Section 11**

### **Asthma**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Has a doctor, nurse, or other adult ever told you that you have asthma? (en69)*

*Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.5%	(16.1%-18.8%)	3,428	17.2%	(15.4%-19.0%)	1,599	17.5%	(16.0%-19.0%)	1,746
<b>----Age----</b>									
10 or younger	14.4%	(12.0%-16.8%)	770	15.1%	(12.4%-17.8%)	395	14.0%	(10.7%-17.2%)	361
11	17.6%	(15.5%-19.6%)	1,717	18.0%	(15.0%-21.0%)	841	16.5%	(14.3%-18.8%)	822
12 or older	21.0%	(19.1%-23.0%)	929	18.1%	(15.1%-21.1%)	357	23.5%	(20.5%-26.4%)	558
<b>----Grade----</b>									
Grade 5	15.3%	(13.3%-17.3%)	1,450	16.1%	(13.4%-18.7%)	720	14.1%	(11.9%-16.4%)	680
Grade 6	19.6%	(17.9%-21.2%)	1,960	18.1%	(15.8%-20.5%)	870	20.7%	(19.0%-22.3%)	1,059
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.4%	(17.5%-29.3%)	131	22.2%	(13.6%-30.7%)	53	23.1%	(14.3%-31.9%)	71
Non-Hispanic	17.8%	(16.3%-19.3%)	2,859	18.0%	(15.8%-20.1%)	1,394	17.3%	(15.7%-18.9%)	1,396
<b>----Race----</b>									
American Indian or Alaskan Native	26.3%	(17.7%-34.8%)	80	30.0%	(16.4%-43.7%)~	28	25.1%	(12.4%-37.7%)~	52
Asian	13.4%	(3.8%-23.0%)	31	7.6%	(0.5%-14.7%)	10	21.5%	(3.5%-39.5%)~	21
Black or African American	24.9%	(19.8%-30.0%)	195	20.9%	(15.9%-25.9%)	80	27.9%	(18.6%-37.2%)	110
Native Hawaiian or Other Pacific Islander	38.7%	(17.6%-59.7%)~	23	42.8%	(5.2%-80.5%)~	9	30.8%	(6.2%-55.3%)~	11
White	17.0%	(15.4%-18.5%)	2,839	17.0%	(15.1%-18.9%)	1,340	16.8%	(14.9%-18.6%)	1,438
Multiple Races	17.6%	(12.9%-22.4%)	122	16.7%	(10.7%-22.7%)	59	16.8%	(11.1%-22.5%)	54

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or other adult ever told you that you have asthma? (en69)  
Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	16.7%	(8.9%-24.6%)	166	17.9%	(5.1%-30.7%)~	91	16.3%	(6.9%-25.8%)	76
Central Maine PHD	22.1%	(17.3%-26.9%)	541	22.9%	(17.3%-28.4%)	268	22.1%	(16.5%-27.7%)	273
Cumberland PHD	14.6%	(10.3%-18.8%)	641	13.4%	(10.3%-16.5%)	275	15.4%	(9.6%-21.2%)	351
Downeast PHD	15.6%	(12.8%-18.3%)	173	14.9%	(10.9%-18.8%)	83	16.9%	(10.9%-22.9%)	90
Mid-Coast PHD	17.9%	(15.7%-20.1%)	374	18.3%	(14.6%-22.0%)	186	17.2%	(14.1%-20.2%)	176
Penquis PHD	17.2%	(14.3%-20.2%)	415	17.5%	(13.3%-21.8%)	203	17.5%	(15.0%-20.0%)	212
Western Maine PHD	19.8%	(16.4%-23.2%)	627	20.0%	(14.9%-25.0%)	296	18.9%	(15.3%-22.5%)	309
York PHD	17.9%	(16.0%-19.8%)	536	17.6%	(14.7%-20.4%)	246	17.6%	(14.7%-20.6%)	272

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Has a doctor, nurse, or other adult ever told you that you have asthma? (en69\_2)*

*Percentage of students who answered 'Not sure'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.5%	(17.1%-19.9%)	4,453	19.5%	(17.7%-21.4%)	2,257	16.9%	(15.4%-18.3%)	2,024
<b>----Age----</b>									
10 or younger	19.1%	(16.0%-22.2%)	1,260	20.9%	(16.4%-25.4%)	690	16.6%	(13.6%-19.6%)	516
11	17.7%	(16.2%-19.2%)	2,105	18.4%	(16.4%-20.3%)	1,050	16.4%	(14.4%-18.4%)	977
12 or older	19.3%	(17.3%-21.2%)	1,054	20.2%	(17.6%-22.7%)	499	18.0%	(15.7%-20.4%)	524
<b>----Grade----</b>									
Grade 5	19.4%	(16.9%-21.9%)	2,286	20.3%	(17.0%-23.7%)	1,143	17.8%	(15.2%-20.3%)	1,038
Grade 6	17.5%	(16.2%-18.8%)	2,125	18.6%	(16.8%-20.4%)	1,094	16.0%	(14.3%-17.7%)	975
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.4%	(14.3%-26.5%)	143	25.2%	(15.9%-34.6%)	81	15.1%	(7.9%-22.2%)	55
Non-Hispanic	17.6%	(16.1%-19.1%)	3,433	18.7%	(16.8%-20.7%)	1,787	16.1%	(14.7%-17.6%)	1,551
<b>----Race----</b>									
American Indian or Alaskan Native	23.2%	(15.4%-30.9%)	92	30.5%	(16.5%-44.6%)~	41	18.4%	(9.0%-27.8%)	47
Asian	18.4%	(11.6%-25.2%)	52	14.5%	(5.1%-24.0%)	22	23.6%	(8.2%-39.0%)~	31
Black or African American	16.6%	(12.8%-20.4%)	156	20.7%	(14.8%-26.6%)	100	12.3%	(7.1%-17.5%)	55
Native Hawaiian or Other Pacific Islander	31.0%	(9.7%-52.4%)~	26	*	*	*	*	*	*
White	18.0%	(16.6%-19.4%)	3,676	19.3%	(17.4%-21.3%)	1,889	16.4%	(14.9%-17.9%)	1,685
Multiple Races	22.1%	(17.7%-26.5%)	195	18.1%	(13.2%-23.1%)	78	24.2%	(17.9%-30.5%)	103

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Not sure' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or other adult ever told you that you have asthma? (en69\_2)*

*Percentage of students who answered 'Not sure'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	19.4%	(14.3%-24.5%)	238	16.9%	(10.6%-23.1%)	102	22.7%	(15.7%-29.8%)	136
Central Maine PHD	20.0%	(16.2%-23.8%)	613	19.6%	(14.0%-25.1%)	285	20.5%	(14.8%-26.3%)	319
Cumberland PHD	16.0%	(10.0%-22.0%)	839	18.2%	(10.6%-25.9%)	458	12.9%	(8.6%-17.2%)	338
Downeast PHD	20.0%	(16.2%-23.7%)	278	16.8%	(12.2%-21.4%)	112	23.2%	(18.6%-27.9%)	162
Mid-Coast PHD	17.1%	(14.0%-20.1%)	430	17.3%	(13.4%-21.3%)	213	16.4%	(12.7%-20.1%)	201
Penquis PHD	18.2%	(13.8%-22.7%)	537	19.5%	(14.7%-24.2%)	280	15.8%	(11.5%-20.1%)	228
Western Maine PHD	20.7%	(18.3%-23.1%)	827	22.8%	(18.5%-27.0%)	437	17.9%	(15.4%-20.4%)	356
York PHD	19.2%	(17.1%-21.3%)	713	20.1%	(17.2%-23.0%)	351	18.0%	(15.4%-20.6%)	339

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

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*N = Number of students who answered 'Not sure' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrasth\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.9%	(10.5%-13.3%)	2,244	11.9%	(10.2%-13.7%)	1,064	11.7%	(10.2%-13.3%)	1,131
<b>----Age----</b>									
10 or younger	10.1%	(7.5%-12.6%)	521	10.6%	(7.7%-13.5%)	270	9.6%	(6.4%-12.7%)	240
11	11.7%	(9.9%-13.4%)	1,097	12.1%	(9.7%-14.5%)	540	10.9%	(9.0%-12.7%)	523
12 or older	14.5%	(12.3%-16.7%)	615	13.1%	(10.6%-15.7%)	249	15.9%	(12.5%-19.4%)	363
<b>----Grade----</b>									
Grade 5	10.6%	(8.5%-12.6%)	973	11.1%	(8.3%-13.9%)	477	9.7%	(7.8%-11.6%)	454
Grade 6	13.1%	(11.5%-14.7%)	1,261	12.6%	(10.5%-14.8%)	581	13.7%	(12.0%-15.5%)	673
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.8%	(11.7%-21.9%)	90	17.6%	(9.1%-26.1%)	40	14.6%	(8.3%-20.9%)	44
Non-Hispanic	12.2%	(10.7%-13.6%)	1,878	12.5%	(10.6%-14.5%)	933	11.7%	(10.0%-13.3%)	908
<b>----Race----</b>									
American Indian or Alaskan Native	15.5%	(7.7%-23.3%)	42	*	*	*	*	*	*
Asian	5.8%	(1.1%-10.4%)	13	*	*	*	*	*	*
Black or African American	17.0%	(12.4%-21.6%)	127	13.4%	(9.5%-17.3%)	49	20.2%	(11.7%-28.8%)	76
Native Hawaiian or Other Pacific Islander	30.0%	(8.8%-51.2%)~	17	36.2%	(0.0%-75.6%)~	7	29.0%	(4.5%-53.5%)~	10
White	11.6%	(10.0%-13.2%)	1,876	12.1%	(10.2%-14.0%)	922	11.0%	(9.2%-12.9%)	916
Multiple Races	11.7%	(7.6%-15.7%)	78	10.9%	(5.0%-16.7%)	37	10.8%	(6.6%-15.1%)	34

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrsth\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	13.4%	(6.9%-19.9%)	130	13.6%	(4.4%-22.7%)	67	14.0%	(3.2%-24.8%)~	63
Central Maine PHD	16.0%	(11.7%-20.3%)	373	14.8%	(9.3%-20.3%)	162	17.7%	(13.5%-21.9%)	211
Cumberland PHD	7.1%	(3.8%-10.4%)	304	6.5%	(2.3%-10.7%)	131	7.6%	(4.5%-10.7%)	168
Downeast PHD	10.9%	(7.3%-14.6%)	118	9.6%	(4.6%-14.5%)	51	12.8%	(8.6%-17.0%)	67
Mid-Coast PHD	12.2%	(10.3%-14.2%)	247	13.8%	(9.9%-17.7%)	135	10.4%	(7.8%-13.0%)	103
Penquis PHD	11.3%	(8.5%-14.1%)	257	11.9%	(7.4%-16.5%)	130	11.0%	(8.7%-13.4%)	127
Western Maine PHD	14.7%	(11.5%-17.9%)	448	15.3%	(10.8%-19.7%)	217	13.7%	(10.1%-17.3%)	217
York PHD	12.3%	(10.2%-14.3%)	355	12.5%	(11.0%-14.0%)	169	11.9%	(8.2%-15.5%)	176

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 12**

### **Diabetes**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Has a doctor, nurse, or other adult ever told you that you have diabetes? (en43b)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.7%	(1.4%-2.0%)	411	1.5%	(0.9%-2.0%)	169	1.8%	(1.4%-2.1%)	213
<b>----Age----</b>									
10 or younger	1.5%	(0.9%-2.0%)	98	1.3%	(0.4%-2.2%)	42	1.4%	(0.6%-2.2%)	42
11	1.8%	(1.3%-2.3%)	216	1.7%	(0.9%-2.4%)	95	1.9%	(1.2%-2.5%)	113
12 or older	1.6%	(1.1%-2.1%)	90	1.3%	(0.5%-2.0%)	31	2.0%	(1.2%-2.8%)	59
<b>----Grade----</b>									
Grade 5	1.8%	(1.3%-2.2%)	210	1.6%	(0.9%-2.4%)	92	1.5%	(0.8%-2.2%)	90
Grade 6	1.6%	(1.3%-2.0%)	197	1.2%	(0.7%-1.8%)	73	2.0%	(1.4%-2.7%)	124
<b>----Hispanic Ethnicity----</b>									
Hispanic	1.8%	(0.0%-3.6%)	13	*	*	*	*	*	*
Non-Hispanic	1.7%	(1.4%-2.0%)	330	1.4%	(0.9%-1.8%)	130	1.9%	(1.4%-2.3%)	179
<b>----Race----</b>									
American Indian or Alaskan Native	3.7%	(0.0%-7.6%)	15	6.5%	(0.0%-14.6%)	9	2.4%	(0.0%-6.4%)	6
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.4%	(0.3%-4.4%)	22	1.5%	(0.0%-3.7%)	7	3.3%	(0.9%-5.6%)	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(1.3%-1.9%)	332	1.4%	(0.9%-1.9%)	138	1.6%	(1.2%-2.0%)	166
Multiple Races	1.6%	(0.4%-2.8%)	15	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or other adult ever told you that you have diabetes? (en43b)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.4%	(0.3%-2.5%)	18	*	*	*	*	*	*
Central Maine PHD	1.2%	(0.8%-1.6%)	38	1.0%	(0.1%-2.0%)	15	1.5%	(0.6%-2.3%)	23
Cumberland PHD	1.2%	(0.6%-1.8%)	62	0.6%	(0.1%-1.0%)	14	1.8%	(0.9%-2.8%)	48
Downeast PHD	1.4%	(0.0%-3.1%)	19	1.7%	(0.0%-3.6%)	12	1.1%	(0.0%-2.8%)	8
Mid-Coast PHD	2.0%	(1.2%-2.8%)	50	2.1%	(0.9%-3.3%)	26	1.9%	(0.7%-3.2%)	24
Penquis PHD	2.0%	(1.0%-3.0%)	59	2.1%	(0.0%-4.6%)	30	1.6%	(0.5%-2.6%)	22
Western Maine PHD	1.9%	(1.3%-2.5%)	76	2.5%	(1.6%-3.3%)	48	1.1%	(0.3%-1.9%)	23
York PHD	1.7%	(1.1%-2.4%)	65	0.7%	(0.0%-1.5%)	13	2.3%	(1.5%-3.2%)	44

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Has a doctor, nurse, or other adult ever told you that you have diabetes? (endiaba)*  
*Percentage of students with diagnosed diabetes (Excludes "Not sure" responses from e43b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.8%	(1.5%-2.1%)	411	1.5%	(1.0%-2.1%)	169	1.9%	(1.5%-2.3%)	213
<b>----Age----</b>									
10 or younger	1.6%	(1.0%-2.2%)	98	1.4%	(0.4%-2.3%)	42	1.5%	(0.6%-2.3%)	42
11	1.9%	(1.4%-2.4%)	216	1.7%	(1.0%-2.5%)	95	2.0%	(1.3%-2.7%)	113
12 or older	1.7%	(1.2%-2.3%)	90	1.3%	(0.6%-2.1%)	31	2.1%	(1.3%-2.9%)	59
<b>----Grade----</b>									
Grade 5	1.9%	(1.4%-2.4%)	210	1.8%	(0.9%-2.6%)	92	1.6%	(0.9%-2.4%)	90
Grade 6	1.7%	(1.3%-2.1%)	197	1.3%	(0.7%-1.8%)	73	2.1%	(1.5%-2.8%)	124
<b>----Hispanic Ethnicity----</b>									
Hispanic	2.0%	(0.0%-4.0%)	13	*	*	*	*	*	*
Non-Hispanic	1.8%	(1.4%-2.1%)	330	1.4%	(0.9%-1.9%)	130	2.0%	(1.5%-2.4%)	179
<b>----Race----</b>									
American Indian or Alaskan Native	4.1%	(0.0%-8.3%)	15	6.9%	(0.0%-15.6%)	9	2.7%	(0.0%-7.2%)	6
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.6%	(0.4%-4.8%)	22	1.7%	(0.0%-4.0%)	7	3.6%	(1.0%-6.2%)	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.7%	(1.4%-2.0%)	332	1.5%	(0.9%-2.0%)	138	1.7%	(1.3%-2.1%)	166
Multiple Races	1.8%	(0.5%-3.1%)	15	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with diagnosed diabetes (Excludes "Not sure" responses from e43b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or other adult ever told you that you have diabetes? (endiaba)  
Percentage of students with diagnosed diabetes (Excludes “Not sure” responses from e43b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.5%	(0.3%-2.6%)	18	*	*	*	*	*	*
Central Maine PHD	1.3%	(0.9%-1.7%)	38	1.1%	(0.0%-2.1%)	15	1.6%	(0.7%-2.5%)	23
Cumberland PHD	1.2%	(0.6%-1.9%)	62	0.6%	(0.1%-1.1%)	14	1.9%	(0.9%-2.8%)	48
Downeast PHD	1.5%	(0.0%-3.3%)	19	1.8%	(0.0%-3.8%)	12	1.2%	(0.0%-3.1%)	8
Mid-Coast PHD	2.1%	(1.3%-2.9%)	50	2.2%	(1.0%-3.5%)	26	2.0%	(0.7%-3.4%)	24
Penquis PHD	2.1%	(1.0%-3.2%)	59	2.2%	(0.0%-4.9%)	30	1.7%	(0.6%-2.8%)	22
Western Maine PHD	2.0%	(1.4%-2.7%)	76	2.6%	(1.7%-3.6%)	48	1.2%	(0.3%-2.1%)	23
York PHD	1.9%	(1.2%-2.6%)	65	0.8%	(0.0%-1.6%)	13	2.5%	(1.5%-3.4%)	44

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with diagnosed diabetes (Excludes “Not sure” responses from e43b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 13**  
**Dental Care**



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60b)*

*Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from e60b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	81.8%	(79.5%-84.1%)	15,393	83.1%	(80.6%-85.7%)	7,315	81.1%	(78.4%-83.8%)	7,786
<b>----Age----</b>									
10 or younger	80.2%	(76.2%-84.2%)	4,031	80.7%	(75.6%-85.7%)	1,991	80.2%	(75.2%-85.3%)	1,939
11	83.4%	(81.2%-85.7%)	7,768	85.1%	(82.6%-87.6%)	3,704	82.0%	(79.2%-84.9%)	3,922
12 or older	80.8%	(77.6%-84.0%)	3,534	82.4%	(78.0%-86.8%)	1,594	80.4%	(77.3%-83.6%)	1,910
<b>----Grade----</b>									
Grade 5	80.6%	(77.8%-83.4%)	7,172	81.1%	(77.9%-84.4%)	3,338	80.7%	(76.9%-84.5%)	3,662
Grade 6	83.1%	(80.4%-85.7%)	8,142	85.0%	(81.9%-88.1%)	3,958	81.7%	(78.9%-84.4%)	4,085
<b>----Hispanic Ethnicity----</b>									
Hispanic	73.1%	(65.6%-80.5%)	391	73.0%	(62.4%-83.7%)~	173	74.9%	(63.8%-85.9%)~	216
Non-Hispanic	82.5%	(80.0%-85.0%)	12,758	83.7%	(80.9%-86.5%)	6,222	81.7%	(78.8%-84.6%)	6,337
<b>----Race----</b>									
American Indian or Alaskan Native	70.9%	(61.2%-80.6%)	187	84.1%	(73.4%-94.9%)~	64	65.4%	(52.1%-78.6%)~	117
Asian	80.3%	(70.5%-90.0%)	166	79.2%	(66.8%-91.5%)~	83	80.4%	(67.7%-93.0%)~	78
Black or African American	66.1%	(61.2%-71.0%)	417	65.9%	(59.0%-72.8%)	191	66.0%	(58.1%-74.0%)	222
Native Hawaiian or Other Pacific Islander	89.2%	(78.3%-100.0%)~	64	*	*	*	*	*	*
White	83.1%	(80.7%-85.4%)	13,474	83.9%	(81.2%-86.6%)	6,397	82.6%	(79.7%-85.4%)	6,857
Multiple Races	75.7%	(69.4%-82.1%)	536	82.0%	(74.3%-89.6%)	288	70.9%	(61.2%-80.6%)	235

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (Excludes "Not sure" responses from e60b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60b)  
Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from e60b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	78.5%	(72.2%-84.7%)	813	79.3%	(72.5%-86.2%)	408	78.5%	(64.3%-92.8%)~	386
Central Maine PHD	78.5%	(74.2%-82.8%)	1,713	81.9%	(73.8%-90.0%)	817	75.7%	(69.6%-81.8%)	883
Cumberland PHD	88.2%	(83.2%-93.2%)	3,850	86.8%	(80.1%-93.4%)	1,809	89.8%	(84.8%-94.7%)	1,967
Downeast PHD	70.8%	(66.1%-75.4%)	713	74.2%	(68.0%-80.4%)	356	67.2%	(61.1%-73.3%)	341
Mid-Coast PHD	85.0%	(80.8%-89.2%)	1,720	85.0%	(80.3%-89.8%)	869	85.2%	(79.2%-91.3%)	817
Penquis PHD	79.1%	(75.3%-82.9%)	1,782	80.0%	(75.3%-84.7%)	863	78.4%	(72.9%-83.8%)	888
Western Maine PHD	77.4%	(71.3%-83.4%)	2,296	79.6%	(73.2%-85.9%)	1,064	76.9%	(68.4%-85.5%)	1,194
York PHD	81.7%	(78.4%-85.0%)	2,394	83.6%	(80.8%-86.4%)	1,097	80.6%	(76.8%-84.4%)	1,245

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (Excludes "Not sure" responses from e60b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**

*During this school year, have you missed any school because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61a)*  
*Percentage of students who answered "Yes" (Excludes "Don't know" responses from e61a)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.6%	(18.3%-21.0%)	4,253	20.7%	(19.2%-22.2%)	2,116	18.7%	(16.8%-20.6%)	2,049
<b>----Age----</b>									
10 or younger	20.1%	(17.3%-23.0%)	1,166	20.9%	(17.8%-24.1%)	595	19.8%	(15.7%-23.9%)	550
11	19.1%	(17.4%-20.8%)	2,058	20.6%	(18.2%-23.0%)	1,054	17.4%	(15.3%-19.6%)	951
12 or older	19.9%	(17.8%-22.1%)	993	19.6%	(17.0%-22.2%)	436	20.5%	(17.6%-23.5%)	548
<b>----Grade----</b>									
Grade 5	20.3%	(18.3%-22.4%)	2,122	21.8%	(19.8%-23.9%)	1,066	18.9%	(16.0%-21.8%)	997
Grade 6	18.9%	(17.3%-20.5%)	2,095	19.5%	(17.6%-21.3%)	1,032	18.5%	(16.0%-20.9%)	1,037
<b>----Hispanic Ethnicity----</b>									
Hispanic	31.0%	(24.8%-37.1%)	196	39.5%	(29.5%-49.5%)~	112	24.8%	(16.3%-33.3%)	84
Non-Hispanic	19.5%	(18.0%-21.0%)	3,425	20.5%	(18.6%-22.5%)	1,740	18.4%	(16.1%-20.7%)	1,622
<b>----Race----</b>									
American Indian or Alaskan Native	19.6%	(12.5%-26.6%)	67	28.1%	(13.1%-43.1%)~	33	14.2%	(6.4%-22.0%)	32
Asian	26.5%	(16.4%-36.7%)~	64	30.9%	(19.7%-42.1%)~	38	23.0%	(9.0%-37.0%)~	26
Black or African American	20.6%	(15.7%-25.5%)	171	21.6%	(14.7%-28.4%)	91	19.1%	(12.4%-25.8%)	78
Native Hawaiian or Other Pacific Islander	50.7%	(27.4%-74.0%)~	38	*	*	*	*	*	*
White	19.0%	(17.5%-20.5%)	3,501	19.7%	(17.9%-21.5%)	1,711	18.6%	(16.5%-20.7%)	1,751
Multiple Races	26.4%	(20.7%-32.1%)	205	24.8%	(17.6%-32.1%)	97	26.1%	(17.5%-34.7%)	95

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered "Yes" (Excludes "Don't know" responses from e61a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During this school year, have you missed any school because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61a)*

*Percentage of students who answered “Yes” (Excludes “Don’t know” responses from e61a)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	19.8%	(10.6%-29.1%)	230	21.2%	(13.4%-29.0%)	125	19.5%	(3.9%-35.1%)~	106
Central Maine PHD	17.4%	(13.0%-21.9%)	481	19.2%	(14.9%-23.6%)	244	16.0%	(10.2%-21.8%)	230
Cumberland PHD	19.2%	(17.5%-20.8%)	911	21.6%	(18.6%-24.6%)	485	16.7%	(13.4%-20.0%)	403
Downeast PHD	22.7%	(18.4%-27.0%)	289	20.1%	(16.3%-23.9%)	125	24.8%	(18.2%-31.5%)	156
Mid-Coast PHD	18.8%	(15.6%-22.0%)	438	22.8%	(20.3%-25.3%)	259	15.2%	(9.7%-20.6%)	173
Penquis PHD	20.9%	(17.6%-24.2%)	550	21.2%	(17.6%-24.9%)	266	20.2%	(16.0%-24.5%)	268
Western Maine PHD	18.9%	(15.1%-22.7%)	668	17.8%	(13.7%-21.9%)	296	19.9%	(14.5%-25.4%)	357
York PHD	20.0%	(16.6%-23.4%)	662	21.4%	(17.7%-25.2%)	329	18.6%	(15.2%-22.0%)	317

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered “Yes” (Excludes “Don’t know” responses from e61a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**

*During this school year, have you missed any school because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61a\_2)*

*Percentage of students who answered "Yes"*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.7%	(16.5%-18.8%)	4,253	18.4%	(17.0%-19.8%)	2,116	17.1%	(15.4%-18.8%)	2,049
<b>----Age----</b>									
10 or younger	17.7%	(15.2%-20.2%)	1,166	18.1%	(15.3%-20.9%)	595	17.8%	(14.2%-21.5%)	550
11	17.3%	(15.8%-18.8%)	2,058	18.5%	(16.4%-20.6%)	1,054	16.0%	(14.0%-17.9%)	951
12 or older	18.0%	(16.1%-20.0%)	993	17.5%	(15.1%-19.9%)	436	18.8%	(16.1%-21.5%)	548
<b>----Grade----</b>									
Grade 5	18.0%	(16.3%-19.8%)	2,122	19.0%	(17.1%-20.9%)	1,066	17.1%	(14.6%-19.7%)	997
Grade 6	17.2%	(15.8%-18.7%)	2,095	17.6%	(15.9%-19.2%)	1,032	17.0%	(14.7%-19.3%)	1,037
<b>----Hispanic Ethnicity----</b>									
Hispanic	28.1%	(22.2%-34.0%)	196	35.3%	(26.7%-44.0%)	112	23.0%	(14.9%-31.1%)	84
Non-Hispanic	17.6%	(16.2%-18.9%)	3,425	18.3%	(16.5%-20.1%)	1,740	16.9%	(14.9%-18.9%)	1,622
<b>----Race----</b>									
American Indian or Alaskan Native	17.2%	(11.2%-23.2%)	67	24.0%	(11.7%-36.3%)~	33	12.7%	(5.7%-19.7%)	32
Asian	23.0%	(14.2%-31.9%)	64	26.8%	(16.5%-37.1%)~	38	19.9%	(7.8%-31.9%)~	26
Black or African American	18.3%	(14.2%-22.5%)	171	19.2%	(13.8%-24.6%)	91	17.0%	(10.7%-23.3%)	78
Native Hawaiian or Other Pacific Islander	47.2%	(24.6%-69.7%)~	38	62.6%	(32.5%-92.7%)~	16	42.3%	(13.4%-71.1%)~	22
White	17.2%	(15.9%-18.5%)	3,501	17.5%	(15.9%-19.2%)	1,711	17.1%	(15.2%-19.0%)	1,751
Multiple Races	23.2%	(17.6%-28.8%)	205	22.3%	(15.9%-28.8%)	97	22.5%	(14.6%-30.4%)	95

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered "Yes" (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During this school year, have you missed any school because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61a\_2)*

*Percentage of students who answered “Yes”*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	18.4%	(9.9%-26.9%)	230	20.4%	(13.1%-27.7%)	125	17.3%	(3.4%-31.3%)~	106
Central Maine PHD	15.8%	(11.9%-19.6%)	481	16.9%	(13.0%-20.9%)	244	14.8%	(9.3%-20.3%)	230
Cumberland PHD	17.4%	(15.9%-19.0%)	911	19.3%	(16.6%-22.0%)	485	15.4%	(12.5%-18.2%)	403
Downeast PHD	20.7%	(17.0%-24.4%)	289	18.7%	(15.3%-22.1%)	125	22.1%	(16.3%-27.9%)	156
Mid-Coast PHD	17.3%	(14.2%-20.4%)	438	21.0%	(18.8%-23.3%)	259	14.1%	(8.8%-19.3%)	173
Penquis PHD	18.8%	(15.8%-21.7%)	550	18.5%	(15.0%-22.0%)	266	18.8%	(14.8%-22.8%)	268
Western Maine PHD	16.7%	(13.5%-20.0%)	668	15.4%	(11.9%-18.9%)	296	18.1%	(13.2%-23.0%)	357
York PHD	17.9%	(15.0%-20.7%)	662	18.9%	(15.6%-22.3%)	329	16.7%	(13.9%-19.6%)	317

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

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*N = Number of students who answered “Yes” (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## **Section 14**

### **Sun Protection**

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)  
Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	46.9%	(44.6%-49.2%)	11,083	55.5%	(52.5%-58.5%)	6,307	38.6%	(36.1%-41.1%)	4,539
<b>---Age---</b>									
10 or younger	52.5%	(48.7%-56.4%)	3,365	62.4%	(57.3%-67.6%)	2,011	42.5%	(37.3%-47.7%)	1,276
11	47.1%	(44.4%-49.7%)	5,490	54.8%	(51.5%-58.2%)	3,087	39.3%	(36.3%-42.2%)	2,293
12 or older	40.4%	(38.2%-42.5%)	2,195	48.6%	(45.2%-51.9%)	1,194	33.4%	(30.8%-36.0%)	960
<b>---Grade---</b>									
Grade 5	50.1%	(46.9%-53.3%)	5,753	59.8%	(55.2%-64.4%)	3,281	40.8%	(36.8%-44.8%)	2,320
Grade 6	44.0%	(41.6%-46.4%)	5,280	51.5%	(48.6%-54.4%)	3,000	36.7%	(34.4%-39.0%)	2,203
<b>---Hispanic Ethnicity---</b>									
Hispanic	38.8%	(32.1%-45.5%)	270	48.0%	(37.6%-58.5%)~	151	30.3%	(21.9%-38.8%)	111
Non-Hispanic	47.3%	(44.9%-49.7%)	9,097	55.8%	(52.7%-58.9%)	5,242	38.9%	(36.1%-41.6%)	3,689
<b>---Race---</b>									
American Indian or Alaskan Native	32.3%	(21.4%-43.3%)~	123	34.5%	(19.8%-49.2%)~	44	32.3%	(19.9%-44.7%)~	79
Asian	34.8%	(27.3%-42.3%)	97	42.1%	(31.1%-53.1%)~	62	27.8%	(17.1%-38.5%)~	35
Black or African American	20.4%	(16.8%-24.0%)	192	26.3%	(19.0%-33.6%)	124	14.6%	(4.0%-25.2%)~	67
Native Hawaiian or Other Pacific Islander	30.1%	(11.3%-48.9%)~	25	55.6%	(19.8%-91.3%)~	13	15.4%	(0.1%-30.8%)~	9
White	49.2%	(47.1%-51.3%)	9,868	58.2%	(55.4%-60.9%)	5,602	40.6%	(38.2%-43.0%)	4,091
Multiple Races	39.4%	(33.9%-44.8%)	339	42.1%	(35.0%-49.2%)	177	34.2%	(25.0%-43.3%)	141

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)*  
*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	43.5%	(39.2%-47.7%)	531	51.0%	(41.2%-60.9%)	305	36.8%	(28.4%-45.2%)	220
Central Maine PHD	45.5%	(41.5%-49.5%)	1,363	55.8%	(50.0%-61.5%)	794	35.9%	(29.7%-42.1%)	546
Cumberland PHD	53.8%	(48.8%-58.8%)	2,776	62.9%	(57.1%-68.7%)	1,573	44.7%	(39.8%-49.7%)	1,154
Downeast PHD	42.8%	(36.5%-49.1%)	588	54.1%	(47.0%-61.1%)	346	33.5%	(26.9%-40.0%)	235
Mid-Coast PHD	47.2%	(41.8%-52.6%)	1,154	57.1%	(50.5%-63.7%)	679	38.1%	(32.1%-44.2%)	455
Penquis PHD	42.6%	(39.7%-45.6%)	1,221	48.8%	(41.2%-56.4%)	687	35.5%	(28.7%-42.4%)	493
Western Maine PHD	39.1%	(34.3%-43.8%)	1,536	47.0%	(42.1%-51.9%)	889	31.0%	(24.8%-37.1%)	604
York PHD	48.7%	(43.7%-53.8%)	1,776	57.5%	(50.9%-64.1%)	994	41.1%	(35.7%-46.6%)	758

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)*

*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.6%	(35.8%-39.4%)	8,874	36.1%	(33.8%-38.4%)	4,070	39.0%	(36.9%-41.1%)	4,602
<b>----Age----</b>									
10 or younger	39.2%	(34.8%-43.6%)	2,512	36.7%	(31.8%-41.7%)	1,174	41.3%	(36.2%-46.4%)	1,244
11	38.0%	(35.8%-40.3%)	4,435	37.6%	(34.6%-40.6%)	2,103	38.9%	(35.9%-41.9%)	2,278
12 or older	34.6%	(32.5%-36.6%)	1,877	31.2%	(28.0%-34.3%)	762	36.9%	(34.1%-39.7%)	1,066
<b>----Grade----</b>									
Grade 5	38.3%	(35.1%-41.5%)	4,394	37.4%	(33.3%-41.4%)	2,033	39.3%	(35.7%-42.9%)	2,240
Grade 6	36.8%	(35.1%-38.4%)	4,411	34.7%	(32.6%-36.8%)	2,010	38.7%	(36.2%-41.1%)	2,333
<b>----Hispanic Ethnicity----</b>									
Hispanic	34.2%	(27.2%-41.2%)	228	31.0%	(21.5%-40.4%)	93	37.9%	(30.0%-45.7%)	134
Non-Hispanic	38.0%	(36.0%-39.9%)	7,297	36.3%	(33.9%-38.7%)	3,395	39.6%	(37.1%-42.1%)	3,763
<b>----Race----</b>									
American Indian or Alaskan Native	35.1%	(27.7%-42.4%)	131	37.5%	(25.9%-49.1%)~	47	34.0%	(23.8%-44.2%)~	81
Asian	34.8%	(24.2%-45.4%)~	97	34.8%	(22.3%-47.2%)~	51	36.2%	(22.2%-50.3%)~	46
Black or African American	29.2%	(24.1%-34.3%)	271	29.8%	(19.7%-39.9%)~	141	28.9%	(21.6%-36.3%)	131
Native Hawaiian or Other Pacific Islander	45.5%	(25.8%-65.2%)~	38	45.2%	(11.0%-79.4%)~	11	42.7%	(20.0%-65.3%)~	23
White	38.3%	(36.3%-40.3%)	7,690	36.9%	(34.1%-39.6%)	3,530	39.6%	(37.5%-41.7%)	4,007
Multiple Races	33.8%	(28.9%-38.7%)	293	28.7%	(22.6%-34.9%)	122	40.4%	(32.6%-48.2%)	167

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)*

*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	38.9%	(33.7%-44.1%)	485	36.2%	(28.6%-43.8%)	221	39.6%	(33.0%-46.1%)	239
Central Maine PHD	37.8%	(32.8%-42.7%)	1,139	36.4%	(30.3%-42.6%)	522	39.5%	(31.7%-47.3%)	604
Cumberland PHD	38.7%	(30.5%-46.9%)	1,996	37.6%	(28.4%-46.8%)	931	39.6%	(30.8%-48.3%)	1,021
Downeast PHD	38.0%	(31.3%-44.7%)	528	35.9%	(27.0%-44.8%)	240	39.8%	(32.5%-47.0%)	277
Mid-Coast PHD	37.4%	(31.1%-43.7%)	918	35.5%	(29.4%-41.6%)	426	39.2%	(30.6%-47.7%)	466
Penquis PHD	38.1%	(33.7%-42.5%)	1,095	37.7%	(31.4%-44.0%)	528	38.5%	(33.0%-43.9%)	539
Western Maine PHD	33.5%	(31.3%-35.8%)	1,326	31.9%	(27.8%-36.1%)	601	35.2%	(29.5%-40.9%)	695
York PHD	38.5%	(36.5%-40.5%)	1,390	35.8%	(32.6%-38.9%)	602	40.9%	(38.5%-43.3%)	755

\*Estimate suppressed due to small cell sizes.

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CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	49.3%	(46.5%-52.1%)	11,860	50.5%	(47.1%-53.9%)	5,831	48.4%	(45.7%-51.2%)	5,797
<b>----Age----</b>									
10 or younger	46.2%	(43.1%-49.2%)	3,042	46.7%	(42.9%-50.5%)	1,537	46.2%	(42.2%-50.2%)	1,429
11	50.8%	(48.0%-53.7%)	6,027	52.9%	(48.9%-56.9%)	3,020	48.9%	(46.0%-51.9%)	2,905
12 or older	49.9%	(45.2%-54.7%)	2,745	50.0%	(44.0%-56.0%)	1,248	50.0%	(45.6%-54.4%)	1,451
<b>----Grade----</b>									
Grade 5	47.0%	(44.0%-50.0%)	5,520	47.3%	(43.7%-51.0%)	2,641	47.0%	(43.4%-50.5%)	2,737
Grade 6	51.4%	(47.8%-55.0%)	6,265	53.3%	(48.8%-57.7%)	3,153	49.7%	(46.3%-53.0%)	3,027
<b>----Hispanic Ethnicity----</b>									
Hispanic	44.8%	(38.8%-50.8%)	306	41.6%	(30.6%-52.5%)~	132	47.1%	(38.4%-55.8%)	169
Non-Hispanic	50.4%	(47.4%-53.4%)	9,825	52.3%	(48.8%-55.8%)	4,983	48.7%	(45.7%-51.7%)	4,676
<b>----Race----</b>									
American Indian or Alaskan Native	39.8%	(29.6%-50.0%)~	157	45.5%	(28.3%-62.8%)~	61	37.4%	(27.8%-46.9%)	95
Asian	24.1%	(11.3%-37.0%)~	68	26.9%	(10.2%-43.6%)~	40	21.9%	(3.2%-40.6%)~	28
Black or African American	13.3%	(6.7%-19.8%)	123	9.6%	(3.1%-16.1%)	46	16.7%	(9.1%-24.3%)	74
Native Hawaiian or Other Pacific Islander	45.0%	(26.6%-63.3%)~	37	70.7%	(44.8%-96.5%)~	18	35.2%	(14.0%-56.3%)~	19
White	52.2%	(49.9%-54.5%)	10,668	53.7%	(50.7%-56.6%)	5,245	51.1%	(48.7%-53.6%)	5,254
Multiple Races	42.8%	(36.7%-48.8%)	373	44.3%	(35.4%-53.3%)	190	41.5%	(34.4%-48.5%)	173

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	53.8%	(39.7%-67.9%)~	672	54.3%	(35.0%-73.6%)~	333	52.5%	(40.2%-64.8%)~	321
Central Maine PHD	46.7%	(42.5%-50.9%)	1,440	49.0%	(44.4%-53.6%)	718	45.3%	(36.4%-54.1%)	709
Cumberland PHD	50.0%	(42.3%-57.7%)	2,606	50.5%	(44.1%-56.8%)	1,265	50.2%	(40.7%-59.7%)	1,315
Downeast PHD	50.6%	(44.7%-56.5%)	711	48.8%	(38.2%-59.4%)~	329	52.3%	(45.1%-59.5%)	366
Mid-Coast PHD	54.2%	(50.3%-58.2%)	1,362	59.4%	(53.6%-65.1%)	721	50.1%	(46.0%-54.2%)	616
Penquis PHD	49.7%	(45.1%-54.4%)	1,447	50.4%	(44.0%-56.7%)	729	49.9%	(44.9%-55.0%)	698
Western Maine PHD	45.1%	(39.0%-51.2%)	1,809	47.4%	(41.9%-52.9%)	908	42.9%	(36.0%-49.9%)	858
York PHD	49.2%	(43.6%-54.8%)	1,827	49.2%	(40.0%-58.4%)	860	48.7%	(45.9%-51.6%)	917

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48\_2)  
Percentage of students who answered 'Yes' (Excludes "Not sure" responses from e48)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	58.0%	(54.9%-61.1%)	11,860	59.8%	(56.0%-63.5%)	5,831	56.5%	(53.5%-59.5%)	5,797
<b>----Age----</b>									
10 or younger	55.4%	(51.8%-59.0%)	3,042	56.5%	(51.7%-61.3%)	1,537	54.7%	(49.9%-59.4%)	1,429
11	59.1%	(55.9%-62.3%)	6,027	61.8%	(57.5%-66.1%)	3,020	56.7%	(53.5%-60.0%)	2,905
12 or older	58.8%	(54.0%-63.6%)	2,745	59.3%	(52.7%-65.9%)	1,248	58.4%	(54.0%-62.8%)	1,451
<b>----Grade----</b>									
Grade 5	55.7%	(52.4%-59.1%)	5,520	56.8%	(52.7%-60.9%)	2,641	55.0%	(51.2%-58.9%)	2,737
Grade 6	60.0%	(56.0%-63.9%)	6,265	62.2%	(57.3%-67.2%)	3,153	57.8%	(54.2%-61.5%)	3,027
<b>----Hispanic Ethnicity----</b>									
Hispanic	49.5%	(43.2%-55.9%)	306	46.0%	(35.5%-56.6%)~	132	51.9%	(43.1%-60.7%)	169
Non-Hispanic	59.0%	(55.7%-62.4%)	9,825	61.5%	(57.7%-65.4%)	4,983	56.7%	(53.4%-60.0%)	4,676
<b>----Race----</b>									
American Indian or Alaskan Native	44.0%	(33.4%-54.7%)~	157	49.2%	(31.5%-66.9%)~	61	42.0%	(31.7%-52.3%)~	95
Asian	28.9%	(14.1%-43.7%)~	68	33.1%	(13.9%-52.4%)~	40	24.4%	(4.3%-44.4%)~	28
Black or African American	15.0%	(7.8%-22.3%)	123	11.3%	(4.3%-18.3%)	46	18.2%	(9.7%-26.7%)	74
Native Hawaiian or Other Pacific Islander	48.2%	(28.7%-67.8%)~	37	*	*	*	*	*	*
White	61.4%	(59.1%-63.7%)	10,668	63.3%	(60.3%-66.2%)	5,245	59.9%	(57.5%-62.3%)	5,254
Multiple Races	49.9%	(42.4%-57.4%)	373	52.0%	(41.7%-62.2%)~	190	48.6%	(40.4%-56.9%)	173

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes "Not sure" responses from e48) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48\_2)  
Percentage of students who answered 'Yes' (Excludes "Not sure" responses from e48)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	60.5%	(46.4%-74.6%)~	672	62.1%	(43.1%-81.0%)~	333	58.5%	(46.9%-70.1%)~	321
Central Maine PHD	55.3%	(52.4%-58.2%)	1,440	58.7%	(54.6%-62.7%)	718	52.7%	(44.9%-60.5%)	709
Cumberland PHD	60.0%	(50.5%-69.4%)	2,606	61.7%	(52.2%-71.3%)	1,265	58.9%	(49.5%-68.3%)	1,315
Downeast PHD	59.0%	(53.5%-64.5%)	711	57.9%	(47.6%-68.1%)~	329	60.4%	(52.6%-68.1%)	366
Mid-Coast PHD	64.0%	(59.9%-68.1%)	1,362	69.5%	(63.2%-75.8%)	721	59.5%	(55.3%-63.6%)	616
Penquis PHD	58.7%	(53.9%-63.5%)	1,447	58.7%	(53.0%-64.3%)	729	59.8%	(54.3%-65.4%)	698
Western Maine PHD	53.2%	(46.7%-59.7%)	1,809	56.0%	(50.0%-62.0%)	908	50.5%	(42.7%-58.2%)	858
York PHD	57.7%	(51.8%-63.6%)	1,827	58.1%	(48.6%-67.5%)	860	56.9%	(53.4%-60.4%)	917

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (Excludes "Not sure" responses from e48) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 15 Assets**



## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*On an average school day, how long after school are you alone without a parent or trusted adult? (en62a)*

*Percentage of students who answered '2 hours or more'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.0%	(17.5%-20.4%)	4,547	17.8%	(15.9%-19.8%)	2,051	20.0%	(18.4%-21.6%)	2,392
<b>----Age----</b>									
10 or younger	14.0%	(11.8%-16.2%)	921	12.3%	(9.1%-15.5%)	403	15.9%	(12.3%-19.4%)	488
11	19.3%	(17.8%-20.9%)	2,285	19.3%	(17.2%-21.4%)	1,094	19.3%	(17.5%-21.2%)	1,149
12 or older	23.6%	(21.1%-26.1%)	1,289	21.5%	(17.5%-25.5%)	532	25.7%	(23.1%-28.3%)	745
<b>----Grade----</b>									
Grade 5	15.4%	(14.2%-16.6%)	1,818	14.8%	(12.4%-17.2%)	831	15.9%	(14.0%-17.8%)	929
Grade 6	22.3%	(20.2%-24.4%)	2,690	20.8%	(18.0%-23.6%)	1,216	23.7%	(21.7%-25.7%)	1,438
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.7%	(19.4%-29.9%)	172	23.9%	(13.9%-33.9%)	76	24.4%	(17.5%-31.2%)	90
Non-Hispanic	19.5%	(17.9%-21.0%)	3,784	18.1%	(16.0%-20.2%)	1,718	20.9%	(19.2%-22.7%)	2,011
<b>----Race----</b>									
American Indian or Alaskan Native	19.5%	(12.4%-26.6%)	77	20.7%	(9.7%-31.7%)~	29	19.4%	(10.7%-28.1%)	48
Asian	18.5%	(10.8%-26.1%)	50	10.2%	(1.2%-19.2%)	14	28.5%	(17.7%-39.3%)~	36
Black or African American	18.8%	(12.1%-25.5%)	176	16.5%	(9.3%-23.8%)	77	20.6%	(13.5%-27.6%)	94
Native Hawaiian or Other Pacific Islander	34.2%	(16.9%-51.5%)~	27	50.1%	(15.1%-85.1%)~	12	28.9%	(8.4%-49.3%)~	15
White	19.0%	(17.4%-20.6%)	3,872	17.8%	(15.6%-19.9%)	1,729	20.0%	(18.4%-21.7%)	2,057
Multiple Races	23.7%	(18.4%-29.0%)	207	22.9%	(13.1%-32.7%)	98	23.8%	(17.8%-29.9%)	100

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered '2 hours or more' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*On an average school day, how long after school are you alone without a parent or trusted adult? (en62a)  
Percentage of students who answered '2 hours or more'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	19.1%	(13.4%-24.7%)	237	16.6%	(11.2%-21.9%)	100	21.4%	(12.4%-30.3%)	131
Central Maine PHD	17.7%	(14.4%-21.0%)	541	14.1%	(9.7%-18.5%)	206	20.4%	(16.3%-24.5%)	315
Cumberland PHD	17.8%	(14.8%-20.8%)	917	14.6%	(11.5%-17.7%)	361	20.9%	(16.9%-25.0%)	544
Downeast PHD	14.3%	(8.8%-19.9%)	196	12.7%	(6.1%-19.2%)	82	16.4%	(11.4%-21.4%)	113
Mid-Coast PHD	18.7%	(14.5%-22.9%)	466	15.9%	(11.6%-20.3%)	194	22.0%	(16.1%-27.9%)	266
Penquis PHD	20.6%	(18.1%-23.1%)	608	20.4%	(15.1%-25.7%)	297	21.6%	(18.6%-24.5%)	308
Western Maine PHD	20.6%	(16.7%-24.5%)	822	21.2%	(16.5%-25.9%)	406	19.9%	(16.1%-23.6%)	393
York PHD	19.9%	(16.4%-23.4%)	739	20.3%	(15.3%-25.4%)	353	19.1%	(15.8%-22.4%)	362

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered '2 hours or more' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you agree or disagree that you have parents or guardians who try to help you succeed? (en49a)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	91.1%	(90.2%-92.0%)	21,914	89.4%	(88.2%-90.7%)	10,300	93.0%	(92.1%-93.9%)	11,162
<b>----Age----</b>									
10 or younger	92.6%	(91.2%-93.9%)	6,098	91.6%	(89.9%-93.2%)	3,010	93.6%	(91.8%-95.4%)	2,899
11	91.2%	(90.1%-92.3%)	10,818	89.6%	(88.1%-91.2%)	5,108	93.2%	(91.9%-94.5%)	5,543
12 or older	89.2%	(87.6%-90.8%)	4,902	86.5%	(83.8%-89.2%)	2,143	92.1%	(90.1%-94.1%)	2,688
<b>----Grade----</b>									
Grade 5	91.3%	(89.9%-92.7%)	10,722	90.4%	(88.5%-92.2%)	5,037	92.5%	(91.1%-94.0%)	5,403
Grade 6	90.9%	(89.7%-92.1%)	11,065	88.5%	(86.6%-90.4%)	5,217	93.4%	(92.2%-94.7%)	5,704
<b>----Hispanic Ethnicity----</b>									
Hispanic	84.9%	(81.2%-88.6%)	584	77.3%	(70.3%-84.2%)	248	92.9%	(87.2%-98.7%)	332
Non-Hispanic	91.3%	(90.3%-92.3%)	17,791	89.7%	(88.2%-91.1%)	8,522	93.1%	(92.0%-94.2%)	8,968
<b>----Race----</b>									
American Indian or Alaskan Native	89.6%	(85.2%-94.0%)	353	90.5%	(83.3%-97.7%)	124	90.1%	(84.4%-95.8%)	224
Asian	85.5%	(76.5%-94.5%)	238	79.4%	(64.2%-94.6%)~	114	91.6%	(81.0%-100.0%)	118
Black or African American	88.2%	(85.4%-91.1%)	820	86.4%	(79.7%-93.2%)	412	90.4%	(84.6%-96.3%)	405
Native Hawaiian or Other Pacific Islander	85.9%	(74.5%-97.2%)~	70	*	*	*	*	*	*
White	91.7%	(90.8%-92.5%)	18,728	89.8%	(88.6%-91.0%)	8,757	93.6%	(92.6%-94.6%)	9,624
Multiple Races	85.5%	(79.5%-91.5%)	749	85.8%	(79.7%-91.9%)	365	89.1%	(83.8%-94.5%)	379

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree that you have parents or guardians who try to help you succeed? (en49a)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	91.8%	(90.0%-93.6%)	1,160	92.8%	(88.7%-96.9%)	573	91.5%	(85.6%-97.3%)	564
Central Maine PHD	89.8%	(87.5%-92.2%)	2,748	88.9%	(84.6%-93.1%)	1,295	91.0%	(88.8%-93.2%)	1,416
Cumberland PHD	93.7%	(92.0%-95.4%)	4,890	90.3%	(86.8%-93.9%)	2,280	97.0%	(95.8%-98.3%)	2,531
Downeast PHD	88.6%	(85.5%-91.6%)	1,254	86.4%	(82.5%-90.3%)	583	91.0%	(84.8%-97.2%)	644
Mid-Coast PHD	93.2%	(90.7%-95.8%)	2,330	93.2%	(90.5%-95.9%)	1,121	93.9%	(90.8%-97.1%)	1,154
Penquis PHD	88.5%	(86.1%-90.9%)	2,585	87.8%	(85.1%-90.4%)	1,262	90.0%	(87.3%-92.7%)	1,272
Western Maine PHD	89.5%	(87.3%-91.7%)	3,569	88.5%	(85.6%-91.5%)	1,689	90.5%	(88.5%-92.5%)	1,798
York PHD	91.1%	(89.4%-92.9%)	3,395	89.1%	(87.0%-91.1%)	1,551	93.6%	(91.9%-95.3%)	1,781

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2023 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	80.5%	(79.0%-82.0%)	19,398	80.4%	(78.4%-82.4%)	9,274	80.8%	(79.1%-82.5%)	9,707
<b>----Age----</b>									
10 or younger	83.6%	(81.5%-85.8%)	5,520	83.6%	(81.0%-86.2%)	2,762	84.0%	(81.4%-86.6%)	2,595
11	80.5%	(78.7%-82.3%)	9,571	80.8%	(78.6%-83.0%)	4,609	80.3%	(77.9%-82.7%)	4,796
12 or older	76.9%	(74.5%-79.3%)	4,209	75.3%	(71.2%-79.5%)	1,859	78.5%	(76.1%-80.8%)	2,283
<b>----Grade----</b>									
Grade 5	83.5%	(81.4%-85.6%)	9,851	84.2%	(81.5%-86.8%)	4,719	83.1%	(80.7%-85.5%)	4,867
Grade 6	77.7%	(75.8%-79.6%)	9,445	76.9%	(74.2%-79.6%)	4,520	78.6%	(76.2%-80.9%)	4,791
<b>----Hispanic Ethnicity----</b>									
Hispanic	75.2%	(70.0%-80.3%)	519	75.5%	(67.6%-83.3%)	241	74.6%	(66.6%-82.7%)	270
Non-Hispanic	80.0%	(78.4%-81.7%)	15,622	79.9%	(77.7%-82.1%)	7,610	80.4%	(78.4%-82.3%)	7,739
<b>----Race----</b>									
American Indian or Alaskan Native	73.6%	(65.8%-81.4%)	289	76.5%	(64.6%-88.4%)~	104	72.8%	(61.5%-84.0%)~	180
Asian	78.9%	(68.0%-89.7%)~	219	80.8%	(65.6%-96.0%)~	116	80.0%	(67.7%-92.4%)~	103
Black or African American	80.1%	(75.1%-85.0%)	751	82.7%	(75.3%-90.1%)	398	77.5%	(71.2%-83.7%)	350
Native Hawaiian or Other Pacific Islander	63.4%	(42.1%-84.7%)~	54	62.0%	(29.2%-94.8%)~	16	62.1%	(34.2%-89.9%)~	35
White	80.9%	(79.3%-82.4%)	16,523	80.6%	(78.4%-82.7%)	7,852	81.2%	(79.5%-82.9%)	8,356
Multiple Races	76.5%	(70.1%-82.9%)	672	72.3%	(63.5%-81.2%)	310	81.5%	(74.7%-88.2%)	346

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	80.0%	(69.0%-91.0%)~	1,005	78.1%	(63.4%-92.7%)~	482	82.1%	(73.6%-90.7%)	500
Central Maine PHD	82.6%	(80.5%-84.8%)	2,515	84.5%	(82.8%-86.3%)	1,233	80.2%	(77.1%-83.4%)	1,234
Cumberland PHD	81.8%	(80.1%-83.4%)	4,263	78.1%	(75.0%-81.2%)	1,971	85.1%	(82.3%-87.9%)	2,216
Downeast PHD	77.9%	(70.9%-84.9%)	1,103	79.4%	(71.5%-87.2%)	536	76.2%	(67.4%-85.0%)	544
Mid-Coast PHD	84.8%	(81.5%-88.1%)	2,132	87.6%	(83.6%-91.6%)	1,059	83.3%	(79.3%-87.3%)	1,030
Penquis PHD	74.1%	(68.0%-80.2%)	2,155	72.3%	(64.3%-80.2%)	1,035	75.6%	(69.9%-81.3%)	1,069
Western Maine PHD	81.2%	(77.7%-84.8%)	3,253	82.7%	(78.4%-87.0%)	1,575	80.0%	(75.3%-84.7%)	1,602
York PHD	79.8%	(77.2%-82.4%)	2,981	80.1%	(75.3%-84.8%)	1,398	80.5%	(76.5%-84.4%)	1,530

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.