



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND
RACE**

**CUMBERLAND PHD
2021 MIYHS MIDDLE SCHOOL REPORT**

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Demographics

| | % | CI | N | n |
|---|-------|-------------------|-------|-------|
| Total | 21.2% | | 5,732 | 3,558 |
| ----Sex---- | | | | |
| Female | 47.6% | (45.7% - 49.6%) | 2,731 | 1,706 |
| Male | 49.9% | (47.5% - 52.2%) | 2,858 | 1,761 |
| Missing | 2.5% | (1.9% - 3.0%) | 143 | 91 |
| ----Grade---- | | | | |
| Grade 7 | 49.5% | (47.5% - 51.6%) | 2,839 | 1,749 |
| Grade 8 | 49.5% | (47.4% - 51.6%) | 2,840 | 1,774 |
| Missing | 0.9% | (0.4% - 1.4%) | 53 | 35 |
| ----Age---- | | | | |
| 12 or younger | 42.2% | (40.6% - 43.9%) | 2,419 | 1,489 |
| 13 | 49.0% | (47.8% - 50.1%) | 2,808 | 1,755 |
| 14 or older | 8.5% | (7.3% - 9.6%) | 486 | 301 |
| Missing | 0.3% | (0.2% - 0.5%) | 19 | 13 |
| ----Hispanic Ethnicity---- | | | | |
| Hispanic | 3.7% | (2.8% - 4.6%) | 211 | 163 |
| Non-Hispanic | 90.3% | (89.2% - 91.4%) | 5,178 | 3,180 |
| Missing | 6.0% | (5.0% - 6.9%) | 344 | 215 |
| ----Race---- | | | | |
| American Indian or Alaskan Native | 1.6% | (1.1% - 2.0%) | 90 | 68 |
| Asian | 3.3% | (2.3% - 4.4%) | 190 | 147 |
| Black or African American | 6.4% | (2.2% - 10.6%) | 367 | 282 |
| Native Hawaiian or Other Pacific Islander | 0.3% | (0.1% - 0.5%) | 18 | 14 |
| White | 80.5% | (74.7% - 86.2%) | 4,613 | 2,713 |

*Estimate suppressed due to small cell sizes

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Demographics

| | % | CI | N | n |
|----------------|----------|-----------------|----------|----------|
| Multiple Races | 4.4% | (3.7% - 5.1%) | 251 | 197 |
| Missing | 3.5% | (2.2% - 4.9%) | 203 | 137 |

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Demographics

| | % | CI | N | n |
|---------------------|--------|---------------------|-------|-------|
| ---County--- | | | | |
| Cumberland County | 100.0% | (100.0% - 100.0%) | 5,732 | 3,558 |

**Estimate suppressed due to small cell sizes
 ^Data not shown due to low response rate.*

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) –
SELF-REPORTED HEIGHT/WEIGHT (mnowt)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 15.5% | (13.6%-17.4%) | 677 | 14.0% | (10.9%-17.0%) | 282 | 16.8% | (14.5%-19.1%) | 395 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 17.5% | (15.3%-19.7%) | 317 | 17.4% | (13.9%-21.0%) | 156 | 17.6% | (14.1%-21.0%) | 161 |
| 13 | 14.0% | (10.8%-17.2%) | 307 | 11.7% | (7.3%-16.1%) | 116 | 15.9% | (11.7%-20.0%) | 191 |
| 14 or older | 14.3% | (6.0%-22.7%) | 52 | 7.3% | (0.0%-15.1%) | 9 | 18.3% | (6.5%-30.0%) | 43 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 16.7% | (14.1%-19.3%) | 349 | 17.3% | (13.3%-21.3%) | 169 | 16.2% | (13.0%-19.4%) | 180 |
| Grade 8 | 14.3% | (11.9%-16.7%) | 325 | 10.9% | (7.1%-14.8%) | 113 | 17.2% | (14.1%-20.3%) | 212 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 26.8% | (17.1%-36.5%) | 39 | 21.6% | (8.7%-34.5%) | 12 | 30.2% | (18.7%-41.7%) | 26 |
| Non-Hispanic | 14.8% | (12.7%-16.9%) | 596 | 13.5% | (9.8%-17.2%) | 256 | 16.0% | (13.5%-18.5%) | 340 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 18.9% | (4.5%-33.3%) | 11 | * | * | * | * | * | * |
| Asian | 17.1% | (2.7%-31.4%) | 21 | 17.1% | (3.4%-30.8%) | 8 | 17.1% | (0.0%-37.5%) | 13 |
| Black or African American | 25.3% | (14.7%-35.9%) | 54 | 32.7% | (19.4%-46.0%) | 31 | 19.5% | (7.3%-31.7%) | 24 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 14.5% | (12.6%-16.3%) | 528 | 12.4% | (9.1%-15.7%) | 212 | 16.4% | (13.9%-18.8%) | 316 |
| Multiple Races | 17.4% | (7.3%-27.5%) | 37 | 14.9% | (0.3%-29.5%) | 14 | 19.5% | (8.7%-30.3%) | 23 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) – SELF-REPORTED HEIGHT/WEIGHT (weighted). Note:

Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 12.1% | (10.1%-14.1%) | 528 | 10.3% | (7.6%-12.9%) | 207 | 13.6% | (10.7%-16.6%) | 321 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 11.9% | (9.9%-13.8%) | 215 | 12.0% | (8.1%-16.0%) | 108 | 11.7% | (8.7%-14.7%) | 107 |
| 13 | 12.1% | (9.1%-15.1%) | 266 | 8.3% | (5.1%-11.4%) | 82 | 15.3% | (10.9%-19.7%) | 184 |
| 14 or older | 12.9% | (7.3%-18.4%) | 47 | 13.2% | (0.0%-32.6%) | 17 | 12.7% | (6.4%-19.0%) | 30 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 11.1% | (9.3%-12.8%) | 231 | 11.8% | (8.0%-15.7%) | 115 | 10.4% | (7.7%-13.1%) | 115 |
| Grade 8 | 13.1% | (9.9%-16.3%) | 297 | 8.9% | (4.8%-12.9%) | 92 | 16.7% | (12.0%-21.3%) | 205 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 12.1% | (2.2%-22.0%) | 18 | * | * | * | * | * | * |
| Non-Hispanic | 12.1% | (10.2%-14.1%) | 488 | 10.3% | (7.8%-12.7%) | 195 | 13.8% | (10.6%-17.0%) | 293 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 17.8% | (1.5%-34.1%) | 11 | * | * | * | * | * | * |
| Asian | 15.4% | (4.8%-26.0%) | 19 | * | * | * | * | * | * |
| Black or African American | 18.2% | (8.9%-27.6%) | 39 | 16.0% | (7.1%-25.0%) | 15 | 20.0% | (7.9%-32.1%) | 24 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 11.0% | (8.9%-13.1%) | 401 | 9.0% | (6.0%-12.0%) | 154 | 12.8% | (9.4%-16.2%) | 247 |
| Multiple Races | 14.7% | (6.6%-22.8%) | 31 | 21.5% | (9.8%-33.3%) | 21 | 9.1% | (2.2%-16.0%) | 11 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) --
SELF-REPORTED HEIGHT/WEIGHT (mnowtob)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 27.5% | (24.3%-30.7%) | 1,204 | 24.2% | (20.3%-28.1%) | 489 | 30.4% | (27.1%-33.7%) | 716 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 29.4% | (25.9%-32.9%) | 532 | 29.4% | (23.8%-35.0%) | 264 | 29.3% | (24.5%-34.1%) | 268 |
| 13 | 26.1% | (21.6%-30.6%) | 573 | 20.0% | (13.9%-26.0%) | 198 | 31.1% | (26.7%-35.5%) | 375 |
| 14 or older | 27.2% | (15.3%-39.1%) | 99 | 20.4% | (1.6%-39.2%) | 26 | 31.0% | (20.9%-41.1%) | 73 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 27.8% | (24.0%-31.6%) | 580 | 29.1% | (23.2%-35.0%) | 284 | 26.6% | (22.0%-31.3%) | 296 |
| Grade 8 | 27.4% | (23.3%-31.5%) | 622 | 19.8% | (13.8%-25.8%) | 205 | 33.8% | (29.5%-38.2%) | 417 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 38.9% | (30.5%-47.2%) | 57 | 43.1% | (26.4%-59.9%) | 25 | 36.1% | (23.3%-48.9%) | 32 |
| Non-Hispanic | 26.9% | (23.5%-30.3%) | 1,084 | 23.8% | (19.7%-27.8%) | 451 | 29.7% | (26.0%-33.5%) | 633 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 36.7% | (9.4%-64.0%) | 22 | 26.1% | (0.0%-58.2%) | 6 | 43.5% | (11.0%-76.0%) | 16 |
| Asian | 32.5% | (24.0%-41.0%) | 40 | 23.1% | (9.0%-37.1%) | 10 | 38.0% | (25.1%-50.9%) | 29 |
| Black or African American | 43.5% | (24.8%-62.2%) | 94 | 48.8% | (32.8%-64.7%) | 46 | 39.5% | (16.6%-62.3%) | 48 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 25.5% | (22.0%-28.9%) | 928 | 21.4% | (17.5%-25.2%) | 366 | 29.1% | (24.9%-33.3%) | 563 |
| Multiple Races | 32.1% | (24.4%-39.8%) | 69 | 36.4% | (22.5%-50.3%) | 35 | 28.6% | (19.6%-37.6%) | 34 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) – SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 69.0% | (65.3%-72.7%) | 3,017 | 73.8% | (69.7%-78.0%) | 1,491 | 64.9% | (60.7%-69.0%) | 1,527 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 67.6% | (63.6%-71.5%) | 1,225 | 68.4% | (62.7%-74.1%) | 615 | 66.8% | (60.9%-72.6%) | 610 |
| 13 | 70.1% | (65.5%-74.8%) | 1,540 | 78.0% | (71.9%-84.0%) | 773 | 63.7% | (59.0%-68.4%) | 767 |
| 14 or older | 69.2% | (58.1%-80.3%) | 253 | 79.6% | (60.8%-98.4%) | 103 | 63.5% | (54.2%-72.8%) | 149 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 68.6% | (64.3%-73.0%) | 1,432 | 68.9% | (62.5%-75.4%) | 673 | 68.4% | (63.0%-73.8%) | 760 |
| Grade 8 | 69.2% | (64.8%-73.6%) | 1,569 | 78.2% | (72.4%-84.1%) | 809 | 61.6% | (57.0%-66.2%) | 760 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 59.1% | (50.2%-68.0%) | 86 | 56.9% | (40.1%-73.6%) | 33 | 60.6% | (47.1%-74.1%) | 53 |
| Non-Hispanic | 69.6% | (65.7%-73.5%) | 2,803 | 74.3% | (69.8%-78.7%) | 1,407 | 65.5% | (60.9%-70.1%) | 1,396 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 58.4% | (27.0%-89.8%) | 34 | 73.9% | (41.8%-100.0%) | 17 | 48.5% | (10.2%-86.8%) | 17 |
| Asian | 58.8% | (48.1%-69.6%) | 72 | 76.9% | (62.9%-91.0%) | 35 | 48.2% | (33.1%-63.3%) | 37 |
| Black or African American | 51.2% | (34.3%-68.2%) | 110 | 51.2% | (35.3%-67.2%) | 48 | 51.2% | (31.6%-70.9%) | 62 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 71.4% | (67.2%-75.5%) | 2,600 | 76.8% | (72.5%-81.1%) | 1,314 | 66.6% | (61.4%-71.7%) | 1,287 |
| Multiple Races | 65.7% | (58.1%-73.2%) | 140 | 61.2% | (48.6%-73.8%) | 59 | 69.3% | (60.0%-78.6%) | 81 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) – SELF-REPORTED HEIGHT/WEIGHT (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
What language is spoken most often at home? (Select only one response.) (mn8b)
Percentage of students who answered something other than 'English'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 8.6% | (4.1%-13.2%) | 487 | 9.5% | (5.1%-13.9%) | 255 | 7.7% | (2.8%-12.5%) | 216 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 9.1% | (4.0%-14.1%) | 217 | 9.9% | (5.1%-14.7%) | 121 | 7.7% | (2.0%-13.3%) | 85 |
| 13 | 8.1% | (4.0%-12.2%) | 224 | 8.9% | (4.6%-13.3%) | 115 | 7.4% | (3.4%-11.5%) | 106 |
| 14 or older | 9.1% | (2.7%-15.4%) | 43 | 9.7% | (2.9%-16.4%) | 18 | 8.5% | (1.3%-15.8%) | 24 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 9.2% | (3.9%-14.5%) | 259 | 10.2% | (5.0%-15.4%) | 139 | 7.6% | (2.0%-13.2%) | 105 |
| Grade 8 | 8.0% | (3.7%-12.2%) | 223 | 8.4% | (4.0%-12.9%) | 110 | 7.8% | (3.4%-12.2%) | 112 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 30.1% | (20.5%-39.6%) | 60 | 40.9% | (30.6%-51.2%) | 42 | 19.7% | (8.1%-31.3%) | 18 |
| Non-Hispanic | 7.7% | (3.4%-12.1%) | 397 | 8.1% | (3.9%-12.4%) | 201 | 7.2% | (2.7%-11.7%) | 183 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 7.7% | (1.5%-13.9%) | 7 | * | * | * | * | * | * |
| Asian | 46.8% | (32.4%-61.2%) | 87 | 52.5% | (38.7%-66.2%) | 41 | 42.6% | (27.1%-58.2%) | 46 |
| Black or African American | 56.9% | (46.0%-67.9%) | 197 | 54.4% | (42.0%-66.7%) | 92 | 59.2% | (45.6%-72.8%) | 99 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.6% | (1.7%-3.5%) | 120 | 3.2% | (2.2%-4.2%) | 71 | 2.0% | (0.7%-3.2%) | 45 |
| Multiple Races | 4.1% | (0.5%-7.6%) | 10 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Which of the following best describes you? (mn213)

Percentage of students who answered 'Gay or lesbian', 'Bisexual', or 'I describe my sexual identity some other way'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 19.3% | (16.4%-22.2%) | 1,076 | 28.4% | (23.4%-33.4%) | 751 | 7.2% | (5.4%-9.0%) | 200 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 19.9% | (16.2%-23.6%) | 471 | 27.3% | (22.1%-32.5%) | 333 | 7.0% | (4.1%-9.8%) | 74 |
| 13 | 19.8% | (15.6%-24.0%) | 542 | 31.0% | (24.2%-37.7%) | 392 | 7.5% | (4.2%-10.8%) | 106 |
| 14 or older | 13.2% | (9.3%-17.1%) | 61 | 16.6% | (8.8%-24.5%) | 26 | 6.8% | (2.5%-11.0%) | 20 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 20.1% | (16.7%-23.6%) | 550 | 27.9% | (22.2%-33.6%) | 369 | 8.3% | (6.1%-10.6%) | 110 |
| Grade 8 | 18.5% | (15.0%-22.0%) | 518 | 28.8% | (22.9%-34.8%) | 377 | 6.2% | (3.7%-8.8%) | 90 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 18.1% | (10.6%-25.5%) | 33 | 18.8% | (4.8%-32.9%) | 17 | 17.8% | (7.5%-28.1%) | 17 |
| Non-Hispanic | 19.9% | (16.8%-23.0%) | 1,009 | 29.0% | (24.2%-33.9%) | 708 | 7.2% | (5.4%-9.0%) | 180 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 27.9% | (15.2%-40.6%) | 25 | * | * | * | * | * | * |
| Asian | 18.1% | (10.3%-25.8%) | 32 | 20.6% | (7.1%-34.0%) | 16 | 16.1% | (6.3%-26.0%) | 16 |
| Black or African American | 12.2% | (7.3%-17.0%) | 41 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | 39.4% | (2.6%-76.2%) | 8 | * | * | * | * | * | * |
| White | 18.7% | (15.2%-22.2%) | 838 | 27.7% | (22.1%-33.4%) | 592 | 7.1% | (4.9%-9.4%) | 160 |
| Multiple Races | 31.8% | (22.5%-41.0%) | 83 | 45.3% | (29.9%-60.7%) | 56 | 12.5% | (3.2%-21.7%) | 16 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Gay or lesbian', 'Bisexual', or 'I describe my sexual identity some other way' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Which of the following best describes you? (m213_2)

Percentage of students who answered 'I am not sure about my sexual identity (questioning)'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|-------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 7.1% | (5.4%-8.8%) | 396 | 10.2% | (7.1%-13.4%) | 270 | 4.1% | (2.5%-5.7%) | 113 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 9.7% | (7.6%-11.7%) | 230 | 13.1% | (9.5%-16.8%) | 161 | 5.6% | (2.8%-8.4%) | 59 |
| 13 | 5.2% | (3.1%-7.4%) | 143 | 7.9% | (4.4%-11.5%) | 101 | 2.9% | (0.6%-5.2%) | 40 |
| 14 or older | 4.2% | (0.4%-8.1%) | 19 | 5.8% | (0.0%-13.2%) | 9 | 3.6% | (0.0%-7.7%) | 10 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 8.8% | (7.0%-10.5%) | 239 | 12.2% | (8.8%-15.6%) | 161 | 5.2% | (3.0%-7.4%) | 68 |
| Grade 8 | 5.5% | (3.1%-7.9%) | 154 | 8.1% | (4.4%-11.9%) | 106 | 3.1% | (0.7%-5.5%) | 45 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.6% | (1.2%-9.9%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 7.1% | (5.4%-8.9%) | 361 | 10.8% | (7.6%-14.0%) | 263 | 3.7% | (2.1%-5.2%) | 92 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 7.3% | (0.2%-14.3%) | 13 | * | * | * | * | * | * |
| Black or African American | 6.2% | (2.2%-10.1%) | 21 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 7.1% | (5.3%-8.9%) | 319 | 9.8% | (6.5%-13.2%) | 210 | 4.3% | (2.7%-6.0%) | 97 |
| Multiple Races | 8.9% | (3.8%-13.9%) | 23 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'I am not sure about my sexual identity (questioning)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

During the past 30 days, where did you usually sleep? (mn187a_2)

Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)

| | Total | | | Female | | | Male | | |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.9% | (1.2%-2.5%) | 107 | 1.8% | (1.0%-2.5%) | 48 | 2.0% | (1.2%-2.8%) | 57 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.6% | (0.8%-2.3%) | 38 | 1.6% | (0.4%-2.8%) | 19 | 1.5% | (0.6%-2.5%) | 17 |
| 13 | 2.0% | (1.1%-2.8%) | 55 | 1.8% | (0.6%-3.0%) | 24 | 2.2% | (1.0%-3.3%) | 31 |
| 14 or older | 2.7% | (0.6%-4.9%) | 13 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.1% | (1.3%-2.9%) | 59 | 2.0% | (0.9%-3.2%) | 28 | 2.1% | (1.1%-3.2%) | 29 |
| Grade 8 | 1.6% | (0.7%-2.4%) | 44 | 1.3% | (0.1%-2.4%) | 17 | 1.9% | (0.7%-3.0%) | 27 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 4.4% | (0.7%-8.1%) | 9 | * | * | * | * | * | * |
| Non-Hispanic | 1.8% | (1.1%-2.5%) | 93 | 1.5% | (0.7%-2.3%) | 38 | 2.1% | (1.2%-3.0%) | 53 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 5.5% | (3.7%-7.3%) | 20 | 5.3% | (1.6%-8.9%) | 9 | 6.1% | (3.3%-8.9%) | 11 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.4% | (1.0%-1.9%) | 66 | 1.2% | (0.5%-1.9%) | 27 | 1.7% | (1.0%-2.4%) | 39 |
| Multiple Races | 3.5% | (1.7%-5.3%) | 9 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 19.5% | (17.4%-21.6%) | 1,097 | 24.7% | (21.8%-27.6%) | 664 | 14.0% | (11.7%-16.3%) | 397 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 18.8% | (16.2%-21.4%) | 441 | 24.7% | (20.0%-29.4%) | 290 | 12.4% | (9.5%-15.2%) | 140 |
| 13 | 20.5% | (18.1%-22.9%) | 568 | 24.5% | (21.1%-28.0%) | 322 | 15.7% | (11.9%-19.5%) | 222 |
| 14 or older | 17.5% | (10.9%-24.2%) | 85 | 26.3% | (15.4%-37.2%) | 52 | 11.8% | (3.3%-20.3%) | 33 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 17.4% | (15.0%-19.9%) | 486 | 23.8% | (19.3%-28.3%) | 321 | 10.8% | (8.4%-13.1%) | 149 |
| Grade 8 | 21.3% | (18.1%-24.4%) | 596 | 25.5% | (22.3%-28.8%) | 337 | 16.6% | (12.1%-21.1%) | 238 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 21.8% | (8.8%-34.8%) | 48 | 25.9% | (7.0%-44.7%) | 31 | 16.0% | (3.1%-28.9%) | 15 |
| Non-Hispanic | 19.7% | (17.5%-21.9%) | 1,007 | 24.9% | (22.0%-27.8%) | 616 | 14.0% | (11.5%-16.5%) | 357 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 31.2% | (14.3%-48.2%) | 27 | 38.3% | (11.9%-64.8%) | 13 | 26.5% | (6.4%-46.7%) | 14 |
| Asian | 12.7% | (5.7%-19.6%) | 25 | 13.3% | (1.7%-24.8%) | 10 | 12.2% | (3.3%-21.2%) | 14 |
| Black or African American | 6.0% | (1.3%-10.6%) | 22 | 6.0% | (0.0%-12.1%) | 11 | 6.2% | (2.2%-10.3%) | 11 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 20.8% | (18.7%-23.0%) | 956 | 26.8% | (24.1%-29.5%) | 593 | 14.3% | (12.0%-16.6%) | 329 |
| Multiple Races | 22.3% | (11.6%-33.0%) | 49 | 25.6% | (10.0%-41.2%) | 27 | 18.3% | (6.9%-29.6%) | 19 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been using marijuana (also called pot or weed)? (mn200)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 10.4% | (8.0%-12.7%) | 578 | 12.4% | (8.9%-15.9%) | 326 | 8.5% | (6.1%-11.0%) | 237 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 8.6% | (5.7%-11.5%) | 204 | 11.9% | (8.1%-15.7%) | 145 | 5.2% | (2.0%-8.5%) | 56 |
| 13 | 11.3% | (8.9%-13.7%) | 305 | 12.5% | (8.9%-16.2%) | 156 | 10.0% | (7.3%-12.6%) | 140 |
| 14 or older | 14.5% | (8.9%-20.0%) | 69 | 15.4% | (7.6%-23.1%) | 26 | 13.8% | (6.0%-21.5%) | 40 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 9.0% | (6.5%-11.6%) | 249 | 13.0% | (9.0%-17.0%) | 171 | 5.4% | (3.1%-7.6%) | 72 |
| Grade 8 | 11.3% | (8.8%-13.9%) | 315 | 11.5% | (8.5%-14.5%) | 149 | 11.1% | (7.8%-14.3%) | 157 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 12.0% | (5.0%-18.9%) | 22 | 13.7% | (4.2%-23.2%) | 12 | 10.7% | (1.6%-19.8%) | 10 |
| Non-Hispanic | 10.7% | (8.3%-13.0%) | 540 | 12.4% | (8.8%-16.0%) | 301 | 9.0% | (6.6%-11.4%) | 225 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 25.3% | (10.7%-40.0%) | 23 | * | * | * | * | * | * |
| Asian | 4.4% | (0.0%-11.3%) | 8 | * | * | * | * | * | * |
| Black or African American | 5.2% | (1.2%-9.2%) | 18 | 4.4% | (0.0%-10.3%) | 7 | 6.3% | (0.8%-11.8%) | 11 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 10.3% | (8.1%-12.5%) | 458 | 12.0% | (8.4%-15.6%) | 255 | 8.8% | (6.8%-10.8%) | 196 |
| Multiple Races | 17.9% | (8.4%-27.5%) | 48 | 23.9% | (6.5%-41.3%) | 30 | 11.6% | (2.7%-20.4%) | 15 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever carried a weapon such as a gun, knife, or club on school property? (mn151)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.3% | (1.8%-2.9%) | 133 | 2.0% | (1.4%-2.5%) | 53 | 2.7% | (1.9%-3.4%) | 76 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.0% | (1.2%-2.9%) | 49 | 1.6% | (0.6%-2.6%) | 20 | 2.5% | (1.2%-3.7%) | 27 |
| 13 | 2.5% | (1.9%-3.2%) | 70 | 2.4% | (1.4%-3.4%) | 31 | 2.6% | (1.8%-3.4%) | 37 |
| 14 or older | 2.5% | (1.2%-3.7%) | 12 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.1% | (1.4%-2.9%) | 60 | 2.0% | (1.2%-2.7%) | 27 | 2.3% | (1.3%-3.2%) | 31 |
| Grade 8 | 2.4% | (1.8%-3.1%) | 68 | 1.9% | (1.1%-2.6%) | 25 | 2.9% | (2.0%-3.8%) | 42 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 2.3% | (1.7%-2.9%) | 120 | 2.1% | (1.6%-2.7%) | 53 | 2.5% | (1.7%-3.3%) | 63 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 2.1% | (0.7%-3.6%) | 8 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.1% | (1.5%-2.8%) | 98 | 2.1% | (1.4%-2.8%) | 46 | 2.1% | (1.2%-3.0%) | 48 |
| Multiple Races | 6.9% | (2.1%-11.8%) | 17 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Do you agree or disagree with the following statement? I feel safe at my school. (mn21)
Percentage of students who answered 'Strongly agree' or 'Agree'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 90.3% | (87.8%-92.7%) | 5,099 | 90.1% | (87.8%-92.4%) | 2,425 | 90.9% | (88.2%-93.7%) | 2,571 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 91.2% | (88.7%-93.7%) | 2,172 | 91.2% | (88.8%-93.6%) | 1,113 | 91.7% | (88.4%-94.9%) | 1,010 |
| 13 | 89.6% | (86.7%-92.6%) | 2,485 | 88.8% | (85.4%-92.3%) | 1,149 | 90.9% | (88.1%-93.7%) | 1,298 |
| 14 or older | 89.6% | (85.8%-93.5%) | 427 | 91.7% | (86.2%-97.1%) | 160 | 88.5% | (84.1%-92.9%) | 256 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 90.9% | (88.4%-93.5%) | 2,546 | 91.2% | (88.6%-93.8%) | 1,237 | 91.3% | (88.4%-94.2%) | 1,257 |
| Grade 8 | 89.8% | (87.0%-92.7%) | 2,521 | 89.2% | (86.4%-92.0%) | 1,172 | 90.8% | (87.6%-93.9%) | 1,305 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 87.4% | (82.5%-92.3%) | 175 | 88.4% | (80.6%-96.1%) | 90 | 86.8% | (80.1%-93.4%) | 80 |
| Non-Hispanic | 90.4% | (87.8%-92.9%) | 4,635 | 90.1% | (87.8%-92.5%) | 2,235 | 91.1% | (88.3%-94.0%) | 2,311 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 82.3% | (76.9%-87.7%) | 74 | 79.1% | (71.8%-86.4%) | 30 | 85.9% | (78.2%-93.6%) | 41 |
| Asian | 90.3% | (85.4%-95.3%) | 170 | * | * | * | * | * | * |
| Black or African American | 83.1% | (79.4%-86.9%) | 294 | 83.5% | (76.9%-90.1%) | 140 | 82.7% | (76.3%-89.1%) | 145 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 91.5% | (89.5%-93.4%) | 4,180 | 91.8% | (90.4%-93.3%) | 2,015 | 91.7% | (89.2%-94.2%) | 2,095 |
| Multiple Races | 84.6% | (80.4%-88.7%) | 209 | 81.1% | (74.6%-87.6%) | 96 | 88.0% | (83.5%-92.6%) | 105 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 16.9% | (14.4%-19.3%) | 950 | 20.2% | (16.8%-23.5%) | 542 | 13.0% | (10.4%-15.5%) | 369 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 16.3% | (12.5%-20.1%) | 382 | 18.7% | (13.6%-23.8%) | 220 | 12.7% | (8.6%-16.7%) | 143 |
| 13 | 17.8% | (14.8%-20.8%) | 495 | 22.2% | (17.7%-26.6%) | 289 | 13.1% | (10.1%-16.0%) | 186 |
| 14 or older | 14.9% | (8.8%-21.1%) | 72 | 16.3% | (8.4%-24.3%) | 32 | 14.4% | (4.5%-24.2%) | 40 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 16.6% | (12.7%-20.4%) | 463 | 19.9% | (14.6%-25.1%) | 270 | 12.3% | (8.8%-15.9%) | 172 |
| Grade 8 | 17.1% | (14.3%-19.9%) | 477 | 20.4% | (16.6%-24.2%) | 266 | 13.8% | (10.3%-17.2%) | 198 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 18.2% | (13.0%-23.5%) | 41 | 24.0% | (14.7%-33.4%) | 29 | 12.4% | (0.0%-25.1%) | 11 |
| Non-Hispanic | 17.1% | (14.6%-19.7%) | 873 | 20.5% | (17.2%-23.8%) | 505 | 13.0% | (10.6%-15.4%) | 332 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 32.8% | (19.2%-46.5%) | 29 | 48.3% | (27.4%-69.3%) | 18 | 21.3% | (1.8%-40.7%) | 11 |
| Asian | 15.4% | (6.4%-24.4%) | 31 | 14.2% | (3.3%-25.1%) | 12 | 16.3% | (2.8%-29.9%) | 19 |
| Black or African American | 13.9% | (2.6%-25.2%) | 49 | 16.5% | (5.3%-27.8%) | 28 | 10.4% | (0.0%-21.7%) | 19 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 16.5% | (14.0%-18.9%) | 757 | 19.9% | (16.4%-23.4%) | 440 | 12.4% | (9.8%-14.9%) | 287 |
| Multiple Races | 25.3% | (14.2%-36.4%) | 57 | 28.0% | (11.6%-44.3%) | 31 | 21.9% | (10.4%-33.5%) | 24 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever been bullied on school property? (mn22)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 34.8% | (31.6%-38.0%) | 1,974 | 40.2% | (36.5%-43.8%) | 1,086 | 28.5% | (25.0%-32.0%) | 809 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 35.1% | (31.6%-38.5%) | 841 | 39.4% | (35.9%-42.9%) | 482 | 29.2% | (24.9%-33.5%) | 324 |
| 13 | 34.4% | (30.3%-38.4%) | 956 | 40.4% | (34.6%-46.1%) | 523 | 27.7% | (24.2%-31.2%) | 397 |
| 14 or older | 36.3% | (29.9%-42.8%) | 174 | 44.1% | (37.2%-51.0%) | 79 | 30.7% | (21.7%-39.6%) | 89 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 34.9% | (31.5%-38.4%) | 982 | 40.8% | (37.2%-44.3%) | 557 | 27.9% | (23.9%-31.8%) | 384 |
| Grade 8 | 34.3% | (30.3%-38.3%) | 966 | 39.1% | (34.1%-44.1%) | 515 | 29.1% | (24.6%-33.5%) | 420 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 35.4% | (29.7%-41.1%) | 73 | 43.1% | (29.4%-56.7%) | 46 | 26.3% | (13.0%-39.7%) | 25 |
| Non-Hispanic | 35.2% | (31.7%-38.7%) | 1,812 | 40.1% | (36.3%-43.9%) | 997 | 29.3% | (25.2%-33.3%) | 745 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 54.2% | (46.5%-61.8%) | 49 | 70.9% | (56.1%-85.6%) | 27 | 40.2% | (28.3%-52.0%) | 19 |
| Asian | 25.7% | (19.7%-31.7%) | 48 | 27.3% | (14.4%-40.2%) | 22 | 24.5% | (14.8%-34.2%) | 26 |
| Black or African American | 27.1% | (18.1%-36.0%) | 98 | 33.4% | (20.4%-46.5%) | 59 | 20.6% | (13.5%-27.7%) | 36 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 35.5% | (31.9%-39.0%) | 1,627 | 41.0% | (37.3%-44.7%) | 903 | 29.0% | (25.0%-33.1%) | 665 |
| Multiple Races | 40.7% | (33.3%-48.1%) | 100 | 38.6% | (27.7%-49.6%) | 45 | 41.5% | (34.8%-48.2%) | 51 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (mn152b)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 29.1% | (26.1%-32.0%) | 1,647 | 34.2% | (31.1%-37.3%) | 927 | 23.7% | (20.6%-26.7%) | 674 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 27.5% | (24.1%-30.9%) | 651 | 30.1% | (24.2%-36.1%) | 358 | 24.0% | (19.5%-28.5%) | 273 |
| 13 | 31.5% | (27.3%-35.6%) | 876 | 38.1% | (33.5%-42.7%) | 502 | 24.6% | (20.3%-29.0%) | 349 |
| 14 or older | 24.4% | (17.0%-31.8%) | 120 | 33.8% | (19.2%-48.4%) | 67 | 18.5% | (9.4%-27.7%) | 53 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 27.8% | (25.1%-30.6%) | 781 | 30.7% | (25.6%-35.8%) | 420 | 24.0% | (20.6%-27.3%) | 335 |
| Grade 8 | 30.2% | (25.5%-34.8%) | 846 | 37.5% | (31.2%-43.8%) | 494 | 23.4% | (19.4%-27.5%) | 335 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 27.8% | (20.9%-34.7%) | 62 | 28.4% | (14.3%-42.6%) | 35 | 27.4% | (17.1%-37.7%) | 25 |
| Non-Hispanic | 30.0% | (26.9%-33.1%) | 1,539 | 35.0% | (31.8%-38.2%) | 869 | 24.5% | (21.3%-27.8%) | 629 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 35.5% | (12.1%-58.9%) | 32 | 34.1% | (1.3%-67.0%) | 13 | 36.5% | (11.0%-61.9%) | 19 |
| Asian | 25.3% | (17.7%-33.0%) | 50 | 38.9% | (25.6%-52.1%) | 32 | 15.7% | (7.2%-24.3%) | 18 |
| Black or African American | 21.7% | (12.0%-31.3%) | 78 | 21.2% | (9.0%-33.3%) | 36 | 21.2% | (8.8%-33.6%) | 39 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 29.6% | (26.7%-32.4%) | 1,365 | 35.1% | (31.6%-38.5%) | 781 | 23.6% | (20.5%-26.7%) | 547 |
| Multiple Races | 36.7% | (24.9%-48.5%) | 84 | 41.1% | (26.4%-55.7%) | 45 | 32.5% | (18.2%-46.9%) | 36 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 26.1% | (23.9%-28.3%) | 1,460 | 34.9% | (31.8%-38.0%) | 928 | 16.3% | (14.5%-18.2%) | 459 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 23.9% | (21.5%-26.3%) | 565 | 31.0% | (27.4%-34.6%) | 374 | 14.2% | (11.7%-16.6%) | 156 |
| 13 | 27.9% | (25.0%-30.8%) | 764 | 38.2% | (33.6%-42.7%) | 487 | 17.3% | (15.4%-19.2%) | 244 |
| 14 or older | 27.2% | (21.9%-32.6%) | 129 | 38.3% | (30.7%-45.9%) | 67 | 19.4% | (13.7%-25.1%) | 56 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 23.8% | (21.4%-26.1%) | 659 | 31.7% | (28.0%-35.4%) | 426 | 14.3% | (12.5%-16.1%) | 195 |
| Grade 8 | 28.2% | (25.0%-31.5%) | 784 | 37.7% | (33.4%-42.1%) | 489 | 18.3% | (15.7%-20.9%) | 261 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 29.2% | (20.5%-37.9%) | 61 | 35.6% | (23.4%-47.9%) | 38 | 21.4% | (11.9%-30.9%) | 20 |
| Non-Hispanic | 26.5% | (24.5%-28.5%) | 1,339 | 35.4% | (32.5%-38.2%) | 863 | 16.4% | (14.5%-18.2%) | 411 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 43.3% | (31.1%-55.6%) | 38 | 44.4% | (27.1%-61.7%) | 17 | 38.0% | (25.7%-50.3%) | 18 |
| Asian | 20.2% | (12.4%-28.0%) | 37 | 29.8% | (16.7%-43.0%) | 23 | 13.2% | (4.8%-21.6%) | 14 |
| Black or African American | 26.8% | (22.3%-31.2%) | 95 | 36.3% | (29.5%-43.1%) | 63 | 16.4% | (9.5%-23.3%) | 28 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 25.3% | (23.3%-27.3%) | 1,143 | 34.2% | (30.8%-37.6%) | 741 | 15.3% | (13.3%-17.3%) | 347 |
| Multiple Races | 35.4% | (29.4%-41.4%) | 86 | 46.1% | (34.3%-57.9%) | 53 | 25.1% | (16.8%-33.3%) | 30 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn154b)
Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 40.5% | (36.6%-44.5%) | 1,446 | 34.0% | (30.4%-37.7%) | 674 | 50.9% | (45.7%-56.1%) | 762 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 43.4% | (38.7%-48.0%) | 620 | 34.7% | (31.4%-38.0%) | 287 | 58.0% | (49.2%-66.8%) | 327 |
| 13 | 37.9% | (33.1%-42.8%) | 700 | 32.9% | (28.1%-37.6%) | 331 | 46.3% | (40.6%-51.9%) | 366 |
| 14 or older | 42.5% | (33.6%-51.4%) | 122 | 38.3% | (27.2%-49.4%) | 56 | 48.1% | (33.5%-62.8%) | 66 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 43.9% | (38.8%-49.0%) | 745 | 35.1% | (32.1%-38.0%) | 339 | 57.7% | (48.9%-66.4%) | 398 |
| Grade 8 | 37.5% | (33.3%-41.7%) | 688 | 33.2% | (27.3%-39.0%) | 329 | 44.9% | (39.4%-50.4%) | 358 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 31.7% | (18.8%-44.6%) | 45 | 30.7% | (10.6%-50.7%) | 27 | 38.4% | (22.8%-53.9%) | 19 |
| Non-Hispanic | 40.1% | (35.9%-44.2%) | 1,298 | 33.7% | (29.6%-37.8%) | 618 | 50.2% | (45.1%-55.3%) | 672 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 37.3% | (25.2%-49.4%) | 27 | 39.6% | (29.8%-49.3%) | 12 | 35.7% | (12.3%-59.1%) | 15 |
| Asian | 38.1% | (19.5%-56.7%) | 50 | 28.7% | (6.1%-51.4%) | 20 | 48.1% | (28.9%-67.4%) | 31 |
| Black or African American | 34.8% | (25.3%-44.4%) | 83 | 32.0% | (19.4%-44.6%) | 41 | 37.4% | (26.6%-48.3%) | 40 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 42.3% | (37.7%-46.9%) | 1,216 | 34.8% | (30.4%-39.3%) | 563 | 54.6% | (49.3%-60.0%) | 649 |
| Multiple Races | 31.3% | (21.7%-41.0%) | 48 | 30.9% | (16.8%-45.1%) | 27 | 30.3% | (9.6%-51.1%) | 19 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (m154b)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| A. I did not feel sad or hopeless | 35.8% | (33.1%-38.5%) | 1,988 | 25.5% | (22.2%-28.8%) | 677 | 46.5% | (43.4%-49.6%) | 1,300 |
| B. I did feel sad or hopeless but did not seek help | 17.4% | (14.1%-20.7%) | 967 | 23.8% | (19.7%-28.0%) | 634 | 10.8% | (8.4%-13.2%) | 301 |
| C. Parent or other adult relative | 22.7% | (20.0%-25.4%) | 1,263 | 20.9% | (18.3%-23.5%) | 556 | 25.1% | (21.4%-28.8%) | 701 |
| D. Teacher or other school staff | 1.4% | (0.8%-1.9%) | 76 | 1.8% | (0.7%-3.0%) | 49 | 1.0% | (0.4%-1.5%) | 27 |
| E. Other adults | 1.9% | (1.4%-2.5%) | 108 | 2.6% | (1.7%-3.5%) | 69 | 1.2% | (0.3%-2.2%) | 34 |
| F. Friends | 12.9% | (11.0%-14.9%) | 719 | 17.9% | (14.7%-21.0%) | 475 | 7.8% | (6.3%-9.3%) | 218 |
| G. None of the above | 7.9% | (6.3%-9.5%) | 438 | 7.4% | (5.6%-9.3%) | 198 | 7.7% | (5.5%-9.9%) | 215 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn209)
Percentage of students who answered 'Most of the time' or 'Always'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 22.4% | (20.2%-24.6%) | 1,202 | 31.9% | (29.3%-34.6%) | 825 | 12.0% | (10.0%-14.0%) | 322 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 19.9% | (16.2%-23.7%) | 438 | 29.8% | (24.4%-35.2%) | 333 | 7.3% | (4.3%-10.3%) | 76 |
| 13 | 24.1% | (21.2%-26.9%) | 644 | 32.4% | (29.1%-35.7%) | 411 | 15.3% | (11.9%-18.6%) | 207 |
| 14 or older | 25.9% | (19.9%-31.9%) | 120 | 42.8% | (31.8%-53.7%) | 82 | 14.2% | (7.4%-21.0%) | 38 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 19.1% | (15.6%-22.6%) | 500 | 29.4% | (24.8%-34.1%) | 380 | 7.4% | (4.2%-10.6%) | 96 |
| Grade 8 | 25.2% | (22.6%-27.8%) | 679 | 34.2% | (30.3%-38.1%) | 433 | 15.9% | (13.1%-18.8%) | 220 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 21.2% | (9.4%-33.0%) | 43 | 29.1% | (14.5%-43.7%) | 33 | 10.2% | (0.0%-20.9%) | 8 |
| Non-Hispanic | 23.0% | (21.0%-25.0%) | 1,126 | 32.9% | (30.1%-35.7%) | 786 | 12.1% | (10.0%-14.1%) | 294 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 34.5% | (16.9%-52.2%) | 27 | 47.9% | (14.8%-81.1%) | 18 | 21.9% | (0.0%-45.0%) | 9 |
| Asian | 14.7% | (8.4%-21.1%) | 28 | 20.0% | (4.8%-35.2%) | 16 | 10.9% | (1.7%-20.1%) | 12 |
| Black or African American | 15.9% | (10.7%-21.2%) | 50 | 24.0% | (16.0%-32.1%) | 36 | 7.1% | (0.0%-14.4%) | 11 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 22.9% | (20.6%-25.2%) | 1,014 | 32.8% | (29.5%-36.1%) | 704 | 12.0% | (10.0%-13.9%) | 266 |
| Multiple Races | 27.0% | (17.9%-36.1%) | 58 | 37.7% | (21.4%-53.9%) | 40 | 13.3% | (3.6%-22.9%) | 14 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever seriously thought about killing yourself? (mn25)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 17.5% | (15.0%-20.0%) | 965 | 23.6% | (20.5%-26.8%) | 615 | 10.8% | (8.7%-12.8%) | 301 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 15.5% | (12.9%-18.1%) | 359 | 20.4% | (16.9%-23.9%) | 239 | 8.8% | (6.3%-11.4%) | 96 |
| 13 | 19.5% | (16.6%-22.4%) | 528 | 26.0% | (22.3%-29.7%) | 326 | 12.8% | (10.4%-15.1%) | 180 |
| 14 or older | 16.2% | (11.0%-21.3%) | 76 | 28.8% | (19.3%-38.2%) | 50 | 8.1% | (4.9%-11.3%) | 23 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 16.0% | (13.5%-18.5%) | 437 | 21.1% | (17.7%-24.4%) | 276 | 9.8% | (7.4%-12.3%) | 134 |
| Grade 8 | 18.8% | (15.8%-21.8%) | 515 | 25.9% | (22.1%-29.6%) | 330 | 11.5% | (9.3%-13.8%) | 165 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 18.7% | (11.3%-26.1%) | 37 | 24.0% | (12.1%-35.8%) | 24 | 12.8% | (3.4%-22.2%) | 12 |
| Non-Hispanic | 17.9% | (15.5%-20.4%) | 895 | 24.0% | (20.9%-27.1%) | 574 | 11.0% | (9.0%-13.1%) | 277 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 24.3% | (10.8%-37.7%) | 21 | 24.3% | (12.2%-36.3%) | 9 | 21.1% | (5.1%-37.0%) | 10 |
| Asian | 16.6% | (11.4%-21.7%) | 31 | 20.7% | (10.9%-30.6%) | 17 | 13.4% | (5.3%-21.5%) | 14 |
| Black or African American | 18.5% | (13.6%-23.4%) | 66 | 26.5% | (13.3%-39.6%) | 45 | 9.5% | (4.5%-14.5%) | 17 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 16.8% | (14.3%-19.3%) | 749 | 23.0% | (19.8%-26.2%) | 488 | 9.8% | (7.8%-11.8%) | 222 |
| Multiple Races | 25.8% | (19.5%-32.2%) | 61 | 32.6% | (22.8%-42.3%) | 37 | 18.5% | (10.8%-26.3%) | 22 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever tried to kill yourself? (mn27)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 5.3% | (4.1%-6.5%) | 296 | 7.5% | (5.4%-9.6%) | 200 | 2.4% | (1.3%-3.6%) | 69 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 4.5% | (2.5%-6.5%) | 104 | 6.4% | (3.5%-9.3%) | 73 | 1.8% | (0.2%-3.4%) | 20 |
| 13 | 5.6% | (4.1%-7.2%) | 157 | 8.1% | (5.1%-11.1%) | 107 | 2.5% | (0.8%-4.1%) | 35 |
| 14 or older | 7.1% | (3.6%-10.7%) | 35 | 10.4% | (3.6%-17.2%) | 20 | 5.1% | (0.6%-9.5%) | 14 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 4.6% | (2.9%-6.4%) | 128 | 6.4% | (3.5%-9.2%) | 84 | 2.1% | (0.5%-3.8%) | 30 |
| Grade 8 | 5.7% | (3.9%-7.4%) | 158 | 8.3% | (5.1%-11.5%) | 109 | 2.5% | (1.2%-3.9%) | 36 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 13.9% | (7.4%-20.3%) | 29 | * | * | * | * | * | * |
| Non-Hispanic | 5.0% | (3.9%-6.0%) | 253 | 7.0% | (5.0%-8.9%) | 172 | 2.4% | (1.1%-3.7%) | 61 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 15.0% | (2.6%-27.4%) | 13 | * | * | * | * | * | * |
| Asian | 5.2% | (0.0%-11.4%) | 10 | * | * | * | * | * | * |
| Black or African American | 7.6% | (1.9%-13.2%) | 26 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 4.7% | (3.3%-6.0%) | 214 | 6.2% | (4.1%-8.3%) | 137 | 2.2% | (1.0%-3.5%) | 51 |
| Multiple Races | 10.8% | (5.1%-16.4%) | 24 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 30 days, on how many days did you smoke cigarettes? (mn29)
Percentage of students who answered at least 1 day

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.8% | (0.6%-1.0%) | 43 | 1.0% | (0.6%-1.3%) | 26 | 0.5% | (0.2%-0.9%) | 15 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 0.6% | (0.3%-0.9%) | 14 | * | * | * | * | * | * |
| 13 | 0.8% | (0.4%-1.3%) | 22 | 1.0% | (0.4%-1.7%) | 14 | 0.5% | (0.0%-1.0%) | 7 |
| 14 or older | 1.3% | (0.0%-2.7%) | 6 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 0.9% | (0.4%-1.3%) | 24 | 1.0% | (0.1%-1.8%) | 13 | 0.8% | (0.2%-1.4%) | 11 |
| Grade 8 | 0.6% | (0.3%-0.9%) | 18 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 0.8% | (0.5%-1.0%) | 39 | 0.9% | (0.4%-1.3%) | 22 | 0.6% | (0.2%-1.0%) | 15 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.6% | (0.4%-0.8%) | 27 | 0.7% | (0.2%-1.1%) | 15 | 0.5% | (0.1%-0.8%) | 10 |
| Multiple Races | 2.5% | (0.8%-4.2%) | 6 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

How old were you when you smoked a whole cigarette for the first time? (mn32)

Among students who have smoked a whole cigarette, the percentage of students who answered before age 11

| | Total | | | Female | | | Male | | |
|---|-------|----------------|----|--------|---------------|----|-------|----------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 47.0% | (28.6%-65.4%) | 37 | 35.3% | (5.1%-65.5%) | 14 | 58.9% | (24.5%-93.3%) | 23 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 67.8% | (23.9%-100.0%) | 12 | * | * | * | * | * | * |
| 13 | 33.3% | (14.7%-52.0%) | 14 | * | * | * | * | * | * |
| 14 or older | 50.0% | (15.5%-84.5%) | 9 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 57.9% | (26.5%-89.4%) | 23 | 53.1% | (0.1%-100.0%) | 9 | 61.4% | (22.6%-100.0%) | 14 |
| Grade 8 | 35.8% | (9.7%-61.8%) | 14 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 45.5% | (26.5%-64.5%) | 32 | 35.3% | (5.1%-65.5%) | 14 | 59.1% | (20.0%-98.2%) | 18 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 45.7% | (24.5%-66.9%) | 22 | 27.7% | (0.6%-54.9%) | 6 | 61.9% | (17.3%-100.0%) | 16 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How old were you when you smoked a whole cigarette for the first time? (mn32_2)
Percentage of students who answered before age 11

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.7% | (0.2%-1.1%) | 37 | 0.5% | (0.0%-1.2%) | 14 | 0.8% | (0.2%-1.4%) | 23 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 0.5% | (0.0%-1.1%) | 12 | * | * | * | * | * | * |
| 13 | 0.5% | (0.0%-1.0%) | 14 | * | * | * | * | * | * |
| 14 or older | 1.9% | (0.0%-3.7%) | 9 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 0.8% | (0.1%-1.6%) | 23 | 0.7% | (0.0%-1.7%) | 9 | 1.1% | (0.0%-2.1%) | 14 |
| Grade 8 | 0.5% | (0.0%-1.0%) | 14 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 0.6% | (0.1%-1.1%) | 32 | 0.6% | (0.0%-1.3%) | 14 | 0.7% | (0.2%-1.3%) | 18 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.5% | (0.0%-0.9%) | 22 | 0.3% | (0.0%-0.7%) | 6 | 0.7% | (0.1%-1.3%) | 16 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)
Percentage of students who answered 'No risk' or 'Slight risk'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.6% | (6.8%-12.4%) | 531 | 10.2% | (6.7%-13.7%) | 264 | 9.4% | (6.2%-12.5%) | 260 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 10.2% | (6.8%-13.5%) | 240 | 10.9% | (6.5%-15.3%) | 132 | 9.8% | (6.0%-13.6%) | 104 |
| 13 | 8.9% | (5.8%-12.1%) | 241 | 9.5% | (5.6%-13.3%) | 116 | 8.8% | (5.4%-12.2%) | 125 |
| 14 or older | 10.2% | (5.0%-15.3%) | 47 | 9.9% | (1.9%-18.0%) | 16 | 10.8% | (4.1%-17.6%) | 31 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 10.8% | (6.9%-14.7%) | 295 | 11.5% | (6.9%-16.0%) | 151 | 10.5% | (5.9%-15.1%) | 141 |
| Grade 8 | 8.1% | (5.0%-11.2%) | 222 | 8.7% | (4.6%-12.8%) | 111 | 7.8% | (4.5%-11.1%) | 111 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 11.0% | (6.2%-15.8%) | 20 | 14.4% | (3.6%-25.2%) | 12 | 8.3% | (0.2%-16.4%) | 8 |
| Non-Hispanic | 9.5% | (6.6%-12.4%) | 477 | 10.0% | (6.5%-13.6%) | 240 | 9.2% | (6.0%-12.5%) | 230 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 22.4% | (5.6%-39.1%) | 19 | * | * | * | * | * | * |
| Asian | 8.8% | (0.3%-17.3%) | 15 | * | * | * | * | * | * |
| Black or African American | 15.1% | (8.0%-22.1%) | 51 | 15.7% | (5.5%-25.8%) | 25 | 15.8% | (5.5%-26.1%) | 26 |
| Native Hawaiian or Other Pacific Islander | 33.1% | (0.0%-69.7%) | 7 | * | * | * | * | * | * |
| White | 8.3% | (5.9%-10.7%) | 372 | 8.6% | (5.7%-11.5%) | 182 | 8.2% | (5.2%-11.2%) | 184 |
| Multiple Races | 10.5% | (5.9%-15.1%) | 28 | 14.1% | (3.8%-24.4%) | 17 | 8.0% | (2.1%-14.0%) | 11 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)
Percentage of students who answered 'Sort of easy' or 'Very easy'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 18.1% | (14.9%-21.4%) | 991 | 17.6% | (12.9%-22.3%) | 451 | 18.6% | (16.2%-21.0%) | 509 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 14.1% | (10.6%-17.7%) | 329 | 14.4% | (9.3%-19.5%) | 173 | 13.8% | (10.8%-16.7%) | 144 |
| 13 | 21.0% | (16.7%-25.3%) | 561 | 21.5% | (14.8%-28.1%) | 260 | 20.5% | (17.0%-24.0%) | 289 |
| 14 or older | 20.9% | (11.2%-30.6%) | 95 | 11.8% | (4.1%-19.5%) | 18 | 26.0% | (11.9%-40.1%) | 74 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 14.9% | (11.4%-18.5%) | 404 | 14.5% | (9.5%-19.5%) | 188 | 15.4% | (12.8%-18.0%) | 204 |
| Grade 8 | 21.4% | (16.7%-26.1%) | 580 | 20.7% | (14.8%-26.6%) | 260 | 21.8% | (17.1%-26.5%) | 306 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 14.0% | (5.5%-22.5%) | 25 | 8.1% | (0.0%-16.5%) | 7 | 19.7% | (6.9%-32.6%) | 19 |
| Non-Hispanic | 18.9% | (15.7%-22.1%) | 937 | 18.6% | (13.7%-23.5%) | 441 | 19.1% | (16.5%-21.7%) | 470 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 20.8% | (5.6%-35.9%) | 17 | * | * | * | * | * | * |
| Asian | 14.2% | (6.0%-22.4%) | 23 | 14.2% | (1.3%-27.2%) | 10 | 14.2% | (0.0%-29.0%) | 14 |
| Black or African American | 16.7% | (10.5%-23.0%) | 53 | 14.2% | (4.8%-23.6%) | 21 | 19.2% | (12.6%-25.8%) | 29 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 17.6% | (14.3%-21.0%) | 779 | 17.6% | (12.3%-22.8%) | 369 | 17.8% | (15.0%-20.6%) | 393 |
| Multiple Races | 28.0% | (17.9%-38.2%) | 73 | 24.6% | (11.7%-37.5%) | 30 | 30.9% | (17.0%-44.7%) | 40 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Do you think that you will try a cigarette soon? (mn47)

Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 16.5% | (14.2%-18.8%) | 929 | 17.4% | (13.8%-21.1%) | 470 | 15.5% | (13.4%-17.5%) | 429 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 14.9% | (12.6%-17.1%) | 358 | 15.9% | (12.6%-19.2%) | 200 | 13.5% | (10.3%-16.8%) | 145 |
| 13 | 17.4% | (14.0%-20.8%) | 477 | 19.4% | (14.6%-24.3%) | 248 | 15.4% | (12.0%-18.8%) | 219 |
| 14 or older | 20.1% | (13.5%-26.7%) | 94 | 13.8% | (7.4%-20.3%) | 22 | 22.7% | (13.8%-31.6%) | 66 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 15.2% | (12.9%-17.5%) | 424 | 15.8% | (12.2%-19.5%) | 215 | 14.6% | (11.3%-17.8%) | 195 |
| Grade 8 | 17.7% | (14.8%-20.7%) | 497 | 18.8% | (14.3%-23.4%) | 248 | 16.2% | (13.7%-18.8%) | 232 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 17.7% | (8.9%-26.6%) | 33 | 13.0% | (2.4%-23.6%) | 12 | 22.9% | (10.3%-35.5%) | 21 |
| Non-Hispanic | 16.7% | (14.7%-18.7%) | 852 | 17.8% | (14.1%-21.5%) | 441 | 15.3% | (13.2%-17.4%) | 381 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 25.4% | (13.2%-37.7%) | 22 | 26.6% | (9.4%-43.9%) | 10 | 22.7% | (2.1%-43.3%) | 9 |
| Asian | 15.6% | (9.0%-22.2%) | 28 | 21.7% | (8.2%-35.1%) | 17 | 10.7% | (4.7%-16.7%) | 11 |
| Black or African American | 17.9% | (10.2%-25.6%) | 63 | 15.8% | (6.0%-25.7%) | 27 | 18.4% | (11.7%-25.2%) | 31 |
| Native Hawaiian or Other Pacific Islander | 41.8% | (0.0%-92.9%) | 9 | * | * | * | * | * | * |
| White | 15.8% | (13.7%-17.9%) | 713 | 16.6% | (13.1%-20.2%) | 362 | 15.0% | (12.6%-17.4%) | 335 |
| Multiple Races | 17.2% | (8.4%-26.1%) | 46 | 17.6% | (6.5%-28.8%) | 22 | 15.7% | (5.4%-26.1%) | 21 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Do you think you will smoke a cigarette at any time during the next year? (mn48)
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 13.1% | (10.8%-15.4%) | 734 | 14.6% | (11.5%-17.8%) | 394 | 11.2% | (8.8%-13.6%) | 310 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 10.4% | (8.3%-12.6%) | 250 | 12.7% | (9.8%-15.6%) | 159 | 7.9% | (5.0%-10.8%) | 84 |
| 13 | 14.8% | (11.4%-18.3%) | 407 | 16.7% | (11.7%-21.8%) | 215 | 12.4% | (9.6%-15.3%) | 175 |
| 14 or older | 16.4% | (10.5%-22.4%) | 76 | 12.4% | (5.8%-19.1%) | 20 | 17.6% | (9.5%-25.7%) | 51 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 10.9% | (8.8%-13.1%) | 304 | 12.9% | (10.0%-15.9%) | 175 | 8.9% | (6.7%-11.2%) | 119 |
| Grade 8 | 15.1% | (11.7%-18.6%) | 424 | 16.0% | (12.1%-20.0%) | 213 | 13.5% | (10.1%-16.8%) | 191 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 14.0% | (5.8%-22.1%) | 26 | 8.0% | (0.5%-15.5%) | 7 | 20.2% | (9.3%-31.2%) | 19 |
| Non-Hispanic | 13.3% | (11.2%-15.4%) | 679 | 15.1% | (11.9%-18.2%) | 374 | 11.1% | (8.8%-13.3%) | 275 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 13.2% | (1.9%-24.4%) | 11 | * | * | * | * | * | * |
| Asian | 9.8% | (0.6%-18.9%) | 17 | 12.4% | (1.1%-23.7%) | 10 | 7.6% | (0.0%-16.9%) | 7 |
| Black or African American | 14.9% | (11.2%-18.5%) | 51 | 14.8% | (9.6%-20.0%) | 25 | 13.0% | (9.9%-16.0%) | 21 |
| Native Hawaiian or Other Pacific Islander | 41.8% | (0.0%-92.9%) | 9 | * | * | * | * | * | * |
| White | 12.7% | (10.6%-14.8%) | 574 | 14.0% | (10.8%-17.3%) | 306 | 11.1% | (9.0%-13.2%) | 248 |
| Multiple Races | 13.7% | (5.4%-22.0%) | 35 | 17.7% | (4.5%-30.8%) | 22 | 8.2% | (0.0%-16.4%) | 10 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Do you think you will smoke a cigarette at any time during the next year? (mn48_2)
Percentage of students who answered 'I definitely will not'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|----------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 86.9% | (84.6%-89.2%) | 4,885 | 85.4% | (82.2%-88.5%) | 2,301 | 88.8% | (86.4%-91.2%) | 2,453 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 89.6% | (87.4%-91.7%) | 2,152 | 87.3% | (84.4%-90.2%) | 1,091 | 92.1% | (89.2%-95.0%) | 984 |
| 13 | 85.2% | (81.7%-88.6%) | 2,336 | 83.3% | (78.2%-88.3%) | 1,070 | 87.6% | (84.7%-90.4%) | 1,229 |
| 14 or older | 83.6% | (77.6%-89.5%) | 387 | 87.6% | (80.9%-94.2%) | 140 | 82.4% | (74.3%-90.5%) | 237 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 89.1% | (86.9%-91.2%) | 2,471 | 87.1% | (84.1%-90.0%) | 1,178 | 91.1% | (88.8%-93.3%) | 1,212 |
| Grade 8 | 84.9% | (81.4%-88.3%) | 2,377 | 84.0% | (80.0%-87.9%) | 1,115 | 86.5% | (83.2%-89.9%) | 1,228 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 86.0% | (77.9%-94.2%) | 162 | 92.0% | (84.5%-99.5%) | 85 | 79.8% | (68.8%-90.7%) | 74 |
| Non-Hispanic | 86.7% | (84.6%-88.8%) | 4,421 | 84.9% | (81.8%-88.1%) | 2,106 | 88.9% | (86.7%-91.2%) | 2,205 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 86.8% | (75.6%-98.1%) | 75 | * | * | * | * | * | * |
| Asian | 90.2% | (81.1%-99.4%) | 158 | 87.6% | (76.3%-98.9%) | 70 | 92.4% | (83.1%-100.0%) | 88 |
| Black or African American | 85.1% | (81.5%-88.8%) | 292 | 85.2% | (80.0%-90.4%) | 142 | 87.0% | (84.0%-90.1%) | 141 |
| Native Hawaiian or Other Pacific Islander | 58.2% | (7.1%-100.0%) | 12 | * | * | * | * | * | * |
| White | 87.3% | (85.2%-89.4%) | 3,944 | 86.0% | (82.7%-89.2%) | 1,872 | 88.9% | (86.8%-91.0%) | 1,981 |
| Multiple Races | 86.3% | (78.0%-94.6%) | 223 | 82.3% | (69.2%-95.5%) | 105 | 91.8% | (83.6%-100.0%) | 112 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
If one of your closest friends offered you a cigarette, would you smoke it? (mn51a)
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 19.6% | (17.3%-22.0%) | 1,113 | 21.9% | (18.6%-25.2%) | 592 | 17.0% | (15.2%-18.7%) | 476 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 17.6% | (14.0%-21.2%) | 425 | 19.0% | (14.2%-23.7%) | 238 | 15.5% | (11.5%-19.5%) | 167 |
| 13 | 20.7% | (17.2%-24.2%) | 572 | 24.6% | (20.1%-29.1%) | 314 | 16.6% | (13.4%-19.8%) | 238 |
| 14 or older | 24.4% | (17.5%-31.3%) | 116 | 23.7% | (18.1%-29.3%) | 40 | 24.1% | (14.5%-33.8%) | 71 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 18.1% | (14.9%-21.3%) | 507 | 19.3% | (14.7%-24.0%) | 263 | 16.7% | (13.9%-19.4%) | 225 |
| Grade 8 | 21.2% | (18.3%-24.1%) | 599 | 24.4% | (21.2%-27.5%) | 322 | 17.4% | (14.1%-20.7%) | 251 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 18.5% | (9.4%-27.7%) | 36 | 18.4% | (4.7%-32.1%) | 17 | 19.1% | (8.2%-30.0%) | 19 |
| Non-Hispanic | 19.8% | (17.5%-22.2%) | 1,019 | 22.2% | (18.7%-25.8%) | 552 | 16.8% | (15.2%-18.3%) | 422 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 24.7% | (9.7%-39.7%) | 21 | * | * | * | * | * | * |
| Asian | 24.6% | (13.3%-35.9%) | 44 | 22.2% | (6.5%-37.8%) | 18 | 26.6% | (14.8%-38.5%) | 26 |
| Black or African American | 16.3% | (11.6%-20.9%) | 58 | 18.4% | (10.8%-26.1%) | 33 | 12.2% | (6.5%-17.9%) | 20 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 20.0% | (17.3%-22.7%) | 906 | 22.5% | (18.4%-26.6%) | 489 | 17.2% | (15.0%-19.4%) | 387 |
| Multiple Races | 13.4% | (5.5%-21.4%) | 36 | 18.4% | (4.3%-32.6%) | 23 | 7.6% | (0.0%-16.5%) | 10 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.9% | (7.7%-12.2%) | 543 | 11.4% | (8.3%-14.5%) | 295 | 8.3% | (6.2%-10.3%) | 226 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 8.8% | (7.0%-10.6%) | 205 | 9.7% | (6.8%-12.7%) | 118 | 7.0% | (4.6%-9.4%) | 73 |
| 13 | 10.6% | (6.6%-14.6%) | 284 | 13.1% | (8.0%-18.3%) | 162 | 8.3% | (4.8%-11.9%) | 116 |
| 14 or older | 11.9% | (7.7%-16.1%) | 54 | 9.9% | (2.5%-17.3%) | 16 | 12.7% | (7.6%-17.7%) | 36 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 9.2% | (7.6%-10.7%) | 248 | 9.4% | (6.7%-12.2%) | 124 | 8.2% | (6.1%-10.3%) | 108 |
| Grade 8 | 10.8% | (6.8%-14.8%) | 295 | 13.5% | (8.5%-18.4%) | 171 | 8.4% | (4.8%-12.1%) | 118 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 13.3% | (4.5%-22.1%) | 24 | 16.3% | (1.5%-31.2%) | 14 | 10.8% | (1.0%-20.6%) | 10 |
| Non-Hispanic | 10.1% | (7.9%-12.3%) | 504 | 11.5% | (8.3%-14.6%) | 275 | 8.5% | (6.2%-10.7%) | 207 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 8.8% | (1.9%-15.7%) | 7 | * | * | * | * | * | * |
| Asian | 11.5% | (1.9%-21.1%) | 20 | * | * | * | * | * | * |
| Black or African American | 13.3% | (9.2%-17.4%) | 46 | 16.7% | (9.4%-24.0%) | 27 | 9.7% | (5.0%-14.5%) | 16 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 9.4% | (7.0%-11.8%) | 415 | 10.7% | (7.4%-14.0%) | 226 | 8.1% | (5.5%-10.6%) | 176 |
| Multiple Races | 17.9% | (12.2%-23.7%) | 46 | 12.5% | (6.0%-19.0%) | 15 | 22.3% | (14.3%-30.2%) | 29 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)
Percentage of students who answered at least 1 day*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.1% | (6.9%-11.3%) | 509 | 10.1% | (7.4%-12.8%) | 272 | 8.2% | (5.6%-10.8%) | 228 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 9.2% | (6.7%-11.7%) | 220 | 10.9% | (7.6%-14.2%) | 137 | 7.5% | (4.5%-10.6%) | 80 |
| 13 | 8.6% | (6.1%-11.1%) | 235 | 9.4% | (6.1%-12.8%) | 120 | 8.0% | (4.9%-11.0%) | 113 |
| 14 or older | 11.4% | (6.8%-15.9%) | 54 | 9.6% | (2.8%-16.4%) | 16 | 12.0% | (5.4%-18.7%) | 35 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 9.2% | (7.1%-11.3%) | 258 | 11.3% | (8.2%-14.4%) | 153 | 7.3% | (5.1%-9.5%) | 97 |
| Grade 8 | 8.9% | (6.1%-11.7%) | 249 | 9.0% | (5.3%-12.7%) | 118 | 9.0% | (5.3%-12.6%) | 127 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 8.7% | (2.4%-14.9%) | 17 | 7.5% | (0.6%-14.4%) | 7 | 9.9% | (0.7%-19.1%) | 10 |
| Non-Hispanic | 9.4% | (7.2%-11.7%) | 480 | 10.5% | (7.7%-13.3%) | 259 | 8.6% | (5.8%-11.4%) | 212 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 14.5% | (3.5%-25.5%) | 12 | * | * | * | * | * | * |
| Asian | 9.7% | (2.5%-16.8%) | 17 | 9.2% | (1.3%-17.1%) | 7 | 10.1% | (1.4%-18.8%) | 10 |
| Black or African American | 10.0% | (6.4%-13.6%) | 35 | 13.2% | (6.7%-19.7%) | 22 | 7.7% | (2.2%-13.2%) | 13 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 8.5% | (6.3%-10.8%) | 384 | 9.2% | (6.4%-12.0%) | 200 | 8.0% | (5.5%-10.5%) | 177 |
| Multiple Races | 10.4% | (5.5%-15.2%) | 28 | 11.9% | (4.0%-19.9%) | 15 | 7.5% | (0.9%-14.0%) | 10 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)
Percentage of students who answered at least 1 day*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 11.9% | (9.9%-13.9%) | 666 | 12.4% | (9.7%-15.2%) | 330 | 11.1% | (9.2%-12.9%) | 308 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 11.5% | (8.5%-14.5%) | 275 | 12.6% | (8.6%-16.7%) | 158 | 9.9% | (6.5%-13.2%) | 105 |
| 13 | 11.2% | (8.9%-13.6%) | 306 | 11.4% | (7.7%-15.0%) | 141 | 10.7% | (8.5%-12.8%) | 151 |
| 14 or older | 18.0% | (12.7%-23.3%) | 85 | 18.9% | (9.4%-28.4%) | 31 | 17.5% | (10.8%-24.1%) | 51 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 11.6% | (8.4%-14.7%) | 322 | 12.6% | (8.6%-16.7%) | 171 | 10.1% | (7.2%-13.0%) | 135 |
| Grade 8 | 12.2% | (9.8%-14.5%) | 338 | 12.1% | (8.7%-15.4%) | 156 | 11.9% | (9.6%-14.1%) | 170 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 7.6% | (1.8%-13.3%) | 15 | 7.5% | (0.9%-14.1%) | 7 | 7.8% | (0.0%-15.9%) | 8 |
| Non-Hispanic | 12.4% | (10.3%-14.5%) | 627 | 12.6% | (9.8%-15.5%) | 307 | 11.7% | (9.7%-13.7%) | 291 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 23.5% | (11.0%-36.0%) | 20 | 20.5% | (0.0%-41.5%) | 8 | 24.9% | (9.1%-40.6%) | 10 |
| Asian | 10.8% | (5.3%-16.2%) | 19 | 14.1% | (1.8%-26.4%) | 11 | 8.1% | (1.5%-14.8%) | 8 |
| Black or African American | 6.5% | (2.9%-10.2%) | 23 | 7.5% | (2.8%-12.3%) | 12 | 6.1% | (0.0%-13.2%) | 10 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 12.2% | (9.7%-14.6%) | 545 | 12.3% | (8.9%-15.6%) | 263 | 11.7% | (9.2%-14.1%) | 259 |
| Multiple Races | 13.2% | (7.9%-18.5%) | 35 | 13.8% | (6.0%-21.6%) | 18 | 11.5% | (0.8%-22.3%) | 15 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How wrong do you think it is for someone your age to smoke cigarettes? (mn58)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.5% | (2.5%-4.5%) | 199 | 4.6% | (2.8%-6.4%) | 123 | 2.5% | (1.7%-3.3%) | 70 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.2% | (1.2%-3.2%) | 53 | 3.0% | (0.9%-5.1%) | 37 | 1.5% | (0.4%-2.5%) | 16 |
| 13 | 4.3% | (2.5%-6.1%) | 120 | 6.3% | (3.8%-8.8%) | 81 | 2.6% | (1.1%-4.1%) | 36 |
| 14 or older | 5.6% | (1.5%-9.8%) | 26 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.6% | (1.5%-3.8%) | 73 | 3.2% | (1.0%-5.5%) | 44 | 2.2% | (1.3%-3.0%) | 29 |
| Grade 8 | 4.5% | (3.0%-6.0%) | 126 | 6.0% | (3.8%-8.2%) | 80 | 2.9% | (1.5%-4.2%) | 41 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 6.6% | (0.0%-14.0%) | 13 | 7.5% | (0.0%-21.2%) | 7 | 6.0% | (0.0%-13.4%) | 6 |
| Non-Hispanic | 3.4% | (2.3%-4.5%) | 175 | 4.6% | (2.6%-6.6%) | 114 | 2.3% | (1.3%-3.2%) | 56 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 5.7% | (1.9%-9.4%) | 20 | 7.1% | (0.9%-13.2%) | 12 | 3.3% | (0.1%-6.6%) | 6 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.3% | (2.2%-4.3%) | 148 | 4.6% | (2.3%-6.8%) | 99 | 2.2% | (1.1%-3.3%) | 49 |
| Multiple Races | 3.0% | (0.0%-6.0%) | 8 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever used an electronic vapor product? (mn173)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|---------------|-----|------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 6.3% | (4.5%-8.1%) | 351 | 7.6% | (5.4%-9.8%) | 201 | 4.8% | (3.0%-6.6%) | 133 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 4.4% | (2.8%-5.9%) | 103 | 4.9% | (3.0%-6.9%) | 59 | 3.5% | (1.3%-5.7%) | 38 |
| 13 | 7.5% | (5.1%-9.9%) | 203 | 8.9% | (5.8%-12.1%) | 113 | 5.6% | (3.7%-7.6%) | 79 |
| 14 or older | 9.6% | (5.9%-13.3%) | 45 | 16.1% | (10.1%-22.2%) | 28 | 5.9% | (1.7%-10.1%) | 17 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 4.8% | (3.2%-6.4%) | 132 | 5.5% | (3.6%-7.5%) | 74 | 3.7% | (1.8%-5.7%) | 51 |
| Grade 8 | 7.8% | (5.6%-10.0%) | 214 | 9.7% | (6.5%-12.8%) | 125 | 5.8% | (3.8%-7.8%) | 81 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 9.6% | (4.5%-14.6%) | 19 | 13.2% | (7.7%-18.7%) | 13 | 6.3% | (0.0%-12.9%) | 6 |
| Non-Hispanic | 6.4% | (4.6%-8.3%) | 324 | 7.6% | (5.3%-9.9%) | 184 | 5.0% | (3.2%-6.9%) | 125 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 9.3% | (2.5%-16.1%) | 8 | * | * | * | * | * | * |
| Asian | 4.8% | (0.5%-9.1%) | 9 | * | * | * | * | * | * |
| Black or African American | 6.7% | (3.0%-10.4%) | 24 | 7.7% | (0.5%-14.8%) | 13 | 5.4% | (2.9%-8.0%) | 10 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 5.9% | (4.2%-7.6%) | 264 | 6.9% | (4.9%-8.8%) | 148 | 4.6% | (2.6%-6.5%) | 102 |
| Multiple Races | 12.3% | (7.6%-16.9%) | 30 | 18.1% | (10.4%-25.9%) | 21 | 7.4% | (2.1%-12.7%) | 9 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 30 days, on how many days did you use an electronic vapor product? (mn174)
Percentage of students who answered at least 1 day

| | Total | | | Female | | | Male | | |
|---|-------|-------------|-----|--------|--------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.3% | (1.6%-3.0%) | 128 | 3.0% | (2.0%-4.1%) | 82 | 1.5% | (0.8%-2.3%) | 43 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.6% | (0.9%-2.2%) | 37 | 2.4% | (1.0%-3.7%) | 29 | 0.6% | (0.0%-1.1%) | 6 |
| 13 | 2.5% | (1.6%-3.5%) | 69 | 3.3% | (2.0%-4.6%) | 42 | 1.8% | (0.6%-3.0%) | 25 |
| 14 or older | 4.7% | (2.0%-7.4%) | 22 | 6.0% | (2.4%-9.6%) | 11 | 4.1% | (0.7%-7.4%) | 11 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.9% | (1.1%-2.8%) | 54 | 2.9% | (1.2%-4.5%) | 39 | 1.0% | (0.4%-1.6%) | 13 |
| Grade 8 | 2.6% | (1.7%-3.5%) | 73 | 3.2% | (2.0%-4.3%) | 41 | 2.1% | (0.9%-3.3%) | 30 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.5% | (1.9%-9.1%) | 11 | * | * | * | * | * | * |
| Non-Hispanic | 2.3% | (1.6%-3.0%) | 117 | 3.0% | (1.9%-4.0%) | 73 | 1.6% | (0.8%-2.4%) | 41 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 3.0% | (0.4%-5.6%) | 6 | * | * | * | * | * | * |
| Black or African American | 2.9% | (1.1%-4.7%) | 10 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.9% | (1.4%-2.4%) | 84 | 2.4% | (1.5%-3.2%) | 52 | 1.3% | (0.5%-2.0%) | 29 |
| Multiple Races | 5.1% | (2.0%-8.2%) | 12 | 5.3% | (0.4%-10.1%) | 6 | 5.2% | (1.2%-9.3%) | 6 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a)
Percentage of students who answered 'Nicotine'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|----|-------|---------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 44.4% | (36.0%-52.8%) | 146 | 48.7% | (36.9%-60.6%) | 88 | 41.3% | (27.6%-55.1%) | 51 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 55.0% | (36.4%-73.7%) | 45 | 62.5% | (43.2%-81.8%) | 28 | 40.0% | (12.2%-67.7%) | 13 |
| 13 | 41.7% | (28.7%-54.7%) | 81 | 46.7% | (33.2%-60.2%) | 46 | 42.4% | (20.0%-64.9%) | 31 |
| 14 or older | 37.7% | (13.7%-61.8%) | 20 | 36.9% | (9.0%-64.8%) | 13 | 39.5% | (0.0%-84.6%) | 7 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 56.1% | (39.7%-72.6%) | 59 | 65.3% | (47.7%-82.9%) | 37 | 44.3% | (21.3%-67.4%) | 18 |
| Grade 8 | 40.1% | (28.0%-52.1%) | 87 | 42.2% | (25.8%-58.7%) | 51 | 39.8% | (19.3%-60.4%) | 33 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 53.0% | (3.3%-100.0%) | 8 | * | * | * | * | * | * |
| Non-Hispanic | 44.5% | (36.6%-52.3%) | 138 | 48.3% | (36.5%-60.1%) | 80 | 41.3% | (27.6%-55.1%) | 51 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 42.1% | (17.7%-66.5%) | 7 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 45.7% | (37.2%-54.1%) | 118 | 51.4% | (36.8%-66.0%) | 71 | 40.6% | (25.7%-55.5%) | 41 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

The last time you used an electronic vapor product, what was in the vapor you inhaled? (m182a)

| | Total | | | Female | | | Male | | |
|--|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| A. I have never used an electronic vapor product | 94.0% | (92.1%-96.0%) | 5,195 | 93.2% | (90.5%-95.9%) | 2,468 | 95.5% | (93.9%-97.1%) | 2,650 |
| B. Nicotine | 2.6% | (1.7%-3.6%) | 146 | 3.3% | (1.9%-4.8%) | 88 | 1.8% | (0.9%-2.8%) | 51 |
| C. Marijuana, THC, or hash oil | 0.8% | (0.3%-1.4%) | 47 | 0.6% | (0.1%-1.0%) | 15 | 1.0% | (0.3%-1.8%) | 29 |
| D. Just flavoring | 1.3% | (0.9%-1.7%) | 71 | 1.6% | (0.8%-2.5%) | 43 | 0.8% | (0.3%-1.2%) | 21 |
| E. Not sure | 1.2% | (0.5%-1.9%) | 65 | 1.3% | (0.3%-2.3%) | 34 | 0.8% | (0.4%-1.3%) | 23 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a_2)
Percentage of students who answered 'Marijuana, THC, or hash oil'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 14.3% | (6.7%-21.9%) | 47 | 8.4% | (2.4%-14.4%) | 15 | 23.0% | (8.8%-37.2%) | 29 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 8.1% | (0.0%-18.6%) | 7 | * | * | * | * | * | * |
| 13 | 19.1% | (8.7%-29.6%) | 37 | 11.8% | (3.2%-20.5%) | 12 | 29.9% | (9.6%-50.2%) | 22 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 12.7% | (0.1%-25.2%) | 13 | * | * | * | * | * | * |
| Grade 8 | 15.5% | (6.6%-24.5%) | 34 | 9.8% | (2.9%-16.8%) | 12 | 26.5% | (7.8%-45.2%) | 22 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 14.5% | (6.8%-22.1%) | 45 | 7.9% | (1.6%-14.2%) | 13 | 23.0% | (8.8%-37.2%) | 29 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 15.4% | (6.9%-23.9%) | 40 | 9.6% | (2.5%-16.6%) | 13 | 23.2% | (6.7%-39.7%) | 23 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Marijuana, THC, or hash oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use electronic vapor products every day? (mn202)
Percentage of students who answered 'No risk' or 'Slight risk'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 14.5% | (11.8%-17.1%) | 799 | 13.5% | (9.7%-17.3%) | 357 | 14.7% | (11.7%-17.7%) | 409 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 11.2% | (8.8%-13.6%) | 256 | 10.0% | (6.8%-13.1%) | 113 | 11.7% | (7.5%-16.0%) | 129 |
| 13 | 17.0% | (13.7%-20.3%) | 468 | 16.3% | (10.3%-22.3%) | 212 | 17.1% | (13.3%-20.9%) | 239 |
| 14 or older | 15.2% | (10.0%-20.3%) | 72 | 16.3% | (7.4%-25.2%) | 31 | 14.0% | (5.0%-23.1%) | 38 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 13.0% | (10.5%-15.6%) | 354 | 12.7% | (8.7%-16.7%) | 167 | 12.5% | (8.8%-16.2%) | 170 |
| Grade 8 | 15.9% | (12.3%-19.5%) | 438 | 14.3% | (8.2%-20.4%) | 186 | 16.8% | (12.9%-20.6%) | 236 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 20.9% | (12.4%-29.4%) | 44 | 26.4% | (11.1%-41.7%) | 30 | 16.1% | (0.1%-32.2%) | 14 |
| Non-Hispanic | 14.4% | (11.5%-17.3%) | 725 | 12.9% | (9.3%-16.5%) | 315 | 15.0% | (11.5%-18.5%) | 378 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 23.8% | (10.5%-37.1%) | 21 | * | * | * | * | * | * |
| Asian | 13.4% | (6.1%-20.7%) | 27 | 9.9% | (0.0%-21.7%) | 8 | 15.9% | (7.5%-24.4%) | 19 |
| Black or African American | 14.1% | (7.4%-20.7%) | 47 | 16.4% | (4.3%-28.5%) | 25 | 12.4% | (6.0%-18.8%) | 22 |
| Native Hawaiian or Other Pacific Islander | 49.7% | (1.5%-97.8%) | 8 | * | * | * | * | * | * |
| White | 14.2% | (11.2%-17.3%) | 643 | 12.4% | (8.2%-16.7%) | 271 | 15.1% | (11.9%-18.2%) | 342 |
| Multiple Races | 16.1% | (9.3%-22.9%) | 37 | 20.6% | (10.4%-30.9%) | 23 | 12.7% | (0.6%-24.8%) | 14 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How wrong do you think it is for someone your age to use electronic vapor products? (mn203)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.2% | (7.6%-10.9%) | 518 | 8.9% | (7.3%-10.6%) | 242 | 9.0% | (6.5%-11.5%) | 252 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 4.6% | (2.9%-6.3%) | 106 | 4.0% | (2.6%-5.3%) | 47 | 4.4% | (1.8%-7.0%) | 49 |
| 13 | 12.3% | (10.3%-14.2%) | 341 | 12.2% | (9.6%-14.9%) | 161 | 11.8% | (8.8%-14.8%) | 166 |
| 14 or older | 14.8% | (8.1%-21.5%) | 71 | 17.3% | (8.4%-26.1%) | 34 | 13.5% | (3.5%-23.4%) | 37 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 5.0% | (3.3%-6.7%) | 139 | 4.1% | (2.7%-5.4%) | 55 | 5.3% | (3.3%-7.3%) | 73 |
| Grade 8 | 13.4% | (10.8%-16.0%) | 373 | 14.0% | (10.7%-17.2%) | 184 | 12.4% | (8.6%-16.2%) | 175 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 15.4% | (6.4%-24.4%) | 33 | 14.4% | (0.8%-28.0%) | 17 | 18.5% | (4.8%-32.1%) | 16 |
| Non-Hispanic | 9.3% | (7.4%-11.1%) | 471 | 9.0% | (7.4%-10.7%) | 224 | 8.8% | (6.2%-11.5%) | 223 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 15.3% | (0.0%-33.1%) | 13 | * | * | * | * | * | * |
| Asian | 4.9% | (0.6%-9.3%) | 10 | * | * | * | * | * | * |
| Black or African American | 10.6% | (6.2%-15.0%) | 36 | 11.9% | (7.8%-16.0%) | 19 | 9.7% | (1.5%-18.0%) | 17 |
| Native Hawaiian or Other Pacific Islander | 49.1% | (14.2%-84.1%) | 8 | * | * | * | * | * | * |
| White | 8.9% | (7.4%-10.3%) | 408 | 8.0% | (6.2%-9.8%) | 179 | 9.0% | (6.4%-11.5%) | 205 |
| Multiple Races | 11.9% | (5.3%-18.5%) | 27 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*If you wanted to get an electronic vapor product, how easy would it be for you to get one? (mn204)
Percentage of students who answered 'Sort of easy' or 'Very easy'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 21.9% | (19.0%-24.8%) | 1,182 | 19.5% | (17.0%-22.0%) | 505 | 23.7% | (19.1%-28.3%) | 640 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 15.9% | (13.0%-18.9%) | 355 | 12.6% | (9.0%-16.2%) | 141 | 18.5% | (14.5%-22.4%) | 198 |
| 13 | 26.3% | (23.0%-29.5%) | 704 | 24.2% | (21.7%-26.8%) | 309 | 28.0% | (22.2%-33.8%) | 378 |
| 14 or older | 24.9% | (17.2%-32.6%) | 116 | 29.0% | (15.4%-42.6%) | 55 | 22.6% | (7.1%-38.1%) | 61 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 17.5% | (14.1%-20.9%) | 461 | 14.1% | (10.9%-17.3%) | 180 | 20.1% | (15.7%-24.5%) | 265 |
| Grade 8 | 26.0% | (22.8%-29.3%) | 705 | 24.7% | (21.4%-27.9%) | 317 | 27.1% | (21.2%-33.0%) | 372 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 31.6% | (23.5%-39.6%) | 67 | 27.3% | (15.4%-39.2%) | 31 | 38.1% | (27.3%-48.8%) | 33 |
| Non-Hispanic | 21.8% | (18.6%-25.0%) | 1,073 | 19.5% | (16.9%-22.1%) | 468 | 23.4% | (18.6%-28.1%) | 571 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 30.1% | (13.4%-46.8%) | 26 | 27.3% | (7.3%-47.4%) | 9 | 32.0% | (13.9%-50.1%) | 16 |
| Asian | 18.7% | (10.7%-26.7%) | 35 | 14.0% | (0.0%-29.2%) | 12 | 22.4% | (8.7%-36.1%) | 24 |
| Black or African American | 22.8% | (17.8%-27.7%) | 69 | 23.3% | (12.9%-33.7%) | 33 | 23.1% | (15.9%-30.3%) | 36 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 21.3% | (18.1%-24.6%) | 949 | 18.8% | (16.1%-21.4%) | 404 | 23.2% | (17.3%-29.0%) | 514 |
| Multiple Races | 29.8% | (20.5%-39.1%) | 68 | 30.3% | (17.5%-43.1%) | 33 | 29.0% | (18.4%-39.6%) | 32 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.) (mn181b)
Percentage of students who answered at least 1 day*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.3% | (0.5%-2.0%) | 71 | 1.3% | (0.4%-2.1%) | 34 | 1.3% | (0.3%-2.3%) | 37 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.3% | (0.4%-2.3%) | 31 | 1.8% | (0.2%-3.5%) | 22 | 0.9% | (0.0%-1.8%) | 10 |
| 13 | 1.3% | (0.2%-2.5%) | 37 | 1.0% | (0.1%-1.8%) | 13 | 1.7% | (0.0%-3.6%) | 24 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.3% | (0.3%-2.3%) | 36 | 1.6% | (0.0%-3.3%) | 22 | 0.9% | (0.1%-1.8%) | 13 |
| Grade 8 | 1.1% | (0.3%-1.8%) | 30 | 0.5% | (0.0%-1.1%) | 6 | 1.7% | (0.1%-3.2%) | 24 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 4.6% | (0.0%-9.4%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 1.1% | (0.2%-1.9%) | 54 | 0.8% | (0.0%-1.6%) | 20 | 1.3% | (0.1%-2.5%) | 34 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 3.1% | (0.0%-7.5%) | 6 | * | * | * | * | * | * |
| Black or African American | 2.4% | (0.0%-4.9%) | 8 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.0% | (0.2%-1.7%) | 45 | 0.7% | (0.0%-1.4%) | 16 | 1.3% | (0.3%-2.2%) | 29 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? (mn30)
Percentage of students who answered at least 1 day*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.8% | (0.4%-1.2%) | 46 | 0.7% | (0.2%-1.2%) | 18 | 0.7% | (0.0%-1.5%) | 21 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 0.5% | (0.0%-1.0%) | 11 | * | * | * | * | * | * |
| 13 | 1.2% | (0.6%-1.9%) | 34 | 1.0% | (0.1%-1.8%) | 13 | 1.1% | (0.0%-2.1%) | 15 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 0.4% | (0.0%-0.9%) | 12 | * | * | * | * | * | * |
| Grade 8 | 1.0% | (0.4%-1.5%) | 28 | 0.7% | (0.0%-1.4%) | 9 | 1.0% | (0.0%-2.1%) | 15 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 3.4% | (0.0%-7.9%) | 8 | * | * | * | * | * | * |
| Non-Hispanic | 0.7% | (0.2%-1.1%) | 35 | 0.3% | (0.0%-0.6%) | 7 | 0.8% | (0.0%-1.6%) | 21 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.7% | (0.3%-1.1%) | 32 | 0.4% | (0.0%-0.9%) | 9 | 0.7% | (0.0%-1.4%) | 16 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (mntobsus)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 25.9% | (23.0%-28.8%) | 1,437 | 27.5% | (23.9%-31.1%) | 733 | 24.0% | (21.6%-26.5%) | 656 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 23.0% | (18.9%-27.1%) | 545 | 25.5% | (21.1%-30.0%) | 317 | 19.9% | (15.0%-24.8%) | 209 |
| 13 | 27.6% | (24.1%-31.2%) | 749 | 29.7% | (24.8%-34.7%) | 376 | 25.1% | (21.8%-28.4%) | 349 |
| 14 or older | 31.0% | (21.4%-40.5%) | 143 | 24.8% | (18.7%-30.9%) | 40 | 34.1% | (21.6%-46.7%) | 97 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 23.4% | (19.5%-27.2%) | 640 | 25.4% | (20.8%-30.0%) | 341 | 21.1% | (17.1%-25.2%) | 276 |
| Grade 8 | 28.5% | (25.4%-31.5%) | 789 | 29.5% | (25.5%-33.5%) | 386 | 26.8% | (23.8%-29.7%) | 377 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 26.2% | (15.4%-37.0%) | 49 | 23.4% | (7.8%-39.1%) | 22 | 29.7% | (14.8%-44.5%) | 27 |
| Non-Hispanic | 26.2% | (23.5%-28.9%) | 1,320 | 27.8% | (23.9%-31.6%) | 683 | 24.0% | (21.9%-26.2%) | 589 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 33.7% | (20.4%-46.9%) | 29 | 26.6% | (9.4%-43.9%) | 10 | 28.5% | (10.1%-46.9%) | 12 |
| Asian | 28.4% | (18.2%-38.5%) | 49 | 25.2% | (10.1%-40.2%) | 20 | 31.1% | (21.1%-41.1%) | 29 |
| Black or African American | 24.0% | (18.2%-29.8%) | 81 | 25.9% | (18.0%-33.8%) | 43 | 20.9% | (15.8%-26.1%) | 33 |
| Native Hawaiian or Other Pacific Islander | 41.8% | (0.0%-92.9%) | 9 | * | * | * | * | * | * |
| White | 25.9% | (22.7%-29.0%) | 1,155 | 27.2% | (22.8%-31.5%) | 587 | 24.3% | (21.8%-26.8%) | 536 |
| Multiple Races | 22.8% | (13.1%-32.6%) | 58 | 28.4% | (12.1%-44.7%) | 35 | 16.5% | (5.1%-27.9%) | 20 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus_2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 25.4% | (22.6%-28.3%) | 1,379 | 26.9% | (23.2%-30.7%) | 699 | 23.6% | (21.4%-25.8%) | 631 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 23.1% | (18.9%-27.2%) | 534 | 25.5% | (21.0%-30.0%) | 309 | 20.0% | (15.1%-25.0%) | 206 |
| 13 | 26.9% | (23.5%-30.2%) | 712 | 28.7% | (23.6%-33.8%) | 353 | 24.5% | (21.4%-27.7%) | 335 |
| 14 or older | 29.7% | (20.7%-38.7%) | 133 | 24.0% | (17.3%-30.6%) | 37 | 32.5% | (20.9%-44.2%) | 90 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 22.9% | (19.0%-26.9%) | 611 | 25.0% | (20.3%-29.7%) | 328 | 20.5% | (16.6%-24.4%) | 261 |
| Grade 8 | 27.9% | (24.9%-31.0%) | 759 | 28.7% | (24.2%-33.2%) | 366 | 26.5% | (23.8%-29.2%) | 368 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 26.2% | (15.4%-37.0%) | 49 | 23.4% | (7.8%-39.1%) | 22 | 29.7% | (14.8%-44.5%) | 27 |
| Non-Hispanic | 25.7% | (23.0%-28.4%) | 1,266 | 27.2% | (23.2%-31.2%) | 649 | 23.6% | (21.7%-25.6%) | 569 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 31.8% | (18.3%-45.4%) | 27 | 21.9% | (4.8%-38.9%) | 8 | 28.5% | (10.1%-46.9%) | 12 |
| Asian | 29.2% | (18.8%-39.6%) | 49 | 26.0% | (11.1%-41.0%) | 20 | 31.9% | (21.0%-42.9%) | 29 |
| Black or African American | 23.6% | (18.9%-28.3%) | 76 | 24.2% | (16.4%-32.0%) | 38 | 21.7% | (16.8%-26.5%) | 33 |
| Native Hawaiian or Other Pacific Islander | 34.8% | (0.0%-90.5%) | 7 | * | * | * | * | * | * |
| White | 25.5% | (22.3%-28.6%) | 1,120 | 26.8% | (22.2%-31.3%) | 567 | 24.0% | (21.6%-26.4%) | 520 |
| Multiple Races | 20.0% | (9.6%-30.3%) | 49 | 25.4% | (8.1%-42.6%) | 30 | 13.4% | (3.4%-23.4%) | 15 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytoba)

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.6% | (0.9%-2.4%) | 90 | 1.4% | (0.5%-2.2%) | 36 | 1.8% | (0.7%-3.0%) | 50 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.3% | (0.3%-2.2%) | 29 | 1.9% | (0.2%-3.6%) | 22 | 0.6% | (0.0%-1.5%) | 7 |
| 13 | 2.2% | (1.0%-3.3%) | 59 | 1.1% | (0.3%-2.0%) | 15 | 2.9% | (0.9%-5.0%) | 40 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.5% | (0.7%-2.3%) | 40 | 1.7% | (0.2%-3.3%) | 23 | 1.3% | (0.4%-2.2%) | 17 |
| Grade 8 | 1.8% | (0.8%-2.7%) | 48 | 0.9% | (0.1%-1.7%) | 11 | 2.4% | (0.6%-4.1%) | 33 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.0% | (0.0%-9.9%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 1.5% | (0.7%-2.4%) | 77 | 1.1% | (0.2%-1.9%) | 26 | 1.9% | (0.6%-3.2%) | 48 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 2.5% | (0.0%-5.1%) | 8 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.4% | (0.6%-2.2%) | 63 | 0.9% | (0.2%-1.6%) | 19 | 1.8% | (0.6%-3.0%) | 40 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytob_2a)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.8% | (2.3%-5.2%) | 203 | 4.4% | (2.5%-6.3%) | 113 | 3.0% | (1.2%-4.8%) | 82 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 3.0% | (1.7%-4.3%) | 66 | 4.2% | (1.7%-6.6%) | 46 | 1.5% | (0.1%-3.0%) | 17 |
| 13 | 4.3% | (2.3%-6.2%) | 114 | 3.8% | (1.8%-5.8%) | 48 | 4.5% | (1.6%-7.5%) | 62 |
| 14 or older | 4.8% | (1.6%-7.9%) | 22 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 3.2% | (1.8%-4.7%) | 86 | 4.1% | (1.5%-6.7%) | 53 | 2.2% | (0.7%-3.8%) | 30 |
| Grade 8 | 4.2% | (2.3%-6.1%) | 115 | 4.5% | (2.2%-6.9%) | 58 | 3.8% | (1.3%-6.4%) | 53 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 8.6% | (2.7%-14.4%) | 18 | * | * | * | * | * | * |
| Non-Hispanic | 3.8% | (2.2%-5.3%) | 185 | 4.0% | (2.2%-5.9%) | 95 | 3.4% | (1.4%-5.3%) | 82 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 5.5% | (3.2%-7.8%) | 18 | 8.1% | (3.4%-12.8%) | 13 | 3.3% | (0.0%-7.2%) | 6 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.3% | (1.9%-4.7%) | 146 | 3.6% | (2.0%-5.2%) | 78 | 2.8% | (1.2%-4.4%) | 61 |
| Multiple Races | 6.6% | (0.6%-12.6%) | 14 | 6.3% | (0.0%-16.2%) | 7 | 7.2% | (0.0%-14.6%) | 8 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytob_3)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.8% | (1.7%-3.9%) | 147 | 3.1% | (1.8%-4.5%) | 79 | 2.3% | (1.0%-3.6%) | 61 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.4% | (1.1%-3.6%) | 51 | 3.5% | (1.3%-5.6%) | 37 | 1.0% | (0.0%-2.1%) | 10 |
| 13 | 3.2% | (1.7%-4.8%) | 85 | 2.8% | (1.4%-4.1%) | 35 | 3.5% | (1.2%-5.8%) | 47 |
| 14 or older | 2.3% | (0.0%-4.7%) | 11 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.6% | (1.4%-3.8%) | 67 | 3.5% | (1.4%-5.6%) | 43 | 1.5% | (0.3%-2.8%) | 20 |
| Grade 8 | 3.0% | (1.6%-4.5%) | 80 | 2.8% | (1.1%-4.6%) | 36 | 3.0% | (0.7%-5.3%) | 41 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.3% | (0.6%-10.0%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 2.8% | (1.7%-4.0%) | 137 | 3.0% | (1.5%-4.4%) | 69 | 2.5% | (1.1%-4.0%) | 61 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 3.9% | (2.1%-5.8%) | 13 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.6% | (1.5%-3.8%) | 113 | 2.8% | (1.4%-4.1%) | 58 | 2.2% | (0.9%-3.5%) | 48 |
| Multiple Races | 3.5% | (0.0%-7.3%) | 7 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How wrong do your parents feel it would be for you to use any tobacco products? (mn212)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.3% | (1.4%-3.2%) | 130 | 2.9% | (1.6%-4.2%) | 78 | 1.7% | (0.7%-2.6%) | 46 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.4% | (1.4%-3.3%) | 56 | 3.1% | (1.5%-4.6%) | 38 | 1.4% | (0.0%-2.9%) | 15 |
| 13 | 2.0% | (1.0%-3.1%) | 55 | 2.8% | (1.2%-4.5%) | 36 | 1.4% | (0.6%-2.2%) | 19 |
| 14 or older | 3.8% | (0.8%-6.9%) | 18 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.7% | (1.8%-3.6%) | 76 | 2.8% | (1.4%-4.3%) | 38 | 2.6% | (1.2%-3.9%) | 34 |
| Grade 8 | 1.7% | (0.7%-2.7%) | 48 | 2.8% | (1.3%-4.2%) | 37 | 0.6% | (0.0%-1.3%) | 8 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 2.2% | (1.3%-3.1%) | 113 | 2.8% | (1.6%-4.0%) | 69 | 1.5% | (0.5%-2.6%) | 38 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 3.6% | (0.0%-7.2%) | 12 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.1% | (1.3%-2.8%) | 93 | 2.9% | (1.3%-4.4%) | 62 | 1.2% | (0.4%-2.1%) | 27 |
| Multiple Races | 4.2% | (0.0%-9.2%) | 11 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever had a drink of alcohol, other than a few sips? (mn59a)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.5% | (7.8%-11.3%) | 506 | 9.4% | (7.4%-11.4%) | 242 | 9.4% | (7.5%-11.3%) | 246 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 6.7% | (5.2%-8.3%) | 151 | 6.5% | (4.7%-8.2%) | 75 | 6.9% | (4.3%-9.5%) | 71 |
| 13 | 11.8% | (9.3%-14.3%) | 309 | 12.2% | (8.9%-15.6%) | 153 | 11.0% | (9.2%-12.8%) | 146 |
| 14 or older | 9.5% | (5.9%-13.2%) | 41 | 8.0% | (3.9%-12.2%) | 14 | 10.4% | (3.7%-17.1%) | 26 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 7.7% | (6.1%-9.4%) | 204 | 7.6% | (5.7%-9.5%) | 99 | 7.7% | (5.4%-10.0%) | 98 |
| Grade 8 | 11.2% | (9.2%-13.3%) | 296 | 11.0% | (8.2%-13.8%) | 139 | 11.2% | (9.0%-13.3%) | 148 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 11.3% | (6.1%-16.6%) | 22 | * | * | * | * | * | * |
| Non-Hispanic | 9.8% | (8.0%-11.5%) | 470 | 9.5% | (7.4%-11.6%) | 224 | 9.9% | (8.0%-11.8%) | 232 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 18.0% | (8.7%-27.4%) | 14 | 16.9% | (2.0%-31.8%) | 6 | 20.9% | (9.2%-32.7%) | 8 |
| Asian | 6.9% | (3.4%-10.4%) | 12 | * | * | * | * | * | * |
| Black or African American | 11.0% | (5.1%-16.8%) | 37 | 13.0% | (6.2%-19.8%) | 22 | 7.2% | (3.3%-11.0%) | 12 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 9.2% | (7.4%-11.0%) | 397 | 9.0% | (7.0%-10.9%) | 187 | 9.4% | (7.4%-11.5%) | 200 |
| Multiple Races | 11.4% | (6.5%-16.3%) | 26 | 14.3% | (7.2%-21.4%) | 16 | 7.9% | (0.6%-15.1%) | 9 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

How old were you when you had your first drink of alcohol other than a few sips? (mn60)

Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 41.0% | (35.8%-46.2%) | 204 | 39.2% | (32.8%-45.5%) | 94 | 42.8% | (34.6%-51.1%) | 103 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 58.9% | (45.5%-72.3%) | 86 | 54.6% | (37.7%-71.5%) | 40 | 63.2% | (49.9%-76.5%) | 44 |
| 13 | 34.3% | (30.0%-38.5%) | 106 | 33.0% | (28.0%-38.0%) | 51 | 35.4% | (25.0%-45.8%) | 50 |
| 14 or older | 26.8% | (12.4%-41.3%) | 11 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 56.5% | (47.4%-65.6%) | 111 | 52.3% | (39.3%-65.2%) | 51 | 60.0% | (51.7%-68.3%) | 56 |
| Grade 8 | 30.2% | (24.9%-35.6%) | 90 | 29.6% | (23.0%-36.3%) | 41 | 32.0% | (22.5%-41.6%) | 47 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 45.0% | (25.4%-64.6%) | 9 | * | * | * | * | * | * |
| Non-Hispanic | 39.7% | (34.1%-45.2%) | 184 | 38.1% | (31.2%-45.1%) | 85 | 42.2% | (33.7%-50.7%) | 96 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 47.3% | (13.0%-81.6%) | 7 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 58.5% | (40.6%-76.4%) | 18 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 40.4% | (34.0%-46.7%) | 160 | 40.9% | (33.1%-48.8%) | 78 | 40.6% | (30.2%-51.0%) | 79 |
| Multiple Races | 23.6% | (8.6%-38.7%) | 6 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How old were you when you had your first drink of alcohol other than a few sips? (mn60_2)
Percentage of students who answered before age 11

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 4.0% | (2.9%-5.1%) | 204 | 3.8% | (2.6%-4.9%) | 94 | 4.1% | (2.7%-5.6%) | 103 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 4.0% | (2.6%-5.4%) | 86 | 3.6% | (2.1%-5.0%) | 40 | 4.4% | (2.3%-6.5%) | 44 |
| 13 | 4.2% | (2.9%-5.4%) | 106 | 4.2% | (2.7%-5.6%) | 51 | 4.0% | (2.5%-5.5%) | 50 |
| 14 or older | 2.7% | (0.9%-4.5%) | 11 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 4.4% | (3.1%-5.7%) | 111 | 4.1% | (2.4%-5.7%) | 51 | 4.6% | (2.9%-6.2%) | 56 |
| Grade 8 | 3.5% | (2.5%-4.5%) | 90 | 3.4% | (2.0%-4.7%) | 41 | 3.7% | (2.1%-5.3%) | 47 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.1% | (2.0%-8.2%) | 9 | * | * | * | * | * | * |
| Non-Hispanic | 3.9% | (2.8%-5.1%) | 184 | 3.7% | (2.5%-5.0%) | 85 | 4.2% | (2.7%-5.7%) | 96 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 8.8% | (0.5%-17.2%) | 7 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 6.0% | (3.2%-8.8%) | 18 | 5.0% | (2.8%-7.3%) | 8 | 6.4% | (3.0%-9.9%) | 9 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.8% | (2.7%-5.0%) | 160 | 3.8% | (2.6%-5.1%) | 78 | 3.9% | (2.3%-5.5%) | 79 |
| Multiple Races | 2.8% | (0.0%-5.5%) | 6 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)
Percentage of students who answered at least 1 day

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.3% | (1.6%-2.9%) | 125 | 2.9% | (2.1%-3.7%) | 77 | 1.6% | (0.9%-2.3%) | 43 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.4% | (0.9%-1.9%) | 33 | 1.9% | (1.0%-2.8%) | 23 | 1.0% | (0.3%-1.7%) | 10 |
| 13 | 2.8% | (1.8%-3.8%) | 76 | 3.8% | (2.5%-5.1%) | 49 | 1.6% | (0.8%-2.5%) | 22 |
| 14 or older | 3.2% | (1.7%-4.7%) | 15 | 3.3% | (0.4%-6.2%) | 6 | 3.3% | (0.6%-6.0%) | 9 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.8% | (1.2%-2.4%) | 49 | 2.5% | (1.2%-3.8%) | 34 | 1.0% | (0.4%-1.6%) | 13 |
| Grade 8 | 2.8% | (1.9%-3.7%) | 77 | 3.4% | (2.4%-4.3%) | 44 | 2.1% | (0.8%-3.5%) | 30 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 4.5% | (1.9%-7.1%) | 9 | * | * | * | * | * | * |
| Non-Hispanic | 2.2% | (1.6%-2.9%) | 111 | 2.8% | (1.9%-3.6%) | 67 | 1.6% | (0.9%-2.3%) | 39 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 7.6% | (1.8%-13.3%) | 7 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.0% | (1.3%-2.7%) | 91 | 2.6% | (1.7%-3.5%) | 57 | 1.3% | (0.6%-2.0%) | 29 |
| Multiple Races | 5.5% | (3.6%-7.5%) | 13 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)
Percentage of students who answered at least 1 day*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.6% | (0.3%-0.8%) | 33 | 0.6% | (0.3%-0.9%) | 15 | 0.6% | (0.2%-1.1%) | 18 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 0.3% | (0.0%-0.6%) | 7 | * | * | * | * | * | * |
| 13 | 0.9% | (0.4%-1.3%) | 24 | 0.8% | (0.3%-1.3%) | 10 | 1.0% | (0.2%-1.7%) | 14 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 0.4% | (0.1%-0.7%) | 12 | 0.4% | (0.0%-0.9%) | 6 | 0.4% | (0.0%-0.8%) | 6 |
| Grade 8 | 0.8% | (0.3%-1.2%) | 21 | 0.7% | (0.2%-1.1%) | 9 | 0.9% | (0.1%-1.6%) | 12 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 0.6% | (0.3%-0.9%) | 30 | 0.6% | (0.3%-0.8%) | 14 | 0.7% | (0.2%-1.1%) | 16 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.5% | (0.2%-0.7%) | 22 | 0.5% | (0.1%-0.8%) | 10 | 0.5% | (0.1%-0.9%) | 12 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

During the past 30 days, how did you usually get the alcohol you drank? (mn63b)

Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|--------------|---|-------|---------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 17.7% | (3.2%-32.3%) | 17 | 12.9% | (0.0%-31.7%) | 7 | 25.5% | (4.7%-46.2%) | 10 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 23.9% | (0.0%-55.7%) | 7 | * | * | * | * | * | * |
| 13 | 20.5% | (1.5%-39.6%) | 11 | * | * | * | * | * | * |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 19.5% | (0.0%-46.2%) | 7 | * | * | * | * | * | * |
| Grade 8 | 16.8% | (1.6%-32.0%) | 11 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 19.3% | (3.9%-34.7%) | 17 | 13.5% | (0.0%-33.2%) | 7 | 29.3% | (7.1%-51.5%) | 10 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 24.9% | (4.3%-45.5%) | 17 | 18.1% | (0.0%-44.1%) | 7 | 37.0% | (10.5%-63.6%) | 10 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 30 days, how did you usually get the alcohol you drank? (m63b)

| | Total | | | Female | | | Male | | |
|--|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| A. I did not drink alcohol during the past 30 days | 98.2% | (97.5%-99.0%) | 5,289 | 98.0% | (97.0%-98.9%) | 2,537 | 98.5% | (97.6%-99.4%) | 2,599 |
| B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station | * | * | * | * | * | * | * | * | * |
| C. I bought it at a restaurant, bar, or club | * | * | * | * | * | * | * | * | * |
| D. I bought it at a public event such as a concert or sporting event | * | * | * | * | * | * | * | * | * |
| E. I gave someone else money to buy it for me | * | * | * | * | * | * | * | * | * |
| F. Someone gave it to me | 0.3% | (0.0%-0.6%) | 17 | 0.3% | (0.0%-0.7%) | 7 | 0.4% | (0.0%-0.8%) | 10 |
| G. I took it from a store or family member | 1.0% | (0.4%-1.6%) | 54 | 1.4% | (0.6%-2.2%) | 36 | 0.6% | (0.1%-1.1%) | 15 |
| H. I got it some other way | 0.4% | (0.0%-0.7%) | 20 | 0.3% | (0.0%-0.6%) | 7 | 0.5% | (0.1%-0.9%) | 12 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)
Percentage of students who answered 'Sort of easy' or 'Very easy'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 34.5% | (33.1%-36.0%) | 1,870 | 37.0% | (34.8%-39.2%) | 956 | 32.3% | (30.3%-34.3%) | 875 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 28.3% | (25.6%-30.9%) | 640 | 30.7% | (27.1%-34.2%) | 357 | 25.7% | (22.8%-28.7%) | 269 |
| 13 | 38.9% | (36.8%-41.0%) | 1,040 | 42.4% | (39.0%-45.9%) | 528 | 35.9% | (33.1%-38.7%) | 493 |
| 14 or older | 39.5% | (33.2%-45.8%) | 182 | 40.3% | (28.8%-51.9%) | 70 | 39.4% | (30.6%-48.2%) | 110 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 28.3% | (25.9%-30.7%) | 751 | 29.7% | (26.3%-33.0%) | 383 | 27.2% | (24.4%-30.0%) | 354 |
| Grade 8 | 40.8% | (38.9%-42.8%) | 1,108 | 44.5% | (41.5%-47.5%) | 566 | 37.4% | (34.2%-40.6%) | 519 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 40.6% | (35.8%-45.5%) | 79 | 37.5% | (28.0%-46.9%) | 37 | 42.7% | (32.7%-52.8%) | 38 |
| Non-Hispanic | 35.1% | (33.5%-36.6%) | 1,731 | 37.9% | (35.5%-40.2%) | 903 | 32.5% | (30.5%-34.6%) | 795 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 33.0% | (22.3%-43.7%) | 28 | 30.4% | (18.2%-42.7%) | 12 | 34.3% | (16.0%-52.6%) | 15 |
| Asian | 27.1% | (23.6%-30.6%) | 48 | 29.7% | (19.1%-40.4%) | 22 | 25.1% | (17.5%-32.7%) | 26 |
| Black or African American | 24.5% | (18.1%-31.0%) | 77 | 22.3% | (14.9%-29.7%) | 34 | 25.7% | (14.2%-37.2%) | 38 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 35.5% | (33.6%-37.4%) | 1,571 | 38.3% | (35.6%-41.0%) | 813 | 33.1% | (30.3%-36.0%) | 733 |
| Multiple Races | 41.6% | (35.1%-48.1%) | 101 | 48.1% | (43.9%-52.4%) | 55 | 35.3% | (24.8%-45.7%) | 42 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*If you drank some alcohol without your parents' permission, would you be caught by your parents? (mn66)
Percentage of students who answered 'Probably not' or 'Definitely not'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 22.1% | (19.7%-24.5%) | 1,210 | 22.0% | (18.8%-25.1%) | 574 | 22.2% | (18.7%-25.7%) | 601 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 18.2% | (15.6%-20.8%) | 424 | 18.9% | (15.0%-22.7%) | 228 | 16.8% | (12.4%-21.2%) | 176 |
| 13 | 24.2% | (19.7%-28.7%) | 649 | 25.0% | (20.0%-29.9%) | 313 | 23.6% | (17.8%-29.3%) | 325 |
| 14 or older | 29.8% | (23.6%-36.0%) | 131 | 22.1% | (15.3%-28.9%) | 34 | 35.4% | (26.8%-44.1%) | 97 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 18.8% | (16.2%-21.4%) | 508 | 18.9% | (15.0%-22.7%) | 247 | 18.5% | (13.8%-23.1%) | 241 |
| Grade 8 | 25.5% | (21.5%-29.4%) | 697 | 24.9% | (21.0%-28.9%) | 322 | 26.0% | (20.5%-31.4%) | 360 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 23.3% | (9.9%-36.7%) | 42 | 27.8% | (4.8%-50.8%) | 24 | 19.7% | (8.2%-31.2%) | 18 |
| Non-Hispanic | 22.3% | (19.8%-24.9%) | 1,111 | 22.0% | (19.0%-25.0%) | 530 | 22.5% | (18.7%-26.4%) | 548 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 28.4% | (13.5%-43.4%) | 24 | 32.7% | (10.3%-55.2%) | 13 | 23.3% | (0.4%-46.3%) | 9 |
| Asian | 16.9% | (8.5%-25.3%) | 30 | 20.6% | (4.2%-37.1%) | 16 | 13.8% | (6.4%-21.1%) | 13 |
| Black or African American | 20.2% | (8.7%-31.7%) | 65 | 20.5% | (2.6%-38.3%) | 34 | 19.8% | (11.8%-27.8%) | 29 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 22.4% | (19.9%-24.9%) | 990 | 21.8% | (18.7%-25.0%) | 460 | 23.0% | (18.6%-27.4%) | 507 |
| Multiple Races | 20.4% | (10.5%-30.3%) | 52 | 24.1% | (9.6%-38.5%) | 29 | 16.1% | (6.4%-25.9%) | 20 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn67b)

Percentage of students who answered 'No risk' or 'Slight risk'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 32.5% | (29.6%-35.4%) | 1,782 | 30.4% | (27.0%-33.8%) | 790 | 35.3% | (31.6%-38.9%) | 960 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 33.5% | (30.7%-36.3%) | 781 | 33.5% | (29.4%-37.6%) | 406 | 34.0% | (30.0%-38.0%) | 353 |
| 13 | 32.5% | (28.3%-36.8%) | 872 | 28.5% | (23.3%-33.7%) | 352 | 36.6% | (31.5%-41.7%) | 511 |
| 14 or older | 28.1% | (17.3%-39.0%) | 128 | 20.8% | (8.6%-33.0%) | 33 | 33.7% | (20.8%-46.6%) | 96 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 33.7% | (30.5%-36.9%) | 911 | 33.3% | (29.3%-37.2%) | 436 | 34.8% | (30.0%-39.5%) | 455 |
| Grade 8 | 31.3% | (26.8%-35.7%) | 857 | 27.4% | (22.6%-32.3%) | 352 | 35.6% | (30.0%-41.2%) | 500 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 39.6% | (28.0%-51.2%) | 74 | 45.0% | (27.7%-62.4%) | 40 | 35.6% | (19.8%-51.4%) | 34 |
| Non-Hispanic | 31.5% | (28.4%-34.6%) | 1,568 | 29.2% | (26.1%-32.2%) | 700 | 34.3% | (30.2%-38.4%) | 836 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 46.2% | (32.3%-60.1%) | 39 | 36.2% | (12.3%-60.1%) | 14 | 64.7% | (42.8%-86.6%) | 25 |
| Asian | 25.0% | (16.7%-33.3%) | 42 | 27.3% | (10.3%-44.3%) | 20 | 23.2% | (12.2%-34.2%) | 21 |
| Black or African American | 34.3% | (29.7%-38.9%) | 114 | 38.6% | (27.0%-50.2%) | 64 | 31.1% | (19.7%-42.6%) | 48 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 31.6% | (28.9%-34.3%) | 1,401 | 28.6% | (25.6%-31.5%) | 604 | 35.3% | (31.4%-39.3%) | 780 |
| Multiple Races | 39.0% | (30.0%-48.1%) | 98 | 46.1% | (27.1%-65.1%) | 54 | 35.1% | (22.2%-48.0%) | 44 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)

Percentage of students who answered 'No risk' or 'Slight risk'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 11.4% | (9.1%-13.7%) | 618 | 9.8% | (6.8%-12.9%) | 255 | 13.2% | (10.3%-16.2%) | 356 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 10.6% | (7.5%-13.8%) | 246 | 9.8% | (5.5%-14.1%) | 117 | 11.8% | (7.7%-15.9%) | 122 |
| 13 | 12.0% | (9.4%-14.6%) | 320 | 10.7% | (7.3%-14.1%) | 132 | 13.6% | (10.5%-16.7%) | 188 |
| 14 or older | 11.5% | (3.6%-19.4%) | 52 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 11.7% | (8.5%-14.8%) | 311 | 10.0% | (6.0%-14.0%) | 130 | 13.5% | (9.2%-17.8%) | 174 |
| Grade 8 | 11.2% | (8.8%-13.7%) | 307 | 9.7% | (6.4%-13.1%) | 124 | 13.1% | (10.0%-16.1%) | 182 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 14.9% | (6.8%-23.1%) | 28 | 13.4% | (2.2%-24.6%) | 12 | 16.8% | (4.5%-29.0%) | 16 |
| Non-Hispanic | 10.8% | (8.6%-13.0%) | 536 | 9.6% | (6.7%-12.4%) | 228 | 12.4% | (9.4%-15.4%) | 301 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 20.9% | (2.8%-39.1%) | 17 | 21.3% | (0.0%-44.4%) | 7 | 24.5% | (0.0%-52.7%) | 9 |
| Asian | 5.4% | (0.0%-11.2%) | 9 | * | * | * | * | * | * |
| Black or African American | 15.0% | (7.1%-23.0%) | 49 | 12.8% | (5.2%-20.4%) | 20 | 18.6% | (8.4%-28.8%) | 29 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 10.8% | (8.8%-12.8%) | 476 | 8.9% | (6.2%-11.7%) | 189 | 12.8% | (10.1%-15.5%) | 280 |
| Multiple Races | 12.6% | (7.0%-18.2%) | 32 | 12.9% | (5.7%-20.2%) | 15 | 13.4% | (3.6%-23.2%) | 16 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*If a kid drank some alcohol in your community, would he or she be caught by the police? (mn69a)
Percentage of students who answered 'Probably not' or 'Definitely not'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 47.7% | (44.3%-51.2%) | 2,572 | 49.9% | (45.5%-54.2%) | 1,283 | 45.6% | (41.9%-49.4%) | 1,212 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 40.0% | (36.4%-43.7%) | 923 | 39.2% | (34.3%-44.1%) | 467 | 40.7% | (36.2%-45.3%) | 421 |
| 13 | 52.5% | (48.0%-57.0%) | 1,382 | 59.6% | (53.8%-65.4%) | 730 | 45.7% | (41.5%-49.9%) | 617 |
| 14 or older | 59.8% | (49.4%-70.2%) | 263 | 54.9% | (40.9%-68.9%) | 85 | 63.5% | (49.7%-77.2%) | 171 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 40.6% | (37.3%-43.9%) | 1,080 | 40.5% | (35.5%-45.5%) | 525 | 40.4% | (37.2%-43.7%) | 516 |
| Grade 8 | 54.9% | (49.8%-59.9%) | 1,475 | 59.1% | (53.4%-64.8%) | 749 | 50.5% | (44.0%-57.1%) | 691 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 41.8% | (30.1%-53.5%) | 76 | 41.0% | (28.4%-53.7%) | 35 | 41.1% | (23.5%-58.6%) | 39 |
| Non-Hispanic | 48.9% | (45.0%-52.8%) | 2,390 | 51.5% | (47.1%-55.8%) | 1,217 | 46.1% | (41.3%-50.8%) | 1,098 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 52.8% | (32.8%-72.7%) | 44 | 59.2% | (33.9%-84.6%) | 23 | 44.1% | (17.6%-70.5%) | 17 |
| Asian | 34.4% | (24.4%-44.4%) | 58 | 46.2% | (33.6%-58.7%) | 34 | 25.2% | (12.1%-38.4%) | 24 |
| Black or African American | 45.1% | (37.5%-52.7%) | 147 | 53.1% | (39.0%-67.2%) | 88 | 34.8% | (21.7%-47.9%) | 51 |
| Native Hawaiian or Other Pacific Islander | 49.4% | (0.0%-99.5%) | 9 | * | * | * | * | * | * |
| White | 48.5% | (44.7%-52.3%) | 2,111 | 50.2% | (45.9%-54.5%) | 1,047 | 46.7% | (42.2%-51.3%) | 1,009 |
| Multiple Races | 48.1% | (32.8%-63.4%) | 120 | 50.1% | (25.1%-75.1%) | 60 | 48.6% | (37.9%-59.3%) | 57 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)
Percentage of students who answered 'Strongly approve' or 'Approve'*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.9% | (1.2%-2.7%) | 106 | 1.8% | (1.0%-2.6%) | 47 | 2.2% | (1.1%-3.3%) | 59 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.8% | (0.8%-2.8%) | 43 | 1.8% | (0.6%-3.0%) | 22 | 2.0% | (0.3%-3.7%) | 21 |
| 13 | 2.0% | (0.9%-3.1%) | 53 | 2.0% | (0.8%-3.1%) | 25 | 2.1% | (0.8%-3.4%) | 29 |
| 14 or older | 2.2% | (0.0%-4.9%) | 10 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.9% | (1.1%-2.7%) | 51 | 1.9% | (0.8%-3.0%) | 25 | 2.0% | (0.7%-3.3%) | 26 |
| Grade 8 | 2.0% | (0.9%-3.1%) | 55 | 1.7% | (0.8%-2.6%) | 21 | 2.4% | (0.7%-4.1%) | 33 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.9% | (1.1%-2.7%) | 93 | 1.6% | (0.7%-2.5%) | 39 | 2.2% | (1.0%-3.5%) | 55 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 4.1% | (1.9%-6.3%) | 13 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.7% | (0.9%-2.6%) | 77 | 1.8% | (0.8%-2.8%) | 38 | 1.8% | (0.7%-2.9%) | 39 |
| Multiple Races | 2.9% | (0.0%-6.2%) | 8 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How wrong do your parents feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.4% | (1.8%-3.0%) | 131 | 2.2% | (1.6%-2.9%) | 59 | 2.5% | (1.7%-3.3%) | 68 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.6% | (1.5%-3.6%) | 60 | 2.4% | (1.2%-3.5%) | 28 | 2.7% | (1.5%-3.9%) | 29 |
| 13 | 2.2% | (1.3%-3.1%) | 59 | 2.2% | (1.3%-3.1%) | 28 | 2.2% | (0.9%-3.6%) | 31 |
| 14 or older | 2.7% | (1.4%-4.1%) | 13 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.4% | (1.6%-3.3%) | 66 | 2.3% | (1.3%-3.4%) | 31 | 2.4% | (1.5%-3.3%) | 32 |
| Grade 8 | 2.3% | (1.5%-3.2%) | 64 | 2.0% | (1.3%-2.7%) | 26 | 2.6% | (1.3%-3.9%) | 36 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 4.1% | (1.2%-7.0%) | 8 | * | * | * | * | * | * |
| Non-Hispanic | 2.4% | (1.7%-3.0%) | 119 | 2.2% | (1.5%-2.9%) | 54 | 2.5% | (1.6%-3.3%) | 61 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 2.3% | (0.1%-4.4%) | 7 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.3% | (1.6%-3.0%) | 105 | 1.9% | (1.2%-2.6%) | 41 | 2.8% | (1.8%-3.7%) | 62 |
| Multiple Races | 3.2% | (1.2%-5.2%) | 8 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever used marijuana? (mn74)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.7% | (2.6%-4.7%) | 202 | 4.3% | (2.8%-5.8%) | 113 | 3.1% | (2.0%-4.2%) | 84 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.3% | (1.1%-3.5%) | 53 | 3.2% | (1.5%-5.0%) | 38 | 1.2% | (0.4%-2.1%) | 13 |
| 13 | 4.6% | (3.4%-5.9%) | 125 | 5.2% | (3.3%-7.2%) | 66 | 4.2% | (2.6%-5.8%) | 58 |
| 14 or older | 4.8% | (2.0%-7.7%) | 22 | 5.0% | (1.2%-8.8%) | 9 | 4.3% | (1.1%-7.6%) | 12 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.6% | (1.4%-3.8%) | 71 | 3.7% | (1.8%-5.5%) | 49 | 1.6% | (0.5%-2.6%) | 20 |
| Grade 8 | 4.7% | (3.6%-5.8%) | 129 | 5.0% | (3.3%-6.7%) | 65 | 4.5% | (3.0%-5.9%) | 62 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 9.6% | (5.2%-14.1%) | 19 | 11.4% | (2.7%-20.1%) | 12 | 7.1% | (1.8%-12.5%) | 6 |
| Non-Hispanic | 3.6% | (2.6%-4.7%) | 180 | 4.1% | (2.6%-5.6%) | 100 | 3.1% | (2.0%-4.3%) | 76 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 8.8% | (1.7%-15.9%) | 7 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 3.1% | (1.5%-4.7%) | 10 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.3% | (2.3%-4.2%) | 145 | 3.8% | (2.5%-5.1%) | 82 | 2.7% | (1.6%-3.8%) | 60 |
| Multiple Races | 10.4% | (5.6%-15.2%) | 25 | 11.3% | (5.0%-17.6%) | 13 | 8.9% | (2.5%-15.3%) | 10 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How old were you when you tried marijuana for the first time? (mn75)
Among students who have tried marijuana, the percentage of students who answered before age 11

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 18.9% | (8.9%-28.8%) | 38 | 17.2% | (7.2%-27.3%) | 19 | 20.7% | (5.5%-35.9%) | 18 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 21.0% | (5.0%-37.0%) | 10 | * | * | * | * | * | * |
| 13 | 17.7% | (5.8%-29.7%) | 22 | 10.5% | (1.4%-19.5%) | 7 | 24.0% | (4.5%-43.6%) | 15 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 15.4% | (5.0%-25.9%) | 10 | * | * | * | * | * | * |
| Grade 8 | 20.0% | (7.7%-32.4%) | 26 | 13.2% | (2.5%-23.9%) | 9 | 26.2% | (6.1%-46.2%) | 17 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 17.4% | (8.1%-26.7%) | 31 | 15.2% | (5.7%-24.7%) | 15 | 20.9% | (5.1%-36.8%) | 16 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 16.7% | (5.0%-28.4%) | 24 | 15.8% | (5.2%-26.3%) | 13 | 16.9% | (0.0%-34.5%) | 10 |
| Multiple Races | 24.8% | (7.3%-42.2%) | 6 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How old were you when you tried marijuana for the first time? (mn75_2)
Percentage of students who answered before age 11

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.7% | (0.3%-1.1%) | 38 | 0.7% | (0.2%-1.2%) | 19 | 0.7% | (0.2%-1.1%) | 18 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 0.4% | (0.1%-0.8%) | 10 | * | * | * | * | * | * |
| 13 | 0.8% | (0.2%-1.4%) | 22 | 0.5% | (0.0%-1.1%) | 7 | 1.1% | (0.2%-1.9%) | 15 |
| 14 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 0.4% | (0.1%-0.7%) | 10 | * | * | * | * | * | * |
| Grade 8 | 1.0% | (0.3%-1.6%) | 26 | 0.7% | (0.1%-1.2%) | 9 | 1.2% | (0.3%-2.1%) | 17 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 0.6% | (0.2%-1.0%) | 31 | 0.6% | (0.1%-1.1%) | 15 | 0.7% | (0.2%-1.1%) | 16 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.5% | (0.1%-1.0%) | 24 | 0.6% | (0.1%-1.1%) | 13 | 0.5% | (0.0%-0.9%) | 10 |
| Multiple Races | 2.6% | (0.2%-4.9%) | 6 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 30 days, how many times did you use marijuana? (mn76)
Percentage of students who answered at least 1 time

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.5% | (1.0%-2.0%) | 82 | 1.9% | (1.0%-2.7%) | 49 | 1.2% | (0.6%-1.8%) | 33 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 0.7% | (0.1%-1.2%) | 16 | * | * | * | * | * | * |
| 13 | 2.2% | (1.3%-3.0%) | 59 | 2.5% | (1.1%-4.0%) | 32 | 1.9% | (0.9%-2.8%) | 26 |
| 14 or older | 1.7% | (0.5%-3.0%) | 8 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.0% | (0.3%-1.7%) | 28 | 1.5% | (0.3%-2.8%) | 20 | 0.6% | (0.1%-1.0%) | 7 |
| Grade 8 | 1.9% | (1.3%-2.6%) | 53 | 2.1% | (1.1%-3.1%) | 28 | 1.8% | (0.8%-2.8%) | 25 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.0% | (1.9%-8.1%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 1.4% | (1.0%-1.9%) | 72 | 1.7% | (0.9%-2.5%) | 42 | 1.2% | (0.7%-1.7%) | 30 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.3% | (0.8%-1.8%) | 59 | 1.6% | (0.8%-2.5%) | 35 | 1.1% | (0.6%-1.5%) | 24 |
| Multiple Races | 4.5% | (1.4%-7.5%) | 11 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)
Percentage of students who answered 'Sort of easy' or 'Very easy'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 13.7% | (11.3%-16.2%) | 741 | 14.5% | (11.9%-17.0%) | 373 | 12.9% | (10.4%-15.4%) | 348 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 9.1% | (7.0%-11.2%) | 206 | 9.7% | (7.2%-12.2%) | 113 | 8.2% | (5.7%-10.6%) | 86 |
| 13 | 17.2% | (14.0%-20.3%) | 456 | 18.5% | (14.5%-22.5%) | 229 | 15.9% | (13.1%-18.7%) | 217 |
| 14 or older | 16.9% | (11.6%-22.2%) | 77 | 17.7% | (10.0%-25.4%) | 31 | 16.5% | (7.5%-25.5%) | 45 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 9.8% | (7.6%-11.9%) | 259 | 10.4% | (8.0%-12.7%) | 134 | 9.1% | (6.7%-11.4%) | 118 |
| Grade 8 | 17.5% | (14.3%-20.7%) | 472 | 18.3% | (14.9%-21.8%) | 233 | 16.6% | (13.1%-20.2%) | 230 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 18.0% | (11.0%-25.1%) | 35 | 17.7% | (7.2%-28.2%) | 18 | 19.6% | (9.4%-29.8%) | 18 |
| Non-Hispanic | 13.9% | (11.3%-16.4%) | 682 | 14.6% | (12.0%-17.3%) | 348 | 13.0% | (10.4%-15.6%) | 317 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 25.8% | (13.8%-37.9%) | 22 | * | * | * | * | * | * |
| Asian | 8.1% | (2.1%-14.2%) | 15 | * | * | * | * | * | * |
| Black or African American | 12.1% | (8.5%-15.7%) | 37 | 11.9% | (6.7%-17.1%) | 18 | 13.0% | (7.0%-19.1%) | 19 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 13.2% | (11.1%-15.3%) | 583 | 14.3% | (11.8%-16.9%) | 304 | 12.1% | (10.0%-14.3%) | 267 |
| Multiple Races | 23.0% | (15.1%-31.0%) | 56 | 27.1% | (15.3%-39.0%) | 32 | 18.3% | (11.0%-25.6%) | 22 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How wrong do your parents feel it would be for you to use marijuana? (mn193)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.8% | (2.9%-4.8%) | 210 | 3.8% | (2.6%-4.9%) | 100 | 3.9% | (2.7%-5.2%) | 107 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.5% | (1.6%-3.3%) | 57 | 2.8% | (1.3%-4.2%) | 33 | 2.3% | (0.5%-4.0%) | 24 |
| 13 | 4.9% | (3.6%-6.1%) | 131 | 4.9% | (3.1%-6.7%) | 62 | 4.9% | (3.0%-6.7%) | 67 |
| 14 or older | 4.6% | (1.9%-7.3%) | 22 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.9% | (1.9%-3.9%) | 79 | 3.0% | (1.7%-4.3%) | 40 | 3.0% | (1.4%-4.6%) | 39 |
| Grade 8 | 4.7% | (3.6%-5.8%) | 128 | 4.4% | (3.0%-5.8%) | 57 | 4.8% | (3.2%-6.5%) | 67 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 5.8% | (1.3%-10.2%) | 11 | * | * | * | * | * | * |
| Non-Hispanic | 3.8% | (2.8%-4.8%) | 189 | 3.6% | (2.5%-4.7%) | 87 | 4.1% | (2.7%-5.4%) | 99 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 10.5% | (2.2%-18.7%) | 9 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 2.7% | (1.2%-4.2%) | 9 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.6% | (2.6%-4.6%) | 160 | 3.6% | (2.2%-4.9%) | 77 | 3.6% | (2.3%-5.0%) | 80 |
| Multiple Races | 10.2% | (6.7%-13.7%) | 25 | 10.1% | (4.9%-15.3%) | 12 | 9.7% | (3.0%-16.4%) | 11 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)
Percentage of students who answered 'No risk' or 'Slight risk'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 30.5% | (26.1%-34.9%) | 1,648 | 29.5% | (24.0%-35.1%) | 764 | 31.6% | (27.8%-35.4%) | 852 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 25.2% | (20.7%-29.8%) | 571 | 25.8% | (20.6%-31.1%) | 301 | 24.4% | (19.9%-28.9%) | 256 |
| 13 | 34.2% | (29.4%-38.9%) | 912 | 32.3% | (25.9%-38.7%) | 403 | 36.1% | (31.9%-40.2%) | 493 |
| 14 or older | 34.4% | (27.2%-41.5%) | 157 | 33.7% | (24.8%-42.6%) | 59 | 36.1% | (26.8%-45.4%) | 99 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 25.7% | (21.2%-30.1%) | 681 | 26.0% | (20.7%-31.3%) | 339 | 25.2% | (21.1%-29.3%) | 326 |
| Grade 8 | 35.0% | (29.9%-40.2%) | 951 | 33.2% | (26.8%-39.5%) | 422 | 37.3% | (32.4%-42.2%) | 518 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 31.9% | (21.9%-41.9%) | 62 | 39.5% | (25.6%-53.3%) | 39 | 24.8% | (14.3%-35.2%) | 22 |
| Non-Hispanic | 30.6% | (26.1%-35.1%) | 1,508 | 29.2% | (23.7%-34.8%) | 698 | 32.0% | (27.8%-36.2%) | 781 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 47.2% | (30.8%-63.6%) | 38 | 47.5% | (24.8%-70.3%) | 16 | 45.5% | (29.4%-61.6%) | 20 |
| Asian | 15.7% | (7.5%-24.0%) | 28 | 16.3% | (4.0%-28.5%) | 12 | 15.4% | (7.0%-23.7%) | 16 |
| Black or African American | 26.2% | (19.9%-32.6%) | 83 | 26.6% | (20.4%-32.8%) | 41 | 27.5% | (18.4%-36.6%) | 42 |
| Native Hawaiian or Other Pacific Islander | 36.0% | (0.0%-75.9%) | 6 | * | * | * | * | * | * |
| White | 30.7% | (26.0%-35.3%) | 1,358 | 29.3% | (23.4%-35.1%) | 624 | 32.2% | (28.1%-36.3%) | 710 |
| Multiple Races | 37.5% | (29.5%-45.6%) | 91 | 42.0% | (30.2%-53.8%) | 49 | 33.9% | (21.9%-45.9%) | 39 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How wrong do your friends feel it would be for you to use marijuana? (mn195)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 12.2% | (9.7%-14.6%) | 660 | 13.2% | (9.8%-16.7%) | 347 | 10.9% | (8.7%-13.0%) | 289 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 7.7% | (5.5%-9.9%) | 177 | 8.5% | (5.1%-11.9%) | 103 | 6.1% | (3.6%-8.5%) | 61 |
| 13 | 15.4% | (11.3%-19.5%) | 412 | 17.5% | (12.0%-22.9%) | 218 | 13.6% | (9.6%-17.6%) | 186 |
| 14 or older | 15.8% | (9.1%-22.4%) | 70 | 16.3% | (5.3%-27.3%) | 25 | 15.3% | (7.9%-22.8%) | 42 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 8.2% | (5.9%-10.5%) | 218 | 8.5% | (5.0%-11.9%) | 111 | 7.5% | (4.6%-10.3%) | 94 |
| Grade 8 | 16.2% | (12.9%-19.5%) | 442 | 18.2% | (13.7%-22.7%) | 236 | 14.1% | (10.8%-17.4%) | 195 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 13.2% | (1.0%-25.4%) | 24 | 13.0% | (0.0%-31.4%) | 11 | 11.2% | (1.4%-21.0%) | 10 |
| Non-Hispanic | 12.5% | (10.0%-15.0%) | 617 | 13.6% | (9.9%-17.2%) | 326 | 11.4% | (9.1%-13.7%) | 273 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 16.5% | (3.7%-29.3%) | 13 | * | * | * | * | * | * |
| Asian | 5.8% | (0.0%-11.6%) | 10 | * | * | * | * | * | * |
| Black or African American | 13.0% | (7.1%-18.9%) | 41 | 15.3% | (5.6%-25.0%) | 24 | 9.9% | (0.0%-20.6%) | 14 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 11.7% | (9.2%-14.1%) | 513 | 12.8% | (8.9%-16.7%) | 274 | 10.2% | (7.9%-12.6%) | 221 |
| Multiple Races | 24.1% | (14.7%-33.5%) | 62 | 27.9% | (15.1%-40.7%) | 33 | 20.3% | (9.3%-31.3%) | 25 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
If a kid used marijuana in your community, would he or she be caught by the police? (mn196a)
Percentage of students who answered 'Probably not' or 'Definitely not'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 35.1% | (31.9%-38.4%) | 1,884 | 37.6% | (33.8%-41.3%) | 964 | 32.9% | (29.1%-36.7%) | 871 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 26.0% | (22.6%-29.4%) | 592 | 28.5% | (24.8%-32.2%) | 339 | 23.2% | (18.1%-28.3%) | 235 |
| 13 | 41.9% | (37.1%-46.7%) | 1,106 | 46.8% | (41.1%-52.5%) | 576 | 37.3% | (32.8%-41.8%) | 504 |
| 14 or older | 42.1% | (27.2%-57.0%) | 184 | 33.4% | (18.6%-48.2%) | 50 | 47.0% | (28.3%-65.6%) | 128 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 27.7% | (24.5%-30.8%) | 726 | 30.9% | (27.3%-34.5%) | 398 | 24.4% | (19.6%-29.3%) | 307 |
| Grade 8 | 42.4% | (37.4%-47.4%) | 1,144 | 43.8% | (38.1%-49.4%) | 555 | 40.8% | (34.9%-46.7%) | 561 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 32.5% | (16.8%-48.3%) | 60 | 32.6% | (12.4%-52.7%) | 29 | 30.8% | (12.9%-48.7%) | 28 |
| Non-Hispanic | 35.8% | (32.2%-39.4%) | 1,744 | 38.7% | (34.9%-42.5%) | 910 | 33.0% | (28.7%-37.3%) | 786 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 25.5% | (9.6%-41.4%) | 20 | 20.6% | (10.0%-31.1%) | 7 | 22.5% | (3.3%-41.6%) | 8 |
| Asian | 20.2% | (11.1%-29.2%) | 35 | 21.2% | (8.6%-33.7%) | 16 | 19.4% | (8.6%-30.2%) | 19 |
| Black or African American | 25.9% | (18.0%-33.8%) | 80 | 35.3% | (25.9%-44.6%) | 55 | 15.9% | (5.1%-26.7%) | 22 |
| Native Hawaiian or Other Pacific Islander | 64.4% | (30.4%-98.4%) | 12 | * | * | * | * | * | * |
| White | 36.2% | (32.9%-39.6%) | 1,573 | 38.3% | (34.7%-41.8%) | 797 | 34.4% | (30.2%-38.5%) | 741 |
| Multiple Races | 39.9% | (26.6%-53.2%) | 102 | 47.6% | (32.1%-63.1%) | 58 | 33.4% | (13.7%-53.0%) | 41 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Do you think using marijuana would negatively impact your goals or future? (mn205)
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

| | Total | | | Female | | | Male | | |
|---|-------|----------------|-------|--------|---------------|-------|-------|----------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 97.2% | (96.0%-98.4%) | 5,230 | 96.9% | (95.5%-98.4%) | 2,516 | 97.5% | (96.1%-99.0%) | 2,564 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 98.0% | (96.7%-99.2%) | 2,229 | 97.0% | (95.0%-99.1%) | 1,161 | 99.1% | (98.2%-100.0%) | 994 |
| 13 | 96.5% | (94.7%-98.2%) | 2,560 | 96.6% | (94.6%-98.6%) | 1,206 | 96.4% | (94.1%-98.6%) | 1,301 |
| 14 or older | 97.7% | (95.3%-100.0%) | 430 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 98.0% | (96.8%-99.2%) | 2,575 | 97.0% | (95.1%-98.9%) | 1,257 | 99.2% | (98.3%-100.0%) | 1,234 |
| Grade 8 | 96.5% | (94.8%-98.2%) | 2,621 | 96.8% | (95.0%-98.6%) | 1,248 | 96.2% | (93.9%-98.6%) | 1,319 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 94.7% | (89.9%-99.5%) | 173 | * | * | * | * | * | * |
| Non-Hispanic | 97.2% | (96.0%-98.5%) | 4,780 | 97.1% | (95.5%-98.6%) | 2,322 | 97.4% | (95.7%-99.0%) | 2,323 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 95.6% | (92.0%-99.3%) | 288 | 95.0% | (91.8%-98.2%) | 139 | 95.9% | (89.3%-100.0%) | 135 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 97.6% | (96.4%-98.7%) | 4,266 | 97.6% | (96.1%-99.1%) | 2,069 | 97.5% | (95.9%-99.1%) | 2,090 |
| Multiple Races | 92.5% | (86.9%-98.0%) | 239 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (mn86a)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 4.8% | (3.4%-6.1%) | 261 | 5.7% | (3.7%-7.7%) | 151 | 3.5% | (2.1%-4.9%) | 95 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 4.3% | (2.9%-5.8%) | 98 | 4.6% | (2.7%-6.4%) | 53 | 3.9% | (1.2%-6.5%) | 41 |
| 13 | 5.0% | (3.4%-6.6%) | 136 | 6.1% | (3.4%-8.7%) | 78 | 3.4% | (1.3%-5.5%) | 47 |
| 14 or older | 5.7% | (0.3%-11.0%) | 27 | 10.2% | (1.3%-19.1%) | 20 | 2.5% | (0.0%-6.2%) | 7 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 4.3% | (2.9%-5.7%) | 116 | 4.8% | (2.8%-6.8%) | 65 | 3.4% | (1.3%-5.5%) | 45 |
| Grade 8 | 5.2% | (3.3%-7.0%) | 141 | 6.7% | (3.7%-9.8%) | 86 | 3.4% | (1.6%-5.1%) | 47 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 11.6% | (4.4%-18.9%) | 25 | * | * | * | * | * | * |
| Non-Hispanic | 4.5% | (3.2%-5.9%) | 225 | 5.0% | (3.1%-7.0%) | 122 | 3.6% | (2.3%-4.9%) | 88 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 9.8% | (0.0%-20.9%) | 8 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 4.2% | (0.0%-8.7%) | 14 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 4.6% | (3.4%-5.8%) | 205 | 5.1% | (3.4%-6.8%) | 112 | 3.5% | (2.0%-5.0%) | 79 |
| Multiple Races | 6.3% | (0.9%-11.7%) | 14 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, how many times did you sniff glue, breathe the contents of spray cans, or inhale any paints or sprays to get high? (mn91a)
Percentage of students who answered at least 1 time*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.4% | (0.7%-2.1%) | 76 | 2.0% | (1.1%-2.9%) | 53 | 0.7% | (0.0%-1.5%) | 20 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.0% | (0.3%-1.7%) | 23 | 1.4% | (0.5%-2.3%) | 16 | 0.7% | (0.0%-1.6%) | 7 |
| 13 | 1.5% | (0.5%-2.6%) | 42 | 2.0% | (0.5%-3.6%) | 26 | 0.9% | (0.0%-2.0%) | 12 |
| 14 or older | 1.7% | (0.0%-3.8%) | 8 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.2% | (0.4%-2.0%) | 33 | 1.7% | (0.7%-2.7%) | 23 | 0.5% | (0.0%-1.3%) | 7 |
| Grade 8 | 1.5% | (0.4%-2.5%) | 41 | 2.2% | (0.6%-3.8%) | 28 | 0.9% | (0.0%-2.0%) | 12 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 4.9% | (0.0%-10.4%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 1.3% | (0.7%-2.0%) | 66 | 1.8% | (0.9%-2.7%) | 43 | 0.8% | (0.0%-1.7%) | 20 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.4% | (0.6%-2.1%) | 61 | 1.8% | (0.8%-2.9%) | 40 | 0.8% | (0.0%-1.7%) | 17 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 5.6% | (4.9%-6.2%) | 304 | 6.5% | (5.6%-7.4%) | 172 | 4.5% | (3.3%-5.6%) | 121 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 5.1% | (3.6%-6.7%) | 117 | 5.4% | (3.7%-7.1%) | 64 | 4.4% | (2.2%-6.7%) | 46 |
| 13 | 5.9% | (4.9%-6.8%) | 158 | 7.1% | (5.4%-8.9%) | 91 | 4.5% | (3.1%-5.9%) | 62 |
| 14 or older | 6.2% | (3.8%-8.6%) | 29 | 9.4% | (4.9%-13.9%) | 17 | 4.4% | (0.9%-7.9%) | 12 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 5.3% | (4.0%-6.6%) | 142 | 5.6% | (4.1%-7.1%) | 74 | 4.6% | (2.8%-6.4%) | 60 |
| Grade 8 | 5.8% | (4.8%-6.8%) | 160 | 7.4% | (5.8%-9.0%) | 96 | 4.4% | (2.9%-5.8%) | 61 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 8.8% | (4.6%-13.0%) | 18 | * | * | * | * | * | * |
| Non-Hispanic | 5.5% | (4.8%-6.1%) | 271 | 6.4% | (5.5%-7.3%) | 155 | 4.3% | (3.2%-5.4%) | 105 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 5.5% | (1.3%-9.6%) | 10 | * | * | * | * | * | * |
| Black or African American | 8.8% | (5.2%-12.4%) | 28 | 8.7% | (3.6%-13.7%) | 14 | 8.6% | (1.5%-15.8%) | 13 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 5.2% | (4.5%-5.9%) | 231 | 6.0% | (5.1%-6.8%) | 129 | 4.1% | (3.0%-5.3%) | 92 |
| Multiple Races | 7.7% | (4.2%-11.2%) | 18 | 8.2% | (3.1%-13.3%) | 9 | 7.8% | (2.0%-13.5%) | 9 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? (mn88a)
Percentage of students who answered at least 1 time*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.6% | (2.1%-3.1%) | 141 | 2.4% | (1.6%-3.2%) | 64 | 2.7% | (2.1%-3.3%) | 72 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.2% | (1.4%-3.0%) | 50 | 2.0% | (0.8%-3.1%) | 23 | 2.4% | (1.7%-3.2%) | 25 |
| 13 | 2.9% | (1.9%-3.9%) | 77 | 2.9% | (1.4%-4.3%) | 36 | 2.7% | (1.7%-3.8%) | 38 |
| 14 or older | 2.9% | (1.3%-4.5%) | 13 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 2.5% | (1.8%-3.1%) | 66 | 2.1% | (1.1%-3.2%) | 28 | 2.6% | (1.9%-3.3%) | 34 |
| Grade 8 | 2.6% | (1.9%-3.4%) | 72 | 2.5% | (1.5%-3.5%) | 32 | 2.8% | (1.7%-3.8%) | 38 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 6.2% | (3.4%-9.1%) | 12 | * | * | * | * | * | * |
| Non-Hispanic | 2.5% | (2.0%-3.0%) | 126 | 2.2% | (1.5%-3.0%) | 54 | 2.7% | (2.1%-3.4%) | 67 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 3.8% | (0.3%-7.3%) | 7 | * | * | * | * | * | * |
| Black or African American | 3.2% | (0.6%-5.7%) | 10 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.3% | (1.8%-2.8%) | 103 | 2.0% | (1.2%-2.8%) | 44 | 2.4% | (1.9%-3.0%) | 54 |
| Multiple Races | 3.6% | (0.2%-6.9%) | 9 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How wrong do your parents feel it would be for you to take prescription drugs not prescribed to you? (mn176)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.1% | (2.3%-3.9%) | 166 | 4.1% | (2.9%-5.3%) | 107 | 2.3% | (1.0%-3.5%) | 59 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 3.0% | (1.8%-4.1%) | 67 | 4.4% | (2.1%-6.8%) | 53 | 1.4% | (0.1%-2.8%) | 14 |
| 13 | 3.1% | (1.6%-4.7%) | 84 | 3.8% | (1.6%-6.1%) | 47 | 2.6% | (1.1%-4.2%) | 36 |
| 14 or older | 3.5% | (0.3%-6.7%) | 15 | 4.0% | (0.0%-8.5%) | 6 | 3.4% | (0.0%-8.7%) | 9 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 3.0% | (1.8%-4.2%) | 78 | 4.3% | (2.2%-6.4%) | 56 | 1.8% | (0.2%-3.4%) | 22 |
| Grade 8 | 3.0% | (1.7%-4.4%) | 82 | 3.7% | (2.0%-5.4%) | 48 | 2.5% | (0.6%-4.4%) | 34 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 3.1% | (2.4%-3.8%) | 152 | 4.3% | (3.1%-5.5%) | 102 | 2.1% | (0.9%-3.3%) | 50 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 5.8% | (0.0%-13.6%) | 10 | * | * | * | * | * | * |
| Black or African American | 6.4% | (2.1%-10.8%) | 18 | 5.3% | (0.0%-10.9%) | 8 | 8.5% | (1.4%-15.6%) | 10 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.5% | (2.2%-2.9%) | 111 | 3.6% | (2.6%-4.7%) | 76 | 1.6% | (0.7%-2.6%) | 35 |
| Multiple Races | 5.6% | (0.2%-10.9%) | 15 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 8.6% | (6.9%-10.3%) | 451 | 8.2% | (6.2%-10.2%) | 209 | 8.4% | (6.5%-10.4%) | 217 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 8.5% | (6.4%-10.6%) | 188 | 8.7% | (5.5%-11.8%) | 102 | 8.0% | (5.9%-10.1%) | 77 |
| 13 | 8.8% | (6.3%-11.3%) | 230 | 8.1% | (5.5%-10.6%) | 98 | 8.9% | (5.6%-12.1%) | 119 |
| 14 or older | 7.6% | (4.0%-11.3%) | 33 | 5.8% | (0.0%-16.4%) | 9 | 8.1% | (2.8%-13.4%) | 21 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 8.5% | (6.4%-10.5%) | 216 | 8.8% | (5.7%-11.8%) | 112 | 7.6% | (5.3%-9.9%) | 92 |
| Grade 8 | 8.8% | (6.6%-11.0%) | 235 | 7.7% | (5.2%-10.1%) | 97 | 9.3% | (7.0%-11.5%) | 125 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 6.1% | (0.8%-11.4%) | 11 | * | * | * | * | * | * |
| Non-Hispanic | 8.9% | (7.3%-10.6%) | 429 | 8.7% | (6.7%-10.7%) | 203 | 8.6% | (6.8%-10.5%) | 200 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 7.7% | (0.0%-18.8%) | 6 | * | * | * | * | * | * |
| Asian | 11.0% | (3.3%-18.8%) | 18 | * | * | * | * | * | * |
| Black or African American | 14.8% | (9.7%-19.9%) | 41 | 12.1% | (5.6%-18.6%) | 17 | 13.1% | (3.7%-22.4%) | 16 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 7.7% | (6.3%-9.1%) | 331 | 7.8% | (5.6%-9.9%) | 162 | 7.5% | (6.0%-9.1%) | 158 |
| Multiple Races | 13.0% | (3.9%-22.1%) | 34 | 6.2% | (0.0%-12.4%) | 7 | 18.2% | (5.1%-31.3%) | 23 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

If you wanted to get prescription drugs (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) that were not prescribed to you, how easy would it be to get some? (mn184)

Percentage of students who answered 'Sort of easy' or 'Very easy'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 12.6% | (10.9%-14.3%) | 657 | 14.8% | (11.6%-18.0%) | 375 | 10.1% | (7.9%-12.4%) | 259 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 10.5% | (7.9%-13.0%) | 230 | 11.6% | (6.9%-16.3%) | 135 | 8.2% | (5.4%-11.0%) | 80 |
| 13 | 14.1% | (11.5%-16.6%) | 364 | 17.2% | (13.3%-21.0%) | 210 | 11.2% | (6.9%-15.4%) | 147 |
| 14 or older | 14.7% | (6.8%-22.6%) | 62 | 20.6% | (8.1%-33.0%) | 30 | 12.3% | (5.1%-19.4%) | 32 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 11.1% | (9.0%-13.3%) | 284 | 11.7% | (7.8%-15.6%) | 148 | 9.3% | (7.0%-11.6%) | 113 |
| Grade 8 | 14.0% | (11.2%-16.8%) | 370 | 17.8% | (13.5%-22.1%) | 224 | 11.0% | (6.9%-15.1%) | 146 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 9.5% | (3.2%-15.8%) | 16 | * | * | * | * | * | * |
| Non-Hispanic | 13.2% | (11.4%-15.0%) | 629 | 15.6% | (12.2%-19.0%) | 364 | 10.5% | (8.0%-12.9%) | 242 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 19.8% | (11.5%-28.0%) | 31 | 25.5% | (8.4%-42.6%) | 18 | 15.3% | (4.1%-26.4%) | 13 |
| Black or African American | 17.0% | (12.5%-21.5%) | 45 | 18.8% | (8.8%-28.7%) | 27 | 11.8% | (8.8%-14.8%) | 13 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 12.1% | (10.2%-14.0%) | 519 | 14.6% | (11.0%-18.3%) | 304 | 9.5% | (6.6%-12.4%) | 201 |
| Multiple Races | 16.5% | (8.3%-24.7%) | 43 | 14.3% | (3.2%-25.4%) | 17 | 19.6% | (6.5%-32.8%) | 26 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them?
(mn95)*

Percentage of students who answered 'No risk' or 'Slight risk'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 11.2% | (8.9%-13.4%) | 593 | 10.2% | (7.3%-13.1%) | 261 | 12.0% | (9.6%-14.4%) | 313 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 11.7% | (9.2%-14.2%) | 262 | 11.7% | (8.6%-14.7%) | 137 | 12.3% | (9.3%-15.4%) | 122 |
| 13 | 10.7% | (7.9%-13.5%) | 282 | 8.7% | (4.0%-13.4%) | 107 | 11.7% | (8.7%-14.7%) | 159 |
| 14 or older | 11.5% | (6.7%-16.2%) | 49 | 10.9% | (2.4%-19.4%) | 17 | 12.5% | (7.6%-17.4%) | 32 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 11.9% | (9.4%-14.4%) | 308 | 11.8% | (9.0%-14.7%) | 151 | 11.9% | (8.9%-15.0%) | 147 |
| Grade 8 | 10.3% | (7.7%-12.9%) | 278 | 8.7% | (4.3%-13.0%) | 111 | 11.6% | (8.8%-14.4%) | 158 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 15.4% | (9.9%-20.9%) | 28 | 14.3% | (5.4%-23.2%) | 13 | 16.9% | (5.5%-28.3%) | 15 |
| Non-Hispanic | 10.7% | (8.1%-13.3%) | 518 | 9.9% | (6.8%-13.0%) | 233 | 11.6% | (9.1%-14.2%) | 272 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 15.1% | (0.8%-29.4%) | 12 | * | * | * | * | * | * |
| Asian | 22.7% | (6.3%-39.1%) | 38 | 29.8% | (6.0%-53.6%) | 22 | 17.1% | (2.5%-31.6%) | 16 |
| Black or African American | 16.0% | (9.1%-22.9%) | 43 | 12.8% | (5.0%-20.6%) | 18 | 19.8% | (6.9%-32.7%) | 23 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 10.1% | (8.6%-11.6%) | 440 | 9.0% | (7.0%-11.1%) | 190 | 11.0% | (8.7%-13.4%) | 236 |
| Multiple Races | 12.7% | (5.2%-20.2%) | 33 | 10.4% | (1.5%-19.2%) | 12 | 15.7% | (4.4%-27.0%) | 21 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 58.2% | (54.1%-62.2%) | 3,156 | 55.9% | (50.2%-61.5%) | 1,461 | 60.8% | (56.8%-64.8%) | 1,622 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 54.6% | (50.8%-58.5%) | 1,252 | 52.7% | (46.7%-58.7%) | 634 | 57.9% | (53.5%-62.4%) | 591 |
| 13 | 59.8% | (53.5%-66.2%) | 1,604 | 57.3% | (48.8%-65.7%) | 719 | 61.9% | (56.3%-67.5%) | 851 |
| 14 or older | 66.9% | (61.0%-72.7%) | 294 | 70.0% | (53.8%-86.3%) | 108 | 66.7% | (59.4%-73.9%) | 180 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 53.7% | (49.1%-58.3%) | 1,422 | 52.2% | (46.5%-57.9%) | 682 | 56.0% | (50.8%-61.1%) | 710 |
| Grade 8 | 62.4% | (57.6%-67.2%) | 1,709 | 59.7% | (52.4%-67.1%) | 774 | 65.0% | (60.2%-69.8%) | 901 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 43.3% | (33.7%-52.9%) | 80 | 40.0% | (27.8%-52.2%) | 35 | 45.0% | (27.8%-62.1%) | 43 |
| Non-Hispanic | 59.7% | (55.1%-64.3%) | 2,949 | 57.2% | (51.0%-63.4%) | 1,381 | 62.7% | (58.2%-67.2%) | 1,503 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 59.8% | (47.4%-72.3%) | 49 | 58.3% | (39.0%-77.7%) | 21 | 65.8% | (44.2%-87.5%) | 25 |
| Asian | 45.9% | (36.8%-55.1%) | 79 | 30.8% | (16.9%-44.7%) | 24 | 58.1% | (42.2%-74.0%) | 56 |
| Black or African American | 46.3% | (40.3%-52.2%) | 135 | 47.0% | (31.1%-62.9%) | 71 | 50.3% | (40.5%-60.2%) | 65 |
| Native Hawaiian or Other Pacific Islander | 50.6% | (0.5%-100.0%) | 9 | * | * | * | * | * | * |
| White | 60.6% | (56.3%-65.0%) | 2,683 | 58.4% | (51.9%-64.9%) | 1,249 | 62.7% | (58.3%-67.2%) | 1,369 |
| Multiple Races | 54.9% | (46.8%-62.9%) | 144 | 59.9% | (48.2%-71.6%) | 73 | 52.5% | (41.1%-63.9%) | 67 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 12 months, how many times have you been drunk or high at school? (mn96a)
Percentage of students who answered at least 1 time

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.5% | (0.8%-2.1%) | 80 | 1.4% | (0.7%-2.1%) | 37 | 1.6% | (0.7%-2.6%) | 43 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 1.1% | (0.2%-2.0%) | 26 | 1.4% | (0.4%-2.5%) | 18 | 0.8% | (0.0%-1.8%) | 9 |
| 13 | 1.8% | (1.0%-2.5%) | 48 | 1.5% | (0.5%-2.5%) | 19 | 2.1% | (0.8%-3.4%) | 29 |
| 14 or older | 1.3% | (0.0%-3.1%) | 6 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 1.8% | (0.7%-3.0%) | 49 | 1.9% | (0.5%-3.2%) | 25 | 1.9% | (0.5%-3.4%) | 25 |
| Grade 8 | 1.1% | (0.5%-1.8%) | 31 | 0.9% | (0.2%-1.7%) | 12 | 1.3% | (0.2%-2.5%) | 19 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.3% | (0.6%-2.1%) | 66 | 1.3% | (0.5%-2.1%) | 32 | 1.4% | (0.4%-2.4%) | 34 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 4.2% | (1.4%-7.0%) | 13 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.1% | (0.4%-1.9%) | 51 | 1.3% | (0.3%-2.2%) | 27 | 1.1% | (0.0%-2.1%) | 24 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Has anyone offered, sold, or given you an illegal drug on school property? (mn97)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 4.4% | (3.1%-5.8%) | 245 | 4.7% | (3.0%-6.3%) | 124 | 4.1% | (2.3%-5.8%) | 114 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 3.9% | (2.1%-5.8%) | 90 | 3.4% | (0.8%-6.0%) | 40 | 4.7% | (1.8%-7.5%) | 51 |
| 13 | 4.7% | (3.0%-6.4%) | 130 | 5.9% | (2.7%-9.0%) | 76 | 3.3% | (1.6%-5.0%) | 47 |
| 14 or older | 4.6% | (0.0%-9.5%) | 22 | 4.3% | (0.0%-9.9%) | 9 | 4.9% | (0.0%-10.8%) | 14 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 3.8% | (2.3%-5.4%) | 104 | 3.5% | (1.4%-5.6%) | 47 | 4.0% | (1.8%-6.2%) | 54 |
| Grade 8 | 5.1% | (3.2%-7.0%) | 141 | 6.0% | (3.0%-9.0%) | 78 | 4.2% | (1.9%-6.5%) | 59 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 4.6% | (3.2%-6.0%) | 231 | 4.7% | (3.1%-6.4%) | 116 | 4.3% | (2.5%-6.1%) | 108 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 3.9% | (0.0%-8.2%) | 8 | * | * | * | * | * | * |
| Black or African American | 2.9% | (0.0%-6.0%) | 10 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 4.4% | (3.1%-5.6%) | 198 | 4.6% | (3.0%-6.1%) | 101 | 4.0% | (2.2%-5.7%) | 90 |
| Multiple Races | 7.3% | (2.7%-11.9%) | 16 | 8.2% | (1.5%-14.9%) | 9 | 6.8% | (0.0%-14.7%) | 7 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)
Percentage of students who answered 'Strongly agree' or 'Agree'*

| | Total | | | Female | | | Male | | |
|---|-------|----------------|-------|--------|---------------|-------|-------|----------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 94.0% | (92.4%-95.5%) | 5,012 | 93.1% | (91.4%-94.8%) | 2,373 | 94.8% | (93.0%-96.6%) | 2,497 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 96.0% | (94.1%-97.9%) | 2,156 | 96.5% | (95.2%-97.8%) | 1,121 | 95.9% | (92.6%-99.1%) | 968 |
| 13 | 92.5% | (90.7%-94.3%) | 2,443 | 90.2% | (88.0%-92.4%) | 1,117 | 94.6% | (92.6%-96.5%) | 1,275 |
| 14 or older | 92.5% | (88.5%-96.6%) | 405 | 90.9% | (82.1%-99.8%) | 135 | 93.0% | (87.4%-98.6%) | 254 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 94.9% | (92.9%-96.9%) | 2,467 | 95.6% | (93.7%-97.5%) | 1,206 | 94.5% | (91.6%-97.3%) | 1,184 |
| Grade 8 | 93.0% | (91.5%-94.4%) | 2,511 | 90.6% | (88.6%-92.6%) | 1,156 | 95.1% | (93.4%-96.8%) | 1,302 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 92.6% | (87.0%-98.2%) | 165 | * | * | * | * | * | * |
| Non-Hispanic | 93.7% | (92.1%-95.4%) | 4,549 | 92.7% | (90.9%-94.5%) | 2,176 | 94.8% | (92.9%-96.7%) | 2,248 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | 93.0% | (85.1%-100.0%) | 161 | * | * | * | * | * | * |
| Black or African American | 90.8% | (87.1%-94.6%) | 259 | 94.7% | (89.9%-99.5%) | 138 | 85.3% | (79.4%-91.2%) | 107 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 94.4% | (93.0%-95.9%) | 4,116 | 93.2% | (91.5%-94.9%) | 1,942 | 95.8% | (94.1%-97.5%) | 2,077 |
| Multiple Races | 92.2% | (87.3%-97.1%) | 241 | 91.9% | (86.6%-97.3%) | 115 | 91.8% | (83.2%-100.0%) | 116 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Have you ever had sexual intercourse? (mn100)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.7% | (2.8%-4.6%) | 196 | 3.7% | (2.5%-4.9%) | 95 | 3.7% | (2.5%-4.9%) | 96 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 2.7% | (1.5%-4.0%) | 61 | 3.3% | (1.6%-4.9%) | 38 | 2.1% | (0.7%-3.4%) | 21 |
| 13 | 3.8% | (2.7%-4.9%) | 100 | 3.0% | (1.3%-4.7%) | 37 | 4.5% | (3.1%-5.8%) | 59 |
| 14 or older | 7.5% | (4.4%-10.7%) | 34 | 11.4% | (8.0%-14.8%) | 20 | 5.2% | (0.9%-9.5%) | 14 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 3.3% | (2.2%-4.4%) | 86 | 3.9% | (2.4%-5.4%) | 50 | 2.6% | (1.3%-4.0%) | 33 |
| Grade 8 | 4.1% | (2.8%-5.3%) | 108 | 3.6% | (2.0%-5.1%) | 45 | 4.5% | (2.7%-6.4%) | 61 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 8.4% | (4.3%-12.5%) | 16 | 8.1% | (2.2%-13.9%) | 8 | 9.4% | (1.8%-17.0%) | 8 |
| Non-Hispanic | 3.4% | (2.6%-4.3%) | 167 | 3.5% | (2.3%-4.7%) | 84 | 3.3% | (2.1%-4.5%) | 77 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 12.4% | (3.8%-21.1%) | 10 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 4.7% | (2.2%-7.3%) | 14 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.2% | (2.3%-4.1%) | 138 | 2.8% | (1.8%-3.8%) | 60 | 3.4% | (2.1%-4.7%) | 73 |
| Multiple Races | 9.2% | (5.8%-12.7%) | 22 | 11.6% | (6.8%-16.4%) | 13 | 7.6% | (2.3%-12.8%) | 9 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*The last time you had sexual intercourse, did you or your partner use a condom? (mn101)
Among students who ever had sexual intercourse, the percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|----------------|----|--------|---------------|----|-------|---------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 54.3% | (36.4%-72.3%) | 84 | 48.9% | (25.5%-72.3%) | 33 | 62.5% | (44.0%-81.1%) | 48 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 75.7% | (51.5%-99.9%) | 29 | * | * | * | * | * | * |
| 13 | 34.6% | (18.8%-50.3%) | 28 | * | * | * | * | * | * |
| 14 or older | 76.3% | (51.8%-100.0%) | 28 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 66.7% | (41.7%-91.7%) | 38 | * | * | * | * | * | * |
| Grade 8 | 47.1% | (27.4%-66.9%) | 46 | 44.5% | (22.0%-67.0%) | 16 | 51.6% | (30.3%-72.9%) | 31 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 31.1% | (0.0%-64.3%) | 6 | * | * | * | * | * | * |
| Non-Hispanic | 57.6% | (41.1%-74.1%) | 79 | 55.2% | (31.8%-78.5%) | 30 | 63.6% | (43.8%-83.3%) | 45 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 59.2% | (39.8%-78.6%) | 66 | 49.9% | (17.3%-82.4%) | 20 | 70.6% | (48.9%-92.3%) | 42 |
| Multiple Races | 36.0% | (1.4%-70.5%) | 7 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Among students who ever had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 38.1% | (35.4%-40.9%) | 2,043 | 36.1% | (32.2%-40.0%) | 933 | 40.5% | (37.5%-43.6%) | 1,073 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 39.6% | (36.3%-42.8%) | 885 | 37.5% | (33.1%-42.0%) | 434 | 42.8% | (39.1%-46.5%) | 437 |
| 13 | 36.7% | (33.5%-39.9%) | 975 | 34.8% | (30.2%-39.5%) | 435 | 38.6% | (35.1%-42.1%) | 523 |
| 14 or older | 38.4% | (33.4%-43.5%) | 172 | 35.3% | (24.4%-46.1%) | 61 | 40.6% | (35.6%-45.6%) | 107 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 39.7% | (36.3%-43.0%) | 1,040 | 37.0% | (32.4%-41.7%) | 477 | 43.3% | (39.5%-47.1%) | 550 |
| Grade 8 | 36.5% | (33.7%-39.3%) | 982 | 35.3% | (31.1%-39.4%) | 450 | 37.8% | (34.8%-40.9%) | 516 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 37.4% | (30.6%-44.1%) | 74 | 31.7% | (22.6%-40.8%) | 33 | 46.6% | (34.3%-58.8%) | 41 |
| Non-Hispanic | 38.1% | (35.4%-40.9%) | 1,857 | 36.2% | (32.4%-40.0%) | 860 | 40.4% | (37.3%-43.5%) | 963 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 43.8% | (30.0%-57.7%) | 35 | 30.1% | (11.6%-48.7%) | 10 | 58.7% | (42.3%-75.2%) | 25 |
| Asian | 30.3% | (22.0%-38.5%) | 54 | 25.0% | (15.9%-34.2%) | 19 | 34.2% | (22.5%-45.8%) | 35 |
| Black or African American | 36.7% | (26.7%-46.8%) | 113 | 33.6% | (26.1%-41.0%) | 52 | 39.7% | (25.7%-53.8%) | 56 |
| Native Hawaiian or Other Pacific Islander | 49.3% | (18.1%-80.4%) | 8 | * | * | * | * | * | * |
| White | 37.8% | (35.0%-40.6%) | 1,656 | 36.1% | (31.6%-40.6%) | 764 | 39.9% | (36.6%-43.1%) | 867 |
| Multiple Races | 43.9% | (37.6%-50.1%) | 104 | 37.9% | (30.2%-45.6%) | 44 | 50.7% | (41.2%-60.2%) | 58 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 32.7% | (28.9%-36.6%) | 1,754 | 34.9% | (30.2%-39.7%) | 903 | 30.3% | (26.3%-34.2%) | 801 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 31.1% | (27.2%-35.0%) | 696 | 32.2% | (26.7%-37.8%) | 373 | 29.5% | (25.7%-33.2%) | 301 |
| 13 | 34.6% | (30.2%-39.1%) | 920 | 37.4% | (31.7%-43.1%) | 468 | 31.8% | (27.4%-36.2%) | 431 |
| 14 or older | 30.1% | (23.9%-36.4%) | 135 | 35.4% | (25.3%-45.5%) | 61 | 26.3% | (18.9%-33.6%) | 69 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 31.7% | (27.7%-35.8%) | 832 | 33.0% | (27.6%-38.4%) | 425 | 30.0% | (25.7%-34.3%) | 381 |
| Grade 8 | 33.6% | (29.4%-37.8%) | 904 | 36.7% | (31.2%-42.1%) | 468 | 30.5% | (26.2%-34.8%) | 416 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 31.2% | (24.2%-38.2%) | 62 | 32.5% | (22.7%-42.4%) | 34 | 27.8% | (15.4%-40.1%) | 24 |
| Non-Hispanic | 32.8% | (28.9%-36.8%) | 1,600 | 35.4% | (30.6%-40.1%) | 841 | 30.1% | (26.0%-34.3%) | 719 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 22.0% | (11.9%-32.0%) | 17 | * | * | * | * | * | * |
| Asian | 36.9% | (27.5%-46.3%) | 66 | 45.6% | (33.8%-57.4%) | 35 | 30.4% | (18.9%-41.9%) | 31 |
| Black or African American | 35.3% | (27.4%-43.3%) | 109 | 40.2% | (31.5%-49.0%) | 63 | 28.4% | (20.8%-36.1%) | 40 |
| Native Hawaiian or Other Pacific Islander | 35.0% | (11.5%-58.5%) | 6 | * | * | * | * | * | * |
| White | 32.8% | (28.7%-36.9%) | 1,436 | 34.4% | (29.3%-39.5%) | 728 | 31.1% | (26.9%-35.3%) | 677 |
| Multiple Races | 29.3% | (23.8%-34.7%) | 70 | 35.4% | (28.3%-42.5%) | 41 | 22.6% | (13.2%-32.0%) | 26 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 17.2% | (15.1%-19.3%) | 932 | 16.3% | (14.6%-17.9%) | 426 | 17.9% | (15.2%-20.7%) | 479 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 18.7% | (16.3%-21.0%) | 421 | 18.9% | (16.3%-21.4%) | 221 | 19.1% | (15.1%-23.1%) | 195 |
| 13 | 15.4% | (12.9%-17.8%) | 414 | 13.7% | (11.3%-16.1%) | 174 | 16.6% | (14.0%-19.2%) | 227 |
| 14 or older | 20.3% | (15.1%-25.4%) | 93 | 17.1% | (10.6%-23.6%) | 30 | 21.0% | (15.0%-27.0%) | 57 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 18.6% | (16.2%-20.9%) | 491 | 18.3% | (15.9%-20.7%) | 239 | 19.4% | (15.3%-23.6%) | 248 |
| Grade 8 | 15.8% | (13.3%-18.3%) | 432 | 14.3% | (11.5%-17.2%) | 186 | 16.5% | (13.7%-19.3%) | 228 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 20.1% | (14.1%-26.0%) | 40 | 19.6% | (9.0%-30.2%) | 21 | 20.6% | (11.0%-30.2%) | 18 |
| Non-Hispanic | 17.1% | (15.0%-19.3%) | 845 | 16.1% | (14.3%-17.9%) | 389 | 17.9% | (14.8%-21.0%) | 431 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 11.7% | (3.7%-19.7%) | 9 | * | * | * | * | * | * |
| Asian | 20.7% | (15.5%-25.8%) | 37 | 20.4% | (9.0%-31.7%) | 16 | 20.9% | (11.3%-30.5%) | 22 |
| Black or African American | 15.5% | (11.9%-19.2%) | 49 | 13.8% | (9.8%-17.8%) | 22 | 16.5% | (11.2%-21.9%) | 24 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 17.1% | (14.9%-19.3%) | 756 | 15.9% | (13.9%-17.9%) | 342 | 18.0% | (15.1%-21.0%) | 395 |
| Multiple Races | 18.4% | (11.9%-25.0%) | 44 | 19.0% | (11.9%-26.2%) | 22 | 19.3% | (8.8%-29.7%) | 22 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 48.2% | (43.7%-52.7%) | 2,614 | 48.8% | (43.8%-53.9%) | 1,282 | 47.4% | (42.7%-52.0%) | 1,265 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 46.9% | (41.8%-52.0%) | 1,057 | 46.8% | (41.0%-52.6%) | 548 | 46.3% | (40.2%-52.4%) | 474 |
| 13 | 49.4% | (44.6%-54.3%) | 1,332 | 50.2% | (44.9%-55.4%) | 639 | 48.7% | (43.6%-53.8%) | 667 |
| 14 or older | 48.2% | (42.0%-54.4%) | 220 | 54.2% | (45.8%-62.7%) | 95 | 44.9% | (37.1%-52.8%) | 122 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 47.8% | (42.8%-52.9%) | 1,265 | 48.2% | (42.1%-54.4%) | 630 | 46.9% | (40.7%-53.0%) | 598 |
| Grade 8 | 48.5% | (44.0%-53.0%) | 1,326 | 49.5% | (44.2%-54.7%) | 642 | 47.7% | (43.5%-52.0%) | 660 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 49.8% | (37.2%-62.4%) | 98 | 50.7% | (35.7%-65.8%) | 53 | 49.5% | (31.0%-68.0%) | 43 |
| Non-Hispanic | 48.4% | (43.9%-52.9%) | 2,385 | 49.2% | (44.1%-54.2%) | 1,184 | 47.6% | (42.8%-52.4%) | 1,146 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 59.1% | (48.2%-69.9%) | 48 | 69.0% | (53.1%-84.9%) | 25 | 46.3% | (30.3%-62.4%) | 19 |
| Asian | 45.9% | (34.9%-56.9%) | 83 | 45.3% | (30.3%-60.3%) | 35 | 46.3% | (32.6%-60.0%) | 48 |
| Black or African American | 58.8% | (50.9%-66.8%) | 185 | 60.4% | (49.9%-70.9%) | 96 | 58.3% | (46.1%-70.4%) | 85 |
| Native Hawaiian or Other Pacific Islander | 50.3% | (17.3%-83.3%) | 8 | * | * | * | * | * | * |
| White | 46.8% | (42.3%-51.3%) | 2,071 | 47.1% | (42.3%-51.9%) | 1,011 | 46.3% | (41.3%-51.3%) | 1,014 |
| Multiple Races | 51.9% | (44.5%-59.3%) | 125 | 54.7% | (45.8%-63.6%) | 64 | 48.6% | (36.3%-60.8%) | 55 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who ate vegetables less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 22.0% | (20.0%-24.1%) | 1,175 | 20.1% | (17.8%-22.4%) | 518 | 23.8% | (21.2%-26.4%) | 625 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 24.7% | (22.2%-27.2%) | 549 | 23.9% | (21.0%-26.9%) | 275 | 26.6% | (22.3%-31.0%) | 269 |
| 13 | 19.7% | (17.5%-22.0%) | 522 | 17.0% | (13.9%-20.2%) | 212 | 21.6% | (19.4%-23.9%) | 292 |
| 14 or older | 21.9% | (17.5%-26.3%) | 98 | 16.7% | (10.6%-22.8%) | 29 | 23.9% | (18.1%-29.8%) | 63 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 24.4% | (22.0%-26.8%) | 634 | 23.6% | (20.7%-26.4%) | 302 | 25.9% | (21.8%-30.1%) | 327 |
| Grade 8 | 19.7% | (17.5%-21.9%) | 528 | 16.9% | (13.8%-19.9%) | 214 | 21.6% | (19.3%-24.0%) | 294 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 23.6% | (16.9%-30.2%) | 46 | 23.3% | (14.8%-31.7%) | 24 | 25.6% | (14.9%-36.3%) | 22 |
| Non-Hispanic | 22.0% | (19.9%-24.2%) | 1,067 | 19.9% | (17.3%-22.4%) | 470 | 23.9% | (21.2%-26.5%) | 567 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 23.0% | (10.1%-35.8%) | 18 | 17.7% | (4.8%-30.6%) | 6 | 29.4% | (10.5%-48.3%) | 12 |
| Asian | 20.4% | (15.6%-25.3%) | 36 | 17.5% | (9.9%-25.2%) | 13 | 22.5% | (13.1%-31.9%) | 23 |
| Black or African American | 25.8% | (21.2%-30.5%) | 79 | 21.6% | (16.8%-26.4%) | 33 | 30.3% | (24.2%-36.3%) | 42 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 21.3% | (19.0%-23.5%) | 927 | 19.3% | (16.5%-22.2%) | 407 | 22.9% | (20.2%-25.7%) | 496 |
| Multiple Races | 27.9% | (21.8%-34.1%) | 66 | 24.2% | (18.1%-30.3%) | 28 | 32.5% | (22.3%-42.7%) | 36 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg_2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 18.0% | (15.5%-20.5%) | 970 | 17.2% | (14.8%-19.5%) | 447 | 18.7% | (15.8%-21.6%) | 496 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 20.1% | (17.2%-22.9%) | 451 | 20.1% | (17.2%-23.0%) | 235 | 20.7% | (16.7%-24.8%) | 211 |
| 13 | 16.2% | (13.4%-19.0%) | 433 | 14.7% | (11.3%-18.0%) | 185 | 17.2% | (14.4%-20.0%) | 234 |
| 14 or older | 18.0% | (13.7%-22.3%) | 82 | 15.0% | (7.9%-22.2%) | 26 | 19.0% | (13.8%-24.1%) | 51 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 19.7% | (17.0%-22.5%) | 519 | 19.8% | (16.8%-22.8%) | 258 | 20.1% | (16.2%-24.1%) | 255 |
| Grade 8 | 16.2% | (13.7%-18.8%) | 440 | 14.6% | (11.5%-17.7%) | 188 | 17.2% | (14.4%-20.0%) | 236 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 19.0% | (11.7%-26.3%) | 37 | 19.7% | (11.6%-27.7%) | 21 | 19.6% | (8.1%-31.1%) | 17 |
| Non-Hispanic | 18.0% | (15.4%-20.6%) | 880 | 17.0% | (14.3%-19.7%) | 407 | 18.6% | (15.6%-21.7%) | 446 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 10.7% | (3.8%-17.7%) | 9 | * | * | * | * | * | * |
| Asian | 19.5% | (14.0%-24.9%) | 35 | 15.7% | (7.6%-23.8%) | 12 | 22.3% | (13.2%-31.3%) | 23 |
| Black or African American | 15.3% | (11.3%-19.3%) | 48 | 12.5% | (8.9%-16.1%) | 20 | 17.4% | (10.5%-24.2%) | 25 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 18.0% | (15.4%-20.6%) | 791 | 17.3% | (14.4%-20.1%) | 368 | 18.5% | (15.5%-21.5%) | 402 |
| Multiple Races | 21.1% | (14.8%-27.4%) | 51 | 17.9% | (12.4%-23.4%) | 21 | 26.1% | (14.3%-37.8%) | 30 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)

Percentage of students who answered at least one time per day in the past week

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 14.8% | (13.1%-16.4%) | 798 | 13.7% | (11.4%-16.0%) | 358 | 15.7% | (14.2%-17.3%) | 419 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 13.6% | (11.0%-16.2%) | 306 | 12.9% | (9.6%-16.2%) | 150 | 14.7% | (12.2%-17.2%) | 151 |
| 13 | 15.4% | (13.4%-17.4%) | 413 | 14.4% | (11.8%-17.1%) | 184 | 16.0% | (13.7%-18.2%) | 218 |
| 14 or older | 15.4% | (10.7%-20.2%) | 70 | 12.4% | (6.4%-18.5%) | 21 | 16.9% | (12.0%-21.9%) | 46 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 13.9% | (11.4%-16.3%) | 366 | 12.7% | (9.5%-16.0%) | 165 | 15.3% | (12.8%-17.8%) | 196 |
| Grade 8 | 15.6% | (13.7%-17.5%) | 424 | 14.8% | (12.4%-17.2%) | 192 | 16.0% | (13.6%-18.3%) | 220 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 15.5% | (9.5%-21.5%) | 31 | 14.2% | (6.9%-21.6%) | 15 | 16.8% | (7.6%-26.0%) | 15 |
| Non-Hispanic | 14.6% | (13.1%-16.1%) | 717 | 13.6% | (11.2%-15.9%) | 326 | 15.6% | (14.0%-17.1%) | 375 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 20.8% | (11.4%-30.1%) | 17 | 17.0% | (5.9%-28.1%) | 6 | 26.0% | (12.9%-39.1%) | 11 |
| Asian | 14.7% | (8.6%-20.9%) | 27 | 15.5% | (5.4%-25.5%) | 12 | 14.2% | (7.6%-20.8%) | 15 |
| Black or African American | 22.1% | (17.5%-26.6%) | 69 | 23.3% | (17.1%-29.5%) | 37 | 22.2% | (13.3%-31.0%) | 32 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 13.8% | (12.2%-15.5%) | 611 | 12.8% | (10.4%-15.1%) | 273 | 14.6% | (12.9%-16.3%) | 319 |
| Multiple Races | 21.0% | (15.3%-26.7%) | 50 | 19.1% | (9.7%-28.5%) | 22 | 24.6% | (15.7%-33.6%) | 28 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least one time per day in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a_2)

Percentage of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 22.0% | (19.1%-25.0%) | 1,192 | 24.2% | (21.5%-26.9%) | 631 | 20.0% | (16.5%-23.6%) | 535 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 23.5% | (20.5%-26.4%) | 528 | 24.9% | (20.6%-29.2%) | 290 | 21.5% | (17.2%-25.8%) | 221 |
| 13 | 21.3% | (18.2%-24.5%) | 573 | 23.7% | (20.5%-26.8%) | 301 | 19.5% | (15.0%-24.1%) | 266 |
| 14 or older | 19.0% | (14.8%-23.3%) | 86 | 22.7% | (13.3%-32.0%) | 39 | 16.5% | (11.5%-21.5%) | 44 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 23.4% | (20.1%-26.6%) | 617 | 24.8% | (20.5%-29.2%) | 322 | 21.6% | (17.3%-25.8%) | 276 |
| Grade 8 | 20.7% | (17.8%-23.7%) | 564 | 23.4% | (20.2%-26.6%) | 302 | 18.4% | (14.6%-22.3%) | 254 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 26.2% | (18.4%-33.9%) | 52 | 33.6% | (27.4%-39.8%) | 35 | 17.7% | (6.5%-28.9%) | 16 |
| Non-Hispanic | 21.4% | (18.7%-24.1%) | 1,054 | 23.6% | (21.0%-26.2%) | 566 | 19.4% | (16.0%-22.7%) | 466 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 23.1% | (14.9%-31.4%) | 19 | 24.3% | (14.0%-34.5%) | 9 | 21.4% | (9.4%-33.3%) | 9 |
| Asian | 28.8% | (21.1%-36.5%) | 52 | 24.9% | (16.5%-33.4%) | 19 | 31.7% | (21.5%-41.9%) | 33 |
| Black or African American | 20.1% | (15.2%-25.1%) | 63 | 18.8% | (12.2%-25.5%) | 30 | 18.9% | (13.7%-24.1%) | 27 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 22.0% | (18.8%-25.1%) | 969 | 24.4% | (21.3%-27.5%) | 522 | 19.7% | (15.9%-23.6%) | 432 |
| Multiple Races | 20.2% | (14.6%-25.8%) | 48 | 26.8% | (19.9%-33.7%) | 31 | 13.6% | (5.9%-21.3%) | 15 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)
Percentage of students who answered at least 5 days*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 82.8% | (80.8%-84.8%) | 4,529 | 82.0% | (78.8%-85.2%) | 2,159 | 84.0% | (81.5%-86.4%) | 2,290 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 85.4% | (83.7%-87.0%) | 1,922 | 83.1% | (79.2%-86.9%) | 951 | 88.5% | (85.8%-91.2%) | 941 |
| 13 | 81.1% | (77.5%-84.8%) | 2,209 | 81.5% | (76.8%-86.2%) | 1,048 | 81.2% | (76.7%-85.8%) | 1,120 |
| 14 or older | 80.6% | (75.1%-86.2%) | 382 | 78.6% | (68.3%-89.0%) | 154 | 81.6% | (76.6%-86.7%) | 222 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 84.7% | (82.9%-86.5%) | 2,271 | 82.6% | (78.6%-86.7%) | 1,083 | 87.2% | (84.8%-89.7%) | 1,155 |
| Grade 8 | 81.0% | (77.7%-84.3%) | 2,218 | 81.6% | (77.7%-85.5%) | 1,056 | 80.7% | (76.5%-84.9%) | 1,124 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 80.9% | (73.5%-88.4%) | 174 | 81.6% | (69.0%-94.1%) | 99 | 80.5% | (67.5%-93.5%) | 67 |
| Non-Hispanic | 82.8% | (80.7%-85.0%) | 4,113 | 81.8% | (78.7%-84.9%) | 1,973 | 84.1% | (81.7%-86.6%) | 2,077 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 79.0% | (63.0%-94.9%) | 63 | * | * | * | * | * | * |
| Asian | 82.9% | (76.0%-89.8%) | 161 | 91.3% | (81.7%-100.0%) | 74 | 76.9% | (65.3%-88.5%) | 87 |
| Black or African American | 63.4% | (54.9%-71.9%) | 210 | 56.3% | (42.5%-70.1%) | 87 | 68.7% | (60.0%-77.4%) | 117 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 84.4% | (82.4%-86.4%) | 3,778 | 83.3% | (80.1%-86.4%) | 1,809 | 85.9% | (83.3%-88.6%) | 1,915 |
| Multiple Races | 83.3% | (77.1%-89.4%) | 187 | 84.8% | (74.7%-94.9%) | 91 | 82.9% | (77.6%-88.2%) | 90 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)
Percentage of students who answered at least 5 days*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 61.3% | (57.7%-64.8%) | 3,283 | 55.4% | (51.2%-59.6%) | 1,434 | 67.9% | (64.0%-71.8%) | 1,803 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 61.7% | (57.5%-66.0%) | 1,374 | 56.2% | (50.8%-61.6%) | 649 | 68.9% | (63.8%-74.0%) | 701 |
| 13 | 61.0% | (57.7%-64.2%) | 1,628 | 55.4% | (51.8%-59.0%) | 697 | 67.1% | (63.3%-70.9%) | 914 |
| 14 or older | 60.2% | (53.6%-66.9%) | 269 | 49.1% | (33.3%-64.9%) | 84 | 68.3% | (63.4%-73.1%) | 183 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 61.5% | (57.8%-65.3%) | 1,608 | 55.6% | (50.6%-60.5%) | 716 | 68.4% | (63.8%-73.0%) | 868 |
| Grade 8 | 61.1% | (57.5%-64.7%) | 1,651 | 55.3% | (51.2%-59.5%) | 708 | 67.5% | (63.7%-71.2%) | 926 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 62.3% | (53.8%-70.8%) | 119 | 53.8% | (44.4%-63.1%) | 54 | 72.6% | (58.7%-86.5%) | 62 |
| Non-Hispanic | 61.1% | (57.4%-64.8%) | 2,977 | 55.2% | (50.8%-59.7%) | 1,315 | 67.7% | (63.7%-71.8%) | 1,624 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 54.5% | (39.7%-69.3%) | 45 | 51.4% | (28.5%-74.2%) | 19 | 62.0% | (45.3%-78.7%) | 26 |
| Asian | 45.8% | (34.3%-57.4%) | 82 | 33.6% | (15.1%-52.0%) | 26 | 55.0% | (44.9%-65.1%) | 56 |
| Black or African American | 42.4% | (36.6%-48.3%) | 131 | 32.0% | (27.0%-37.0%) | 50 | 53.7% | (46.3%-61.0%) | 77 |
| Native Hawaiian or Other Pacific Islander | 54.2% | (18.4%-89.9%) | 9 | * | * | * | * | * | * |
| White | 63.8% | (60.4%-67.1%) | 2,792 | 58.5% | (54.3%-62.7%) | 1,242 | 69.6% | (66.0%-73.3%) | 1,517 |
| Multiple Races | 59.2% | (53.3%-65.2%) | 139 | 52.3% | (46.2%-58.5%) | 59 | 67.2% | (56.4%-78.1%) | 77 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (mnpa7day)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 34.0% | (31.4%-36.6%) | 1,822 | 26.8% | (23.4%-30.1%) | 693 | 41.6% | (38.7%-44.5%) | 1,105 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 36.3% | (32.8%-39.9%) | 809 | 28.1% | (24.5%-31.7%) | 325 | 46.3% | (41.0%-51.6%) | 471 |
| 13 | 32.2% | (29.3%-35.1%) | 859 | 26.3% | (21.9%-30.6%) | 330 | 38.3% | (35.3%-41.3%) | 522 |
| 14 or older | 32.9% | (27.7%-38.1%) | 147 | 20.4% | (12.7%-28.0%) | 35 | 40.9% | (33.2%-48.6%) | 109 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 35.5% | (32.3%-38.7%) | 928 | 27.5% | (23.8%-31.2%) | 355 | 44.2% | (39.8%-48.5%) | 560 |
| Grade 8 | 32.8% | (30.0%-35.6%) | 886 | 26.3% | (22.4%-30.3%) | 337 | 39.5% | (36.7%-42.3%) | 542 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 40.6% | (30.8%-50.4%) | 78 | 31.0% | (20.2%-41.8%) | 31 | 52.0% | (38.5%-65.4%) | 44 |
| Non-Hispanic | 33.6% | (30.9%-36.3%) | 1,637 | 26.6% | (23.4%-29.9%) | 634 | 41.1% | (37.7%-44.5%) | 985 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 26.5% | (14.0%-38.9%) | 22 | 26.6% | (8.1%-45.1%) | 10 | 28.7% | (11.4%-45.9%) | 12 |
| Asian | 24.1% | (17.6%-30.6%) | 43 | 10.9% | (3.8%-18.1%) | 8 | 34.0% | (26.7%-41.2%) | 35 |
| Black or African American | 22.7% | (16.6%-28.8%) | 70 | 13.4% | (9.3%-17.5%) | 21 | 32.5% | (22.7%-42.2%) | 47 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 35.5% | (33.0%-37.9%) | 1,553 | 28.4% | (25.0%-31.9%) | 603 | 43.0% | (40.1%-45.9%) | 937 |
| Multiple Races | 33.1% | (28.5%-37.7%) | 78 | 25.2% | (17.7%-32.8%) | 28 | 40.4% | (32.4%-48.5%) | 47 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206)
Percentage of students who answered 3 or more hours*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 64.3% | (61.7%-66.8%) | 3,474 | 64.4% | (61.5%-67.2%) | 1,678 | 63.7% | (60.0%-67.4%) | 1,717 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 59.9% | (56.5%-63.4%) | 1,329 | 60.3% | (55.8%-64.9%) | 683 | 58.7% | (52.6%-64.7%) | 616 |
| 13 | 68.3% | (64.6%-71.9%) | 1,845 | 67.1% | (61.6%-72.5%) | 857 | 69.3% | (63.0%-75.6%) | 945 |
| 14 or older | 63.1% | (53.0%-73.3%) | 291 | 71.8% | (60.7%-82.8%) | 136 | 56.7% | (43.6%-69.7%) | 152 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 59.9% | (56.5%-63.2%) | 1,583 | 59.9% | (56.8%-63.0%) | 776 | 59.3% | (53.1%-65.6%) | 773 |
| Grade 8 | 68.3% | (64.8%-71.9%) | 1,855 | 68.9% | (63.6%-74.2%) | 885 | 67.4% | (63.4%-71.4%) | 930 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 62.7% | (53.4%-71.9%) | 133 | 56.3% | (47.2%-65.4%) | 67 | 67.4% | (50.5%-84.2%) | 56 |
| Non-Hispanic | 64.8% | (62.4%-67.3%) | 3,188 | 66.0% | (63.0%-69.0%) | 1,582 | 63.4% | (59.7%-67.0%) | 1,547 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 79.2% | (61.3%-97.0%) | 65 | 79.1% | (57.6%-100.0%) | 29 | 79.2% | (59.1%-99.4%) | 36 |
| Asian | 59.6% | (39.4%-79.8%) | 116 | 69.9% | (50.8%-89.1%) | 56 | 52.3% | (28.5%-76.1%) | 59 |
| Black or African American | 70.6% | (65.2%-76.0%) | 231 | 68.5% | (59.5%-77.5%) | 108 | 72.7% | (62.7%-82.7%) | 116 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 63.7% | (61.5%-66.0%) | 2,828 | 63.4% | (59.9%-66.8%) | 1,367 | 63.7% | (60.3%-67.2%) | 1,407 |
| Multiple Races | 65.2% | (58.1%-72.4%) | 143 | 73.7% | (65.7%-81.7%) | 77 | 54.4% | (42.1%-66.7%) | 58 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 3 or more hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206_2)
Percentage of students who answered 2 or fewer hours*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 35.7% | (33.2%-38.3%) | 1,931 | 35.6% | (32.8%-38.5%) | 929 | 36.3% | (32.6%-40.0%) | 979 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 40.1% | (36.6%-43.5%) | 889 | 39.7% | (35.1%-44.2%) | 449 | 41.3% | (35.3%-47.4%) | 434 |
| 13 | 31.7% | (28.1%-35.4%) | 856 | 32.9% | (27.5%-38.4%) | 421 | 30.7% | (24.4%-37.0%) | 419 |
| 14 or older | 36.9% | (26.7%-47.0%) | 170 | 28.2% | (17.2%-39.3%) | 54 | 43.3% | (30.3%-56.4%) | 116 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 40.1% | (36.8%-43.5%) | 1,060 | 40.1% | (37.0%-43.2%) | 520 | 40.7% | (34.4%-46.9%) | 530 |
| Grade 8 | 31.7% | (28.1%-35.2%) | 860 | 31.1% | (25.8%-36.4%) | 400 | 32.6% | (28.6%-36.6%) | 449 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 37.3% | (28.1%-46.6%) | 79 | 43.7% | (34.6%-52.8%) | 52 | 32.6% | (15.8%-49.5%) | 27 |
| Non-Hispanic | 35.2% | (32.7%-37.6%) | 1,729 | 34.0% | (31.0%-37.0%) | 815 | 36.6% | (33.0%-40.3%) | 895 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 20.8% | (3.0%-38.7%) | 17 | 20.9% | (0.0%-42.4%) | 8 | 20.8% | (0.6%-40.9%) | 9 |
| Asian | 40.4% | (20.2%-60.6%) | 78 | 30.1% | (10.9%-49.2%) | 24 | 47.7% | (23.9%-71.5%) | 54 |
| Black or African American | 29.4% | (24.0%-34.8%) | 96 | 31.5% | (22.5%-40.5%) | 50 | 27.3% | (17.3%-37.3%) | 44 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 36.3% | (34.0%-38.5%) | 1,608 | 36.6% | (33.2%-40.1%) | 790 | 36.3% | (32.8%-39.7%) | 801 |
| Multiple Races | 34.8% | (27.6%-41.9%) | 76 | 26.3% | (18.3%-34.3%) | 28 | 45.6% | (33.3%-57.9%) | 48 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)
Percentage of students who answered at least 1 day*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 57.7% | (46.6%-68.9%) | 3,041 | 56.3% | (45.3%-67.2%) | 1,428 | 59.6% | (48.1%-71.2%) | 1,558 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 60.5% | (47.7%-73.3%) | 1,316 | 60.2% | (47.0%-73.5%) | 676 | 61.1% | (48.7%-73.4%) | 612 |
| 13 | 55.3% | (43.6%-67.1%) | 1,459 | 53.2% | (41.6%-64.7%) | 661 | 57.7% | (45.2%-70.3%) | 774 |
| 14 or older | 57.7% | (44.9%-70.6%) | 254 | 51.6% | (33.9%-69.2%) | 87 | 62.7% | (50.0%-75.3%) | 165 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 60.9% | (48.1%-73.7%) | 1,555 | 60.0% | (47.1%-73.0%) | 754 | 62.2% | (49.5%-75.0%) | 774 |
| Grade 8 | 55.0% | (43.1%-67.0%) | 1,468 | 52.6% | (40.0%-65.3%) | 666 | 57.6% | (45.6%-69.7%) | 781 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 55.4% | (40.5%-70.4%) | 102 | 60.3% | (43.3%-77.4%) | 59 | 49.8% | (33.9%-65.6%) | 41 |
| Non-Hispanic | 57.9% | (47.0%-68.8%) | 2,780 | 56.2% | (45.5%-66.9%) | 1,315 | 59.9% | (48.5%-71.2%) | 1,417 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 51.0% | (36.4%-65.5%) | 38 | 51.4% | (35.2%-67.5%) | 17 | 52.1% | (27.9%-76.3%) | 20 |
| Asian | 66.5% | (52.6%-80.3%) | 116 | 71.5% | (55.2%-87.9%) | 53 | 62.8% | (44.8%-80.7%) | 63 |
| Black or African American | 69.1% | (60.8%-77.3%) | 208 | 65.4% | (55.3%-75.6%) | 101 | 73.7% | (65.0%-82.4%) | 100 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 56.4% | (45.0%-67.8%) | 2,436 | 54.6% | (42.7%-66.5%) | 1,137 | 58.5% | (47.1%-69.8%) | 1,263 |
| Multiple Races | 61.4% | (51.0%-71.8%) | 139 | 63.3% | (54.3%-72.3%) | 71 | 61.5% | (43.6%-79.4%) | 66 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school (mndlype)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 10.7% | (2.2%-19.2%) | 562 | 10.4% | (2.4%-18.4%) | 265 | 11.1% | (1.6%-20.7%) | 291 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 12.9% | (2.7%-23.2%) | 281 | 12.9% | (2.4%-23.4%) | 145 | 13.2% | (2.8%-23.6%) | 132 |
| 13 | 9.3% | (1.1%-17.5%) | 245 | 8.9% | (2.3%-15.4%) | 110 | 10.0% | (0.0%-20.7%) | 135 |
| 14 or older | 7.7% | (1.6%-13.8%) | 34 | 6.0% | (0.0%-15.6%) | 10 | 8.6% | (1.6%-15.6%) | 23 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 13.6% | (3.2%-23.9%) | 347 | 14.2% | (3.2%-25.2%) | 178 | 13.2% | (2.9%-23.5%) | 164 |
| Grade 8 | 8.1% | (0.4%-15.7%) | 215 | 6.9% | (0.6%-13.1%) | 87 | 9.4% | (0.0%-18.9%) | 127 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 9.2% | (5.9%-12.5%) | 17 | 9.0% | (3.3%-14.7%) | 9 | 8.4% | (0.7%-16.1%) | 7 |
| Non-Hispanic | 10.8% | (2.0%-19.6%) | 517 | 10.6% | (2.3%-18.8%) | 247 | 11.2% | (1.3%-21.0%) | 265 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 10.9% | (0.7%-21.0%) | 8 | * | * | * | * | * | * |
| Asian | 10.1% | (0.0%-22.6%) | 18 | 15.6% | (0.0%-37.1%) | 11 | 6.1% | (0.0%-14.5%) | 6 |
| Black or African American | 6.2% | (3.0%-9.5%) | 19 | 4.0% | (0.2%-7.8%) | 6 | 9.3% | (2.6%-16.0%) | 13 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 11.1% | (2.3%-19.8%) | 478 | 10.5% | (2.6%-18.5%) | 220 | 11.8% | (1.6%-21.9%) | 254 |
| Multiple Races | 11.5% | (0.9%-22.2%) | 26 | 15.0% | (0.2%-29.8%) | 17 | 7.6% | (0.0%-15.5%) | 8 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who attended physical education (PE) classes daily in an average week when they were in school (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)
(mn180a)*

Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 43.7% | (32.9%-54.4%) | 2,360 | 41.3% | (32.1%-50.5%) | 1,075 | 45.1% | (32.7%-57.6%) | 1,219 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 45.1% | (33.2%-57.0%) | 995 | 43.0% | (33.4%-52.6%) | 483 | 46.6% | (31.6%-61.6%) | 488 |
| 13 | 43.0% | (32.4%-53.6%) | 1,163 | 40.2% | (30.2%-50.1%) | 513 | 44.5% | (32.4%-56.6%) | 609 |
| 14 or older | 40.3% | (27.6%-53.1%) | 189 | 38.4% | (26.7%-50.1%) | 74 | 42.1% | (24.9%-59.4%) | 115 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 44.9% | (33.5%-56.4%) | 1,179 | 42.5% | (32.9%-52.1%) | 549 | 46.8% | (32.6%-61.1%) | 607 |
| Grade 8 | 42.3% | (31.7%-53.0%) | 1,154 | 40.3% | (30.5%-50.2%) | 518 | 43.4% | (31.4%-55.4%) | 604 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 47.0% | (33.5%-60.5%) | 97 | 43.4% | (27.6%-59.1%) | 50 | 51.5% | (26.5%-76.5%) | 43 |
| Non-Hispanic | 43.2% | (32.6%-53.8%) | 2,125 | 41.0% | (31.4%-50.5%) | 980 | 44.6% | (32.9%-56.4%) | 1,094 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 31.9% | (13.6%-50.3%) | 25 | 28.1% | (0.2%-56.1%) | 10 | 35.1% | (11.8%-58.4%) | 15 |
| Asian | 46.6% | (31.6%-61.6%) | 90 | 35.4% | (17.4%-53.4%) | 28 | 54.4% | (37.5%-71.3%) | 62 |
| Black or African American | 39.2% | (32.0%-46.4%) | 127 | 38.6% | (31.3%-45.9%) | 61 | 38.5% | (25.5%-51.5%) | 61 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 43.7% | (32.3%-55.1%) | 1,943 | 40.8% | (30.8%-50.8%) | 879 | 45.8% | (33.0%-58.5%) | 1,019 |
| Multiple Races | 43.9% | (28.3%-59.6%) | 94 | 49.5% | (29.4%-69.7%) | 52 | 37.9% | (16.9%-59.0%) | 39 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)
Percentage of students who answered at least one team*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 67.6% | (63.4%-71.7%) | 3,677 | 66.5% | (61.8%-71.3%) | 1,737 | 69.7% | (65.3%-74.1%) | 1,898 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 66.6% | (62.6%-70.7%) | 1,487 | 63.5% | (58.5%-68.6%) | 717 | 70.7% | (65.5%-76.0%) | 752 |
| 13 | 67.4% | (62.7%-72.0%) | 1,831 | 68.2% | (62.9%-73.5%) | 875 | 68.2% | (63.2%-73.2%) | 938 |
| 14 or older | 73.2% | (64.0%-82.4%) | 345 | 73.1% | (61.3%-84.8%) | 141 | 73.0% | (62.5%-83.6%) | 201 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 67.2% | (63.6%-70.8%) | 1,783 | 64.8% | (60.3%-69.2%) | 842 | 70.6% | (65.9%-75.4%) | 927 |
| Grade 8 | 67.9% | (62.1%-73.8%) | 1,856 | 68.4% | (61.5%-75.3%) | 878 | 68.7% | (63.1%-74.4%) | 961 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 78.0% | (70.9%-85.2%) | 166 | 74.5% | (61.2%-87.9%) | 89 | 86.2% | (75.8%-96.7%) | 71 |
| Non-Hispanic | 67.1% | (62.8%-71.5%) | 3,312 | 66.0% | (60.9%-71.1%) | 1,580 | 69.4% | (64.8%-73.9%) | 1,706 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 53.7% | (37.8%-69.7%) | 43 | 53.5% | (37.8%-69.1%) | 20 | 54.0% | (28.4%-79.6%) | 23 |
| Asian | 54.8% | (41.6%-68.0%) | 105 | 42.5% | (24.3%-60.7%) | 33 | 63.3% | (46.7%-79.9%) | 72 |
| Black or African American | 62.9% | (54.9%-70.9%) | 206 | 61.9% | (47.5%-76.4%) | 98 | 65.3% | (59.5%-71.0%) | 105 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 68.7% | (64.2%-73.1%) | 3,074 | 68.2% | (62.8%-73.5%) | 1,470 | 70.4% | (65.9%-75.0%) | 1,584 |
| Multiple Races | 67.7% | (59.8%-75.7%) | 146 | 62.0% | (48.3%-75.8%) | 65 | 73.7% | (57.5%-89.8%) | 76 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.5% | (7.2%-11.8%) | 514 | 9.8% | (6.5%-13.1%) | 253 | 9.1% | (6.7%-11.4%) | 244 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 9.0% | (5.6%-12.4%) | 200 | 7.7% | (3.1%-12.3%) | 86 | 10.5% | (5.4%-15.7%) | 111 |
| 13 | 10.1% | (7.6%-12.5%) | 270 | 11.0% | (7.8%-14.3%) | 140 | 8.5% | (6.6%-10.4%) | 116 |
| 14 or older | 8.9% | (3.3%-14.6%) | 42 | 12.7% | (0.5%-24.9%) | 24 | 6.4% | (0.9%-11.9%) | 17 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 9.2% | (6.2%-12.2%) | 242 | 7.8% | (3.7%-12.0%) | 101 | 10.4% | (6.2%-14.5%) | 135 |
| Grade 8 | 10.1% | (7.6%-12.6%) | 272 | 11.9% | (8.8%-15.1%) | 152 | 7.9% | (5.6%-10.2%) | 110 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 7.3% | (2.1%-12.6%) | 15 | * | * | * | * | * | * |
| Non-Hispanic | 9.6% | (7.1%-12.1%) | 470 | 9.7% | (6.4%-13.1%) | 231 | 9.2% | (6.8%-11.6%) | 225 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 23.0% | (8.7%-37.2%) | 18 | * | * | * | * | * | * |
| Asian | 3.9% | (0.3%-7.4%) | 7 | * | * | * | * | * | * |
| Black or African American | 7.8% | (4.2%-11.3%) | 24 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 9.5% | (6.7%-12.3%) | 421 | 9.5% | (5.5%-13.4%) | 202 | 9.2% | (6.2%-12.2%) | 205 |
| Multiple Races | 13.5% | (5.6%-21.4%) | 30 | 13.0% | (2.8%-23.2%) | 14 | 12.5% | (0.0%-25.9%) | 13 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (m136a_2)
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 11.6% | (8.6%-14.7%) | 514 | 12.3% | (7.7%-16.9%) | 253 | 10.7% | (7.9%-13.5%) | 244 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 11.1% | (6.9%-15.3%) | 200 | 9.8% | (3.8%-15.8%) | 86 | 12.4% | (6.3%-18.4%) | 111 |
| 13 | 12.3% | (8.9%-15.6%) | 270 | 13.7% | (9.3%-18.2%) | 140 | 10.2% | (7.8%-12.6%) | 116 |
| 14 or older | 10.6% | (3.5%-17.8%) | 42 | 16.0% | (0.3%-31.8%) | 24 | 7.3% | (0.8%-13.8%) | 17 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 11.3% | (7.5%-15.0%) | 242 | 10.0% | (4.4%-15.6%) | 101 | 12.1% | (7.3%-16.9%) | 135 |
| Grade 8 | 12.2% | (8.6%-15.8%) | 272 | 14.7% | (10.1%-19.4%) | 152 | 9.5% | (6.4%-12.5%) | 110 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 8.8% | (2.4%-15.2%) | 15 | * | * | * | * | * | * |
| Non-Hispanic | 11.7% | (8.4%-15.0%) | 470 | 12.2% | (7.5%-16.8%) | 231 | 10.9% | (8.0%-13.8%) | 225 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 30.1% | (13.7%-46.6%) | 18 | * | * | * | * | * | * |
| Asian | 5.2% | (0.6%-9.8%) | 7 | * | * | * | * | * | * |
| Black or African American | 8.9% | (4.5%-13.3%) | 24 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 11.5% | (7.8%-15.3%) | 421 | 11.9% | (6.3%-17.4%) | 202 | 10.8% | (7.2%-14.4%) | 205 |
| Multiple Races | 16.2% | (6.9%-25.5%) | 30 | 16.7% | (3.4%-29.9%) | 14 | 13.9% | (0.0%-28.2%) | 13 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 14.9% | (13.1%-16.6%) | 796 | 18.0% | (15.2%-20.8%) | 465 | 11.4% | (9.5%-13.3%) | 304 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 12.8% | (10.8%-14.9%) | 282 | 16.5% | (12.8%-20.2%) | 184 | 8.1% | (5.2%-10.9%) | 85 |
| 13 | 16.8% | (14.2%-19.4%) | 452 | 20.0% | (15.9%-24.0%) | 254 | 13.6% | (10.6%-16.6%) | 184 |
| 14 or older | 13.0% | (7.2%-18.9%) | 60 | 12.5% | (4.8%-20.3%) | 24 | 13.5% | (5.0%-21.9%) | 36 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 13.7% | (11.0%-16.4%) | 358 | 17.3% | (13.3%-21.4%) | 223 | 9.5% | (6.1%-12.8%) | 122 |
| Grade 8 | 15.6% | (13.0%-18.3%) | 420 | 18.0% | (13.9%-22.0%) | 228 | 13.0% | (9.4%-16.6%) | 179 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 16.8% | (7.0%-26.5%) | 33 | 23.0% | (10.9%-35.1%) | 25 | 10.5% | (0.0%-24.2%) | 8 |
| Non-Hispanic | 15.3% | (13.7%-16.9%) | 747 | 18.1% | (15.5%-20.8%) | 433 | 12.0% | (10.1%-13.9%) | 290 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 26.4% | (17.4%-35.3%) | 19 | 22.8% | (2.7%-42.9%) | 8 | 29.7% | (6.6%-52.8%) | 11 |
| Asian | 11.0% | (8.0%-14.0%) | 21 | 12.7% | (2.8%-22.6%) | 10 | 9.7% | (2.5%-16.9%) | 11 |
| Black or African American | 11.8% | (7.1%-16.6%) | 37 | 9.6% | (1.7%-17.5%) | 14 | 13.1% | (9.2%-17.0%) | 20 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 14.9% | (12.7%-17.1%) | 659 | 18.5% | (14.8%-22.2%) | 396 | 10.8% | (8.4%-13.2%) | 239 |
| Multiple Races | 19.8% | (11.9%-27.7%) | 44 | 23.0% | (8.9%-37.1%) | 25 | 18.0% | (9.9%-26.1%) | 19 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a_2)
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 18.4% | (16.1%-20.7%) | 796 | 24.0% | (20.0%-28.0%) | 465 | 13.1% | (11.0%-15.1%) | 304 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 16.2% | (13.5%-19.0%) | 282 | 22.6% | (17.1%-28.1%) | 184 | 9.4% | (6.2%-12.5%) | 85 |
| 13 | 20.6% | (17.5%-23.7%) | 452 | 26.5% | (21.3%-31.7%) | 254 | 15.5% | (12.2%-18.8%) | 184 |
| 14 or older | 15.2% | (8.1%-22.3%) | 60 | 15.2% | (5.4%-25.1%) | 24 | 15.4% | (5.8%-25.0%) | 36 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 17.2% | (13.8%-20.6%) | 358 | 23.7% | (17.8%-29.7%) | 223 | 10.9% | (7.3%-14.5%) | 122 |
| Grade 8 | 19.1% | (15.7%-22.4%) | 420 | 23.5% | (18.3%-28.6%) | 228 | 14.9% | (11.0%-18.8%) | 179 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 20.5% | (8.6%-32.3%) | 33 | 28.2% | (11.9%-44.6%) | 25 | 12.2% | (0.0%-27.2%) | 8 |
| Non-Hispanic | 18.9% | (16.8%-20.9%) | 747 | 24.2% | (20.5%-27.9%) | 433 | 13.7% | (11.7%-15.7%) | 290 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 30.4% | (18.2%-42.6%) | 19 | 28.6% | (5.6%-51.7%) | 8 | 31.8% | (7.4%-56.3%) | 11 |
| Asian | 13.7% | (10.2%-17.3%) | 21 | 16.7% | (5.6%-27.8%) | 10 | 11.8% | (2.3%-21.2%) | 11 |
| Black or African American | 14.1% | (7.6%-20.6%) | 37 | 12.8% | (0.8%-24.8%) | 14 | 13.9% | (9.5%-18.3%) | 20 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 18.4% | (15.6%-21.1%) | 659 | 24.7% | (19.6%-29.8%) | 396 | 12.3% | (9.8%-14.9%) | 239 |
| Multiple Races | 26.4% | (15.7%-37.1%) | 44 | 34.7% | (12.7%-56.8%) | 25 | 20.6% | (11.7%-29.5%) | 19 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Percentage of students who have a disability (mndisab_b)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 21.1% | (18.1%-24.0%) | 1,123 | 23.8% | (19.7%-27.9%) | 614 | 17.8% | (14.7%-20.9%) | 473 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 18.9% | (14.9%-23.0%) | 415 | 21.4% | (15.7%-27.0%) | 238 | 15.4% | (9.5%-21.4%) | 161 |
| 13 | 23.0% | (19.9%-26.1%) | 614 | 26.1% | (21.4%-30.8%) | 331 | 19.5% | (16.8%-22.3%) | 262 |
| 14 or older | 19.5% | (10.5%-28.4%) | 89 | 20.8% | (7.0%-34.7%) | 40 | 18.7% | (7.5%-29.9%) | 50 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 20.2% | (15.7%-24.6%) | 525 | 22.7% | (16.8%-28.5%) | 291 | 16.8% | (11.2%-22.4%) | 215 |
| Grade 8 | 21.7% | (17.7%-25.7%) | 581 | 24.4% | (19.2%-29.6%) | 309 | 18.6% | (14.4%-22.9%) | 254 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 21.5% | (12.1%-30.9%) | 43 | 28.9% | (17.0%-40.8%) | 32 | 13.9% | (0.6%-27.3%) | 11 |
| Non-Hispanic | 21.5% | (18.6%-24.4%) | 1,042 | 24.0% | (20.0%-27.9%) | 569 | 18.3% | (15.1%-21.4%) | 440 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 37.8% | (24.8%-50.8%) | 28 | 28.6% | (10.7%-46.5%) | 11 | 47.0% | (20.7%-73.3%) | 17 |
| Asian | 13.4% | (9.9%-16.9%) | 25 | 15.3% | (6.9%-23.6%) | 12 | 12.1% | (3.5%-20.6%) | 13 |
| Black or African American | 17.4% | (12.3%-22.5%) | 54 | 19.2% | (10.5%-27.9%) | 29 | 14.9% | (10.3%-19.5%) | 22 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 21.1% | (17.2%-24.9%) | 927 | 24.2% | (18.9%-29.5%) | 516 | 17.2% | (13.2%-21.2%) | 380 |
| Multiple Races | 30.3% | (19.2%-41.4%) | 67 | 29.8% | (12.5%-47.2%) | 32 | 30.5% | (16.7%-44.4%) | 32 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who have a disability (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

Percentage of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (mndisab_b_2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 22.6% | (19.2%-26.0%) | 1,123 | 26.1% | (21.1%-31.2%) | 614 | 18.6% | (15.5%-21.8%) | 473 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 20.7% | (16.1%-25.3%) | 415 | 23.9% | (16.9%-30.8%) | 238 | 16.4% | (10.3%-22.6%) | 161 |
| 13 | 24.5% | (21.2%-27.8%) | 614 | 28.3% | (23.1%-33.5%) | 331 | 20.4% | (17.8%-23.1%) | 262 |
| 14 or older | 20.3% | (10.8%-29.9%) | 89 | 22.3% | (7.1%-37.6%) | 40 | 19.2% | (7.7%-30.6%) | 50 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 21.8% | (17.0%-26.7%) | 525 | 25.2% | (18.3%-32.2%) | 291 | 17.7% | (12.0%-23.4%) | 215 |
| Grade 8 | 23.1% | (18.6%-27.6%) | 581 | 26.5% | (20.5%-32.4%) | 309 | 19.5% | (15.0%-23.9%) | 254 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 23.0% | (12.7%-33.3%) | 43 | 31.0% | (17.0%-45.0%) | 32 | 14.4% | (0.8%-28.0%) | 11 |
| Non-Hispanic | 23.0% | (19.6%-26.4%) | 1,042 | 26.3% | (21.4%-31.2%) | 569 | 19.1% | (15.9%-22.3%) | 440 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 39.1% | (26.0%-52.1%) | 28 | 30.8% | (13.2%-48.3%) | 11 | 46.8% | (20.5%-73.1%) | 17 |
| Asian | 14.4% | (10.6%-18.2%) | 25 | 16.8% | (6.9%-26.8%) | 12 | 12.7% | (3.7%-21.7%) | 13 |
| Black or African American | 17.9% | (12.2%-23.6%) | 54 | 20.8% | (10.6%-31.0%) | 29 | 14.6% | (10.4%-18.9%) | 22 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 22.6% | (18.2%-27.0%) | 927 | 26.6% | (20.1%-33.1%) | 516 | 18.1% | (13.9%-22.3%) | 380 |
| Multiple Races | 32.9% | (20.2%-45.7%) | 67 | 33.7% | (13.2%-54.1%) | 32 | 31.3% | (17.5%-45.2%) | 32 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141a)
Percentage of students who answered 'Less than a year (12 months) ago'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-------|-------|----------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 79.8% | (76.1%-83.6%) | 4,267 | 81.1% | (76.2%-86.1%) | 2,105 | 79.4% | (76.2%-82.5%) | 2,100 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 77.7% | (72.6%-82.7%) | 1,719 | 76.6% | (69.1%-84.0%) | 862 | 79.9% | (75.6%-84.1%) | 838 |
| 13 | 81.8% | (78.3%-85.3%) | 2,175 | 85.4% | (81.4%-89.4%) | 1,085 | 79.2% | (75.0%-83.4%) | 1,052 |
| 14 or older | 78.1% | (68.7%-87.6%) | 356 | 78.7% | (63.7%-93.7%) | 150 | 77.5% | (68.2%-86.9%) | 203 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 77.6% | (72.6%-82.6%) | 2,039 | 77.4% | (70.2%-84.6%) | 1,002 | 78.6% | (74.8%-82.5%) | 1,016 |
| Grade 8 | 82.2% | (78.1%-86.2%) | 2,187 | 84.5% | (79.7%-89.4%) | 1,075 | 80.4% | (75.8%-85.0%) | 1,077 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 79.1% | (71.6%-86.6%) | 158 | 71.6% | (59.8%-83.4%) | 79 | 89.7% | (81.2%-98.2%) | 72 |
| Non-Hispanic | 80.1% | (76.4%-83.8%) | 3,891 | 81.4% | (76.5%-86.2%) | 1,942 | 79.3% | (76.0%-82.6%) | 1,897 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 75.8% | (55.1%-96.5%) | 56 | 64.1% | (25.2%-100.0%) | 22 | 86.0% | (67.7%-100.0%) | 34 |
| Asian | 74.2% | (64.8%-83.5%) | 139 | 77.9% | (57.9%-97.8%) | 61 | 71.5% | (60.8%-82.1%) | 77 |
| Black or African American | 57.6% | (44.1%-71.2%) | 176 | 52.8% | (35.8%-69.7%) | 79 | 64.1% | (54.4%-73.8%) | 94 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 81.8% | (78.3%-85.4%) | 3,608 | 83.9% | (79.6%-88.2%) | 1,801 | 80.3% | (76.9%-83.8%) | 1,761 |
| Multiple Races | 84.0% | (76.3%-91.8%) | 181 | 78.3% | (64.2%-92.5%) | 84 | 91.6% | (80.3%-100.0%) | 95 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Less than a year (12 months) ago' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141_2a)
Percentage of students who answered 'Less than a year (12 months) ago' (Excludes "Not sure" responses from m141a)*

| | Total | | | Female | | | Male | | |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 87.9% | (85.0%-90.7%) | 4,267 | 88.0% | (84.6%-91.5%) | 2,105 | 88.1% | (84.8%-91.4%) | 2,100 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 87.4% | (83.3%-91.5%) | 1,719 | 86.0% | (80.2%-91.9%) | 862 | 89.1% | (85.3%-92.9%) | 838 |
| 13 | 88.4% | (85.9%-90.9%) | 2,175 | 90.0% | (87.2%-92.8%) | 1,085 | 87.4% | (83.7%-91.1%) | 1,052 |
| 14 or older | 86.6% | (78.8%-94.4%) | 356 | 85.4% | (71.6%-99.2%) | 150 | 87.4% | (80.5%-94.3%) | 203 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 87.2% | (83.1%-91.4%) | 2,039 | 86.5% | (81.0%-91.9%) | 1,002 | 88.4% | (84.5%-92.4%) | 1,016 |
| Grade 8 | 88.3% | (85.4%-91.3%) | 2,187 | 89.3% | (85.7%-92.8%) | 1,075 | 87.8% | (83.7%-91.8%) | 1,077 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 88.0% | (79.7%-96.4%) | 158 | 83.3% | (69.3%-97.3%) | 79 | 92.6% | (85.1%-100.0%) | 72 |
| Non-Hispanic | 88.0% | (85.1%-90.8%) | 3,891 | 88.1% | (84.7%-91.5%) | 1,942 | 88.1% | (84.6%-91.5%) | 1,897 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 78.8% | (57.1%-100.0%) | 56 | 69.7% | (29.0%-100.0%) | 22 | 86.0% | (67.7%-100.0%) | 34 |
| Asian | 87.5% | (78.6%-96.3%) | 139 | 89.5% | (81.2%-97.8%) | 61 | 85.9% | (73.1%-98.7%) | 77 |
| Black or African American | 71.4% | (61.5%-81.4%) | 176 | 67.0% | (52.2%-81.9%) | 79 | 76.9% | (68.6%-85.2%) | 94 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 89.1% | (86.1%-92.1%) | 3,608 | 89.9% | (86.7%-93.0%) | 1,801 | 88.7% | (84.8%-92.5%) | 1,761 |
| Multiple Races | 87.7% | (79.4%-96.1%) | 181 | 85.7% | (71.9%-99.4%) | 84 | 91.6% | (80.3%-100.0%) | 95 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Less than a year (12 months) ago' (Excludes "Not sure" responses from m141a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
On an average school night, how many hours of sleep do you get? (mn178)
Percentage of student who answered at least 8 hours

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 56.1% | (51.4%-60.9%) | 2,996 | 52.8% | (47.1%-58.5%) | 1,358 | 60.6% | (55.9%-65.4%) | 1,616 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 62.2% | (56.4%-68.1%) | 1,371 | 57.9% | (50.8%-65.1%) | 647 | 67.7% | (60.4%-75.0%) | 708 |
| 13 | 51.8% | (47.0%-56.5%) | 1,373 | 49.1% | (41.2%-56.9%) | 615 | 56.1% | (51.2%-60.9%) | 754 |
| 14 or older | 53.5% | (43.9%-63.1%) | 247 | 48.1% | (39.8%-56.5%) | 93 | 56.9% | (41.5%-72.4%) | 151 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 61.1% | (55.1%-67.1%) | 1,598 | 56.9% | (49.9%-63.9%) | 733 | 66.3% | (58.9%-73.7%) | 853 |
| Grade 8 | 51.7% | (46.4%-57.1%) | 1,383 | 49.4% | (41.2%-57.6%) | 622 | 55.3% | (50.4%-60.3%) | 755 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 46.3% | (33.2%-59.3%) | 96 | 47.8% | (33.0%-62.6%) | 55 | 43.5% | (25.3%-61.8%) | 36 |
| Non-Hispanic | 56.0% | (51.6%-60.5%) | 2,721 | 52.2% | (46.2%-58.2%) | 1,236 | 61.0% | (57.0%-65.0%) | 1,473 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 47.3% | (34.0%-60.5%) | 35 | 42.7% | (21.5%-64.0%) | 15 | 51.3% | (31.0%-71.6%) | 20 |
| Asian | 59.7% | (42.6%-76.9%) | 112 | 58.8% | (38.3%-79.2%) | 46 | 60.5% | (40.9%-80.0%) | 66 |
| Black or African American | 47.6% | (39.1%-56.2%) | 147 | 45.2% | (28.4%-62.0%) | 67 | 52.7% | (46.9%-58.6%) | 80 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 57.3% | (52.6%-61.9%) | 2,520 | 53.6% | (47.9%-59.4%) | 1,144 | 62.0% | (56.8%-67.1%) | 1,364 |
| Multiple Races | 47.8% | (37.0%-58.7%) | 105 | 45.9% | (34.2%-57.6%) | 48 | 50.7% | (37.2%-64.3%) | 54 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of student who answered at least 8 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree that doing your schoolwork was more difficult during the COVID-19 pandemic than before the pandemic started? (mn210)
Percentage of students who answered 'Strongly agree' or 'Agree'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 65.4% | (62.4%-68.3%) | 3,480 | 67.0% | (63.6%-70.4%) | 1,723 | 63.4% | (59.4%-67.4%) | 1,669 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 66.2% | (62.5%-69.8%) | 1,456 | 68.3% | (64.0%-72.6%) | 779 | 63.7% | (58.1%-69.4%) | 639 |
| 13 | 64.8% | (61.3%-68.2%) | 1,722 | 64.9% | (58.5%-71.2%) | 813 | 64.2% | (59.9%-68.5%) | 868 |
| 14 or older | 65.2% | (57.1%-73.3%) | 294 | 75.0% | (62.6%-87.4%) | 130 | 58.2% | (50.7%-65.8%) | 157 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 64.7% | (61.3%-68.1%) | 1,670 | 67.1% | (63.6%-70.5%) | 856 | 62.0% | (56.9%-67.2%) | 773 |
| Grade 8 | 65.8% | (61.4%-70.2%) | 1,778 | 66.7% | (60.2%-73.3%) | 852 | 64.6% | (59.9%-69.3%) | 886 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 64.6% | (55.6%-73.6%) | 123 | 64.9% | (49.7%-80.1%) | 65 | 66.2% | (57.3%-75.1%) | 56 |
| Non-Hispanic | 65.3% | (62.1%-68.4%) | 3,158 | 66.7% | (63.3%-70.2%) | 1,579 | 63.3% | (58.9%-67.7%) | 1,501 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 66.5% | (56.4%-76.7%) | 51 | 74.9% | (63.8%-86.0%) | 26 | 59.1% | (39.0%-79.2%) | 23 |
| Asian | 66.6% | (61.2%-72.1%) | 117 | 61.3% | (47.3%-75.3%) | 46 | 70.6% | (59.6%-81.6%) | 71 |
| Black or African American | 68.3% | (63.5%-73.2%) | 198 | 66.5% | (59.5%-73.5%) | 99 | 70.0% | (58.9%-81.1%) | 91 |
| Native Hawaiian or Other Pacific Islander | 48.5% | (6.9%-90.0%) | 7 | * | * | * | * | * | * |
| White | 65.3% | (62.1%-68.6%) | 2,861 | 67.5% | (64.1%-70.9%) | 1,431 | 62.9% | (58.3%-67.5%) | 1,369 |
| Multiple Races | 62.8% | (54.7%-70.9%) | 147 | 67.6% | (59.6%-75.6%) | 76 | 58.3% | (45.8%-70.8%) | 65 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During the COVID-19 pandemic, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn211)
Percentage of students who answered 'Most of the time' or 'Always'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 29.3% | (27.2%-31.4%) | 1,552 | 40.1% | (37.5%-42.7%) | 1,022 | 17.2% | (15.3%-19.0%) | 451 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 27.6% | (25.3%-30.0%) | 604 | 37.4% | (33.8%-41.0%) | 423 | 14.7% | (11.6%-17.7%) | 147 |
| 13 | 31.5% | (29.2%-33.7%) | 832 | 42.8% | (39.5%-46.1%) | 532 | 19.3% | (16.8%-21.8%) | 260 |
| 14 or older | 25.2% | (19.3%-31.1%) | 114 | 39.1% | (24.9%-53.3%) | 67 | 15.4% | (10.1%-20.8%) | 42 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 27.0% | (25.1%-29.0%) | 695 | 37.3% | (34.3%-40.3%) | 473 | 14.7% | (12.1%-17.2%) | 182 |
| Grade 8 | 31.4% | (28.3%-34.4%) | 843 | 42.4% | (38.4%-46.4%) | 537 | 19.6% | (17.0%-22.2%) | 269 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 33.2% | (23.7%-42.7%) | 63 | 39.2% | (28.8%-49.6%) | 39 | 25.8% | (14.2%-37.5%) | 22 |
| Non-Hispanic | 30.1% | (28.2%-32.0%) | 1,451 | 41.3% | (38.8%-43.8%) | 970 | 17.2% | (15.5%-18.9%) | 408 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 30.3% | (18.3%-42.4%) | 24 | 38.8% | (19.4%-58.2%) | 14 | 16.6% | (4.7%-28.5%) | 7 |
| Asian | 19.6% | (14.0%-25.2%) | 35 | 28.0% | (18.7%-37.3%) | 21 | 13.2% | (7.5%-18.9%) | 13 |
| Black or African American | 20.9% | (13.6%-28.3%) | 61 | 24.6% | (12.0%-37.2%) | 36 | 16.7% | (12.5%-20.8%) | 22 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 29.7% | (27.8%-31.7%) | 1,295 | 41.3% | (38.5%-44.2%) | 869 | 16.7% | (14.9%-18.5%) | 363 |
| Multiple Races | 40.0% | (36.0%-44.0%) | 93 | 58.3% | (47.1%-69.5%) | 65 | 20.2% | (15.7%-24.7%) | 23 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
During the past 12 months, how would you describe your grades in school? (mn171)
Percentage of students who answered 'Mostly A's' or 'Mostly B's'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 78.7% | (72.0%-85.4%) | 4,093 | 80.6% | (73.2%-87.9%) | 2,009 | 77.6% | (71.3%-83.8%) | 2,027 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 79.4% | (72.8%-86.0%) | 1,681 | 78.2% | (69.8%-86.6%) | 838 | 81.7% | (76.0%-87.5%) | 830 |
| 13 | 77.7% | (70.4%-85.0%) | 2,033 | 83.4% | (76.3%-90.4%) | 1,028 | 72.9% | (65.4%-80.4%) | 967 |
| 14 or older | 80.9% | (69.7%-92.1%) | 360 | 75.9% | (60.6%-91.3%) | 138 | 84.1% | (73.1%-95.1%) | 220 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 78.2% | (70.8%-85.6%) | 1,980 | 78.7% | (70.1%-87.3%) | 970 | 78.5% | (71.3%-85.7%) | 990 |
| Grade 8 | 79.5% | (72.3%-86.6%) | 2,087 | 82.8% | (74.8%-90.8%) | 1,023 | 76.8% | (70.2%-83.4%) | 1,030 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 74.2% | (63.2%-85.3%) | 141 | 77.9% | (64.6%-91.2%) | 80 | 75.7% | (60.0%-91.4%) | 59 |
| Non-Hispanic | 79.2% | (72.5%-85.9%) | 3,766 | 81.0% | (73.8%-88.2%) | 1,872 | 77.7% | (71.4%-84.0%) | 1,842 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 65.9% | (47.1%-84.8%) | 47 | 75.5% | (45.2%-100.0%) | 24 | 58.2% | (31.9%-84.6%) | 23 |
| Asian | 75.2% | (59.6%-90.9%) | 141 | * | * | * | * | * | * |
| Black or African American | 67.4% | (60.4%-74.4%) | 205 | 50.8% | (42.9%-58.7%) | 77 | 83.2% | (74.7%-91.8%) | 122 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 80.0% | (73.3%-86.6%) | 3,442 | 82.3% | (75.0%-89.5%) | 1,702 | 78.3% | (72.0%-84.7%) | 1,698 |
| Multiple Races | 81.4% | (72.3%-90.6%) | 174 | 84.6% | (72.2%-97.1%) | 87 | 81.9% | (70.2%-93.5%) | 85 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Mostly A's' or 'Mostly B's' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)
Percentage of students who answered at least 1 hour*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 44.6% | (40.4%-48.8%) | 2,352 | 49.4% | (44.9%-53.9%) | 1,254 | 39.8% | (34.0%-45.6%) | 1,049 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 46.0% | (41.2%-50.7%) | 990 | 51.7% | (45.1%-58.2%) | 564 | 40.3% | (33.8%-46.7%) | 414 |
| 13 | 42.5% | (38.3%-46.8%) | 1,123 | 47.1% | (41.5%-52.6%) | 587 | 37.6% | (31.5%-43.7%) | 502 |
| 14 or older | 49.0% | (37.5%-60.5%) | 223 | 49.5% | (31.9%-67.1%) | 95 | 48.1% | (38.6%-57.6%) | 126 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 45.4% | (41.0%-49.8%) | 1,165 | 51.2% | (45.5%-56.9%) | 645 | 39.8% | (33.4%-46.3%) | 505 |
| Grade 8 | 44.1% | (38.7%-49.5%) | 1,168 | 47.8% | (41.2%-54.4%) | 597 | 39.7% | (33.5%-45.9%) | 537 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 49.0% | (36.6%-61.4%) | 94 | 57.4% | (44.9%-69.8%) | 62 | 35.4% | (15.1%-55.7%) | 27 |
| Non-Hispanic | 44.9% | (40.9%-49.0%) | 2,160 | 49.0% | (44.4%-53.7%) | 1,148 | 40.6% | (34.7%-46.6%) | 971 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 34.0% | (10.5%-57.4%) | 25 | 21.2% | (0.0%-43.8%) | 7 | 45.1% | (18.0%-72.2%) | 18 |
| Asian | 45.8% | (29.7%-61.9%) | 83 | 48.9% | (24.4%-73.3%) | 37 | 43.6% | (29.6%-57.6%) | 46 |
| Black or African American | 47.2% | (38.2%-56.3%) | 142 | 50.0% | (33.3%-66.7%) | 73 | 43.2% | (31.7%-54.7%) | 64 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 44.7% | (40.3%-49.0%) | 1,946 | 49.6% | (44.4%-54.9%) | 1,043 | 39.6% | (33.8%-45.4%) | 867 |
| Multiple Races | 39.9% | (26.2%-53.6%) | 86 | 46.9% | (29.3%-64.5%) | 50 | 32.3% | (15.1%-49.5%) | 34 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)
Percentage of students who answered 'Strongly agree' or 'Agree'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|----------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 73.3% | (70.8%-75.7%) | 3,880 | 70.4% | (67.4%-73.3%) | 1,806 | 76.2% | (73.5%-78.9%) | 1,989 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 75.6% | (72.1%-79.1%) | 1,651 | 73.0% | (67.6%-78.4%) | 830 | 78.6% | (74.6%-82.6%) | 782 |
| 13 | 71.4% | (68.6%-74.1%) | 1,889 | 68.1% | (65.5%-70.7%) | 853 | 74.6% | (71.1%-78.1%) | 1,000 |
| 14 or older | 73.9% | (70.4%-77.4%) | 333 | 69.7% | (59.9%-79.5%) | 120 | 75.8% | (69.4%-82.1%) | 204 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 75.7% | (72.0%-79.4%) | 1,941 | 72.5% | (67.8%-77.3%) | 923 | 78.9% | (75.6%-82.1%) | 973 |
| Grade 8 | 71.1% | (68.6%-73.7%) | 1,914 | 68.5% | (65.6%-71.4%) | 873 | 73.8% | (70.7%-76.8%) | 1,007 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 68.0% | (61.5%-74.5%) | 127 | 63.2% | (54.3%-72.1%) | 62 | 73.4% | (60.5%-86.3%) | 61 |
| Non-Hispanic | 73.0% | (70.7%-75.3%) | 3,517 | 70.0% | (67.2%-72.9%) | 1,651 | 76.1% | (73.3%-78.8%) | 1,794 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 74.6% | (61.3%-88.0%) | 58 | 67.2% | (52.9%-81.4%) | 24 | 79.0% | (57.6%-100.0%) | 31 |
| Asian | 68.3% | (58.4%-78.1%) | 119 | 64.3% | (50.2%-78.4%) | 50 | 71.4% | (61.9%-80.9%) | 69 |
| Black or African American | 65.4% | (59.7%-71.1%) | 190 | 61.8% | (53.6%-70.0%) | 93 | 68.9% | (60.7%-77.1%) | 89 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 74.5% | (72.5%-76.6%) | 3,244 | 72.3% | (69.4%-75.1%) | 1,522 | 76.9% | (74.0%-79.8%) | 1,662 |
| Multiple Races | 66.5% | (59.9%-73.1%) | 154 | 54.5% | (45.6%-63.4%) | 60 | 79.1% | (72.2%-86.0%) | 90 |

**Estimate suppressed due to small cell sizes.*

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*How often does one of your parents talk with you about what you are doing in school? (mn144)
Percentage of students who answered 'About every day' or 'About once or twice a week'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 88.3% | (86.7%-90.0%) | 4,672 | 87.5% | (85.6%-89.3%) | 2,220 | 89.5% | (87.3%-91.7%) | 2,352 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 88.8% | (86.8%-90.8%) | 1,933 | 88.5% | (86.8%-90.3%) | 990 | 89.5% | (86.5%-92.4%) | 898 |
| 13 | 87.8% | (86.1%-89.5%) | 2,331 | 86.2% | (83.1%-89.3%) | 1,074 | 89.7% | (87.7%-91.7%) | 1,213 |
| 14 or older | 89.2% | (85.1%-93.4%) | 395 | 90.3% | (84.9%-95.7%) | 153 | 88.8% | (82.9%-94.7%) | 234 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 88.4% | (86.2%-90.6%) | 2,267 | 88.0% | (85.6%-90.3%) | 1,104 | 89.1% | (86.0%-92.1%) | 1,113 |
| Grade 8 | 88.3% | (86.7%-90.0%) | 2,371 | 87.2% | (85.1%-89.2%) | 1,102 | 89.9% | (87.9%-91.9%) | 1,227 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 84.9% | (79.8%-89.9%) | 157 | 78.7% | (71.1%-86.4%) | 76 | 91.0% | (84.7%-97.3%) | 77 |
| Non-Hispanic | 88.6% | (87.2%-90.1%) | 4,258 | 87.9% | (86.3%-89.4%) | 2,051 | 89.6% | (87.3%-91.9%) | 2,120 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 80.4% | (70.9%-89.9%) | 64 | 79.3% | (62.1%-96.4%) | 28 | 82.5% | (72.0%-93.1%) | 33 |
| Asian | 79.6% | (69.8%-89.4%) | 138 | 74.9% | (60.0%-89.7%) | 56 | 83.2% | (73.3%-93.1%) | 82 |
| Black or African American | 77.8% | (72.7%-82.9%) | 223 | 77.3% | (73.6%-80.9%) | 112 | 78.4% | (70.5%-86.4%) | 102 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 89.5% | (88.1%-90.9%) | 3,898 | 88.7% | (87.1%-90.4%) | 1,859 | 90.4% | (88.2%-92.7%) | 1,967 |
| Multiple Races | 89.5% | (85.2%-93.7%) | 206 | 90.1% | (85.5%-94.7%) | 98 | 89.4% | (82.1%-96.8%) | 102 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'About every day' or 'About once or twice a week' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
How often does your family give you love and support? (mn188)
Percentage of students who answered 'Most of the time' or 'Always'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 88.7% | (86.7%-90.7%) | 4,678 | 86.2% | (83.6%-88.8%) | 2,182 | 92.0% | (90.1%-93.9%) | 2,418 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 89.8% | (87.4%-92.1%) | 1,945 | 87.1% | (84.3%-89.9%) | 974 | 93.9% | (91.6%-96.1%) | 938 |
| 13 | 88.0% | (86.0%-90.0%) | 2,322 | 85.1% | (82.2%-88.0%) | 1,050 | 91.5% | (89.0%-93.9%) | 1,237 |
| 14 or older | 87.5% | (84.5%-90.5%) | 395 | 88.0% | (82.8%-93.1%) | 154 | 87.9% | (83.6%-92.2%) | 235 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 89.6% | (87.3%-91.9%) | 2,290 | 86.5% | (83.6%-89.5%) | 1,087 | 93.6% | (91.5%-95.6%) | 1,167 |
| Grade 8 | 88.0% | (86.0%-90.0%) | 2,354 | 85.9% | (82.8%-89.0%) | 1,080 | 90.5% | (88.3%-92.8%) | 1,239 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 84.2% | (77.7%-90.6%) | 155 | 83.3% | (75.1%-91.6%) | 79 | 85.6% | (78.3%-93.0%) | 72 |
| Non-Hispanic | 88.8% | (87.0%-90.7%) | 4,255 | 86.2% | (83.7%-88.6%) | 2,008 | 92.2% | (90.4%-94.0%) | 2,182 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 79.5% | (70.3%-88.7%) | 63 | * | * | * | * | * | * |
| Asian | 82.7% | (75.7%-89.8%) | 142 | 82.9% | (70.3%-95.6%) | 61 | 82.5% | (73.5%-91.6%) | 81 |
| Black or African American | 83.2% | (78.7%-87.8%) | 239 | 78.0% | (73.0%-83.0%) | 112 | 90.5% | (84.4%-96.5%) | 120 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 89.8% | (87.9%-91.8%) | 3,899 | 87.3% | (84.9%-89.7%) | 1,822 | 93.0% | (90.8%-95.2%) | 2,023 |
| Multiple Races | 87.7% | (82.1%-93.2%) | 200 | 81.6% | (73.0%-90.2%) | 89 | 94.1% | (88.3%-99.9%) | 104 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)
Do you agree or disagree that in your community you feel like you matter to people? (mn148)
Percentage of students who answered 'Strongly agree' or 'Agree'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 59.7% | (56.7%-62.7%) | 3,141 | 54.3% | (50.6%-58.0%) | 1,376 | 66.2% | (63.3%-69.0%) | 1,728 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 60.9% | (58.0%-63.9%) | 1,321 | 55.5% | (50.6%-60.5%) | 622 | 68.9% | (66.2%-71.6%) | 687 |
| 13 | 58.6% | (54.8%-62.3%) | 1,541 | 52.6% | (48.3%-56.9%) | 653 | 64.8% | (59.3%-70.3%) | 867 |
| 14 or older | 60.4% | (53.1%-67.7%) | 270 | 56.9% | (47.9%-65.8%) | 97 | 63.6% | (53.2%-74.0%) | 170 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 60.9% | (57.6%-64.1%) | 1,548 | 55.5% | (50.5%-60.5%) | 698 | 67.8% | (65.5%-70.1%) | 836 |
| Grade 8 | 58.7% | (55.2%-62.2%) | 1,571 | 53.1% | (49.1%-57.1%) | 670 | 64.8% | (60.6%-69.1%) | 884 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 50.2% | (43.0%-57.4%) | 93 | 51.5% | (35.8%-67.3%) | 49 | 50.1% | (37.4%-62.7%) | 43 |
| Non-Hispanic | 59.7% | (56.7%-62.7%) | 2,857 | 54.0% | (50.4%-57.7%) | 1,262 | 66.6% | (63.5%-69.6%) | 1,566 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 46.0% | (37.9%-54.2%) | 36 | 38.6% | (18.9%-58.3%) | 13 | 53.3% | (36.9%-69.8%) | 22 |
| Asian | 54.7% | (46.4%-63.0%) | 94 | 48.7% | (40.7%-56.7%) | 37 | 59.4% | (46.8%-72.0%) | 58 |
| Black or African American | 55.4% | (45.7%-65.2%) | 157 | 45.8% | (32.2%-59.3%) | 67 | 69.2% | (59.9%-78.6%) | 87 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 61.2% | (58.1%-64.3%) | 2,651 | 56.0% | (52.2%-59.8%) | 1,170 | 67.3% | (63.8%-70.8%) | 1,456 |
| Multiple Races | 49.7% | (40.0%-59.4%) | 115 | 43.3% | (28.8%-57.8%) | 48 | 57.3% | (46.2%-68.5%) | 65 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2021 MAINE INTEGRATED YOUTH HEALTH SURVEY
Middle School Detailed Report - Cumberland PHD (weighted)**

*Have you ever bet money or something else of value? (Include if you bet at a casino, race track, or online, bought lottery tickets, bet on a sports team, or played cards or other games for money or things.) (mn142a)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 23.1% | (20.9%-25.3%) | 1,222 | 16.1% | (13.3%-18.9%) | 409 | 29.6% | (27.3%-32.0%) | 785 |
| ----Age---- | | | | | | | | | |
| 12 or younger | 17.9% | (15.3%-20.4%) | 383 | 11.9% | (8.4%-15.5%) | 131 | 24.2% | (19.9%-28.6%) | 245 |
| 13 | 26.1% | (22.9%-29.4%) | 695 | 18.3% | (14.2%-22.5%) | 229 | 33.1% | (29.1%-37.1%) | 449 |
| 14 or older | 29.1% | (21.7%-36.5%) | 134 | 24.2% | (12.5%-36.0%) | 47 | 32.9% | (22.9%-42.9%) | 87 |
| ----Grade---- | | | | | | | | | |
| Grade 7 | 19.3% | (16.1%-22.5%) | 494 | 13.2% | (9.9%-16.4%) | 167 | 25.2% | (20.3%-30.1%) | 317 |
| Grade 8 | 26.8% | (24.2%-29.4%) | 718 | 19.4% | (15.3%-23.4%) | 243 | 34.0% | (30.5%-37.4%) | 468 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 21.3% | (13.6%-29.1%) | 41 | 10.0% | (1.2%-18.8%) | 10 | 38.1% | (24.2%-52.1%) | 31 |
| Non-Hispanic | 23.6% | (21.2%-25.9%) | 1,135 | 16.6% | (13.6%-19.6%) | 390 | 30.2% | (27.4%-33.0%) | 724 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 36.3% | (13.8%-58.7%) | 28 | 21.7% | (6.5%-36.8%) | 8 | 48.2% | (13.9%-82.5%) | 20 |
| Asian | 14.9% | (5.3%-24.5%) | 27 | 18.3% | (2.3%-34.3%) | 14 | 12.3% | (0.0%-24.9%) | 13 |
| Black or African American | 21.0% | (16.4%-25.6%) | 64 | 13.2% | (6.6%-19.8%) | 19 | 27.9% | (15.5%-40.4%) | 42 |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 22.7% | (20.2%-25.2%) | 992 | 16.0% | (13.1%-18.9%) | 337 | 29.1% | (25.9%-32.4%) | 640 |
| Multiple Races | 38.8% | (24.4%-53.2%) | 83 | 21.8% | (5.1%-38.4%) | 23 | 58.7% | (40.0%-77.4%) | 61 |

*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.