

Participating in the MIYHS

Maine Integrated Youth Health Survey



What is MIYHS?

The Maine Integrated Youth Health Survey (MIYHS) is a student survey administered to students in grades 5-12. The survey is administered every other year and collects information on risk behaviors and protective factors. MIYHS was developed in 2009 by the Maine Department of Health and Human Services and Maine Department of Education and approved by the University of Southern Maine Institutional Review Board (IRB).

What are the benefits?



Monitor Trends

Schools get individualized reports of their own students' risk behaviors and protective factors to inform decision-making. School reports are not made public and are only released with school permission.



Evaluation

Maine uses MIYHS data for grant writing and reporting, policies and laws, and programming. The data are also used to evaluate national, state, and local programs aimed to prevent risk behaviors and improve school health education.

What is required of participating schools?



Send Letters Home

Email or mail consent letters to parents before survey administration.



Designate Coordinator

Choose a school MIYHS coordinator to complete an online training, train teachers on survey administration, and coordinate with our data partner.



Transfer Surveys

Pick up and drop off surveys at an agreed-upon location in your community, as needed. **Your school may be eligible to conduct an online version of the survey.**



Administer Survey!

Survey **all** eligible students.

How does the 5th/6th grade survey work?



Sample of Schools

A sample of eligible schools is selected to participate in a direct student survey of 5th and/or 6th grade students. This sample is used for the State and geographic Public Health District reports.



Volunteer to Participate

Any eligible school with 5th and/or 6th grade students can volunteer to participate in the survey, even if they weren't selected as part of the sample. These schools will receive their own data results.

How does the 7th-12th grade survey work?



All Schools Invited

All public and quasi-public middle and high schools are strongly encouraged to participate in the MIYHS.



Student Participation

All students, including vocational and alternative education students, participate in the direct student survey.

Questions? Please contact the MIYHS coordinator, Korey Pow, (207) 287-5084 or Korey.Pow@maine.gov

To learn more about the Maine Integrated Youth Health Survey, visit www.Maine.gov/MIYHS