



Maine Department of Health and Human Services  
Maine Department of Education

## **DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND RACE**

**CENTRAL MAINE PHD  
2019 MIYHS MIDDLE SCHOOL REPORT**

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Demographics*

	%	CI	N	n
Total	13.2%		3,624	2,491
<b>----Sex----</b>				
Female	48.6%	( 46.6% - 50.7% )	1,762	1,245
Male	50.5%	( 48.5% - 52.5% )	1,831	1,226
Missing	0.8%	( 0.6% - 1.1% )	31	20
<b>----Grade----</b>				
Grade 7	48.5%	( 46.3% - 50.7% )	1,757	1,236
Grade 8	50.3%	( 48.4% - 52.2% )	1,823	1,222
Missing	1.2%	( 0.7% - 1.7% )	44	33
<b>----Age----</b>				
12 or younger	26.0%	( 24.1% - 27.9% )	942	660
13	48.0%	( 46.0% - 49.9% )	1,739	1,188
14 or older	25.7%	( 23.7% - 27.8% )	932	636
Missing	0.3%	( 0.0% - 0.5% )	10	7
<b>----Hispanic Ethnicity----</b>				
Hispanic	1.9%	( 1.4% - 2.4% )	69	134
Non-Hispanic	90.1%	( 88.1% - 92.2% )	3,266	2,155
Missing	8.0%	( 5.9% - 10.1% )	290	202
<b>----Race----</b>				
American Indian or Alaskan Native	2.1%	( 1.6% - 2.6% )	76	131
Asian	0.5%	( 0.3% - 0.7% )	19	28
Black or African American	1.0%	( 0.6% - 1.3% )	35	60
Native Hawaiian or Other Pacific Islander	0.2%	( 0.1% - 0.3% )	7	12
White	90.6%	( 89.6% - 91.7% )	3,285	2,015

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Demographics*

	%	CI	N	n
Multiple Races	2.6%	( 2.3% - 2.9% )	94	171
Missing	2.9%	( 2.1% - 3.8% )	107	74

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Demographics*

	%	CI	N	n
<b>----County----</b>				
Kennebec County	56.5%	( 39.6% - 73.4% )	2,048	1,371
Somerset County	43.5%	( 26.6% - 60.4% )	1,576	1,120

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --  
 SELF-REPORTED HEIGHT/WEIGHT (mnnowt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.7%	(17.1%-22.3%)	585	17.0%	(13.2%-20.9%)	247	22.3%	(18.7%-25.9%)	338
<b>----Age----</b>									
12 or younger	20.5%	(14.2%-26.8%)	151	15.1%	(10.0%-20.1%)	62	27.2%	(15.0%-39.5%)	89
13	19.4%	(15.7%-23.1%)	282	15.4%	(9.3%-21.5%)	108	23.2%	(18.3%-28.0%)	174
14 or older	19.6%	(15.0%-24.2%)	152	22.9%	(15.3%-30.4%)	77	17.1%	(12.8%-21.3%)	75
<b>----Grade----</b>									
Grade 7	19.4%	(15.8%-23.0%)	268	14.8%	(11.5%-18.0%)	104	24.1%	(17.8%-30.4%)	164
Grade 8	20.1%	(16.7%-23.6%)	314	19.5%	(12.5%-26.5%)	143	20.7%	(16.2%-25.2%)	170
<b>----Hispanic Ethnicity----</b>									
Hispanic	21.2%	(8.5%-33.8%)	13	*	*	*	*	*	*
Non-Hispanic	20.4%	(17.7%-23.0%)	546	17.5%	(13.5%-21.4%)	227	23.1%	(19.4%-26.9%)	319
<b>----Race----</b>									
American Indian or Alaskan Native	17.4%	(7.5%-27.3%)	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.9%	(17.2%-22.5%)	536	17.0%	(13.3%-20.7%)	224	22.6%	(18.6%-26.6%)	312
Multiple Races	19.8%	(9.9%-29.6%)	17	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.1%	(16.5%-23.8%)	597	17.6%	(13.0%-22.1%)	255	22.6%	(18.3%-26.8%)	342
<b>----Age----</b>									
12 or younger	21.3%	(14.5%-28.1%)	157	21.4%	(13.9%-28.9%)	88	21.1%	(8.8%-33.4%)	69
13	22.4%	(16.9%-27.9%)	326	18.8%	(13.7%-23.9%)	132	25.8%	(18.1%-33.5%)	193
14 or older	14.7%	(11.0%-18.5%)	114	10.3%	(3.7%-16.9%)	35	18.1%	(14.1%-22.0%)	79
<b>----Grade----</b>									
Grade 7	21.1%	(15.7%-26.5%)	293	18.3%	(12.4%-24.3%)	129	24.0%	(17.2%-30.8%)	163
Grade 8	19.6%	(14.4%-24.7%)	304	17.1%	(11.8%-22.5%)	126	21.7%	(15.4%-28.0%)	178
<b>----Hispanic Ethnicity----</b>									
Hispanic	17.1%	(8.0%-26.2%)	10	*	*	*	*	*	*
Non-Hispanic	20.5%	(16.7%-24.4%)	550	17.6%	(12.8%-22.4%)	229	23.3%	(18.9%-27.7%)	321
<b>----Race----</b>									
American Indian or Alaskan Native	28.5%	(13.3%-43.8%)	16	49.2%	(20.6%-77.9%)	10	16.3%	(5.6%-27.1%)	6
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.3%	(16.4%-24.1%)	547	17.8%	(13.1%-22.5%)	235	22.6%	(18.0%-27.2%)	312
Multiple Races	21.6%	(10.2%-33.0%)	18	13.7%	(4.1%-23.3%)	7	32.1%	(10.7%-53.5%)	12

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) --  
 SELF-REPORTED HEIGHT/WEIGHT (mnnowtob)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	39.8%	(36.1%-43.6%)	1,182	34.6%	(30.2%-39.0%)	502	44.8%	(39.9%-49.7%)	680
<b>----Age----</b>									
12 or younger	41.7%	(34.3%-49.2%)	308	36.5%	(28.5%-44.5%)	151	48.4%	(36.3%-60.5%)	158
13	41.8%	(38.3%-45.3%)	608	34.2%	(28.3%-40.0%)	240	49.0%	(43.5%-54.5%)	367
14 or older	34.3%	(27.7%-40.9%)	266	33.2%	(23.1%-43.2%)	111	35.2%	(29.2%-41.1%)	154
<b>----Grade----</b>									
Grade 7	40.5%	(33.9%-47.0%)	561	33.1%	(26.9%-39.3%)	233	48.1%	(39.1%-57.1%)	328
Grade 8	39.7%	(35.1%-44.3%)	618	36.6%	(29.1%-44.2%)	269	42.4%	(36.6%-48.3%)	349
<b>----Hispanic Ethnicity----</b>									
Hispanic	38.3%	(20.1%-56.4%)	23	40.2%	(20.2%-60.2%)	13	35.9%	(14.1%-57.6%)	10
Non-Hispanic	40.9%	(37.3%-44.5%)	1,096	35.1%	(30.6%-39.5%)	456	46.4%	(41.9%-50.9%)	640
<b>----Race----</b>									
American Indian or Alaskan Native	45.9%	(29.5%-62.4%)	26	58.2%	(33.7%-82.7%)	12	38.7%	(19.8%-57.6%)	14
Asian	*	*	*	*	*	*	*	*	*
Black or African American	21.7%	(2.5%-40.9%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	40.1%	(36.2%-44.1%)	1,083	34.8%	(30.4%-39.1%)	460	45.2%	(39.9%-50.6%)	623
Multiple Races	41.4%	(26.2%-56.6%)	35	38.3%	(19.8%-56.8%)	18	45.5%	(23.6%-67.4%)	17

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CI = 95% Confidence Interval

N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	57.9%	(54.2%-61.6%)	1,719	63.3%	(58.6%-68.1%)	920	52.7%	(47.6%-57.8%)	799
<b>----Age----</b>									
12 or younger	56.2%	(49.1%-63.3%)	415	61.6%	(53.8%-69.3%)	254	49.4%	(37.3%-61.5%)	161
13	56.1%	(52.4%-59.7%)	815	63.4%	(57.7%-69.1%)	446	49.2%	(42.5%-55.8%)	369
14 or older	63.0%	(56.8%-69.2%)	488	65.3%	(55.2%-75.4%)	219	61.2%	(56.0%-66.4%)	269
<b>----Grade----</b>									
Grade 7	57.4%	(51.4%-63.3%)	795	64.1%	(58.3%-69.9%)	452	50.4%	(41.6%-59.2%)	343
Grade 8	57.9%	(53.2%-62.5%)	900	61.9%	(54.4%-69.5%)	455	54.2%	(47.7%-60.8%)	446
<b>----Hispanic Ethnicity----</b>									
Hispanic	57.2%	(40.3%-74.0%)	34	54.9%	(34.6%-75.2%)	18	59.9%	(40.4%-79.4%)	16
Non-Hispanic	56.8%	(53.0%-60.6%)	1,522	63.0%	(57.8%-68.2%)	820	50.9%	(46.3%-55.6%)	702
<b>----Race----</b>									
American Indian or Alaskan Native	48.5%	(32.6%-64.5%)	27	35.9%	(12.7%-59.0%)	7	56.0%	(34.2%-77.8%)	20
Asian	*	*	*	*	*	*	*	*	*
Black or African American	75.5%	(52.6%-98.3%)	22	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	57.6%	(53.8%-61.5%)	1,556	63.1%	(58.2%-67.9%)	834	52.4%	(46.9%-57.9%)	722
Multiple Races	58.6%	(43.4%-73.8%)	50	61.7%	(43.2%-80.2%)	30	54.5%	(32.6%-76.4%)	20

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CI = 95% Confidence Interval

N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*What language is spoken most often at home? (Select only one response.) (mn8b)*  
*Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.1%	(0.9%-3.3%)	77	2.3%	(0.3%-4.3%)	41	1.9%	(1.2%-2.7%)	35
<b>----Age----</b>									
12 or younger	1.1%	(0.0%-2.4%)	10	*	*	*	*	*	*
13	2.3%	(1.1%-3.5%)	40	2.3%	(0.2%-4.5%)	20	2.2%	(1.4%-3.0%)	19
14 or older	2.9%	(1.3%-4.5%)	27	3.5%	(1.0%-6.0%)	14	2.4%	(0.7%-4.2%)	13
<b>----Grade----</b>									
Grade 7	1.6%	(0.4%-2.7%)	27	2.2%	(0.0%-4.4%)	19	0.9%	(0.2%-1.6%)	8
Grade 8	2.6%	(1.2%-4.1%)	48	2.4%	(0.3%-4.4%)	21	2.9%	(1.3%-4.5%)	27
<b>----Hispanic Ethnicity----</b>									
Hispanic	12.7%	(5.6%-19.9%)	8	*	*	*	*	*	*
Non-Hispanic	1.7%	(0.8%-2.6%)	55	1.7%	(0.3%-3.0%)	26	1.8%	(0.9%-2.6%)	29
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	41.1%	(19.8%-62.5%)	8	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.6%-1.8%)	39	1.4%	(0.1%-2.6%)	22	0.9%	(0.4%-1.5%)	16
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 30 days, where did you usually sleep? (mn187a\_2)*

*Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.9%	(1.5%-2.3%)	67	2.1%	(1.6%-2.5%)	36	1.5%	(0.8%-2.1%)	27
<b>----Age----</b>									
12 or younger	2.0%	(0.7%-3.4%)	19	2.3%	(0.8%-3.8%)	12	1.7%	(0.0%-4.1%)	7
13	1.6%	(1.1%-2.1%)	28	1.8%	(0.9%-2.6%)	15	1.3%	(0.6%-1.9%)	11
14 or older	2.1%	(1.0%-3.2%)	20	2.4%	(0.9%-4.0%)	10	1.6%	(0.4%-2.8%)	8
<b>----Grade----</b>									
Grade 7	1.8%	(1.1%-2.5%)	31	2.2%	(1.1%-3.3%)	19	1.4%	(0.4%-2.5%)	13
Grade 8	1.6%	(1.1%-2.2%)	29	1.9%	(1.1%-2.6%)	16	1.2%	(0.5%-1.9%)	11
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.7%	(1.2%-2.2%)	54	1.8%	(1.2%-2.4%)	29	1.4%	(0.5%-2.2%)	23
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(1.1%-2.1%)	53	1.7%	(1.1%-2.3%)	27	1.3%	(0.7%-2.0%)	22
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*How often do you wear a seat belt when riding in a car? (mn10)  
Percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.2%	(1.9%-4.4%)	114	2.8%	(1.2%-4.3%)	49	3.6%	(1.7%-5.5%)	65
<b>----Age----</b>									
12 or younger	3.0%	(0.9%-5.2%)	29	2.6%	(0.0%-5.6%)	13	3.5%	(0.0%-7.1%)	16
13	3.5%	(2.2%-4.9%)	61	3.1%	(1.5%-4.7%)	27	4.0%	(1.9%-6.2%)	34
14 or older	2.6%	(0.4%-4.8%)	24	2.3%	(0.0%-4.9%)	8	2.9%	(0.0%-6.1%)	15
<b>----Grade----</b>									
Grade 7	2.7%	(1.5%-3.9%)	48	2.3%	(0.6%-4.0%)	20	3.1%	(1.2%-5.0%)	27
Grade 8	3.3%	(1.9%-4.7%)	60	3.0%	(1.1%-5.0%)	27	3.6%	(1.1%-6.2%)	33
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.3%	(2.1%-4.5%)	108	2.8%	(1.3%-4.4%)	46	3.7%	(1.8%-5.7%)	63
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.1%	(1.8%-4.4%)	102	2.8%	(1.3%-4.4%)	45	3.4%	(1.4%-5.4%)	57
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How often do you wear a seat belt when riding in a car? (mn10\_2)*  
*Percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	76.9%	(72.7%-81.2%)	2,773	78.4%	(74.0%-82.7%)	1,378	75.9%	(70.0%-81.8%)	1,386
<b>----Age----</b>									
12 or younger	79.8%	(72.1%-87.4%)	763	79.8%	(72.4%-87.2%)	408	79.6%	(69.2%-90.0%)	352
13	76.2%	(70.8%-81.5%)	1,323	75.3%	(68.7%-81.9%)	659	77.7%	(71.3%-84.1%)	658
14 or older	75.6%	(69.9%-81.3%)	683	83.6%	(78.3%-88.9%)	307	70.5%	(60.7%-80.3%)	375
<b>----Grade----</b>									
Grade 7	78.9%	(74.8%-83.0%)	1,383	78.4%	(74.3%-82.6%)	684	79.2%	(73.2%-85.3%)	695
Grade 8	75.2%	(70.3%-80.1%)	1,366	78.3%	(73.2%-83.4%)	689	72.8%	(64.9%-80.7%)	671
<b>----Hispanic Ethnicity----</b>									
Hispanic	68.0%	(58.0%-78.0%)	43	74.6%	(58.9%-90.2%)	30	56.3%	(38.3%-74.4%)	13
Non-Hispanic	76.6%	(72.0%-81.1%)	2,535	78.4%	(73.9%-83.0%)	1,267	75.2%	(69.1%-81.3%)	1,259
<b>----Race----</b>									
American Indian or Alaskan Native	72.7%	(63.6%-81.7%)	58	78.7%	(61.5%-96.0%)	30	67.2%	(54.3%-80.1%)	28
Asian	67.7%	(46.7%-88.8%)	14	*	*	*	*	*	*
Black or African American	58.4%	(36.6%-80.3%)	20	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	77.6%	(73.4%-81.8%)	2,557	79.1%	(74.5%-83.7%)	1,254	76.6%	(70.8%-82.5%)	1,296
Multiple Races	73.2%	(62.1%-84.4%)	62	78.0%	(65.1%-90.9%)	45	63.4%	(44.3%-82.6%)	18

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.9%	(22.2%-27.6%)	879	27.8%	(24.7%-30.8%)	478	22.5%	(18.3%-26.8%)	401
<b>----Age----</b>									
12 or younger	20.8%	(15.4%-26.2%)	186	28.6%	(21.5%-35.7%)	140	11.3%	(4.3%-18.3%)	45
13	24.2%	(21.4%-27.1%)	409	26.3%	(21.1%-31.4%)	214	22.9%	(17.7%-28.2%)	196
14 or older	30.2%	(26.3%-34.0%)	284	29.7%	(22.2%-37.2%)	124	30.5%	(22.5%-38.6%)	160
<b>----Grade----</b>									
Grade 7	21.7%	(17.9%-25.5%)	370	25.5%	(20.4%-30.7%)	216	18.2%	(13.4%-23.0%)	154
Grade 8	28.3%	(24.1%-32.6%)	506	30.5%	(25.1%-35.8%)	262	26.7%	(21.2%-32.2%)	244
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.0%	(13.6%-34.4%)	17	18.9%	(6.0%-31.8%)	8	31.7%	(16.7%-46.7%)	9
Non-Hispanic	25.5%	(23.0%-28.0%)	800	28.6%	(25.9%-31.3%)	437	22.8%	(18.7%-27.0%)	364
<b>----Race----</b>									
American Indian or Alaskan Native	32.1%	(15.6%-48.7%)	21	43.9%	(17.2%-70.5%)	11	24.2%	(8.2%-40.3%)	9
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.4%	(22.9%-28.0%)	811	28.2%	(25.4%-31.1%)	441	23.0%	(18.9%-27.2%)	370
Multiple Races	23.2%	(12.2%-34.3%)	24	22.8%	(10.2%-35.5%)	13	24.2%	(5.2%-43.2%)	11

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

Have you ever ridden in a car or other vehicle driven by someone who had been taking illegal drugs such as marijuana, cocaine, heroin, or LSD?  
(mn12a)

Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.5%	(8.7%-12.2%)	375	11.5%	(8.4%-14.7%)	200	9.6%	(6.8%-12.5%)	176
<b>----Age----</b>									
12 or younger	8.7%	(5.2%-12.2%)	79	11.8%	(7.2%-16.4%)	58	5.1%	(0.9%-9.2%)	21
13	11.4%	(9.5%-13.3%)	196	12.5%	(8.7%-16.2%)	103	10.6%	(6.1%-15.1%)	92
14 or older	10.6%	(7.1%-14.1%)	101	9.3%	(3.9%-14.7%)	39	11.6%	(7.3%-15.9%)	62
<b>----Grade----</b>									
Grade 7	10.5%	(8.1%-12.8%)	181	11.2%	(7.8%-14.6%)	95	9.9%	(5.3%-14.6%)	87
Grade 8	10.6%	(8.0%-13.3%)	193	11.9%	(7.3%-16.5%)	104	9.6%	(5.7%-13.4%)	89
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.8%	(7.5%-22.0%)	11	*	*	*	*	*	*
Non-Hispanic	10.7%	(8.9%-12.4%)	340	12.1%	(8.5%-15.7%)	186	9.5%	(6.5%-12.4%)	154
<b>----Race----</b>									
American Indian or Alaskan Native	13.0%	(5.5%-20.5%)	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.4%	(8.8%-12.0%)	336	11.8%	(8.7%-14.8%)	185	9.2%	(6.6%-11.8%)	151
Multiple Races	16.2%	(6.7%-25.7%)	16	12.7%	(4.2%-21.3%)	7	20.7%	(4.0%-37.4%)	10

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.5%	(16.2%-20.8%)	658	20.5%	(16.8%-24.3%)	355	15.8%	(13.3%-18.4%)	285
<b>----Age----</b>									
12 or younger	14.9%	(11.5%-18.4%)	138	13.2%	(6.4%-20.0%)	65	16.1%	(9.3%-22.9%)	69
13	19.0%	(15.8%-22.1%)	328	23.2%	(19.2%-27.2%)	203	13.4%	(10.2%-16.6%)	112
14 or older	21.4%	(16.8%-26.1%)	191	24.2%	(16.3%-32.1%)	87	19.6%	(15.1%-24.1%)	104
<b>----Grade----</b>									
Grade 7	17.7%	(14.8%-20.5%)	305	17.2%	(11.2%-23.3%)	148	17.7%	(13.9%-21.5%)	154
Grade 8	19.0%	(15.8%-22.2%)	341	23.7%	(18.8%-28.5%)	206	14.1%	(10.4%-17.9%)	129
<b>----Hispanic Ethnicity----</b>									
Hispanic	30.6%	(19.1%-42.2%)	19	30.9%	(12.2%-49.6%)	13	30.1%	(20.4%-39.9%)	7
Non-Hispanic	18.3%	(15.7%-20.9%)	601	20.4%	(16.5%-24.2%)	325	15.8%	(12.9%-18.6%)	262
<b>----Race----</b>									
American Indian or Alaskan Native	26.6%	(19.0%-34.3%)	21	27.2%	(9.2%-45.1%)	10	26.2%	(11.3%-41.0%)	11
Asian	*	*	*	*	*	*	*	*	*
Black or African American	29.2%	(11.2%-47.2%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.2%	(15.5%-20.8%)	590	20.3%	(15.9%-24.6%)	316	15.4%	(12.6%-18.2%)	258
Multiple Races	31.3%	(23.8%-38.9%)	26	33.7%	(25.3%-42.0%)	19	26.5%	(12.7%-40.4%)	7

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Do you agree or disagree with the following statement? I feel safe at my school. (mn21)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	86.2%	(83.6%-88.7%)	3,085	85.3%	(82.3%-88.3%)	1,487	87.3%	(84.2%-90.3%)	1,578
<b>----Age----</b>									
12 or younger	85.8%	(81.5%-90.1%)	800	82.6%	(75.9%-89.4%)	414	89.5%	(86.6%-92.3%)	384
13	87.2%	(85.1%-89.3%)	1,498	86.2%	(82.7%-89.7%)	729	88.9%	(86.2%-91.6%)	757
14 or older	84.9%	(80.5%-89.2%)	783	87.2%	(82.8%-91.5%)	345	83.1%	(76.3%-89.9%)	436
<b>----Grade----</b>									
Grade 7	86.6%	(83.5%-89.8%)	1,500	85.2%	(81.2%-89.2%)	730	88.4%	(85.4%-91.4%)	766
Grade 8	85.7%	(82.4%-89.0%)	1,549	85.5%	(81.0%-89.9%)	748	86.2%	(82.0%-90.4%)	793
<b>----Hispanic Ethnicity----</b>									
Hispanic	80.2%	(74.5%-86.0%)	53	85.0%	(75.8%-94.2%)	34	72.9%	(60.6%-85.1%)	19
Non-Hispanic	86.3%	(83.7%-88.9%)	2,788	85.1%	(82.0%-88.1%)	1,340	87.7%	(84.6%-90.8%)	1,434
<b>----Race----</b>									
American Indian or Alaskan Native	83.5%	(77.0%-90.0%)	63	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	76.5%	(66.6%-86.4%)	26	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	86.4%	(83.7%-89.1%)	2,807	85.4%	(82.3%-88.6%)	1,347	87.5%	(84.3%-90.8%)	1,444
Multiple Races	80.6%	(74.9%-86.3%)	74	80.6%	(73.3%-87.9%)	45	80.3%	(66.7%-93.9%)	28

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CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Have you ever been bullied on school property? (mn22)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.2%	(44.2%-50.1%)	1,678	51.1%	(47.5%-54.8%)	889	43.1%	(39.3%-47.0%)	773
<b>----Age----</b>									
12 or younger	47.0%	(42.0%-51.9%)	431	51.7%	(45.5%-57.8%)	256	41.2%	(35.9%-46.4%)	173
13	48.5%	(45.3%-51.8%)	832	51.2%	(47.0%-55.3%)	435	45.7%	(40.8%-50.6%)	386
14 or older	44.8%	(41.5%-48.1%)	412	50.2%	(45.8%-54.6%)	196	40.6%	(36.4%-44.7%)	214
<b>----Grade----</b>									
Grade 7	48.6%	(43.8%-53.4%)	839	51.6%	(45.7%-57.5%)	444	45.1%	(39.3%-50.9%)	387
Grade 8	46.1%	(43.7%-48.4%)	826	50.8%	(47.0%-54.5%)	440	41.5%	(38.3%-44.7%)	380
<b>----Hispanic Ethnicity----</b>									
Hispanic	54.2%	(44.5%-64.0%)	36	51.8%	(39.3%-64.3%)	21	58.1%	(48.0%-68.2%)	15
Non-Hispanic	47.2%	(44.2%-50.1%)	1,514	51.9%	(48.0%-55.7%)	813	42.3%	(38.1%-46.6%)	687
<b>----Race----</b>									
American Indian or Alaskan Native	48.6%	(37.4%-59.8%)	36	63.5%	(49.1%-78.0%)	20	38.1%	(23.1%-53.0%)	16
Asian	*	*	*	*	*	*	*	*	*
Black or African American	58.3%	(44.0%-72.6%)	20	61.3%	(46.7%-75.9%)	11	54.9%	(31.1%-78.7%)	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	46.7%	(43.7%-49.6%)	1,508	50.9%	(47.0%-54.7%)	801	42.4%	(38.3%-46.4%)	694
Multiple Races	63.6%	(55.0%-72.1%)	59	61.0%	(49.2%-72.8%)	34	66.9%	(59.3%-74.5%)	24

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.8%	(20.8%-28.8%)	880	32.2%	(27.1%-37.3%)	557	17.5%	(13.0%-22.1%)	314
<b>----Age----</b>									
12 or younger	20.5%	(13.8%-27.1%)	195	27.9%	(18.6%-37.3%)	141	12.1%	(4.5%-19.7%)	53
13	26.7%	(22.4%-31.0%)	453	33.2%	(28.4%-38.0%)	286	19.7%	(14.5%-25.0%)	162
14 or older	25.9%	(19.3%-32.5%)	232	35.7%	(24.9%-46.4%)	130	18.7%	(12.1%-25.3%)	99
<b>----Grade----</b>									
Grade 7	22.3%	(17.3%-27.3%)	387	28.8%	(21.7%-36.0%)	249	15.9%	(10.4%-21.3%)	138
Grade 8	27.4%	(22.1%-32.6%)	487	35.4%	(29.3%-41.5%)	307	19.1%	(13.7%-24.5%)	172
<b>----Hispanic Ethnicity----</b>									
Hispanic	44.8%	(31.5%-58.1%)	28	49.1%	(30.8%-67.3%)	20	36.7%	(20.4%-53.1%)	8
Non-Hispanic	24.9%	(21.0%-28.7%)	812	32.2%	(27.3%-37.1%)	514	17.6%	(13.0%-22.2%)	290
<b>----Race----</b>									
American Indian or Alaskan Native	32.5%	(19.7%-45.3%)	26	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	40.9%	(25.6%-56.3%)	14	52.0%	(33.5%-70.5%)	7	33.8%	(9.3%-58.2%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.8%	(19.7%-27.9%)	771	30.4%	(25.2%-35.6%)	475	17.3%	(12.6%-22.0%)	288
Multiple Races	37.7%	(24.2%-51.2%)	32	44.0%	(25.7%-62.2%)	25	24.7%	(13.6%-35.7%)	7

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn154b)

Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	31.2%	(26.1%-36.4%)	631	29.2%	(25.1%-33.2%)	332	34.4%	(25.5%-43.2%)	299
<b>----Age----</b>									
12 or younger	34.6%	(27.8%-41.4%)	185	30.8%	(24.2%-37.3%)	101	41.4%	(32.7%-50.1%)	85
13	30.8%	(22.8%-38.9%)	295	29.2%	(20.9%-37.5%)	163	33.5%	(22.4%-44.6%)	133
14 or older	28.5%	(21.3%-35.6%)	150	27.0%	(19.1%-34.8%)	69	30.2%	(19.5%-40.9%)	81
<b>----Grade----</b>									
Grade 7	36.4%	(29.4%-43.5%)	357	33.5%	(27.5%-39.5%)	190	40.9%	(30.2%-51.7%)	166
Grade 8	26.2%	(20.6%-31.8%)	269	24.9%	(18.3%-31.5%)	142	28.4%	(20.6%-36.1%)	127
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.4%	(4.1%-36.7%)	9	*	*	*	*	*	*
Non-Hispanic	31.0%	(25.9%-36.2%)	579	29.0%	(25.2%-32.8%)	305	34.2%	(25.2%-43.2%)	274
<b>----Race----</b>									
American Indian or Alaskan Native	30.9%	(20.0%-41.9%)	13	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	36.0%	(17.2%-54.9%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	31.8%	(26.3%-37.3%)	583	29.9%	(25.3%-34.4%)	302	34.7%	(25.6%-43.8%)	281
Multiple Races	17.2%	(11.1%-23.4%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn154b\_2)*

*Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from a teacher or other school staff*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.8%	(1.6%-4.0%)	56	3.0%	(1.4%-4.5%)	34	2.5%	(0.8%-4.3%)	22
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	3.8%	(1.3%-6.2%)	36	3.4%	(1.1%-5.7%)	19	4.3%	(0.0%-8.8%)	17
14 or older	2.7%	(0.0%-5.4%)	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	2.3%	(0.0%-5.0%)	22	2.7%	(0.0%-6.1%)	15	1.8%	(0.0%-4.9%)	7
Grade 8	3.3%	(1.5%-5.0%)	34	3.3%	(1.4%-5.2%)	19	3.3%	(0.7%-5.9%)	15
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.4%	(1.2%-3.6%)	45	2.5%	(1.3%-3.8%)	27	2.3%	(0.3%-4.3%)	18
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.5%	(1.0%-4.0%)	45	2.6%	(0.7%-4.5%)	26	2.3%	(0.4%-4.2%)	19
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from a teacher or other school staff (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever seriously thought about killing yourself? (mn25)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.1%	(17.8%-22.5%)	713	25.0%	(22.2%-27.7%)	432	15.2%	(12.5%-17.8%)	271
<b>----Age----</b>									
12 or younger	17.6%	(12.9%-22.4%)	163	24.4%	(17.5%-31.3%)	121	9.9%	(5.7%-14.1%)	42
13	19.9%	(17.1%-22.7%)	338	23.6%	(19.9%-27.3%)	199	15.6%	(12.0%-19.2%)	131
14 or older	23.1%	(19.3%-27.0%)	212	28.6%	(25.1%-32.1%)	112	18.8%	(12.9%-24.8%)	99
<b>----Grade----</b>									
Grade 7	19.2%	(15.8%-22.5%)	331	24.1%	(19.5%-28.8%)	207	14.0%	(10.4%-17.6%)	120
Grade 8	20.9%	(18.6%-23.1%)	372	25.3%	(21.9%-28.8%)	219	16.4%	(12.7%-20.1%)	149
<b>----Hispanic Ethnicity----</b>									
Hispanic	34.7%	(27.3%-42.1%)	23	39.2%	(29.6%-48.7%)	16	27.6%	(18.4%-36.8%)	7
Non-Hispanic	20.4%	(18.0%-22.7%)	651	25.4%	(22.9%-27.8%)	397	15.1%	(12.0%-18.3%)	244
<b>----Race----</b>									
American Indian or Alaskan Native	24.6%	(15.8%-33.3%)	19	33.2%	(15.0%-51.4%)	11	18.0%	(7.9%-28.1%)	8
Asian	*	*	*	*	*	*	*	*	*
Black or African American	18.4%	(10.0%-26.8%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.7%	(17.3%-22.2%)	635	24.7%	(21.8%-27.7%)	387	14.7%	(11.9%-17.5%)	240
Multiple Races	32.0%	(24.0%-40.0%)	29	30.2%	(21.9%-38.6%)	16	35.2%	(22.0%-48.5%)	13

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (mn28)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.1%	(16.5%-21.7%)	681	27.7%	(23.5%-31.9%)	480	10.8%	(7.5%-14.1%)	196
<b>----Age----</b>									
12 or younger	18.0%	(13.8%-22.2%)	170	26.4%	(20.4%-32.4%)	133	8.4%	(2.0%-14.8%)	37
13	19.5%	(15.8%-23.2%)	337	28.4%	(22.3%-34.5%)	246	10.1%	(6.9%-13.3%)	85
14 or older	19.5%	(14.9%-24.1%)	174	27.7%	(20.0%-35.4%)	101	13.9%	(8.8%-19.0%)	74
<b>----Grade----</b>									
Grade 7	17.7%	(13.9%-21.5%)	308	26.9%	(20.7%-33.0%)	231	8.8%	(4.6%-12.9%)	77
Grade 8	20.5%	(17.0%-23.9%)	367	28.4%	(23.3%-33.4%)	247	12.5%	(8.8%-16.1%)	114
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.1%	(37.0%-55.2%)	29	57.3%	(44.9%-69.8%)	23	26.4%	(7.0%-45.8%)	6
Non-Hispanic	18.7%	(16.3%-21.1%)	612	27.4%	(23.4%-31.3%)	438	10.1%	(7.3%-13.0%)	169
<b>----Race----</b>									
American Indian or Alaskan Native	20.7%	(10.6%-30.9%)	16	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.7%	(16.1%-21.4%)	610	27.0%	(22.5%-31.5%)	422	10.9%	(7.5%-14.2%)	183
Multiple Races	37.8%	(24.2%-51.5%)	32	42.2%	(21.1%-63.2%)	24	29.0%	(14.0%-44.0%)	8

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (mn29)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.0%	(1.4%-2.6%)	72	1.8%	(1.0%-2.6%)	31	1.9%	(1.1%-2.8%)	35
<b>----Age----</b>									
12 or younger	1.1%	(0.3%-1.9%)	10	*	*	*	*	*	*
13	1.6%	(0.9%-2.3%)	28	1.7%	(0.7%-2.7%)	14	1.1%	(0.2%-2.0%)	9
14 or older	3.6%	(2.1%-5.1%)	33	3.2%	(1.7%-4.7%)	13	3.7%	(1.5%-5.9%)	19
<b>----Grade----</b>									
Grade 7	1.1%	(0.5%-1.7%)	19	0.8%	(0.0%-1.8%)	7	1.1%	(0.2%-1.9%)	9
Grade 8	2.8%	(2.0%-3.6%)	50	2.6%	(1.5%-3.7%)	23	2.8%	(1.3%-4.3%)	26
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.8%	(1.2%-2.4%)	59	1.7%	(0.8%-2.6%)	27	1.7%	(0.9%-2.5%)	28
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.8%	(1.3%-2.4%)	59	1.7%	(0.9%-2.4%)	26	1.7%	(0.9%-2.5%)	27
Multiple Races	*	*	*	*	*	*	*	*	*

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How old were you when you smoked a whole cigarette for the first time? (mn32)*

*Among students who have smoked a whole cigarette, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.6%	(23.4%-37.9%)	54	19.2%	(11.5%-27.0%)	14	38.6%	(24.9%-52.2%)	40
<b>----Age----</b>									
12 or younger	39.8%	(22.2%-57.4%)	15	*	*	*	*	*	*
13	27.0%	(15.8%-38.1%)	19	21.1%	(8.1%-34.1%)	7	31.8%	(13.6%-49.9%)	12
14 or older	29.4%	(15.4%-43.4%)	20	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	31.2%	(16.4%-46.0%)	20	*	*	*	*	*	*
Grade 8	28.5%	(19.5%-37.6%)	30	17.6%	(5.7%-29.4%)	9	38.1%	(25.0%-51.3%)	22
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	32.0%	(23.8%-40.1%)	51	19.3%	(10.7%-27.8%)	13	41.5%	(25.8%-57.3%)	38
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	30.2%	(22.5%-37.9%)	46	17.7%	(9.3%-26.1%)	11	39.0%	(24.0%-53.9%)	35
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How old were you when you smoked a whole cigarette for the first time? (mn32\_2)*  
 Percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.5%	(1.1%-1.9%)	54	0.8%	(0.4%-1.2%)	14	2.2%	(1.5%-2.9%)	40
<b>----Age----</b>									
12 or younger	1.6%	(0.8%-2.4%)	15	*	*	*	*	*	*
13	1.1%	(0.6%-1.7%)	19	0.8%	(0.2%-1.4%)	7	1.5%	(0.4%-2.6%)	12
14 or older	2.2%	(1.1%-3.3%)	20	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.2%	(0.5%-1.9%)	20	*	*	*	*	*	*
Grade 8	1.7%	(1.1%-2.4%)	30	1.0%	(0.3%-1.7%)	9	2.4%	(1.4%-3.4%)	22
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.6%	(1.2%-2.0%)	51	0.8%	(0.4%-1.3%)	13	2.3%	(1.6%-3.1%)	38
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.4%	(1.0%-1.9%)	46	0.7%	(0.3%-1.1%)	11	2.1%	(1.5%-2.8%)	35
Multiple Races	*	*	*	*	*	*	*	*	*

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N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.) (mn181a)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.0%	(1.5%-2.5%)	72	1.2%	(0.6%-1.9%)	22	2.6%	(1.7%-3.5%)	46
<b>----Age----</b>									
12 or younger	2.4%	(1.1%-3.8%)	23	1.5%	(0.1%-2.9%)	7	3.6%	(1.4%-5.7%)	15
13	1.5%	(0.8%-2.2%)	26	1.0%	(0.2%-1.8%)	9	1.6%	(0.4%-2.8%)	14
14 or older	2.3%	(1.6%-3.1%)	22	1.5%	(0.0%-2.9%)	6	3.0%	(1.7%-4.3%)	16
<b>----Grade----</b>									
Grade 7	1.7%	(0.6%-2.8%)	30	0.9%	(0.0%-1.9%)	8	2.2%	(0.7%-3.8%)	20
Grade 8	2.1%	(1.2%-3.0%)	38	1.5%	(0.3%-2.7%)	13	2.7%	(1.3%-4.1%)	25
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.8%	(1.3%-2.3%)	57	1.0%	(0.4%-1.7%)	16	2.4%	(1.6%-3.2%)	39
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.7%	(1.2%-2.2%)	56	1.0%	(0.4%-1.7%)	16	2.3%	(1.5%-3.1%)	38
Multiple Races	*	*	*	*	*	*	*	*	*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? (mn30)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.4%	(1.0%-1.9%)	51	1.3%	(0.5%-2.1%)	22	1.2%	(0.8%-1.7%)	22
<b>----Age----</b>									
12 or younger	1.5%	(0.4%-2.5%)	14	*	*	*	*	*	*
13	1.5%	(1.0%-2.1%)	26	1.4%	(0.3%-2.4%)	11	1.2%	(0.3%-2.0%)	10
14 or older	1.2%	(0.5%-2.0%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.4%	(0.8%-2.0%)	24	0.8%	(0.0%-1.8%)	7	1.7%	(0.9%-2.6%)	15
Grade 8	1.4%	(0.7%-2.2%)	26	1.8%	(0.4%-3.1%)	15	0.8%	(0.2%-1.4%)	7
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.4%	(0.9%-1.9%)	45	1.3%	(0.5%-2.2%)	21	1.2%	(0.7%-1.6%)	19
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.8%-1.7%)	40	1.2%	(0.5%-2.0%)	20	0.9%	(0.5%-1.4%)	15
Multiple Races	*	*	*	*	*	*	*	*	*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.4%	(25.4%-29.5%)	981	29.2%	(26.2%-32.2%)	511	25.4%	(22.0%-28.8%)	456
<b>----Age----</b>									
12 or younger	23.8%	(20.3%-27.2%)	220	27.1%	(22.9%-31.2%)	136	19.5%	(14.7%-24.4%)	82
13	27.6%	(24.5%-30.8%)	476	28.6%	(24.0%-33.3%)	244	26.1%	(20.7%-31.6%)	222
14 or older	30.6%	(27.8%-33.3%)	281	32.8%	(27.6%-38.0%)	130	28.7%	(24.1%-33.2%)	150
<b>----Grade----</b>									
Grade 7	25.4%	(22.3%-28.4%)	438	26.0%	(23.0%-28.9%)	223	24.3%	(20.1%-28.5%)	209
Grade 8	29.6%	(26.3%-32.9%)	534	32.5%	(27.6%-37.4%)	285	26.6%	(21.3%-31.9%)	242
<b>----Hispanic Ethnicity----</b>									
Hispanic	28.3%	(21.6%-35.1%)	19	31.0%	(24.3%-37.6%)	13	24.1%	(12.8%-35.4%)	6
Non-Hispanic	27.6%	(25.6%-29.7%)	892	29.7%	(26.4%-33.0%)	469	25.3%	(21.7%-29.0%)	412
<b>----Race----</b>									
American Indian or Alaskan Native	28.5%	(18.9%-38.1%)	20	34.9%	(19.1%-50.6%)	12	23.2%	(12.2%-34.2%)	9
Asian	29.4%	(9.0%-49.7%)	6	*	*	*	*	*	*
Black or African American	32.0%	(20.4%-43.6%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.0%	(25.1%-28.9%)	878	29.0%	(25.8%-32.3%)	460	24.7%	(21.3%-28.1%)	406
Multiple Races	36.1%	(26.2%-46.0%)	33	40.6%	(28.1%-53.2%)	23	29.6%	(20.0%-39.2%)	11

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.4%	(18.5%-22.4%)	733	22.3%	(19.7%-24.9%)	390	18.6%	(15.2%-22.0%)	336
<b>----Age----</b>									
12 or younger	19.8%	(15.0%-24.6%)	182	25.4%	(17.0%-33.8%)	126	13.3%	(6.8%-19.8%)	56
13	19.4%	(17.1%-21.8%)	332	19.1%	(15.5%-22.7%)	159	19.5%	(15.3%-23.6%)	166
14 or older	23.0%	(20.2%-25.9%)	219	25.0%	(19.6%-30.4%)	105	21.5%	(16.8%-26.1%)	114
<b>----Grade----</b>									
Grade 7	19.7%	(15.8%-23.5%)	341	21.3%	(16.7%-25.9%)	183	17.8%	(11.5%-24.1%)	155
Grade 8	21.7%	(19.4%-24.0%)	391	23.7%	(20.9%-26.5%)	207	19.7%	(15.5%-24.0%)	182
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.2%	(12.6%-35.8%)	17	21.6%	(9.9%-33.3%)	9	28.1%	(9.5%-46.7%)	8
Non-Hispanic	20.4%	(18.1%-22.7%)	650	22.1%	(19.0%-25.2%)	342	18.7%	(15.0%-22.3%)	302
<b>----Race----</b>									
American Indian or Alaskan Native	30.2%	(16.0%-44.4%)	20	29.2%	(6.5%-52.0%)	8	31.8%	(15.4%-48.1%)	12
Asian	*	*	*	*	*	*	*	*	*
Black or African American	30.8%	(16.6%-45.0%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.1%	(18.1%-22.2%)	652	22.1%	(19.4%-24.8%)	351	18.1%	(14.7%-21.4%)	294
Multiple Races	17.5%	(7.9%-27.1%)	18	22.0%	(7.9%-36.2%)	12	12.5%	(3.1%-21.8%)	6

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Besides yourself, does anyone who lives in your home smoke cigarettes now? (mn57)*  
 Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	40.6%	(37.4%-43.8%)	1,452	41.0%	(37.4%-44.6%)	715	40.0%	(34.7%-45.3%)	722
<b>----Age----</b>									
12 or younger	40.8%	(33.3%-48.3%)	371	41.2%	(31.2%-51.3%)	204	40.1%	(31.5%-48.7%)	166
13	39.5%	(36.5%-42.6%)	677	38.0%	(33.6%-42.4%)	316	40.5%	(34.4%-46.6%)	348
14 or older	42.5%	(37.4%-47.7%)	403	46.8%	(38.2%-55.4%)	195	39.1%	(31.7%-46.6%)	207
<b>----Grade----</b>									
Grade 7	40.9%	(35.2%-46.5%)	707	39.5%	(32.7%-46.3%)	340	41.8%	(35.3%-48.3%)	359
Grade 8	40.7%	(36.9%-44.6%)	734	43.3%	(38.0%-48.6%)	375	38.1%	(30.6%-45.6%)	354
<b>----Hispanic Ethnicity----</b>									
Hispanic	35.1%	(18.3%-52.0%)	25	35.1%	(12.4%-57.8%)	15	35.1%	(13.9%-56.2%)	10
Non-Hispanic	40.8%	(37.1%-44.6%)	1,299	41.7%	(37.6%-45.9%)	645	39.6%	(33.6%-45.7%)	640
<b>----Race----</b>									
American Indian or Alaskan Native	43.7%	(26.4%-61.0%)	28	48.6%	(23.2%-74.0%)	13	38.4%	(16.9%-59.9%)	14
Asian	59.6%	(22.2%-97.0%)	11	*	*	*	*	*	*
Black or African American	46.7%	(30.8%-62.7%)	15	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	40.2%	(36.3%-44.1%)	1,299	41.2%	(36.7%-45.6%)	652	39.1%	(33.4%-44.9%)	637
Multiple Races	37.8%	(28.8%-46.7%)	39	36.6%	(23.8%-49.4%)	21	37.7%	(23.0%-52.5%)	17

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.5%	(21.8%-25.1%)	829	22.2%	(20.2%-24.3%)	384	24.7%	(21.8%-27.7%)	438
<b>----Age----</b>									
12 or younger	18.7%	(15.3%-22.1%)	171	19.7%	(14.8%-24.7%)	97	17.6%	(12.9%-22.3%)	74
13	24.0%	(20.4%-27.7%)	409	22.1%	(18.7%-25.6%)	187	25.9%	(20.9%-30.9%)	216
14 or older	27.3%	(23.0%-31.6%)	246	25.8%	(20.2%-31.3%)	100	28.6%	(22.4%-34.7%)	146
<b>----Grade----</b>									
Grade 7	20.1%	(17.8%-22.3%)	342	18.4%	(15.0%-21.9%)	156	21.9%	(18.7%-25.0%)	186
Grade 8	27.1%	(24.0%-30.2%)	483	26.2%	(23.5%-28.9%)	228	27.7%	(22.5%-33.0%)	249
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.4%	(15.8%-31.1%)	16	21.0%	(12.1%-29.8%)	9	27.3%	(16.0%-38.6%)	7
Non-Hispanic	24.1%	(22.3%-25.8%)	767	22.7%	(20.4%-25.1%)	355	25.4%	(22.1%-28.6%)	406
<b>----Race----</b>									
American Indian or Alaskan Native	23.0%	(14.0%-32.0%)	17	22.8%	(9.4%-36.2%)	7	21.9%	(14.5%-29.3%)	8
Asian	*	*	*	*	*	*	*	*	*
Black or African American	28.3%	(14.2%-42.3%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.2%	(21.4%-24.9%)	743	22.1%	(19.6%-24.6%)	345	24.3%	(21.1%-27.4%)	394
Multiple Races	26.2%	(18.4%-34.0%)	24	22.0%	(15.0%-28.9%)	12	33.3%	(18.2%-48.3%)	12

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Do you think that you will try a cigarette soon? (mn47)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.2%	(16.7%-21.7%)	689	19.0%	(15.3%-22.7%)	333	19.4%	(15.6%-23.2%)	353
<b>----Age----</b>									
12 or younger	15.1%	(9.9%-20.3%)	138	13.5%	(8.2%-18.8%)	67	17.0%	(8.0%-25.9%)	72
13	19.8%	(16.8%-22.8%)	340	19.5%	(15.6%-23.5%)	164	20.1%	(15.8%-24.3%)	173
14 or older	22.1%	(18.3%-25.9%)	211	24.4%	(15.7%-33.1%)	103	20.3%	(15.0%-25.6%)	108
<b>----Grade----</b>									
Grade 7	18.8%	(15.6%-22.1%)	327	16.7%	(13.2%-20.2%)	143	20.7%	(15.3%-26.2%)	181
Grade 8	19.4%	(15.3%-23.6%)	353	21.5%	(15.0%-28.0%)	188	17.7%	(13.0%-22.4%)	164
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.3%	(12.8%-25.8%)	14	*	*	*	*	*	*
Non-Hispanic	19.7%	(16.9%-22.5%)	628	19.3%	(15.1%-23.6%)	299	20.0%	(15.5%-24.5%)	325
<b>----Race----</b>									
American Indian or Alaskan Native	29.3%	(17.5%-41.1%)	19	21.0%	(2.7%-39.4%)	6	36.1%	(17.2%-55.0%)	13
Asian	59.6%	(22.2%-97.0%)	11	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.5%	(16.0%-21.0%)	600	18.9%	(15.1%-22.8%)	300	18.3%	(14.8%-21.8%)	300
Multiple Races	14.7%	(7.6%-21.8%)	15	15.4%	(7.7%-23.2%)	9	14.2%	(1.6%-26.9%)	6

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.8%	(14.2%-19.4%)	601	17.6%	(13.5%-21.8%)	308	15.8%	(11.7%-20.0%)	286
<b>----Age----</b>									
12 or younger	13.8%	(7.8%-19.8%)	126	13.0%	(7.1%-18.8%)	64	14.8%	(6.2%-23.4%)	62
13	17.6%	(14.2%-21.1%)	303	16.8%	(11.9%-21.7%)	141	18.0%	(13.5%-22.5%)	154
14 or older	18.3%	(14.3%-22.2%)	173	24.8%	(16.6%-33.0%)	103	13.2%	(7.0%-19.3%)	70
<b>----Grade----</b>									
Grade 7	16.8%	(12.2%-21.4%)	291	14.5%	(10.7%-18.3%)	124	18.5%	(12.0%-24.9%)	160
Grade 8	16.7%	(12.9%-20.4%)	301	20.5%	(13.5%-27.5%)	178	13.3%	(8.2%-18.3%)	122
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.8%	(9.7%-27.8%)	14	14.8%	(0.2%-29.4%)	6	24.9%	(6.3%-43.6%)	7
Non-Hispanic	16.7%	(14.1%-19.4%)	532	17.1%	(12.9%-21.4%)	265	16.1%	(11.7%-20.4%)	260
<b>----Race----</b>									
American Indian or Alaskan Native	24.2%	(14.1%-34.4%)	16	*	*	*	*	*	*
Asian	33.8%	(0.0%-67.5%)	6	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.2%	(13.5%-18.8%)	523	17.7%	(13.5%-21.9%)	281	14.7%	(11.1%-18.3%)	239
Multiple Races	13.1%	(5.6%-20.5%)	14	13.5%	(4.8%-22.3%)	8	12.8%	(0.3%-25.2%)	6

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CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48\_2)*  
*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.2%	(80.6%-85.8%)	2,980	82.4%	(78.2%-86.5%)	1,437	84.2%	(80.0%-88.3%)	1,520
<b>----Age----</b>									
12 or younger	86.2%	(80.2%-92.2%)	784	87.0%	(81.2%-92.9%)	428	85.2%	(76.6%-93.8%)	355
13	82.4%	(78.9%-85.8%)	1,414	83.2%	(78.3%-88.1%)	696	82.0%	(77.5%-86.5%)	704
14 or older	81.7%	(77.8%-85.7%)	774	75.2%	(67.0%-83.4%)	313	86.8%	(80.7%-93.0%)	461
<b>----Grade----</b>									
Grade 7	83.2%	(78.6%-87.8%)	1,441	85.5%	(81.7%-89.3%)	733	81.5%	(75.1%-88.0%)	704
Grade 8	83.3%	(79.6%-87.1%)	1,505	79.5%	(72.5%-86.5%)	693	86.7%	(81.7%-91.8%)	802
<b>----Hispanic Ethnicity----</b>									
Hispanic	81.2%	(72.2%-90.3%)	58	85.2%	(70.6%-99.8%)	37	75.1%	(56.4%-93.7%)	21
Non-Hispanic	83.3%	(80.6%-85.9%)	2,655	82.9%	(78.6%-87.1%)	1,280	83.9%	(79.6%-88.3%)	1,359
<b>----Race----</b>									
American Indian or Alaskan Native	75.8%	(65.6%-85.9%)	49	*	*	*	*	*	*
Asian	66.2%	(32.5%-100.0%)	11	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	83.8%	(81.2%-86.5%)	2,715	82.3%	(78.1%-86.5%)	1,307	85.3%	(81.7%-88.9%)	1,390
Multiple Races	86.9%	(79.5%-94.4%)	90	86.5%	(77.7%-95.2%)	49	87.2%	(74.8%-99.7%)	40

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CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*If one of your best friends offered you a cigarette, would you smoke it? (mn51)*  
 Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.0%	(16.3%-21.7%)	681	19.5%	(15.8%-23.2%)	341	18.4%	(13.5%-23.4%)	333
<b>----Age----</b>									
12 or younger	18.5%	(12.0%-24.9%)	169	18.8%	(13.0%-24.7%)	94	18.1%	(9.5%-26.7%)	76
13	19.1%	(15.6%-22.6%)	327	18.3%	(13.1%-23.6%)	153	19.4%	(13.4%-25.4%)	167
14 or older	19.6%	(15.5%-23.8%)	185	22.8%	(15.8%-29.8%)	95	17.1%	(9.1%-25.1%)	90
<b>----Grade----</b>									
Grade 7	20.2%	(16.1%-24.2%)	351	19.0%	(15.5%-22.6%)	164	20.7%	(15.2%-26.3%)	180
Grade 8	18.2%	(14.3%-22.0%)	327	20.1%	(13.4%-26.8%)	175	16.5%	(9.4%-23.6%)	152
<b>----Hispanic Ethnicity----</b>									
Hispanic	25.9%	(16.9%-34.8%)	19	26.7%	(14.3%-39.1%)	12	24.6%	(8.2%-41.1%)	7
Non-Hispanic	19.2%	(16.5%-21.9%)	611	19.5%	(15.6%-23.4%)	300	18.8%	(13.3%-24.3%)	303
<b>----Race----</b>									
American Indian or Alaskan Native	32.9%	(18.3%-47.4%)	21	27.5%	(8.1%-46.8%)	7	37.8%	(22.0%-53.5%)	14
Asian	33.8%	(0.0%-67.5%)	6	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.1%	(15.4%-20.9%)	587	19.2%	(15.3%-23.0%)	304	17.1%	(12.5%-21.7%)	279
Multiple Races	19.5%	(13.1%-25.9%)	20	22.5%	(13.7%-31.3%)	13	16.2%	(3.9%-28.5%)	7

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CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 12 months, were you taught in any of your classes about the dangers of tobacco use? (mn156)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	50.0%	(41.3%-58.7%)	1,785	49.0%	(38.3%-59.8%)	858	51.0%	(43.3%-58.7%)	912
<b>----Age----</b>									
12 or younger	52.0%	(42.8%-61.2%)	476	48.9%	(37.7%-60.2%)	244	55.6%	(43.4%-67.8%)	231
13	48.2%	(40.3%-56.1%)	819	47.3%	(36.8%-57.8%)	392	49.0%	(41.8%-56.2%)	416
14 or older	51.4%	(37.0%-65.9%)	486	52.5%	(36.7%-68.3%)	222	50.6%	(35.6%-65.5%)	264
<b>----Grade----</b>									
Grade 7	48.2%	(39.7%-56.7%)	830	44.4%	(33.5%-55.3%)	380	51.8%	(42.2%-61.4%)	442
Grade 8	51.7%	(39.3%-64.1%)	932	53.7%	(41.4%-65.9%)	470	50.1%	(36.6%-63.5%)	459
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.2%	(32.2%-52.1%)	31	32.9%	(21.2%-44.6%)	15	57.0%	(37.1%-76.9%)	16
Non-Hispanic	50.3%	(41.8%-58.9%)	1,597	49.6%	(39.0%-60.2%)	766	51.0%	(43.3%-58.8%)	819
<b>----Race----</b>									
American Indian or Alaskan Native	47.6%	(32.3%-62.8%)	30	50.6%	(27.7%-73.5%)	13	46.9%	(29.8%-63.9%)	17
Asian	60.9%	(22.0%-99.7%)	10	*	*	*	*	*	*
Black or African American	43.9%	(29.8%-58.1%)	15	38.9%	(18.5%-59.3%)	9	53.2%	(28.6%-77.7%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	50.0%	(41.0%-59.1%)	1,613	48.8%	(37.6%-60.0%)	775	51.4%	(43.4%-59.5%)	831
Multiple Races	52.4%	(40.6%-64.3%)	53	55.4%	(41.3%-69.4%)	30	47.8%	(30.7%-64.9%)	22

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)*  
*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.4%	(11.7%-15.1%)	476	12.2%	(10.3%-14.1%)	212	14.5%	(11.7%-17.4%)	259
<b>----Age----</b>									
12 or younger	14.7%	(11.7%-17.6%)	136	13.8%	(7.5%-20.0%)	69	15.7%	(10.6%-20.8%)	66
13	12.0%	(10.1%-13.9%)	204	11.9%	(10.0%-13.9%)	101	12.1%	(9.6%-14.6%)	101
14 or older	14.6%	(11.5%-17.7%)	134	10.9%	(7.0%-14.7%)	43	17.5%	(12.0%-23.1%)	91
<b>----Grade----</b>									
Grade 7	14.8%	(12.6%-17.1%)	256	14.8%	(11.4%-18.2%)	126	15.0%	(11.5%-18.4%)	129
Grade 8	12.0%	(9.3%-14.7%)	215	9.8%	(7.9%-11.7%)	86	14.3%	(10.2%-18.5%)	130
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.5%	(12.4%-26.6%)	13	*	*	*	*	*	*
Non-Hispanic	13.1%	(11.3%-14.9%)	420	12.0%	(9.9%-14.0%)	188	14.3%	(11.2%-17.5%)	232
<b>----Race----</b>									
American Indian or Alaskan Native	16.7%	(9.2%-24.3%)	12	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.4%	(9.6%-31.2%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.3%	(11.6%-15.0%)	428	12.4%	(10.6%-14.2%)	196	14.2%	(11.3%-17.0%)	231
Multiple Races	9.3%	(5.4%-13.2%)	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do you think it is for someone your age to smoke cigarettes? (mn58)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.6%	(2.6%-4.7%)	131	3.1%	(1.4%-4.9%)	55	4.0%	(2.7%-5.3%)	73
<b>----Age----</b>									
12 or younger	3.1%	(0.9%-5.3%)	29	2.7%	(0.0%-5.5%)	13	3.7%	(0.9%-6.4%)	15
13	3.6%	(2.5%-4.7%)	62	3.0%	(0.8%-5.1%)	25	3.9%	(2.0%-5.7%)	33
14 or older	4.3%	(1.8%-6.8%)	41	4.0%	(0.8%-7.3%)	17	4.5%	(2.2%-6.9%)	24
<b>----Grade----</b>									
Grade 7	3.6%	(2.2%-5.0%)	63	3.5%	(0.9%-6.0%)	30	3.3%	(1.5%-5.2%)	29
Grade 8	3.6%	(2.1%-5.1%)	65	2.9%	(0.8%-5.0%)	25	4.3%	(1.9%-6.7%)	40
<b>----Hispanic Ethnicity----</b>									
Hispanic	8.8%	(3.2%-14.5%)	6	*	*	*	*	*	*
Non-Hispanic	3.4%	(2.4%-4.5%)	110	3.1%	(1.4%-4.8%)	48	3.6%	(2.1%-5.1%)	58
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.2%	(2.1%-4.2%)	102	3.1%	(1.3%-4.9%)	50	3.2%	(1.7%-4.7%)	52
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do your parents feel it would be for you to smoke cigarettes? (mn35)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.7%	(1.7%-3.6%)	94	2.9%	(1.4%-4.3%)	50	2.4%	(1.2%-3.7%)	43
<b>----Age----</b>									
12 or younger	2.5%	(0.6%-4.4%)	23	2.4%	(0.0%-4.8%)	12	2.3%	(0.0%-4.7%)	10
13	2.3%	(0.8%-3.8%)	39	2.1%	(0.3%-3.9%)	17	2.5%	(0.8%-4.3%)	22
14 or older	3.5%	(1.5%-5.4%)	33	4.8%	(0.7%-8.9%)	20	2.4%	(0.6%-4.2%)	12
<b>----Grade----</b>									
Grade 7	2.4%	(0.9%-3.9%)	41	2.4%	(0.5%-4.4%)	21	2.2%	(0.1%-4.4%)	19
Grade 8	3.0%	(1.8%-4.2%)	53	3.3%	(1.2%-5.5%)	29	2.7%	(0.9%-4.5%)	24
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.6%	(1.7%-3.5%)	82	2.8%	(1.5%-4.2%)	44	2.4%	(1.1%-3.7%)	37
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.3%	(1.5%-3.0%)	72	2.7%	(1.3%-4.0%)	42	1.9%	(0.8%-3.0%)	30
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.5%	(14.8%-18.3%)	589	14.4%	(10.9%-17.9%)	251	18.6%	(14.9%-22.3%)	332
<b>----Age----</b>									
12 or younger	14.8%	(10.1%-19.4%)	133	13.1%	(7.6%-18.5%)	64	16.6%	(12.3%-20.9%)	69
13	17.4%	(14.6%-20.2%)	297	16.2%	(11.3%-21.1%)	135	18.6%	(12.6%-24.7%)	159
14 or older	16.6%	(13.1%-20.1%)	157	12.4%	(6.2%-18.6%)	52	20.0%	(16.1%-24.0%)	105
<b>----Grade----</b>									
Grade 7	18.5%	(16.0%-21.0%)	317	15.2%	(11.5%-18.8%)	128	21.6%	(17.3%-25.8%)	184
Grade 8	15.0%	(11.2%-18.7%)	270	14.0%	(7.5%-20.4%)	122	16.1%	(11.5%-20.7%)	147
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.3%	(15.1%-33.5%)	18	25.3%	(7.8%-42.8%)	11	22.8%	(5.9%-39.7%)	6
Non-Hispanic	16.6%	(14.7%-18.5%)	525	14.2%	(10.5%-17.9%)	219	18.9%	(15.2%-22.6%)	301
<b>----Race----</b>									
American Indian or Alaskan Native	23.8%	(10.6%-36.9%)	15	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.8%	(13.6%-18.0%)	509	14.4%	(10.9%-17.9%)	228	17.5%	(13.7%-21.3%)	281
Multiple Races	24.1%	(13.7%-34.6%)	25	13.4%	(3.4%-23.3%)	8	35.5%	(20.3%-50.7%)	16

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever used an electronic vapor product? (mn173)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.9%	(14.4%-19.4%)	598	16.0%	(13.1%-19.0%)	278	17.8%	(14.2%-21.5%)	316
<b>----Age----</b>									
12 or younger	15.8%	(11.3%-20.3%)	144	15.5%	(10.6%-20.3%)	75	16.2%	(9.1%-23.3%)	69
13	14.9%	(11.9%-18.0%)	251	12.2%	(8.7%-15.6%)	101	17.7%	(12.9%-22.4%)	147
14 or older	21.6%	(16.9%-26.3%)	203	24.2%	(18.3%-30.2%)	102	19.5%	(11.7%-27.2%)	101
<b>----Grade----</b>									
Grade 7	17.3%	(13.0%-21.6%)	296	14.5%	(10.1%-18.8%)	122	19.9%	(14.4%-25.4%)	170
Grade 8	16.4%	(13.0%-19.8%)	294	17.3%	(13.5%-21.0%)	151	15.8%	(9.4%-22.2%)	142
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.8%	(14.4%-33.1%)	17	24.3%	(10.5%-38.1%)	10	23.0%	(9.3%-36.7%)	6
Non-Hispanic	17.2%	(14.4%-20.1%)	542	16.3%	(13.0%-19.6%)	251	18.1%	(14.1%-22.2%)	287
<b>----Race----</b>									
American Indian or Alaskan Native	18.3%	(11.3%-25.4%)	12	24.5%	(10.3%-38.6%)	6	14.7%	(4.6%-24.7%)	6
Asian	38.8%	(0.0%-78.6%)	7	*	*	*	*	*	*
Black or African American	17.6%	(6.5%-28.6%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.6%	(13.7%-19.4%)	530	15.7%	(12.5%-19.0%)	249	17.6%	(13.4%-21.8%)	282
Multiple Races	19.4%	(12.8%-26.0%)	20	15.8%	(4.9%-26.6%)	9	24.4%	(9.0%-39.8%)	11

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 30 days, on how many days did you use an electronic vapor product? (mn174)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.6%	(4.5%-6.7%)	200	4.3%	(2.1%-6.5%)	75	7.0%	(4.6%-9.4%)	125
<b>----Age----</b>									
12 or younger	3.8%	(1.3%-6.3%)	35	3.6%	(0.0%-7.1%)	18	4.2%	(0.7%-7.6%)	17
13	5.5%	(3.9%-7.1%)	94	3.1%	(0.8%-5.4%)	26	8.0%	(5.2%-10.8%)	68
14 or older	7.6%	(4.5%-10.6%)	71	7.5%	(2.7%-12.3%)	31	7.6%	(0.9%-14.3%)	40
<b>----Grade----</b>									
Grade 7	4.7%	(3.3%-6.0%)	81	3.2%	(1.1%-5.3%)	28	6.1%	(3.5%-8.7%)	53
Grade 8	6.6%	(4.7%-8.5%)	118	5.3%	(2.0%-8.6%)	46	7.9%	(3.9%-11.9%)	72
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.1%	(6.3%-22.0%)	10	*	*	*	*	*	*
Non-Hispanic	5.6%	(4.4%-6.8%)	177	4.1%	(2.0%-6.3%)	64	7.1%	(4.4%-9.8%)	114
<b>----Race----</b>									
American Indian or Alaskan Native	8.2%	(2.5%-13.9%)	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.4%	(4.0%-6.7%)	172	4.1%	(1.7%-6.6%)	65	6.6%	(4.0%-9.2%)	107
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182)*  
*Percentage of students who answered 'Nicotine'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.3%	(19.5%-37.1%)	150	24.3%	(13.1%-35.6%)	57	31.9%	(21.7%-42.1%)	93
<b>----Age----</b>									
12 or younger	16.9%	(2.3%-31.5%)	17	*	*	*	*	*	*
13	37.3%	(30.3%-44.3%)	89	30.6%	(12.1%-49.0%)	26	42.1%	(26.4%-57.8%)	62
14 or older	23.3%	(6.7%-39.9%)	44	18.2%	(6.1%-30.4%)	16	27.9%	(6.6%-49.3%)	28
<b>----Grade----</b>									
Grade 7	25.8%	(15.3%-36.2%)	64	18.3%	(5.4%-31.2%)	18	31.2%	(17.1%-45.3%)	47
Grade 8	30.3%	(18.2%-42.4%)	82	26.9%	(12.2%-41.6%)	36	33.6%	(19.9%-47.3%)	46
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	26.4%	(18.1%-34.6%)	126	22.6%	(10.9%-34.2%)	48	29.8%	(19.8%-39.8%)	78
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.5%	(19.5%-39.6%)	137	25.7%	(13.3%-38.1%)	53	32.6%	(22.0%-43.2%)	84
Multiple Races	43.3%	(5.9%-80.6%)	6	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182\_2)*  
 Percentage of students who answered 'Marijuana or Hash Oil'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.0%	(2.9%-9.2%)	32	5.9%	(1.6%-10.2%)	14	6.2%	(2.3%-10.1%)	18
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	*	*	*	*	*	*	*	*	*
14 or older	11.5%	(4.5%-18.5%)	22	9.6%	(0.4%-18.8%)	9	13.3%	(2.4%-24.1%)	13
<b>----Grade----</b>									
Grade 7	4.7%	(0.0%-11.0%)	12	*	*	*	*	*	*
Grade 8	6.0%	(2.3%-9.6%)	16	6.5%	(0.1%-12.8%)	9	5.5%	(1.5%-9.5%)	8
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	5.2%	(1.7%-8.6%)	25	6.6%	(1.8%-11.3%)	14	4.1%	(0.1%-8.2%)	11
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.1%	(1.6%-8.6%)	24	5.7%	(1.0%-10.4%)	12	4.6%	(0.5%-8.8%)	12
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Marijuana or Hash Oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (mntobsus)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.4%	(23.7%-29.1%)	940	26.7%	(22.2%-31.3%)	463	26.3%	(21.9%-30.7%)	473
<b>----Age----</b>									
12 or younger	24.1%	(17.6%-30.6%)	218	23.8%	(17.3%-30.3%)	116	24.6%	(15.9%-33.3%)	102
13	27.1%	(23.4%-30.8%)	463	26.6%	(21.6%-31.7%)	222	27.7%	(21.8%-33.7%)	238
14 or older	27.5%	(23.9%-31.2%)	258	30.4%	(21.4%-39.4%)	126	25.3%	(18.7%-31.9%)	133
<b>----Grade----</b>									
Grade 7	27.3%	(23.0%-31.6%)	471	25.9%	(21.1%-30.7%)	221	28.6%	(23.8%-33.3%)	247
Grade 8	25.2%	(21.2%-29.2%)	452	27.4%	(19.0%-35.7%)	236	23.5%	(17.4%-29.5%)	216
<b>----Hispanic Ethnicity----</b>									
Hispanic	30.4%	(21.8%-38.9%)	22	28.7%	(16.1%-41.3%)	13	33.0%	(16.0%-49.9%)	9
Non-Hispanic	26.6%	(23.6%-29.6%)	842	26.4%	(21.3%-31.5%)	405	26.8%	(21.4%-32.2%)	433
<b>----Race----</b>									
American Indian or Alaskan Native	37.1%	(21.7%-52.5%)	24	27.5%	(8.1%-46.8%)	7	45.4%	(26.1%-64.7%)	16
Asian	56.7%	(17.5%-96.0%)	10	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.6%	(22.7%-28.6%)	824	26.6%	(21.7%-31.5%)	420	24.9%	(20.6%-29.2%)	405
Multiple Races	24.4%	(18.1%-30.7%)	25	29.0%	(21.5%-36.4%)	16	19.3%	(7.4%-31.1%)	9

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.1%	(21.2%-27.0%)	799	24.4%	(20.0%-28.9%)	402	23.9%	(19.2%-28.7%)	394
<b>----Age----</b>									
12 or younger	21.8%	(15.7%-28.0%)	184	21.3%	(14.5%-28.1%)	98	22.6%	(13.9%-31.2%)	87
13	25.4%	(21.2%-29.5%)	410	25.8%	(20.8%-30.8%)	208	25.1%	(18.3%-31.8%)	199
14 or older	24.2%	(19.9%-28.4%)	205	25.4%	(15.8%-35.0%)	96	23.2%	(16.5%-29.9%)	108
<b>----Grade----</b>									
Grade 7	24.4%	(20.2%-28.6%)	392	24.0%	(18.9%-29.1%)	196	24.7%	(19.5%-29.8%)	193
Grade 8	23.4%	(19.6%-27.2%)	390	24.6%	(16.8%-32.4%)	200	22.5%	(16.3%-28.7%)	191
<b>----Hispanic Ethnicity----</b>									
Hispanic	25.5%	(15.0%-35.9%)	16	22.1%	(10.7%-33.6%)	9	31.0%	(12.9%-49.1%)	8
Non-Hispanic	24.4%	(21.0%-27.7%)	720	24.2%	(19.2%-29.2%)	353	24.6%	(18.6%-30.5%)	364
<b>----Race----</b>									
American Indian or Alaskan Native	32.9%	(16.0%-49.7%)	18	*	*	*	*	*	*
Asian	52.9%	(10.9%-95.0%)	8	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.5%	(20.4%-26.6%)	709	24.3%	(19.3%-29.2%)	363	23.0%	(18.3%-27.7%)	345
Multiple Races	20.9%	(14.7%-27.1%)	19	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytoba)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.6%	(2.9%-4.3%)	127	2.5%	(1.4%-3.5%)	43	4.3%	(3.1%-5.5%)	75
<b>----Age----</b>									
12 or younger	3.4%	(1.3%-5.5%)	31	2.0%	(0.0%-4.0%)	10	5.1%	(2.0%-8.1%)	21
13	2.9%	(1.9%-3.8%)	48	2.2%	(1.2%-3.2%)	18	2.8%	(1.1%-4.4%)	23
14 or older	5.2%	(3.9%-6.5%)	47	3.6%	(1.9%-5.4%)	14	6.1%	(3.8%-8.5%)	31
<b>----Grade----</b>									
Grade 7	2.8%	(1.7%-4.0%)	49	1.6%	(0.0%-3.2%)	14	3.7%	(2.1%-5.2%)	31
Grade 8	4.2%	(3.3%-5.1%)	75	3.4%	(2.2%-4.6%)	29	4.7%	(2.8%-6.7%)	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.6%	(2.9%-4.3%)	114	2.4%	(1.2%-3.5%)	37	4.4%	(3.2%-5.5%)	70
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.3%	(2.6%-4.0%)	107	2.3%	(1.3%-3.3%)	36	4.0%	(2.9%-5.2%)	65
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytob\_2a)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.1%	(4.9%-7.4%)	214	5.2%	(2.8%-7.7%)	90	6.7%	(3.8%-9.6%)	116
<b>---Age---</b>									
12 or younger	4.3%	(1.8%-6.8%)	39	4.2%	(0.6%-7.8%)	21	4.5%	(0.8%-8.1%)	18
13	5.7%	(4.0%-7.4%)	94	2.9%	(0.6%-5.1%)	23	7.7%	(4.6%-10.7%)	63
14 or older	8.8%	(6.4%-11.3%)	81	11.1%	(6.6%-15.7%)	46	7.0%	(0.3%-13.6%)	35
<b>---Grade---</b>									
Grade 7	5.3%	(3.5%-7.1%)	89	3.8%	(1.1%-6.5%)	32	6.0%	(3.2%-8.9%)	50
Grade 8	7.0%	(5.4%-8.7%)	123	6.6%	(3.3%-10.0%)	57	7.5%	(3.4%-11.6%)	67
<b>---Hispanic Ethnicity---</b>									
Hispanic	12.1%	(4.8%-19.5%)	9	*	*	*	*	*	*
Non-Hispanic	6.1%	(4.7%-7.6%)	189	4.8%	(2.3%-7.3%)	73	7.0%	(3.8%-10.2%)	109
<b>---Race---</b>									
American Indian or Alaskan Native	10.8%	(4.2%-17.4%)	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.6%	(4.1%-7.1%)	178	4.9%	(2.1%-7.7%)	76	6.2%	(3.1%-9.4%)	98
Multiple Races	10.2%	(2.4%-18.0%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (*mnanytob\_3*)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.0%	(2.0%-4.0%)	103	2.4%	(0.9%-3.8%)	40	3.2%	(1.2%-5.2%)	55
<b>----Age----</b>									
12 or younger	0.6%	(0.0%-1.6%)	6	*	*	*	*	*	*
13	3.0%	(2.0%-4.0%)	49	1.1%	(0.0%-2.4%)	9	4.0%	(2.2%-5.8%)	32
14 or older	5.3%	(2.9%-7.8%)	49	6.3%	(3.1%-9.6%)	26	4.5%	(0.0%-9.4%)	22
<b>----Grade----</b>									
Grade 7	1.8%	(0.7%-2.9%)	30	0.9%	(0.0%-2.5%)	7	1.8%	(0.1%-3.6%)	15
Grade 8	4.2%	(2.9%-5.5%)	73	3.9%	(2.0%-5.8%)	33	4.6%	(2.0%-7.2%)	40
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.9%	(1.8%-3.9%)	88	2.1%	(0.5%-3.6%)	31	3.2%	(1.0%-5.4%)	49
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.7%	(1.7%-3.7%)	83	2.1%	(0.5%-3.7%)	32	3.0%	(0.9%-5.1%)	47
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (mn59a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.6%	(14.0%-19.1%)	550	14.9%	(12.5%-17.3%)	244	18.0%	(14.1%-21.8%)	298
<b>----Age----</b>									
12 or younger	11.3%	(8.0%-14.7%)	98	10.2%	(6.9%-13.6%)	48	12.7%	(6.5%-18.8%)	50
13	15.4%	(12.3%-18.4%)	244	14.5%	(11.5%-17.6%)	116	15.6%	(11.6%-19.7%)	121
14 or older	24.1%	(20.1%-28.0%)	207	21.7%	(17.4%-26.0%)	80	25.6%	(20.0%-31.2%)	125
<b>----Grade----</b>									
Grade 7	12.9%	(10.6%-15.3%)	207	10.1%	(7.4%-12.8%)	81	15.5%	(11.0%-20.0%)	122
Grade 8	20.1%	(16.4%-23.8%)	338	19.7%	(15.4%-24.0%)	162	20.3%	(15.9%-24.6%)	172
<b>----Hispanic Ethnicity----</b>									
Hispanic	17.2%	(10.0%-24.3%)	10	*	*	*	*	*	*
Non-Hispanic	16.8%	(14.1%-19.5%)	504	15.1%	(12.3%-17.9%)	223	18.1%	(14.4%-21.8%)	272
<b>----Race----</b>									
American Indian or Alaskan Native	28.2%	(18.7%-37.6%)	19	27.0%	(15.1%-38.9%)	8	29.2%	(13.5%-44.8%)	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	28.0%	(11.9%-44.1%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.0%	(13.6%-18.4%)	482	14.3%	(11.8%-16.8%)	211	17.4%	(13.7%-21.0%)	264
Multiple Races	19.0%	(12.4%-25.6%)	16	15.7%	(8.0%-23.5%)	9	25.3%	(10.5%-40.0%)	8

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*How old were you when you had your first drink of alcohol other than a few sips? (mn60)*

*Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.5%	(32.2%-42.8%)	205	31.2%	(21.7%-40.7%)	75	42.5%	(35.6%-49.4%)	127
<b>----Age----</b>									
12 or younger	54.9%	(38.5%-71.2%)	52	47.5%	(31.7%-63.3%)	22	61.9%	(41.2%-82.7%)	30
13	34.5%	(26.6%-42.3%)	85	28.9%	(15.8%-42.0%)	33	40.2%	(28.6%-51.8%)	50
14 or older	32.6%	(25.1%-40.0%)	67	25.1%	(17.6%-32.7%)	20	36.5%	(25.8%-47.2%)	45
<b>---Grade---</b>									
Grade 7	50.0%	(38.6%-61.4%)	101	48.1%	(36.0%-60.3%)	38	52.9%	(36.5%-69.4%)	63
Grade 8	29.9%	(24.5%-35.2%)	101	22.6%	(13.6%-31.7%)	36	35.5%	(25.4%-45.5%)	62
<b>---Hispanic Ethnicity---</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	36.7%	(31.3%-42.1%)	184	30.3%	(21.2%-39.4%)	67	41.9%	(34.9%-49.0%)	114
<b>---Race---</b>									
American Indian or Alaskan Native	47.3%	(22.8%-71.7%)	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	36.8%	(31.0%-42.6%)	177	31.4%	(20.9%-41.9%)	65	40.8%	(33.5%-48.1%)	109
Multiple Races	47.5%	(22.9%-72.0%)	8	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How old were you when you had your first drink of alcohol other than a few sips? (mn60\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.3%	(5.1%-7.6%)	205	4.7%	(3.1%-6.3%)	75	7.9%	(5.9%-9.8%)	127
<b>----Age----</b>									
12 or younger	6.2%	(3.6%-8.8%)	52	4.8%	(2.4%-7.1%)	22	8.0%	(3.0%-13.0%)	30
13	5.5%	(3.9%-7.1%)	85	4.2%	(2.2%-6.3%)	33	6.6%	(4.0%-9.2%)	50
14 or older	8.0%	(5.7%-10.2%)	67	5.6%	(3.4%-7.7%)	20	9.5%	(6.0%-13.0%)	45
<b>----Grade----</b>									
Grade 7	6.6%	(4.6%-8.5%)	101	4.9%	(2.8%-6.9%)	38	8.4%	(4.9%-11.9%)	63
Grade 8	6.1%	(4.6%-7.6%)	101	4.5%	(2.5%-6.5%)	36	7.4%	(5.1%-9.7%)	62
<b>----Hispanic Ethnicity----</b>									
Hispanic	9.9%	(4.0%-15.8%)	6	*	*	*	*	*	*
Non-Hispanic	6.3%	(5.2%-7.4%)	184	4.6%	(3.1%-6.1%)	67	7.8%	(6.0%-9.6%)	114
<b>----Race----</b>									
American Indian or Alaskan Native	13.7%	(5.9%-21.6%)	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.0%	(5.0%-7.1%)	177	4.5%	(3.0%-6.1%)	65	7.4%	(5.7%-9.0%)	109
Multiple Races	9.1%	(4.0%-14.2%)	8	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.7%	(3.3%-6.2%)	162	4.7%	(3.0%-6.3%)	79	4.8%	(3.1%-6.5%)	82
<b>----Age----</b>									
12 or younger	2.0%	(0.9%-3.1%)	18	*	*	*	*	*	*
13	4.7%	(3.0%-6.4%)	77	5.0%	(2.9%-7.2%)	41	4.2%	(2.1%-6.3%)	34
14 or older	7.6%	(4.4%-10.9%)	67	6.3%	(2.0%-10.6%)	24	8.7%	(5.1%-12.3%)	43
<b>----Grade----</b>									
Grade 7	2.8%	(2.1%-3.5%)	46	3.1%	(2.0%-4.2%)	26	2.2%	(1.0%-3.4%)	18
Grade 8	6.5%	(4.1%-9.0%)	113	6.2%	(2.8%-9.5%)	52	7.0%	(4.5%-9.4%)	61
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	4.8%	(3.3%-6.3%)	148	4.6%	(2.7%-6.5%)	70	4.9%	(3.2%-6.5%)	76
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.6%	(3.1%-6.2%)	145	4.4%	(2.5%-6.3%)	68	4.8%	(3.1%-6.5%)	76
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.7%	(1.1%-2.3%)	60	1.7%	(1.0%-2.4%)	30	1.6%	(0.8%-2.4%)	28
<b>----Age----</b>									
12 or younger	0.8%	(0.3%-1.3%)	7	*	*	*	*	*	*
13	1.9%	(0.9%-2.9%)	33	1.9%	(0.7%-3.1%)	16	1.7%	(0.4%-3.1%)	15
14 or older	2.1%	(0.6%-3.7%)	20	1.7%	(0.3%-3.2%)	7	2.5%	(0.4%-4.6%)	13
<b>----Grade----</b>									
Grade 7	1.2%	(0.8%-1.7%)	21	1.3%	(0.6%-2.0%)	11	0.9%	(0.0%-1.8%)	8
Grade 8	2.1%	(1.0%-3.3%)	38	2.0%	(0.7%-3.3%)	18	2.3%	(0.8%-3.8%)	21
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.6%	(1.0%-2.2%)	51	1.6%	(0.8%-2.4%)	25	1.5%	(0.7%-2.3%)	24
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.7%	(1.0%-2.3%)	53	1.6%	(0.8%-2.3%)	24	1.6%	(0.8%-2.5%)	27
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 30 days, how did you usually get the alcohol you drank? (mn63b)*

*Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.0%	(9.1%-26.9%)	28	22.6%	(11.9%-33.3%)	17	13.9%	(3.8%-24.0%)	11
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	23.6%	(10.3%-36.9%)	17	*	*	*	*	*	*
14 or older	14.3%	(4.4%-24.1%)	10	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	13.4%	(0.4%-26.4%)	6	*	*	*	*	*	*
Grade 8	20.1%	(7.7%-32.4%)	22	27.4%	(6.8%-48.0%)	13	13.9%	(3.9%-24.0%)	8
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	19.0%	(9.7%-28.3%)	27	25.0%	(12.9%-37.2%)	17	14.1%	(3.8%-24.4%)	10
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.1%	(7.6%-26.7%)	24	22.4%	(11.6%-33.2%)	14	12.9%	(1.4%-24.5%)	9
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	31.2%	(28.4%-34.0%)	1,094	32.3%	(29.1%-35.6%)	556	30.3%	(27.3%-33.3%)	532
<b>----Age----</b>									
12 or younger	26.6%	(23.3%-29.9%)	240	28.2%	(22.0%-34.5%)	138	24.8%	(19.8%-29.7%)	102
13	31.1%	(27.8%-34.4%)	528	31.6%	(27.8%-35.4%)	266	30.8%	(26.9%-34.6%)	256
14 or older	36.0%	(31.1%-40.9%)	324	38.6%	(32.4%-44.9%)	150	34.1%	(27.8%-40.4%)	174
<b>----Grade----</b>									
Grade 7	27.2%	(24.3%-30.2%)	461	28.2%	(23.9%-32.4%)	238	26.3%	(22.7%-29.9%)	221
Grade 8	34.9%	(31.0%-38.9%)	619	36.2%	(31.8%-40.6%)	313	33.8%	(29.3%-38.4%)	302
<b>----Hispanic Ethnicity----</b>									
Hispanic	33.0%	(27.0%-38.9%)	22	30.5%	(20.9%-40.2%)	12	37.0%	(25.0%-48.9%)	9
Non-Hispanic	32.3%	(29.4%-35.2%)	1,024	33.4%	(30.2%-36.6%)	520	31.4%	(28.0%-34.8%)	500
<b>----Race----</b>									
American Indian or Alaskan Native	25.5%	(17.8%-33.3%)	18	26.2%	(14.1%-38.3%)	8	25.4%	(15.1%-35.6%)	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	27.0%	(13.9%-40.1%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	31.6%	(28.8%-34.3%)	1,008	33.1%	(29.9%-36.3%)	516	30.4%	(27.4%-33.3%)	488
Multiple Races	31.6%	(24.7%-38.6%)	29	27.7%	(19.7%-35.8%)	15	37.6%	(21.6%-53.6%)	13

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*If you drank some alcohol without your parents' permission, would you be caught by your parents? (mn66)*  
*Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.7%	(19.4%-24.1%)	771	21.3%	(19.7%-22.9%)	371	21.8%	(17.5%-26.2%)	388
<b>----Age----</b>									
12 or younger	16.5%	(12.9%-20.1%)	150	17.3%	(13.3%-21.3%)	85	15.2%	(8.9%-21.5%)	63
13	22.1%	(18.2%-26.0%)	378	21.7%	(17.8%-25.7%)	185	21.9%	(17.1%-26.7%)	185
14 or older	26.5%	(23.0%-30.0%)	242	25.6%	(21.0%-30.3%)	100	27.0%	(20.7%-33.3%)	140
<b>----Grade----</b>									
Grade 7	19.6%	(17.1%-22.1%)	335	19.0%	(16.2%-21.8%)	162	19.7%	(14.2%-25.1%)	167
Grade 8	24.0%	(20.8%-27.3%)	431	23.7%	(20.7%-26.8%)	207	24.1%	(19.4%-28.9%)	220
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.7%	(14.8%-26.6%)	14	*	*	*	*	*	*
Non-Hispanic	22.7%	(20.3%-25.1%)	727	22.3%	(20.4%-24.1%)	349	22.7%	(18.2%-27.1%)	365
<b>----Race----</b>									
American Indian or Alaskan Native	22.0%	(17.5%-26.5%)	16	20.8%	(10.6%-31.0%)	7	23.4%	(19.0%-27.7%)	9
Asian	*	*	*	*	*	*	*	*	*
Black or African American	23.5%	(12.2%-34.7%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.9%	(19.6%-24.3%)	707	21.7%	(20.0%-23.3%)	341	21.9%	(17.5%-26.3%)	356
Multiple Races	18.4%	(14.3%-22.5%)	17	14.2%	(7.8%-20.5%)	8	25.2%	(17.1%-33.4%)	9

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn67b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	35.1%	(31.8%-38.4%)	1,243	30.8%	(27.5%-34.1%)	535	39.6%	(34.4%-44.7%)	703
<b>----Age----</b>									
12 or younger	30.1%	(23.7%-36.6%)	269	31.6%	(22.8%-40.4%)	155	28.4%	(18.3%-38.4%)	113
13	35.3%	(30.9%-39.7%)	601	29.6%	(25.1%-34.1%)	246	41.3%	(33.9%-48.8%)	352
14 or older	39.6%	(33.5%-45.6%)	372	32.2%	(24.8%-39.6%)	134	45.4%	(37.2%-53.6%)	238
<b>----Grade----</b>									
Grade 7	33.6%	(28.5%-38.8%)	571	30.4%	(24.4%-36.3%)	258	37.0%	(29.6%-44.5%)	310
Grade 8	36.4%	(32.8%-40.0%)	656	31.3%	(27.4%-35.2%)	272	41.6%	(35.9%-47.3%)	383
<b>----Hispanic Ethnicity----</b>									
Hispanic	29.0%	(21.0%-37.0%)	20	24.7%	(15.6%-33.9%)	10	35.1%	(18.4%-51.8%)	10
Non-Hispanic	36.4%	(32.6%-40.3%)	1,149	32.2%	(28.4%-35.9%)	494	40.9%	(35.1%-46.6%)	651
<b>----Race----</b>									
American Indian or Alaskan Native	36.0%	(20.3%-51.8%)	24	35.1%	(15.9%-54.3%)	9	34.8%	(20.1%-49.5%)	13
Asian	39.7%	(0.0%-80.0%)	7	*	*	*	*	*	*
Black or African American	30.5%	(12.9%-48.1%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	35.1%	(31.4%-38.8%)	1,126	31.2%	(27.6%-34.8%)	493	39.5%	(33.5%-45.4%)	633
Multiple Races	33.5%	(21.5%-45.4%)	33	29.0%	(13.7%-44.4%)	16	39.7%	(21.1%-58.2%)	18

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.2%	(12.2%-18.3%)	533	13.1%	(10.1%-16.0%)	224	17.4%	(12.9%-21.8%)	305
<b>----Age----</b>									
12 or younger	16.4%	(12.3%-20.5%)	143	14.4%	(9.0%-19.7%)	69	18.9%	(12.9%-24.8%)	75
13	14.3%	(10.0%-18.5%)	241	11.8%	(8.5%-15.2%)	98	16.6%	(10.4%-22.9%)	140
14 or older	15.9%	(11.3%-20.5%)	148	14.0%	(8.3%-19.8%)	58	17.4%	(11.6%-23.3%)	90
<b>----Grade----</b>									
Grade 7	16.3%	(12.3%-20.3%)	273	14.3%	(10.3%-18.3%)	119	18.2%	(12.1%-24.3%)	150
Grade 8	13.9%	(9.6%-18.3%)	249	12.1%	(7.9%-16.4%)	105	15.8%	(10.1%-21.5%)	144
<b>----Hispanic Ethnicity----</b>									
Hispanic	21.0%	(11.5%-30.6%)	15	14.1%	(0.5%-27.7%)	6	31.1%	(16.2%-46.0%)	9
Non-Hispanic	15.1%	(11.8%-18.4%)	470	12.9%	(10.0%-15.9%)	196	17.2%	(12.5%-22.0%)	270
<b>----Race----</b>									
American Indian or Alaskan Native	21.5%	(13.2%-29.7%)	13	*	*	*	*	*	*
Asian	47.9%	(7.7%-88.1%)	8	*	*	*	*	*	*
Black or African American	21.2%	(6.8%-35.7%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.5%	(11.3%-17.8%)	461	13.3%	(10.1%-16.5%)	208	15.9%	(11.4%-20.5%)	253
Multiple Races	13.8%	(5.7%-21.9%)	14	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*If a kid drank some alcohol in your neighborhood, would he or she be caught by the police? (mn69)*  
*Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	61.6%	(55.9%-67.3%)	2,141	62.9%	(57.7%-68.1%)	1,076	60.6%	(53.8%-67.3%)	1,050
<b>----Age----</b>									
12 or younger	55.1%	(47.5%-62.6%)	477	58.6%	(49.5%-67.8%)	279	50.9%	(40.7%-61.1%)	198
13	63.5%	(56.5%-70.5%)	1,064	63.3%	(56.2%-70.5%)	524	63.6%	(55.5%-71.7%)	525
14 or older	64.9%	(57.0%-72.7%)	600	67.2%	(58.6%-75.8%)	273	63.0%	(53.3%-72.8%)	327
<b>----Grade----</b>									
Grade 7	55.4%	(48.1%-62.7%)	920	57.9%	(51.2%-64.5%)	483	52.8%	(43.7%-61.8%)	430
Grade 8	67.4%	(62.0%-72.8%)	1,193	68.0%	(62.0%-74.0%)	583	67.2%	(60.6%-73.8%)	607
<b>----Hispanic Ethnicity----</b>									
Hispanic	50.9%	(39.7%-62.1%)	37	52.7%	(37.8%-67.6%)	23	48.3%	(31.5%-65.1%)	14
Non-Hispanic	62.4%	(56.6%-68.2%)	1,922	64.3%	(59.6%-68.9%)	968	60.5%	(53.3%-67.8%)	939
<b>----Race----</b>									
American Indian or Alaskan Native	56.4%	(41.1%-71.6%)	36	47.6%	(19.3%-76.0%)	13	64.7%	(42.1%-87.3%)	23
Asian	44.3%	(7.5%-81.2%)	8	*	*	*	*	*	*
Black or African American	53.1%	(35.4%-70.9%)	18	54.7%	(32.6%-76.8%)	11	50.5%	(28.2%-72.8%)	6
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	62.2%	(56.4%-68.1%)	1,953	63.6%	(58.2%-69.0%)	985	61.1%	(54.5%-67.8%)	957
Multiple Races	59.6%	(50.8%-68.4%)	61	59.7%	(46.1%-73.3%)	33	60.9%	(44.5%-77.3%)	28

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How wrong would most adults over 21 in your neighborhood think it is for kids your age to drink alcohol? (mn71a)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.8%	(9.8%-13.8%)	418	11.7%	(9.0%-14.5%)	204	11.8%	(9.6%-13.9%)	211
<b>----Age----</b>									
12 or younger	7.6%	(4.4%-10.7%)	71	5.2%	(2.0%-8.4%)	26	10.4%	(5.6%-15.2%)	44
13	13.1%	(10.2%-16.0%)	225	15.7%	(11.8%-19.7%)	136	10.2%	(6.6%-13.8%)	86
14 or older	13.7%	(10.4%-16.9%)	122	11.3%	(5.9%-16.7%)	41	15.4%	(11.5%-19.3%)	80
<b>----Grade----</b>									
Grade 7	8.8%	(6.8%-10.9%)	151	8.0%	(5.0%-11.1%)	69	9.7%	(7.1%-12.3%)	82
Grade 8	14.5%	(11.2%-17.8%)	261	15.2%	(11.2%-19.2%)	133	14.0%	(10.3%-17.8%)	129
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.3%	(6.7%-30.0%)	12	*	*	*	*	*	*
Non-Hispanic	11.5%	(9.8%-13.3%)	377	11.5%	(8.9%-14.1%)	184	11.7%	(9.5%-13.9%)	193
<b>----Race----</b>									
American Indian or Alaskan Native	17.1%	(6.5%-27.6%)	13	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	22.4%	(8.7%-36.1%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	11.6%	(9.4%-13.8%)	377	11.7%	(8.7%-14.7%)	182	11.5%	(9.1%-13.9%)	191
Multiple Races	17.4%	(9.0%-25.8%)	15	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)*  
*Percentage of students who answered 'Strongly approve' or 'Approve'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.4%	(1.7%-5.1%)	119	2.0%	(1.1%-2.9%)	34	4.8%	(1.6%-8.0%)	84
<b>----Age----</b>									
12 or younger	4.1%	(0.9%-7.2%)	36	1.7%	(0.1%-3.4%)	8	6.6%	(0.0%-14.0%)	26
13	3.6%	(1.6%-5.5%)	60	1.8%	(0.3%-3.2%)	15	5.4%	(2.1%-8.6%)	45
14 or older	2.6%	(0.8%-4.3%)	24	2.7%	(0.0%-5.8%)	11	2.5%	(0.0%-5.3%)	12
<b>----Grade----</b>									
Grade 7	4.1%	(1.0%-7.3%)	69	2.4%	(1.0%-3.8%)	20	5.8%	(0.0%-12.2%)	48
Grade 8	2.5%	(1.3%-3.7%)	45	1.1%	(0.0%-2.5%)	9	3.9%	(1.8%-6.1%)	35
<b>----Hispanic Ethnicity----</b>									
Hispanic	12.3%	(6.6%-18.0%)	9	*	*	*	*	*	*
Non-Hispanic	2.9%	(1.3%-4.5%)	89	1.0%	(0.3%-1.8%)	15	4.7%	(1.5%-7.8%)	73
<b>----Race----</b>									
American Indian or Alaskan Native	9.1%	(2.2%-16.1%)	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.8%	(1.3%-4.4%)	90	1.6%	(0.6%-2.5%)	25	4.1%	(1.1%-7.2%)	65
Multiple Races	5.8%	(0.9%-10.7%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How wrong do your parents feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.5%	(2.5%-4.4%)	122	3.0%	(2.1%-3.9%)	52	4.0%	(2.7%-5.3%)	70
<b>----Age----</b>									
12 or younger	3.3%	(1.9%-4.7%)	30	3.2%	(1.1%-5.3%)	16	3.5%	(1.1%-5.8%)	14
13	3.5%	(2.4%-4.7%)	60	2.5%	(1.4%-3.5%)	21	4.7%	(2.8%-6.6%)	39
14 or older	3.5%	(2.4%-4.6%)	32	3.8%	(1.5%-6.1%)	15	3.3%	(1.8%-4.9%)	17
<b>----Grade----</b>									
Grade 7	3.4%	(2.3%-4.5%)	57	2.6%	(1.2%-3.9%)	22	4.3%	(2.0%-6.5%)	35
Grade 8	3.4%	(2.1%-4.6%)	60	3.3%	(1.6%-5.0%)	29	3.5%	(1.9%-5.0%)	31
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.3%	(2.3%-4.3%)	105	2.8%	(1.7%-3.9%)	44	3.8%	(2.5%-5.2%)	61
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.2%	(2.2%-4.2%)	101	2.8%	(1.8%-3.9%)	44	3.5%	(2.2%-4.8%)	57
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How wrong do your friends feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn175)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.7%	(10.7%-14.6%)	441	12.1%	(8.8%-15.4%)	208	13.4%	(9.4%-17.3%)	232
<b>----Age----</b>									
12 or younger	9.4%	(5.8%-13.0%)	82	9.9%	(5.4%-14.5%)	48	8.5%	(4.6%-12.4%)	33
13	13.8%	(10.5%-17.0%)	232	12.3%	(7.4%-17.2%)	101	15.5%	(10.1%-21.0%)	131
14 or older	13.8%	(9.0%-18.7%)	127	14.2%	(9.6%-18.7%)	59	13.6%	(5.6%-21.6%)	68
<b>---Grade---</b>									
Grade 7	11.1%	(8.7%-13.6%)	186	10.3%	(6.9%-13.6%)	86	12.1%	(8.8%-15.3%)	99
Grade 8	14.0%	(10.9%-17.1%)	249	13.7%	(8.8%-18.5%)	119	14.5%	(7.7%-21.3%)	130
<b>----Hispanic Ethnicity----</b>									
Hispanic	17.9%	(11.8%-23.9%)	13	15.9%	(5.6%-26.1%)	7	20.8%	(6.6%-34.9%)	6
Non-Hispanic	12.8%	(10.8%-14.8%)	397	12.0%	(8.3%-15.8%)	183	13.7%	(9.7%-17.7%)	213
<b>---Race---</b>									
American Indian or Alaskan Native	16.0%	(6.8%-25.1%)	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.3%	(10.4%-14.2%)	387	12.0%	(8.5%-15.5%)	187	12.8%	(9.3%-16.2%)	199
Multiple Races	12.2%	(6.8%-17.7%)	12	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever used marijuana? (mn74)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.5%	(9.2%-13.8%)	392	10.8%	(8.3%-13.3%)	181	12.1%	(9.0%-15.2%)	207
<b>----Age----</b>									
12 or younger	8.2%	(4.7%-11.7%)	71	8.2%	(4.8%-11.7%)	40	8.2%	(3.5%-12.9%)	32
13	10.2%	(7.7%-12.7%)	168	9.3%	(7.0%-11.6%)	76	11.0%	(6.6%-15.3%)	88
14 or older	17.0%	(13.7%-20.3%)	151	17.5%	(12.0%-22.9%)	66	16.7%	(13.5%-19.9%)	85
<b>----Grade----</b>									
Grade 7	9.0%	(6.1%-11.9%)	146	7.9%	(5.1%-10.7%)	65	10.2%	(6.0%-14.4%)	81
Grade 8	13.6%	(10.9%-16.3%)	237	13.5%	(10.8%-16.2%)	114	13.7%	(9.8%-17.6%)	121
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.1%	(10.2%-26.0%)	11	*	*	*	*	*	*
Non-Hispanic	11.6%	(9.1%-14.0%)	355	11.0%	(8.2%-13.9%)	167	12.1%	(8.9%-15.2%)	187
<b>----Race----</b>									
American Indian or Alaskan Native	14.7%	(9.3%-20.0%)	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	18.2%	(7.6%-28.8%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	11.3%	(8.8%-13.9%)	351	10.8%	(7.9%-13.7%)	164	11.8%	(8.5%-15.1%)	184
Multiple Races	12.7%	(4.9%-20.4%)	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*How old were you when you tried marijuana for the first time? (mn75)*

*Among students who have tried marijuana, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.8%	(12.5%-21.1%)	66	16.1%	(10.3%-21.9%)	29	17.0%	(9.6%-24.4%)	35
<b>----Age----</b>									
12 or younger	21.6%	(10.4%-32.7%)	16	24.6%	(11.6%-37.6%)	9	18.2%	(0.0%-36.6%)	6
13	18.4%	(12.3%-24.5%)	31	15.7%	(3.7%-27.7%)	12	19.5%	(8.7%-30.3%)	17
14 or older	12.7%	(7.1%-18.4%)	19	11.6%	(1.2%-21.9%)	8	13.8%	(5.4%-22.3%)	12
<b>----Grade----</b>									
Grade 7	20.7%	(12.7%-28.7%)	31	23.1%	(12.5%-33.7%)	15	18.9%	(5.7%-32.1%)	16
Grade 8	13.8%	(9.4%-18.1%)	33	11.8%	(4.0%-19.7%)	13	15.9%	(9.2%-22.7%)	19
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	15.9%	(11.3%-20.5%)	57	15.1%	(9.0%-21.2%)	25	16.8%	(9.4%-24.2%)	32
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.1%	(10.7%-19.5%)	53	15.7%	(9.0%-22.5%)	25	14.1%	(6.5%-21.8%)	26
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How old were you when you tried marijuana for the first time? (mn75\_2)*  
 Percentage of students who answered before age 11

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.9%	(1.3%-2.5%)	66	1.7%	(1.0%-2.4%)	29	2.1%	(0.9%-3.2%)	35
<b>----Age----</b>									
12 or younger	1.8%	(0.7%-2.8%)	16	2.0%	(0.5%-3.4%)	9	1.6%	(0.0%-3.2%)	6
13	1.9%	(1.1%-2.7%)	31	1.4%	(0.3%-2.6%)	12	2.2%	(0.7%-3.7%)	17
14 or older	2.2%	(1.2%-3.2%)	19	2.1%	(0.4%-3.7%)	8	2.3%	(0.6%-4.1%)	12
<b>----Grade----</b>									
Grade 7	1.9%	(1.0%-2.8%)	31	1.8%	(0.6%-3.0%)	15	2.0%	(0.5%-3.5%)	16
Grade 8	1.9%	(1.2%-2.6%)	33	1.6%	(0.6%-2.6%)	13	2.2%	(0.9%-3.4%)	19
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.8%	(1.3%-2.4%)	57	1.6%	(1.0%-2.3%)	25	2.1%	(1.0%-3.1%)	32
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.7%	(1.1%-2.3%)	53	1.7%	(0.9%-2.5%)	25	1.7%	(0.6%-2.7%)	26
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*During the past 30 days, how many times did you use marijuana? (mn76)*  
*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.5%	(4.2%-6.8%)	192	5.0%	(3.8%-6.1%)	86	6.0%	(4.1%-7.9%)	105
<b>----Age----</b>									
12 or younger	3.6%	(1.8%-5.4%)	32	3.4%	(1.1%-5.6%)	17	3.8%	(1.7%-5.9%)	16
13	4.4%	(3.2%-5.7%)	74	4.6%	(3.6%-5.6%)	39	4.2%	(1.9%-6.5%)	34
14 or older	9.4%	(6.5%-12.3%)	86	7.9%	(5.2%-10.5%)	31	10.6%	(6.6%-14.5%)	55
<b>----Grade----</b>									
Grade 7	4.0%	(2.8%-5.1%)	67	3.4%	(2.2%-4.5%)	28	4.6%	(2.8%-6.5%)	38
Grade 8	6.7%	(5.1%-8.3%)	119	6.5%	(5.0%-8.0%)	57	6.9%	(4.3%-9.5%)	62
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	5.5%	(4.3%-6.8%)	175	5.0%	(3.7%-6.3%)	78	6.1%	(4.3%-7.8%)	96
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.3%	(4.0%-6.6%)	169	4.8%	(3.7%-5.9%)	75	5.8%	(3.8%-7.7%)	93
Multiple Races	6.4%	(1.2%-11.6%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.4%	(15.9%-20.9%)	643	18.9%	(16.0%-21.8%)	325	17.8%	(14.2%-21.4%)	310
<b>----Age----</b>									
12 or younger	11.3%	(7.5%-15.1%)	102	13.0%	(8.3%-17.6%)	63	9.4%	(5.2%-13.6%)	38
13	18.8%	(16.6%-21.0%)	317	19.8%	(16.6%-23.0%)	167	17.5%	(13.1%-21.9%)	144
14 or older	24.8%	(20.5%-29.0%)	224	24.3%	(20.2%-28.4%)	95	24.9%	(19.7%-30.1%)	128
<b>----Grade----</b>									
Grade 7	13.7%	(10.8%-16.5%)	228	13.8%	(10.0%-17.6%)	116	13.4%	(9.5%-17.3%)	110
Grade 8	22.8%	(19.9%-25.7%)	407	23.7%	(20.9%-26.5%)	206	21.6%	(17.0%-26.2%)	195
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.4%	(18.0%-30.9%)	16	25.6%	(16.5%-34.8%)	10	22.6%	(12.3%-32.8%)	6
Non-Hispanic	18.8%	(16.3%-21.4%)	595	19.4%	(16.0%-22.7%)	301	18.1%	(14.7%-21.5%)	286
<b>----Race----</b>									
American Indian or Alaskan Native	19.3%	(11.7%-26.9%)	14	19.1%	(5.6%-32.7%)	6	19.7%	(10.0%-29.3%)	8
Asian	*	*	*	*	*	*	*	*	*
Black or African American	26.5%	(14.5%-38.6%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.0%	(15.4%-20.6%)	572	18.6%	(15.5%-21.8%)	290	17.2%	(13.4%-21.1%)	275
Multiple Races	24.7%	(16.3%-33.1%)	23	23.3%	(15.7%-31.0%)	13	27.2%	(13.3%-41.2%)	10

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do your parents feel it would be for you to use marijuana? (mn193)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.2%	(6.4%-9.9%)	287	8.8%	(6.7%-10.9%)	152	7.3%	(4.8%-9.8%)	128
<b>----Age----</b>									
12 or younger	5.1%	(3.3%-6.9%)	46	6.7%	(3.8%-9.6%)	33	2.7%	(1.3%-4.2%)	11
13	8.5%	(6.4%-10.7%)	144	9.2%	(6.7%-11.8%)	78	7.7%	(4.0%-11.3%)	63
14 or older	10.6%	(7.7%-13.5%)	97	10.5%	(7.3%-13.8%)	41	10.4%	(6.7%-14.2%)	54
<b>----Grade----</b>									
Grade 7	6.4%	(4.9%-7.9%)	107	7.7%	(5.3%-10.1%)	65	4.9%	(3.2%-6.7%)	41
Grade 8	9.9%	(7.6%-12.2%)	177	9.9%	(7.3%-12.5%)	86	9.7%	(6.3%-13.0%)	88
<b>----Hispanic Ethnicity----</b>									
Hispanic	10.5%	(5.5%-15.4%)	7	*	*	*	*	*	*
Non-Hispanic	8.3%	(6.5%-10.0%)	261	8.9%	(6.7%-11.1%)	139	7.4%	(4.9%-9.9%)	117
<b>----Race----</b>									
American Indian or Alaskan Native	10.2%	(5.4%-15.1%)	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	19.7%	(8.3%-31.2%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.8%	(6.0%-9.6%)	249	8.6%	(6.3%-10.9%)	134	6.8%	(4.2%-9.3%)	108
Multiple Races	12.7%	(7.2%-18.2%)	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)*  
*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	43.9%	(40.1%-47.6%)	1,541	40.9%	(36.6%-45.3%)	708	46.5%	(41.4%-51.5%)	816
<b>----Age----</b>									
12 or younger	33.9%	(28.0%-39.7%)	306	34.5%	(27.6%-41.3%)	169	32.9%	(24.3%-41.4%)	135
13	45.8%	(41.9%-49.7%)	774	42.9%	(37.4%-48.4%)	363	48.5%	(42.7%-54.4%)	400
14 or older	50.0%	(45.0%-55.0%)	456	44.8%	(38.5%-51.2%)	176	53.8%	(46.9%-60.6%)	279
<b>----Grade----</b>									
Grade 7	39.1%	(34.2%-43.9%)	656	37.3%	(32.3%-42.3%)	315	40.6%	(33.8%-47.4%)	336
Grade 8	48.2%	(44.2%-52.2%)	866	44.2%	(38.3%-50.1%)	386	52.0%	(47.4%-56.5%)	473
<b>----Hispanic Ethnicity----</b>									
Hispanic	49.3%	(39.4%-59.2%)	32	47.3%	(33.1%-61.5%)	19	52.5%	(39.9%-65.1%)	13
Non-Hispanic	44.4%	(40.5%-48.4%)	1,411	41.4%	(36.6%-46.2%)	647	47.3%	(42.4%-52.1%)	751
<b>----Race----</b>									
American Indian or Alaskan Native	56.4%	(46.7%-66.1%)	41	53.1%	(41.1%-65.0%)	18	58.7%	(45.4%-71.9%)	23
Asian	35.9%	(14.9%-56.8%)	7	*	*	*	*	*	*
Black or African American	60.9%	(50.2%-71.6%)	21	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	43.2%	(39.3%-47.2%)	1,383	40.6%	(36.0%-45.1%)	634	45.6%	(40.5%-50.7%)	737
Multiple Races	54.8%	(45.9%-63.8%)	49	53.6%	(44.5%-62.6%)	30	58.0%	(44.6%-71.3%)	19

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to use marijuana? (mn195)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.9%	(18.5%-25.2%)	753	20.3%	(16.5%-24.2%)	345	23.4%	(16.8%-30.0%)	401
<b>----Age----</b>									
12 or younger	16.1%	(11.6%-20.5%)	139	15.5%	(10.4%-20.5%)	74	16.9%	(10.4%-23.3%)	65
13	22.2%	(16.9%-27.5%)	368	19.5%	(13.5%-25.5%)	158	24.7%	(15.1%-34.2%)	204
14 or older	27.0%	(20.5%-33.6%)	245	27.8%	(18.2%-37.4%)	113	26.4%	(17.9%-35.0%)	132
<b>----Grade----</b>									
Grade 7	18.6%	(14.1%-23.1%)	305	15.9%	(11.7%-20.2%)	132	21.2%	(14.4%-28.0%)	170
Grade 8	25.0%	(19.7%-30.3%)	440	24.5%	(17.5%-31.5%)	210	25.4%	(15.8%-35.0%)	228
<b>----Hispanic Ethnicity----</b>									
Hispanic	28.2%	(20.1%-36.3%)	20	26.8%	(10.2%-43.3%)	11	30.4%	(10.5%-50.2%)	9
Non-Hispanic	22.1%	(18.4%-25.8%)	678	20.8%	(16.5%-25.1%)	313	23.4%	(16.3%-30.5%)	360
<b>----Race----</b>									
American Indian or Alaskan Native	15.4%	(5.2%-25.7%)	10	*	*	*	*	*	*
Asian	51.2%	(13.6%-88.8%)	8	*	*	*	*	*	*
Black or African American	20.5%	(6.6%-34.5%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.5%	(17.7%-25.4%)	671	20.8%	(16.8%-24.9%)	322	22.4%	(15.2%-29.5%)	347
Multiple Races	32.5%	(22.0%-43.1%)	31	18.2%	(8.1%-28.3%)	10	52.0%	(34.1%-69.9%)	22

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*If a kid used marijuana in your neighborhood, would he or she be caught by the police? (mn196)*  
 Percentage of students who answered 'Probably not' or 'Definitely not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	53.9%	(48.4%-59.3%)	1,844	55.6%	(50.2%-60.9%)	934	52.6%	(44.5%-60.7%)	900
<b>----Age----</b>									
12 or younger	46.7%	(39.7%-53.6%)	400	50.0%	(42.4%-57.5%)	232	42.8%	(32.2%-53.5%)	168
13	55.3%	(50.3%-60.4%)	906	56.2%	(50.1%-62.4%)	455	54.7%	(46.4%-63.1%)	441
14 or older	58.5%	(49.4%-67.6%)	538	60.7%	(50.1%-71.2%)	247	56.8%	(44.7%-68.9%)	291
<b>----Grade----</b>									
Grade 7	48.2%	(41.8%-54.6%)	781	50.3%	(43.9%-56.8%)	409	46.3%	(37.4%-55.2%)	369
Grade 8	59.0%	(53.7%-64.2%)	1,039	60.3%	(53.5%-67.0%)	514	57.8%	(49.5%-66.0%)	518
<b>----Hispanic Ethnicity----</b>									
Hispanic	51.2%	(42.6%-59.9%)	36	58.0%	(42.9%-73.0%)	25	40.9%	(29.2%-52.6%)	11
Non-Hispanic	55.0%	(49.6%-60.5%)	1,674	57.3%	(51.7%-62.9%)	850	53.0%	(44.4%-61.7%)	814
<b>----Race----</b>									
American Indian or Alaskan Native	43.8%	(29.6%-57.9%)	28	30.7%	(15.2%-46.1%)	8	55.0%	(34.9%-75.2%)	20
Asian	63.1%	(34.2%-92.1%)	10	*	*	*	*	*	*
Black or African American	52.3%	(38.0%-66.7%)	17	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	54.3%	(48.5%-60.1%)	1,683	56.5%	(50.6%-62.3%)	862	52.5%	(43.9%-61.2%)	815
Multiple Races	53.5%	(41.2%-65.9%)	52	52.0%	(34.6%-69.4%)	28	57.0%	(43.6%-70.3%)	24

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do you think it is for someone your age to use marijuana? (mn197)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.4%	(12.0%-16.7%)	501	14.1%	(10.8%-17.3%)	242	15.0%	(12.2%-17.8%)	259
<b>----Age----</b>									
12 or younger	12.7%	(8.7%-16.6%)	112	12.5%	(7.6%-17.4%)	61	12.9%	(6.6%-19.1%)	51
13	14.2%	(11.2%-17.3%)	236	12.9%	(8.0%-17.8%)	106	16.0%	(12.3%-19.7%)	130
14 or older	16.4%	(12.0%-20.8%)	153	18.1%	(11.8%-24.4%)	75	15.0%	(10.1%-19.9%)	78
<b>----Grade----</b>									
Grade 7	13.5%	(10.3%-16.7%)	222	12.1%	(8.3%-16.0%)	102	15.2%	(10.4%-19.9%)	121
Grade 8	15.3%	(11.9%-18.7%)	274	16.2%	(11.2%-21.1%)	140	14.7%	(10.4%-19.0%)	134
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.3%	(9.7%-36.8%)	17	22.8%	(5.5%-40.1%)	10	24.0%	(5.2%-42.8%)	7
Non-Hispanic	14.5%	(11.8%-17.2%)	448	14.1%	(10.6%-17.7%)	215	15.1%	(12.0%-18.2%)	233
<b>----Race----</b>									
American Indian or Alaskan Native	18.8%	(11.0%-26.6%)	12	*	*	*	*	*	*
Asian	57.7%	(24.1%-91.3%)	11	*	*	*	*	*	*
Black or African American	20.7%	(7.2%-34.2%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.4%	(10.7%-16.2%)	422	13.7%	(10.1%-17.3%)	214	13.3%	(10.3%-16.2%)	208
Multiple Races	22.6%	(14.2%-31.0%)	22	14.3%	(5.8%-22.8%)	8	34.1%	(17.5%-50.7%)	14

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (mn86a)  
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.7%	(6.1%-9.4%)	267	8.0%	(5.9%-10.2%)	137	7.3%	(5.0%-9.6%)	127
<b>---Age---</b>									
12 or younger	7.3%	(4.9%-9.7%)	65	9.0%	(6.1%-12.0%)	44	5.3%	(1.2%-9.3%)	21
13	8.3%	(6.3%-10.3%)	138	8.1%	(5.0%-11.1%)	67	8.4%	(6.1%-10.6%)	68
14 or older	7.1%	(4.8%-9.4%)	64	6.8%	(3.2%-10.3%)	26	7.3%	(3.9%-10.8%)	38
<b>---Grade---</b>									
Grade 7	8.9%	(6.7%-11.1%)	147	9.1%	(6.7%-11.5%)	76	8.5%	(5.1%-11.8%)	69
Grade 8	6.8%	(4.8%-8.8%)	119	7.0%	(4.4%-9.6%)	60	6.5%	(3.9%-9.0%)	58
<b>---Hispanic Ethnicity---</b>									
Hispanic	14.6%	(9.3%-19.9%)	9	*	*	*	*	*	*
Non-Hispanic	7.5%	(6.0%-9.1%)	235	7.9%	(5.9%-10.0%)	121	7.1%	(5.2%-8.9%)	110
<b>---Race---</b>									
American Indian or Alaskan Native	15.7%	(4.3%-27.1%)	11	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.4%	(5.8%-8.9%)	231	7.6%	(5.4%-9.7%)	116	7.0%	(4.9%-9.1%)	111
Multiple Races	8.6%	(3.3%-13.9%)	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

During the past 30 days, how many times did you sniff glue, breathe the contents of spray cans, or inhale any paints or sprays to get high? (mn91a)  
 Percentage of students who answered at least 1 time

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.3%	(2.6%-3.9%)	113	3.2%	(2.1%-4.3%)	54	3.0%	(1.9%-4.1%)	52
<b>----Age----</b>									
12 or younger	2.7%	(1.9%-3.5%)	24	3.1%	(1.7%-4.5%)	15	2.3%	(0.8%-3.8%)	9
13	3.5%	(2.3%-4.7%)	59	3.2%	(1.4%-5.1%)	27	3.3%	(1.6%-5.0%)	27
14 or older	3.4%	(2.3%-4.4%)	30	3.3%	(0.8%-5.8%)	13	3.1%	(1.3%-4.9%)	16
<b>----Grade----</b>									
Grade 7	3.4%	(2.8%-4.0%)	57	3.1%	(1.8%-4.3%)	25	3.6%	(2.2%-5.0%)	29
Grade 8	3.1%	(2.1%-4.0%)	54	3.3%	(1.7%-4.9%)	28	2.5%	(1.3%-3.8%)	23
<b>----Hispanic Ethnicity----</b>									
Hispanic	9.9%	(5.2%-14.7%)	6	*	*	*	*	*	*
Non-Hispanic	3.0%	(2.4%-3.6%)	93	2.9%	(2.0%-3.9%)	45	2.8%	(1.8%-3.7%)	44
<b>----Race----</b>									
American Indian or Alaskan Native	9.5%	(4.8%-14.1%)	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.9%	(2.2%-3.7%)	92	2.9%	(1.7%-4.1%)	45	2.6%	(1.6%-3.6%)	41
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)  
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.0%	(5.2%-8.8%)	245	7.2%	(5.3%-9.0%)	123	6.6%	(4.5%-8.6%)	115
<b>---Age---</b>									
12 or younger	7.0%	(3.7%-10.4%)	63	9.3%	(4.9%-13.6%)	45	4.3%	(0.9%-7.8%)	18
13	6.9%	(4.9%-8.9%)	116	6.0%	(3.7%-8.2%)	50	7.2%	(4.4%-9.9%)	59
14 or older	7.2%	(4.9%-9.6%)	66	7.2%	(4.2%-10.1%)	28	7.3%	(4.5%-10.2%)	38
<b>---Grade---</b>									
Grade 7	7.2%	(4.7%-9.7%)	120	7.9%	(5.0%-10.9%)	66	6.3%	(3.8%-8.8%)	52
Grade 8	6.7%	(4.6%-8.8%)	121	6.4%	(4.7%-8.2%)	56	6.9%	(4.3%-9.5%)	63
<b>---Hispanic Ethnicity---</b>									
Hispanic	13.0%	(7.9%-18.1%)	9	*	*	*	*	*	*
Non-Hispanic	6.6%	(5.0%-8.2%)	209	6.8%	(5.1%-8.5%)	106	6.1%	(4.2%-8.0%)	97
<b>---Race---</b>									
American Indian or Alaskan Native	12.5%	(4.1%-20.9%)	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.6%	(4.9%-8.2%)	209	7.0%	(5.1%-8.8%)	109	6.0%	(4.0%-7.9%)	96
Multiple Races	8.0%	(4.3%-11.7%)	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? (mn88a)

Percentage of students who answered at least 1 time

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.7%	(2.0%-3.5%)	95	2.3%	(1.4%-3.3%)	40	3.0%	(2.0%-4.1%)	53
<b>----Age----</b>									
12 or younger	2.6%	(1.0%-4.2%)	24	1.8%	(0.5%-3.1%)	9	3.6%	(0.9%-6.3%)	15
13	2.6%	(1.6%-3.6%)	44	2.7%	(1.2%-4.1%)	22	2.4%	(1.2%-3.6%)	19
14 or older	3.0%	(1.6%-4.5%)	28	2.4%	(0.2%-4.5%)	9	3.6%	(1.3%-5.9%)	18
<b>----Grade----</b>									
Grade 7	2.7%	(2.2%-3.2%)	45	2.4%	(1.3%-3.4%)	20	2.8%	(1.7%-4.0%)	23
Grade 8	2.6%	(1.6%-3.7%)	47	2.3%	(1.1%-3.5%)	20	3.0%	(1.3%-4.7%)	27
<b>----Hispanic Ethnicity----</b>									
Hispanic	9.8%	(5.0%-14.5%)	6	*	*	*	*	*	*
Non-Hispanic	2.7%	(1.9%-3.4%)	84	2.2%	(1.3%-3.1%)	34	3.0%	(2.0%-4.0%)	48
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.5%	(1.7%-3.3%)	80	2.1%	(1.1%-3.1%)	32	3.0%	(1.9%-4.0%)	47
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do your parents feel it would be for you to take prescription drugs not prescribed to you? (mn176)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.8%	(1.6%-4.0%)	96	3.5%	(1.5%-5.4%)	59	2.2%	(0.7%-3.6%)	37
<b>----Age----</b>									
12 or younger	4.7%	(2.5%-6.9%)	40	7.0%	(2.4%-11.5%)	33	1.9%	(0.0%-4.5%)	8
13	1.9%	(0.5%-3.4%)	32	1.4%	(0.0%-2.9%)	11	2.5%	(0.0%-5.3%)	21
14 or older	2.6%	(0.9%-4.3%)	24	3.7%	(0.7%-6.7%)	15	1.7%	(0.0%-3.8%)	9
<b>----Grade----</b>									
Grade 7	3.5%	(1.6%-5.4%)	56	4.6%	(1.8%-7.5%)	38	2.3%	(0.3%-4.3%)	18
Grade 8	2.3%	(0.9%-3.6%)	40	2.5%	(0.4%-4.6%)	21	2.1%	(0.0%-4.3%)	19
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.9%	(1.6%-22.2%)	8	*	*	*	*	*	*
Non-Hispanic	2.6%	(1.5%-3.8%)	81	3.5%	(1.2%-5.8%)	53	1.8%	(0.4%-3.2%)	28
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.6%	(1.5%-3.7%)	80	3.5%	(1.5%-5.6%)	54	1.7%	(0.3%-3.0%)	26
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.6%	(7.0%-10.1%)	295	7.0%	(5.3%-8.7%)	119	10.3%	(6.7%-14.0%)	176
<b>----Age----</b>									
12 or younger	8.8%	(5.6%-12.0%)	76	9.4%	(5.0%-13.7%)	44	8.2%	(1.6%-14.7%)	32
13	9.0%	(7.1%-10.9%)	150	6.8%	(5.0%-8.7%)	56	11.5%	(7.9%-15.0%)	94
14 or older	7.6%	(4.6%-10.6%)	70	4.5%	(0.8%-8.2%)	18	10.2%	(4.7%-15.6%)	51
<b>----Grade----</b>									
Grade 7	9.7%	(7.8%-11.5%)	157	9.1%	(6.2%-12.0%)	75	10.4%	(6.2%-14.6%)	82
Grade 8	7.8%	(5.7%-9.9%)	138	5.1%	(2.8%-7.4%)	44	10.5%	(6.4%-14.6%)	94
<b>----Hispanic Ethnicity----</b>									
Hispanic	12.4%	(2.7%-22.1%)	9	*	*	*	*	*	*
Non-Hispanic	8.7%	(6.9%-10.5%)	266	7.3%	(5.4%-9.1%)	109	10.3%	(6.3%-14.3%)	157
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.9%	(7.3%-10.5%)	276	7.3%	(5.4%-9.2%)	113	10.6%	(7.1%-14.0%)	163
Multiple Races	6.8%	(0.0%-14.7%)	7	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	94.3%	(93.1%-95.6%)	3,224	94.5%	(93.0%-96.0%)	1,594	94.3%	(92.3%-96.4%)	1,605
<b>----Age----</b>									
12 or younger	95.5%	(92.4%-98.5%)	824	93.2%	(88.2%-98.2%)	437	98.2%	(95.6%-100.0%)	386
13	93.9%	(91.4%-96.4%)	1,534	95.7%	(94.1%-97.3%)	776	92.3%	(88.3%-96.4%)	739
14 or older	94.1%	(91.5%-96.6%)	859	93.5%	(89.2%-97.8%)	380	94.5%	(91.5%-97.5%)	479
<b>----Grade----</b>									
Grade 7	94.3%	(92.1%-96.6%)	1,527	93.5%	(90.0%-97.0%)	757	95.1%	(92.2%-98.0%)	758
Grade 8	94.4%	(92.6%-96.3%)	1,660	95.3%	(93.1%-97.5%)	821	93.5%	(91.1%-96.0%)	829
<b>----Hispanic Ethnicity----</b>									
Hispanic	89.9%	(81.5%-98.4%)	63	*	*	*	*	*	*
Non-Hispanic	94.5%	(93.3%-95.8%)	2,870	94.5%	(92.9%-96.0%)	1,411	94.7%	(92.5%-96.9%)	1,440
<b>----Race----</b>									
American Indian or Alaskan Native	87.2%	(77.0%-97.5%)	56	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	94.8%	(93.7%-95.8%)	2,933	94.6%	(93.0%-96.3%)	1,449	95.0%	(93.3%-96.8%)	1,466
Multiple Races	93.2%	(87.6%-98.9%)	89	*	*	*	*	*	*

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

If you wanted to get prescription drugs (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) that were not prescribed to you, how easy would it be to get some? (mn184)

Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.1%	(6.7%-9.5%)	274	9.0%	(6.7%-11.4%)	152	6.8%	(4.6%-8.9%)	112
<b>----Age----</b>									
12 or younger	7.2%	(4.5%-9.8%)	61	9.2%	(4.4%-14.0%)	43	4.7%	(1.2%-8.1%)	18
13	9.9%	(7.0%-12.8%)	161	9.5%	(6.2%-12.8%)	77	9.7%	(5.3%-14.1%)	77
14 or older	5.6%	(3.1%-8.1%)	50	8.0%	(3.1%-12.9%)	32	3.7%	(2.1%-5.2%)	18
<b>----Grade----</b>									
Grade 7	7.9%	(5.7%-10.0%)	126	7.7%	(4.4%-11.0%)	63	7.1%	(3.4%-10.9%)	55
Grade 8	8.5%	(5.8%-11.1%)	146	10.5%	(6.3%-14.7%)	89	6.6%	(4.4%-8.7%)	57
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.4%	(5.6%-23.3%)	10	*	*	*	*	*	*
Non-Hispanic	8.2%	(6.7%-9.7%)	246	8.9%	(6.6%-11.2%)	133	7.1%	(4.9%-9.4%)	106
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.8%	(6.3%-9.3%)	239	8.9%	(6.4%-11.4%)	136	6.6%	(4.3%-8.9%)	99
Multiple Races	11.0%	(5.0%-17.0%)	11	*	*	*	*	*	*

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	54.5%	(51.5%-57.5%)	1,863	53.3%	(48.9%-57.7%)	907	55.6%	(50.8%-60.5%)	939
<b>----Age----</b>									
12 or younger	49.3%	(40.7%-58.0%)	428	46.0%	(35.7%-56.3%)	219	53.5%	(43.0%-64.0%)	209
13	54.8%	(50.3%-59.3%)	895	53.5%	(48.5%-58.4%)	437	56.3%	(48.4%-64.3%)	448
14 or older	58.6%	(50.4%-66.7%)	533	61.4%	(52.6%-70.1%)	251	56.2%	(45.3%-67.1%)	282
<b>----Grade----</b>									
Grade 7	49.2%	(45.0%-53.5%)	797	46.2%	(40.5%-52.0%)	380	52.2%	(46.0%-58.4%)	409
Grade 8	59.2%	(55.8%-62.6%)	1,042	60.0%	(55.1%-64.8%)	518	58.8%	(52.0%-65.5%)	521
<b>----Hispanic Ethnicity----</b>									
Hispanic	55.6%	(45.5%-65.6%)	39	54.3%	(41.4%-67.2%)	24	57.6%	(43.8%-71.3%)	16
Non-Hispanic	56.0%	(52.9%-59.1%)	1,707	55.2%	(50.9%-59.6%)	834	56.9%	(51.2%-62.5%)	863
<b>----Race----</b>									
American Indian or Alaskan Native	37.1%	(25.2%-49.1%)	23	26.2%	(13.2%-39.2%)	7	45.4%	(27.6%-63.2%)	16
Asian	58.0%	(27.2%-88.9%)	11	*	*	*	*	*	*
Black or African American	43.7%	(29.4%-58.1%)	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	55.4%	(52.3%-58.5%)	1,717	54.4%	(49.8%-59.0%)	842	56.3%	(51.4%-61.3%)	862
Multiple Races	55.7%	(43.2%-68.1%)	53	58.9%	(46.3%-71.4%)	32	53.0%	(28.3%-77.6%)	22

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them?  
 (mn95)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.0%	(8.2%-13.9%)	375	10.9%	(8.8%-13.1%)	184	11.1%	(7.1%-15.2%)	187
<b>----Age----</b>									
12 or younger	8.9%	(4.1%-13.6%)	76	7.3%	(3.6%-10.9%)	34	10.8%	(2.1%-19.5%)	42
13	11.4%	(8.1%-14.8%)	187	11.8%	(8.5%-15.1%)	96	11.4%	(6.1%-16.6%)	91
14 or older	12.2%	(6.3%-18.0%)	108	13.5%	(8.0%-19.0%)	54	11.1%	(3.8%-18.4%)	54
<b>----Grade----</b>									
Grade 7	10.7%	(6.9%-14.5%)	173	9.2%	(6.1%-12.3%)	75	12.5%	(6.5%-18.4%)	98
Grade 8	11.3%	(7.5%-15.1%)	197	12.8%	(9.5%-16.0%)	109	10.0%	(4.3%-15.8%)	89
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.0%	(4.6%-23.4%)	10	*	*	*	*	*	*
Non-Hispanic	11.0%	(8.0%-14.1%)	333	11.1%	(8.7%-13.5%)	166	11.1%	(6.7%-15.6%)	168
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.9%	(7.9%-13.9%)	335	10.6%	(8.1%-13.1%)	162	11.3%	(7.0%-15.7%)	173
Multiple Races	7.9%	(3.0%-12.8%)	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*How many times in the past year (12 months) have you been drunk or high at school? (mn96)  
Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(3.7%-6.0%)	166	4.8%	(3.4%-6.2%)	82	4.7%	(2.9%-6.5%)	80
<b>----Age----</b>									
12 or younger	3.5%	(1.3%-5.8%)	31	4.8%	(2.1%-7.5%)	23	2.0%	(0.0%-5.0%)	8
13	4.8%	(2.7%-6.8%)	78	3.4%	(1.4%-5.5%)	28	5.8%	(2.8%-8.8%)	47
14 or older	6.2%	(3.0%-9.5%)	57	7.5%	(2.9%-12.2%)	31	5.2%	(0.7%-9.6%)	26
<b>----Grade----</b>									
Grade 7	5.3%	(3.3%-7.3%)	87	4.6%	(2.7%-6.5%)	38	5.7%	(2.2%-9.2%)	45
Grade 8	4.3%	(2.9%-5.7%)	75	4.6%	(2.4%-6.9%)	40	4.0%	(1.8%-6.1%)	35
<b>----Hispanic Ethnicity----</b>									
Hispanic	13.1%	(5.6%-20.6%)	9	*	*	*	*	*	*
Non-Hispanic	4.5%	(3.3%-5.8%)	139	4.4%	(3.1%-5.7%)	66	4.5%	(2.7%-6.3%)	69
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.4%	(3.3%-5.5%)	138	4.6%	(3.3%-5.9%)	71	4.3%	(2.4%-6.2%)	66
Multiple Races	6.6%	(1.1%-12.0%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*Has anyone offered, sold, or given you an illegal drug on school property? (mn97)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.7%	(4.3%-9.2%)	239	7.2%	(4.7%-9.8%)	126	6.3%	(3.1%-9.5%)	113
<b>---Age---</b>									
12 or younger	4.8%	(2.6%-7.0%)	45	5.8%	(1.8%-9.8%)	29	3.7%	(0.5%-6.8%)	16
13	7.4%	(4.2%-10.5%)	126	7.6%	(4.4%-10.8%)	66	7.3%	(2.8%-11.7%)	60
14 or older	7.6%	(3.8%-11.4%)	68	8.4%	(3.2%-13.6%)	31	7.1%	(2.6%-11.7%)	37
<b>---Grade---</b>									
Grade 7	5.3%	(3.2%-7.5%)	92	5.7%	(3.2%-8.1%)	48	5.1%	(2.4%-7.7%)	43
Grade 8	7.9%	(4.2%-11.5%)	142	8.6%	(4.5%-12.7%)	76	7.3%	(2.8%-11.9%)	67
<b>---Hispanic Ethnicity---</b>									
Hispanic	19.0%	(9.9%-28.1%)	12	*	*	*	*	*	*
Non-Hispanic	6.6%	(4.2%-9.0%)	216	6.8%	(4.3%-9.3%)	109	6.5%	(3.2%-9.8%)	107
<b>---Race---</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.6%	(3.9%-9.2%)	214	7.0%	(4.2%-9.7%)	109	6.3%	(3.0%-9.5%)	104
Multiple Races	10.6%	(2.1%-19.1%)	8	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Have you ever had sexual intercourse? (mn100)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.3%	(5.4%-9.1%)	244	5.6%	(4.0%-7.2%)	95	8.8%	(5.5%-12.0%)	145
<b>---Age---</b>									
12 or younger	5.1%	(2.0%-8.1%)	44	4.5%	(0.7%-8.3%)	22	5.8%	(1.1%-10.5%)	22
13	6.9%	(4.6%-9.1%)	112	5.2%	(3.4%-7.0%)	42	8.2%	(5.2%-11.3%)	65
14 or older	10.2%	(8.0%-12.4%)	89	8.0%	(4.5%-11.6%)	31	11.9%	(7.8%-15.9%)	58
<b>---Grade---</b>									
Grade 7	6.0%	(3.7%-8.4%)	97	4.2%	(2.0%-6.4%)	35	7.8%	(4.1%-11.4%)	60
Grade 8	8.5%	(5.9%-11.1%)	147	7.0%	(4.6%-9.5%)	59	9.8%	(5.7%-13.9%)	85
<b>---Hispanic Ethnicity---</b>									
Hispanic	15.3%	(9.3%-21.4%)	10	*	*	*	*	*	*
Non-Hispanic	7.3%	(5.3%-9.3%)	222	5.6%	(3.7%-7.4%)	85	8.9%	(5.6%-12.2%)	133
<b>---Race---</b>									
American Indian or Alaskan Native	14.9%	(7.4%-22.5%)	11	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	22.2%	(9.2%-35.2%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.7%	(5.1%-8.3%)	204	5.1%	(3.5%-6.8%)	79	8.1%	(5.3%-10.9%)	123
Multiple Races	8.8%	(4.9%-12.6%)	8	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*The last time you had sexual intercourse, did you or your partner use a condom? (mn101)*  
*Among students who ever had sexual intercourse, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	62.2%	(49.9%-74.5%)	125	65.0%	(50.5%-79.6%)	56	59.1%	(42.5%-75.7%)	66
<b>----Age----</b>									
12 or younger	73.4%	(47.1%-99.8%)	28	*	*	*	*	*	*
13	62.7%	(43.7%-81.7%)	48	62.4%	(37.7%-87.2%)	21	62.9%	(35.1%-90.7%)	27
14 or older	56.8%	(38.1%-75.6%)	49	49.6%	(27.5%-71.7%)	16	58.9%	(35.2%-82.6%)	30
<b>----Grade----</b>									
Grade 7	77.5%	(56.1%-99.0%)	53	*	*	*	*	*	*
Grade 8	54.9%	(39.3%-70.5%)	72	54.5%	(33.6%-75.4%)	33	53.4%	(34.7%-72.0%)	36
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	63.8%	(49.2%-78.4%)	115	63.6%	(46.3%-80.9%)	47	63.0%	(42.2%-83.8%)	65
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	63.8%	(50.8%-76.8%)	106	71.9%	(53.8%-90.0%)	51	56.6%	(36.1%-77.1%)	53
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Among students who ever had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.6%	(30.9%-38.3%)	1,195	34.6%	(31.2%-37.9%)	591	34.8%	(29.4%-40.3%)	597
<b>----Age----</b>									
12 or younger	37.3%	(32.5%-42.1%)	331	37.6%	(32.6%-42.6%)	182	37.2%	(30.3%-44.0%)	149
13	34.4%	(29.5%-39.2%)	569	33.9%	(29.5%-38.2%)	282	35.2%	(28.6%-41.8%)	282
14 or older	32.5%	(27.6%-37.4%)	292	32.6%	(26.2%-38.9%)	126	32.2%	(24.3%-40.2%)	164
<b>----Grade----</b>									
Grade 7	36.0%	(32.3%-39.8%)	593	35.7%	(31.9%-39.5%)	298	36.4%	(31.1%-41.6%)	293
Grade 8	33.1%	(28.9%-37.3%)	584	33.5%	(29.6%-37.3%)	288	33.1%	(27.1%-39.1%)	294
<b>----Hispanic Ethnicity----</b>									
Hispanic	33.4%	(25.4%-41.5%)	22	35.4%	(26.7%-44.0%)	15	30.2%	(16.5%-43.9%)	7
Non-Hispanic	34.8%	(30.9%-38.7%)	1,084	34.4%	(30.8%-38.1%)	531	35.3%	(29.7%-40.8%)	548
<b>----Race----</b>									
American Indian or Alaskan Native	33.9%	(25.6%-42.2%)	25	36.9%	(23.9%-49.9%)	12	32.0%	(20.6%-43.3%)	13
Asian	56.9%	(36.8%-77.0%)	11	*	*	*	*	*	*
Black or African American	30.0%	(17.4%-42.6%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	34.8%	(30.9%-38.6%)	1,088	34.5%	(30.9%-38.1%)	532	35.3%	(29.6%-41.0%)	552
Multiple Races	32.9%	(28.2%-37.6%)	29	34.8%	(28.1%-41.5%)	19	30.4%	(21.8%-39.0%)	10

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CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.6%	(34.4%-40.8%)	1,298	37.5%	(34.0%-41.0%)	640	37.6%	(32.5%-42.7%)	645
<b>----Age----</b>									
12 or younger	37.6%	(33.5%-41.6%)	333	37.0%	(31.5%-42.4%)	179	38.1%	(31.5%-44.7%)	152
13	37.6%	(33.8%-41.5%)	622	37.9%	(34.1%-41.8%)	317	37.0%	(30.5%-43.4%)	297
14 or older	37.8%	(32.6%-43.1%)	340	37.3%	(30.5%-44.1%)	144	38.3%	(32.0%-44.7%)	195
<b>----Grade----</b>									
Grade 7	38.1%	(34.9%-41.3%)	627	38.2%	(34.1%-42.2%)	319	38.1%	(32.3%-43.9%)	307
Grade 8	37.3%	(33.7%-40.9%)	656	37.0%	(32.9%-41.0%)	319	37.0%	(31.7%-42.3%)	328
<b>----Hispanic Ethnicity----</b>									
Hispanic	36.3%	(26.9%-45.8%)	24	37.1%	(24.5%-49.7%)	15	35.0%	(24.5%-45.5%)	9
Non-Hispanic	37.4%	(34.4%-40.5%)	1,166	37.5%	(34.3%-40.7%)	578	37.1%	(32.1%-42.0%)	576
<b>----Race----</b>									
American Indian or Alaskan Native	47.7%	(42.2%-53.2%)	35	49.4%	(38.0%-60.9%)	16	45.4%	(32.8%-58.0%)	18
Asian	*	*	*	*	*	*	*	*	*
Black or African American	46.0%	(35.0%-57.0%)	15	43.1%	(25.7%-60.4%)	7	49.0%	(30.7%-67.4%)	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	37.1%	(33.8%-40.4%)	1,161	37.1%	(33.2%-41.1%)	573	36.8%	(31.8%-41.8%)	576
Multiple Races	40.4%	(31.3%-49.5%)	36	42.5%	(30.7%-54.3%)	23	37.7%	(29.1%-46.4%)	13

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CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.6%	(11.3%-15.9%)	473	13.5%	(10.6%-16.4%)	234	13.6%	(11.0%-16.2%)	236
<b>----Age----</b>									
12 or younger	13.2%	(9.6%-16.7%)	118	12.7%	(8.4%-17.0%)	62	13.8%	(9.3%-18.4%)	56
13	12.9%	(10.2%-15.5%)	215	14.6%	(10.8%-18.4%)	123	10.9%	(8.2%-13.7%)	88
14 or older	15.4%	(13.3%-17.5%)	140	12.4%	(8.2%-16.6%)	48	17.7%	(13.7%-21.8%)	91
<b>----Grade----</b>									
Grade 7	14.3%	(11.2%-17.3%)	236	14.6%	(11.1%-18.1%)	123	13.8%	(10.3%-17.4%)	111
Grade 8	12.9%	(10.8%-15.0%)	231	12.5%	(9.5%-15.5%)	109	13.5%	(10.8%-16.1%)	122
<b>----Hispanic Ethnicity----</b>									
Hispanic	13.4%	(8.2%-18.6%)	9	*	*	*	*	*	*
Non-Hispanic	14.0%	(11.5%-16.4%)	439	13.9%	(10.8%-17.0%)	216	14.0%	(11.2%-16.8%)	219
<b>----Race----</b>									
American Indian or Alaskan Native	11.8%	(6.7%-16.9%)	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	25.3%	(14.4%-36.2%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.4%	(10.9%-15.9%)	424	13.3%	(10.1%-16.5%)	207	13.6%	(11.0%-16.2%)	215
Multiple Races	15.0%	(11.1%-19.0%)	13	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	55.4%	(51.5%-59.3%)	1,931	53.4%	(49.1%-57.7%)	921	57.4%	(52.7%-62.0%)	993
<b>----Age----</b>									
12 or younger	56.0%	(50.8%-61.3%)	502	56.3%	(49.9%-62.6%)	275	55.5%	(48.7%-62.2%)	225
13	54.8%	(50.7%-59.0%)	917	52.3%	(47.1%-57.6%)	442	57.5%	(52.9%-62.1%)	465
14 or older	55.7%	(51.0%-60.4%)	505	51.9%	(45.3%-58.4%)	202	58.5%	(51.0%-66.1%)	302
<b>----Grade----</b>									
Grade 7	55.7%	(51.0%-60.4%)	920	53.8%	(48.6%-59.0%)	453	57.7%	(51.6%-63.8%)	464
Grade 8	55.3%	(51.0%-59.6%)	990	52.8%	(47.7%-57.9%)	461	57.6%	(52.6%-62.6%)	521
<b>----Hispanic Ethnicity----</b>									
Hispanic	59.8%	(52.1%-67.6%)	40	62.7%	(51.6%-73.8%)	26	55.3%	(42.2%-68.5%)	14
Non-Hispanic	55.0%	(51.2%-58.8%)	1,730	52.6%	(48.2%-57.0%)	819	57.2%	(52.8%-61.7%)	898
<b>----Race----</b>									
American Indian or Alaskan Native	58.8%	(49.0%-68.6%)	44	56.9%	(41.7%-72.1%)	19	59.8%	(49.9%-69.7%)	25
Asian	63.0%	(38.8%-87.1%)	12	*	*	*	*	*	*
Black or African American	52.7%	(42.0%-63.4%)	18	55.0%	(34.6%-75.5%)	10	50.2%	(34.9%-65.5%)	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	55.0%	(51.1%-58.9%)	1,739	53.3%	(49.1%-57.5%)	831	56.6%	(51.7%-61.4%)	895
Multiple Races	56.7%	(49.1%-64.4%)	50	53.2%	(41.3%-65.1%)	29	61.6%	(48.7%-74.4%)	21

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CI = 95% Confidence Interval

N = Number of students who ate vegetables less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.4%	(17.1%-21.7%)	665	19.2%	(16.7%-21.8%)	328	19.5%	(16.0%-23.0%)	331
<b>----Age----</b>									
12 or younger	20.5%	(17.1%-24.0%)	181	20.2%	(15.4%-25.0%)	97	21.1%	(15.6%-26.6%)	84
13	18.8%	(16.6%-21.1%)	309	20.3%	(16.8%-23.9%)	169	17.2%	(13.9%-20.5%)	136
14 or older	19.4%	(16.0%-22.8%)	174	15.7%	(12.2%-19.2%)	61	21.9%	(16.4%-27.4%)	111
<b>----Grade----</b>									
Grade 7	20.9%	(18.2%-23.7%)	342	20.9%	(17.6%-24.2%)	174	20.9%	(16.6%-25.2%)	166
Grade 8	17.9%	(15.1%-20.7%)	314	17.7%	(14.4%-20.9%)	152	18.2%	(14.3%-22.0%)	160
<b>----Hispanic Ethnicity----</b>									
Hispanic	21.2%	(15.5%-26.8%)	14	*	*	*	*	*	*
Non-Hispanic	19.4%	(16.8%-21.9%)	600	18.8%	(16.2%-21.5%)	290	19.8%	(16.1%-23.6%)	305
<b>----Race----</b>									
American Indian or Alaskan Native	26.2%	(17.6%-34.8%)	19	27.4%	(15.5%-39.2%)	9	25.6%	(14.7%-36.5%)	10
Asian	29.5%	(10.3%-48.6%)	6	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.3%	(16.9%-21.7%)	600	19.1%	(16.5%-21.7%)	294	19.5%	(15.8%-23.2%)	303
Multiple Races	17.8%	(14.4%-21.2%)	16	15.6%	(8.3%-22.8%)	8	21.9%	(16.0%-27.7%)	7

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CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)*

*Percentage of students who answered at least one time per day in the past week*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>Total</b>									
Total	20.2%	(18.1%-22.4%)	697	18.4%	(15.7%-21.1%)	313	21.9%	(18.5%-25.2%)	376
<b>---Age---</b>									
12 or younger	17.8%	(13.5%-22.0%)	156	16.4%	(11.4%-21.5%)	79	19.4%	(14.2%-24.7%)	77
13	20.7%	(16.8%-24.7%)	345	18.3%	(14.6%-22.0%)	153	23.3%	(17.9%-28.7%)	188
14 or older	21.5%	(18.8%-24.3%)	193	21.1%	(14.9%-27.3%)	81	21.6%	(17.8%-25.5%)	110
<b>---Grade---</b>									
Grade 7	19.8%	(16.5%-23.1%)	322	17.4%	(13.3%-21.4%)	144	22.2%	(18.4%-26.0%)	177
Grade 8	20.7%	(18.7%-22.7%)	367	19.5%	(16.3%-22.8%)	168	21.8%	(17.8%-25.7%)	195
<b>---Hispanic Ethnicity---</b>									
Hispanic	26.8%	(20.7%-32.9%)	18	29.8%	(19.6%-39.9%)	12	21.9%	(10.0%-33.9%)	6
Non-Hispanic	20.4%	(17.9%-22.8%)	634	18.7%	(16.2%-21.3%)	288	21.9%	(18.3%-25.6%)	341
<b>---Race---</b>									
American Indian or Alaskan Native	23.1%	(15.4%-30.9%)	17	18.8%	(8.5%-29.1%)	6	27.2%	(14.5%-39.8%)	10
Asian	36.2%	(16.4%-56.0%)	7	*	*	*	*	*	*
Black or African American	17.4%	(10.7%-24.2%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.2%	(17.7%-22.7%)	633	18.0%	(15.2%-20.7%)	276	22.2%	(18.6%-25.8%)	350
Multiple Races	18.7%	(11.9%-25.4%)	16	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least one time per day in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)  
Percentage of students who answered at least 5 days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	78.9%	(74.9%-82.9%)	2,775	77.5%	(72.0%-83.1%)	1,336	80.8%	(76.5%-85.0%)	1,427
<b>----Age----</b>									
12 or younger	82.7%	(76.4%-89.0%)	775	81.2%	(73.3%-89.1%)	408	84.3%	(76.3%-92.3%)	364
13	78.8%	(75.1%-82.4%)	1,325	76.8%	(70.2%-83.3%)	660	81.6%	(77.0%-86.3%)	657
14 or older	75.7%	(69.3%-82.1%)	674	74.3%	(66.1%-82.4%)	268	77.1%	(69.9%-84.2%)	406
<b>----Grade----</b>									
Grade 7	81.5%	(77.3%-85.7%)	1,371	80.7%	(74.5%-86.9%)	686	82.2%	(76.8%-87.7%)	681
Grade 8	76.9%	(72.2%-81.6%)	1,385	74.6%	(68.0%-81.2%)	649	79.6%	(74.4%-84.9%)	730
<b>----Hispanic Ethnicity----</b>									
Hispanic	79.9%	(67.8%-91.9%)	50	*	*	*	*	*	*
Non-Hispanic	78.8%	(74.9%-82.7%)	2,552	76.8%	(70.9%-82.7%)	1,222	81.1%	(77.2%-84.9%)	1,317
<b>----Race----</b>									
American Indian or Alaskan Native	86.3%	(78.3%-94.4%)	68	*	*	*	*	*	*
Asian	69.1%	(44.9%-93.4%)	13	*	*	*	*	*	*
Black or African American	68.2%	(53.9%-82.5%)	22	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	78.9%	(75.0%-82.9%)	2,541	77.5%	(71.6%-83.4%)	1,208	80.8%	(76.2%-85.3%)	1,323
Multiple Races	73.8%	(64.2%-83.4%)	60	*	*	*	*	*	*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)*

Percentage of students who answered at least 5 days

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.7%	(43.9%-51.5%)	1,651	43.0%	(39.7%-46.4%)	739	52.4%	(46.7%-58.1%)	900
<b>----Age----</b>									
12 or younger	46.4%	(39.3%-53.5%)	414	41.2%	(33.2%-49.2%)	201	53.1%	(43.3%-62.9%)	213
13	48.7%	(45.3%-52.1%)	808	45.7%	(40.8%-50.6%)	384	52.0%	(44.4%-59.7%)	417
14 or older	47.1%	(43.3%-50.9%)	425	39.6%	(34.0%-45.2%)	154	52.5%	(48.6%-56.4%)	270
<b>----Grade----</b>									
Grade 7	48.0%	(42.5%-53.5%)	789	42.9%	(38.2%-47.6%)	359	53.4%	(45.7%-61.0%)	426
Grade 8	47.3%	(44.0%-50.6%)	843	43.2%	(38.3%-48.1%)	375	51.5%	(47.0%-56.0%)	463
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.8%	(35.7%-49.8%)	29	39.8%	(30.5%-49.1%)	16	47.6%	(31.9%-63.4%)	12
Non-Hispanic	48.2%	(44.1%-52.3%)	1,508	43.3%	(39.7%-47.0%)	672	53.1%	(47.1%-59.1%)	828
<b>----Race----</b>									
American Indian or Alaskan Native	41.0%	(32.6%-49.4%)	31	46.0%	(32.2%-59.7%)	15	37.6%	(22.3%-52.9%)	16
Asian	42.6%	(24.6%-60.7%)	8	*	*	*	*	*	*
Black or African American	46.4%	(34.7%-58.2%)	15	42.7%	(23.7%-61.7%)	8	50.6%	(39.3%-61.8%)	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	48.2%	(44.4%-52.0%)	1,513	42.9%	(39.6%-46.1%)	666	53.6%	(48.0%-59.2%)	841
Multiple Races	42.8%	(35.6%-50.0%)	38	44.4%	(34.0%-54.7%)	24	41.2%	(29.7%-52.6%)	14

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (mnpa7day)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.0%	(23.6%-28.3%)	899	20.4%	(18.1%-22.8%)	351	31.5%	(27.8%-35.3%)	541
<b>----Age----</b>									
12 or younger	26.0%	(21.2%-30.8%)	232	22.7%	(16.8%-28.7%)	111	30.1%	(22.8%-37.4%)	121
13	26.3%	(24.2%-28.4%)	436	20.8%	(16.4%-25.2%)	175	31.9%	(25.9%-38.0%)	256
14 or older	25.6%	(21.6%-29.5%)	231	16.7%	(11.8%-21.6%)	65	32.0%	(26.1%-37.9%)	164
<b>----Grade----</b>									
Grade 7	27.3%	(23.3%-31.2%)	448	21.7%	(18.1%-25.3%)	182	33.1%	(26.8%-39.4%)	264
Grade 8	24.8%	(22.5%-27.0%)	441	19.2%	(15.5%-22.8%)	167	30.2%	(26.9%-33.5%)	271
<b>----Hispanic Ethnicity----</b>									
Hispanic	17.9%	(12.6%-23.1%)	12	*	*	*	*	*	*
Non-Hispanic	26.2%	(23.6%-28.8%)	820	20.3%	(17.8%-22.9%)	315	32.0%	(28.2%-35.8%)	499
<b>----Race----</b>									
American Indian or Alaskan Native	19.1%	(11.8%-26.4%)	14	22.6%	(11.1%-34.2%)	8	16.5%	(8.4%-24.6%)	7
Asian	*	*	*	*	*	*	*	*	*
Black or African American	19.9%	(10.9%-28.8%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.2%	(24.0%-28.5%)	823	20.2%	(17.7%-22.8%)	314	32.3%	(28.7%-35.9%)	506
Multiple Races	21.1%	(14.5%-27.7%)	19	18.3%	(9.7%-26.8%)	10	26.0%	(16.5%-35.5%)	9

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N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*On an average school day, how many hours do you watch TV? (mn125)*  
*Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.4%	(22.4%-30.3%)	916	25.0%	(20.2%-29.8%)	426	27.9%	(23.5%-32.2%)	484
<b>----Age----</b>									
12 or younger	21.0%	(16.3%-25.7%)	194	21.3%	(14.8%-27.8%)	106	20.8%	(14.5%-27.1%)	89
13	29.4%	(24.4%-34.3%)	488	27.1%	(19.3%-34.8%)	232	31.9%	(26.3%-37.6%)	250
14 or older	26.6%	(18.5%-34.7%)	233	25.1%	(15.2%-35.0%)	88	27.8%	(18.2%-37.3%)	145
<b>----Grade----</b>									
Grade 7	24.0%	(19.7%-28.4%)	399	23.8%	(18.4%-29.1%)	200	24.4%	(18.7%-30.2%)	199
Grade 8	29.0%	(23.8%-34.2%)	515	26.1%	(19.5%-32.7%)	225	31.7%	(25.6%-37.7%)	285
<b>----Hispanic Ethnicity----</b>									
Hispanic	26.0%	(16.6%-35.5%)	17	24.4%	(12.2%-36.7%)	10	29.0%	(10.4%-47.5%)	7
Non-Hispanic	26.6%	(22.6%-30.6%)	850	25.5%	(20.5%-30.5%)	402	27.7%	(23.4%-32.0%)	443
<b>----Race----</b>									
American Indian or Alaskan Native	36.1%	(23.7%-48.5%)	29	39.3%	(28.4%-50.2%)	15	33.3%	(13.6%-53.0%)	14
Asian	*	*	*	*	*	*	*	*	*
Black or African American	29.3%	(6.6%-52.0%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.0%	(21.9%-30.1%)	826	24.3%	(19.2%-29.4%)	374	27.8%	(23.3%-32.4%)	449
Multiple Races	25.3%	(11.9%-38.6%)	19	27.4%	(12.3%-42.4%)	14	21.2%	(3.8%-38.7%)	6

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*On an average school day, how many hours do you watch TV? (mn125\_2)*  
 Percentage of students who answered 2 or fewer hours

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	73.6%	(69.7%-77.6%)	2,556	75.0%	(70.2%-79.8%)	1,280	72.1%	(67.8%-76.5%)	1,253
<b>----Age----</b>									
12 or younger	79.0%	(74.3%-83.7%)	732	78.7%	(72.2%-85.2%)	389	79.2%	(72.9%-85.5%)	339
13	70.6%	(65.7%-75.6%)	1,173	72.9%	(65.2%-80.7%)	626	68.1%	(62.4%-73.7%)	534
14 or older	73.4%	(65.3%-81.5%)	643	74.9%	(65.0%-84.8%)	264	72.2%	(62.7%-81.8%)	376
<b>----Grade----</b>									
Grade 7	76.0%	(71.6%-80.3%)	1,262	76.2%	(70.9%-81.6%)	641	75.6%	(69.8%-81.3%)	617
Grade 8	71.0%	(65.8%-76.2%)	1,261	73.9%	(67.3%-80.5%)	638	68.3%	(62.3%-74.4%)	615
<b>----Hispanic Ethnicity----</b>									
Hispanic	74.0%	(64.5%-83.4%)	47	75.6%	(63.3%-87.8%)	31	71.0%	(52.5%-89.6%)	16
Non-Hispanic	73.4%	(69.4%-77.4%)	2,343	74.5%	(69.5%-79.5%)	1,171	72.3%	(68.0%-76.6%)	1,156
<b>----Race----</b>									
American Indian or Alaskan Native	63.9%	(51.5%-76.3%)	51	60.7%	(49.8%-71.6%)	22	66.7%	(47.0%-86.4%)	28
Asian	*	*	*	*	*	*	*	*	*
Black or African American	70.7%	(48.0%-93.4%)	23	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	74.0%	(69.9%-78.1%)	2,351	75.7%	(70.6%-80.8%)	1,166	72.2%	(67.6%-76.7%)	1,166
Multiple Races	74.7%	(61.4%-88.1%)	57	72.6%	(57.6%-87.7%)	37	78.8%	(61.3%-96.2%)	20

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (mn126c)*  
*Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.2%	(40.7%-47.8%)	1,546	41.2%	(38.5%-43.9%)	705	47.2%	(41.3%-53.2%)	831
<b>----Age----</b>									
12 or younger	35.6%	(29.5%-41.8%)	329	36.8%	(30.0%-43.6%)	183	33.7%	(25.7%-41.7%)	143
13	46.8%	(42.6%-51.0%)	789	43.2%	(38.2%-48.3%)	371	50.7%	(42.2%-59.2%)	411
14 or older	48.2%	(42.7%-53.7%)	424	42.3%	(34.9%-49.6%)	151	52.6%	(45.8%-59.3%)	273
<b>----Grade----</b>									
Grade 7	41.2%	(37.1%-45.2%)	692	39.7%	(35.1%-44.3%)	336	42.4%	(34.4%-50.4%)	352
Grade 8	47.4%	(43.2%-51.7%)	847	42.5%	(38.1%-46.9%)	367	52.2%	(45.3%-59.1%)	473
<b>----Hispanic Ethnicity----</b>									
Hispanic	43.0%	(32.6%-53.4%)	27	40.2%	(24.7%-55.8%)	16	48.0%	(25.6%-70.4%)	11
Non-Hispanic	45.0%	(41.7%-48.4%)	1,447	42.5%	(39.3%-45.7%)	672	47.5%	(41.9%-53.0%)	765
<b>----Race----</b>									
American Indian or Alaskan Native	44.8%	(35.1%-54.6%)	36	39.3%	(25.7%-53.0%)	15	49.8%	(32.0%-67.5%)	21
Asian	44.9%	(23.5%-66.4%)	9	*	*	*	*	*	*
Black or African American	37.4%	(21.9%-52.8%)	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	44.3%	(41.0%-47.6%)	1,414	41.1%	(38.4%-43.7%)	635	47.4%	(41.3%-53.5%)	772
Multiple Races	54.6%	(40.8%-68.5%)	43	61.8%	(45.4%-78.2%)	32	41.3%	(24.4%-58.2%)	11

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (mn126c\_2)  
Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	55.8%	(52.2%-59.3%)	1,951	58.8%	(56.1%-61.5%)	1,007	52.8%	(46.8%-58.7%)	928
<b>----Age----</b>									
12 or younger	64.4%	(58.2%-70.5%)	595	63.2%	(56.4%-70.0%)	314	66.3%	(58.3%-74.3%)	281
13	53.2%	(49.0%-57.4%)	896	56.8%	(51.7%-61.8%)	487	49.3%	(40.8%-57.8%)	400
14 or older	51.8%	(46.3%-57.3%)	456	57.7%	(50.4%-65.1%)	206	47.4%	(40.7%-54.2%)	247
<b>----Grade----</b>									
Grade 7	58.8%	(54.8%-62.9%)	989	60.3%	(55.7%-64.9%)	510	57.6%	(49.6%-65.6%)	479
Grade 8	52.6%	(48.3%-56.8%)	939	57.5%	(53.1%-61.9%)	497	47.8%	(40.9%-54.7%)	434
<b>----Hispanic Ethnicity----</b>									
Hispanic	57.0%	(46.6%-67.4%)	36	59.8%	(44.2%-75.3%)	24	52.0%	(29.6%-74.4%)	12
Non-Hispanic	55.0%	(51.6%-58.3%)	1,768	57.5%	(54.3%-60.7%)	909	52.5%	(47.0%-58.1%)	847
<b>----Race----</b>									
American Indian or Alaskan Native	55.2%	(45.4%-64.9%)	44	60.7%	(47.0%-74.3%)	23	50.2%	(32.5%-68.0%)	21
Asian	55.1%	(33.6%-76.5%)	12	*	*	*	*	*	*
Black or African American	62.6%	(47.2%-78.1%)	19	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	55.7%	(52.4%-59.0%)	1,778	58.9%	(56.3%-61.6%)	912	52.6%	(46.5%-58.7%)	855
Multiple Races	45.4%	(31.5%-59.2%)	36	38.2%	(21.8%-54.6%)	20	58.7%	(41.8%-75.6%)	16

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (mnscreen)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.5%	(25.1%-32.0%)	981	32.5%	(28.6%-36.4%)	551	24.5%	(20.2%-28.7%)	420
<b>----Age----</b>									
12 or younger	36.6%	(31.2%-42.0%)	335	38.5%	(32.7%-44.3%)	190	34.7%	(25.2%-44.1%)	146
13	25.0%	(21.3%-28.7%)	411	27.9%	(21.6%-34.2%)	237	21.5%	(17.6%-25.4%)	168
14 or older	26.6%	(18.5%-34.6%)	230	35.2%	(24.5%-45.9%)	124	20.8%	(13.8%-27.8%)	106
<b>----Grade----</b>									
Grade 7	30.5%	(26.1%-34.8%)	503	33.7%	(28.1%-39.3%)	283	27.3%	(20.8%-33.7%)	220
Grade 8	25.9%	(22.3%-29.4%)	455	31.3%	(26.5%-36.2%)	268	20.7%	(16.1%-25.3%)	184
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.6%	(12.4%-36.8%)	15	*	*	*	*	*	*
Non-Hispanic	28.2%	(25.0%-31.4%)	894	32.4%	(28.7%-36.1%)	507	24.1%	(19.7%-28.6%)	381
<b>----Race----</b>									
American Indian or Alaskan Native	33.3%	(23.9%-42.6%)	26	32.8%	(12.0%-53.6%)	12	33.7%	(15.3%-52.1%)	14
Asian	37.4%	(5.8%-69.0%)	8	*	*	*	*	*	*
Black or African American	34.9%	(17.3%-52.6%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	28.2%	(25.0%-31.4%)	886	32.7%	(28.5%-36.8%)	500	23.8%	(19.4%-28.2%)	380
Multiple Races	20.2%	(10.7%-29.7%)	15	17.4%	(9.0%-25.7%)	9	25.8%	(8.8%-42.8%)	7

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	65.7%	(51.2%-80.2%)	2,221	65.0%	(49.7%-80.4%)	1,093	66.5%	(52.5%-80.6%)	1,112
<b>----Age----</b>									
12 or younger	67.8%	(54.6%-81.0%)	588	68.9%	(55.0%-82.9%)	329	66.3%	(53.5%-79.0%)	258
13	64.9%	(49.8%-80.0%)	1,058	63.5%	(47.1%-79.9%)	526	66.6%	(51.9%-81.3%)	522
14 or older	65.2%	(48.7%-81.7%)	571	63.4%	(46.3%-80.5%)	239	66.8%	(50.4%-83.1%)	332
<b>----Grade----</b>									
Grade 7	67.0%	(53.9%-80.0%)	1,072	67.2%	(53.5%-80.8%)	552	66.8%	(53.7%-79.9%)	516
Grade 8	64.2%	(46.9%-81.5%)	1,122	62.7%	(44.3%-81.0%)	533	66.1%	(49.6%-82.6%)	584
<b>----Hispanic Ethnicity----</b>									
Hispanic	73.1%	(59.6%-86.7%)	48	71.6%	(55.4%-87.8%)	30	75.8%	(61.1%-90.4%)	19
Non-Hispanic	65.3%	(50.4%-80.1%)	2,000	65.0%	(49.3%-80.6%)	990	65.8%	(51.4%-80.1%)	1,000
<b>----Race----</b>									
American Indian or Alaskan Native	69.1%	(53.5%-84.7%)	51	63.3%	(38.4%-88.3%)	20	74.8%	(59.8%-89.7%)	30
Asian	44.9%	(12.5%-77.3%)	8	*	*	*	*	*	*
Black or African American	68.9%	(51.6%-86.3%)	23	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	65.9%	(51.5%-80.3%)	2,027	65.5%	(50.3%-80.7%)	998	66.5%	(52.4%-80.5%)	1,019
Multiple Races	65.9%	(50.6%-81.1%)	56	61.3%	(43.0%-79.7%)	32	74.8%	(59.4%-90.3%)	24

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CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school (mndlype)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.2%	(5.5%-19.0%)	413	11.1%	(5.3%-16.9%)	187	13.2%	(5.2%-21.3%)	221
<b>----Age----</b>									
12 or younger	14.1%	(6.4%-21.7%)	122	14.2%	(6.9%-21.5%)	68	14.0%	(4.2%-23.8%)	55
13	11.9%	(5.5%-18.3%)	195	9.8%	(4.2%-15.3%)	81	14.0%	(6.0%-22.1%)	110
14 or older	10.8%	(3.5%-18.0%)	94	10.2%	(2.7%-17.7%)	38	11.3%	(3.7%-18.8%)	56
<b>----Grade----</b>									
Grade 7	14.3%	(6.6%-22.0%)	229	13.3%	(6.7%-19.9%)	109	15.3%	(5.9%-24.6%)	118
Grade 8	10.3%	(3.9%-16.7%)	180	9.0%	(3.1%-15.0%)	77	11.6%	(4.2%-19.0%)	103
<b>----Hispanic Ethnicity----</b>									
Hispanic	13.4%	(5.1%-21.7%)	9	*	*	*	*	*	*
Non-Hispanic	11.9%	(5.1%-18.8%)	365	10.4%	(4.6%-16.2%)	158	13.4%	(5.1%-21.6%)	203
<b>----Race----</b>									
American Indian or Alaskan Native	13.1%	(3.7%-22.5%)	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.8%	(4.0%-29.6%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.0%	(5.2%-18.8%)	370	11.0%	(4.9%-17.1%)	168	13.1%	(5.3%-20.9%)	201
Multiple Races	10.8%	(3.0%-18.6%)	9	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who attended physical education (PE) classes daily in an average week when they were in school (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)  
 (mn180)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.4%	(18.3%-32.6%)	881	23.0%	(14.9%-31.1%)	392	27.2%	(19.8%-34.6%)	472
<b>----Age----</b>									
12 or younger	26.4%	(15.2%-37.6%)	244	25.8%	(13.1%-38.5%)	128	26.4%	(14.5%-38.3%)	112
13	25.6%	(18.1%-33.0%)	427	21.0%	(13.5%-28.6%)	181	29.9%	(20.8%-39.0%)	237
14 or older	23.4%	(13.5%-33.4%)	202	23.9%	(13.8%-34.0%)	83	23.2%	(10.3%-36.2%)	119
<b>----Grade----</b>									
Grade 7	28.4%	(20.5%-36.3%)	472	25.2%	(15.6%-34.8%)	212	31.4%	(22.4%-40.4%)	256
Grade 8	22.5%	(14.3%-30.7%)	400	20.9%	(13.1%-28.7%)	180	23.8%	(14.4%-33.2%)	214
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.7%	(10.4%-38.9%)	15	*	*	*	*	*	*
Non-Hispanic	25.1%	(17.4%-32.7%)	798	22.4%	(13.9%-30.8%)	352	27.3%	(19.4%-35.2%)	433
<b>----Race----</b>									
American Indian or Alaskan Native	27.6%	(7.5%-47.6%)	22	23.9%	(0.1%-47.8%)	9	30.8%	(8.1%-53.5%)	13
Asian	50.6%	(21.0%-80.1%)	11	*	*	*	*	*	*
Black or African American	33.1%	(16.4%-49.9%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.3%	(17.8%-32.8%)	800	23.1%	(14.7%-31.5%)	355	27.1%	(19.2%-35.0%)	435
Multiple Races	23.7%	(14.8%-32.6%)	19	*	*	*	*	*	*

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)*  
*Percentage of students who answered at least one team*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	64.3%	(58.7%-70.0%)	2,240	64.3%	(57.9%-70.7%)	1,099	64.5%	(57.8%-71.2%)	1,126
<b>----Age----</b>									
12 or younger	62.0%	(54.0%-70.0%)	581	59.4%	(52.0%-66.9%)	298	65.4%	(53.9%-77.0%)	283
13	68.0%	(61.8%-74.2%)	1,129	68.9%	(62.0%-75.9%)	586	66.6%	(58.3%-75.0%)	528
14 or older	60.4%	(52.6%-68.2%)	531	60.0%	(46.5%-73.6%)	216	61.0%	(51.2%-70.8%)	315
<b>----Grade----</b>									
Grade 7	62.5%	(54.9%-70.0%)	1,039	59.4%	(52.4%-66.3%)	501	65.9%	(56.4%-75.5%)	538
Grade 8	66.6%	(61.6%-71.7%)	1,190	69.1%	(61.1%-77.0%)	598	64.4%	(57.9%-70.8%)	583
<b>----Hispanic Ethnicity----</b>									
Hispanic	54.4%	(40.8%-68.0%)	33	57.1%	(39.7%-74.5%)	22	49.5%	(24.8%-74.3%)	11
Non-Hispanic	64.8%	(59.1%-70.5%)	2,072	64.8%	(58.2%-71.3%)	1,023	64.9%	(58.1%-71.7%)	1,038
<b>----Race----</b>									
American Indian or Alaskan Native	52.8%	(35.7%-69.9%)	43	45.9%	(21.9%-69.9%)	17	59.0%	(39.4%-78.5%)	25
Asian	58.5%	(37.8%-79.1%)	12	*	*	*	*	*	*
Black or African American	65.3%	(53.9%-76.8%)	20	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	64.8%	(59.2%-70.5%)	2,063	65.0%	(58.4%-71.6%)	1,004	64.8%	(58.0%-71.7%)	1,046
Multiple Races	52.3%	(40.3%-64.3%)	41	47.8%	(32.5%-63.1%)	25	60.6%	(39.0%-82.3%)	17

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N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*On an average school night, how many hours of sleep do you get? (mn178)*  
*Percentage of students who answered at least 8 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	50.6%	(46.5%-54.8%)	1,753	46.8%	(42.2%-51.4%)	791	54.8%	(48.2%-61.4%)	956
<b>----Age----</b>									
12 or younger	59.1%	(52.8%-65.3%)	548	55.4%	(46.9%-63.9%)	276	63.9%	(54.6%-73.2%)	273
13	50.7%	(46.4%-55.1%)	840	47.0%	(40.7%-53.3%)	394	55.2%	(48.0%-62.3%)	440
14 or older	41.6%	(31.7%-51.5%)	364	34.3%	(23.1%-45.5%)	121	46.8%	(36.5%-57.1%)	243
<b>----Grade----</b>									
Grade 7	53.9%	(49.2%-58.7%)	894	51.3%	(43.2%-59.3%)	426	56.9%	(49.2%-64.7%)	468
Grade 8	47.4%	(41.6%-53.1%)	839	42.5%	(36.5%-48.5%)	365	52.4%	(45.4%-59.5%)	472
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.0%	(32.9%-59.2%)	28	44.4%	(28.5%-60.3%)	17	49.0%	(33.5%-64.5%)	11
Non-Hispanic	50.5%	(46.0%-55.0%)	1,611	46.1%	(40.9%-51.2%)	720	55.2%	(48.8%-61.6%)	884
<b>----Race----</b>									
American Indian or Alaskan Native	40.1%	(23.6%-56.7%)	31	45.5%	(21.0%-70.1%)	17	35.3%	(20.4%-50.3%)	15
Asian	42.5%	(11.5%-73.5%)	9	*	*	*	*	*	*
Black or African American	34.6%	(9.1%-60.1%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	51.6%	(47.0%-56.3%)	1,634	47.2%	(41.9%-52.4%)	721	56.4%	(49.0%-63.8%)	910
Multiple Races	35.8%	(25.2%-46.4%)	28	30.2%	(16.0%-44.4%)	16	46.9%	(27.0%-66.8%)	12

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*During the past 12 months, how would you describe your grades in school? (mn171)*  
*Percentage of students who answered 'Mostly A's' or 'Mostly B's'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	72.5%	(65.2%-79.8%)	2,470	77.8%	(68.4%-87.2%)	1,297	67.9%	(62.1%-73.6%)	1,160
<b>----Age----</b>									
12 or younger	69.9%	(61.0%-78.7%)	636	75.9%	(64.8%-87.1%)	369	63.5%	(50.8%-76.2%)	266
13	72.5%	(63.6%-81.4%)	1,185	76.6%	(66.0%-87.1%)	638	68.4%	(60.4%-76.4%)	535
14 or older	75.9%	(70.4%-81.4%)	649	83.4%	(74.1%-92.6%)	290	71.2%	(65.5%-76.8%)	359
<b>----Grade----</b>									
Grade 7	71.1%	(62.9%-79.3%)	1,158	75.5%	(64.5%-86.5%)	623	67.0%	(58.5%-75.4%)	536
Grade 8	74.0%	(66.3%-81.7%)	1,291	80.1%	(70.4%-89.7%)	675	68.4%	(61.9%-74.9%)	608
<b>----Hispanic Ethnicity----</b>									
Hispanic	57.5%	(44.2%-70.9%)	34	67.3%	(51.5%-83.1%)	25	40.8%	(23.3%-58.3%)	9
Non-Hispanic	73.3%	(65.9%-80.7%)	2,297	78.9%	(68.6%-89.1%)	1,219	68.1%	(62.7%-73.6%)	1,066
<b>----Race----</b>									
American Indian or Alaskan Native	61.7%	(47.6%-75.9%)	46	63.6%	(37.0%-90.2%)	23	60.1%	(42.4%-77.8%)	24
Asian	68.5%	(31.3%-100.0%)	13	*	*	*	*	*	*
Black or African American	47.7%	(28.4%-67.0%)	13	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	73.6%	(66.5%-80.7%)	2,296	79.7%	(70.2%-89.2%)	1,205	68.2%	(62.4%-73.9%)	1,082
Multiple Races	64.1%	(44.9%-83.3%)	49	66.4%	(48.8%-84.0%)	34	59.6%	(30.9%-88.2%)	15

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)*  
*Percentage of students who answered at least 1 hour*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	36.2%	(32.1%-40.3%)	1,251	41.3%	(38.5%-44.1%)	699	31.1%	(24.4%-37.8%)	540
<b>----Age----</b>									
12 or younger	36.9%	(29.7%-44.0%)	333	41.7%	(33.7%-49.8%)	204	31.5%	(21.3%-41.7%)	129
13	35.6%	(30.5%-40.7%)	594	38.7%	(33.7%-43.8%)	328	31.6%	(23.6%-39.6%)	254
14 or older	36.4%	(30.4%-42.4%)	320	46.8%	(38.9%-54.7%)	167	29.5%	(22.3%-36.7%)	153
<b>----Grade----</b>									
Grade 7	34.2%	(29.6%-38.8%)	561	39.4%	(35.7%-43.1%)	325	29.1%	(20.1%-38.1%)	236
Grade 8	38.0%	(32.4%-43.6%)	680	43.1%	(36.9%-49.2%)	374	33.2%	(25.5%-40.9%)	300
<b>----Hispanic Ethnicity----</b>									
Hispanic	36.8%	(18.1%-55.6%)	22	*	*	*	*	*	*
Non-Hispanic	36.5%	(32.0%-41.0%)	1,164	40.6%	(37.3%-43.9%)	638	32.5%	(25.5%-39.5%)	518
<b>----Race----</b>									
American Indian or Alaskan Native	34.5%	(13.2%-55.9%)	28	32.9%	(2.6%-63.1%)	12	36.0%	(14.0%-58.0%)	15
Asian	45.9%	(15.7%-76.0%)	10	*	*	*	*	*	*
Black or African American	32.0%	(6.5%-57.5%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	36.0%	(31.8%-40.2%)	1,137	41.2%	(37.8%-44.7%)	630	30.8%	(24.2%-37.4%)	495
Multiple Races	42.5%	(28.3%-56.7%)	33	45.0%	(27.5%-62.4%)	23	37.5%	(15.6%-59.5%)	10

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N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	76.6%	(73.5%-79.7%)	2,632	77.4%	(73.9%-80.9%)	1,318	76.2%	(71.7%-80.7%)	1,299
<b>----Age----</b>									
12 or younger	75.3%	(73.0%-77.7%)	664	73.4%	(69.4%-77.5%)	356	77.5%	(73.0%-82.0%)	306
13	77.1%	(73.1%-81.1%)	1,274	79.2%	(74.6%-83.8%)	659	75.7%	(69.9%-81.5%)	608
14 or older	77.0%	(71.7%-82.4%)	688	78.5%	(72.3%-84.6%)	303	75.8%	(69.7%-82.0%)	383
<b>----Grade----</b>									
Grade 7	74.6%	(71.5%-77.6%)	1,212	74.4%	(71.2%-77.7%)	615	74.5%	(69.4%-79.6%)	591
Grade 8	78.4%	(73.6%-83.3%)	1,391	80.0%	(74.1%-85.9%)	694	77.4%	(71.7%-83.1%)	691
<b>----Hispanic Ethnicity----</b>									
Hispanic	68.7%	(60.0%-77.4%)	45	64.4%	(51.7%-77.1%)	26	75.5%	(64.1%-86.8%)	19
Non-Hispanic	76.3%	(73.0%-79.6%)	2,370	77.2%	(73.5%-80.9%)	1,188	75.7%	(70.8%-80.5%)	1,170
<b>----Race----</b>									
American Indian or Alaskan Native	74.4%	(61.9%-86.9%)	56	77.7%	(65.0%-90.4%)	26	72.8%	(56.4%-89.2%)	30
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	76.9%	(73.6%-80.1%)	2,395	77.7%	(74.1%-81.3%)	1,197	76.3%	(71.5%-81.1%)	1,187
Multiple Races	76.5%	(69.3%-83.7%)	67	80.4%	(70.4%-90.4%)	43	69.9%	(58.0%-81.8%)	24

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*How often does one of your parents talk with you about what you are doing in school? (mn144)*  
*Percentage of students who answered 'About every day' or 'About once or twice a week'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.6%	(81.2%-85.9%)	2,883	83.7%	(79.6%-87.7%)	1,426	83.7%	(81.5%-85.8%)	1,437
<b>----Age----</b>									
12 or younger	85.1%	(82.0%-88.2%)	754	83.6%	(79.3%-87.8%)	406	87.3%	(83.0%-91.5%)	346
13	84.2%	(81.3%-87.0%)	1,389	83.9%	(79.1%-88.8%)	697	84.6%	(81.4%-87.8%)	678
14 or older	81.1%	(77.8%-84.4%)	735	83.2%	(76.7%-89.7%)	323	79.4%	(74.3%-84.6%)	410
<b>----Grade----</b>									
Grade 7	83.6%	(81.0%-86.1%)	1,361	82.9%	(79.1%-86.6%)	687	84.4%	(81.2%-87.7%)	669
Grade 8	83.5%	(80.2%-86.8%)	1,490	84.3%	(78.6%-90.0%)	731	82.9%	(80.4%-85.5%)	751
<b>----Hispanic Ethnicity----</b>									
Hispanic	74.9%	(67.1%-82.8%)	49	*	*	*	*	*	*
Non-Hispanic	83.8%	(81.2%-86.4%)	2,618	84.0%	(79.8%-88.3%)	1,296	83.8%	(81.4%-86.1%)	1,308
<b>----Race----</b>									
American Indian or Alaskan Native	81.1%	(75.1%-87.1%)	59	80.5%	(67.1%-93.9%)	27	83.0%	(74.0%-91.9%)	32
Asian	*	*	*	*	*	*	*	*	*
Black or African American	70.0%	(57.9%-82.2%)	22	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	84.2%	(81.9%-86.6%)	2,641	84.0%	(80.0%-88.0%)	1,299	84.7%	(82.7%-86.7%)	1,329
Multiple Races	78.6%	(71.8%-85.4%)	69	76.9%	(68.3%-85.4%)	41	80.9%	(70.2%-91.6%)	27

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'About every day' or 'About once or twice a week' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**  
*How often does your family give you love and support? (mn188)*  
*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	82.1%	(79.2%-85.0%)	2,827	81.7%	(78.7%-84.6%)	1,387	82.8%	(78.2%-87.4%)	1,422
<b>----Age----</b>									
12 or younger	84.0%	(79.1%-88.9%)	743	83.1%	(77.8%-88.5%)	402	85.0%	(77.3%-92.8%)	339
13	82.1%	(79.1%-85.2%)	1,355	82.4%	(79.5%-85.2%)	681	82.2%	(77.5%-86.9%)	662
14 or older	80.2%	(76.4%-84.1%)	724	78.3%	(70.6%-86.0%)	304	82.0%	(77.2%-86.8%)	419
<b>----Grade----</b>									
Grade 7	83.5%	(80.2%-86.8%)	1,361	84.2%	(80.9%-87.6%)	694	82.6%	(76.2%-89.1%)	660
Grade 8	80.9%	(77.9%-83.9%)	1,438	79.0%	(74.6%-83.4%)	685	83.2%	(79.5%-86.9%)	747
<b>----Hispanic Ethnicity----</b>									
Hispanic	72.0%	(62.2%-81.8%)	48	74.1%	(61.3%-86.9%)	30	68.7%	(59.0%-78.5%)	18
Non-Hispanic	82.4%	(79.3%-85.4%)	2,566	81.8%	(78.7%-84.9%)	1,257	83.2%	(78.4%-88.1%)	1,297
<b>----Race----</b>									
American Indian or Alaskan Native	71.7%	(62.3%-81.1%)	54	71.1%	(55.6%-86.7%)	24	73.3%	(62.5%-84.1%)	30
Asian	*	*	*	*	*	*	*	*	*
Black or African American	72.5%	(53.0%-92.1%)	22	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	82.7%	(79.8%-85.5%)	2,586	82.0%	(79.0%-85.1%)	1,262	83.6%	(79.2%-88.0%)	1,312
Multiple Races	81.1%	(74.6%-87.6%)	71	85.1%	(76.8%-93.3%)	45	74.5%	(62.3%-86.8%)	25

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CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Central Maine PHD (weighted)**

*Do you agree or disagree that in your community you feel like you matter to people? (mn148)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	57.4%	(53.6%-61.2%)	1,974	54.5%	(50.2%-58.9%)	924	60.3%	(56.0%-64.5%)	1,035
<b>----Age----</b>									
12 or younger	59.8%	(53.5%-66.1%)	531	56.3%	(49.6%-63.0%)	272	63.8%	(56.9%-70.7%)	256
13	57.0%	(53.8%-60.2%)	936	54.2%	(49.7%-58.7%)	447	60.3%	(55.7%-64.8%)	482
14 or older	55.8%	(49.8%-61.7%)	503	53.0%	(45.1%-60.9%)	205	57.7%	(51.6%-63.7%)	296
<b>----Grade----</b>									
Grade 7	58.4%	(54.5%-62.3%)	952	54.7%	(50.6%-58.9%)	451	62.0%	(57.1%-66.9%)	496
Grade 8	56.2%	(51.9%-60.5%)	997	54.4%	(48.7%-60.1%)	469	58.5%	(53.6%-63.3%)	525
<b>----Hispanic Ethnicity----</b>									
Hispanic	45.5%	(37.3%-53.7%)	30	45.5%	(34.3%-56.7%)	18	45.5%	(32.6%-58.3%)	12
Non-Hispanic	57.8%	(54.3%-61.3%)	1,799	54.4%	(50.2%-58.5%)	833	61.3%	(57.1%-65.5%)	956
<b>----Race----</b>									
American Indian or Alaskan Native	45.9%	(36.9%-54.8%)	34	40.1%	(30.7%-49.4%)	13	51.6%	(40.2%-63.0%)	20
Asian	55.3%	(34.1%-76.5%)	11	*	*	*	*	*	*
Black or African American	48.8%	(30.0%-67.5%)	15	38.6%	(9.1%-68.0%)	6	59.2%	(38.8%-79.5%)	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	58.3%	(54.5%-62.0%)	1,821	55.4%	(51.1%-59.8%)	851	61.1%	(56.7%-65.4%)	960
Multiple Races	42.8%	(34.2%-51.4%)	38	43.3%	(33.9%-52.6%)	23	40.9%	(29.4%-52.4%)	14

\*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Central Maine PHD (weighted)**

Have you ever bet money or something else of value? (Include if you bet at a casino, race track, or online, bought lottery tickets, bet on a sports team, or played cards or other games for money or things.) (mn142a)  
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.2%	(25.5%-29.0%)	934	18.2%	(15.6%-20.8%)	305	36.1%	(33.5%-38.7%)	623
<b>----Age----</b>									
12 or younger	25.4%	(20.6%-30.2%)	232	17.8%	(11.8%-23.8%)	87	34.6%	(27.4%-41.9%)	144
13	27.3%	(23.8%-30.7%)	447	19.1%	(15.4%-22.9%)	159	36.1%	(30.4%-41.7%)	285
14 or older	28.9%	(24.2%-33.6%)	252	16.5%	(10.0%-23.1%)	58	37.0%	(29.0%-44.9%)	190
<b>----Grade----</b>									
Grade 7	24.7%	(22.2%-27.2%)	403	16.3%	(12.5%-20.1%)	133	33.2%	(29.4%-37.0%)	270
Grade 8	29.1%	(25.9%-32.3%)	513	19.9%	(15.3%-24.4%)	170	37.9%	(33.2%-42.5%)	337
<b>----Hispanic Ethnicity----</b>									
Hispanic	26.1%	(15.6%-36.6%)	16	20.4%	(3.1%-37.7%)	8	37.0%	(19.5%-54.4%)	8
Non-Hispanic	26.9%	(24.8%-29.0%)	848	17.3%	(14.3%-20.4%)	268	36.2%	(33.5%-38.9%)	575
<b>----Race----</b>									
American Indian or Alaskan Native	15.3%	(6.9%-23.6%)	12	*	*	*	*	*	*
Asian	42.5%	(9.3%-75.8%)	9	*	*	*	*	*	*
Black or African American	27.6%	(14.4%-40.8%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.3%	(25.4%-29.2%)	853	17.3%	(14.0%-20.6%)	262	36.7%	(34.3%-39.1%)	586
Multiple Races	34.8%	(24.2%-45.4%)	28	32.4%	(16.3%-48.6%)	17	39.5%	(22.0%-56.9%)	11

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.