



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, RACE,  
AND PUBLIC HEALTH DISTRICT**

**MAINE  
2019 MIYHS GRADE 5 - 6 REPORT**

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	%	CI	N	n
Total	100.0%		27,128	7,999
<b>---Sex---</b>				
Female	47.5%	( 46.2% - 48.7% )	12,880	3,833
Male	50.5%	( 49.4% - 51.6% )	13,703	4,004
Missing	2.0%	( 1.5% - 2.6% )	546	162
<b>---Grade---</b>				
Grade 5	48.9%	( 38.0% - 59.8% )	13,260	2,631
Grade 6	50.0%	( 39.2% - 60.8% )	13,558	5,280
Missing	1.1%	( 0.8% - 1.5% )	310	88
<b>---Age---</b>				
10 or Younger	27.0%	( 20.4% - 33.6% )	7,326	1,453
11	48.9%	( 46.6% - 51.1% )	13,258	4,012
12 or Older	23.8%	( 18.9% - 28.6% )	6,443	2,500
Missing	0.4%	( 0.2% - 0.6% )	101	34
<b>---Hispanic Ethnicity---</b>				
Hispanic	2.0%	( 1.7% - 2.3% )	536	282
Non-Hispanic	77.9%	( 74.1% - 81.6% )	21,131	6,317
Missing	20.1%	( 16.3% - 24.0% )	5,461	1,400
<b>---Race---</b>				
American Indian or Alaskan Native	2.4%	( 2.0% - 2.9% )	665	298
Asian	1.2%	( 0.7% - 1.7% )	317	129
Black or African American	2.7%	( 1.4% - 3.9% )	722	293
Native Hawaiian or Other Pacific Islander	0.2%	( 0.1% - 0.3% )	56	26
White	84.2%	( 82.1% - 86.2% )	22,830	6,407

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	<b>%</b>	<b>CI</b>	<b>N</b>	<b>n</b>
Multiple Races	3.6%	( 3.1% - 4.0% )	967	405
Missing	5.8%	( 4.8% - 6.8% )	1,572	441

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	%	CI	N	n
<b>----Public Health District----</b>				
Aroostook PHD	3.4%	( 1.7% - 5.1% )	918	500
Central Maine PHD	15.7%	( 10.8% - 20.5% )	4,246	1,108
Cumberland PHD	23.1%	( 13.2% - 33.1% )	6,280	1,870
Downeast PHD	5.6%	( 2.3% - 9.0% )	1,528	482
Mid-Coast PHD	11.2%	( 8.2% - 14.2% )	3,031	1,171
Penquis PHD	18.7%	( 12.2% - 25.3% )	5,079	1,238
Western Maine PHD	13.3%	( 7.7% - 18.8% )	3,600	752
York PHD	9.0%	( 4.3% - 13.7% )	2,447	878

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Demographics*

	%	CI	N	n
<b>---County---</b>				
Androscoggin County	4.1%	( 0.0% - 9.1% )	1,103	222
Aroostook County	3.4%	( 1.7% - 5.1% )	918	500
Cumberland County	23.1%	( 13.2% - 33.1% )	6,280	1,870
Franklin County	3.4%	( 0.0% - 9.2% )	924	176
Hancock County	3.7%	( 0.0% - 7.3% )	994	301
Kennebec County	12.0%	( 6.6% - 17.4% )	3,256	811
Knox County	2.9%	( 0.0% - 5.8% )	777	364
Lincoln County	1.3%	( 0.0% - 2.7% )	356	121
Oxford County	5.8%	( 1.3% - 10.3% )	1,573	354
Penobscot County	14.8%	( 7.8% - 21.8% )	4,022	1,040
Piscataquis County	3.9%	( 0.0% - 9.7% )	1,057	198
Sagadahoc County	4.1%	( 1.3% - 6.9% )	1,110	403
Somerset County	3.6%	( 0.4% - 6.9% )	990	297
Waldo County	2.9%	( 0.5% - 5.3% )	788	283
Washington County	2.0%	( 0.7% - 3.2% )	533	181
York County	9.0%	( 4.3% - 13.7% )	2,447	878

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enowt2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.2%	(15.2%-19.2%)	2,014	16.3%	(13.6%-19.0%)	923	18.1%	(15.4%-20.8%)	1,091
<b>----Age----</b>									
10 or younger	16.9%	(14.5%-19.3%)	1,092	16.3%	(12.8%-19.7%)	558	17.6%	(13.5%-21.6%)	534
11	17.3%	(14.1%-20.4%)	870	16.2%	(12.6%-19.9%)	355	18.0%	(13.8%-22.3%)	515
12 or older	27.0%	(7.9%-46.0%)	52	19.3%	(0.0%-42.3%)	10	29.9%	(7.1%-52.8%)	42
<b>----Grade----</b>									
Grade 5	17.2%	(15.2%-19.2%)	2,014	16.3%	(13.6%-19.0%)	923	18.1%	(15.4%-20.8%)	1,091
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.5%	(8.9%-28.2%)	42	20.5%	(6.5%-34.6%)	29	15.3%	(0.7%-29.9%)	13
Non-Hispanic	17.2%	(14.8%-19.6%)	1,432	16.7%	(13.4%-20.0%)	672	17.6%	(14.8%-20.5%)	760
<b>----Race----</b>									
American Indian or Alaskan Native	26.5%	(15.9%-37.1%)	87	29.0%	(9.7%-48.3%)	37	24.9%	(11.2%-38.6%)	50
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.2%	(2.3%-30.0%)	30	22.0%	(0.0%-49.4%)	16	12.3%	(0.0%-27.5%)	14
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.6%	(15.5%-19.7%)	1,725	17.0%	(14.0%-20.0%)	819	18.2%	(15.4%-21.0%)	906
Multiple Races	13.8%	(5.8%-21.8%)	59	12.7%	(2.9%-22.6%)	23	14.6%	(2.8%-26.4%)	36

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enowt2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	20.3%	(14.7%-25.8%)	113	20.7%	(15.5%-25.8%)	58	19.9%	(8.5%-31.3%)	55
Central Maine PHD	19.8%	(15.7%-24.0%)	300	17.4%	(12.3%-22.4%)	129	22.2%	(15.9%-28.5%)	172
Cumberland PHD	16.5%	(10.4%-22.5%)	454	15.6%	(9.9%-21.4%)	213	17.3%	(10.6%-23.9%)	241
Downeast PHD	14.1%	(4.7%-23.5%)	92	14.1%	(1.8%-26.4%)	48	14.1%	(5.8%-22.5%)	45
Mid-Coast PHD	18.3%	(13.9%-22.6%)	181	18.2%	(10.4%-26.1%)	84	18.3%	(12.9%-23.6%)	97
Penquis PHD	17.4%	(13.3%-21.5%)	272	15.6%	(10.4%-20.7%)	115	19.0%	(14.8%-23.3%)	157
Western Maine PHD	11.7%	(5.9%-17.5%)	224	10.2%	(0.0%-20.4%)	92	13.1%	(4.8%-21.4%)	131
York PHD	18.4%	(16.7%-20.0%)	368	19.8%	(8.0%-31.6%)	190	17.0%	(9.1%-25.0%)	178

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enobese2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.5%	(19.2%-25.9%)	2,636	21.8%	(17.7%-25.9%)	1,233	23.2%	(19.8%-26.7%)	1,403
<b>----Age----</b>									
10 or younger	24.1%	(20.1%-28.0%)	1,556	23.4%	(18.7%-28.0%)	799	24.9%	(20.2%-29.6%)	757
11	20.7%	(16.4%-25.0%)	1,043	19.3%	(13.5%-25.1%)	422	21.7%	(16.3%-27.2%)	621
12 or older	19.1%	(2.6%-35.6%)	37	22.5%	(0.0%-52.0%)	12	17.7%	(0.0%-36.2%)	25
<b>----Grade----</b>									
Grade 5	22.5%	(19.2%-25.9%)	2,636	21.8%	(17.7%-25.9%)	1,233	23.2%	(19.8%-26.7%)	1,403
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>----Hispanic Ethnicity----</b>									
Hispanic	31.6%	(17.9%-45.3%)	72	32.6%	(14.2%-50.9%)	46	30.0%	(14.1%-46.0%)	26
Non-Hispanic	23.1%	(19.5%-26.7%)	1,921	22.2%	(18.0%-26.4%)	893	23.9%	(19.6%-28.1%)	1,028
<b>----Race----</b>									
American Indian or Alaskan Native	18.2%	(9.2%-27.3%)	60	20.7%	(1.4%-39.9%)	27	16.7%	(5.5%-27.9%)	33
Asian	22.6%	(0.0%-47.6%)	24	*	*	*	*	*	*
Black or African American	33.8%	(18.1%-49.4%)	63	41.9%	(19.7%-64.2%)	31	28.5%	(8.1%-48.8%)	32
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.6%	(19.2%-26.1%)	2,220	22.3%	(17.9%-26.7%)	1,076	22.9%	(19.2%-26.7%)	1,144
Multiple Races	26.3%	(18.0%-34.6%)	112	26.0%	(10.0%-42.0%)	47	26.5%	(12.9%-40.2%)	65

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enobese2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	23.6%	(15.7%-31.6%)	132	16.0%	(7.5%-24.5%)	45	31.3%	(21.8%-40.8%)	87
Central Maine PHD	25.0%	(19.1%-30.9%)	379	25.6%	(16.4%-34.8%)	190	24.4%	(17.7%-31.1%)	189
Cumberland PHD	13.0%	(8.1%-18.0%)	359	12.0%	(6.7%-17.2%)	163	14.0%	(9.2%-18.9%)	196
Downeast PHD	19.9%	(4.7%-35.0%)	130	17.7%	(0.0%-35.9%)	60	22.2%	(8.0%-36.3%)	70
Mid-Coast PHD	28.4%	(23.6%-33.2%)	281	27.8%	(20.9%-34.6%)	128	28.9%	(22.5%-35.3%)	153
Penquis PHD	26.4%	(20.9%-31.9%)	414	24.3%	(17.9%-30.7%)	180	28.4%	(21.0%-35.7%)	234
Western Maine PHD	19.6%	(5.0%-34.2%)	376	22.5%	(1.2%-43.9%)	205	17.0%	(6.6%-27.3%)	170
York PHD	17.8%	(7.7%-27.9%)	356	18.1%	(3.4%-32.9%)	174	17.5%	(8.7%-26.2%)	182

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enowtob)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	39.8%	(35.7%-43.8%)	4,650	38.1%	(33.1%-43.0%)	2,156	41.3%	(36.9%-45.8%)	2,494
<b>----Age----</b>									
10 or younger	41.0%	(36.3%-45.7%)	2,648	39.6%	(34.1%-45.2%)	1,357	42.5%	(36.8%-48.2%)	1,291
11	37.9%	(33.1%-42.7%)	1,913	35.5%	(28.8%-42.3%)	777	39.8%	(34.7%-44.9%)	1,137
12 or older	46.0%	(24.4%-67.7%)	89	41.8%	(5.7%-77.9%)	23	47.7%	(25.3%-70.1%)	66
<b>----Grade----</b>									
Grade 5	39.8%	(35.7%-43.8%)	4,650	38.1%	(33.1%-43.0%)	2,156	41.3%	(36.9%-45.8%)	2,494
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>----Hispanic Ethnicity----</b>									
Hispanic	50.1%	(36.7%-63.6%)	114	53.1%	(33.3%-72.9%)	75	45.3%	(28.3%-62.3%)	39
Non-Hispanic	40.3%	(36.2%-44.3%)	3,353	38.9%	(33.8%-44.0%)	1,565	41.5%	(36.5%-46.5%)	1,787
<b>----Race----</b>									
American Indian or Alaskan Native	44.7%	(31.6%-57.9%)	147	49.6%	(27.4%-71.8%)	64	41.6%	(26.0%-57.2%)	83
Asian	22.6%	(0.0%-47.6%)	24	*	*	*	*	*	*
Black or African American	49.9%	(33.9%-65.9%)	94	63.9%	(41.1%-86.7%)	47	40.8%	(20.3%-61.3%)	46
Native Hawaiian or Other Pacific Islander	39.0%	(0.0%-82.4%)	10	*	*	*	*	*	*
White	40.2%	(36.3%-44.2%)	3,945	39.3%	(34.2%-44.4%)	1,895	41.1%	(36.5%-45.8%)	2,050
Multiple Races	40.1%	(29.1%-51.1%)	171	38.7%	(23.2%-54.3%)	71	41.1%	(23.3%-59.0%)	100

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enowtob)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	43.9%	(32.4%-55.4%)	245	36.7%	(28.6%-44.7%)	103	51.2%	(32.7%-69.6%)	142
Central Maine PHD	44.8%	(36.4%-53.2%)	679	43.0%	(32.8%-53.2%)	318	46.6%	(37.7%-55.4%)	361
Cumberland PHD	29.5%	(18.6%-40.3%)	814	27.6%	(17.2%-38.0%)	376	31.3%	(19.9%-42.6%)	438
Downeast PHD	34.0%	(10.9%-57.0%)	222	31.8%	(3.2%-60.5%)	108	36.3%	(17.9%-54.7%)	115
Mid-Coast PHD	46.6%	(40.1%-53.2%)	461	46.0%	(36.0%-56.0%)	212	47.1%	(38.7%-55.6%)	249
Penquis PHD	43.8%	(38.4%-49.3%)	687	39.8%	(32.5%-47.1%)	295	47.4%	(40.2%-54.7%)	391
Western Maine PHD	31.3%	(14.9%-47.7%)	599	32.7%	(8.3%-57.0%)	298	30.1%	(16.3%-43.9%)	302
York PHD	36.1%	(26.6%-45.7%)	724	37.9%	(23.4%-52.4%)	364	34.5%	(24.1%-44.9%)	360

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*N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enhlthwt2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.2%	(48.6%-55.9%)	6,109	52.9%	(48.3%-57.6%)	2,998	51.6%	(47.4%-55.7%)	3,111
<b>----Age----</b>									
10 or younger	52.3%	(47.8%-56.7%)	3,378	53.4%	(48.5%-58.3%)	1,828	51.0%	(45.1%-56.9%)	1,550
11	52.7%	(48.3%-57.2%)	2,660	52.5%	(45.7%-59.3%)	1,148	52.9%	(48.3%-57.6%)	1,512
12 or older	36.9%	(12.9%-60.9%)	71	40.2%	(0.0%-80.9%)	22	35.6%	(11.9%-59.4%)	50
<b>----Grade----</b>									
Grade 5	52.2%	(48.6%-55.9%)	6,109	52.9%	(48.3%-57.6%)	2,998	51.6%	(47.4%-55.7%)	3,111
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>----Hispanic Ethnicity----</b>									
Hispanic	43.9%	(30.5%-57.3%)	100	38.6%	(19.9%-57.2%)	55	52.8%	(35.7%-69.8%)	45
Non-Hispanic	51.9%	(48.7%-55.2%)	4,326	51.7%	(47.1%-56.2%)	2,078	52.2%	(47.6%-56.8%)	2,248
<b>----Race----</b>									
American Indian or Alaskan Native	47.9%	(36.1%-59.7%)	157	39.3%	(17.0%-61.7%)	51	53.4%	(38.7%-68.2%)	106
Asian	57.8%	(35.6%-80.0%)	60	72.9%	(61.1%-84.6%)	33	46.3%	(14.1%-78.4%)	27
Black or African American	45.2%	(31.5%-58.8%)	85	36.1%	(13.3%-58.9%)	27	51.1%	(34.4%-67.7%)	58
Native Hawaiian or Other Pacific Islander	61.0%	(17.6%-100.0%)	15	*	*	*	*	*	*
White	51.8%	(48.1%-55.6%)	5,085	51.8%	(47.1%-56.5%)	2,497	51.9%	(47.1%-56.7%)	2,588
Multiple Races	53.4%	(40.5%-66.2%)	228	53.0%	(35.4%-70.7%)	97	53.7%	(33.3%-74.0%)	131

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note:*

*Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enhlthwt2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	47.9%	(43.2%-52.6%)	267	54.9%	(48.8%-61.0%)	154	40.9%	(28.2%-53.6%)	114
Central Maine PHD	49.9%	(44.5%-55.3%)	756	53.3%	(45.0%-61.6%)	395	46.6%	(41.1%-52.2%)	361
Cumberland PHD	58.4%	(45.7%-71.1%)	1,611	58.5%	(44.2%-72.7%)	796	58.3%	(46.9%-69.6%)	815
Downeast PHD	42.4%	(27.2%-57.6%)	277	37.9%	(26.5%-49.4%)	128	47.2%	(28.2%-66.1%)	149
Mid-Coast PHD	51.2%	(46.0%-56.3%)	506	52.3%	(42.8%-61.7%)	241	50.2%	(42.6%-57.8%)	266
Penquis PHD	51.8%	(47.6%-56.1%)	812	54.8%	(47.4%-62.2%)	406	49.2%	(42.7%-55.6%)	406
Western Maine PHD	53.4%	(42.3%-64.5%)	1,021	47.7%	(30.9%-64.6%)	435	58.5%	(45.9%-71.2%)	587
York PHD	59.0%	(45.0%-73.1%)	1,182	58.9%	(44.9%-72.9%)	566	59.2%	(43.7%-74.6%)	616

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note:*

*Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*What language is spoken most often at home? (Select only one response) (en6b)*

*Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.3%	(1.6%-5.1%)	892	2.9%	(1.4%-4.4%)	370	3.6%	(1.5%-5.7%)	485
<b>----Age----</b>									
10 or younger	2.0%	(1.2%-2.7%)	143	1.8%	(0.5%-3.0%)	66	2.2%	(0.7%-3.6%)	74
11	3.7%	(1.5%-5.9%)	486	3.2%	(1.5%-4.8%)	195	4.2%	(1.3%-7.1%)	277
12 or older	4.1%	(1.2%-6.9%)	258	3.9%	(0.7%-7.1%)	109	3.9%	(1.5%-6.3%)	135
<b>----Grade----</b>									
Grade 5	2.2%	(1.3%-3.0%)	284	2.0%	(0.7%-3.2%)	123	2.2%	(1.2%-3.2%)	149
Grade 6	4.5%	(1.1%-7.8%)	597	3.8%	(1.0%-6.6%)	242	5.0%	(1.2%-8.7%)	334
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.4%	(5.1%-17.7%)	59	11.0%	(3.0%-19.0%)	31	11.8%	(4.7%-18.9%)	28
Non-Hispanic	3.1%	(1.4%-4.7%)	639	2.8%	(1.2%-4.3%)	277	3.3%	(1.4%-5.1%)	345
<b>----Race----</b>									
American Indian or Alaskan Native	1.9%	(0.0%-4.4%)	12	*	*	*	*	*	*
Asian	54.9%	(38.6%-71.1%)	174	55.3%	(40.9%-69.8%)	72	53.9%	(32.9%-74.9%)	99
Black or African American	32.1%	(16.5%-47.6%)	224	31.5%	(12.9%-50.2%)	101	32.3%	(17.6%-47.0%)	120
Native Hawaiian or Other Pacific Islander	14.5%	(0.0%-38.4%)	8	*	*	*	*	*	*
White	1.4%	(0.9%-1.8%)	310	1.1%	(0.6%-1.5%)	118	1.6%	(0.8%-2.4%)	182
Multiple Races	2.6%	(0.7%-4.6%)	25	2.9%	(0.6%-5.1%)	13	2.5%	(0.1%-5.0%)	11

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*What language is spoken most often at home? (Select only one response) (en6b)*

*Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	2.9%	(0.6%-5.1%)	39	2.2%	(0.1%-4.4%)	15	3.6%	(1.0%-6.2%)	24
Central Maine PHD	1.4%	(0.4%-2.3%)	50	0.7%	(0.0%-1.6%)	13	1.8%	(0.6%-3.0%)	32
Cumberland PHD	7.9%	(2.8%-12.9%)	447	8.2%	(4.1%-12.3%)	221	7.5%	(0.6%-14.3%)	216
Downeast PHD	0.8%	(0.2%-1.4%)	13	*	*	*	*	*	*
Mid-Coast PHD	0.7%	(0.3%-1.2%)	20	*	*	*	*	*	*
Penquis PHD	1.1%	(0.6%-1.5%)	35	1.3%	(0.8%-1.9%)	21	0.8%	(0.1%-1.5%)	13
Western Maine PHD	2.3%	(0.2%-4.4%)	99	2.1%	(0.5%-3.7%)	42	2.6%	(0.0%-5.7%)	55
York PHD	3.7%	(0.1%-7.4%)	153	3.0%	(0.2%-5.8%)	59	3.8%	(0.2%-7.3%)	79

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*How often do you wear a seat belt when riding in a car? (en7a)*  
*Percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.0%	(0.7%-1.3%)	275	0.6%	(0.2%-0.9%)	73	1.4%	(0.9%-1.9%)	189
<b>----Age----</b>									
10 or younger	0.4%	(0.1%-0.8%)	32	0.4%	(0.0%-0.9%)	15	0.5%	(0.0%-1.0%)	17
11	1.3%	(0.9%-1.8%)	177	0.7%	(0.2%-1.1%)	42	1.8%	(1.0%-2.7%)	124
12 or older	1.0%	(0.5%-1.5%)	66	0.6%	(0.0%-1.2%)	16	1.4%	(0.5%-2.3%)	48
<b>----Grade----</b>									
Grade 5	1.1%	(0.7%-1.6%)	150	0.4%	(0.0%-0.8%)	27	1.7%	(0.9%-2.6%)	116
Grade 6	0.9%	(0.6%-1.3%)	125	0.7%	(0.1%-1.3%)	46	1.1%	(0.6%-1.5%)	72
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.1%	(0.8%-1.5%)	240	0.7%	(0.2%-1.1%)	69	1.5%	(0.8%-2.2%)	158
<b>----Race----</b>									
American Indian or Alaskan Native	2.4%	(0.0%-4.8%)	16	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.7%	(0.1%-3.4%)	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.0%	(0.6%-1.3%)	218	0.5%	(0.2%-0.7%)	50	1.4%	(0.8%-2.0%)	157
Multiple Races	1.8%	(0.2%-3.4%)	17	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*How often do you wear a seat belt when riding in a car? (en7a)*  
*Percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	2.4%	(1.5%-3.3%)	32	*	*	*	*	*	*
Central Maine PHD	0.7%	(0.1%-1.3%)	24	*	*	*	*	*	*
Cumberland PHD	0.4%	(0.0%-1.0%)	25	0.7%	(0.0%-1.6%)	18	0.2%	(0.0%-0.5%)	7
Downeast PHD	0.9%	(0.3%-1.6%)	16	*	*	*	*	*	*
Mid-Coast PHD	0.8%	(0.0%-1.6%)	22	*	*	*	*	*	*
Penquis PHD	2.1%	(1.2%-3.1%)	72	1.2%	(0.3%-2.2%)	20	2.6%	(0.6%-4.6%)	44
Western Maine PHD	0.8%	(0.2%-1.4%)	35	*	*	*	*	*	*
York PHD	0.4%	(0.0%-0.9%)	16	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*How often do you wear a seat belt when riding in a car? (en7a\_2)*  
*Percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.2%	(81.5%-85.0%)	22,414	86.2%	(84.4%-88.0%)	11,063	80.6%	(78.5%-82.6%)	10,965
<b>----Age----</b>									
10 or younger	85.4%	(83.1%-87.6%)	6,191	88.2%	(85.6%-90.9%)	3,363	82.3%	(79.4%-85.3%)	2,768
11	82.4%	(80.2%-84.7%)	10,898	85.5%	(83.0%-88.0%)	5,319	79.9%	(76.8%-82.9%)	5,376
12 or older	82.4%	(80.1%-84.8%)	5,289	85.1%	(81.9%-88.3%)	2,377	80.1%	(77.2%-83.0%)	2,797
<b>----Grade----</b>									
Grade 5	82.9%	(80.5%-85.2%)	10,911	86.2%	(83.7%-88.6%)	5,412	79.8%	(76.8%-82.8%)	5,323
Grade 6	83.7%	(81.8%-85.6%)	11,313	86.4%	(84.2%-88.6%)	5,595	81.3%	(79.2%-83.4%)	5,526
<b>----Hispanic Ethnicity----</b>									
Hispanic	80.2%	(75.0%-85.4%)	430	84.9%	(77.9%-91.9%)	244	74.7%	(64.9%-84.5%)	183
Non-Hispanic	83.1%	(81.3%-84.8%)	17,480	86.0%	(84.0%-87.9%)	8,719	80.4%	(78.3%-82.6%)	8,510
<b>----Race----</b>									
American Indian or Alaskan Native	81.1%	(76.0%-86.2%)	535	80.2%	(70.8%-89.6%)	201	83.0%	(76.7%-89.3%)	318
Asian	75.3%	(68.6%-82.1%)	239	78.0%	(68.7%-87.3%)	101	74.8%	(64.2%-85.4%)	137
Black or African American	72.6%	(64.3%-81.0%)	524	75.5%	(63.4%-87.6%)	250	70.6%	(63.2%-78.1%)	271
Native Hawaiian or Other Pacific Islander	84.3%	(69.3%-99.3%)	47	*	*	*	*	*	*
White	84.0%	(82.0%-85.9%)	19,072	87.0%	(84.9%-89.0%)	9,529	81.1%	(78.9%-83.4%)	9,265
Multiple Races	80.2%	(75.1%-85.3%)	771	81.4%	(75.5%-87.3%)	390	78.2%	(70.1%-86.4%)	364

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*How often do you wear a seat belt when riding in a car? (en7a\_2)*  
*Percentage of students who answered 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	77.8%	(74.1%-81.5%)	1,054	80.5%	(74.9%-86.0%)	530	75.0%	(72.3%-77.6%)	499
Central Maine PHD	84.6%	(80.6%-88.5%)	3,026	88.2%	(83.8%-92.6%)	1,516	80.7%	(76.3%-85.1%)	1,453
Cumberland PHD	86.3%	(84.1%-88.5%)	4,926	89.3%	(87.1%-91.6%)	2,432	83.4%	(81.0%-85.8%)	2,405
Downeast PHD	75.7%	(65.2%-86.2%)	1,267	74.8%	(63.1%-86.6%)	614	76.9%	(66.0%-87.8%)	634
Mid-Coast PHD	84.9%	(80.9%-88.9%)	2,325	85.9%	(81.8%-90.0%)	1,089	84.1%	(79.6%-88.6%)	1,201
Penquis PHD	79.5%	(72.9%-86.2%)	2,688	84.7%	(77.9%-91.4%)	1,352	74.9%	(67.2%-82.7%)	1,292
Western Maine PHD	83.4%	(80.1%-86.7%)	3,583	86.1%	(82.3%-89.8%)	1,776	82.0%	(78.1%-86.0%)	1,767
York PHD	88.3%	(83.8%-92.8%)	3,707	88.9%	(83.8%-94.0%)	1,771	87.8%	(82.8%-92.7%)	1,861

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*How often do you sit in the back seat when you are riding in a car? (en8a)*  
*Percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.0%	(15.7%-18.3%)	4,554	15.2%	(13.2%-17.1%)	1,933	18.8%	(17.3%-20.2%)	2,547
<b>----Age----</b>									
10 or younger	10.9%	(8.7%-13.0%)	790	8.9%	(6.2%-11.5%)	336	13.0%	(9.7%-16.2%)	439
11	17.1%	(15.7%-18.6%)	2,246	15.0%	(13.0%-16.9%)	922	19.3%	(17.2%-21.4%)	1,292
12 or older	23.5%	(21.6%-25.5%)	1,504	24.3%	(20.7%-27.9%)	675	23.2%	(19.5%-26.9%)	806
<b>----Grade----</b>									
Grade 5	13.4%	(11.9%-14.9%)	1,759	10.0%	(7.9%-12.2%)	626	16.5%	(14.4%-18.7%)	1,104
Grade 6	20.3%	(18.9%-21.7%)	2,728	20.1%	(18.3%-22.0%)	1,296	20.7%	(18.6%-22.8%)	1,401
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.6%	(13.8%-25.4%)	105	18.8%	(10.3%-27.3%)	54	20.1%	(11.4%-28.7%)	49
Non-Hispanic	17.5%	(16.1%-18.9%)	3,659	15.6%	(13.5%-17.8%)	1,576	19.3%	(17.5%-21.0%)	2,028
<b>----Race----</b>									
American Indian or Alaskan Native	17.3%	(12.2%-22.5%)	115	22.1%	(11.4%-32.7%)	56	15.4%	(9.3%-21.4%)	59
Asian	9.1%	(4.3%-14.0%)	29	9.0%	(2.0%-15.9%)	12	8.8%	(1.3%-16.2%)	16
Black or African American	19.9%	(12.7%-27.0%)	143	24.7%	(13.8%-35.7%)	82	16.0%	(8.7%-23.3%)	62
Native Hawaiian or Other Pacific Islander	17.5%	(0.0%-36.3%)	10	*	*	*	*	*	*
White	17.2%	(15.9%-18.6%)	3,903	15.0%	(13.0%-17.1%)	1,637	19.3%	(17.8%-20.8%)	2,202
Multiple Races	17.4%	(13.6%-21.3%)	165	15.4%	(10.3%-20.6%)	72	19.8%	(13.5%-26.1%)	92

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How often do you sit in the back seat when you are riding in a car? (en8a)*

*Percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	16.7%	(11.7%-21.7%)	229	11.2%	(6.0%-16.4%)	75	22.7%	(15.9%-29.4%)	151
Central Maine PHD	17.0%	(13.8%-20.2%)	607	16.7%	(12.3%-21.0%)	286	17.8%	(13.5%-22.1%)	319
Cumberland PHD	16.4%	(11.7%-21.1%)	941	14.7%	(7.5%-21.9%)	400	17.5%	(14.9%-20.2%)	511
Downeast PHD	17.6%	(14.0%-21.3%)	293	13.7%	(7.0%-20.4%)	110	21.0%	(16.2%-25.8%)	174
Mid-Coast PHD	17.8%	(14.8%-20.9%)	486	16.0%	(12.2%-19.8%)	202	18.8%	(14.9%-22.6%)	266
Penquis PHD	16.4%	(13.6%-19.1%)	553	13.3%	(10.4%-16.2%)	212	19.4%	(16.4%-22.4%)	334
Western Maine PHD	17.0%	(14.2%-19.8%)	727	16.3%	(12.1%-20.4%)	333	18.4%	(13.8%-22.9%)	394
York PHD	19.0%	(13.4%-24.6%)	784	14.4%	(8.5%-20.2%)	281	23.7%	(16.7%-30.6%)	495

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When you ride a bicycle, how often do you wear a helmet? (en9a)*

*Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.7%	(25.3%-32.2%)	6,864	25.2%	(22.0%-28.3%)	2,913	31.6%	(27.5%-35.8%)	3,760
<b>----Age----</b>									
10 or younger	26.4%	(20.9%-31.8%)	1,694	21.4%	(16.7%-26.2%)	722	31.3%	(24.2%-38.4%)	934
11	28.6%	(25.0%-32.2%)	3,372	24.8%	(21.4%-28.2%)	1,418	31.3%	(26.8%-35.9%)	1,832
12 or older	31.5%	(27.0%-36.0%)	1,774	31.1%	(26.5%-35.7%)	773	32.0%	(26.8%-37.2%)	972
<b>----Grade----</b>									
Grade 5	29.2%	(24.1%-34.2%)	3,411	23.6%	(19.0%-28.2%)	1,334	33.8%	(27.6%-39.9%)	1,974
Grade 6	28.0%	(24.2%-31.7%)	3,360	26.5%	(22.9%-30.2%)	1,556	29.2%	(24.8%-33.6%)	1,733
<b>----Hispanic Ethnicity----</b>									
Hispanic	33.7%	(26.1%-41.4%)	155	19.0%	(10.6%-27.3%)	45	49.4%	(37.4%-61.3%)	107
Non-Hispanic	28.6%	(25.0%-32.2%)	5,343	25.4%	(22.0%-28.9%)	2,334	31.3%	(27.3%-35.4%)	2,887
<b>----Race----</b>									
American Indian or Alaskan Native	42.4%	(33.9%-50.9%)	247	35.5%	(20.6%-50.3%)	74	48.1%	(39.4%-56.7%)	169
Asian	21.7%	(9.5%-34.0%)	53	17.2%	(3.0%-31.4%)	20	23.4%	(7.0%-39.8%)	29
Black or African American	38.8%	(31.4%-46.2%)	230	30.2%	(18.2%-42.2%)	82	45.2%	(33.9%-56.5%)	143
Native Hawaiian or Other Pacific Islander	21.0%	(0.0%-42.4%)	10	*	*	*	*	*	*
White	27.5%	(23.9%-31.0%)	5,582	24.3%	(21.2%-27.5%)	2,428	30.1%	(25.7%-34.5%)	3,020
Multiple Races	37.0%	(30.4%-43.6%)	317	34.9%	(26.1%-43.8%)	149	39.6%	(29.9%-49.3%)	166

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When you ride a bicycle, how often do you wear a helmet? (en9a)*

*Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	31.5%	(25.0%-38.1%)	386	24.8%	(17.7%-31.9%)	150	37.6%	(29.4%-45.8%)	222
Central Maine PHD	35.2%	(28.6%-41.7%)	1,089	32.4%	(25.2%-39.7%)	492	37.1%	(27.9%-46.4%)	571
Cumberland PHD	18.9%	(12.5%-25.3%)	978	14.8%	(9.7%-19.8%)	375	21.8%	(13.2%-30.4%)	551
Downeast PHD	32.7%	(24.8%-40.6%)	497	25.8%	(19.0%-32.7%)	196	38.3%	(26.6%-49.9%)	280
Mid-Coast PHD	23.4%	(18.6%-28.1%)	574	21.5%	(17.1%-25.9%)	247	25.2%	(18.5%-31.9%)	323
Penquis PHD	35.4%	(24.8%-46.0%)	1,078	30.7%	(22.1%-39.2%)	448	39.8%	(26.8%-52.8%)	609
Western Maine PHD	32.8%	(24.9%-40.6%)	1,241	30.9%	(23.1%-38.7%)	564	34.4%	(25.8%-43.1%)	650
York PHD	23.1%	(15.5%-30.8%)	831	21.6%	(13.9%-29.3%)	381	23.6%	(13.6%-33.7%)	415

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever been bullied on school property? (en51)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	43.5%	(41.3%-45.7%)	11,691	46.4%	(43.5%-49.2%)	5,923	40.9%	(38.6%-43.3%)	5,576
<b>----Age----</b>									
10 or younger	45.2%	(42.4%-48.1%)	3,295	46.7%	(42.6%-50.7%)	1,774	43.7%	(38.9%-48.6%)	1,490
11	42.7%	(40.0%-45.4%)	5,616	45.7%	(42.4%-48.9%)	2,827	40.1%	(37.2%-43.0%)	2,684
12 or older	43.1%	(39.9%-46.4%)	2,759	47.5%	(41.9%-53.1%)	1,321	39.8%	(36.4%-43.1%)	1,387
<b>----Grade----</b>									
Grade 5	44.6%	(41.6%-47.6%)	5,873	46.2%	(42.4%-50.0%)	2,887	43.2%	(39.6%-46.8%)	2,890
Grade 6	42.4%	(39.6%-45.1%)	5,705	46.4%	(42.6%-50.2%)	2,997	38.7%	(35.9%-41.5%)	2,628
<b>----Hispanic Ethnicity----</b>									
Hispanic	48.5%	(40.9%-56.1%)	260	58.6%	(49.5%-67.6%)	168	37.4%	(25.3%-49.5%)	92
Non-Hispanic	43.2%	(40.9%-45.6%)	9,085	45.6%	(42.5%-48.7%)	4,616	40.9%	(38.2%-43.6%)	4,323
<b>----Race----</b>									
American Indian or Alaskan Native	48.2%	(38.9%-57.6%)	317	56.4%	(43.8%-68.9%)	140	44.3%	(33.9%-54.7%)	170
Asian	34.3%	(26.0%-42.5%)	108	43.1%	(30.6%-55.7%)	56	27.7%	(14.4%-41.0%)	51
Black or African American	44.6%	(37.5%-51.8%)	316	48.7%	(37.8%-59.7%)	159	41.3%	(34.0%-48.5%)	155
Native Hawaiian or Other Pacific Islander	42.0%	(12.4%-71.7%)	23	*	*	*	*	*	*
White	43.4%	(41.3%-45.6%)	9,865	46.0%	(43.1%-48.9%)	5,027	41.0%	(38.6%-43.3%)	4,687
Multiple Races	47.4%	(40.0%-54.8%)	456	50.4%	(40.6%-60.2%)	241	43.7%	(33.2%-54.1%)	204

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever been bullied on school property? (en51)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	56.7%	(46.2%-67.3%)	768	61.0%	(47.7%-74.3%)	404	52.2%	(43.7%-60.8%)	347
Central Maine PHD	46.2%	(40.0%-52.4%)	1,651	47.8%	(40.3%-55.3%)	823	44.7%	(38.5%-50.9%)	805
Cumberland PHD	38.1%	(34.8%-41.3%)	2,184	41.3%	(36.1%-46.5%)	1,121	35.3%	(32.8%-37.8%)	1,032
Downeast PHD	47.5%	(41.7%-53.4%)	800	53.0%	(45.1%-60.8%)	437	41.7%	(34.2%-49.1%)	346
Mid-Coast PHD	44.4%	(39.5%-49.4%)	1,201	43.5%	(37.1%-49.8%)	544	45.2%	(38.4%-52.0%)	637
Penquis PHD	40.7%	(36.0%-45.4%)	1,372	45.8%	(40.3%-51.3%)	727	36.5%	(31.0%-41.9%)	629
Western Maine PHD	43.8%	(37.9%-49.8%)	1,877	45.8%	(37.4%-54.3%)	934	42.2%	(35.6%-48.9%)	913
York PHD	44.9%	(36.8%-53.1%)	1,884	46.9%	(37.0%-56.8%)	929	43.6%	(35.4%-51.9%)	928

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever been bullied away from school property? (en52a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	31.8%	(30.2%-33.5%)	8,554	31.4%	(29.0%-33.8%)	3,999	32.4%	(30.1%-34.7%)	4,419
<b>----Age----</b>									
10 or younger	32.0%	(28.9%-35.1%)	2,322	29.0%	(25.4%-32.6%)	1,096	35.6%	(31.5%-39.8%)	1,213
11	31.7%	(29.3%-34.1%)	4,166	31.3%	(28.4%-34.2%)	1,933	32.0%	(28.8%-35.1%)	2,148
12 or older	32.0%	(29.5%-34.6%)	2,053	34.7%	(29.8%-39.6%)	970	29.9%	(26.8%-33.1%)	1,044
<b>----Grade----</b>									
Grade 5	32.8%	(30.5%-35.1%)	4,306	29.3%	(26.2%-32.3%)	1,819	36.4%	(33.4%-39.3%)	2,434
Grade 6	30.8%	(28.7%-33.0%)	4,156	33.3%	(29.7%-36.9%)	2,147	28.5%	(26.1%-30.8%)	1,935
<b>----Hispanic Ethnicity----</b>									
Hispanic	41.4%	(34.4%-48.5%)	222	43.8%	(34.6%-52.9%)	125	39.4%	(29.1%-49.6%)	96
Non-Hispanic	31.8%	(30.0%-33.5%)	6,676	31.1%	(28.2%-33.9%)	3,142	32.5%	(30.2%-34.8%)	3,434
<b>----Race----</b>									
American Indian or Alaskan Native	37.9%	(31.2%-44.7%)	250	40.1%	(29.2%-51.1%)	101	37.5%	(29.3%-45.8%)	143
Asian	25.6%	(18.9%-32.2%)	81	36.2%	(27.5%-44.9%)	47	17.9%	(8.9%-26.9%)	33
Black or African American	28.4%	(19.5%-37.2%)	203	22.8%	(13.2%-32.4%)	75	32.9%	(21.3%-44.5%)	125
Native Hawaiian or Other Pacific Islander	19.9%	(0.0%-44.0%)	11	*	*	*	*	*	*
White	31.4%	(29.7%-33.1%)	7,135	31.0%	(28.1%-33.8%)	3,377	31.9%	(29.8%-34.0%)	3,656
Multiple Races	37.7%	(31.5%-44.0%)	365	36.5%	(28.3%-44.7%)	176	39.6%	(30.5%-48.7%)	185

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever been bullied away from school property? (en52a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	40.3%	(32.5%-48.1%)	544	44.5%	(35.9%-53.0%)	294	36.9%	(28.7%-45.1%)	245
Central Maine PHD	33.1%	(28.3%-37.9%)	1,180	30.7%	(25.0%-36.4%)	526	35.3%	(29.5%-41.1%)	636
Cumberland PHD	30.2%	(28.0%-32.5%)	1,738	30.7%	(25.9%-35.6%)	835	30.1%	(22.8%-37.3%)	880
Downeast PHD	36.2%	(32.5%-40.0%)	608	34.0%	(28.4%-39.6%)	280	38.4%	(33.8%-43.0%)	317
Mid-Coast PHD	31.7%	(27.9%-35.6%)	859	31.5%	(27.0%-36.0%)	393	32.3%	(27.4%-37.3%)	459
Penquis PHD	30.2%	(28.0%-32.5%)	1,020	29.1%	(24.7%-33.5%)	463	31.1%	(26.6%-35.7%)	537
Western Maine PHD	30.8%	(24.8%-36.8%)	1,311	30.1%	(20.2%-39.9%)	603	31.6%	(26.5%-36.7%)	688
York PHD	31.9%	(23.6%-40.1%)	1,336	32.1%	(20.4%-43.8%)	635	32.1%	(25.2%-38.9%)	682

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree with the following statement? I feel safe at my school. (en12)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	90.7%	(89.6%-91.9%)	24,293	92.4%	(91.1%-93.7%)	11,743	89.3%	(87.8%-90.7%)	12,085
<b>----Age----</b>									
10 or younger	92.0%	(89.6%-94.3%)	6,663	93.7%	(91.2%-96.1%)	3,556	90.3%	(86.9%-93.7%)	3,044
11	91.4%	(90.3%-92.6%)	11,944	93.0%	(91.6%-94.5%)	5,704	90.1%	(88.6%-91.6%)	6,009
12 or older	88.2%	(86.6%-89.8%)	5,617	89.2%	(87.2%-91.2%)	2,477	87.2%	(85.2%-89.1%)	3,022
<b>----Grade----</b>									
Grade 5	91.8%	(89.9%-93.7%)	11,996	93.7%	(91.6%-95.7%)	5,813	90.1%	(87.6%-92.6%)	5,982
Grade 6	89.9%	(88.9%-90.9%)	12,049	91.3%	(89.9%-92.7%)	5,867	88.8%	(87.3%-90.3%)	5,991
<b>----Hispanic Ethnicity----</b>									
Hispanic	87.9%	(83.1%-92.6%)	464	85.0%	(77.5%-92.5%)	238	91.2%	(85.0%-97.4%)	223
Non-Hispanic	90.4%	(89.2%-91.5%)	18,906	91.8%	(90.4%-93.2%)	9,267	89.1%	(87.7%-90.4%)	9,364
<b>----Race----</b>									
American Indian or Alaskan Native	88.0%	(82.7%-93.3%)	583	88.8%	(80.9%-96.7%)	225	86.7%	(79.8%-93.6%)	331
Asian	96.3%	(93.5%-99.1%)	301	*	*	*	*	*	*
Black or African American	86.0%	(82.1%-89.9%)	609	84.1%	(77.2%-91.1%)	272	87.5%	(81.5%-93.6%)	332
Native Hawaiian or Other Pacific Islander	83.9%	(64.6%-100.0%)	47	*	*	*	*	*	*
White	91.0%	(89.8%-92.3%)	20,551	92.7%	(91.5%-94.0%)	10,091	89.5%	(87.9%-91.1%)	10,170
Multiple Races	89.0%	(84.5%-93.5%)	849	89.3%	(82.8%-95.7%)	419	88.3%	(82.5%-94.1%)	413

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree with the following statement? I feel safe at my school. (en12)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	89.1%	(85.3%-92.9%)	1,212	91.3%	(86.9%-95.7%)	602	87.0%	(82.7%-91.4%)	581
Central Maine PHD	91.0%	(89.1%-92.9%)	3,248	92.4%	(89.6%-95.2%)	1,590	89.8%	(87.3%-92.3%)	1,604
Cumberland PHD	94.3%	(91.2%-97.4%)	5,366	95.7%	(91.8%-99.6%)	2,565	92.8%	(90.2%-95.4%)	2,685
Downeast PHD	89.4%	(86.5%-92.3%)	1,494	91.6%	(88.2%-94.9%)	747	87.4%	(82.3%-92.5%)	724
Mid-Coast PHD	89.5%	(86.5%-92.6%)	2,434	90.2%	(86.8%-93.5%)	1,129	89.7%	(85.9%-93.5%)	1,275
Penquis PHD	90.0%	(86.7%-93.3%)	3,023	92.7%	(89.6%-95.8%)	1,462	87.7%	(83.2%-92.2%)	1,509
Western Maine PHD	88.3%	(85.4%-91.2%)	3,751	90.3%	(86.3%-94.3%)	1,825	86.6%	(83.9%-89.3%)	1,861
York PHD	92.0%	(88.1%-95.9%)	3,820	92.6%	(89.9%-95.4%)	1,839	91.4%	(86.0%-96.9%)	1,894

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever tried cigarette smoking, even one or two puffs? (en13)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.1%	(1.7%-2.6%)	572	1.6%	(1.1%-2.1%)	207	2.6%	(1.9%-3.2%)	348
<b>----Age----</b>									
10 or younger	1.5%	(0.7%-2.2%)	107	1.0%	(0.3%-1.7%)	38	2.0%	(0.7%-3.4%)	69
11	1.8%	(1.3%-2.4%)	243	1.6%	(0.7%-2.4%)	97	2.1%	(1.4%-2.9%)	143
12 or older	3.4%	(2.7%-4.2%)	220	2.6%	(1.8%-3.4%)	72	3.9%	(2.7%-5.1%)	136
<b>----Grade----</b>									
Grade 5	1.8%	(1.1%-2.5%)	234	1.4%	(0.5%-2.2%)	86	2.2%	(1.2%-3.2%)	145
Grade 6	2.4%	(1.9%-2.9%)	328	1.9%	(1.4%-2.3%)	121	2.9%	(2.1%-3.6%)	194
<b>----Hispanic Ethnicity----</b>									
Hispanic	3.1%	(0.3%-5.8%)	16	3.0%	(0.0%-6.8%)	9	3.2%	(0.0%-7.3%)	8
Non-Hispanic	2.1%	(1.7%-2.6%)	447	1.6%	(1.1%-2.1%)	165	2.5%	(1.8%-3.3%)	268
<b>----Race----</b>									
American Indian or Alaskan Native	5.5%	(2.2%-8.9%)	36	2.7%	(0.0%-5.8%)	7	7.8%	(2.4%-13.2%)	30
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.6%	(0.5%-4.6%)	18	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.0%	(1.6%-2.5%)	460	1.7%	(1.1%-2.2%)	181	2.3%	(1.6%-3.1%)	265
Multiple Races	3.3%	(1.4%-5.3%)	32	2.4%	(0.0%-5.4%)	12	4.4%	(1.9%-7.0%)	20

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever tried cigarette smoking, even one or two puffs? (en13)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	2.2%	(1.1%-3.2%)	29	1.9%	(0.4%-3.4%)	13	2.5%	(0.9%-4.2%)	17
Central Maine PHD	2.1%	(1.3%-2.9%)	74	1.2%	(0.1%-2.3%)	20	2.9%	(1.3%-4.5%)	52
Cumberland PHD	1.1%	(0.0%-2.2%)	62	0.9%	(0.0%-1.7%)	24	1.3%	(0.0%-2.7%)	38
Downeast PHD	2.2%	(0.9%-3.5%)	37	1.9%	(0.3%-3.4%)	15	2.6%	(1.1%-4.2%)	22
Mid-Coast PHD	2.3%	(1.2%-3.4%)	63	2.7%	(1.1%-4.2%)	33	1.7%	(0.7%-2.7%)	24
Penquis PHD	2.2%	(1.3%-3.2%)	76	1.4%	(0.4%-2.5%)	23	2.9%	(1.2%-4.5%)	50
Western Maine PHD	3.1%	(1.1%-5.0%)	131	2.3%	(0.0%-5.3%)	48	3.7%	(1.5%-5.8%)	78
York PHD	1.7%	(0.7%-2.7%)	72	1.5%	(0.3%-2.7%)	30	2.0%	(0.7%-3.4%)	42

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (en14)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	0.5%	(0.3%-0.7%)	131	0.3%	(0.1%-0.5%)	43	0.6%	(0.3%-0.9%)	86
<b>----Age----</b>									
10 or younger	0.3%	(0.0%-0.7%)	25	*	*	*	*	*	*
11	0.4%	(0.2%-0.7%)	57	0.2%	(0.0%-0.4%)	14	0.6%	(0.2%-1.1%)	43
12 or older	0.8%	(0.4%-1.1%)	49	0.8%	(0.2%-1.5%)	24	0.7%	(0.2%-1.2%)	24
<b>----Grade----</b>									
Grade 5	0.5%	(0.2%-0.7%)	60	0.1%	(0.0%-0.3%)	8	0.8%	(0.3%-1.3%)	52
Grade 6	0.5%	(0.3%-0.7%)	70	0.5%	(0.2%-0.9%)	34	0.5%	(0.2%-0.8%)	34
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	0.5%	(0.3%-0.7%)	103	0.4%	(0.1%-0.6%)	39	0.6%	(0.3%-0.9%)	62
<b>----Race----</b>									
American Indian or Alaskan Native	2.0%	(0.3%-3.8%)	13	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	0.8%	(0.0%-1.6%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.5%	(0.3%-0.7%)	107	0.3%	(0.1%-0.6%)	37	0.6%	(0.2%-1.0%)	69
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, on how many days did you smoke cigarettes? (en14)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	*	*	*	*	*	*	*	*	*
Central Maine PHD	0.5%	(0.1%-0.9%)	17	*	*	*	*	*	*
Cumberland PHD	0.2%	(0.0%-0.4%)	11	*	*	*	*	*	*
Downeast PHD	0.8%	(0.1%-1.4%)	13	0.8%	(0.1%-1.4%)	6	0.8%	(0.0%-1.7%)	7
Mid-Coast PHD	0.4%	(0.0%-0.9%)	12	*	*	*	*	*	*
Penquis PHD	0.6%	(0.1%-1.1%)	19	*	*	*	*	*	*
Western Maine PHD	0.5%	(0.1%-1.0%)	23	0.3%	(0.0%-0.8%)	6	0.8%	(0.0%-1.8%)	18
York PHD	0.6%	(0.1%-1.0%)	23	0.3%	(0.0%-0.9%)	6	0.8%	(0.0%-1.8%)	17

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will try a cigarette soon? (en15)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.0%	(8.1%-10.0%)	2,420	7.0%	(5.9%-8.2%)	899	10.7%	(9.4%-11.9%)	1,442
<b>----Age----</b>									
10 or younger	6.8%	(5.3%-8.3%)	492	4.5%	(3.0%-6.1%)	174	9.2%	(6.8%-11.5%)	309
11	8.4%	(7.2%-9.6%)	1,099	6.7%	(5.4%-8.0%)	414	9.8%	(7.9%-11.7%)	649
12 or older	13.0%	(10.6%-15.3%)	824	11.2%	(7.7%-14.8%)	312	14.0%	(12.2%-15.9%)	484
<b>----Grade----</b>									
Grade 5	7.6%	(6.5%-8.8%)	1,002	5.4%	(4.2%-6.7%)	338	9.6%	(7.7%-11.5%)	633
Grade 6	10.2%	(9.2%-11.3%)	1,372	8.6%	(7.2%-10.0%)	553	11.6%	(10.1%-13.2%)	782
<b>----Hispanic Ethnicity----</b>									
Hispanic	10.4%	(5.8%-15.0%)	56	9.9%	(3.3%-16.6%)	28	10.8%	(5.3%-16.2%)	26
Non-Hispanic	9.2%	(8.2%-10.2%)	1,921	7.2%	(6.1%-8.4%)	729	10.9%	(9.5%-12.3%)	1,138
<b>----Race----</b>									
American Indian or Alaskan Native	13.1%	(7.9%-18.4%)	86	9.9%	(4.6%-15.2%)	25	16.2%	(8.7%-23.7%)	61
Asian	10.8%	(2.4%-19.1%)	34	4.6%	(0.0%-9.7%)	6	14.7%	(2.3%-27.1%)	27
Black or African American	7.5%	(3.8%-11.2%)	54	6.9%	(1.0%-12.8%)	23	7.6%	(5.0%-10.1%)	29
Native Hawaiian or Other Pacific Islander	12.4%	(0.0%-27.5%)	7	*	*	*	*	*	*
White	8.6%	(7.7%-9.5%)	1,942	6.8%	(5.7%-7.9%)	745	10.1%	(8.8%-11.4%)	1,145
Multiple Races	14.3%	(9.7%-18.9%)	135	12.2%	(6.3%-18.2%)	57	14.6%	(8.4%-20.8%)	67

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will try a cigarette soon? (en15)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	9.0%	(5.7%-12.3%)	122	7.0%	(3.7%-10.2%)	46	10.6%	(5.3%-15.8%)	70
Central Maine PHD	8.6%	(6.3%-10.9%)	306	6.7%	(4.1%-9.4%)	115	10.5%	(7.6%-13.3%)	187
Cumberland PHD	8.3%	(6.3%-10.4%)	478	7.7%	(4.4%-11.0%)	210	8.9%	(7.7%-10.1%)	258
Downeast PHD	7.7%	(5.6%-9.9%)	127	6.2%	(2.3%-10.1%)	50	8.8%	(5.5%-12.2%)	71
Mid-Coast PHD	9.0%	(7.3%-10.6%)	243	5.4%	(3.4%-7.4%)	68	11.4%	(8.7%-14.1%)	161
Penquis PHD	9.4%	(6.5%-12.4%)	317	6.2%	(5.3%-7.1%)	98	11.7%	(7.4%-16.0%)	201
Western Maine PHD	10.1%	(8.0%-12.2%)	428	8.1%	(4.4%-11.8%)	166	11.9%	(8.2%-15.7%)	254
York PHD	7.1%	(3.1%-11.1%)	298	5.3%	(2.6%-7.9%)	105	8.8%	(3.2%-14.4%)	185

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (en16)  
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.9%	(4.1%-5.7%)	1,305	4.1%	(3.2%-5.0%)	527	5.6%	(4.6%-6.6%)	753
<b>----Age----</b>									
10 or younger	3.6%	(2.7%-4.5%)	262	3.0%	(1.6%-4.4%)	114	4.4%	(2.7%-6.0%)	148
11	3.9%	(3.0%-4.9%)	514	3.3%	(2.3%-4.3%)	205	4.4%	(3.2%-5.6%)	292
12 or older	8.3%	(6.8%-9.8%)	528	7.4%	(5.5%-9.2%)	206	9.1%	(7.2%-11.0%)	313
<b>----Grade----</b>									
Grade 5	3.4%	(2.5%-4.2%)	442	2.9%	(1.8%-4.1%)	183	3.9%	(2.7%-5.0%)	255
Grade 6	6.3%	(5.5%-7.1%)	847	5.3%	(4.1%-6.4%)	341	7.2%	(6.1%-8.3%)	485
<b>----Hispanic Ethnicity----</b>									
Hispanic	6.3%	(3.1%-9.4%)	33	6.4%	(1.5%-11.4%)	18	5.4%	(1.1%-9.7%)	13
Non-Hispanic	5.1%	(4.2%-5.9%)	1,057	4.2%	(3.1%-5.3%)	426	5.8%	(4.8%-6.9%)	611
<b>----Race----</b>									
American Indian or Alaskan Native	7.6%	(4.1%-11.2%)	49	4.2%	(0.1%-8.4%)	11	10.4%	(5.0%-15.9%)	39
Asian	3.0%	(0.2%-5.8%)	9	*	*	*	*	*	*
Black or African American	4.7%	(1.3%-8.0%)	33	5.3%	(0.2%-10.5%)	18	3.6%	(1.2%-6.0%)	14
Native Hawaiian or Other Pacific Islander	11.5%	(0.0%-26.9%)	6	*	*	*	*	*	*
White	4.7%	(3.9%-5.5%)	1,066	4.1%	(3.1%-5.2%)	452	5.3%	(4.3%-6.2%)	597
Multiple Races	5.1%	(2.8%-7.5%)	49	4.1%	(1.3%-6.9%)	19	6.0%	(2.4%-9.6%)	28

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (en16)  
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	3.1%	(1.5%-4.7%)	42	1.8%	(0.1%-3.6%)	12	4.6%	(2.4%-6.7%)	30
Central Maine PHD	4.8%	(2.9%-6.8%)	172	4.7%	(2.4%-6.9%)	80	5.0%	(2.4%-7.5%)	89
Cumberland PHD	4.7%	(2.4%-7.1%)	270	4.6%	(2.2%-7.0%)	125	4.9%	(2.4%-7.4%)	141
Downeast PHD	4.2%	(2.9%-5.5%)	70	3.6%	(1.8%-5.5%)	30	4.9%	(2.4%-7.4%)	40
Mid-Coast PHD	4.5%	(3.1%-5.9%)	122	3.4%	(1.9%-4.9%)	43	5.1%	(3.1%-7.0%)	71
Penquis PHD	5.2%	(2.6%-7.7%)	174	3.3%	(1.0%-5.6%)	53	6.7%	(3.7%-9.7%)	115
Western Maine PHD	5.3%	(3.7%-7.0%)	227	5.1%	(2.0%-8.1%)	104	5.7%	(3.6%-7.9%)	122
York PHD	3.9%	(1.2%-6.6%)	163	3.1%	(1.3%-4.9%)	62	4.4%	(0.1%-8.7%)	93

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (en16\_2)*

*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	95.1%	(94.3%-95.9%)	25,494	95.9%	(95.0%-96.8%)	12,274	94.4%	(93.4%-95.4%)	12,726
<b>----Age----</b>									
10 or younger	96.4%	(95.5%-97.3%)	6,995	97.0%	(95.6%-98.4%)	3,683	95.6%	(94.0%-97.3%)	3,234
11	96.1%	(95.1%-97.0%)	12,571	96.7%	(95.7%-97.7%)	5,998	95.6%	(94.4%-96.8%)	6,341
12 or older	91.7%	(90.2%-93.2%)	5,832	92.6%	(90.8%-94.5%)	2,589	90.9%	(89.0%-92.8%)	3,121
<b>----Grade----</b>									
Grade 5	96.6%	(95.8%-97.5%)	12,640	97.1%	(95.9%-98.2%)	6,068	96.1%	(95.0%-97.3%)	6,361
Grade 6	93.7%	(92.9%-94.5%)	12,577	94.7%	(93.6%-95.9%)	6,137	92.8%	(91.7%-93.9%)	6,239
<b>----Hispanic Ethnicity----</b>									
Hispanic	93.7%	(90.6%-96.9%)	497	93.6%	(88.6%-98.5%)	268	94.6%	(90.3%-98.9%)	227
Non-Hispanic	94.9%	(94.1%-95.8%)	19,822	95.8%	(94.7%-96.9%)	9,679	94.2%	(93.1%-95.2%)	9,862
<b>----Race----</b>									
American Indian or Alaskan Native	92.4%	(88.8%-95.9%)	600	95.8%	(91.6%-99.9%)	240	89.6%	(84.1%-95.0%)	334
Asian	97.0%	(94.2%-99.8%)	308	*	*	*	*	*	*
Black or African American	95.3%	(92.0%-98.7%)	682	94.7%	(89.5%-99.8%)	313	96.4%	(94.0%-98.8%)	366
Native Hawaiian or Other Pacific Islander	88.5%	(73.1%-100.0%)	49	*	*	*	*	*	*
White	95.3%	(94.5%-96.1%)	21,498	95.9%	(94.8%-96.9%)	10,467	94.7%	(93.8%-95.7%)	10,730
Multiple Races	94.9%	(92.5%-97.2%)	909	95.9%	(93.1%-98.7%)	455	94.0%	(90.4%-97.6%)	439

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (en16\_2)*

*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	96.9%	(95.3%-98.5%)	1,316	98.2%	(96.4%-99.9%)	649	95.4%	(93.3%-97.6%)	633
Central Maine PHD	95.2%	(93.2%-97.1%)	3,392	95.3%	(93.1%-97.6%)	1,635	95.0%	(92.5%-97.6%)	1,703
Cumberland PHD	95.3%	(92.9%-97.6%)	5,432	95.4%	(93.0%-97.8%)	2,599	95.1%	(92.6%-97.6%)	2,724
Downeast PHD	95.8%	(94.5%-97.1%)	1,601	96.4%	(94.5%-98.2%)	787	95.1%	(92.6%-97.6%)	785
Mid-Coast PHD	95.5%	(94.1%-96.9%)	2,594	96.6%	(95.1%-98.1%)	1,219	94.9%	(93.0%-96.9%)	1,336
Penquis PHD	94.8%	(92.3%-97.4%)	3,201	96.7%	(94.4%-99.0%)	1,541	93.3%	(90.3%-96.3%)	1,603
Western Maine PHD	94.7%	(93.0%-96.3%)	4,025	94.9%	(91.9%-98.0%)	1,946	94.3%	(92.1%-96.4%)	2,002
York PHD	96.1%	(93.4%-98.8%)	4,037	96.9%	(95.1%-98.7%)	1,930	95.6%	(91.3%-99.9%)	2,021

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If one of your best friends offered you a cigarette, would you smoke it? (en17)  
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.8%	(7.7%-9.9%)	2,353	7.2%	(5.7%-8.7%)	920	10.2%	(8.9%-11.5%)	1,378
<b>----Age----</b>									
10 or younger	6.7%	(5.1%-8.4%)	492	4.2%	(2.5%-5.8%)	158	9.7%	(7.2%-12.1%)	328
11	7.9%	(6.7%-9.1%)	1,030	6.4%	(4.9%-7.9%)	394	9.2%	(7.5%-10.9%)	612
12 or older	13.0%	(10.8%-15.1%)	826	13.2%	(10.6%-15.7%)	366	12.7%	(10.0%-15.3%)	438
<b>----Grade----</b>									
Grade 5	7.2%	(5.9%-8.5%)	944	4.5%	(3.1%-5.8%)	279	9.8%	(7.9%-11.6%)	649
Grade 6	10.2%	(8.9%-11.6%)	1,373	9.9%	(8.1%-11.6%)	636	10.6%	(8.9%-12.3%)	712
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.0%	(6.7%-15.3%)	59	8.6%	(3.0%-14.2%)	24	13.1%	(5.8%-20.4%)	32
Non-Hispanic	9.1%	(7.9%-10.2%)	1,892	7.7%	(6.2%-9.2%)	776	10.3%	(8.8%-11.8%)	1,081
<b>----Race----</b>									
American Indian or Alaskan Native	13.6%	(8.7%-18.6%)	90	11.2%	(4.7%-17.6%)	28	16.2%	(9.3%-23.1%)	62
Asian	5.2%	(1.6%-8.7%)	16	*	*	*	*	*	*
Black or African American	10.0%	(6.1%-13.8%)	70	8.2%	(2.1%-14.3%)	26	11.1%	(4.6%-17.6%)	42
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.3%	(7.2%-9.4%)	1,872	6.7%	(5.1%-8.2%)	725	9.7%	(8.3%-11.2%)	1,110
Multiple Races	14.0%	(9.2%-18.9%)	135	14.1%	(7.9%-20.2%)	68	13.0%	(6.4%-19.5%)	60

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If one of your best friends offered you a cigarette, would you smoke it? (en17)  
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	5.9%	(4.3%-7.6%)	81	5.1%	(1.8%-8.3%)	33	7.1%	(5.3%-8.9%)	47
Central Maine PHD	9.9%	(7.0%-12.7%)	353	8.0%	(4.5%-11.4%)	138	11.5%	(7.7%-15.2%)	206
Cumberland PHD	8.6%	(5.4%-11.9%)	495	6.9%	(0.7%-13.2%)	187	10.3%	(8.0%-12.5%)	299
Downeast PHD	6.4%	(4.0%-8.7%)	106	4.8%	(2.9%-6.6%)	39	8.1%	(3.6%-12.7%)	67
Mid-Coast PHD	7.3%	(5.5%-9.1%)	197	6.3%	(4.3%-8.4%)	80	7.7%	(5.4%-10.0%)	109
Penquis PHD	8.9%	(5.9%-11.8%)	298	6.4%	(4.6%-8.3%)	102	10.6%	(6.8%-14.4%)	182
Western Maine PHD	9.3%	(8.3%-10.4%)	397	7.2%	(4.5%-10.0%)	147	11.7%	(8.9%-14.5%)	248
York PHD	6.7%	(2.9%-10.4%)	280	6.9%	(3.8%-10.0%)	137	6.4%	(1.8%-11.0%)	135

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.0%	(11.9%-14.2%)	3,452	10.6%	(9.0%-12.2%)	1,346	15.2%	(13.8%-16.6%)	2,018
<b>----Age----</b>									
10 or younger	10.3%	(8.6%-12.0%)	742	6.5%	(4.6%-8.4%)	246	14.5%	(11.9%-17.2%)	486
11	12.1%	(10.7%-13.5%)	1,563	10.2%	(8.5%-11.8%)	622	13.7%	(11.6%-15.9%)	897
12 or older	18.2%	(15.7%-20.7%)	1,141	17.3%	(13.8%-20.7%)	477	18.7%	(16.4%-21.1%)	634
<b>----Grade----</b>									
Grade 5	11.3%	(9.9%-12.8%)	1,464	7.6%	(6.0%-9.2%)	472	14.6%	(12.3%-16.9%)	953
Grade 6	14.6%	(13.3%-16.0%)	1,936	13.5%	(11.7%-15.3%)	864	15.7%	(13.9%-17.4%)	1,036
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.3%	(9.2%-19.3%)	75	12.2%	(5.0%-19.4%)	35	16.0%	(8.7%-23.4%)	39
Non-Hispanic	13.3%	(12.1%-14.5%)	2,739	11.1%	(9.4%-12.8%)	1,109	15.2%	(13.7%-16.6%)	1,569
<b>----Race----</b>									
American Indian or Alaskan Native	17.1%	(11.4%-22.9%)	110	15.0%	(8.7%-21.3%)	38	19.8%	(11.5%-28.1%)	73
Asian	12.5%	(3.7%-21.3%)	39	6.9%	(1.2%-12.7%)	9	16.2%	(2.5%-29.8%)	28
Black or African American	12.4%	(8.7%-16.1%)	86	8.7%	(2.4%-14.9%)	28	15.3%	(9.9%-20.7%)	56
Native Hawaiian or Other Pacific Islander	12.8%	(0.0%-28.2%)	7	*	*	*	*	*	*
White	12.6%	(11.5%-13.6%)	2,802	10.3%	(8.6%-11.9%)	1,108	14.6%	(13.1%-16.1%)	1,633
Multiple Races	18.9%	(13.3%-24.6%)	177	17.8%	(11.4%-24.2%)	83	18.0%	(10.6%-25.3%)	82

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	11.5%	(7.5%-15.4%)	154	8.2%	(3.5%-12.9%)	53	14.7%	(9.6%-19.8%)	97
Central Maine PHD	13.7%	(10.9%-16.5%)	482	11.6%	(7.9%-15.2%)	197	15.6%	(12.3%-18.8%)	276
Cumberland PHD	13.8%	(11.8%-15.8%)	779	10.8%	(4.9%-16.8%)	293	16.7%	(13.8%-19.5%)	472
Downeast PHD	10.6%	(8.0%-13.3%)	174	9.2%	(4.5%-13.9%)	74	11.7%	(8.9%-14.5%)	94
Mid-Coast PHD	11.6%	(9.6%-13.5%)	311	8.4%	(6.0%-10.9%)	106	13.7%	(10.6%-16.8%)	190
Penquis PHD	13.5%	(9.7%-17.2%)	449	10.9%	(8.1%-13.8%)	171	15.3%	(10.5%-20.1%)	261
Western Maine PHD	13.2%	(11.4%-15.1%)	557	9.7%	(6.5%-13.0%)	197	16.7%	(13.2%-20.2%)	352
York PHD	9.3%	(4.5%-14.0%)	385	8.2%	(4.7%-11.7%)	163	10.3%	(3.7%-16.9%)	215

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.9%	(10.8%-13.0%)	3,070	9.5%	(7.9%-11.1%)	1,187	14.0%	(12.6%-15.4%)	1,806
<b>----Age----</b>									
10 or younger	9.5%	(7.9%-11.2%)	674	5.5%	(3.8%-7.2%)	205	14.1%	(11.4%-16.8%)	459
11	11.0%	(9.6%-12.3%)	1,383	9.1%	(7.5%-10.7%)	548	12.4%	(10.4%-14.4%)	793
12 or older	16.7%	(14.0%-19.4%)	1,009	16.1%	(12.3%-19.9%)	433	17.1%	(14.6%-19.6%)	553
<b>----Grade----</b>									
Grade 5	10.3%	(8.9%-11.7%)	1,300	6.4%	(4.8%-7.9%)	388	13.8%	(11.5%-16.0%)	875
Grade 6	13.4%	(12.1%-14.7%)	1,729	12.6%	(10.8%-14.4%)	789	14.2%	(12.5%-15.9%)	910
<b>----Hispanic Ethnicity----</b>									
Hispanic	12.7%	(7.5%-17.8%)	64	9.4%	(2.9%-15.9%)	26	15.8%	(7.9%-23.6%)	36
Non-Hispanic	12.2%	(11.0%-13.4%)	2,450	10.0%	(8.4%-11.7%)	985	14.1%	(12.7%-15.5%)	1,411
<b>----Race----</b>									
American Indian or Alaskan Native	13.5%	(8.6%-18.4%)	82	12.7%	(6.5%-18.8%)	31	15.1%	(8.2%-22.1%)	51
Asian	12.5%	(3.7%-21.3%)	39	6.9%	(1.2%-12.7%)	9	16.2%	(2.5%-29.8%)	28
Black or African American	11.7%	(7.8%-15.6%)	79	8.1%	(1.9%-14.3%)	26	14.5%	(9.4%-19.5%)	51
Native Hawaiian or Other Pacific Islander	12.8%	(0.0%-28.2%)	7	*	*	*	*	*	*
White	11.4%	(10.4%-12.5%)	2,495	9.2%	(7.7%-10.8%)	981	13.4%	(11.9%-15.0%)	1,462
Multiple Races	17.6%	(12.1%-23.2%)	158	15.6%	(9.7%-21.5%)	70	17.5%	(10.2%-24.9%)	75

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	10.9%	(6.7%-15.1%)	143	7.9%	(3.2%-12.5%)	50	13.9%	(8.7%-19.2%)	89
Central Maine PHD	12.6%	(10.2%-15.0%)	433	10.6%	(6.8%-14.4%)	178	14.5%	(11.3%-17.7%)	247
Cumberland PHD	13.2%	(11.6%-14.8%)	735	10.3%	(4.8%-15.8%)	275	16.0%	(12.6%-19.4%)	446
Downeast PHD	9.4%	(6.8%-12.0%)	150	8.1%	(3.6%-12.5%)	64	10.3%	(7.8%-12.8%)	81
Mid-Coast PHD	10.4%	(8.4%-12.3%)	271	7.0%	(4.6%-9.3%)	85	13.0%	(10.0%-16.1%)	177
Penquis PHD	11.9%	(8.4%-15.4%)	387	9.4%	(6.3%-12.4%)	144	13.8%	(9.6%-18.0%)	228
Western Maine PHD	11.7%	(8.8%-14.6%)	477	8.0%	(3.9%-12.0%)	157	15.4%	(11.6%-19.2%)	311
York PHD	8.5%	(4.3%-12.6%)	342	7.9%	(4.8%-11.0%)	154	9.0%	(3.0%-15.0%)	180

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (en18a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.9%	(5.2%-6.7%)	1,590	3.8%	(2.9%-4.7%)	486	8.0%	(6.9%-9.2%)	1,080
<b>----Age----</b>									
10 or younger	4.5%	(3.4%-5.5%)	325	2.2%	(1.0%-3.3%)	83	7.2%	(5.0%-9.3%)	242
11	5.7%	(4.6%-6.7%)	743	3.4%	(2.4%-4.5%)	212	7.8%	(6.2%-9.4%)	521
12 or older	8.2%	(6.7%-9.7%)	520	6.9%	(5.0%-8.7%)	191	9.2%	(7.3%-11.2%)	317
<b>----Grade----</b>									
Grade 5	5.3%	(4.2%-6.4%)	699	2.5%	(1.5%-3.5%)	156	8.1%	(6.3%-9.9%)	538
Grade 6	6.5%	(5.5%-7.5%)	872	4.9%	(3.8%-6.1%)	318	8.0%	(6.6%-9.4%)	537
<b>----Hispanic Ethnicity----</b>									
Hispanic	9.0%	(4.2%-13.9%)	48	5.9%	(1.6%-10.3%)	17	12.8%	(3.9%-21.8%)	31
Non-Hispanic	5.6%	(4.8%-6.4%)	1,170	3.6%	(2.8%-4.5%)	365	7.5%	(6.2%-8.8%)	787
<b>----Race----</b>									
American Indian or Alaskan Native	10.6%	(6.4%-14.7%)	69	10.8%	(5.3%-16.3%)	27	10.9%	(5.0%-16.9%)	42
Asian	2.4%	(0.2%-4.6%)	8	*	*	*	*	*	*
Black or African American	2.7%	(0.7%-4.7%)	19	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	10.4%	(0.0%-24.2%)	6	*	*	*	*	*	*
White	5.7%	(4.9%-6.6%)	1,296	3.7%	(2.7%-4.7%)	402	7.7%	(6.5%-9.0%)	873
Multiple Races	9.0%	(5.6%-12.4%)	86	6.9%	(2.8%-10.9%)	33	11.5%	(5.9%-17.2%)	53

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (en18a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	6.3%	(4.8%-7.8%)	85	2.8%	(0.5%-5.0%)	18	9.8%	(8.2%-11.3%)	64
Central Maine PHD	5.9%	(4.2%-7.6%)	209	3.2%	(1.1%-5.2%)	55	8.6%	(5.5%-11.6%)	152
Cumberland PHD	4.4%	(3.2%-5.6%)	252	2.3%	(0.0%-4.6%)	62	6.4%	(5.5%-7.2%)	185
Downeast PHD	7.5%	(3.8%-11.2%)	124	6.4%	(2.7%-10.1%)	52	8.7%	(2.3%-15.1%)	72
Mid-Coast PHD	6.1%	(4.2%-8.0%)	166	4.6%	(2.6%-6.5%)	58	7.2%	(3.9%-10.5%)	102
Penquis PHD	7.0%	(4.7%-9.2%)	234	4.5%	(2.8%-6.2%)	71	9.5%	(6.3%-12.8%)	163
Western Maine PHD	5.4%	(3.9%-7.0%)	230	3.6%	(2.2%-5.0%)	73	7.1%	(4.2%-10.0%)	150
York PHD	6.5%	(3.1%-9.9%)	272	3.6%	(0.0%-7.9%)	71	9.2%	(5.5%-12.9%)	195

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.0%	(0.7%-1.3%)	270	0.6%	(0.4%-0.9%)	83	1.3%	(0.9%-1.8%)	180
<b>----Age----</b>									
10 or younger	0.8%	(0.3%-1.3%)	59	0.2%	(0.0%-0.5%)	8	1.5%	(0.5%-2.5%)	51
11	1.0%	(0.7%-1.3%)	128	0.9%	(0.5%-1.3%)	57	1.0%	(0.5%-1.6%)	67
12 or older	1.3%	(0.8%-1.9%)	84	0.7%	(0.2%-1.1%)	18	1.8%	(1.0%-2.6%)	62
<b>----Grade----</b>									
Grade 5	0.9%	(0.5%-1.3%)	121	0.3%	(0.1%-0.6%)	21	1.5%	(0.7%-2.3%)	100
Grade 6	1.1%	(0.8%-1.4%)	148	0.9%	(0.6%-1.3%)	61	1.2%	(0.7%-1.7%)	80
<b>----Hispanic Ethnicity----</b>									
Hispanic	2.2%	(0.2%-4.2%)	12	*	*	*	*	*	*
Non-Hispanic	0.9%	(0.7%-1.2%)	196	0.6%	(0.3%-0.9%)	64	1.2%	(0.7%-1.7%)	126
<b>----Race----</b>									
American Indian or Alaskan Native	2.7%	(0.2%-5.1%)	17	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.2%	(0.3%-2.1%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.9%	(0.6%-1.2%)	207	0.6%	(0.3%-1.0%)	71	1.2%	(0.7%-1.6%)	131
Multiple Races	1.3%	(0.2%-2.4%)	12	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	0.8%	(0.2%-1.4%)	11	*	*	*	*	*	*
Central Maine PHD	1.0%	(0.4%-1.6%)	36	*	*	*	*	*	*
Cumberland PHD	0.4%	(0.0%-0.8%)	25	0.4%	(0.0%-1.0%)	12	0.4%	(0.0%-0.9%)	12
Downeast PHD	1.6%	(0.5%-2.7%)	27	2.0%	(0.0%-4.1%)	17	1.2%	(0.0%-2.5%)	10
Mid-Coast PHD	1.1%	(0.5%-1.7%)	30	0.8%	(0.1%-1.4%)	10	1.2%	(0.4%-2.0%)	17
Penquis PHD	1.3%	(0.5%-2.1%)	44	0.7%	(0.1%-1.3%)	11	1.9%	(0.5%-3.4%)	33
Western Maine PHD	1.2%	(0.5%-2.0%)	52	0.7%	(0.0%-1.6%)	13	1.8%	(0.5%-3.2%)	39
York PHD	0.7%	(0.1%-1.4%)	31	0.4%	(0.0%-1.2%)	8	0.8%	(0.0%-1.8%)	17

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If you wanted to get some alcohol, how easy would it be for you to get some? (en20)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.9%	(13.9%-15.9%)	3,832	14.1%	(12.7%-15.5%)	1,700	15.6%	(13.8%-17.5%)	2,066
<b>----Age----</b>									
10 or younger	11.7%	(9.7%-13.7%)	800	10.5%	(7.5%-13.5%)	365	13.0%	(10.1%-15.9%)	428
11	14.2%	(12.9%-15.6%)	1,798	13.4%	(11.2%-15.5%)	791	15.0%	(12.9%-17.1%)	972
12 or older	19.8%	(17.6%-22.1%)	1,227	20.4%	(17.7%-23.2%)	544	19.4%	(16.7%-22.2%)	665
<b>----Grade----</b>									
Grade 5	12.3%	(10.7%-13.8%)	1,525	10.6%	(7.8%-13.5%)	611	13.8%	(11.5%-16.1%)	893
Grade 6	17.5%	(16.2%-18.7%)	2,278	17.5%	(15.9%-19.0%)	1,089	17.4%	(15.4%-19.5%)	1,149
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.1%	(11.0%-21.3%)	85	13.7%	(7.4%-19.9%)	38	18.3%	(11.1%-25.5%)	44
Non-Hispanic	15.2%	(13.9%-16.5%)	3,094	14.9%	(13.5%-16.4%)	1,448	15.4%	(13.1%-17.6%)	1,589
<b>----Race----</b>									
American Indian or Alaskan Native	12.0%	(7.4%-16.5%)	75	10.4%	(3.6%-17.2%)	25	13.7%	(8.0%-19.3%)	49
Asian	14.7%	(8.4%-21.1%)	46	15.4%	(3.6%-27.2%)	20	13.7%	(7.1%-20.4%)	25
Black or African American	7.3%	(4.1%-10.5%)	50	9.8%	(4.9%-14.7%)	30	5.2%	(1.5%-8.8%)	19
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.3%	(14.1%-16.4%)	3,328	14.5%	(12.8%-16.1%)	1,494	16.0%	(13.9%-18.1%)	1,782
Multiple Races	16.5%	(13.2%-19.8%)	157	15.3%	(9.9%-20.7%)	72	18.2%	(11.8%-24.5%)	85

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*If you wanted to get some alcohol, how easy would it be for you to get some? (en20)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	14.3%	(10.5%-18.0%)	186	10.1%	(7.5%-12.7%)	64	18.1%	(12.9%-23.3%)	117
Central Maine PHD	13.3%	(10.3%-16.2%)	459	11.3%	(8.2%-14.3%)	186	15.2%	(10.0%-20.4%)	265
Cumberland PHD	16.4%	(14.2%-18.5%)	889	17.9%	(15.0%-20.7%)	451	15.3%	(9.8%-20.8%)	429
Downeast PHD	16.7%	(12.7%-20.8%)	271	16.9%	(11.9%-21.9%)	132	16.2%	(9.3%-23.2%)	131
Mid-Coast PHD	14.3%	(12.0%-16.5%)	372	14.6%	(11.8%-17.3%)	175	13.4%	(10.8%-16.0%)	183
Penquis PHD	15.6%	(11.9%-19.2%)	505	13.6%	(11.2%-16.1%)	205	17.3%	(11.6%-23.1%)	292
Western Maine PHD	13.4%	(11.4%-15.4%)	537	12.3%	(7.0%-17.6%)	227	14.3%	(11.1%-17.5%)	299
York PHD	14.4%	(10.8%-17.9%)	570	12.6%	(8.2%-17.0%)	235	16.1%	(13.5%-18.7%)	327

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How wrong do your parents feel it would be for you to drink alcohol regularly? (en21)*

*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.5%	(3.1%-4.0%)	933	2.4%	(1.8%-3.0%)	302	4.6%	(3.8%-5.5%)	615
<b>----Age----</b>									
10 or younger	4.2%	(3.1%-5.2%)	294	3.1%	(1.7%-4.4%)	114	5.3%	(2.8%-7.8%)	175
11	3.0%	(2.3%-3.6%)	381	2.1%	(1.3%-2.9%)	128	3.8%	(2.7%-4.8%)	246
12 or older	4.1%	(3.0%-5.1%)	256	2.1%	(1.2%-3.0%)	58	5.6%	(4.0%-7.3%)	194
<b>----Grade----</b>									
Grade 5	4.1%	(3.4%-4.8%)	525	2.9%	(1.8%-4.0%)	177	5.2%	(3.7%-6.8%)	340
Grade 6	3.1%	(2.3%-3.8%)	405	2.0%	(1.3%-2.6%)	125	4.1%	(3.1%-5.1%)	272
<b>----Hispanic Ethnicity----</b>									
Hispanic	3.3%	(0.9%-5.7%)	17	3.2%	(0.0%-6.5%)	9	3.4%	(0.0%-6.9%)	8
Non-Hispanic	3.6%	(3.0%-4.3%)	750	2.4%	(1.6%-3.1%)	235	4.8%	(3.8%-5.8%)	502
<b>----Race----</b>									
American Indian or Alaskan Native	3.8%	(1.2%-6.5%)	25	5.3%	(0.0%-11.7%)	13	3.1%	(1.0%-5.3%)	11
Asian	2.4%	(0.0%-4.9%)	7	*	*	*	*	*	*
Black or African American	3.8%	(0.6%-7.0%)	26	2.1%	(0.0%-5.5%)	7	5.1%	(0.2%-10.1%)	19
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.5%	(2.8%-4.1%)	771	2.4%	(1.7%-3.0%)	254	4.6%	(3.5%-5.6%)	512
Multiple Races	5.5%	(2.9%-8.1%)	52	4.0%	(0.4%-7.6%)	19	6.1%	(1.7%-10.5%)	28

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How wrong do your parents feel it would be for you to drink alcohol regularly? (en21)*

*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	3.4%	(1.4%-5.4%)	45	2.8%	(0.6%-5.0%)	18	4.2%	(1.7%-6.6%)	27
Central Maine PHD	3.6%	(2.5%-4.7%)	127	2.0%	(0.6%-3.4%)	34	5.3%	(3.5%-7.1%)	93
Cumberland PHD	3.7%	(2.7%-4.8%)	210	1.2%	(0.0%-2.5%)	32	6.3%	(3.9%-8.6%)	177
Downeast PHD	4.4%	(2.3%-6.5%)	72	3.8%	(1.8%-5.8%)	31	5.1%	(1.5%-8.7%)	42
Mid-Coast PHD	2.4%	(1.5%-3.2%)	64	1.5%	(0.5%-2.4%)	18	3.1%	(1.3%-4.9%)	44
Penquis PHD	4.1%	(3.2%-4.9%)	134	3.4%	(2.1%-4.6%)	52	4.5%	(2.9%-6.1%)	75
Western Maine PHD	3.4%	(2.1%-4.8%)	143	2.4%	(0.0%-4.7%)	48	4.6%	(2.3%-6.8%)	96
York PHD	2.1%	(0.7%-3.6%)	86	2.0%	(0.0%-4.4%)	38	1.9%	(0.0%-4.5%)	40

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever used marijuana? (en53)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.8%	(1.4%-2.3%)	485	1.6%	(1.1%-2.2%)	205	2.1%	(1.4%-2.7%)	280
<b>----Age----</b>									
10 or younger	1.0%	(0.3%-1.8%)	73	0.5%	(0.0%-1.1%)	19	1.6%	(0.5%-2.8%)	54
11	1.6%	(1.0%-2.1%)	203	1.4%	(0.8%-2.0%)	87	1.7%	(1.0%-2.5%)	116
12 or older	3.2%	(2.3%-4.1%)	205	3.6%	(2.2%-5.0%)	99	3.1%	(1.7%-4.4%)	106
<b>----Grade----</b>									
Grade 5	1.3%	(0.6%-1.9%)	163	0.8%	(0.2%-1.5%)	51	1.7%	(0.8%-2.6%)	112
Grade 6	2.4%	(1.8%-2.9%)	316	2.4%	(1.6%-3.1%)	153	2.4%	(1.6%-3.3%)	163
<b>----Hispanic Ethnicity----</b>									
Hispanic	2.8%	(0.3%-5.2%)	15	*	*	*	*	*	*
Non-Hispanic	1.8%	(1.4%-2.3%)	383	1.7%	(1.1%-2.3%)	175	2.0%	(1.4%-2.6%)	208
<b>----Race----</b>									
American Indian or Alaskan Native	4.6%	(0.5%-8.8%)	30	4.5%	(0.1%-9.0%)	11	5.0%	(0.0%-10.0%)	19
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.4%	(0.0%-3.4%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.7%	(1.2%-2.2%)	390	1.6%	(1.0%-2.3%)	173	1.9%	(1.3%-2.5%)	217
Multiple Races	2.1%	(0.7%-3.6%)	20	1.6%	(0.3%-2.9%)	8	2.8%	(0.1%-5.5%)	13

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Have you ever used marijuana? (en53)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.0%	(0.2%-1.7%)	13	*	*	*	*	*	*
Central Maine PHD	2.4%	(0.9%-3.9%)	86	2.3%	(0.0%-4.5%)	39	2.6%	(0.7%-4.6%)	47
Cumberland PHD	1.6%	(0.2%-2.9%)	87	1.5%	(0.1%-2.9%)	38	1.7%	(0.1%-3.3%)	49
Downeast PHD	0.9%	(0.0%-1.8%)	15	*	*	*	*	*	*
Mid-Coast PHD	2.0%	(1.0%-2.9%)	53	2.7%	(1.1%-4.3%)	33	1.4%	(0.5%-2.3%)	20
Penquis PHD	2.0%	(1.0%-2.9%)	65	1.1%	(0.3%-1.9%)	17	2.8%	(1.3%-4.4%)	48
Western Maine PHD	1.9%	(0.5%-3.4%)	81	1.8%	(0.2%-3.5%)	37	2.1%	(0.5%-3.6%)	44
York PHD	1.1%	(0.1%-2.1%)	44	0.6%	(0.0%-1.3%)	11	1.6%	(0.1%-3.0%)	33

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.1%	(2.6%-3.7%)	840	3.3%	(2.5%-4.2%)	423	3.0%	(2.4%-3.7%)	409
<b>----Age----</b>									
10 or younger	3.5%	(2.3%-4.7%)	249	3.1%	(1.4%-4.8%)	116	4.0%	(2.4%-5.5%)	133
11	2.8%	(2.1%-3.4%)	362	2.9%	(1.9%-4.0%)	181	2.7%	(1.9%-3.5%)	179
12 or older	3.6%	(2.8%-4.4%)	229	4.5%	(2.8%-6.2%)	126	2.8%	(1.7%-3.9%)	98
<b>----Grade----</b>									
Grade 5	3.4%	(2.4%-4.4%)	439	3.5%	(2.0%-5.1%)	215	3.4%	(2.4%-4.4%)	224
Grade 6	2.9%	(2.5%-3.4%)	396	3.2%	(2.3%-4.1%)	208	2.7%	(2.0%-3.3%)	180
<b>----Hispanic Ethnicity----</b>									
Hispanic	7.1%	(1.8%-12.3%)	38	8.4%	(0.5%-16.4%)	24	5.6%	(0.0%-12.7%)	14
Non-Hispanic	3.0%	(2.4%-3.5%)	623	3.2%	(2.4%-4.1%)	326	2.8%	(2.1%-3.4%)	292
<b>----Race----</b>									
American Indian or Alaskan Native	4.8%	(2.0%-7.6%)	31	5.2%	(0.0%-10.4%)	13	4.9%	(1.4%-8.4%)	18
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.1%	(0.9%-3.4%)	15	2.0%	(0.0%-4.9%)	6	2.3%	(0.8%-3.8%)	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.1%	(2.5%-3.7%)	703	3.3%	(2.4%-4.1%)	356	3.0%	(2.3%-3.7%)	342
Multiple Races	3.5%	(1.3%-5.6%)	33	5.0%	(1.5%-8.4%)	24	1.9%	(0.0%-4.2%)	9

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.7%	(0.8%-2.6%)	23	1.3%	(0.0%-2.7%)	9	2.2%	(0.4%-4.0%)	15
Central Maine PHD	3.2%	(1.9%-4.6%)	114	3.1%	(1.3%-4.9%)	53	3.4%	(1.7%-5.2%)	61
Cumberland PHD	2.2%	(1.1%-3.3%)	123	1.7%	(0.0%-3.3%)	45	2.7%	(1.8%-3.5%)	77
Downeast PHD	3.4%	(1.5%-5.3%)	57	4.4%	(1.6%-7.2%)	36	2.5%	(0.5%-4.5%)	21
Mid-Coast PHD	3.5%	(2.2%-4.9%)	96	4.5%	(1.9%-7.0%)	56	2.6%	(1.1%-4.0%)	36
Penquis PHD	3.0%	(2.0%-4.0%)	99	2.4%	(1.2%-3.7%)	38	3.5%	(2.0%-5.1%)	61
Western Maine PHD	2.3%	(1.3%-3.3%)	98	2.0%	(0.4%-3.6%)	41	2.6%	(1.0%-4.1%)	55
York PHD	3.6%	(1.2%-6.1%)	152	6.5%	(1.5%-11.5%)	129	1.1%	(0.3%-1.9%)	23

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (en23)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	38.8%	(36.8%-40.8%)	10,398	38.9%	(36.1%-41.7%)	4,953	39.2%	(37.0%-41.4%)	5,300
<b>----Age----</b>									
10 or younger	34.1%	(31.7%-36.6%)	2,467	32.6%	(28.4%-36.7%)	1,235	36.3%	(33.0%-39.7%)	1,223
11	39.6%	(37.1%-42.2%)	5,188	41.1%	(37.6%-44.7%)	2,538	38.8%	(35.8%-41.7%)	2,582
12 or older	42.8%	(40.1%-45.5%)	2,718	42.6%	(38.3%-46.9%)	1,181	43.1%	(39.7%-46.5%)	1,490
<b>----Grade----</b>									
Grade 5	35.7%	(33.5%-37.9%)	4,653	35.6%	(31.6%-39.7%)	2,212	36.3%	(33.3%-39.3%)	2,405
Grade 6	42.2%	(39.5%-44.8%)	5,656	41.9%	(39.1%-44.7%)	2,706	42.7%	(39.5%-45.9%)	2,878
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.4%	(33.5%-51.3%)	227	46.9%	(34.3%-59.5%)	134	37.5%	(27.4%-47.5%)	92
Non-Hispanic	39.8%	(37.8%-41.9%)	8,343	39.7%	(36.9%-42.5%)	4,008	40.4%	(38.1%-42.7%)	4,248
<b>----Race----</b>									
American Indian or Alaskan Native	32.8%	(25.7%-39.8%)	217	33.9%	(22.5%-45.3%)	86	33.0%	(24.1%-42.0%)	126
Asian	40.8%	(26.8%-54.9%)	130	39.4%	(13.6%-65.3%)	51	42.3%	(29.6%-55.1%)	78
Black or African American	36.7%	(30.9%-42.5%)	263	40.6%	(29.7%-51.5%)	134	33.6%	(22.3%-44.8%)	129
Native Hawaiian or Other Pacific Islander	31.1%	(14.0%-48.3%)	18	*	*	*	*	*	*
White	39.8%	(37.7%-41.9%)	8,986	39.6%	(36.8%-42.5%)	4,308	40.2%	(37.8%-42.5%)	4,565
Multiple Races	39.2%	(33.8%-44.5%)	373	40.6%	(33.6%-47.7%)	194	38.4%	(29.9%-46.9%)	177

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (en23)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	42.5%	(36.6%-48.4%)	576	42.5%	(33.9%-51.1%)	282	43.1%	(38.2%-48.0%)	285
Central Maine PHD	34.5%	(29.9%-39.1%)	1,229	34.4%	(27.9%-40.9%)	591	35.5%	(31.1%-39.9%)	631
Cumberland PHD	39.3%	(32.1%-46.4%)	2,227	36.5%	(23.0%-50.0%)	983	42.5%	(38.4%-46.7%)	1,216
Downeast PHD	38.2%	(34.0%-42.5%)	643	38.0%	(33.4%-42.6%)	313	38.6%	(33.5%-43.7%)	320
Mid-Coast PHD	40.3%	(37.1%-43.5%)	1,094	40.9%	(36.9%-44.9%)	517	39.8%	(34.9%-44.6%)	560
Penquis PHD	40.3%	(35.4%-45.3%)	1,357	41.1%	(37.2%-44.9%)	649	39.9%	(33.5%-46.4%)	688
Western Maine PHD	37.2%	(31.5%-42.9%)	1,569	36.0%	(27.1%-44.9%)	719	38.8%	(33.4%-44.1%)	831
York PHD	39.6%	(35.8%-43.3%)	1,658	43.3%	(34.6%-52.0%)	863	36.6%	(32.1%-41.1%)	774

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (en24)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	92.4%	(91.5%-93.3%)	23,802	93.4%	(92.4%-94.5%)	11,475	91.6%	(90.4%-92.8%)	11,906
<b>----Age----</b>									
10 or younger	92.5%	(90.8%-94.3%)	6,313	94.3%	(92.4%-96.3%)	3,366	90.5%	(88.1%-92.9%)	2,891
11	92.5%	(91.3%-93.6%)	11,708	93.3%	(91.8%-94.7%)	5,598	92.1%	(90.6%-93.5%)	5,900
12 or older	92.0%	(90.7%-93.3%)	5,690	92.5%	(90.7%-94.3%)	2,507	91.7%	(89.8%-93.6%)	3,087
<b>----Grade----</b>									
Grade 5	92.1%	(90.6%-93.7%)	11,437	93.7%	(92.0%-95.5%)	5,547	90.9%	(89.0%-92.8%)	5,730
Grade 6	92.7%	(91.8%-93.6%)	12,107	93.1%	(92.0%-94.3%)	5,857	92.5%	(91.2%-93.8%)	6,066
<b>----Hispanic Ethnicity----</b>									
Hispanic	87.8%	(83.3%-92.3%)	453	89.5%	(83.4%-95.6%)	243	85.7%	(79.1%-92.4%)	206
Non-Hispanic	92.6%	(91.6%-93.6%)	18,837	93.5%	(92.4%-94.5%)	9,219	92.0%	(90.7%-93.3%)	9,351
<b>----Race----</b>									
American Indian or Alaskan Native	91.2%	(86.8%-95.6%)	574	92.0%	(85.1%-98.9%)	232	90.3%	(84.1%-96.4%)	326
Asian	89.6%	(82.7%-96.6%)	282	92.7%	(85.1%-100.0%)	118	88.0%	(78.5%-97.6%)	161
Black or African American	93.3%	(91.1%-95.6%)	643	94.8%	(90.6%-99.0%)	290	92.2%	(88.6%-95.8%)	350
Native Hawaiian or Other Pacific Islander	80.2%	(59.5%-100.0%)	43	*	*	*	*	*	*
White	92.7%	(91.7%-93.6%)	20,198	93.7%	(92.7%-94.8%)	9,881	91.9%	(90.6%-93.2%)	10,036
Multiple Races	89.4%	(86.0%-92.8%)	827	89.1%	(83.3%-94.9%)	412	89.4%	(84.3%-94.6%)	404

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (en24)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	93.6%	(90.4%-96.9%)	1,217	93.4%	(89.0%-97.8%)	591	93.6%	(90.0%-97.2%)	595
Central Maine PHD	91.4%	(89.8%-93.1%)	3,146	91.9%	(89.4%-94.5%)	1,525	91.4%	(88.6%-94.2%)	1,574
Cumberland PHD	95.1%	(93.1%-97.1%)	5,165	97.2%	(94.8%-99.6%)	2,533	93.4%	(91.7%-95.0%)	2,527
Downeast PHD	87.0%	(82.5%-91.5%)	1,409	88.4%	(83.1%-93.8%)	703	86.3%	(80.4%-92.1%)	690
Mid-Coast PHD	92.3%	(90.5%-94.1%)	2,398	92.6%	(89.9%-95.2%)	1,118	92.0%	(89.6%-94.4%)	1,247
Penquis PHD	92.9%	(91.0%-94.9%)	3,034	94.1%	(92.3%-95.8%)	1,444	92.1%	(88.6%-95.6%)	1,537
Western Maine PHD	91.0%	(87.7%-94.4%)	3,679	92.5%	(88.8%-96.1%)	1,784	90.0%	(86.4%-93.6%)	1,854
York PHD	93.0%	(90.8%-95.2%)	3,755	92.5%	(88.8%-96.2%)	1,740	93.2%	(88.8%-97.5%)	1,928

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*On an average school day, how long after school are you alone without a parent or trusted adult? (en62)*

*Percentage of students who answered '2 hours or more'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.8%	(22.1%-25.4%)	6,278	22.1%	(19.8%-24.4%)	2,770	25.3%	(23.5%-27.1%)	3,382
<b>----Age----</b>									
10 or younger	18.9%	(16.6%-21.2%)	1,343	15.7%	(12.3%-19.1%)	583	22.1%	(18.7%-25.6%)	736
11	23.3%	(21.3%-25.2%)	3,006	22.4%	(19.6%-25.2%)	1,362	24.3%	(21.9%-26.8%)	1,597
12 or older	30.4%	(28.1%-32.7%)	1,911	30.2%	(26.9%-33.4%)	823	30.5%	(28.0%-33.1%)	1,045
<b>----Grade----</b>									
Grade 5	19.3%	(17.3%-21.2%)	2,487	16.7%	(13.8%-19.6%)	1,020	21.5%	(18.8%-24.3%)	1,414
Grade 6	28.3%	(26.6%-29.9%)	3,731	27.5%	(25.3%-29.6%)	1,740	29.2%	(27.4%-31.1%)	1,940
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.4%	(18.4%-30.4%)	129	19.8%	(12.6%-26.9%)	56	29.6%	(21.3%-37.8%)	71
Non-Hispanic	24.4%	(22.5%-26.3%)	5,036	22.9%	(20.1%-25.8%)	2,285	25.8%	(23.9%-27.7%)	2,674
<b>----Race----</b>									
American Indian or Alaskan Native	23.7%	(16.8%-30.5%)	154	26.2%	(13.0%-39.4%)	64	22.6%	(14.4%-30.8%)	86
Asian	31.5%	(24.6%-38.4%)	98	27.7%	(20.8%-34.6%)	36	34.7%	(23.0%-46.4%)	62
Black or African American	32.4%	(25.4%-39.4%)	225	31.7%	(21.0%-42.4%)	103	33.3%	(25.0%-41.6%)	122
Native Hawaiian or Other Pacific Islander	34.6%	(8.5%-60.8%)	20	*	*	*	*	*	*
White	23.2%	(21.3%-25.1%)	5,171	21.6%	(19.0%-24.2%)	2,315	24.6%	(22.6%-26.6%)	2,767
Multiple Races	27.0%	(21.9%-32.1%)	253	22.9%	(16.8%-29.0%)	106	30.2%	(22.5%-37.9%)	137

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered '2 hours or more' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*On an average school day, how long after school are you alone without a parent or trusted adult? (en62)*

*Percentage of students who answered '2 hours or more'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	25.0%	(21.7%-28.3%)	336	23.0%	(16.4%-29.6%)	150	26.8%	(19.7%-33.9%)	178
Central Maine PHD	22.0%	(18.6%-25.3%)	773	19.2%	(14.3%-24.1%)	322	24.3%	(20.7%-27.9%)	432
Cumberland PHD	26.0%	(22.6%-29.5%)	1,451	24.6%	(19.0%-30.2%)	643	27.3%	(25.5%-29.0%)	775
Downeast PHD	25.0%	(18.9%-31.1%)	412	21.4%	(12.2%-30.6%)	174	28.2%	(22.8%-33.6%)	230
Mid-Coast PHD	20.7%	(16.7%-24.7%)	556	19.0%	(13.5%-24.5%)	235	22.1%	(16.5%-27.6%)	309
Penquis PHD	24.1%	(18.1%-30.2%)	797	21.6%	(14.2%-29.0%)	338	26.6%	(20.8%-32.5%)	448
Western Maine PHD	22.0%	(17.7%-26.4%)	929	20.5%	(15.7%-25.3%)	410	24.1%	(18.4%-29.9%)	517
York PHD	27.6%	(20.0%-35.2%)	1,138	27.0%	(19.5%-34.5%)	524	27.8%	(17.9%-37.8%)	582

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered '2 hours or more' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	70.0%	(68.5%-71.5%)	18,204	71.4%	(69.5%-73.4%)	8,840	68.9%	(66.9%-70.9%)	9,043
<b>----Age----</b>									
10 or younger	68.8%	(66.5%-71.2%)	4,849	69.9%	(66.1%-73.8%)	2,582	67.6%	(63.5%-71.7%)	2,215
11	71.1%	(69.1%-73.0%)	9,002	72.7%	(69.9%-75.5%)	4,334	70.0%	(67.7%-72.3%)	4,523
12 or older	69.0%	(66.1%-71.8%)	4,278	70.8%	(67.4%-74.2%)	1,920	67.8%	(64.1%-71.5%)	2,282
<b>----Grade----</b>									
Grade 5	69.6%	(67.5%-71.6%)	8,768	71.0%	(68.1%-73.8%)	4,271	68.3%	(65.2%-71.4%)	4,369
Grade 6	70.4%	(68.4%-72.4%)	9,221	71.7%	(69.3%-74.1%)	4,508	69.5%	(67.2%-71.8%)	4,576
<b>----Hispanic Ethnicity----</b>									
Hispanic	73.6%	(65.4%-81.8%)	376	75.4%	(65.6%-85.3%)	208	71.0%	(56.0%-86.0%)	165
Non-Hispanic	69.7%	(68.0%-71.3%)	14,173	71.2%	(69.2%-73.3%)	6,997	68.6%	(66.2%-70.9%)	7,006
<b>----Race----</b>									
American Indian or Alaskan Native	75.6%	(67.4%-83.8%)	490	74.5%	(61.1%-87.9%)	188	75.4%	(66.9%-83.8%)	281
Asian	77.6%	(68.9%-86.3%)	244	78.4%	(63.9%-93.0%)	100	77.3%	(67.3%-87.2%)	141
Black or African American	76.7%	(70.6%-82.7%)	536	74.5%	(64.1%-84.8%)	246	78.3%	(72.6%-84.1%)	285
Native Hawaiian or Other Pacific Islander	73.3%	(46.8%-99.7%)	41	*	*	*	*	*	*
White	69.5%	(67.8%-71.2%)	15,248	71.3%	(69.2%-73.4%)	7,552	68.2%	(65.9%-70.6%)	7,520
Multiple Races	75.3%	(69.7%-80.9%)	697	75.4%	(68.6%-82.2%)	348	75.7%	(68.2%-83.1%)	338

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	61.6%	(56.6%-66.6%)	801	65.0%	(58.3%-71.7%)	414	58.0%	(50.6%-65.4%)	367
Central Maine PHD	73.1%	(68.8%-77.5%)	2,519	73.7%	(68.2%-79.1%)	1,218	73.1%	(67.7%-78.6%)	1,270
Cumberland PHD	72.5%	(70.3%-74.8%)	4,069	72.4%	(68.8%-75.9%)	1,905	72.4%	(69.6%-75.3%)	2,067
Downeast PHD	70.0%	(64.9%-75.1%)	1,141	72.1%	(66.3%-77.8%)	574	68.6%	(62.8%-74.4%)	555
Mid-Coast PHD	71.8%	(67.4%-76.2%)	1,923	74.7%	(69.6%-79.9%)	925	70.0%	(64.0%-75.9%)	977
Penquis PHD	67.3%	(64.6%-70.0%)	2,190	68.3%	(64.0%-72.6%)	1,039	67.0%	(63.3%-70.6%)	1,122
Western Maine PHD	67.4%	(64.9%-70.0%)	2,747	70.6%	(66.2%-75.0%)	1,418	63.9%	(58.1%-69.7%)	1,277
York PHD	71.1%	(68.7%-73.4%)	2,878	72.3%	(65.8%-78.7%)	1,390	69.4%	(62.6%-76.2%)	1,420

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.9%	(10.7%-13.0%)	3,085	9.9%	(8.6%-11.1%)	1,221	13.5%	(11.8%-15.2%)	1,777
<b>----Age----</b>									
10 or younger	12.3%	(10.6%-14.0%)	866	9.3%	(6.8%-11.8%)	342	15.7%	(12.7%-18.6%)	514
11	11.3%	(9.9%-12.6%)	1,425	9.7%	(8.0%-11.4%)	579	12.4%	(10.4%-14.3%)	798
12 or older	12.5%	(10.4%-14.7%)	779	11.0%	(8.7%-13.3%)	298	13.7%	(10.7%-16.6%)	460
<b>----Grade----</b>									
Grade 5	12.4%	(10.9%-13.9%)	1,558	9.9%	(8.1%-11.8%)	598	14.6%	(12.1%-17.0%)	933
Grade 6	11.3%	(9.8%-12.8%)	1,481	9.9%	(8.2%-11.6%)	623	12.4%	(10.4%-14.4%)	815
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.0%	(6.2%-15.8%)	56	14.5%	(7.0%-22.0%)	40	7.1%	(2.1%-12.0%)	16
Non-Hispanic	11.9%	(10.6%-13.2%)	2,422	9.9%	(8.5%-11.4%)	977	13.6%	(11.7%-15.4%)	1,387
<b>----Race----</b>									
American Indian or Alaskan Native	11.1%	(5.4%-16.8%)	72	14.3%	(1.8%-26.9%)	36	9.6%	(4.1%-15.1%)	36
Asian	7.2%	(2.9%-11.5%)	23	*	*	*	*	*	*
Black or African American	8.7%	(4.8%-12.7%)	61	8.1%	(1.0%-15.3%)	27	9.4%	(4.5%-14.3%)	34
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.0%	(10.8%-13.2%)	2,625	9.7%	(8.4%-11.0%)	1,028	13.9%	(11.9%-15.8%)	1,527
Multiple Races	9.6%	(5.7%-13.4%)	89	11.1%	(5.9%-16.3%)	51	8.3%	(3.2%-13.5%)	37

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	17.1%	(13.4%-20.9%)	223	14.8%	(10.6%-19.0%)	94	20.3%	(14.3%-26.3%)	128
Central Maine PHD	10.9%	(8.4%-13.4%)	376	8.5%	(5.8%-11.3%)	141	13.2%	(9.8%-16.5%)	228
Cumberland PHD	9.8%	(8.5%-11.1%)	550	8.6%	(6.8%-10.5%)	227	10.7%	(8.4%-13.0%)	304
Downeast PHD	12.4%	(8.3%-16.5%)	202	7.8%	(4.8%-10.8%)	62	16.0%	(9.6%-22.5%)	130
Mid-Coast PHD	10.4%	(8.1%-12.7%)	280	8.6%	(6.2%-11.0%)	106	11.2%	(8.0%-14.5%)	157
Penquis PHD	15.0%	(11.0%-19.0%)	487	11.5%	(7.4%-15.7%)	175	18.2%	(12.9%-23.5%)	304
Western Maine PHD	13.4%	(11.8%-14.9%)	545	13.4%	(9.6%-17.2%)	270	13.5%	(9.4%-17.6%)	270
York PHD	8.5%	(6.5%-10.5%)	345	7.9%	(4.7%-11.2%)	152	9.0%	(4.8%-13.2%)	184

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)*

*Percentage of students who ate vegetables less than 1 time yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.2%	(21.7%-24.8%)	6,212	19.0%	(17.2%-20.8%)	2,419	27.0%	(25.0%-29.1%)	3,641
<b>----Age----</b>									
10 or younger	24.7%	(22.0%-27.4%)	1,793	19.1%	(15.7%-22.5%)	728	31.5%	(27.7%-35.3%)	1,061
11	23.1%	(21.2%-24.9%)	3,005	19.2%	(16.6%-21.7%)	1,178	25.9%	(23.5%-28.3%)	1,719
12 or older	21.9%	(19.6%-24.2%)	1,389	18.5%	(16.1%-20.9%)	513	25.1%	(21.8%-28.4%)	861
<b>----Grade----</b>									
Grade 5	25.2%	(22.8%-27.6%)	3,295	20.0%	(17.2%-22.8%)	1,251	30.0%	(26.8%-33.2%)	1,987
Grade 6	21.4%	(19.4%-23.4%)	2,857	18.1%	(15.9%-20.4%)	1,164	24.2%	(21.9%-26.6%)	1,625
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.5%	(14.7%-24.3%)	104	16.2%	(10.3%-22.2%)	46	23.0%	(14.7%-31.3%)	56
Non-Hispanic	23.1%	(21.4%-24.7%)	4,812	18.5%	(16.3%-20.7%)	1,860	27.3%	(25.2%-29.3%)	2,859
<b>----Race----</b>									
American Indian or Alaskan Native	22.3%	(15.4%-29.2%)	147	23.7%	(11.5%-35.8%)	60	21.1%	(13.1%-29.2%)	81
Asian	15.3%	(9.4%-21.3%)	48	6.7%	(0.5%-12.9%)	9	21.7%	(9.7%-33.8%)	40
Black or African American	23.5%	(18.3%-28.8%)	166	16.5%	(8.0%-25.0%)	54	29.3%	(22.7%-35.9%)	109
Native Hawaiian or Other Pacific Islander	14.0%	(1.0%-27.0%)	8	*	*	*	*	*	*
White	23.3%	(21.5%-25.0%)	5,240	19.0%	(17.0%-21.0%)	2,066	27.2%	(24.9%-29.4%)	3,073
Multiple Races	18.8%	(12.9%-24.7%)	181	15.2%	(8.7%-21.7%)	73	21.8%	(13.7%-29.9%)	101

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)*

*Percentage of students who ate vegetables less than 1 time yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	28.2%	(24.6%-31.8%)	379	28.4%	(22.8%-34.0%)	185	28.7%	(24.6%-32.8%)	190
Central Maine PHD	23.9%	(19.4%-28.4%)	850	20.4%	(15.8%-25.0%)	350	26.6%	(21.0%-32.2%)	475
Cumberland PHD	21.1%	(19.0%-23.1%)	1,197	17.3%	(14.9%-19.8%)	467	24.4%	(21.6%-27.2%)	699
Downeast PHD	21.4%	(15.8%-27.1%)	356	17.8%	(12.6%-23.1%)	146	24.4%	(17.5%-31.2%)	199
Mid-Coast PHD	21.5%	(18.2%-24.9%)	583	16.1%	(11.9%-20.4%)	204	25.8%	(21.3%-30.2%)	362
Penquis PHD	25.0%	(21.6%-28.5%)	839	19.6%	(15.6%-23.6%)	309	30.1%	(26.1%-34.2%)	515
Western Maine PHD	26.1%	(20.3%-32.0%)	1,109	22.3%	(15.1%-29.6%)	458	30.4%	(23.5%-37.2%)	645
York PHD	20.4%	(16.9%-23.9%)	855	13.5%	(7.5%-19.5%)	266	26.3%	(16.9%-35.6%)	557

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Percentage of students who ate vegetables three or more times yesterday (enveg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.3%	(25.2%-29.3%)	7,288	28.8%	(26.2%-31.5%)	3,674	25.8%	(23.9%-27.7%)	3,472
<b>----Age----</b>									
10 or younger	25.2%	(22.5%-28.0%)	1,832	25.7%	(22.2%-29.2%)	979	24.7%	(21.5%-28.0%)	833
11	27.9%	(25.3%-30.4%)	3,633	29.9%	(26.4%-33.5%)	1,840	25.9%	(23.0%-28.8%)	1,717
12 or older	28.3%	(24.9%-31.6%)	1,790	30.7%	(25.7%-35.7%)	852	26.6%	(23.4%-29.8%)	912
<b>----Grade----</b>									
Grade 5	26.4%	(23.7%-29.0%)	3,447	26.7%	(23.4%-30.1%)	1,669	25.9%	(23.1%-28.8%)	1,718
Grade 6	28.2%	(25.0%-31.4%)	3,766	30.9%	(26.8%-35.0%)	1,981	25.9%	(23.2%-28.5%)	1,734
<b>----Hispanic Ethnicity----</b>									
Hispanic	30.5%	(24.2%-36.8%)	163	34.1%	(24.7%-43.6%)	97	26.8%	(17.0%-36.5%)	66
Non-Hispanic	27.5%	(25.2%-29.8%)	5,745	29.3%	(26.2%-32.4%)	2,953	25.9%	(23.8%-28.0%)	2,712
<b>----Race----</b>									
American Indian or Alaskan Native	26.5%	(18.9%-34.1%)	176	27.5%	(17.8%-37.3%)	69	25.6%	(17.6%-33.6%)	98
Asian	45.2%	(38.0%-52.5%)	143	50.8%	(32.7%-68.8%)	65	42.0%	(31.8%-52.2%)	77
Black or African American	30.3%	(21.4%-39.2%)	213	40.2%	(26.5%-53.9%)	131	22.1%	(11.3%-32.8%)	82
Native Hawaiian or Other Pacific Islander	55.3%	(29.4%-81.2%)	31	66.4%	(35.2%-97.7%)	24	34.2%	(0.3%-68.1%)	7
White	26.6%	(24.3%-28.8%)	5,984	28.1%	(25.3%-31.0%)	3,056	25.1%	(22.9%-27.3%)	2,843
Multiple Races	30.0%	(23.0%-37.0%)	289	32.2%	(21.6%-42.9%)	155	28.2%	(16.8%-39.7%)	131

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students who ate vegetables three or more times yesterday (enveg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	24.8%	(21.0%-28.7%)	334	19.1%	(12.6%-25.6%)	125	29.6%	(23.1%-36.2%)	196
Central Maine PHD	28.5%	(25.2%-31.9%)	1,015	29.9%	(25.4%-34.5%)	513	27.5%	(23.8%-31.2%)	491
Cumberland PHD	30.3%	(26.0%-34.5%)	1,719	32.0%	(26.2%-37.8%)	863	28.5%	(23.6%-33.4%)	815
Downeast PHD	26.5%	(22.8%-30.3%)	441	24.3%	(20.8%-27.8%)	199	28.8%	(22.1%-35.5%)	235
Mid-Coast PHD	29.3%	(24.5%-34.2%)	796	31.4%	(25.4%-37.4%)	396	27.6%	(23.1%-32.1%)	387
Penquis PHD	25.5%	(21.7%-29.4%)	855	29.6%	(23.9%-35.4%)	468	22.0%	(18.7%-25.2%)	375
Western Maine PHD	22.3%	(16.8%-27.9%)	948	23.3%	(15.2%-31.3%)	477	21.1%	(16.4%-25.8%)	449
York PHD	29.1%	(22.9%-35.2%)	1,217	29.0%	(21.9%-36.1%)	571	28.4%	(23.1%-33.6%)	601

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (enfrvg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	46.6%	(44.5%-48.6%)	12,021	47.9%	(45.5%-50.2%)	5,883	45.3%	(43.0%-47.6%)	5,897
<b>----Age----</b>									
10 or younger	45.1%	(42.2%-48.1%)	3,162	47.0%	(42.7%-51.2%)	1,729	43.0%	(38.3%-47.7%)	1,399
11	47.0%	(44.4%-49.6%)	5,898	47.9%	(44.7%-51.1%)	2,833	46.2%	(43.5%-49.0%)	2,959
12 or older	47.1%	(43.9%-50.3%)	2,905	48.9%	(44.9%-53.0%)	1,319	45.5%	(41.7%-49.4%)	1,523
<b>----Grade----</b>									
Grade 5	46.0%	(43.4%-48.6%)	5,756	47.4%	(44.4%-50.3%)	2,836	44.6%	(41.0%-48.1%)	2,824
Grade 6	46.8%	(43.6%-50.0%)	6,089	48.0%	(44.3%-51.8%)	2,996	45.8%	(42.7%-48.9%)	2,995
<b>----Hispanic Ethnicity----</b>									
Hispanic	53.7%	(45.0%-62.3%)	274	58.9%	(47.4%-70.3%)	162	47.8%	(34.8%-60.7%)	111
Non-Hispanic	46.3%	(44.0%-48.7%)	9,371	47.8%	(45.0%-50.6%)	4,671	45.1%	(42.4%-47.8%)	4,579
<b>----Race----</b>									
American Indian or Alaskan Native	50.6%	(41.5%-59.7%)	326	50.7%	(37.8%-63.7%)	126	48.0%	(37.3%-58.8%)	179
Asian	61.4%	(52.2%-70.6%)	192	67.0%	(45.4%-88.5%)	84	58.5%	(46.0%-71.0%)	107
Black or African American	56.5%	(50.5%-62.5%)	386	56.4%	(47.3%-65.5%)	184	56.7%	(49.6%-63.8%)	199
Native Hawaiian or Other Pacific Islander	82.3%	(68.5%-96.0%)	46	*	*	*	*	*	*
White	45.5%	(43.2%-47.8%)	9,907	46.7%	(44.2%-49.2%)	4,914	44.6%	(41.9%-47.3%)	4,875
Multiple Races	53.7%	(46.0%-61.4%)	497	57.3%	(47.8%-66.7%)	264	49.5%	(40.0%-59.0%)	221

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (enfrvg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	40.8%	(35.3%-46.2%)	527	37.2%	(28.1%-46.3%)	235	43.6%	(37.2%-50.0%)	274
Central Maine PHD	47.5%	(43.9%-51.0%)	1,625	47.6%	(43.4%-51.8%)	782	47.5%	(42.5%-52.4%)	819
Cumberland PHD	50.9%	(47.1%-54.7%)	2,827	52.9%	(48.5%-57.3%)	1,388	48.8%	(44.7%-52.9%)	1,372
Downeast PHD	47.4%	(43.1%-51.8%)	764	49.9%	(44.0%-55.7%)	394	45.5%	(38.3%-52.7%)	362
Mid-Coast PHD	47.8%	(42.5%-53.2%)	1,270	50.6%	(44.6%-56.5%)	623	45.9%	(40.0%-51.8%)	633
Penquis PHD	43.6%	(40.2%-47.1%)	1,408	44.9%	(39.6%-50.2%)	676	42.9%	(39.9%-45.9%)	713
Western Maine PHD	41.7%	(35.8%-47.5%)	1,692	44.0%	(39.4%-48.5%)	883	38.7%	(30.4%-47.0%)	768
York PHD	48.5%	(44.5%-52.6%)	1,953	49.6%	(45.9%-53.4%)	942	46.5%	(40.0%-53.0%)	951

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (en66)*

*Percentage of students who answered at least one time yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	58.9%	(56.9%-60.9%)	15,776	56.9%	(53.9%-59.9%)	7,262	60.9%	(58.6%-63.2%)	8,212
<b>----Age----</b>									
10 or younger	54.7%	(51.0%-58.4%)	3,968	50.8%	(45.3%-56.3%)	1,934	59.9%	(55.1%-64.8%)	2,017
11	60.5%	(58.2%-62.8%)	7,916	59.4%	(56.5%-62.4%)	3,661	61.2%	(58.2%-64.2%)	4,070
12 or older	60.4%	(57.6%-63.2%)	3,841	59.8%	(56.6%-62.9%)	1,662	61.2%	(57.3%-65.1%)	2,108
<b>----Grade----</b>									
Grade 5	57.5%	(54.1%-60.9%)	7,518	53.9%	(49.1%-58.7%)	3,359	60.8%	(57.3%-64.4%)	4,031
Grade 6	60.3%	(58.5%-62.2%)	8,093	60.0%	(57.5%-62.5%)	3,868	60.7%	(57.7%-63.6%)	4,081
<b>----Hispanic Ethnicity----</b>									
Hispanic	69.9%	(63.1%-76.6%)	372	68.4%	(58.3%-78.5%)	194	71.1%	(62.8%-79.4%)	174
Non-Hispanic	60.0%	(58.0%-61.9%)	12,531	58.2%	(55.8%-60.6%)	5,869	61.7%	(59.2%-64.3%)	6,472
<b>----Race----</b>									
American Indian or Alaskan Native	57.6%	(48.7%-66.4%)	380	51.2%	(39.7%-62.6%)	130	63.2%	(52.1%-74.2%)	240
Asian	63.3%	(52.6%-74.0%)	201	68.4%	(55.4%-81.3%)	89	59.9%	(47.6%-72.2%)	110
Black or African American	57.9%	(50.2%-65.6%)	417	57.1%	(47.0%-67.3%)	189	58.5%	(49.5%-67.5%)	225
Native Hawaiian or Other Pacific Islander	56.6%	(35.0%-78.3%)	32	53.3%	(23.6%-83.1%)	20	62.9%	(38.1%-87.8%)	12
White	59.0%	(57.0%-61.0%)	13,305	56.9%	(54.0%-59.7%)	6,186	61.2%	(58.9%-63.5%)	6,934
Multiple Races	59.6%	(51.0%-68.2%)	575	68.3%	(60.4%-76.2%)	329	49.6%	(37.4%-61.8%)	231

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least one time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (en66)*

*Percentage of students who answered at least one time yesterday*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	62.2%	(57.5%-66.8%)	834	58.8%	(54.3%-63.3%)	385	65.3%	(58.0%-72.6%)	426
Central Maine PHD	62.1%	(59.2%-65.0%)	2,213	60.4%	(55.3%-65.6%)	1,035	63.4%	(59.6%-67.2%)	1,132
Cumberland PHD	54.2%	(49.5%-59.0%)	3,096	48.8%	(37.7%-60.0%)	1,319	58.7%	(57.1%-60.2%)	1,692
Downeast PHD	64.1%	(55.9%-72.2%)	1,067	60.2%	(52.5%-67.8%)	488	68.8%	(56.8%-80.7%)	567
Mid-Coast PHD	56.7%	(51.1%-62.2%)	1,538	55.4%	(48.5%-62.3%)	696	57.8%	(52.4%-63.2%)	815
Penquis PHD	60.7%	(55.5%-66.0%)	2,049	61.8%	(55.2%-68.4%)	981	60.3%	(54.4%-66.3%)	1,039
Western Maine PHD	57.1%	(51.1%-63.1%)	2,418	57.4%	(51.4%-63.3%)	1,171	57.0%	(49.8%-64.2%)	1,207
York PHD	57.9%	(51.8%-64.1%)	2,424	49.9%	(42.8%-56.9%)	985	66.4%	(59.7%-73.0%)	1,402

*\*Estimate suppressed due to small cell sizes.*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (en67a)*

*Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.7%	(82.2%-85.1%)	22,368	83.2%	(81.5%-84.9%)	10,587	84.1%	(82.3%-85.8%)	11,332
<b>----Age----</b>									
10 or younger	85.7%	(83.4%-88.0%)	6,178	83.7%	(80.6%-86.8%)	3,162	87.8%	(84.8%-90.8%)	2,943
11	83.7%	(82.3%-85.2%)	10,960	83.8%	(82.0%-85.5%)	5,161	83.8%	(81.7%-85.9%)	5,589
12 or older	81.2%	(78.3%-84.1%)	5,141	81.2%	(77.6%-84.7%)	2,259	81.0%	(77.7%-84.3%)	2,774
<b>----Grade----</b>									
Grade 5	84.6%	(82.7%-86.5%)	11,016	83.9%	(81.5%-86.2%)	5,203	85.4%	(82.9%-87.9%)	5,640
Grade 6	82.8%	(80.8%-84.9%)	11,091	82.6%	(80.2%-85.0%)	5,327	82.8%	(80.6%-85.0%)	5,566
<b>----Hispanic Ethnicity----</b>									
Hispanic	79.0%	(72.4%-85.6%)	422	77.5%	(69.0%-85.9%)	221	80.8%	(70.2%-91.3%)	198
Non-Hispanic	83.7%	(82.0%-85.4%)	17,470	83.2%	(81.1%-85.4%)	8,394	84.1%	(82.1%-86.1%)	8,810
<b>----Race----</b>									
American Indian or Alaskan Native	79.7%	(74.2%-85.2%)	519	69.4%	(59.0%-79.9%)	177	86.2%	(81.0%-91.5%)	320
Asian	87.3%	(78.1%-96.6%)	277	88.5%	(78.7%-98.2%)	115	86.2%	(75.5%-97.0%)	158
Black or African American	78.1%	(70.0%-86.2%)	558	81.3%	(72.1%-90.6%)	266	75.4%	(65.9%-84.9%)	287
Native Hawaiian or Other Pacific Islander	66.5%	(43.6%-89.4%)	37	*	*	*	*	*	*
White	84.5%	(83.1%-86.0%)	19,058	84.2%	(82.6%-85.9%)	9,156	84.7%	(82.9%-86.5%)	9,606
Multiple Races	78.7%	(72.2%-85.1%)	752	77.5%	(71.4%-83.6%)	368	81.4%	(72.4%-90.3%)	378

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (en67a)  
Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	82.7%	(79.9%-85.4%)	1,122	82.1%	(77.8%-86.4%)	543	82.9%	(77.7%-88.2%)	551
Central Maine PHD	83.2%	(81.2%-85.2%)	2,957	83.6%	(80.6%-86.7%)	1,430	83.1%	(79.6%-86.7%)	1,491
Cumberland PHD	85.1%	(81.6%-88.5%)	4,841	84.5%	(80.9%-88.2%)	2,255	85.4%	(81.7%-89.2%)	2,478
Downeast PHD	81.7%	(77.8%-85.7%)	1,369	81.0%	(76.0%-86.1%)	666	81.8%	(73.5%-90.1%)	674
Mid-Coast PHD	83.1%	(79.8%-86.5%)	2,253	84.3%	(81.0%-87.6%)	1,057	82.2%	(77.9%-86.5%)	1,159
Penquis PHD	85.6%	(82.6%-88.6%)	2,867	83.8%	(80.2%-87.5%)	1,330	87.0%	(83.8%-90.2%)	1,484
Western Maine PHD	82.6%	(76.8%-88.4%)	3,490	84.1%	(78.0%-90.2%)	1,706	80.8%	(74.0%-87.5%)	1,711
York PHD	86.3%	(81.5%-91.0%)	3,593	83.8%	(78.6%-89.0%)	1,667	88.8%	(82.9%-94.7%)	1,847

*\*Estimate suppressed due to small cell sizes.*

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*N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How many days each week do you exercise, dance or play sports for at least an hour? (en68)*

*Percentage of students who answered at least 7 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.8%	(21.6%-24.0%)	6,067	20.2%	(18.4%-22.0%)	2,562	25.2%	(23.1%-27.2%)	3,383
<b>----Age----</b>									
10 or younger	22.2%	(19.9%-24.6%)	1,596	18.8%	(15.3%-22.2%)	707	26.4%	(22.2%-30.5%)	881
11	22.8%	(21.0%-24.5%)	2,965	20.4%	(18.2%-22.6%)	1,251	25.1%	(22.0%-28.3%)	1,665
12 or older	23.4%	(21.1%-25.6%)	1,477	21.9%	(18.6%-25.2%)	604	23.9%	(21.0%-26.9%)	824
<b>----Grade----</b>									
Grade 5	23.0%	(21.1%-25.0%)	2,995	19.8%	(16.9%-22.8%)	1,228	26.3%	(23.4%-29.3%)	1,741
Grade 6	22.3%	(20.6%-24.0%)	2,972	20.5%	(18.3%-22.7%)	1,314	23.9%	(20.9%-26.8%)	1,595
<b>----Hispanic Ethnicity----</b>									
Hispanic	26.0%	(20.1%-32.0%)	138	17.0%	(9.8%-24.1%)	49	36.5%	(26.1%-46.8%)	88
Non-Hispanic	22.4%	(20.8%-23.9%)	4,657	20.7%	(18.7%-22.7%)	2,081	24.0%	(21.5%-26.5%)	2,508
<b>----Race----</b>									
American Indian or Alaskan Native	28.8%	(22.4%-35.3%)	188	29.2%	(18.6%-39.8%)	71	29.0%	(20.7%-37.4%)	111
Asian	23.4%	(11.8%-35.1%)	73	18.7%	(0.0%-37.9%)	24	26.8%	(17.6%-35.9%)	48
Black or African American	20.8%	(13.9%-27.8%)	146	18.3%	(7.4%-29.2%)	60	22.7%	(14.7%-30.7%)	84
Native Hawaiian or Other Pacific Islander	27.1%	(9.0%-45.2%)	15	21.5%	(2.0%-41.0%)	8	37.7%	(3.9%-71.4%)	7
White	22.4%	(20.9%-23.9%)	5,026	19.9%	(18.0%-21.9%)	2,158	24.7%	(22.4%-27.0%)	2,794
Multiple Races	29.1%	(22.1%-36.2%)	276	24.0%	(14.2%-33.7%)	111	34.7%	(23.3%-46.1%)	161

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 7 days. (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*How many days each week do you exercise, dance or play sports for at least an hour? (en68)*

*Percentage of students who answered at least 7 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	23.9%	(19.7%-28.0%)	321	19.0%	(14.0%-24.0%)	124	28.4%	(21.2%-35.7%)	189
Central Maine PHD	19.3%	(17.2%-21.4%)	683	16.7%	(12.5%-20.8%)	283	22.0%	(18.8%-25.3%)	393
Cumberland PHD	20.6%	(19.2%-22.0%)	1,159	13.7%	(10.6%-16.8%)	364	27.3%	(22.3%-32.3%)	777
Downeast PHD	20.6%	(16.7%-24.4%)	336	21.3%	(16.8%-25.8%)	171	19.4%	(13.8%-25.1%)	157
Mid-Coast PHD	26.3%	(23.0%-29.6%)	707	24.4%	(20.3%-28.5%)	304	28.1%	(23.5%-32.6%)	393
Penquis PHD	25.0%	(20.8%-29.2%)	840	27.8%	(22.1%-33.4%)	441	22.4%	(16.9%-27.8%)	382
Western Maine PHD	24.4%	(21.1%-27.6%)	1,041	19.5%	(15.8%-23.3%)	398	28.6%	(23.3%-33.8%)	618
York PHD	22.5%	(18.8%-26.1%)	936	21.2%	(15.8%-26.5%)	417	22.8%	(15.4%-30.3%)	482

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered at least 7 days. (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*On an average school day, how many hours do you watch TV? (en34)*  
*Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.8%	(23.1%-26.5%)	6,483	21.4%	(19.4%-23.5%)	2,662	27.4%	(25.4%-29.5%)	3,618
<b>----Age----</b>									
10 or younger	23.9%	(20.6%-27.2%)	1,686	19.2%	(14.7%-23.6%)	705	28.9%	(25.1%-32.6%)	959
11	24.9%	(22.9%-26.9%)	3,178	22.5%	(20.5%-24.6%)	1,358	26.5%	(23.9%-29.1%)	1,716
12 or older	25.4%	(22.5%-28.2%)	1,572	21.9%	(17.9%-26.0%)	595	27.9%	(24.5%-31.3%)	938
<b>----Grade----</b>									
Grade 5	25.0%	(22.1%-27.8%)	3,183	20.5%	(17.1%-23.9%)	1,239	28.9%	(25.6%-32.2%)	1,881
Grade 6	24.4%	(22.7%-26.2%)	3,194	22.3%	(20.3%-24.3%)	1,408	25.9%	(23.6%-28.3%)	1,693
<b>----Hispanic Ethnicity----</b>									
Hispanic	36.9%	(28.3%-45.5%)	193	28.8%	(20.0%-37.6%)	80	46.1%	(31.2%-61.0%)	112
Non-Hispanic	24.6%	(22.8%-26.4%)	5,053	21.2%	(19.0%-23.5%)	2,112	27.5%	(25.3%-29.7%)	2,822
<b>----Race----</b>									
American Indian or Alaskan Native	28.0%	(21.6%-34.4%)	175	19.7%	(9.4%-29.9%)	47	33.0%	(24.2%-41.8%)	121
Asian	21.0%	(11.4%-30.6%)	64	17.5%	(2.5%-32.5%)	23	23.2%	(12.4%-34.0%)	40
Black or African American	34.1%	(25.8%-42.5%)	235	24.7%	(14.3%-35.0%)	78	42.7%	(34.0%-51.5%)	156
Native Hawaiian or Other Pacific Islander	25.1%	(8.3%-42.0%)	14	19.8%	(0.8%-38.8%)	7	35.7%	(9.7%-61.6%)	7
White	24.1%	(22.3%-25.8%)	5,323	20.9%	(18.7%-23.0%)	2,223	26.7%	(24.6%-28.8%)	2,967
Multiple Races	24.1%	(16.7%-31.4%)	223	20.6%	(12.0%-29.2%)	94	27.3%	(16.8%-37.8%)	124

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*On an average school day, how many hours do you watch TV? (en34)*  
*Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	29.7%	(25.2%-34.2%)	387	23.1%	(18.5%-27.8%)	144	35.7%	(28.5%-42.8%)	231
Central Maine PHD	27.8%	(24.1%-31.4%)	965	25.6%	(21.9%-29.3%)	428	29.7%	(24.0%-35.5%)	519
Cumberland PHD	20.5%	(16.3%-24.7%)	1,153	16.0%	(10.4%-21.5%)	426	23.6%	(20.8%-26.5%)	669
Downeast PHD	27.5%	(22.7%-32.4%)	454	26.0%	(21.3%-30.7%)	210	29.3%	(22.4%-36.1%)	238
Mid-Coast PHD	24.4%	(19.9%-28.9%)	648	19.0%	(14.3%-23.6%)	231	29.1%	(22.8%-35.4%)	406
Penquis PHD	24.9%	(20.6%-29.2%)	813	23.6%	(18.7%-28.5%)	362	25.5%	(20.0%-31.1%)	427
Western Maine PHD	24.1%	(18.9%-29.4%)	991	19.8%	(14.0%-25.6%)	394	28.4%	(22.5%-34.3%)	587
York PHD	24.6%	(20.2%-28.9%)	1,003	19.5%	(14.3%-24.7%)	377	29.0%	(23.5%-34.5%)	594

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*On an average school day, how many hours do you watch TV? (en34\_2)*  
*Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	75.2%	(73.5%-76.9%)	19,634	78.6%	(76.5%-80.6%)	9,764	72.6%	(70.5%-74.6%)	9,573
<b>----Age----</b>									
10 or younger	76.1%	(72.8%-79.4%)	5,374	80.8%	(76.4%-85.3%)	2,970	71.1%	(67.4%-74.9%)	2,362
11	75.1%	(73.1%-77.1%)	9,588	77.5%	(75.4%-79.5%)	4,676	73.5%	(70.9%-76.1%)	4,769
12 or older	74.6%	(71.8%-77.5%)	4,621	78.1%	(74.0%-82.1%)	2,116	72.1%	(68.7%-75.5%)	2,420
<b>----Grade----</b>									
Grade 5	75.0%	(72.2%-77.9%)	9,554	79.5%	(76.1%-82.9%)	4,799	71.1%	(67.8%-74.4%)	4,629
Grade 6	75.6%	(73.8%-77.3%)	9,882	77.7%	(75.7%-79.7%)	4,907	74.1%	(71.7%-76.4%)	4,839
<b>----Hispanic Ethnicity----</b>									
Hispanic	63.1%	(54.5%-71.7%)	330	71.2%	(62.4%-80.0%)	197	53.9%	(39.0%-68.8%)	131
Non-Hispanic	75.4%	(73.6%-77.2%)	15,479	78.8%	(76.5%-81.0%)	7,831	72.5%	(70.3%-74.7%)	7,453
<b>----Race----</b>									
American Indian or Alaskan Native	72.0%	(65.6%-78.4%)	449	80.3%	(70.1%-90.6%)	194	67.0%	(58.2%-75.8%)	246
Asian	79.0%	(69.4%-88.6%)	240	82.5%	(67.5%-97.5%)	107	76.8%	(66.0%-87.6%)	131
Black or African American	65.9%	(57.5%-74.2%)	453	75.3%	(65.0%-85.7%)	239	57.3%	(48.5%-66.0%)	209
Native Hawaiian or Other Pacific Islander	74.9%	(58.0%-91.7%)	42	80.2%	(61.2%-99.2%)	30	64.3%	(38.4%-90.3%)	12
White	75.9%	(74.2%-77.7%)	16,774	79.1%	(77.0%-81.3%)	8,424	73.3%	(71.2%-75.4%)	8,152
Multiple Races	75.9%	(68.6%-83.3%)	703	79.4%	(70.8%-88.0%)	362	72.7%	(62.2%-83.2%)	330

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*On an average school day, how many hours do you watch TV? (en34\_2)*  
*Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	70.3%	(65.8%-74.8%)	916	76.9%	(72.2%-81.5%)	480	64.3%	(57.2%-71.5%)	416
Central Maine PHD	72.2%	(68.6%-75.9%)	2,511	74.4%	(70.7%-78.1%)	1,243	70.3%	(64.5%-76.0%)	1,227
Cumberland PHD	79.5%	(75.3%-83.7%)	4,466	84.0%	(78.5%-89.6%)	2,244	76.4%	(73.5%-79.2%)	2,161
Downeast PHD	72.5%	(67.6%-77.3%)	1,195	74.0%	(69.3%-78.7%)	598	70.7%	(63.9%-77.6%)	576
Mid-Coast PHD	75.6%	(71.1%-80.1%)	2,008	81.0%	(76.4%-85.7%)	984	70.9%	(64.6%-77.2%)	989
Penquis PHD	75.1%	(70.8%-79.4%)	2,454	76.4%	(71.5%-81.3%)	1,170	74.5%	(68.9%-80.0%)	1,247
Western Maine PHD	75.9%	(70.6%-81.1%)	3,113	80.2%	(74.4%-86.0%)	1,594	71.6%	(65.7%-77.5%)	1,478
York PHD	75.4%	(71.1%-79.8%)	3,077	80.5%	(75.3%-85.7%)	1,559	71.0%	(65.5%-76.5%)	1,453

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b)  
Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.0%	(34.9%-39.0%)	9,698	30.9%	(28.4%-33.4%)	3,863	42.4%	(40.2%-44.5%)	5,590
<b>----Age----</b>									
10 or younger	30.7%	(28.0%-33.5%)	2,156	25.4%	(21.9%-28.9%)	937	36.7%	(32.8%-40.6%)	1,194
11	37.4%	(35.0%-39.8%)	4,803	32.0%	(29.0%-35.0%)	1,947	42.0%	(39.3%-44.8%)	2,737
12 or older	43.0%	(39.8%-46.2%)	2,690	35.8%	(31.5%-40.1%)	977	48.5%	(45.1%-52.0%)	1,652
<b>----Grade----</b>									
Grade 5	33.8%	(31.6%-36.1%)	4,310	27.6%	(24.8%-30.4%)	1,682	39.6%	(36.5%-42.7%)	2,551
Grade 6	39.7%	(36.7%-42.8%)	5,233	33.9%	(30.3%-37.6%)	2,150	44.9%	(42.2%-47.5%)	2,962
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.0%	(33.8%-50.3%)	220	34.6%	(24.7%-44.5%)	97	50.9%	(37.9%-64.0%)	121
Non-Hispanic	37.9%	(35.6%-40.2%)	7,783	32.4%	(29.4%-35.4%)	3,228	43.0%	(40.6%-45.5%)	4,420
<b>----Race----</b>									
American Indian or Alaskan Native	39.5%	(31.5%-47.5%)	245	40.0%	(26.3%-53.7%)	95	39.6%	(29.1%-50.1%)	141
Asian	48.2%	(38.0%-58.5%)	150	47.6%	(27.8%-67.3%)	61	49.1%	(35.5%-62.6%)	88
Black or African American	43.3%	(36.6%-50.0%)	297	34.7%	(23.3%-46.0%)	109	50.7%	(42.4%-59.0%)	185
Native Hawaiian or Other Pacific Islander	25.3%	(7.2%-43.4%)	14	17.8%	(0.0%-37.9%)	7	39.5%	(13.0%-65.9%)	8
White	36.3%	(34.2%-38.4%)	8,046	30.2%	(27.6%-32.9%)	3,238	42.0%	(39.9%-44.2%)	4,675
Multiple Races	41.3%	(35.0%-47.6%)	394	38.8%	(30.5%-47.2%)	183	42.1%	(34.4%-49.8%)	196

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b)  
Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	39.9%	(35.4%-44.4%)	523	35.0%	(31.4%-38.6%)	223	44.9%	(37.6%-52.1%)	288
Central Maine PHD	38.1%	(33.5%-42.7%)	1,339	31.6%	(26.2%-37.1%)	537	44.3%	(38.3%-50.3%)	778
Cumberland PHD	37.0%	(32.4%-41.6%)	2,061	29.8%	(23.8%-35.8%)	782	42.4%	(39.1%-45.8%)	1,200
Downeast PHD	43.4%	(35.7%-51.1%)	710	34.2%	(27.8%-40.6%)	276	51.9%	(40.8%-62.9%)	417
Mid-Coast PHD	32.7%	(29.3%-36.1%)	856	27.2%	(21.6%-32.8%)	332	36.8%	(31.1%-42.6%)	497
Penquis PHD	38.4%	(35.8%-41.1%)	1,262	31.4%	(27.9%-35.0%)	486	44.8%	(41.2%-48.3%)	750
Western Maine PHD	36.4%	(28.6%-44.2%)	1,530	33.5%	(24.5%-42.5%)	678	39.4%	(31.8%-46.9%)	834
York PHD	34.2%	(28.8%-39.5%)	1,400	27.1%	(18.9%-35.2%)	522	41.2%	(36.3%-46.1%)	855

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b\_3)  
Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	63.0%	(61.0%-65.1%)	16,517	69.1%	(66.6%-71.6%)	8,644	57.6%	(55.5%-59.8%)	7,598
<b>----Age----</b>									
10 or younger	69.3%	(66.5%-72.0%)	4,860	74.6%	(71.1%-78.1%)	2,751	63.3%	(59.4%-67.2%)	2,060
11	62.6%	(60.2%-65.0%)	8,047	68.0%	(65.0%-71.0%)	4,138	58.0%	(55.2%-60.7%)	3,774
12 or older	57.0%	(53.8%-60.2%)	3,567	64.2%	(59.9%-68.5%)	1,752	51.5%	(48.0%-54.9%)	1,751
<b>----Grade----</b>									
Grade 5	66.2%	(63.9%-68.4%)	8,431	72.4%	(69.6%-75.2%)	4,410	60.4%	(57.3%-63.5%)	3,891
Grade 6	60.3%	(57.2%-63.3%)	7,935	66.1%	(62.4%-69.7%)	4,188	55.1%	(52.5%-57.8%)	3,641
<b>----Hispanic Ethnicity----</b>									
Hispanic	58.0%	(49.7%-66.2%)	303	65.4%	(55.5%-75.3%)	184	49.1%	(36.0%-62.1%)	117
Non-Hispanic	62.1%	(59.8%-64.4%)	12,761	67.6%	(64.6%-70.6%)	6,728	57.0%	(54.5%-59.4%)	5,851
<b>----Race----</b>									
American Indian or Alaskan Native	60.5%	(52.5%-68.5%)	375	60.0%	(46.3%-73.7%)	143	60.4%	(49.9%-70.9%)	215
Asian	51.8%	(41.5%-62.0%)	161	52.4%	(32.7%-72.2%)	67	50.9%	(37.4%-64.5%)	91
Black or African American	56.7%	(50.0%-63.4%)	389	65.3%	(54.0%-76.7%)	206	49.3%	(41.0%-57.6%)	180
Native Hawaiian or Other Pacific Islander	74.7%	(56.6%-92.8%)	42	82.2%	(62.1%-100.0%)	30	60.5%	(34.1%-87.0%)	12
White	63.7%	(61.6%-65.8%)	14,117	69.8%	(67.1%-72.4%)	7,468	58.0%	(55.8%-60.1%)	6,448
Multiple Races	58.7%	(52.4%-65.0%)	560	61.2%	(52.8%-69.5%)	288	57.9%	(50.2%-65.6%)	269

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

## 2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b\_3)*

*Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	60.1%	(55.6%-64.6%)	788	65.0%	(61.4%-68.6%)	414	55.1%	(47.9%-62.4%)	354
Central Maine PHD	61.9%	(57.3%-66.5%)	2,177	68.4%	(62.9%-73.8%)	1,163	55.7%	(49.7%-61.7%)	976
Cumberland PHD	63.0%	(58.4%-67.6%)	3,509	70.2%	(64.2%-76.2%)	1,842	57.6%	(54.2%-60.9%)	1,628
Downeast PHD	56.6%	(48.9%-64.3%)	925	65.8%	(59.4%-72.2%)	531	48.1%	(37.1%-59.2%)	387
Mid-Coast PHD	67.3%	(63.9%-70.7%)	1,763	72.8%	(67.2%-78.4%)	890	63.2%	(57.4%-68.9%)	853
Penquis PHD	61.6%	(58.9%-64.2%)	2,023	68.6%	(65.0%-72.1%)	1,060	55.2%	(51.7%-58.8%)	925
Western Maine PHD	63.6%	(55.8%-71.4%)	2,675	66.5%	(57.5%-75.5%)	1,347	60.6%	(53.1%-68.2%)	1,284
York PHD	65.8%	(60.5%-71.2%)	2,696	72.9%	(64.8%-81.1%)	1,408	58.8%	(53.9%-63.7%)	1,220

*\*Estimate suppressed due to small cell sizes.*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (enscreen)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	33.2%	(30.6%-35.7%)	8,477	38.4%	(35.2%-41.5%)	4,683	28.5%	(25.9%-31.1%)	3,667
<b>----Age----</b>									
10 or younger	38.2%	(33.8%-42.6%)	2,608	44.3%	(39.2%-49.5%)	1,584	31.5%	(26.5%-36.4%)	1,005
11	32.5%	(29.9%-35.1%)	4,080	37.0%	(33.6%-40.4%)	2,202	28.6%	(25.7%-31.6%)	1,818
12 or older	29.1%	(26.0%-32.2%)	1,777	33.5%	(30.3%-36.8%)	896	25.5%	(21.6%-29.3%)	844
<b>----Grade----</b>									
Grade 5	36.1%	(32.8%-39.3%)	4,466	42.9%	(38.6%-47.1%)	2,530	29.9%	(26.3%-33.4%)	1,878
Grade 6	30.5%	(27.2%-33.8%)	3,932	34.2%	(30.9%-37.5%)	2,127	27.3%	(23.6%-30.9%)	1,755
<b>----Hispanic Ethnicity----</b>									
Hispanic	26.8%	(19.8%-33.9%)	137	36.1%	(26.0%-46.2%)	98	15.8%	(7.7%-23.8%)	37
Non-Hispanic	32.3%	(29.5%-35.0%)	6,500	37.8%	(34.0%-41.5%)	3,693	27.2%	(24.7%-29.6%)	2,731
<b>----Race----</b>									
American Indian or Alaskan Native	32.9%	(24.1%-41.7%)	194	37.9%	(24.0%-51.8%)	88	29.3%	(19.3%-39.2%)	100
Asian	25.8%	(15.5%-36.0%)	78	33.5%	(11.9%-55.0%)	43	20.0%	(9.6%-30.3%)	34
Black or African American	35.1%	(27.2%-42.9%)	233	43.6%	(30.2%-57.0%)	132	27.6%	(18.9%-36.4%)	98
Native Hawaiian or Other Pacific Islander	48.0%	(18.2%-77.8%)	27	53.7%	(17.5%-89.8%)	20	36.8%	(0.0%-84.5%)	7
White	33.5%	(30.7%-36.2%)	7,255	38.5%	(35.2%-41.8%)	4,036	28.7%	(25.9%-31.6%)	3,126
Multiple Races	31.7%	(26.2%-37.3%)	292	35.2%	(27.2%-43.1%)	159	29.1%	(20.5%-37.7%)	132

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (enscreen)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	31.0%	(25.8%-36.2%)	395	34.4%	(29.6%-39.2%)	210	28.4%	(21.0%-35.8%)	180
Central Maine PHD	31.5%	(27.9%-35.1%)	1,079	34.7%	(28.3%-41.2%)	574	28.2%	(24.5%-31.9%)	484
Cumberland PHD	36.5%	(27.8%-45.2%)	2,002	44.5%	(33.7%-55.4%)	1,156	29.7%	(22.4%-37.1%)	822
Downeast PHD	27.7%	(21.0%-34.3%)	447	33.6%	(25.3%-41.8%)	270	21.6%	(10.7%-32.5%)	170
Mid-Coast PHD	37.5%	(32.8%-42.3%)	962	43.8%	(38.2%-49.4%)	522	32.4%	(26.7%-38.2%)	431
Penquis PHD	30.5%	(27.5%-33.4%)	975	36.2%	(31.9%-40.6%)	543	25.2%	(21.9%-28.5%)	414
Western Maine PHD	35.3%	(26.8%-43.9%)	1,432	37.1%	(27.6%-46.5%)	727	33.8%	(24.4%-43.1%)	688
York PHD	34.9%	(27.2%-42.6%)	1,392	45.1%	(32.9%-57.3%)	853	25.3%	(18.3%-32.2%)	508

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.0%	(43.5%-50.5%)	12,437	50.4%	(46.1%-54.6%)	6,349	43.9%	(40.2%-47.5%)	5,842
<b>----Age----</b>									
10 or younger	49.9%	(45.0%-54.8%)	3,580	53.9%	(47.8%-59.9%)	2,015	46.0%	(39.2%-52.7%)	1,541
11	45.7%	(41.6%-49.9%)	5,896	49.3%	(44.2%-54.3%)	3,013	42.3%	(37.9%-46.8%)	2,762
12 or older	46.4%	(41.8%-51.1%)	2,923	48.1%	(42.6%-53.6%)	1,320	44.9%	(39.7%-50.2%)	1,535
<b>----Grade----</b>									
Grade 5	47.1%	(42.9%-51.2%)	6,087	51.3%	(45.8%-56.8%)	3,158	43.1%	(38.8%-47.4%)	2,829
Grade 6	47.2%	(42.0%-52.3%)	6,235	49.8%	(44.2%-55.5%)	3,175	44.7%	(39.3%-50.1%)	2,958
<b>----Hispanic Ethnicity----</b>									
Hispanic	51.6%	(45.0%-58.2%)	272	62.5%	(52.5%-72.6%)	177	39.3%	(29.8%-48.8%)	95
Non-Hispanic	47.2%	(43.3%-51.1%)	9,803	50.6%	(46.2%-55.1%)	5,083	44.1%	(39.9%-48.3%)	4,585
<b>----Race----</b>									
American Indian or Alaskan Native	45.3%	(37.5%-53.1%)	291	54.1%	(39.7%-68.6%)	132	39.6%	(30.2%-49.1%)	148
Asian	40.4%	(25.3%-55.6%)	126	36.5%	(22.0%-51.1%)	48	43.2%	(23.3%-63.0%)	77
Black or African American	49.3%	(40.6%-58.1%)	342	56.7%	(43.8%-69.5%)	184	43.3%	(32.0%-54.7%)	157
Native Hawaiian or Other Pacific Islander	70.5%	(51.4%-89.6%)	40	80.3%	(59.8%-100.0%)	30	51.9%	(24.3%-79.5%)	10
White	47.1%	(43.5%-50.7%)	10,530	49.9%	(45.6%-54.1%)	5,380	44.6%	(40.8%-48.4%)	5,008
Multiple Races	55.4%	(49.1%-61.6%)	526	64.5%	(55.0%-74.0%)	303	44.9%	(37.2%-52.6%)	207

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	41.3%	(32.3%-50.4%)	552	44.1%	(33.2%-54.9%)	287	38.7%	(28.1%-49.4%)	253
Central Maine PHD	40.2%	(35.2%-45.1%)	1,417	41.3%	(34.1%-48.5%)	698	38.7%	(31.5%-45.9%)	687
Cumberland PHD	53.3%	(46.6%-60.0%)	3,009	56.9%	(50.4%-63.5%)	1,525	49.8%	(41.9%-57.6%)	1,413
Downeast PHD	49.7%	(43.0%-56.4%)	821	56.9%	(50.3%-63.5%)	455	43.4%	(33.8%-53.1%)	358
Mid-Coast PHD	48.0%	(42.0%-53.9%)	1,289	52.0%	(44.6%-59.4%)	648	44.4%	(38.1%-50.6%)	619
Penquis PHD	44.5%	(32.9%-56.2%)	1,470	49.3%	(34.8%-63.8%)	767	40.4%	(29.8%-51.0%)	680
Western Maine PHD	43.8%	(38.1%-49.6%)	1,847	46.8%	(36.9%-56.8%)	948	40.8%	(37.0%-44.6%)	867
York PHD	50.7%	(44.0%-57.4%)	2,109	49.8%	(41.6%-58.1%)	984	52.6%	(40.9%-64.3%)	1,099

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or other adult ever told you that you have asthma? (en69)*

*Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.7%	(16.6%-18.9%)	4,168	16.3%	(14.6%-18.0%)	1,823	19.0%	(17.6%-20.4%)	2,259
<b>----Age----</b>									
10 or younger	15.5%	(13.4%-17.7%)	973	14.6%	(11.6%-17.6%)	485	16.8%	(13.0%-20.5%)	484
11	17.7%	(16.0%-19.4%)	2,047	16.2%	(13.7%-18.8%)	880	18.8%	(17.0%-20.6%)	1,117
12 or older	20.2%	(17.6%-22.7%)	1,135	18.7%	(15.4%-22.0%)	458	21.5%	(18.6%-24.4%)	659
<b>----Grade----</b>									
Grade 5	17.1%	(15.2%-19.1%)	1,938	16.1%	(13.1%-19.1%)	861	18.0%	(15.3%-20.7%)	1,043
Grade 6	18.2%	(16.6%-19.7%)	2,168	16.4%	(14.4%-18.5%)	947	19.9%	(18.1%-21.7%)	1,189
<b>----Hispanic Ethnicity----</b>									
Hispanic	26.0%	(17.4%-34.6%)	114	25.0%	(15.8%-34.2%)	59	27.4%	(14.7%-40.1%)	54
Non-Hispanic	17.5%	(16.1%-18.9%)	3,258	15.9%	(13.9%-17.9%)	1,425	19.1%	(17.4%-20.8%)	1,789
<b>----Race----</b>									
American Indian or Alaskan Native	21.6%	(14.9%-28.3%)	115	11.8%	(1.3%-22.4%)	24	28.3%	(17.9%-38.7%)	88
Asian	16.7%	(8.7%-24.7%)	46	8.7%	(0.0%-17.6%)	10	22.7%	(13.6%-31.8%)	36
Black or African American	18.7%	(11.4%-26.0%)	120	22.9%	(10.7%-35.2%)	67	14.6%	(9.0%-20.1%)	50
Native Hawaiian or Other Pacific Islander	27.2%	(0.0%-56.3%)	13	*	*	*	*	*	*
White	17.2%	(15.8%-18.5%)	3,437	15.9%	(14.0%-17.8%)	1,533	18.4%	(16.8%-20.0%)	1,855
Multiple Races	25.4%	(20.1%-30.7%)	209	21.5%	(14.4%-28.5%)	85	30.0%	(22.4%-37.6%)	123

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or other adult ever told you that you have asthma? (en69)*

*Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	19.5%	(15.6%-23.4%)	231	16.0%	(12.0%-20.0%)	91	23.1%	(17.5%-28.6%)	134
Central Maine PHD	18.6%	(16.2%-20.9%)	589	16.6%	(12.1%-21.0%)	258	20.6%	(16.4%-24.8%)	324
Cumberland PHD	15.8%	(13.4%-18.2%)	794	12.9%	(8.8%-17.0%)	306	17.8%	(15.2%-20.3%)	452
Downeast PHD	14.7%	(11.1%-18.2%)	213	12.9%	(7.9%-17.8%)	90	16.1%	(11.4%-20.7%)	117
Mid-Coast PHD	18.7%	(15.5%-21.8%)	452	20.3%	(15.6%-25.0%)	226	17.7%	(13.8%-21.5%)	223
Penquis PHD	17.4%	(15.3%-19.5%)	507	18.5%	(15.1%-21.8%)	252	16.6%	(13.4%-19.9%)	249
Western Maine PHD	18.9%	(14.8%-23.0%)	712	16.3%	(10.8%-21.8%)	288	21.2%	(16.2%-26.1%)	412
York PHD	19.9%	(16.7%-23.1%)	733	15.9%	(10.7%-21.1%)	280	23.2%	(19.3%-27.1%)	427

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrasth\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.0%	(11.0%-13.0%)	2,742	11.8%	(10.0%-13.5%)	1,278	12.4%	(11.0%-13.8%)	1,426
<b>----Age----</b>									
10 or younger	11.0%	(9.0%-12.9%)	669	10.4%	(7.3%-13.5%)	337	11.7%	(8.0%-15.5%)	328
11	11.7%	(10.2%-13.2%)	1,312	11.6%	(9.6%-13.7%)	613	12.0%	(9.9%-14.1%)	687
12 or older	13.8%	(11.2%-16.4%)	749	13.9%	(11.0%-16.9%)	329	13.8%	(10.4%-17.2%)	411
<b>----Grade----</b>									
Grade 5	11.9%	(10.3%-13.6%)	1,313	11.8%	(8.8%-14.8%)	618	12.2%	(9.8%-14.5%)	683
Grade 6	12.0%	(10.5%-13.6%)	1,391	11.6%	(9.8%-13.5%)	650	12.5%	(10.4%-14.7%)	725
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.0%	(11.8%-28.1%)	85	20.3%	(10.9%-29.6%)	47	19.7%	(8.7%-30.7%)	37
Non-Hispanic	11.6%	(10.5%-12.8%)	2,097	11.3%	(9.4%-13.1%)	980	12.1%	(10.6%-13.6%)	1,094
<b>----Race----</b>									
American Indian or Alaskan Native	15.1%	(8.8%-21.4%)	78	10.2%	(0.0%-20.9%)	20	18.2%	(9.6%-26.9%)	54
Asian	5.7%	(1.2%-10.2%)	15	*	*	*	*	*	*
Black or African American	10.7%	(7.0%-14.4%)	67	9.2%	(2.8%-15.6%)	26	11.3%	(6.7%-15.9%)	39
Native Hawaiian or Other Pacific Islander	22.3%	(0.0%-51.1%)	11	*	*	*	*	*	*
White	11.7%	(10.7%-12.8%)	2,285	11.6%	(9.9%-13.4%)	1,091	12.0%	(10.7%-13.3%)	1,176
Multiple Races	17.2%	(12.2%-22.2%)	133	16.4%	(10.0%-22.8%)	63	18.8%	(11.9%-25.7%)	70

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrasth\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	15.5%	(12.0%-18.9%)	179	12.4%	(7.8%-16.9%)	69	18.6%	(13.7%-23.5%)	107
Central Maine PHD	13.8%	(11.4%-16.1%)	425	12.9%	(8.9%-16.9%)	197	14.9%	(11.7%-18.0%)	226
Cumberland PHD	9.9%	(7.8%-12.0%)	483	8.1%	(3.4%-12.8%)	187	11.7%	(6.9%-16.6%)	291
Downeast PHD	8.8%	(5.1%-12.6%)	125	8.7%	(3.6%-13.7%)	59	9.2%	(5.2%-13.2%)	65
Mid-Coast PHD	12.3%	(10.3%-14.4%)	289	14.3%	(11.2%-17.4%)	154	10.7%	(7.8%-13.7%)	131
Penquis PHD	12.5%	(11.2%-13.8%)	353	13.8%	(10.4%-17.2%)	182	11.4%	(8.9%-13.8%)	164
Western Maine PHD	12.4%	(9.5%-15.4%)	450	10.0%	(4.0%-16.0%)	169	15.0%	(11.1%-18.9%)	279
York PHD	13.2%	(9.7%-16.6%)	468	12.3%	(8.6%-16.0%)	213	13.1%	(8.5%-17.8%)	229

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or asthma educator ever taught you what to do during an asthma episode or attack? (en38b\_3)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	45.1%	(41.9%-48.4%)	1,862	40.4%	(35.6%-45.2%)	733	49.0%	(44.7%-53.2%)	1,093
<b>----Age----</b>									
10 or younger	40.2%	(33.0%-47.5%)	386	28.8%	(20.2%-37.4%)	140	52.1%	(42.5%-61.7%)	247
11	47.4%	(42.7%-52.2%)	966	45.6%	(38.9%-52.3%)	400	49.0%	(42.7%-55.3%)	543
12 or older	44.9%	(39.1%-50.6%)	501	42.8%	(33.6%-52.1%)	193	46.7%	(39.4%-53.9%)	303
<b>----Grade----</b>									
Grade 5	41.6%	(36.3%-47.0%)	800	36.9%	(29.4%-44.4%)	317	45.9%	(38.6%-53.2%)	474
Grade 6	48.4%	(44.3%-52.5%)	1,037	44.0%	(38.6%-49.4%)	413	51.7%	(46.3%-57.1%)	606
<b>----Hispanic Ethnicity----</b>									
Hispanic	49.2%	(33.3%-65.1%)	56	55.0%	(29.8%-80.2%)	33	42.1%	(18.8%-65.3%)	22
Non-Hispanic	46.0%	(42.2%-49.9%)	1,490	42.3%	(36.9%-47.6%)	599	48.6%	(43.3%-53.9%)	864
<b>----Race----</b>									
American Indian or Alaskan Native	37.5%	(23.7%-51.3%)	43	44.6%	(21.2%-68.1%)	11	36.2%	(19.6%-52.8%)	32
Asian	44.7%	(19.0%-70.5%)	17	*	*	*	*	*	*
Black or African American	48.6%	(28.8%-68.3%)	58	28.4%	(7.5%-49.4%)	19	74.0%	(52.4%-95.5%)	36
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	45.8%	(41.8%-49.8%)	1,561	42.1%	(36.8%-47.5%)	642	48.8%	(43.2%-54.3%)	897
Multiple Races	42.3%	(29.9%-54.7%)	88	30.5%	(13.9%-47.1%)	26	50.9%	(32.2%-69.7%)	62

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Has a doctor, nurse, or asthma educator ever taught you what to do during an asthma episode or attack? (en38b\_3)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	47.6%	(36.1%-59.1%)	110	40.7%	(26.1%-55.3%)	37	51.4%	(39.5%-63.3%)	69
Central Maine PHD	49.2%	(44.2%-54.3%)	287	42.1%	(35.6%-48.6%)	109	53.9%	(45.4%-62.3%)	172
Cumberland PHD	46.5%	(41.7%-51.2%)	362	43.5%	(35.7%-51.2%)	131	52.0%	(41.2%-62.8%)	230
Downeast PHD	49.8%	(41.3%-58.4%)	106	48.8%	(32.7%-64.9%)	44	50.2%	(32.1%-68.3%)	59
Mid-Coast PHD	44.3%	(33.6%-54.9%)	200	43.3%	(30.2%-56.4%)	98	46.0%	(30.2%-61.8%)	102
Penquis PHD	46.5%	(36.1%-56.9%)	235	41.4%	(24.8%-58.0%)	104	50.3%	(40.7%-60.0%)	125
Western Maine PHD	41.1%	(32.0%-50.3%)	293	28.9%	(16.4%-41.3%)	83	49.7%	(40.8%-58.5%)	205
York PHD	42.2%	(35.6%-48.8%)	306	37.2%	(28.6%-45.9%)	104	45.4%	(36.5%-54.3%)	193

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*During the past month, has asthma limited your usual activities? (en70)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e70)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.0%	(22.2%-29.7%)	939	26.9%	(20.9%-32.9%)	406	25.4%	(20.6%-30.3%)	515
<b>----Age----</b>									
10 or younger	31.2%	(22.5%-39.9%)	258	24.9%	(11.1%-38.7%)	99	36.8%	(25.6%-48.0%)	157
11	23.4%	(18.2%-28.6%)	417	26.3%	(20.2%-32.4%)	191	21.9%	(15.2%-28.6%)	221
12 or older	26.2%	(21.0%-31.4%)	260	30.0%	(22.2%-37.8%)	116	23.3%	(15.9%-30.7%)	137
<b>----Grade----</b>									
Grade 5	26.7%	(21.0%-32.4%)	447	25.0%	(13.7%-36.3%)	177	28.4%	(21.6%-35.2%)	265
Grade 6	25.6%	(21.2%-30.0%)	486	28.4%	(23.5%-33.3%)	226	23.4%	(17.5%-29.3%)	250
<b>----Hispanic Ethnicity----</b>									
Hispanic	35.6%	(18.9%-52.3%)	38	46.2%	(20.6%-71.8%)	26	22.4%	(0.8%-43.9%)	11
Non-Hispanic	25.9%	(21.9%-29.8%)	736	27.0%	(21.0%-32.9%)	322	24.9%	(19.7%-30.1%)	400
<b>----Race----</b>									
American Indian or Alaskan Native	29.5%	(12.3%-46.7%)	32	56.1%	(26.1%-86.1%)	10	24.1%	(5.1%-43.1%)	21
Asian	*	*	*	*	*	*	*	*	*
Black or African American	29.0%	(12.8%-45.2%)	31	21.2%	(2.6%-39.8%)	13	41.7%	(12.5%-70.9%)	18
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.0%	(21.8%-30.2%)	779	26.1%	(19.6%-32.6%)	336	25.8%	(20.2%-31.5%)	428
Multiple Races	29.9%	(17.8%-42.1%)	56	34.5%	(15.2%-53.7%)	24	27.5%	(10.3%-44.6%)	32

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e70) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past month, has asthma limited your usual activities? (en70)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e70)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	31.1%	(22.9%-39.3%)	67	34.8%	(24.2%-45.5%)	30	29.7%	(13.7%-45.8%)	37
Central Maine PHD	21.6%	(13.7%-29.6%)	110	24.3%	(10.9%-37.8%)	52	19.3%	(10.3%-28.3%)	55
Cumberland PHD	24.3%	(19.4%-29.1%)	174	17.9%	(3.4%-32.4%)	48	29.2%	(16.6%-41.8%)	122
Downeast PHD	26.1%	(11.2%-41.1%)	49	28.6%	(15.5%-41.7%)	22	25.9%	(6.9%-44.9%)	27
Mid-Coast PHD	23.2%	(16.1%-30.3%)	84	23.1%	(12.8%-33.3%)	41	23.8%	(14.0%-33.6%)	43
Penquis PHD	28.0%	(17.8%-38.1%)	124	32.1%	(16.9%-47.3%)	67	24.5%	(13.2%-35.8%)	57
Western Maine PHD	29.5%	(16.8%-42.2%)	184	25.9%	(11.5%-40.3%)	63	32.5%	(17.1%-47.9%)	119
York PHD	26.4%	(17.7%-35.1%)	170	31.7%	(13.3%-50.2%)	69	21.2%	(8.4%-33.9%)	85

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e70) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Have you missed school this year because of your asthma? (en71)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e71)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.9%	(9.7%-14.2%)	472	11.8%	(9.0%-14.6%)	202	12.5%	(9.0%-15.9%)	270
<b>----Age----</b>									
10 or younger	13.7%	(7.0%-20.3%)	126	13.1%	(4.3%-21.8%)	59	14.4%	(5.9%-22.8%)	67
11	10.6%	(7.8%-13.3%)	205	7.6%	(4.5%-10.8%)	63	13.3%	(8.6%-18.0%)	142
12 or older	13.0%	(9.4%-16.5%)	141	18.2%	(11.0%-25.4%)	81	9.7%	(5.5%-13.8%)	61
<b>----Grade----</b>									
Grade 5	12.8%	(8.5%-17.1%)	233	10.1%	(4.9%-15.2%)	81	15.4%	(9.3%-21.5%)	153
Grade 6	10.8%	(8.8%-12.7%)	223	12.8%	(9.9%-15.7%)	114	9.5%	(6.7%-12.3%)	108
<b>----Hispanic Ethnicity----</b>									
Hispanic	22.6%	(6.7%-38.4%)	24	22.1%	(3.1%-41.1%)	12	23.3%	(0.0%-48.1%)	12
Non-Hispanic	12.6%	(10.2%-15.1%)	394	11.8%	(8.7%-15.0%)	161	13.6%	(9.9%-17.3%)	233
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	12.4%	(2.1%-22.7%)	14	10.8%	(0.0%-26.0%)	7	14.9%	(0.7%-29.1%)	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.4%	(10.0%-14.8%)	404	11.8%	(8.9%-14.8%)	171	13.2%	(9.4%-17.0%)	233
Multiple Races	14.6%	(3.8%-25.5%)	30	18.0%	(2.9%-33.0%)	14	12.6%	(0.2%-25.0%)	15

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e71) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you missed school this year because of your asthma? (en71)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e71)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	9.7%	(3.3%-16.1%)	21	7.7%	(0.5%-15.0%)	6	11.3%	(0.0%-22.6%)	15
Central Maine PHD	11.2%	(6.5%-15.9%)	63	9.1%	(3.3%-14.9%)	23	13.2%	(6.2%-20.2%)	40
Cumberland PHD	5.1%	(0.6%-9.6%)	38	9.1%	(2.6%-15.6%)	25	3.1%	(0.0%-6.1%)	14
Downeast PHD	11.3%	(5.3%-17.3%)	24	13.8%	(3.8%-23.8%)	12	9.9%	(0.0%-20.7%)	11
Mid-Coast PHD	15.5%	(9.2%-21.8%)	67	15.5%	(9.0%-21.9%)	33	15.8%	(6.1%-25.5%)	34
Penquis PHD	12.2%	(6.0%-18.4%)	57	10.0%	(4.3%-15.6%)	22	14.7%	(2.1%-27.2%)	34
Western Maine PHD	12.3%	(4.0%-20.6%)	84	11.5%	(2.8%-20.2%)	32	13.3%	(3.5%-23.1%)	52
York PHD	19.2%	(10.4%-27.9%)	131	9.5%	(2.2%-16.9%)	25	27.1%	(8.5%-45.6%)	105

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e71) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past month, did your asthma make it difficult for you to stay asleep? (en72)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e72)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.6%	(18.1%-25.0%)	792	28.2%	(23.0%-33.5%)	434	16.9%	(13.1%-20.7%)	346
<b>----Age----</b>									
10 or younger	24.7%	(17.8%-31.6%)	207	28.9%	(15.7%-42.1%)	109	21.0%	(13.1%-29.0%)	96
11	19.1%	(14.8%-23.3%)	344	23.4%	(18.2%-28.5%)	175	16.2%	(11.2%-21.2%)	163
12 or older	23.6%	(17.8%-29.3%)	240	36.4%	(25.9%-46.9%)	150	14.9%	(7.5%-22.4%)	88
<b>----Grade----</b>									
Grade 5	21.6%	(16.8%-26.5%)	365	25.8%	(17.4%-34.2%)	178	18.9%	(13.8%-24.0%)	183
Grade 6	21.6%	(17.2%-25.9%)	415	30.0%	(22.9%-37.1%)	250	15.0%	(10.2%-19.9%)	159
<b>----Hispanic Ethnicity----</b>									
Hispanic	40.9%	(25.3%-56.5%)	44	41.3%	(19.4%-63.2%)	24	39.6%	(12.2%-67.0%)	20
Non-Hispanic	22.4%	(18.5%-26.3%)	649	29.3%	(23.5%-35.1%)	360	17.3%	(12.9%-21.7%)	281
<b>----Race----</b>									
American Indian or Alaskan Native	17.0%	(4.3%-29.7%)	17	*	*	*	*	*	*
Asian	13.1%	(0.0%-30.6%)	6	*	*	*	*	*	*
Black or African American	21.0%	(8.7%-33.3%)	25	8.6%	(0.0%-19.2%)	6	34.3%	(14.9%-53.7%)	17
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.6%	(18.2%-25.0%)	654	29.1%	(23.6%-34.6%)	378	16.2%	(12.3%-20.1%)	271
Multiple Races	31.0%	(17.5%-44.5%)	52	36.4%	(16.9%-55.9%)	23	28.1%	(9.4%-46.7%)	29

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e72) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past month, did your asthma make it difficult for you to stay asleep? (en72)*

*Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e72)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	35.4%	(21.6%-49.2%)	75	33.7%	(17.6%-49.8%)	26	35.1%	(17.5%-52.6%)	45
Central Maine PHD	21.7%	(14.3%-29.2%)	111	31.7%	(20.7%-42.7%)	67	14.3%	(5.0%-23.7%)	42
Cumberland PHD	13.8%	(6.8%-20.9%)	98	18.6%	(2.0%-35.2%)	52	11.4%	(6.5%-16.3%)	45
Downeast PHD	26.0%	(11.1%-40.8%)	46	32.4%	(11.2%-53.6%)	23	23.1%	(4.7%-41.6%)	24
Mid-Coast PHD	24.4%	(16.5%-32.2%)	95	35.8%	(26.6%-45.0%)	71	12.9%	(5.3%-20.6%)	25
Penquis PHD	21.5%	(15.4%-27.6%)	95	22.7%	(15.3%-30.0%)	46	20.1%	(11.6%-28.6%)	46
Western Maine PHD	21.5%	(8.8%-34.3%)	139	26.8%	(12.4%-41.3%)	66	18.5%	(1.9%-35.0%)	71
York PHD	26.6%	(10.9%-42.2%)	179	29.0%	(8.1%-49.9%)	71	25.9%	(8.8%-43.0%)	106

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e72) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*During the past month, did you ever have any symptoms of asthma such as shortness of breath, tightness in your chest, or a wheezing cough? (en73)  
Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e73)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	62.8%	(58.8%-66.8%)	2,339	68.8%	(62.9%-74.8%)	1,103	58.6%	(53.5%-63.7%)	1,194
<b>----Age----</b>									
10 or younger	65.1%	(58.3%-71.9%)	555	62.3%	(50.7%-74.0%)	248	67.2%	(57.5%-76.9%)	302
11	61.7%	(56.3%-67.2%)	1,134	69.0%	(62.1%-75.9%)	531	57.3%	(49.9%-64.7%)	583
12 or older	62.5%	(55.9%-69.2%)	639	74.5%	(64.9%-84.0%)	324	54.2%	(45.3%-63.1%)	309
<b>----Grade----</b>									
Grade 5	62.7%	(56.9%-68.6%)	1,079	63.8%	(53.6%-74.1%)	462	62.3%	(56.0%-68.7%)	600
Grade 6	63.0%	(57.7%-68.2%)	1,226	73.3%	(67.1%-79.5%)	634	54.9%	(47.7%-62.1%)	577
<b>----Hispanic Ethnicity----</b>									
Hispanic	70.1%	(54.9%-85.3%)	73	76.0%	(55.8%-96.2%)	38	64.1%	(42.7%-85.4%)	34
Non-Hispanic	64.2%	(59.4%-69.0%)	1,868	69.5%	(63.2%-75.8%)	881	60.0%	(54.2%-65.8%)	959
<b>----Race----</b>									
American Indian or Alaskan Native	65.9%	(48.0%-83.9%)	69	*	*	*	*	*	*
Asian	37.6%	(12.3%-62.9%)	16	*	*	*	*	*	*
Black or African American	55.6%	(35.6%-75.5%)	62	50.9%	(19.4%-82.3%)	32	59.9%	(40.9%-79.0%)	28
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	63.8%	(59.7%-68.0%)	1,947	70.1%	(63.9%-76.2%)	940	59.2%	(53.5%-64.8%)	982
Multiple Races	66.7%	(52.5%-80.9%)	128	63.4%	(43.1%-83.8%)	46	68.4%	(51.0%-85.9%)	81

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e73) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## 2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

### 5-6 Detailed Report - Maine (weighted)

*During the past month, did you ever have any symptoms of asthma such as shortness of breath, tightness in your chest, or a wheezing cough? (en73)  
Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e73)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	64.3%	(51.1%-77.6%)	127	66.0%	(53.9%-78.0%)	52	62.9%	(44.8%-80.9%)	71
Central Maine PHD	64.6%	(53.1%-76.1%)	342	64.3%	(46.6%-81.9%)	140	64.0%	(53.1%-74.9%)	195
Cumberland PHD	56.5%	(50.2%-62.8%)	424	59.7%	(40.2%-79.2%)	171	57.9%	(41.1%-74.6%)	248
Downeast PHD	69.5%	(58.3%-80.7%)	132	70.6%	(52.2%-89.0%)	57	66.9%	(53.9%-79.8%)	69
Mid-Coast PHD	65.4%	(59.7%-71.1%)	255	74.0%	(65.1%-82.9%)	145	57.7%	(46.6%-68.9%)	110
Penquis PHD	63.5%	(57.1%-69.8%)	295	68.6%	(59.3%-77.8%)	155	57.6%	(49.7%-65.5%)	134
Western Maine PHD	64.5%	(53.4%-75.6%)	396	67.0%	(48.7%-85.3%)	155	64.7%	(55.7%-73.7%)	240
York PHD	62.9%	(44.3%-81.5%)	410	79.3%	(64.1%-94.5%)	206	50.3%	(27.4%-73.3%)	185

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e73) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Has a doctor or nurse ever told you that you have diabetes? (en43a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.4%	(1.1%-1.7%)	374	1.2%	(0.8%-1.6%)	149	1.6%	(1.1%-2.1%)	214
<b>----Age----</b>									
10 or younger	1.2%	(0.6%-1.8%)	84	1.1%	(0.4%-1.9%)	43	1.2%	(0.2%-2.2%)	41
11	1.5%	(1.1%-2.0%)	200	0.9%	(0.3%-1.5%)	55	2.0%	(1.3%-2.8%)	134
12 or older	1.4%	(0.9%-2.0%)	90	1.9%	(0.9%-2.8%)	51	1.1%	(0.5%-1.8%)	39
<b>----Grade----</b>									
Grade 5	1.3%	(0.8%-1.8%)	167	1.1%	(0.4%-1.7%)	65	1.5%	(0.7%-2.3%)	102
Grade 6	1.6%	(1.2%-1.9%)	207	1.3%	(0.8%-1.9%)	85	1.7%	(1.2%-2.2%)	112
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.5%	(1.2%-1.9%)	317	1.3%	(0.8%-1.9%)	135	1.7%	(1.0%-2.3%)	172
<b>----Race----</b>									
American Indian or Alaskan Native	1.9%	(0.1%-3.8%)	12	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.4%	(0.0%-3.0%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.5%	(1.1%-1.9%)	330	1.2%	(0.7%-1.6%)	128	1.7%	(1.1%-2.3%)	191
Multiple Races	1.4%	(0.1%-2.7%)	13	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Detailed Report - Maine (weighted)**  
*Has a doctor or nurse ever told you that you have diabetes? (en43a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.2%	(0.3%-2.1%)	16	*	*	*	*	*	*
Central Maine PHD	1.6%	(0.8%-2.4%)	58	1.6%	(0.6%-2.7%)	28	1.7%	(0.6%-2.7%)	29
Cumberland PHD	1.4%	(0.5%-2.2%)	78	1.1%	(0.0%-2.3%)	30	1.5%	(0.8%-2.2%)	43
Downeast PHD	1.2%	(0.3%-2.1%)	20	1.6%	(0.4%-2.7%)	13	0.7%	(0.0%-1.5%)	6
Mid-Coast PHD	1.1%	(0.2%-2.0%)	28	0.6%	(0.0%-1.2%)	8	1.5%	(0.0%-3.2%)	21
Penquis PHD	1.9%	(1.1%-2.6%)	62	2.1%	(1.0%-3.2%)	32	1.7%	(0.1%-3.3%)	30
Western Maine PHD	1.5%	(0.8%-2.2%)	63	0.8%	(0.0%-1.7%)	17	2.1%	(0.7%-3.6%)	46
York PHD	0.7%	(0.3%-1.1%)	29	0.5%	(0.0%-1.0%)	9	0.9%	(0.3%-1.4%)	18

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*Percentage of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (endiab)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.5%	(1.1%-1.8%)	374	1.2%	(0.8%-1.7%)	149	1.7%	(1.1%-2.2%)	214
<b>----Age----</b>									
10 or younger	1.2%	(0.6%-1.9%)	84	1.2%	(0.4%-2.0%)	43	1.3%	(0.2%-2.4%)	41
11	1.6%	(1.1%-2.1%)	200	0.9%	(0.3%-1.5%)	55	2.1%	(1.3%-2.9%)	134
12 or older	1.5%	(0.9%-2.1%)	90	1.9%	(0.9%-2.9%)	51	1.2%	(0.5%-1.9%)	39
<b>----Grade----</b>									
Grade 5	1.4%	(0.8%-1.9%)	167	1.1%	(0.4%-1.8%)	65	1.6%	(0.8%-2.5%)	102
Grade 6	1.6%	(1.2%-2.0%)	207	1.4%	(0.8%-2.0%)	85	1.7%	(1.2%-2.3%)	112
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.6%	(1.2%-2.0%)	317	1.4%	(0.9%-1.9%)	135	1.7%	(1.1%-2.4%)	172
<b>----Race----</b>									
American Indian or Alaskan Native	2.1%	(0.1%-4.1%)	12	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.5%	(0.0%-3.1%)	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.5%	(1.1%-1.9%)	330	1.2%	(0.8%-1.7%)	128	1.8%	(1.1%-2.4%)	191
Multiple Races	1.5%	(0.1%-2.9%)	13	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Percentage of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (endiab)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	1.3%	(0.3%-2.2%)	16	*	*	*	*	*	*
Central Maine PHD	1.7%	(0.8%-2.5%)	58	1.7%	(0.7%-2.8%)	28	1.7%	(0.7%-2.8%)	29
Cumberland PHD	1.4%	(0.6%-2.3%)	78	1.2%	(0.0%-2.4%)	30	1.5%	(0.8%-2.3%)	43
Downeast PHD	1.3%	(0.3%-2.3%)	20	1.7%	(0.4%-2.9%)	13	0.7%	(0.0%-1.5%)	6
Mid-Coast PHD	1.1%	(0.2%-2.1%)	28	0.7%	(0.0%-1.3%)	8	1.5%	(0.0%-3.4%)	21
Penquis PHD	1.9%	(1.1%-2.7%)	62	2.2%	(1.1%-3.3%)	32	1.8%	(0.2%-3.4%)	30
Western Maine PHD	1.5%	(0.8%-2.3%)	63	0.9%	(0.0%-1.8%)	17	2.2%	(0.7%-3.7%)	46
York PHD	0.7%	(0.3%-1.1%)	29	0.5%	(0.0%-1.1%)	9	0.9%	(0.3%-1.5%)	18

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60)*

*Percentage of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	86.5%	(85.0%-88.0%)	18,085	88.3%	(86.7%-89.9%)	8,911	84.9%	(83.0%-86.8%)	8,872
<b>----Age----</b>									
10 or younger	86.2%	(83.7%-88.7%)	4,688	88.7%	(86.0%-91.4%)	2,519	83.9%	(79.9%-87.8%)	2,128
11	86.5%	(84.6%-88.3%)	8,839	88.0%	(85.8%-90.2%)	4,310	85.3%	(82.9%-87.6%)	4,389
12 or older	86.9%	(84.7%-89.1%)	4,508	88.5%	(85.8%-91.1%)	2,080	85.2%	(82.6%-87.8%)	2,340
<b>----Grade----</b>									
Grade 5	84.5%	(82.3%-86.8%)	8,181	87.9%	(85.5%-90.3%)	4,063	81.6%	(78.3%-84.9%)	4,021
Grade 6	88.4%	(86.7%-90.0%)	9,709	88.8%	(87.1%-90.6%)	4,807	88.0%	(86.1%-89.8%)	4,749
<b>----Hispanic Ethnicity----</b>									
Hispanic	81.8%	(76.1%-87.5%)	327	89.5%	(83.3%-95.8%)	188	72.9%	(63.2%-82.6%)	136
Non-Hispanic	86.5%	(84.7%-88.3%)	14,469	88.0%	(86.1%-89.9%)	7,257	85.1%	(82.9%-87.4%)	7,011
<b>----Race----</b>									
American Indian or Alaskan Native	79.8%	(72.6%-87.1%)	381	88.9%	(80.8%-96.9%)	150	77.5%	(67.6%-87.4%)	221
Asian	86.8%	(78.6%-95.0%)	234	87.2%	(75.9%-98.5%)	94	86.3%	(73.7%-98.9%)	137
Black or African American	77.8%	(72.6%-83.0%)	438	83.6%	(76.3%-91.0%)	223	72.3%	(64.3%-80.3%)	211
Native Hawaiian or Other Pacific Islander	87.8%	(72.9%-100.0%)	46	*	*	*	*	*	*
White	87.2%	(85.6%-88.8%)	15,572	88.7%	(87.0%-90.4%)	7,733	85.8%	(83.7%-87.9%)	7,621
Multiple Races	85.1%	(79.9%-90.3%)	601	87.0%	(79.1%-94.9%)	324	82.8%	(75.2%-90.4%)	274

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60)*

*Percentage of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	87.2%	(82.7%-91.7%)	916	89.3%	(85.4%-93.1%)	450	86.3%	(79.9%-92.7%)	451
Central Maine PHD	85.2%	(81.4%-89.0%)	2,323	88.0%	(84.7%-91.3%)	1,177	82.5%	(76.6%-88.4%)	1,117
Cumberland PHD	88.5%	(86.9%-90.2%)	4,052	90.8%	(88.4%-93.2%)	2,062	86.2%	(84.0%-88.4%)	1,911
Downeast PHD	85.8%	(82.2%-89.5%)	1,089	87.1%	(83.8%-90.3%)	519	84.4%	(78.5%-90.3%)	554
Mid-Coast PHD	89.1%	(86.6%-91.6%)	1,880	89.1%	(85.2%-93.1%)	887	89.1%	(85.9%-92.3%)	966
Penquis PHD	86.6%	(81.6%-91.6%)	2,317	89.1%	(84.0%-94.3%)	1,151	84.1%	(78.5%-89.8%)	1,126
Western Maine PHD	82.4%	(77.1%-87.8%)	2,550	82.2%	(76.3%-88.1%)	1,212	83.6%	(78.2%-89.0%)	1,303
York PHD	87.1%	(82.3%-91.9%)	2,866	87.7%	(82.2%-93.1%)	1,362	86.1%	(79.8%-92.4%)	1,438

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you missed any school this year because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61)  
Percentage of students who answered 'Yes' (Excludes 'Don't know' responses from e61)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.5%	(14.3%-16.7%)	3,768	15.5%	(13.9%-17.1%)	1,782	15.3%	(13.8%-16.8%)	1,880
<b>----Age----</b>									
10 or younger	14.4%	(11.6%-17.1%)	934	13.8%	(10.6%-16.9%)	464	15.1%	(11.2%-19.0%)	461
11	15.9%	(14.5%-17.3%)	1,896	16.2%	(14.4%-18.1%)	912	15.5%	(13.4%-17.5%)	939
12 or older	15.8%	(13.5%-18.0%)	914	16.0%	(12.9%-19.0%)	404	15.2%	(12.6%-17.9%)	480
<b>----Grade----</b>									
Grade 5	15.7%	(13.7%-17.7%)	1,845	16.1%	(13.2%-19.1%)	901	15.2%	(12.6%-17.7%)	910
Grade 6	15.2%	(13.7%-16.6%)	1,855	14.8%	(13.1%-16.5%)	866	15.4%	(13.5%-17.2%)	947
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.4%	(13.2%-25.6%)	93	11.4%	(5.4%-17.3%)	29	28.0%	(16.5%-39.5%)	63
Non-Hispanic	15.2%	(13.9%-16.5%)	2,904	14.9%	(13.2%-16.5%)	1,361	15.4%	(13.6%-17.1%)	1,491
<b>----Race----</b>									
American Indian or Alaskan Native	18.4%	(10.8%-26.0%)	109	22.1%	(9.1%-35.1%)	49	16.0%	(8.4%-23.7%)	56
Asian	12.2%	(0.0%-24.9%)	36	15.6%	(0.6%-30.6%)	20	9.6%	(0.0%-21.9%)	16
Black or African American	11.6%	(8.2%-15.1%)	74	13.9%	(7.7%-20.1%)	40	9.8%	(5.7%-14.0%)	33
Native Hawaiian or Other Pacific Islander	18.6%	(2.4%-34.8%)	10	*	*	*	*	*	*
White	15.4%	(14.1%-16.8%)	3,178	15.2%	(13.5%-17.0%)	1,503	15.5%	(13.9%-17.1%)	1,614
Multiple Races	18.3%	(13.0%-23.7%)	152	17.1%	(11.0%-23.2%)	70	19.6%	(10.8%-28.4%)	80

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (Excludes 'Don't know' responses from e61) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Have you missed any school this year because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61)  
Percentage of students who answered 'Yes' (Excludes 'Don't know' responses from e61)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	18.9%	(15.4%-22.4%)	228	21.2%	(17.8%-24.6%)	125	17.5%	(13.2%-21.8%)	103
Central Maine PHD	16.5%	(13.6%-19.4%)	541	16.1%	(11.9%-20.3%)	251	16.3%	(12.7%-20.0%)	273
Cumberland PHD	11.9%	(8.6%-15.2%)	593	10.7%	(6.6%-14.8%)	252	11.4%	(7.6%-15.1%)	288
Downeast PHD	17.3%	(13.3%-21.3%)	261	17.3%	(12.3%-22.2%)	125	17.2%	(12.3%-22.1%)	131
Mid-Coast PHD	16.0%	(13.8%-18.2%)	398	16.9%	(13.5%-20.4%)	197	15.1%	(11.7%-18.4%)	193
Penquis PHD	16.1%	(13.4%-18.8%)	493	14.2%	(10.7%-17.7%)	205	18.1%	(14.6%-21.5%)	280
Western Maine PHD	15.8%	(13.6%-18.1%)	616	16.5%	(13.5%-19.6%)	303	15.5%	(12.2%-18.7%)	308
York PHD	15.5%	(11.9%-19.0%)	602	15.2%	(10.7%-19.6%)	275	16.0%	(8.9%-23.1%)	319

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Don't know' responses from e61) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Detailed Report - Maine (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)  
Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	48.5%	(45.4%-51.7%)	12,624	57.6%	(54.2%-61.0%)	7,158	40.2%	(37.0%-43.4%)	5,257
<b>----Age----</b>									
10 or younger	54.6%	(51.0%-58.2%)	3,799	63.8%	(59.1%-68.4%)	2,326	44.1%	(39.4%-48.8%)	1,434
11	49.2%	(45.4%-53.0%)	6,237	57.3%	(53.1%-61.4%)	3,450	42.0%	(37.7%-46.3%)	2,691
12 or older	40.7%	(37.0%-44.5%)	2,554	50.1%	(45.6%-54.7%)	1,379	33.2%	(29.6%-36.9%)	1,128
<b>----Grade----</b>									
Grade 5	51.8%	(48.0%-55.6%)	6,512	61.6%	(57.7%-65.5%)	3,693	42.7%	(38.2%-47.2%)	2,723
Grade 6	45.6%	(41.2%-50.1%)	5,996	53.9%	(49.2%-58.6%)	3,426	38.1%	(33.9%-42.3%)	2,496
<b>----Hispanic Ethnicity----</b>									
Hispanic	44.4%	(36.0%-52.8%)	235	54.8%	(42.8%-66.8%)	156	32.6%	(23.8%-41.5%)	79
Non-Hispanic	48.8%	(45.7%-52.0%)	10,024	57.5%	(54.0%-61.1%)	5,727	40.5%	(37.4%-43.6%)	4,152
<b>----Race----</b>									
American Indian or Alaskan Native	38.8%	(30.6%-46.9%)	242	44.0%	(30.2%-57.7%)	106	36.8%	(28.5%-45.1%)	136
Asian	22.6%	(10.6%-34.6%)	69	28.5%	(11.6%-45.3%)	37	18.6%	(6.7%-30.5%)	32
Black or African American	23.8%	(14.8%-32.7%)	167	31.3%	(15.4%-47.2%)	102	17.4%	(11.0%-23.8%)	64
Native Hawaiian or Other Pacific Islander	63.4%	(44.7%-82.1%)	36	73.2%	(51.9%-94.5%)	27	45.0%	(15.5%-74.4%)	9
White	50.2%	(47.2%-53.2%)	11,040	58.9%	(55.8%-62.0%)	6,262	41.7%	(38.4%-45.1%)	4,606
Multiple Races	44.7%	(38.4%-51.1%)	416	52.0%	(42.3%-61.6%)	240	37.6%	(26.7%-48.6%)	169

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)  
Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	40.3%	(35.4%-45.1%)	529	44.7%	(39.5%-49.9%)	287	36.5%	(30.8%-42.1%)	234
Central Maine PHD	47.7%	(44.1%-51.3%)	1,660	59.1%	(54.2%-64.0%)	995	36.5%	(32.8%-40.2%)	634
Cumberland PHD	53.6%	(44.5%-62.8%)	2,930	63.0%	(53.8%-72.1%)	1,648	45.6%	(36.0%-55.1%)	1,243
Downeast PHD	45.7%	(39.5%-51.9%)	746	54.0%	(47.8%-60.3%)	434	38.0%	(30.0%-46.0%)	305
Mid-Coast PHD	48.8%	(44.2%-53.4%)	1,291	57.4%	(51.9%-62.9%)	698	41.2%	(35.3%-47.0%)	571
Penquis PHD	50.9%	(43.2%-58.5%)	1,650	60.4%	(51.9%-69.0%)	926	42.1%	(33.7%-50.5%)	695
Western Maine PHD	40.7%	(35.7%-45.8%)	1,696	48.4%	(42.5%-54.2%)	960	33.8%	(29.2%-38.5%)	717
York PHD	52.9%	(44.7%-61.0%)	2,172	61.1%	(53.9%-68.2%)	1,200	45.7%	(34.0%-57.3%)	933

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)*

*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.6%	(35.6%-39.6%)	9,935	36.9%	(34.2%-39.6%)	4,635	38.7%	(36.5%-40.9%)	5,150
<b>----Age----</b>									
10 or younger	42.0%	(38.7%-45.4%)	2,998	43.1%	(38.5%-47.7%)	1,611	40.7%	(36.5%-45.0%)	1,354
11	37.1%	(35.1%-39.1%)	4,784	35.5%	(32.7%-38.3%)	2,162	39.0%	(36.3%-41.8%)	2,557
12 or older	33.6%	(30.2%-37.0%)	2,109	31.3%	(27.2%-35.5%)	859	35.8%	(31.8%-39.8%)	1,220
<b>----Grade----</b>									
Grade 5	41.2%	(38.8%-43.6%)	5,306	41.7%	(37.9%-45.5%)	2,549	41.0%	(38.1%-43.9%)	2,691
Grade 6	34.2%	(31.5%-37.0%)	4,526	32.1%	(29.1%-35.2%)	2,050	36.5%	(33.2%-39.8%)	2,415
<b>----Hispanic Ethnicity----</b>									
Hispanic	34.1%	(26.2%-42.0%)	182	39.3%	(28.5%-50.1%)	113	28.2%	(20.4%-36.0%)	69
Non-Hispanic	37.2%	(35.2%-39.1%)	7,688	36.3%	(33.5%-39.1%)	3,634	38.5%	(36.2%-40.7%)	3,986
<b>----Race----</b>									
American Indian or Alaskan Native	34.8%	(27.1%-42.5%)	221	31.8%	(21.5%-42.1%)	77	33.8%	(23.8%-43.8%)	124
Asian	44.0%	(34.6%-53.4%)	136	42.9%	(33.0%-52.8%)	55	44.4%	(30.8%-58.0%)	79
Black or African American	32.3%	(22.4%-42.2%)	222	35.0%	(21.6%-48.4%)	112	30.4%	(18.1%-42.7%)	110
Native Hawaiian or Other Pacific Islander	55.8%	(30.0%-81.6%)	31	62.4%	(30.1%-94.7%)	23	43.3%	(5.2%-81.3%)	8
White	38.0%	(35.9%-40.1%)	8,482	36.6%	(33.7%-39.5%)	3,939	39.8%	(37.4%-42.1%)	4,468
Multiple Races	33.8%	(26.2%-41.5%)	318	40.0%	(28.2%-51.8%)	191	28.0%	(19.0%-37.0%)	125

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)*

*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	36.7%	(33.9%-39.4%)	487	26.3%	(20.7%-31.9%)	171	46.3%	(39.7%-52.9%)	300
Central Maine PHD	37.0%	(33.1%-40.9%)	1,309	35.6%	(28.8%-42.5%)	606	38.8%	(33.6%-44.0%)	692
Cumberland PHD	39.7%	(32.8%-46.6%)	2,233	43.7%	(34.7%-52.6%)	1,168	35.9%	(31.2%-40.5%)	1,016
Downeast PHD	34.9%	(29.4%-40.3%)	575	28.6%	(20.4%-36.8%)	233	40.5%	(32.9%-48.2%)	328
Mid-Coast PHD	40.8%	(37.0%-44.6%)	1,091	36.9%	(31.9%-41.8%)	458	44.9%	(40.8%-49.1%)	621
Penquis PHD	36.7%	(33.6%-39.7%)	1,214	37.2%	(34.2%-40.1%)	580	36.6%	(32.3%-40.9%)	617
Western Maine PHD	37.6%	(33.4%-41.8%)	1,571	34.9%	(28.1%-41.7%)	688	40.3%	(35.3%-45.3%)	857
York PHD	39.2%	(34.2%-44.3%)	1,616	40.1%	(30.3%-49.8%)	788	39.1%	(34.8%-43.5%)	809

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.6%	(45.8%-49.4%)	12,652	50.3%	(48.1%-52.5%)	6,386	45.1%	(42.9%-47.4%)	6,019
<b>----Age----</b>									
10 or younger	46.6%	(43.2%-50.1%)	3,346	47.6%	(43.8%-51.5%)	1,787	45.5%	(41.0%-50.0%)	1,520
11	47.6%	(45.2%-50.1%)	6,197	51.0%	(47.8%-54.2%)	3,144	44.4%	(41.2%-47.7%)	2,925
12 or older	48.9%	(46.7%-51.1%)	3,071	52.2%	(48.4%-55.9%)	1,449	46.4%	(43.5%-49.3%)	1,565
<b>----Grade----</b>									
Grade 5	46.0%	(43.4%-48.6%)	5,982	48.2%	(45.2%-51.1%)	2,984	43.9%	(40.5%-47.4%)	2,895
Grade 6	49.3%	(47.3%-51.3%)	6,542	52.3%	(49.7%-54.9%)	3,366	46.6%	(43.9%-49.3%)	3,073
<b>----Hispanic Ethnicity----</b>									
Hispanic	37.7%	(29.5%-45.8%)	201	44.3%	(33.7%-54.9%)	127	29.7%	(18.7%-40.8%)	73
Non-Hispanic	49.0%	(47.2%-50.8%)	10,173	51.5%	(48.9%-54.0%)	5,189	46.6%	(44.3%-48.9%)	4,829
<b>----Race----</b>									
American Indian or Alaskan Native	38.5%	(30.2%-46.7%)	247	33.2%	(19.6%-46.8%)	82	44.3%	(34.7%-53.9%)	163
Asian	19.2%	(12.1%-26.4%)	60	25.1%	(18.3%-31.9%)	32	15.1%	(3.7%-26.5%)	27
Black or African American	10.6%	(5.4%-15.7%)	74	13.4%	(7.0%-19.8%)	44	7.4%	(1.5%-13.4%)	27
Native Hawaiian or Other Pacific Islander	57.1%	(31.6%-82.6%)	32	62.4%	(30.6%-94.1%)	23	47.1%	(12.0%-82.3%)	9
White	50.3%	(48.3%-52.2%)	11,277	52.9%	(50.4%-55.3%)	5,738	47.7%	(45.4%-50.1%)	5,363
Multiple Races	37.3%	(30.9%-43.6%)	353	37.9%	(30.1%-45.6%)	179	37.7%	(27.9%-47.6%)	172

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	42.6%	(38.1%-47.0%)	575	42.5%	(37.7%-47.2%)	280	42.7%	(36.2%-49.1%)	280
Central Maine PHD	51.4%	(47.8%-55.0%)	1,832	53.1%	(48.4%-57.9%)	913	49.9%	(45.0%-54.8%)	888
Cumberland PHD	42.9%	(38.1%-47.6%)	2,419	46.5%	(39.9%-53.2%)	1,240	38.9%	(34.0%-43.9%)	1,111
Downeast PHD	49.5%	(46.0%-53.0%)	822	49.9%	(46.6%-53.3%)	406	48.6%	(41.8%-55.3%)	399
Mid-Coast PHD	50.2%	(46.6%-53.8%)	1,348	51.8%	(46.5%-57.2%)	647	49.0%	(44.2%-53.9%)	683
Penquis PHD	48.4%	(43.8%-53.0%)	1,605	49.0%	(43.9%-54.1%)	771	47.3%	(41.6%-53.0%)	795
Western Maine PHD	46.3%	(42.7%-49.8%)	1,956	49.9%	(45.9%-53.9%)	1,018	43.1%	(37.1%-49.0%)	908
York PHD	48.2%	(43.2%-53.2%)	1,993	53.3%	(48.9%-57.7%)	1,047	44.8%	(39.4%-50.2%)	930

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e48)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	56.0%	(53.9%-58.0%)	12,652	59.8%	(57.4%-62.1%)	6,386	52.5%	(49.7%-55.2%)	6,019
<b>----Age----</b>									
10 or younger	56.3%	(52.8%-59.9%)	3,346	59.3%	(55.0%-63.7%)	1,787	53.1%	(48.6%-57.6%)	1,520
11	55.6%	(52.8%-58.4%)	6,197	59.8%	(56.2%-63.4%)	3,144	51.8%	(47.9%-55.7%)	2,925
12 or older	56.4%	(54.0%-58.8%)	3,071	60.2%	(56.2%-64.2%)	1,449	53.3%	(50.3%-56.4%)	1,565
<b>----Grade----</b>									
Grade 5	55.0%	(51.9%-58.0%)	5,982	58.9%	(55.6%-62.3%)	2,984	51.3%	(47.1%-55.4%)	2,895
Grade 6	57.0%	(54.6%-59.5%)	6,542	60.5%	(57.5%-63.6%)	3,366	53.8%	(50.6%-57.0%)	3,073
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.2%	(32.8%-51.6%)	201	49.7%	(38.4%-60.9%)	127	33.1%	(20.8%-45.5%)	73
Non-Hispanic	57.1%	(55.1%-59.2%)	10,173	60.5%	(57.8%-63.1%)	5,189	53.9%	(51.2%-56.6%)	4,829
<b>----Race----</b>									
American Indian or Alaskan Native	44.6%	(36.0%-53.1%)	247	41.3%	(26.1%-56.5%)	82	49.5%	(39.1%-59.8%)	163
Asian	20.0%	(12.6%-27.4%)	60	26.4%	(19.5%-33.2%)	32	15.6%	(3.8%-27.5%)	27
Black or African American	11.6%	(6.0%-17.1%)	74	15.3%	(7.8%-22.9%)	44	7.8%	(1.7%-13.9%)	27
Native Hawaiian or Other Pacific Islander	57.8%	(32.1%-83.6%)	32	63.6%	(31.6%-95.5%)	23	47.1%	(12.0%-82.3%)	9
White	59.3%	(57.2%-61.4%)	11,277	62.8%	(60.2%-65.4%)	5,738	55.9%	(53.2%-58.5%)	5,363
Multiple Races	42.5%	(35.3%-49.7%)	353	44.9%	(36.1%-53.8%)	179	40.9%	(30.3%-51.4%)	172

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Yes' (Excludes 'Not sure' responses from e48) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e48)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	50.0%	(46.0%-54.1%)	575	50.7%	(45.2%-56.2%)	280	49.6%	(43.4%-55.9%)	280
Central Maine PHD	61.2%	(57.7%-64.8%)	1,832	63.1%	(58.0%-68.1%)	913	59.1%	(54.5%-63.8%)	888
Cumberland PHD	50.3%	(44.7%-55.9%)	2,419	56.0%	(49.7%-62.2%)	1,240	44.7%	(38.2%-51.2%)	1,111
Downeast PHD	58.4%	(53.9%-62.9%)	822	60.3%	(55.9%-64.8%)	406	56.2%	(48.8%-63.5%)	399
Mid-Coast PHD	60.3%	(55.8%-64.8%)	1,348	63.4%	(57.2%-69.6%)	647	58.3%	(52.0%-64.6%)	683
Penquis PHD	55.6%	(50.8%-60.4%)	1,605	57.2%	(50.7%-63.7%)	771	53.7%	(48.8%-58.5%)	795
Western Maine PHD	55.4%	(50.6%-60.1%)	1,956	62.7%	(56.9%-68.5%)	1,018	49.2%	(39.8%-58.5%)	908
York PHD	55.1%	(51.1%-59.1%)	1,993	59.5%	(55.3%-63.6%)	1,047	52.0%	(48.9%-55.2%)	930

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree that you have parents who try to help you succeed? (en49)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	92.5%	(91.7%-93.3%)	24,554	92.0%	(91.0%-93.0%)	11,652	93.2%	(92.0%-94.3%)	12,429
<b>----Age----</b>									
10 or younger	92.6%	(90.8%-94.4%)	6,671	91.3%	(89.0%-93.6%)	3,444	93.9%	(91.4%-96.4%)	3,152
11	92.8%	(91.8%-93.8%)	12,013	93.5%	(92.3%-94.8%)	5,738	92.3%	(90.8%-93.9%)	6,042
12 or older	91.9%	(90.7%-93.1%)	5,786	89.5%	(87.8%-91.2%)	2,467	94.1%	(92.8%-95.3%)	3,210
<b>----Grade----</b>									
Grade 5	92.3%	(91.0%-93.6%)	11,974	92.0%	(90.4%-93.6%)	5,686	92.5%	(90.6%-94.4%)	6,077
Grade 6	92.9%	(92.0%-93.7%)	12,323	92.0%	(90.9%-93.2%)	5,900	94.1%	(93.0%-95.2%)	6,235
<b>----Hispanic Ethnicity----</b>									
Hispanic	90.0%	(86.4%-93.7%)	480	85.1%	(79.0%-91.3%)	243	95.9%	(92.7%-99.1%)	235
Non-Hispanic	92.7%	(91.8%-93.6%)	19,283	92.1%	(91.1%-93.1%)	9,284	93.5%	(92.3%-94.8%)	9,718
<b>----Race----</b>									
American Indian or Alaskan Native	91.3%	(86.2%-96.5%)	594	89.4%	(79.8%-99.1%)	221	93.0%	(87.9%-98.1%)	352
Asian	93.9%	(88.7%-99.1%)	293	95.6%	(90.9%-100.0%)	124	92.6%	(85.2%-100.0%)	166
Black or African American	91.1%	(87.1%-95.2%)	644	87.6%	(78.7%-96.4%)	288	94.9%	(92.5%-97.3%)	355
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	92.9%	(92.2%-93.6%)	20,817	92.3%	(91.3%-93.3%)	9,991	93.6%	(92.4%-94.7%)	10,521
Multiple Races	87.3%	(83.3%-91.2%)	821	87.0%	(82.0%-92.0%)	416	87.1%	(80.5%-93.7%)	389

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree that you have parents who try to help you succeed? (en49)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	91.5%	(89.3%-93.7%)	1,230	91.0%	(86.5%-95.5%)	594	92.3%	(89.8%-94.8%)	611
Central Maine PHD	91.7%	(89.9%-93.5%)	3,254	90.6%	(88.3%-92.8%)	1,548	92.7%	(89.2%-96.3%)	1,649
Cumberland PHD	93.8%	(92.7%-94.9%)	5,282	93.2%	(91.2%-95.3%)	2,488	94.5%	(93.2%-95.7%)	2,684
Downeast PHD	91.2%	(88.1%-94.3%)	1,519	90.2%	(86.5%-93.9%)	735	92.3%	(88.0%-96.6%)	762
Mid-Coast PHD	92.9%	(90.9%-94.9%)	2,484	93.1%	(91.0%-95.2%)	1,163	93.1%	(90.5%-95.6%)	1,283
Penquis PHD	92.6%	(91.1%-94.1%)	3,068	93.5%	(91.8%-95.2%)	1,461	92.2%	(89.4%-95.1%)	1,556
Western Maine PHD	91.7%	(88.8%-94.7%)	3,897	89.7%	(86.2%-93.2%)	1,820	93.7%	(90.5%-96.9%)	2,005
York PHD	92.8%	(89.4%-96.2%)	3,847	92.4%	(89.0%-95.8%)	1,832	93.3%	(89.6%-97.1%)	1,938

*\*Estimate suppressed due to small cell sizes.*

*^Data not shown due to low response rate.*

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*N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.2%	(81.9%-84.5%)	22,137	84.9%	(83.1%-86.7%)	10,780	81.7%	(79.8%-83.6%)	10,926
<b>----Age----</b>									
10 or younger	84.3%	(81.5%-87.0%)	6,084	85.9%	(82.3%-89.6%)	3,265	82.4%	(78.3%-86.5%)	2,754
11	84.0%	(82.5%-85.5%)	10,910	85.3%	(83.1%-87.4%)	5,224	83.0%	(80.9%-85.2%)	5,474
12 or older	80.3%	(78.0%-82.5%)	5,060	82.8%	(79.7%-86.0%)	2,288	78.3%	(76.0%-80.7%)	2,671
<b>----Grade----</b>									
Grade 5	85.0%	(83.0%-87.0%)	11,070	86.9%	(84.0%-89.8%)	5,389	83.4%	(80.3%-86.5%)	5,506
Grade 6	81.6%	(80.3%-82.9%)	10,837	83.3%	(81.8%-84.8%)	5,341	80.1%	(78.2%-82.1%)	5,311
<b>----Hispanic Ethnicity----</b>									
Hispanic	83.6%	(79.2%-88.1%)	447	85.7%	(77.8%-93.5%)	245	81.8%	(74.8%-88.8%)	201
Non-Hispanic	83.3%	(81.9%-84.6%)	17,352	84.8%	(82.9%-86.7%)	8,563	81.9%	(80.0%-83.9%)	8,535
<b>----Race----</b>									
American Indian or Alaskan Native	76.9%	(70.1%-83.6%)	499	76.9%	(67.3%-86.6%)	189	76.0%	(66.5%-85.4%)	288
Asian	79.9%	(73.0%-86.8%)	247	73.2%	(65.1%-81.4%)	95	84.9%	(73.6%-96.2%)	150
Black or African American	80.0%	(74.7%-85.2%)	563	80.0%	(71.4%-88.5%)	262	79.8%	(73.6%-86.1%)	296
Native Hawaiian or Other Pacific Islander	78.2%	(58.9%-97.4%)	44	*	*	*	*	*	*
White	84.2%	(82.7%-85.6%)	18,906	86.1%	(84.2%-88.0%)	9,344	82.4%	(80.3%-84.4%)	9,286
Multiple Races	73.3%	(68.5%-78.2%)	695	73.3%	(66.0%-80.5%)	350	73.7%	(66.6%-80.8%)	334

*\*Estimate suppressed due to small cell sizes.*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Detailed Report - Maine (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
<b>----Public Health District----</b>									
Aroostook PHD	86.6%	(83.2%-89.9%)	1,159	88.8%	(85.0%-92.6%)	580	83.6%	(78.1%-89.0%)	544
Central Maine PHD	84.6%	(81.9%-87.3%)	3,017	85.8%	(80.8%-90.9%)	1,472	83.9%	(81.0%-86.8%)	1,501
Cumberland PHD	85.2%	(82.0%-88.4%)	4,819	89.6%	(83.1%-96.2%)	2,413	80.8%	(78.7%-82.9%)	2,298
Downeast PHD	82.6%	(79.1%-86.0%)	1,365	81.9%	(77.0%-86.8%)	664	83.8%	(80.0%-87.6%)	684
Mid-Coast PHD	82.6%	(78.6%-86.6%)	2,213	85.0%	(81.3%-88.8%)	1,063	80.3%	(74.3%-86.2%)	1,111
Penquis PHD	83.1%	(80.0%-86.2%)	2,761	85.8%	(82.9%-88.8%)	1,342	81.2%	(74.9%-87.5%)	1,377
Western Maine PHD	78.8%	(73.9%-83.6%)	3,359	78.2%	(74.4%-81.9%)	1,590	79.3%	(72.4%-86.3%)	1,708
York PHD	84.4%	(79.1%-89.7%)	3,502	84.1%	(80.0%-88.1%)	1,669	84.5%	(77.2%-91.8%)	1,749

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