



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND
RACE**

**DOWNEAST PHD
2019 MIYHS GRADE 5 - 6 REPORT**

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Demographics

| | % | CI | N | n |
|---|-------|-------------------|-------|-----|
| Total | 6.2% | | 1,683 | 482 |
| ----Sex---- | | | | |
| Female | 49.0% | (43.9% - 54.1%) | 824 | 251 |
| Male | 49.3% | (44.2% - 54.5%) | 830 | 222 |
| Missing | 1.7% | (0.2% - 3.1%) | 28 | 9 |
| ----Grade---- | | | | |
| Grade 5 | 49.6% | (46.8% - 52.5%) | 835 | 226 |
| Grade 6 | 49.5% | (46.6% - 52.4%) | 833 | 252 |
| Missing | 0.9% | (0.2% - 1.5%) | 15 | 4 |
| ----Age---- | | | | |
| 10 or Younger | 27.0% | (23.4% - 30.7%) | 455 | 126 |
| 11 | 49.7% | (45.5% - 53.9%) | 837 | 237 |
| 12 or Older | 23.0% | (18.6% - 27.4%) | 387 | 118 |
| Missing | 0.2% | (0.0% - 0.7%) | 4 | 1 |
| ----Hispanic Ethnicity---- | | | | |
| Hispanic | 2.0% | (1.1% - 3.0%) | 34 | 15 |
| Non-Hispanic | 83.7% | (79.7% - 87.7%) | 1,409 | 398 |
| Missing | 14.2% | (9.7% - 18.8%) | 239 | 69 |
| ----Race---- | | | | |
| American Indian or Alaskan Native | 3.8% | (2.1% - 5.6%) | 65 | 25 |
| Asian | 0.3% | (0.0% - 0.8%) | 5 | 2 |
| Black or African American | 1.9% | (0.6% - 3.3%) | 32 | 12 |
| Native Hawaiian or Other Pacific Islander | 0.2% | (0.0% - 0.5%) | 3 | 1 |
| White | 86.4% | (81.9% - 90.9%) | 1,454 | 399 |

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Demographics

| | % | CI | N | n |
|----------------|----------|-----------------|----------|----------|
| Multiple Races | 3.0% | (1.9% - 4.2%) | 51 | 21 |
| Missing | 4.3% | (0.4% - 8.3%) | 73 | 22 |

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Demographics

| | % | CI | N | n |
|---------------------|-------|-------------------|-------|-----|
| ---County--- | | | | |
| Hancock County | 63.9% | (32.0% - 95.8%) | 1,076 | 301 |
| Washington County | 36.1% | (4.2% - 68.0%) | 607 | 181 |

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enowt2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|-----|-------|--------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 14.1% | (4.7%-23.5%) | 92 | 14.1% | (1.8%-26.4%) | 48 | 14.1% | (5.8%-22.5%) | 45 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 11.1% | (3.4%-18.8%) | 39 | 12.1% | (2.3%-21.9%) | 24 | 9.8% | (0.0%-20.0%) | 15 |
| 11 | 15.2% | (2.2%-28.3%) | 42 | 13.5% | (0.0%-27.8%) | 17 | 16.7% | (1.3%-32.1%) | 25 |
| 12 or older | 45.2% | (0.0%-100.0%) | 11 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 14.1% | (4.7%-23.5%) | 92 | 14.1% | (1.8%-26.4%) | 48 | 14.1% | (5.8%-22.5%) | 45 |
| Grade 6 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 14.8% | (5.3%-24.3%) | 73 | 16.3% | (2.6%-30.0%) | 41 | 13.3% | (4.9%-21.6%) | 32 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 16.1% | (6.2%-26.0%) | 87 | 15.6% | (2.6%-28.6%) | 45 | 16.7% | (8.4%-24.9%) | 42 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enobese2)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 19.9% | (4.7%-35.0%) | 130 | 17.7% | (0.0%-35.9%) | 60 | 22.2% | (8.0%-36.3%) | 70 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 24.7% | (7.7%-41.6%) | 87 | 19.6% | (2.0%-37.1%) | 39 | 31.4% | (12.2%-50.5%) | 48 |
| 11 | 15.6% | (1.2%-29.9%) | 43 | 16.2% | (0.0%-38.9%) | 21 | 15.0% | (2.1%-27.9%) | 22 |
| 12 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 19.9% | (4.7%-35.0%) | 130 | 17.7% | (0.0%-35.9%) | 60 | 22.2% | (8.0%-36.3%) | 70 |
| Grade 6 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 18.9% | (4.2%-33.6%) | 93 | 17.4% | (0.0%-35.9%) | 44 | 20.4% | (7.0%-33.8%) | 50 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 25.8% | (0.0%-54.2%) | 10 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 18.3% | (4.2%-32.4%) | 99 | 19.6% | (0.0%-39.8%) | 57 | 16.7% | (5.8%-27.7%) | 42 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enowtob)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 34.0% | (10.9%-57.0%) | 222 | 31.8% | (3.2%-60.5%) | 108 | 36.3% | (17.9%-54.7%) | 115 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 35.8% | (12.5%-59.0%) | 126 | 31.7% | (6.4%-57.0%) | 63 | 41.1% | (16.9%-65.3%) | 63 |
| 11 | 30.8% | (7.5%-54.0%) | 85 | 29.7% | (0.0%-62.0%) | 38 | 31.7% | (8.5%-54.9%) | 47 |
| 12 or older | 45.2% | (0.0%-100.0%) | 11 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 34.0% | (10.9%-57.0%) | 222 | 31.8% | (3.2%-60.5%) | 108 | 36.3% | (17.9%-54.7%) | 115 |
| Grade 6 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 33.7% | (11.3%-56.1%) | 166 | 33.7% | (3.7%-63.7%) | 84 | 33.7% | (16.5%-50.8%) | 82 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 39.2% | (3.9%-74.6%) | 15 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 34.3% | (11.1%-57.6%) | 186 | 35.2% | (3.7%-66.7%) | 102 | 33.4% | (16.1%-50.7%) | 84 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enhlhwt2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 42.4% | (27.2%-57.6%) | 277 | 37.9% | (26.5%-49.4%) | 128 | 47.2% | (28.2%-66.1%) | 149 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 43.9% | (29.8%-57.9%) | 155 | 43.7% | (31.9%-55.4%) | 87 | 44.2% | (24.6%-63.8%) | 67 |
| 11 | 44.2% | (22.8%-65.6%) | 123 | 31.8% | (19.9%-43.6%) | 41 | 54.9% | (27.0%-82.8%) | 82 |
| 12 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 42.4% | (27.2%-57.6%) | 277 | 37.9% | (26.5%-49.4%) | 128 | 47.2% | (28.2%-66.1%) | 149 |
| Grade 6 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 43.3% | (29.0%-57.7%) | 214 | 37.8% | (27.1%-48.5%) | 94 | 49.0% | (30.5%-67.6%) | 119 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 35.9% | (8.0%-63.8%) | 14 | 33.3% | (0.0%-92.9%) | 6 | 38.2% | (6.2%-70.2%) | 8 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 57.3% | (14.7%-99.9%) | 10 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 41.1% | (25.9%-56.4%) | 223 | 36.0% | (24.9%-47.2%) | 104 | 47.0% | (25.0%-69.0%) | 119 |
| Multiple Races | 47.3% | (0.0%-100.0%) | 8 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*What language is spoken most often at home? (Select only one response) (en6b)
Percentage of students who answered something other than 'English'*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|----|---|------|----|---|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.8% | (0.2%-1.4%) | 13 | * | * | * | * | * | * |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | 0.7% | (0.0%-1.9%) | 6 | * | * | * | * | * | * |
| 12 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | * | * | * | * | * | * | * | * | * |
| Grade 6 | 1.2% | (0.2%-2.2%) | 10 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.0% | (0.2%-1.7%) | 13 | * | * | * | * | * | * |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.7% | (0.0%-1.5%) | 11 | * | * | * | * | * | * |
| Multiple Races | * | * | * | * | * | * | * | * | * |

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CI = 95% Confidence Interval

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
How often do you wear a seat belt when riding in a car? (en7a)
Percentage of students who answered 'Never' or 'Rarely'

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|----|---|------|----|---|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.9% | (0.3%-1.6%) | 16 | * | * | * | * | * | * |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | 1.1% | (0.2%-2.0%) | 9 | * | * | * | * | * | * |
| 12 or older | 1.7% | (0.0%-3.4%) | 7 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | * | * | * | * | * | * | * | * | * |
| Grade 6 | 1.3% | (0.4%-2.3%) | 11 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.0% | (0.2%-1.8%) | 14 | * | * | * | * | * | * |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.0% | (0.2%-1.8%) | 14 | * | * | * | * | * | * |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
How often do you wear a seat belt when riding in a car? (en7a_2)
Percentage of students who answered 'Always'

| | Total | | | Female | | | Male | | |
|---|-------|----------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 75.7% | (65.2%-86.2%) | 1,267 | 74.8% | (63.1%-86.6%) | 614 | 76.9% | (66.0%-87.8%) | 634 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 76.8% | (62.3%-91.3%) | 346 | 82.0% | (71.5%-92.5%) | 214 | 71.1% | (49.5%-92.7%) | 132 |
| 11 | 74.9% | (65.2%-84.7%) | 625 | 74.5% | (60.3%-88.6%) | 291 | 75.8% | (65.8%-85.7%) | 322 |
| 12 or older | 75.8% | (59.8%-91.7%) | 293 | 64.7% | (46.8%-82.5%) | 109 | 83.8% | (69.8%-97.8%) | 177 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 74.9% | (63.8%-85.9%) | 622 | 76.8% | (65.1%-88.4%) | 321 | 74.2% | (59.5%-88.8%) | 300 |
| Grade 6 | 76.4% | (64.2%-88.6%) | 634 | 73.0% | (60.0%-86.1%) | 289 | 79.1% | (66.1%-92.0%) | 325 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 63.1% | (30.9%-95.3%) | 22 | * | * | * | * | * | * |
| Non-Hispanic | 75.6% | (64.5%-86.7%) | 1,059 | 75.7% | (63.1%-88.3%) | 515 | 76.2% | (65.0%-87.4%) | 533 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 59.0% | (45.0%-72.9%) | 38 | 44.0% | (21.0%-67.0%) | 14 | 72.7% | (51.1%-94.2%) | 25 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 74.0% | (30.5%-100.0%) | 24 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 76.4% | (65.3%-87.5%) | 1,105 | 75.7% | (62.9%-88.6%) | 540 | 77.3% | (65.9%-88.6%) | 549 |
| Multiple Races | 71.0% | (50.5%-91.6%) | 36 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
How often do you sit in the back seat when you are riding in a car? (en8a)
Percentage of students who answered 'Never' or 'Rarely'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 17.6% | (14.0%-21.3%) | 293 | 13.7% | (7.0%-20.4%) | 110 | 21.0% | (16.2%-25.8%) | 174 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 13.9% | (7.8%-20.0%) | 62 | 8.0% | (0.0%-15.9%) | 20 | 21.9% | (10.8%-33.0%) | 42 |
| 11 | 17.4% | (12.3%-22.4%) | 144 | 14.2% | (6.6%-21.8%) | 55 | 18.9% | (12.9%-24.9%) | 80 |
| 12 or older | 22.8% | (15.0%-30.7%) | 87 | 21.2% | (8.8%-33.7%) | 35 | 24.9% | (12.5%-37.3%) | 52 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 14.4% | (9.9%-18.9%) | 118 | 9.9% | (3.8%-16.1%) | 40 | 19.0% | (12.1%-25.9%) | 78 |
| Grade 6 | 20.7% | (16.7%-24.8%) | 171 | 17.7% | (9.2%-26.3%) | 70 | 22.6% | (15.9%-29.3%) | 92 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 18.0% | (14.3%-21.8%) | 250 | 14.9% | (7.3%-22.6%) | 100 | 20.6% | (15.6%-25.7%) | 144 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 21.0% | (1.8%-40.2%) | 14 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 23.2% | (5.5%-40.9%) | 8 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 17.2% | (14.1%-20.2%) | 245 | 13.1% | (6.4%-19.8%) | 91 | 21.2% | (16.2%-26.2%) | 151 |
| Multiple Races | 39.2% | (15.2%-63.1%) | 20 | 31.0% | (11.1%-51.0%) | 10 | 46.9% | (9.6%-84.2%) | 7 |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

When you ride a bicycle, how often do you wear a helmet? (en9a)

Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 32.7% | (24.8%-40.6%) | 497 | 25.8% | (19.0%-32.7%) | 196 | 38.3% | (26.6%-49.9%) | 280 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 20.2% | (12.4%-28.0%) | 82 | 20.6% | (10.5%-30.7%) | 47 | 18.2% | (5.6%-30.8%) | 31 |
| 11 | 36.9% | (24.9%-48.9%) | 280 | 26.1% | (13.1%-39.0%) | 98 | 45.9% | (28.3%-63.6%) | 169 |
| 12 or older | 37.5% | (25.6%-49.4%) | 130 | 33.1% | (23.0%-43.3%) | 51 | 40.6% | (17.7%-63.4%) | 76 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 27.1% | (18.2%-36.1%) | 203 | 21.6% | (13.0%-30.3%) | 80 | 31.3% | (15.2%-47.3%) | 116 |
| Grade 6 | 38.3% | (26.7%-50.0%) | 291 | 29.7% | (20.1%-39.3%) | 113 | 45.9% | (30.0%-61.9%) | 164 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 31.8% | (9.2%-54.5%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 32.4% | (24.3%-40.5%) | 410 | 25.4% | (17.3%-33.5%) | 161 | 37.9% | (26.6%-49.2%) | 232 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 57.7% | (40.5%-74.9%) | 36 | 44.0% | (19.5%-68.5%) | 14 | 70.8% | (46.2%-95.3%) | 23 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 42.2% | (14.1%-70.3%) | 12 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 31.6% | (24.5%-38.8%) | 410 | 26.2% | (19.2%-33.2%) | 171 | 36.0% | (25.1%-46.9%) | 223 |
| Multiple Races | 29.9% | (9.3%-50.5%) | 15 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Have you ever been bullied on school property? (en51)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 47.5% | (41.7%-53.4%) | 800 | 53.0% | (45.1%-60.8%) | 437 | 41.7% | (34.2%-49.1%) | 346 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 46.0% | (37.5%-54.6%) | 210 | 48.9% | (38.6%-59.1%) | 127 | 43.0% | (33.7%-52.4%) | 82 |
| 11 | 47.1% | (38.9%-55.3%) | 394 | 52.0% | (41.2%-62.7%) | 205 | 41.2% | (29.0%-53.4%) | 175 |
| 12 or older | 49.8% | (41.0%-58.6%) | 193 | 61.6% | (49.6%-73.6%) | 104 | 40.3% | (27.6%-53.0%) | 85 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 48.7% | (39.2%-58.2%) | 407 | 53.6% | (42.9%-64.2%) | 224 | 43.7% | (34.5%-53.0%) | 179 |
| Grade 6 | 46.2% | (40.2%-52.2%) | 385 | 52.2% | (42.9%-61.6%) | 209 | 39.3% | (27.0%-51.5%) | 162 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 35.3% | (13.9%-56.7%) | 12 | * | * | * | * | * | * |
| Non-Hispanic | 45.8% | (40.1%-51.5%) | 645 | 52.4% | (44.6%-60.2%) | 359 | 38.8% | (30.5%-47.0%) | 273 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 67.0% | (42.8%-91.3%) | 43 | 63.5% | (39.3%-87.8%) | 20 | 70.2% | (41.1%-99.3%) | 24 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 60.6% | (30.3%-90.8%) | 20 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 45.7% | (39.0%-52.4%) | 665 | 51.3% | (43.0%-59.6%) | 367 | 39.8% | (31.5%-48.2%) | 285 |
| Multiple Races | 60.8% | (38.6%-83.0%) | 31 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Have you ever been bullied away from school property? (en52a)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 36.2% | (32.5%-40.0%) | 608 | 34.0% | (28.4%-39.6%) | 280 | 38.4% | (33.8%-43.0%) | 317 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 34.4% | (30.5%-38.4%) | 157 | 31.9% | (25.3%-38.6%) | 83 | 38.5% | (27.8%-49.3%) | 74 |
| 11 | 36.2% | (31.2%-41.3%) | 301 | 35.8% | (29.6%-42.0%) | 141 | 35.6% | (28.8%-42.5%) | 150 |
| 12 or older | 38.6% | (29.8%-47.4%) | 150 | 33.0% | (16.7%-49.2%) | 56 | 44.5% | (31.7%-57.2%) | 94 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 39.0% | (33.9%-44.1%) | 324 | 35.8% | (30.1%-41.5%) | 150 | 42.1% | (32.7%-51.4%) | 170 |
| Grade 6 | 33.5% | (27.4%-39.6%) | 279 | 32.6% | (22.8%-42.4%) | 130 | 34.4% | (27.4%-41.4%) | 142 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 35.2% | (19.3%-51.1%) | 12 | * | * | * | * | * | * |
| Non-Hispanic | 35.7% | (32.1%-39.3%) | 501 | 33.2% | (27.6%-38.9%) | 227 | 38.2% | (33.2%-43.2%) | 267 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 52.3% | (34.3%-70.2%) | 34 | 63.5% | (39.3%-87.8%) | 20 | 42.0% | (20.5%-63.5%) | 14 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 63.2% | (36.4%-90.1%) | 20 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 34.5% | (30.5%-38.5%) | 500 | 32.0% | (25.6%-38.4%) | 229 | 37.4% | (33.5%-41.3%) | 266 |
| Multiple Races | 42.1% | (22.5%-61.8%) | 21 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
 CI = 95% Confidence Interval
 N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

Do you agree or disagree with the following statement? I feel safe at my school. (en12)

Percentage of students who answered 'Strongly agree' or 'Agree'

| | Total | | | Female | | | Male | | |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 89.4% | (86.5%-92.3%) | 1,494 | 91.6% | (88.2%-94.9%) | 747 | 87.4% | (82.3%-92.5%) | 724 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 90.1% | (83.6%-96.5%) | 408 | 89.3% | (81.8%-96.7%) | 231 | 90.9% | (80.2%-100.0%) | 174 |
| 11 | 88.9% | (84.6%-93.2%) | 735 | 93.1% | (89.5%-96.7%) | 361 | 85.5% | (78.7%-92.3%) | 361 |
| 12 or older | 89.7% | (83.7%-95.7%) | 347 | 91.5% | (78.5%-100.0%) | 155 | 87.9% | (80.6%-95.1%) | 185 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 89.8% | (85.9%-93.7%) | 743 | 91.0% | (86.9%-95.1%) | 376 | 88.4% | (80.4%-96.4%) | 360 |
| Grade 6 | 88.8% | (83.9%-93.8%) | 736 | 92.1% | (86.3%-97.8%) | 365 | 86.2% | (78.6%-93.8%) | 355 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 88.9% | (85.5%-92.4%) | 1,247 | 92.2% | (88.8%-95.5%) | 624 | 85.8% | (79.9%-91.7%) | 605 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 78.8% | (56.4%-100.0%) | 25 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 89.7% | (86.1%-93.3%) | 1,294 | 92.2% | (88.8%-95.6%) | 652 | 87.1% | (80.0%-94.3%) | 621 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Have you ever tried cigarette smoking, even one or two puffs? (en13)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|--------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 2.2% | (0.9%-3.5%) | 37 | 1.9% | (0.3%-3.4%) | 15 | 2.6% | (1.1%-4.2%) | 22 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 1.9% | (0.0%-4.6%) | 8 | * | * | * | * | * | * |
| 11 | 1.3% | (0.0%-2.8%) | 11 | * | * | * | * | * | * |
| 12 or older | 4.6% | (1.1%-8.1%) | 18 | 5.5% | (0.0%-11.8%) | 9 | 4.0% | (1.5%-6.5%) | 8 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 1.9% | (0.4%-3.5%) | 16 | 1.5% | (0.2%-2.7%) | 6 | 2.4% | (0.0%-5.2%) | 10 |
| Grade 6 | 2.0% | (0.9%-3.0%) | 16 | 2.3% | (0.0%-4.9%) | 9 | 1.7% | (0.0%-3.8%) | 7 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 2.3% | (0.6%-4.1%) | 33 | 1.9% | (0.0%-4.0%) | 13 | 2.9% | (1.0%-4.7%) | 20 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 9.4% | (0.0%-20.1%) | 6 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 2.0% | (0.2%-3.8%) | 29 | 1.8% | (0.0%-3.8%) | 13 | 2.3% | (0.3%-4.4%) | 17 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
During the past 30 days, on how many days did you smoke cigarettes? (en14)
Percentage of students who answered at least 1 day

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|---|------|-------------|---|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.8% | (0.1%-1.4%) | 13 | 0.8% | (0.1%-1.4%) | 6 | 0.8% | (0.0%-1.7%) | 7 |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | * | * | * | * | * | * | * | * | * |
| 12 or older | 2.2% | (0.0%-5.1%) | 9 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 0.9% | (0.0%-1.8%) | 8 | * | * | * | * | * | * |
| Grade 6 | * | * | * | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 0.7% | (0.0%-1.6%) | 10 | * | * | * | * | * | * |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 0.6% | (0.0%-1.4%) | 9 | * | * | * | * | * | * |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

Do you think you will try a cigarette soon? (en15)

Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 7.7% | (5.6%-9.9%) | 127 | 6.2% | (2.3%-10.1%) | 50 | 8.8% | (5.5%-12.2%) | 71 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 4.4% | (1.6%-7.2%) | 20 | * | * | * | * | * | * |
| 11 | 9.3% | (5.5%-13.1%) | 75 | 6.7% | (1.3%-12.1%) | 26 | 11.6% | (6.6%-16.5%) | 47 |
| 12 or older | 8.4% | (5.1%-11.7%) | 32 | 7.8% | (3.0%-12.6%) | 13 | 9.2% | (4.2%-14.2%) | 19 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 7.2% | (4.3%-10.0%) | 58 | 6.1% | (2.1%-10.0%) | 25 | 7.6% | (3.8%-11.4%) | 30 |
| Grade 6 | 7.5% | (4.9%-10.2%) | 61 | 5.7% | (1.4%-10.1%) | 22 | 9.0% | (4.6%-13.4%) | 36 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 7.8% | (5.7%-10.0%) | 108 | 5.6% | (1.5%-9.7%) | 38 | 9.4% | (5.7%-13.0%) | 64 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 7.8% | (5.4%-10.3%) | 111 | 5.9% | (1.0%-10.8%) | 41 | 9.5% | (6.2%-12.8%) | 66 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

*Do you think you will smoke a cigarette at anytime during the next year? (en16)
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 4.2% | (2.9%-5.5%) | 70 | 3.6% | (1.8%-5.5%) | 30 | 4.9% | (2.4%-7.4%) | 40 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 3.2% | (0.8%-5.6%) | 14 | * | * | * | * | * | * |
| 11 | 4.5% | (1.9%-7.1%) | 37 | 3.2% | (0.5%-6.0%) | 13 | 5.8% | (1.7%-9.9%) | 24 |
| 12 or older | 4.8% | (1.7%-8.0%) | 19 | 4.6% | (0.0%-9.7%) | 8 | 5.2% | (0.4%-10.1%) | 11 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 3.5% | (1.8%-5.1%) | 29 | 3.3% | (0.8%-5.9%) | 14 | 3.7% | (0.0%-7.7%) | 15 |
| Grade 6 | 4.7% | (2.6%-6.9%) | 39 | 3.4% | (0.0%-6.9%) | 13 | 6.2% | (2.9%-9.5%) | 26 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 3.8% | (2.3%-5.3%) | 53 | 3.4% | (1.3%-5.5%) | 23 | 4.3% | (2.0%-6.5%) | 30 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.7% | (2.1%-5.4%) | 54 | 2.9% | (0.8%-5.0%) | 20 | 4.8% | (2.2%-7.3%) | 34 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

Do you think you will smoke a cigarette at anytime during the next year? (en16_2)

Percentage of students who answered 'I definitely will not'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-----|-------|----------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 95.8% | (94.5%-97.1%) | 1,601 | 96.4% | (94.5%-98.2%) | 787 | 95.1% | (92.6%-97.6%) | 785 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 96.8% | (94.4%-99.2%) | 441 | * | * | * | * | * | * |
| 11 | 95.5% | (92.9%-98.1%) | 788 | 96.8% | (94.0%-99.5%) | 375 | 94.2% | (90.1%-98.3%) | 395 |
| 12 or older | 95.2% | (92.0%-98.3%) | 368 | 95.4% | (90.3%-100.0%) | 161 | 94.8% | (89.9%-99.6%) | 200 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 96.5% | (94.9%-98.2%) | 802 | 96.7% | (94.1%-99.2%) | 405 | 96.3% | (92.3%-100.0%) | 390 |
| Grade 6 | 95.3% | (93.1%-97.4%) | 787 | 96.6% | (93.1%-100.0%) | 379 | 93.8% | (90.5%-97.1%) | 386 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 96.2% | (94.7%-97.7%) | 1,349 | 96.6% | (94.5%-98.7%) | 654 | 95.7% | (93.5%-98.0%) | 675 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 96.3% | (94.6%-97.9%) | 1,388 | 97.1% | (95.0%-99.2%) | 689 | 95.2% | (92.7%-97.8%) | 676 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

If one of your best friends offered you a cigarette, would you smoke it? (en17)

Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 6.4% | (4.0%-8.7%) | 106 | 4.8% | (2.9%-6.6%) | 39 | 8.1% | (3.6%-12.7%) | 67 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 2.4% | (0.6%-4.2%) | 11 | * | * | * | * | * | * |
| 11 | 8.7% | (5.3%-12.0%) | 71 | 4.9% | (2.3%-7.5%) | 19 | 12.5% | (6.7%-18.4%) | 53 |
| 12 or older | 6.2% | (1.7%-10.7%) | 24 | 5.5% | (0.4%-10.6%) | 9 | 6.9% | (0.0%-15.7%) | 15 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 6.1% | (3.9%-8.2%) | 50 | 4.3% | (1.8%-6.8%) | 18 | 8.0% | (4.6%-11.3%) | 32 |
| Grade 6 | 6.0% | (2.2%-9.8%) | 50 | 3.8% | (0.5%-7.1%) | 15 | 8.5% | (1.1%-15.9%) | 35 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 6.5% | (3.8%-9.2%) | 91 | 4.9% | (2.6%-7.2%) | 33 | 8.2% | (3.1%-13.4%) | 58 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 9.2% | (0.2%-18.2%) | 6 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 6.3% | (3.9%-8.7%) | 91 | 4.1% | (1.8%-6.4%) | 29 | 8.7% | (3.8%-13.6%) | 62 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 10.6% | (8.0%-13.3%) | 174 | 9.2% | (4.5%-13.9%) | 74 | 11.7% | (8.9%-14.5%) | 94 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 5.5% | (2.7%-8.4%) | 25 | * | * | * | * | * | * |
| 11 | 12.3% | (8.0%-16.6%) | 98 | 10.2% | (4.3%-16.2%) | 39 | 14.1% | (8.5%-19.6%) | 57 |
| 12 or older | 13.3% | (9.4%-17.2%) | 51 | 11.2% | (4.2%-18.2%) | 19 | 15.4% | (9.9%-20.9%) | 32 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 8.9% | (5.8%-11.9%) | 72 | 8.8% | (3.6%-14.0%) | 36 | 8.3% | (4.0%-12.5%) | 32 |
| Grade 6 | 11.2% | (6.9%-15.5%) | 91 | 8.1% | (2.5%-13.8%) | 31 | 14.1% | (8.5%-19.7%) | 57 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 10.4% | (7.8%-13.0%) | 142 | 8.3% | (3.8%-12.9%) | 55 | 11.8% | (8.9%-14.7%) | 81 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 17.5% | (10.8%-24.2%) | 10 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 10.4% | (7.4%-13.3%) | 146 | 8.3% | (2.9%-13.6%) | 58 | 12.3% | (9.8%-14.8%) | 85 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus_2)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|-------|---------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 9.4% | (6.8%-12.0%) | 150 | 8.1% | (3.6%-12.5%) | 64 | 10.3% | (7.8%-12.8%) | 81 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 4.1% | (1.2%-7.0%) | 18 | * | * | * | * | * | * |
| 11 | 11.3% | (7.3%-15.3%) | 89 | 9.6% | (4.0%-15.3%) | 36 | 12.7% | (7.3%-18.1%) | 50 |
| 12 or older | 11.9% | (7.8%-16.0%) | 43 | 8.2% | (0.5%-16.0%) | 13 | 15.2% | (10.0%-20.4%) | 31 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 7.9% | (4.9%-10.9%) | 63 | 7.8% | (3.2%-12.4%) | 32 | 7.2% | (2.6%-11.7%) | 27 |
| Grade 6 | 10.3% | (6.0%-14.6%) | 82 | 6.8% | (0.8%-12.9%) | 26 | 13.5% | (8.4%-18.6%) | 53 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 9.3% | (6.6%-12.1%) | 125 | 7.6% | (3.0%-12.2%) | 50 | 10.4% | (8.0%-12.8%) | 69 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 11.2% | (2.9%-19.5%) | 6 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 9.2% | (6.1%-12.3%) | 127 | 7.3% | (2.0%-12.7%) | 50 | 10.9% | (8.8%-12.9%) | 74 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Have you ever had a drink of alcohol, other than a few sips? (en18a)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 7.5% | (3.8%-11.2%) | 124 | 6.4% | (2.7%-10.1%) | 52 | 8.7% | (2.3%-15.1%) | 72 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 3.2% | (0.0%-6.9%) | 14 | * | * | * | * | * | * |
| 11 | 5.9% | (2.2%-9.5%) | 48 | 6.2% | (0.0%-12.7%) | 24 | 5.8% | (0.5%-11.1%) | 24 |
| 12 or older | 16.0% | (7.3%-24.7%) | 61 | 11.3% | (3.4%-19.2%) | 19 | 20.4% | (9.9%-31.0%) | 42 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 6.3% | (1.7%-11.0%) | 52 | 5.5% | (1.6%-9.3%) | 23 | 7.3% | (0.0%-15.0%) | 30 |
| Grade 6 | 7.7% | (3.9%-11.4%) | 63 | 6.6% | (2.0%-11.3%) | 26 | 9.1% | (3.1%-15.1%) | 37 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 7.9% | (3.9%-12.0%) | 111 | 6.4% | (1.8%-10.9%) | 43 | 9.7% | (2.3%-17.1%) | 68 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 16.1% | (5.9%-26.2%) | 10 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 7.7% | (3.7%-11.8%) | 111 | 5.8% | (2.0%-9.6%) | 41 | 9.9% | (2.8%-17.0%) | 70 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)

Percentage of students who answered at least 1 day

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.6% | (0.5%-2.7%) | 27 | 2.0% | (0.0%-4.1%) | 17 | 1.2% | (0.0%-2.5%) | 10 |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | 1.7% | (0.0%-3.6%) | 14 | * | * | * | * | * | * |
| 12 or older | 3.2% | (0.1%-6.2%) | 12 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 2.3% | (0.7%-4.0%) | 19 | 2.3% | (0.0%-5.4%) | 10 | 2.4% | (0.0%-5.0%) | 10 |
| Grade 6 | 0.9% | (0.0%-1.9%) | 7 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.7% | (0.4%-3.0%) | 24 | 2.1% | (0.0%-4.5%) | 14 | 1.4% | (0.0%-2.9%) | 10 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.7% | (0.4%-2.9%) | 24 | 2.0% | (0.0%-4.3%) | 14 | 1.4% | (0.0%-2.8%) | 10 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

If you wanted to get some alcohol, how easy would it be for you to get some? (en20)

Percentage of students who answered 'Sort of easy' or 'Very easy'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 16.7% | (12.7%-20.8%) | 271 | 16.9% | (11.9%-21.9%) | 132 | 16.2% | (9.3%-23.2%) | 131 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 13.8% | (6.0%-21.5%) | 58 | 11.3% | (3.9%-18.7%) | 27 | 15.5% | (0.0%-32.6%) | 27 |
| 11 | 16.1% | (10.3%-21.9%) | 130 | 17.0% | (9.0%-25.0%) | 63 | 15.1% | (7.9%-22.2%) | 63 |
| 12 or older | 21.6% | (16.2%-27.0%) | 83 | 24.7% | (14.5%-35.0%) | 42 | 19.5% | (10.8%-28.2%) | 41 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 15.6% | (11.7%-19.5%) | 123 | 13.5% | (7.1%-20.0%) | 53 | 17.0% | (8.5%-25.5%) | 67 |
| Grade 6 | 18.2% | (12.1%-24.2%) | 148 | 20.5% | (12.6%-28.4%) | 80 | 15.8% | (8.4%-23.2%) | 64 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 16.6% | (13.1%-20.2%) | 228 | 18.8% | (12.9%-24.6%) | 124 | 14.0% | (8.1%-20.0%) | 97 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 25.7% | (4.4%-46.9%) | 15 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 15.9% | (11.8%-20.1%) | 223 | 16.4% | (11.1%-21.7%) | 112 | 14.9% | (8.0%-21.8%) | 104 |
| Multiple Races | 30.7% | (16.7%-44.7%) | 16 | 23.3% | (3.7%-42.9%) | 8 | 53.1% | (12.5%-93.8%) | 8 |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

How wrong do your parents feel it would be for you to drink alcohol regularly? (en21)

Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|-------------|----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 4.4% | (2.3%-6.5%) | 72 | 3.8% | (1.8%-5.8%) | 31 | 5.1% | (1.5%-8.7%) | 42 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 3.8% | (0.0%-7.5%) | 17 | 4.0% | (0.9%-7.2%) | 10 | 3.4% | (0.0%-8.9%) | 6 |
| 11 | 4.5% | (0.6%-8.5%) | 37 | 4.4% | (0.4%-8.4%) | 17 | 4.9% | (0.0%-10.3%) | 20 |
| 12 or older | 4.9% | (1.4%-8.3%) | 18 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 5.0% | (1.7%-8.3%) | 41 | 4.8% | (2.4%-7.2%) | 20 | 5.3% | (0.3%-10.4%) | 21 |
| Grade 6 | 3.8% | (1.6%-6.1%) | 31 | 2.8% | (0.5%-5.1%) | 11 | 5.0% | (0.9%-9.1%) | 20 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 4.4% | (1.9%-6.8%) | 60 | 3.7% | (1.1%-6.3%) | 25 | 5.1% | (1.1%-9.0%) | 35 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 9.4% | (0.2%-18.6%) | 6 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 4.4% | (2.1%-6.7%) | 63 | 4.0% | (1.6%-6.4%) | 28 | 4.9% | (0.9%-9.0%) | 34 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Have you ever used marijuana? (en53)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|----|---|------|----|---|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 0.9% | (0.0%-1.8%) | 15 | * | * | * | * | * | * |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | * | * | * | * | * | * | * | * | * |
| 12 or older | 3.7% | (0.3%-7.2%) | 15 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | * | * | * | * | * | * | * | * | * |
| Grade 6 | 1.8% | (0.0%-3.5%) | 15 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.0% | (0.0%-2.1%) | 15 | * | * | * | * | * | * |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.0% | (0.0%-2.0%) | 15 | * | * | * | * | * | * |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|-------------|----|------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 3.4% | (1.5%-5.3%) | 57 | 4.4% | (1.6%-7.2%) | 36 | 2.5% | (0.5%-4.5%) | 21 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 5.0% | (1.7%-8.4%) | 23 | 5.0% | (0.8%-9.2%) | 13 | 5.2% | (0.0%-10.8%) | 10 |
| 11 | 3.1% | (0.2%-6.0%) | 26 | 4.3% | (0.3%-8.3%) | 17 | 2.2% | (0.0%-4.6%) | 9 |
| 12 or older | 2.1% | (0.3%-3.8%) | 8 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 3.9% | (1.4%-6.4%) | 32 | 5.5% | (1.6%-9.3%) | 23 | 2.4% | (0.0%-5.1%) | 10 |
| Grade 6 | 2.9% | (0.0%-5.9%) | 24 | 3.4% | (0.0%-7.2%) | 13 | 2.7% | (0.2%-5.1%) | 11 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 3.4% | (1.4%-5.5%) | 48 | 4.7% | (1.7%-7.8%) | 32 | 2.3% | (0.5%-4.0%) | 16 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 9.4% | (1.8%-17.0%) | 6 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 3.1% | (1.2%-5.1%) | 45 | 4.0% | (1.1%-6.8%) | 28 | 2.4% | (0.6%-4.2%) | 17 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (en23)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 38.2% | (34.0%-42.5%) | 643 | 38.0% | (33.4%-42.6%) | 313 | 38.6% | (33.5%-43.7%) | 320 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 32.4% | (26.1%-38.8%) | 148 | 30.8% | (21.5%-40.1%) | 80 | 35.2% | (25.9%-44.4%) | 67 |
| 11 | 40.5% | (35.6%-45.4%) | 338 | 39.9% | (34.2%-45.6%) | 158 | 41.3% | (33.0%-49.6%) | 175 |
| 12 or older | 40.6% | (31.9%-49.3%) | 157 | 44.6% | (26.3%-62.8%) | 75 | 37.1% | (30.9%-43.3%) | 78 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 35.4% | (30.8%-40.1%) | 296 | 35.1% | (28.3%-42.0%) | 147 | 36.4% | (30.4%-42.3%) | 149 |
| Grade 6 | 41.3% | (35.2%-47.4%) | 343 | 40.6% | (33.3%-48.0%) | 162 | 41.7% | (33.2%-50.2%) | 171 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 73.1% | (53.7%-92.5%) | 25 | * | * | * | * | * | * |
| Non-Hispanic | 37.7% | (32.7%-42.6%) | 531 | 37.6% | (31.7%-43.6%) | 257 | 38.3% | (32.3%-44.3%) | 270 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 39.4% | (15.4%-63.3%) | 25 | 55.1% | (20.3%-90.0%) | 17 | 24.9% | (0.0%-50.2%) | 8 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 23.3% | (0.0%-52.9%) | 8 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 38.8% | (34.2%-43.5%) | 564 | 37.6% | (31.9%-43.3%) | 269 | 40.3% | (34.8%-45.7%) | 287 |
| Multiple Races | 34.0% | (18.7%-49.4%) | 17 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (en24)
Percentage of students who answered 'Strongly agree' or 'Agree'*

| | Total | | | Female | | | Male | | |
|---|-------|----------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 87.0% | (82.5%-91.5%) | 1,409 | 88.4% | (83.1%-93.8%) | 703 | 86.3% | (80.4%-92.1%) | 690 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 87.5% | (83.0%-92.0%) | 380 | 88.1% | (80.5%-95.8%) | 220 | 88.3% | (79.9%-96.6%) | 160 |
| 11 | 87.3% | (79.9%-94.7%) | 699 | 89.0% | (80.2%-97.8%) | 338 | 86.5% | (77.8%-95.1%) | 349 |
| 12 or older | 85.6% | (80.3%-91.0%) | 325 | 87.6% | (78.6%-96.6%) | 145 | 83.9% | (78.5%-89.2%) | 177 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 87.8% | (84.6%-91.0%) | 694 | 88.3% | (82.3%-94.3%) | 355 | 87.9% | (82.0%-93.9%) | 335 |
| Grade 6 | 86.0% | (79.7%-92.2%) | 700 | 88.4% | (82.5%-94.2%) | 342 | 84.4% | (76.2%-92.6%) | 346 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 87.7% | (83.5%-91.9%) | 1,198 | 88.7% | (83.8%-93.6%) | 588 | 87.4% | (81.4%-93.4%) | 596 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 90.1% | (76.1%-100.0%) | 58 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 86.6% | (82.0%-91.1%) | 1,208 | 87.4% | (81.4%-93.4%) | 602 | 86.7% | (80.7%-92.7%) | 595 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*On an average school day, how long after school are you alone without a parent or trusted adult? (en62)
Percentage of students who answered '2 hours or more'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 25.0% | (18.9%-31.1%) | 412 | 21.4% | (12.2%-30.6%) | 174 | 28.2% | (22.8%-33.6%) | 230 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 23.8% | (14.3%-33.4%) | 105 | 20.8% | (8.1%-33.4%) | 54 | 28.7% | (14.7%-42.8%) | 51 |
| 11 | 27.0% | (21.1%-32.9%) | 223 | 22.3% | (15.3%-29.3%) | 86 | 30.4% | (22.8%-37.9%) | 129 |
| 12 or older | 22.1% | (11.3%-32.9%) | 84 | 20.4% | (3.8%-37.0%) | 35 | 23.9% | (15.6%-32.1%) | 49 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 23.8% | (17.1%-30.6%) | 194 | 20.9% | (10.3%-31.6%) | 86 | 27.2% | (19.5%-35.0%) | 108 |
| Grade 6 | 26.6% | (19.8%-33.4%) | 218 | 22.3% | (12.9%-31.6%) | 88 | 29.8% | (23.9%-35.7%) | 121 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 32.8% | (17.0%-48.6%) | 11 | * | * | * | * | * | * |
| Non-Hispanic | 25.4% | (19.2%-31.6%) | 352 | 20.6% | (11.1%-30.1%) | 140 | 30.2% | (25.1%-35.2%) | 208 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 14.3% | (0.0%-29.5%) | 9 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 41.9% | (22.3%-61.5%) | 14 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 26.1% | (20.0%-32.2%) | 373 | 22.3% | (11.9%-32.7%) | 158 | 29.9% | (25.3%-34.6%) | 209 |
| Multiple Races | 18.8% | (7.0%-30.6%) | 10 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered '2 hours or more' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit_2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 70.0% | (64.9%-75.1%) | 1,141 | 72.1% | (66.3%-77.8%) | 574 | 68.6% | (62.8%-74.4%) | 555 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 67.3% | (60.6%-73.9%) | 299 | 68.5% | (56.9%-80.1%) | 172 | 65.0% | (53.2%-76.8%) | 123 |
| 11 | 70.1% | (62.5%-77.8%) | 564 | 75.1% | (66.1%-84.2%) | 286 | 66.9% | (58.9%-74.9%) | 274 |
| 12 or older | 72.5% | (62.0%-82.9%) | 274 | 70.4% | (55.3%-85.4%) | 116 | 74.9% | (65.3%-84.6%) | 154 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 72.8% | (66.8%-78.9%) | 580 | 75.7% | (68.8%-82.6%) | 300 | 69.7% | (62.2%-77.3%) | 276 |
| Grade 6 | 67.8% | (59.1%-76.6%) | 556 | 69.5% | (59.6%-79.4%) | 274 | 67.8% | (58.1%-77.5%) | 274 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 68.6% | (62.5%-74.6%) | 949 | 69.7% | (63.3%-76.1%) | 470 | 68.6% | (61.6%-75.6%) | 476 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 75.1% | (65.8%-84.4%) | 44 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 73.3% | (60.5%-86.0%) | 24 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 68.8% | (63.0%-74.6%) | 976 | 70.9% | (64.2%-77.5%) | 494 | 67.5% | (60.5%-74.5%) | 473 |
| Multiple Races | 82.3% | (67.3%-97.2%) | 39 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 12.4% | (8.3%-16.5%) | 202 | 7.8% | (4.8%-10.8%) | 62 | 16.0% | (9.6%-22.5%) | 130 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 11.5% | (5.9%-17.1%) | 51 | 7.9% | (1.4%-14.5%) | 20 | 16.4% | (7.5%-25.4%) | 31 |
| 11 | 14.1% | (7.7%-20.5%) | 113 | 7.1% | (3.5%-10.7%) | 27 | 19.5% | (10.1%-28.9%) | 80 |
| 12 or older | 9.8% | (4.2%-15.4%) | 37 | 9.0% | (0.0%-18.0%) | 15 | 9.0% | (3.3%-14.7%) | 18 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 10.7% | (6.4%-15.0%) | 85 | 6.4% | (2.1%-10.7%) | 25 | 15.1% | (9.6%-20.6%) | 60 |
| Grade 6 | 14.2% | (8.3%-20.1%) | 116 | 9.3% | (4.2%-14.3%) | 37 | 17.3% | (7.8%-26.7%) | 70 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 13.2% | (8.4%-18.1%) | 183 | 9.2% | (5.7%-12.7%) | 62 | 16.1% | (8.7%-23.5%) | 112 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 13.1% | (8.6%-17.6%) | 186 | 8.5% | (5.0%-12.0%) | 59 | 17.0% | (10.4%-23.7%) | 119 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)

Percentage of students who ate vegetables less than 1 time yesterday

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 21.4% | (15.8%-27.1%) | 356 | 17.8% | (12.6%-23.1%) | 146 | 24.4% | (17.5%-31.2%) | 199 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 22.7% | (13.7%-31.7%) | 102 | 18.8% | (11.4%-26.1%) | 48 | 28.3% | (16.3%-40.4%) | 54 |
| 11 | 21.7% | (14.0%-29.4%) | 179 | 16.9% | (11.6%-22.3%) | 67 | 24.4% | (13.0%-35.7%) | 101 |
| 12 or older | 19.6% | (15.3%-23.8%) | 75 | 18.5% | (8.5%-28.5%) | 31 | 21.1% | (14.5%-27.8%) | 44 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 21.6% | (14.8%-28.4%) | 177 | 19.1% | (13.5%-24.7%) | 79 | 24.5% | (14.1%-34.9%) | 98 |
| Grade 6 | 21.7% | (15.8%-27.6%) | 179 | 16.7% | (10.5%-23.0%) | 66 | 24.8% | (17.3%-32.3%) | 101 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 21.0% | (15.3%-26.6%) | 291 | 17.7% | (12.4%-23.0%) | 120 | 23.7% | (16.9%-30.5%) | 164 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 46.2% | (30.9%-61.4%) | 29 | 38.8% | (21.3%-56.4%) | 11 | 52.3% | (32.8%-71.8%) | 18 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 26.6% | (14.3%-38.9%) | 9 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 20.7% | (15.5%-25.9%) | 297 | 17.1% | (12.4%-21.8%) | 122 | 23.8% | (17.3%-30.2%) | 166 |
| Multiple Races | 23.9% | (6.3%-41.4%) | 12 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Percentage of students who ate vegetables three or more times yesterday (enveg_2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 26.5% | (22.8%-30.3%) | 441 | 24.3% | (20.8%-27.8%) | 199 | 28.8% | (22.1%-35.5%) | 235 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 22.2% | (14.0%-30.5%) | 100 | 22.7% | (14.3%-31.1%) | 58 | 22.0% | (10.6%-33.5%) | 42 |
| 11 | 29.5% | (23.6%-35.5%) | 244 | 26.4% | (16.7%-36.2%) | 104 | 32.9% | (23.8%-42.0%) | 136 |
| 12 or older | 25.4% | (20.4%-30.4%) | 97 | 21.7% | (14.0%-29.4%) | 36 | 27.5% | (22.5%-32.5%) | 57 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 26.5% | (19.3%-33.6%) | 218 | 24.1% | (19.4%-28.9%) | 100 | 28.5% | (15.8%-41.2%) | 114 |
| Grade 6 | 26.5% | (20.9%-32.0%) | 218 | 24.8% | (16.0%-33.7%) | 99 | 28.5% | (23.4%-33.7%) | 116 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 35.3% | (13.5%-57.1%) | 12 | * | * | * | * | * | * |
| Non-Hispanic | 27.4% | (22.9%-31.9%) | 380 | 24.3% | (20.8%-27.8%) | 165 | 30.7% | (23.4%-38.0%) | 212 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 16.7% | (1.8%-31.6%) | 10 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 26.9% | (23.3%-30.5%) | 387 | 23.5% | (19.3%-27.6%) | 167 | 30.3% | (24.1%-36.5%) | 212 |
| Multiple Races | 32.4% | (11.9%-52.8%) | 16 | 31.0% | (11.0%-50.9%) | 10 | 41.2% | (13.3%-69.2%) | 6 |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (enfrvg_2)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 47.4% | (43.1%-51.8%) | 764 | 49.9% | (44.0%-55.7%) | 394 | 45.5% | (38.3%-52.7%) | 362 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 41.2% | (33.7%-48.6%) | 181 | 45.2% | (36.2%-54.2%) | 112 | 36.6% | (20.1%-53.0%) | 69 |
| 11 | 51.6% | (45.4%-57.7%) | 410 | 53.8% | (45.7%-61.9%) | 204 | 50.2% | (40.1%-60.3%) | 201 |
| 12 or older | 45.6% | (38.5%-52.7%) | 169 | 47.8% | (35.2%-60.4%) | 78 | 43.6% | (34.0%-53.3%) | 88 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 49.3% | (43.4%-55.2%) | 386 | 51.8% | (44.3%-59.2%) | 203 | 47.3% | (35.3%-59.3%) | 183 |
| Grade 6 | 45.9% | (40.0%-51.8%) | 373 | 48.8% | (39.8%-57.8%) | 191 | 43.6% | (35.5%-51.6%) | 175 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 60.0% | (38.1%-82.0%) | 18 | * | * | * | * | * | * |
| Non-Hispanic | 47.8% | (43.2%-52.3%) | 652 | 49.5% | (42.9%-56.1%) | 330 | 47.3% | (40.4%-54.2%) | 322 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 48.3% | (38.9%-57.7%) | 27 | 61.2% | (43.6%-78.7%) | 17 | 34.8% | (19.5%-50.2%) | 9 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 60.0% | (41.8%-78.1%) | 19 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 47.0% | (42.5%-51.4%) | 658 | 49.1% | (42.8%-55.4%) | 340 | 45.4% | (37.8%-53.0%) | 312 |
| Multiple Races | 56.6% | (39.9%-73.4%) | 27 | 51.8% | (27.9%-75.8%) | 16 | 58.8% | (30.8%-86.7%) | 9 |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (en66)

Percentage of students who answered at least one time yesterday

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 64.1% | (55.9%-72.2%) | 1,067 | 60.2% | (52.5%-67.8%) | 488 | 68.8% | (56.8%-80.7%) | 567 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 57.6% | (44.0%-71.2%) | 262 | 48.1% | (31.7%-64.5%) | 125 | 71.6% | (54.2%-89.0%) | 137 |
| 11 | 66.8% | (56.9%-76.7%) | 547 | 66.9% | (55.6%-78.2%) | 256 | 66.8% | (53.1%-80.5%) | 280 |
| 12 or older | 65.6% | (58.4%-72.9%) | 254 | 63.5% | (51.7%-75.3%) | 107 | 69.6% | (59.5%-79.7%) | 147 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 58.7% | (45.4%-72.0%) | 490 | 54.9% | (39.0%-70.8%) | 230 | 62.7% | (44.9%-80.5%) | 257 |
| Grade 6 | 69.4% | (61.5%-77.3%) | 565 | 66.1% | (54.3%-77.9%) | 256 | 74.2% | (65.9%-82.6%) | 301 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 72.2% | (52.8%-91.7%) | 25 | * | * | * | * | * | * |
| Non-Hispanic | 64.4% | (56.2%-72.6%) | 898 | 58.5% | (50.8%-66.2%) | 394 | 70.9% | (58.8%-82.9%) | 497 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 72.8% | (55.5%-90.0%) | 47 | 67.3% | (39.4%-95.2%) | 21 | 77.8% | (58.6%-97.0%) | 26 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 63.4% | (38.4%-88.3%) | 21 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 65.0% | (57.6%-72.3%) | 934 | 59.8% | (52.0%-67.6%) | 422 | 71.0% | (60.7%-81.2%) | 504 |
| Multiple Races | 62.6% | (49.3%-75.8%) | 32 | 69.0% | (49.0%-88.9%) | 23 | 41.2% | (13.3%-69.2%) | 6 |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered at least one time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (en67a)
Percentage of students who answered at least 5 days*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 81.7% | (77.8%-85.7%) | 1,369 | 81.0% | (76.0%-86.1%) | 666 | 81.8% | (73.5%-90.1%) | 674 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 83.0% | (76.1%-89.9%) | 378 | 78.0% | (69.8%-86.1%) | 203 | 89.6% | (79.2%-99.9%) | 171 |
| 11 | 80.5% | (74.9%-86.0%) | 670 | 83.7% | (78.1%-89.3%) | 328 | 76.6% | (64.0%-89.2%) | 324 |
| 12 or older | 82.8% | (78.8%-86.7%) | 317 | 79.6% | (72.4%-86.7%) | 134 | 84.8% | (77.3%-92.2%) | 176 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 80.7% | (74.5%-86.8%) | 672 | 79.3% | (72.5%-86.0%) | 330 | 81.8% | (68.3%-95.3%) | 335 |
| Grade 6 | 82.4% | (78.7%-86.2%) | 682 | 82.6% | (77.6%-87.5%) | 330 | 81.4% | (74.6%-88.2%) | 331 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 82.4% | (78.6%-86.2%) | 1,158 | 82.9% | (78.2%-87.6%) | 567 | 81.4% | (73.2%-89.6%) | 571 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 79.0% | (67.0%-91.0%) | 51 | 75.7% | (55.2%-96.1%) | 23 | 82.1% | (68.1%-96.1%) | 28 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 81.3% | (77.3%-85.3%) | 1,176 | 80.6% | (75.6%-85.5%) | 575 | 81.4% | (72.4%-90.5%) | 578 |
| Multiple Races | 77.9% | (61.7%-94.2%) | 40 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*How many days each week do you exercise, dance or play sports for at least an hour? (en68)
Percentage of students who answered at least 7 days.*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 20.6% | (16.7%-24.4%) | 336 | 21.3% | (16.8%-25.8%) | 171 | 19.4% | (13.8%-25.1%) | 157 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 17.7% | (9.6%-25.7%) | 76 | 17.6% | (9.1%-26.2%) | 45 | 16.1% | (4.8%-27.4%) | 28 |
| 11 | 20.3% | (15.1%-25.5%) | 168 | 23.8% | (15.5%-32.0%) | 92 | 16.8% | (11.3%-22.4%) | 71 |
| 12 or older | 24.7% | (16.9%-32.4%) | 92 | 21.2% | (7.6%-34.8%) | 34 | 27.7% | (15.8%-39.5%) | 58 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 20.3% | (15.8%-24.9%) | 165 | 21.5% | (16.9%-26.1%) | 89 | 18.6% | (10.3%-26.8%) | 72 |
| Grade 6 | 20.8% | (16.0%-25.7%) | 169 | 20.7% | (13.4%-28.1%) | 80 | 20.7% | (14.3%-27.0%) | 85 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 16.8% | (0.0%-34.0%) | 6 | * | * | * | * | * | * |
| Non-Hispanic | 20.5% | (15.6%-25.4%) | 282 | 21.2% | (15.5%-27.0%) | 143 | 19.7% | (13.7%-25.6%) | 136 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 42.0% | (27.1%-56.9%) | 27 | 47.6% | (34.0%-61.2%) | 15 | 36.8% | (7.6%-66.1%) | 12 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 28.7% | (2.4%-55.0%) | 9 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 19.7% | (15.5%-23.8%) | 277 | 20.8% | (15.7%-25.9%) | 144 | 18.3% | (13.4%-23.3%) | 127 |
| Multiple Races | 26.8% | (10.1%-43.5%) | 14 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 7 days. (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
On an average school day, how many hours do you watch TV? (en34)
Percentage of students who answered at least 3 hours

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 27.5% | (22.7%-32.4%) | 454 | 26.0% | (21.3%-30.7%) | 210 | 29.3% | (22.4%-36.1%) | 238 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 22.7% | (15.7%-29.6%) | 101 | 23.3% | (12.1%-34.6%) | 60 | 22.1% | (13.2%-31.1%) | 41 |
| 11 | 27.6% | (22.0%-33.2%) | 225 | 29.3% | (24.5%-34.2%) | 113 | 26.5% | (17.7%-35.4%) | 110 |
| 12 or older | 33.4% | (23.8%-43.0%) | 127 | 22.3% | (13.2%-31.4%) | 37 | 41.6% | (31.4%-51.8%) | 87 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 24.7% | (18.2%-31.3%) | 202 | 26.0% | (16.7%-35.2%) | 106 | 23.9% | (13.6%-34.2%) | 96 |
| Grade 6 | 29.7% | (22.8%-36.6%) | 243 | 26.4% | (19.2%-33.6%) | 104 | 33.0% | (25.3%-40.8%) | 134 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 37.8% | (16.6%-58.9%) | 13 | * | * | * | * | * | * |
| Non-Hispanic | 28.4% | (23.1%-33.6%) | 393 | 26.9% | (21.1%-32.7%) | 181 | 30.6% | (23.8%-37.3%) | 212 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 32.4% | (13.9%-51.0%) | 20 | 19.6% | (0.0%-57.6%) | 6 | 44.9% | (23.1%-66.6%) | 14 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 18.8% | (6.8%-30.8%) | 6 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 28.0% | (23.3%-32.8%) | 401 | 26.3% | (22.1%-30.5%) | 184 | 29.9% | (23.0%-36.9%) | 212 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
On an average school day, how many hours do you watch TV? (en34_2)
Percentage of students who answered 2 or fewer hours

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|----------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 72.5% | (67.6%-77.3%) | 1,195 | 74.0% | (69.3%-78.7%) | 598 | 70.7% | (63.9%-77.6%) | 576 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 77.3% | (70.4%-84.3%) | 345 | 76.7% | (65.4%-87.9%) | 197 | 77.9% | (68.9%-86.8%) | 145 |
| 11 | 72.4% | (66.8%-78.0%) | 591 | 70.7% | (65.8%-75.5%) | 272 | 73.5% | (64.6%-82.3%) | 306 |
| 12 or older | 66.6% | (57.0%-76.2%) | 254 | 77.7% | (68.6%-86.8%) | 128 | 58.4% | (48.2%-68.6%) | 122 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 75.3% | (68.7%-81.8%) | 614 | 74.0% | (64.8%-83.3%) | 303 | 76.1% | (65.8%-86.4%) | 304 |
| Grade 6 | 70.3% | (63.4%-77.2%) | 574 | 73.6% | (66.4%-80.8%) | 289 | 67.0% | (59.2%-74.7%) | 272 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 62.2% | (41.1%-83.4%) | 21 | * | * | * | * | * | * |
| Non-Hispanic | 71.6% | (66.4%-76.9%) | 992 | 73.1% | (67.3%-78.9%) | 492 | 69.4% | (62.7%-76.2%) | 482 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 67.6% | (49.0%-86.1%) | 43 | 80.4% | (42.4%-100.0%) | 25 | 55.1% | (33.4%-76.9%) | 18 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 81.2% | (69.2%-93.2%) | 26 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 72.0% | (67.2%-76.7%) | 1,028 | 73.7% | (69.5%-77.9%) | 516 | 70.1% | (63.1%-77.0%) | 495 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

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CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b)
Percentage of students who answered at least 3 hours*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 43.4% | (35.7%-51.1%) | 710 | 34.2% | (27.8%-40.6%) | 276 | 51.9% | (40.8%-62.9%) | 417 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 34.3% | (22.1%-46.5%) | 151 | 27.4% | (12.7%-42.2%) | 71 | 43.1% | (22.9%-63.4%) | 76 |
| 11 | 45.2% | (35.9%-54.4%) | 367 | 38.3% | (31.3%-45.4%) | 146 | 50.5% | (38.1%-62.9%) | 211 |
| 12 or older | 49.7% | (42.4%-56.9%) | 189 | 35.2% | (19.3%-51.2%) | 58 | 61.2% | (48.9%-73.4%) | 127 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 39.1% | (27.3%-50.9%) | 315 | 31.3% | (20.9%-41.7%) | 129 | 47.2% | (27.7%-66.6%) | 183 |
| Grade 6 | 47.7% | (42.0%-53.4%) | 390 | 37.8% | (29.6%-46.0%) | 147 | 55.7% | (46.2%-65.3%) | 229 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 46.0% | (38.1%-53.9%) | 637 | 36.9% | (29.1%-44.7%) | 248 | 54.4% | (43.9%-64.9%) | 378 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 45.8% | (21.0%-70.7%) | 27 | 25.2% | (0.0%-56.9%) | 8 | 68.0% | (32.8%-100.0%) | 20 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 28.7% | (2.5%-54.9%) | 9 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 44.6% | (37.6%-51.5%) | 630 | 35.0% | (28.6%-41.4%) | 245 | 53.5% | (43.8%-63.3%) | 371 |
| Multiple Races | 51.1% | (29.3%-73.0%) | 26 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b_3)
Percentage of students who answered 2 or fewer hours*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|----------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 56.6% | (48.9%-64.3%) | 925 | 65.8% | (59.4%-72.2%) | 531 | 48.1% | (37.1%-59.2%) | 387 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 65.7% | (53.5%-77.9%) | 289 | 72.6% | (57.8%-87.3%) | 189 | 56.9% | (36.6%-77.1%) | 100 |
| 11 | 54.8% | (45.6%-64.1%) | 445 | 61.7% | (54.6%-68.7%) | 235 | 49.5% | (37.1%-61.9%) | 206 |
| 12 or older | 50.3% | (43.1%-57.6%) | 191 | 64.8% | (48.8%-80.7%) | 107 | 38.8% | (26.6%-51.1%) | 80 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 60.9% | (49.1%-72.7%) | 492 | 68.7% | (58.3%-79.1%) | 283 | 52.8% | (33.4%-72.3%) | 205 |
| Grade 6 | 52.3% | (46.6%-58.0%) | 428 | 62.2% | (54.0%-70.4%) | 242 | 44.3% | (34.7%-53.8%) | 182 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 54.0% | (46.1%-61.9%) | 749 | 63.1% | (55.3%-70.9%) | 425 | 45.6% | (35.1%-56.1%) | 317 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 54.2% | (29.3%-79.0%) | 32 | 74.8% | (43.1%-100.0%) | 23 | 32.0% | (0.0%-67.2%) | 9 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 71.3% | (45.1%-97.5%) | 23 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 55.4% | (48.5%-62.4%) | 784 | 65.0% | (58.6%-71.4%) | 455 | 46.5% | (36.7%-56.2%) | 323 |
| Multiple Races | 48.9% | (27.0%-70.7%) | 25 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (enscreen)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 27.7% | (21.0%-34.3%) | 447 | 33.6% | (25.3%-41.8%) | 270 | 21.6% | (10.7%-32.5%) | 170 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 32.5% | (19.4%-45.7%) | 140 | 40.4% | (27.0%-53.9%) | 104 | 21.3% | (0.0%-44.0%) | 36 |
| 11 | 26.9% | (20.1%-33.8%) | 216 | 29.8% | (20.6%-39.0%) | 114 | 24.2% | (15.2%-33.3%) | 99 |
| 12 or older | 24.0% | (15.2%-32.8%) | 91 | 31.5% | (18.6%-44.5%) | 52 | 17.1% | (5.1%-29.0%) | 35 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 31.7% | (21.4%-42.0%) | 251 | 36.5% | (26.5%-46.5%) | 149 | 26.1% | (8.7%-43.6%) | 99 |
| Grade 6 | 23.4% | (19.2%-27.5%) | 190 | 29.5% | (22.0%-36.9%) | 115 | 17.7% | (11.5%-23.8%) | 72 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 42.1% | (8.8%-75.3%) | 14 | * | * | * | * | * | * |
| Non-Hispanic | 25.5% | (18.5%-32.5%) | 350 | 31.7% | (23.0%-40.4%) | 212 | 19.0% | (9.9%-28.1%) | 130 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 34.3% | (2.3%-66.3%) | 20 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 42.1% | (12.5%-71.8%) | 14 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 26.3% | (20.5%-32.1%) | 369 | 32.2% | (24.6%-39.8%) | 224 | 20.0% | (10.9%-29.1%) | 137 |
| Multiple Races | 30.1% | (12.7%-47.5%) | 15 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)

Percentage of students who answered at least 1 day

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 49.7% | (43.0%-56.4%) | 821 | 56.9% | (50.3%-63.5%) | 455 | 43.4% | (33.8%-53.1%) | 358 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 52.6% | (44.4%-60.9%) | 236 | 57.5% | (48.0%-66.9%) | 149 | 46.9% | (31.3%-62.4%) | 87 |
| 11 | 49.6% | (39.9%-59.2%) | 404 | 57.5% | (49.8%-65.1%) | 216 | 43.4% | (28.8%-58.1%) | 184 |
| 12 or older | 46.2% | (35.2%-57.3%) | 177 | 54.8% | (41.4%-68.2%) | 91 | 39.4% | (27.7%-51.1%) | 83 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 50.0% | (40.3%-59.7%) | 409 | 57.1% | (49.4%-64.8%) | 232 | 43.7% | (27.7%-59.6%) | 177 |
| Grade 6 | 49.3% | (41.8%-56.9%) | 403 | 56.7% | (47.6%-65.8%) | 219 | 42.9% | (34.2%-51.6%) | 177 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 76.3% | (57.4%-95.3%) | 24 | * | * | * | * | * | * |
| Non-Hispanic | 50.0% | (43.0%-57.0%) | 698 | 56.7% | (49.6%-63.7%) | 382 | 43.9% | (34.5%-53.2%) | 309 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 53.2% | (33.3%-73.1%) | 34 | 64.4% | (30.7%-98.2%) | 20 | 42.8% | (14.0%-71.6%) | 14 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 47.4% | (14.3%-80.5%) | 13 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 50.3% | (44.1%-56.6%) | 721 | 57.0% | (50.3%-63.6%) | 395 | 44.5% | (35.4%-53.6%) | 318 |
| Multiple Races | 34.1% | (14.1%-54.0%) | 17 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

Has a doctor, nurse, or other adult ever told you that you have asthma? (en69)

Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|--------------|----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 14.7% | (11.1%-18.2%) | 213 | 12.9% | (7.9%-17.8%) | 90 | 16.1% | (11.4%-20.7%) | 117 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 11.4% | (7.2%-15.6%) | 47 | 12.5% | (8.1%-16.8%) | 29 | 10.1% | (1.6%-18.7%) | 18 |
| 11 | 14.5% | (10.6%-18.4%) | 100 | 10.5% | (4.8%-16.2%) | 33 | 16.8% | (9.7%-23.8%) | 61 |
| 12 or older | 19.2% | (8.6%-29.8%) | 66 | 18.5% | (5.0%-32.1%) | 28 | 20.4% | (9.0%-31.9%) | 38 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 12.3% | (9.2%-15.4%) | 88 | 12.2% | (7.2%-17.3%) | 43 | 12.6% | (5.8%-19.3%) | 45 |
| Grade 6 | 16.7% | (11.0%-22.3%) | 120 | 13.8% | (7.6%-20.0%) | 47 | 18.5% | (11.1%-25.9%) | 67 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 23.7% | (9.0%-38.4%) | 7 | * | * | * | * | * | * |
| Non-Hispanic | 15.0% | (11.4%-18.5%) | 184 | 12.6% | (7.2%-18.0%) | 74 | 17.1% | (12.0%-22.1%) | 106 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 12.1% | (0.0%-29.8%) | 6 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 14.6% | (10.5%-18.6%) | 185 | 12.6% | (7.8%-17.4%) | 78 | 16.5% | (10.5%-22.5%) | 103 |
| Multiple Races | 17.8% | (1.8%-33.8%) | 8 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrasth_2)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|-----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 8.8% | (5.1%-12.6%) | 125 | 8.7% | (3.6%-13.7%) | 59 | 9.2% | (5.2%-13.2%) | 65 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 6.2% | (3.2%-9.2%) | 25 | 6.7% | (1.3%-12.0%) | 15 | 5.7% | (0.0%-11.9%) | 10 |
| 11 | 7.8% | (4.4%-11.2%) | 52 | 6.5% | (1.6%-11.3%) | 20 | 9.1% | (3.8%-14.5%) | 32 |
| 12 or older | 14.1% | (2.8%-25.5%) | 48 | 16.5% | (2.4%-30.7%) | 24 | 12.8% | (1.3%-24.4%) | 24 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 6.6% | (4.0%-9.3%) | 47 | 6.4% | (1.9%-10.9%) | 22 | 7.0% | (2.0%-12.0%) | 25 |
| Grade 6 | 10.5% | (4.1%-17.0%) | 73 | 11.2% | (4.4%-17.9%) | 38 | 10.2% | (1.9%-18.6%) | 35 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 23.7% | (9.0%-38.4%) | 7 | * | * | * | * | * | * |
| Non-Hispanic | 9.0% | (5.1%-12.8%) | 108 | 8.7% | (3.3%-14.1%) | 51 | 9.5% | (5.4%-13.6%) | 57 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 8.8% | (4.5%-13.2%) | 109 | 8.3% | (2.8%-13.8%) | 50 | 9.6% | (4.9%-14.4%) | 59 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*Has a doctor, nurse, or asthma educator ever taught you what to do during an asthma episode or attack? (en38b_3)
Among students who reported to have asthma in e69, the percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|----|-------|----------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 49.8% | (41.3%-58.4%) | 106 | 48.8% | (32.7%-64.9%) | 44 | 50.2% | (32.1%-68.3%) | 59 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 49.3% | (23.8%-74.7%) | 23 | * | * | * | * | * | * |
| 11 | 46.7% | (32.1%-61.3%) | 47 | 56.3% | (31.9%-80.7%) | 19 | 40.3% | (22.9%-57.6%) | 24 |
| 12 or older | 55.0% | (28.9%-81.2%) | 36 | 53.7% | (46.9%-60.5%) | 15 | 56.0% | (10.3%-100.0%) | 21 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 58.7% | (46.0%-71.5%) | 52 | 55.9% | (25.2%-86.6%) | 24 | 61.4% | (39.9%-82.9%) | 28 |
| Grade 6 | 41.3% | (19.9%-62.6%) | 50 | 42.4% | (30.2%-54.6%) | 20 | 38.9% | (6.8%-71.1%) | 26 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 51.9% | (42.9%-60.9%) | 95 | 55.7% | (35.1%-76.4%) | 41 | 47.6% | (30.1%-65.0%) | 50 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 48.8% | (38.9%-58.7%) | 90 | 46.2% | (29.2%-63.2%) | 36 | 49.0% | (27.5%-70.5%) | 51 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

During the past month, has asthma limited your usual activities? (en70)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e70)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|----|--------|---------------|----|-------|---------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 26.1% | (11.2%-41.1%) | 49 | 28.6% | (15.5%-41.7%) | 22 | 25.9% | (6.9%-44.9%) | 27 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 17.4% | (1.9%-32.9%) | 7 | * | * | * | * | * | * |
| 11 | 30.0% | (8.1%-51.9%) | 29 | 32.3% | (9.9%-54.7%) | 11 | 31.9% | (6.3%-57.5%) | 18 |
| 12 or older | 25.6% | (4.6%-46.7%) | 13 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 31.5% | (3.6%-59.3%) | 25 | 36.4% | (16.7%-56.1%) | 13 | 27.6% | (0.0%-64.5%) | 12 |
| Grade 6 | 23.1% | (7.6%-38.6%) | 24 | 21.7% | (0.0%-46.7%) | 9 | 26.8% | (11.3%-42.3%) | 15 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 29.2% | (12.6%-45.7%) | 47 | 36.2% | (21.5%-50.8%) | 22 | 26.0% | (6.2%-45.8%) | 26 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 25.8% | (11.5%-40.1%) | 41 | 25.8% | (12.7%-38.9%) | 17 | 26.8% | (7.2%-46.5%) | 25 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e70) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Have you missed school this year because of your asthma? (e71)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e71)

| | Total | | | Female | | | Male | | |
|---|-------|--------------|----|--------|--------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 11.3% | (5.3%-17.3%) | 24 | 13.8% | (3.8%-23.8%) | 12 | 9.9% | (0.0%-20.7%) | 11 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 14.8% | (0.0%-31.1%) | 7 | * | * | * | * | * | * |
| 11 | 13.0% | (2.5%-23.5%) | 13 | 16.6% | (7.1%-26.1%) | 6 | 12.4% | (0.0%-29.5%) | 8 |
| 12 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 20.4% | (6.0%-34.8%) | 18 | 24.4% | (4.4%-44.4%) | 10 | 16.7% | (0.0%-38.3%) | 8 |
| Grade 6 | 4.9% | (0.0%-11.3%) | 6 | * | * | * | * | * | * |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 11.7% | (4.0%-19.4%) | 21 | 16.8% | (5.1%-28.4%) | 12 | 8.4% | (0.0%-20.6%) | 9 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 13.0% | (6.5%-19.6%) | 24 | 15.9% | (3.3%-28.5%) | 12 | 11.2% | (0.0%-23.2%) | 11 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

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CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e71) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

During the past month, did your asthma make it difficult for you to stay asleep? (en72)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e72)

| | Total | | | Female | | | Male | | |
|---|-------|---------------|----|--------|---------------|----|-------|--------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 26.0% | (11.1%-40.8%) | 46 | 32.4% | (11.2%-53.6%) | 23 | 23.1% | (4.7%-41.6%) | 24 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 21.1% | (0.0%-54.8%) | 8 | * | * | * | * | * | * |
| 11 | 27.9% | (15.4%-40.4%) | 24 | 26.6% | (8.5%-44.6%) | 8 | 32.2% | (9.0%-55.5%) | 16 |
| 12 or older | 26.5% | (0.0%-61.2%) | 14 | 36.1% | (0.0%-90.9%) | 6 | 21.7% | (0.0%-50.5%) | 8 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 33.2% | (14.5%-51.9%) | 24 | 35.8% | (4.5%-67.1%) | 12 | 31.0% | (7.4%-54.6%) | 12 |
| Grade 6 | 22.0% | (1.1%-42.8%) | 22 | 29.4% | (0.0%-64.4%) | 11 | 19.6% | (0.0%-39.4%) | 11 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 28.2% | (10.0%-46.3%) | 42 | 42.0% | (16.5%-67.5%) | 23 | 21.1% | (0.1%-42.2%) | 19 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 27.6% | (9.5%-45.7%) | 42 | 30.7% | (7.4%-54.0%) | 19 | 26.6% | (6.3%-46.9%) | 24 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e72) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*During the past month, did you ever have any symptoms of asthma such as shortness of breath, tightness in your chest, or a wheezing cough? (en73)
Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e73)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|----|-------|---------------|----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 69.5% | (58.3%-80.7%) | 132 | 70.6% | (52.2%-89.0%) | 57 | 66.9% | (53.9%-79.8%) | 69 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 62.2% | (32.2%-92.3%) | 22 | * | * | * | * | * | * |
| 11 | 69.2% | (51.7%-86.8%) | 68 | 68.3% | (43.4%-93.1%) | 21 | 66.6% | (42.6%-90.5%) | 40 |
| 12 or older | 74.4% | (60.5%-88.4%) | 43 | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 65.9% | (49.9%-82.0%) | 47 | 61.2% | (27.6%-94.8%) | 22 | 70.7% | (42.6%-98.9%) | 25 |
| Grade 6 | 70.5% | (56.4%-84.5%) | 80 | 78.1% | (58.2%-97.9%) | 35 | 62.1% | (43.2%-81.0%) | 39 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 70.6% | (58.0%-83.2%) | 115 | 75.3% | (55.1%-95.5%) | 51 | 66.0% | (50.7%-81.3%) | 61 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 70.3% | (57.8%-82.7%) | 114 | 69.3% | (49.4%-89.2%) | 48 | 69.8% | (56.9%-82.7%) | 63 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e73) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)
Has a doctor or nurse ever told you that you have diabetes? (en43a)
Percentage of students who answered 'Yes'

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|---|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.2% | (0.3%-2.1%) | 20 | 1.6% | (0.4%-2.7%) | 13 | 0.7% | (0.0%-1.5%) | 6 |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | 1.6% | (0.0%-3.2%) | 13 | 1.4% | (0.1%-2.8%) | 6 | 1.4% | (0.0%-3.1%) | 6 |
| 12 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 0.9% | (0.0%-2.1%) | 7 | * | * | * | * | * | * |
| Grade 6 | 1.6% | (0.5%-2.7%) | 13 | 1.4% | (0.0%-3.7%) | 6 | 1.4% | (0.0%-2.8%) | 6 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.2% | (0.2%-2.2%) | 16 | 1.6% | (0.2%-3.0%) | 11 | 0.8% | (0.0%-1.7%) | 6 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.3% | (0.2%-2.4%) | 18 | 1.5% | (0.2%-2.8%) | 11 | 0.8% | (0.0%-1.7%) | 6 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

Percentage of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (endiab)

| | Total | | | Female | | | Male | | |
|---|-------|-------------|----|--------|-------------|----|------|-------------|---|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 1.3% | (0.3%-2.3%) | 20 | 1.7% | (0.4%-2.9%) | 13 | 0.7% | (0.0%-1.5%) | 6 |
| ----Age---- | | | | | | | | | |
| 10 or younger | * | * | * | * | * | * | * | * | * |
| 11 | 1.7% | (0.1%-3.3%) | 13 | 1.5% | (0.1%-3.0%) | 6 | 1.5% | (0.0%-3.2%) | 6 |
| 12 or older | * | * | * | * | * | * | * | * | * |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 0.9% | (0.0%-2.2%) | 7 | * | * | * | * | * | * |
| Grade 6 | 1.7% | (0.5%-2.8%) | 13 | 1.5% | (0.0%-3.9%) | 6 | 1.4% | (0.0%-2.9%) | 6 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 1.2% | (0.2%-2.2%) | 16 | 1.7% | (0.2%-3.2%) | 11 | 0.8% | (0.0%-1.7%) | 6 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 1.3% | (0.2%-2.5%) | 18 | 1.6% | (0.2%-3.0%) | 11 | 0.8% | (0.0%-1.7%) | 6 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60)
Percentage of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 85.8% | (82.2%-89.5%) | 1,089 | 87.1% | (83.8%-90.3%) | 519 | 84.4% | (78.5%-90.3%) | 554 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 81.3% | (75.7%-86.9%) | 272 | 85.4% | (78.1%-92.6%) | 157 | 75.8% | (62.6%-89.0%) | 112 |
| 11 | 88.0% | (83.2%-92.8%) | 534 | 87.5% | (82.6%-92.4%) | 243 | 88.1% | (79.2%-96.9%) | 282 |
| 12 or older | 86.4% | (80.4%-92.4%) | 280 | 88.6% | (80.3%-96.9%) | 120 | 84.5% | (76.6%-92.5%) | 157 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 84.2% | (80.0%-88.3%) | 493 | 86.9% | (81.9%-91.9%) | 247 | 81.4% | (72.0%-90.8%) | 243 |
| Grade 6 | 88.3% | (83.9%-92.8%) | 592 | 88.3% | (85.1%-91.5%) | 272 | 88.0% | (80.0%-96.0%) | 307 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 86.4% | (82.9%-89.9%) | 932 | 86.9% | (83.2%-90.6%) | 441 | 85.6% | (79.9%-91.3%) | 477 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 61.0% | (35.0%-87.0%) | 26 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 71.0% | (43.5%-98.5%) | 21 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 87.1% | (83.5%-90.7%) | 950 | 87.9% | (83.9%-91.8%) | 451 | 86.0% | (80.9%-91.1%) | 483 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*Have you missed any school this year because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61)
Percentage of students who answered 'Yes' (Excludes 'Don't know' responses from e61)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 17.3% | (13.3%-21.3%) | 261 | 17.3% | (12.3%-22.2%) | 125 | 17.2% | (12.3%-22.1%) | 131 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 14.1% | (5.7%-22.5%) | 59 | 16.6% | (9.5%-23.8%) | 39 | 11.0% | (0.0%-23.7%) | 20 |
| 11 | 19.7% | (14.2%-25.3%) | 147 | 19.7% | (13.7%-25.7%) | 67 | 19.2% | (11.5%-26.8%) | 75 |
| 12 or older | 16.2% | (9.8%-22.7%) | 56 | 12.7% | (5.3%-20.2%) | 19 | 19.3% | (10.5%-28.2%) | 36 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 17.5% | (11.7%-23.4%) | 132 | 20.1% | (15.1%-25.1%) | 74 | 14.5% | (4.1%-24.8%) | 54 |
| Grade 6 | 17.4% | (11.9%-23.0%) | 129 | 14.6% | (7.6%-21.5%) | 51 | 20.3% | (13.3%-27.3%) | 77 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 33.4% | (15.1%-51.7%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 17.9% | (13.0%-22.8%) | 226 | 16.8% | (10.6%-23.0%) | 99 | 18.8% | (13.3%-24.3%) | 124 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 35.6% | (6.7%-64.5%) | 18 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 16.7% | (11.9%-21.5%) | 217 | 14.9% | (10.1%-19.7%) | 93 | 18.1% | (11.3%-24.9%) | 119 |
| Multiple Races | 25.6% | (10.5%-40.7%) | 13 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Don't know' responses from e61) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)
Percentage of students who answered 'Most of the time' or 'Always'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 45.7% | (39.5%-51.9%) | 746 | 54.0% | (47.8%-60.3%) | 434 | 38.0% | (30.0%-46.0%) | 305 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 50.7% | (42.1%-59.3%) | 221 | 56.8% | (46.0%-67.6%) | 146 | 40.8% | (25.6%-56.0%) | 72 |
| 11 | 45.5% | (37.8%-53.1%) | 366 | 54.5% | (47.4%-61.5%) | 206 | 38.9% | (29.3%-48.5%) | 160 |
| 12 or older | 41.0% | (33.8%-48.3%) | 159 | 48.8% | (36.3%-61.3%) | 82 | 34.5% | (24.8%-44.3%) | 73 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 47.6% | (40.1%-55.1%) | 380 | 51.2% | (43.3%-59.1%) | 209 | 43.7% | (34.0%-53.4%) | 167 |
| Grade 6 | 44.7% | (38.3%-51.1%) | 366 | 57.8% | (49.5%-66.1%) | 225 | 33.5% | (23.7%-43.3%) | 138 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 27.7% | (12.3%-43.2%) | 10 | * | * | * | * | * | * |
| Non-Hispanic | 47.8% | (40.1%-55.6%) | 653 | 55.1% | (45.8%-64.4%) | 369 | 40.8% | (33.6%-48.0%) | 277 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 14.7% | (4.0%-25.4%) | 10 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 21.5% | (0.0%-44.2%) | 7 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 47.7% | (40.5%-55.0%) | 673 | 55.7% | (48.3%-63.1%) | 387 | 40.3% | (31.7%-49.0%) | 279 |
| Multiple Races | 38.6% | (23.5%-53.8%) | 20 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)

Percentage of students who answered 'Most of the time' or 'Always'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 34.9% | (29.4%-40.3%) | 575 | 28.6% | (20.4%-36.8%) | 233 | 40.5% | (32.9%-48.2%) | 328 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 38.0% | (25.4%-50.6%) | 166 | 38.9% | (27.5%-50.4%) | 100 | 35.3% | (14.9%-55.8%) | 62 |
| 11 | 33.3% | (26.6%-40.0%) | 274 | 24.2% | (16.3%-32.1%) | 94 | 41.3% | (32.6%-49.9%) | 173 |
| 12 or older | 34.0% | (26.1%-41.9%) | 132 | 22.9% | (12.5%-33.3%) | 39 | 42.3% | (29.8%-54.8%) | 89 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 36.7% | (29.0%-44.5%) | 299 | 34.0% | (23.0%-44.9%) | 140 | 39.4% | (24.4%-54.4%) | 156 |
| Grade 6 | 33.0% | (28.0%-38.0%) | 273 | 23.4% | (16.6%-30.3%) | 93 | 41.1% | (34.1%-48.1%) | 169 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 40.3% | (22.0%-58.7%) | 14 | * | * | * | * | * | * |
| Non-Hispanic | 35.2% | (28.5%-41.9%) | 488 | 27.9% | (17.2%-38.6%) | 189 | 41.8% | (33.2%-50.3%) | 288 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 18.8% | (5.3%-32.3%) | 12 | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 28.5% | (0.0%-57.3%) | 8 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 35.7% | (29.7%-41.7%) | 510 | 28.5% | (20.1%-37.0%) | 201 | 42.0% | (32.6%-51.5%) | 294 |
| Multiple Races | 30.6% | (7.5%-53.6%) | 16 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)
Percentage of students who answered 'Yes'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 49.5% | (46.0%-53.0%) | 822 | 49.9% | (46.6%-53.3%) | 406 | 48.6% | (41.8%-55.3%) | 399 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 45.1% | (33.5%-56.8%) | 203 | 39.2% | (27.4%-51.0%) | 102 | 52.4% | (37.1%-67.6%) | 97 |
| 11 | 53.6% | (47.2%-60.1%) | 444 | 56.4% | (47.0%-65.7%) | 219 | 50.7% | (41.3%-60.0%) | 215 |
| 12 or older | 46.2% | (37.7%-54.6%) | 175 | 51.7% | (37.8%-65.5%) | 85 | 41.7% | (26.5%-56.9%) | 86 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 50.2% | (44.0%-56.4%) | 415 | 46.2% | (40.2%-52.2%) | 192 | 54.3% | (44.7%-64.0%) | 220 |
| Grade 6 | 49.7% | (43.4%-55.9%) | 407 | 54.6% | (47.3%-61.9%) | 214 | 43.9% | (34.2%-53.5%) | 179 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 37.0% | (12.0%-62.0%) | 13 | * | * | * | * | * | * |
| Non-Hispanic | 50.3% | (45.9%-54.8%) | 700 | 50.9% | (45.2%-56.7%) | 345 | 49.0% | (40.1%-57.9%) | 341 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 33.9% | (7.3%-60.5%) | 22 | 38.4% | (0.0%-83.0%) | 12 | 29.8% | (6.5%-53.2%) | 10 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 51.1% | (47.3%-54.9%) | 734 | 51.9% | (47.5%-56.2%) | 366 | 50.1% | (43.0%-57.1%) | 354 |
| Multiple Races | 31.9% | (17.3%-46.4%) | 16 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48_2)
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e48)*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 58.4% | (53.9%-62.9%) | 822 | 60.3% | (55.9%-64.8%) | 406 | 56.2% | (48.8%-63.5%) | 399 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 54.9% | (42.6%-67.1%) | 203 | 51.0% | (39.5%-62.4%) | 102 | 58.6% | (42.7%-74.5%) | 97 |
| 11 | 60.6% | (54.1%-67.1%) | 444 | 63.4% | (53.4%-73.3%) | 219 | 57.6% | (48.4%-66.8%) | 215 |
| 12 or older | 58.1% | (47.4%-68.8%) | 175 | 66.8% | (51.2%-82.5%) | 85 | 51.8% | (32.4%-71.1%) | 86 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 59.3% | (53.3%-65.4%) | 415 | 57.6% | (52.3%-62.9%) | 192 | 61.1% | (51.0%-71.2%) | 220 |
| Grade 6 | 58.7% | (51.4%-66.0%) | 407 | 64.2% | (56.8%-71.5%) | 214 | 52.4% | (40.3%-64.5%) | 179 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | 40.1% | (15.6%-64.5%) | 13 | * | * | * | * | * | * |
| Non-Hispanic | 59.5% | (54.2%-64.8%) | 700 | 61.6% | (55.8%-67.4%) | 345 | 56.9% | (47.2%-66.7%) | 341 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 39.0% | (10.6%-67.4%) | 22 | 38.4% | (0.0%-83.0%) | 12 | 39.7% | (13.6%-65.9%) | 10 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | * | * | * | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 60.9% | (56.6%-65.2%) | 734 | 63.5% | (58.8%-68.2%) | 366 | 58.2% | (51.0%-65.4%) | 354 |
| Multiple Races | 37.6% | (22.6%-52.7%) | 16 | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses from e48) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Downeast PHD (weighted)

Do you agree or disagree that you have parents who try to help you succeed? (en49)

Percentage of students who answered 'Strongly agree' or 'Agree'

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|----------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 91.2% | (88.1%-94.3%) | 1,519 | 90.2% | (86.5%-93.9%) | 735 | 92.3% | (88.0%-96.6%) | 762 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 92.9% | (89.4%-96.5%) | 418 | * | * | * | * | * | * |
| 11 | 90.7% | (85.8%-95.7%) | 748 | 91.0% | (84.5%-97.5%) | 351 | 91.0% | (83.9%-98.1%) | 386 |
| 12 or older | 90.0% | (85.3%-94.8%) | 349 | 91.2% | (84.0%-98.3%) | 154 | 88.8% | (83.9%-93.7%) | 187 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 91.9% | (87.4%-96.4%) | 758 | 90.8% | (87.4%-94.1%) | 374 | 92.9% | (84.8%-100.0%) | 376 |
| Grade 6 | 90.7% | (87.6%-93.7%) | 749 | 90.1% | (84.6%-95.6%) | 357 | 91.6% | (88.3%-94.9%) | 377 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 91.1% | (87.5%-94.7%) | 1,274 | 88.8% | (84.2%-93.3%) | 604 | 93.7% | (89.6%-97.9%) | 656 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | * | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 81.2% | (70.3%-92.1%) | 26 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 91.0% | (87.3%-94.7%) | 1,311 | 89.4% | (85.2%-93.7%) | 632 | 92.8% | (87.3%-98.4%) | 659 |
| Multiple Races | * | * | * | * | * | * | * | * | * |

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Downeast PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)
Percentage of students who answered 'Strongly agree' or 'Agree'*

| | Total | | | Female | | | Male | | |
|---|-------|---------------|-------|--------|---------------|-----|-------|----------------|-----|
| | % | CI | N | % | CI | N | % | CI | N |
| Total | 82.6% | (79.1%-86.0%) | 1,365 | 81.9% | (77.0%-86.8%) | 664 | 83.8% | (80.0%-87.6%) | 684 |
| ----Age---- | | | | | | | | | |
| 10 or younger | 76.3% | (70.9%-81.7%) | 343 | 71.1% | (64.0%-78.2%) | 185 | 83.1% | (72.3%-93.9%) | 155 |
| 11 | 85.7% | (80.7%-90.7%) | 700 | 89.3% | (84.3%-94.4%) | 341 | 83.2% | (75.7%-90.7%) | 349 |
| 12 or older | 83.1% | (74.3%-91.9%) | 319 | 81.7% | (67.7%-95.7%) | 138 | 85.4% | (80.1%-90.7%) | 177 |
| ----Grade---- | | | | | | | | | |
| Grade 5 | 80.5% | (76.4%-84.6%) | 660 | 79.2% | (75.6%-82.8%) | 327 | 81.5% | (74.8%-88.2%) | 326 |
| Grade 6 | 85.1% | (79.7%-90.4%) | 697 | 86.0% | (77.2%-94.7%) | 337 | 85.7% | (80.1%-91.3%) | 350 |
| ----Hispanic Ethnicity---- | | | | | | | | | |
| Hispanic | * | * | * | * | * | * | * | * | * |
| Non-Hispanic | 83.9% | (79.7%-88.0%) | 1,165 | 83.3% | (77.2%-89.3%) | 564 | 85.1% | (80.8%-89.3%) | 591 |
| ----Race---- | | | | | | | | | |
| American Indian or Alaskan Native | 78.0% | (61.2%-94.9%) | 50 | 75.7% | (58.7%-92.6%) | 23 | 80.2% | (51.0%-100.0%) | 27 |
| Asian | * | * | * | * | * | * | * | * | * |
| Black or African American | 65.3% | (44.8%-85.8%) | 21 | * | * | * | * | * | * |
| Native Hawaiian or Other Pacific Islander | * | * | * | * | * | * | * | * | * |
| White | 83.7% | (79.6%-87.8%) | 1,194 | 82.1% | (76.4%-87.8%) | 577 | 86.0% | (81.8%-90.2%) | 603 |
| Multiple Races | 80.1% | (64.0%-96.2%) | 41 | * | * | * | * | * | * |

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.