

Maine Department of Health and Human Services Maine Department of Education

DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND RACE

CUMBERLAND PHD 2019 MIYHS GRADE 5 - 6 REPORT

	%	СІ	N	n
Total	21.4%		5,793	1,870
Sex				
Female	47.2%	(45.1% - 49.3%)	2,734	872
Male	50.7%	(49.1% - 52.2%)	2,935	955
Missing	2.1%	(1.1% - 3.2%)	124	43
Grade				
Grade 5	50.0%	(6.2% - 93.8%)	2,895	280
Grade 6	49.0%	(6.2% - 91.9%)	2,841	1,566
Missing	1.0%	(0.0% - 1.9%)	57	24
Age				
10 or Younger	31.9%	(2.2% - 61.6%)	1,849	167
11	44.8%	(34.1% - 55.5%)	2,593	958
12 or Older	22.9%	(4.2% - 41.5%)	1,325	733
Missing	0.5%	(0.0% - 1.0%)	26	12
Hispanic Ethnicity				
Hispanic	1.7%	(1.0% - 2.3%)	97	65
Non-Hispanic	68.3%	(51.2% - 85.3%)	3,954	1,513
Missing	30.1%	(12.6% - 47.6%)	1,742	292
Race				
American Indian or Alaskan Native	2.2%	(1.7% - 2.7%)	127	55
Asian	3.5%	(2.3% - 4.8%)	205	77
Black or African American	5.6%	(1.3% - 9.9%)	324	163
Native Hawaiian or Other Pacific Islander	0.1%	(0.0% - 0.3%)	6	4
White	77.6%	(73.0% - 82.3%)	4,498	1,383

	%	CI	N	n
Multiple Races	4.3%	(3.4% - 5.2%)	249	96
Missing	6.6%	(4.5% - 8.7%)	384	92

	%	СІ	N	n
County				
Cumberland County	100.0%	(100.0% - 100.0%)	5,793	1,870

		Total	_		Female	_		Male	
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	16.5%	(10.4%-22.5%)	454	15.6%	(9.9%-21.4%)	213	17.3%	(10.6%-23.9%)	241
Age									
10 or younger	18.2%	(11.1%-25.3%)	323	18.7%	(11.3%-26.0%)	172	17.6%	(10.4%-24.9%)	152
11	14.0%	(10.4%-17.5%)	131	9.5%	(5.7%-13.3%)	41	17.8%	(10.4%-25.2%)	89
12 or older	*	*	*	*	*	*	*	*	*
Grade									
Grade 5	16.5%	(10.4%-22.5%)	454	15.6%	(9.9%-21.4%)	213	17.3%	(10.6%-23.9%)	241
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	19.6%	(9.1%-30.1%)	288	20.5%	(8.5%-32.6%)	167	18.5%	(9.0%-28.0%)	121
Race									
American Indian or Alaskan Native	34.5%	(10.1%-58.9%)	26	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.2%	(10.6%-23.9%)	375	19.5%	(10.8%-28.3%)	205	15.0%	(9.6%-20.5%)	170
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enobese2)

		Total			Female			Male	
	%	CI	N	%	CI	Ν	%	CI	Ν
Total	13.0%	(8.1%-18.0%)	359	12.0%	(6.7%-17.2%)	163	14.0%	(9.2%-18.9%)	196
Age									
10 or younger	15.4%	(10.0%-20.8%)	274	14.4%	(8.7%-20.1%)	132	16.5%	(10.8%-22.2%)	142
11	9.0%	(5.7%-12.4%)	85	7.0%	(4.6%-9.4%)	31	10.8%	(6.8%-14.8%)	54
12 or older	*	*	*	*	*	*	*	*	*
Grade									
Grade 5	13.0%	(8.1%-18.0%)	359	12.0%	(6.7%-17.2%)	163	14.0%	(9.2%-18.9%)	196
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.1%	(5.6%-12.5%)	133	11.0%	(6.5%-15.5%)	90	6.7%	(2.8%-10.5%)	43
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	48.4%	(38.0%-58.7%)	28	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.6%	(6.7%-18.5%)	274	10.3%	(3.9%-16.7%)	108	14.6%	(9.4%-19.9%)	165
Multiple Races	22.4%	(13.1%-31.8%)	30	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enowtob)

		Total			Female	-	Male		
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	29.5%	(18.6%-40.3%)	814	27.6%	(17.2%-38.0%)	376	31.3%	(19.9%-42.6%)	438
Age									
10 or younger	33.6%	(21.3%-45.9%)	598	33.1%	(20.5%-45.7%)	304	34.1%	(22.2%-46.1%)	294
11	23.0%	(16.7%-29.3%)	216	16.6%	(13.8%-19.3%)	72	28.6%	(18.0%-39.1%)	144
12 or older	*	*	*	*	*	*	*	*	*
Grade									
Grade 5	29.5%	(18.6%-40.3%)	814	27.6%	(17.2%-38.0%)	376	31.3%	(19.9%-42.6%)	438
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	28.7%	(15.4%-42.1%)	421	31.6%	(15.8%-47.3%)	257	25.2%	(13.8%-36.6%)	164
Race									
American Indian or Alaskan Native	34.5%	(10.1%-58.9%)	26	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	55.2%	(37.9%-72.5%)	32	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.8%	(17.3%-42.3%)	648	29.9%	(14.9%-44.9%)	313	29.7%	(19.0%-40.3%)	335
Multiple Races	25.4%	(12.7%-38.1%)	34	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enhlthwt2)

		Total			Female			Male	
	%	CI	N	%	CI	N	%	CI	Ν
Total	58.4%	(45.7%-71.1%)	1,611	58.5%	(44.2%-72.7%)	796	58.3%	(46.9%-69.6%)	815
Age									
10 or younger	57.8%	(46.8%-68.9%)	1,030	58.9%	(49.2%-68.5%)	541	56.8%	(44.2%-69.3%)	489
11	59.2%	(44.9%-73.5%)	555	58.8%	(36.2%-81.3%)	255	59.5%	(50.5%-68.5%)	299
12 or older	61.7%	(0.0%-100.0%)	27	*	*	*	*	*	*
Grade									
Grade 5	58.4%	(45.7%-71.1%)	1,611	58.5%	(44.2%-72.7%)	796	58.3%	(46.9%-69.6%)	815
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	55.7%	(41.9%-69.4%)	815	50.4%	(40.4%-60.4%)	410	62.2%	(42.2%-82.2%)	405
Race									
American Indian or Alaskan Native	60.2%	(41.3%-79.1%)	45	*	*	*	*	*	*
Asian	71.7%	(61.6%-81.8%)	66	*	*	*	*	*	*
Black or African American	44.8%	(27.5%-62.1%)	26	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	57.9%	(45.2%-70.5%)	1,260	56.1%	(43.6%-68.6%)	588	59.5%	(46.7%-72.4%)	672
Multiple Races	68.7%	(40.3%-97.1%)	93	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

What language is spoken most often at home? (Select only one response) (en6b) Percentage of students who answered something other than 'English'

		Total			Female		Male		
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	7.9%	(2.8%-12.9%)	447	8.2%	(4.1%-12.3%)	221	7.5%	(0.6%-14.3%)	216
Age									
10 or younger	2.8%	(1.7%-3.9%)	51	*	*	*	*	*	*
11	10.7%	(4.7%-16.7%)	274	9.5%	(4.1%-14.8%)	117	12.1%	(3.3%-20.9%)	153
12 or older	9.4%	(2.1%-16.7%)	122	10.6%	(2.3%-18.9%)	58	8.1%	(1.7%-14.6%)	59
Grade									
Grade 5	4.4%	(2.5%-6.3%)	126	7.0%	(3.0%-11.1%)	95	2.1%	(1.7%-2.4%)	30
Grade 6	11.5%	(3.4%-19.6%)	322	9.5%	(2.1%-16.9%)	126	13.1%	(4.4%-21.7%)	186
Hispanic Ethnicity									
Hispanic	24.5%	(5.4%-43.6%)	23	21.6%	(0.0%-51.8%)	10	29.5%	(18.5%-40.5%)	13
Non-Hispanic	8.6%	(3.6%-13.5%)	334	8.7%	(3.8%-13.5%)	172	8.5%	(2.5%-14.5%)	158
Race									
American Indian or Alaskan Native	4.5%	(0.0%-13.0%)	6	*	*	*	*	*	*
Asian	72.0%	(61.4%-82.7%)	147	65.0%	(53.1%-76.9%)	72	80.3%	(67.5%-93.2%)	74
Black or African American	47.8%	(36.1%-59.4%)	149	48.3%	(33.5%-63.0%)	78	47.4%	(36.6%-58.2%)	71
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.1%	(1.0%-3.3%)	95	2.0%	(0.6%-3.4%)	42	2.3%	(0.0%-4.8%)	53
Multiple Races	3.9%	(0.0%-9.4%)	9	*	*	*	*	*	*

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How often do you wear a seat belt when riding in a car? (en7a) Percentage of students who answered 'Never' or 'Rarely'

	Total				Female			Male		
	%	CI	N	%	CI	N	%	CI	Ν	
Total	0.4%	(0.0%-1.0%)	25	0.7%	(0.0%-1.6%)	18	0.2%	(0.0%-0.5%)	7	
Age										
10 or younger	*	*	*	*	*	*	*	*	*	
11	0.7%	(0.0%-1.4%)	17	*	*	*	*	*	*	
12 or older	0.6%	(0.0%-1.2%)	8	*	*	*	*	*	*	
Grade										
Grade 5	*	*	*	*	*	*	*	*	*	
Grade 6	0.9%	(0.2%-1.6%)	25	1.4%	(0.0%-2.7%)	18	0.5%	(0.2%-0.8%)	7	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	0.5%	(0.0%-1.1%)	20	*	*	*	*	*	*	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	1.9%	(0.0%-4.3%)	6	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	0.3%	(0.0%-0.7%)	13	*	*	*	*	*	*	
Multiple Races	*	*	*	*	*	*	*	*	*	

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2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) How often do you wear a seat belt when riding in a car? (en7a_2)

Percentage of students who answered 'Always'

		Total			Female			Male	
	%	CI	N	%	CI	Ν	%	CI	N
Total	86.3%	(84.1%-88.5%)	4,926	89.3%	(87.1%-91.6%)	2,432	83.4%	(81.0%-85.8%)	2,405
Age									
10 or younger	88.3%	(84.7%-92.0%)	1,593	94.3%	(92.3%-96.4%)	883	81.8%	(75.9%-87.6%)	705
11	85.0%	(81.7%-88.4%)	2,197	84.6%	(78.8%-90.3%)	1,048	85.1%	(79.6%-90.7%)	1,087
12 or older	85.9%	(82.2%-89.6%)	1,130	91.6%	(86.6%-96.6%)	501	82.1%	(76.6%-87.5%)	607
Grade									
Grade 5	87.6%	(83.5%-91.7%)	2,493	90.2%	(86.5%-93.9%)	1,255	84.7%	(80.2%-89.2%)	1,193
Grade 6	85.0%	(82.0%-88.0%)	2,404	88.4%	(85.3%-91.5%)	1,175	82.2%	(78.7%-85.7%)	1,191
Hispanic Ethnicity									
Hispanic	91.1%	(82.8%-99.5%)	88	*	*	*	*	*	*
Non-Hispanic	86.5%	(84.1%-88.9%)	3,407	89.0%	(86.2%-91.9%)	1,796	83.9%	(80.6%-87.2%)	1,570
Race									
American Indian or Alaskan Native	93.6%	(85.7%-100.0%)	116	*	*	*	*	*	*
Asian	71.7%	(65.1%-78.2%)	147	72.8%	(63.4%-82.2%)	81	71.2%	(52.6%-89.8%)	66
Black or African American	70.9%	(57.7%-84.1%)	229	77.2%	(57.1%-97.2%)	127	64.8%	(58.6%-71.0%)	102
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	87.2%	(83.1%-91.3%)	3,872	91.0%	(87.6%-94.4%)	1,944	83.7%	(78.8%-88.6%)	1,875
Multiple Races	89.9%	(79.1%-100.0%)	221	83.4%	(72.6%-94.2%)	89	94.8%	(85.6%-100.0%)	131

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2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Cumberland PHD (weighted) How often do you sit in the back seat when you are riding in a car? (en8a) Percentage of students who answered 'Never' or 'Rarely'

		Total			Female		Male		
	%	CI	Ν	%	CI	N	%	CI	Ν
Total	16.4%	(11.7%-21.1%)	941	14.7%	(7.5%-21.9%)	400	17.5%	(14.9%-20.2%)	511
Age									
10 or younger	7.4%	(2.9%-11.8%)	136	5.8%	(1.2%-10.3%)	54	8.6%	(5.0%-12.1%)	78
11	19.2%	(15.7%-22.7%)	492	16.1%	(12.2%-20.1%)	198	21.7%	(15.1%-28.3%)	275
12 or older	23.4%	(20.6%-26.1%)	307	26.9%	(18.3%-35.6%)	148	20.7%	(13.1%-28.3%)	152
Grade									
Grade 5	12.3%	(9.8%-14.8%)	356	8.0%	(5.3%-10.7%)	111	15.7%	(13.9%-17.5%)	228
Grade 6	19.9%	(17.3%-22.6%)	559	21.7%	(17.7%-25.6%)	285	18.5%	(14.9%-22.0%)	265
Hispanic Ethnicity									
Hispanic	22.3%	(8.2%-36.4%)	21	14.7%	(0.0%-34.6%)	7	22.9%	(7.5%-38.4%)	11
Non-Hispanic	18.3%	(15.3%-21.4%)	721	16.3%	(10.0%-22.6%)	327	20.0%	(17.7%-22.2%)	372
Race									
American Indian or Alaskan Native	8.4%	(0.0%-18.5%)	11	*	*	*	*	*	*
Asian	5.0%	(0.0%-10.7%)	10	*	*	*	*	*	*
Black or African American	16.0%	(7.7%-24.4%)	52	16.6%	(3.5%-29.6%)	27	15.6%	(5.8%-25.4%)	25
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.0%	(13.5%-22.5%)	805	16.1%	(9.4%-22.7%)	342	19.0%	(16.1%-21.9%)	433
Multiple Races	20.8%	(13.4%-28.2%)	50	15.8%	(2.7%-28.8%)	16	24.6%	(18.8%-30.3%)	34

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When you ride a bicycle, how often do you wear a helmet? (en9a)

Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'

		Total			Female			Male	
	%	CI	Ν	%	CI	N	%	CI	Ν
Total	18.9%	(12.5%-25.3%)	978	14.8%	(9.7%-19.8%)	375	21.8%	(13.2%-30.4%)	551
Age									
10 or younger	12.9%	(4.9%-20.8%)	221	8.8%	(4.9%-12.8%)	79	17.4%	(4.6%-30.2%)	142
11	21.5%	(16.3%-26.6%)	491	15.8%	(12.3%-19.3%)	183	24.8%	(17.1%-32.5%)	263
12 or older	22.3%	(13.8%-30.9%)	260	23.3%	(14.1%-32.4%)	113	21.7%	(13.9%-29.6%)	141
Grade									
Grade 5	17.1%	(9.5%-24.6%)	457	11.2%	(7.8%-14.5%)	149	21.0%	(8.3%-33.7%)	271
Grade 6	20.3%	(13.0%-27.6%)	505	18.7%	(12.8%-24.7%)	226	21.9%	(12.9%-31.0%)	269
Hispanic Ethnicity									
Hispanic	34.3%	(8.2%-60.5%)	28	*	*	*	*	*	*
Non-Hispanic	17.2%	(9.8%-24.7%)	612	13.7%	(8.8%-18.6%)	257	21.0%	(10.6%-31.4%)	340
Race									
American Indian or Alaskan Native	12.2%	(0.0%-26.3%)	15	16.0%	(0.0%-42.3%)	7	10.8%	(0.0%-24.0%)	8
Asian	13.9%	(0.0%-30.2%)	21	9.6%	(0.0%-25.0%)	10	19.9%	(0.0%-41.5%)	10
Black or African American	33.3%	(16.1%-50.6%)	88	20.3%	(0.0%-41.2%)	28	47.9%	(31.6%-64.2%)	59
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.1%	(11.2%-23.1%)	706	14.2%	(10.8%-17.5%)	285	19.4%	(10.3%-28.4%)	396
Multiple Races	38.9%	(32.1%-45.7%)	90	34.4%	(13.0%-55.8%)	34	42.2%	(25.9%-58.5%)	56

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CI = 95% Confidence Interval

N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) *Have you ever been bullied on school property? (en51)*

Percentage of students who answered 'Yes'

		Total			Female		Male		
	%	CI	N	%	CI	Ν	%	CI	Ν
Total	38.1%	(34.8%-41.3%)	2,184	41.3%	(36.1%-46.5%)	1,121	35.3%	(32.8%-37.8%)	1,032
Age									
10 or younger	39.6%	(34.6%-44.6%)	729	43.1%	(34.6%-51.6%)	400	36.2%	(35.2%-37.2%)	329
11	35.1%	(28.1%-42.1%)	905	37.4%	(26.3%-48.5%)	463	33.3%	(29.9%-36.7%)	424
12 or older	41.9%	(34.9%-48.8%)	550	47.0%	(37.5%-56.5%)	258	37.8%	(31.1%-44.5%)	278
Grade									
Grade 5	36.0%	(33.9%-38.1%)	1,039	37.0%	(33.5%-40.6%)	513	35.4%	(33.6%-37.1%)	514
Grade 6	40.2%	(35.0%-45.5%)	1,133	45.7%	(38.7%-52.8%)	608	35.5%	(30.7%-40.4%)	512
Hispanic Ethnicity									
Hispanic	33.0%	(12.7%-53.2%)	32	29.1%	(0.0%-64.8%)	13	39.3%	(16.3%-62.2%)	19
Non-Hispanic	36.7%	(32.6%-40.8%)	1,444	38.6%	(31.2%-46.0%)	781	34.5%	(29.9%-39.1%)	643
Race									
American Indian or Alaskan Native	22.5%	(0.0%-46.6%)	28	21.5%	(0.0%-48.4%)	10	20.6%	(0.0%-45.4%)	15
Asian	38.0%	(25.5%-50.4%)	78	36.1%	(25.4%-46.8%)	40	40.5%	(5.4%-75.6%)	37
Black or African American	40.0%	(34.6%-45.3%)	128	43.1%	(34.8%-51.5%)	71	36.8%	(30.8%-42.8%)	57
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	38.8%	(35.7%-41.9%)	1,736	41.2%	(36.3%-46.1%)	879	36.4%	(33.8%-39.0%)	831
Multiple Races	37.1%	(17.1%-57.0%)	91	42.4%	(14.6%-70.2%)	45	32.8%	(17.5%-48.0%)	46

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. Cl = 95% Confidence Interval

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) Have you ever been bullied away from school property? (en52a) Percentage of students who answered 'Yes'

	Total				Female		Male			
	%	CI	N	%	CI	Ν	%	CI	Ν	
Total	30.2%	(28.0%-32.5%)	1,738	30.7%	(25.9%-35.6%)	835	30.1%	(22.8%-37.3%)	880	
Age										
10 or younger	32.2%	(28.3%-36.1%)	593	29.9%	(25.8%-34.1%)	278	34.2%	(28.3%-40.1%)	310	
11	27.8%	(25.5%-30.1%)	718	28.7%	(22.3%-35.0%)	354	27.6%	(20.2%-35.1%)	352	
12 or older	32.5%	(28.7%-36.3%)	428	36.8%	(27.8%-45.8%)	203	29.5%	(23.0%-36.0%)	217	
Grade										
Grade 5	31.4%	(29.1%-33.8%)	906	28.0%	(24.3%-31.7%)	387	35.4%	(29.6%-41.3%)	515	
Grade 6	29.0%	(26.7%-31.3%)	819	33.5%	(27.7%-39.2%)	445	24.9%	(22.2%-27.7%)	360	
Hispanic Ethnicity										
Hispanic	36.0%	(11.5%-60.6%)	35	24.7%	(0.0%-58.3%)	11	49.5%	(33.8%-65.1%)	24	
Non-Hispanic	28.8%	(26.7%-30.9%)	1,133	28.1%	(19.7%-36.4%)	566	29.6%	(21.7%-37.4%)	551	
Race										
American Indian or Alaskan Native	29.0%	(2.1%-55.8%)	37	28.2%	(0.0%-60.2%)	14	31.8%	(3.3%-60.2%)	23	
Asian	23.2%	(18.9%-27.6%)	48	32.3%	(26.0%-38.6%)	36	12.8%	(3.9%-21.8%)	12	
Black or African American	27.6%	(14.6%-40.6%)	89	30.6%	(12.8%-48.4%)	50	24.3%	(13.9%-34.8%)	38	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	29.9%	(27.7%-32.2%)	1,341	28.3%	(20.3%-36.4%)	603	31.3%	(24.2%-38.4%)	715	
Multiple Races	31.0%	(17.0%-44.9%)	77	40.3%	(17.9%-62.6%)	44	23.4%	(14.2%-32.6%)	32	

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Do you agree or disagree with the following statement? I feel safe at my school. (en12) Percentage of students who answered 'Strongly agree' or 'Agree'

	Total				Female		Male			
	%	CI	N	%	CI	Ν	%	CI	N	
Total	94.3%	(91.2%-97.4%)	5,366	95.7%	(91.8%-99.6%)	2,565	92.8%	(90.2%-95.4%)	2,685	
Age										
10 or younger	97.3%	(95.5%-99.1%)	1,772	98.6%	(95.9%-100.0%)	898	96.1%	(95.0%-97.2%)	869	
11	94.7%	(92.9%-96.4%)	2,412	96.0%	(92.7%-99.3%)	1,170	93.2%	(92.0%-94.3%)	1,176	
12 or older	89.6%	(87.6%-91.5%)	1,162	90.3%	(87.8%-92.8%)	495	88.6%	(86.5%-90.8%)	639	
Grade										
Grade 5	97.4%	(96.6%-98.1%)	2,778	99.0%	(97.4%-100.0%)	1,350	95.7%	(95.3%-96.1%)	1,379	
Grade 6	91.4%	(89.9%-92.8%)	2,542	92.2%	(89.2%-95.2%)	1,210	90.4%	(89.1%-91.7%)	1,287	
Hispanic Ethnicity										
Hispanic	93.6%	(87.4%-99.8%)	90	*	*	*	*	*	*	
Non-Hispanic	94.3%	(90.6%-98.0%)	3,678	94.9%	(90.8%-98.9%)	1,906	93.5%	(89.9%-97.1%)	1,723	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	88.5%	(84.1%-93.0%)	284	90.5%	(82.7%-98.3%)	148	86.7%	(79.3%-94.0%)	135	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	94.5%	(91.0%-98.0%)	4,176	95.7%	(91.8%-99.5%)	2,015	93.3%	(89.7%-96.9%)	2,101	
Multiple Races	*	*	*	*	*	*	*	*	*	

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CI = 95% Confidence Interval

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) Have you ever tried cigarette smoking, even one or two puffs? (en13)

Have you ever tried cigarette smoking, even one or two puffs? (en13) Percentage of students who answered 'Yes'

	Total				Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	1.1%	(0.0%-2.2%)	62	0.9%	(0.0%-1.7%)	24	1.3%	(0.0%-2.7%)	38	
Age										
10 or younger	*	*	*	*	*	*	*	*	*	
11	0.9%	(0.1%-1.7%)	23	0.8%	(0.0%-1.6%)	10	1.0%	(0.0%-2.2%)	13	
12 or older	3.0%	(1.5%-4.4%)	39	2.5%	(1.3%-3.8%)	14	3.4%	(1.2%-5.7%)	25	
Grade										
Grade 5	*	*	*	*	*	*	*	*	*	
Grade 6	2.2%	(1.2%-3.2%)	62	1.8%	(1.1%-2.5%)	24	2.7%	(1.3%-4.0%)	38	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	1.2%	(0.1%-2.3%)	46	0.8%	(0.0%-1.7%)	16	1.6%	(0.2%-3.0%)	30	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	2.1%	(0.0%-4.5%)	7	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	1.1%	(0.0%-2.2%)	49	1.0%	(0.0%-2.0%)	22	1.2%	(0.0%-2.5%)	28	
Multiple Races	*	*	*	*	*	*	*	*	*	

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2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Cumberland PHD (weighted) During the past 30 days, on how many days did you smoke cigarettes? (en14) Percentage of students who answered at least 1 day

		Total		Fe	ema	le	Male		2
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	0.2%	(0.0%-0.4%)	11	*	*	*	*	*	*
Age									
10 or younger	*	*	*	*	*	*	*	*	*
11	*	*	*	*	*	*	*	*	*
12 or older	0.7%	(0.1%-1.2%)	9	*	*	*	*	*	*
Grade									
Grade 5	*	*	*	*	*	*	*	*	*
Grade 6	0.4%	(0.1%-0.6%)	11	*	*	*	*	*	*
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	0.2%	(0.0%-0.4%)	8	*	*	*	*	*	*
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.2%	(0.0%-0.4%)	7	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

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Do you think you will try a cigarette soon? (en15)

Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	8.3%	(6.3%-10.4%)	478	7.7%	(4.4%-11.0%)	210	8.9%	(7.7%-10.1%)	258	
Age										
10 or younger	5.3%	(3.4%-7.3%)	98	2.8%	(2.3%-3.4%)	27	8.0%	(4.3%-11.6%)	72	
11	6.7%	(5.7%-7.7%)	173	7.0%	(5.2%-8.8%)	87	6.4%	(4.9%-8.0%)	81	
12 or older	16.0%	(10.8%-21.1%)	206	17.6%	(9.4%-25.9%)	97	14.6%	(10.9%-18.3%)	105	
Grade										
Grade 5	6.2%	(5.4%-7.0%)	178	3.9%	(2.7%-5.1%)	55	8.2%	(7.5%-9.0%)	119	
Grade 6	10.5%	(8.8%-12.1%)	292	11.7%	(9.1%-14.3%)	155	9.6%	(7.5%-11.7%)	136	
Hispanic Ethnicity										
Hispanic	9.3%	(2.3%-16.3%)	9	*	*	*	*	*	*	
Non-Hispanic	8.1%	(4.6%-11.6%)	317	8.6%	(5.1%-12.1%)	174	7.7%	(3.6%-11.7%)	142	
Race										
American Indian or Alaskan Native	5.5%	(0.0%-12.1%)	7	*	*	*	*	*	*	
Asian	7.4%	(0.0%-17.4%)	15	*	*	*	*	*	*	
Black or African American	5.8%	(1.8%-9.8%)	19	4.2%	(0.0%-9.8%)	7	7.4%	(4.6%-10.2%)	12	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	8.3%	(6.8%-9.7%)	368	8.1%	(5.5%-10.8%)	174	8.2%	(7.4%-8.9%)	184	
Multiple Races	9.8%	(0.0%-21.2%)	24	12.1%	(1.9%-22.3%)	13	8.1%	(0.0%-20.5%)	11	

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CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Do you think you will smoke a cigarette at anytime during the next year? (en16) Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

		Total			Female		Male			
	%	CI	N	%	CI	Ν	%	CI	Ν	
Total	4.7%	(2.4%-7.1%)	270	4.6%	(2.2%-7.0%)	125	4.9%	(2.4%-7.4%)	141	
Age										
10 or younger	3.1%	(2.5%-3.7%)	58	2.8%	(2.3%-3.4%)	27	3.5%	(2.5%-4.4%)	31	
11	2.9%	(1.1%-4.7%)	75	3.0%	(1.0%-5.0%)	37	2.7%	(0.7%-4.6%)	34	
12 or older	10.8%	(8.5%-13.1%)	137	11.1%	(8.3%-13.8%)	61	11.0%	(7.9%-14.0%)	76	
Grade										
Grade 5	2.3%	(1.9%-2.7%)	66	1.9%	(1.4%-2.4%)	27	2.5%	(1.9%-3.1%)	35	
Grade 6	7.3%	(6.6%-8.0%)	203	7.4%	(5.9%-8.9%)	99	7.4%	(6.2%-8.5%)	104	
Hispanic Ethnicity										
Hispanic	13.2%	(2.5%-23.9%)	12	*	*	*	*	*	*	
Non-Hispanic	5.0%	(1.9%-8.0%)	192	4.7%	(1.2%-8.2%)	95	5.3%	(2.3%-8.4%)	97	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	2.4%	(1.3%-3.4%)	8	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	5.2%	(3.0%-7.4%)	231	5.4%	(2.8%-7.9%)	114	5.0%	(2.8%-7.2%)	112	
Multiple Races	2.4%	(0.0%-5.3%)	6	*	*	*	*	*	*	

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CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Do you think you will smoke a cigarette at anytime during the next year? (en16_2) Percentage of students who answered 'I definitely will not'

		Total			Female		Male			
	%	CI	N	%	CI	Ν	%	CI	N	
Total	95.3%	(92.9%-97.6%)	5,432	95.4%	(93.0%-97.8%)	2,599	95.1%	(92.6%-97.6%)	2,724	
Age										
10 or younger	96.9%	(96.3%-97.5%)	1,787	97.2%	(96.6%-97.7%)	909	96.5%	(95.6%-97.5%)	873	
11	97.1%	(95.3%-98.9%)	2,490	97.0%	(95.0%-99.0%)	1,203	97.3%	(95.4%-99.3%)	1,229	
12 or older	89.2%	(86.9%-91.5%)	1,131	88.9%	(86.2%-91.7%)	487	89.0%	(86.0%-92.1%)	615	
Grade										
Grade 5	97.7%	(97.3%-98.1%)	2,798	98.1%	(97.6%-98.6%)	1,365	97.5%	(96.9%-98.1%)	1,387	
Grade 6	92.7%	(92.0%-93.4%)	2,587	92.6%	(91.1%-94.1%)	1,232	92.6%	(91.5%-93.8%)	1,315	
Hispanic Ethnicity										
Hispanic	86.8%	(76.1%-97.5%)	81	*	*	*	*	*	*	
Non-Hispanic	95.0%	(92.0%-98.1%)	3,686	95.3%	(91.8%-98.8%)	1,921	94.7%	(91.6%-97.7%)	1,720	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	97.6%	(96.6%-98.7%)	316	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	94.8%	(92.6%-97.0%)	4,188	94.6%	(92.1%-97.2%)	2,021	95.0%	(92.8%-97.2%)	2,115	
Multiple Races	97.6%	(94.7%-100.0%)	243	*	*	*	*	*	*	

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CI = 95% Confidence Interval

If one of your best friends offered you a cigarette, would you smoke it? (en17) Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	Ν	
Total	8.6%	(5.4%-11.9%)	495	6.9%	(0.7%-13.2%)	187	10.3%	(8.0%-12.5%)	299	
Age										
10 or younger	4.5%	(1.5%-7.5%)	83	0.9%	(0.0%-2.8%)	9	8.2%	(3.6%-12.8%)	74	
11	7.9%	(5.6%-10.1%)	202	6.0%	(1.9%-10.1%)	74	9.7%	(3.5%-16.0%)	124	
12 or older	16.1%	(11.6%-20.5%)	209	18.9%	(14.7%-23.1%)	103	13.9%	(9.2%-18.5%)	101	
Grade										
Grade 5	5.8%	(4.2%-7.4%)	168	0.9%	(0.0%-2.7%)	13	10.4%	(8.1%-12.8%)	151	
Grade 6	11.4%	(8.2%-14.6%)	320	13.2%	(10.1%-16.3%)	174	10.2%	(6.6%-13.8%)	145	
Hispanic Ethnicity										
Hispanic	17.6%	(4.5%-30.7%)	17	*	*	*	*	*	*	
Non-Hispanic	8.8%	(5.5%-12.2%)	344	8.2%	(2.1%-14.2%)	163	9.8%	(7.0%-12.5%)	181	
Race										
American Indian or Alaskan Native	8.8%	(0.0%-19.1%)	11	*	*	*	*	*	*	
Asian	2.9%	(0.0%-6.4%)	6	*	*	*	*	*	*	
Black or African American	7.0%	(3.5%-10.6%)	23	4.2%	(0.0%-9.9%)	7	9.9%	(0.9%-18.9%)	16	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	9.0%	(6.5%-11.4%)	399	6.6%	(0.5%-12.7%)	140	11.0%	(8.3%-13.8%)	250	
Multiple Races	10.2%	(0.0%-21.4%)	25	17.4%	(5.3%-29.4%)	19	4.6%	(0.0%-14.0%)	6	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	13.8%	(11.8%-15.8%)	779	10.8%	(4.9%-16.8%)	293	16.7%	(13.8%-19.5%)	472	
Age										
10 or younger	9.4%	(8.3%-10.6%)	173	3.3%	(2.6%-4.1%)	31	15.8%	(12.6%-19.0%)	142	
11	12.6%	(9.4%-15.9%)	321	9.9%	(7.1%-12.6%)	121	15.3%	(8.2%-22.3%)	190	
12 or older	22.8%	(18.7%-26.9%)	284	25.8%	(20.4%-31.1%)	140	20.6%	(17.5%-23.8%)	140	
Grade										
Grade 5	11.6%	(10.3%-12.8%)	330	4.3%	(3.6%-5.0%)	59	18.5%	(16.1%-20.9%)	262	
Grade 6	16.1%	(14.3%-17.9%)	441	17.8%	(15.8%-19.7%)	233	14.9%	(12.5%-17.3%)	207	
Hispanic Ethnicity										
Hispanic	18.2%	(4.7%-31.7%)	17	*	*	*	*	*	*	
Non-Hispanic	13.3%	(9.4%-17.2%)	510	12.4%	(6.2%-18.6%)	246	14.6%	(12.5%-16.7%)	262	
Race										
American Indian or Alaskan Native	9.2%	(0.0%-19.7%)	11	*	*	*	*	*	*	
Asian	8.5%	(0.0%-19.5%)	17	*	*	*	*	*	*	
Black or African American	10.1%	(5.9%-14.3%)	33	4.8%	(0.0%-10.7%)	8	15.7%	(9.4%-21.9%)	25	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	14.4%	(13.1%-15.7%)	629	11.5%	(6.0%-17.0%)	243	16.9%	(12.6%-21.1%)	372	
Multiple Races	12.3%	(0.0%-25.8%)	30	15.0%	(5.1%-24.9%)	16	10.1%	(0.0%-25.9%)	14	

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CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus_2)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	13.2%	(11.6%-14.8%)	735	10.3%	(4.8%-15.8%)	275	16.0%	(12.6%-19.4%)	446	
Age										
10 or younger	9.4%	(8.3%-10.6%)	173	3.3%	(2.6%-4.1%)	31	15.8%	(12.6%-19.0%)	142	
11	12.1%	(8.5%-15.7%)	304	9.2%	(6.8%-11.5%)	111	14.9%	(7.5%-22.3%)	184	
12 or older	21.3%	(16.1%-26.5%)	257	25.0%	(18.5%-31.4%)	132	18.5%	(14.0%-22.9%)	120	
Grade										
Grade 5	11.6%	(10.3%-12.8%)	330	4.3%	(3.6%-5.0%)	59	18.5%	(16.1%-20.9%)	262	
Grade 6	14.9%	(13.1%-16.7%)	398	16.8%	(14.7%-18.8%)	216	13.4%	(11.2%-15.6%)	181	
Hispanic Ethnicity										
Hispanic	16.0%	(2.2%-29.8%)	14	*	*	*	*	*	*	
Non-Hispanic	12.6%	(9.1%-16.0%)	474	11.7%	(6.0%-17.5%)	232	13.7%	(11.8%-15.6%)	242	
Race										
American Indian or Alaskan Native	9.2%	(0.0%-19.7%)	11	*	*	*	*	*	*	
Asian	8.5%	(0.0%-19.5%)	17	*	*	*	*	*	*	
Black or African American	9.1%	(5.0%-13.1%)	29	4.0%	(0.0%-9.6%)	7	14.5%	(8.8%-20.1%)	22	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	13.8%	(12.5%-15.0%)	595	10.9%	(5.9%-15.9%)	227	16.2%	(11.4%-21.1%)	353	
Multiple Races	12.3%	(0.0%-25.9%)	30	15.1%	(5.1%-25.0%)	16	10.1%	(0.0%-25.9%)	14	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) Have you ever had a drink of alcohol, other than a few sips? (en18a) Percentage of students who answered 'Yes'

		Total			Female		Male			
	%	CI	N	%	CI	N	%	CI	Ν	
Total	4.4%	(3.2%-5.6%)	252	2.3%	(0.0%-4.6%)	62	6.4%	(5.5%-7.2%)	185	
Age										
10 or younger	2.7%	(1.7%-3.7%)	50	*	*	*	*	*	*	
11	4.2%	(3.2%-5.2%)	108	2.0%	(0.3%-3.6%)	24	6.2%	(4.9%-7.6%)	79	
12 or older	7.3%	(5.7%-8.8%)	94	6.9%	(4.5%-9.2%)	37	7.8%	(5.5%-10.2%)	56	
Grade										
Grade 5	3.2%	(2.7%-3.8%)	94	*	*	*	*	*	*	
Grade 6	5.7%	(4.6%-6.7%)	158	4.7%	(3.1%-6.2%)	62	6.7%	(5.4%-8.0%)	95	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	3.5%	(1.4%-5.6%)	137	2.5%	(0.4%-4.6%)	50	4.6%	(2.2%-7.1%)	86	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	1.8%	(0.2%-3.3%)	6	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	4.5%	(2.8%-6.2%)	200	2.5%	(0.0%-5.2%)	54	6.2%	(4.9%-7.6%)	141	
Multiple Races	3.2%	(0.0%-7.1%)	8	*	*	*	*	*	*	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. Cl = 95% Confidence Interval

During the past 30 days, on how many days did you have at least one drink of alcohol? (en19) Percentage of students who answered at least 1 day

	Total				Female			Male	
	%	CI	Ν	%	CI	N	%	CI	Ν
Total	0.4%	(0.0%-0.8%)	25	0.4%	(0.0%-1.0%)	12	0.4%	(0.0%-0.9%)	12
Age									
10 or younger	*	*	*	*	*	*	*	*	*
11	0.5%	(0.1%-1.0%)	13	*	*	*	*	*	*
12 or older	0.6%	(0.1%-1.1%)	7	*	*	*	*	*	*
Grade									
Grade 5	*	*	*	*	*	*	*	*	*
Grade 6	0.7%	(0.3%-1.1%)	21	0.9%	(0.4%-1.5%)	12	0.6%	(0.0%-1.1%)	8
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	0.5%	(0.1%-0.8%)	18	*	*	*	*	*	*
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.3%	(0.0%-0.7%)	15	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. Cl = 95% Confidence Interval

If you wanted to get some alcohol, how easy would it be for you to get some? (en20) Percentage of students who answered 'Sort of easy' or 'Very easy'

		Total		Female		Male			
	%	CI	N	%	CI	Ν	%	CI	Ν
Total	16.4%	(14.2%-18.5%)	889	17.9%	(15.0%-20.7%)	451	15.3%	(9.8%-20.8%)	429
Age									
10 or younger	12.8%	(12.0%-13.5%)	217	12.8%	(7.3%-18.2%)	106	12.3%	(8.2%-16.5%)	107
11	16.5%	(15.8%-17.3%)	404	19.9%	(14.2%-25.5%)	231	13.8%	(8.5%-19.2%)	168
12 or older	21.0%	(18.5%-23.6%)	267	21.7%	(19.1%-24.3%)	114	21.2%	(16.9%-25.5%)	153
Grade									
Grade 5	13.9%	(13.3%-14.5%)	369	16.0%	(9.2%-22.8%)	196	11.9%	(6.2%-17.6%)	165
Grade 6	18.8%	(17.7%-19.9%)	514	19.7%	(17.3%-22.2%)	255	18.5%	(14.7%-22.2%)	258
Hispanic Ethnicity									
Hispanic	12.8%	(2.3%-23.3%)	12	*	*	*	*	*	*
Non-Hispanic	16.9%	(13.4%-20.4%)	639	17.8%	(14.6%-21.0%)	339	16.1%	(9.9%-22.4%)	295
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	12.9%	(0.0%-25.9%)	26	10.3%	(0.0%-25.3%)	11	15.0%	(5.0%-25.1%)	14
Black or African American	4.8%	(2.0%-7.7%)	15	5.8%	(0.4%-11.3%)	9	3.5%	(0.6%-6.5%)	6
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.8%	(15.0%-20.7%)	755	19.8%	(15.6%-24.0%)	390	16.2%	(8.7%-23.7%)	357
Multiple Races	18.0%	(14.4%-21.6%)	44	13.3%	(1.7%-25.0%)	14	21.6%	(15.2%-28.1%)	30

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CI = 95% Confidence Interval

How wrong do your parents feel it would be for you to drink alcohol regularly? (en21) Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total				Female			Male	
	%	CI	N	%	CI	Ν	%	CI	Ν
Total	3.7%	(2.7%-4.8%)	210	1.2%	(0.0%-2.5%)	32	6.3%	(3.9%-8.6%)	177
Age									
10 or younger	5.8%	(4.2%-7.4%)	103	*	*	*	*	*	*
11	1.8%	(0.4%-3.2%)	46	1.4%	(0.0%-3.1%)	17	2.2%	(0.6%-3.8%)	27
12 or older	4.7%	(2.4%-7.0%)	60	2.6%	(1.2%-3.9%)	14	6.4%	(2.9%-9.9%)	47
Grade									
Grade 5	4.2%	(3.6%-4.7%)	116	*	*	*	*	*	*
Grade 6	3.3%	(1.5%-5.1%)	92	2.1%	(0.4%-3.7%)	27	4.5%	(2.4%-6.6%)	64
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.4%	(1.8%-5.1%)	133	1.6%	(0.0%-3.1%)	31	5.5%	(3.3%-7.7%)	101
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.4%	(2.8%-6.0%)	194	1.5%	(0.0%-3.1%)	31	7.3%	(4.1%-10.6%)	163
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) Have you ever used marijuana? (en53) Percentage of students who answered 'Yes'

		Total		Female			Male		
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	1.6%	(0.2%-2.9%)	87	1.5%	(0.1%-2.9%)	38	1.7%	(0.1%-3.3%)	49
Age									
10 or younger	*	*	*	*	*	*	*	*	*
11	1.4%	(0.4%-2.3%)	35	1.7%	(0.6%-2.7%)	20	1.2%	(0.0%-2.4%)	15
12 or older	3.7%	(2.3%-5.1%)	48	3.4%	(0.9%-5.8%)	18	4.1%	(1.1%-7.2%)	30
Grade									
Grade 5	0.5%	(0.0%-1.3%)	12	*	*	*	*	*	*
Grade 6	2.7%	(1.9%-3.5%)	74	2.9%	(1.8%-4.0%)	38	2.6%	(1.0%-4.1%)	36
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.0%	(0.7%-3.3%)	77	1.9%	(0.4%-3.5%)	38	2.1%	(0.6%-3.5%)	39
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	1.8%	(0.0%-4.6%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.7%	(0.2%-3.1%)	71	1.6%	(0.0%-3.2%)	32	1.8%	(0.1%-3.4%)	40
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. CI = 95% Confidence Interval

Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a) Percentage of students who answered 'Yes'

		Total			Female		Male		
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	2.2%	(1.1%-3.3%)	123	1.7%	(0.0%-3.3%)	45	2.7%	(1.8%-3.5%)	77
Age									
10 or younger	1.5%	(0.8%-2.1%)	26	*	*	*	*	*	*
11	1.9%	(0.5%-3.2%)	48	1.6%	(0.0%-3.1%)	19	2.1%	(0.2%-4.1%)	27
12 or older	3.8%	(2.2%-5.4%)	50	4.7%	(1.0%-8.4%)	26	3.3%	(0.9%-5.6%)	24
Grade									
Grade 5	1.1%	(0.5%-1.7%)	30	*	*	*	*	*	*
Grade 6	3.3%	(2.9%-3.8%)	93	3.4%	(2.4%-4.3%)	45	3.2%	(2.4%-4.1%)	46
Hispanic Ethnicity									
Hispanic	6.4%	(0.0%-17.1%)	6	*	*	*	*	*	*
Non-Hispanic	1.9%	(0.6%-3.1%)	72	1.7%	(0.2%-3.3%)	35	2.0%	(0.6%-3.4%)	37
Race									
American Indian or Alaskan Native	4.5%	(0.0%-11.5%)	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	2.1%	(1.0%-3.1%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.1%	(1.3%-3.0%)	94	1.6%	(0.0%-3.3%)	33	2.6%	(1.9%-3.3%)	59
Multiple Races	3.6%	(0.0%-8.6%)	9	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. Cl = 95% Confidence Interval

During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (en23) Percentage of students who answered 'Yes'

		Total			Female			Male	
	%	CI	Ν	%	CI	Ν	%	CI	N
Total	39.3%	(32.1%-46.4%)	2,227	36.5%	(23.0%-50.0%)	983	42.5%	(38.4%-46.7%)	1,216
Age									
10 or younger	35.0%	(29.5%-40.5%)	637	28.9%	(18.7%-39.2%)	270	41.6%	(40.6%-42.7%)	367
11	37.8%	(29.5%-46.1%)	958	36.7%	(22.8%-50.6%)	447	39.8%	(33.5%-46.1%)	495
12 or older	48.6%	(44.5%-52.7%)	630	49.0%	(44.8%-53.1%)	266	48.6%	(40.9%-56.2%)	352
Grade									
Grade 5	34.1%	(27.8%-40.4%)	960	26.9%	(14.4%-39.3%)	367	42.0%	(38.3%-45.7%)	588
Grade 6	44.8%	(38.7%-51.0%)	1,256	46.2%	(41.6%-50.7%)	611	43.9%	(36.2%-51.6%)	627
Hispanic Ethnicity									
Hispanic	30.4%	(12.7%-48.0%)	29	15.2%	(0.0%-35.6%)	7	46.9%	(23.2%-70.7%)	22
Non-Hispanic	43.4%	(37.6%-49.3%)	1,699	40.0%	(27.6%-52.4%)	803	47.4%	(41.5%-53.4%)	878
Race									
American Indian or Alaskan Native	25.4%	(2.7%-48.1%)	32	16.6%	(0.0%-36.8%)	8	30.0%	(2.8%-57.2%)	21
Asian	27.8%	(0.0%-56.1%)	57	25.6%	(0.0%-62.9%)	28	30.5%	(10.4%-50.5%)	28
Black or African American	36.2%	(30.1%-42.3%)	117	47.1%	(38.9%-55.4%)	78	24.9%	(16.8%-33.1%)	39
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	42.2%	(36.0%-48.4%)	1,862	38.9%	(26.7%-51.2%)	818	45.4%	(42.0%-48.9%)	1,020
Multiple Races	34.0%	(19.3%-48.7%)	83	30.6%	(15.4%-45.7%)	33	36.9%	(18.3%-55.5%)	50

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Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (en24) Percentage of students who answered 'Strongly agree' or 'Agree'

		Total			Female			Male	
	%	CI	N	%	CI	Ν	%	CI	N
Total	95.1%	(93.1%-97.1%)	5,165	97.2%	(94.8%-99.6%)	2,533	93.4%	(91.7%-95.0%)	2,527
Age									
10 or younger	97.6%	(96.0%-99.2%)	1,613	*	*	*	*	*	*
11	94.4%	(93.2%-95.6%)	2,358	96.4%	(94.3%-98.5%)	1,158	93.0%	(92.0%-94.0%)	1,138
12 or older	93.3%	(91.8%-94.7%)	1,170	95.1%	(91.8%-98.4%)	509	91.6%	(89.4%-93.8%)	639
Grade									
Grade 5	96.7%	(94.8%-98.7%)	2,558	98.7%	(95.6%-100.0%)	1,282	95.3%	(94.4%-96.2%)	1,235
Grade 6	93.8%	(92.6%-94.9%)	2,563	95.7%	(94.3%-97.0%)	1,247	91.9%	(90.6%-93.2%)	1,274
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	95.4%	(94.2%-96.6%)	3,615	96.9%	(94.8%-99.0%)	1,934	94.1%	(92.8%-95.5%)	1,638
Race									
American Indian or Alaskan Native	91.9%	(83.4%-100.0%)	92	*	*	*	*	*	*
Asian	93.1%	(84.9%-100.0%)	190	94.5%	(85.7%-100.0%)	104	92.2%	(83.2%-100.0%)	85
Black or African American	94.8%	(92.4%-97.2%)	295	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	95.6%	(93.3%-97.8%)	4,058	97.2%	(94.8%-99.7%)	2,000	94.2%	(91.8%-96.6%)	2,003
Multiple Races	88.4%	(79.5%-97.3%)	217	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Cumberland PHD (weighted) On an average school day, how long after school are you alone without a parent or trusted adult? (en62) Percentage of students who answered '2 hours or more'

		Total			Female			Male	
	%	CI	N	%	CI	Ν	%	CI	Ν
Total	26.0%	(22.6%-29.5%)	1,451	24.6%	(19.0%-30.2%)	643	27.3%	(25.5%-29.0%)	775
Age									
10 or younger	19.6%	(18.3%-21.0%)	347	14.7%	(13.1%-16.4%)	130	24.6%	(23.0%-26.3%)	217
11	27.1%	(24.3%-30.0%)	677	28.5%	(23.8%-33.2%)	338	26.1%	(22.0%-30.3%)	322
12 or older	32.7%	(28.5%-37.0%)	422	32.1%	(25.5%-38.7%)	174	32.8%	(28.6%-36.9%)	236
Grade									
Grade 5	22.5%	(19.9%-25.1%)	626	18.9%	(15.6%-22.2%)	247	25.8%	(23.7%-27.9%)	367
Grade 6	29.5%	(27.5%-31.5%)	808	30.4%	(27.3%-33.4%)	394	29.0%	(26.8%-31.3%)	403
Hispanic Ethnicity									
Hispanic	24.4%	(8.8%-40.1%)	23	*	*	*	*	*	*
Non-Hispanic	26.0%	(19.7%-32.2%)	995	23.9%	(14.8%-33.0%)	466	28.0%	(24.1%-31.8%)	510
Race									
American Indian or Alaskan Native	23.7%	(0.1%-47.3%)	30	31.4%	(0.0%-70.2%)	16	16.4%	(0.0%-34.5%)	12
Asian	28.2%	(23.7%-32.6%)	57	32.7%	(28.1%-37.4%)	36	23.1%	(8.4%-37.7%)	21
Black or African American	32.1%	(22.3%-42.0%)	99	35.5%	(20.0%-50.9%)	57	28.2%	(21.2%-35.3%)	41
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	24.6%	(19.4%-29.8%)	1,063	23.5%	(16.3%-30.8%)	478	25.3%	(21.7%-28.9%)	561
Multiple Races	33.5%	(24.9%-42.1%)	81	18.4%	(5.0%-31.8%)	19	44.3%	(35.3%-53.2%)	62

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CI = 95% Confidence Interval

Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit_2)

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	Ν	
Total	72.5%	(70.3%-74.8%)	4,069	72.4%	(68.8%-75.9%)	1,905	72.4%	(69.6%-75.3%)	2,067	
Age										
10 or younger	67.8%	(64.0%-71.5%)	1,219	66.3%	(58.0%-74.5%)	598	69.1%	(67.5%-70.8%)	617	
11	76.4%	(70.4%-82.4%)	1,935	78.6%	(72.1%-85.0%)	942	74.1%	(68.6%-79.6%)	935	
12 or older	71.2%	(64.4%-78.0%)	891	68.9%	(60.6%-77.1%)	365	73.5%	(67.3%-79.8%)	510	
Grade										
Grade 5	73.3%	(71.4%-75.1%)	2,061	73.0%	(67.1%-78.9%)	971	72.6%	(69.0%-76.2%)	1,041	
Grade 6	71.8%	(67.1%-76.4%)	1,967	71.6%	(66.3%-77.0%)	930	72.4%	(67.8%-77.0%)	1,008	
Hispanic Ethnicity										
Hispanic	76.9%	(62.1%-91.6%)	71	77.4%	(50.3%-100.0%)	34	74.3%	(58.2%-90.3%)	32	
Non-Hispanic	72.0%	(68.2%-75.8%)	2,760	71.8%	(67.9%-75.7%)	1,414	72.4%	(65.8%-79.1%)	1,311	
Race										
American Indian or Alaskan Native	47.5%	(3.8%-91.2%)	58	38.2%	(0.0%-82.9%)	19	50.8%	(7.5%-94.1%)	33	
Asian	88.9%	(77.3%-100.0%)	182	90.5%	(76.5%-100.0%)	100	86.7%	(77.7%-95.7%)	80	
Black or African American	72.2%	(61.7%-82.8%)	227	64.2%	(50.4%-78.1%)	106	81.0%	(76.8%-85.2%)	120	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	73.5%	(70.0%-77.0%)	3,194	74.1%	(70.5%-77.6%)	1,516	73.3%	(67.9%-78.7%)	1,637	
Multiple Races	76.2%	(69.0%-83.4%)	184	75.9%	(60.0%-91.8%)	81	76.4%	(73.0%-79.8%)	103	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)

		Total		Female		Male			
	%	CI	Ν	%	CI	N	%	CI	Ν
Total	9.8%	(8.5%-11.1%)	550	8.6%	(6.8%-10.5%)	227	10.7%	(8.4%-13.0%)	304
Age									
10 or younger	11.2%	(9.8%-12.7%)	202	8.6%	(5.0%-12.2%)	77	14.0%	(12.2%-15.8%)	125
11	8.0%	(4.9%-11.1%)	203	7.1%	(5.0%-9.1%)	85	8.3%	(2.1%-14.5%)	104
12 or older	11.5%	(8.3%-14.8%)	144	12.1%	(7.3%-17.0%)	64	10.8%	(7.5%-14.2%)	75
Grade									
Grade 5	8.9%	(7.9%-10.0%)	251	8.3%	(5.0%-11.6%)	110	9.9%	(7.0%-12.7%)	141
Grade 6	10.5%	(8.1%-12.9%)	289	9.0%	(6.2%-11.9%)	117	11.4%	(8.5%-14.2%)	158
Hispanic Ethnicity									
Hispanic	10.1%	(0.0%-21.7%)	9	*	*	*	*	*	*
Non-Hispanic	9.7%	(7.5%-11.9%)	372	8.6%	(6.8%-10.4%)	169	10.6%	(7.2%-14.0%)	192
Race									
American Indian or Alaskan Native	21.6%	(0.0%-47.8%)	26	*	*	*	*	*	*
Asian	4.4%	(0.0%-9.8%)	9	*	*	*	*	*	*
Black or African American	8.2%	(2.4%-13.9%)	26	10.5%	(0.0%-21.5%)	17	5.6%	(3.5%-7.7%)	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.5%	(9.0%-12.1%)	457	8.5%	(6.6%-10.4%)	173	11.9%	(9.6%-14.2%)	266
Multiple Races	4.6%	(0.0%-10.5%)	11	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)

Percentage of students who ate vegetables less than 1 time yesterday

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	Ν	
Total	21.1%	(19.0%-23.1%)	1,197	17.3%	(14.9%-19.8%)	467	24.4%	(21.6%-27.2%)	699	
Age										
10 or younger	21.8%	(20.9%-22.6%)	395	14.2%	(9.7%-18.7%)	133	30.0%	(25.7%-34.3%)	262	
11	20.8%	(17.0%-24.7%)	530	18.1%	(13.1%-23.2%)	219	22.8%	(18.9%-26.7%)	288	
12 or older	20.6%	(17.7%-23.5%)	268	21.0%	(17.5%-24.6%)	116	20.8%	(17.3%-24.4%)	150	
Grade										
Grade 5	22.3%	(19.1%-25.5%)	633	17.0%	(16.1%-18.0%)	233	27.6%	(21.3%-33.8%)	391	
Grade 6	19.7%	(15.9%-23.4%)	548	17.7%	(12.8%-22.6%)	234	21.0%	(17.7%-24.3%)	297	
Hispanic Ethnicity										
Hispanic	17.3%	(5.9%-28.8%)	17	*	*	*	*	*	*	
Non-Hispanic	20.7%	(17.1%-24.4%)	805	15.2%	(10.1%-20.4%)	303	26.4%	(22.6%-30.1%)	485	
Race										
American Indian or Alaskan Native	34.1%	(13.0%-55.2%)	43	58.5%	(12.3%-100.0%)	29	19.7%	(0.0%-44.9%)	14	
Asian	20.9%	(14.7%-27.1%)	43	7.6%	(0.0%-19.7%)	8	37.3%	(2.1%-72.5%)	35	
Black or African American	21.4%	(12.8%-30.1%)	68	15.9%	(2.0%-29.7%)	26	27.3%	(20.6%-34.1%)	42	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	21.0%	(18.8%-23.3%)	924	16.5%	(13.8%-19.2%)	347	24.9%	(22.2%-27.5%)	553	
Multiple Races	11.2%	(0.0%-26.0%)	28	16.8%	(1.1%-32.5%)	18	6.9%	(0.0%-19.0%)	10	

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CI = 95% Confidence Interval

N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who ate vegetables three or more times yesterday (enveg_2)

		Total			Female		Male		
	%	CI	N	%	CI	Ν	%	CI	N
Total	30.3%	(26.0%-34.5%)	1,719	32.0%	(26.2%-37.8%)	863	28.5%	(23.6%-33.4%)	815
Age									
10 or younger	25.9%	(24.1%-27.6%)	469	29.9%	(27.6%-32.1%)	279	21.7%	(19.5%-23.9%)	189
11	33.0%	(26.1%-40.0%)	839	34.9%	(28.1%-41.6%)	421	30.6%	(17.5%-43.8%)	387
12 or older	30.9%	(21.9%-39.8%)	401	29.5%	(15.6%-43.5%)	162	32.5%	(25.2%-39.8%)	234
Grade									
Grade 5	30.0%	(26.4%-33.7%)	851	30.2%	(26.6%-33.8%)	413	28.9%	(21.7%-36.2%)	410
Grade 6	30.6%	(22.6%-38.5%)	853	33.8%	(24.1%-43.5%)	446	28.1%	(22.1%-34.2%)	398
Hispanic Ethnicity									
Hispanic	24.4%	(6.2%-42.7%)	23	19.9%	(0.0%-44.5%)	9	30.6%	(14.2%-47.0%)	15
Non-Hispanic	31.0%	(24.8%-37.3%)	1,204	34.4%	(28.1%-40.7%)	684	27.8%	(20.4%-35.1%)	511
Race									
American Indian or Alaskan Native	25.2%	(0.0%-54.2%)	32	22.9%	(0.0%-55.3%)	11	21.6%	(0.0%-46.9%)	15
Asian	48.5%	(42.9%-54.1%)	99	59.5%	(42.8%-76.1%)	66	35.8%	(15.7%-55.8%)	33
Black or African American	35.4%	(11.3%-59.4%)	111	50.9%	(16.3%-85.4%)	82	19.1%	(4.3%-33.9%)	29
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.2%	(24.7%-33.8%)	1,284	31.3%	(24.9%-37.7%)	659	27.8%	(22.0%-33.6%)	619
Multiple Races	42.2%	(20.8%-63.5%)	105	24.7%	(0.0%-50.2%)	27	55.7%	(27.6%-83.8%)	77

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CI = 95% Confidence Interval

N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (enfrvg_2)

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	N	
Total	50.9%	(47.1%-54.7%)	2,827	52.9%	(48.5%-57.3%)	1,388	48.8%	(44.7%-52.9%)	1,372	
Age										
10 or younger	46.4%	(42.6%-50.3%)	821	49.0%	(40.0%-58.0%)	442	44.0%	(41.6%-46.4%)	379	
11	53.5%	(45.5%-61.5%)	1,344	57.0%	(47.6%-66.3%)	679	50.3%	(44.5%-56.2%)	628	
12 or older	51.2%	(44.1%-58.4%)	640	50.5%	(40.1%-60.9%)	267	51.8%	(43.4%-60.2%)	359	
Grade										
Grade 5	50.8%	(48.6%-53.1%)	1,414	54.3%	(49.5%-59.2%)	723	47.0%	(41.1%-52.9%)	659	
Grade 6	50.6%	(43.1%-58.1%)	1,375	51.2%	(42.4%-60.1%)	660	50.5%	(43.4%-57.7%)	696	
Hispanic Ethnicity										
Hispanic	59.6%	(35.5%-83.8%)	55	75.3%	(41.8%-100.0%)	33	49.1%	(37.0%-61.3%)	21	
Non-Hispanic	50.9%	(44.3%-57.4%)	1,940	54.1%	(48.1%-60.0%)	1,062	47.8%	(40.3%-55.3%)	859	
Race										
American Indian or Alaskan Native	35.5%	(0.0%-71.7%)	43	25.0%	(0.0%-59.1%)	12	38.5%	(2.3%-74.7%)	25	
Asian	67.5%	(57.9%-77.2%)	138	81.9%	(55.3%-100.0%)	91	51.1%	(22.6%-79.7%)	47	
Black or African American	52.6%	(46.8%-58.4%)	161	52.3%	(45.4%-59.1%)	84	52.9%	(45.5%-60.2%)	76	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	50.2%	(45.7%-54.8%)	2,160	51.5%	(46.0%-57.1%)	1,052	49.8%	(44.1%-55.5%)	1,093	
Multiple Races	62.0%	(40.1%-84.0%)	150	62.3%	(33.7%-91.0%)	66	61.7%	(40.5%-82.9%)	83	

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CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (en66)

Percentage of students who answered at least one time yesterday

	Total				Female		Male		
	%	CI	N	%	CI	N	%	CI	N
Total	54.2%	(49.5%-59.0%)	3,096	48.8%	(37.7%-60.0%)	1,319	58.7%	(57.1%-60.2%)	1,692
Age									
10 or younger	49.9%	(48.9%-50.9%)	922	34.5%	(32.3%-36.8%)	323	65.5%	(62.7%-68.4%)	595
11	55.6%	(48.9%-62.4%)	1,409	55.4%	(47.6%-63.1%)	671	54.3%	(45.4%-63.2%)	678
12 or older	58.3%	(53.7%-62.8%)	757	58.7%	(53.2%-64.2%)	324	58.1%	(51.5%-64.7%)	419
Grade									
Grade 5	49.9%	(47.8%-51.9%)	1,420	37.9%	(35.5%-40.2%)	518	59.9%	(58.0%-61.9%)	857
Grade 6	58.8%	(56.7%-60.9%)	1,649	60.0%	(55.7%-64.4%)	798	57.3%	(55.3%-59.3%)	817
Hispanic Ethnicity									
Hispanic	67.0%	(31.1%-100.0%)	64	43.0%	(0.0%-92.6%)	19	86.3%	(76.4%-96.2%)	41
Non-Hispanic	55.0%	(51.3%-58.7%)	2,131	51.7%	(44.1%-59.3%)	1,031	58.2%	(55.8%-60.5%)	1,063
Race									
American Indian or Alaskan Native	51.0%	(9.0%-93.1%)	65	42.9%	(0.0%-89.3%)	22	52.9%	(14.3%-91.6%)	38
Asian	66.6%	(54.3%-78.9%)	136	65.1%	(52.0%-78.2%)	72	68.2%	(48.7%-87.7%)	63
Black or African American	59.0%	(48.9%-69.0%)	191	55.5%	(45.4%-65.5%)	91	62.4%	(50.5%-74.2%)	99
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	54.6%	(51.7%-57.6%)	2,416	48.8%	(40.6%-57.0%)	1,029	59.9%	(57.2%-62.6%)	1,345
Multiple Races	41.3%	(0.7%-81.8%)	103	67.6%	(36.0%-99.2%)	74	20.3%	(0.0%-49.7%)	28

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During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (en67a) Percentage of students who answered at least 5 days

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	N	
Total	85.1%	(81.6%-88.5%)	4,841	84.5%	(80.9%-88.2%)	2,255	85.4%	(81.7%-89.2%)	2,478	
Age										
10 or younger	89.2%	(87.4%-91.0%)	1,623	89.1%	(87.8%-90.3%)	808	89.3%	(86.8%-91.7%)	811	
11	82.2%	(78.8%-85.6%)	2,097	81.2%	(77.9%-84.5%)	981	82.9%	(78.3%-87.4%)	1,052	
12 or older	84.7%	(80.6%-88.8%)	1,096	84.3%	(77.1%-91.5%)	464	85.2%	(82.5%-87.9%)	610	
Grade										
Grade 5	87.4%	(84.9%-89.9%)	2,483	87.3%	(85.4%-89.3%)	1,169	87.6%	(84.2%-91.0%)	1,273	
Grade 6	82.7%	(78.7%-86.8%)	2,311	81.8%	(77.0%-86.6%)	1,083	83.5%	(79.5%-87.4%)	1,183	
Hispanic Ethnicity										
Hispanic	82.7%	(64.8%-100.0%)	79	75.1%	(41.3%-100.0%)	33	88.3%	(73.9%-100.0%)	42	
Non-Hispanic	85.0%	(80.1%-89.8%)	3,288	84.7%	(79.4%-90.1%)	1,671	85.3%	(80.1%-90.6%)	1,573	
Race										
American Indian or Alaskan Native	89.4%	(78.0%-100.0%)	113	*	*	*	*	*	*	
Asian	91.7%	(79.4%-100.0%)	188	94.1%	(83.6%-100.0%)	104	88.7%	(74.2%-100.0%)	82	
Black or African American	72.7%	(61.6%-83.9%)	233	79.7%	(64.3%-95.1%)	131	65.8%	(55.8%-75.8%)	102	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	86.5%	(83.9%-89.1%)	3,815	85.5%	(83.1%-87.8%)	1,781	87.5%	(83.5%-91.5%)	1,978	
Multiple Races	87.4%	(73.7%-100.0%)	213	79.9%	(66.9%-92.9%)	84	93.0%	(82.4%-100.0%)	129	

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

How many days each week do you exercise, dance or play sports for at least an hour? (en68) Percentage of students who answered at least 7 days.

	Total				Female		Male		
	%	CI	N	%	CI	N	%	CI	Ν
Total	20.6%	(19.2%-22.0%)	1,159	13.7%	(10.6%-16.8%)	364	27.3%	(22.3%-32.3%)	777
Age									
10 or younger	24.4%	(21.4%-27.5%)	438	13.3%	(11.7%-14.8%)	121	36.1%	(30.8%-41.4%)	317
11	16.9%	(14.8%-19.0%)	424	12.8%	(6.1%-19.5%)	154	21.4%	(16.2%-26.6%)	266
12 or older	22.4%	(19.2%-25.5%)	290	16.2%	(12.1%-20.4%)	89	26.2%	(21.7%-30.7%)	189
Grade									
Grade 5	20.9%	(19.3%-22.5%)	587	11.6%	(8.4%-14.7%)	155	30.1%	(25.6%-34.7%)	427
Grade 6	20.2%	(17.8%-22.7%)	559	15.8%	(13.4%-18.3%)	208	24.5%	(18.8%-30.3%)	343
Hispanic Ethnicity									
Hispanic	31.9%	(11.8%-52.0%)	30	*	*	*	*	*	*
Non-Hispanic	19.4%	(17.2%-21.5%)	750	14.3%	(10.8%-17.8%)	285	25.4%	(17.6%-33.3%)	465
Race									
American Indian or Alaskan Native	17.5%	(0.0%-36.0%)	22	14.7%	(0.0%-37.4%)	7	17.1%	(1.3%-32.9%)	12
Asian	16.2%	(0.0%-34.8%)	33	13.7%	(0.0%-36.4%)	15	19.0%	(5.2%-32.7%)	17
Black or African American	16.7%	(5.8%-27.6%)	52	9.3%	(0.0%-19.1%)	15	25.0%	(16.0%-34.0%)	37
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.1%	(17.5%-22.8%)	880	13.4%	(10.6%-16.2%)	279	26.6%	(20.5%-32.7%)	592
Multiple Races	34.1%	(6.9%-61.3%)	82	*	*	*	*	*	*

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N = Number of students who answered at least 7 days. (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

On an average school day, how many hours do you watch TV? (en34) Percentage of students who answered at least 3 hours

		Total			Female		Male		
	%	CI	N	%	CI	Ν	%	CI	Ν
Total	20.5%	(16.3%-24.7%)	1,153	16.0%	(10.4%-21.5%)	426	23.6%	(20.8%-26.5%)	669
Age									
10 or younger	18.9%	(18.1%-19.8%)	339	8.7%	(5.6%-11.8%)	79	29.7%	(25.1%-34.3%)	259
11	20.2%	(13.5%-26.9%)	510	19.3%	(13.0%-25.7%)	236	19.9%	(14.0%-25.8%)	247
12 or older	22.5%	(19.4%-25.6%)	288	20.4%	(14.5%-26.4%)	110	22.7%	(19.1%-26.3%)	162
Grade									
Grade 5	17.3%	(14.3%-20.4%)	490	10.3%	(8.2%-12.3%)	140	24.4%	(19.3%-29.6%)	346
Grade 6	23.3%	(21.0%-25.7%)	639	21.9%	(19.8%-24.0%)	285	23.1%	(20.5%-25.6%)	319
Hispanic Ethnicity									
Hispanic	48.8%	(13.0%-84.6%)	47	70.1%	(33.3%-100.0%)	31	33.0%	(0.0%-73.5%)	16
Non-Hispanic	19.0%	(13.5%-24.5%)	735	15.3%	(8.3%-22.3%)	307	22.0%	(18.4%-25.5%)	399
Race									
American Indian or Alaskan Native	18.5%	(0.0%-36.9%)	23	18.6%	(0.0%-45.8%)	9	16.2%	(0.0%-33.0%)	11
Asian	13.0%	(0.0%-27.6%)	26	12.5%	(0.0%-31.6%)	14	12.8%	(3.1%-22.5%)	11
Black or African American	37.2%	(22.8%-51.7%)	117	25.1%	(6.8%-43.5%)	41	50.0%	(39.9%-60.1%)	76
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.5%	(15.2%-21.9%)	811	13.6%	(7.9%-19.3%)	285	22.2%	(18.8%-25.6%)	491
Multiple Races	22.4%	(12.5%-32.2%)	53	44.6%	(9.3%-79.9%)	44	6.6%	(0.0%-16.7%)	9

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N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) On an average school day, how many hours do you watch TV? (en34_2)

On an average school day, how many hours do you watch TV? (en34_2, Percentage of students who answered 2 or fewer hours

	Total				Female		Male		
	%	CI	N	%	CI	N	%	CI	N
	_								
Total	79.5%	(75.3%-83.7%)	4,466	84.0%	(78.5%-89.6%)	2,244	76.4%	(73.5%-79.2%)	2,161
Age									
10 or younger	81.1%	(80.2%-81.9%)	1,450	91.3%	(88.2%-94.4%)	832	70.3%	(65.7%-74.9%)	614
11	79.8%	(73.1%-86.5%)	2,013	80.7%	(74.3%-87.0%)	983	80.1%	(74.2%-86.0%)	990
12 or older	77.5%	(74.4%-80.6%)	994	79.6%	(73.6%-85.5%)	429	77.3%	(73.7%-80.9%)	551
Grade									
Grade 5	82.7%	(79.6%-85.7%)	2,336	89.7%	(87.7%-91.8%)	1,223	75.6%	(70.4%-80.7%)	1,072
Grade 6	76.7%	(74.3%-79.0%)	2,100	78.1%	(76.0%-80.2%)	1,019	76.9%	(74.4%-79.5%)	1,064
Hispanic Ethnicity									
Hispanic	51.2%	(15.4%-87.0%)	49	29.9%	(0.0%-66.7%)	13	67.0%	(26.5%-100.0%)	32
Non-Hispanic	81.0%	(75.5%-86.5%)	3,140	84.7%	(77.7%-91.7%)	1,701	78.0%	(74.5%-81.6%)	1,418
Race									
American Indian or Alaskan Native	81.5%	(63.1%-100.0%)	101	81.4%	(54.2%-100.0%)	39	83.8%	(67.0%-100.0%)	59
Asian	87.0%	(72.4%-100.0%)	171	87.5%	(68.4%-100.0%)	97	87.2%	(77.5%-96.9%)	74
Black or African American	62.8%	(48.3%-77.2%)	197	74.9%	(56.5%-93.2%)	121	50.0%	(39.9%-60.1%)	76
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	81.5%	(78.1%-84.8%)	3,562	86.4%	(80.7%-92.1%)	1,814	77.8%	(74.4%-81.2%)	1,721
Multiple Races	77.6%	(67.8%-87.5%)	185	55.4%	(20.1%-90.7%)	55	93.4%	(83.3%-100.0%)	129

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b) Percentage of students who answered at least 3 hours

	Total				Female	Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	37.0%	(32.4%-41.6%)	2,061	29.8%	(23.8%-35.8%)	782	42.4%	(39.1%-45.8%)	1,200
Age									
10 or younger	29.9%	(26.7%-33.2%)	528	21.0%	(18.8%-23.1%)	185	38.6%	(31.4%-45.9%)	339
11	38.8%	(32.5%-45.0%)	971	33.2%	(27.0%-39.3%)	399	42.5%	(36.4%-48.6%)	524
12 or older	43.2%	(36.5%-49.8%)	551	36.8%	(26.9%-46.7%)	198	47.2%	(40.8%-53.6%)	336
Grade									
Grade 5	33.8%	(33.0%-34.7%)	939	25.0%	(23.0%-27.1%)	329	40.8%	(37.7%-43.8%)	577
Grade 6	39.6%	(32.3%-46.8%)	1,085	34.6%	(25.2%-44.0%)	451	43.4%	(38.9%-48.0%)	602
Hispanic Ethnicity									
Hispanic	65.3%	(41.2%-89.3%)	60	83.6%	(62.3%-100.0%)	37	53.0%	(30.6%-75.4%)	24
Non-Hispanic	37.8%	(31.0%-44.5%)	1,434	29.4%	(20.1%-38.6%)	575	46.2%	(41.5%-50.8%)	827
Race									
American Indian or Alaskan Native	49.2%	(37.0%-61.3%)	62	88.5%	(73.4%-100.0%)	45	21.3%	(1.5%-41.2%)	15
Asian	47.5%	(38.8%-56.3%)	96	38.0%	(20.8%-55.3%)	42	59.6%	(34.4%-84.9%)	53
Black or African American	38.2%	(25.5%-51.0%)	118	23.8%	(7.3%-40.3%)	39	54.4%	(45.9%-62.8%)	79
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	34.5%	(28.6%-40.3%)	1,490	26.5%	(18.2%-34.9%)	542	41.1%	(37.4%-44.8%)	911
Multiple Races	49.8%	(36.3%-63.3%)	122	55.8%	(28.9%-82.7%)	59	45.0%	(36.1%-54.0%)	63

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b_3) Percentage of students who answered 2 or fewer hours

		Total			Female		Male		
	%	CI	N	%	CI	N	%	CI	N
Total	63.0%	(58.4%-67.6%)	3,509	70.2%	(64.2%-76.2%)	1,842	57.6%	(54.2%-60.9%)	1,628
Age									
10 or younger	70.1%	(66.8%-73.3%)	1,236	79.0%	(76.9%-81.2%)	698	61.4%	(54.1%-68.6%)	538
11	61.2%	(55.0%-67.5%)	1,532	66.8%	(60.7%-73.0%)	804	57.5%	(51.4%-63.6%)	708
12 or older	56.8%	(50.2%-63.5%)	726	63.2%	(53.3%-73.1%)	340	52.8%	(46.4%-59.2%)	376
Grade									
Grade 5	66.2%	(65.3%-67.0%)	1,835	75.0%	(72.9%-77.0%)	985	59.2%	(56.2%-62.3%)	837
Grade 6	60.4%	(53.2%-67.7%)	1,656	65.4%	(56.0%-74.8%)	854	56.6%	(52.0%-61.1%)	784
Hispanic Ethnicity									
Hispanic	34.7%	(10.7%-58.8%)	32	16.4%	(0.0%-37.7%)	7	47.0%	(24.6%-69.4%)	21
Non-Hispanic	62.2%	(55.5%-69.0%)	2,365	70.6%	(61.4%-79.9%)	1,383	53.8%	(49.2%-58.5%)	965
Race									
American Indian or Alaskan Native	50.8%	(38.7%-63.0%)	64	11.5%	(0.0%-26.6%)	6	78.7%	(58.8%-98.5%)	55
Asian	52.5%	(43.7%-61.2%)	106	62.0%	(44.7%-79.2%)	68	40.4%	(15.1%-65.6%)	36
Black or African American	61.8%	(49.0%-74.5%)	191	76.2%	(59.7%-92.7%)	124	45.6%	(37.2%-54.1%)	66
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	65.5%	(59.7%-71.4%)	2,830	73.5%	(65.1%-81.8%)	1,502	58.9%	(55.2%-62.6%)	1,303
Multiple Races	50.2%	(36.7%-63.7%)	123	44.2%	(17.3%-71.1%)	47	55.0%	(46.0%-63.9%)	76

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CI = 95% Confidence Interval

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (enscreen)

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	Ν	
Total	36.5%	(27.8%-45.2%)	2,002	44.5%	(33.7%-55.4%)	1,156	29.7%	(22.4%-37.1%)	822	
Age										
10 or younger	47.1%	(40.3%-53.8%)	814	58.3%	(55.1%-61.6%)	515	35.5%	(21.6%-49.4%)	299	
11	32.7%	(27.5%-37.9%)	807	38.9%	(29.3%-48.5%)	461	27.4%	(23.8%-31.0%)	333	
12 or older	30.2%	(23.0%-37.4%)	379	34.1%	(28.1%-40.1%)	179	27.2%	(18.8%-35.6%)	190	
Grade										
Grade 5	43.4%	(38.2%-48.6%)	1,186	55.1%	(50.6%-59.6%)	722	32.8%	(23.6%-42.0%)	453	
Grade 6	30.2%	(23.1%-37.3%)	813	33.8%	(26.5%-41.1%)	434	27.2%	(20.9%-33.6%)	370	
Hispanic Ethnicity										
Hispanic	16.0%	(0.0%-33.3%)	15	*	*	*	*	*	*	
Non-Hispanic	37.0%	(25.2%-48.7%)	1,387	46.0%	(29.2%-62.8%)	893	27.4%	(21.5%-33.4%)	483	
Race										
American Indian or Alaskan Native	14.9%	(0.0%-31.6%)	18	*	*	*	*	*	*	
Asian	36.0%	(18.6%-53.3%)	70	52.9%	(28.5%-77.3%)	58	14.2%	(3.7%-24.7%)	12	
Black or African American	39.2%	(18.5%-59.9%)	119	57.3%	(28.5%-86.1%)	92	19.2%	(11.8%-26.6%)	28	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	38.7%	(28.5%-49.0%)	1,650	46.5%	(34.3%-58.7%)	946	31.8%	(22.3%-41.2%)	687	
Multiple Races	31.4%	(20.6%-42.3%)	74	15.5%	(0.0%-33.2%)	15	42.8%	(31.3%-54.3%)	59	

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CI = 95% Confidence Interval

N = Number of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)

Percentage of students who answered at least 1 day

	Total				Female		Male		
	%	CI	N	%	CI	N	%	CI	N
Total	53.3%	(46.6%-60.0%)	3,009	56.9%	(50.4%-63.5%)	1,525	49.8%	(41.9%-57.6%)	1,413
Age									
10 or younger	56.4%	(49.9%-62.8%)	1,026	53.8%	(49.5%-58.2%)	488	59.2%	(45.1%-73.3%)	538
11	51.0%	(41.8%-60.1%)	1,277	59.1%	(49.7%-68.5%)	725	42.6%	(28.7%-56.5%)	516
12 or older	53.7%	(42.7%-64.7%)	692	57.2%	(42.9%-71.6%)	312	50.2%	(40.2%-60.3%)	359
Grade									
Grade 5	53.6%	(49.0%-58.2%)	1,521	56.2%	(55.4%-57.0%)	763	50.7%	(43.3%-58.1%)	725
Grade 6	53.5%	(40.9%-66.0%)	1,469	57.9%	(44.9%-70.8%)	762	49.4%	(36.6%-62.2%)	682
Hispanic Ethnicity									
Hispanic	53.3%	(25.3%-81.4%)	50	74.6%	(44.9%-100.0%)	33	37.3%	(16.7%-57.9%)	17
Non-Hispanic	53.7%	(45.2%-62.3%)	2,098	57.4%	(49.4%-65.5%)	1,156	50.3%	(40.4%-60.1%)	922
Race									
American Indian or Alaskan Native	60.0%	(44.8%-75.1%)	73	69.7%	(29.2%-100.0%)	32	51.0%	(12.2%-89.8%)	36
Asian	35.8%	(18.5%-53.2%)	72	32.5%	(23.5%-41.4%)	36	39.8%	(7.7%-72.0%)	36
Black or African American	58.4%	(41.6%-75.1%)	181	67.0%	(42.7%-91.3%)	108	49.0%	(34.7%-63.4%)	73
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	54.4%	(46.2%-62.7%)	2,389	59.0%	(52.3%-65.6%)	1,240	50.8%	(40.5%-61.0%)	1,127
Multiple Races	61.2%	(54.0%-68.5%)	150	68.8%	(49.1%-88.5%)	73	55.2%	(47.3%-63.2%)	77

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CI = 95% Confidence Interval

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Has a doctor, nurse, or other adult ever told you that you have asthma? (en69) Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)

	Total				Female		Male		
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	15.8%	(13.4%-18.2%)	794	12.9%	(8.8%-17.0%)	306	17.8%	(15.2%-20.3%)	452
Age									
10 or younger	16.5%	(13.1%-19.8%)	255	12.8%	(10.8%-14.8%)	99	20.1%	(14.4%-25.8%)	156
11	13.6%	(10.2%-17.1%)	315	10.6%	(3.0%-18.3%)	119	14.7%	(11.9%-17.4%)	165
12 or older	19.5%	(12.8%-26.2%)	224	18.2%	(10.5%-25.9%)	89	20.6%	(14.3%-26.9%)	131
Grade									
Grade 5	14.5%	(11.7%-17.2%)	362	10.2%	(6.8%-13.5%)	120	16.8%	(12.0%-21.5%)	213
Grade 6	17.2%	(13.4%-20.9%)	425	15.5%	(11.3%-19.7%)	185	19.1%	(15.4%-22.9%)	239
Hispanic Ethnicity									
Hispanic	15.5%	(0.0%-33.8%)	13	*	*	*	*	*	*
Non-Hispanic	15.1%	(11.3%-18.9%)	529	13.1%	(7.4%-18.8%)	235	17.4%	(13.7%-21.0%)	288
Race									
American Indian or Alaskan Native	27.5%	(8.1%-47.0%)	30	*	*	*	*	*	*
Asian	9.2%	(0.6%-17.9%)	15	*	*	*	*	*	*
Black or African American	19.3%	(5.4%-33.2%)	57	24.2%	(3.0%-45.3%)	37	13.7%	(6.1%-21.3%)	19
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.6%	(11.1%-18.0%)	570	12.8%	(8.3%-17.3%)	241	16.2%	(13.1%-19.3%)	318
Multiple Races	22.5%	(14.3%-30.6%)	49	15.9%	(0.7%-31.2%)	14	26.7%	(20.1%-33.3%)	36

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrasth_2)

		Total			Female		Male			
	%	CI	N	%	CI	Ν	%	CI	Ν	
Total	9.9%	(7.8%-12.0%)	483	8.1%	(3.4%-12.8%)	187	11.7%	(6.9%-16.6%)	291	
Age										
10 or younger	12.5%	(9.3%-15.7%)	190	6.7%	(2.0%-11.4%)	50	18.1%	(8.9%-27.3%)	140	
11	6.3%	(4.0%-8.6%)	139	6.2%	(0.9%-11.5%)	68	6.1%	(3.5%-8.7%)	66	
12 or older	13.8%	(7.3%-20.3%)	154	14.6%	(7.6%-21.5%)	69	13.7%	(6.9%-20.4%)	85	
Grade										
Grade 5	9.4%	(7.3%-11.6%)	228	5.1%	(0.9%-9.3%)	59	13.3%	(6.5%-20.2%)	166	
Grade 6	10.5%	(6.6%-14.4%)	253	11.0%	(6.7%-15.3%)	127	10.3%	(5.8%-14.9%)	125	
Hispanic Ethnicity										
Hispanic	12.3%	(0.0%-24.9%)	10	*	*	*	*	*	*	
Non-Hispanic	9.7%	(7.0%-12.3%)	329	8.4%	(2.5%-14.3%)	145	11.0%	(6.5%-15.5%)	178	
Race										
American Indian or Alaskan Native	21.7%	(0.0%-46.2%)	23	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	6.9%	(4.1%-9.7%)	20	4.5%	(0.0%-9.6%)	7	9.2%	(4.5%-13.9%)	13	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	9.8%	(7.7%-11.8%)	372	8.7%	(4.4%-13.0%)	159	10.8%	(6.4%-15.1%)	208	
Multiple Races	19.6%	(13.6%-25.7%)	41	12.3%	(0.0%-24.8%)	10	24.3%	(18.9%-29.8%)	31	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Has a doctor, nurse, or asthma educator ever taught you what to do during an asthma episode or attack? (en38b_3) Among students who reported to have asthma in e69, the percentage of students who answered 'Yes'

		Total			Female		Male			
	%	CI	Ν	%	CI	N	%	CI	Ν	
Total	46.5%	(41.7%-51.2%)	362	43.5%	(35.7%-51.2%)	131	52.0%	(41.2%-62.8%)	230	
Age										
10 or younger	55.2%	(52.4%-58.0%)	140	42.1%	(24.3%-59.9%)	41	63.4%	(55.8%-71.1%)	99	
11	41.6%	(32.7%-50.4%)	129	41.4%	(27.2%-55.5%)	49	49.0%	(43.9%-54.1%)	79	
12 or older	43.2%	(34.5%-51.8%)	93	48.0%	(39.1%-57.0%)	40	41.6%	(25.7%-57.5%)	52	
Grade										
Grade 5	47.2%	(42.5%-51.9%)	171	38.1%	(26.2%-49.9%)	46	58.6%	(50.9%-66.4%)	125	
Grade 6	46.2%	(38.2%-54.1%)	190	46.6%	(39.5%-53.8%)	84	45.8%	(35.8%-55.9%)	105	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	50.5%	(38.7%-62.3%)	262	43.3%	(30.9%-55.6%)	100	57.1%	(32.7%-81.5%)	162	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	30.9%	(0.0%-64.8%)	17	17.4%	(0.0%-45.4%)	7	57.4%	(9.2%-100.0%)	11	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	53.2%	(40.5%-66.0%)	298	48.9%	(42.5%-55.4%)	116	58.1%	(37.7%-78.4%)	182	
Multiple Races	73.7%	(43.7%-100.0%)	36	58.7%	(3.7%-100.0%)	8	79.4%	(42.7%-100.0%)	28	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

During the past month, has asthma limited your usual activities? (en70)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e70)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	24.3%	(19.4%-29.1%)	174	17.9%	(3.4%-32.4%)	48	29.2%	(16.6%-41.8%)	122	
Age										
10 or younger	27.5%	(15.7%-39.4%)	69	*	*	*	*	*	*	
11	20.4%	(9.9%-31.0%)	56	24.1%	(14.5%-33.7%)	26	18.3%	(5.0%-31.6%)	25	
12 or older	25.6%	(14.8%-36.5%)	49	33.7%	(16.5%-50.9%)	21	22.5%	(12.0%-33.0%)	28	
Grade										
Grade 5	23.0%	(15.4%-30.7%)	77	*	*	*	*	*	*	
Grade 6	25.5%	(18.1%-32.8%)	96	31.1%	(21.0%-41.2%)	46	21.6%	(14.5%-28.6%)	49	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	24.8%	(19.1%-30.6%)	119	21.1%	(10.8%-31.3%)	41	26.2%	(19.2%-33.3%)	73	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	16.9%	(0.0%-40.2%)	9	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	29.2%	(19.7%-38.8%)	156	18.9%	(4.5%-33.4%)	41	35.7%	(15.2%-56.3%)	111	
Multiple Races	15.4%	(0.0%-35.1%)	7	*	*	*	*	*	*	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e70) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Have you missed school this year because of your asthma? (en71)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e71)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	5.1%	(0.6%-9.6%)	38	9.1%	(2.6%-15.6%)	25	3.1%	(0.0%-6.1%)	14	
Age										
10 or younger	*	*	*	*	*	*	*	*	*	
11	5.9%	(0.4%-11.4%)	18	9.0%	(2.7%-15.4%)	11	4.7%	(0.0%-9.5%)	8	
12 or older	9.4%	(1.6%-17.2%)	20	17.2%	(2.3%-32.0%)	14	4.7%	(0.6%-8.7%)	6	
Grade										
Grade 5	*	*	*	*	*	*	*	*	*	
Grade 6	9.1%	(6.1%-12.1%)	38	13.5%	(7.8%-19.3%)	24	5.8%	(2.6%-9.0%)	14	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	6.2%	(2.7%-9.7%)	32	8.7%	(4.3%-13.2%)	20	4.3%	(1.4%-7.2%)	12	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	10.4%	(0.0%-24.8%)	6	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	5.5%	(1.2%-9.7%)	29	10.4%	(2.5%-18.2%)	22	2.3%	(0.0%-5.4%)	7	
Multiple Races	*	*	*	*	*	*	*	*	*	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e71) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

During the past month, did your asthma make it difficult for you to stay asleep? (en72)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e72)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	13.8%	(6.8%-20.9%)	98	18.6%	(2.0%-35.2%)	52	11.4%	(6.5%-16.3%)	45	
Age										
10 or younger	10.3%	(5.8%-14.7%)	23	*	*	*	*	*	*	
11	12.7%	(4.2%-21.2%)	36	19.5%	(12.1%-26.8%)	20	10.0%	(0.0%-20.2%)	15	
12 or older	19.4%	(8.1%-30.6%)	38	39.0%	(15.1%-62.9%)	32	6.0%	(0.7%-11.2%)	7	
Grade										
Grade 5	7.0%	(3.2%-10.9%)	23	*	*	*	*	*	*	
Grade 6	19.9%	(10.7%-29.1%)	74	31.9%	(16.6%-47.1%)	51	10.4%	(3.0%-17.8%)	22	
Hispanic Ethnicity										
Hispanic	*	*	*	*	*	*	*	*	*	
Non-Hispanic	19.1%	(11.9%-26.3%)	90	21.6%	(8.2%-35.0%)	45	17.2%	(5.9%-28.4%)	44	
Race										
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	*	*	*	*	*	*	*	*	*	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	16.9%	(11.7%-22.2%)	84	20.9%	(3.9%-37.8%)	45	14.1%	(4.4%-23.9%)	38	
Multiple Races	*	*	*	*	*	*	*	*	*	

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e72) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

During the past month, did you ever have any symptoms of asthma such as shortness of breath, tightness in your chest, or a wheezing cough? (en73) Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e73)

		Total			Female		Male			
	%	CI	Ν	%	CI	N	%	CI	Ν	
Total	56.5%	(50.2%-62.8%)	424	59.7%	(40.2%-79.2%)	171	57.9%	(41.1%-74.6%)	248	
Age										
10 or younger	63.1%	(56.7%-69.6%)	158	43.9%	(23.2%-64.6%)	41	74.8%	(56.1%-93.5%)	117	
11	49.3%	(37.9%-60.7%)	143	63.0%	(50.2%-75.9%)	66	46.4%	(29.6%-63.2%)	72	
12 or older	58.6%	(44.4%-72.9%)	123	72.8%	(46.1%-99.5%)	63	50.5%	(37.7%-63.4%)	59	
Grade										
Grade 5	54.4%	(47.6%-61.2%)	192	37.0%	(28.5%-45.5%)	41	68.9%	(56.0%-81.7%)	147	
Grade 6	59.0%	(46.8%-71.2%)	230	74.0%	(58.9%-89.1%)	128	47.0%	(34.0%-59.9%)	101	
Hispanic Ethnicity										
Hispanic	55.3%	(26.9%-83.7%)	7	*	*	*	*	*	*	
Non-Hispanic	58.7%	(47.3%-70.1%)	290	61.0%	(40.6%-81.5%)	135	56.2%	(43.3%-69.1%)	151	
Race										
American Indian or Alaskan Native	79.3%	(39.6%-100.0%)	23	*	*	*	*	*	*	
Asian	*	*	*	*	*	*	*	*	*	
Black or African American	25.6%	(0.0%-52.2%)	14	18.9%	(0.0%-48.8%)	7	38.6%	(6.6%-70.6%)	7	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	62.1%	(53.5%-70.6%)	331	66.3%	(50.3%-82.4%)	151	59.3%	(39.8%-78.9%)	175	
Multiple Races	*	*	*	*	*	*	*	*	*	

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CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e73) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY 5-6 Detailed Report - Cumberland PHD (weighted) Has a doctor or nurse ever told you that you have diabetes? (en43a) Percentage of students who answered 'Yes'

		Total			Female		Male		
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	1.4%	(0.5%-2.2%)	78	1.1%	(0.0%-2.3%)	30	1.5%	(0.8%-2.2%)	43
Age									
10 or younger	1.4%	(0.5%-2.2%)	24	*	*	*	*	*	*
11	1.9%	(0.8%-3.1%)	49	*	*	*	*	*	*
12 or older	*	*	*	*	*	*	*	*	*
Grade									
Grade 5	1.7%	(0.5%-2.8%)	47	1.8%	(0.5%-3.0%)	24	1.6%	(0.5%-2.7%)	23
Grade 6	1.1%	(0.4%-1.8%)	30	0.4%	(0.0%-1.0%)	6	1.4%	(0.7%-2.2%)	20
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.4%	(0.5%-2.2%)	53	1.4%	(0.0%-3.3%)	29	1.1%	(0.1%-2.0%)	20
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(0.3%-2.9%)	69	1.3%	(0.0%-2.9%)	28	1.6%	(0.5%-2.8%)	36
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Percentage of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (endiab)

		Total			Female	Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν
Total	1.4%	(0.6%-2.3%)	78	1.2%	(0.0%-2.4%)	30	1.5%	(0.8%-2.3%)	43
Age									
10 or younger	1.4%	(0.6%-2.3%)	24	*	*	*	*	*	*
11	2.0%	(0.8%-3.2%)	49	*	*	*	*	*	*
12 or older	*	*	*	*	*	*	*	*	*
Grade									
Grade 5	1.7%	(0.5%-2.9%)	47	1.8%	(0.6%-3.1%)	24	1.7%	(0.6%-2.7%)	23
Grade 6	1.1%	(0.4%-1.8%)	30	0.5%	(0.0%-1.1%)	6	1.5%	(0.7%-2.2%)	20
Hispanic Ethnicity									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.4%	(0.6%-2.3%)	53	1.5%	(0.0%-3.3%)	29	1.1%	(0.2%-2.1%)	20
Race									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(0.3%-2.9%)	69	1.4%	(0.0%-3.0%)	28	1.7%	(0.5%-2.9%)	36
Multiple Races	*	*	*	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60) Percentage of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	N	
Total	88.5%	(86.9%-90.2%)	4,052	90.8%	(88.4%-93.2%)	2,062	86.2%	(84.0%-88.4%)	1,911	
Age										
10 or younger	87.7%	(86.4%-88.9%)	1,268	89.4%	(85.3%-93.5%)	691	86.2%	(85.1%-87.3%)	577	
11	90.8%	(85.9%-95.7%)	1,811	92.1%	(87.8%-96.3%)	932	89.4%	(83.5%-95.4%)	834	
12 or older	85.5%	(80.4%-90.6%)	955	90.3%	(85.7%-95.0%)	439	81.1%	(73.5%-88.7%)	494	
Grade										
Grade 5	89.1%	(88.7%-89.4%)	1,908	91.7%	(88.6%-94.8%)	1,004	86.2%	(82.9%-89.5%)	872	
Grade 6	88.3%	(85.2%-91.4%)	2,105	90.1%	(87.2%-93.0%)	1,056	86.7%	(83.7%-89.7%)	1,020	
Hispanic Ethnicity										
Hispanic	84.9%	(72.6%-97.1%)	48	*	*	*	*	*	*	
Non-Hispanic	88.9%	(85.8%-92.0%)	2,945	91.7%	(88.1%-95.4%)	1,625	85.8%	(82.7%-89.0%)	1,287	
Race										
American Indian or Alaskan Native	72.1%	(52.9%-91.2%)	84	*	*	*	*	*	*	
Asian	91.5%	(81.9%-100.0%)	154	*	*	*	*	*	*	
Black or African American	81.4%	(71.9%-90.8%)	215	89.5%	(80.1%-98.9%)	129	71.9%	(62.1%-81.8%)	86	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	89.0%	(87.5%-90.6%)	3,237	90.2%	(86.8%-93.6%)	1,612	88.1%	(85.6%-90.5%)	1,590	
Multiple Races	91.9%	(84.9%-99.0%)	127	*	*	*	*	*	*	

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CI = 95% Confidence Interval

N = Number of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Have you missed any school this year because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61) Percentage of students who answered 'Yes' (Excludes 'Don't know' responses from e61)

		Total			Female		Male			
	%	CI	Ν	%	CI	Ν	%	CI	Ν	
Total	11.9%	(8.6%-15.2%)	593	10.7%	(6.6%-14.8%)	252	11.4%	(7.6%-15.1%)	288	
Age										
10 or younger	6.3%	(2.3%-10.3%)	95	5.4%	(2.8%-8.0%)	40	7.1%	(1.0%-13.3%)	56	
11	14.1%	(11.8%-16.4%)	320	11.8%	(9.3%-14.3%)	132	13.9%	(10.7%-17.1%)	151	
12 or older	14.3%	(8.8%-19.9%)	171	15.8%	(9.0%-22.6%)	80	12.3%	(7.2%-17.4%)	81	
Grade										
Grade 5	10.2%	(6.7%-13.7%)	248	6.7%	(4.8%-8.7%)	77	11.2%	(4.7%-17.7%)	138	
Grade 6	13.2%	(10.1%-16.3%)	333	14.5%	(10.6%-18.3%)	174	11.7%	(8.8%-14.5%)	148	
Hispanic Ethnicity										
Hispanic	17.1%	(3.4%-30.9%)	14	*	*	*	*	*	*	
Non-Hispanic	11.0%	(7.8%-14.2%)	386	9.6%	(4.4%-14.7%)	169	12.2%	(8.4%-16.0%)	206	
Race										
American Indian or Alaskan Native	12.5%	(0.0%-26.3%)	15	*	*	*	*	*	*	
Asian	8.1%	(0.0%-23.2%)	16	7.4%	(0.0%-22.4%)	8	9.1%	(0.0%-25.1%)	8	
Black or African American	8.7%	(4.2%-13.2%)	25	9.3%	(0.7%-18.0%)	14	8.0%	(4.8%-11.2%)	11	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	11.1%	(7.7%-14.5%)	436	10.0%	(5.9%-14.1%)	186	11.4%	(8.4%-14.4%)	230	
Multiple Races	10.2%	(0.0%-21.4%)	19	9.9%	(0.0%-20.6%)	9	10.6%	(0.0%-29.6%)	10	

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Don't know' responses from e61) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46) Percentage of students who answered 'Most of the time' or 'Always'

		Total			Female		Male			
	%	CI	N	%	CI	Ν	%	CI	Ν	
Total	53.6%	(44.5%-62.8%)	2,930	63.0%	(53.8%-72.1%)	1,648	45.6%	(36.0%-55.1%)	1,243	
Age										
10 or younger	60.7%	(59.0%-62.5%)	1,025	66.6%	(60.4%-72.8%)	572	54.4%	(46.1%-62.8%)	449	
11	55.6%	(44.4%-66.9%)	1,374	65.2%	(51.4%-79.0%)	791	47.3%	(37.4%-57.2%)	563	
12 or older	40.8%	(33.8%-47.8%)	522	52.4%	(42.7%-62.0%)	285	32.6%	(27.8%-37.3%)	230	
Grade										
Grade 5	61.2%	(60.2%-62.2%)	1,654	71.1%	(68.0%-74.2%)	932	52.7%	(47.0%-58.4%)	709	
Grade 6	46.8%	(35.0%-58.6%)	1,267	54.7%	(42.2%-67.3%)	714	39.5%	(29.5%-49.4%)	534	
Hispanic Ethnicity										
Hispanic	39.6%	(5.6%-73.7%)	37	61.8%	(15.8%-100.0%)	27	21.6%	(10.7%-32.4%)	10	
Non-Hispanic	54.4%	(44.9%-63.8%)	2,086	63.9%	(54.2%-73.7%)	1,268	44.0%	(35.7%-52.2%)	794	
Race										
American Indian or Alaskan Native	65.5%	(34.9%-96.1%)	81	76.8%	(44.6%-100.0%)	37	62.3%	(35.4%-89.2%)	44	
Asian	22.7%	(9.9%-35.5%)	46	32.9%	(16.2%-49.6%)	36	10.6%	(0.0%-25.1%)	10	
Black or African American	31.4%	(5.0%-57.8%)	97	43.5%	(3.8%-83.3%)	71	17.9%	(10.9%-25.0%)	26	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	57.2%	(50.3%-64.1%)	2,428	66.0%	(60.2%-71.8%)	1,345	49.1%	(39.4%-58.8%)	1,053	
Multiple Races	43.9%	(33.1%-54.8%)	106	50.7%	(20.6%-80.8%)	53	38.6%	(15.1%-62.1%)	53	

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CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)

Percentage of students who answered 'Most of the time' or 'Always'

	Total				Female		Male			
	%	CI	N	%	CI	N	%	CI	N	
Total	39.7%	(32.8%-46.6%)	2,233	43.7%	(34.7%-52.6%)	1,168	35.9%	(31.2%-40.5%)	1,016	
Age										
10 or younger	48.4%	(44.6%-52.3%)	871	54.5%	(51.0%-58.0%)	497	42.4%	(37.9%-46.9%)	374	
11	36.5%	(31.2%-41.8%)	920	40.2%	(33.5%-46.9%)	493	31.9%	(27.5%-36.2%)	391	
12 or older	33.2%	(24.5%-42.0%)	425	33.3%	(23.2%-43.4%)	178	34.4%	(25.2%-43.6%)	246	
Grade										
Grade 5	45.5%	(42.7%-48.2%)	1,293	52.8%	(50.3%-55.3%)	722	37.7%	(34.9%-40.5%)	538	
Grade 6	33.4%	(26.4%-40.4%)	909	33.9%	(27.0%-40.8%)	441	33.6%	(26.2%-41.1%)	463	
Hispanic Ethnicity										
Hispanic	39.1%	(5.5%-72.7%)	38	61.2%	(15.1%-100.0%)	27	21.9%	(6.6%-37.2%)	11	
Non-Hispanic	38.8%	(32.2%-45.4%)	1,502	44.0%	(34.0%-54.0%)	883	33.6%	(29.6%-37.5%)	610	
Race										
American Indian or Alaskan Native	37.7%	(22.1%-53.3%)	47	16.6%	(0.0%-42.6%)	8	51.3%	(15.2%-87.5%)	36	
Asian	38.7%	(24.6%-52.9%)	78	40.5%	(30.2%-50.8%)	45	35.9%	(12.5%-59.3%)	32	
Black or African American	36.4%	(12.4%-60.5%)	113	48.2%	(13.1%-83.4%)	79	23.4%	(10.0%-36.8%)	34	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	40.1%	(32.5%-47.6%)	1,750	44.2%	(33.9%-54.4%)	923	36.9%	(31.5%-42.2%)	818	
Multiple Races	25.0%	(17.3%-32.7%)	62	45.3%	(15.9%-74.7%)	50	8.4%	(0.0%-21.8%)	11	

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CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Cumberland PHD (weighted) During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48) Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	Ν	%	CI	N
Total	42.9%	(38.1%-47.6%)	2,419	46.5%	(39.9%-53.2%)	1,240	38.9%	(34.0%-43.9%)	1,111
Age									
10 or younger	42.4%	(40.5%-44.4%)	759	41.6%	(38.7%-44.6%)	368	42.9%	(41.1%-44.8%)	387
11	42.1%	(32.8%-51.4%)	1,069	46.5%	(37.5%-55.5%)	574	36.2%	(23.9%-48.6%)	447
12 or older	45.5%	(41.3%-49.8%)	588	54.3%	(46.8%-61.8%)	298	38.9%	(34.4%-43.3%)	278
Grade									
Grade 5	40.0%	(35.3%-44.6%)	1,132	40.5%	(38.6%-42.5%)	543	38.0%	(30.5%-45.4%)	549
Grade 6	46.4%	(41.5%-51.2%)	1,276	52.6%	(45.9%-59.4%)	696	40.6%	(36.1%-45.1%)	560
Hispanic Ethnicity									
Hispanic	27.6%	(11.2%-44.0%)	27	16.8%	(0.0%-38.9%)	7	31.6%	(21.0%-42.2%)	15
Non-Hispanic	45.5%	(40.8%-50.2%)	1,763	47.7%	(40.0%-55.5%)	954	42.9%	(38.0%-47.9%)	783
Race									
American Indian or Alaskan Native	16.5%	(1.8%-31.1%)	21	19.5%	(0.0%-44.4%)	10	14.9%	(0.0%-30.4%)	11
Asian	19.8%	(13.0%-26.5%)	40	*	*	*	*	*	*
Black or African American	6.2%	(1.5%-11.0%)	19	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	47.7%	(39.4%-56.0%)	2,091	51.3%	(42.6%-60.1%)	1,068	43.9%	(35.4%-52.5%)	983
Multiple Races	28.7%	(16.1%-41.2%)	71	25.9%	(9.1%-42.6%)	28	30.9%	(16.9%-44.9%)	43

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories. CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48_2) Percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e48)

	Total			Female			Male		
	%	CI	N	%	CI	Ν	%	CI	N
Total	50.3%	(44.7%-55.9%)	2,419	56.0%	(49.7%-62.2%)	1,240	44.7%	(38.2%-51.2%)	1,111
Age									
10 or younger	51.2%	(49.8%-52.6%)	759	53.8%	(51.4%-56.3%)	368	48.6%	(46.5%-50.7%)	387
11	48.5%	(38.1%-58.9%)	1,069	54.6%	(44.8%-64.4%)	574	41.1%	(27.4%-54.9%)	447
12 or older	53.5%	(48.2%-58.7%)	588	62.0%	(54.1%-69.8%)	298	46.4%	(40.5%-52.3%)	278
Grade									
Grade 5	47.3%	(41.8%-52.8%)	1,132	51.0%	(49.4%-52.6%)	543	42.7%	(34.2%-51.1%)	549
Grade 6	53.9%	(47.8%-60.0%)	1,276	60.7%	(53.1%-68.3%)	696	47.5%	(41.2%-53.7%)	560
Hispanic Ethnicity									
Hispanic	31.3%	(10.0%-52.6%)	27	17.5%	(0.0%-41.2%)	7	39.5%	(23.5%-55.4%)	15
Non-Hispanic	52.9%	(47.4%-58.3%)	1,763	56.6%	(49.5%-63.7%)	954	48.6%	(42.1%-55.2%)	783
Race									
American Indian or Alaskan Native	22.3%	(8.5%-36.1%)	21	38.4%	(9.1%-67.7%)	10	16.9%	(0.0%-34.5%)	11
Asian	20.4%	(13.8%-27.0%)	40	*	*	*	*	*	*
Black or African American	6.6%	(1.7%-11.5%)	19	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	56.4%	(47.2%-65.7%)	2,091	61.9%	(53.6%-70.2%)	1,068	51.1%	(40.8%-61.3%)	983
Multiple Races	32.0%	(15.5%-48.6%)	71	31.1%	(9.0%-53.3%)	28	32.7%	(16.7%-48.6%)	43

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses from e48) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Do you agree or disagree that you have parents who try to help you succeed? (en49) Percentage of students who answered 'Strongly agree' or 'Agree'

	Total			Female			Male		
	%	CI	N	%	CI	Ν	%	CI	N
Total	93.8%	(92.7%-94.9%)	5,282	93.2%	(91.2%-95.3%)	2,488	94.5%	(93.2%-95.7%)	2,684
Age									
10 or younger	96.4%	(95.5%-97.4%)	1,723	96.3%	(95.3%-97.2%)	850	96.5%	(95.6%-97.5%)	869
11	92.7%	(90.3%-95.2%)	2,338	92.6%	(90.0%-95.1%)	1,144	93.0%	(88.7%-97.4%)	1,129
12 or older	92.5%	(90.1%-94.9%)	1,200	90.0%	(86.4%-93.6%)	494	94.2%	(92.7%-95.8%)	679
Grade									
Grade 5	94.2%	(92.9%-95.4%)	2,647	94.5%	(92.4%-96.5%)	1,265	94.0%	(92.7%-95.3%)	1,337
Grade 6	93.7%	(92.0%-95.5%)	2,592	92.2%	(89.5%-94.9%)	1,221	95.3%	(93.4%-97.2%)	1,324
Hispanic Ethnicity									
Hispanic	92.6%	(85.2%-100.0%)	89	*	*	*	*	*	*
Non-Hispanic	94.0%	(92.7%-95.2%)	3,646	92.0%	(90.6%-93.5%)	1,834	96.1%	(93.9%-98.4%)	1,760
Race									
American Indian or Alaskan Native	93.2%	(81.0%-100.0%)	118	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	93.4%	(89.9%-96.8%)	296	93.3%	(86.7%-99.9%)	153	93.8%	(91.5%-96.0%)	143
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	94.0%	(93.0%-94.9%)	4,098	92.7%	(91.1%-94.4%)	1,929	95.1%	(94.1%-96.1%)	2,107
Multiple Races	84.7%	(77.9%-91.5%)	211	90.4%	(81.8%-98.9%)	99	80.2%	(71.0%-89.4%)	111

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CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50) Percentage of students who answered 'Strongly agree' or 'Agree'

	Total				Female			Male		
	%	CI	N	%	CI	Ν	%	CI	N	
Total	85.2%	(82.0%-88.4%)	4,819	89.6%	(83.1%-96.2%)	2,413	80.8%	(78.7%-82.9%)	2,298	
Age										
10 or younger	89.1%	(86.7%-91.4%)	1,597	96.1%	(94.1%-98.1%)	872	81.8%	(77.0%-86.7%)	721	
11	84.6%	(81.2%-88.0%)	2,151	86.9%	(79.7%-94.1%)	1,073	82.0%	(79.4%-84.6%)	1,013	
12 or older	81.1%	(77.1%-85.1%)	1,052	85.3%	(80.1%-90.5%)	468	77.5%	(73.9%-81.1%)	558	
Grade										
Grade 5	88.9%	(88.3%-89.6%)	2,525	95.6%	(91.2%-99.9%)	1,303	82.5%	(78.8%-86.2%)	1,177	
Grade 6	81.6%	(79.6%-83.6%)	2,254	83.5%	(81.6%-85.5%)	1,106	79.4%	(76.7%-82.2%)	1,102	
Hispanic Ethnicity										
Hispanic	77.1%	(62.7%-91.5%)	74	83.0%	(55.6%-100.0%)	36	78.1%	(66.6%-89.6%)	37	
Non-Hispanic	85.3%	(80.8%-89.8%)	3,335	87.9%	(82.5%-93.4%)	1,777	82.2%	(78.3%-86.2%)	1,508	
Race										
American Indian or Alaskan Native	71.7%	(55.6%-87.8%)	91	84.2%	(61.8%-100.0%)	42	60.6%	(18.0%-100.0%)	43	
Asian	74.9%	(67.5%-82.2%)	151	67.7%	(61.7%-73.7%)	75	83.8%	(68.1%-99.4%)	75	
Black or African American	86.6%	(80.9%-92.3%)	273	90.9%	(82.9%-98.9%)	149	82.1%	(78.1%-86.2%)	124	
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	
White	85.5%	(81.9%-89.2%)	3,754	90.4%	(82.9%-97.9%)	1,900	80.9%	(78.5%-83.2%)	1,795	
Multiple Races	80.2%	(76.2%-84.1%)	199	87.2%	(76.9%-97.4%)	95	75.0%	(69.6%-80.3%)	104	

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CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.