



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND
RACE**

**CENTRAL MAINE PHD
2019 MIYHS GRADE 5 - 6 REPORT**

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Demographics

	%	CI	N	n
Total	13.3%		3,598	1,108
----Sex----				
Female	48.0%	(45.1% - 51.0%)	1,729	521
Male	50.2%	(47.5% - 53.0%)	1,807	565
Missing	1.7%	(1.1% - 2.4%)	62	22
----Grade----				
Grade 5	50.5%	(37.3% - 63.8%)	1,818	466
Grade 6	48.9%	(35.5% - 62.4%)	1,760	634
Missing	0.5%	(0.1% - 0.9%)	19	8
----Age----				
10 or Younger	27.6%	(20.1% - 35.2%)	994	247
11	47.1%	(45.0% - 49.2%)	1,694	524
12 or Older	25.2%	(18.5% - 31.8%)	906	335
Missing	0.1%	(0.0% - 0.3%)	4	2
----Hispanic Ethnicity----				
Hispanic	1.7%	(0.9% - 2.5%)	62	47
Non-Hispanic	79.1%	(73.9% - 84.3%)	2,845	844
Missing	19.2%	(13.8% - 24.6%)	691	217
----Race----				
American Indian or Alaskan Native	2.2%	(1.0% - 3.4%)	79	51
Asian	0.3%	(0.1% - 0.5%)	11	8
Black or African American	1.0%	(0.5% - 1.6%)	37	24
Native Hawaiian or Other Pacific Islander	0.2%	(0.1% - 0.4%)	8	7
White	87.7%	(84.2% - 91.1%)	3,154	882

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Demographics

	%	CI	N	n
Multiple Races	2.6%	(1.9% - 3.3%)	93	62
Missing	6.0%	(3.4% - 8.5%)	215	74

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Demographics

	%	CI	N	n
---County---				
Kennebec County	76.4%	(56.0% - 96.8%)	2,749	811
Somerset County	23.6%	(3.2% - 44.0%)	849	297

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enowt2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.8%	(15.7%-24.0%)	300	17.4%	(12.3%-22.4%)	129	22.2%	(15.9%-28.5%)	172
----Age----									
10 or younger	18.3%	(12.5%-24.0%)	156	13.5%	(7.7%-19.4%)	61	23.5%	(14.7%-32.3%)	95
11	22.7%	(17.1%-28.3%)	144	24.0%	(13.7%-34.4%)	68	21.7%	(14.2%-29.1%)	76
12 or older	*	*	*	*	*	*	*	*	*
----Grade----									
Grade 5	19.8%	(15.7%-24.0%)	300	17.4%	(12.3%-22.4%)	129	22.2%	(15.9%-28.5%)	172
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
----Hispanic Ethnicity----									
Hispanic	30.7%	(15.0%-46.4%)	8	*	*	*	*	*	*
Non-Hispanic	18.1%	(13.9%-22.2%)	202	15.8%	(11.3%-20.4%)	84	20.1%	(14.0%-26.2%)	118
----Race----									
American Indian or Alaskan Native	38.9%	(11.8%-65.9%)	12	33.3%	(0.0%-82.3%)	6	45.2%	(0.3%-90.2%)	7
Asian	*	*	*	*	*	*	*	*	*
Black or African American	42.4%	(4.7%-80.0%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.1%	(15.2%-23.1%)	247	17.1%	(10.9%-23.3%)	111	21.2%	(14.8%-27.5%)	135
Multiple Races	16.0%	(1.8%-30.2%)	7	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enobese2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.0%	(19.1%-30.9%)	379	25.6%	(16.4%-34.8%)	190	24.4%	(17.7%-31.1%)	189
----Age----									
10 or younger	24.6%	(14.1%-35.1%)	211	23.5%	(11.7%-35.2%)	105	25.9%	(14.3%-37.6%)	105
11	25.0%	(17.0%-33.0%)	158	28.2%	(12.7%-43.8%)	80	22.4%	(13.0%-31.8%)	79
12 or older	36.8%	(0.0%-80.8%)	9	*	*	*	*	*	*
----Grade----									
Grade 5	25.0%	(19.1%-30.9%)	379	25.6%	(16.4%-34.8%)	190	24.4%	(17.7%-31.1%)	189
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
----Hispanic Ethnicity----									
Hispanic	25.7%	(3.3%-48.1%)	7	*	*	*	*	*	*
Non-Hispanic	28.4%	(21.1%-35.8%)	318	29.0%	(18.3%-39.7%)	154	27.9%	(18.8%-36.9%)	163
----Race----									
American Indian or Alaskan Native	38.9%	(22.8%-55.0%)	12	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	30.0%	(0.0%-65.9%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.0%	(19.4%-32.5%)	335	26.4%	(16.8%-36.0%)	172	25.6%	(17.5%-33.7%)	164
Multiple Races	27.1%	(6.7%-47.5%)	11	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (enowtob)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.8%	(36.4%-53.2%)	679	43.0%	(32.8%-53.2%)	318	46.6%	(37.7%-55.4%)	361
----Age----									
10 or younger	42.9%	(30.3%-55.5%)	367	37.0%	(23.2%-50.8%)	166	49.4%	(37.7%-61.2%)	201
11	47.7%	(38.8%-56.6%)	302	52.3%	(36.5%-68.0%)	147	44.1%	(32.7%-55.4%)	155
12 or older	36.8%	(0.0%-80.8%)	9	*	*	*	*	*	*
----Grade----									
Grade 5	44.8%	(36.4%-53.2%)	679	43.0%	(32.8%-53.2%)	318	46.6%	(37.7%-55.4%)	361
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
----Hispanic Ethnicity----									
Hispanic	56.4%	(43.1%-69.8%)	15	*	*	*	*	*	*
Non-Hispanic	46.5%	(37.6%-55.3%)	520	44.9%	(32.8%-56.9%)	239	48.0%	(37.8%-58.2%)	281
----Race----									
American Indian or Alaskan Native	77.8%	(57.0%-98.5%)	25	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	72.4%	(40.8%-100.0%)	16	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	45.1%	(36.8%-53.5%)	582	43.5%	(32.6%-54.5%)	283	46.7%	(37.3%-56.1%)	299
Multiple Races	43.1%	(25.4%-60.8%)	18	30.6%	(6.8%-54.4%)	8	62.5%	(32.0%-93.0%)	10

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CI = 95% Confidence Interval

N = Number of students who were either overweight or obese (i.e. at or above the 85th percentile for body mass index, by age and sex) – MEASURED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (enhlthwt2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	49.9%	(44.5%-55.3%)	756	53.3%	(45.0%-61.6%)	395	46.6%	(41.1%-52.2%)	361
----Age----									
10 or younger	52.2%	(41.5%-62.9%)	447	58.9%	(47.2%-70.6%)	265	44.8%	(35.3%-54.3%)	182
11	46.2%	(37.6%-54.8%)	293	44.4%	(28.0%-60.8%)	125	47.6%	(37.1%-58.2%)	168
12 or older	63.2%	(19.2%-100.0%)	16	*	*	*	*	*	*
----Grade----									
Grade 5	49.9%	(44.5%-55.3%)	756	53.3%	(45.0%-61.6%)	395	46.6%	(41.1%-52.2%)	361
Grade 6	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
----Hispanic Ethnicity----									
Hispanic	43.6%	(30.2%-56.9%)	11	*	*	*	*	*	*
Non-Hispanic	47.4%	(41.8%-53.0%)	530	50.4%	(40.4%-60.5%)	268	44.6%	(37.7%-51.6%)	262
----Race----									
American Indian or Alaskan Native	22.2%	(1.5%-43.0%)	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	49.5%	(44.1%-54.9%)	639	52.6%	(43.8%-61.5%)	342	46.4%	(40.0%-52.8%)	297
Multiple Races	52.0%	(34.1%-69.9%)	22	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT (weighted). Note:

Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

What language is spoken most often at home? (Select only one response) (en6b)

Percentage of students who answered something other than 'English'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.4%	(0.4%-2.3%)	50	0.7%	(0.0%-1.6%)	13	1.8%	(0.6%-3.0%)	32
----Age----									
10 or younger	1.4%	(0.3%-2.6%)	14	*	*	*	*	*	*
11	1.3%	(0.0%-2.6%)	22	*	*	*	*	*	*
12 or older	1.6%	(0.0%-3.2%)	14	1.6%	(0.0%-3.9%)	6	1.6%	(0.0%-3.7%)	8
----Grade----									
Grade 5	1.5%	(0.6%-2.4%)	27	*	*	*	*	*	*
Grade 6	1.3%	(0.0%-2.8%)	23	0.9%	(0.0%-2.4%)	8	1.7%	(0.0%-3.5%)	15
----Hispanic Ethnicity----									
Hispanic	12.6%	(0.0%-27.1%)	8	*	*	*	*	*	*
Non-Hispanic	1.3%	(0.3%-2.3%)	36	0.7%	(0.0%-1.7%)	10	1.5%	(0.1%-2.9%)	21
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	18.3%	(0.0%-38.3%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.7%	(0.0%-1.4%)	22	0.6%	(0.0%-1.5%)	10	0.5%	(0.0%-1.2%)	8
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
How often do you wear a seat belt when riding in a car? (en7a)
Percentage of students who answered 'Never' or 'Rarely'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	0.7%	(0.1%-1.3%)	24	*	*	*	*	*	*
----Age----									
10 or younger	*	*	*	*	*	*	*	*	*
11	*	*	*	*	*	*	*	*	*
12 or older	1.9%	(0.0%-4.2%)	17	*	*	*	*	*	*
----Grade----									
Grade 5	0.7%	(0.0%-1.4%)	12	*	*	*	*	*	*
Grade 6	0.7%	(0.0%-1.5%)	12	*	*	*	*	*	*
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	0.9%	(0.1%-1.6%)	24	*	*	*	*	*	*
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.7%	(0.0%-1.4%)	22	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval
N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
How often do you wear a seat belt when riding in a car? (en7a_2)
Percentage of students who answered 'Always'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	84.6%	(80.6%-88.5%)	3,026	88.2%	(83.8%-92.6%)	1,516	80.7%	(76.3%-85.1%)	1,453
----Age----									
10 or younger	88.0%	(83.5%-92.5%)	865	90.6%	(86.0%-95.2%)	471	84.9%	(79.5%-90.3%)	388
11	83.4%	(79.3%-87.4%)	1,412	88.2%	(81.7%-94.7%)	711	77.9%	(73.6%-82.2%)	659
12 or older	83.1%	(76.7%-89.5%)	749	85.0%	(78.5%-91.5%)	335	81.7%	(74.3%-89.0%)	406
----Grade----									
Grade 5	83.2%	(77.9%-88.5%)	1,504	88.7%	(82.6%-94.9%)	759	77.2%	(71.6%-82.7%)	701
Grade 6	85.8%	(81.8%-89.9%)	1,507	87.5%	(82.8%-92.3%)	751	84.2%	(79.4%-88.9%)	743
----Hispanic Ethnicity----									
Hispanic	84.2%	(75.4%-93.1%)	52	*	*	*	*	*	*
Non-Hispanic	84.1%	(79.6%-88.6%)	2,380	87.7%	(83.1%-92.3%)	1,186	80.3%	(74.6%-86.0%)	1,156
----Race----									
American Indian or Alaskan Native	77.8%	(67.1%-88.5%)	61	75.7%	(51.4%-100.0%)	29	79.0%	(64.4%-93.6%)	30
Asian	*	*	*	*	*	*	*	*	*
Black or African American	82.8%	(67.2%-98.5%)	31	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	85.3%	(81.1%-89.6%)	2,682	89.1%	(84.5%-93.6%)	1,350	81.4%	(76.5%-86.4%)	1,297
Multiple Races	74.5%	(60.0%-89.0%)	70	75.5%	(58.5%-92.6%)	44	71.4%	(55.0%-87.9%)	24

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2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
How often do you sit in the back seat when you are riding in a car? (en8a)
Percentage of students who answered 'Never' or 'Rarely'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.0%	(13.8%-20.2%)	607	16.7%	(12.3%-21.0%)	286	17.8%	(13.5%-22.1%)	319
----Age----									
10 or younger	9.1%	(3.7%-14.4%)	89	10.0%	(1.8%-18.2%)	52	8.2%	(3.7%-12.6%)	38
11	17.2%	(13.2%-21.2%)	288	18.4%	(12.6%-24.2%)	147	16.7%	(12.2%-21.2%)	139
12 or older	25.3%	(17.3%-33.4%)	229	21.8%	(13.4%-30.3%)	87	28.6%	(19.4%-37.9%)	142
----Grade----									
Grade 5	12.3%	(8.9%-15.8%)	221	13.5%	(6.8%-20.3%)	115	11.6%	(6.5%-16.8%)	105
Grade 6	21.8%	(17.4%-26.3%)	383	19.9%	(13.7%-26.1%)	171	24.1%	(19.0%-29.2%)	212
----Hispanic Ethnicity----									
Hispanic	23.9%	(9.9%-37.8%)	15	*	*	*	*	*	*
Non-Hispanic	16.4%	(12.4%-20.4%)	464	16.5%	(10.2%-22.8%)	224	16.7%	(11.0%-22.3%)	238
----Race----									
American Indian or Alaskan Native	18.3%	(5.1%-31.5%)	14	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	19.5%	(0.7%-38.4%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.3%	(13.8%-20.9%)	541	16.9%	(12.3%-21.6%)	256	18.0%	(13.0%-23.0%)	284
Multiple Races	19.0%	(10.5%-27.4%)	18	15.5%	(0.9%-30.1%)	9	25.9%	(8.8%-43.0%)	9

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CI = 95% Confidence Interval

N = Number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

When you ride a bicycle, how often do you wear a helmet? (en9a)

Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	35.2%	(28.6%-41.7%)	1,089	32.4%	(25.2%-39.7%)	492	37.1%	(27.9%-46.4%)	571
----Age----									
10 or younger	31.3%	(21.8%-40.8%)	263	28.0%	(17.4%-38.5%)	125	35.2%	(25.6%-44.8%)	136
11	35.5%	(29.6%-41.4%)	524	35.3%	(28.1%-42.4%)	256	34.6%	(24.4%-44.7%)	250
12 or older	38.7%	(28.9%-48.5%)	301	32.3%	(20.9%-43.8%)	111	43.3%	(28.1%-58.4%)	185
----Grade----									
Grade 5	35.1%	(25.7%-44.4%)	548	32.9%	(23.5%-42.2%)	247	36.2%	(25.6%-46.8%)	282
Grade 6	35.6%	(30.2%-41.0%)	541	32.3%	(24.2%-40.4%)	245	38.6%	(27.6%-49.5%)	289
----Hispanic Ethnicity----									
Hispanic	44.8%	(32.8%-56.7%)	25	34.5%	(4.5%-64.6%)	10	56.5%	(32.0%-81.0%)	15
Non-Hispanic	35.0%	(28.6%-41.3%)	866	33.7%	(25.9%-41.5%)	406	35.9%	(26.8%-45.0%)	446
----Race----									
American Indian or Alaskan Native	43.9%	(15.4%-72.3%)	31	37.1%	(0.0%-87.9%)	12	48.0%	(29.0%-67.1%)	18
Asian	*	*	*	*	*	*	*	*	*
Black or African American	26.1%	(10.2%-42.0%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	34.6%	(27.8%-41.3%)	941	32.6%	(25.5%-39.8%)	440	36.4%	(26.5%-46.3%)	491
Multiple Races	42.9%	(28.7%-57.0%)	35	32.6%	(13.8%-51.3%)	16	60.0%	(40.0%-79.9%)	19

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who ride a bicycle, the number of students who answered 'Never' or 'Rarely' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Have you ever been bullied on school property? (en51)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	46.2%	(40.0%-52.4%)	1,651	47.8%	(40.3%-55.3%)	823	44.7%	(38.5%-50.9%)	805
----Age----									
10 or younger	47.9%	(38.9%-56.9%)	472	44.5%	(33.3%-55.7%)	231	51.4%	(37.0%-65.8%)	237
11	46.3%	(37.4%-55.1%)	782	50.4%	(40.3%-60.5%)	406	42.6%	(33.5%-51.8%)	359
12 or older	44.1%	(38.6%-49.6%)	397	46.8%	(36.8%-56.8%)	186	42.1%	(34.4%-49.7%)	209
----Grade----									
Grade 5	45.8%	(37.9%-53.7%)	827	44.6%	(36.9%-52.4%)	381	46.9%	(36.0%-57.7%)	427
Grade 6	46.4%	(39.1%-53.6%)	812	50.7%	(41.0%-60.4%)	437	42.2%	(36.3%-48.1%)	372
----Hispanic Ethnicity----									
Hispanic	66.5%	(54.7%-78.4%)	41	75.0%	(61.5%-88.6%)	25	57.6%	(33.6%-81.6%)	16
Non-Hispanic	46.2%	(40.2%-52.3%)	1,314	48.4%	(41.5%-55.3%)	659	44.3%	(38.2%-50.3%)	639
----Race----									
American Indian or Alaskan Native	58.3%	(38.9%-77.7%)	46	72.9%	(54.1%-91.7%)	28	43.3%	(19.0%-67.5%)	17
Asian	*	*	*	*	*	*	*	*	*
Black or African American	50.8%	(22.8%-78.9%)	18	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	46.0%	(39.7%-52.4%)	1,451	47.5%	(39.7%-55.3%)	723	44.6%	(38.2%-51.0%)	712
Multiple Races	59.5%	(43.1%-76.0%)	56	65.1%	(43.6%-86.6%)	38	49.1%	(28.1%-70.2%)	16

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Have you ever been bullied away from school property? (en52a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	33.1%	(28.3%-37.9%)	1,180	30.7%	(25.0%-36.4%)	526	35.3%	(29.5%-41.1%)	636
----Age----									
10 or younger	33.2%	(24.2%-42.1%)	327	27.0%	(17.5%-36.4%)	140	40.6%	(29.0%-52.2%)	187
11	32.8%	(24.2%-41.4%)	553	33.4%	(23.7%-43.1%)	268	32.1%	(23.0%-41.1%)	271
12 or older	33.5%	(27.0%-40.0%)	300	30.1%	(18.3%-41.8%)	119	35.9%	(27.7%-44.0%)	178
----Grade----									
Grade 5	33.7%	(26.7%-40.7%)	608	27.5%	(21.1%-33.9%)	233	39.4%	(30.2%-48.7%)	360
Grade 6	32.3%	(24.3%-40.4%)	565	34.1%	(24.1%-44.1%)	292	30.6%	(22.4%-38.8%)	270
----Hispanic Ethnicity----									
Hispanic	42.5%	(31.2%-53.8%)	26	37.5%	(19.3%-55.7%)	12	49.0%	(28.7%-69.4%)	14
Non-Hispanic	32.4%	(27.7%-37.2%)	923	29.9%	(23.7%-36.2%)	408	35.2%	(29.7%-40.6%)	508
----Race----									
American Indian or Alaskan Native	38.5%	(26.7%-50.4%)	30	33.8%	(18.1%-49.6%)	13	42.2%	(20.8%-63.6%)	16
Asian	*	*	*	*	*	*	*	*	*
Black or African American	46.1%	(17.8%-74.5%)	17	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	32.4%	(27.1%-37.6%)	1,019	31.5%	(25.2%-37.7%)	477	33.7%	(28.0%-39.4%)	537
Multiple Races	44.9%	(32.2%-57.5%)	42	44.3%	(24.4%-64.2%)	26	44.5%	(26.1%-62.9%)	15

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CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

Do you agree or disagree with the following statement? I feel safe at my school. (en12)

Percentage of students who answered 'Strongly agree' or 'Agree'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	91.0%	(89.1%-92.9%)	3,248	92.4%	(89.6%-95.2%)	1,590	89.8%	(87.3%-92.3%)	1,604
----Age----									
10 or younger	92.4%	(89.6%-95.3%)	917	93.8%	(89.1%-98.6%)	492	91.2%	(85.3%-97.1%)	421
11	91.7%	(89.3%-94.1%)	1,536	92.3%	(89.0%-95.6%)	739	91.5%	(88.4%-94.6%)	761
12 or older	88.0%	(82.2%-93.8%)	791	90.7%	(84.3%-97.1%)	359	85.6%	(77.5%-93.8%)	423
----Grade----									
Grade 5	92.9%	(89.8%-96.0%)	1,674	93.8%	(89.5%-98.0%)	802	92.5%	(87.9%-97.0%)	835
Grade 6	89.3%	(87.6%-91.1%)	1,561	91.5%	(88.7%-94.4%)	786	87.2%	(83.3%-91.1%)	762
----Hispanic Ethnicity----									
Hispanic	84.7%	(71.3%-98.2%)	52	*	*	*	*	*	*
Non-Hispanic	90.5%	(88.6%-92.3%)	2,554	91.8%	(88.4%-95.3%)	1,247	88.9%	(86.3%-91.6%)	1,270
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	81.4%	(62.6%-100.0%)	30	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	91.5%	(89.7%-93.3%)	2,862	93.1%	(90.2%-95.9%)	1,407	89.9%	(87.6%-92.1%)	1,421
Multiple Races	88.7%	(75.9%-100.0%)	83	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Have you ever tried cigarette smoking, even one or two puffs? (en13)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.1%	(1.3%-2.9%)	74	1.2%	(0.1%-2.3%)	20	2.9%	(1.3%-4.5%)	52
----Age----									
10 or younger	2.4%	(0.2%-4.5%)	23	1.8%	(0.0%-3.8%)	9	3.1%	(0.0%-7.5%)	14
11	1.1%	(0.1%-2.1%)	18	*	*	*	*	*	*
12 or older	3.4%	(0.8%-6.1%)	31	2.3%	(0.0%-5.1%)	9	4.4%	(0.0%-9.2%)	22
----Grade----									
Grade 5	1.9%	(0.6%-3.2%)	35	1.1%	(0.0%-2.4%)	9	2.8%	(0.5%-5.1%)	25
Grade 6	2.2%	(0.8%-3.5%)	38	1.3%	(0.1%-2.5%)	11	3.1%	(0.4%-5.7%)	27
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.2%	(1.3%-3.1%)	61	1.0%	(0.1%-1.9%)	14	3.3%	(1.6%-5.0%)	47
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.0%	(1.1%-2.8%)	61	0.9%	(0.0%-1.7%)	13	3.0%	(1.3%-4.8%)	48
Multiple Races	9.4%	(0.0%-19.5%)	9	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
During the past 30 days, on how many days did you smoke cigarettes? (en14)
Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	0.5%	(0.1%-0.9%)	17	*	*	*	*	*	*
----Age----									
10 or younger	*	*	*	*	*	*	*	*	*
11	0.6%	(0.0%-1.3%)	9	*	*	*	*	*	*
12 or older	*	*	*	*	*	*	*	*	*
----Grade----									
Grade 5	0.8%	(0.0%-1.5%)	14	*	*	*	*	*	*
Grade 6	*	*	*	*	*	*	*	*	*
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	0.4%	(0.0%-0.9%)	12	*	*	*	*	*	*
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.5%	(0.0%-1.0%)	16	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.
CI = 95% Confidence Interval
N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Do you think you will try a cigarette soon? (en15)

Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.6%	(6.3%-10.9%)	306	6.7%	(4.1%-9.4%)	115	10.5%	(7.6%-13.3%)	187
----Age----									
10 or younger	7.3%	(3.5%-11.1%)	73	5.3%	(1.3%-9.3%)	28	9.7%	(4.0%-15.4%)	45
11	8.6%	(5.7%-11.6%)	144	7.0%	(2.9%-11.2%)	55	10.6%	(6.9%-14.3%)	89
12 or older	9.8%	(7.0%-12.5%)	87	8.0%	(4.5%-11.5%)	32	11.0%	(6.6%-15.4%)	54
----Grade----									
Grade 5	8.5%	(5.3%-11.8%)	154	6.0%	(2.6%-9.5%)	51	11.3%	(6.9%-15.6%)	102
Grade 6	8.4%	(5.8%-10.9%)	146	7.5%	(4.4%-10.5%)	64	9.2%	(5.7%-12.6%)	80
----Hispanic Ethnicity----									
Hispanic	17.6%	(1.2%-34.0%)	11	*	*	*	*	*	*
Non-Hispanic	8.1%	(5.6%-10.5%)	227	6.0%	(3.4%-8.6%)	81	10.3%	(6.8%-13.7%)	147
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.4%	(6.0%-10.7%)	262	6.6%	(4.0%-9.1%)	99	10.3%	(7.1%-13.4%)	163
Multiple Races	15.4%	(4.5%-26.3%)	14	12.6%	(0.0%-28.4%)	7	20.9%	(2.7%-39.0%)	7

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

*Do you think you will smoke a cigarette at anytime during the next year? (en16)
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(2.9%-6.8%)	172	4.7%	(2.4%-6.9%)	80	5.0%	(2.4%-7.5%)	89
----Age----									
10 or younger	3.7%	(1.0%-6.3%)	36	2.7%	(0.0%-6.1%)	14	4.8%	(0.0%-10.6%)	22
11	4.0%	(2.0%-6.0%)	68	4.9%	(1.8%-7.9%)	39	3.4%	(1.3%-5.6%)	29
12 or older	7.5%	(4.7%-10.3%)	68	6.7%	(3.1%-10.3%)	27	7.7%	(3.6%-11.8%)	38
----Grade----									
Grade 5	3.3%	(1.1%-5.5%)	60	2.2%	(0.0%-5.1%)	19	4.5%	(1.3%-7.7%)	41
Grade 6	6.4%	(3.9%-8.8%)	112	7.1%	(3.7%-10.5%)	61	5.4%	(2.7%-8.2%)	48
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	5.4%	(3.0%-7.7%)	151	5.0%	(2.5%-7.4%)	67	5.7%	(2.6%-8.8%)	82
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.9%	(2.8%-7.0%)	154	4.6%	(2.3%-6.8%)	69	5.3%	(2.6%-8.0%)	84
Multiple Races	7.2%	(0.0%-14.3%)	7	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*Do you think you will smoke a cigarette at anytime during the next year? (en16_2)
Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	95.2%	(93.2%-97.1%)	3,392	95.3%	(93.1%-97.6%)	1,635	95.0%	(92.5%-97.6%)	1,703
----Age----									
10 or younger	96.3%	(93.7%-99.0%)	949	97.3%	(93.9%-100.0%)	501	95.2%	(89.4%-100.0%)	441
11	96.0%	(94.0%-98.0%)	1,606	95.1%	(92.1%-98.2%)	762	96.6%	(94.4%-98.7%)	806
12 or older	92.5%	(89.7%-95.3%)	834	93.3%	(89.7%-96.9%)	372	92.3%	(88.2%-96.4%)	455
----Grade----									
Grade 5	96.7%	(94.5%-98.9%)	1,729	97.8%	(94.9%-100.0%)	827	95.5%	(92.3%-98.7%)	862
Grade 6	93.6%	(91.2%-96.1%)	1,644	92.9%	(89.5%-96.3%)	802	94.6%	(91.8%-97.3%)	831
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	94.6%	(92.3%-97.0%)	2,666	95.0%	(92.6%-97.5%)	1,281	94.3%	(91.2%-97.4%)	1,353
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	95.1%	(93.0%-97.2%)	2,970	95.4%	(93.2%-97.7%)	1,437	94.7%	(92.0%-97.4%)	1,502
Multiple Races	92.8%	(85.7%-100.0%)	87	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

If one of your best friends offered you a cigarette, would you smoke it? (en17)

Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.9%	(7.0%-12.7%)	353	8.0%	(4.5%-11.4%)	138	11.5%	(7.7%-15.2%)	206
----Age----									
10 or younger	8.9%	(5.3%-12.5%)	88	4.9%	(2.0%-7.9%)	26	13.6%	(7.7%-19.4%)	63
11	9.9%	(7.1%-12.6%)	166	7.3%	(3.0%-11.6%)	58	12.2%	(8.4%-16.0%)	103
12 or older	10.8%	(6.7%-14.8%)	97	13.4%	(7.3%-19.5%)	53	8.2%	(4.2%-12.2%)	40
----Grade----									
Grade 5	9.4%	(5.8%-13.1%)	170	4.7%	(2.3%-7.0%)	40	13.8%	(8.7%-18.9%)	126
Grade 6	10.3%	(7.3%-13.2%)	180	11.3%	(5.8%-16.8%)	98	9.0%	(4.6%-13.4%)	79
----Hispanic Ethnicity----									
Hispanic	16.8%	(5.0%-28.5%)	10	*	*	*	*	*	*
Non-Hispanic	9.9%	(7.2%-12.7%)	281	8.4%	(4.4%-12.4%)	114	11.1%	(6.9%-15.4%)	160
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	19.5%	(0.0%-42.5%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.0%	(6.1%-11.9%)	283	7.1%	(3.6%-10.6%)	108	10.7%	(6.5%-14.9%)	171
Multiple Races	27.8%	(10.8%-44.8%)	26	26.2%	(4.4%-48.0%)	15	28.3%	(10.6%-46.0%)	9

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (entobsus)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.7%	(10.9%-16.5%)	482	11.6%	(7.9%-15.2%)	197	15.6%	(12.3%-18.8%)	276
----Age----									
10 or younger	12.5%	(8.4%-16.6%)	123	8.7%	(4.2%-13.1%)	45	17.0%	(10.7%-23.2%)	78
11	13.8%	(10.8%-16.8%)	228	11.7%	(6.4%-17.1%)	93	15.8%	(11.8%-19.8%)	131
12 or older	14.6%	(10.6%-18.6%)	129	15.1%	(7.9%-22.3%)	60	13.8%	(9.2%-18.5%)	67
----Grade----									
Grade 5	13.3%	(9.8%-16.7%)	235	8.6%	(5.5%-11.7%)	73	17.7%	(13.0%-22.3%)	158
Grade 6	13.8%	(10.6%-17.1%)	240	14.6%	(8.4%-20.8%)	124	13.0%	(8.9%-17.1%)	112
----Hispanic Ethnicity----									
Hispanic	23.9%	(8.7%-39.1%)	15	20.6%	(0.0%-43.4%)	7	28.3%	(13.6%-42.9%)	8
Non-Hispanic	13.2%	(10.4%-16.0%)	369	11.1%	(7.1%-15.1%)	148	15.2%	(11.2%-19.1%)	215
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	22.2%	(0.0%-46.9%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.0%	(10.3%-15.7%)	401	10.7%	(7.1%-14.4%)	160	15.1%	(11.3%-18.8%)	236
Multiple Races	31.5%	(16.2%-46.8%)	29	32.2%	(12.9%-51.4%)	18	28.3%	(10.6%-46.0%)	9

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among all students including those who have tried or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (entobsus_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.6%	(10.2%-15.0%)	433	10.6%	(6.8%-14.4%)	178	14.5%	(11.3%-17.7%)	247
----Age----									
10 or younger	11.4%	(7.7%-15.2%)	109	7.0%	(3.8%-10.1%)	35	16.6%	(10.2%-23.1%)	74
11	12.9%	(10.2%-15.5%)	210	11.6%	(6.3%-16.8%)	91	14.1%	(10.0%-18.1%)	114
12 or older	13.5%	(9.5%-17.4%)	115	13.5%	(5.8%-21.3%)	52	13.0%	(8.0%-18.0%)	59
----Grade----									
Grade 5	12.1%	(9.2%-15.1%)	210	7.6%	(4.9%-10.3%)	63	16.4%	(12.1%-20.8%)	142
Grade 6	12.9%	(9.9%-15.9%)	218	13.7%	(7.2%-20.2%)	115	11.9%	(8.1%-15.8%)	100
----Hispanic Ethnicity----									
Hispanic	22.4%	(5.7%-39.0%)	13	20.6%	(0.0%-43.4%)	7	25.0%	(5.5%-44.4%)	7
Non-Hispanic	12.2%	(9.8%-14.6%)	332	10.2%	(6.0%-14.3%)	134	14.1%	(10.3%-17.9%)	192
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	21.1%	(0.0%-45.9%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.0%	(9.6%-14.4%)	364	10.0%	(6.2%-13.9%)	149	13.9%	(10.1%-17.7%)	210
Multiple Races	24.8%	(11.0%-38.6%)	20	22.4%	(6.6%-38.1%)	11	25.9%	(9.7%-42.1%)	8

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Have you ever had a drink of alcohol, other than a few sips? (en18a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.9%	(4.2%-7.6%)	209	3.2%	(1.1%-5.2%)	55	8.6%	(5.5%-11.6%)	152
----Age----									
10 or younger	6.5%	(3.2%-9.7%)	64	1.8%	(0.0%-4.2%)	9	11.9%	(5.2%-18.7%)	54
11	5.1%	(3.3%-6.8%)	85	2.2%	(0.3%-4.1%)	18	8.0%	(4.0%-12.1%)	67
12 or older	6.5%	(3.1%-10.0%)	58	6.9%	(2.1%-11.7%)	27	6.3%	(2.0%-10.7%)	31
----Grade----									
Grade 5	6.3%	(3.8%-8.9%)	113	2.2%	(0.2%-4.2%)	19	10.5%	(5.7%-15.3%)	95
Grade 6	5.4%	(3.1%-7.6%)	93	4.2%	(1.3%-7.0%)	36	6.6%	(3.1%-10.1%)	58
----Hispanic Ethnicity----									
Hispanic	15.0%	(0.0%-30.5%)	9	*	*	*	*	*	*
Non-Hispanic	5.5%	(3.4%-7.7%)	156	3.1%	(0.7%-5.4%)	42	8.0%	(4.6%-11.4%)	114
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.6%	(3.8%-7.4%)	174	2.8%	(0.6%-5.0%)	43	8.3%	(5.4%-11.2%)	131
Multiple Races	12.1%	(1.4%-22.7%)	11	*	*	*	*	*	*

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CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)
Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.0%	(0.4%-1.6%)	36	*	*	*	*	*	*
----Age----									
10 or younger	1.1%	(0.0%-2.5%)	11	*	*	*	*	*	*
11	1.0%	(0.1%-1.8%)	16	*	*	*	*	*	*
12 or older	1.1%	(0.0%-2.2%)	9	*	*	*	*	*	*
----Grade----									
Grade 5	1.5%	(0.2%-2.8%)	27	*	*	*	*	*	*
Grade 6	0.5%	(0.0%-1.1%)	9	*	*	*	*	*	*
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	0.9%	(0.3%-1.4%)	25	*	*	*	*	*	*
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.0%	(0.3%-1.6%)	30	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
If you wanted to get some alcohol, how easy would it be for you to get some? (en20)
Percentage of students who answered 'Sort of easy' or 'Very easy'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.3%	(10.3%-16.2%)	459	11.3%	(8.2%-14.3%)	186	15.2%	(10.0%-20.4%)	265
----Age----									
10 or younger	10.8%	(5.7%-15.8%)	102	10.2%	(2.4%-17.9%)	49	11.6%	(6.5%-16.7%)	52
11	13.3%	(8.9%-17.6%)	217	10.4%	(6.9%-14.0%)	81	16.1%	(7.6%-24.6%)	131
12 or older	15.9%	(10.4%-21.5%)	140	14.3%	(7.8%-20.8%)	56	17.0%	(10.7%-23.3%)	82
----Grade----									
Grade 5	12.2%	(8.3%-16.1%)	212	10.6%	(3.9%-17.2%)	85	13.8%	(9.5%-18.0%)	122
Grade 6	14.5%	(9.5%-19.5%)	247	12.0%	(8.6%-15.4%)	101	16.8%	(8.6%-25.0%)	144
----Hispanic Ethnicity----									
Hispanic	25.6%	(9.1%-42.1%)	15	23.9%	(2.6%-45.1%)	7	26.2%	(8.6%-43.9%)	7
Non-Hispanic	13.2%	(9.8%-16.7%)	367	11.5%	(8.4%-14.6%)	152	14.8%	(8.8%-20.8%)	209
----Race----									
American Indian or Alaskan Native	10.3%	(4.7%-16.0%)	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.8%	(0.0%-42.1%)	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.9%	(11.0%-16.9%)	424	11.7%	(8.4%-15.0%)	171	16.0%	(10.5%-21.6%)	249
Multiple Races	13.6%	(4.5%-22.7%)	12	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

How wrong do your parents feel it would be for you to drink alcohol regularly? (en21)

Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.6%	(2.5%-4.7%)	127	2.0%	(0.6%-3.4%)	34	5.3%	(3.5%-7.1%)	93
----Age----									
10 or younger	3.9%	(1.7%-6.1%)	37	2.3%	(0.0%-4.6%)	12	5.7%	(1.4%-10.0%)	25
11	2.6%	(1.6%-3.5%)	42	1.1%	(0.0%-2.4%)	8	4.1%	(2.0%-6.2%)	34
12 or older	5.3%	(3.0%-7.5%)	47	3.4%	(0.0%-8.3%)	13	6.9%	(3.3%-10.4%)	34
----Grade----									
Grade 5	3.9%	(2.1%-5.8%)	68	1.4%	(0.0%-2.8%)	12	6.5%	(2.9%-10.0%)	56
Grade 6	3.4%	(2.0%-4.8%)	58	2.6%	(0.4%-4.8%)	22	4.2%	(1.7%-6.7%)	36
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.7%	(2.6%-4.9%)	104	2.4%	(0.7%-4.1%)	32	5.0%	(3.0%-7.1%)	72
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.5%	(2.2%-4.7%)	108	2.0%	(0.4%-3.5%)	29	5.0%	(3.1%-6.9%)	78
Multiple Races	7.8%	(1.0%-14.7%)	7	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Have you ever used marijuana? (en53)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.4%	(0.9%-3.9%)	86	2.3%	(0.0%-4.5%)	39	2.6%	(0.7%-4.6%)	47
----Age----									
10 or younger	3.4%	(0.1%-6.7%)	33	1.8%	(0.0%-4.3%)	9	5.2%	(0.3%-10.1%)	23
11	1.0%	(0.0%-2.0%)	17	0.9%	(0.0%-2.2%)	7	1.1%	(0.0%-2.6%)	9
12 or older	4.0%	(1.3%-6.7%)	36	5.5%	(0.5%-10.6%)	22	2.8%	(0.0%-5.9%)	14
----Grade----									
Grade 5	2.5%	(0.6%-4.4%)	45	1.4%	(0.0%-3.0%)	12	3.6%	(1.0%-6.3%)	33
Grade 6	2.3%	(0.7%-4.0%)	41	3.1%	(0.0%-6.3%)	27	1.6%	(0.0%-3.4%)	14
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.3%	(1.0%-3.6%)	65	2.0%	(0.0%-4.1%)	28	2.6%	(0.7%-4.5%)	37
----Race----									
American Indian or Alaskan Native	9.9%	(0.0%-25.7%)	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.4%	(0.8%-3.9%)	74	2.4%	(0.0%-4.9%)	36	2.4%	(0.6%-4.3%)	39
Multiple Races	*	*	*	*	*	*	*	*	*

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2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (en22a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.2%	(1.9%-4.6%)	114	3.1%	(1.3%-4.9%)	53	3.4%	(1.7%-5.2%)	61
----Age----									
10 or younger	5.4%	(1.6%-9.2%)	52	5.9%	(0.7%-11.2%)	31	4.8%	(0.1%-9.5%)	22
11	1.9%	(0.7%-3.0%)	31	1.5%	(0.0%-3.1%)	12	2.3%	(0.5%-4.0%)	19
12 or older	3.4%	(1.3%-5.5%)	31	2.7%	(0.0%-6.5%)	11	4.1%	(1.1%-7.1%)	20
----Grade----									
Grade 5	4.5%	(2.0%-6.9%)	79	4.9%	(1.7%-8.0%)	41	4.3%	(1.4%-7.2%)	38
Grade 6	1.9%	(0.7%-3.0%)	33	1.5%	(0.0%-3.6%)	13	2.3%	(0.6%-4.0%)	20
----Hispanic Ethnicity----									
Hispanic	11.4%	(0.0%-23.6%)	7	*	*	*	*	*	*
Non-Hispanic	3.0%	(1.6%-4.3%)	83	2.9%	(1.1%-4.6%)	39	3.1%	(1.1%-5.2%)	45
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.5%	(2.0%-5.1%)	110	3.5%	(1.5%-5.5%)	53	3.6%	(1.7%-5.6%)	57
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (en23)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.5%	(29.9%-39.1%)	1,229	34.4%	(27.9%-40.9%)	591	35.5%	(31.1%-39.9%)	631
----Age----									
10 or younger	30.3%	(23.2%-37.3%)	296	27.8%	(17.4%-38.1%)	145	33.5%	(25.3%-41.7%)	151
11	34.9%	(28.9%-40.8%)	586	36.9%	(29.0%-44.8%)	295	34.0%	(26.4%-41.5%)	284
12 or older	38.7%	(32.5%-44.9%)	347	37.9%	(27.2%-48.5%)	150	40.0%	(31.7%-48.4%)	197
----Grade----									
Grade 5	31.4%	(25.6%-37.1%)	562	31.0%	(23.6%-38.4%)	265	32.5%	(24.9%-40.0%)	291
Grade 6	37.8%	(32.5%-43.2%)	661	37.8%	(29.7%-45.8%)	325	38.5%	(33.7%-43.4%)	336
----Hispanic Ethnicity----									
Hispanic	41.7%	(13.5%-69.9%)	26	56.6%	(20.1%-93.1%)	19	25.0%	(6.0%-43.9%)	7
Non-Hispanic	34.1%	(28.6%-39.5%)	963	34.1%	(26.5%-41.7%)	462	34.5%	(29.8%-39.3%)	494
----Race----									
American Indian or Alaskan Native	39.8%	(26.5%-53.2%)	31	40.4%	(10.2%-70.6%)	16	40.7%	(16.2%-65.2%)	16
Asian	49.2%	(9.7%-88.6%)	6	*	*	*	*	*	*
Black or African American	51.2%	(24.9%-77.5%)	19	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	34.5%	(29.6%-39.5%)	1,079	34.5%	(27.8%-41.2%)	522	34.9%	(29.8%-40.1%)	550
Multiple Races	45.4%	(34.2%-56.5%)	42	45.2%	(25.4%-65.1%)	26	47.9%	(31.2%-64.6%)	16

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (en24)
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	91.4%	(89.8%-93.1%)	3,146	91.9%	(89.4%-94.5%)	1,525	91.4%	(88.6%-94.2%)	1,574
----Age----									
10 or younger	91.3%	(88.2%-94.5%)	858	92.8%	(89.4%-96.2%)	457	89.5%	(85.3%-93.8%)	396
11	91.4%	(88.5%-94.3%)	1,483	91.6%	(86.7%-96.5%)	717	92.4%	(88.9%-96.0%)	737
12 or older	91.6%	(88.0%-95.2%)	800	91.4%	(86.4%-96.5%)	351	91.5%	(85.4%-97.7%)	441
----Grade----									
Grade 5	90.6%	(88.2%-93.0%)	1,569	92.9%	(90.7%-95.1%)	763	89.6%	(85.7%-93.5%)	778
Grade 6	92.3%	(89.7%-94.9%)	1,562	91.0%	(86.5%-95.4%)	758	93.5%	(89.8%-97.2%)	789
----Hispanic Ethnicity----									
Hispanic	87.3%	(76.7%-97.9%)	50	*	*	*	*	*	*
Non-Hispanic	92.0%	(90.2%-93.9%)	2,535	92.4%	(89.8%-95.0%)	1,225	92.2%	(89.1%-95.3%)	1,281
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	91.7%	(89.8%-93.6%)	2,779	92.3%	(90.0%-94.5%)	1,353	91.6%	(88.4%-94.7%)	1,400
Multiple Races	87.8%	(76.3%-99.4%)	80	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*On an average school day, how long after school are you alone without a parent or trusted adult? (en62)
Percentage of students who answered '2 hours or more'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.0%	(18.6%-25.3%)	773	19.2%	(14.3%-24.1%)	322	24.3%	(20.7%-27.9%)	432
----Age----									
10 or younger	18.5%	(11.0%-26.0%)	179	16.8%	(7.0%-26.6%)	85	19.2%	(9.7%-28.6%)	87
11	21.3%	(18.1%-24.5%)	353	20.7%	(15.3%-26.1%)	162	21.9%	(16.2%-27.5%)	181
12 or older	26.9%	(19.1%-34.8%)	239	19.4%	(10.9%-27.9%)	75	33.1%	(23.6%-42.5%)	163
----Grade----									
Grade 5	19.4%	(16.0%-22.7%)	344	19.7%	(13.0%-26.3%)	164	18.3%	(13.0%-23.5%)	164
Grade 6	24.5%	(19.0%-30.1%)	422	18.9%	(12.8%-25.0%)	158	30.2%	(23.3%-37.1%)	263
----Hispanic Ethnicity----									
Hispanic	22.5%	(5.0%-40.0%)	13	*	*	*	*	*	*
Non-Hispanic	22.4%	(18.2%-26.6%)	625	20.9%	(14.5%-27.2%)	276	23.3%	(19.6%-27.1%)	333
----Race----									
American Indian or Alaskan Native	22.6%	(8.6%-36.5%)	17	25.9%	(0.4%-51.5%)	9	20.2%	(6.9%-33.6%)	8
Asian	*	*	*	*	*	*	*	*	*
Black or African American	39.3%	(14.7%-63.9%)	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.8%	(18.2%-25.4%)	673	18.9%	(14.0%-23.8%)	278	24.1%	(20.1%-28.1%)	381
Multiple Races	25.6%	(10.9%-40.4%)	23	26.8%	(5.3%-48.2%)	15	21.1%	(3.5%-38.6%)	7

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CI = 95% Confidence Interval

N = Number of students who answered '2 hours or more' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

Percentage of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (enfruit_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	73.1%	(68.8%-77.5%)	2,519	73.7%	(68.2%-79.1%)	1,218	73.1%	(67.7%-78.6%)	1,270
----Age----									
10 or younger	77.3%	(70.9%-83.7%)	734	79.7%	(72.2%-87.1%)	395	75.4%	(67.2%-83.7%)	337
11	71.4%	(66.1%-76.7%)	1,149	69.4%	(61.6%-77.2%)	534	73.8%	(67.7%-79.9%)	589
12 or older	72.0%	(65.7%-78.3%)	636	74.4%	(64.8%-84.0%)	289	70.0%	(59.9%-80.0%)	344
----Grade----									
Grade 5	74.7%	(68.9%-80.4%)	1,294	75.6%	(67.8%-83.4%)	615	74.9%	(68.4%-81.3%)	657
Grade 6	71.6%	(67.6%-75.7%)	1,216	71.7%	(65.5%-77.9%)	601	71.3%	(64.6%-78.0%)	606
----Hispanic Ethnicity----									
Hispanic	68.8%	(41.8%-95.7%)	43	77.6%	(44.1%-100.0%)	26	57.9%	(13.5%-100.0%)	16
Non-Hispanic	73.0%	(68.6%-77.4%)	2,001	73.0%	(67.4%-78.6%)	953	73.4%	(67.6%-79.2%)	1,028
----Race----									
American Indian or Alaskan Native	79.1%	(67.1%-91.1%)	61	79.5%	(58.9%-100.0%)	31	78.5%	(63.6%-93.4%)	30
Asian	*	*	*	*	*	*	*	*	*
Black or African American	84.1%	(69.1%-99.1%)	31	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	73.5%	(69.1%-77.8%)	2,225	73.5%	(68.0%-78.9%)	1,069	73.9%	(68.4%-79.3%)	1,136
Multiple Races	86.2%	(76.8%-95.6%)	79	89.8%	(78.5%-100.0%)	52	80.3%	(62.8%-97.8%)	25

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CI = 95% Confidence Interval

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Percentage of students who consumed less than 1 fruit or 100% fruit juice yesterday (enonefrt)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.9%	(8.4%-13.4%)	376	8.5%	(5.8%-11.3%)	141	13.2%	(9.8%-16.5%)	228
----Age----									
10 or younger	9.7%	(4.9%-14.4%)	92	4.3%	(0.7%-7.9%)	21	15.8%	(8.6%-22.9%)	70
11	10.5%	(7.2%-13.8%)	169	10.4%	(6.3%-14.5%)	80	10.5%	(5.9%-15.1%)	84
12 or older	12.9%	(9.1%-16.7%)	114	10.2%	(4.4%-16.0%)	40	15.1%	(10.4%-19.7%)	74
----Grade----									
Grade 5	11.2%	(7.0%-15.3%)	193	8.3%	(4.1%-12.5%)	68	13.8%	(8.0%-19.6%)	121
Grade 6	10.5%	(8.7%-12.4%)	179	8.8%	(5.7%-11.8%)	73	12.4%	(9.5%-15.3%)	105
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	10.7%	(8.4%-13.0%)	293	9.0%	(5.6%-12.3%)	117	12.2%	(9.3%-15.2%)	171
----Race----									
American Indian or Alaskan Native	12.6%	(4.0%-21.2%)	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.2%	(8.0%-12.4%)	310	7.8%	(5.1%-10.4%)	113	12.5%	(9.1%-15.9%)	192
Multiple Races	9.4%	(0.8%-18.0%)	9	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who consumed less than 1 fruit or 100% fruit juice yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Yesterday, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (enoneveg)

Percentage of students who ate vegetables less than 1 time yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.9%	(19.4%-28.4%)	850	20.4%	(15.8%-25.0%)	350	26.6%	(21.0%-32.2%)	475
----Age----									
10 or younger	22.2%	(15.4%-28.9%)	219	14.7%	(6.8%-22.5%)	77	31.1%	(22.7%-39.4%)	142
11	24.8%	(18.8%-30.7%)	413	24.3%	(17.9%-30.8%)	192	24.1%	(17.0%-31.2%)	201
12 or older	23.9%	(16.5%-31.2%)	214	20.1%	(13.9%-26.3%)	80	26.7%	(15.5%-37.9%)	131
----Grade----									
Grade 5	24.5%	(19.5%-29.6%)	442	21.0%	(14.2%-27.7%)	178	26.9%	(21.9%-31.8%)	245
Grade 6	23.3%	(17.8%-28.8%)	404	20.0%	(15.4%-24.5%)	171	26.6%	(17.9%-35.3%)	230
----Hispanic Ethnicity----									
Hispanic	23.3%	(9.0%-37.5%)	14	*	*	*	*	*	*
Non-Hispanic	23.8%	(19.2%-28.4%)	674	21.3%	(17.2%-25.4%)	289	25.8%	(19.0%-32.6%)	370
----Race----									
American Indian or Alaskan Native	10.5%	(0.9%-20.1%)	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	18.1%	(0.0%-37.9%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.6%	(18.5%-28.7%)	738	20.7%	(15.6%-25.8%)	312	26.0%	(19.1%-32.9%)	412
Multiple Races	26.4%	(15.4%-37.4%)	25	26.7%	(12.6%-40.7%)	16	27.3%	(9.3%-45.3%)	9

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CI = 95% Confidence Interval

N = Number of students who ate vegetables less than 1 time yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Percentage of students who ate vegetables three or more times yesterday (enveg_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.5%	(25.2%-31.9%)	1,015	29.9%	(25.4%-34.5%)	513	27.5%	(23.8%-31.2%)	491
----Age----									
10 or younger	31.7%	(23.8%-39.5%)	313	32.7%	(23.3%-42.1%)	171	30.5%	(20.5%-40.4%)	140
11	27.4%	(23.0%-31.8%)	457	27.3%	(22.3%-32.3%)	216	27.9%	(21.9%-33.8%)	233
12 or older	27.3%	(22.9%-31.7%)	244	31.6%	(26.8%-36.3%)	126	24.0%	(18.3%-29.8%)	118
----Grade----									
Grade 5	29.6%	(23.8%-35.4%)	534	29.4%	(22.5%-36.2%)	250	30.5%	(24.0%-37.1%)	278
Grade 6	27.6%	(24.7%-30.5%)	479	30.5%	(25.0%-36.0%)	262	24.6%	(21.0%-28.1%)	213
----Hispanic Ethnicity----									
Hispanic	18.5%	(11.8%-25.2%)	11	17.2%	(0.0%-35.1%)	6	20.3%	(0.0%-43.4%)	6
Non-Hispanic	28.6%	(25.4%-31.8%)	809	29.3%	(25.0%-33.7%)	398	28.2%	(23.7%-32.7%)	405
----Race----									
American Indian or Alaskan Native	18.1%	(10.5%-25.8%)	14	21.7%	(9.6%-33.8%)	8	15.2%	(4.6%-25.9%)	6
Asian	*	*	*	*	*	*	*	*	*
Black or African American	43.8%	(19.1%-68.4%)	16	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	28.4%	(24.7%-32.2%)	889	29.9%	(25.2%-34.5%)	450	27.2%	(23.0%-31.4%)	430
Multiple Races	28.5%	(13.0%-44.0%)	27	28.6%	(10.3%-47.0%)	17	29.6%	(11.2%-48.0%)	10

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CI = 95% Confidence Interval

N = Number of students who ate vegetables three or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (enfrvg_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.5%	(43.9%-51.0%)	1,625	47.6%	(43.4%-51.8%)	782	47.5%	(42.5%-52.4%)	819
----Age----									
10 or younger	53.4%	(47.2%-59.6%)	507	57.9%	(51.5%-64.2%)	287	48.7%	(38.1%-59.3%)	217
11	45.1%	(41.1%-49.0%)	718	42.2%	(37.3%-47.0%)	320	47.5%	(41.7%-53.4%)	377
12 or older	45.6%	(38.0%-53.2%)	400	45.0%	(37.4%-52.7%)	175	46.1%	(35.3%-57.0%)	224
----Grade----									
Grade 5	49.8%	(45.1%-54.6%)	861	50.4%	(45.3%-55.4%)	407	49.7%	(43.1%-56.4%)	436
Grade 6	45.1%	(40.3%-49.8%)	758	44.8%	(38.7%-50.9%)	373	45.0%	(38.4%-51.7%)	378
----Hispanic Ethnicity----									
Hispanic	48.6%	(28.0%-69.1%)	30	57.1%	(26.1%-88.1%)	19	39.3%	(4.5%-74.2%)	11
Non-Hispanic	47.0%	(43.3%-50.8%)	1,285	46.3%	(41.6%-51.0%)	604	47.8%	(42.2%-53.4%)	664
----Race----									
American Indian or Alaskan Native	46.8%	(31.1%-62.5%)	36	44.1%	(18.1%-70.0%)	17	50.2%	(31.2%-69.1%)	19
Asian	*	*	*	*	*	*	*	*	*
Black or African American	77.4%	(62.2%-92.6%)	29	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	47.1%	(43.5%-50.7%)	1,417	46.6%	(42.8%-50.5%)	675	47.6%	(42.4%-52.9%)	728
Multiple Races	66.3%	(54.4%-78.2%)	61	71.4%	(57.8%-85.0%)	42	56.5%	(36.5%-76.6%)	18

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N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times yesterday (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Yesterday, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (en66)

Percentage of students who answered at least one time yesterday

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	62.1%	(59.2%-65.0%)	2,213	60.4%	(55.3%-65.6%)	1,035	63.4%	(59.6%-67.2%)	1,132
----Age----									
10 or younger	62.5%	(55.7%-69.2%)	607	61.1%	(51.9%-70.2%)	314	65.0%	(54.2%-75.7%)	294
11	62.3%	(58.8%-65.8%)	1,047	59.7%	(53.2%-66.2%)	478	64.1%	(58.3%-70.0%)	536
12 or older	61.2%	(54.4%-68.0%)	555	61.0%	(52.2%-69.9%)	244	60.8%	(53.5%-68.1%)	302
----Grade----									
Grade 5	63.6%	(59.2%-68.0%)	1,141	60.5%	(53.5%-67.5%)	511	66.7%	(60.9%-72.5%)	603
Grade 6	60.6%	(56.5%-64.8%)	1,061	60.6%	(54.3%-66.9%)	523	60.0%	(55.4%-64.7%)	524
----Hispanic Ethnicity----									
Hispanic	70.6%	(61.7%-79.6%)	44	73.6%	(64.9%-82.3%)	24	66.6%	(51.3%-81.9%)	19
Non-Hispanic	63.0%	(59.6%-66.5%)	1,784	62.2%	(56.4%-68.1%)	842	63.6%	(59.5%-67.7%)	915
----Race----									
American Indian or Alaskan Native	45.4%	(29.4%-61.3%)	36	29.9%	(16.8%-43.0%)	12	61.4%	(34.4%-88.3%)	24
Asian	*	*	*	*	*	*	*	*	*
Black or African American	46.0%	(26.2%-65.8%)	17	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	62.2%	(58.8%-65.5%)	1,943	60.6%	(54.9%-66.3%)	913	63.4%	(59.3%-67.4%)	1,004
Multiple Races	69.1%	(55.7%-82.4%)	64	74.6%	(62.0%-87.2%)	43	59.3%	(35.5%-83.0%)	20

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (en67a)
Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.2%	(81.2%-85.2%)	2,957	83.6%	(80.6%-86.7%)	1,430	83.1%	(79.6%-86.7%)	1,491
----Age----									
10 or younger	85.2%	(80.0%-90.5%)	834	83.3%	(76.8%-89.9%)	429	87.1%	(80.0%-94.3%)	398
11	83.3%	(80.7%-85.9%)	1,394	85.9%	(80.6%-91.2%)	684	81.8%	(77.5%-86.1%)	687
12 or older	80.8%	(76.9%-84.7%)	727	79.5%	(73.4%-85.7%)	317	81.7%	(76.1%-87.4%)	406
----Grade----									
Grade 5	84.6%	(80.7%-88.5%)	1,512	84.1%	(78.6%-89.5%)	711	86.0%	(81.7%-90.3%)	776
Grade 6	81.9%	(78.4%-85.3%)	1,433	83.6%	(79.9%-87.3%)	717	80.0%	(74.2%-85.9%)	706
----Hispanic Ethnicity----									
Hispanic	82.5%	(68.3%-96.6%)	51	*	*	*	*	*	*
Non-Hispanic	83.2%	(81.3%-85.1%)	2,359	83.5%	(80.0%-87.0%)	1,133	83.2%	(79.6%-86.8%)	1,202
----Race----									
American Indian or Alaskan Native	77.1%	(67.4%-86.9%)	59	73.7%	(62.1%-85.4%)	29	81.0%	(67.0%-95.1%)	30
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	83.3%	(81.4%-85.2%)	2,610	83.5%	(80.5%-86.5%)	1,257	83.3%	(79.9%-86.7%)	1,331
Multiple Races	79.4%	(69.0%-89.9%)	74	*	*	*	*	*	*

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*How many days each week do you exercise, dance or play sports for at least an hour? (en68)
Percentage of students who answered at least 7 days.*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.3%	(17.2%-21.4%)	683	16.7%	(12.5%-20.8%)	283	22.0%	(18.8%-25.3%)	393
----Age----									
10 or younger	14.7%	(10.4%-19.0%)	143	11.0%	(4.5%-17.4%)	56	19.2%	(13.6%-24.7%)	87
11	21.4%	(18.2%-24.6%)	357	19.4%	(14.5%-24.3%)	154	24.0%	(18.1%-29.9%)	200
12 or older	20.0%	(14.4%-25.6%)	179	18.5%	(8.8%-28.2%)	73	21.4%	(15.3%-27.5%)	106
----Grade----									
Grade 5	19.6%	(16.1%-23.1%)	352	16.2%	(10.5%-21.9%)	136	23.7%	(19.0%-28.4%)	214
Grade 6	18.8%	(16.1%-21.6%)	325	17.3%	(12.4%-22.2%)	147	20.4%	(16.8%-23.9%)	177
----Hispanic Ethnicity----									
Hispanic	15.9%	(6.1%-25.7%)	10	*	*	*	*	*	*
Non-Hispanic	19.5%	(16.8%-22.2%)	548	17.3%	(12.1%-22.5%)	233	21.8%	(17.1%-26.5%)	312
----Race----									
American Indian or Alaskan Native	33.1%	(11.5%-54.7%)	26	32.9%	(8.3%-57.4%)	13	32.0%	(9.2%-54.8%)	12
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.5%	(16.3%-20.6%)	577	15.9%	(11.4%-20.5%)	239	21.2%	(17.5%-24.8%)	335
Multiple Races	28.5%	(15.2%-41.8%)	26	25.2%	(11.7%-38.6%)	14	35.6%	(8.7%-62.6%)	12

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CI = 95% Confidence Interval

N = Number of students who answered at least 7 days. (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
On an average school day, how many hours do you watch TV? (en34)
Percentage of students who answered at least 3 hours

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.8%	(24.1%-31.4%)	965	25.6%	(21.9%-29.3%)	428	29.7%	(24.0%-35.5%)	519
----Age----									
10 or younger	23.0%	(14.7%-31.3%)	222	17.3%	(9.3%-25.2%)	87	29.6%	(19.7%-39.5%)	135
11	29.5%	(26.9%-32.2%)	479	32.0%	(27.7%-36.4%)	248	26.7%	(21.0%-32.4%)	216
12 or older	29.9%	(24.1%-35.6%)	264	23.7%	(16.7%-30.7%)	93	35.0%	(24.4%-45.6%)	169
----Grade----									
Grade 5	25.8%	(20.3%-31.3%)	451	24.5%	(19.2%-29.9%)	201	26.4%	(19.1%-33.7%)	235
Grade 6	29.9%	(25.4%-34.4%)	510	26.8%	(21.9%-31.8%)	227	33.1%	(25.1%-41.1%)	281
----Hispanic Ethnicity----									
Hispanic	43.7%	(29.7%-57.6%)	26	34.4%	(19.5%-49.3%)	11	52.9%	(28.1%-77.8%)	15
Non-Hispanic	29.1%	(25.5%-32.6%)	810	27.5%	(23.5%-31.5%)	368	30.6%	(24.2%-37.0%)	431
----Race----									
American Indian or Alaskan Native	28.5%	(16.3%-40.7%)	22	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	26.5%	(7.5%-45.4%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	28.0%	(24.0%-32.0%)	858	26.1%	(21.9%-30.3%)	386	29.7%	(23.7%-35.7%)	461
Multiple Races	21.7%	(9.9%-33.4%)	18	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered at least 3 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
On an average school day, how many hours do you watch TV? (en34_2)
Percentage of students who answered 2 or fewer hours

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	72.2%	(68.6%-75.9%)	2,511	74.4%	(70.7%-78.1%)	1,243	70.3%	(64.5%-76.0%)	1,227
----Age----									
10 or younger	77.0%	(68.7%-85.3%)	744	82.7%	(74.8%-90.7%)	418	70.4%	(60.5%-80.3%)	322
11	70.5%	(67.8%-73.1%)	1,143	68.0%	(63.6%-72.3%)	526	73.3%	(67.6%-79.0%)	592
12 or older	70.1%	(64.4%-75.9%)	620	76.3%	(69.3%-83.3%)	300	65.0%	(54.4%-75.6%)	313
----Grade----									
Grade 5	74.2%	(68.7%-79.7%)	1,298	75.5%	(70.1%-80.8%)	617	73.6%	(66.3%-80.9%)	655
Grade 6	70.1%	(65.6%-74.6%)	1,197	73.2%	(68.2%-78.1%)	620	66.9%	(58.9%-74.9%)	566
----Hispanic Ethnicity----									
Hispanic	56.3%	(42.4%-70.3%)	33	65.6%	(50.7%-80.5%)	20	47.1%	(22.2%-71.9%)	13
Non-Hispanic	70.9%	(67.4%-74.5%)	1,975	72.5%	(68.5%-76.5%)	971	69.4%	(63.0%-75.8%)	977
----Race----									
American Indian or Alaskan Native	71.5%	(59.3%-83.7%)	56	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	73.5%	(54.6%-92.5%)	26	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	72.0%	(68.0%-76.0%)	2,207	73.9%	(69.7%-78.1%)	1,093	70.3%	(64.3%-76.3%)	1,091
Multiple Races	78.3%	(66.6%-90.1%)	65	*	*	*	*	*	*

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b)
Percentage of students who answered at least 3 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	38.1%	(33.5%-42.7%)	1,339	31.6%	(26.2%-37.1%)	537	44.3%	(38.3%-50.3%)	778
----Age----									
10 or younger	30.8%	(22.8%-38.8%)	296	21.9%	(13.3%-30.5%)	112	40.1%	(27.1%-53.0%)	177
11	40.2%	(35.8%-44.7%)	666	37.6%	(31.1%-44.0%)	296	43.3%	(37.0%-49.6%)	357
12 or older	41.8%	(34.4%-49.2%)	375	32.3%	(20.4%-44.3%)	129	50.0%	(41.2%-58.8%)	243
----Grade----									
Grade 5	35.5%	(30.4%-40.5%)	627	29.8%	(23.8%-35.9%)	251	40.6%	(32.6%-48.5%)	358
Grade 6	40.8%	(35.8%-45.8%)	705	33.6%	(26.7%-40.6%)	286	48.1%	(41.3%-54.8%)	415
----Hispanic Ethnicity----									
Hispanic	38.5%	(20.9%-56.1%)	24	34.7%	(19.1%-50.3%)	12	42.0%	(6.0%-77.9%)	12
Non-Hispanic	38.3%	(34.1%-42.4%)	1,072	33.4%	(27.7%-39.1%)	449	42.9%	(37.1%-48.7%)	608
----Race----									
American Indian or Alaskan Native	32.1%	(16.5%-47.6%)	24	22.0%	(5.9%-38.1%)	9	43.2%	(20.6%-65.7%)	15
Asian	*	*	*	*	*	*	*	*	*
Black or African American	40.7%	(13.6%-67.8%)	15	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	38.7%	(34.5%-42.8%)	1,195	32.7%	(26.8%-38.6%)	489	44.6%	(39.4%-49.8%)	694
Multiple Races	36.4%	(19.3%-53.5%)	33	34.2%	(12.8%-55.5%)	19	37.0%	(15.6%-58.4%)	12

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.) (en57b_3)
Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	61.9%	(57.3%-66.5%)	2,177	68.4%	(62.9%-73.8%)	1,163	55.7%	(49.7%-61.7%)	976
----Age----									
10 or younger	69.2%	(61.2%-77.2%)	665	78.1%	(69.5%-86.7%)	400	59.9%	(47.0%-72.9%)	265
11	59.8%	(55.3%-64.2%)	990	62.4%	(56.0%-68.9%)	492	56.7%	(50.4%-63.0%)	468
12 or older	58.2%	(50.8%-65.6%)	521	67.7%	(55.7%-79.6%)	270	50.0%	(41.2%-58.8%)	244
----Grade----									
Grade 5	64.5%	(59.5%-69.6%)	1,142	70.2%	(64.1%-76.2%)	591	59.4%	(51.5%-67.4%)	525
Grade 6	59.2%	(54.2%-64.2%)	1,023	66.4%	(59.4%-73.3%)	565	51.9%	(45.2%-58.7%)	448
----Hispanic Ethnicity----									
Hispanic	61.5%	(43.9%-79.1%)	38	65.3%	(49.7%-80.9%)	22	58.0%	(22.1%-94.0%)	16
Non-Hispanic	61.7%	(57.6%-65.9%)	1,730	66.6%	(60.9%-72.3%)	896	57.1%	(51.3%-62.9%)	811
----Race----									
American Indian or Alaskan Native	67.9%	(52.4%-83.5%)	51	78.0%	(61.9%-94.1%)	30	56.8%	(34.3%-79.4%)	20
Asian	*	*	*	*	*	*	*	*	*
Black or African American	59.3%	(32.2%-86.4%)	22	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	61.3%	(57.2%-65.5%)	1,895	67.3%	(61.4%-73.2%)	1,009	55.4%	(50.2%-60.6%)	863
Multiple Races	63.6%	(46.5%-80.7%)	58	65.8%	(44.5%-87.2%)	37	63.0%	(41.6%-84.4%)	21

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**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (enscreen)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	31.5%	(27.9%-35.1%)	1,079	34.7%	(28.3%-41.2%)	574	28.2%	(24.5%-31.9%)	484
----Age----									
10 or younger	36.9%	(29.3%-44.4%)	347	40.5%	(30.2%-50.8%)	201	33.2%	(25.5%-40.9%)	147
11	30.7%	(25.8%-35.7%)	494	31.8%	(23.9%-39.6%)	243	29.6%	(23.1%-36.0%)	237
12 or older	27.0%	(20.1%-33.9%)	236	33.2%	(23.6%-42.8%)	130	21.3%	(12.6%-30.0%)	101
----Grade----									
Grade 5	35.4%	(29.8%-41.0%)	608	36.2%	(27.0%-45.5%)	293	34.9%	(29.6%-40.3%)	303
Grade 6	27.5%	(23.3%-31.7%)	465	33.0%	(27.1%-38.8%)	277	21.6%	(15.2%-27.9%)	181
----Hispanic Ethnicity----									
Hispanic	25.7%	(16.6%-34.8%)	15	*	*	*	*	*	*
Non-Hispanic	30.0%	(26.6%-33.4%)	826	32.4%	(25.4%-39.4%)	431	27.8%	(24.0%-31.6%)	386
----Race----									
American Indian or Alaskan Native	42.1%	(25.9%-58.4%)	31	51.7%	(28.3%-75.0%)	20	30.4%	(13.5%-47.3%)	11
Asian	*	*	*	*	*	*	*	*	*
Black or African American	49.2%	(17.7%-80.6%)	17	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	30.7%	(27.1%-34.3%)	928	33.9%	(27.2%-40.6%)	496	27.7%	(23.5%-31.9%)	423
Multiple Races	30.2%	(17.9%-42.5%)	25	29.0%	(8.3%-49.6%)	15	33.9%	(17.2%-50.6%)	10

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N = Number of students watching 2 or fewer hours of combined screen time (tv, video games, computer) per day on an average school day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)

Percentage of students who answered at least 1 day

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	40.2%	(35.2%-45.1%)	1,417	41.3%	(34.1%-48.5%)	698	38.7%	(31.5%-45.9%)	687
----Age----									
10 or younger	43.2%	(35.0%-51.4%)	420	45.6%	(32.6%-58.6%)	232	40.7%	(29.6%-51.8%)	186
11	40.3%	(35.0%-45.6%)	668	41.9%	(35.6%-48.1%)	331	37.7%	(29.5%-45.9%)	310
12 or older	36.8%	(29.6%-43.9%)	328	34.4%	(24.9%-43.9%)	134	38.7%	(28.8%-48.5%)	191
----Grade----									
Grade 5	41.4%	(34.7%-48.1%)	737	42.3%	(31.9%-52.6%)	356	39.5%	(30.4%-48.7%)	354
Grade 6	39.1%	(33.1%-45.0%)	674	40.4%	(32.9%-47.8%)	339	37.9%	(29.8%-46.0%)	330
----Hispanic Ethnicity----									
Hispanic	42.4%	(28.4%-56.3%)	26	43.9%	(21.2%-66.6%)	15	41.2%	(25.3%-57.2%)	12
Non-Hispanic	39.1%	(33.9%-44.4%)	1,102	40.2%	(33.0%-47.4%)	541	37.7%	(29.2%-46.1%)	539
----Race----									
American Indian or Alaskan Native	38.7%	(25.8%-51.6%)	30	54.1%	(16.0%-92.2%)	21	24.5%	(3.6%-45.3%)	9
Asian	*	*	*	*	*	*	*	*	*
Black or African American	37.9%	(12.9%-62.9%)	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	39.9%	(34.7%-45.1%)	1,239	40.1%	(32.5%-47.7%)	598	39.2%	(31.7%-46.7%)	618
Multiple Races	53.7%	(38.1%-69.4%)	49	59.5%	(39.0%-80.0%)	33	43.1%	(20.4%-65.9%)	14

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2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

Has a doctor, nurse, or other adult ever told you that you have asthma? (en69)

Percentage of students who answered 'Yes' (Excludes 'Not Sure' responses)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.6%	(16.2%-20.9%)	589	16.6%	(12.1%-21.0%)	258	20.6%	(16.4%-24.8%)	324
----Age----									
10 or younger	15.5%	(11.0%-19.9%)	131	15.0%	(6.9%-23.2%)	72	16.1%	(6.3%-25.9%)	59
11	19.8%	(16.1%-23.5%)	295	15.5%	(10.0%-21.0%)	110	24.1%	(18.6%-29.6%)	180
12 or older	19.4%	(15.2%-23.7%)	160	20.6%	(14.6%-26.7%)	76	18.4%	(11.5%-25.4%)	84
----Grade----									
Grade 5	19.1%	(15.2%-22.9%)	299	16.9%	(9.2%-24.7%)	131	21.5%	(16.0%-27.0%)	164
Grade 6	18.0%	(13.7%-22.3%)	286	16.4%	(11.5%-21.2%)	127	19.7%	(12.3%-27.1%)	158
----Hispanic Ethnicity----									
Hispanic	23.5%	(8.2%-38.8%)	13	*	*	*	*	*	*
Non-Hispanic	17.5%	(15.0%-20.0%)	445	15.6%	(11.3%-19.9%)	193	19.3%	(15.0%-23.7%)	247
----Race----									
American Indian or Alaskan Native	15.7%	(0.0%-33.6%)	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.5%	(15.9%-21.0%)	522	16.2%	(11.0%-21.5%)	224	20.6%	(16.5%-24.7%)	293
Multiple Races	25.6%	(11.4%-39.8%)	21	26.3%	(8.7%-44.0%)	13	25.9%	(3.2%-48.5%)	8

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not Sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (encrasth_2)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.8%	(11.4%-16.1%)	425	12.9%	(8.9%-16.9%)	197	14.9%	(11.7%-18.0%)	226
----Age----									
10 or younger	11.9%	(7.6%-16.2%)	99	11.4%	(3.6%-19.3%)	54	12.6%	(4.6%-20.6%)	45
11	14.5%	(10.7%-18.2%)	211	11.0%	(6.8%-15.2%)	76	18.4%	(13.0%-23.9%)	134
12 or older	14.2%	(9.8%-18.5%)	113	18.4%	(12.9%-23.8%)	66	10.7%	(5.2%-16.2%)	47
----Grade----									
Grade 5	14.5%	(10.9%-18.2%)	224	13.5%	(6.5%-20.5%)	103	16.2%	(11.9%-20.6%)	121
Grade 6	12.9%	(8.4%-17.4%)	197	12.4%	(7.6%-17.2%)	94	13.4%	(7.0%-19.8%)	103
----Hispanic Ethnicity----									
Hispanic	16.2%	(3.4%-29.0%)	8	*	*	*	*	*	*
Non-Hispanic	12.5%	(10.2%-14.7%)	308	12.0%	(8.6%-15.3%)	145	13.2%	(10.0%-16.5%)	163
----Race----									
American Indian or Alaskan Native	14.2%	(0.0%-32.6%)	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.6%	(11.1%-16.2%)	375	12.8%	(8.5%-17.2%)	174	14.6%	(11.1%-18.1%)	201
Multiple Races	18.8%	(4.4%-33.2%)	14	18.4%	(0.0%-38.0%)	9	20.5%	(1.5%-39.5%)	6

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CI = 95% Confidence Interval

N = Number of students with current asthma prevalence (Excludes 'Not sure' responses from e69 and e59) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*Has a doctor, nurse, or asthma educator ever taught you what to do during an asthma episode or attack? (en38b_3)
Among students who reported to have asthma in e69, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	49.2%	(44.2%-54.3%)	287	42.1%	(35.6%-48.6%)	109	53.9%	(45.4%-62.3%)	172
----Age----									
10 or younger	30.4%	(17.4%-43.5%)	39	21.8%	(5.8%-37.8%)	16	42.0%	(22.7%-61.2%)	23
11	56.3%	(48.8%-63.8%)	166	54.7%	(41.4%-68.0%)	60	56.2%	(41.3%-71.0%)	101
12 or older	50.5%	(33.7%-67.2%)	81	43.3%	(21.1%-65.6%)	33	56.6%	(38.1%-75.2%)	47
----Grade----									
Grade 5	44.1%	(34.2%-54.1%)	130	39.1%	(26.2%-52.0%)	51	46.7%	(29.8%-63.5%)	74
Grade 6	53.8%	(47.1%-60.5%)	153	45.3%	(36.8%-53.7%)	58	60.6%	(51.8%-69.3%)	95
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	51.6%	(46.0%-57.2%)	229	45.2%	(37.4%-52.9%)	87	55.7%	(47.7%-63.6%)	138
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	50.0%	(44.2%-55.9%)	259	45.8%	(37.1%-54.4%)	102	52.5%	(43.8%-61.2%)	152
Multiple Races	37.6%	(2.2%-73.0%)	8	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

During the past month, has asthma limited your usual activities? (en70)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e70)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.6%	(13.7%-29.6%)	110	24.3%	(10.9%-37.8%)	52	19.3%	(10.3%-28.3%)	55
----Age----									
10 or younger	29.9%	(13.8%-46.1%)	30	15.5%	(0.0%-37.2%)	9	51.5%	(22.6%-80.5%)	21
11	13.6%	(1.4%-25.9%)	35	10.8%	(0.0%-23.7%)	9	15.4%	(1.1%-29.8%)	26
12 or older	28.8%	(18.5%-39.2%)	43	47.8%	(26.4%-69.1%)	34	10.8%	(0.8%-20.8%)	8
----Grade----									
Grade 5	20.1%	(12.4%-27.7%)	49	15.4%	(0.0%-32.4%)	17	24.6%	(14.7%-34.5%)	32
Grade 6	22.5%	(12.0%-33.0%)	59	33.2%	(17.0%-49.4%)	36	14.8%	(2.7%-26.9%)	23
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	19.3%	(11.2%-27.3%)	75	27.9%	(11.7%-44.2%)	45	13.3%	(5.9%-20.6%)	29
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.9%	(13.0%-30.7%)	99	24.3%	(10.0%-38.6%)	46	20.5%	(11.2%-29.7%)	52
Multiple Races	*	*	*	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e70) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Have you missed school this year because of your asthma? (en71)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e71)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.2%	(6.5%-15.9%)	63	9.1%	(3.3%-14.9%)	23	13.2%	(6.2%-20.2%)	40
----Age----									
10 or younger	11.5%	(0.0%-24.9%)	14	*	*	*	*	*	*
11	8.9%	(3.0%-14.8%)	25	*	*	*	*	*	*
12 or older	15.2%	(7.5%-22.9%)	24	22.0%	(6.3%-37.7%)	16	9.1%	(1.9%-16.4%)	8
----Grade----									
Grade 5	9.9%	(0.7%-19.0%)	28	*	*	*	*	*	*
Grade 6	12.0%	(6.8%-17.2%)	33	14.4%	(5.3%-23.5%)	18	10.0%	(0.8%-19.2%)	15
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	13.6%	(7.3%-19.9%)	58	12.2%	(3.3%-21.2%)	23	14.9%	(5.5%-24.3%)	35
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.1%	(6.9%-17.3%)	60	9.9%	(3.1%-16.6%)	22	14.0%	(6.6%-21.4%)	39
Multiple Races	*	*	*	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e71) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

During the past month, did your asthma make it difficult for you to stay asleep? (en72)

Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e72)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.7%	(14.3%-29.2%)	111	31.7%	(20.7%-42.7%)	67	14.3%	(5.0%-23.7%)	42
----Age----									
10 or younger	16.7%	(4.6%-28.8%)	16	*	*	*	*	*	*
11	11.0%	(1.7%-20.4%)	29	9.3%	(0.0%-20.6%)	9	12.3%	(2.6%-22.1%)	20
12 or older	42.9%	(29.6%-56.2%)	64	60.6%	(41.0%-80.2%)	44	26.1%	(5.6%-46.5%)	20
----Grade----									
Grade 5	12.6%	(7.2%-17.9%)	32	26.4%	(16.2%-36.7%)	26	3.9%	(0.0%-8.7%)	6
Grade 6	29.5%	(17.5%-41.5%)	76	36.3%	(16.9%-55.7%)	41	24.0%	(6.0%-41.9%)	35
----Hispanic Ethnicity----									
Hispanic	51.3%	(11.2%-91.5%)	6	*	*	*	*	*	*
Non-Hispanic	21.6%	(12.1%-31.1%)	87	37.2%	(23.0%-51.5%)	65	10.0%	(0.0%-21.0%)	22
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.8%	(13.1%-28.5%)	96	31.3%	(19.6%-43.0%)	59	13.9%	(3.9%-23.8%)	37
Multiple Races	36.9%	(1.0%-72.9%)	6	*	*	*	*	*	*

*Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.

CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e72) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*During the past month, did you ever have any symptoms of asthma such as shortness of breath, tightness in your chest, or a wheezing cough? (en73)
Among students who reported to have asthma in e69, the percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e73)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	64.6%	(53.1%-76.1%)	342	64.3%	(46.6%-81.9%)	140	64.0%	(53.1%-74.9%)	195
----Age----									
10 or younger	58.0%	(40.4%-75.5%)	60	43.5%	(17.6%-69.4%)	21	71.0%	(48.1%-93.9%)	39
11	64.5%	(49.4%-79.5%)	177	61.4%	(33.3%-89.4%)	61	65.3%	(52.6%-77.9%)	112
12 or older	69.0%	(59.3%-78.6%)	103	82.8%	(71.0%-94.7%)	58	56.5%	(37.6%-75.5%)	45
----Grade----									
Grade 5	60.3%	(46.1%-74.5%)	152	52.6%	(25.4%-79.9%)	51	64.1%	(49.8%-78.4%)	96
Grade 6	68.0%	(56.0%-80.1%)	186	73.7%	(53.6%-93.9%)	89	63.5%	(48.2%-78.7%)	97
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	65.5%	(52.1%-79.0%)	266	67.8%	(44.7%-90.8%)	114	63.2%	(52.4%-74.0%)	147
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	64.0%	(52.5%-75.4%)	301	66.1%	(47.7%-84.4%)	123	62.0%	(50.3%-73.7%)	174
Multiple Races	62.8%	(23.0%-100.0%)	12	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Among students who reported to have asthma in e69, the number of students who answered 'Yes' (Excludes 'Not sure' responses from e73) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)
Has a doctor or nurse ever told you that you have diabetes? (en43a)
Percentage of students who answered 'Yes'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.6%	(0.8%-2.4%)	58	1.6%	(0.6%-2.7%)	28	1.7%	(0.6%-2.7%)	29
----Age----									
10 or younger	2.2%	(0.4%-4.0%)	21	2.3%	(0.2%-4.4%)	12	2.0%	(0.0%-4.8%)	9
11	0.8%	(0.0%-2.0%)	14	*	*	*	*	*	*
12 or older	2.5%	(0.0%-5.0%)	23	2.9%	(0.0%-6.1%)	12	2.2%	(0.0%-5.1%)	11
----Grade----									
Grade 5	1.4%	(0.5%-2.4%)	26	1.4%	(0.1%-2.7%)	12	1.6%	(0.0%-3.1%)	14
Grade 6	1.8%	(0.5%-3.1%)	32	1.9%	(0.2%-3.6%)	16	1.8%	(0.1%-3.4%)	15
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.7%	(0.7%-2.6%)	48	1.7%	(0.5%-2.9%)	23	1.7%	(0.5%-2.9%)	24
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(0.8%-2.4%)	49	1.4%	(0.4%-2.3%)	21	1.8%	(0.7%-2.9%)	29
Multiple Races	*	*	*	*	*	*	*	*	*

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CI = 95% Confidence Interval
N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

Percentage of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (endiab)

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.7%	(0.8%-2.5%)	58	1.7%	(0.7%-2.8%)	28	1.7%	(0.7%-2.8%)	29
----Age----									
10 or younger	2.3%	(0.4%-4.2%)	21	2.4%	(0.3%-4.6%)	12	2.2%	(0.0%-5.2%)	9
11	0.9%	(0.0%-2.0%)	14	*	*	*	*	*	*
12 or older	2.6%	(0.0%-5.1%)	23	3.0%	(0.0%-6.3%)	12	2.3%	(0.0%-5.3%)	11
----Grade----									
Grade 5	1.5%	(0.5%-2.6%)	26	1.5%	(0.1%-2.8%)	12	1.7%	(0.0%-3.4%)	14
Grade 6	1.9%	(0.5%-3.2%)	32	2.0%	(0.2%-3.8%)	16	1.8%	(0.1%-3.5%)	15
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.7%	(0.8%-2.7%)	48	1.8%	(0.5%-3.0%)	23	1.8%	(0.5%-3.0%)	24
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(0.8%-2.5%)	49	1.4%	(0.4%-2.4%)	21	1.9%	(0.7%-3.1%)	29
Multiple Races	*	*	*	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students with diagnosed diabetes (Excludes 'Not sure' responses from e43a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (en60)
Percentage of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	85.2%	(81.4%-89.0%)	2,323	88.0%	(84.7%-91.3%)	1,177	82.5%	(76.6%-88.4%)	1,117
----Age----									
10 or younger	90.2%	(85.6%-94.9%)	657	95.7%	(92.2%-99.1%)	368	83.9%	(75.3%-92.6%)	284
11	83.6%	(79.8%-87.5%)	1,081	86.3%	(81.4%-91.3%)	546	81.2%	(73.7%-88.7%)	519
12 or older	83.0%	(75.4%-90.6%)	584	82.0%	(73.0%-91.0%)	263	83.5%	(74.0%-93.0%)	314
----Grade----									
Grade 5	85.7%	(81.7%-89.7%)	1,148	91.2%	(86.9%-95.6%)	587	80.7%	(73.9%-87.5%)	543
Grade 6	84.6%	(80.2%-89.1%)	1,162	84.8%	(81.5%-88.2%)	584	84.2%	(77.0%-91.4%)	567
----Hispanic Ethnicity----									
Hispanic	82.4%	(69.8%-95.1%)	41	*	*	*	*	*	*
Non-Hispanic	84.2%	(79.9%-88.5%)	1,843	86.3%	(82.7%-89.9%)	933	82.1%	(75.5%-88.8%)	889
----Race----									
American Indian or Alaskan Native	85.7%	(71.2%-100.0%)	46	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	79.6%	(65.7%-93.5%)	24	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	85.7%	(81.9%-89.4%)	2,065	88.5%	(85.3%-91.7%)	1,043	83.0%	(77.1%-88.8%)	1,001
Multiple Races	85.8%	(77.4%-94.2%)	66	*	*	*	*	*	*

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N = Number of students who answered 'During the past 12 months (1 year)' (Excludes 'Not sure' responses from e60) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*Have you missed any school this year because of problems with your teeth? For example, you needed to get a cavity filled or your tooth hurt. We are not asking about missing school to see a dentist for a regular check-up or cleaning. (en61)
Percentage of students who answered 'Yes' (Excludes 'Don't know' responses from e61)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.5%	(13.6%-19.4%)	541	16.1%	(11.9%-20.3%)	251	16.3%	(12.7%-20.0%)	273
----Age----									
10 or younger	14.8%	(10.6%-19.1%)	133	14.3%	(8.9%-19.6%)	66	14.6%	(7.7%-21.5%)	63
11	17.3%	(13.2%-21.3%)	266	17.1%	(11.7%-22.5%)	125	17.6%	(12.3%-22.8%)	137
12 or older	16.8%	(11.2%-22.3%)	140	16.5%	(8.7%-24.2%)	60	15.8%	(9.2%-22.5%)	73
----Grade----									
Grade 5	17.2%	(12.3%-22.1%)	281	17.8%	(11.2%-24.4%)	136	16.5%	(10.9%-22.1%)	138
Grade 6	15.8%	(13.1%-18.6%)	257	14.6%	(10.3%-18.8%)	115	16.2%	(12.0%-20.4%)	134
----Hispanic Ethnicity----									
Hispanic	19.4%	(8.2%-30.7%)	11	*	*	*	*	*	*
Non-Hispanic	15.6%	(12.4%-18.7%)	410	16.5%	(11.9%-21.0%)	204	14.4%	(10.5%-18.3%)	196
----Race----									
American Indian or Alaskan Native	15.4%	(0.0%-32.0%)	11	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.0%	(13.5%-20.5%)	495	16.6%	(11.9%-21.4%)	231	17.1%	(13.3%-20.9%)	257
Multiple Races	20.5%	(7.1%-33.9%)	16	20.0%	(0.7%-39.3%)	8	18.5%	(0.4%-36.6%)	6

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CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Don't know' responses from e61) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)
Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.7%	(44.1%-51.3%)	1,660	59.1%	(54.2%-64.0%)	995	36.5%	(32.8%-40.2%)	634
----Age----									
10 or younger	52.0%	(44.4%-59.7%)	502	63.4%	(54.0%-72.8%)	322	38.7%	(30.2%-47.2%)	175
11	50.0%	(45.1%-54.9%)	814	59.3%	(52.1%-66.6%)	467	40.2%	(32.8%-47.6%)	321
12 or older	38.9%	(32.3%-45.6%)	344	53.1%	(43.6%-62.5%)	206	28.4%	(20.2%-36.5%)	138
----Grade----									
Grade 5	49.4%	(43.3%-55.4%)	862	61.2%	(54.3%-68.1%)	506	37.5%	(29.8%-45.1%)	329
Grade 6	45.9%	(42.0%-49.8%)	787	56.8%	(51.0%-62.5%)	482	35.3%	(31.1%-39.6%)	301
----Hispanic Ethnicity----									
Hispanic	42.5%	(26.4%-58.7%)	26	53.0%	(23.9%-82.1%)	18	30.2%	(13.1%-47.3%)	9
Non-Hispanic	48.6%	(44.2%-53.0%)	1,365	58.6%	(53.2%-64.0%)	789	38.4%	(34.1%-42.8%)	547
----Race----									
American Indian or Alaskan Native	44.4%	(24.4%-64.4%)	34	50.7%	(24.3%-77.1%)	19	39.2%	(17.2%-61.2%)	15
Asian	*	*	*	*	*	*	*	*	*
Black or African American	19.7%	(4.8%-34.7%)	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	49.1%	(45.4%-52.9%)	1,510	59.8%	(55.0%-64.7%)	893	38.0%	(34.1%-41.8%)	586
Multiple Races	40.0%	(26.4%-53.6%)	36	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)

Percentage of students who answered 'Most of the time' or 'Always'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.0%	(33.1%-40.9%)	1,309	35.6%	(28.8%-42.5%)	606	38.8%	(33.6%-44.0%)	692
----Age----									
10 or younger	37.9%	(29.8%-46.0%)	373	39.2%	(28.1%-50.4%)	203	35.9%	(27.3%-44.4%)	166
11	35.8%	(30.9%-40.7%)	592	32.3%	(24.0%-40.7%)	254	40.2%	(32.7%-47.8%)	333
12 or older	38.0%	(32.5%-43.6%)	342	37.4%	(28.8%-46.1%)	149	39.2%	(31.8%-46.6%)	192
----Grade----									
Grade 5	37.8%	(32.7%-43.0%)	674	37.8%	(29.4%-46.2%)	317	38.8%	(31.7%-45.9%)	351
Grade 6	36.2%	(32.3%-40.0%)	628	33.2%	(27.2%-39.2%)	284	39.2%	(33.3%-45.2%)	341
----Hispanic Ethnicity----									
Hispanic	30.1%	(17.2%-42.9%)	19	27.3%	(5.4%-49.3%)	9	33.3%	(18.0%-48.6%)	9
Non-Hispanic	37.1%	(32.5%-41.8%)	1,049	35.2%	(27.5%-43.0%)	477	39.2%	(32.9%-45.4%)	563
----Race----									
American Indian or Alaskan Native	45.1%	(23.9%-66.3%)	35	43.3%	(18.7%-68.0%)	17	45.6%	(19.2%-72.0%)	17
Asian	49.2%	(9.7%-88.6%)	6	*	*	*	*	*	*
Black or African American	63.6%	(37.5%-89.7%)	24	48.6%	(3.7%-93.5%)	6	70.4%	(40.0%-100.0%)	18
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	37.0%	(32.9%-41.2%)	1,153	34.6%	(27.6%-41.7%)	519	39.6%	(34.2%-45.0%)	627
Multiple Races	29.8%	(15.5%-44.0%)	26	*	*	*	*	*	*

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	51.4%	(47.8%-55.0%)	1,832	53.1%	(48.4%-57.9%)	913	49.9%	(45.0%-54.8%)	888
----Age----									
10 or younger	50.1%	(42.2%-58.0%)	497	51.5%	(45.1%-57.9%)	269	47.8%	(35.9%-59.7%)	222
11	52.4%	(47.8%-57.0%)	875	53.9%	(45.4%-62.4%)	430	51.1%	(43.9%-58.3%)	424
12 or older	51.0%	(45.6%-56.5%)	457	53.6%	(44.8%-62.5%)	214	49.8%	(41.8%-57.8%)	243
----Grade----									
Grade 5	51.1%	(45.8%-56.4%)	923	53.6%	(47.5%-59.8%)	460	48.5%	(42.0%-55.0%)	439
Grade 6	52.0%	(48.4%-55.7%)	904	53.0%	(46.4%-59.6%)	453	51.5%	(44.9%-58.1%)	446
----Hispanic Ethnicity----									
Hispanic	45.0%	(19.3%-70.7%)	28	43.9%	(15.4%-72.3%)	15	46.4%	(15.0%-77.8%)	13
Non-Hispanic	53.2%	(50.3%-56.0%)	1,502	56.0%	(51.8%-60.3%)	761	50.8%	(45.4%-56.2%)	726
----Race----									
American Indian or Alaskan Native	47.7%	(23.8%-71.6%)	37	40.2%	(7.6%-72.9%)	16	56.3%	(35.8%-76.7%)	22
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	52.8%	(49.0%-56.6%)	1,655	54.9%	(50.3%-59.5%)	833	50.9%	(45.5%-56.3%)	805
Multiple Races	40.1%	(26.5%-53.6%)	35	40.7%	(18.5%-63.0%)	22	41.0%	(20.2%-61.8%)	14

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48_2)
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses from e48)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	61.2%	(57.7%-64.8%)	1,832	63.1%	(58.0%-68.1%)	913	59.1%	(54.5%-63.8%)	888
----Age----									
10 or younger	60.8%	(55.7%-65.9%)	497	63.6%	(58.8%-68.4%)	269	57.0%	(46.2%-67.9%)	222
11	63.4%	(58.4%-68.4%)	875	64.0%	(54.4%-73.6%)	430	62.3%	(54.6%-70.0%)	424
12 or older	57.9%	(52.1%-63.7%)	457	60.6%	(50.6%-70.7%)	214	56.0%	(47.4%-64.7%)	243
----Grade----									
Grade 5	62.1%	(57.3%-66.9%)	923	64.5%	(59.3%-69.8%)	460	59.0%	(51.8%-66.1%)	439
Grade 6	60.6%	(56.6%-64.7%)	904	62.2%	(53.9%-70.4%)	453	59.3%	(53.5%-65.1%)	446
----Hispanic Ethnicity----									
Hispanic	48.3%	(21.9%-74.7%)	28	50.2%	(20.4%-80.0%)	15	46.4%	(15.0%-77.8%)	13
Non-Hispanic	62.5%	(58.8%-66.2%)	1,502	65.4%	(59.8%-71.0%)	761	59.6%	(53.9%-65.3%)	726
----Race----									
American Indian or Alaskan Native	57.8%	(29.0%-86.5%)	37	50.1%	(12.5%-87.6%)	16	66.8%	(40.9%-92.8%)	22
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	62.7%	(59.2%-66.2%)	1,655	64.1%	(59.1%-69.1%)	833	61.1%	(56.0%-66.1%)	805
Multiple Races	46.4%	(31.7%-61.2%)	35	50.7%	(28.1%-73.2%)	22	41.6%	(20.4%-62.7%)	14

**Estimate suppressed due to small cell sizes. ^Data by sex, hispanic ethnicity, and race are not shown due to small cell sizes in several categories.*

CI = 95% Confidence Interval

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses from e48) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

2019 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Detailed Report - Central Maine PHD (weighted)

Do you agree or disagree that you have parents who try to help you succeed? (en49)

Percentage of students who answered 'Strongly agree' or 'Agree'

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	91.7%	(89.9%-93.5%)	3,254	90.6%	(88.3%-92.8%)	1,548	92.7%	(89.2%-96.3%)	1,649
----Age----									
10 or younger	90.6%	(87.9%-93.4%)	897	87.5%	(83.0%-92.0%)	455	94.1%	(89.3%-98.8%)	436
11	92.8%	(90.3%-95.3%)	1,536	93.7%	(91.3%-96.1%)	743	92.0%	(87.5%-96.6%)	755
12 or older	90.8%	(87.5%-94.0%)	817	88.2%	(83.9%-92.6%)	351	92.7%	(88.7%-96.7%)	457
----Grade----									
Grade 5	90.7%	(88.0%-93.4%)	1,626	89.8%	(85.7%-93.8%)	763	91.6%	(86.0%-97.3%)	824
Grade 6	92.6%	(90.7%-94.5%)	1,608	91.3%	(88.6%-94.0%)	778	93.8%	(90.5%-97.1%)	816
----Hispanic Ethnicity----									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	92.3%	(90.3%-94.2%)	2,609	91.7%	(89.3%-94.0%)	1,242	92.9%	(89.8%-96.1%)	1,334
----Race----									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	92.0%	(90.2%-93.9%)	2,880	90.8%	(88.5%-93.2%)	1,372	93.3%	(90.1%-96.5%)	1,477
Multiple Races	81.1%	(69.4%-92.8%)	70	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2019 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Detailed Report - Central Maine PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	84.6%	(81.9%-87.3%)	3,017	85.8%	(80.8%-90.9%)	1,472	83.9%	(81.0%-86.8%)	1,501
----Age----									
10 or younger	86.1%	(80.7%-91.5%)	851	86.5%	(80.5%-92.5%)	453	85.4%	(78.7%-92.1%)	392
11	84.7%	(81.3%-88.0%)	1,417	84.6%	(77.7%-91.5%)	670	85.8%	(80.0%-91.6%)	720
12 or older	83.1%	(78.4%-87.7%)	747	87.4%	(81.1%-93.7%)	349	79.2%	(73.4%-85.0%)	389
----Grade----									
Grade 5	85.6%	(81.1%-90.1%)	1,548	86.1%	(79.6%-92.6%)	735	86.1%	(79.6%-92.6%)	783
Grade 6	83.9%	(80.1%-87.6%)	1,458	86.0%	(79.5%-92.5%)	735	81.7%	(78.0%-85.3%)	710
----Hispanic Ethnicity----									
Hispanic	87.1%	(80.1%-94.2%)	54	*	*	*	*	*	*
Non-Hispanic	85.0%	(82.3%-87.8%)	2,413	86.9%	(80.9%-93.0%)	1,182	83.2%	(80.0%-86.4%)	1,198
----Race----									
American Indian or Alaskan Native	86.8%	(76.1%-97.4%)	66	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	81.4%	(55.8%-100.0%)	30	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	85.4%	(82.7%-88.2%)	2,682	87.0%	(82.2%-91.8%)	1,316	84.0%	(80.9%-87.1%)	1,338
Multiple Races	78.3%	(65.5%-91.2%)	69	*	*	*	*	*	*

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CI = 95% Confidence Interval

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.