

2013 MIYHS: 30 Day Prescription Drug Use and Select Family/Community/Individual Risk Factors, Maine¹

All rate ratios show a statistically significant difference.²

High School Students

Among students who think there is no risk or slight risk of harming themselves if they used prescription drugs that are not prescribed to them, **19.1%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **3.5%** of students who think the risk is moderate to great. Students who think there is little risk from using prescription drugs not prescribed to them are **5.5** times as likely to use prescription drugs without a prescription.

Among students who believe that their parents feel it is a little wrong or not wrong at all for the student to use prescription drugs without a prescription, **33.1%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **4.0%** of students who think their parents feel it is wrong or very wrong. Students who don't believe their parents think it is wrong for them to use a prescription drug not prescribed to them are **8.3** times as likely to use prescription drugs without a prescription.

Among students who believe that their friends feel it is a little wrong or not wrong at all for the student to use prescription drugs without a prescription, **20.4%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **2.7%** of students who think their friends feel it is wrong or very wrong. Students who don't believe their friends feel it is wrong for them to use a prescription drug without a prescription are **7.6** times as likely to use prescription drugs without a prescription.

Among students who had personally known adults who had gotten drunk or high in the past year, **6.3%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **2.1%** of students who had not known adults that had gotten drunk or high. Students who knew adults that had gotten drunk or high were **3.1** times as likely to use prescription drugs without a prescription.

Among high school students who reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the previous 12 months, **11.0%** had used prescription drugs in the past 30 days without a doctor's prescription, compared with **3.6%** of students who reported they did not feel so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the previous 12 months. High school students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the previous 12 months are **3.0** times more likely to use prescription drugs without a prescription.

¹ All data in this fact sheet is from the 2013 Maine Integrated Youth Health Survey (MIYHS) high school and middle school modules. The MIYHS project is a collaborative effort between the Maine Department of Education and the Maine Department of Health and Human Services. For more information about MIYHS, please see <https://data.mainepublichealth.gov/miyhs/>

² Percentages rounded to nearest tenth. Rate ratios calculated using unrounded percentages, then rounded to nearest tenth. Contact stephen.corral@maine.gov for excel file if you would like to review unrounded figures.

Among high school students who seriously considered attempting suicide during the previous 12 months, **14.8%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **3.9%** of students who did not seriously consider attempting suicide. High school students who seriously considered attempting suicide during the previous 12 months are **3.8** times more likely to use prescription drugs without a prescription.

Middle School Students

Among middle school students who think there is no risk or slight risk of harming themselves if they used prescription drugs that are not prescribed to them, **10.5%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **1.5%** of students who think the risk is moderate to great. Students who think there is little risk from using prescription drugs not prescribed to them are **7.1** times as likely to use prescription drugs without a prescription.

Among students who had personally known adults who had gotten drunk or high in the past year, **3.5%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **1.0%** of students who had not known adults that had gotten drunk or high. Students who knew adults that had gotten drunk or high were **3.6** times as likely to use prescription drugs without a prescription.

Among middle school students who reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during their lifetime, **4.4%** had used prescription drugs in the past 30 days without a doctor's prescription, compared with **1.4%** of students who reported they did not feel so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during their lifetime. High School students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during their lifetime are **3.1** times more likely to use prescription drugs without a prescription.

Among middle school students having ever seriously considered killing themselves, **6.6%** used prescription drugs in the past 30 days without a doctor's prescription, compared with **1.7%** of students who did not. Middle school students who seriously considered attempting suicide during the previous 12 months are **3.8** times more likely to use prescription drugs without a prescription.