

2013 MIYHS: 30 Day Alcohol Use and Select Family/Community/Individual Risk Factors, Maine

All rate ratios show a statistically significant difference.¹

High School Students

Among students who think that it is very easy or sort of easy to get alcohol, **34.2%** had consumed alcohol in the past 30 days, compared with **10.6%** of students who think alcohol is sort of hard or very hard to get. Students who believe that alcohol is easy to get are **3.2** times as likely to drink.

Among students who believe that their parents feel it is a little wrong or not wrong at all for the student to have 1 or 2 drinks alcohol nearly every day, **58.4%** had consumed alcohol in the past 30 days, compared with **23.5%** of students who think their parents feel it is wrong or very wrong. Students who don't believe their parents think it is wrong for them to drink daily are **2.5** times as likely to drink.

Among students who believe that their friends feel it is a little wrong or not wrong at all for the student to have 1 or 2 drinks alcohol nearly every day, **42.5%** had consumed alcohol in the past 30 days, compared with **17.9%** of students who think their friends feel it is wrong or very wrong. Students who don't believe their friends think it is wrong for them to drink daily are **2.4** times as likely to drink.

Among students who think that they will probably not or definitely not be caught by their parents if they drink some alcohol, **41.8%** had consumed alcohol in the past 30 days, compared with **8.8%** of students who think they probably will or definitely will be caught by their parents. Students who think they will not be caught by their parents are **4.7** times as likely to drink.

Among students who think there is no risk or slight risk of harming themselves if they had one or two drinks of alcohol daily, **35.3%** had consumed alcohol in the past 30 days, compared with **19.8%** of students who think the risk is moderate to great. Students who think there is little risk from drinking alcohol daily are **1.8** times as likely to drink.

Among students who think that they will probably not or definitely not be caught by the police, **28.4%** had consumed alcohol in the past 30 days, compared with **12.6%** of students who think they probably will or definitely will be caught by the police. Students who think they will not be caught by the police are **2.3** times as likely to drink.

Among students who believe that adults in their neighborhood feel it is a little wrong or not wrong at all for kids to drink alcohol, **44.6%** had consumed alcohol in the past 30 days, compared with **19.3%** of students who think adults feel it is wrong or very wrong. Students who

¹ Percentages rounded to nearest tenth. Rate ratios calculated using unrounded percentages, then rounded to nearest tenth. Contact stephen.corral@maine.gov for excel file if you would like to review unrounded figures.

believe that adults in their community think underage drinking is okay are **2.3** times as likely to drink.

Among students who think that there is a good chance that they would be considered “cool” if they drank regularly (at least once or twice a month), **39.9%** had consumed alcohol in the past 30 days, compared with **22.9%** of students who thought there was no, little, or some chance of seeming cool. Students who think they will be considered cool are **1.7** times as likely to drink alcohol.

Among students who had personally known adults who had gotten drunk or high in the past year, **32.5%** had consumed alcohol in the past 30 days, compared with **7.1%** of students who had not known adults that had gotten drunk or high. Students who knew adults that had gotten drunk or high were **4.6** times as likely to drink.

Among high school students who reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the previous 12 months, **37.8%** had consumed alcohol in the past 30 days, compared with **22.2%** of students who did not report the did not feel so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the previous 12 months. High School students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the previous 12 months are **1.7** times more likely to drink alcohol.

Among high school students who seriously considered attempting suicide during the previous 12 months, **41.3%** consumed alcohol in the past 30 days, compared with **23.4%** of students who did not. High School students who seriously considered attempting suicide during the previous 12 months are **1.8** times more likely to use drink alcohol.

Middle School Students

Among students who think that it is very easy or sort of easy to get alcohol, **10.6%** had consumed alcohol in the past 30 days, compared with **1.4%** of students who think alcohol is sort of hard or very hard to get. Students who believe that alcohol is easy to get are **7.8** times as likely to drink.

Among students who believe that their parents feel it is a little wrong or not wrong at all for the student to have 1 or 2 drinks alcohol nearly every day **25.1%** had consumed alcohol in the past 30 days, compared with **3.8%** of students who think their parents feel it is wrong or very wrong. Students who don't believe their parents think it is wrong for them to drink regularly are **6.5** times as likely to drink.

Among students who think that they will probably not or definitely not be caught by their parents if they drink some alcohol, **15.7%** had consumed alcohol in the past 30 days, compared with **1.5%** of students who think they probably will or definitely will be caught by their parents. Students who think they will not be caught by their parents are **10.6** times as likely to drink.

Among students who think there is no risk or slight risk of harming themselves if they had one or two drinks of alcohol daily, **8.3%** had consumed alcohol in the past 30 days, compared with **2.8%** of students who think the risk is moderate to great. Students who think there is little risk from drinking alcohol daily are **2.9** times as likely to drink.

Among students who think that they will probably not or definitely not be caught by the police, **6.8%** had consumed alcohol in the past 30 days, compared with **1.7%** of students who think they probably will or definitely will be caught by the police. Students who think they will not be caught by the police are **4.1** times as likely to drink.

Among students who believe that adults in their neighborhood feel it is a little wrong or not wrong at all for kids to drink alcohol, **21.6%** had consumed alcohol in the past 30 days, compared with **3.3%** of students who think adults feel it is wrong or very wrong. Students who believe that adults in their community think underage drinking is okay are **6.5** times as likely to drink.

Among students who think that there is a good chance that they would be considered “cool” if they drank regularly (at least once or twice a month), **18.3%** had consumed alcohol in the past 30 days, compared with **4.0%** of students who thought there was no, little, or some chance of seeming cool. Students who think they will be considered cool are **4.6** times as likely to drink alcohol.

Among students who had personally known adults who had gotten drunk or high in the past year, **8.0%** had consumed alcohol in the past 30 days, compared with **0.8%** of students who had not known adults that had gotten drunk or high. Students who knew adults that had gotten drunk or high were **10.5** times as likely to drink.

Among middle school students who reported having ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, **10.0%** had consumed alcohol in the past 30 days, compared with **2.8%** of students who did not report having ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities. Middle School students who report having ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities are **3.6** times more likely to drink alcohol.

Among middle school students who reported having ever seriously considered killing themselves, **13.8%** had consumed alcohol in the past 30 days, compared with **2.9%** of students who did not report having ever seriously thought of killing themselves. Middle School students who report having ever seriously considered killing themselves are **4.8** times more likely to use drink alcohol.

5th/6th Grade Students

Among students who think that it is very easy or sort of easy to get alcohol **2.6%** had consumed alcohol in the past 30 days, compared with **0.7%** of students who think alcohol is sort of hard or very hard to get. Students who believe that alcohol is easy to get are **3.7** times as likely to drink.

Among students who believe that their parents feel it is a little wrong or not wrong at all for the student to drink alcohol regularly, **11.2%** had consumed alcohol in the past 30 days, compared with **0.7%** of students who think their parents feel it is wrong or very wrong. Students who don't believe their parents think it is wrong for them to drink regularly are **15.8** times as likely to drink.