

®

PEERS for Adolescents

College Launchpad!



NOW ENROLLING STUDENTS

PEERS® for Adolescents is an evidence-based social skills program designed for middle and high school students who want support with making and maintaining friendships, as well as navigating conflict and rejection.

Adolescents attend a one-week overnight PEERS cohort hosted at Thomas College in Waterville, Maine. Participants learn social skills through structured lessons and role-play demonstrations, with opportunities to practice these skills during facilitated group socialization activities.

Students will simultaneously participate in a 4-week, 2-credit, online college course focusing on transition skills for postsecondary settings.

Participants will learn about:

- Developing and maintaining friendships
- Conversational skills
- Entering and exiting conversations
- Appropriate use of humor
- Handling disagreements
- Electronic communication
- Being a good sport
- Organizing get-togethers
- Handling teasing and bullying
- Changing reputation

FOR MORE INFORMATION:

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The Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to individuals with disabilities upon request.