**Body Harness Inspection**

**Examiner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Type of Equipment : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Model : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Serial Number : \_\_\_\_\_\_\_\_\_**

Perform following examination of one body harness and

lanyard by asking the questions listed below.

**NOTE:** *Body harnesses and lanyards are to be periodically washed free of grease, grime and other chemicals so it will be easier to identify signs of wear and/or reasons for discarding the harness and/or lanyard.* ***NEVER*** *discard a harness without first cutting it into small parts that prevent using it at HOME.*

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| **Item #** | **Examination** | √  **YES** | √  **NO** |
|  | ALL STITCHING at seams and points of attachment are “intact” and NOT broken? |  |  |
|  | All attachment points, such as "D" rings, buckles, "bullrings" and nylon loops, are "intact" with NO rust, metal pitting, grease, oil, chemical discoloration, tears or frayed material? |  |  |
|  | "Hand" or "feel" of nylon harness material is soft and supple? NOT stiff due to age or chemical exposure? |  |  |
|  | Any knots tied in Harness or lanyard? (Remove any and ALL knots.) |  |  |
|  | Waist and/or leg padding torn, frayed or cracked? |  |  |
|  | ANY BURN marks in webbing from chemicals or other sources of heat? |  |  |
|  | Lanyard attachment points are intact with NO tears, frays, rust, broken or loose clips? |  |  |
|  | ANY corrosion on dorsal D-Ring, UNDER webbing? |  |  |
|  | On "tongue and buckle" type leg strap, do ANY grommets rotate in webbing? (If yes, discard harness NOW!) |  |  |
|  | Around grommets, are there ANY cuts or tears in webbing? (If yes, discard harness NOW!) |  |  |

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| **Item #** | **Examination** | √  **YES** | √  **NO** |
|  | Lanyard has ONLY double latch hook and NOT single latch hook? Snap hooks "spring" with NO hang-up or binding? |  |  |
|  | Is harness big enough to fit wearer with ALL belts, buckles and snap hooks closed? |  |  |
|  | Hang in harness 2"-6" off ground to simulate realistic load. Ask observer to examine seams and adjustments for tears and/or stretching. Seams and adjustments intact? Straps snug enough to prevent wearer from "slipping through"? |  |  |