

MAINE DEPARTMENT OF LABOR Bureau of Employment Services Bureau of Unemployment Compensation RESEA PARTICIPANT CONFIRMATION



# Your resources:

### How can your Career Center help you?



#### Core Professional Development skills

Resume building support Developing new skills Pursuing further education



#### Job search support

Finding a job Entering the job market for the first time Support for dislocated workers Page 7

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# Enhanced or specialized support

Finding disability assistance Finding support for veterans Finding Youth services Transitioning from incarceration Support for migrant/seasonal workers Support for addiction Support for home and life services **Page 11** 



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**Building a resume** 

Name of resource	Resource description	Contact/ link
Maine JobLink	Maine JobLink provides job seekers with easy-to-use tools that support a wide range of employment activities. MJL is completely free for you to use. You can create and post a resume, search for a job, research labor market information, find training opportunities and training providers, and more!	Website: JobLink.maine.gov



#### Developing new skills

Name of resource	Resource description	Contact/ link
CareerCenter Workshops	Learn job search skills like resume writing and interviewing techniques as well as gain valuable information about effective job-getting strategies at CareerCenter workshops. Virtual sessions are available!	Website: http://www.mainecareercenter.co m/employment/workshops.shtml Phone: (207) 623-7981
Adult Education- Work Ready	Take ownership of your career-related decisions and develop concrete skills necessary to get a job, such as resume writing and interviewing. WorkReady is a 60-hour, portable credential endorsed by businesses throughout Maine.	Website: maineadulted. coursestorm.com/
New Ventures Maine	Review your interests, skills, and experience; discover new job and career possibilities; identify education and training options, and develop your own career plan. No cost workshops to help you build your career!	Website: https://maineadulted.coursestor m.com/
Maine JobLink Training Database	Search for training and education providers based on keywords and school type.	Website: https://joblink.maine.gov/search /programs





#### **Pursuing further education**

Name of resource	Resource description	Contact/ link
Maine CareerCenters	There are multiple options for free computer access, as well as free online training programs to build computer skills.	http://mainecareercenter.gov/lo cations/index.shtml https://www.maine.gov/msl/findli
		bs.htm
Maine Adult Education	Develop skills and gain knowledge and/or credentials needed for further educational opportunities , job training, and employment.	Website: https://maineadulted.coursestor m.com/
GCFLearnFree.org	Learn skills needed to live and work in our changing environment. Learn how to use Microsoft Office, understand new technology, design eye- catching documents and presentations and learn the basics of networking.	Website: https://edu.gcfglobal.org/en/
Maine Community College System (MCCS)	Explore over 300 career and transfer programs for continuing education.	Website: https://www.mccs.me.edu/
Maine Quality Centers	MCCS Maine Quality Centers offer customized education and training for new and expanding Maine businesses at no cost to the employer or the trainees	Website: <u>https://www.mccs.me.edu/workf</u> <u>orce-training/train-my-</u> <u>workforce/maine-quality-</u> <u>centers/</u>
Maine Educational Opportunity Center (MEOC)	Get information and assistance in completing college admission and financial aid forms. Advisors can also assess academic readiness, provide career counseling, and refer individuals to community resources. Open to any adult wishing to re-enter a formal education setting.	Website: https://meoc.maine.edu/
MaineSpark Adult Promise and Navigator Program	Get support to earn credentials, change careers, or learn a new trade or skill. Are you hoping to start or finish a degree or certificate, switch paths or move up in your field? This network of agencies can provide information, counseling and resources. The Adult Promise online hub can assist you with thinking through and planning your next education or career move. Their Navigators are experienced advisors who can help find answers to your questions.	Website: https://mainespark.me/adult- promise/adult-promise-hub/





**Pursuing further education** 

Name of resource	Resource description	Contact/ link
University of Maine System	Degree/credentials with on-line and/or in-person programs at seven campuses across Maine.	Website: https://www.maine.edu/
SafetyWorks! Training Institute	Receive no-cost training on a wide range of workplace safety and health and employment law topics.	Website: <u>https://www.safetyworksmaine.</u> <u>gov/</u>
Digital Maine Library	Free online learning and training tools for all Mainers, including LearningEx-press Library, online training focused on career preparation, high school equivalency preparation, college ad-missions test prep, personal educa-tion, computer skills, and more.	Website: https://library.digitalmaine.org/
Maine Department of Labor's Maine Apprenticeship Program	Work and earn wages while you learn new skills and earn an industry recognized credential! Apprentices learn skills on-the-job at the same time they participate in coursework related to their occupation.	Website: https://www.maine.gov/labor/job s_training/apprenticeship.html
Maine Career Center	Contact a CareerCenter for information about help paying for education and training programs. They will help with identifying possible funding sources and assist you in connecting with them.	Website: <u>https://www.mainecareercenter.</u> gov/
Aroostook County Action Program	Work with trained, dedicated career counselors to overcome barriers and gain employment. You can get help with training, education, job readiness, and job search activities. Funding is available to support approved training programs (both long and short term) and support services that help people stay in school or on the job.	Website: <u>https://acap-me.org/</u>
Eastern Maine Development Corporation	Work with Eastern Maine Development Corporation (EMDC) to identify career/training goals and create a plan for your future. Through individualized advising, EMDC connects people with free resources including job readiness, job training, work experience, and more.	Website: https://www.emdc.org/ Serves Androscoggin, Franklin, Hancock, Kennebec, Oxford, Penobscot, Piscataquis, Somerset and Washington counties



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#### Pursuing further education (continued)

Name of resource	Resource description	Contact/ link
Workforce Solutions	Get assistance to identify, plan for, and achieve employment and training goals. Priority populations include veterans, low-income individuals/public assistance recipients, dislocated workers, and youth/young adults with barriers to employment.	Website: https://www.workforcesolutions me.org/ Serves Waldo, Knox, Lincoln, Sagadahoc, Cumberland, and York counties
CareerCenters Competitive Skills Scholarship Program (CSSP)	CSSP helps Maine residents access postsecondary education, including certificate programs and associate and bachelor degree programs leading to skilled, well-compensated jobs that are in demand in the Maine economy.	Website: http://www.mainecareercenter.g ov/cssp.shtml
Grants and Scholarships	There are many financial aid and scholarship opportunities and the CareerCenter can help you sort them out. You can also search for them on the internet. Contact Maine colleges directly for local scholarship opportunities.	Websites: https://studentaid.gov/ http://www.collegescholarships. org/ https://www.famemaine.com/ https://studentaid.gov/understan d-aid/types/grants/pell
Higher Opportunity for Pathways to Employment (HOPE)	HOPE program helps Maine parents enroll in and complete training and education beyond high school by providing financial support for costs related to training and education.	Websites: https://www.maine.gov/dhhs/ofi/ programs-services/hope Phone: (207) 624-4170
Parents as Scholars (PaS)	Parents as Scholars is a monthly benefit through Temporary Assistance for Needy Families (TANF) that helps parents working through a two- or four-year postsecondary education program.	Websites: <u>https://www.clasp.org/sites/default/files/publications/2017/04/Pas.pdf</u>



#### Entering the job market

Name of resource	Resource description	Contact/ link
Workforce Innovation and Opportunity Act (WIOA) Youth Service Providers	Get help with education and career goals with one of these organizations. They offer counselors to guide, mentor, and monitor youth. They may provide funding for approved training programs and support services. For specific WIOA-funded youth services: Aroostook County Action Program (ACAP) acap- me.org/programs/workforcedevelopment/ Eastern Maine Development Corporation (EMDC) emdc.org/workforce/Workforce Solutions workforcesolutionsme.org/#youth-employment	Website: <u>https://joblink.maine.gov/trainin</u> g
Job Corps	Receive no-cost education and career technical training in preparation for holding a meaningful job or participating in further education.	https://penobscot.jobcorps.gov/ https://loring.jobcorps.gov/



#### Finding a job

Name of resource	Resource description	Contact/ link
Maine State Government Jobs	If you want to serve your community, help the public, and make an impact with your next career, the State of Maine wants to hear from you.	Website: http://www.maine.gov/bhr/state- jobs
Federal government jobs	Search and apply for federal jobs. Learn about unique hiring paths for veterans, students and graduates, individuals with a disability, and more.	Website: https://www.usajobs.gov/
Live and Work in Maine Job Board	From full time to seasonal work, Live and work in Maine has you covered. Search their job board for your next great career opportunity.	Website: https://liveandworkinmaine.com/
JobsInME	Search for jobs where you live and work. Save those searches and have the results sent to your inbox. Filter your search by desired travel amount, or type of employment such as full-time, part-time or contract work.	Website: https://www.jobsinme.com/ Phone: 877-374-1088



#### Finding a job (continued)

Name of resource	Resource description	Contact/ link
LinkedIn	Create an online profile and build a network of professional connections. Explore employer profiles and job postings.	Website: https://www.linkedin.com
Indeed	The #1 job site in the world with over 250 million unique visitors every month. Indeed strives to put job seekers first, giving them free access to search for jobs, post resumes, and research companies.	Website: https://www.indeed.com/
Glassdoor	Search millions of jobs and get the inside scoop on companies with employee reviews, personalized salary tools, and more.	Website: https://www.glassdoor.com/inde x.htm
MDOL Transitions Guide	This document covers topics like unemployment insurance basics (page 1), programs and services available through the CareerCenters to find or train for you next job (page 10), resources you may find helpful during unemployment (page 18), and more!	Link to resource (PDF): https://www.maine.gov/labor/do cs/2020/careercenter/transitions guide 2020a.pdf
Job Hunting in Maine	Whether you are looking for your first job, trying to find another job, or striving for a promotion, this guide will help with tips and techniques to make your search go faster and be more successful.	Link to resource (PDF): https://www.mainecareercenter. com/docs/Job_Hunting_in_ME. pdf
My Skills My Future	Find new career options based on the skills and experience you gained in past jobs.	Website: https://www.myskillsmyfuture.or g/ Phone: 1-877-US2-JOBS
My Next Move	Learn more about career options. This site will help you make informed career decisions using information about tasks, skills, salary information, and more for over 900 different careers.	Website: https://www.mynextmove.org/
Find Something New	Find a wide range of education and training resources to help build skills in ways that are right for you. Find information on apprenticeships, certification programs, on-line learning, and more.	Website: https://findsomethingnew.org/



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#### Finding a job (continued)

Name of resource	Resource description	Contact/ link
Labor Market Information (LMI)	LMI will help you make informed career decisions. It can help you prepare for the job market by informing you about job options, including what industries employ people in the jobs you are interested in, what the outlooks are for those jobs, what they pay, where job opportunities are geographically, what the qualifications are, and where to get trained.	Website: <u>https://www.maine.gov/labor/cw</u> <u>ri/</u>
My Next Move	Learn more about career options. This site will help you make informed career decisions using information about tasks, skills, salary information, and more for over 900 different careers.	Website: https://www.mynextmove.org/
Find Something New	Find a wide range of education and training resources to help build skills in ways that are right for you. Find information on apprenticeships, certification programs, on-line learning, and more.	Website: https://findsomethingnew.org/





#### Support for dislocated workers

Name of resource	Resource description	Contact/ link
Maine CareerCenter	Maine CareerCenters provide help to those who have lost their job or received notice that they will lose their job because of a lay-off or plant closure. CareerCenter staff will help you find a new job and/or prepare for a new career. Through the federal Trade Adjustment Assistance (TAA), and Trade Readjustment Allowances programs, special reemployment and training support is available for workers who lose their jobs or experience a reduction in hours or wages due to foreign trade.	Website: http://mainecareercenter.gov/locati ons/index.shtml Phone: (207) 623-7981
Dislocated Worker Program (DWB)	Workers who are at the end of their unemployment benefits and in an approved training program may be granted up to an additional 26 weeks of unemployment benefits if needed while completing their training programs.	Website: https://www.maine.gov/unemploym ent/specialprograms/
Unemployment Insurance	Unemployment insurance provides a temporary source of income to individuals who have lost their jobs through no fault of their own. Unemployment insurance is provided while individuals look for another job and is funded by unemployment taxes paid by employers.	Website: https://www.maine.gov/unemploym ent/
WorkShare	WorkShare is an unemployment option that helps businesses retain their workforce during a temporary slowdown in work. The program allows employers to voluntarily reduce the hours of staff in lieu of layoffs. Employees of the business are allowed to collect a partial unemployment benefit to help them offset the loss of income.	Website: <u>https://www.maine.gov/unemploym</u> <u>ent/workshare/</u>
Transitions Resource Guide	A comprehensive resource list for laid-off workers in Maine including unemployment; reemployment; self- employment; health insurance; legal assistance; budgeting; community resources; and food, household and financial resources.	Link to resource (PDF): https://www.maine.gov/labor/docs/ 2020/careercenter/transitions_guid e_2020a.pdf



#### Finding disability assistance

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Name of resource	Resource description	Contact/ link
Division of Vocational Rehabilitation (DVR)	Provides help to youth and adults who have physical, mental, or emotional disabilities to find, keep and advance in employment, including individualized career planning, training, work experiences and supportive services.	Website: <u>https://www.maine.gov/rehab/dv</u> <u>r/</u>
Division for the Blind and Visually Impaired (DBVI)	Provides help to individuals of all ages with visual impairments, including vocational assessment, individual counseling, independent travel skills, and other training, equipment, and follow-up services to support successful employment.	Website: <u>https://www.maine.gov/rehab/d</u> <u>bvi/</u>
Division for the Deaf, Hard of Hearing & Late Deafened	Provides services and resources, including a comprehensive resource guide, information, advocacy, referrals, Deaf identification cards, vehicle placards, and a discount on in-state TTY calls.	Website: https://www.maine.gov/rehab/d od/index.shtml#:~:text=The%20 Division%20for%20the%20Deaf ,Deaf%20%26%20Hard%20of %20Hearing%20Identification
Employment for ME	Provides one-stop access to information related to the employment of Maine citizens with disabilities.	Website: <u>https://www.employmentforme.</u> <u>org/</u>
SSA Ticket to Work	Social Security Administration's Ticket to Work program provides free job counseling and coaching, training, benefits counseling, and assistance with job placement for people age 18 through 64 who receive SSI or SSDI benefits.	Website: https://www.ssa.gov/work/
Job Accommodation Network (JAN)	A comprehensive source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. JAN helps people with disabilities enhance their employability and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.	Website: <u>https://askjan.org/</u> Phone: (800) 526-7234 - Voice (877) 781-9403 - TTY



#### Finding disability assistance (Continued)

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Name of resource	Resource description	Contact/ link
AgrAbility	Helps agricultural workers, fishermen, and forest workers who have been impacted by a disability by providing education and connecting them with vocational rehabilitation and others who can help.	Website: https://extension.umaine.edu/ag rability/ Phone: 1-800-287-1478
Alpha One	Offers grants for ramps, services, and adaptive equipment; peer support; information; referrals; adaptive driver education; accessibility consulting; assistive technology loans, and other resources. Alpha One empowers individuals with disabilities to take charge of choices and act on their own behalf to achieve their goals for independence.	Website: https://alphaonenow.org/
Spurwink ALLTECH	Assistive Technology: A program to find and donate gently used assistive and durable medical equipment. They provide consultation and training to support learning and communication.	Website: <u>https://spurwinkalltech.org/</u> Phone: (207) 621-3195
Maine CITE	Assistive Technology: This program makes it easier for someone with a disability to live more independently and safely, work at a job, learn in school, get about their community or pursue play and leisure.	Website: <u>https://mainecite.org/</u>
AT4Maine	Assistive Technology: A free service that provides demonstrations of assistive devices and operates an assistive technology loan program.	Website: <u>https://at4maine.org/</u>



#### Support for addiction recovery

Name of resource	Resource description	Contact/ link
Connecting with Opportunities Maine's Opioid Grant	A national health emergency grant to assist workers laid off from their jobs or people who have been unemployed for 27 weeks or longer, in finding training and support services to transition to new employment.	Website: https://www.maine.gov/labor/be s/coi/
Recovery Centers Statewide	Recovery Centers offer programs to help people recover from a substance use disorder/addiction, including alcohol and prescription medications. Programs may be residential, or out-patient. They may offer group or individual counseling, personal coaching, and other supports. This resource is not just for Portland residents.	Website: <u>https://portlandrecovery.org/</u> Phone: (207) 553-2575
Division of Vocational Rehabilitation (VR)	The Division of Vocational Rehabilitation helps people who have a disability resulting from substance use find and keep a job. VR helps people who have physical, mental, or emotional disabilities.	Website: <u>https://www.maine.gov/rehab/dv</u> <u>r/</u>

#### Support for migrant/seasonal workers

Name of resource	Resource description	Contact/ link
National Farmworkers Jobs Program (NFJP)	Contact Eastern Maine Development Program to acquire the skills needed to retain your agricultural job or start a new career. They can help with career and job information and decisions, workplace readiness training, job training, services to farmworker families including tutoring, dropout prevention, paid and unpaid work experiences. They also help with housing assistance which helps to meet a critical need for the availability and quality of farmworker housing, and supports better economic outcomes for MSFWs and their families.	Website: https://www.dol.gov/agencies/et a/agriculture Phone: (207) 942-6389
State Monitor Advocate	Contact the State Monitor Advocate with concerns about fair working conditions and access to employment services.	Website: https://www.maine.gov/labor/lab or_laws/maine_monitor_advoca te.html



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#### Support for recent immigrants

Name of resource	Resource description	Contact/ link
Maine Mobile Health Program	Contact Maine Mobile Health Program to find care and services related to your or your family's health.	Website: MaineMobile.org



#### Support for recent immigrants

Name of resource	Resource description	Contact/ link
New Mainers Resource Center	A Portland Adult Education provides skilled professionals programs, employment and case management, intensive classes focused on job readiness skills, networking opportunities, workshops and other services designed to help New Mainers, of all professions, overcome barriers to enter the US workforce.	Website: <u>https://nmrcmaine.org/</u>
Greater Portland Immigrant Welcome Center	Serves as a hub of collaboration that strengthens the immigrant community through language acquisition, economic integration, and civic engagement.	Website: https://www.welcomeimmigrant. org/ Phone: (207) 517-3401
Capital Area New Mainers Project (CANMP)	CANMP operates the Augusta Multicultural Center, which offers an iEnglish digital learning lab and hosts community classes, events, and programs that celebrate the diverse cultures of central Maine.	Website: <u>https://www.newmainersproject.</u> <u>org/</u> Phone: (207) 370 - 5246
Maine Immigrant Rights Coalition (MIRC)	Statewide network of 68 organizations representing diverse ethnic communities across our state. All coalition members are working to create and support programs and policies that promote immigrant inclusion and integration.	Website: https://maineimmigrantrights.or g/ Phone: (207) 517-3404 Cell: (207) 776-8138
Prosperity Maine	Offers financial services, including financial literacy courses, one-on-one financial counseling and coaching, counseling for higher education, small business support, and partnering with other workforce development organizations.	Website: https://www.prosperityme.org/





#### Support for recent immigrants (Continued)

Name of resource	Resource description	Contact/ link
Office of Maine Refugee Services (OMRS)	OMRS administers Maine's Office of Resettlement funded programs statewide awards and manages refugee service grant programs (refugee support services, english language instruction, etc.) Available to refugees, asylees, and individuals with several other immigration statuses.	Website: https://www.ccmaine.org/a-z- services/office-of-maine- refugee-services Phone: (207) 781-8550 Email: OMRS@ccmaine.org
Immigrant Resource Center of Maine	Supports refugee and immigrant communities by offering culturally and linguistically sensitive services. Advocates and Educates on access to services and resources including resettlement services, outreach and referral, systems advocacy, interpretation and language services, cultural broker services, etc.	Website: https://www.ircofmaine.org/ Phone: (207) 753-0061



#### Support for seniors

Name of resource	Resource description	Contact/ link
Senior Community Service Employment Program (SCSEP)	A community service and work-based job training program for low-income, unemployed seniors. Participants also have access to employment assistance through American Job Centers. Available for those 50 years old or older.	Website: https://www.maine.gov/dhhs/oa ds/get-support/older-adults- disabilities/older-adult- services/scsep
Senior College	With 17 campuses in Maine, each senior college offers non-credit courses as well as a range of exciting learning opportunities for adults over 50. Senior colleges charge between \$25 to \$35 for an annual membership, plus an additional very modest tuition for each course. Scholarships are available.	Website: https://www.maine.gov/dhhs/oa ds/get-support/older-adults- disabilities/older-adult- services/scsep



#### ) Support for veterans

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Name of resource	Resource description	Contact/ link
CareerCenter Services for Veterans	Get help with finding a new job, obtaining new skills, and getting access to other state or federal resources. Veterans and eligible spouses are given priority over non-veterans for receiving employment, training, and placement services. The Maine Department of Labor Veterans Team Facebook page offers connections to resources, announcements, videos, and more. facebook.com/MaineDOLVET/	Website: <u>https://www.mainecareercenter.</u> gov/employment/veterans.shtml
Bureau of Veteran's Services	Find answers to your questions about the state and federal benefits you have earned.	Website: <u>https://www.maine.gov/veterans</u> /
Easter Seals Maine	Fill the gap in services encountered by reentering military members and veterans with physical and mental health needs. Easter Seals offer military and veterans systems of care with viable options to support and augment current reintegration efforts.	Website: https://www.easterseals.com/m aine/ Phone: (207) 828-0754
Hire a Hero	Find a job on this online job board featuring military-friendly employers.	Website: <u>https://www.hireheroesusa.org/</u>
Hire Heroes USA	Get free job search assistance given to U.S. military members, veterans and military spouses.	Website: <u>https://www.hireheroesusa.org/</u>
My Next Move for Veterans	Find veteran-focused information on occupations, required experience, education, wages, labor market information.	Website: <u>https://www.mynextmove.org/ve</u> <u>ts/</u>
Veteran and Military Transition Center	Get employment, training, and financial help after military service.	Website: https://www.careeronestop.org/ Veterans/default.aspx Phone: 1-877-872-5627 - Voice 1-877-889-5627 - TTY



#### Youth services

Name of resource	Resource description	Contact/ link
Youth Build	If you dropped out of high school and live in one of the areas listed on the right, you may have opportunity to gain skills for in-demand jobs in construction, health care, information technology, and hospitality! YouthBuild includes mentoring, follow-up education, employment, and personal counseling services, and participation in community service and civic engagement.	https://youthbuild.org/ Sandra.Goss@goodwillnne.org Website: goodwillnne.org/jobs/ youth-job-services/
Service Works Program	If you are required to perform community service hours by the Juvenile Court, your Juvenile Community Corrections Officer, local law enforcement, or a school administrator, Service Works offers positive projects to satisfy that requirement. The program provides an alternative to juvenile justice system involvement and school discipline, while giving you the opportunity to get involved in the community and serve worthy nonprofit organizations.	Website: https://www.learningworks.me/o ur-programs/service- works/#:~:text=Our%20Service %20Works%20program%20pro vides,to%20juvenile%20justice %20system%20involvement.
Street Academy	The Street Academy ensures that homeless youth in Maine have every opportunity to thrive, grow and become productive members of their community through education and workforce training.	Preble Street Teen Center: 343 Cumberland Avenue Portland Website: <u>http://portlandadulted.org/progr</u> <u>ams_and_courses/street_acade</u> <u>my</u> Phone: (207) 874-8155



#### Support for Home and Life services

Name of resource	Resource description	Contact/ link
Maine Housing Authrority	Assists Maine residents in obtaining and maintaining quality affordable housing and services suitable to their housing needs.	Website: https://www.mainehousing.org/ Phone: 1-800-452-4668
The Home Energy Assistance Program (HEAP)	HEAP helps qualified homeowners and renters pay for heating costs.	Website: https://www.mainehousing.org/p rograms- services/energy/energydetails/h ome-energy-assistance- program
Department of Health and Human Services	The Department of Health and Human Services connects Maine families to benefits and services that foster health, safety, resilience, and opportunity and helps them meet a wide variety of needs.	Website: http://www.maine.gov/dhhs/ Phone: 1-877-544-3271
Maine Consumers for Affordable Healthcare	A non-profit advocacy organization committed to helping all Maine people obtain quality, affordable, health care.	Website: <u>https://www.mainecahc.org/</u> Phone: 1-800-965-7476
Cover ME	Discover options in Maine for affordable health care coverage.	Website: https://www.coverme.gov/ Phone: 1-800-965-7476
Maine Primary Care Association	Contact to find a free Clinic or Community Health Center.	Website: <u>https://mepca.org/</u> Phone: (207) 621-0677



#### Transitioning from incarceration

Name of resource	Resource description	Contact/ link
Maine CareerCenter	CareerCenters offer job search guidance to those who have been involved with the criminal justice system or are close to being released from incarceration. The Centers offer group and individual sessions for those who have been justice-involved and want assistance addressing certain issues, problems or situations that may come up such as long-term unemployment, addressing their history with employers, and planning for living expenses while attending college. CareerCenters also offer programs to help mitigate some barriers that this population faces. Two such programs are a federal bonding program offering free bonds to employers who hire individuals with a history with corrections and the Work Opportunity Tax Credit program where employers may receive a tax credit for hiring certain individuals who have been incarcerated.	Live Chat: https://www.mainecareercenter. gov/ Additional resources: https://www.careeronestop.org/ ExOffender/default.aspx Phone: (207) 623-7981
Maine Department of Corrections (MDOC) Re-entry Services	MDOC begins identifying and addressing release planning and reentry as soon as the offender enters one of the facilities. The intake and assessment process involves several assessments to determine an offender's areas of risk. Once the risk factors have been identified, facility Case Managers work with the offender to create an individualized case plan to address these factors.	Website: http://www.maine.gov/corrections /about/best-practices/successful- reentry-services
Maine Prisoner Re-entry Network (MPRN)	MPRN connects clients with transportation, housing, employment, mental health resources, substance abuse resources, faith connections, and other needs through a local community approach to address the issues of the formerly incarcerated and their communities.	Website: <u>http://re-</u> <u>entrymaine.org/</u>
Take 2 - YouthBuild	Take 2 helps 17-24 year olds who have a history in the juvenile justice system gain new skills and give back to their community. Young people learn construction skills in the National Center for Construction Education and Research (NCCER) program while working toward their high school equivalencies and learning valuable life and workreadiness skills	Take 2 (YouthBuild)- https://youthbuild.org/ Sandra.Goss@goodwillnne.org Website: https://goodwillnne.org/jobs/you th-job-services/