

Addeega Gudbiyowka linki talagali Familka leyaan Ilmoo yaryar



Barnaamijka Nafaqada WIC (WIC)

amase in weer
207-287-3991

WIC may in adeegase billaamoo uurka le, ii bilaamoo naasnuujiyaayang, li ilmoo ilaa 5 jirka eh, oo iniski jiraan ilmoo lasa korsidi. WIC maywaa daryeel nafaqo dhamaytiran mayna biyaase hunguri aafimaad leh, walbarashada nafaqada, taageero naasnuujiyow ii Gudbis lin gudbiyaw adeegayaalka kale.



Ilmoo baahida gaar qabaan Baahida Daryeelka Aafimaadka (CSHN)

amase in weer
800-698-3624

Ilmoo baahida gaar qabaan may in baahanyiinaa ini lishaqeeyaan famileeda le ilmoo baahida gaar ee daryeelka aafimaadka qabaan oo ka hoosooayaan da'diyo 22 sano. CSHN may haga kortee famileeda ii ururoo raadiyaayan kheyraad oo si feyli li jin eh baahida dhinaansho. Shaqaalega may in mara koraana nidaamka aafimaadka iski qasan, iiyoo iski hiriyaayan daryeelka ki guuloysadaayan natiijada bukaanka inki suurogalka badan.



Qoshaga Daryeelka Badbaadada (POSC)

Qorshaga Badbaadada Maine may lin suubiyey intii in dhoooyto daryeelka aafimaadka ama adeega bulshada, aatha ii/ama daryeelbiyayaasha kaleet, sheegaayan awooda familka ii baahiyaalka, kheyriyaadka luku fa'iideysadaw ii tallaabooyinka walaaga le kaalmada inki feyle lin soo jeediya dhinaanka ii familo. Qorshaga daryeelka badbaadada may intaba badan iniski jiraana gudbiyow lin gudbiyaw adeeg aatha oo biyaaso meeli laka hiriiri koro ma'luumaadka familka oo uyo ikhtiyaar in leyihiin, raadrahaw.



Aymiska aafimaadka linka talagali Maine

amase in weer
1-855-797-4357

Aymiska aafimaadka linka talagali Maine (CoverME.gov) may biyeeyey ma'luumaadki saabsan aymis aafimaad oo bilaash eh oo qarashjhee yarye shal doorashiyoo linki talagali familka Maine. May kaloo hala kortee hage leyiin ururoo mahaliga oo kiin kaalmooyo koro inii fahanto shal doorashada aymiska soona buuy arjiga.



Addeega Hormarinta Dhinaanka Faragelinta hore

amase in weer
877-770-8883

Nidaamka Addeegyada Horumariyowka Dhinaanka/ Faragelinta Hore may waa qeeb walbarashada dugsiga dhehe ku mid eh oo biyaaso Farogelinta hore (dhalashada ilaa lama sano ku deero) ii Walbarashada Dadwiinaga ki habboon oo bilaash eh lamaadiyoo (oo linki talagali haan jiraan seddi sano ilaa shan sano) oo hoos kooyayaan kormeerka Waahda Walbarashada Maine.



Cradle ME Nidaamka Gudbiska

amase in weer
1-888-644-1130

Cradle ME may koo kaalmooyase ini ki hirto adeega hoyga saha eh ee kii roon ii dhinaankana bilaash in eh. CradleME may wathaay li etaa lama barnaamij dhatiyo: Hanaanada Aafimaadka Dadwiinaga ii Famileeda Maine.



Maine Families (Famileeda Maine)

Maine Families may eyiinaa kooh jaaliyad iski hiran oo gobolka dhan eh oo in adeegaayaan baahida billaamee haamilada eh ii waalidiinta haysadaan dhinaan yar, Booqasho mininka oo daryeel ii daryeel hifad eh may iskaashi kiin kala weeladaase inii halo ma'luumaadka ii kheyraadka ii in kaalmooyo koro dhinaankaa aafimaadshe jir ahaan ii dareen intiyoo ii familka dhan.



Public Health Nursing (PHN)

amase in weer
1-888-644-1130

Aafimaadka dadwiinaga Maine ee CDC may biyeeye daqliga addeega linka talagali famileeda. Mudada ummula ka hor ii umula ku dembe i dhinaanka dhaladi ilmoo oo deerayaan ilaa ii 12 bilood jiraan may hala koraana booqasho inki kooyeen Aafimaadka hanaanada Dadwiinaga. Hoo su'aal qabto oo kisaabsan amase aafimaadka ilmooga, ma warsada kortee kalkaalisada marwalba athoo in weeraaso lambarka CradleME.

Si in sawirto QR codes, fur kaamirada app ee aaladaa. Kijeedi QR code athi fadaaso inii sawirto. Fiir ogeysiiska marada fidsan oo ki taalo qeebta kor ee shaashada - guji si in raad'do- guji si in raa'do websaydka.

Hay'adan may waa adeeg biye fursadiyoo lin simanye.

