Mattanawcook Pond is one of a chain of four lakes and ponds that drain into the Penobscot River at Lincoln. The lake could properly be called a "lake in a city", for it extends right into the city limits of Lincoln.

The pond is well suited for warmwater game fish and smallmouth bass. White perch and chain pickerel are also present. According to reports, an occasional trout is taken, but the warm, shallow waters are not suited to support populations of coldwater game fish. We took no trout in this pond during our survey.

No stocking is recommended.

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