

LOWER NARROWS POND
Winthrop Twp., Kennebec County
U.S.G.S. Augusta, Maine

Fishes

Salmon	Smelt
Lake trout (togue)	Eel
Brook trout (squaretail)	White sucker
Smallmouth bass	Minnnows
Largemouth bass	Golden shiner
White perch	Fallfish (chub)
Yellow perch	Pumpkinseed sunfish
Chain pickerel	Freshwater sculpin
Hornpout (bullhead)	

Physical Characteristics

Area — 255 acres	Temperatures
	Surface — 76°F
Maximum depth — 106 feet	106 feet — 39°F

Principal Fishery: Salmon, lake trout, smallmouth bass, largemouth bass, white perch, pickerel

Maine is blessed with several thousand lakes and ponds with many located within ten miles of the capital building in Augusta. Unmatched fishing experiences can be pursued in several waters in the vicinity of the capital. A water providing good fishing for both coldwater and warmwater sport fishes is Lower Narrows Pond.

Coldwater sport fishes available at Lower Narrows Pond include landlocked salmon and lake trout. This body of water is deficient in salmon spawning and nursery areas; therefore, the fishery is based on periodic plantings of hatchery-reared fish.

Creel censuses and netting operations by departmental fishery biologists have revealed poor growth rates in salmon and lake trout in some years. This problem is not uncommon in waters stocked with these species and is usually the result of overstocking. Overstocking simply means that too many fish were put into a water with respect to the available food supply. A reduction in stocking rate usually results in better growth and improved fishing.

The warmwater sport fishes are sustained by natural reproduction here. Good catches of bass and white perch are not uncommon.

Finally, it should be noted that water quality in Lower Narrows Pond has deteriorated somewhat since the pond was originally surveyed in 1940. Recently, in some years low dissolved oxygen concentrations have been observed in the deepest part of the lake during

the summer. While this water quality problem has not yet affected a large enough portion of the lake to harm gamefish directly, the decline in water quality that has been observed should be regarded as a warning that Lower Narrows Pond is not immune to the effects of "progress." It is the responsibility of all users of the pond to insist on strict adherence to Maine's environmental laws to insure that further declines in water quality do not occur. If all users keep a watchful eye on Lower Narrows Pond its sport fisheries will continue to be available for future generations.

Surveyed - August, 1940
Resurveyed - 1962, 1976
Revised — 1953, 1968, 1974, 1982

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