Forest Lake
Gray, Windham, and Cumberland Twps., Cumberland Co.
U.S.G.S. Cumberland Ctr., Me. (7 1/2'

Fishes
Smallmouth bass
White perch
Chain pickerel
Minnows
Golden shiner
Common shiner
Creek chub
Pumpkinseed sunfish

Physical Characteristics
Area - 198 acres
Maximum depth - 38 feet
Temperatures
Surface - 76°F
35 feet - 52°F

Principal fisheries: Smallmouth bass, chain pickerel

Brown trout and brook trout stocking was discontinued in Forest Lake in 1982 due to a lack of public access. An oxygen deficiency below 20 feet limits the available habitat for coldwater species, but there is enough cool, well-oxygenated water to support a limited fishery for browns.

Smallmouth bass were introduced by the Maine Department of Fisheries and Wildlife in 1959. This introduction was successful and the lake provides good bass fishing.

Forest Lake is located in a heavily populated area of the state and a brown trout stocking program would be very important to the area. The lack of suitable public access precludes any stocking at the present time. Every effort should be made to locate a suitable access site so that stocking could resume.

Surveyed - July, 1955
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FOREST LAKE
GRAY, WINDHAM, CUMBERLAND TWP,
CUMBERLAND CO., MAINE
AREA 198 ACRES