Maine Opioid Response
Strategic Action Plan Framework

OUR GOAL
Reduce the negative health and economic impacts of substance use disorder and opioid use disorder on individuals, families, and communities in Maine

LEADERSHIP
Priority A: Take decisive, evidence-based and community-focused actions in response to Maine’s opioid crisis
Strategy #1: Provide strong state-level leadership for prevention, overdose rescue, treatment, and recovery
Strategy #2: Increase public understanding and reduce the stigma of substance use disorder and opioid use disorder (SUD/OUD)
Strategy #3: Maximize the collection of actionable data and evaluate the impact of interventions

PREVENTION
Priority B: Prevent the early use of addictive substances by children and youth
Strategy #4: Support healthy early childhood development
Strategy #5: Reduce adverse childhood experiences (ACEs) and promote life skills and resiliency for all youth
Strategy #6: Identify and support youth at risk for developing a substance use disorder
Strategy #7: Expand community partnerships to educate and engage youth, families, and communities
Strategy #8: Develop and pilot a primary prevention project tailored specifically for Maine’s rural communities

Priority C: Reduce the number of prescribed and illicitly obtained opioids
Strategy #9: Improve the safety of opioid prescribing
Strategy #10: Reduce illicit opioid supply

OVERDOSE RESCUE
Priority D: Make naloxone available to anyone who needs it
Strategy #11: Ensure broad distribution of naloxone and its availability to high risk individuals
Strategy #12: Increase public awareness of overdose prevention and use of naloxone

Priority E: Maximize data to reduce harm
Strategy #13: Improve overdose tracking

TREATMENT
Priority F: Ensure the availability of treatment that is local, immediate, and affordable
Strategy #14: Improve patient access to Medications for Addiction Treatment (MAT), with special efforts to reach populations most at risk
Strategy #15: Increase MAT provider capacity, particularly capacity for providing low barrier, rapid access to treatment

Priority G: Promote the understanding and use of harm reduction strategies
Strategy #16: Educate providers, patients, and the public on harm reduction approaches and strategies

RECOVERY
Priority H: Support individuals in recovery
Strategy #17: Support recovery for youth and adults with SUD/OUD
Strategy #18: Support alternatives to incarceration
Strategy #19: Increase recovery coaching services

Priority I: Build and support recovery-ready communities
Strategy #20: Increase community-based recovery supports

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December 2019