



Kennebec County

2025 FOOD INSECURITY COUNTY FACT SHEET

Food Insecurity Rates

	Rate for All Individuals	Number of Food Insecure Individuals	Child Rate	Number of Food Insecure Children
Kennebec	14.5%	18,240	22.0%	5,240
Maine	13.8%	191,920	20.6%	50,610

Source: Feeding America, Map the Meal Gap Report • Created with Datawrapper

Economic Hardship: Households Below the ALICE Threshold

ALICE stands for Asset Limited, Income Constrained, Employed. ALICE households are those who earn above the federal poverty line but still struggle to afford basic necessities like housing, childcare, transportation, and healthcare.

Poverty ALICE

Kennebec County



Maine



Source: United for ALICE, United Ways of Maine • Created with Datawrapper

Average Cost Per Meal

Kennebec	\$3.89
Maine	\$3.76
U.S.	\$3.58

Source: Feeding America, Map the Meal Gap Report • Created with Datawrapper



County Demographics: Populations with Higher Food Insecurity Rates

	Food Insecurity Rate (2013-2022 avg. Maine)	Share of Kennebec County Population	Share of Maine Population
Single-Parent Households	39.1%	5.1%	4.3%
Hispanic or Latino	27.9%	2.2%	2.1%
Black or African American	27.4%	1.4%	2.5%
Individual with Disability	26.0%	16.4%	16.0%
All Households	12.9%	100.0%	100.0%

Source: Food Insecurity Rates: Maine Office of the State Economist analysis of Current Population Survey Food Security Supplement (CPS-FSS), 2013-2022 data via IPUMS CPS. Share of Population: U.S. Census American Community Survey (ACS) 5-Year (2019-2023) • Created with Datawrapper

Share of Total Population Enrolled in SNAP

Kennebec	14%
Maine	13%

Source: State of Maine • Created with Datawrapper

Enrollment Among Income-Eligible Population



A rating of HIGH or LOW indicates that there is a statistically significant difference between the county's enrollment rate and the state average for enrollment among the estimated income-eligible population. **HIGH** = More of the income-eligible people in the county are enrolled in SNAP, compared to state average. **LOW** = Less income-eligible people are enrolled. **AVERAGE** = Not significantly different than state average for enrollment.

Kennebec	AVERAGE
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Source: State of Maine analysis • Created with Datawrapper

County Demographics: Share of Population by Food Insecurity Risk Factors

	Older Adults (65+) Living Alone	Households No Internet Access	Households No Vehicle Access	Share of Housing Occupied by Renters	Share of Renters that are Cost-Burdened
Kennebec County	5%	8%	7%	27%	39%
Maine	5%	8%	7%	26%	40%

Source: U.S. Census American Community Survey (ACS) 5-Year (2019-2023) • Created with Datawrapper