Alzheimer's Disease Prevention Program

Chronic Disease Programs
Division of Disease Prevention

Cabinet on Aging Meeting

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Maine Alzheimer's Statistics

PREVALENCE

29,600
of people aged 65 and older with Alzheimer's

10.1%
of adults over 65 with Alzheimer's

CAREGIVING

51,000
Caregivers

$1.911 Billion
in total value of unpaid care

60.8%
of caregivers have chronic health conditions

WORKFORCE

36
Geriatricians in 2021

97.2%
increase needed to meet 2025 demand

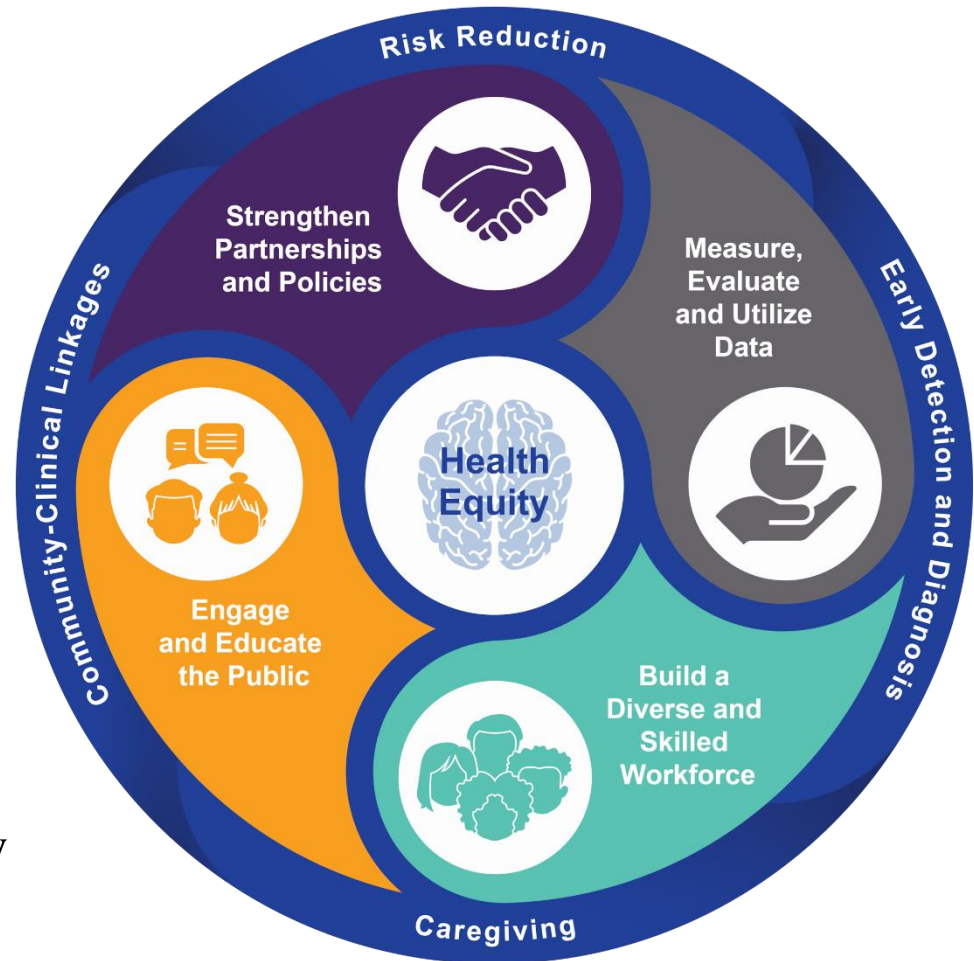Per Capita Medicare Spending on People with Dementia in 2023 Dollars: **$24,119**

2024 Maine Alzheimer's Statistics – Facts and Figures

BOLD Infrastructure for Alzheimer's Act

The [Building Our Largest Dementia (BOLD) Infrastructure for Alzheimer's Act](#) (2018) directs the US Centers for Disease Control (CDC) to strengthen public health infrastructure.

US CDC directed to:

- Establish [BOLD Public Health Centers of Excellence](#).

- Provide funds to support public health departments.

- Increase data analysis and timely reporting.

Maine BOLD Grant

US CDC Building Our Largest Dementia (BOLD) Infrastructure Grant

- Healthy Brain Initiative Planning Lab: 2019 – 2020

- Component 1: 2020 – 2023 $350,000 (3) = $1,050.000

- **COMPONENT 2: 2023 – 2028 $450,000 (5) = $2,250,000**

Current Efforts:

- Implement grant strategies to enhance dementia risk reduction efforts, improve early detection initiatives, and strengthen community resources.

- Support the Maine Healthy Brain Initiative (HBI) Coalition.

- Coordinate with state agencies, healthcare systems, and regional partners to align efforts and share best practices.
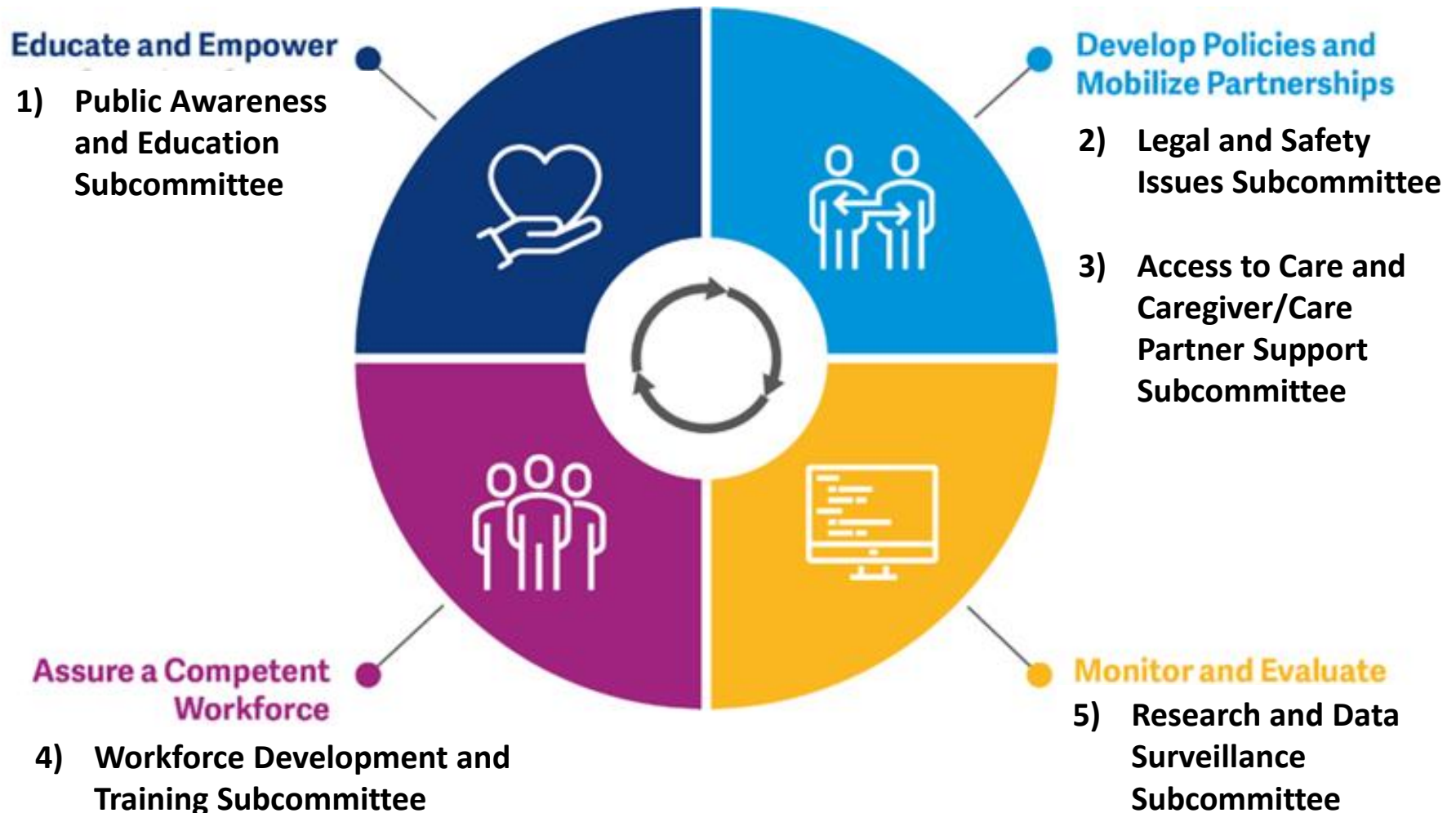
Maine BOLD Grant

Objectives:

- Increase and improve early detection and diagnosis of ADRD.

- Create environments to reduce risk factors common to most chronic diseases.

- Build on and improve community-clinical linkages.

- Identify and optimize available data and surveillance sources.

- Support partners in systems changes that build geriatrics workforce and training.

- Increase awareness of and improve caregiver supports.

> HBI Stakeholders were instrumental in developing a statewide plan to address Alzheimer's disease and related dementias.

Subcommittees Addressing ADRD Plan

Educate and Empower

1) **Public Awareness and Education Subcommittee**

Develop Policies and Mobilize Partnerships

2) **Legal and Safety Issues Subcommittee**

3) **Access to Care and Caregiver/Care Partner Support Subcommittee**

Assure a Competent Workforce

4) **Workforce Development and Training Subcommittee**

Monitor and Evaluate

5) **Research and Data Surveillance Subcommittee**

Maine Center for Disease Control and Prevention

Our Partners – 72 Total

18 Sectors Represented:

Academic Institution
Advocacy Group
Area Agency on Aging
Business/Corporation
Community-Based Organization
Ethical/Legal Expert
Faith-Based Organization
Funding Organization
Health Care Provider
Insurance Provider
Media/Awareness
Member Organization/Association
Local Government Agency
Person with Caregiving Experience
Research Institution
State Government Agency
Support Service Provider
Tribal Agency

Examples:

- Alzheimer's Association, Maine and New England Chapters
- Area Agencies on Aging (5)
- Maine DHHS, OADS, DLC, DOL, DOT
- HealthReach Community Health Centers
- Jackson Laboratory
- Maine Council on Aging
- MaineHealth
- Maine Healthcare Association
- Northern Light Acadia Hospital
- Roux Institute Northeastern University
- University of New England, AgingME 2 and GWEP
- University of Maine, Center on Aging

Grant Funded Work

ADRD Clinical Care Model is being developed and piloted by HealthReach, a Federally Qualified Health Center.

Statewide ADRD communication and outreach services are being provided by the Alzheimer's Association, Maine Chapter, in collaboration with other partners.

Landscape Assessment of the Healthy Brain Initiative Coalition to update and expand the current stakeholder list.

Lead the Northeast BOLD Collaborative, which includes seven grantees - Connecticut, Maine, New York, Rhode Island, Vermont, Boston, and New York City.

Regional Risk Reduction Learning Collaborative in Boston, MA, April 29-30, 2025.

Thank You

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