

COVID Update - Dr. Amy Belisle

(see attachment)

- Surge of covid cases in Maine; 19.8% positivity rate (<https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/data.shtml>)
- Tracking data for children/youth under the age of 25; currently accounts for 1/3 of cases in Maine
- Maine DOE tracks cases in schools (<https://www.maine.gov/doe/covid-19/30daycases>)
- Pooled testing – currently 543 out of 710 schools enrolled with 427 schools participating

Progress on vaccinations

- Boosters available for ages 12-17 and immunocompromised youth ages 5-11
- 420+ school-based clinics for COVID vaccines
- Data on vaccines (<https://www.maine.gov/covid19/vaccines/dashboard>)
- Nationally Maine one of top states in getting youth vaccinated (<https://downloads.aap.org/AAP/PDF/Child%20Vaccinations%20Report%20US%20and%20by%20State%20Jan%205.pdf>)
- What we're watching
 - CDC data: hospitalization rate for children under age 4 (not yet eligible for vaccine) has doubled
 - Children admitted to hospital *for* covid and *with* covid (separate reporting currently not available)
 - Geographic areas that may need additional vaccine education and opportunities (Maine has set up several high-volume vaccination sites and expanded testing sites)
 - Maine has updated to align with Federal CDC isolation and quarantine guidelines
 - Childcare guidance (not currently updated by the Federal CDC)
 - Additional covid treatments for high-risk youth - limited supplies of oral and IV treatments

Overview of 2021 Accomplishments - Ana Hicks

(see attachment)

- Annual report being released soon
- Office of Child and Family Services (OCFS) ensured federal dollars reached license childcare programs (e.g. monthly Child Care Stabilization grants – 85% received)
 - Maine was one of the first States to distribute this grant money
- Expand Early Childhood Consultation Program – services being provided to eight counties
- Department of Education (DOE) Early Learning Team - 14 School Administrative Units (SAUs) awarded grants to expand public pre-K
- Maine CDC was awarded a five-year Early Childhood Comprehensive Systems grant from the US Health Resources and Services Administration (HRSA)
- OCFS implemented a pilot program providing Crisis Aftercare to 108 families in Aroostook County and 6 families in Washington County

- 88% of families served did not get to ER; 90% of youth remained at home
 - Program now operating statewide
- Evidence Based Behavioral Health Trainings for Professionals
 - Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
 - More than 120 clinicians certified. Professionals reimbursed for their time and not charged for the training
 - No-cost training to 80 practitioners in [Triple P Standard, Triple P Standard Teen and Pathways](#) – an evidence-based parent training program
- Transition Work Based Learning Grant - focus on paid work experience (Jobs for Maine’s Grads [JMG] programming and Progressive Employment)
 - Upcoming evaluation report will inform Children’s Cabinet work around Maine Jobs Recovery Plan and career exploration
- DOE Expand Social Emotional Learning curriculum (SEL4ME) - more than 70,000 SEL4ME curriculum engagements and more than 8,700 registered student users of the curriculums
 - Teacher training - incorporate SEL into coursework/curriculum and use as a Primary Prevention and Trauma Informed practice
- Maine CDC partnered with Maine Youth Advocates network provide restorative practices support, education, and technical assistance in schools
- Maine CDC increased training and technical assistance for behavioral health organizations on effective screening and identification of suicide prevention for youth living with a substance use disorder
- Reports shared with the Cabinet (see attachments):
 - Office of Child and Family Policy’s Annual Children’s Behavioral and Child Welfare Reports
 - Office of Student and School Support’s Report on the Mental Health Survey
 - First Year Review of the Regional Care Teams

Preview of Children’s Cabinet work for 2022 - Ana Hicks

- Public Pre-K Expansion Grants (ARPA) – provide technical assistance and second round of grants to School Administrative Units to support start-up costs to expand public pre-K
- Child Care Infrastructure Grants (ARPA) – request for applications coming in spring
 - Expand existing and build new child care facilities
- Child Care Stabilization and Discretionary Grants (ARPA) – monthly to stabilize and support child care industry. Has helped child care programs to stay afloat as some child care programs face high rates of cases and need to quarantine children and staff
- Support for the Early Childhood Education Workforce – stipends, professional development, expand apprenticeships
- Strengthen and raise awareness of Child Care Subsidy Program– waive parent fee, raise reimbursement rates for children with special needs
 - Social media campaign to raise awareness about program
- Coordinating and aligning programs and services to make it easier for families to access/ navigate services
 - Children’s Cabinet Early Intervention Subgroup – meets monthly; made up of staff from CDC, OCFS, DOE, MaineCare; work includes:
 - [Guide on Referral Services for Families with Young Children Guide for Health Care Providers](#)

- Early Childhood Comprehensive Systems Grant – Maine CDC awarded grant to increase statewide access to integrated, effective, culturally appropriate, evidence-based early intervention practices and services during the prenatal and early childhood period
 - Hire a manager
 - Implementation and coordination across agencies of Help Me Grow - support parents of children up to age 8 navigate programs and services
 - Engage stakeholders/parents
 - Kick off webinar for ECCS and Help Me Grow held January 13, 2022 included Dr. Paul Dworkin Founder of Help Me Grow
 - Increase developmental screenings through ASQ (Ages and Stages) including support filed staff and on-line screening access
 - Early Childhood Integrated Data System (ECIDS)
 - Support data informed policies and programming
 - Hired Policy Coordinator Katherine Johnson to lead this effort
 - Supporting youth to enter adulthood connected to workforce/education
 - Expand/coordinate programming (e.g. meaningful paid work, work-based learning, extended learning opportunities, pre-apprenticeships and apprenticeships)
 - Understand careers and pathways
 - Cabinet to focus on career exploration pilot for historically underserved youth age 16 to 24 years old – Request for Information (RFI) distributed
 - Coordinate, align and strengthen Restorative Practices and Justice in schools, communities, and juvenile justice system across agencies (e.g. DOC, DOE, DHHS, etc.)
 - Support youth to enter adulthood healthy
 - Expand/improve access to evidence-based behavioral health services and treatment
 - Expanded Crisis Aftercare Services statewide
 - Systems of Care federal grant:
 - Year 1 - Aroostook, Penobscot, and Piscataquis counties
 - Year 2 - Franklin, Oxford, and Androscoggin
 - Year 3 - Knox, Lincoln, and Waldo counties
 - Year 4 - statewide
 - Expansion of School Based Health Centers - provide comprehensive health services, including mental health services
 - Identify opportunities to strengthen substance use disorder treatment/services

Discussion of Efforts to Expand Adolescent Substance Use Disorder Treatment and Services -

Madeline Shiley

(see attachment)

- Conducted needs assessment, developed a plan, then identified funding/resources needs including:
 - Identify/close gaps in services
 - Referrals to appropriate services
 - National best practices to ensure success (e.g. rate increase to service providers)
 - Adolescent Community Reinforcement Approach (A CRA) part of Adolescent Community Treatment (ACT) Teams for youth to be treated at home – looking for funding opportunities
 - Youth peer recovery coaches

- Gather/share feedback
- Funding/grant opportunities
- Implement EBPs, MAT
- Stakeholder engagements and establishment of community partnerships
 - Coordinate/expand treatment access with primary care providers
 - Identify SUD needs surrounding hospitals/emergency departments
- Challenges to address in 2022 include:
 - Increase number of providers (out-patients, intensive out-patient, residential)
 - Incorporate harm reduction strategies into children's crisis services
 - Expand access/training medically supervised withdrawal
 - Youth-servicing agencies trained to offer co-occurring services
- Upcoming Initiatives
 - Offer MH/ SUD training to mental health clinicians in children's residential programs (expected in June 2022)
 - Provide Medically Supervised Withdrawal training to existing clinicians
- Thanks for John T. Gorman Foundation for funding for the first year of the Youth SUD Specialist
- Youth SUD Specialist will continue at OCFS now that the grant funding has expired. Madeline (who can be reached at Madeline.Shiley@maine.gov) will be working on:
 - Incorporating Youth SUD into Children's Crisis Services - participating in the OMS Crisis System Reform Group
 - Program Manager/oversight of the Youth/Family SUD Contracts - pertaining to Youth/Family SUD
 - Support to new providers through research and training opportunities

Next meeting

February 22, 2022 • 10:30-11:30am

Maine DHHS COVID-19 and Children Update

Amy Belisle MD, MBA, MPH

Maine DHHS

January 2022



Please be aware that guidance is changing daily. This information is current as of 1/10/22

Agenda

- Review COVID-19 Data and Children
- Highlight Progress with COVID-19 Vaccination for Children
- Outline COVID-19 Issues to Watch Moving Forward



(Powerpoint, stock image)

COVID-19 Data in Maine: Positivity Rates

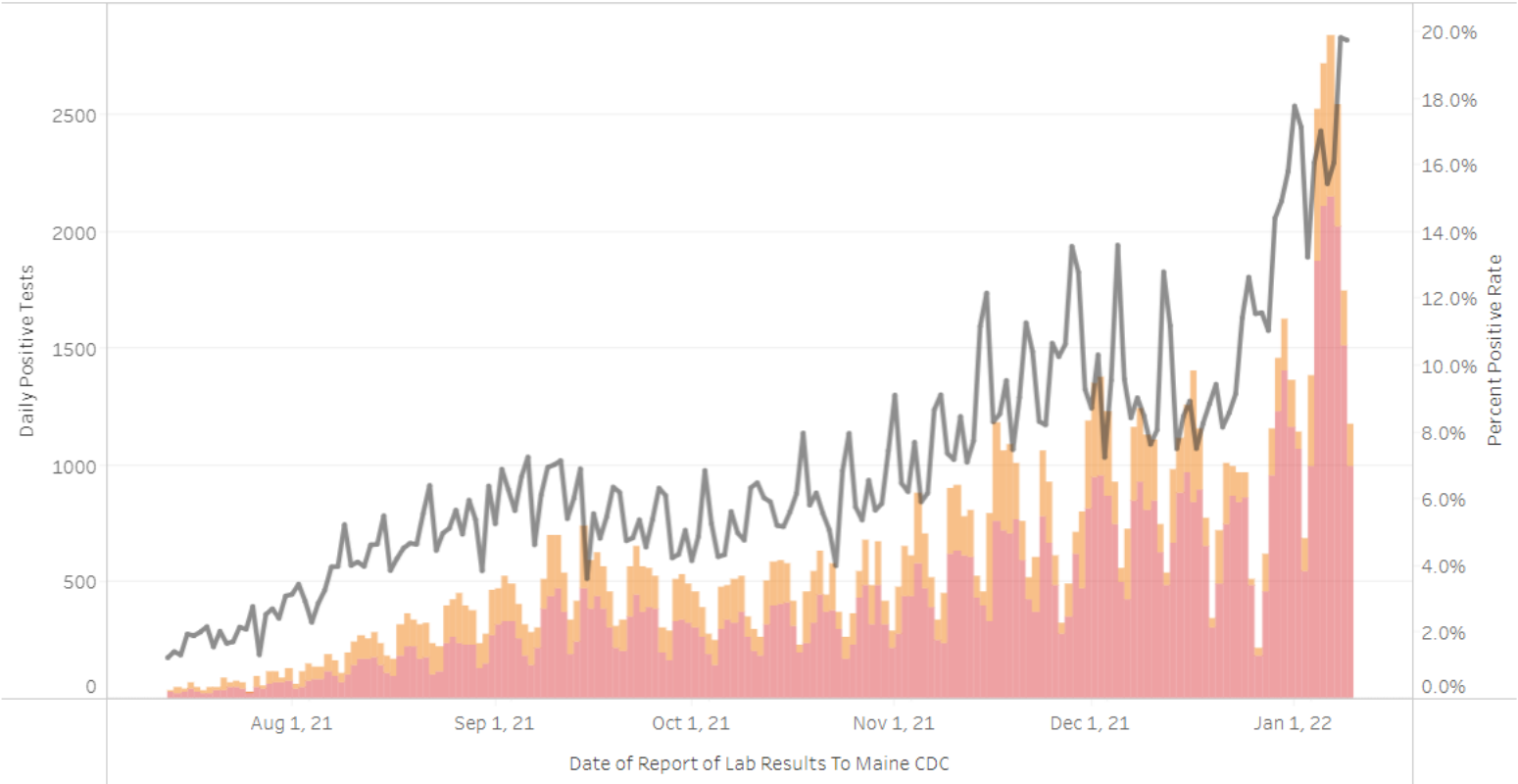
New Daily Positive Tests and Positivity Rate

Gray line shows positive Antigen and Molecular tests as a percent of total Antigen and Molecular tests

Select Test Type
Antigen and Molecular

Positive Tests
Antigen
Molecular

All	Last 30 Days	Last 60 Days	Last 90 Days	Last 180 Days	Last 365 Days
-----	--------------	--------------	--------------	---------------	---------------



1/08/22: PCR and Antigen Test Positivity Rate=19.8%

← Undo → Redo ↺ Replay ▾ ⏪ Revert 🔄 Refresh ⏸ Pause 🔗 Share 📄 Download 🖥 Full Screen

Download csv files with the most recent cumulative case data by [zip code \(CSV\)](#), [county \(CSV\)](#), [age \(CSV\)](#), [sex \(CSV\)](#), [race \(CSV\)](#), and [ethnicity \(CSV\)](#).

COVID-19 Data in Maine: Youth Age <25

COVID-19 and Youth in Maine
March 12, 2020 - December 27, 2021

Total Number of Confirmed and Probable COVID-19 Cases Among Youth and Young Adults Age < 25:

48,668

Total Number of Confirmed and Probable COVID-19 Cases Among Mainers of All Age Groups:

146,427

Total Number of Cases by Age Group

0-4	5,672
5-9	8,912
10-14	9,807
15-19	11,329
20-24	12,948
25+	97,759

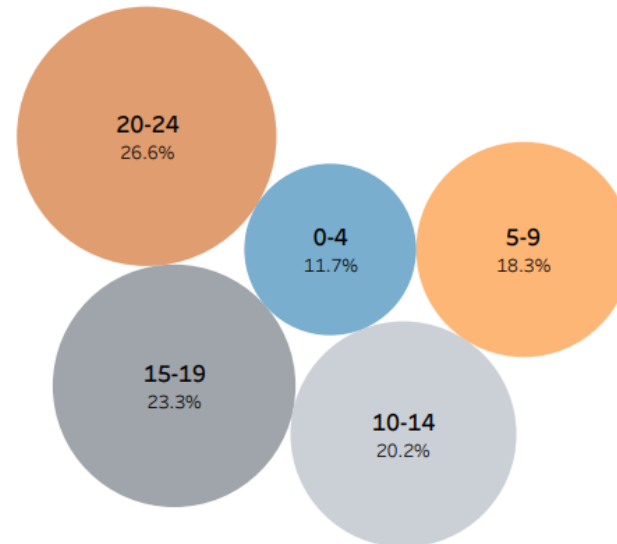
Percent of Total Cases Age < 25:

33.2%

Percent of Total Cases Age ≤ 18:

22.7%

Percent of Total Confirmed and Probable Youth Cases by Age Group



Source: Maine Center for Disease Control and Prevention NEDSS Base System (NBS)**
**Data includes positive test results from labs which are supplemented by information collected by case investigators. These are preliminary data that are subject to change.

Caption
Age group and % of Total Count of COVID-19 cases. Color shows details about age group. Size shows % of Total Count of COVID-19 cases. The marks are labeled by age group and % of Total Count of COVID-19 cases. The view is filtered on age group, which excludes 25+.

[Maine CDC COVID-19 and Youth Data Published Weekly \(1/03/2022\)](#)

COVID-19 Data in Maine: Case Trends by Age

COVID-19 Case Trends

Daily lab results

New cases by date

Cases by age trend

Case rates by county

COVID-19 data by race

Maine v. other states

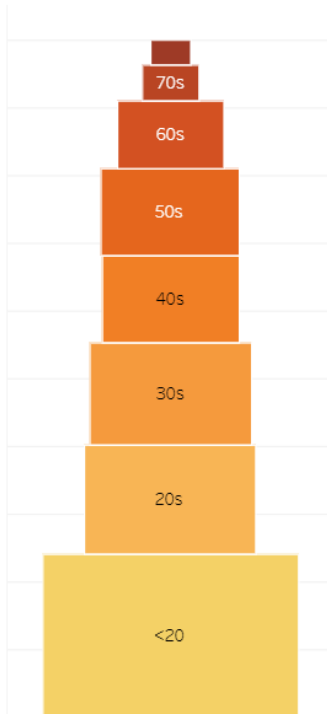
Share of Cases by age

Data as of: January 9, 2022 11:59 pm

Dashboard updated: January 10, 2022

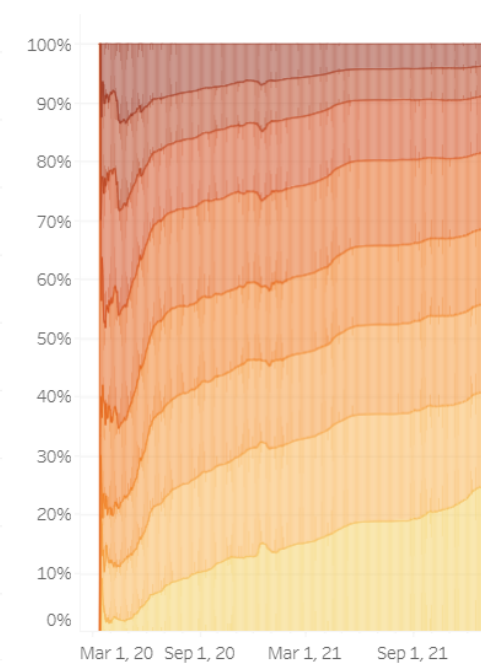
Cases / Deaths

Cases



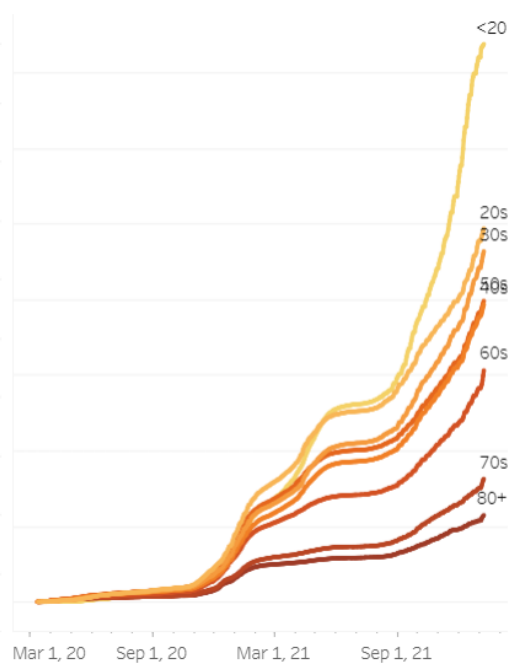
Share of Cases by age, by day

Click an age band to highlight timeline



COVID-19 Cases by age

Cumulative cases



← Undo → Redo ↺ Replay ▾ ← Revert ↻ Refresh ⏸ Pause

🔗 Share 📄 Download 🖼️ Full Screen

COVID-19 Data in Maine: Maine Schools 30 Day COVID-19 Report

- [Maine Schools 30 Day COVID-19 Case Report | Department of Education \(1/06/2022\)](#)



Reported 30-Day COVID-19 Case Numbers for Maine Schools

As of 1/6/2022

This dashboard is updated at 4:00 p.m. on Thursdays with COVID-19 data included as of 3:00 pm the previous day. Data are preliminary and cumulative for the past 30 days.

The data included in the chart are based on cases reported by Maine schools through a case reporting form for school related cases, including staff and students.

Not all cases reported by Maine schools have been confirmed by Maine CDC by the time of posting.

Schools not listed have no cases reported during the 30 day reporting period.

Hover over or click elements for more information

Download the dashboard

For best PDF results, change scaling to "At most 1 page wide"



Total Reported
Cases

4,946

Schools with
Outbreak Status*

Find a school here:

(All)

*Note Outbreak Status Definition Changed January 1, 2022

COVID-19 Data in Maine: Maine K-12 Pooled Testing Data

COVID-19 Pooled Testing in Maine K-12 Schools

Showing Maine CDC data through 12/17/2021: Dashboard updated Thursdays with data for the previous week (pooled testing will resume the week of 1/3)

Enrolled schools out of 710	Enrolled School Entities e.g. SAUs, RSUs, & private schools	Pool participants currently testing	Participating school locations	Total pools tested	Total positive pools
543	183	61,923	427	59,007	2,448

Participation Rate** By County
Statewide Rate:40%

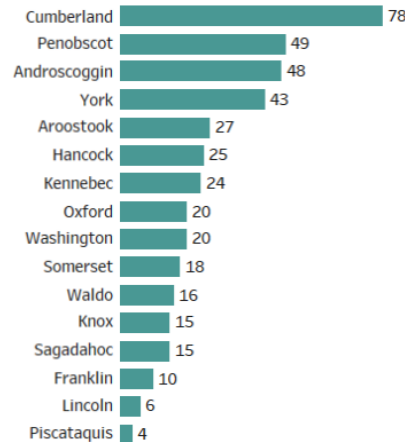
Click for % enrolled school entities



Total pop. of pool-testing schools 183,093

Pool Positivity Rate* 4.1%

Schools that have pool tested



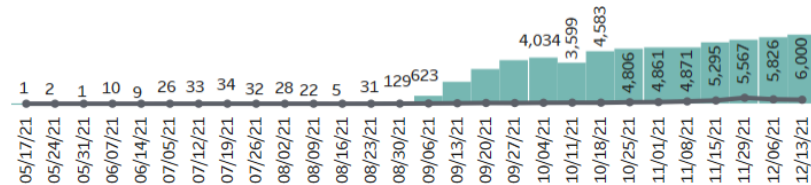
Total Pool Positivity Rates

12/13/2021: 4.0%

12/20/2021: 4.1%

01/10/2022: 5.8%

Pools timeline



*Positivity Rate (reported only at state-level): Total positive pools as a share of total pools tested

**Participation Rate= weekly participants as a share of total population within currently pooling schools.

"Total population" = student enrollment data from 2020-2021 + pool school-stated targets for teachers and other staff as the denominator We will incorporate 2021-2022 enrollment + staff totals when they become available)

Note: Some tests are not represented in the dashboard when they do not align with school names, e.g. administrative offices or after school programs. For a full list of the locations pooling, please click on the "Schools that have pool tested" button.

COVID-19 Vaccines for Children

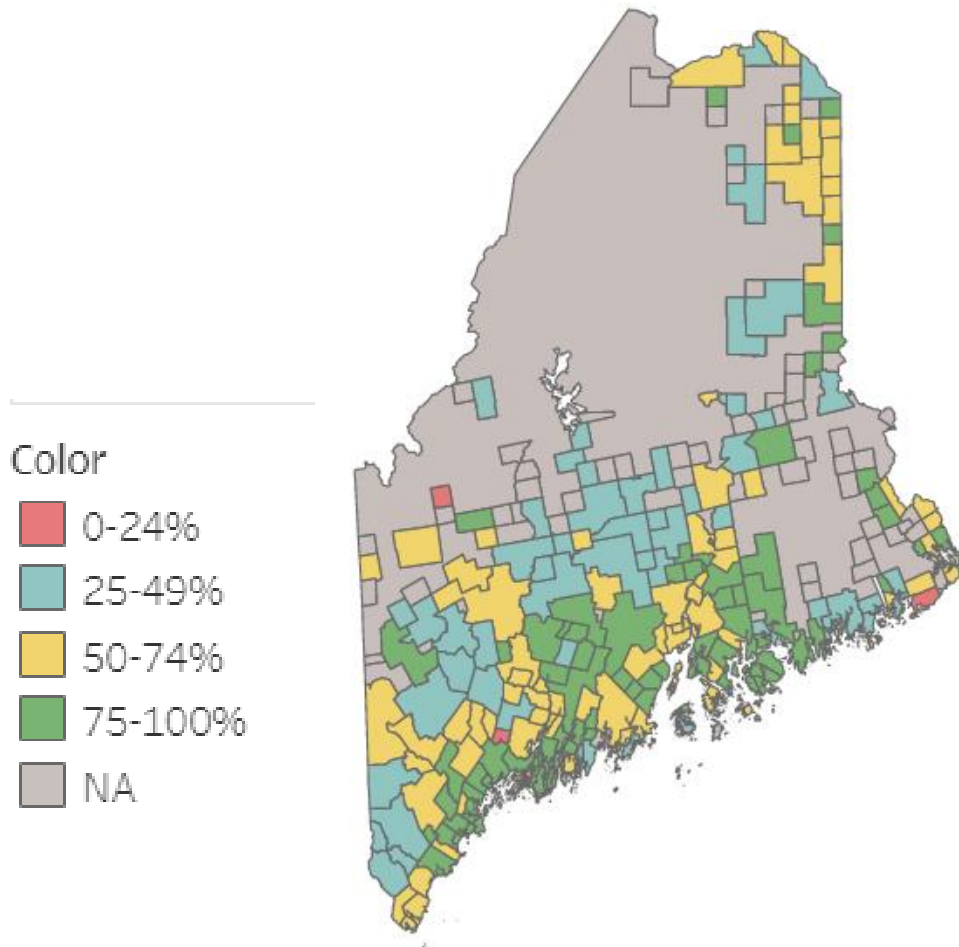
- Emergency Use Authorization (EUA) for Pfizer COVID-19 Vaccine for children ages 5-11 was given on November 2, 2021; EUA for Vaccine for youth ages 12-15 was on May 12, 2021
- Boosters now authorized for youth ages 12-17 year-olds at 5 months; 3rd dose for immunocompromised youth ages 5-11 year-olds
- 420+ school-based clinics for COVID-19 vaccine for ages 5-11 year-olds are scheduled from November through end of January
- [Progress can be followed on the COVID-19 Vaccination Dashboard | Covid-19 \(maine.gov\)](#)
 - 39% of children ages 5-11 have gotten their first dose; 32% second dose
 - 69% of youth ages 12-19 have gotten their first dose; 57% second dose



Maine CDC Photo, PHN, 2021

COVID-19 Data in Maine: Estimated Covid-19 Youth Vaccination Rates by School Administrative Unit (SAU)

COVID-19 Vaccination Rates for Youth by SAU

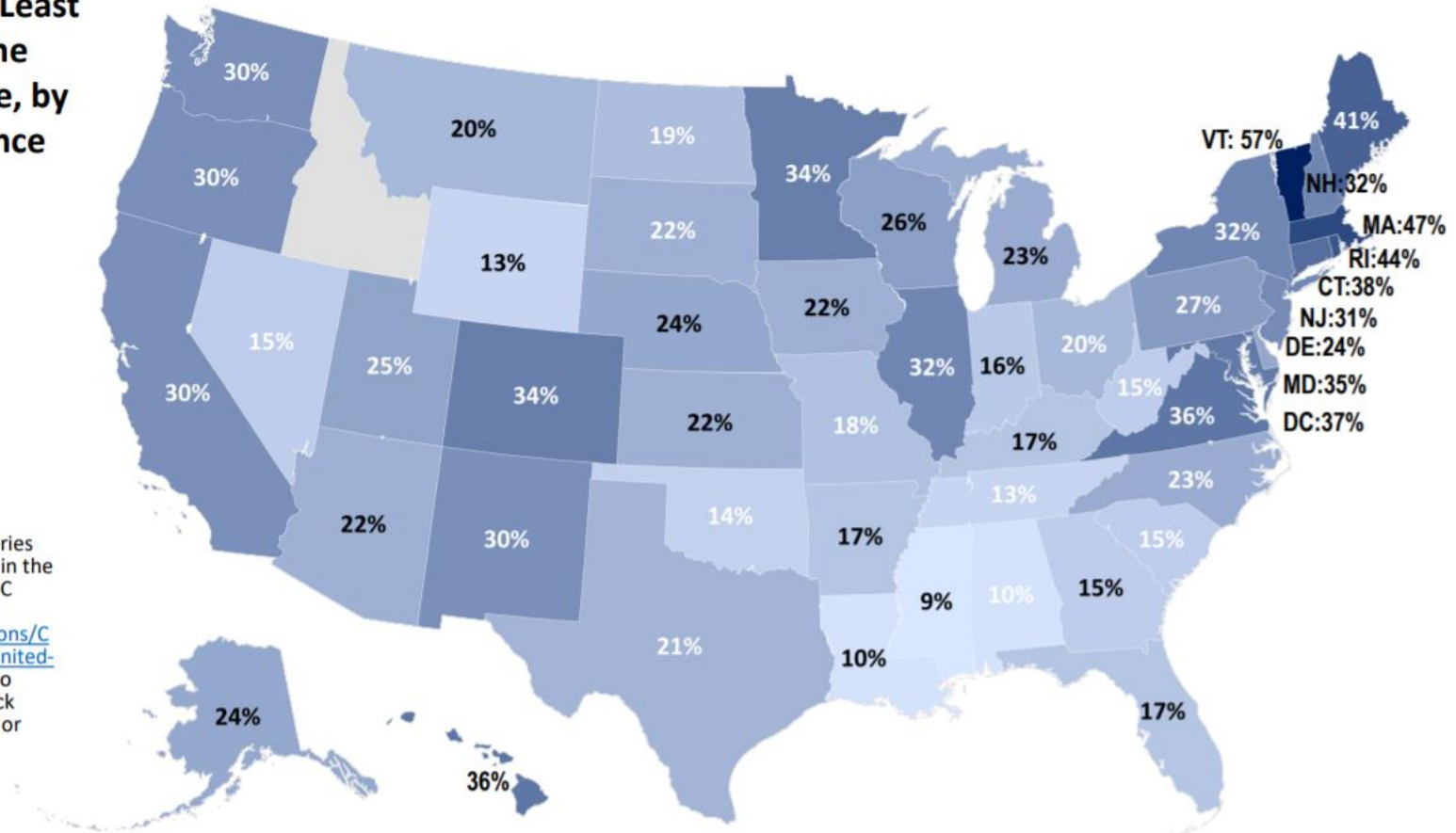


- [Maine COVID-19 Vaccination Rates for Youth \(5-18 years\) by SAU | MIP | MeCDC | Maine DHHS](#)
- Reflects first doses of COVID-19 vaccine
- Updated every 2 weeks
- Data as of December 27, 2021

National Rates for Children and COVID-19 Vaccine

Proportion of Eligible US Children Ages 5-11 Who Received At Least One Dose of the COVID-19 Vaccine, by State of Residence

Received At Least 1 Dose  as of 1.5.2022
9% 57%

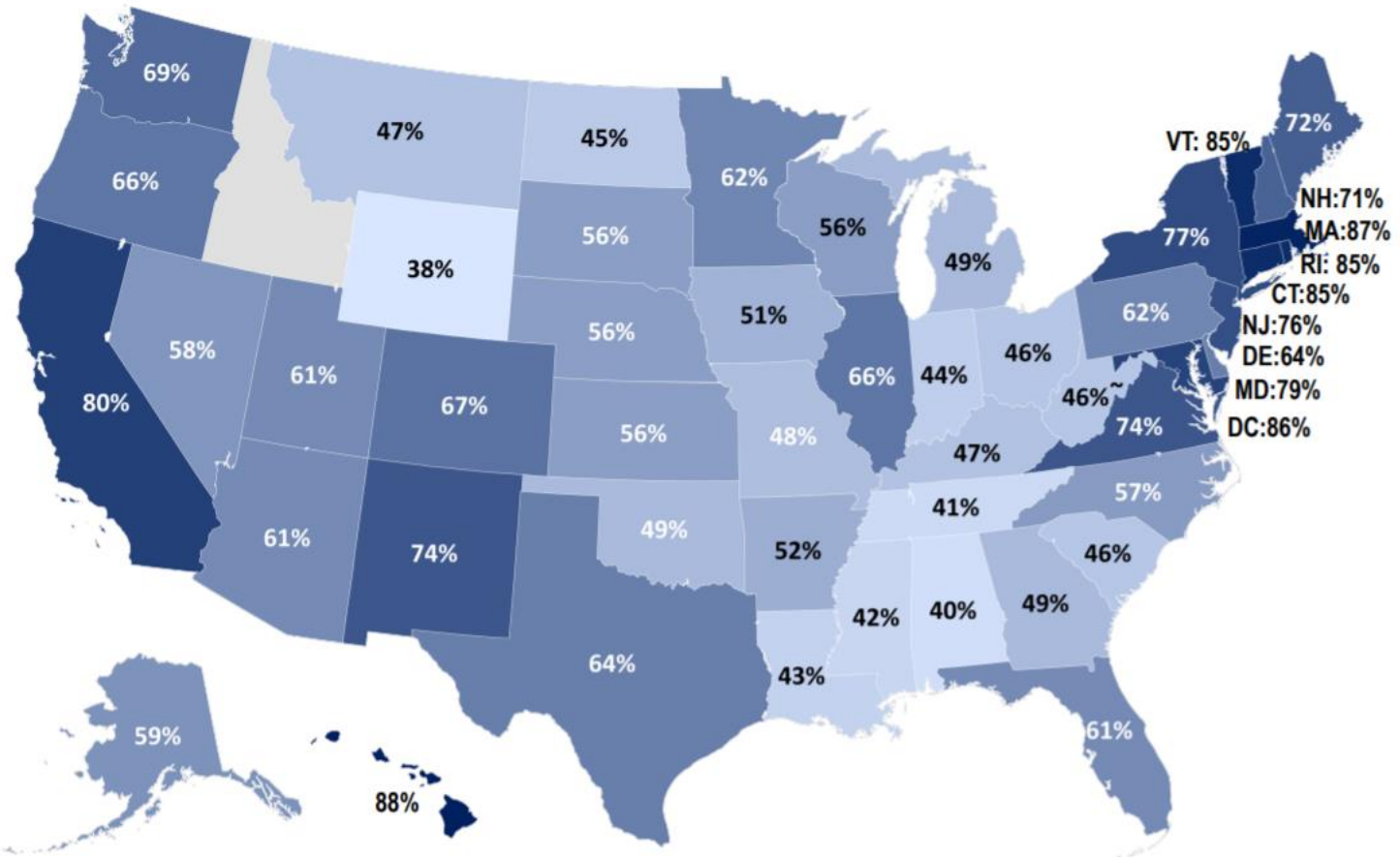


Source: AAP analysis of data series titled "COVID -19 Vaccinations in the United States, Jurisdiction". CDC COVID -19 Data Tracker (URL: <https://data.cdc.gov/Vaccinations/COVID-19-Vaccinations-in-the-United-States-Jurisdiction/unsk-b7fc>). Idaho information not available. Check state's web sites for additional or more recent information

National Rates for Youth and COVID-19 Vaccine

Proportion of Eligible US Children Ages 12-17 Who Received At Least One Dose of the COVID-19 Vaccine, by State of Residence

Received At Least 1 Dose  as of 1.5.2022
38% 88%



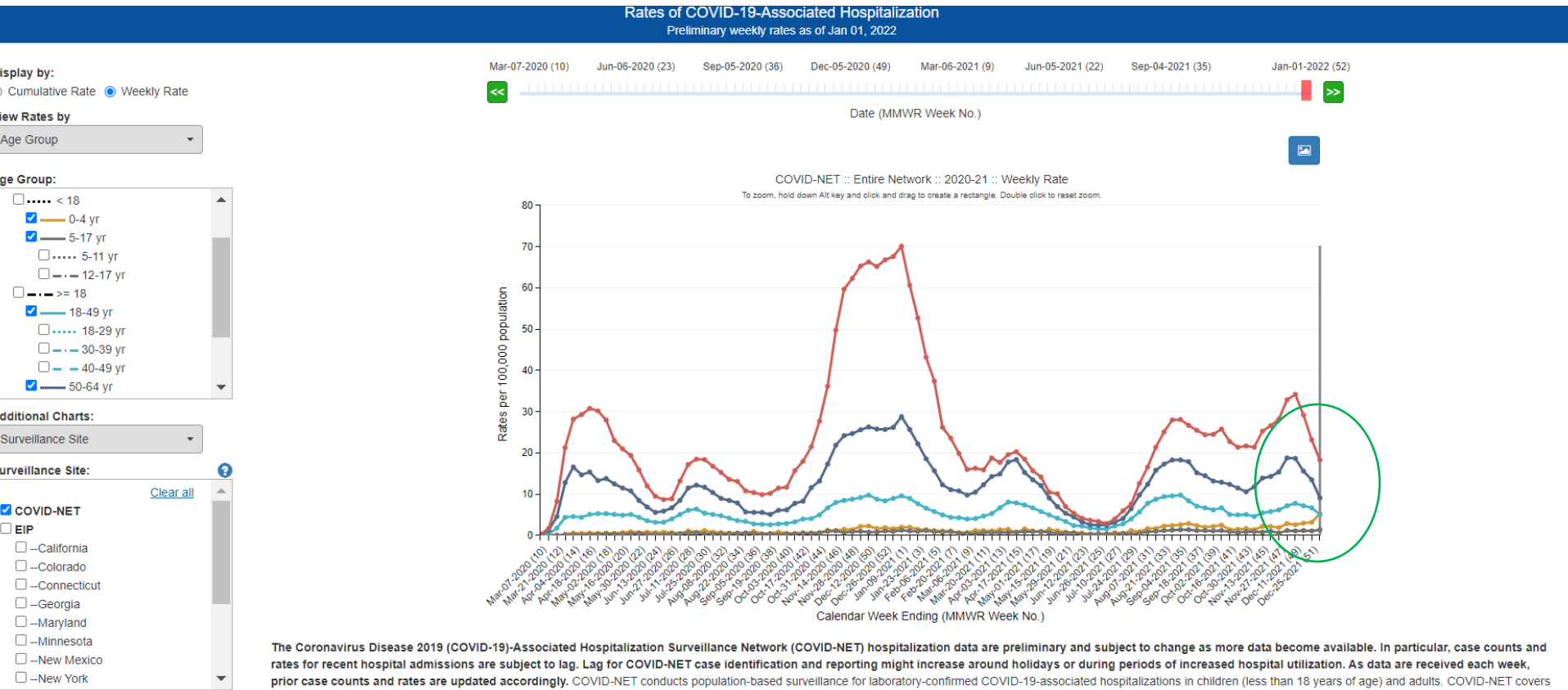
~ West Virginia revised the cumulative number of 12-17 year-olds having received a first vaccine dose down 14% from 12.22.2021 (67,126) to 12.29.2021 (57,627) after reporting a 48% jump from 12.1.2021 (44,422) to 12.8.2021 (65,600).

Source: AAP analysis of data series titled "COVID -19 Vaccinations in the United States, Jurisdiction". CDC COVID -19 Data Tracker (URL: <https://data.cdc.gov/Vaccinations/COVID-19-Vaccinations-in-the-United-States-Jurisdi/uns-k-b7fc>). Idaho information not available. Check state's web sites for additional or more recent information

Monitoring Impact of Omicron on Children

- Following closely hospital admissions of children: Need to look at data at **Admitted “with” and Admitted “for” COVID**
- CDC Update on January 7, 2022: Hospitalization rates have increased for people of all ages and while children still have the lowest rate of hospitalization of any group, pediatric hospitalizations are at the highest rate compared to any prior point in the pandemic.
- The increase was observed in children aged 4 and younger, who are not eligible for vaccination, and the data include those admitted to hospitals for reasons other than COVID and then tested positive.
- Still learning about the severity of Omicron in children: do increased in hospitalization reflect a greater burden of disease in the community or the lower rates of vaccination for these children under age 18? Winter months are also a time of higher hospital admissions for other viral illness like RSV and Influenza.
- Dr. Rochelle Walensky, the C.D.C.’s director, “We have not yet seen a signal that there is any increased severity in this age demographic”
- [*CDC Telebriefing on COVID-19 January 7, 2022*](#) and [*New York Times Updated January 7, 2022*](#)

CDC COVID NET Data on Hospitalizations



CDC COVID NET data until January 1, 2022
https://gis.cdc.gov/grasp/covidnet/covid19_3.html

COVID-19 Data in Maine: Hospitalizations Under Age 25

March 12, 2020 - December 27, 2021

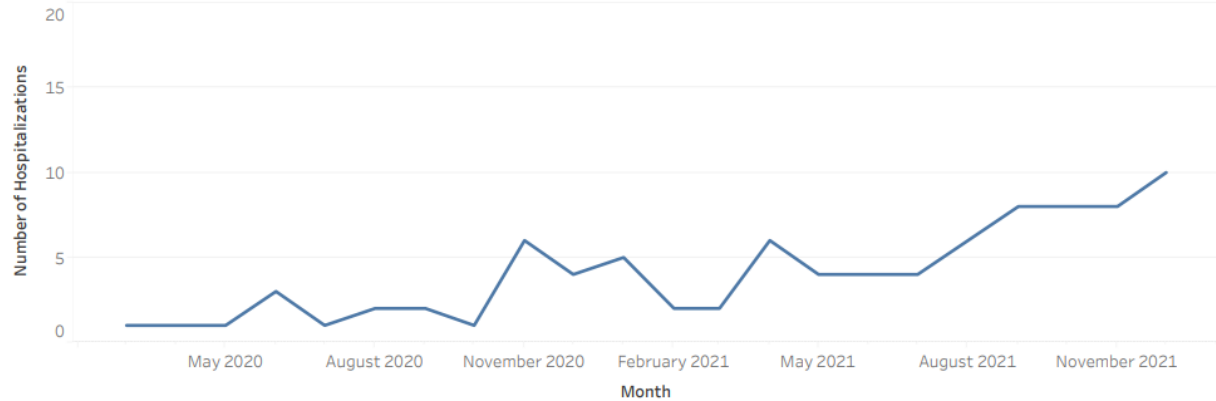
Cumulative Number of Hospitalizations Under Age 25:

89

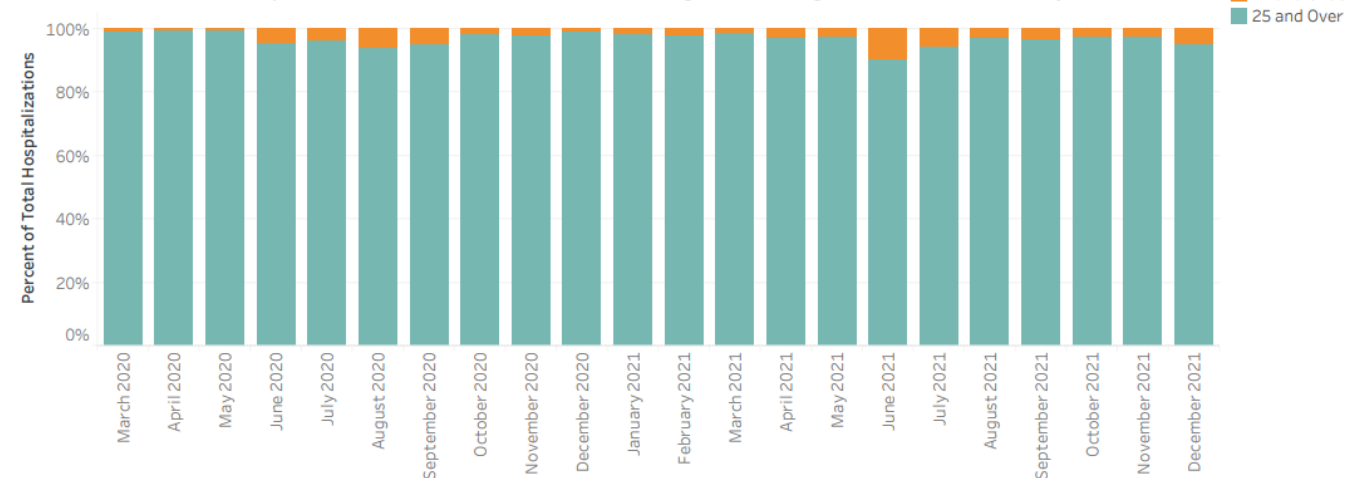
Age Breakdown of Hospitalized Youth Cases:

0-4	34.8%
5-9	6.7%
10-14	6.7%
15-19	23.6%
20-24	28.1%

Number of Hospitalizations* in Youth and Young Adults Aged 24 and Under by Month



Percent of Total Hospitalizations* in Youth and Young Adults Aged 24 and Under by Month



[COVID-19-Youth-1-3-2022.pdf \(maine.gov\)](#)

*Maine CDC identifies hospitalizations through the Ask on Order Entry (AOE) questions and through case investigation. During surge periods Maine CDC only investigates a small proportion of the cases reported to us. If a patient was not eligible for investigation, and hospitalization was not indicated on the AOE, or AOE were not complete they are not included in the analysis. Therefore, this analysis represents true hospitalizations, but likely not all hospitalizations.

COVID-19 Issues to Watch Moving Forward

- **Data: Monitoring closely number of cases and hospitalizations in children**
- **Vaccination**
 - Encouraging COVID-19 vaccine for everyone 5 and older and boosters for everyone 12 years and older
 - Looking closely at the uptake of COVID-19 vaccine by children/youth and seeing if there are geographic or equity gaps that need to be addressed
 - Directing families to high volume vaccine sites: Augusta Armory, MaineHealth Portland; Northern Light Pier 1 South Portland; York County EMA/Sanford
- **Testing**
 - Expanding Testing Options: Augusta Armory (Mon/Wed/Fri), Westbrook Public Safety; Portland Jetport
 - Purchasing 250,000 additional rapid antigen tests
 - Continuing to support pooled testing in schools
- **Guidance**
 - The [Maine CDC](#) revised its COVID-19 [isolation](#) and [quarantine](#) guidelines to align with Federal CDC
 - Schools: The Federal CDC released [Guidance for COVID-19 Prevention in K-12 Schools](#) on 1/6.22. The Maine CDC is reviewing this guidance and the [current SOP](#) to see where updates are needed.
 - Childcare guidance has not been updated yet by the Federal CDC.
- **COVID-19 Treatments for youth older than 12 years and over 40 kg**
 - State has very limited supplies of oral and IV treatments, two are available for 12-18 years in high-risk groups
 - IV- Monoclonal Antibody- Sotrovimab
 - Oral Medication- Paxlovid
 - Maine distributing through retail pharmacy chains: [Walmart \(12 stores\)](#): [Hannaford \(3 stores\)](#):
 - Federal Government also distributing some doses to limited number FQHCS (Maine: PCHC & HealthReach)

Contact Information

DHHS Commissioner's Office

- **Amy Belisle, MD, MBA, MPH, Chief Child Health Officer, Amy.belisle@maine.gov**



2021 Children's Cabinet Report

A Few Highlights



Some Highlights of Early Childhood Policy and Program Accomplishments

- 85% of all licensed child care programs are receiving **monthly Child Care Stabilization grants** which provide programs with \$100 per licensed slot, **\$200 per month stipends for staff** working directly with children, and payments based upon a program's quality rating and acceptance of the Child Care Subsidy Program.
- Eight Early Childhood Consultation Program consultants, who work for three behavioral health providers in Maine, are now providing services to licensed child care centers, licensed family child care programs, and public pre-K programs in the eight pilot counties.
- In December 2021, the Early Learning Team at DOE notified **14 School Administrative Units (SAUs)** that they had been awarded grants to build out new programming for the fall of 2022. The American Rescue Plan funding committed through this grant program will **increase the number of 4 year olds able to attend public pre-k by 365**. Additionally, within the 14 SAUs awarded grants, **160 part-day/part-week slots will increase to full day/full week slots**.
- In August 2021, the Maine CDC was awarded a five-year Early Childhood Comprehensive Systems grant from the US Health Resources and Services Administration (HRSA).



Some Highlights of Efforts to Strengthen Policies and Programs for Youth

Starting in August 2020 and running through June 2021, OCFS implemented a pilot program providing **Crisis Aftercare to 108 families in Aroostook County and 6 families in Washington County.**

- **88% of families served by the pilot did not go to the ER for crisis** once the team was involved.
- **90% youth served by the pilot were able to remain at home due to the service supporting the family.** 10% of the youth involved went to Crisis Stabilization Unit, Inpatient Psychiatric Unit, or Residential Care.
- Program is now operating statewide.

Behavioral health practitioners across the state received evidence-based trainings to better support children, youth and their families.

- **More than 120 clinicians completed all requirements to become nationally certified in Trauma Focused Cognitive Behavioral Therapy (TF-CBT).** Nationally certified clinicians enrolled as MaineCare providers can bill the enhanced TF-CBT rate through Section 65 of the MaineCare Benefits Manual.
- **OCFS provided no-cost training to 80 practitioners in Triple P Standard, Triple P Standard Teen and Pathways.** Currently, there are four additional cohorts of 20 practitioners (80 total) going through the training with all accreditations scheduled to be completed March 2022



Some Highlights of Efforts to Strengthen Policies and Programs for Youth

- The **Transition Work-Based Learning Grant** – a 5-year grant from the Rehabilitation Services Administration wrapped in 2021 after providing services (including participation in two paid work experiences) to over 350 high school students with disabilities from the Augusta and Bangor areas. The grant studied two interventions - (1) enhanced Jobs for Maine's Grads (JMG) programming and (2) Progressive Employment – a dual customer approach that delivers a continuum of work based learning activities (including business tours, informational interviews, job shadows and paid work experience).
- **In 2021, there were more than 70,000 SEL4ME curriculum engagements and more than 8,700 registered student users of the curriculums.** In the fall of 2021, the Maine DOE SEL4ME Team began piloting an intensive professional development series, providing teachers with an adult Emotional Intelligence training and on-going training in how to incorporate social emotional learning into their coursework as well as curriculum development in the use of SEL as a Primary Prevention and Trauma-Informed practice.
- **Maine CDC partnered with Maine Youth Advocates network to provide restorative practices support, education, and technical assistance in schools.** Through July 2021, MYAN conducted 11 restorative practices training series with youth, trained 137 adults in restorative practices, and provided 271 youth-serving providers and organizations with technical assistance on implementing restorative practices
- **Maine CDC increased training and technical assistance for behavioral health organizations on effective screening and identification of suicide prevention for youth living with a substance use disorder.** Existing trainings (including Mental Health First Aid, Gatekeeper, and Suicide Prevention Awareness) were revised to address intersections between suicide and substance use disorder prevention. Over 600 individuals were trained.

Preview of Children's Cabinet Work and Priorities in 2022

Expanding access to quality early childhood education by strengthening the mixed delivery system for children aged birth through five years old. (DHHS/DOE/DOL)



- Public Pre-K Expansion Grants (ARPA)
 - Technical assistance for grantees
 - Support for interested School Administrative Units
 - Second round of grants
- Child Care Infrastructure Grants (ARPA)
- Child Care Stabilization and Discretionary Grants (ARPA)
- Support for the Early Childhood Education Workforce
 - Monthly Stipends (ARPA)
 - New Professional Development/Coaching Opportunities
 - Apprenticeships
- Efforts to Strengthen Child Care Subsidy Program and raise awareness



Coordinating and aligning programs and services across Maine's complex health and early childhood development systems to make it easier for families to access and more effectively navigate. (DHHS/DOE, including Child Development Services)

- The Children's Cabinet Early Intervention Subgroup has put out a guide on [Referral Services for Families with Young Children Guide for Health Care Providers](#)
- Early Childhood Comprehensive Systems Grant increase statewide access to integrated, effective, culturally appropriate, evidence-based early intervention practices and services during the prenatal and early childhood period.
- Implementation of Help Me Grow to support parents of children up to age 8 navigate programs and services for their children
- Kick-off webinar for ECCS and Help Me Grow will be held on Thursday, Jan 13. Dr. Paul Dworkin Founder of Help Me Grow will be joining us.
- Increasing developmental screenings through ASQ (Ages and Stages) on-line
- Planning for Early Childhood Integrated Data System to support data-informed policies and programming
 - Hired a ECIDS Policy Coordinator to lead this effort



**Supporting
youth to enter
adulthood
connected to
the workforce
and/or
education**

Expanding programming to support youth to participate in meaningful paid work and other extended learning opportunities to gain valuable skills and experience and to understand careers and career pathways to ensure their successful entry into work and/or post-secondary education. (DOE, DOL, DOC, DHHS)

- Career Exploration Pilot for historically underserved youth age 16 to 24 years old
- Expansion of work-based learning for broader group of youth
- Pre-apprenticeship programming for youth age 16 to 24 years old
- Expansion of apprenticeship programming



Coordinate, align and strengthen Restorative Practices and Justice in our schools, communities, and juvenile justice system. (DHHS/DOE/DOC)

- Support schools and students to build positive environments through restorative practices.
 - Coordinate work across DHHS (CDC) and DOE to align vision and strengthen efforts.
 - Support the continuum of restorative practices from preventive efforts in the schools to restorative justice with individuals in the juvenile justice system.



**Supporting
Youth to Enter
Adulthood
Healthy**

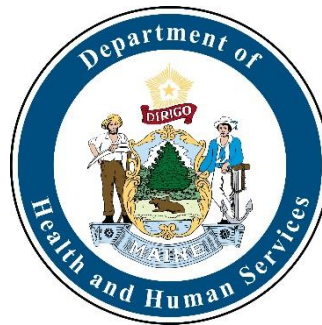
- **Expanding and improving access to evidence-based behavioral health services and treatment for Maine youth (DHHS/DOE/DOC)**
 - Expanded Crisis Aftercare Services for children and youth statewide
 - Systems of Care grant – First year included Aroostook, Penobscot, and Piscataquis counties; Second (current) year expands to Franklin, Oxford, and Androscoggin; Third year (beginning Fall 2022) will expand to Knox, Lincoln, and Waldo counties; Fourth (final year) will be statewide
 - Expansion of School Based Health Centers to provide comprehensive health services, including mental health services for youth
 - Continue to identify opportunities to strengthen substance use disorder treatment and services for youth

Efforts to Expand Adolescent Substance Use Disorder Treatment and Services

Madeline Shiley

Youth SUD Specialist

January 11, 2022



Agenda

2021 Top Priorities

Review of top priorities for 2021.

Youth SUD Successes

Successes in expanding understanding, access, and quality of Youth SUD Services.

Youth SUD Challenges

Challenges continuing to face Youth SUD services.

Continued Gaps

Remaining gaps in Youth SUD Services.

Upcoming Initiatives

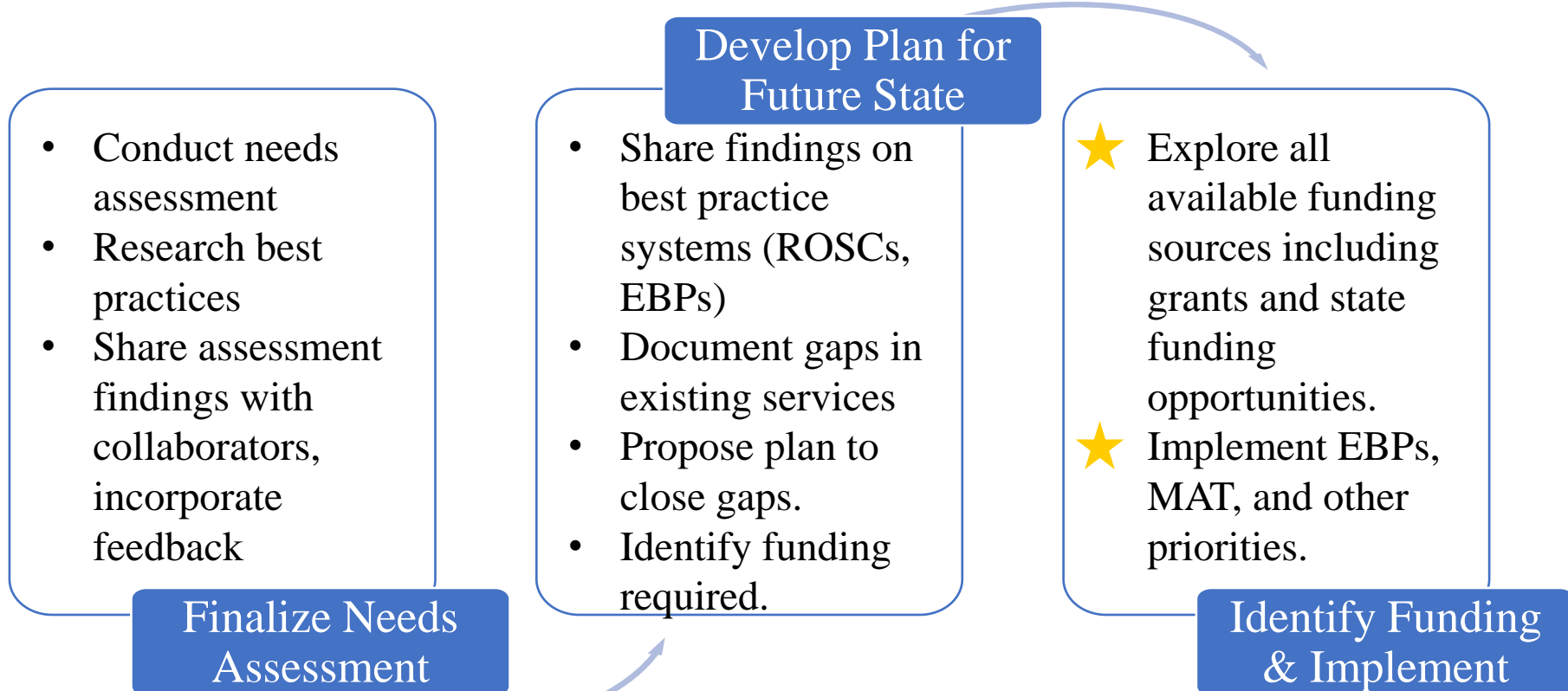
Plans for CBHS work on Youth SUD Services in 2022.

Discussion & Questions

Opportunities for questions.

2021 Top Priorities

In 2021 CBHS prioritized completing a needs assessment, developing and reaching consensus on a vision for the future state, and identifying funding sources for the implementation of best practices.



Youth SUD Successes

Increased staff capacity to focus exclusively on Youth SUD resulted in successes across a variety of areas with the goal of improving the access and quality of Youth SUD services.

Documentation of Existing Youth SUD Continuum of Care & Support of Providers

Completion of Research of National Best Practices / EBPs & Policy Changes

Funding Proposals and Grant Applications

Stakeholder Engagement and Community Partnerships

Youth SUD Challenges

Several challenges remain present to be tackled in 2022.

Growing the
Provider
Landscape

Incorporating
Youth SUD and
Harm Reduction
Strategies into
Children's Crisis
Services

Expanding access
and training to
Medically
Supervised
Withdrawal

Ensuring all
youth-serving
agencies have the
proper training to
offer co-
occurring
services

Continued Gaps

CDC CBHS

Gaps / Proposed Solutions

- PhotoVoice
- School-based health center screenings

- Student Intervention & Reintegration Program (SIRP)

MCDC / OCFS:
• MY – SBIRT Initiative

Helpline / Online Treatment Locator

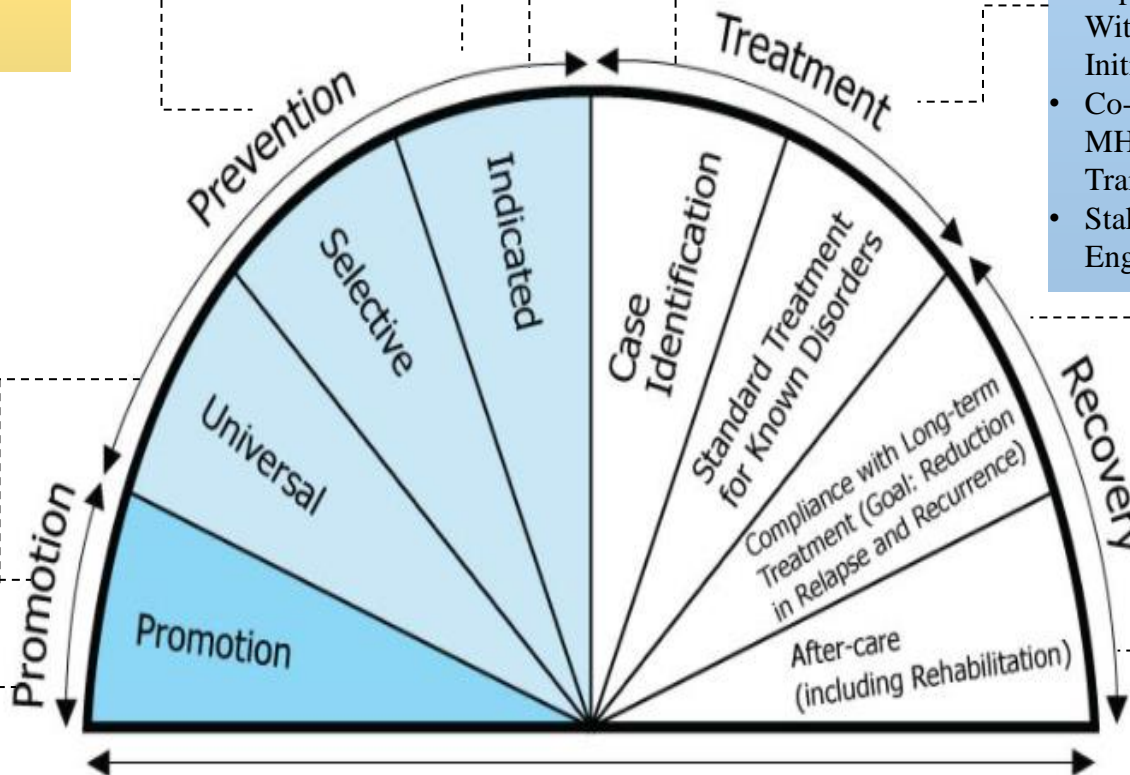
- Policy to support the expansion of EBPs
- Contract management
- Medically Supervised Withdrawal Initiative
- Co-Occurring MH/SUD Training
- Stakeholder Engagement

• **A-CRA in ACT Teams**

• Residential treatment for all genders

- 19 community prevention partners
- Drug Free Communities (DFC)
- Second Step
- Policy to decrease access and exposure to substances
- Maine Integrated Youth Health Survey
- Maine Youth Mattering Initiative

- Mass reach communications



- Youth Peer Support Statewide Navigators

- Youth Peer Recovery Coaches

Upcoming Initiatives

Several funding sources have been approved for initiatives to address some of the most pressing issues related to Youth SUD.

Co-Occurring MH/ SUD Training

- OCFS to contract with purveyor of adolescent SUD evidence-based practice, Adolescent Community Reinforcement Approach (A-CRA), to offer training to mental health clinicians in children's residential.
- The training will be offered to the 9 children's residential facilities for 2 clinician spots and 1 supervisor spot, for a total maximum of 18 clinicians and 9 supervisors.

In planning phase – Training Expected June 2022

Medically Supervised Withdrawal

- OCFS to provide training to existing clinicians on the treatment of adolescents needing medically supervised withdrawal.
- Curriculum is being planned with experts from: Opioid Response Network, Center on Rural Addiction, New England Addiction Technology Transfer Center
- Clinicians to be reimbursed for time spent training.

In planning phase

Path Forward

In addition to the two funded initiatives, the Youth SUD Specialist is focused on expanding access to developmentally appropriate care through the following priorities:

1 Incorporating Youth SUD into Children's Crisis Services

The Youth SUD Specialist is participating in the OMS Crisis System Reform Group.

2 Oversight of the Youth/Family SUD Contracts

OCFS has taken over the contracts pertaining to Youth/Family SUD; the Youth SUD Specialist will be the program manager.

3 Support to New Providers

The Youth SUD Specialist will continue to support new providers through research and training opportunities.

Thank you!

Please direct any questions to:

Madeline Shiley

Youth Substance Use Disorder Specialist

madeline.shiley@maine.gov

