



STATE OF MAINE
 DEPARTMENT OF PUBLIC SAFETY
 MAINE EMERGENCY MEDICAL SERVICES
 152 STATE HOUSE STATION
 AUGUSTA, MAINE 04333



PAUL R. LEPAGE
 GOVERNOR

JOHN E. MORRIS
 COMMISSIONER

SHAUN A. ST. GERMAIN
 DIRECTOR

**Medical Direction and Practices Board
 September 19, 2018
 Minutes**

Members Present – Dr. Sholl, Dr. Zimmerman, Dr. Bohanske, Dr. Ritter, Dr. Pieh, Dr. Saquet, Dr. Collamore, Dr. Opacic, Dr. Kendall, Dr. Tilney, Dr. Nash,

Members Absent – None

Stakeholders – Ben Zetterman, Joanne Lebrun, Stephanie Cordwell, Claudia Fitzgerald, David Mejia, Chip Getchell

Staff – Don, Shaun, Jason, Marc

- 1) Introductions –Sholl – 0930 - 0935
- 2) August 2018 MDPB Minutes – Zimmerman/Sholl – 0935-0940 – Dr. Kendall, Dr. Zimmerman Unanimous Add Dr. Collamore as being interested. Unanimous
- 3) State Update – St. Germain 0940 – 0955
 - a. Community Paramedicine – Dennis gave an update including proposals that are near finalization related to levels of providers and services. Dennis has been working with Jason on some data collection tools to improve tracking of these calls.
 - b. Medical Director’s Resources – Scheduling time with Dr. Sholl for recording.
 - c. CARES – Claire Dufort is back on a contract with us to handle CARES data entry which should keep us up to date.
 - d. Heart Rescue – Meeting next Monday to discuss how to move forward with a state resuscitation academy.
 - e. EMS-C – Marc gave an update on where EMS-C is and a recent survey that was performed related to interfacility agreements and guidelines. We currently sit below the national average. Marc will be presenting to the Board a proposed makeup of the EMS-C advisory committee. Additionally, Marc explained the need and intent to add and EMS-C rep to the Board and MDPB.
 - f. Public WIFI – Shaun is working on the issue of access for Board MDPB and Regional Directors but thus far the options have been cost prohibitive with the cheapest option being \$30k a year.
- 4) Special Circumstances Protocols – NONE
- 5) New Devices – NONE
- 6) UPDATE –Medication Shortages – Nash /Zimmerman/All – 0955 – 1020
 - a. Update from Dr. Nash – Many of the shortages have alleviated at this time but Mag is still on allocation.
 - i. This does not mean we are out of the woods but things appear to be getting better.
- 7) Follow Up - Discussion re: re-arrest in route to the hospital – Pieh/Zimmerman/All – 1020 – 1035
 - a. Dr. Zimmerman is waiting to hear back from Jay Bradshaw on his comments on the draft from MAA
 - i. Should we include language about the New England Organ Bank, it was felt this
 - ii. Dr. Sholl gave background on why this letter was needed and what we are hoping to accomplish supporting our services and providers.
 1. Dr. Pieh, Dr. Sholl, and Dr. Tilney will edit this existing letter
 - b. We may need to write a second letter that is sent to the MHA for support from hospitals

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PHONE: (207) 626-3860

TTY: (207) 287-3659

FAX: (207) 287-6251

With offices located at the Central Maine Commerce Center, 45 Commerce Drive, Suite 1, Augusta, ME 04330

- 8) 2019 Protocol Update – Sholl/Zimmerman /All – 1035 - 1200
 - a. Timeline review – Zimmerman/All – 1035- 1045
 - b. Conference Call reviews – 1045 - 1100
 - i. September 10th conference call – review major themes that arose – Sheets/Sholl/Zimmerman/Ritter
 1. We have had low involvement on these calls and would appreciate from all those present to spread the word.
 2. The MDPB will discuss a request for Zofran at the AEMT level
 - c. Protocol TO DO List: 1100 - 1130
 - i. Review CPAP and In-Line Nebs – required equipment statement and pictures
 1. Dr. Pieh motioned to accept language as written Dr. Bohanske seconds. Unanimous
 - a. Don will put this out to services with a letter of when and why this is being implemented.
 - ii. Follow up – epi at the EMT level
 1. This will be brought back at the next meeting.
 - iii. AEIOU Tips
 1. This has been drafted into the gold section which will be shown today.
 - iv. IN Glucagon Dose – 1:1 or 2:1
 1. Stick to IM dosing due to cost of the medication and volume issues.
 - v. OLMC purposes
 1. The group will use the work Chip did as a guide in reviewing their sections.
 - d. Gold Section Review Ritter/All – 1130 – 1230 – GOAL – complete as much of the Gold Section as possible
 - i. The group went through the gold section and changes to date.
 - ii. Definition of Status Epilepticus – Dr. Sholl gave a history of how we got to what we have.
 1. Lots of discussion new protocol will reflect neuro critical care definition
 2. Language updated around route to remove hold over from rampart moved to a pearl
 - a. Add a piece in the education that captures the conversation and meaning
 - iii. Stroke
 1. VT is currently trying to validate FAST ED but it is not being used to determine destination.
 2. NH is in the same place as ME as they are not currently sure what to do.
 3. Dr. Ritter recommends that we use the language of if you have an LVO positive FAST-ED and are within 30 minutes of a comprehensive stroke center transport.
 4. Dr. Sholl and Dr. Ritter will bring the template protocol for the next meeting.
 - iv. Medical Shock
 1. Fix numbering
 2. Clean up the language around hypovolemic
 3. Add concentration for NOREPINEphrine
 4. Discussion about the use of LR vs NS. The group will put in fluid bolus and then add a pearl about preference for LR and consider addressing this discussion through a whitepaper and the protocol education
 5. Combine pediatric protocols with adult around medical shock.
 6. Add pearl about starting pressor and confidence in the quality of the IV established due to dangers of extravasation

Old Business 1230 - 1245

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- 1) Ops – Shaun gave an update on the contract deliverables that were discussed and the importance of involvement with QI
- 2) APEMS Seminar – Rick gave an update on the events happening at the conference and thanked the group for their involvement and support.
- 3) Education – Don gave an update on the work Joanne had done around airway management training and the group is hoping to have a document for the MDPB to review in the coming months.

Adjournment - Dr. Pieh, Dr. Zimmerman Motioned to adjourn 1244