



STATE OF MAINE
 DEPARTMENT OF PUBLIC SAFETY
 MAINE EMERGENCY MEDICAL SERVICES
 152 STATE HOUSE STATION
 AUGUSTA, MAINE 04333



PAUL R. LEPAGE
 GOVERNOR

JOHN E. MORRIS
 COMMISSIONER

SHAUN A. ST. GERMAIN
 DIRECTOR

Medical Direction and Practices Board
 July 18, 2018
 Minutes

Members Present – Dr. Zimmerman, Dr. Pieh, Dr. Tilney, dr. Ritter, Dr. Nash, Dr. Collamore, Dr. Opasic, Dr. Bohanske.

Members Absent – Dr. Sholl, Dr. Saquet, Dr. Kendall

Staff – Marc Minkler, Shaun St. Germain, Don Sheets

Stakeholders – Joanne Lebrun, Dr. Dinerman, Chip Getchell, Nate Yerxa, Steph Cordwell, Ben Zetterman, Dennis Russell

REMINDER – The MDPB is sharing the July meeting with the LifeFlight of Maine Clinical Practice Committee and will therefore begin at 0900, instead of the usual 0930.

MDPB Agenda – Meeting begins at 0900

- 1) Introductions –Zimmerman – 0900 - 0905
- 2) May 2017 MDPB Minutes – Zimmerman – 0905-0910 Tim Mike Unanimous
- 3) State Update – St. Germain – 0910 – 0930
 - a. Community Paramedicine – The group is looking at varying levels of CP provider and the education necessary to reach them.
 - b. Medical Director’s Resources – Don will be scheduling time with Dr. Sholl to record.
 - c. CARES – The database is currently up to date and we will be evaluating how to handle this moving forward.
 - d. Heart Rescue – Survey is complete the group needs to meet to discuss results
 - e. EMS-C – Marc introduced himself to the group and discussed some of the items that will be coming soon as well as what the EMS-C program is looking to accomplish at the federal level and how this differed from our states previous experience with the program.
- 4) Discussion re: re-arrest in route to the hospital – Pieh/Zimmerman/All
 - a. Dr. Diaz – provided background on a patient who rearrested during transport and was then refused by the hospital leaving the providers trying to determine where the patient should go.
 - i. Dr. Zimmerman will draft a letter to bring back for voting at the next meeting. Dr. Diaz has offered to take this letter upon completion to the MHA for input and distribution.
- 5) PEGASUS Update - NONE
- 6) Special Circumstances Protocols – Joanne asked if we should be reviewing these annually. Dr. Zimmerman and Shaun will work to pull together what we have and get it on our next agenda.

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- 7) New Devices – NONE
 - 8) UPDATE – Medication Shortages – Nash /Zimmerman/All – 0930 – 0945
 - a. Mag Sulfate – Currently unavailable and there aren't really any substitutes for the medication.
 - i. For Torsades overdrive pacing and defibrillation are available.
 - ii. Eclampsia – Use expired med up to 6 months? There was a lot of discussion about whether this was legal etc.
 - iii. Asthma use other treatment modalities.
 - 1. Dr. Pieh motioned to extend the expiration date of Mag Sulfate 6 months or until the shortage is fixed. Dr. Bohanske seconded
 - 2. There was a lot of discussion about the liability on the provider service and MDPB
 - a. Shaun was willing to run this up to legal based upon the decision of the group.
 - b. Dr. Dinerman suggested going to the Board of Pharmacy for a waiver to aid in keeping the hospitals satisfied.
 - 3. If Katie Johnson approves the office would send out information to services and hospitals as well as MHA and Maine Pharmacy Board. We should not wait for the two latter groups
 - 4. Unanimous approval
- 9) 2018 Protocol Update Process – Zimmerman/All – 0945 - 1015
 - a. FAQ Discussion – Pieh/Zimmerman/All
 - i. Review and finalize the 2018 FAQ's for publication
 - 1. This is designed to be a fluid document with additions as necessary.
 - 2. The group put fever and epi into a parking lot for further discussion as well as transport of peripartum arrest patients.
 - 3. The remainder of the FAQs will be published on the website.
- 10) 2019 Protocol Update – Zimmerman /All – 1015 – 1045
 - a. Timeline review – Zimmerman/All
 - b. Discussion re: August meeting – Zimmerman/All
 - i. The group will meet and plan to discuss the mechanical CPR and the gold section.
 - c. Conference Call reviews
 - i. July 2nd conference call – review major themes that arose
 - 1. Zofran at the AEMT level was discussed
 - 2. Medication list that includes doses and uses
 - 3. Separate checklist section that would make them easy to access or print
 - 4. Adding language for differential diagnosis in the adult comma protocol
 - 5. Adult Diabetic more language to reassess Blood glucose after boluses etc.
 - d. Blue Section review – Zimmerman/All
 - i. Review/Agree on the Airway Checklist
 - 1. Group consensus was the simplified checklist
 - a. Dr. Pieh motioned to adopt the simplified version Dr. Bohanske seconded Unanimous
 - ii. Review Lucid Chart Changes/Change Document for posting on the MEMS Website

1. Dr. Zimmerman and Don will wordsmith the Asthma protocol for redistribution to the group. This was focused around Mag and Epi at the paramedic level.
 - a. Additional Question came up about discussing the order protocol in the brown section that says all treatments are expected to be followed in order regardless of provider level. A concern is this may cause issues of choosing the right treatment at times such as mag vs epi and when they are accessed.
2. Consensus was the changes to Cricothyrotomy chart should only include commercial size and then the ET equivalent without length or outer diameter.
 - e. Discussion re: next steps – Gold/Yellow/Green/Pink/Red

Old Business 1045 – 1100

- 11) Ops – Discussed EMS-C and MEFIRS updates as well as the RFP for Regional Contracts
- 12) Education – Did not meet due to the Board meeting conflicting.
- 13) QI – Did not meet