



## Maine EMS CEH Lesson Plan Template & Guide

### Purpose

This document is designed to serve two primary functions:

1. **CEH Submission:** Provide all necessary information to Maine EMS for Continuing Education Hour (CEH) approval.
2. **Instructor Tool:** Act as a comprehensive guide for instructor preparation and a delivery checklist during the course.

### Tips for Writing Effective Learning Objectives

Learning Objectives must be clear, measurable, and observable. They ensure the course is focused and can be easily evaluated for CEH approval. Use the **SMART** framework: **S**pecific, **M**easurable, **A**chievable, **R**elevant, **T**ime-bound.

Domain	Focus	Action Verb Examples (What students will do)
<b>Cognitive</b> (Knowledge)	Mental skills; recall, thinking, understanding.	<i>Explain, list, differentiate, summarize, analyze, calculate, describe.</i>
<b>Psychomotor</b> (Skills)	Physical skills; actions, manipulations.	<i>Demonstrate, perform, operate, assemble, apply, set up, measure.</i>
<b>Affective</b> (Attitudes)	Feelings, emotions, values, appreciation.	<i>Accept, defend, justify, volunteer, participate, appreciate.</i>

**Example Objective:** “Upon completion, the student will be able to **explain** (Cognitive) the differential diagnosis between unstable angina and STEMI using a 12-lead ECG.”

### Key Template Sections

1. **Instructional Delivery Timeline:** This is the most crucial section for delivery. Use the table to outline every activity, how long it takes, what material is needed, and how you plan to teach it (methodology). This ensures you stay on track and prepared.
2. **EMS CEH Category:** Make sure to select the correct category (e.g., Cardiology, Trauma, Operations, Medical) for accurate tracking.



## LESSON PLAN

<b>Topic:</b>	
<b>Date/Time:</b>	
<b>Location/Host:</b>	
<b>Contact &amp; Instructor(s):</b>	
<b>Audience:</b>	
<b>Time Frame:</b>	
<b>EMS CEH Hours:</b>	
<b>Level of Instruction:</b>	

## OVERVIEW OF PROGRAM

## LEARNING OBJECTIVES

## REFERENCES

## MATERIALS NEEDED



## COURSE TOPICS OF INSTRUCTION

## ASSIGNMENT(S)