Level 1 Part 1: Online A. Introduction 1. Canvas (LMS) introduction (online training) Write experience goals (online assignment) 3. Write essential question (online assignment) 4. Complete syllabus and additional paperwork (online assignment) **B.** Overview EMS ConnectME introduction (online training) 2. EMS ConnectME levels (online training) 3. CPR Training (online assignment to be completed in-person) 4. EMS Journal (online assignment each week throughout experience) C. Foundational Learning 1. Rules and Boundaries (online training) Professionalism (online training) 3. Mental Health (online training) 4. Conversations with Professionals (online video) Level 1 Learning Check The Learner completes an online quiz about their Level 1 learning. The participant must complete all prior tasks before advancing.

Part 2: Hands-On

A. Hands On



- 1. Interview reflection (interview with service members)
- 2. Hands-On at the Station (activities with service)
- 3. Obtain CPR certification

B. Wrap-Up



- 1. Upload CPR certification to LMS
- 2. Submit EMS Journal
- 3. Final Reflection Level 1
- 4. Final Presentation

C. Conclusion



- 1. Write thank-you to service/mentor
- 2. Course evaluation
- 3. Final congratulations video

Earn Level 1 EMS ConnectME Badge

This is an online microcredential awarded by Maine EMS/JMG.

List of Level 1 Bingo Activities

Activities appear on 1 tile unless otherwise stated.

- Participate in a community event with your agency (up to 3 tiles)
- Visit a mutual aid partner (up to 2 tiles)
- Interview a member of the EMS system (up to 2 tiles)
- Bring another person to a program activity
- Share about EMS in school
- Practice an EMS skill with your Mentor
- Practice a radio call
- Practice an EMS job interview
- Attend a Maine EMS Board or Committee meeting
- Debrief a stressful situation with a trusted adult
- Wear EMS ConnectME t-shirt during EMS week
- Visit a community health partner
- Talk to your agency medical director
- Attend your agency's regular training
- Attend a town council or public meeting in which EMS is discussed
- Discuss mental health with a member of your service
- Visit a local dispatch center
- Read about current events in EMS and share new learning
- Take an EMS-related course outside of school
- Read an EMS research article and present new learning
- Obtain another EMS-related certification

The participant must complete all prior tasks before advancing.

Next Steps: The participant chooses if they would like to continue on to Level 2, or conclude their experience. Continuing to Level 2 Concluding the Experience: A Learner who does not wish to advance to Level 2 can stay with their service and continue to participate in Level 1 activities for as long as the service allows. When a Learner has earned the Level 1 EMS ConnectME Badge, AND completed 40 hours of activities with their service, they become eligible to graduate from the program. The service recognizes their accomplishments in its unique way, and the Learner is awarded the EMS ConnectME Program Completion Certificate at Level 1, signed by the service leader and the Program Coordinator at Maine EMS.

Part 1: Hybrid

A. Introduction



- Write experience goals (online assignment)
- 2. Write essential question (online assignment)
- 3. First Aid and Stop-the-Bleed Trainings (online assignment to be completed in-person)

B. Online Learning



- EMS ConnectME Level 2 Introduction (online training)
- 2. Do's and Don'ts (online training)
- 3. Scene Safety (online training)
- 4. Bedside Manner and Communication (online training)
- 5. Medical Ethics and HIPAA (online training)

C. Hands-On Learning



- Obtain First-Aid and Stop-the-Bleed certification
- 2. Ambulance/Equipment Competency 101
- 3. Ambulance/Equipment Competency 102
- 4. Ambulance/Equipment Competency 103
- 5. Obtain Ambulance/Equipment Competency sign-off

Level 2 Learning Check

The Learner completes an online quiz about their Level 2 learning.

Earn Level 2 Learning Certificate

This is an online microcredential awarded by Maine EMS/JMG.

The participant must complete all prior tasks before advancing.

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Part 2: Application

A. Level 2 Recap



 Watch "Your Responsibilities at Level 2 in EMS ConnectME" (online training video)

B. Application Submission

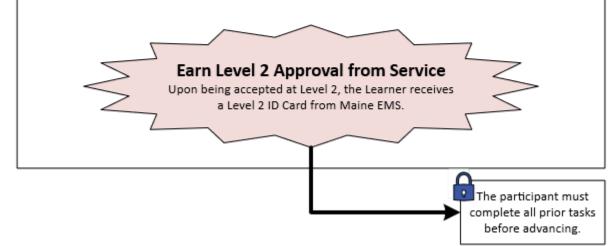


- 1. Application packet (downloaded from LMS)
- 2. Resume (resources on LMS)
- 3. Cover letter (resources on LMS)
- 4. Reference contact info (resources on LMS)
- 5. Level 2 Learning Certificate (downloaded from LMS)
- 6. Ambulance/Equipment Competency sign-off

C. Application Review



- 1. Submit application to service AND online LMS
- 2. Complete interview, if selected
- Complete additional service-specific Level 2 steps, such as required OSHA trainings or municipal paperwork



Part 3: In the Field

A. Level 2 Assignments



- 1. Call Reflections Bingo (online reflections completed after multiple calls)
- 2. EMS Call Log (online worksheet to be completed 5 times, after 5 different calls)
- 3. After-Action Review with Mentor (online reflection to be completed after a discussion with a Mentor)

B. EMS Calls



- 1. Go on EMS calls with Mentor
- 2. Upload Level 2 Bingo reflections to LMS
- 3. Upload 5 Call Log Worksheets to LMS
- 4. Upload After-Action Review reflection to LMS
- Complete Final Reflection Level 2

C. Conclusion

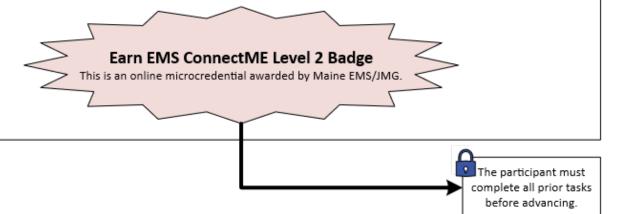


- 1. Write thank-you to service/mentor
- 2. Course evaluation
- 3. Final congratulations video

List of Level 2 Bingo Reflection Topics

Activities appear on 1 tile unless otherwise stated.

- Scene Safety (up to 4 tiles)
- Window Size-Up (up to 3 tiles)
- Equipment (up to 3 tiles)
- EMS Crew Care (up to 2 tiles)
- Other Responders
- Other Healthcare Professionals
- Bystanders
- Radio Communications



Next Steps:

A Level 2 participant can continue to take part in Level 1 and Level 2 activities for as long as their service allows.

Completing the Program:

After a Level 2 participant has earned the EMS ConnectME Level 2 Badge, AND has participated 40 hours of career exploration activities, they are eligible to graduate from the program.

Like with a Level 1 Learner, when a Level 2 participant is finished with their experience, the service recognizes their accomplishments in their unique way, and the participant is awarded the EMS ConnectME Program Completion Certificate at Level 2, signed by the service leader and the Program Coordinator at Maine EMS.