What is a COVID-19 case?

A patient who has a diagnosis of COVID-19

Required Action: Isolate.

Separate from people who are not sick to avoid spreading illness

Information is subject to change, current as of June 29, 2020

What is a contact?

An individual who had close contact while the case patient was infectious but is not symptomatic or confirmed positive

Required Action: Quarantine.

Stay at home to limit community exposure to illness and monitor for development of signs/symptoms

What is a contact of a contact?

An individual who had or continues to have close contact with a contact

Required Action: Vigilance.

Practice everyday preventive actions including hand washing, use of face coverings, covering coughs and sneezes, and clean surfaces frequently. Monitor for symptoms.

For more information:

MAINE EMS