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**Brief Resolved Unexplained Events (Formerly Apparent Life Threatening Events)**

**1. Why did we change this protocol from ALTE (Apparent Life Threatening Event) to BRUE (Brief Resolved Unexplained Event)?**

The American Academy of Pediatrics made this name change in May, 2016. We are updating our protocols to be in sync with our academic institutions.

**2. What is the difference between the old ALTE and the new BRUE?**

As far as prehospital medicine is concerned, not much. The changes are more important for ED and pediatric providers. The Emergency Medicine guidelines ~~for us in the ED~~ are an improvement and help ~~us~~ focus the work up once the patient arrives in the ED. Just as before when we called this ALTE, it is important ~~for you in the field~~ to recognize these patients and alert ~~us~~ in the ED. These patients must be transported even if they look well.

**3. Where can I read more about this condition?**

Tieder, JS et al. Brief resolved unexplained events (formerly apparent life-threatening events) and evaluation of lower-risk infants. Pediatrics. 2016 May;137(5). [PMID: 27244835](#).

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4. **Why is it so important to bring these patients to the ED if they look well and whatever happened has resolved?**

Occasionally the event was a warning that far more serious future health problems could occur (even death) if the problem is not identified and treatment initiated.

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