



PREHOSPITAL TREATMENT PROTOCOLS

Effective
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Maine Emergency Medical Services
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AUTHORIZATION FOR PROTOCOLS

These protocols are issued by the Medical Direction and Practices Board (MDPB) and govern the practice of EMS licensees by the authority of 32 MRSA § 86.2-A. All health care clinicians in Maine involved in the EMS system and the regional EMS programs were invited to participate in the review and adoption of these protocols through their MEMS Regional Councils.

The Regional Medical Directors agree that when treatments are adopted in their regions, they will be consistent with these protocols.

The protocols will be continually reviewed. New or revised protocols will be listed on the Maine EMS website (maine.gov/ems). The MDPB may entertain substitutions as needed for drug shortages.

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The Maine EMS Prehospital Treatment Protocols are dedicated to Maine's EMS clinicians, both past and present, as well as the numerous physicians, PAs, NPs, nurses and other medical personnel who have provided their time and guidance over the years to make the development of these protocols possible. This document reflects the planned review, which occurs every two years, by the Medical Direction and Practices Board. We attempt to combine the best available evidence from the current literature and medical consensus together to produce protocols that will enhance prehospital care in the State of Maine.

Many individuals have spearheaded the effort for this work to become a reality. Although there are too many to mention individually, it is important to realize the common commitment shared to empower a continuously improving system where those citizens who need emergency medical assistance receive the best care possible.

For those of you reading this document, please keep in mind the great commitment and sacrifice that Maine EMS clinicians make daily in the course of providing superlative prehospital care. Their work is physically, emotionally, and mentally stressful, yet 24 hours a day, 365 days a year, these individuals provide care with the skill and compassion that promises the best prehospital care for all of the citizens of Maine. What you do matters and we thank you.

The 2021 Maine EMS protocols are specifically dedicated to Maine EMS clinicians' tireless response to the Coronavirus Pandemic. The MDPB and Maine EMS offers its most sincere gratitude for your dedication, service and sacrifice maintaining the health and safety of Maine citizens.



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LEGEND



Denotes the scope of care for the Emergency Medical Technician (EMT)



Denotes the scope of care for the Advanced Emergency Medical Technician



Denotes the scope of care for the Paramedic



Denotes a PEARL - i.e. key points/info specific to patients within the protocol



Contact On-Line Medical Control



Denotes a potentially complex patient. Please call an OLMC consult to collaborate your efforts



Denotes a pediatric-specific therapy or medication dose

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These protocols are a "living document" maintained electronically by Maine EMS and may be edited or updated, as required, at any time. A detailed review and editing of these protocols will occur on a biennial time frame and an updated version will be released every other year.

All licensed clinicians who practice within the Maine EMS system are required to be familiar with the contents of this document pertinent to their level of training. For the latest corrections/updates to these protocols, please visit the Maine EMS website at: <http://www.maine.gov/ems>.

There are protocols within this document that are the result of the collaboration between the Northern New England States (Maine, New Hampshire and Vermont) to provide uniform, evidence-based care to our patients. These protocols are identified by a joint statement at the bottom of the protocol.