Welcome!
The Maine EMS for Children (EMS-C) Program is happy to share with you this monthly newsletter designed to share info, topics, education and events to better the care we all deliver to the pediatric population in Maine!

Did you Know?
You can receive a free digital and/or print edition of EMSWORLD. Navigate to https://hmp.dragonforms.com/loading.do?omedasite=EMS_new
Fill out the info and enjoy!

“Vital” Vital Signs
Do you know your vital signs for pediatrics? They can provide clues to your patients’ overall condition and needed treatments. Visit Maine EMS website and click on EMS-C Resources (under “Find out About”)

PEDiatric Opioid DEATHS
The AAFP presents some interesting information on pediatric opioid overdoses, revealing that over 9,000 pediatric patients died from opioid overdoses from 1999 - 2016, woting that 79.9% were non-Hispanic whites, and 73% were male. Check out some great info at https://www.aafp.org/news/health-of-the-public/20190118pedopioids.html

TAKE A DEEPER DIVE INTO TRANSPORTING CHILDREN SAFELY

BACKGROUND

Establishing guidelines for safely transporting children in ambulances has been an endeavor undertaken by various individuals and organizations in recent years. Despite these efforts, this multi-faceted problem has not been easy to solve. While resources have been developed, such as the Working Group Best-Practice Recommendations for the Safe Transportation of Children in Emergency Ground Ambulances (NHTSA 2012), unanswered questions remain, primarily due to the lack of ambulance crash testing research specific to children.

WHAT’S HAPPENING NOW

To bring these standards to reality, the National Association of State EMS Officials (NASEMSO) established the Safe Transport of Children Ad Hoc Committee. In March 2017, NASEMSO issued interim guidance to help bridge the gap between the goal of safely transporting children and the reality of decisions that EMS providers face every day in the field. The interim guidelines provide immediate actions that can be taken by EMS practitioners to transport pediatric patients as safely as possible until more research and testing can be conducted to develop a larger evidence base.

WHO’S INVOLVED

The NASEMSO Safe Transport of Children Ad Hoc Committee includes several officials from state EMS for Children programs, as well as ambulance manufacturers, members of the pediatric medicine and EMS communities, and representatives of Federal agencies, including NHTSA.

WHAT YOU CAN DO

Review the interim guidance on the Safe Transport of Children in EMS and ensure that you and your organization are doing everything you can to keep pediatric patients safe.

Reprinted from EMS Agenda 2050.


Equipment Review - Ferno

Pedi-Mate, Pedi-Mate Plus, & Neo-Mate

All three use a 5-point harness and attach to the stretcher with restraint straps (3500 lb rating). The Pedi-Mate Plus uses 4 straps, and the Pedi-Mate and Neo-Mate use three straps.

Weight Ratings:

Neo-Mate: 5-15 lbs
Pedi-Mate: 10-40 lbs
Pedi-Mate Plus: 10-100 lbs

To view the manuals, visit the Maine EMS website, and under "Find Out About", click on EMS-C Resources.
Pediatric Educational Opportunities

Atlantic Partners EMS is offering a variety of Pediatric Advanced Life Support (PALS), Pediatric Emergency Assessment, Recognition & Stabilization (PEARS) and Emergency Pediatric Care (EPC) courses. For more info and to sign up, visit www.apems.org, or contact APEMS at 207-877-0936, or by e-mail at staylor@apems.org

PALS Provider - Monday, Feb 25 & Tuesday, Feb 26 at St. Mary's Regional Medical Center
PALS Refresher - Tuesday, Feb 26 at St. Mary's Regional Medical Center
PEARS- Thursday, Mar 27 at Northern Light Medical Transport
PEPP Hybrid (BLS & ALS) - Wednesday, Apr 17 Location TBD
PEARS - Thursday, May 16 at Northern Light Medical Transport
PALS Provider - Thursday, May 22 & Friday, May 23 at St. Mary's Regional Medical Center
PALS Refresher - Friday, May 23 at St. Mary's Regional Medical Center
PEARS - Tuesday, June 11 at St. Mary's Regional Medical Center
EPC - Tuesday, June 25 & Wednesday, June 26 Location TBD

United Training Center in Lewiston is offering the following pediatric education programs:

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>PALS Refresher</td>
<td>Apr 26, Aug 13, Nov 12</td>
<td>United Training Center</td>
</tr>
<tr>
<td>PEPP ALS/BLS Hybrid</td>
<td>Mar 21, Jun 11, Oct 22</td>
<td>United Training Center</td>
</tr>
</tbody>
</table>

To register for the above programs, please visit www.unitedambulance.com

February 15, 2019 9:00a-3:30p  Ages and Stages, What’s Normal & What’s Not. Disease Variances with Adults vs Children  (4 Hours OB/Peds, 2 Hours Medical)

To register for this program, please call 782-8414 x247

Free Online CAPCE approved Opportunities (https://www.boundtree.com/university/free-online-ceus)

- Pediatric Shortness of Breath
- Safe Transport of the Pediatric Patient

We are happy to share your pediatric related education opportunities. Contact marc.a.minkler@maine.gov