

OSHA CARES

As an employee, you have the right to:

- A safe workplace
- Speak up about safety and health concerns without retaliation
- Report an injury or illness
- Training in a manner you understand
- Be provided required safety equipment
- Request an OSHA inspection and speak with the inspector
- File a complaint with OSHA about workplace hazards
- Free safety and compliance assistance from OSHA at any time

THAT YOU GO HOME SAFE

**Call us at 800-321-OSHA
or visit [OSHA.gov/workers](https://www.osha.gov/workers)**



OSHA 3165-02R 2026



OSHA[®]
Occupational Safety
and Health Administration
OSHA.GOV