Barnaamijka Nafaqada ee WIC (WIC Nutrition Program)

WIC waa barnaamij nafaqo oo la siiyo kumanaan kamid ah qoysaska Maine, kaasoo ka caawiya carruurta Maine inay koriimo xoog leh oo caafimaad leh koraan. Gunnooyinka cuntada ee WIC waxaa lagu heli karaa hanaan ku salaysan heerarka dakhliga iyo cilmi baarista nafaqada ee markaas jirta. Webseedkaan wuxuu doonayaa inuu siiyo dhammaan qoysaska Maine talada Nafaqada oo bilaashka ah, tilmaamo ku aadan ilaalinta caafimaadka, iyo khayraadka qoysaska ilmaha korinaaya.

**Qofkee codsan kara Maine Barnaamijka Nafaqada WIC ee Maine (WIC Nutrition Program)?**

WIC wuxuu u furan yahay qof kasta oo ku nool Maine, ayna ku jiraan soo galootiga ka shaqeeya Maine. Codsadayaasha ayaa noqon kara qof uun kamid ah dadka soo socda:

* Haweenka uurka leh, naas nuujinaaya ama ilmo dhalay lixdii bilood ee ugu danbeeyay.
* Dhalaanka iyo carruurta jira ilaa shan sano, ayna ku jiraan kuwa la korsaday iyo kuwa dawladu biisho.
* Aabayaasha ayaa u codsan kara carruurtooda.

**Sidee ayaan u codsan karaa?**

Helitaanka gunnooyinka WIC waa wax fudud. Wac [Xafiiska kuugu dhow ee WIC](http://www.maine.gov/dhhs/mecdc/health-equity/wic/Applicants/Where-do-I-apply.shtml) si aad balan u qabsato. Balantaada koobaad waxay qaadanaysaa ilaa hal saac oo waqtigaaga kamid ah - saacad faa'iido u leh adigga iyo carruurtaada inta noloshiina ka dhiman.

**Xogta Lagala Xariiraayo Xafiiska Maxaliga ah ee WIC:**

Xafiiska WIC ee Gobalka Maine: Laynka bilaashka ah ee Gobalka 1(800) 437-9300 TTY Maine relay 711

|  |  |
| --- | --- |
| Auburn 207-795-4016 | Ellsworth 207-667-5304 |
| Augusta 207-626-6350 | Machias 207-255-8280 |
| Bangor 207-992-4570 | Portland 207-553-5800 |
| Bath 207-442-7963 | Presque Isle 207-768-3026 |
| Belfast 207-338-1267 | Rockland 207-594-4329 |
| Biddeford 207-283-2402 | Sanford 207-459-2942 |
| Calais 207-454-3634 | Skowhegan 207-861-3593 |
| East Wilton 207-645-3764 | Waterville 207-861-3580 |

**Tilmaamaha U qalmida Dakhliga**

**Waxay dhaqan galayaan laga bilaabo Luulyo 1, 2021 ilaa Juun 30, 2022**

**Cabirka u qalmida ee Cuntooyinka "Qiimaha Jaban"**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Tirada Qoyska** | **Sanad kasta** | **Bil kasta** | **Labo jeer Bishii** | **Labadii Asbuuc ba Mar** | **Asbuuc kasta** |
| 1 | 23,828 | 1,986 |  993 |  917 |  459 |
| 2 | 32,227 | 2,686 | 1,343 | 1,240 |  620 |
| 3 | 40,626 | 3,386 | 1,693 | 1,563 |  782 |
| 4 | 49,025 | 4,086 | 2,043 | 1,886 |  943 |
| 5 | 57,424 | 4,786 | 2,393 | 2,209 |  1,105 |
| 6 | 65,823 | 5,486 | 2,743 | 2,532 |  1,266 |
| 7 | 74,222 |  6,186 | 3,093 | 2,855 |  1,428 |
| 8 | 82,621 | 6,886 | 3,443 | 3,178 |  1,589 |
| **Xubin kasta oo dheeraad ah oo qoyska kamid ah** | 8,399 | 700 | 350 | 324 | 162 |

**Fadlan ogoow: Marka aad go'aaminayso heerka dakhliga bishii, fadlan adeegso shuruudaha soo socda:**

 **Dakhliga asbuuc kasta x 4.333 asbuuc Dakhliga labadii asbuucba mar x 2.15 asbuuc)**