

# **TURKEY & CHEESE WRAP**

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Type of Dish: lunch entrée

SERVING SIZE: 1 wrap

YIELD: 10 wraps

MEAL PATTERN CONTRIBUTION: 2 oz eq grain, 2 oz eq m/ma, ½ c veg

## **Ingredients and Instructions**

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<b>Tortilla, whole grain 10"</b>	<b>10 each</b>
<b>Turkey</b>	<b>16 ounces</b>
<b>Cheese, sliced</b>	<b>10 – 1 ounce slices</b>
<b>Lettuce, Romaine, chopped</b>	<b>5 cups</b>
<b>Tomato, medium, sliced 1/8" thick</b>	<b>30 slices</b>

- 1. Lay out your tortillas out on a table**
- 2. On each tortilla place 1 slice of cheese, 1.6 ounces of turkey, ½ cup of lettuce and 3 slices of tomato. Fold each tortilla up and wrap in plastic wrap for service.**