Oyster River Child Nutrition

Healthy  Local  Fresh
Stratégies to influence participation

- Look at menus of area restaurants where kids love to go and copy their ideas – no need to reinvent the wheel
- Do special menu days – omelet day
- Work with administration on breakfast times & options
- Make every breakfast entrée part of a reimbursable meal.
Popular menus of area restaurants

- Kid friendly
- Make it healthier
- Make it reimbursable
Special menu days

- Omelet
- Make to order
- Make your own yogurt parfait
- Breakfast with Class
- Smoothie Day
- Holiday & Seasonal Themes
Tim
the Omelet Man
Chef Michael’s Muffin Mountain-Tops
Brands
Make it portable
Work with administrators

- Breakfast time schedule
- Breakfast in the classroom – grab & go
- Bus schedules
- Kiosks
- Breakfast after the bell
- Breakfast at snack time
Any day can be a holiday

- May 4th – National Orange Juice Day – Respect for Chickens Day
- May 5th – Cinco de Mayo – Totally Chipotle Day – Cartoonist Day
- May 6th – International Space Day – School Lunch Hero Day
Make every breakfast entrée part of a reimbursable meal.

What fruit would you like with that?

Did you know? Milk is free with that muffin!