

Sesame Noodles

Servings: 36

Serving Size: 1 Cup

Meal Pattern Contribution: 2 oz eq Grains

4.5 lbs Whole Wheat Spaghetti
2 cups Vegetable Oil
5 Tbsp Granulated Garlic
2 cups Soy Sauce
4 Tbsp Ground Ginger
½ tsp Cayenne Pepper
8 oz Sesame Seed
2 cups Chopped Red Peppers
1 cup Chopped Red Onion

1. Prepare pasta according to package.
2. Combine oil, soy sauce, ginger, cayenne and garlic. Whisk to combine.
3. Toast sesame seeds in a convection oven at 375° F until golden brown. Approximately 7-8 minutes.
4. Chop peppers and onions.
5. In a large mixing bowl combine pasta with dressing, peppers, onions and sesame seeds. Toss well.

Hold at 41° F or below for service.

