Local Foods Funding & Farm & Sea to School Programs

Stephanie Stambach, MS, RD, SNS Maine DOE Child Nutrition





Agenda

- Local foods funding for SY 2024
 - Federal and state
- Harvest of the Month Program
- Fisherman Feeding Mainers Program
- Maine Harvest Lunch Week
- Culinary & farm videos
- USDA Farm to School Census



Federal Local Foods for Schools (LFS)



Federal Local Foods for Schools (LFS)

- 100% reimbursement of local products
 - Spend \$500 local carrots= get \$500 back
- Allocation is based on district enrollment
 - Posted on LFS webpage
- All foods purchased must be grown <u>and</u> produced in Maine
- Focus on small and socially disadvantaged farmers





Federal Local Foods for Schools (LFS)

- Allowable purchases with fund:
 - Minimally processed local produce
 - Dairy and protein
 - No livestock; can purchase ground beef
 - Other minimally processed foods
 - Marinara sauce, salsa, etc.



- NSLP and SBP only
- Claims submitted in CNP web; stay tuned for when they can be filed!

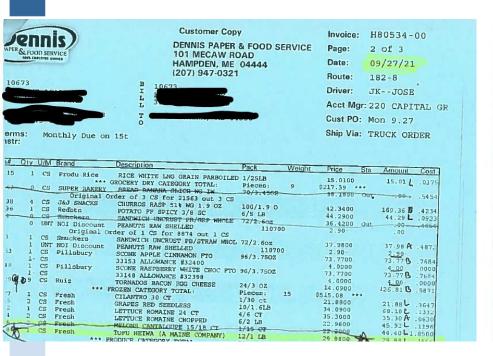


LFS Claims in CNP web

- Must upload the summary page and receipts
- Help documents- instructions for filing an LFS claim
- Part of your reimbursement check under Local Produce







qua	intity	description	price	amount
1	40	Cars Corn	1	16 -
2	12		2,50	.30
3	20	La Tomatos (1.5/16	18
4				~
5				6400)
6				
7				
8		Thank you' FAIRWINDS FARIN 332 Augusta Rd Topsham, ME 04086 522-0246		
9		FAIRWINDS FARM		
10		332 Augusta Rd		
11		Topsham, ME 04086		
12		522-0246		
13				

Receipts must clearly show what item(s) you are seeking reimbursement for, and that it is from Maine.



LFS Webpage

 $\underline{\mathsf{Home}} \to \underline{\mathsf{Maine Schools}} \to \underline{\mathsf{Child Nutrition}} \to \underline{\mathsf{Programs}} - \underline{\mathsf{Child Nutrition}} \to \underline{\mathsf{Programs}} - \underline{\mathsf{Child Nutrition}}$

Programs CACFP CNPWeb/NEO

Student Eligibility & Applications

Financial

Legal References

Webinars and Training

Contacts and Events

Programs - Child Nutrition

USDA Programs Monitored by Maine Department of Education

The Maine Department of Education oversees several USDA Food and Nutrition Services programs and initiatives that provide healthy food to children. Each of these programs helps fight hunger and obesity.

Below are brief descriptions of the programs and initiatives.

If you have any questions regarding any of the Child Nutrition Programs, please contact a member of the Child Nutrition Staff



Afterschool Snack Service

Provide after school snacks to children participating in structured educational programs. Schools with more than 50% free and reduced students provide the snacks free to any participating student.



Breakfast Program

The School Breakfast Program helps to increase breakfast participation and acknowledge the importance of breakfast in improving learning.



Child and Adult Care Food Program

This program ensures that nutritious meals and snacks are served to eligible children and adults in qualifying care facilities.



Culinary Classroom

The Culinary Classroom promotes scratch cooking throughout all Child Nutrition programs. We offer the opportunity to brush up on your culinary skills or even learn new ones. Recipes, instructional videos and more can be found here



MAINE FARM & SEA DEPARTMENT TO SCHOOL

Farm and Sea to School

The Farm and Sea to School Program promotes the use of Maine grown, raised, and caught ingredients in the delivery of meals to students throughout the state. Harvest of the Month program information found here.



Fresh Fruit and Vegetable Frogram (FFVP)

FFVP provides fresh fruit and vegetaties to children outside of the school meals, often served as a snaw. This program has helped includents try new foods and increases their consumption of fruits and vegetables during the day.



Farm and Sea to School



State - Local Foods Fund Federal - Local Foods for Schools

Farm to School Month

Maine Harvest Lunch Week



Federal Local Foods for Schools (LFS) Program

The USDA has recently established the Local Food for Schools Cooperative Agreement Program. The federal funds, known as the Local Foods for Schools (LFS) program, are granted to districts that have opted in. Through the LFS program, USDA is awarding up to \$200 million to states for purchases of domestic local foods for distribution to schools. This program aims to strengthen the local food system by promoting local foods in schools. The program also emphasizes purchasing from historically underserved producers and processors. Funds are issued to districts based on enrollment.

State and Federal Funding Chart - FY 2024

Estimated LFS grant award by District

Local foods for schools (LFS) fact sheet

Filing Your Local Foods for Schools (LFS) claim in CNP web:

Local Foods for Schools Procedure-CNP web

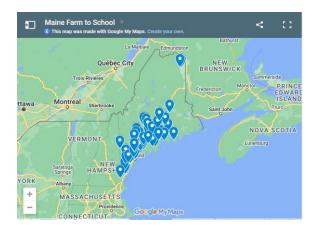
LFS Summary Page (link)

*The LFS summary page and accompanying receipts must be submitted monthly in CNP web as part of the regular monthly claim process.



Connecting with Farmers

- Farm/Producer List on LFS webpage
 - Farms/distributors purchased from last year
 - Not an exhaustive list
- DOE Farm to School Map
- Socially disadvantaged farms by county





State Local Foods Fund (LFF)



State Local Foods Fund (LFF)

- Reimburses \$1 for every \$3 spent
 - Spend \$300 local carrots= get \$100 back
- \$5,000 per school district each school year
 - Additional \$500 if attend DOE local foods training
- All foods purchased must be grown or produced in Maine



State Local Foods Fund (LFF)

- Allowable purchases with fund:
 - Local produce
 - Value- added dairy only
 - · No fluid milk; cheese and yogurt allowed
 - Protein items
 - Livestock is allowed (whole animals)
- NSLP, SBP and SFSP
- · Claims submitted outside of CNP web







State local foods claims

- NOT in CNP web this year
 - Completed outside of the system
- Procedure is on our website- email summary page and receipts to jodi.truman@maine.gov.
- Separate check is sent to district





State Local Foods Webpage

Home → Maine Schools → Child Nutrition → Programs - Child Nutrition → Programs - Child Nutrition

Programs CACFP CNPWeb/NEO

Student Eligibility & Applications

Financial

Legal References

Webinars and Training

Contacts and Events

Programs - Child Nutrition

USDA Programs Monitored by Maine Department of Education

The Maine Department of Education oversees several USDA Food and Nutrition Services programs and initiatives that provide healthy food to children. Each of these programs helps fight hunger and obesity.

Below are brief descriptions of the programs and initiatives.

If you have any questions regarding any of the Child Nutrition Programs, please contact a member of the Child Nutrition Staff



Afterschool Snack Service

Provide after school snacks to children participating in structured educational programs. Schools with more than 50% free and reduced students provide the snacks free to any participating student.



Breakfast Program

The School Breakfast Program helps to increase breakfast participation and acknowledge the importance of breakfast in improving learning.



Child and Adult Care Food Program

This program ensures that nutritious meals and snacks are served to eligible children and adults in qualifying care facilities.



Culinary Classroom

The Culinary Classroom promotes scratch cooking throughout all Child Nutrition programs. We offer the opportunity to brush up on your culinary skills or even learn new ones. Recipes, instructional videos and more can be found here



MAINE FARM & SEA DEPARTMENT TO SCHOOL

Farm and Sea to School

The Farm and Sea to School Program promotes the use of Maine grown, raised, and caught ingredients in the delivery of meals to students throughout the state. Harvest of the Month program information found here.



Fresh Fruit and Vegetable Frogram (FFVP)

FFVP provides fresh fruit and vegetaries to children outside of the school meals, often served as a snark. This program has helped includents try new foods and increases their consumption of fruits and vegetables during the day.



Farm and Sea to School



State - Local Foods Fund
Federal - Local Foods for Schools
Farm to School Month
Maine Harvest Lunch Week



When funds are available payments, will be made as first received, first paid. E-mail Stephanie Stambach at stephanie.stambach@maine.gov for information on receiving ADDITIONAL REIMBURSEMENT through a Child Nutrition Local Foods Training.

To file your Local Foods Claim, email the completed Summary Claim Form, signed by the Legal Agent to jodi.truman@maine.gov

Summary Claim Form

Program Year 2024

Directions and description of the State of Maine Local Foods Reimbursement. Submission for reimbursement must meet the Maine Legislation Sec. 1. 20-A MRSA §6602, sub-§12. Listed below.

20-A §6602. SCHOOL FOOD SERVICE PROGRAMS

12. Local Foods Fund. The Local Foods Fund is established within the department. The fund is authorized to receive revenue from public and private sources. The fund must be held separate and apart from all other money, funds and accounts. Any balance remaining in the fund at the end of the fiscal year must be carried forward to the next fiscal year. The fund must be used to match \$1 for every \$3 a school administrative unit pays for produce, value-added dairy, protein or minimally processed foods purchased directly from a farmer, farmers' cooperative, local food hub, local food processor or food service distributor in the State, to a



State Legislation-LD 921

- "An Act to Allow the Local Foods Fund for Public Schools to Be Used for Processed and Value-added Maine Food Products"
- Expands definition of allowable processed and value-added products
 - Fund is underutilized
- Takes affect October 25, 2023





LFF Allowable Processed and Value-Added Items

- Designates DOE to create standards for allowable processed items (LD 921)
- Allowable processed and value-added products:
 - 51% or more agricultural raw materials grown, harvested, or produced in Maine by weight or volume
 - Documentation to support this (product formulation statement)
- Maine producers/processors submits documentation for Maine DOE approval



Example LFF- Bread

<u>Product Name</u>: Vesper Bread Sourdough Loaf <u>Ingredients listed in weights</u>:

- Whole wheat flour: 16 oz (Maine Grains)
- Water: 4 oz
- Sea salt: 0.5 oz

*Product meets 51% Maine ingredients definition



Where can schools buy local?

- Farmer
- Cooperative
- Food hub
- Local food processor
- Food distributor





Federal Local Foods for Schools (LFS)

Grown and produced in Maine.

- Fruits and vegetables (whole, cut, pureed)
- 100% juice*
- Apple cider*
- Fresh or frozen fish
- Beef and pork (ground, patties, steaks)
- Poultry (boneless or bone-in)
- Beans/legumes
- Tofu, tempeh
- Grains (rice, pasta, pizza dough)
- Dairy (fluid milk, cheese, yogurt)
- Marinara sauce
- Honey, maple syrup
- Minimally processed foods (fresh, frozen, canned, dried)



State Local Foods Fund (LFF)

Grown or produced in Maine.

- Fruits and vegetables (whole, cut, pureed)
- 100% juice*
- Apple cider*
- Fresh or frozen fish
- Livestock (whole animals for slaughter) **
- Beef and pork (ground, patties, steaks)
- Poultry (boneless or bone-in)
- Beans/legumes
- Tofu, tempeh
- Grains (rice, pasta, pizza dough)
- Value- added dairy only (cheese, yogurt)
- Honey, maple syrup
- Allowable processed and valued- added foods approved by Maine DOE



Supply Chain Assistance (SCA)

Domestically grown in the U.S.

- Fruits and vegetables (whole, cut, pureed)
- 100% juice*
- Apple cider*
- Fresh or frozen fish
- Beef and pork (ground, patties, steaks)
- Poultry (boneless or bone-in)
- Beans/legumes
- Tofu, tempeh
- Grains (rice, pasta, pizza dough)
- Dairy (fluid milk, cheese, yogurt)
- Marinara sauce
- Honey, maple syrup
- Minimally processed foods (fresh, frozen, canned, dried)



This is not an exhaustive list and should be used as a guide when purchasing.

- *All 100% juice and cider must be pasteurized.
- ${\rm **All\ meat\ and\ poultry\ must\ be\ slaughtered\ in\ a\ USDA\ or\ State\ inspected\ slaughterhouse.}$



Tips to Use Funds

- Use federal funds first, then state funds
 - Federal goes away December 2024
 - Avoids double dipping
- Use state fund for items not covered by LFS
 - Processed foods, livestock
- Hold special events/theme days such as Farm to School Month in October
- Pledge for Harvest of the Month (HOM)
 - New to Farm to School



Harvest of the Maine the Month

The Maine Harvest of the Month (HOM) is a campaign that helps to promote the use of seasonally available, local products in schools, institutions, and communities. The program, which highlights a different Maine product each month, aims to provide students with local and healthy produce, while supporting Maine's farmers and producers.



- ► Great intro program to Farm to School!
- Commit to serving the HOM ingredient just twice a month.

MONTH MAINE INGREDIENT

January	Potatoes 💏		
February	Root Vegetables		
March	Protein Protein		
April	Dairy 🦣		
May 🧰	Wild Blueberries		
June	Leafy Greens		
July 🤲 🚜	Summer Squash		
August 🥠	Cucumbers <u>(1888</u>)		
September	Tomatoes		
October	Apples ***		
November	Brassicas 💏 👞		
December	Winter Squash		













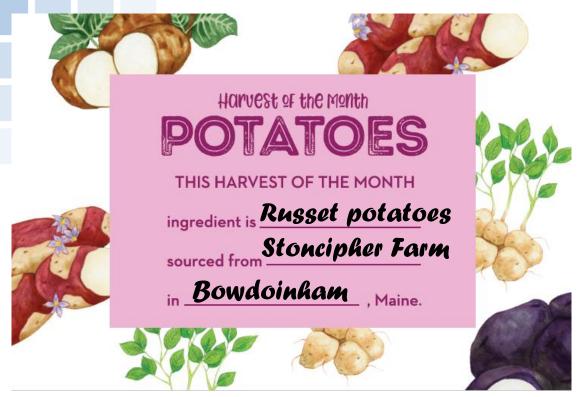




HOM Potato Collateral



How to use the Source Card



Laminate the cards or make photocopies on cardstock paper! Highlight your local farmer!



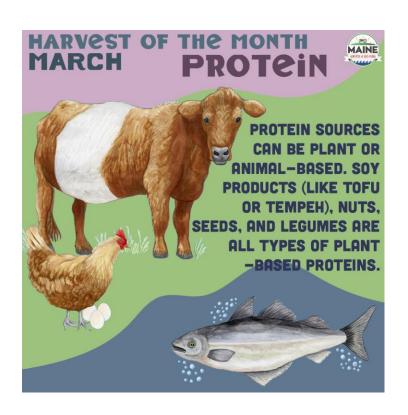
How to use the Meal Tray Poster

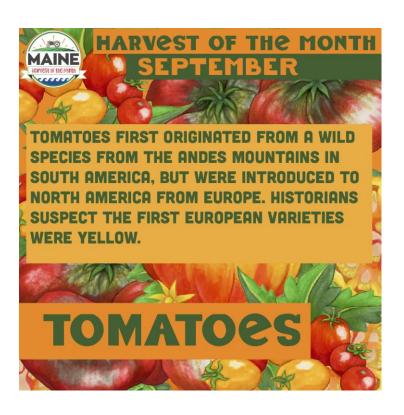


Use as reimbursable meal signage! What meal component features local potatoes? Let the students know!



Social Media Graphics







HOM pledge!

https://www.maine.gov/doe/harvestofthemonth/schools

Maine Harvest of the Month Pledge- SY 2024

Join the Maine Harvest of the Month (HOM) Program! Take the pledge and join dozens of school districts in bringing more healthy, local food to Maine students while supporting Maine farmers and producers!

Hi, Stephanie. When you submit this form, the owner will see your name and email address.

* Required

1. Email Address *

Enter your answer

2. First Name *

Enter your answer





Fishermen Feeding Mainers Program provides direct financial relief to fishermen by helping them supply food banks, schools, and families in need with healthy Maine seafood meals.





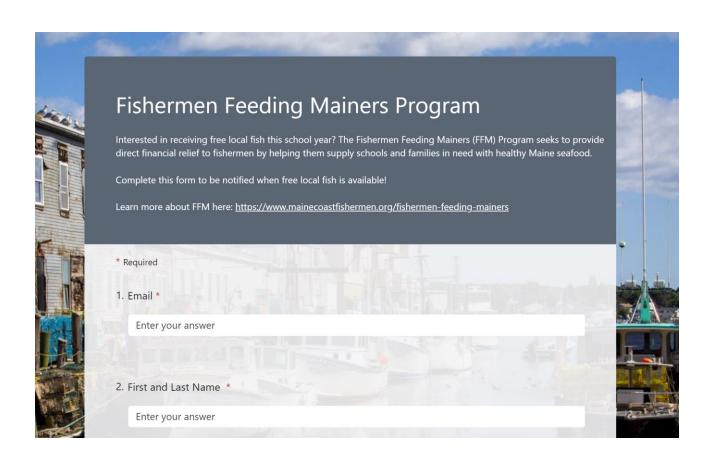
How it works!

- Provides <u>no cost</u>, local fish to participating schools and CACFP sites
 - White, flaky fish: hake, pollock, monkfish, cod
 - Fish is frozen
- Complete an interest form
- Maine Coast Fishermen's Association will email when fish is available
- Pick up fish in Portland on specific dates/times





Complete interest form for FFM- to be notified when fish is available! https://www.maine.gov/doe/farmtoschool



Tips for FFM

- Fish is pending availability and the fishing season
 - August- Jan/Feb are higher volume
- Recommend getting extra and freezing it
- Expect short notice and be flexible!
- Work with another school district for pick up if needed



Who does FFM support?



Fishermen: participating fishermen have fish purchased directly from them



Processors: fish cutters in Portland cut, package, and freeze the fish



Community: schools, food pantries, and other nutrition insecure Mainers receive free fish!



DOE: we support schools by offering trainings and support in proper handling of local fish



Maine's annual harvest lunch week promotes fresh, local food in school cafeterias and teaches our children and youth where food comes from - including local farms, gardens and greenhouses. Maine schools have found creative ways to celebrate in the past, including decorating lunchrooms to showcase local food and inviting area farmers into the classroom to speak with students.

Maine Harvest Lunch Week

September 18-22, 2023







MHLW 2023!

From Fort Kent to York!







Culinary and Farm Videos



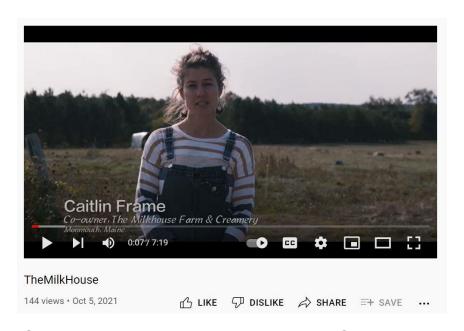


Connecting farmers, producers, and fishermen to your school classrooms and cafeterias

Mike Flynn- RSU 12 Nutrition Director Fish recipes and safety



Crunchy Baked Fish



Cait Frame- Milkhouse Dairy and Creamery
Tour of the farm and milkhouse



Recipes and Video Instruction

Culinary Videos

Want to learn more culinary skills in the kitchen? Visit our <u>Culinary Classroom webpage</u> to view the schedule of in person culinary trainings held by the Child Nutrition office.

These local foods culinary videos feature Heather Kerner, owner of The Good Crust a local company specializing in "handmade frozen dough from 100% fresh stone-milled Maine grains".



Pazzo Garlic Bread
Pazzo Garlic Bread (8:00)
Recipe



Stromboli Stromboli (17:00) Recipe



Blueberry Breakfast Bialy
Blueberry Breakfast Bialy (9:00)



Yogurt Parfait with Butternut Squash, Cranberries & Granola <u>Video</u> <u>Recipe</u>



Quinoa Black Bean Veggie Burgers <u>Video</u> <u>Recipe</u>



Spaghetti Squash Bake <u>Video</u> <u>Recipe</u>



USDA Farm to School Census





What is the census?

- Snapshot of farm to school activities in the country and individual states
- Tool for growth and expansion of farm to school in the country

Who should complete?

- Emailed to Food Service Director
- Input from other school staff (teachers, garden coordinators, etc.)



F2S Census Details

- Decision Information Resources (DIR) and Mathematica will conduct census with all public, charter and private SFA's that participate in the NSLP
- October 2nd- DIR will email link to census
 - Farm2SchoolCensus@dir-online.com
- Information collected from SY 2022-2023
 - About 30 minutes to complete
- Complete by December 2023







Stephanie.Stambach@maine.gov

207-215-9437

