

Student and Parental Information Sheet and Acknowledgement Form

Prior to participating in a school athletic activity, all students and the student's legal parent or guardian must be informed of signs and symptoms of concussion, the risk of continuing to participate when a concussion is suspected, and the school's policy for the management of concussive and other head injuries and must sign a statement acknowledging that review. Since a concussion may occur during routine daily activities, play, and other extracurricular activities, it is recommended that this information be shared with all parents/guardians within the school community.

[A Fact Sheet for Parents](#) (U.S. Centers for Disease Control and Prevention, 2021)

Sample Acknowledgement Form Language: *I understand that a concussion may occur from an injury in any setting. I have read the school policy and understand that there is a protocol in place for graduated school re-entry following a concussion and medical clearance.*

Sample Language that can be included in the Student Handbook

Concussion is a brain injury. All brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. These injuries can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged symptoms and/or recovery if not recognized and managed properly.** In other words, even a "ding" or a bump on the head can be serious. You cannot see a concussion and most concussions occur without loss of consciousness. [Signs and symptoms of concussion](#) may show up right after the injury or can take hours or days to fully appear. If your student reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. Our school has a policy (*provide your link*) that states any student who has concussion symptoms and is referred to a health care provider must be evaluated by a health care provider licensed to diagnose a concussion before they can return to full activities within school. For more information on concussions, you can go to <https://www.cdc.gov/headsup/index.html>.

I understand that a concussion may occur from an injury in any setting. I have read the school policy and understand that there is a protocol in place for graduated school re-entry following a concussion and medical clearance.

Signature of Parent/Guardian

Date