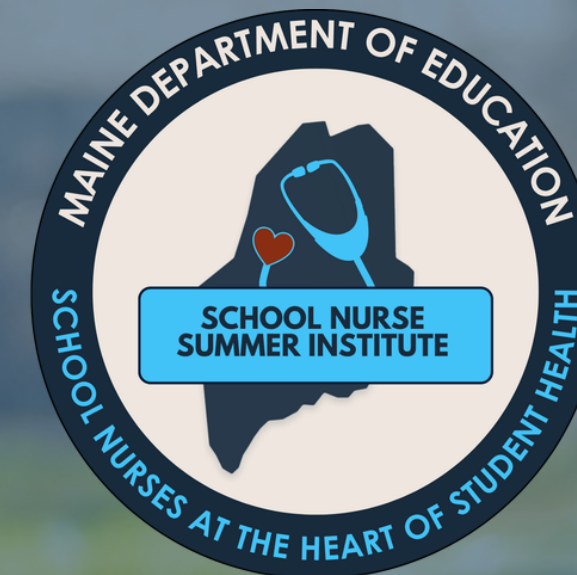




2026 SCHOOL NURSE SUMMER INSTITUTE

**Complex Care, Confident Leadership:
School Nurses at the Heart of Student Health**

HOUSEKEEPING

 Please, silence all devices

 Restrooms

 Water filling station

 WiFi Network – Sugarloaf (no password)

 Connect with us! #mainedoe #maineschoolnurse



Participant Disclosures



- This nursing continuing professional development activity was approved by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- This educational activity does not include any content that relates to the products and/or services of an ineligible company with whom there is a financial relationship.
- No individuals in a position to control content for this activity have any relevant financial relationships with ineligible companies to declare.
- There is no commercial support being received for this event.

Professional Development

Learning Outcomes

- Describe one new strategy needed to support the healthcare needs of students.
- Identify one new resource that enhances practice for caring for diverse student populations.
- Demonstrate proficiency in evidence-based, hands-on skills relevant to current school nursing practice.

Criteria for successful completion

- Attend at least 90% of each session to earn credit for that learning activity.
- Successful completion of return demonstration and skills criterion checklists for skills sessions.
- Submission of evaluation.



Julie Smyth

She/her/hers

**M. Ed. Director - Office of School and Student Supports
Maine Department of Education**



Julie Smyth is the Director of the Office of School and Student Supports for the Maine Department of Education. She oversees the Climate, Culture, and Resiliency Team, the Coordinated School Health Team, and the School Approval Team. She is passionate about Maine education, is an advocate for all school personnel, and is committed to modeling the importance of relationship-building, collaboration, and gratitude. With over thirty years of experience as a Maine educator, Julie has taught at the high school level and administered at Pre-K through 8th grade. She is certified to be a superintendent in the state of Maine and lives in southern Maine with her husband, 17 year-old daughter, and 20 year-old son, who is a rising junior at Endicott College.



Emily Poland

MPH, RN, NCSN

School Nurse Consultant

Maine Department of Education

Emily is a registered professional nurse with twenty-eight years of experience who has obtained her national school nurse certification. She is the Maine School Nurse Consultant working with the Maine Department of Education, serving as Maine's resource expert and a state level leader for the development and implementation of policies and school health programs that promote and maintain the well-being of students. Emily has been influential in her involvement in research impacting the delivery of quality healthcare service in schools and her involvement in the development and passage of important legislation, policies, standards, or regulations relevant to school nursing. Emily was awarded the Outstanding School Consultant of the Year by the National Association of State School Nurse Consultants (NASSNC) for her accomplishments and contributions to the NASSNC organization and her dedication to the school nursing practice and programs in 2023. She has proudly served as a NASSNC board member in various roles and is currently the organization's treasurer. Emily's passion for working directly with nurses from all over the state and connect them is very rewarding as they support all of our Maine students. When not working, Emily enjoys time with her family, knitting, reading, gardening, and spending outside in our beautiful state.



Dr. Patricia Endsley

PhD RN, NCSN, FNASN/NASN President Elect

Pat Endsley has over 35 years of nursing experience. She is a retired school nurse from Wells High School. Pat was the Maine Association of School Nurses (MASN) President, 2018 - 2020, and Maine Director to the National Association of School Nurses, 2011 - 2015. She earned her Ph.D. in Nursing from the University of Missouri - Kansas City in 2021, her MSN from SUNY Stony Brook in 2003, and her BSN from St. Anselm College in 1985. She has acute care background in obstetric nursing and served for three years on her local school board. Her past honors include Maine School Nurse of the Year in 2016 and the Maine American Nurses Association Public Health Leadership Award in 2020. Pat is the program chair of the M.Ed in School Nurse Education at Cambridge College in Boston; as well as an adjunct professor in the nursing programs at Franklin University, Columbus Ohio and Arizona College of Nursing's Tucson campus.



Courtney Bone

BSN, RN School Nurse

Courtney Bone, BSN, RN, is a school nurse with KidsPeace New England, providing care in a special purpose school serving students with complex behavioral, psychiatric, and medical needs. She brings a background in inpatient wound and ostomy management, urgent care, primary care inpatient pediatric psych, and med/surg. Courtney is passionate about creating inclusive, trauma-informed healthcare experiences for neurodiverse students. She is committed to bridging communication gaps and empowering students to actively participate in their healthcare. In her free time, she enjoys spending time with her family and playing the piano.



Jennifer Bowdish

BSN, RN, NCSN

School Nurse

Brunswick School Department

Jennifer Bowdish brings 13 years of nursing experience to the Summer Institute, with a dedicated 9 years serving as a school nurse. Her diverse background includes specialized care such as 1:1 special education nursing, high-risk/trauma nursing, and working with New Mainers.

As a school nurse, Jennifer has been at the forefront of promoting standardized practices. Her initiatives range from implementing Stop the Bleed programs and creating trauma kits to ensuring immunization compliance and organizing clinics that align with state standards. She is also well-versed in Electronic Health Record (EHR) training and serves as a champion and trainer in this area.

Emphasizing a holistic approach to student well-being, Jennifer incorporates trauma-informed perspectives into her practices. Nationally Certified as a School Nurse, she holds an Associates Degree from the Maine College of Health Professions and a BSN from Western Governors University.

With a primary focus on the unique challenges of caring for middle school students, Jennifer has been an integral part of the Brunswick School District for the past 5 years.



Isabelle Brindley

CPhT Lead Pharmacy Technician Maine Health

Isabelle Brindley, CPhT, is a Lead Pharmacy Technician at Maine Medical Center (MMC) Portland with expertise in supporting safe, efficient pharmacy operations and advancing technician practice. She brings hands-on experience in specialized technician roles and is passionate about training, workflow optimization, and team development. Isabelle is immunization-certified and has served as a supervisor and program lead for the MMC pharmacy technician immunization initiative, working in collaboration with the CDC, Public Health Nursing, and the Department of Education. She is widely recognized for her professionalism, leadership, and commitment to excellence in public health-focused pharmacy practice.



Trista Collins

MPA State Medicaid Educational Liaison

Trista Collins has worked for the Maine Department of Health and Human Services (DHHS) for 18 years and is currently in her tenth year as the State Medicaid Educational Liaison. In prior roles at DHHS, Trista served in the Office for Family Independence determining eligibility and supporting the state's General Assistance program. Before her time with the State of Maine began in 2008, Trista was a non-profit administrator in the non-government sector in KY, PA, NY, and RI. She has also spent more than fifteen years as a private consultant for families navigating complex children's medical and education challenges. Trista holds an MPA, a Bachelor of Science degree and is currently pursuing a doctoral degree. Outside of the office, Trista and her family work closely with Boston Children's Hospital and the National Institutes of Health participating in medical research and fundraising efforts to aid in finding new treatment options for children with rare conditions. Her passion to see children and families thrive to their highest potential comes from their family's personal experience working through complex medical and educational systems in the midst of dealing with challenging rare medical diagnoses.



Amy Dark

DNP, MSN-PH, BA, RN
**Director of the School Health Institute
for Education and Leadership
Development**
**Boston University
(BU SHIELD)**

Dr. Dark serves as the Director of the School Health Institute for Education and Leadership Development at Boston University (BU SHIELD). She practiced school nursing and taught health education in Rhode Island for 16 years and has served at the National Association of School Nurses (NASN) in both staff and leadership roles. She is a proud member of the Maine Association of School Nurses and Sigma Theta Tau, the International Honor Society of Nursing. Amy's passion for professional learning for school nurses extends to the use of simulation techniques to support healthcare provider skill development and optimal health outcomes for all students.



Max Doane

BSN, RN Clinical Nursing Coordinator MaineHealth

Max Doane, RN, serves as a Clinical Nursing Coordinator with Barbara Bush Children's Maine Medical Center in Portland, Maine. With a strong background in patient care coordination, clinical operations, and interdisciplinary teamwork, she is dedicated to supporting high-quality, patient-centered care. In her current role, Max collaborates closely with nursing staff, leadership teams, and healthcare professionals to optimize patient flow, staffing, and clinical outcomes. She is passionate about fostering a supportive work environment, promoting continuous learning, and ensuring excellence in healthcare delivery. Her commitment to compassionate patient care and operational efficiency helps drive positive experiences for both patients and clinical teams.



Tricia Foley

MSN, RN, CWOCN

Clinical Nurse

MaineHealth

Tricia is a Certified Wound Ostomy Continence nurse at Maine Medical Center. She has been an RN for 25 years and a wound nurse for 20 years. She covers the Neonatal and Pediatric units for wound and ostomy care. Tricia received her undergraduate BSN at USM in Portland, Maine, and her Master's Degree in Nursing at Saint Joseph's College of Nursing in Standish, Maine. When Tricia is not working, she enjoys spending time with her family, which includes her husband of over 20 years and 3 children.



Maddy Magnuson

MS

Prevention/Training Coordinator
Maine Family Planning

Maddy Magnuson (they/them) is a Prevention and Training Coordinator at Maine Family Planning where they help educators across the state in implementing comprehensive sex education for youth of all ages.



Stephanie Masland

CHHC, PPS

Program Manager

Healthy Oxford Hills, Maine Health

Stephanie Masland is a Program Manager with Healthy Oxford Hills, the Community Health Team at MaineHealth Stephens Hospital. In this role, she provides strategic administrative and operational leadership supporting youth mental health and district-wide prevention initiatives, including Healthy Eating–Active Living, Tobacco Prevention, and Substance Use Prevention programs. She is a trained recovery coach, prevention specialist, and holistic health counselor with extensive experience working with diverse populations. Deeply committed to promoting wellness and resilience, Stephanie is passionate about strengthening community health through prevention, education, and compassionate, systems-focused support. Originally from the South Shore of Massachusetts, Stephanie long dreamed of living on a little farm in the mountains, a dream she fulfilled when she moved to Maine. Beyond her professional work, she has written cookbooks, coached clients around the world, and led international wellness retreats. Outside of work, Stephanie enjoys walking the trails near her home with her husband and their delightfully silly menagerie—three dogs and two goats who keep life entertaining. She also loves getting her hands dirty in the garden and watching her two sons grow into incredible young men.



Dora Anne Mills

MD, MPH, FAAP Chief Health Improvement Officer MaineHealth

Raised in rural Maine and a graduate of Bowdoin College, UVM College of Medicine, and Children's Hospital of Los Angeles residency program, Dr. Mills practiced in a variety of places including Los Angeles and Tanzania before returning to provide primary care in her hometown. She was then tapped to lead public health for Maine for nearly 15 years, then for the University of New England, and now for MaineHealth, the state's largest hospital-based healthcare system. As a board-certified pediatrician and public health leader in the most rural state in the nation with an increasing diverse population in its urban areas, her work has focused on addressing health issues across the spectrum – from tobacco to environmental health issues, pandemics (HIV, H1N1, and COVID), obesity, the opioid epidemic, maternal child health, and health disparities, to name a few. Her work has been widely recognized, including receiving ASTHO's McCormack Award, the AMA's Nathan Davis Award, American Academy of Pediatrics Special Achievement Award, and state awards, including the highest awards by the Maine Medical Association and Maine Public Health Association, as well as an honorary degree conferred by the University of Maine. On a personal note, she splits her time between Portland and her lake cottage in rural Maine, and enjoys a number of year round outdoor activities with her two young adult children as well as other family and friends.



Dana Orkin

MSN, RN, CNL, CPN

Complex Care Navigator

MaineHealth, Barbara Bush Children's Hospital

Dana Orkin brings 16 years of pediatric inpatient nursing experience to her role as a Pediatric Complex Care Navigator at The MaineHealth Barbara Bush Children's Hospital. Driven by a deep commitment to children with medical complexity and their families, Dana has been a leader in care innovation by developing and piloting a dedicated complex care navigator role designed to ensure continuity and provide comprehensive support throughout the healthcare experience. She holds a Bachelor of Science in Nursing from the University of New Hampshire and a Master's in Clinical Nurse Leadership from Saint Xavier University. A proud member of the Pediatric Complex Care Association, Dana is passionate about ensuring children receive high-quality care across all healthcare settings.



Rebekah Reny

Clinical Nurse II

RN

MaineHealth

Bekah Reny, BSN, RN, is a Clinical Nurse II at MaineHealth Maine Medical Center Barbara Bush Children's Hospital. She has dedicated the past eight years to pediatric acute care, developing extensive experience caring for children and families across a variety of inpatient settings. For the past three years, she has served as a registered nurse, building on her longstanding commitment to pediatric healthcare and patient-centered care.

Rebekah earned her nursing degree from the University of Southern Maine and is passionate about advancing nursing practice, fostering collaborative care, and supporting positive outcomes for pediatric patients. Through her work, she is committed to delivering compassionate, evidence-based care while contributing to the professional growth of the pediatric nursing community.



Brittany Russell

BSN, RN, NCSN
Director of Health, Wellness and Safety
RSU 22

Brittany (Layman) Russell, RN, BSN, NCSN has most recently been the Director of Health, Wellness and Safety for Regional School Unit 22. She has been a nurse for 21 years and this is her 11th school year with RSU 22. Our children need a safe, caring and stable environment to grow and thrive. A child's needs are consistently met while they attend school where they receive education, nutrition and healthcare. School nurses are instrumental in providing the very best health services to students and staff! Brittany is certified in school nursing (NCSN), is a school safety specialist through the Maine Department of Education, holds a certification in infrastructure safety and security through FEMA, and has her post baccalaureate certificate in School Safety, Security and Emergency Management through Northern University.



Heather Stewart

PharmD Clinical Pharmacist Coordinator MaineHealth

Heather A. Stewart, PharmD is a Clinical Pharmacy Coordinator at Maine Medical Center (MMC) Portland with over a decade of experience in clinical pharmacy practice, immunization delivery, and public health collaboration. Since 2024, she has led the development of an innovative immunization program at MMC, expanding partnerships with the Maine Department of Education and the Centers for Disease Control and Prevention to deliver vaccines to communities across Southern Maine. Dr. Stewart is nationally recognized for her leadership in immunization training, medication safety, and community outreach, and she has authored peer-reviewed publications and presented widely on public health, medication stewardship, and preventive care. Her work focuses on expanding access to immunizations, strengthening cross-sector collaboration, and advancing the role of pharmacists in population health.



Ellie Stryker

RN

**Registered Nurse
MaineHealth**

Ellie has been a nurse for 10 years and has worked in pediatric oncology/hematology/BMT my entire career, working at Yale New Haven Hospital for 2 years, then travel nursing for 5 years to independent children's hospitals. After moving to Maine in 2022, she started on BBCH and expanded to general pediatrics. She works with pediatric patients of all kinds, but she still primarily specializes in pediatric oncology because they have her heart. Ellie is an oncology champion on the unit and does a lot of education. This year, she has spent time creating handouts for families and increasing education on central lines. Ellie is looking forward to sharing all the information wants to help troubleshoot any questions that come up at school about kids with central lines!



Dr. Shanyn Toulouse

**DNP, MEd, RM, NCSN
Northeast Regional School Nurse
Consultant
Massachusetts Department of
Public Health**

Dr. Toulouse has been a practicing Registered Nurse (RN) since 1995, and a Massachusetts Department of Elementary and Secondary Education (MA DESE) licensed School Nurse since 2005. She holds a National Certification in School Nursing from the National Board for Certification of School Nurses (NBCSN). Shanyn currently serves as the Northeast Regional School Nurse Consultant under the Massachusetts Department of Public Health (MDPH) Comprehensive School Health Services program, providing support, training, technical assistance, and consultation for school districts in Northeast Massachusetts.

MEET THE PLANNING COMMITTEE



Sarah DeCato
MSN, RN, NCSN

School Nurse Specialist
Maine Department of
Education



Emily Poland
MPH, RN, NCSN

School Nurse Consultant
Maine Department of
Education



Tammy Diaz
MPH, RN, NCSN

School Nurse Specialist
Maine Department of
Education

MEET THE PLANNING COMMITTEE



Nick Oyler
MPH, RN, NCSN

School Nurse Regional
Liaison
Maine Department of
Education



Lori Huot
BSN, RN, NCSN

School Nurse Regional
Liaison
Maine Department of
Education



Nicole Furlong
MSN, RN, NCSN

School Nurse Regional
Liaison
Maine Department of
Education



Angie Buker
MSN, RN, NCSN

School Nurse Regional
Liaison
Maine Department of
Education

MEET THE PLANNING COMMITTEE



Janneke Strickland
MEd, BSN, RN,
NCSN

President
Maine Association of
School Nurses



Jennifer Bowdish
BSN, RN, NCSN

Education and Public
Relations Chair
Maine Association of
School Nurses

TUESDAY OVERVIEW



Schedule

Welcome

9:00 - 10:45 Plenary Session - Clinical Nursing Skills

10:50 - 11:55 Two Clinical Skills Rotations

12:00 - 1:00 Lunch

1:00 - 2:55 Four Clinical Skills Rotations

3:00 - 3:15 Break

3:15 - 5:00 General Sessions

6:00 - 7:00 Dinner

CLINICAL NURSING SKILLS SESSIONS

- Central Lines: **Widowmaker Loft**
- G- and NG-Tubes: **Maple Room**
- Tracheostomies: **Gondola Room**
- Catheterizations: **King Pine Room**
- Colostomy/Urostomy: **King Pine Room**
- Escape Room: **Heritage Board Room**

WEDNESDAY OVERVIEW



Schedule

- 8:00 - 9:15 Resource Fair Open
- 9:30 - 9:40 Morning Announcements
- 9:45 - 10:45 Breakout Session Round 1
- 11:00-12:00 The SHAW Challenge
- 12:00 - 1:00 Lunch and Resource Fair
- 1:00 -2:00 Breakout Session Round 2
- 2:15-2:45 Emergency Quick Guide Rollout
- 2:45 - 3:30 Closing

BREAKOUT SESSIONS

- How to Attract/Train/Retain Substitutes: **Caribou Room**
- Supporting Students with Medical Complexity: **King Pine Room**
- Unplugged - An Overstimulated Generation: **Widowmaker Loft**
- Hosting Effective Immunization Clinics: **Flagstaff Room**
- Changes of Puberty - Supporting Students & Families: **Carrabassett A Room**
- Wellness Beyond Words - Supporting Neurodiverse Students: **Carrabassett B Room**

Reflection

Remember to spend some time with exhibitors during the resource fair. Complete the reflection activity and remember to turn it in

FOR A PRIZE!
Prize drawn at end of day 2.

EXHIBITOR REFLECTION ACTIVITY

Take time to visit exhibitors and engage in meaningful conversations about the resources, services, and ideas they offer. As you make connections, answer the four reflection questions on this sheet. Your responses are intended to help you capture valuable ideas and resources that you can refer back to after the conference.

Reflection 1: Discovery What is one new program, service, or tool you learned about today from an exhibitor? 	Reflection 2: Application Which exhibitor offered a solution to a challenge you currently face in your practice?
Reflection: Connection Who is one potential partner or resource person you may contact in the future? 	Reflection: Impact What is one action you will take <u>as a result of</u> a conversation you had with an exhibitor today?

Thank you for taking the time to build meaningful connections with our exhibitors and reflect on how their resources can support your work. **Keep the top portion of this sheet.**

Fold & Tear Here

PRIZE ENTRY

NAME: _____ CELL: _____

Once completed, return the bottom portion only to the

Prize Drawing Box in the King Pine room.

MASN RAFFLE TICKETS



All proceeds benefit the Amanda Rowe Scholarship to support continuing education for School Nurses.
Drawing will take place at the end of day 2.

Raffle Baskets
1 for \$3, 2 for \$5, 5 for \$10, 12 for \$20
Must be present to win.

Don't forget to get your tickets!

EVALUATION

Evaluation for 2026 School Nurse Summer Institute



This nursing continuing professional development activity was approved by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. A maximum of 9.75 contact hours may be earned.

**SCAN THE QR CODE, AND
COMPLETE THE
EVALUATION FOR YOUR
NCPD'S!**

MaineCare Rate Study



MaineCare is engaged in a reform of its Rate System to ensure the development and maintenance of MaineCare payment models and rates that are consistent with efficiency, economy, and quality of care in order to support MaineCare member access to services, in compliance with the United States Social Security Act, Section 1902(a)(30)(A). This reform applies to all MaineCare services, including services delivered in schools.

School Health-Related Services survey for School Health Clinics

OMS will be sending out a notice which will include submission deadline and contact information for questions.
This is time sensitive!

Mission & Vision



To promote the best learning opportunities for all Maine students by providing information, guidance, and support to our schools, educators, and leaders and by providing adequate and equitable school funding and resources



**Helping Educators,
Students, & Schools Thrive**

Thank You!



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