Sample Health Office Standing Orders

To be reviewed and signed annually by the district school health advisor

*Insert school unit-specific message here.*

The following over the counter (OTC) medications may be stocked and utilized for standard first aid treatment in the school health office when no known allergy exists to the product.

1. Moisturizing unscented lotion, and soaps for chapped and dry skin
2. Petroleum based jelly for chapped lips
3. Antibiotic ointment for minor breaks in skin integrity, per discretion
4. Calamine lotion or hydrocortisone cream 1% for minor itching or insect bites
5. Sterile isotonic eyewash or eye drops for eye irrigation or minor eye irritation

The following over-the-counter medication may only be administered with written permission from parent/guardian:

1. Cough drops
2. Agent for minor dental or oral irritation (Orajel, Anbesol)
3. Acetaminophen 325 mg in tablet, chewable tab or suspension form, based on weight, every 4 hours as needed for discomfort or fever
4. Ibuprofen 200 mg tab, chewable tab or suspension form based on weight, every 4 hours as needed for discomfort or fever
5. Calcium carbonate 500 mg 2-4 tablets as needed for minor gastrointestinal distress
6. Glucose gel or glucose tablets 4 grams as needed for hypoglycemia
7. For anaphylactic emergencies see district emergency protocol. The student’s signed emergency orders should be used when available.
8. Epinephrine 0.3mg IM for individuals over 66 pounds per emergency protocol
9. Epinephrine 0.15 mg IM for individuals under 66 pounds per emergency protocol
10. Diphenhydramine 12.5-50 mg based on weight and age for mild allergic reactions per emergency protocol
11. Albuterol inhaler 17 gram 2 puffs every 4-6 hours as needed for acute respiratory distress

All medications may be given in generic equivalent. Dose of medications will be based on dose and weight recommendations (weight preferred) from medication packaging.

School Health Advisor\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_