

Sample Emergency Asthma Action Plan for Transportation
School Year _____

Name _____ Date of Birth _____ Grade _____ Nurse _____
Parent/Guardian _____ Phone _____ Work _____
School _____ Phone _____ Transportation Phone _____
Emergency Contact _____ Relationship _____ Phone _____

EMERGENCY PLAN

1. STOP the bus.
2. Stay with student. Observe for wheezing and shortness of breath
3. **CALL 911** if you are unsure what to do, if the person is struggling to breathe, talk, or stay awake or if their lips or fingernails are bluish.
4. Ask the student if they have their inhaler and help student take their inhaler as directed. (see procedure below)
5. Report incident to school and parent.

Procedure:

1. Remove cap, shake, and prime by pressing down on canister.
2. If spacer is being used, insert inhaler into end of spacer.
3. Have student exhale, and then place mouth over mouthpiece of inhaler, or spacer.
4. As student breathes in, press down on canister to release medicine.
5. Ask student to breathe in slowly as deeply as possible.
6. Ask student to hold breath for a count to 10.
7. Remove spacer/inhaler, student may exhale.
8. If another dose is needed, wait 1 minute, shake inhaler and repeat steps 3-7



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