

## **Be Well Connected -- Addressing the Well-being of Virtual Learners**

**Noble High School, MSAD 60**

**Contacts: Erin Dickson, School Health Coordinator and Miranda Wakefield, Health Teacher**

### **Overview:**

When students are healthier and well connected to their peers and teachers, they are absent less often and perform better in school. Healthy students, both mentally and physically, are better able to focus and learn. Be Well Connected will provide the tools and structure to eliminate barriers to learning and achieve better results for our students who are enrolled in the new Noble Virtual Middle School. The opportunity to apply to this program is available to approximately 900 students in grades 5–8 with hopes to expand to the entire student population (nearly 3,000) in the coming years. We anticipate a cap of 60 students within the pilot year. Components of the Be Well Connected program include hiring a wellness counselor, constructing a space for some in-person learning, field trips and enrichment opportunities, team building activities and training for staff. Our belief is that fostering deeper connections and maximizing students' social/emotional learning while nurturing both physical and mental health through the increased resources provided by this program will allow students to access their learning on a deeper and more meaningful level.

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