Physical Education Assessment Resources

Asking students to demonstrate development of physical education knowledge and skills is essential in the learning process and indicates whether the goals of education are being met or not. Assessment information affects decisions about grades, placement, advancement, instructional needs, and curriculum.

Formative Assessment

Often called assessment *for* learning, formative assessment provides ongoing feedback between the teacher and student to improve teaching and learning. Assessment for learning helps students identify their strengths, weaknesses, and target areas for further learning. It also helps teachers recognize where students are struggling so they can address the problem immediately.

Summative Assessment

The goal of summative assessment is to evaluate student learning at the end of an instructional unit by comparing it against some standard or benchmark. Summative assessments are often high stakes, which means that they have a high point value. Examples of summative assessments include: a midterm exam. a final project.

https://www.princeedwardisland.ca/sites/default/files/publications/eelc_assessment_tools_ped4 01a.pdf

https://openphysed.org/