# Welcome to Public School: Building High-Quality Transitions

Module 4
Being "School Ready"
Building Transition Teams and Plans

Maine Department of Education

Maine Department of Health and Human Services

Maine Children's Cabinet







## **Objectives**

- Gain an understanding related to identifying members and tasks of a school/SAU-wide transition team
- Understand how to develop a community-based school/SAU-wide transition plan
- Gain access to sample resources and templates to use in the development of your school/SAU transition plan



## The Importance of Transition Plans

Research has found that effective transition strategies can promote <u>teachers increased self-efficacy</u>, increased <u>knowledge about transitions</u> and <u>child development needs</u>, increased <u>use of transition practices</u>, improved <u>teacher-child relationships</u>, increased <u>engagement with families</u>, and <u>decreased stress levels</u>

(e.g., Arneson, 2016; Gooden & Rous, 2018; Pears, 2018; Schulting, 2009).

Therefore, building and implementing a plan for seamless transition from the early learning environment to kindergarten can make a significant difference for children's on-going school success AND teacher success!

### Resource

## THE READY SCHOOL

"An elementary school that is ready to receive kindergarten students is prepared to deliver evidence-based instruction, hire and continually train knowledgeable teachers and principals, and be culturally responsive of all its students." -IES





Source: Institution of Education Sciences (IES)

# Points to Ponder...

- Creating connections to facilitate a successful transition to kindergarten requires focused effort and leadership.
- Transition work is most effective when strong relationships and valuable partnerships that link children, families, schools, early childhood programs, and the community, are established before kindergarten starts.

Is your school READY?



## Six Steps to Strong Transition Planning

#1: Develop a transition team #2: Assess current practices #3: Identify specific goals #4: Build Out the Transition Plan #5: Identify data and evidence #6: Implement and evaluate the plan



## **Step #1: Developing a Transition Team**

- The first consideration for step #1 is to identify the key leaders in your community, including leaders who:
  - have the competence and ability to direct resources, focus attention, and make important policy decisions
  - are motivating for teachers and families
  - are key in community partnerships and in the school
  - can lead from a culturally responsive place, and are knowledgeable in diversity, equity, and inclusion



## **Developing the Team**

Transition Teams are community specific and depend on people and resources.



















## **Outreach and Invitation**

Once you have established a list of key transition team members:

- Reach out and provide introductions
- Schedule an informational session to discuss the transition team and their involvement
- Provide a timeline for perspective team members that outlines date for invitation acceptance, first meeting date, and future expectations and obligations



## Consider Identifying a Transition Coordinator

Possible Roles for the Transition Coordinator include:

- Track timelines for the Transition Team and Transition
   Plan
- Schedule and lead transition meetings, events, and activities
- Act as a parent liaison who ensures the most vulnerable families and children receive targeted attention



## Responsibilities of the Transition Team

Identify Community Needs Evaluate current transition practices Assess
partnerships
and
community
resources

Include educators and providers in the process Develop transition practices and policies

Communicate about roles and planning



## **Step 2: Assess Current Transition Activities**

- What is currently happening to support kindergarten transitions in the school/district?
- How well is information being shared?
- Are relationships with families, community and schools intentionally fostered?
- Is communication across settings effective?



## **Assess Current Transition Activities**

Take two minutes with your team and write down 2-3 transition activities that are already happening in your school.

## Did you consider...

- Recalling our activity from Module 2, are current activities supportive of building strong relationships, helping families work through emotions and understanding developmental milestones?
- What needs attention? Are there resources not being utilized?
  - Are there actions that need to be built into the plan that will support transition processes more effectively?



## What is Already Working?

"Meetings in-person (or via zoom) in the spring ahead of inschool screening to introduce key school administrators, teachers, and staff, introduce parents to the routines and schedules, and have families meet other families and children who are also transitioning into kindergarten, has been great and helpful! CDS and school IEP K transition meeting was key (if overwhelming-20+ people in a room!) Ride-the-bus & classroom meet & greet for family in late August right before school starting up was great."

Quote from a Maine Parent



## Step 3: Identify S.M.A.R.T. Goals

- Specific: What will it accomplish & who is involved?
  - $m{M}$  Measurable: Can you track progress & know when it is accomplished?
  - A Achievable: Are there constraints & is this achievable?
  - Relevant: Is this worthwhile & match our needs?
- T Time Bound: What does the timeline look like?

#### Year-Long Transition Plan Goals may include:

Meet with 100% of private ECE programs Screen 100% of incoming students

Change student and family identification timeline

Begin family identification/ outreach in fall

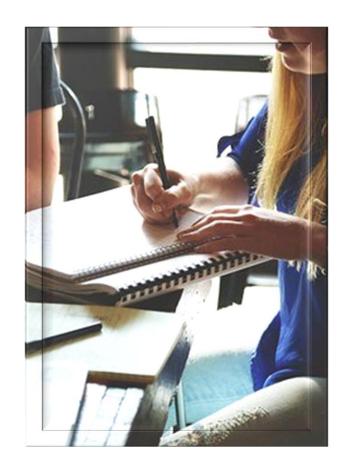
Begin family nights with 50% of families in fall



# Step #4: Build Out the Transition Plan

Now that you have current practices and goals identified, it is time to build out the year-long transition plan with activities to support families, children, providers and educators.

The next couple of slides look closely at the yearly timelines, and then we will follow up with some planning questions, as you build out your plan.



## Sample Transition Timeline: The Pre-k Year

#### October

- Begin to identify pre-K families
- Communicate important dates and contact information

#### November

- Offer family meetings, playgroups
- Work with community providers on alignment of activities
- Work with community partners to provide family activities such as library story hour

#### Dec-March

- Visit pre-k classrooms, to observe children
- Read books about kindergarten
- Continue family outreach

#### March-June

- Meet with pre-k teachers to share children's needs and goals, and to build class lists
- Invite families to visit the school

#### July-August

- Facilitate summer family transition activities
- Finalize class lists with prek teachers input
- Continue communicat ion with families on back-toschool dates



## Sample Transition Timeline: The K Year

#### September

- Facilitate first day of K activities for families and students
- Communicate with families about how children are handling the transition
- Plan back to school family night to visit classrooms and meet school staff

#### October-November

- Continue family communication about how students and families are settling in
- Plan parent-teacher conferences
- Begin outreach to current pre-k students/families

#### November - August

 Refer to the Pre-k year timeline, implement any changes by the transition team and begin welcoming next year's kindergarten class!



### **Common Barriers**

As with all things, there are common barriers to be mindful of.

#### Think about how you will:

- Support families who may be unable to attend scheduled activities due to work, childcare needs, lack of transportation, or other factors;
- Identify and make connections with Immigrant, rural and migrant families in your community;
- Work with educators around scheduled time of activities;
- Share transition plans so that everyone understands their role and the importance of planned activities;
- Have clear and consistent communication focused on all aspects of the plan, including dates and times, to all stakeholders;
- Consider home visiting and support educators around safety factors



# Writing the Transition Plan

## Use these questions to support planning:

- What current transition to kindergarten practices support the goals?
- What activities should be added to support the goals?
- Are the transition activities equitable for all families?
- What community supports will be needed?
- What are common barriers for families that might come up?
- Have you assigned people to carry out specific roles and activities?

## **Step 5: Identify Data Sources**

- The goal for this step is for the transition team to identify or create a data collection process to evaluate plan implementation.
  - What data do you already have?
  - What data do you need and how can it be collected?
- Data will be used to evaluate transition activities to determine how the plan is working and future next steps.



## Types of Useful Data

#### Informal observation

 Team members can report on what they are currently experiencing, attendance records for events may provide additional data in conjunction with team testimonials

#### Interviews

Staff from receiving and sending programs or family interviews

## Surveys

Staff from receiving and sending programs or family surveys

## Rating Scales

 Surveys with rating scales could be provided to staff, families, and community members



## **Step 6: Implementation and Evaluation**

- Once the goals and activities are identified, timelines are established, measurement tools agreed upon, and roles are distributed, the plan can be implemented
- Schedule regular follow-up meetings to track progress and review the plan
- The data will tell a story about the community needs and will inform the team when goals need to be modified and activities changed to support the goals



## **Transition Plan Continuous Improvement**



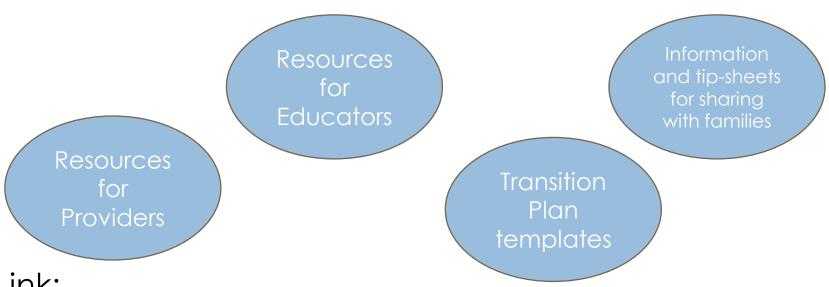
## **Updating and Communicating**

- Update the plan
  - Do timelines and deadlines need to be adjusted?
  - How will each new goal/action be measured?
  - Are assigned roles working?
- Communicate the updated plan and it's intended outcomes to all stakeholders, so they know their roles and why it is important that they participate.
  - Don't forget to include families, teachers, paraeducators, office staff, kitchen staff, cleaning staff, PTO, community organizations, or anyone that may be impacted by the plan.
  - People are so much more cooperative when they understand the benefits of their efforts.



## For More Information

## Head to the Maine Department of Education's Transitioning into Kindergarten webpages



Link:

www.maine.gov/doe/learning/earlychildhood/transitions



Questions?

Thoughts?

Digging Deeper...



Thank you for your commitment to the children and families of Maine.

