

Icyifashishwa mu kureba abitabiriye amasomo mbere

Mu masaha 24
ashize waba
waragize umuriro*
cyangwa
warafashe umuti
ugabanya umuriro?

Ese urumva urwaye,
wararutse/ucibwamo,
ufite umuriro, ubabara
mu muhogo,
cyangwa wumva
utameze neza?

Ese wasabwe
kuguma mu rugo no
kwishyira mu
kato/umuhezo
kubera ko wahuye
n'umuntu urwaye
COVID-19?

YEGO =



YEGO =



YEGO =



Byinshi mu
bimenyetso bikunze
kwigaragaza bya
COVID-19:

Inkorora
Kubura umwuka
cyangwa guhumeka
nabi
Umusonga *
Gutitira
Kubabara mu muhogo
Kugira impumuro
idasanzwe cyangwa
umunuko

Ibimenyetso bikunze
kwigaragaza:

Kubabara imitsi
Isesemi cyangwa
Kuruka
Kubabara mu gifu
Impiswi
Umunaniro
Kuribwa umutwe
Guciragura
Kubyimba cyangwa
gutukura
amaboko/ibirenge
Amaso atukura/yijimye
Gukonja/kwimyira

*Umusonga uri 100.4°F/
38°C ufatiente ku mwanya
wapimiwe (mu munwa,
by'agateganyo).

Guma mu rugo niba wasubiza **YEGO** ku kibazo icyo ari cyo cyose kiri hejuru

Ibimenyetso by'uburwayi bishobora kugira impamvu nyinshi. Nyamuneka komeza
ufashe umunyeshuri wawe mu rugo hanyuma unabaze umuforomo w'ishuri cyangwa
umujiyanama w'ubuzima niba umunyeshuri ameze neza.

**Abanyeshuri bagaragaza ibimenyetso mu gihe bari mu ishuri bazasezererwa bage
mu rugo ku mpamvu z'abaforomo.**

*Umuriro unga na dogere 100.4F/38C cyangwa urenga.

