Janet T. Mills Governor

Jeanne M. Lambrew, Ph.D. Commissioner



Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention
11 State House Station
286 Water Street
Augusta, Maine 04333-0011
Tel (800) 821-5821; Fax (800) 293-7534
TTY: Dial 711 (Maine Relay)

Maine CDC Announces "Little Tick, Big Deal" Poster Contest

Maine Center for Disease Control and Prevention (Maine CDC) announces the 2024 Lyme Disease Awareness Month poster contest. This contest is for Maine students in grades K-8th to raise awareness of tickborne disease prevention. The 2024 Lyme Disease Awareness Month poster contest theme is "**Little Tick, Big Deal**."

Maine CDC encourages students to take tick prevention seriously. Posters should illustrate at least one of the four approaches to personal prevention:

- Use caution in tick-infested areas
- Use an EPA-approved repellent
- Wear protective clothing
- Perform daily tick checks both by sight and by touch

Maine CDC will choose one winner each from grades K-1st, 2nd-3rd, 4th-5th, and 6th-8th. One winning poster will become Maine CDC's 2024 Lyme Disease Awareness poster. Visit Maine CDC's Lyme Disease Awareness Month website for more information, contest rules, and consent forms. All posters **must** have a signed parent consent form.

Maine CDC created free downloadable <u>school curriculum</u> materials for students in 3rd-8th grades to learn about ticks. Parents and teachers can also find tickborne disease posters, brochures, and other resources to download and order <u>here</u>.

For more information about tickborne diseases in Maine, visit www.maine.gov/lyme. For questions about the poster contest, contact megan.porter@maine.gov.