

**Pilot Name:** MES Pathways to Exploration Trail System  
**School/District Name:** Madison Elementary School MSAD59  
**Contact:** Jennifer Swain, Cristina Sirois, Bonnie Levesque

**Overview:**

The M.E.S Pathways to Exploration Trail System will increase the physical, social and emotional health of our students. RREV funding will be used to make our current trail ADA accessible. As a result, all MES students will be able to utilize our trail regardless of mobility issues. Funding will also grant us the opportunity to install a dock system onto our wetlands to be used as an outdoor classroom space. Students will be able to use the trail for exercise; assisting our school in supporting healthy lifestyle habits. Students from our High School will mentor with Elementary School students on trail projects, creating bonds and supporting the mental health of all students involved. According to Children & Nature Network, "Time in nature helps children and families cope with adversity and achieve resilience, recovery and regulation."

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