

# Head Injury Tracker (HIT) Evaluation

INJURY INFORMATION: H.I.T. ID: \_\_\_\_\_

Injury Date: \_\_\_\_\_ Injury Time: \_\_\_\_\_

Birth Year: \_\_\_\_\_ Gender:  Male  Female

Handedness:  Left  Right  Ambidextrous

Patient Type:  Athlete (Please answer 1-4)  Non-athlete (Please answer 3 & 4 only)

1. Primary sport at time of concussion: \_\_\_\_\_

2. Was the subject in season at time of injury?:  Yes  No

3. Has the concussion occurred during a team related activity?:  Yes  No

4. What activity was the subject performing when the concussion occurred?

Practice  Game  Other sporting activity\*  Non-sporting activity\*

\*(If selected other or non-sporting activity, please specify): \_\_\_\_\_

## MEDICAL HISTORY:

Does the patient have a learning disability, dyslexia, ADD/ADHD?  Yes\*  No

\*If yes, is the person currently taking any medication for learning disability, dyslexia, ADD/ADHD?

Has the patient ever been diagnosed with headache or migraines?  Yes\*  No

\*If yes, is the person currently taking any medication for headache or migraines?

Has the patient ever been diagnosed with depression, anxiety or other psychiatric disorder?  Yes\*  No

\*If yes, is the person currently taking any medication for depression, anxiety or other psychiatric disorder?

Has the patient had a concussion prior to the current injury?  Yes\*  No

\*If yes, how many prior concussions has the patient suffered prior to the current injury?: \_\_\_\_\_

## RETURN DATES:

Are the academic return dates available?  Not Yet  Yes\*  Unavailable\*

\*If yes, what is the date? \_\_\_\_\_

\*If unavailable,  Withdrew from school  No follow-up available

Are the athletic return dates available?  Not Yet  Yes\*  Unavailable\*

\*If yes, what is the date? \_\_\_\_\_

\*If unavailable,  Withdrew from school  No follow-up available

## **Please complete attached symptom checklist**

Evaluator: \_\_\_\_\_

Date Evaluation Completed: \_\_\_\_\_



## Symptom Checklist

Headache	0	1	2	3	4	5	6
“Pressure in Head”	0	1	2	3	4	5	6
Neck Pain	0	1	2	3	4	5	6
Nausea or Vomiting	0	1	2	3	4	5	6
Dizziness	0	1	2	3	4	5	6
Blurred Vision	0	1	2	3	4	5	6
Balance Problems	0	1	2	3	4	5	6
Sensitivity to Light	0	1	2	3	4	5	6
Sensitivity to Noise	0	1	2	3	4	5	6
Feeling Slowed Down	0	1	2	3	4	5	6
Feeling Like “In a Fog”	0	1	2	3	4	5	6
“Don’t Feel Right”	0	1	2	3	4	5	6
Difficulty Concentrating	0	1	2	3	4	5	6
Difficulty Remembering	0	1	2	3	4	5	6
Fatigue or Low Energy	0	1	2	3	4	5	6
Confusion	0	1	2	3	4	5	6
Drowsiness	0	1	2	3	4	5	6
Trouble Falling Asleep	0	1	2	3	4	5	6
More Emotional	0	1	2	3	4	5	6
Irritability	0	1	2	3	4	5	6
Sadness	0	1	2	3	4	5	6
Nervous or Anxious	0	1	2	3	4	5	6