

The Bread Song

By Frente Music Collective

Bread, where does it come from?
You find it on the shelf with a paper bag on
It comes from the ground and a factory too
Takes a whole lot of work just to get it to you

From the sun and the air and the water and the land
Lots of working people and lots of working hands
From the sun and the air and the water and the land
Lots of working people and lots of working hands

Lettuce, where does it come from?
You find it near the pickle in a hamburger bun
Someone picks it from the ground
That's a lot of hard work and a lot of bending down

From the sun and the air and the water and the land
Lots of working people and lots of working hands
From the sun and the air and the water and the land
Lots of working people and lots of working hands

Peaches, where do they come from?
You find them in crates next to the plums
Someone picks a few from the tree
That's a lot of hard work that helps you and me.