

Teacher Testimonials

"It has exposed them to foods that many had never eaten before. It has also **eliminated many of the preconceptions about healthy eating**. My students now realize that eating healthy can be **delicious and easy...**"

"...They tell me they have **told their parents about the program** and the new fruits they've discovered..."

"...I often hear students asking and getting **excited about what the snack is for the day**. I have also heard some students say "I didn't think I would like _____ but **I tried it and I like it!...**"



Banana Dolphins

Maine Department of Education
Child Nutrition
23 State House Station
Augusta, Maine 04330-0023
Phone: (207) 624-6842
Fax: (207) 624-6841



This institution is an equal opportunity provider. In accordance with State law this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, sexual orientation or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, write Maine Department of Education, Civil Rights Officer, 23 State House Station, Augusta, ME. 04333, or call (207) 624-6875. Maine is an equal opportunity provider and employer.



Maine Department of Education
Child Nutrition

**FRESH
FRUIT &
VEGETABLE
PROGRAM**

Funded by the U.S.
Department of Agriculture

Which schools are eligible for the Fresh Fruit and Vegetable Program (FFVP)?

- ◆ Schools that operate the National School Lunch Program
- ◆ Schools that serve students in grades K-8 or have the ability to separate elementary school students in a K-12 program
- ◆ Schools with 50% or more students eligible for free or reduced price meals



What are the program benefits for students?

- ◆ Increases consumption of fresh fruits and vegetables among students
- ◆ Students experience new and unfamiliar fruits and vegetables while having fun
- ◆ Students become accustomed to eating fruits and vegetables on a regular basis

What are the program benefits for schools?

- ◆ Provides funding to eligible school nutrition programs based on student enrollment (only K-8)
- ◆ Supports local wellness policy goals and contributes to a healthier school environment
- ◆ A nutritious snack helps students focus in class and leads to less disruptive behaviors in school

What are the program benefits for parents?

- ◆ Saves time and money from packing a snack at home
- ◆ Increases child's knowledge of a variety of fruits and vegetables
- ◆ Delivers a healthy message from school to home



RSU 19- Corinna Elementary

Steps to Become an FFVP School

- ◆ Contact your State Agency staff to see if your school is eligible
- ◆ Submit an annual application to your State Agency
- ◆ Visit the Maine Child Nutrition webpage to learn more:

<http://www.maine.gov/doe/nutrition/>



FFVP Maine State Contact

For more information please contact:

Stephanie Stambach, MS, RD, SNS
Email: stephanie.stambach@maine.gov
Office: 207-624-6732