

## Emergency Seizure Action Plan for Transportation

School: \_\_\_\_\_ SCHOOL YEAR: 20\_\_\_\_/20\_\_\_\_

Student name: \_\_\_\_\_ DOB \_\_\_\_\_ Grade: \_\_\_\_\_

Address \_\_\_\_\_ Bus# \_\_\_\_\_ Route# \_\_\_\_\_

School Nurse \_\_\_\_\_ Phone \_\_\_\_\_ Main Office \_\_\_\_\_

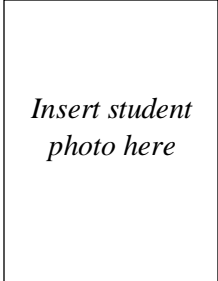
**PARENT/GUARDIAN:**

Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Daycare \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Cell \_\_\_\_\_



### SEIZURE ACTIVITY

Rigid body, sustained jerking movements, non-responsive, may be drooling from the mouth

## EMERGENCY PLAN

1. STOP the bus.
2. Assure student safety.
3. Call 911.
4. Evaluate first aid needs, initiate CPR, or other life-saving actions within your level of training and ability.
5. Follow steps in Seizure First Aid Poster provided.

## Seizure First Aid

How to help someone having a seizure

# 1

**STAY** with the person until they are awake and alert after the seizure.

- ✓ Time the seizure
- ✓ Remain **calm**
- ✓ Check for **medical ID**

# 2

Keep the person **SAFE**.

- ✓ Move or guide away from **harm**

# 3

Turn the person onto their **SIDE** if they are not awake and aware.

- ✓ Keep **airway clear**
- ✓ **Loosen tight clothes** around neck
- ✓ Put **something small and soft** under the head

**Call 911 if...**

- ▶ Seizure lasts longer than 5 minutes
- ▶ Repeated seizures
- ▶ Person does not return to their usual state
- ▶ First time seizure
- ▶ Person is injured, pregnant, or sick
- ▶ Difficulty breathing
- ▶ Seizure occurs in water

# Do NOT

- ✗ Do **NOT** restrain.
- ✗ Do **NOT** put any objects in their mouth.
- ▶ **Rescue medicines can be given** if prescribed by a health care professional

Learn more: [epilepsy.com/firstaid](http://epilepsy.com/firstaid)



[epilepsy.com](http://epilepsy.com)

24/7 Helpline: 1-800-332-1000

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